

1 **Network-based metrics of ecological memory and** 2 **resilience in lake ecosystems**

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17 **Abstract**

18 Some ecosystems undergo abrupt transitions to a new regime after passing a tipping
19 point in an exogenous stressor, for example lakes shifting from a clear to turbid ‘eutrophic’
20 state in response to nutrient-enrichment. Metrics-based resilience indicators have been
21 developed as early warning signals of these shifts but have not always been reliable.
22 Alternative approaches focus on changes in the structure and composition of an ecosystem,
23 which can require long-term food-web observations that are typically beyond the scope of
24 monitoring. Here we prototype a network-based algorithm for estimating ecosystem
25 resilience, which reconstructs past ecological networks solely from palaeoecological
26 abundance data. Resilience is estimated using local stability analysis, and eco-net energy: a
27 neural network-based proxy for ‘ecological memory’. We test the algorithm on modelled
28 (PCLake+) and empirical (lake Erhai) data. The metrics identify increasing diatom
29 community instability during eutrophication in both cases, with eco-net energy revealing
30 complex eco-memory dynamics. The concept of ecological memory opens a new dimension
31 for understanding ecosystem resilience and regime shifts; further work is required to fully
32 explore its drivers and implications.

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34 **Keywords:** Lake Eutrophication; Early Warning Signals; Resilience; Palaeoecology; Neural
35 Networks

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37 **1. Background**

38 The potential for stressed ecosystems to tip abruptly into a new regime has led to a
39 proliferation of metrics attempting to quantify ecosystem resilience [1–10]. Lake
40 eutrophication is a well-studied example of a regime shift, often with evidence of alternative
41 stable states and hysteresis [11–13]. Eutrophication occurs when increasing nutrient loading
42 triggers positive feedbacks, driving a rapid shift from clear to turbid conditions [14,15], with
43 recovery to clear conditions often requiring nutrient levels reduced far below the original
44 threshold [13]. Prior to tipping, the ecosystem experiences declining resilience, defined here
45 as the weakening of negative relative to positive feedbacks resulting in greater sensitivity to
46 small shocks [16]. Attempts to develop resilience indicators broadly fall into three
47 approaches: time-series metrics, compositional analysis, and network-based.

48 Many resilience indicators test for ‘critical slowing down’: a slowing recovery rate
49 from perturbations and increasing variability, which can be detected in various environmental
50 time-series [4–10]. These time-series metrics have had inconsistent success, however, as
51 early-warning signals (EWS) of tipping points in freshwater [17] and other ecosystems [18–
52 21]. A key methodological issue is the need for prior knowledge of one response variable that
53 captures the dynamics of the whole system. Other limitations include possible false positives
54 or negatives (where EWS indicate an impending transition which never occurs, or is absent
55 prior to a known transition), and sensitivity to subjective time-series analysis parameter
56 choices [7,22,23]. These limitations are partially rectified by using multiple sensitivity-tested
57 metrics as generic resilience indicators rather than as EWS of specific critical transitions
58 [16,24]. Palaeorecords present additional problems, with variable temporal resolution from
59 changing accumulation rates or compaction making robust time-series analysis challenging
60 [25,26].

61 As an alternative to metric-based EWS, analysis of ecosystem composition seeks to
62 detect changes in community functional dynamics without having to select or understand the

63 full trophic ecology of any one species. To this end Doncaster et al. [27] quantified the
64 compositional disorder of diatoms and chironomids from sediment cores in three Chinese
65 lakes, where low disorder signifies highly-nested sequential compositions. Several decades
66 prior to a critical transition, the correlation of disorder with biodiversity becomes negative and
67 strengthens towards the tipping point. Theory and simulations suggested that nutrient loading
68 shifted competitive balance from ‘weedy’ (weakly competitive, fast-replicating) towards
69 ‘keystone’ (strongly competitive, slow-replicating) species. This correlative approach avoids
70 issues of variable temporal resolution, but the link with ecosystem resilience is indirect and
71 the competition dynamics remain hypothetical. Another recent composition-based method
72 identified negative skewness in nodal degree of diatoms as a response to increasing nutrient
73 input into Chinese lake ecosystems [28], which is compatible with rising keystone dominance
74 with exogenous stress.

75 Network-based approaches perform local stability analysis on reconstructions of the
76 lake food-webs. Kuiper et al. [29] showed that food-web data in the form of material flux
77 descriptions can be used to reconstruct the interaction strengths between different species,
78 which correspond to the interaction coefficients of a Lotka-Volterra ecosystem model (Figure
79 1a). This is equivalent to a dynamical system’s Jacobian matrix, which is considered stable if
80 the real part of the Jacobian’s eigenvalues remain negative (representing net-negative
81 feedbacks) [29–31]. Given food-web measurements, the food-web’s local stability can be
82 estimated from the intraspecific interaction strengths, and is closely related to the Jacobian’s
83 dominant eigenvalue (λ_d) [29,32–34]. λ_d increases with post-perturbation recovery times from
84 weakened net-negative feedbacks, and so tracks ecosystem resilience. This approach enabled
85 destabilising food-web reorganisations prior to eutrophication to be tracked in the PCLake
86 model [29].

87 Although network-based methods depends less on temporal resolution than time-series
88 analysis [29] and avoids reliance on a single variable, it requires gathering detailed food-web

89 data at regular intervals during eutrophication, a laborious [35] and often unmanageable task
90 for real-world lakes. Nevertheless, many lakes have palaeoecological records of species
91 abundances obtained from sediment cores. If past ecosystem interactions can be reconstructed
92 from this data, it becomes possible to estimate past changes in ecosystem resilience. Here we
93 prototype and test an algorithm in R [36] for reconstructing ecological networks (eco-nets)
94 from palaeoecological data using network inference [37–40]. This technique for
95 characterising interspecific interactions comes from microbial metagenomics, where it
96 provides an alternative to the unreliable proxy of relative abundance correlations. Network
97 inference instead uses multilinear regression to infer the interaction matrix of a discrete-time
98 Lotka-Volterra ecosystem model from abundance data (Figure 1a), with nodes representing
99 individual species or functional groups and edges their interactions, and is less dependent on
100 regular temporal resolution [38].

101 We then explore ecosystem resilience using two different approaches. Firstly, we
102 perform local stability analysis on the inferred interaction matrix with a rolling temporal
103 window, in order to track changes in λ_d . We test this on two different datasets of
104 eutrophication-induced regime shifts: output from a commonly-used lake ecosystem model
105 (PCLake+) for a hypothetical lake on a whole-ecosystem level, and empirical community-
106 level data from lake Erhai where a critical transition was observed in 2001. For comparison,
107 we also calculate time-series metrics (TSMs: AR1, standard deviation (SD), skewness, and
108 kurtosis), biodiversity, and for empirical data sequential disorder-biodiversity correlation.

109 Secondly, we develop a novel neural network-based method of resilience analysis.
110 Analyses of Lotka-Volterra systems demonstrate how an ecosystem can retain a distributed
111 ‘memory’ of past states as a result of a process akin to unsupervised Hebbian learning in a
112 neural network [41,42]. In Hopfield Networks, frequent correlations between neurones
113 (nodes) lead to an increase in their connection strength (edges) – a process described
114 colloquially as “*neurons that fire together, wire together*” [43–46]. Over time this allows the

115 emergence of distributive associative memory of training input that can be recovered when
116 given degraded input. Power et al. [41] proposed that eco-nets experience similar dynamics,
117 with species (nodes) that frequently co-occur developing stronger interactions (edges),
118 allowing emergence of a distributed associative “ecological memory” (eco-memory) of past
119 environmental forcing (training input) that acts as a stable attractor (Figure 1b). Although
120 memory strength has no direct metric, one can calculate its energy, which is minimised at
121 metastable points. We estimate eco-net energy, E_N , by treating the interaction matrix
122 reconstructed by our network-inference algorithm as the weight matrix [41] of a continuous
123 Hopfield Network [43–46]. We expect low E_N for eco-nets that have ‘learnt’ from stable
124 environmental conditions, and higher E_N when destabilisation shifts the eco-net away from its
125 learned state. To test these expectations, we calculate E_N for both test-cases and compare to
126 other resilience metrics. Detailed methods and scripts are available in the Supplementary
127 Material.

128 **2. Results and Discussion**

129 *2.1. PCLake+*

130 We first apply the algorithm to output from a default setup of PCLake+ [47], an
131 extension of the widely-used PCLake model of lake eutrophication, as a test-bed with well-
132 known dynamics and drivers for generating realistic artificial data (with 14 functional groups
133 representing the whole ecosystem, and phosphorus input increased along its nonlinear but
134 non-hysteretic load-response curve to induce eutrophication- see Supplementary Material).
135 The impact of nutrient enrichment is clearly visible in lake conditions, biodiversity, local
136 stability (λ_d), and eco-net energy (E_N) as three distinct phases (Figure 2a-d, left). In phase 1,
137 λ_d increases shortly after input begins, in conjunction with declining E_N interrupted by a
138 temporary peak at ~50-55 years ago (ya). However, following a plateau in both E_N and λ_d in
139 phase 2, λ_d re-stabilises after a second peak (~35 ya) and E_N strongly decreases. E_N begins to

140 recover following the transition, while λ_d remains moderately high relative to pre-
141 eutrophication levels. This pattern indicates complex eco-memory dynamics starting decades
142 before the transition, with destabilisation away from memorised conditions (increasing λ_d , i.e.
143 weakened net-negative feedbacks) accompanied and followed by a multi-phase “relearning”
144 process (decreasing E_N) as the eco-net adapts and restructures (increasing biodiversity) in
145 response to new conditions. Increasing the accumulation rate does not alter the overall signal
146 but reduces the resolution of deeper features (Supplementary Figure S1), indicating this
147 methodology is not overly sensitive to temporal resolution.

148 2.2. *Lake Erhai*

149 Lake Erhai in south-western China has undergone eutrophication after decades of
150 nutrient-enrichment, similar to our PCLake+ scenario. Data consist of relative diatom
151 abundances sampled at regular radioisotope-dated intervals down sediment cores [27,48]. We
152 focus on diatoms as they are well-preserved and belong to the same trophic level, but as they
153 form only one functional group this means that unlike PCLake+ the whole ecosystem is not
154 directly analysed. However, we posit that the community-level diatom λ_d acts as a proxy for
155 whole-ecosystem resilience, as diatoms play a key role in the trophic loops involved in
156 eutrophication [29] and are ecologically sensitive to water quality [49,50].

157 Although real-world data exhibits more complexity than model results, we can observe
158 similar phases of activity to PCLake+ (Figure 2a-d, right). Phase 1 begins with nutrient-
159 enrichment starting ~60-50 ya [48]. This is reflected by a shift to negative disorder-
160 biodiversity correlation indicative of destabilisation, declining E_N , and culminates with a λ_d
161 peak. In phase 2 both λ_d and E_N plateau prior to the observed transition at ~8 ya, after which
162 E_N recovers, λ_d slightly drops, biodiversity sharply drops, and disorder-biodiversity
163 correlation recovers. These patterns are broadly similar to the PCLake+ results, with phase 1
164 marked by declining E_N and increasing λ_d , suggesting the eco-net destabilising and relearning

165 decades before the transition, and a recovery in E_N and stable λ_d post-transition. This
166 similarity suggests diatoms can act as a community-level proxy for the whole lake ecosystem.
167 However, the λ_d and E_N trends are not as clear during phase 1 as for PCLake+, suggesting that
168 the data are not sufficiently resolved to fully capture this phase (unlike disorder-biodiversity
169 correlation). There is also no post-transition E_N decline in lake Erhai, which may result from
170 slower forcing (Supplementary Figure S2) or has yet to be observed. Biodiversity increases
171 during destabilisation in both cases, but only during phase 2 in lake Erhai.

172 2.3. *Time-series metrics comparison*

173 TSM are shown for comparison as a legacy method. As a consistently sampled model
174 lake with constant temporal resolution, PCLake+ provides idealised conditions for observing
175 TSM during eutrophication (Figure 2e). During phase 1 AR1, skewness, and kurtosis rapidly
176 peak and SD begins to steadily increase, whilst in phase 2 all metrics apart from SD decline.
177 Lake Erhai shows only early peaks in skewness and kurtosis at ~92-75 ya before phase 1,
178 which may represent an unknown precursor event. Following this, SD steadily increases while
179 kurtosis decreases, AR1 and skewness slightly increase during phase 1, and in phase 2 AR1
180 stabilises while skewness declines. Both examples suggest SD consistently increases during
181 destabilisation, but variable temporal resolution obscures this in real-world data
182 (Supplementary Figure S1). However, due to the methodological limitations described earlier,
183 TSM are not considered robust for lake Erhai without further sensitivity and significance
184 testing.

185 3. **Further Development**

186 Several methodological limitations can be improved with future development. The
187 algorithm works best with long, minimally-sparse datasets that resolve equilibrium population
188 dynamics, but many palaeorecords do not meet these requirements. Further development will
189 improve the algorithm's capacity to analyse short or sparse datasets using innovative

190 techniques from metagenomic network inference [38]. We also assume these ecosystems fit a
191 generalised Lotka-Volterra model, in which all abundance changes are caused by linear
192 pairwise interspecific interactions and other processes simplified into a broad noise term.
193 However, nonlinear interactions are expected in some ecosystems [37,51–55] and potentially
194 allow a better representation of multiple alternative stable states [56,57], but are harder to
195 parameterise. Future work will assess the feasibility of allowing nonlinear functional
196 responses. The assumed model includes only biotic elements, with life-environment
197 interactions implicit. Incorporating life-environment feedbacks explicitly would allow more
198 realistic feedback loops critical to resilience to emerge (such as anoxia-driven phosphorus
199 release from sediment), but the eco-net cannot simply be extended to include abiotic elements
200 as the environment is assumed to be its training input. Possible solutions include neural
201 networks that allow training input that is dynamic (e.g. continuous-time recurrent neural
202 networks) and interacts with the eco-net (e.g. multi-layer or adversarial networks).

203 **4. Conclusions**

204 With refinement, our findings suggest that network-based methods can allow changes
205 in past ecosystem resilience to be reconstructed from palaeoecological abundance datasets
206 from various settings, and are less sensitive to data quality than time-series metrics.
207 “Ecological memory” has only been applied to a simplified ecosystem model before now
208 [41,42], but the development here of eco-net energy allows us to explore eco-memory in more
209 realistic models and empirical data for the first time. Eco-memory opens a new dimension for
210 understanding ecosystem resilience, with the formation of eco-memory potentially increasing
211 resilience by allowing past stable eco-network states to be recovered after disruptions. Further
212 work is required to fully understand the drivers and implications of eco-memory dynamics,
213 and to disentangle the effects of eco-memory from other drivers of ecosystem resilience.

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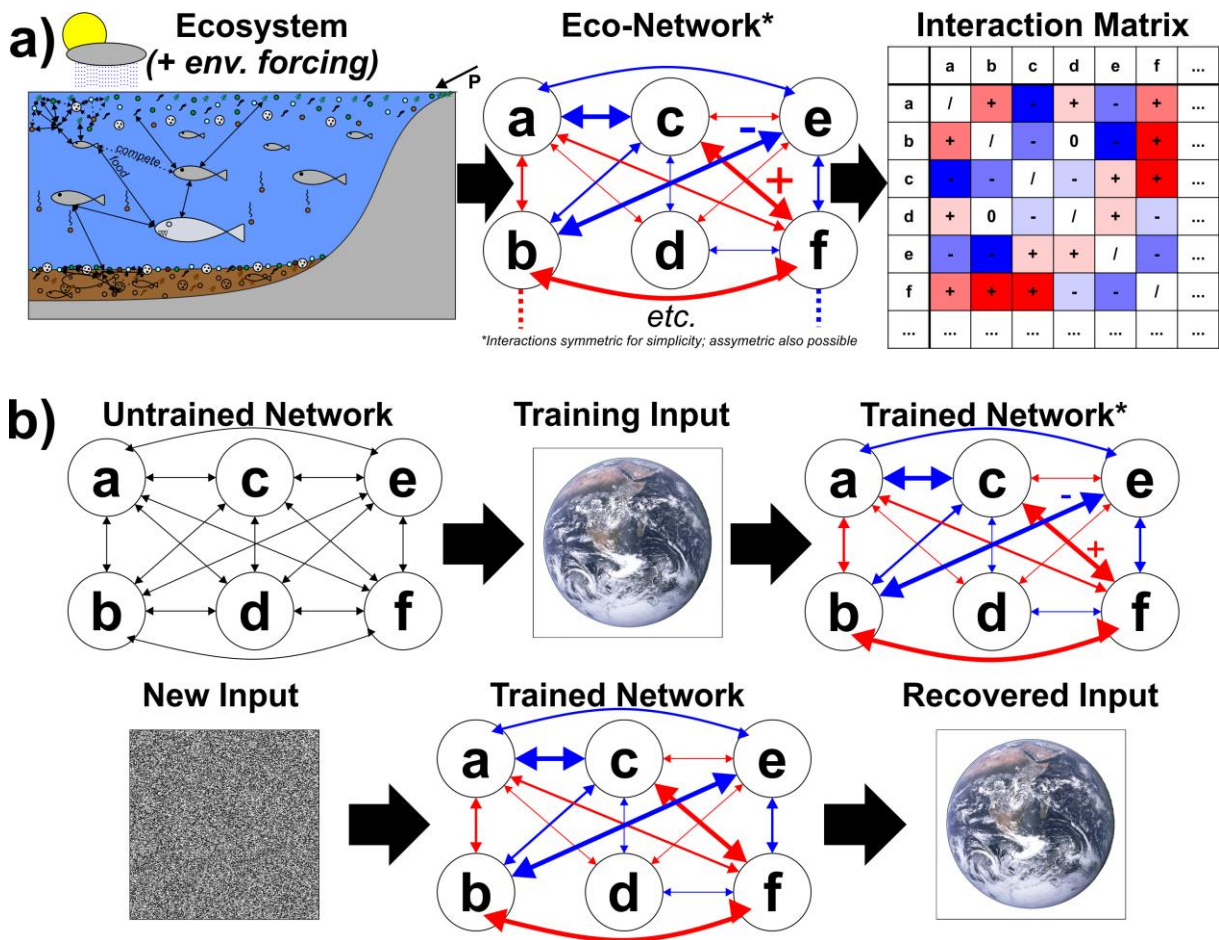
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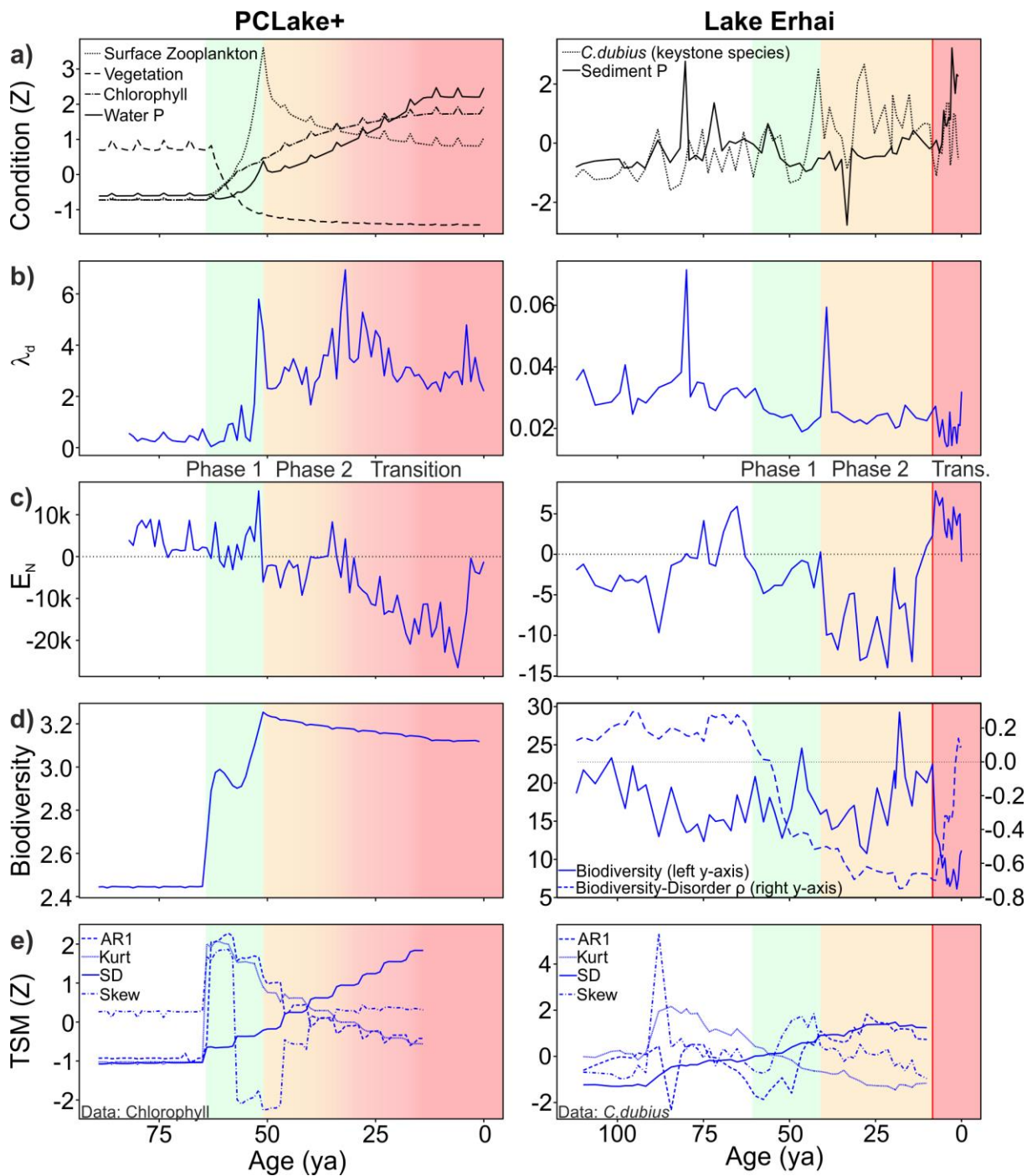
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219 **Figures**



220

Figure 1: Schematics illustrating: (a) how ecosystem interactions (left) are represented as an eco-network (middle –lettered nodes represent individual species or functional groups, and edges their interactions), the structure of which forms an interaction matrix (right) suitable for resilience analysis (N.B. only symmetric interactions are shown; asymmetric interactions are common); and b) how networks can be trained using input (i.e. exogenous drivers; the Earth representing environmental forcing) which can be recovered when given new input (i.e. new drivers; white noise representing random forcing).



221

Figure 2: Results for PCLake+ (left) and lake Erhai (right), showing: (a) lake conditions (normalised concentrations/abundances – vegetation-zooplankton shift and increased chlorophyll in PCLake+ and increased keystone abundance in Erhai indicates eutrophication), (b) local instability λ_d , (c) eco-net energy E_N , (d) biodiversity (inverse Simpson index) and (Erhai only) disorder-biodiversity correlation [27], and (e) normalised time-series metrics (TSM; for comparison only). Interpreted transition phases (1=green box, initial destabilisation; 2=orange, pre-transition) and observed regime shifts (red box; gradient indicates smooth non-hysteretic transition, vertical line indicates critical transition) are marked.

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