1 *P. falciparum* gametocyte density and infectivity in peripheral blood and

2 skin tissue of naturally infected parasite carriers

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- 4 **Running title:** Gametocytes in the skin of malaria patients
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36 ABSTRACT

37 Transmission of *Plasmodium falciparum* depends on the presence of mature gametocytes that can be ingested by mosquitoes taking a bloodmeal when feeding on human skin. It has long 38 been hypothesised that skin sequestration contributes to efficient transmission. Although skin 39 40 sequestration would have major implications for our understanding of transmission biology and the suitability of mosquito feeding methodologies to measure the human infectious 41 42 reservoir, it has never been formally tested. In two populations of naturally infected gametocyte carriers from Burkina Faso, we assessed transmission potential to mosquitoes and 43 directly quantified male and female gametocytes and asexual parasites in: i) finger prick 44 45 blood, ii) venous blood, iii) skin biopsies, and in pools of mosquitoes that fed iv) on venous 46 blood or, v) directly on the skin. Whilst more mosquitoes became infected when feeding directly on the skin compared to venous blood, concentrations of gametocytes in the 47 48 subdermal skin vasculature were identical to that in other blood compartments. Asexual parasite densities, gametocyte densities and sex ratios were identical in the mosquito blood 49 50 meals taken directly from the skin of parasite carriers and their venous blood. We also observed sparse gametocytes in skin biopsies from legs and arms of gametocyte 51 52 carriers by microscopy. Taken together, we provide conclusive evidence for the absence of 53 significant skin sequestration of *P. falciparum* gametocytes. Gametocyte densities in peripheral blood are thus informative for predicting onward transmission potential to 54 mosquitoes. Quantifying this human malaria transmission potential is of pivotal importance 55 56 for the deployment and monitoring of malaria elimination initiatives.

57

58 **IMPORTANCE**

Our observations settle a long-standing question in the malaria field and close a major
knowledge gap in the parasite cycle. By deploying mosquito feeding experiments and stage-

specific molecular and immunofluorescence parasite detection methodologies in two 61 62 populations of naturally infected parasite carriers, we conclusively reject the hypothesis of gametocyte skin sequestration. Our findings provide novel insights in parasite stage 63 64 composition in human blood compartments, mosquito bloodmeals and their implications for transmission potential. We demonstrate that gametocyte levels in venous or finger prick blood 65 can be used to predict onward transmission potential to mosquitoes. Our findings thus pave 66 67 the way for methodologies to quantify the human infectious reservoir based on conventional blood sampling approaches to support the deployment and monitoring of malaria elimination 68 efforts for maximum public health impact. 69 70

72 INTRODUCTION

73 Significant reductions in malaria burden in recent decades have stimulated malaria elimination initiatives (1). It is widely accepted that malaria elimination with current tools is 74 75 unlikely for the majority of African settings (2). Therefore, novel interventions are needed and approaches that specifically reduce malaria transmission may be of key importance (3). 76 77 Transmission of malaria depends on the presence of mature male and female gametocytes that 78 circulate in the bloodstream and may be ingested by mosquitoes from the subdermal capillaries upon blood feeding. For P. falciparum, these circulating mature gametocytes are 79 the product of a prolonged developmental process that starts with commitment of asexual 80 81 parasites to the sexual pathway upon activation of AP2-G(4, 5). Developing gametocytes are 82 sequestered for 10-12 days, primarily to the bone marrow and spleen (6), until their release into the blood circulation as mature gametocytes. Mosquitoes may become infected when 83 84 feeding and ingesting mature male and female gametocytes, even if their densities in the peripheral blood are low (7). Interestingly, mosquito infections have been observed from 85 gametocyte donors whose low gametocyte density appears incompatible with transmission 86 (8). Mosquito infection rates are typically higher when mosquitoes feed directly on the skin of 87 88 gametocyte carriers, as compared to feeding on venous blood through an artificial membrane 89 (9, 10). In addition to a strategic adjustment of gametocyte sex-ratio to maximize transmission success (7, 11, 12), gametocyte aggregation and sequestration may facilitate mosquito 90 infections from low gametocyte densities. Aggregation of gametocytes in blood meals has 91 92 been observed (13) and may increase the chance that both male and female gametocytes are ingested. Gametocyte sequestration in the skin tissue may further increase transmission rates 93 94 and would parallel sequestration patterns for other human parasites. The importance of skin sequestration for transmission to invertebrate vectors was recently demonstrated for skin-95 dwelling Trypanosoma brucei (14), as was previously reported for Onchocerca volvulus, 96

97 different species of *Mansonella*, *Leishmania infantum* and *L. donovani*, where parasite burden
98 in the skin is the best predictor of infectiousness (15-18).

Indirect evidence for skin sequestration of mature gametocytes in the microvasculature 99 100 of the skin was first described following surveys conducted in the 1940s and 1950s in DR Congo: gametocyte prevalence in a survey using skin scarification was 3-fold higher 101 102 compared to a survey 5 years earlier using finger prick blood (19). In a follow up study with 103 1243 paired samples, a more modest 13.4% increase in P. falciparum parasite prevalence and 15.6% increase in gametocyte prevalence was observed when blood and dermal fluids from 104 skin scarification were used for sample preparation instead of finger prick blood (20). The 105 106 hypothesized skin sequestration of intra-erythrocytic P. falciparum gametocytes may be related to mechanical retention in cutaneous capillaries (21, 22), analogous to the reversible 107 rigidity that likely prevents immature gametocytes from entering circulation (23, 24). 108 109 Alternatively, sequestration may be related to gametocyte cytoadhesive properties (25) mediated by parasite proteins that are present on the infected red blood cell (iRBC) surface, 110 111 analogous to adhesion of asexual P. falciparum parasites to receptors on human vascular endothelial cells by *P. falciparum* erythrocyte membrane-1 (PfEMP1)(26). 112 Whilst sequestration of mature gametocytes in the skin of naturally infected 113 114 individuals remains speculative, it may play an important role in determining *Plasmodium* transmission efficiency (8, 22). Here, we report on two independent studies in naturally 115 infected gametocyte carriers from Burkina Faso where we quantified mature P. falciparum 116 117 gametocytes in skin tissue, blood samples and mosquito blood meals in association with

118 onward transmission to *Anopheles* mosquitoes.

119

120 **RESULTS**

A total of 31 individuals aged 15-48 (median 29) participated in experiments with paired skin 121 122 feeding (27) and membrane feeding (28). The median number of dissected mosquitoes per experiment was 35 (interquartile range (IQR) 33-37) for direct skin feeding and 73 (IQR 69-123 82) for membrane feeding. Of 31 paired experiments, 18 (58.1%) direct skin feeding and 22 124 (71.0%) membrane feeding experiments resulted in at least one infected mosquito (p=0.289). 125 126 Total gametocyte density, quantified in venous blood by quantitative reverse transcriptase 127 PCR (qRT-PCR) targeting female-specific Pfs25 mRNA and male-specific Pfmget mRNA (29), was positively associated with the proportion of mosquitoes that became infected 128 following direct skin feeding (Spearman ρ =0.415, p=0.0204) or membrane feeding (Spearman 129 130 ρ =0.596, p = 0.0004) (Figure 1A). The proportion of infected mosquitoes was higher by direct skin feeding as compared to membrane feeding assays (odds ratio 2.01; 95% CI 1.21 - 3.33, p 131 = 0.007), in line with previous studies (9, 10, 30). The medium number of oocysts was 4 (IQR) 132 133 2-7.5; maximum 38) for mosquitoes that became infected after feeding directly on the skin and 2 (IQR 1-5; maximum 24) for mosquitoes that became infected after feeding on venous 134 135 blood through a membrane feeder.

To examine whether this higher infectivity in direct skin feeding assays was related to 136 higher ingested gametocyte densities, or to a higher gametocyte fraction in the blood meal, we 137 138 directly quantified gametocytes and asexual parasites in mosquito blood meals. The blood content of individually fed mosquitoes was released into an RNA preservative 15 minutes 139 after starting the feeding; RNA was then extracted and quantified from pools of 4 mosquitoes. 140 We quantified asexual parasites by skeleton-binding protein 1 sbp1 qRT-PCR (31) and 141 gametocytes (*Pfs25* and *Pfmget* qRT-PCR) in a median of 3 mosquito pools per participant, 142 143 each containing 4 individual mosquitoes, from skin-feeding (range=2-3) and 4 pools per participant, each containing 4 individual mosquitoes, from membrane feeding (range=2-4). 144 We observed strong correlations between parasite quantities in pools of mosquitoes that fed 145

on skin or venous blood through artificial membranes for asexual ring-stage parasites 146 147 (r=0.921, p<0.0001), male (r=0.790, p<0.0001) and female gametocytes (r=0.655, p=0.0001)(Figure 1B). We also expressed gametocytes as a fraction of the total parasite biomass. This 148 149 fraction ranged from very low (<1% gametocytes in an individual with 21,086 ring-stage asexual parasites/ μ L and 179 gametocytes/ μ L) to 100% in 3 individuals without asexual 150 151 parasites detected by qRT-PCR (Figure 1C). We observed no tendency towards a higher 152 fraction of gametocytes in skin-fed mosquitoes or capillary blood compared to venous blood 153 (Figure 1D).

In a complementary study, 9 adult gametocyte carriers participated in skin biopsy 154 155 sampling. After a screening visit, participants were seen on 2 occasions spaced 4 days apart. One participant came on day 5 for the return visit instead of day 4; one other participant 156 157 withdrew consent prior to the second visit. On each occasion, venous blood, finger prick 158 blood and 4 small skin biopsy punches were taken from the leg (n=2) and arm (n=2). Half of these biopsies were used for RNA extraction; the other half for histological assessments. Male 159 160 and female gametocytes and ring-stage asexual parasites were quantified by qRT-PCR to calculate the gametocyte fraction in finger prick blood (16 observations; 9 donors), venous 161 blood (n=16; 9 donors), as well as skin tissue from the arm (n=13; 7 donors) and leg (n=12; 8 162 163 donors). Gametocytes were detected in all tissue and all blood samples by qRT-PCR; asexual parasites were detected in 17/25 tissue and in 30/32 blood samples. The gametocyte fraction 164 was highly variable between donors (and between time-points) whilst estimates from the 165 166 different compartments from the same donor and time-point showed strong correlation: the gametocyte fraction in venous blood was strongly associated with that in finger prick blood 167 (Spearman $\rho = 0.947$, p<0.0001), arm skin tissue (Spearman $\rho = 0.928$, p < 0.0001) and leg 168 skin tissue (Spearman $\rho = 0.870$, p=0.0002) (Figure 2A). Parasite density estimates per 169 microliter of blood or tissue were generally lower in the skin tissue compared to blood 170

samples (Figure 2B) and not significantly different between venous or finger prick blood 171 172 $(p \ge 0.121)$ or between leg skin tissue or arm skin tissue $(p \ge -0.116)$. The same RNA aliquots were also processed for analysis by Nanostring expression array, a highly sensitive probe-173 174 based expression platform that we have optimized for use in *P. falciparum* (32, 33). Using a 175 previously defined stage-specific marker set for asexual rings and mature gametocytes (33, 176 34), there was no evidence for higher gametocyte transcripts in skin samples compared to 177 blood samples (Figure 2C). The two approaches to quantify gene expression also showed a strong correlation for *sbp1* and *Pfs25* (Figure 2D). 178

To directly detect gametocytes in subcutaneous tissue, skin biopsy samples that were 179 180 stored in formalin were processed for imaging. Given the low densities of gametocytes 181 predicted based on the qRT-PCR quantification (estimated median of 55.0 gametocytes in arm 182 tissue samples (IQR 28.2-153.0) and 36.9 gametocytes in leg tissue samples (IQR 11.6-98.3); 183 we established a protocol to image 10µm sections by confocal microscopy, hence maximizing the detectability of sparse gametocytes (Figure 3A). Skin sections were initially analysed by 184 haematoxylin and eosin staining and labelled with the endothelial marker CD31 (Figures 3B) 185 to confirm integrity of the tissue. Evaluation of gametocyte markers identified Pfs16 186 antibodies (6, 35) as highly specific and sensitive using the confocal imaging protocol (Figure 187 188 3C), while antibodies against Pfs48/45 and Pfs230 were unable to detect gametocytes in formalin fixed parasites and therefore not evaluated further. Screening of at least 12 sections 189 per skin snip in arm and leg samples from each participant identified several putative 190 191 gametocytes. A Pfs16 positive cell with a characteristic crescent shape, three-dimensional structure and nuclear stain is shown in close association with a vessel (Figure 3D and 192 193 Supplementary movies 1 and 2). Based on these results, with low success gametocyte detection rates by this highly sensitive fluorescence microscopy protocol, no further 194 195 gametocyte carriers were recruited as tissue donors.

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197 DISCUSSION

Here, we tested a long-standing hypothesis of *P. falciparum* gametocyte sequestration in skin
tissue in two populations of naturally infected individuals in Burkina Faso. By combining
mosquito feeding assays and direct quantification of parasite populations in skin tissue,
mosquito blood meals and blood compartments, we conclude that there is no evidence for
significant skin sequestration of mature gametocytes.

Parasite sequestration in skin tissue is an intuitive explanation for how vector-borne 203 parasites can maximize the likelihood of update by blood-feeding insects. This phenomenon, 204 205 well demonstrated for a range of helminths (15-18) and protozoic trypanosomes (14), has 206 remained speculative for *Plasmodium* parasites (22). Two recent studies in Cameroonian 207 parasite carriers that used microscopy as diagnostic tool yielded conflicting results: one 208 observed higher P. falciparum parasite prevalence in finger prick capillary blood compared to venous blood from hospital patients (36), the other found no differences for asexual parasites 209 or gametocytes in gametocyte carriers (37). The utility of finger prick blood to estimate 210 parasite biomass in skin tissue is uncertain. Studies published in the 1940s and 50s reported 211 superiority of skin scarification as compared to finger prick blood samples for parasite 212 detection (19, 20, 38). In the most extensive of these studies, in 1243 natural infections, 1 cm^2 213 skin of the scapular region was very slightly scarified with 4-5 light incisions, expressing a 214 mixture of dermal fluids and capillary blood, with the first drop appearing richest in parasites 215 216 (20). This study demonstrated a 10-20% increase in prevalence of asexual parasites and gametocytes of P. vivax, P. malariae and P. falciparum but not P. ovale. Also parasite 217 density, expressed as parasites per 15,000 examined white blood cells, appeared increased 218 (20). In the current study, we therefore not only collected venous blood and finger prick blood 219 220 but we also directly quantified parasite stage composition in skin tissue of naturally infected

donors and in blood meals of mosquitoes that naturally fed on the skin of the corresponding 221 222 donor. We used the absolute quantity of gametocytes and the fraction of the total parasite 223 biomass that is gametocyte as indicators of sequestration. In skin biopsy samples, we only 224 sporadically encountered gametocytes by histology. We chose a fluorescence imaging 225 protocol to image thick sections by confocal microscopy. This method allowed capturing of 226 entire parasites and three-dimensional reconstruction of parasite and surrounding tissues. 227 Using Pfs16 labelling we classified gametocytes by crescent shape, three-dimensional structure (as opposed to non-specific speckles and autofluorescence, which is an inherent 228 issue of this approach), nuclear stain and presence of a surrounding red blood cell. The 229 230 frequency of immunofluorescence-detected gametocytes in our tissue samples was lower than 231 that by molecular methods in a tissue sample taken during the same visit. The quality of the skin tissue, tested by analysing the tissue sections by haematoxylin and eosin staining, as well 232 233 as by labelling for endothelial cells, clearly indicates they were processed and preserved well. In contrast, molecular detection of gametocytes was successful for all tissue samples 234 235 by qRT-PCR and for the majority of samples by Nanostring. Because the volume of blood is unknown in tissue samples and specifically gametocytes are hypothesized to be enriched in 236 237 skin tissue (19, 20, 22), we compared the gametocyte fraction between different blood 238 compartments and found no evidence for a biased gametocyte fraction. Gametocyte quantification in mosquito blood meals corroborated this finding and allowed a direct 239 comparison of parasite densities. Again, we observed no evidence for higher concentrations of 240 241 gametocytes in mosquitoes that fed directly on the skin of gametocyte donors compared to venous blood and observed a very strong association between gametocyte fractions from the 242 243 different blood compartments. There must therefore be an alternative explanation for the higher infection rates that we, in line with other studies (9, 10), observed in direct skin feeding 244 experiments compared to membrane feeding experiments using venous blood. Gametocyte 245

activation may occur following phlebotomy and may reduce infection rates observed 246 247 following membrane feeding. In addition, anticoagulants used in phlebotomy can have a pronounced effect on mosquito infection rates (39). Although heparin is the preferred 248 249 anticoagulant (39), it may still have a disadvantageous impact on sporogonic development. In 250 malaria-naïve individuals in whom P. falciparum gametocytes were induced during controlled 251 human malaria infection studies, replacement of heparin plasma by serum resulted in 252 increased mosquito infection rates (10). Since human immune responses are unlikely to be of relevance in these gametocytaemic volunteers, this observation provides additional indirect 253 evidence for a transmission modulatory effect of heparin. 254 255 We conclude that there is no evidence for gametocyte sequestration in skin tissue. Our findings argue against a long-standing hypothesis that never had a solid evidence base or 256 proposed mechanism. Since the deformability of erythrocytes infected with mature 257 258 gametocytes is similar to that of uninfected erythrocytes (23, 40) and there is no evidence for antigens on the surface of mature gametocyte-infected erythrocytes (41, 42), it is perhaps 259 260 unsurprising that gametocyte concentrations are similar in the different blood compartments. While direct skin-feeding assays tend to result in higher infectivity compared that observed in 261 indirect feeding procedures using venous blood, our data demonstrate that any differences 262 263 observed are based on technical rather than biological differences in the feeding procedure. Our findings also indicate that gametocyte levels in venous or finger prick blood can be used 264 to predict onward transmission potential to mosquitoes. Our findings thus pave the way for 265 266 methodologies to quantify the human infectious reservoir based on conventional blood sampling approaches to support the deployment and monitoring of malaria elimination efforts 267 268 for maximum public health impact.

269

270 MATERIALS AND METHODS

271 Ethics statement

272	Ethical approval for the studies was granted by the Ethical Review Committee of the Ministry
273	of Health of Burkina Faso (Deliberation numbers 2016-03-033 and 2017-02-018) and the
274	Ethics Committee of the London School of Hygiene and Tropical Medicine (#10489 and
275	#11962). Individual written informed consent was obtained from each participant prior to
276	enrolment. Malaria cases were treated according to the National guidelines in Burkina Faso
277	(43).
278	

279 Study site and population

280 Study participants were recruited in the village of Balonghin, located in Saponé district, in

281 Burkina Faso. Malaria transmission is seasonal and intense. The main malaria vectors are

282 Anophele gambiae s.s, An. coluzzii, An. arabiensis and An. funestus. P. falciparum parasite

carriage and gametocyte carriage by molecular methods in the study area are 51-84% and 49-

284 75%, respectively (44).

285

286 Study design

287 Paired skin feeding and membrane feeding study

288 This study was conducted in October-December 2017. Individuals from the eligible age range

289 (15-50 years) in the study area were invited to study information meetings based on a village

290 census list and, if expressing an interest to participate, invited for screening at Balonghin

- health facility. Eligible participants had *P. falciparum* gametocyte densities ≥ 1
- gametocyte/500 leucocytes by microscopy (≥ 16 gametocytes/ μ L when assuming 8000
- 293 $leucocytes/\mu L$). Exclusion criteria were: signs of acute or chronic disease that required
- immediate clinical care; haemoglobin concentration <8 g/dL; current or previous participation
- in malaria vaccine trials; recent blood transfusion or administration of blood products; use of

antimalarials in the last 2 weeks; co-infection with P. malariae or P. ovale. Eligible 296 297 participants were provided transport to the Centre National de Recherche et de Formation sur le Paludisme (CNRFP) in Ouagadougou for membrane feeding and skin feeding. Immediately 298 299 after venipuncture in lithium heparin and EDTA tubes (BD Vacutainer[™]), 400-500µL of heparinized blood in duplicate (for infectivity) and 400-500µL EDTA blood (for gametocyte 300 quantification in blood meals) was offered to 60 starved 4-5-day-old female An. coluzzii 301 302 mosquitoes via an artificial membrane attached to a water-jacketed glass feeder maintained at 37°C (28). After exactly 15 minutes of feeding in the dark, fully fed mosquitoes from heparin 303 blood were transferred to storage cups by aspiration and maintained with glucose solution at 304 305 27-29°C for 6-8 days before dissection with 1% mercurochrome staining and examination for 306 oocysts by two independent microscopists. From mosquitoes that fed on EDTA blood, 16 307 fully fed mosquitoes were sacrificed after feeding for exactly 15 minutes by sharp needle 308 puncture of their midguts to release the blood contents into 50µl of RNAprotect cell reagent; blood meal material was stored for individual mosquitoes at -80°C. Immediately following 309 310 membrane feeding, direct skin feeding took place. The participant's calves were exposed to 60 mosquitoes distributed over 2 paper cups that were allowed to feed for exactly 15 minutes. 311 From this group, 12 fully fed mosquitoes were immediately sacrificed and their midguts 312 313 punctured as described above. Remaining mosquitoes were maintained on glucose solution before dissections for oocyst presence, as above. In addition to the membrane and direct skin 314 feeding assays, K2EDTA blood was collected by venipuncture (BD VacutainerTM) and finger 315 316 prick (BD Microtainer®).

317

318 Skin biopsy study

In the period September 2016-March 2017, adults (aged 18-50 years) were invited for study

320 participation as described above. Participants were eligible if they had *P. falciparum*

gametocyte densities ≥ 1 gametocyte/500 leucocytes by microscopy (≥ 16 gametocytes/ μ L). 321 322 For skin biopsy sampling, exclusion criteria were signs of acute or chronic disease that requires immediate clinical care; haemoglobin concentration <11 g/dL; skin infections or 323 324 conditions; history of vasovagal responses to blood sampling or biopsies; allergy to lidocaine/ 325 prilocaine. Eligible individuals were invited to the CNRFP central lab in Ouagadougou on two occasions, 4 days apart for sample collection. At each occasion, skin biopsy samples 326 327 including the dermis and hypodermis were taken from under the arm (n=2) and leg (n=2)using single use punchers (4mm Biopsy Punch; Miltex Inc. York, US). This procedure was 328 performed 1 hour after applying local anaesthetic by means of a xylocaine-adrenaline by a 329 330 qualified dermatologist. Half of the biopsy samples (one each from arm and leg) were immediately immersed in 2 mL of 10% formalin and placed at 4°C overnight; following 331 washing, samples were stored in 2 mL of 70% ethanol and stored at 4°C until further 332 333 processing. Other biopsy samples were transferred to 1000 µL RNALater stabilization reagent (Qiagen), incubated overnight at 2-8°C and then transferred to -80°C. Finger prick 334 335 and venous blood samples were collected in EDTA-coated tubes, as above.

336

337 Molecular analysis

338 Mosquito homogenates were pooled (4 mosquitoes in a total of 200µl of RNAprotect per pool) with 4 pools (16 mosquitoes) for membrane feeding experiments and 3 pools per skin 339 feeding experiment (12 mosquitoes). Mosquitoes where no blood was released into 340 341 RNAprotect (upon visual expectation upon thawing) were not used for extraction and, as a result, fewer pools of mosquitoes were extracted. Nucleic acids from these 200µL mosquito 342 343 pools and from 100µL venous and finger prick whole blood samples in RNAprotect Cell Reagent were isolated using the bead-based MagNAPure LC automatic extractor (Total 344 Nucleic Acid Isolation Kit—High Performance, Roche Applied Science) and eluted in 50µL 345

of water. In these samples, ring-stage asexual parasites, female gametocytes and male 346 347 gametocytes were quantified by individual quantitative reverse-transcription PCR (qRT-PCR) assays targeting *sbp1* (31); *Pfs25* (45) and *PfMGET* (29), respectively. Skin biopsy samples 348 349 were immediately stored in RNAlater solution after collection. RNA extraction from skin tissue was performed using the Qiagen RNeasy Plus Mini kit (Qiagen). First, the tissue 350 351 samples were removed from RNAlater solution and then homogenized in RLT lysis buffer 352 (Qiagen) using Polytron Homogenizer (Kinematica). The homogenized lysate was passed 353 through genomic DNA eliminator columns (Qiagen) and subsequently applied to RNeasy spin columns. Following several washes, RNA was eluted in nuclease-free water according to the 354 355 manufacturer's instructions.

The NanoString nCounter custom code set included differentially expressed genes to 356 distinguish specific *P. falciparum* parasite stages as defined from our previous study (34). A 357 358 total of 456 parasite genes were included in the custom probe set including housekeeping genes. 161 genes representing asexual circulating stages, 147 genes representing asexual 359 360 sequestering stages, 26 genes representing gametocyte rings, 27 immature gametocytes and 29 mature gametocyte genes. The remaining set was not annotated for any of these parasite 361 stages. For NanoString analysis, 5 µl of purified total RNA was used for initial hybridization 362 reaction. RNA from each sample was allowed to hybridize with reporter and capture probes at 363 65°C for 20 hours according to the nCounter gene expression assay protocol (NanoString 364 Technologies). RNA-probe complexes were immobilized to nCounter cartridge followed by 365 scanning in the nCounter Digital Analyzer. Data was first normalized by applying background 366 367 subtraction and then normalized to expression of housekeeping genes using the R package "NanoStringNorm". The dataset was then quantile normalized using the R package 368 "aroma.light" and rank scaled. Mature gametocyte and asexual marker genes, as defined in³³, 369 370 were then averaged per patient, per tissue and per visit.

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372 Histological analysis of skin samples

Skin biopsies were processed by passing through an increasing alcohol gradient and xylene 373 374 before embedded in paraffin wax. 10µm sections of biopsy samples were cut on a microtome 375 and placed on adhesion slides (SuperFrost® Plus Gold, VWR). Slides were dried at room 376 temperature for at least one hour then baked overnight at 42°C. The slides were allowed to reach room temperature before proceeding with the staining protocol. Slides were incubated at 377 60°C to melt the wax around the section; sections were cleared with xylene and rehydrated by 378 379 passing through a decreasing alcohol gradient (xylene: 5 minutes twice; 100% ethanol: 3 minutes, twice; 90% ethanol: 3 minutes, twice; 70% ethanol: 3 minutes, twice). After 380 incubation in distilled water for 3 minutes, heat induced antigen retrieval was performed using 381 382 citrate buffer pH 6.0 (TCS Biosciences) in a table top autoclave. Slides were immersed in buffer using a metal rack in an empty tip box (without lid) and autoclave initiated until it 383 reached 126°C, at which point the autoclave was unplugged and slides allowed to incubate in 384 the autoclave for a further 10 minutes. Subsequently, the slides were removed and cooled in 385 386 their buffer in a running water bath. Once at room temperature, slides were transferred to distilled water and then TBST (Tris Buffered Saline with 0.05% Tween 20) for 3 minutes 387 each. Slides were then blocked with goat block containing 2.5% normal goat serum (Vector 388 Laboratories) complemented with 2.5% normal human serum (ThermoFisher Scientific). All 389 blocking and staining were performed in a humidified chamber. All staining solutions were 390 391 removed by tapping the side of the slide gently on tissue paper. Excess liquid was removed by 392 wicking away with tissue paper, being careful not to touch the sections. This was done to maintain intact, well-formed skin sections which are particularly delicate. After 30-60 minutes 393 394 blocking at room temperature, the slides were incubated in primary antibodies diluted in goat block. Sections were stained with 1:20 (1.12µg/ml) mouse anti-CD31 (Cell Marque: clone 395

396 JC70) at 4°C overnight or 1:1250 (1.04µg/ml) rabbit anti-Pfs16 (6) at room temperature for one hour. The slides were then washed with TBST for 3 minutes thrice before adding 1:100 397 398 goat anti-mouse IgG-AlexaFluor488 (ThermoFisher, A-11029) or 1:250 goat anti-rabbit IgG-AlexaFluor647 (ThermoFisher, A-21245) secondary antibody diluted in goat block and 399 400 incubated at room temperature for 30 minutes. Following secondary antibody staining, the 401 sections were washed twice with TBST and then once with TBS for 3 minutes each, before 402 incubation with 2.5nM final concentration of DAPI diluted in TBS for 10 mins at room temperature. Sections were washed twice more in TBS for 3 minutes, before addition of 403 404 TrueView autofluorescence quenching reagent (Vector Laboratories) and incubation for 3 minutes at room temperature. Sections were washed once more in TBS for 5 minutes before 405 mounting with Vectashield Vibrance mountant (Vector Laboratories). Slides were viewed on 406 a Nikon A1R inverted confocal microscope with Piezo Z-drive to acquire z-stacks. In addition 407 to skin biopsies, clots of cultured P. falciparum parasites (strains Pf2004, 3D7 and NF54) 408 409 were generated to act as positive and negative controls. Asexual and mixed asexual-immature 410 gametocyte clots and mature gametocyte clots were generated as described previously (6). Sections of formalin fixed paraffin embedded blocks were used to optimise Pfs16 antibody 411 412 and DAPI staining and determine the staining of mature gametocytes. Using these controls gametocytes in the skin were determined by their circumferential staining with Pfs16 and 413 obvious outline of a red blood cell. Red blood cells were determined by their bright 414 autofluorescence under 488nm laser light. Images and movies were generated using Image J 415 416 software.

417

418 Sample size justification

For the paired skin feeding-membrane feeding study, we assumed an average of 15% infected
mosquitoes in patent gametocyte carriers with a standard deviation of 20% and a within

subject correlation of the outcome of 0.5 (9, 46, 47). If we then expected two-fold higher 421 422 mosquito infection rates in direct skin feeding, 17 paired membrane feeding and skin-feeding experiments on patent gametocyte carriers would give 80% power to detect this difference at 423 an alpha of 0.05. Sample size justification for skin-biopsy sampling was based on a paired 424 425 comparison of the proportion of the total parasite population that is mature gametocyte. We expected that 73% of the skin snip biopsy samples had higher gametocyte concentrations, 426 427 based on a meta-analysis that demonstrated enhanced infectivity following skin feeding compared to venous blood membrane-feeding (9). When assuming that 70% of infected adults 428 have detectable malaria parasites in skin tissue and allow quantification of the proportion of 429 430 parasites that is gametocyte, and a lower limit of the 95%-CI >50%, 45 paired skin snip 431 samples and venous/finger prick blood samples would give 83% power with an alpha of 0.05 to detect a different in parasite stage composition. A go/no-go criterion was defined where an 432 433 initial 10 gametocyte carriers were recruited for biopsy samples and additional participants would only be recruited if gametocytes were detected in \geq 50% of all samples. 434

435

436 Statistical analysis

All statistical analyses were performed in STATA version 15.0 (Statacorp; College Station, 437 438 TX, US). The proportion of infectious gametocyte carriers was compared between paired feeding experiments using McNemar's test; the proportion of infected mosquitoes was 439 compared between direct skin feeding and membrane feeding using logistic regression 440 441 controlling for study participant as a fixed effect. Spearman non-parametric correlation coefficients were calculated to assess associations between continuous variables; the paired 442 Wilcoxon rank-sum test was used to compare parasite densities between blood or tissue 443 samples from the same participants. The gametocyte fraction was calculated as the sum of 444

445	male and female gametocytes, expressed as a proportion of the total parasite biomass of
446	asexual ring-stage parasites and gametocytes.

447

448 Supplemental data

- 449 **Supplementary movie 1** (3D movie):
- 450 3D projection of Z-stack of mature gametocyte in skin snip. This movie shows the 3D
- 451 reconstruction of the z-stack (step-size 0.2 micron) to illustrate the localisation of a mature
- 452 gametocyte. The gametocyte is stained with Pfs16 (magenta), denoted by DAPI staining
- 453 (cyan), and within an RBC (yellow. It is in close proximity to skin vasculature. Movie was
- 454 generated using Image J software.

455

- 456 **Supplementary Movie 2** (Z stack):
- 457 Z-stack of mature gametocyte in skin snip. Confocal z-stack of mature gametocyte taken
- 458 across the whole thickness of the section (step-size 0.2 micron). Gametocyte stained with
- 459 Pfs16 (magenta), with DAPI (cyan) nuclear staining. Movie generated using Image J
- 460 software.

461

- 462 Data availability
- 463 Data underlying this manuscript are available through
- 464 https://datadryad.org/stash/share/_Di1z3S3jl2ahewKXHAXHfAtl7slSBGNAZmgueslqbI.

465

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657 **FIGURE LEGENDS**

658 Figure 1. The density and infectivity of gametocytes in different blood compartments. A. Gametocyte density in venous blood in association with the proportion of mosquitoes that 659 become infected when feeding directly on the skin of the blood donor (blue) or on venous 660 blood offered through an artificial membrane feeder (red). Size indicates the number of 661 662 examined mosquitoes; error bars indicate the 95% confidence interval around the proportion 663 of infected mosquitoes. **B.** The density of ring stage asexual parasites (green), male gametocytes (blue) and female gametocytes (red) in mosquito blood meals when feeding 664 directly on the skin (X-axis) versus venous blood offered through an artificial membrane 665

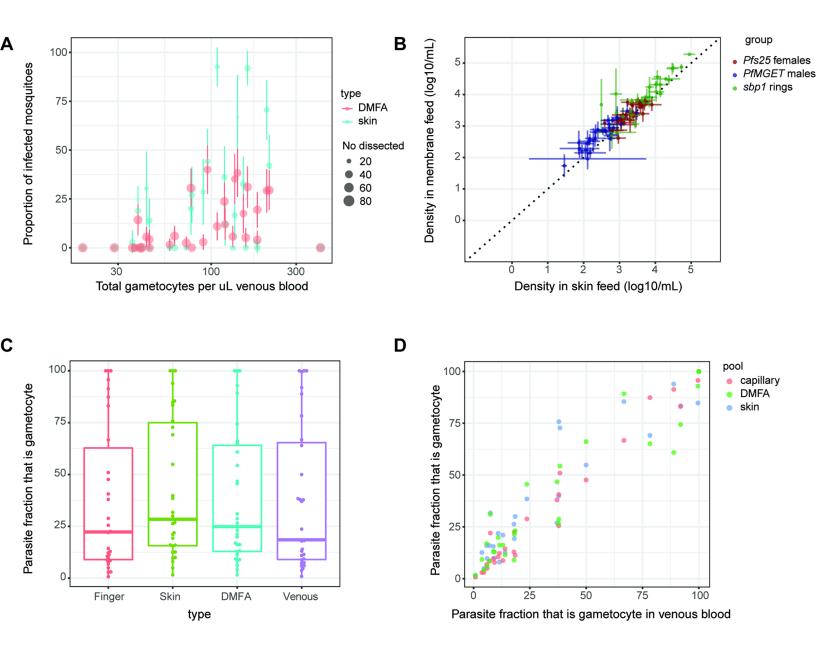
feeder (Y-axis). Error bars indicate the standard error of density estimates in pools of 666 667 mosquitoes fed directly on the skin (median 3 pools) or venous blood (median 4 pools). C. The fraction of the total parasite biomass that is gametocyte in finger prick capillary blood 668 669 (red), mosquitoes that fed directly on the skin (green), mosquitoes that fed on venous blood (blue) or venous blood (purple). The box plot indicates median, interquartile range and range; 670 671 dots indicate individual samples. **D.** The gametocyte fraction in venous blood (X-axis) 672 versus on the Y-axis finger prick capillary blood (red; Spearman ρ =0.970; p<0.0001), mosquitoes that fed directly on the skin (green; Spearman ρ = 0.916; p<0.0001), mosquitoes 673 that fed on venous blood (green; Spearman $\rho=0.912$; p<0.0001). 674 675 Figure 2. qRT-PCR and Nanostring comparison of parasite densities in skin biopsy 676 677 samples and blood samples. A. Gametocyte fractions (the proportion of gametocytes in the 678 total parasite biomass assessed by *sbp1*, *Pfs25* and *PfMGET* qRT-PCR) across compartments. **B-D.** Relative numbers of asexual parasites and gametocytes in skin tissue from the arm, skin 679 680 tissue from the leg, finger prick and venous blood based on qRT-PCR (B) and Nanostring (C). Nanostring data were normalized on the basis of background subtraction and expression of 681 housekeeping genes. **D.** Correlation between estimates of ring-stage asexual parasites by *sbp1* 682 683 and female gametocytes by *Pfs25* for qRT-PCR (X-axis) and Nanostring (Y-axis) showing good agreement but higher sensitivity of qRT-PCR. 684 685 Figure 3. Histological analysis of skin samples. A. 10µm cross section of a skin snip from 686 leg with dimensions indicated. Sample was stained with CD31 and DAPI and a maximum 687

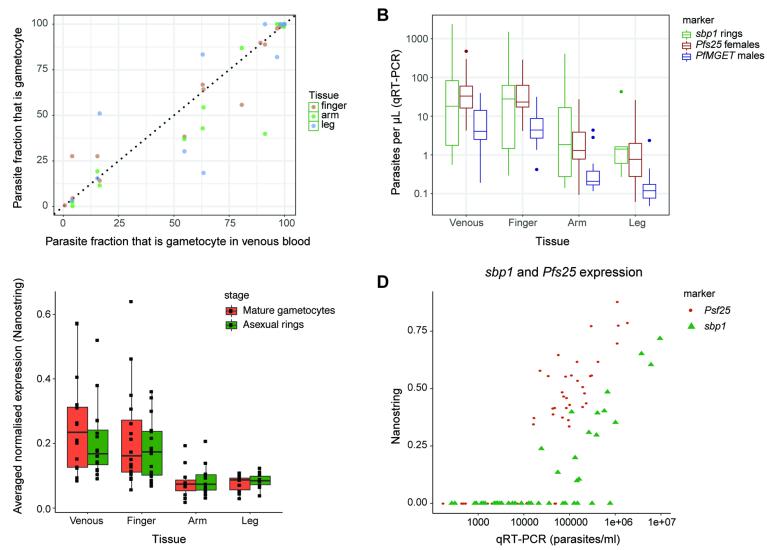
including several vessels stained with CD31. Scale bar = $500\mu m$, insert = $10\mu m$. **B.** $3\mu m$ section of a skin snip from arm stained with haematoxylin and eosin. Sections in A and B

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projection across the depth of the section is shown. The insert represents a small section

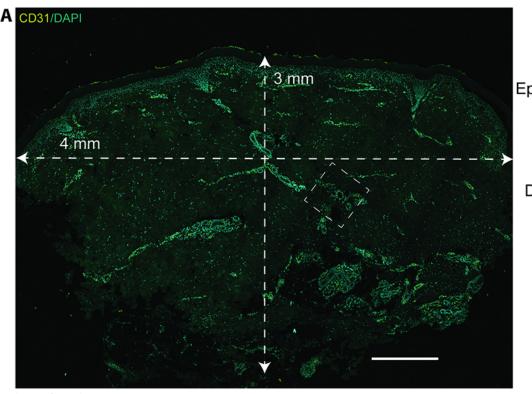
- show the different layers of the epidermis on top, followed by the dermis with multiple
- vessels. C. Samples were stained with DAPI (cyan) and Pfs16 (magenta) for gametocytes.
- 693 Representative images of asexual parasite (left), an immature (middle) and mature (right)
- gametocyte images from control blood clots. Scale bar = $10\mu m$. **D.** Representative image of a
- 695 gametocyte in skin samples from arm. DAPI staining indicates several vessels in the vicinity
- of a gametocyte stained with Pfs16. XZ and YZ orientations are included to demonstrate the
- three-dimensional nature of the tissue section and the gametocyte. Scale bar = $10\mu m$.

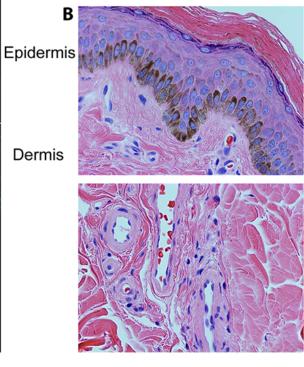


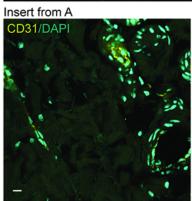


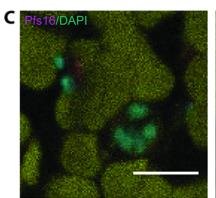
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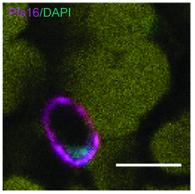
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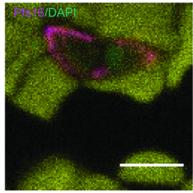












Insert from D

