

Cortical functional connectivity indexes arousal state during sleep and anesthesia

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Keywords:

Alpha-band connectivity, consciousness, intracranial electrophysiology, phase lag index

1 **Abstract**

2 Disruption of cortical connectivity likely contributes to loss of consciousness (LOC) during both
3 sleep and general anesthesia, but the degree of overlap in the underlying mechanisms is
4 unclear. Both sleep and anesthesia comprise states of varying levels of arousal and
5 consciousness, including states of largely maintained consciousness (sleep: N1, REM;
6 anesthesia: sedated but responsive) as well as states of substantially reduced consciousness
7 (sleep: N2/N3; anesthesia: unresponsive). Here, we tested the hypotheses that (1) cortical
8 connectivity will reflect clear changes when transitioning into states of reduced consciousness,
9 and (2) these changes are similar for arousal states of comparable levels of consciousness
10 during sleep and anesthesia. Using intracranial recordings from five neurosurgical patients, we
11 compared resting state cortical functional connectivity (as measured by weighted phase lag
12 index) in the same subjects across arousal states during natural sleep [wake (WS), N1, N2, N3,
13 REM] and propofol anesthesia [pre-drug wake (WA), sedated/responsive (S) and unresponsive
14 (U)]. In wake states WS and WA, alpha-band connectivity within and between temporal,
15 parietal and occipital regions was dominant. This pattern was largely unchanged in N1, REM
16 and S. Transitions into states of reduced consciousness N2, N3 and U were characterized by
17 dramatic and strikingly similar changes in connectivity, with dominant connections shifting to
18 frontal cortex. We suggest that shifts from temporo-parieto-occipital to frontal cortical
19 connectivity may reflect impaired sensory processing in states of reduced consciousness. The
20 data indicate that functional connectivity can serve as a biomarker of arousal state and suggest
21 common mechanisms of LOC in sleep and anesthesia.

22 **1. Introduction**

23 Elucidating the changes in the brain that occur upon loss and recovery of consciousness (LOC,
24 ROC) is critical to our understanding of the neural basis of consciousness, and is a prerequisite
25 for improving diagnosis and prognosis of disorders of consciousness and noninvasive
26 monitoring of awareness in clinical settings (Bayne et al., 2017; Bernat, 2017; Stein and Glick,
27 2016). A primary hurdle is identifying changes that are specific to LOC and ROC, as opposed to
28 nonspecific changes in brain activity in response to endogenous or exogenous factors (e.g.
29 neuromodulators during sleep or anesthetic agents). This can be clarified by investigating
30 common features of LOC and ROC during sleep and anesthesia (Mashour, 2006; Shushruth,
31 2013; Tung and Mendelson, 2004). A handful of studies have compared the changes in neural
32 activity that occur during transitions between arousal states during sleep versus anesthesia in
33 human subjects (Li et al., 2018; Murphy et al., 2011), but commonalities in neural mechanisms
34 have been elusive, perhaps because sleep and anesthesia data in these studies were obtained
35 in different subjects, or because of the metrics investigated, or both. Here, we compare
36 changes in functional connectivity in the same subjects during sleep and propofol anesthesia.

37 Although endogenous sleep and arousal centers play a role in LOC/ROC under both
38 sleep and anesthesia (Lydic and Baghdoyan, 2005), changes in the contents of consciousness
39 are likely secondary to actions in neocortex (Voss et al., 2019), which is the focus of the current
40 study. Common mechanisms for LOC/ROC under sleep and anesthesia are suggested by similar
41 effects of LOC on sensory cortex observed under both conditions. For example, primary sensory
42 cortex is still responsive to environmental stimuli, and basic organizational features such as
43 frequency tuning in auditory cortex are preserved (Nir et al., 2015; Raz et al., 2014), while
44 responses in higher order cortical sensory areas are largely suppressed (Liu et al., 2012; Wilf et
45 al., 2016). In addition, cortical connectivity, which is central to leading theories of consciousness
46 (Dehaene and Changeux, 2011; Friston, 2005; Tononi et al., 2016), is altered upon LOC during
47 anesthesia (Boly et al., 2012a; Lee et al., 2017; Lee et al., 2013b; Murphy et al., 2011; Ranft et
48 al., 2016; Sanders et al., 2018) and non-rapid eye movement (NREM) sleep (Boly et al., 2012b;
49 Spoormaker et al., 2010).

50 These studies suggest that LOC under a variety of conditions converges on specific
51 changes in cortical connectivity. However, a major impediment to identifying these changes is a
52 lack of consensus on key details, for example whether overall or long-range connectivity
53 decreases (Boly et al., 2012a; Lee et al., 2013b; Ranft et al., 2016; Spoormaker et al., 2010) or
54 increases (Boly et al., 2012b; Lee et al., 2017; Monti et al., 2013; Murphy et al., 2011) upon LOC.
55 Moreover, despite the evidence for common mechanisms of LOC under anesthesia and during
56 NREM sleep, there are obvious differences between sleep and anesthesia as well (Akeju and
57 Brown, 2017). Specifically, subjects are arousable from the latter but not from the former, and
58 this maintained connectedness with the environment likely involves cortical activation. The
59 structure of natural sleep, in its transitions between REM and multiple stages of NREM sleep, is
60 not mimicked by steady-state anesthesia. A recent imaging study found substantial differences
61 in the changes in functional magnetic resonance imaging (fMRI) functional connectivity that
62 occur during sleep and propofol anesthesia (Li et al., 2018). Furthermore, delta-band activity
63 during the deepest stages of NREM sleep (N3) most closely resembles brain activity under
64 anesthesia (Murphy et al., 2011), but unresponsiveness (and presumably reduced level of
65 consciousness) occurs as well in stage 2 NREM (N2) sleep (Strauss et al., 2015). Direct
66 comparisons of changes in connectivity associated with LOC under natural sleep and anesthesia
67 may help resolve these discrepancies.

68 Here, we investigated changes in cortical functional connectivity across arousal states
69 under natural sleep and anesthesia. Intracranial recordings obtained from neurosurgical
70 patients with pharmacologically resistant epilepsy allowed us to compare connectivity using
71 data obtained from the same recording sites in the same subjects.

72 **2. Materials and Methods**

73 **2.1. Subjects**

74 Experiments were carried out in five neurosurgical patients diagnosed with medically refractory
75 epilepsy who were undergoing chronic invasive electrophysiological monitoring to identify
76 seizure foci prior to resection surgery (Supplementary Table 1). Research protocols were
77 approved by the University of Iowa Institutional Review Board and the National Institutes of
78 Health, and written informed consent was obtained from all subjects. Research participation
79 did not interfere with acquisition of clinically necessary data, and subjects could rescind
80 consent for research without interrupting their clinical management. Subjects were right-
81 handed, left language-dominant native English speakers. All subjects underwent standard
82 neuropsychological assessment prior to electrode implantation, and none had cognitive deficits
83 that would impact the results of this study. The subjects were tapered off their antiepileptic
84 medication during chronic monitoring when overnight sleep data were collected (see below).
85 All subjects had their medication regimens reinstated at the end of the monitoring period, prior
86 to induction of general anesthesia for the resection surgery.

87

88 **2.2. Experimental procedures**

89 Electrocorticographic (ECoG) recordings were made using subdural and depth electrodes (Ad-
90 Tech Medical, Racine, WI). Subdural arrays consisted of platinum-iridium discs (2.3 mm
91 diameter, 5-10 mm inter-electrode distance), embedded in a silicon membrane. Depth arrays
92 (8-12 electrodes, 5 mm inter-electrode distance) were stereotactically implanted along the
93 anterolateral-to-posteromedial axis of Heschl's gyrus (HG). Additional arrays targeted insular
94 cortex and provided coverage of planum temporale and planum polare. This allowed for
95 bracketing suspected epileptogenic zones from dorsal, ventral, medial and lateral aspects
96 (Nagahama et al., 2018; Reddy et al., 2010; Supplementary Fig. 1). Depth electrodes also
97 targeted amygdala and hippocampus, and provided additional coverage of the superior
98 temporal sulcus. A subgaleal electrode was used as a reference. All electrodes were placed
99 solely on the basis of clinical requirements, as determined by the team of epileptologists and
100 neurosurgeons (Nourski and Howard, 2015).

101 Two sets of no-task, resting-state (RS) data were recorded: overnight sleep data and
102 anesthesia data. RS ECoG, EEG and video data were collected from subjects during natural
103 overnight sleep (Supplementary Fig. 2a). Sleep data were collected in the dedicated, electrically
104 shielded suite in The University of Iowa Clinical Research Unit while the subjects lay in the
105 hospital bed. Data were recorded using a Neuralynx Atlas System (Neuralynx Inc., Bozeman,
106 MT), amplified, filtered (0.1–4000 Hz bandpass, 12 dB/octave rolloff), sampled at 16 kHz. Stages
107 of sleep were defined manually using facial EMG and scalp EEG data based on standard clinical
108 criteria (2017) by board-certified physicians who participate in the inter-scorer reliability
109 program of the AASM. Scalp and facial electrodes were placed by an accredited technician, and
110 data were recorded by a clinical acquisition system (Nihon Kohden EEG-2100) in parallel with
111 research acquisition. Facial electrodes were placed following guidelines of the AASM⁹⁰ at the
112 left and right mentalis for EMG and adjacent to left and right outer canthi for EOG. EEG was
113 obtained from electrodes placed following the international 10-20 system at A1, A2, F3, F3, F4,
114 O1 and O2 in all subjects, with the following additional electrodes: C3 and C4 in all subjects but
115 R376; E1 and E2 in L372 and R376; CZ and FZ in L409 and L423; and F8 in L423. All subjects had
116 periods of REM, N1 and N2 sleep identified; three out of five subjects had N3 sleep periods as
117 well. One subject (L403) experienced multiple seizures in the second half of the night; those
118 data were excluded from analysis.

119 Anesthesia RS data were collected in the operating room prior to electrode removal and
120 seizure focus resection surgery. Data were recorded using a TDT RZ2 processor (Tucker-Davis
121 Technologies, Alachua, FL), amplified, filtered (0.7–800 Hz bandpass, 12 dB/octave rolloff), and
122 digitized at a sampling rate of 2034.5 Hz. We note that the highpass cutoff frequency on this
123 hardware precluded analysis of frequencies below 1 Hz. Although no specific instructions were
124 given about keeping eyes open or closed, subjects were observed to have eyes closed during
125 nearly all resting state recordings. Data were recorded in 6-minute blocks, interleaved with an
126 auditory stimulus paradigm as part of a separate study (Nourski et al., 2018a, b). Data were
127 collected during an awake baseline period and during induction of general anesthesia with
128 incrementally titrated propofol infusion (50 – 150 µg/kg/min; Supplementary Fig. 2b).

129 Awareness was assessed using the Observer's Assessment of Alertness/Sedation
130 (OAA/S) scale (Chernik et al., 1990), and using the bispectral index [BIS (Gan et al., 1997)] (BIS
131 Complete 4-Channel Monitor; Medtronic) recorded continuously throughout the experiment.
132 OAA/S was assessed just before and just after collection of each RS data block. Two levels of
133 anesthesia (arousal states) were targeted: sedated but responsive to command (S; $OAA/S \geq 3$)
134 and unresponsive (U; $OAA/S \leq 2$) (Nourski et al., 2018a). In four of five subjects, OAA/S values
135 crossed the boundary between S and U over the course of the 6-minute RS block (e.g. RS block
136 #1 in subject L372; see Supplementary Fig. 2b). In these cases, only the first and last 60-second
137 segments of the block were analyzed; data from the first segment were assigned to the S state,
138 and data from the second segment were assigned to the U state.

139

140 **2.3. Data analysis**

141 *2.3.1. Band power analysis*

142 Data were assigned to specific arousal states based on sleep scoring and OAA/S assessment. For
143 each subject, sleep and anesthesia data were divided into segments of length 60 seconds for all
144 analyses except the classification analysis (Fig. 5; see below), for which 10-second segments
145 were used. Time-frequency analysis was performed using the demodulated band transform
146 (DBT; Kovach and Gander, 2016), which optimizes frequency resolution for each frequency
147 band specified, while minimizing spectral leakage across bands. PSDs were estimated for each
148 data segment from the squared magnitude of the DBT. For each subject, PSDs were averaged
149 across segments assigned to identical arousal states. ECoG band power was calculated as the
150 average power across frequency in each band. Band power within ROI group was computed as
151 the average across all recording sites in that ROI group, and arousal state-dependent changes in
152 band power were evaluated using linear mixed effects models as follows. The data were
153 normalized to total power and log transformed, then fit with a model incorporating fixed
154 effects of state, ROI, and the interaction of state and ROI, and random effects for channels
155 nested within subjects and with random slopes for brain state by subject, using the R package
156 lme4 (Bates et al., 2015). Estimated marginal means and 95% CIs for each ROI and state were
157 calculated, as well as pairwise between-states contrasts within each ROI with p -values adjusted

158 by multivariate t for all comparisons within a band, using the R package emmeans (Lenth,
159 2019).

160

161 2.3.2. Connectivity analysis

162 Connectivity was measured using the debiased weighted phase lag index (wPLI) (Vinck et al.,
163 2011), a non-directed measure of phase synchronization that eschews synchronization near
164 zero phase lag to avoid artifacts due to volume conduction. For each data segment, wPLI was
165 estimated for every electrode pair from the sign of the imaginary part of the DBT-derived cross-
166 spectrum at each frequency and averaged across frequencies within each band of interest
167 (delta: 1-4 Hz, theta: 4-8 Hz, alpha: 8-13 Hz, beta: 13-30 Hz, gamma: 30-70 Hz; high gamma: 70-
168 120 Hz). As the analysis results tended to be correlated in the frequency domain, we chose to
169 present only the results for the delta, alpha and gamma band. Alpha-band wPLI in particular is a
170 commonly used measure of functional connectivity (Blain-Moraes et al., 2014; Blain-Moraes et
171 al., 2015; Lee et al., 2013a; Lee et al., 2017; van Dellen et al., 2014). In addition, we observed
172 evidence for alpha-band oscillatory components in the resting state power spectra, further
173 motivating focus on this band. Therefore, our primary measure of functional connectivity was
174 alpha-band wPLI, but connectivity in delta and gamma bands is presented as well for
175 comparison.

176

177 2.3.3. Anatomical reconstruction and ROI parcellation

178 Electrode localization relied on post-implantation T1-weighted structural MR images and post-
179 implantation CT images. All images were initially aligned with pre-operative T1 images using
180 linear coregistration implemented in FSL (FLIRT) (Jenkinson et al., 2002). Electrodes were
181 identified in the post-implantation MRI as magnetic susceptibility artifacts and in the CT as
182 metallic hyperdensities. Electrode locations were further refined within the space of the pre-
183 operative MRI using three-dimensional non-linear thin-plate spline warping (Rohr et al., 2001),
184 which corrected for post-operative brain shift and distortion. The warping was constrained with
185 50-100 control points, manually selected throughout the brain, which aligned to visibly
186 corresponding landmarks in the pre- and post-implantation MRIs.

187 To compare functional connectivity between arousal states, the dimensionality of the
188 adjacency matrices (i.e. the wPLI connectivity matrices) was reduced by assigning electrodes to
189 one of 37 specific ROIs organized into 7 ROI groups (Fig. 3; Table 1; Supplementary Table 2)
190 based upon anatomical reconstructions of electrode locations in each subject. For subdural
191 arrays, it was informed by automated parcellation of cortical gyri (Destrieux et al., 2010;
192 Destrieux et al., 2017) as implemented in the FreeSurfer software package. For depth arrays,
193 ROI assignment was informed by MRI sections along sagittal, coronal and axial planes. For
194 recording sites in HG, delineation of core auditory cortex and adjacent non-core areas (HGPM
195 and HGAL, respectively) was based on physiological criteria (Brugge et al., 2009; Nourski et al.,
196 2016). Specifically, recording sites were assigned to the HGPM ROI if they exhibited phase-
197 locked ECoG responses to 100 Hz click trains and if the averaged evoked potentials to these
198 stimuli featured short-latency (<20 ms) components. Such response features are not present
199 within HGAL. Additionally, correlation coefficients between average evoked potential
200 waveforms recorded from adjacent sites were examined to identify discontinuities in response
201 profiles along HG that could be interpreted as reflecting a transition from HGPM to HGAL.
202 Recording sites identified as seizure foci or characterized by excessive noise, and depth
203 electrode contacts localized to the white matter or outside brain, were excluded from analyses
204 and are not listed in Supplementary Table 2.

205

206 *2.3.4. ROI-based connectivity analysis*

207 Connectivity between ROIs was computed as the average wPLI value between all pairs of
208 recording sites in the two ROIs. For analyses in which connectivity was summarized across
209 subjects (see Fig. 4 and Supplementary Figs. 6 & 7), ROIs were only included if at least 3 out of 5
210 subjects had electrode coverage in that ROI; 29 out of 37 ROIs met this criterion. For display
211 purposes only, adjacency matrices for each subject were averaged across segments assigned to
212 identical arousal states, and the matrices thresholded to retain only the 10% strongest
213 connections. Quantitative analyses were based on unthresholded adjacency matrices.

214 Changes in connectivity with arousal state were evaluated by computing differences
215 between adjacency matrices, and quantified by calculating the operator norm (d) of the

216 difference matrix; smaller values of d indicate more similar matrices. This difference metric was
217 chosen instead of either the Pearson correlation or the Frobenius norm because it retains
218 information about the structure of the matrix. Specifically, for a matrix \mathbf{M} , d_M is the maximum,
219 over all vectors \mathbf{v} with $\|\mathbf{v}\| = 1$, of $\|\mathbf{M}\mathbf{v}\|$, and indicates how much \mathbf{M} stretches these
220 vectors; with \mathbf{M} representing the difference between adjacency matrices measured in two
221 arousal states, \mathbf{v} could represent the inputs to or the activity of the nodes of the network at a
222 particular time point, and $\mathbf{M}\mathbf{v}$ would then be the effect on that activity of the difference in brain
223 state. The operator norm [computed in Matlab as `norm(M)`] is related to the spectrum of $\mathbf{M}^T\mathbf{M}$:
224 $d_M = \text{the square root of the maximum eigenvalue of } \mathbf{M}^T\mathbf{M}$.
225 To compare arousal state-dependent differences in d (for example, to see whether $d_{WS,N1}$ is
226 different than $d_{N1,N2}$), effect sizes were calculated as Cliff's delta, δ ; (Cliff, 1993). Cliff's delta
227 ranges from -1 to 1 where 0 indicates completely overlapping distributions and -1 or 1 indicate
228 distributions where all observed values of one group are less/greater than all observed values
229 of the comparison group. Effect sizes were first calculated for each subject, and then reported
230 as the mean effect size across subjects, δ . A permutation method was used to estimate p -
231 values for these comparisons; within each subject and each experiment (sleep and anesthesia),
232 restricted random permutations of state labels for the data segments, preserving the order of
233 observations, produced an estimated distribution under the null hypothesis that the
234 comparisons do not depend on arousal state (Besag and Clifford, 1989; Winkler et al., 2015).
235 Independent p -values obtained within individual subjects for a given test were combined across
236 subjects using Stouffer's Z-transform method (Heard and Rubin-Delanchy, 2018; Stouffer et al.,
237 1949). Non-parametric approaches (Cliff's delta and permutation method) were preferable to
238 parametric statistics for these data, as the distributions of operator norms and differences were
239 skewed and the magnitude varied between subjects. Given the small number of subjects, these
240 statistical methods treat each subject as a single-case and then combine results in a meta-
241 analysis. Because p -values and effect sizes were first estimated in single subjects, this approach
242 reduces the influence of possible outlier subjects and non-normally distributed measures.

243 2.3.5. Classification analysis

244 We used a classification analysis as an additional evaluation of changes in connectivity as a
245 function of arousal state. Here, data from each subject was divided into 10-second segments,
246 and adjacency matrices were computed for each segment. To ensure that the data from the
247 two experiments (sleep and anesthesia) were on the same scale, adjacency matrices computed
248 from the anesthesia data were scaled by the slope derived from a regression analysis that
249 related wPLI values computed for sleep vs. anesthesia data for each subject. A linear classifier
250 (implemented using SGDClassifier from Python's Scikit-Learn library) was trained on a subset
251 (80%) of WS and N2 segments, and then applied to unseen data from all arousal states (WS, N1,
252 N2, N3, REM, WA, S, U) in each subject. Data from the sleep experiment were chosen over
253 those from the anesthesia experiment to train the classifier because the former yielded many
254 more data segments (see Supplementary Fig. 2). Rather than using a binary classification, we
255 applied a logistic weighting function that assigned each segment a weight from 0 (most 'N2-
256 like') to 1 (most 'WS-like'). We report the median logistic prediction scores across all 25
257 pairwise permutations of WS and N2 train/test splits (4/5 train, 1/5 test) in each subject. Given
258 an unequal number of observations in WS and N2 datasets (see Supplementary Table 3),
259 training sets were balanced in each permutation via random sampling. Hyperparameters
260 corresponding to the strength of regularization (alpha parameter) and the tolerance threshold
261 (i.e. when to stop training the model) were optimized for each training set permutation using
262 three-fold cross-validation. Specifically, each training set was split into three folds, and one of
263 those three folds was used as a test set to evaluate the performance of a given hyperparameter
264 value when training a model on the remaining two folds. For each hyperparameter value
265 evaluated, this process was repeated three times to average over all test sets. Hyperparameter
266 values yielding the lowest average test set error were then used in the final model being
267 applied to unseen data for each train/test permutation. Probability density functions for each
268 arousal state and each subject were estimated from logistic prediction scores using kernel
269 density estimation (ksdensity function in Matlab) and represented as violin plots (see Fig. 5 and
270 Supplementary Fig. 8).

271 2.3.6. *Regional connectivity analysis*

272 State-dependent differences in regional connectivity were quantified by dividing ROIs into a
273 posterior ('back') group (temporal, parietal and occipital ROIs), and an anterior ('front') group
274 (frontal ROIs). Mean alpha-band wPLI across all pairs of recording sites within each group were
275 used to calculate bias in connectivity, defined as the difference between within-posterior and
276 within-anterior connectivity. State-dependence of long-range alpha-band connectivity was
277 assayed by measuring wPLI across the top 25% most distant pairs of recording sites. Euclidean
278 distances between sites were measured using standard 3D coordinates (Right-Anterior-
279 Superior, RAS). Changes in within-posterior versus within-anterior connectivity and changes in
280 long-range connectivity were assessed using permutation analysis as described above for state-
281 dependent differences in d .

282 **3. Results**

283 **3.1. Electrode coverage**

284 Data from a total of 864 recording sites from five subjects (Supplementary Table 1), spanning a
285 total of 37 regions of interest (ROIs) were analyzed (Table 1). Each subject contributed between
286 154 and 198 sites (median 172; Supplementary Table 2, Supplementary Fig. 1). The focus of this
287 study was on changes in cortical connectivity across arousal states. As sensory awareness is a
288 key element of consciousness (Boly et al., 2017), we centered our analysis around cortical
289 hierarchical organization in the auditory modality, which is a convenient choice and a frequent
290 focus of studies of both sleep and general anesthesia (e.g. Liu et al., 2012; Raz et al., 2014;
291 Strauss et al., 2015). Clinical considerations dictated dense sampling of the temporal lobe,
292 including auditory and auditory-related cortex, providing comprehensive electrode coverage
293 across multiple levels of the auditory cortical hierarchy in all subjects.

294

295 **3.2. Defining arousal states**

296 Polysomnography based on scalp electroencephalography (EEG), electrooculography,
297 electromyography, and video was used to assign sleep stages. All five subjects exhibited
298 overnight sleep patterns typical of healthy adult subjects (Supplementary Fig. 2a). There was a
299 high correspondence between the ratio of delta to beta band power in frontal ECoG electrodes
300 and the assigned sleep stage (cf. Kremen et al., 2019). Overnight recordings in all subjects
301 featured wake (WS) state as well as N1, N2 and REM sleep stages; N3 was also observed in 3 of
302 5 subjects (Supplementary Table 3). The total duration of scored recordings in each subject was
303 between 306.8 and 649.6 minutes (median 534.4).

304 During the anesthesia experiment, all subjects transitioned from wake (WA) to sedated
305 (S; OAA/S>2) and unresponsive (U; OAA/S ≤2) states as propofol infusion rate was increased
306 (Supplementary Fig. 2b). OAA/S scores exhibited a good correspondence with bispectral index
307 (BIS) values, as expected for sedation and anesthesia induced by propofol alone (Glass et al.,
308 1997). WA, S and U states were characterized by median BIS values of 93 (range 80-98), 78
309 (range 36-97) and 52 (range 33-74), respectively.

310 **3.3. Changes in spectral power under sleep and anesthesia**

311 Power spectral density (PSD) measurements made during WS and WA states exhibited shapes
312 typical of resting state eyes-closed recordings, with power falling off approximately as $1/f^2$ and
313 broad peaks typically observed in the alpha and beta bands (Fig. 1; Supplementary Fig. 3). There
314 were only small differences observed between WS and N1, and none between WA and S (Fig.
315 2). By contrast, transitions into states N2 and U were characterized by large band- and region-
316 specific changes in PSDs. As expected, N2 sleep was characterized by a widespread increase in
317 delta power (see Fig. 2a). Of note, increases in alpha power in N2, as might be expected due to
318 sleep spindles (Andrillon et al., 2011), were not consistent across subjects. Loss of
319 responsiveness under anesthesia (U) was associated with large increases in delta power within
320 PFC and sensorimotor areas, and a selective increase in alpha power in PFC (see Fig. 2b),
321 consistent with previous observations (Purdon et al., 2013).

322

323 **3.4. Changes in functional connectivity under sleep and anesthesia**

324 Functional connectivity was assayed using the debiased weighted phase lag index (wPLI) (Vinck
325 et al., 2011). As ECoG power spectra featured peaks in the alpha band, we focused on alpha-
326 band wPLI, but presented analyses of functional connectivity in other canonical frequency
327 bands as well. Like other phase-related measures, wPLI can be sensitive to uncorrelated noise
328 (Vinck et al., 2011), leading to correlations with spectral power. However, in the dataset
329 presented here power did not exhibit an appreciable correlation with wPLI residuals (mean
330 across patients $R^2 = 0.02$, maximum $R^2 = 0.04$) after accounting for state, indicating that spectral
331 power changes did not contribute substantially to our measure of functional connectivity.

332 Adjacency matrices were computed first for each pair of recording sites (Fig. 3a), then
333 transformed into ROI-based adjacency matrices (Fig. 3b), from which chord connectivity plots
334 were created (Fig. 3c). Single-subject examples of chord connectivity plots for delta, alpha and
335 gamma bands across arousal states during sleep and anesthesia are shown in Supplementary
336 Figures 4 and 5. Qualitatively, in the wake states (WA, WS) alpha-band connectivity was
337 dominated by connections within and between the temporal and parietal lobes in all five
338 subjects (Fig. 4). This pattern was largely preserved in N1, REM and S states. By contrast, for N2

339 and U, alpha-band connectivity showed a shift to connectivity within prefrontal ROIs and
340 between prefrontal cortex and select ROIs, including HGPM, insula, gyrus rectus and PMC (see
341 Fig. 4, third column). More modest changes in connectivity were observed in other frequency
342 bands (Supplementary Fig. 6). In the three subjects in whom N3 sleep was observed, the shift in
343 alpha-band connectivity was even more pronounced in N3 compared to N2 (Supplementary Fig.
344 7).

345

346 **3.5. Common neural signature of functional connectivity changes in sleep and anesthesia**

347 A striking transition boundary in the alpha-band connectivity patterns between two sets of
348 arousal states: [WS, N1, REM, WA, S] and [N2, N3, U] is apparent in the chord connectivity
349 plots. Differences in the degree of conscious experience in these two sets suggest a functional
350 boundary as well: the first set comprises states in which subjects are responsive (WS, WA, S), or
351 have high incidence of reportable conscious experience within the context of dreaming (N1,
352 REM), while the second set comprises states in which subjects are unresponsive and have low
353 incidence of reportable conscious experience (Eer et al., 2009; Leslie et al., 2009; Siclari et al.,
354 2013). To quantify these observations, changes in connectivity with arousal state were
355 measured using the differences between un-thresholded ROI \times ROI adjacency matrices.
356 Specifically, the magnitude of the difference in connectivity between states J and K was
357 computed as $d_{J,K} = \| \mathbf{A}_J - \mathbf{A}_K \|$, where \mathbf{A} is the adjacency matrix for that state and $\| \mathbf{M} \|$ is the
358 operator norm of the matrix \mathbf{M} (see Methods). Using this metric, functional connectivity was
359 evaluated within each experiment (sleep, anesthesia) to test the hypothesis that differences
360 across the transition boundary (sleep: $d_{N1,N2}$ and $d_{REM,N2}$; anesthesia: $d_{S,U}$) were larger in
361 magnitude than differences that do not cross that boundary (sleep: $d_{WS,N1}$, $d_{WS,REM}$; anesthesia:
362 $d_{WA,S}$). Mean effect sizes across subjects (mean Cliff's delta, δ , see methods) are reported and
363 a permutation test was performed to estimate how chance arrangements of the data compare
364 to the actual differences observed. We found that within the alpha-band, $d_{WS,N1}$ was
365 significantly smaller than $d_{N1,N2}$ ($\delta = 0.38$, $p = 0.00013$), as was $d_{WA,S}$ compared to $d_{S,U}$ ($\delta =$
366 0.70 , $p = 0.046$). Additionally, $d_{WS,REM}$ was significantly smaller than $d_{REM,N2}$ ($\delta = 0.25$, $p =$

367 0.0025). Comparable results (i.e. both $d_{WS,N1} < d_{N1,N2}$ and $d_{WA,S} < d_{S,U}$ significant) were not found
368 within delta and gamma bands (Supplementary Fig. 6; Supplementary Table 4).

369 Further support for a transition boundary distinguishing alpha-band connectivity profiles
370 was provided by classification analysis (Fig. 5a). Rather than starting with the average
371 connectivity profiles, as in the difference norms analysis above, the classification analysis was
372 based directly on the minute-by-minute connectivity matrices measured during the overnight
373 sleep experiment. The classifier was trained on data segments from two states appearing to fall
374 on either side of the boundary, WS and N2, and then tested on data segments from all arousal
375 states. We used a logistic weighting function to assign a value between 0 ('N2-like') and 1 ('WS-
376 like') to each segment. For this analysis, adjacency matrices were calculated from shorter (10-
377 second) segments of data to provide a larger dataset on which to train the classifier, and the
378 analysis was performed on each subject separately. As expected, median prediction scores on
379 N2 and WS were highly skewed toward 0 and 1, respectively (N2: 0.10; WS: 0.90). Separation in
380 median prediction score for N2 and WS segments was greater for alpha (difference of medians
381 = 0.80) compared to other frequency bands (delta, difference of medians = 0.54; gamma,
382 difference of medians = 0.49). N3 data were classified as 'N2-like' (median logistic prediction
383 score = 0.12). Importantly, both N1 and REM tended to be classified as 'WS-like' (median
384 logistic prediction score = 0.68 and 0.56, respectively). These results were generally consistent
385 across the five subjects (Supplementary Fig. 8).

386 The similarities between connectivity profiles measured during sleep and anesthesia
387 (i.e. between WS and WA, between N1 and S, and between N2 and U; Fig. 4) suggest a
388 commonality in the mechanisms governing transitions between arousal states in the two
389 experiments. The hypothesis that certain pairs of states in sleep and anesthesia can be
390 considered 'equivalent' (i.e. WS and WA, N1 and S, N2 and U) was tested by comparing the
391 distances between alpha-band connectivity profiles measured in equivalent states with those
392 measured in states hypothesized to be 'non-equivalent' (i.e. on opposite sides of the transition
393 boundary in Figure 4). Thus, $d_{\text{Equivalent}}$ (i.e. $d_{WS,WA}$, $d_{N1,S}$ and $d_{N2,U}$) were compared to $d_{\text{Non-equivalent}}$ [i.e.
394 mean ($d_{WS,U}$, $d_{WA,N2}$), mean ($d_{N1,U}$, $d_{S,N2}$) and mean ($d_{N1,U}$, $d_{S,N2}$), respectively]. We found that
395 $d_{WS,WA}$ and $d_{N1,S}$ were significantly smaller than their corresponding $d_{\text{Non-equivalent}}$ ($\delta \square = 0.22$, $p =$

396 0.0022 and $\delta \square = 0.23$, $p = 0.00076$, respectively) but $d_{N2,U}$ was not ($\delta \square = 0.14$, $p = 0.31$). These
397 data indicate similarity in alpha-band connectivity profiles observed during N1 sleep and
398 sedation. Comparable results (i.e. both $d_{WS,WA}$ and $d_{N1,S}$ significantly smaller than their
399 corresponding $d_{\text{Non-equiv}}$) were not found within delta and gamma bands (Supplementary Fig. 6;
400 Supplementary Table 4).

401 Classification analysis also provided support for the idea that connectivity profiles under
402 sleep and anesthesia overlap. Here, classifiers trained on WS and N2 data from the sleep
403 experiment (see Fig. 5a) were applied to anesthesia data (Fig. 5b) in order to determine
404 whether the transition boundary observed during sleep generalized to changes in arousal state
405 under anesthesia. The classifiers tended to assign WA and S segments to the WS-like category
406 (median logistic prediction score = 0.68 and 0.55, respectively) and assigned U segments with
407 high probability to the N2-like category (median logistic prediction score = 0.11). Taken
408 together, the results of these two analyses suggest substantial overlap in connectivity profiles
409 between 'equivalent' sleep and anesthesia arousal states.

410

411 **3.6. Regional distribution of functional connectivity strength across arousal states**

412 The changes in regional distribution of connectivity across the transition boundary, i.e. the shift
413 from temporo-parietal to prefrontal connectivity, were strikingly similar in the sleep and
414 anesthesia experiments (see Fig. 4). Boly and colleagues (Boly et al., 2017) presented evidence
415 that the neural correlates of consciousness correspond primarily to activity in the 'back' of the
416 brain, specifically involving broad regions in the temporal, parietal and occipital lobes, and
417 excluding regions in the frontal lobe. Motivated by this perspective, we quantified the
418 differences in regional connectivity observed across arousal states in the current study. We
419 divided ROIs into two groups: a posterior group that included all temporal, parietal and occipital
420 ROIs, and an anterior group that included all frontal ROIs. We then compared the mean alpha-
421 band wPLI across all pairs of recording sites within each group, and calculated a regional bias in
422 connectivity as the difference between within-anterior and within-posterior connectivity. Figure
423 6a shows the bias in connectivity, with biases toward within-posterior connectivity indicated by
424 negative values and within-anterior by positive values. There was a shift from posterior and

425 towards anterior connectivity with reduced arousal in both sleep [change in regional bias from
426 N2-N1 $\delta \square = 0.69, p < 0.0001$; N2-WS $\delta \square = 0.72, p < 0.0001$] and anesthesia (S-WA $\delta \square = 0.98, p$
427 $= 0.0011$; U-S $\delta \square = 1.0, p = 0.00037$; U-WA $\delta \square = 1.0, p < 0.0001$). The shift from WS to N1 was
428 not significant (N1-WS $\delta \square = 0.34, p = 0.093$). REM was different from N2 (N2-REM $\delta \square = 0.81, p$
429 < 0.0001) but not significantly different from wake (REM-WS $\delta \square = 0.23, p = 0.30$). Thus, the
430 data indicate that alpha-band connectivity in WS versus N2 and in WA versus U exhibits a
431 similar shift from connectivity within posterior towards connectivity within anterior regions.

432 Finally, disruption in long-range cortico-cortical connectivity has been noted upon LOC
433 during sleep and anesthesia in several studies (Boly et al., 2012a; Lee et al., 2013b; Ranft et al.,
434 2016; Spoormaker et al., 2010), though these findings have been challenged by other studies
435 (Boly et al., 2012b; Lee et al., 2017; Monti et al., 2013; Murphy et al., 2011). To investigate this
436 issue in the dataset presented here, we assayed the state-dependence of long-range alpha-
437 band connectivity by measuring wPLI across the most distant pairs of recording sites, defined as
438 highest quartile of Euclidean distances in each subject (Fig. 6b). We found no evidence for a
439 decrease in long-range functional connectivity, observing a rather modest increase in N2 and U
440 relative to wake (N2-WS $\delta \square = 0.56, p < 0.0001$; U-WA $\delta \square = 0.74, p = 0.0061$) and N1/S (N2-N1
441 $\delta \square = 0.63, p < 0.0001$; U-S $\delta \square = 0.86, p = 0.0056$). We did not find significant changes in long-
442 range connectivity between WS and N1 (N1-WS $\delta \square = -0.19, p = 0.15$) or WA and S (S-WA $\delta \square = -$
443 $0.05, p = 0.68$), but long-range connectivity was reduced in REM (R-WS $\delta \square = -0.69, p =$
444 0.00041).

445 **4. Discussion**

446 The search for reliable biomarkers of LOC/ROC is of great scientific interest and clinical
447 relevance for anesthesia (Drummond, 2000) as well as for diagnosis and prognosis of disorders
448 of consciousness (Bayne et al., 2017; Bernat, 2017). Here, we leveraged a unique opportunity to
449 obtain intracranial electrophysiological recordings from neurosurgery patients both during
450 natural sleep and under propofol anesthesia. We found that different arousal states were
451 associated with distinct patterns of functional connectivity. This association was similar for
452 sleep and anesthesia, suggesting that cortical network configuration could index changes in
453 consciousness.

454

455 ***4.1. ROI- and band-specific effects of sleep and anesthesia on power spectral density***

456 A practical biomarker of conscious vs unconscious state must generalize to multiple settings
457 where LOC is encountered, including sleep and general anesthesia. Previous attempts to use
458 band-specific power to distinguish arousal states under general anesthesia have been largely
459 unsuccessful (Otto, 2008; Struys et al., 1998). This difficulty likely stems from agent-specific
460 changes in power spectra, for example differing between propofol, ketamine and
461 dexmedetomidine anesthesia (Mashour, 2020). The changes that we observed during natural
462 sleep, specifically widespread increases in spectral power in the delta band (see Fig. 2a), are
463 hallmarks of N2 and N3, but not N1, sleep (Prerau et al., 2017; Steriade et al., 1993). In contrast
464 to observations during natural sleep, under propofol anesthesia we observed region-specific
465 (not global) increases in delta power (see Fig. 2b), and increases in frontal alpha power (see Fig.
466 2b). These observations under propofol are consistent with previous reports (Chennu et al.,
467 2016; Feshchenko et al., 2004; Ni Mhuirheartaigh et al., 2013; Purdon et al., 2013; Supp et al.,
468 2011; Tinker et al., 1977; Wang et al., 2014) and some have suggested that changes in frontal
469 alpha and delta power are reliable indicators of loss of consciousness under propofol (Purdon
470 et al., 2013). However, a recent study using the isolated forearm technique challenges the
471 reliability of such an approach (Gaskell et al., 2017). Consistent with the latter findings, changes
472 in power in the present study did not consistently distinguish N1 from N2 and S from U (see Fig.
473 2). In addition, these changes across arousal states were not consistently paralleled by changes

474 in connectivity. For example, alpha power did not consistently increase in N2 compared to WS
475 and N1 states, yet this band exhibited the most prominent connectivity changes observed
476 during sleep (see Fig. 2, Fig. 4). Conversely, although the transition to N2 and N3 sleep was
477 characterized by an increase in delta power in multiple ROIs, connectivity within and across
478 these ROIs did not undergo a comparable degree of reorganization (see Fig. 2, Supplementary
479 Fig. 6a). These results indicate that the observed changes in connectivity do not merely follow
480 changes in power and instead reflect functional reorganization of cortical networks. The
481 absence of meaningful correlations between connectivity and power (see Results) further
482 support this idea.

483

484 ***4.2. Changes in connectivity during sleep and anesthesia***

485 The sharing of information between cortical regions is a critical element in theories of
486 consciousness and brain function (Dehaene and Changeux, 2011; Friston, 2005; Tononi et al.,
487 2016). Altered cortical connectivity observed during sleep and anesthesia has been interpreted
488 within this theoretical context to explain reduced awareness upon LOC (Alkire et al., 2008;
489 Mashour and Hudetz, 2017). Although there have been studies that examined functional
490 connectivity during sleep and anesthesia (Boly et al., 2012a; Boly et al., 2012b; Lee et al., 2017;
491 Lee et al., 2013b; Murphy et al., 2011; Ranft et al., 2016; Spoormaker et al., 2010), no previous
492 study has directly compared the two in the same subjects. Of particular relevance is the study
493 by Murphy et al. (Murphy et al., 2011) that examined changes in neural activity during sleep
494 and anesthesia. However, that study utilized data from two different sets of subjects and did
495 not compare changes in functional connectivity between the two data sets. A recent study in
496 human volunteers that did measure changes in functional connectivity patterns derived from
497 fMRI during transitions in arousal state found substantial differences between sleep and
498 propofol anesthesia (again, imaged in two different groups of subjects) (Li et al., 2018).
499 Interestingly, the latter study found that cortical changes during NREM sleep were confined to
500 frontal cortex, while changes under propofol anesthesia were widespread. Here, measuring
501 ECoG-derived functional connectivity in the same subjects during sleep and anesthesia, we

502 found substantial overlap in the regional changes in functional connectivity during transitions in
503 arousal state.

504 We observed consistent and pronounced changes in connectivity upon transitions into
505 N2 and U, specifically increased connectivity within and between anterior (frontal) brain
506 regions, as has been observed using electrophysiological measures previously under propofol
507 anesthesia (Purdon et al., 2013; Supp et al., 2011), and reduced connectivity elsewhere. What is
508 novel about the results presented here is the degree of overlap between changes in
509 connectivity profiles across arousal states in sleep and anesthesia, including a pronounced
510 transition boundary between N1 and N2 and between S and U (Fig. 4). On a superficial level,
511 one might expect some overlap in arousal states, and thus in the changes upon transitions
512 between arousal states, during sleep and anesthesia, yet differences are expected as well. For
513 example, WS and WA are both wake states, but disparities in the time of day of the recordings
514 (overnight versus morning), the behavioral state of the subject (e.g. WA was just prior to major
515 surgery) and environment (monitoring suite versus operating room) could result in substantial
516 differences in cortical network organization. Similarly, although both N2 and U are
517 unresponsive states with low probability of reportable conscious experience, differences in
518 brain state due to the presence of the anesthetic agent versus endogenous sleep factors might
519 result in distinct brain connectivity patterns.

520 Previous studies of the incidence of dreaming and conscious experience under
521 anesthesia suggest that the observed transition boundary may reflect entry into and out of
522 conscious states. Specifically, on one side of the boundary are states in which subjects are likely
523 having conscious experiences, i.e. responsive (WS, WA, S) or dreaming frequently and vividly
524 with high incidence of reportable conscious experience (REM, N1). On the other side are
525 arousal states in which subjects are unlikely to be having conscious experiences, i.e.
526 unresponsive and with low incidence of reportable conscious experience (Leslie et al., 2009;
527 Siclari et al., 2013). This boundary was observed both with difference norms and classification
528 analyses applied to the ROI-by-ROI adjacency matrices (see Fig. 4, 5) and with the analysis of
529 intra-regional and long-range connectivity (see Fig. 6). However, even though connectivity
530 patterns during propofol sedation (S) generally aligned with other conscious states, both the

531 classification and intra-regional connectivity analyses were consistent with fluctuations in
532 arousal level in this state (see Fig. 5b, 6a).

533 A recent essay on the neural correlates of consciousness (NCC) suggests an interesting
534 interpretation of these changes in connectivity. Boly and colleagues (Boly et al., 2017)
535 presented evidence from lesion studies and from experiments utilizing serial awakening during
536 sleep to argue that the “full NCC”, that is the collection of all regions underlying specific
537 contents of consciousness, comprises large portions of the parietal, occipital, and temporal
538 lobes, whereas frontal lobe structures underlie functions associated with, but not necessary for,
539 those conscious contents. The regions within the full NCC are most closely associated with
540 sensory awareness, and thus would underlie the internal generative models central to theories
541 of predictive processing and the mismatch detection and message passing functions critical to
542 those schemes (Friston, 2005). Alpha-band power and phase synchronization in particular are
543 associated with feedback connectivity in the visual cortical hierarchy (van Kerkoerle et al.,
544 2014). Thus, it is possible that the shift in cortical connectivity from predominantly temporo-
545 parieto-occipital (posterior) to frontal (anterior) upon LOC may reflect a reduction in predictive
546 processing during states of reduced consciousness. This is consistent with the finding that
547 anterior alpha synchronization of EEG in response to propofol correlates with disrupted sensory
548 processing in human volunteers (Supp et al., 2011).

549 Although clinical considerations precluded electrode coverage of the thalamus, previous
550 studies suggest that some of the changes in cortico-cortical connectivity observed in this study
551 could be driven by altered thalamo-cortical synchronization (Saalman et al., 2012). For
552 example, the increased thalamo-cortical synchronization observed during sleep spindles
553 (Andrillon et al., 2011) and during propofol anesthesia (Flores et al., 2017) may have a similar
554 effect on functional connectivity within frontal cortex, as suggested by computational studies
555 (Vijayan et al., 2013). However, the observations that the frontal shift in alpha-band
556 connectivity was even more pronounced in N3 than it is in N2 (Supplementary Fig. 7), even
557 though spindles are less common in N3 (Andrillon et al., 2011), and that significant changes in
558 alpha power were not observed during sleep (see Fig. 2a), suggest that the changes in alpha-
559 band connectivity were unlikely driven solely by sleep spindle activity.

560 The disintegration of cortical networks observed upon LOC during sleep, anesthesia and
561 coma (Alkire et al., 2008) has been ascribed to disrupted long-range connectivity. For example,
562 several reports suggest reduced resting-state cortico-cortical (fronto-parietal) feedback
563 connectivity under a variety of anesthetic agents, including propofol (fMRI: Boly et al., 2012a;
564 Ranft et al., 2016; EEG: Lee et al., 2013b), consistent with results using invasive
565 electrophysiological recordings in rodent models (Imas et al., 2005; Raz et al., 2014). Disrupted
566 long-range resting-state functional connectivity has also been reported in fMRI studies during
567 NREM sleep (Spoormaker et al., 2010) and anesthesia (Ranft et al., 2016). However, other
568 studies have shown no differences in changes in short- versus long-range connectivity (fMRI:
569 Monti et al., 2013), or even increases in long-range connectivity during anesthesia (fMRI:
570 Murphy et al., 2011; EEG: Lee et al., 2017) and sleep (fMRI: Boly et al., 2012b). Similarly, in the
571 present study, we saw little evidence for decreases specifically in long-range connections (see
572 Fig. 6b). The reasons for the diverse findings of the effects on connectivity are unclear. It is
573 possible that the dynamics and heterogeneity of the resting state cortical network contribute to
574 this diversity. For example, network configuration prior to LOC has been shown to influence
575 observed changes in connectivity during sleep (Wilson et al., 2019). Application of methods to
576 these data that can characterize connectivity at finer temporal resolution may address this
577 issue.

578

579 ***4.3. Caveats and limitations***

580 The key limitations of this study are the small number of participants ($n = 5$), and that the
581 subjects had a neurologic disorder, and thus may not be entirely representative of a healthy
582 population. These caveats are inherent to all human intracranial electrophysiology studies. Our
583 statistical methods focused on within-subject comparisons between states and should be
584 generalized with caution. However, results were consistent across subjects who all had
585 different clinical histories of their seizure disorder, antiepileptic medication regimens, and
586 seizure foci. Recordings from cortical sites confirmed to be seizure foci were excluded from
587 analyses. Finally, all subjects participated in multiple additional research protocols over the
588 course of their hospitalization, including a range of behavioral tasks. Behavioral and neural data

589 obtained in these other experiments were examined for consistency with a corpus of published
590 human intracranial electrophysiology data (reviewed in Nourski, 2017). None of the subjects
591 exhibited aberrant responses that could be interpreted as grounds for caution in inclusion in
592 this study.

593 The motivation for exploring changes in connectivity across arousal states is to elucidate
594 the neural underpinnings that define these states. We note, however, that the arousal states as
595 defined in this study are likely non-uniform regarding consciousness. For example, healthy
596 adults are able to report on conscious experience (i.e. dreaming) about 40% and 20% of the
597 time in N2 and N3 sleep (Siclari et al., 2013). Dreaming also occurs under propofol anesthesia in
598 about 20% of patients (Leslie et al., 2009). This suggests that differences in brain connectivity
599 between the conscious and unconscious states may be even greater than those reported here,
600 had it been possible to reliably distinguish dreaming vs. non-dreaming states in our data set.

601 We also note the challenges in assessing awareness under anesthesia, and specifically
602 the delicate balance between interrogating a subject's awareness and changing the state of
603 their arousal with that interrogation. The approach employed here, the OAA/S, is considered
604 the gold standard for assessing awareness in the perioperative setting (Chernik et al., 1990),
605 and it has been cross-validated using EEG-based measures such as BIS (Vanluchene et al., 2004).
606 The BIS values recorded in the current study corresponded well to those associated with wake,
607 sedated and unconscious states in previous reports (Vanluchene et al., 2004). Importantly, we
608 did not observe consistent increases in BIS values post-OAA/S assessments compared to pre-
609 OAA/S assessments (see Supplementary Fig. 2), indicating that our assessments likely did not
610 alter the arousal state of the subjects.

611

612 ***4.4. Functional significance and future directions***

613 The results presented here have broad implications for understanding the neural mechanisms
614 associated with loss of consciousness and for better understanding and differential diagnosis of
615 disorders of consciousness. We demonstrate a transition boundary in profiles of functional
616 connectivity that separates states of different levels of consciousness. Phase synchronization is
617 postulated to mediate rapid communication of conscious content over multiple spatial scales in

618 cortex, contributing importantly to the rich repertoire of human behavior that characterizes
619 conscious states (Fries, 2015). The finding that changes in functional connectivity based on
620 phase synchronization indexes arousal state similarly in both sleep and anesthesia motivates
621 further exploration of the changes in brain activity and connectivity common to changes in
622 consciousness. These findings have practical clinical ramifications as well. Connectivity can be
623 measured non-invasively using EEG or fMRI in patients with disorders of consciousness.
624 Algorithms that track region-specific functional connectivity may provide a basis for noninvasive
625 monitoring of arousal state in patients otherwise inaccessible to standard assessments of
626 arousal based on response to command. Future experiments aimed at exploring in more detail
627 the differences between LOC in sleep and anesthesia, and generalizing to other anesthetic
628 agents such as dexmedetomidine and volatile anesthetics, will elucidate further fundamental
629 questions about the nature of consciousness and arousal that remain unresolved.

630

631 **Acknowledgements**

632 This work was supported by the National Institutes of Health (grant numbers R01-DC04290,
633 R01-GM109086, UL1-RR024979). We are grateful to Jess Banks, Haiming Chen, Phillip Gander,
634 Christine Glenn, Bradley Hindman, Matthew Howard, Rashmi Mueller, Ariane Rhone, Robert
635 Sanders, Beau Snoad, Mitchell Steinschneider, Deanne Tadlock, and Thoru Yamada for help
636 with data collection, analysis, and comments on the manuscript.

637

638 **Author Contributions**

639 M.I.B and K.V.N. designed the experiments. M.I.B., C.K.K., H.K. and K.V.N. collected the data.
640 M.I.B., B.M.K., C.M.E., D.I.C., C.K.K., M.E.D. and K.V.N. analyzed the data. M.I.B., B.M.K. and
641 K.V.N. drafted and revised the manuscript.

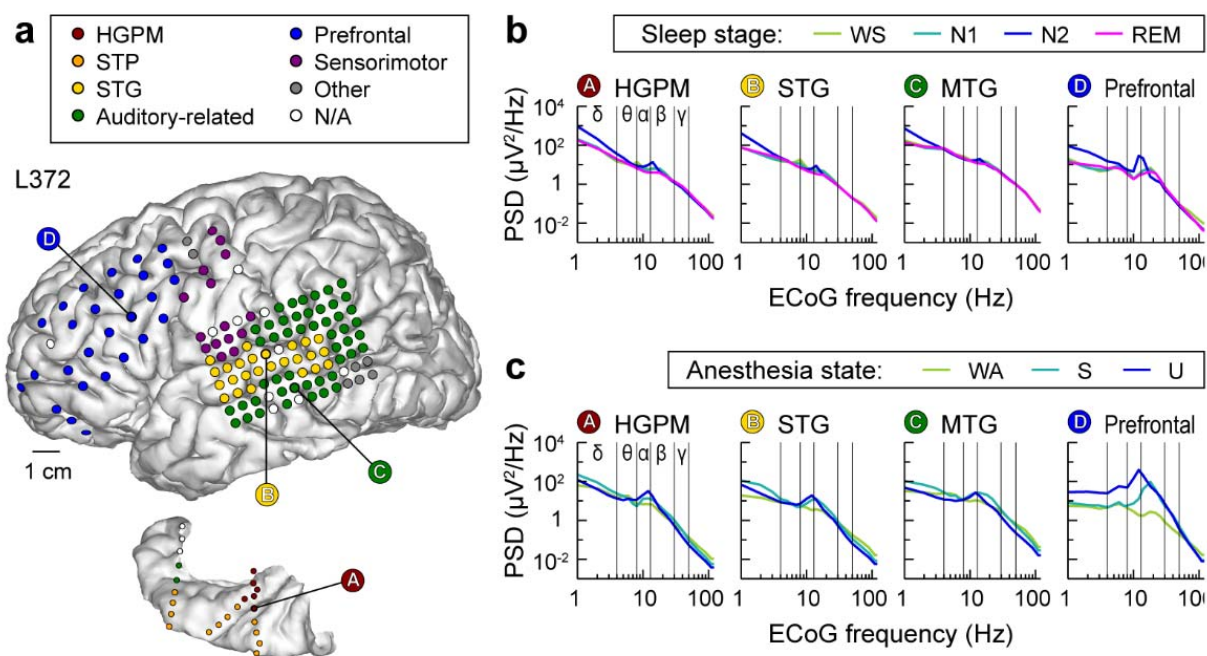
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643 **Competing Interests Statement**

644 The authors declare no competing financial interests.

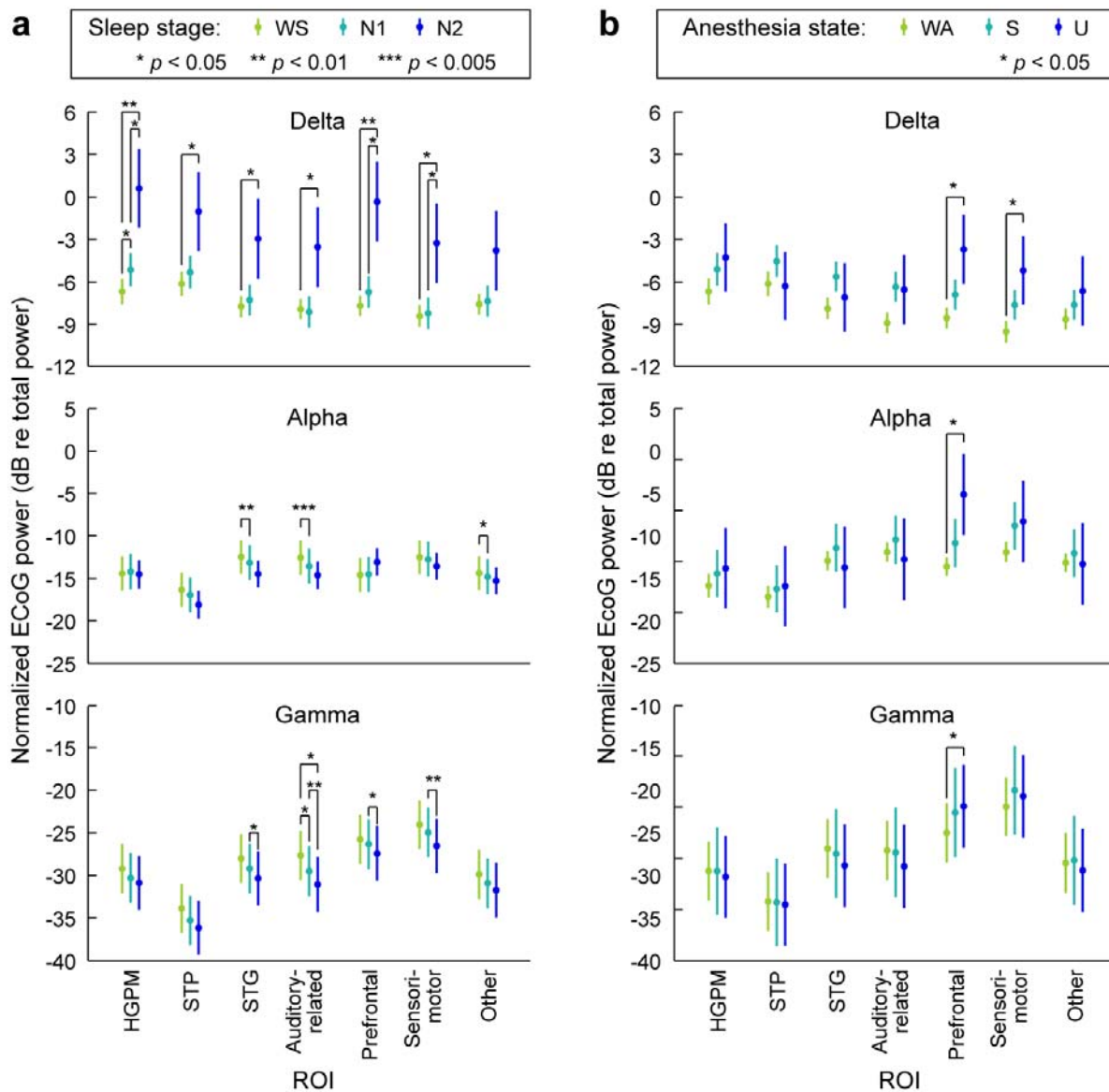
645 **Figures**

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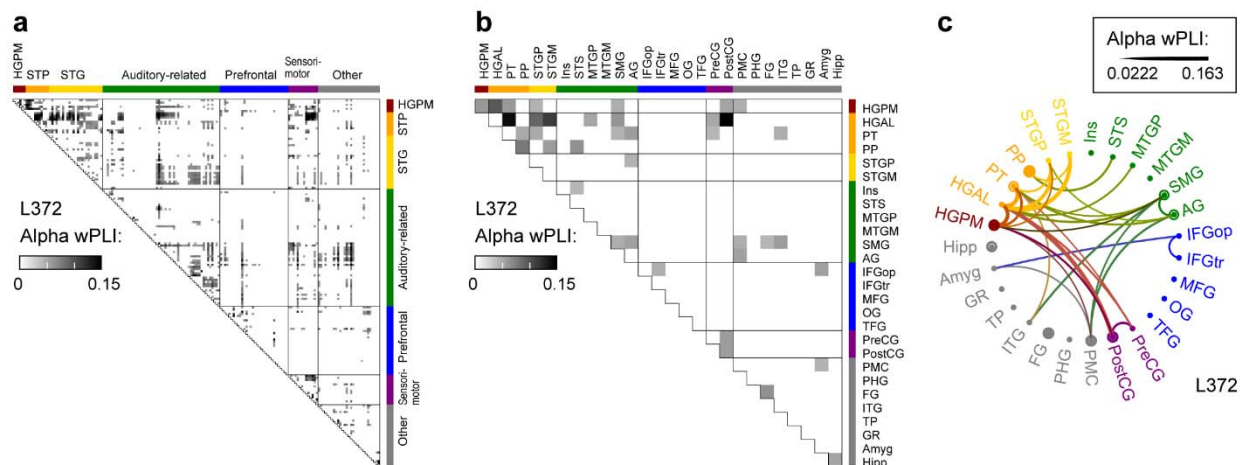
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648 **Fig. 1: Electrode coverage and electrocorticographic (ECoG) power spectra.** Exemplary data
 649 from subject L372. **a**, Electrode coverage of the lateral surface of the left cerebral hemisphere
 650 (top) and left superior temporal plane (bottom). Recording sites are color-coded according to
 651 the region of interest group (see Methods for details and Supplementary table 2 for
 652 abbreviation key). **b**, ECoG power spectra during sleep. Data from four representative sites
 653 (left-to-right). WS: wake (sleep experiment); PSD: power spectral density. **c**, ECoG power
 654 spectra during anesthesia. WA: wake (anesthesia experiment); S: sedated; U: unresponsive.

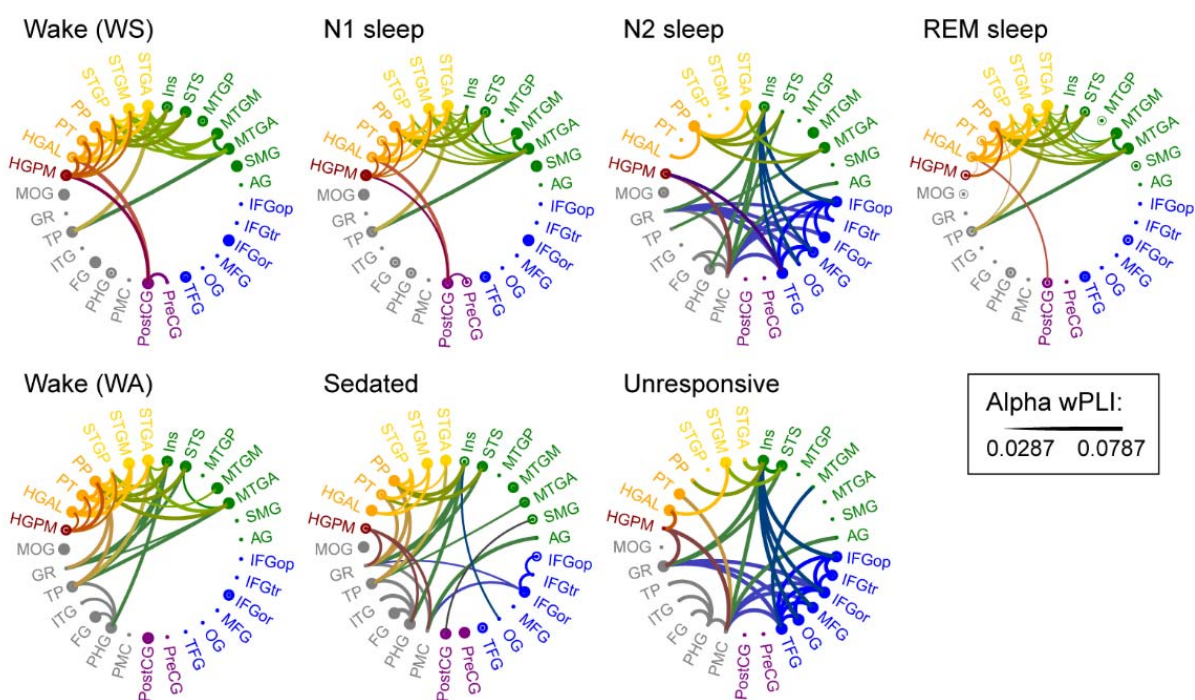


655

656 **Fig. 2: Changes in ECoG band power across arousal states.** **a**, ECoG band power during sleep,
 657 plotted as marginal means and 95% confidence intervals. **b**, ECoG band power during
 658 anesthesia. Data from 5 subjects. Changes in delta, alpha and gamma power are shown in top,
 659 middle and bottom rows, respectively. WS: wake (sleep experiment), WA: wake (anesthesia
 660 experiment); S: sedated; U: unresponsive.



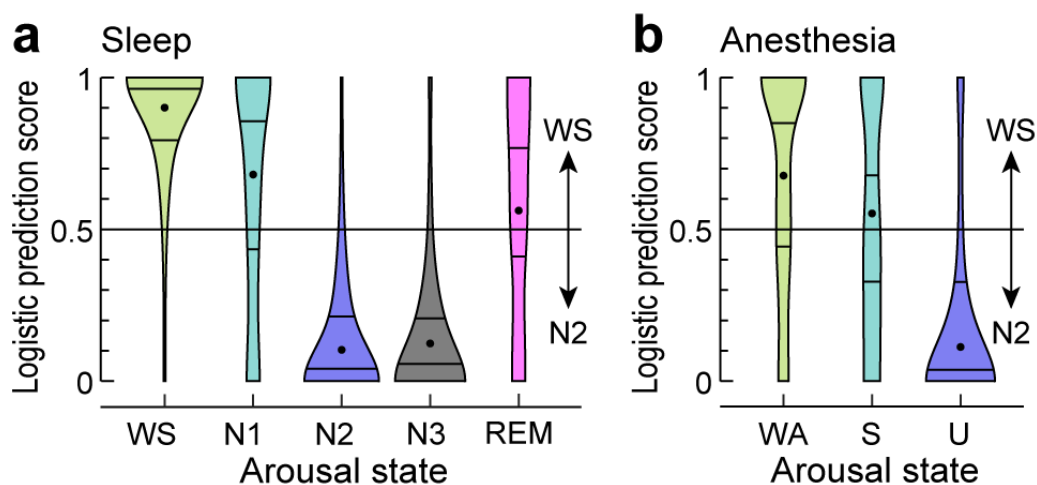
661
 662 **Fig. 3: Analysis of alpha-band functional connectivity in wake state.** Example from subject
 663 L372. **a**, Adjacency matrix for all recording sites. **b**, Adjacency matrix, collapsed for all regions of
 664 interest (ROIs). **c**, Chord connectivity plot. Line thickness reflects mean wPLI values that
 665 characterize pairs of ROIs. For display purposes, the chord plot was thresholded to retain the
 666 10% strongest connections.



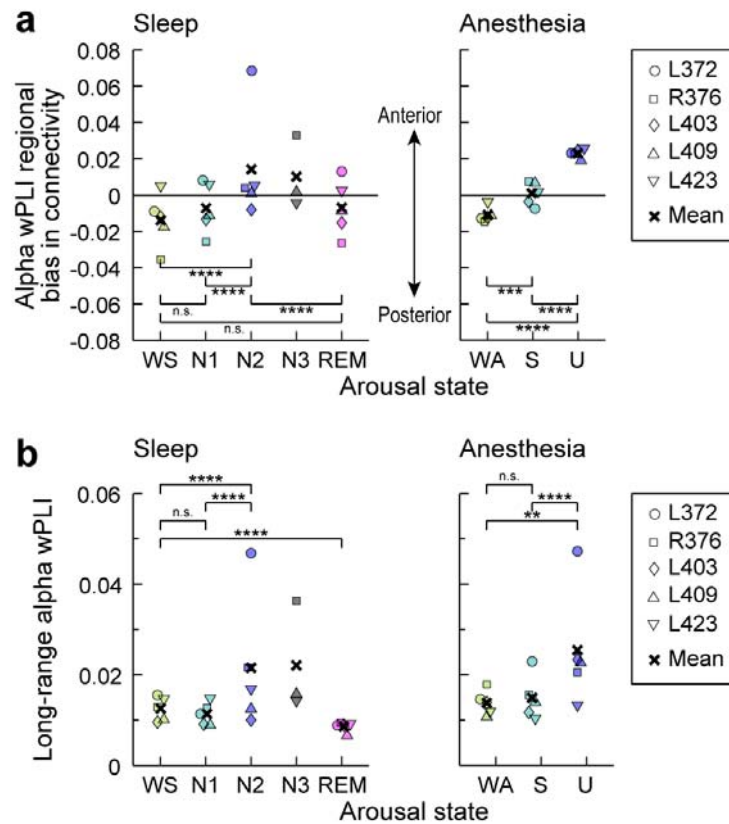
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668 **Fig. 4: ROI-based analysis of alpha-band functional connectivity across arousal states. Data**

669 from five subjects. See caption of Fig. 3c for details.



670
671 **Fig. 5: Classification of data segments.** Logistic prediction distributions for adjacency matrices
672 from sleep and anesthesia arousal states (panels **a** and **b**, respectively) analyzed by a linear
673 classifier trained on a subset of WS and N2 data. Each violin plot shows the average distribution
674 across five subjects (except for N3, which is for 3 subjects). Centered dot and surrounding
675 horizontal lines represent each distribution's median and first and third quartiles, respectively.
676 For distributions from individual subjects, see Supplementary Figure 8.



677

678 **Fig. 6: Intra-regional and long-range connectivity changes with arousal state.** **a:** Mean alpha
 679 wPLI averaged within posterior quadrants of the adjacency matrices minus the average within
 680 anterior quadrants. Values greater than zero indicate greater within-posterior connectivity
 681 compared to within-anterior connectivity. **b:** Mean alpha wPLI values for recording site pairs
 682 distanced greater than the 75th percentile. Significance: n.s., $p > 0.05$; **, $p < 0.01$; ***, $p <$
 683 0.005 ; ****, $p < 0.001$ (permutation test). Although subject L372 exhibited larger effects than
 684 the others in N2 for both analyses, and in U for the long-range connectivity analysis, statistical
 685 significance and conclusions were robust to omitting that subject's (or any individual subject's)
 686 data from the analyses.

687 **Tables**

688 **Table 1. Regions of interest.**

ROI	ROI abbrev.
<i>Auditory core:</i>	
Heschl's gyrus, posterolateral	HGPM
<i>Superior temporal plane (STP):</i>	
Heschl's gyrus, anterolateral	HGAL
Planum temporale	PT
Planum polare	PP
<i>Superior temporal gyrus (STG):</i>	
Superior temporal gyrus, posterior	STGP
Superior temporal gyrus, mid	STGM
Superior temporal gyrus, anterior	STGA
<i>Auditory-related:</i>	
Insula	Ins
Superior temporal sulcus	STS
Middle temporal gyrus, posterior	MTGP
Middle temporal gyrus, mid	MTGM
Middle temporal gyrus, anterior	MTGA
Supramarginal gyrus	SMG
Angular gyrus	AG
<i>Prefrontal:</i>	
Inferior frontal gyrus, pars opercularis	IFGop
Inferior frontal gyrus, pars triangularis	IFGtr
Inferior frontal gyrus, pars orbitalis	IFGor
Middle frontal gyrus	MFG
Superior frontal gyrus*	SFG
Orbital gyrus	OG
Transverse frontopolar gyrus	TFG
Cingulate gyrus, anterior*	CGA
<i>Sensorimotor:</i>	
Precentral gyrus	PreCG
Postcentral gyrus	PostCG
<i>Other:</i>	
Premotor cortex	PMC
Parahippocampal gyrus	PHG
Fusiform gyrus	FG
Inferior temporal gyrus	ITG
Temporal pole	TP
Gyrus rectus	GR
Superior parietal lobule*	SPL
Middle occipital gyrus	MOG
Inferior occipital gyrus*	IOG
Lingual gyrus*	LG
Cingulate gyrus, mid*	CGM
Amygdala	Amyg
Hippocampus	Hipp

689 *Limited coverage (present in 1 or 2 subjects out of 5)

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