Association of *Bacteroides acidifaciens* relative abundance with high-fibre

diet-associated radiosensitisation

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Abstract

Background: Patients with pelvic malignancies often receive radiosensitising chemotherapy

with radiotherapy to improve survival, at the expense of increased normal tissue toxicity.

Other investigators showed slower tumour growth in mice fed high-fibre diets. We

hypothesised that mice fed a high-fibre diet would have improved tumour control following

ionising radiation (IR) and that this would be mediated through the gut microbiota.

CD1 nude mice were implanted with human bladder cancer flank xenografts simultaneously

with starting a low- or high-fibre (HF; soluble (inulin), insoluble (cellulose) and mixed

(50:50)) diet.

Result: Significantly higher relative abundance of *Bacteroides acidifaciens* was seen in the

gut (faecal) microbiome of the soluble HF group after 2 weeks of diet, by 16S rRNA

sequencing. Soluble HF resulted in delayed time to treble tumour volume after IR compared

to the other groups. Within the soluble HF group, responders to IR had significantly higher

abundance of *B. acidifaciens* than non-responders. When all mice fed with different diets

were pooled, an association was found between the survival time of mice and relative

abundance of *B. acidifaciens*.

Conclusions: High fibre diets sensitised tumour xenografts to irradiation and this phenotype

was associated with modification of the microbiome and positively correlated with *B.*

acidifaciens abundance. Our findings might be exploitable for improving radiotherapy

response in human patients.

Keywords (up to 10): Gut microbiome, dietary fibre, inulin, cellulose, radiotherapy,

radiosensitisation, pelvic tumour, *B. acidifaciens*, *Parabacteroides*

1 Background

Patients with pelvic tumours, including bladder, cervix and rectal cancers, who are receiving

radiotherapy are often given additional radiosensitising chemotherapy to improve cure

rates, at the expense of increased toxicity in local organs and tissues (1, 2). With an ageing

population, new approaches to radiosensitisation are urgently required. One such approach

might be to modify the intake of dietary fibre by supplements before and during

radiotherapy or current standard chemoradiation schedules, which would be a very cost-

effective strategy, not expected to add to normal tissue toxicity (3, 4).

Wei *et al* showed slower growth rates of subcutaneous lymphoma xenografts in mice fed a

high fibre diet (8%) compared to mice on a low-fibre diet, with similar findings in both

immune-deficient and immune-competent models (5). This was associated with increased

plasma and tumour butyrate levels, but the authors did not investigate the effects of the

diet on the gut microbiome.

Dietary fibre manipulation can very rapidly alter the human gut microbiome, with changes

in faecal short chain fatty acid (SCFA) levels seen only one day after the diet reaches the

distal gut (6). Dietary fibre can also mediate systemic immune effects (7), as can the

microbiota-derived SCFAs (8, 9). Furthermore, dietary fibre structures align with phenotypes

of specific microbes that differ in their metabolic pathways (10). SCFAs are known to confer

anti-cancer effects (5, 8, 9). Other metabolites, including small intermediate and end by-

products of endogenous metabolic pathways, products of microbe-host co-metabolism and

exogenous signals arising from diet, drugs and other environmental stimuli might also be

important (11).

We hypothesised that systemic effects of altered metabolites secreted by gut bacteria on

tumours, due to dietary fibre modification, could be exploited in conjunction with ionising

radiation (IR) to achieve radiosensitisation.

The aims of this study were to examine the impact of the diet on the microbiome before

and after irradiation, and to correlate diet-induced microbiome changes with tumour

growth and response to radiation treatment.

Results

The environmental microbiome had minimal impact on gut microbiome analysis

Female CD1 nude mice were injected subcutaneously with RT112 bladder carcinoma cells,

and, at the same time, they commenced a modified diet, namely, one of the following: low

dietary fibre (0.2% cellulose), low fibre with butyrate in drinking water, high soluble fibre

(10% inulin), high insoluble fibre (10% cellulose) and high mixed fibre (5% cellulose, 5%

inulin) (Figure 1A and Additional file 1: Table S1). We quantified bacterial loads using PCR

and gel electrophoresis, compared to known numbers of *E. coli* colony forming units (CFU).

Our mouse samples contained more than 10^4 bacterial CFUs which appeared to override

contaminating species in the sample microbial communities (Figure 1B). The PBS negative

control was processed from the start of the DNA extraction identically to the luminal

contents and tissue samples. The amount of nucleic acid detected in the PBS negative

controls was extremely low, compared to that in the gut microbiota (Figure 1C).

Furthermore, the community microbiome in this negative control differed markedly from

the gut microbiome of the mice (Figure 1D). Therefore, the environmental microbiome had

minimal impact on the analysis of the gut microbiomes of interest in this study.

The landscape, diversity and enrichment of bacterial taxa in the gut microbiome samples

collected when the tumours reached 50 mm^3

In samples collected when the tumours reached 50 mm^3 and 350 mm^3, the faecal

(hereinafter referred to as "gut microbiome") and caecal microbiome were found to have

similar bacterial components (Additional file 1: Figure S1). In mice culled when their

tumours reached 50 mm^3, butyrate levels in the faeces, measured by high-performance

liquid chromatography (HPLC), were found to be in the mM range, and were generally

higher in the low fibre with butyrate and high soluble fibre groups (p=NS; Additional file 1:

Figure S2A). The mean time for tumours to reach 50 mm^3 was 12.8 ± 1.4 days (Additional

file 1: Figure S2B).

In faeces collected from culled mice when the tumours reached 50 mm^3, abundance

analysis revealed the five bacterial taxa with the highest abundance were *Bacteroides*

acidifaciens, *Parabacteroides*, *Akkermansia muciniphila*, *Lachnospiraceae* and *S24-7* (Figure

2A). In terms of alpha diversity, the soluble high fibre group had a lower Shannon's index

(p<0.001) (Figure 2B). This could be due to the higher abundance of *B. acidifaciens,* which

lowered the diversity within groups. In terms of beta diversity, principal coordinate analysis

showed a notable cluster effect among different groups, which indicates that samples

within groups were more similar to each other than to those from the other groups (Figure

2C). This suggested that the gut microbiome was indeed modified in this study, which might

be a diet-effect or a cage-effect (see later). Regarding the abundance of specific taxa in

different diet groups (Figure 2D), the high soluble fibre diet significantly increased *B.*

acidifaciens abundance (p<0.001); the low fibre diet increased *Parabacteroides* abundance

(p<0.001), the low fibre diet with added butyrate increased *Akkermansia muciniphila*

abundance (p<0.001), and the high mixed fibre diet increased *Lachnospiraceae* abundance

(p=0.005).

The landscape, diversity and enrichment of bacterial taxa in the gut microbiome samples

collected when the tumours reached 350 mm^3

When the tumours reached 350 mm^3, abundance analysis of the gut microbiome of both IR

and non-IR cohorts revealed that the top 6 bacterial taxa with the highest abundance were

S24-7, Akkermansia muciniphila, Bacteroides, Lachnospiraceae, Clostridiales and *B.*

acidifaciens (Figure 3A). In terms of alpha diversity, the soluble HF group had a significantly

lower Shannon's index (p<0.001 for Kruskal-Wallis test) (Figure 3B). In terms of beta

diversity, principal coordinate analysis using Bray-Curtis dissimilarity showed a notable

clustering effect among different groups, which indicates that samples within groups were

more similar to each other than to those from the other groups (Figure 3C). The

composition of the gut microbiome continued to evolve on the diets to the time the

tumours reached 350 mm^3, regardless of whether the mice were irradiated or not. The

taxonomic cladogram of LEfSe (Linear discriminant analysis Effect size) of the gut

microbiome showed that the high soluble fibre diet increased relative abundance of *S24-7*

(Additional file 1: Figure S3). *B. acidifaciens*, an acetate-producing bacteria (12, 13), was

found to be of highest abundance in all but the LF diet group at 50 mm^3, but by 350 mm^3

was evenly distributed across the different diet groups, except the soluble HF group treated

with radiation (p=0.200 for Kruskal-Wallis test) (Figure 3D).

Bacteroidales S24-7 was the highest abundance bacterial taxa in the second cohort. Its

relative abundance was significantly higher in the mixed HF and soluble HF groups

compared to the LF and insoluble HF group (p=0.001 for Kruskal-Wallis test) (Figure 3E).

Soluble high fibre causes increased growth delay in irradiated bladder cancer cell

xenografts

To investigate the effect of different diets on the tumour response in mice irradiated when

the tumour had grown to 50 mm^3, tumour growth was monitored to 350 mm^3. Slopes of the

tumour growth curves were obtained using linear regression to indicate the tumour

progression rates (Figure 4A). The high soluble fibre diet group had the slowest tumour

growth rate. The slopes were 4.4 ± 1.3 for LF, 16.1 ± 1.7 for mixed HF, 28.7 ± 1.3 for

insoluble HF and 0.4 ± 1.5 for soluble HF (Figure 4A and Additional file 1: Figure S4 for

individual irradiated mouse tumour growth curves). Kaplan Meier survival curves for time to

treble tumour volume showed that the soluble HF group had the longest median survival

time (7.5 days for LF, 7 days for mixed HF, 10 days for insoluble HF, 11.5 days for soluble HF;

p=0.005, log-rank test) (Figure 4B).

Among the eight mice fed the soluble high fibre diet, four mice were classified as

responders as, using linear regression, they had shallower slopes to the tumour growth

curves, namely, 7.3 ± 1.2, -0.9 ± 0.6, -4.8 ± 0.5, -5.2 ± 0.9. The other four mice were

classified as non-responders with steeper slopes to the tumour growth curves, namely 34.6

± 3.0, 31.1 ± 2.6, 23.3 ± 1.0, 33.8 ± 2.9 (Figure 4C). In terms of alpha diversity, there was no

significant difference in Shannon's index between responders and non-responders (Figure

4D). In terms of beta diversity, principal coordinate analysis of Bray-Curtis dissimilarity

showed the gut microbiome of responders and non-responders were more similar within

groups than between groups (Figure 4E).

Differences in composition of the gut microbiome between responders and non-

responders

Linear discriminant analysis showed that mice responding to the soluble high fibre diet with

a slower tumour growth rate were enriched with *Bacteroidaceae (f), Flavobacterium (g),*

Flavobacteriales (o), Lactococcus (g), Streptococcus (g), Streptococcaceae (f), Allobaculum

(g), Erysipelotrichales (o). The non-responding tumour-bearing mice were enriched with

Bifidobacterium (g), Bidifobacteriaceae (f), Bifidobacteriales (o), Parabacteroides (g),

Porphyromonadaceae (f), Lactobacillus (g), Lactobacillaceae (f), and *Lactobacillales* (Figure

5A). In terms of effect size, *B. acidifaciens (sp)* and *Bacteroidaceae (f),* had the largest

enrichment in responders, and *Parabacteroides (g),* and *Porphyromonadaceae (f),* had the

largest enrichment in non-responders (Figure 5B). To further explore these findings, the

discrete false-discovery rates within all taxonomic levels were calculated (Figure 5C). In

responders, *B. acidifaciens* species and the *Allobaculum* genus and in non-responders

Lactobacillus and *Parabacteroides* genera had p-values <0.05 The *B. acidifaciens* abundance

was significantly higher in responders than that in non-responders (p=0.029 (Figure 5D),

while the *Bacteroidales S24-7* abundance was similar between responders and non-

responders in the soluble HF group (p=0.200) (Figure 5E).

Metagenomics functional prediction of the gut microbiome by response in the soluble HF

group and *in vitro* functional effects of short chain fatty acids

Functional prediction at KEGG (Kyoto Encyclopedia of Genes and Genomes) pathway level 2

revealed that the gut microbiome in responders was enriched for carbohydrate metabolism

pathways and in non-responders for membrane transport pathways (Figure 5F). For

carbohydrate metabolism, the pathway with the highest level of enrichment, statistical

analysis showed that responders had a significantly higher level than non-responders

(Figure 5G). Short chain fatty acids (SCFAs), including acetate, propionate and butyrate, are

major products of fibre fermentation by the gut microbiota. We showed that all three SCFAs

increased histone acetylation ($p=0.014$ for 10 mM acetate, $p=0.004$ for 10 mM propionate,

$p<0.001$ for 10 mM butyrate; Figure 5H) and tend to increase radiosensitivity ($p=ns$ for

acetate, $p=ns$ for propionate, $p=0.002$ for butyrate in 8Gy; Figure 5I) of RT112 bladder

cancer cells. Single SCFAs reduced cell proliferation (Figure 5J), while a physiological SCFA

mixture conferred a stronger phenotype (Figure 5J, purple bar) which was shown in a time-

dependent pattern as well (Additional file 1: Figure S5A).

To validate the anti-tumoural effects of *B. acidifaciens*, we treated the bladder tumour cells

with bacterial supernatants of *B. acidifaciens* and its cross-feeding with *F. prausnitzii*, and

compared their effects with *Bifidobacterium* (acetate-producer) and *F. prausnitzii* (butyrate-

producer). Bacterial supernatants of *B. acidifaciens* and its cross-feeding with *F. prausnitzii*

significantly increased cytotoxicity of bladder tumour cells compared to the other

supernatants in day 2 (Figure 5K) and in day 3 (Additional file 1: Figure S5B).

Correlation between the abundance of *B. acidifacien*s or *Parabacteroides* genus and

mouse survival time in IR and non-IR cohorts

As *B. acidifaciens* was the 'top hit' for responders and the *Parabacteroides* genus was one of

the top two 'hits' for non-responders in the soluble HF group, we explored how specific

bacterial taxa affected mouse survival time. The correlation between *B. acidifaciens*

abundance and time to culling was investigated across the diet groups. Some mice in the

non-IR cohort lived as long as those in the IR cohort, ie. >40 days, which may be a reflection

of 6 Gy being a relatively low dose of radiation. In the IR cohort, the time of culling positively

correlated with *B. acidifaciens* abundance (R^2=0.528, p<0.001). However, a similar

correlation was not seen in the non-IR cohort (R^2=0.085, p=0.357) (Additional file 1: Figure

S6A). Using the time for tumours to treble in volume as the outcome measure, mice with

high *B. acidifaciens* abundance had a significantly prolonged median survival time (Log-rank

test: p<0.001) (Figure 6A). A similar finding was seen in the IR cohort (p=0.003), but not in

the non-IR cohort (p=0.236). In the IR cohort, the time to culling negatively correlated with

the abundance of *Parabacteroides* genus (Additional file 1: Figure S6B; R^2=0.164, p=0.022).

However, a similar correlation was not seen in the non-IR cohort (R^2=0.084, p=0.360). Mice

in the low *Parabacteroides* genus abundance group had no significant difference in median

time to treble in volume compared to the high abundance group (Log-rank test: p=0.374)

(Figure 6B). *B. acidifaciens* (p=0.200 for Kruskal-Wallis test) and *Parabacteroides* genus

(p=0.005 for Kruskal-Wallis test) abundance was evenly distributed among all cages, which

suggested that the existence of these taxa in the gut microbiome was not a cage-specific

effect (Additional file 1: Figure S7 and Additional file 1: Table S2).

Discussion

To date, the literature studying the effects of dietary fibre intake or manipulation of the gut

microbiota on tumour growth is limited. Wei *et al* showed that dietary fibre and the

associated butyrate production reduced subcutaneous lymphoma tumour growth with

associated upregulation of histone 3 acetylation (5). Hardman *et al* found slower growth of

breast cancer xenografts in mice fed with fish oil concentrate (14). In contrast, Cougnoux *et*

al found that Colibactin-producing *E. coli* enhanced tumour growth of colon cancer

xenografts (15).

In this study, faecal and caecal microbiomes were investigated in mice fed the following:

low fibre diet, low fibre diet with butyrate, high mixed fibre diet, high insoluble fibre

(cellulose) diet and high soluble fibre (inulin) diet, and profiles of both microbiomes were

correlated. The gut microbiomes were shaped by the different modified diets within two

weeks and homogeneous gut microbiomes were seen in samples within groups. A distinct

bacterial taxon was seen in each group: enrichment of *B. acidifaciens* in soluble HF,

Parabacteroides in LF, *Akkermansia muciniphila* in LF with butyrate, and *Lachnospiraceae* in

mixed HF.

The tumours were irradiated when they reached a volume of 50 mm^3 (with no effect on diet

on the time to reach this point) and monitored until they reached 350 mm^3. During the

course of the study, all mice developed an increased relative abundance of S24-7 family

bacteria, thus indicating that their gut microbiomes had altered over the tumour growth

period. Although the gut microbiomes became more heterogeneous, a notable cluster

effect still existed in samples within groups. Mice responding to radiation in the soluble HF

group were enriched with *B. acidifaciens* and non-responding mice were enriched with the

Parabacteroides genus.

A predictive metagenomics study of the gut microbiome in responders was enriched for

carbohydrate metabolism pathways. This implies a higher level of fibre fermentation

occurring in responders, reflecting the selection of bacteria more able to ferment

carbohydrates. This could result in more SCFA production in the faeces. Both butyrate and

propionate have been proposed to increase histone deacetylase inhibition (16), which is a

known mechanism of cellular radiosensitisation (17, 18). In this study, we demonstrated

that these phenotypes exist in bladder cancer cells (Figure 5H and 5I). Furthermore, *in vitro*

studies showed that SCFA reduced cell proliferation in liver cancer (19), induced apoptosis in

lung cancer (20), and did both in breast cancer (21). Vecchia *et al.* found that acetate and

propionate potentiated the anti-cancer effects of butyrate in leukemic, cervical

adenocarcinoma, melanoma and breast cancer cells (22). We demonstrated similar findings

in bladder cancer cells in this study (Figure 5J and Additional file 1: Figure S5A). Altogether,

these data are supportive of carbohydrate metabolism or SCFA production being important

in enhancing anti-cancer effects, including radiosensitisation.

When the mice from different diet groups were pooled, *B. acidifaciens* abundance was

positively correlated with survival time, and mice with high *B. acidifaciens* had the longest

median survival times using Kaplan-Meier survival analysis. Bacteroidetes, including *B.*

acidifaciens, have been proposed to produce the metabolic end products acetate, succinate

and possibly propionate, but not butyrate [15, 16]. High acetate levels could act as a

substrate for butyrate production, given that acetate is necessary for butyrate production,

particularly in the butyryl-CoA:acetate CoA-transferase pathway (23, 24). We speculate that

the faecal butyrate levels could have been enhanced due to cross-feeding of butyrate-

producing bacteria by *B. acidifaciens*. Proof-of-concept was previously demonstrated for

this by cross-feeding butyrate-producing bacteria (*Faecalibacterium prausnitzii*) and

acetate-producing bacteria (*Bifidobacterium adolescentis*) (25). Of note, Ramirez-Farias *et al*

showed that inulin increased both *Faecalibacterium prausnitzii* and *Bifidobacterium*

adolescentis in a human volunteer study (26).

A modified gut microbiota can augment the efficacy of anti-tumoural treatment. However,

most studies to date are limited to chemotherapy and immunotherapy, reviewed in (27, 28).

Recently, Herranz *et al* found that depletion of gram positive bacteria in the gut by

vancomycin enhanced radiotherapy-induced anti-tumour immune response and further

delayed tumour growth. However, the authors gave very large 21 Gy single fraction

irradiation doses. Furthermore, reductions in abundance/absence of gram negative bacteria

(including *Bacteroides* and *S24-7*) were also seen, with increased *Parabacteroides*, which

could be of significance. Here we only gave a 6 Gy single fraction of IR which is more

clinically relevant, and our findings were not immunologically-mediated via T cells, as CD1

nude mice lack T cells.

To our knowledge, ours is the first study to provide evidence that a high soluble fibre diet,

and its subsequent modification of the gut microbiome, can act to radiosensitise tumours.

Furthermore, *B. acidifaciens* was identified as a potential radiosensitiser because its

abundance was enhanced by a high soluble fibre diet and positively correlated with tumour

response to radiation and survival time in the IR cohort. This bacterium was first isolated in

2000 and was so named because it reduces the pH level of peptone-yeast broth with Fildes'

digest (13). Consistent with our findings, Marques *et al* demonstrated that a high-fibre diet

markedly increased the prevalence of *B. acidifaciens* (29). Another study showed *B.*

acidifaciens to be enriched in normal human subjects, compared to patients with

inflammatory bowel disease (30), and *B. acidifaciens* increased insulin sensitivity and

prevented further obesity (31). However, the effect of this bacteria on tumour growth is still

controversial. A study found increased *B. acidifaciens* abundance associated with

hepatocellular carcinoma induced by a streptozotocin-high fat diet (32). In contrast, *B.*

acidifaciens reduces the isoflavone genisten, which is associated with increased risk of

breast cancer (33) and *B. acidifaciens* was shown to contribute to the anti-tumour effect of

medicinal Gynostemma saponins (34). In this study, we revealed that bacterial supernatant

from *B. acidifaciens* and its cross-feeding with *F. prausnitzii* caused significantly higher levels

of cytotoxicity compared to the other supernatants (Figure 5K and Additional file 1: Figure

S5B). This result supports our finding that *B. acidifaciens* may drive the radiosensitising

effect. Moreover, *B. acidifaciens in vitro* has a greater effect on cell kill than *F. prausnitzii*

(butyrate-producer; $p<0.001$), implying that metabolites other than butyrate may be

involved in its effect. Studies suggest that a broad range of gut microbiota-derived

metabolites can enhance anti-tumoural effects or tumour response to anti-cancer

treatments (35-37), so future work should include undertaking a global metabolomic

analysis of *B. acidifaciens*-produced metabolites to identify radiosensitisers other than

SCFAs with similar profiles.

We also found *Bacteroidales S24-7* (or *Candidatus Homeothermaceae* (38) or

Muribaculaceae (39)), an uncultured bacterium with limited characterisation, to be highly

abundant in our study, especially in the mixed HF and soluble HF group. The prevalence of

this bacterium in humans is 20% (40). However, increased prevalence of *Bacteroidales S24-7*

of up to 70% has been shown in the Hadza tribe of Tanzania who consume tubers containing

large amounts of soluble fibre (40). This indicates that high abundance of *Bacteroidales S24-*

7 found in this study when the tumours reached 350 mm^3 might be induced by soluble high

fibre.

Environmental contamination is an inevitable issue in microbiome studies (41). To minimise

the influence of contamination in this study, bacterial loads of samples were quantified and

appropriate negative controls were included. Bacterial loads from luminal contents and

tissue samples contained more than 10^4 CFUs which overrode the environmental bacteria

communities. Furthermore, the bacterial compositions of the PBS negative controls were

very different from those of the study groups, so the environmental microbiome was

considered not to be a major source of bias in this study.

Although a strong correlation between *B. acidifaciens* abundance and tumour response to

irradiation was seen, a limitation of this study is that only one cohort of mice was studied.

Further studies are needed to determine the causal relationship between *B. acidifaciens* and

radiosensitisation, and its underlying aetiology. This could be achieved by oral gavage of *B.*

acidifaciens with or without other bacteria in gnotobiotic mice and *in vitro* culture studies of

B. acidifaciens. As both gut bacteria (42) and irradiation (43) directly interact with the

immune system, further *in vivo* studies need to be conducted in an immune competent

model to reveal how immunomodulation might contribute to the radiosensitisation.

Conclusion

A high soluble fibre diet increased responses of RT112 subcutaneous xenografts in CD1 nude mice to ionising radiation and this phenotype was associated with higher relative abundance of *B. acidifaciens*. Possible mechanisms mediating this effect, which require further investigation, include: (1) increased concentrations of metabolites, including butyrate or other short-chain fatty acids in tumours, acting via HDAC inhibition or via other pathways; (2) suppression of overgrowth of unfavourable bacteria, such as *Parabacteroides* genus; and/or (3) enhancement of anti-tumoural immunity. Our findings suggest that dietary fibre modification and the resultant modification of the gut microbiome might be exploited to improve tumour responses to radiotherapy in human patients.

Methods

Mice and mouse diets

All animal work was done in accordance with UK Home Office Guidelines, following the ARRIVE (Animal Research: Reporting of In Vivo Experiments) guidelines, and approved by the University of Oxford Animal Welfare and Ethical Review Body (AWERB), under University of Oxford project licences P4B738A3B and P8484EDAE. Group sizes were chosen to detect large effect sizes by using a G-Power analysis program. All mice were purchased from Charles Rivers UK Ltd.

CD1-nude female mice at 6-7 weeks old were housed in a temperature-controlled environment with a 12-h reversed-phase light/dark cycle (lights on 21:00 h) and provided with food and water *ad libitum*. Mice were randomised in Excel using the RAND function into four groups. At 7 to 8 weeks of age, mice were injected subcutaneously with RT112

bladder cancer cells (DSMZ, Germany) and started receiving either a low fibre diet (2 g

cellulose/3850 kcal), a high insoluble fibre diet (100 g cellulose/3850 kcal), a high soluble

fibre diet (100 g inulin/3850 kcal) or a high mixed fibre diet (50 g cellulose + 50 g inulin /

3850 kcal) for a maximum time of 9 weeks or until they were culled when the tumours

reached 350 mm^3. Faeces, caecal contents, and proximal and distal colons from the first

cohort were taken when the tumour reached 50 mm^3 (each group n=3) without irradiation

to investigate the microbiome at baseline. Faeces and caecal contents from the second

cohort were taken when the tumour reached 350 mm^3 after IR (each group n=8) or without

IR (each group n=3) or at the end of study (9 weeks after xenograft) to study the association

between the gut microbiome composition and tumour response.

Xenograft model and irradiation method

Mice were injected subcutaneously under anaesthesia into the right flank with 5 x 10^6

human bladder cancer cells (RT112) in RPMI medium (Sigma Aldrich) with phenol red-free

Matrigel (BD Biosciences) at a total volume of 100 μl (1:1 ratio cell suspension to Matrigel).

Tumour growth was measured three times a week and size determined by calipers using

(length x width x height x Π/6). To assess the effects of different dietary fibres on tumour

growth after irradiation *in vivo*, mice received ionising radiation to the tumour (6 Gy, single

fraction, 300 kV, using a Gulmay-320 cabinet irradiator, Xstrahl Inc, UK). A dose of 6 Gy was

chosen due to the promising effect in our previous radiosensitisation experiments with a

HDAC inhibitor (manuscript in preparation.)

Microbiome sample collection and DNA extraction

All samples were transported on ice and kept at -20°C for less than 2 hours before DNA

extraction. Bacterial genomic DNA was extracted using a DNeasy PowerSoil DNA Isolation

Kit (QIAGEN Ltd, Manchester, UK), as per the Human Microbiome Project (44). Briefly, by

adding sodium dodecyl sulfate (SDS), microbial cells were lysed by mechanical disruption

with a ceramic bead set on 3,000 rpm for 10 minutes, followed by binding of DNA tightly to

a silica membrane in a Spin Filter device at high salt concentrations. Eventually, DNA was

collected into sterile elution buffer and quantified using a NanoDrop spectrophotometer. All

DNA samples were kept at -80°C. All samples were collected and handled in sterile

containers and equipment to minimise contamination. Those sent for sequencing (Omega

Bioservices,Georgia, USA) were dried in an Eppendorf concentrator 5301 (Eppendorf North

America Inc, USA) at a rotational speed of 1,400 rpm and centrifugal force of 240 x g for 1

hour at 30°C.

Faecal butyrate levels quantification

Faecal samples were first homogenised in ice cold Millipore Synergy purified water.

Thereafter, 20 µL of sample or standard was taken and 10 µL of internal standard (valeric

acid, Alfa Aesar, UK) added prior to the addition of 5 µL 15% percholoric acid. Samples were

mixed and centrifuged at 12,000 g for 15 min at 4°C followed by direct injection (10 µL) of

the supernatant. High-performance liquid chromatography (HPLC) separation was carried

out using a Waters Acquity H-Class Quarternary Solvent Manager with mobile phases of

0.1% formic acid in water (A) and methanol (B) and a gradient of 35-75% B on a Waters

Acquity CSH C18, 1.7 µm, 100 x 2.1 column. Butyrate and internal standard (IS) were

detected by mass spectrometry with a Waters Acquity TQ detector in positive electrospray

ionisation mode. Butyrate was detected with a cone voltage of 20 V at selected ion

recording (SIR) of m/z 88.41 (M+H) and IS with a cone voltage of 15 V and SIR of m/z 103.2

(M+H).

Cell line, drugs, and irradiator

The RT112 bladder carcinoma cell line was obtained from the American Type Culture

Collection. This cell line was cultured inRPMI-1640 medium (Sigma), supplemented with

10% fetal bovine serum (Invitrogen). Mycoplasma testing was negative. Sodium acetate,

sodium propionate and sodium butyrate were purchased from Sigma-Aldrich (Gillingham,

United Kingdom) and used in dH_2O. Cells were irradiated in complete medium at a dose rate

of 1.5 Gy/min using a Gamma-Service Medical GmbH GSR D1 irradiator.

Bacterial strain and its supernatant

All bacterial strains were obtained from DSMZ-German collection of microorganisms. Three

strains of bacteria, namely *B. acidifaciens* (*BA*; DSM 15896), *Bifidobacterium animalis* (*Bif*;

DSM10140), *F. prausnitzii* (*FP*; DSM17677), and two cross-feeding combinations (*BA+FP* and

Bif+FP) were cultured in Gifu Anaerobic Broth, Modified (GAM; Nissui Pharmaceutical,

Japan). Medium broth was prepared anaerobically in a Coy anaerobic chamber (Coylabs, US,

N2 95%, H2 5%) and sealed into 10 mL glass tubes before being autoclaved at 121°C for 15

minutes. Bacteria (10^6 CFU/mL starting population for each strain) were inoculated into

these sealed tubes ascetically by injecting through a needle. They were then placed in a

37°C incubator for 24 hours with constant shaking. Samples were centrifuged at 4000 × g for

10 minutes to remove all particulate matter. Supernatants were then filtered through a 0.22

μm polyethersulfone syringe filter (Millipore).

Colony formation assay

Cells were seeded in 6-well plates at appropriate densities in triplicate, treated with short-

chain fatty acids, namely acetate, propionate and butyrate, at appropriate concentrations

for 24 hours, and irradiated with 0, 2, 4, 6, and 8 Gy. After culturing for 10 days, colonies

were fixed and stained with 0.5% crystal violet in dH_2O and 20% methanol for 5 minutes.

Finally, they were quantified using a GelCount colony counter (Oxford Optronix). The

surviving fraction was calculated by normalising the number of colonies for each condition

to the unirradiated control.

Cell survival analysis

MTT 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide assay was applied to

assess cell viability by adding 0.25 mg/mL MTT (Life Technologies) to cells at 37 °C for 1 h in

the end of experiment. The absorbance at 595 nm of MTT-formazan was detected

spectrophotometrically using an POLARstar Omega Microplate Readers (BMG Labtech) after

dissolution of the crystals in isopropanol. The percentage of cell viability was calculated by

the formula: [Experimental group / Control group] x 100%.

Western blots

Western blot samples were prepared as described in (45). Protein was visualised using the

following antibodies: H3K18Ac (Cell Signaling Technology, #9675), H3 (Cell Signaling

Technologies, #4499S), and β-actin (Abcam, #A1978), and an infrared LiCor Odyssey imaging

system (LiCor Biosciences).

Identification and quantification of bacterial DNA

The microbiota of the contents of the intestinal tracts and the intestinal wall of the proximal

and distal colon (tissue) was quantified by PCR of 16S rRNA. This was performed on genomic

DNA extracted as described above. The PCR was performed using primers - V3F

(CCAGACTCCTACGGGAGGCAG) and V3R (CGTATTACCGCGGCTGCTG) (46). All primers were

purchased from Sigma. For each sample, Phire Tissue Direct PCR Master Mix (Thermo Fisher

Scientific) was used to amplify the 16S rRNA gene hypervariable V3 region (product size =

200 bp). PCR amplifications were performed using the following conditions: 98°C for

5 minutes followed by 35 cycles at 98°C for 5 seconds each, 66.3°C for 5 seconds, and 72°C

for 30 seconds and a final extension step at 72°C for 1 minute. The amplification products

were visualised on a 1% agarose gel after electrophoretic migration of 5 µl of amplified

material. A standard curve was created from serial dilutions of *Escherichia Coli* from 1×10^2,

1×10^4, 1×10^6 colony-forming units (CFU) which was quantified by CFU assay. All samples

were run in duplicate. In CFU assay, 20 µL of serial dilution of *E. Coli* was incubated onto

Luria-Bertani (LB) agar plates, and colonies were counted and bacterial concentrations of

the original samples were estimated after 24 hours incubation.

Bacterial 16S rRNA gene sequencing

16S rRNA gene sequencing methods were adapted from the methods developed for the

NIH-Human Microbiome Project (44, 47). Raw 16S rRNA reads and metadata have been

made available in Figshare

(https://figshare.com/projects/The_gut_microbiota_may_drive_the_radiosensitising_effect

_of_a_high_fibre_diet/68393) (48). The amplification and sequencing of 16S rRNA gene

V3V4 region were done commercially by Omega Bioservices (Georgia, USA) on a MiSeq

platform (Illumina, Inc, San Diego, CA) using the 2x300 bp paired-end protocol, yielding

paired-end reads with near-complete overlap. The primers containing adapters for Miseq

sequencing were used for amplification and single-end barcodes, allowing pooling and

direct sequencing of PCR products (49). PBS negative controls were included to eliminate

the confounding effects of environmental contamination.

All 16S rRNA gene-based metagenomic analysis was conducted using a QIIME2 platform

(50). Quality filtered sequences with >97% identity were clustered into bins known as

Operational Taxonomic Units (OTUs), using open-reference OTU picking. The relative

abundance of each OTU was obtained from all samples. In the taxonomic analysis, the

microbiome at the phylum, class, order, family, genus and species levels was classified with

reference to the Greengenes database (51).

The analysis pipeline was as follows:

i.   All sequences were trimmed to a length of 240, since the quality dropped above

this length based on the sequence quality plots.

ii.   De-noised sequencing errors by using the "Deblur" plugin in QIIME2 (52).

iii.   Taxonomic assignment was performed with Greengenes (53) by the "feature-

classifier" command.

iv.   To visualise the differences in microbial composition between gut contents and

tissue, a taxonomic profile was generated by conducting differential abundance

analysis using balances in gneiss.

v.   To identify the features characterising the differences between groups, the

LEfSe method of analysis was performed to compare abundances of all bacterial

clades (54). By validation using the Kruskal-Wallis test at the α setting of 0.05,

effect size was obtained by LDA (linear discriminant analysis) based on the

significantly different vectors resulting from the comparison of abundances

between groups.

vi.   To validate the significance of enrichment of bacterial taxa among different

groups, discrete false-discovery rates (DS-FDR) were calculated (55)

vii.   A phylogenetic tree was generated by using the "phylogeny" plugin in QIIME2.

viii.   To investigate the alpha and beta diversity, the diversity commands of "alpha-

group-significance" and "beta-group-significance" were used to obtain

Shannon's index, and Bray-Curtis dissimilarity. A principal coordinates (PCoA)

plot was obtained by using the Emperor Tool based on the results of Bray-Curtis

dissimilarities.

ix.   The OTU table was rarefied using the "alpha-rarefraction" command in QIIME2.

The alpha rarefraction plot showed the richness of the samples with increasing

sequence count.

x.   To predict the metagenome functional profiles, PICRUSt, a bioinformatics

software package, was used to collapse predicted functions (KEGG Orthology;

KO) based on 16S rRNA surveys into higher categories (KEGG pathway) after

picking OTUs and normalisation (56).

Statistics

Power calculations for the number of mice per group were done using G*Power software

version 3.1.9.4 (57). Alpha diversity and relative abundance of specific bacterial taxa were

compared using the Kruskal-Wallis test following by Dunn's multiple comparison test. All

mice were classified into high, intermediate or low diversity groups based on tertiles of

distribution. Time to treble in volume was defined as the interval (in days) from the date of

irradiation (growth to 50 mm^3) to the date for the tumour to treble in volume. Tumour

growth curves were analysed for each group, and their slopes were compared using one-

way ANOVA. The LEfSe method of analysis was applied to determine the difference in

bacterial taxa, using the Kruskal-Wallis test. Significantly different taxa presented from the

previous comparison applying LEfSe method were used as input for LDA, which produced an

LDA score. Volcano plots showed the significance of the taxa which are different among

different groups, with $\log_{10}$ (FDR-adjusted p-values) on the y-axis and median-adjusted

effect sizes on the x-axis. In addition, mice were also classified as having high, intermediate

and low abundance of *B. acidifaciens* or high and low abundance of *parabacteroides* genus

based on the relative abundance of these taxa in the gut microbiome sample. All analyses

were conducted in QIIME2 and GraphPad Prism version 8.0 (La Jolla, CA).

All data in *in vitro* studies are representative of 3 independent biological replicates unless

otherwise stated, with results shown as mean and standard deviations. One-way ANOVA

with Dunnett's multiple comparison test was performed to analyse the data of Western

Blots and MTT assays. Two-way ANOVA with Dunnett's multiple comparison test was used

to analyse the linear quadratic survival curves in colony formation assay.

List of abbreviations

ABC	ATP-binding cassette
B. acidifaciens	*Bacteroides acidifaciens*
BBN	N-butyl-N-(4-hydroxybutyl)-nitrosamine
CFU	colony formation unit
E. Coli	Escherichia coli
FDA	false-discovery rate
Gy	Gray
HAT	histone acetyltransferase
HDAC	histone deacetylase
HF	high fibre
Insoluble HF	insoluble high fibre
IR	irradiation
KEGG	Kyoto Encyclopedia of Genes and Genomes
LC-MS	liquid chromatography–mass spectrometry
LDA	linear discriminant analysis
LEFSe	linear discriminant analysis effect size
LF	low fibre
LF+B	low fibre plus butyrate
MIBC	muscle-invasive bladder cancer
Mixed HF	mixed high fibre
MTT	3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide
OTU	operational taxonomic unit
PCoA	principal coordinates analysis
PICRUSt	Phylogenetic Investigation of Communities by Reconstruction of Unobserved States
SCFA	short chain fatty acid
SDS	sodium dodecyl sulfate
Soluble HF	soluble high fibre

Declarations

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Availability of data and materials

The datasets generated and/or analysed during the current study are available in the

Figshare repository,

https://figshare.com/projects/The_gut_microbiota_may_drive_the_radiosensitising_effect_

of_a_high_fibre_diet/68393 (48).

Authors' contributions

CKT extracted the DNA from mouse samples, performed the analysis and interpretation of

the data and drafted the manuscript. SP performed the animal experiments, collected the

faeces, caecal contents, intestinal tissue and blood. XW produced the bacterial

supernatants. AH measured the faecal butyrate levels. AEK conceived the study, supervised

the work, and revised the manuscript. All authors read and approved the final manuscript.

Competing interests

The authors declare that they have no competing interests.

Ethics Approval and Consent to Participate

All animal protocols were approved by the University of Oxford Clinical Medicine Animal

Welfare Ethics Review Board and conducted under animal project licences (PPL) P4B738A3B

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Figure legends

Figure 1. The environmental microbiome had minimal impact on gut microbiome analysis.
(A) Two microbiomes were analysed from the intestinal tract, namely, faecal and caecal
content samples collected when tumours reached 50 mm^3 and 350 mm^3 respectively. (B)
Quantification of bacterial load from different tissue and luminal contents from mice, with
E. Coli (1 x 10^2, 1 x 10^4, 1 x10^6 CFUs) as controls (n=1 mouse). (C) Comparison of the total
amount of nucleic acid quantified by PicoGreen assay in all samples collected when the
tumours reached 50 mm^3 and 350 mm^3. (D) Common bacterial taxa at the species level in 4
samples of PBS, as negative controls of DNA extraction by 16S rRNA sequencing.
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Figure 2. Dietary fibre shapes the baseline gut microbiome when tumours reached 50
mm^3. (A) Stacked bar plot of phylogenetic composition of common bacterial taxa at the
species level when tumours reached 50 mm^3. Faeces were collected from mice fed with low
fibre, low fibre with butyrate, high mixed fibre, high insoluble fibre and high soluble fibre
diets (n=3 for each group). (B) Shannon's index of gut microbiomes by Kruskal-Wallis test.
Error bars represent the interquartile range of diversity scores. (C) Principal coordinate
analysis of gut microbiomes using Bray-Curtis dissimilarity. A notable clustering effect by
diet was seen in the gut microbiome. (D) Differentially abundant taxa when the tumours
reached 50 mm^3. All comparisons among different diet groups was performed by Kruskal-
Wallis test and Dunn's multiple comparison tests. All tests compared each median with the
'control' denoted. The diet with the highest abundance of a taxa was denoted as the
control. *P<0.05; **P<0.01; ***P<0.001.
23

Figure 3. Composition of the gut microbiome when tumours reached 350 mm^3. (A) Stacked
bar plot of the phylogenetic composition of common bacterial taxa at the species level
when tumours reached 350 mm^3. Samples were collected from mice fed with low fibre, high
mixed fibre, high insoluble fibre and high soluble fibre diets (n=8 for each group).(B to E)
show results for irradiated mice only. (B) Shannon's index of gut microbiomes by Kruskal-
Wallis test. Error bars represent the interquartile range of diversity scores. (C) Principal
coordinate analysis of gut microbiomes using Bray-Curtis dissimilarity. Relative abundance
of (D) *B. acidifaciens* and (E) *Bacteroidales S24-7* in mice with or without irradiation.
*P<0.05; **P<0.01; ***P<0.001.
33

Figure 4. Soluble high fibre causes increased growth delay in irradiated bladder cancer cell
xenografts and responses are influenced by gut microbiota composition. (A) Tumour
growth in RT112 flank xenografts irradiated with 6 Gy IR, in mice fed low fibre, high mixed
fibre, high insoluble fibre and high soluble fibre diets (n=8 for each group). Tumour curve
slopes were calculated by linear regression to represent tumour growth rates and compared
by ANOVA. (B) Kaplan–Meier survival curves for mice showing plots of time to treble tumour
volume. (C) Mice in the soluble HF group were stratified into responders and non-
responders based on tumour radiation response. (D) Shannon's index of gut microbiota in
responders and non-responders by Kruskal-Wallis test. Error bars represent the interquartile
range of diversity scores. (E) Principal coordinate analysis of gut samples (n=8) in the soluble
HF group by response using Bray-Curtis dissimilarity.
45
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Figure 5. Differences in composition of the gut microbiome between responders and non-responders. (A) Taxonomic cladogram from LEfSe showing differences among taxa between responders and non-responders in the soluble HF group. Dot size is proportional to the abundance of the taxon. (B) Linear discriminant analysis (LDA) scores computed for differentially abundant taxa in the microbiomes of responders (green) and non-responders (red). Length indicates the effect size associated with a taxon, p=0.05 for Kruskal-Wallis test. (C) Discrete false-discovery rate of different abundant taxa in responders and non-responders in the soluble HF group. Differential abundance within all taxonomic levels in responders versus non-responders by Mann-Whitney U test. Dots are overlapping between *Bacteroides acidifaciens* and *Allobaculum*, and between *Lactobacillus* and *Parabacteroides*. Relative abundance of (D) *B. acidifaciens* and (E) *Bacteroidales S24-7* and in responders and non-responders in the soluble HF group. (F and G) Metagenomic functional prediction by PICRUSt of the gut microbiome in responders (n=4) and non-responders (n=4) in the soluble HF group with reference to the KEGG database level 2. Columns represent mice (responders, orange; non-responders, blue), and rows represent enrichment of predicted KEGG pathways (red, low enrichment; yellow, medium enrichment; blue, high enrichment). (H) Western blot analysis of histone acetylation levels of RT112 cells treated with SCFAs (N=3). (I) Linear quadratic survival curves of IC10-treated RT112 cells with receiving irradiation of 0-8 Gy (N=3). (J) Cell survival analysis of RT112 cells treated with single SCFA and combined SCFAs mixture (N=3). Combined (purple bar) denotes SCFA mixture of 10 mM acetate, 5 mM propionate and 1.7 mM butyrate. (K) Reduced cell survival of RT112 cells by bacterial supernatants at day 2 (N=1). *BA+FP* denotes the cross-feeding of *B. acidifaciens* and *F. prausnitzii*, while *Bif+FP* denotes the cross-feeding of *Bifidobacterium* and *F. prausnitzi.* *P<0.05; **P<0.01; ***P<0.001.

Figure 6. Abundance of OTUs within the gut microbiome is predictive of response to ionising irradiation. Kaplan-Meier (KM) plots of time for tumours to treble in volume, whole cohorts, IR cohorts, non-IR cohorts, based on (A) *B. acidifaciens* or (B) *Parabacteroides* genus abundance in IR and Non-IR cohorts from different diet groups combined. Comparison KM plots by log-rank test in mice with high abundance (green; relative abundance > 0.1), intermediate abundance (red; 0.1 > relative abundance > 0.01), or low abundance (blue; 0.01 > relative abundance) of *B. acidifaciens* in all, IR and non-IR cohorts. For *Parabacteroides* genus, relative abundance more than or equal to 0.01 was classified as high (blue), while less than 0.01 was classified as low (green).

Additional files legends

Additional file 1: FigS1 - Similar bacterial components in the faecal and caecal microbiomes. FigS2 - Faecal butyrate levels and time taken for tumours to reach 50 mm^3. FigS3 - Differences in composition of the gut microbiome when tumours reached 350 mm^3. FigS4 - Individual mouse tumour growth curves. FigS5 - Cell survival analysis of RT112 bladder tumour cells treated with SCFAs and bacterial supernatants. FigS6 - Correlation of time to culling with *B. acidifaciens* or *Parabacteroides* genus abundance different groups. FigS7 - Effect of cage location of mice on relative abundance of *B. acidifaciens* and *Parabacteroides* genus.

1 **Figure 1**

1   **Figure 2**

k__Bacteria;p__Bacteroidetes;c__Bacteroidia;o__Bacteroidales;f__Bacteroidaceae;g__Bacteroides;s__acidifaciens
k__Bacteria;p__Bacteroidetes;c__Bacteroidia;o__Bacteroidales;f__S24-7
k__Bacteria;p__Verrucomicrobia;c__Verrucomicrobiae;o__Verrucomicrobiales;f__Verrucomicrobiaceae;g__Akkermansia;s__muciniphila
k__Bacteria;p__Bacteroidetes;c__Bacteroidia;o__Bacteroidales;f__Bacteroidaceae;g__Bacteroides
k__Bacteria;p__Firmicutes;c__Clostridia;o__Clostridiales;f__Lachnospiraceae
k__Bacteria;p__Firmicutes;c__Clostridia;o__Clostridiales
k__Bacteria;p__Bacteroidetes;c__Bacteroidia;o__Bacteroidales;f__Porphyromonadaceae;g__Parabacteroides
k__Bacteria;p__Firmicutes;c__Clostridia;o__Clostridiales;f__Ruminococcaceae;g__Oscillospira
k__Bacteria;p__Bacteroidetes;c__Bacteroidia;o__Bacteroidales;f__Rikenellaceae
k__Bacteria;p__Firmicutes;c__Clostridia;o__Clostridiales
k__Bacteria;p__Firmicutes;c__Clostridia;o__Clostridiales;f__Ruminococcaceae;g__Anaerotruncus
k__Bacteria;p__Firmicutes;c__Clostridia;o__Clostridiales;f__Ruminococcaceae;g__Ruminococcus

1   **Figure 3**

1   **Figure 4**

1 **Figure 6**