Oxytocin has sex-specific effects on social behaviour and hypothalamic

oxytocin immunoreactive cells but not hippocampal neurogenesis in adult

rats.

Paula Duarte-Guterman[1,2], Stephanie E. Lieblich[1,2], Wansu Qiu[3], Jared E.J. Splinter[1,2], Kimberly

A. Go[1,2], Laura Casanueva-Reimon[1,2], Liisa A.M. Galea[1,2]

1. Djavad Mowafaghian Centre for Brain Health, University of British Columbia, Vancouver,

BC, Canada

2. Department of Psychology, University of British Columbia, Vancouver, BC, Canada

3. Graduate Program in Neuroscience, University of British Columbia, Vancouver, BC, Canada

Address all correspondence and requests for reprints to:

L. A. M. Galea, PhD

Djavad Mowafaghian Centre for Brain Health

2215 Wesbrook Mall

Vancouver, British Columbia

V6T 1Z3, Canada

E-mail: lgalea@psych.ubc.ca.

Keywords: social investigation; sex differences; dentate gyrus; hypothalamus; nanoparticle;

estradiol; females; hippocampus; doublecortin

Abstract

Oxytocin regulates social behaviours, pair bonding and hippocampal neurogenesis but

most studies have used adult males. Our study investigated the effects of oxytocin on social

investigation and adult hippocampal neurogenesis in male and female rats. Oxytocin has poor

penetration of the blood-brain barrier, therefore we tested a nanoparticle drug, TRIOZAN^{TM}

(Ovensa Inc.), which permits greater blood-brain-barrier penetration. Adult male and female rats

were injected daily (i.p.) for 10 days with either: oxytocin in PBS (0.5 or 1.0 mg/kg), oxytocin in

TRIOZAN^{TM} (0.5 or 1.0 mg/kg), or vehicle (PBS) and tested for social investigation. Oxytocin

decreased body mass and increased social investigation and number of oxytocin-immunoreactive

cells in the supraoptic nucleus (SON) of the hypothalamus in male rats only. In both sexes,

oxytocin decreased the number of immature neurons (doublecortin+ cells) in the ventral

hippocampus and reduced plasma 17β-estradiol levels in a dose- and delivery-dependent way.

Oxytocin in TRIOZAN^{TM} reduced sedation observed post-injection and increased some central

effects (oxytocin levels in the hypothalamus and ventral hippocampus neurogenesis) relative to

oxytocin in PBS indicating that the nanoparticle may be used as an alternative brain delivery

system. We showed that oxytocin has sex-specific effects on social investigation, body mass,

sedation, and the oxytocin system. In contrast, similar effects were observed in both sexes in

neurogenesis and plasma 17β-estradiol. Our work suggests that sex differences in oxytocin

regulation of brain endpoints is region-specific (hypothalamus versus hippocampus) and

contributes to the evidence that oxytocin is not a prosocial hormone in both sexes.

Introduction

Social behaviour regulation is associated with a network that includes the prefrontal cortex, medial amygdala, bed nucleus of the stria terminalis and hypothalamus (Ko, 2017) and many of these areas are also connected to the hippocampus (reviewed in Jurek and Neumann, 2018). Thus, perhaps it is not surprising that the integrity of the hippocampus has been implicated in social cognition (Alexander et al., 2016; Danjo et al., 2018; Kumaran et al., 2016; Matta et al., 2017; Okuyama et al., 2016; Omer et al., 2018). In mammals, the hippocampus retains the ability to produce new neurons throughout the lifespan (Kempermann et al., 2018). New neurons in the hippocampus have been implicated in pattern separation, stress resilience, and anxiety-related behaviours (Anacker et al., 2018; Clelland et al., 2009; Snyder et al., 2011). Hormones, such as sex steroids and prolactin, regulate different aspects of neurogenesis, proliferation, differentiation and survival of new neurons, in a sex-dependent way (reviewed in Mahmoud et al., 2016). However, much less is known about how oxytocin regulates adult hippocampal neurogenesis in both sexes.

Oxytocin is well known for regulating social behaviours and pair bonding (Lim and Young, 2006) and is mainly synthesized and secreted in the hypothalamic paraventricular nucleus (PVN) and supraoptic nucleus (SON). Surprisingly, few studies have examined roles for oxytocin in both sexes even though there are sex differences in the effects of oxytocin on social behavior and brain activation in both humans and animal models (DiBenedictis et al., 2017; Dumais et al., 2017, 2016b; Lukas and Neumann, 2014; Rilling et al., 2014; Smith et al., 2017; Steinman et al., 2016; and reviewed by Bredewold and Veenema, 2018; Caldwell, 2018). In male rodents, oxytocin promotes social behaviour (Lukas et al., 2011; Ramos et al., 2013) and increases adult hippocampal neurogenesis (Leuner et al., 2012; Opendak et al., 2016; Sánchez-

Vidaña et al., 2016). However, it is unknown whether oxytocin regulates hippocampal

neurogenesis in females. In females, most research has focused on the role of oxytocin in

anxiety-related behaviours or social behaviours related to reproduction, maternal care, and pair

bonding (e.g., Kendrick, 2000; McCarthy, 1990; Neumann, 2008; Pedersen et al., 1982).

Oxytocin receptors (OTR) are expressed in the hippocampus of both sexes in rodents (Dumais et

al., 2013; Lin et al., 2017; Yoshida et al., 2009). However, there are sex differences with female

rats having lower OTR binding densities in many regions including the CA1 of the hippocampus

compared to males (Dumais et al., 2013). Furthermore, oxytocin activates brain regions

differently in males and females (Dumais et al., 2017) and it is possible that the regulation of

hippocampal neurogenesis by oxytocin is different between the sexes.

Oxytocin is a large hydrophilic molecule which has poor penetration of the blood-brain

barrier (BBB) and a very short half-life in the blood (~3-9 min) (Churchland and Winkielman,

2012; Leng and Ludwig, 2016; Modi and Young, 2012). Following systemic oxytocin, only up to

1.3% of peripheral oxytocin enters the brain (Ermisch et al., 1985; Mens et al., 1983). Here we

tested the use of a nanotechnology drug delivery system that permits BBB penetration and

lengths the half-life. TRIOZAN^{TM} nanomedicine delivery platform (Ovensa Inc) is based on a

high value-added chitosan derivative called trimethyl chitosan (TMC), which enables efficient

encapsulation resulting in protection of drug molecules against degradation, effectively

maintaining therapeutic integrity (Ovensa Inc., 2018). TRIOZAN^{TM} is a safe, biodegradable and

biocompatible biopolymer and has the ability to accumulate in the targeted tissues with minimal

loss, enabling controlled release of therapeutics via effective penetration of the BBB.

The objective of this study was to investigate whether systemic oxytocin delivered in

vehicle or with a nanoparticle drug delivery platform (TRIOZAN^{TM}) regulates social

investigation, oxytocin levels in the brain and periphery, oxytocin-immunoreactive cells in the

hypothalamus (SON and PVN) and adult hippocampal neurogenesis in male and female rats. We

hypothesized that oxytocin would impact the sexes differentially and that TRIOZAN^{TM} would

increase delivery of oxytocin to the brain and result in enhanced effects on social investigation

and hippocampal neurogenesis.

Materials and Methods

Animals and treatments

Adult male and female Sprague–Dawley rats (n=5-8/treatment/sex; 60 days old and

tested around 80 days old) were obtained from Charles River (Quebec, Canada) and double-

housed with food and water available ad libitum. All protocols were approved by the

Institutional Animal Care Committee at the University of British Columbia and conformed to the

guidelines set out by the Canadian Counsel for Animal Care. Ten days after arrival, males and

females were randomly divided into one of the following treatment groups: oxytocin in 0.1 M

PBS (0.5 or 1.0 mg/kg), oxytocin delivered in TRIOZAN^{TM} (0.5 or 1.0 mg/kg, prepared by

Ovensa, Inc), and vehicle control (equivalent volume of 0.1 M PBS, pH= 7.4). The volume of

injection was 1.0-1.2 ml for females and 1.5-2.0 ml for males. Oxytocin in TRIOZAN^{TM} was

prepared using PBS and resulted in 42.2% of oxytocin bound to TRIOZAN^{TM}. Animals received

daily i.p. injections for 10 days between 9:00 and 11:00.

Social Investigation

The three-chambered social paradigm allows for the measurement of social investigation

in rodents (Crawley, 2004; Ku et al., 2016; Nadler et al., 2004). On day 9, two hours after

injection, animals were allowed to explore a novel arena (100 cm x 40 cm x 40 cm) composed of

three connecting chambers separated by open sliding doors (Figure 3) for 10 min. Locomotion,

grooming, rearing, behaviours were assessed during this time to evaluate general activity. Time

spent in each of the chambers was also measured to ensure animals did not have a preference for

a particular side of the chamber. Following this habituation period, animals were briefly kept (for

~2-3 min) in the central chamber with sliding doors closed while an unfamiliar and novel same

sex conspecific rat was placed in one of the outer chambers under a small wire cage. An identical

empty wire cage was secured in the other outer chamber. The unfamiliar rat was randomly

assigned to either the right or left side of the chamber. The test animal was then allowed to

explore the three chambers for a further 10 min. All sessions were recorded and scored by an

observer unaware of treatment conditions. Videos were scored for (1) time spent in the chamber

that housed the novel conspecific rat (i.e., social stimulus rat) and (2) time spent engaging in

investigatory behaviour with the novel rat (sniffing and touching the basket where the novel rat

was confined; i.e. social investigation).

Tissue and blood collection

Vaginal lavages were conducted on days 9 (before behaviour) and 10 (at euthanasia) to

account for estrous cycle phase effects on our measures. On day 10, 30 mins after receiving the

treatment, all rats received a lethal overdose of sodium pentobarbital. Blood was collected via

cardiac puncture into cold EDTA coated tubes and centrifuged 4 h later for 10 min at 4ºC.

Plasma was stored at -80ºC until ELISA and radioimmunoassay (RIA). Adrenals were extracted

and weighed. Hypothalamus was quickly dissected from the left hemisphere, flash frozen on dry

ice, and stored at -80ºC. The right hemisphere was fixed for 24 h in 4% paraformaldehyde in

0.1M PBS (4ºC) and then transferred to a 30% sucrose/0.1 M phosphate buffer solution for

cryoprotection until brains sunk. Serial coronal sections (30 μm) were cut with a freezing

microtome (SM2000R; Leica, Richmond Hill, ON) across the extent of the hippocampus

(collected in 10 series) and stored in an antifreeze solution (containing 0.1M PBS, 30% ethylene

glycol, and 20% glycerol) and stored at -20ºC.

Oxytocin and 17β-estradiol concentrations

Oxytocin concentrations were analyzed using an enzyme-linked immunosorbent assay kit

(Enzo Life Sciences, ADI-900-153A) on plasma and hypothalamus homogenate samples. Plasma

samples were run in duplicate according to the manufacturer's instructions. Hypothalamus (and

other brain regions, frontal region and hippocampus) samples were homogenized in 200μl of

cold Tris lysis buffer (150 mM NaCl, 20 mM Tris, pH 7.5, 1 mM EDTA, 1 mM EGTA , 1%

Triton X) containing a cocktail of protease and phosphatase inhibitors using a bead disruptor

(Omni, VWR). Homogenates were centrifuged at 2100g for 10 min at 4ºC and supernatants

stored at -80ºC. Hypothalamus homogenates were run in duplicate on a modified ELISA using

the lysis buffer to prepare the standard curve (Enzo Life Sciences). Oxytocin levels were

normalized to protein content using a BCA protein assay (ThermoFisher) and expressed as

pg/mg protein. The oxytocin antibody is highly specific with 7.5% cross-reactivity with

Arginine-Vasotocin. The sensitivity of the assay is 15pg/ml and average intra- and inter-assay

coefficients of variation were <10%. 17β-estradiol levels were determined in plasma using a

commercially available radioimmunoassay kit (ultrasensitive estradiol RIA, Beckman Coulter,

DSL4800). All samples were run in duplicate. The assay sensitivity is 2.2pg/ml and average

intra-assay coefficient of variation was <20%. Samples below the zero standard curve point were

replaced with 0 pg/ml.

Doublecortin Immunohistochemistry

Free floating sections were rinsed three times for ten minutes in 0.1M phosphate buffered

saline (PBS; pH 7.4) in between each step listed below, unless otherwise stated. Endogenous

peroxidase activity was quenched with a 30 min incubation in 0.6% H_2O_2. Tissue was incubated

in a goat anti-DCX polyclonal antibody (1:1000 in PBS containing 3% normal rabbit serum and

0.4% Triton X-100; Santa Cruz Biotechnology, Cat# sc-8066, RRID: AB_2088494) for 24 h at

4ºC. Tissue was rinsed five times for ten minutes in PBS and then incubated overnight at 4ºC in a

rabbit anti-goat secondary (1:500; Vector Laboratories) diluted in PBS. Sections were then

washed five times for ten minutes in PBS and then incubated in an avidin-biotin horseradish

peroxidase complex (1:1000; ABC Vector Elite kit; Vector Laboratories) for 4 h at room

temperature. Tissue was then washed in sodium acetate buffer (0.175 M; pH= 7.3) two times for

2 min each before reacting with diaminobenzidine in the presence of nickel (DAB Peroxidase

Substrate Kit, Vector Laboratories) according to the manufacturer instructions. Sections were

mounted onto Superfrost/Plus slides (Fisher Scientific, Ontario, Canada), dried several days,

dehydrated in ethanol and cleared with xylene, and then cover slipped with Permount (Fisher

Scientific). The primary antibody was omitted in a control sample and did not contain any

immunoreactivity.

Oxytocin immunofluorescence

Free floating sections were rinsed three times for ten minutes in 0.1M phosphate buffered

saline (PBS; pH 7.4) in between each step listed below, unless otherwise stated. Sections were

incubated for 10 min in 0.1% sodium borohydride in PBS on ice and then blocked in PBS

containing 10% normal goat serum (NGS) for 30 min. Sections were then incubated in mouse

anti-oxytocin monoclonal antibody (1:2000, Millipore, Cat# MAB5296, RRID: AB_2157626) in

3% NGS and 0.5% Triton-X for 44 h at 4ºC and then in goat anti-mouse secondary antibody

Alexa 488 (1:500; Invitrogen) in 3% NGS and 0.5% Triton-X for 2 h. After four rinses in PBS,

sections were mounted onto Superfrost/Plus slides (Fisher Scientific) and coverslipped using

polyvinyl alcohol with DABCO (Sigma-Aldrich).

Microscopy

A researcher blinded to experimental conditions counted doublecortin (DCX)+ cells

using a standard light microscope. DCX+ cells were counted in the entire granule cell layer of

the right hippocampus at 400x magnification. Sections were considered ventral when the dentate

gyrus at the bottom of the section was obviously present, that is between -5.2 mm to -6.7 mm

Bregma (Paxinos and Watson, 2005). DCX is a microtubule-associated protein expressed in

proliferating progenitor cells and immature neurons, from 2 h to 3 weeks after birth in rats

(Brown et al., 2003). DCX+ cells can be classified into developmental stages: proliferative (type

1, no or short processes present), intermediate (type 2, medium process with no branching), or

post-mitotic (type 3, branching dendrites; Figure 4A). For DCX+ cell phenotyping, a total of 120

cells per rat were randomly selected from three different sections from dorsal (60) and ventral

(60) regions of the hippocampus (Gobinath et al., 2016; Workman et al., 2016). Total GCL

volumes (mm^3) from dorsal and ventral sections were quantified from digitized images using

ImageJ (U. S. National Institutes of Health, Bethesda, Maryland, USA, http://imagej.nih.gov/ij/).

OT-immunoreactive (ir) cells were counted at 400x magnification in one section of the

supraoptic nucleus (SON) and one section of the paraventricular nucleus (PVN) of the

hypothalamus for each brain using an epifluorescence microscope.

Statistical Analysis

All analyses were performed using Statistica v.8.0 (StatSoft Inc, Tulsa, OK). Time spent

in the social stimulus chamber (time spent on side of the chamber containing novel rat divided by

total time in the arena), time spent investigating the stimulus rat (time spent sniffing and

touching the basket containing novel rat divided by total time in the arena), and maturity of

DCX+ cells were transformed before analysis using the arcsine transformation. The oxytocin in

plasma and hypothalamus data were log transformed and the 17β-estradiol data were square root

transformed to meet normality and heteroscedasticity requirements. All data (unless specified)

were analyzed using ANOVA with sex (male, female) and treatment (PBS control, oxytocin in

PBS (0.5 or 1.0 mg/kg), oxytocin in TRIOZAN^{TM} (0.5 or 1.0 mg/kg)) as between-subject factors.

Number (number of cells divided by number of sections counted) and maturity of DCX+ cells,

and GCL volume were each analysed using repeated measures ANOVA with hippocampal

region (dorsal, ventral) and an additional within-subjects factor for maturity of DCX+ cells

(proliferative, intermediate, post-mitotic). The data for OT-ir cells in the SON were not normal

or homoscedastic with female counts being more variable than male counts, even after

transformation. We therefore analysed males and females separately to meet ANOVA

assumptions. 17β-estradiol data were analysed using ANOVA separately for both sexes and

using estrous cycle as between-subject factors in females. We identified estrous cycle phase but

due to low sample sizes (N=1-2 for some treatment groups in each phase) we used estrous cycle

stage or 17β-estradiol as a covariate on our measures and the covariate effect is only presented

when significant. When appropriate, post-hoc analysis used the Neuman-Keul's procedure. Test

statistics were considered significant if $P \leq 0.05$. A priori comparisons were subject to

Bonferroni corrections.

Results

Body and adrenal mass

Body mass immediately prior to the start of the injections did not differ between

treatment groups (all P's>0.3) however males (405.6g ± 4.8g (SEM)) were larger than females

(mean±SEM= 252.5±1.6 g; Cohen's $d = 7.31$; main effect of sex $F_{(1,58)}=829.93$; $P<0.0001$;

partial $\eta^2 = 0.93$; Table 1). Net body mass gain (last day minus first day of injections) was

reduced in rats treated with oxytocin in PBS relative to the PBS controls (0.5 and 1.0 mg/kg

doses; P=0.04 and 0.003, respectively; main effect of treatment ($F_{(4,58)}=6.16$; $P<0.001$; partial

$\eta^2 = 0.30$) but this effect was driven by the males. In males, oxytocin in PBS or in TRIOZAN[TM]

(0.5 and 1.0 mg/kg) reduced body mass gain relative to the PBS male controls (a priori

comparisons, oxytocin in PBS by dose: P=0.01 and P=0.0003; Cohen's $d = 1.15$ and 1.46;

oxytocin in TRIOZAN[TM] by dose: P's<0.0001; Cohen's $d = 2.04$ and 1.88, respectively), while

oxytocin treated females were not affected relative to PBS female controls (P's>0.14,

respectively). No significant differences were observed between oxytocin in PBS and oxytocin

delivered in TRIOZAN[TM] (P's>0.2). There was also a sex difference with males having a larger

body mass gain than females (main effect of sex $F_{(1,58)}=32.14$; $P<0.0001$; partial $\eta^2 = 0.36$;

Cohen's $d = 1.30$). Treatment with oxytocin did not affect adrenal mass (adrenal mass/body

mass; all P's>0.15) although we observed an effect of sex (F(1,58)=120.59; P<0.0001; partial η^2

= 0.68; Cohen's d = 2.83) with females having significantly larger relative adrenal mass

compared to males.

Oxytocin causes sedation

Injections of oxytocin caused sedation observed 5-10 mins post-injection (Uvnäs-Moberg

et al., 1994). We calculated a sedation score using a binary score (0 = no sedation, 1 = sedation

indicated by a clear lack of locomotor activity and rearing, eyes closed and rats appearing asleep)

over the course of 10 days for a maximum possible score of 10. All the PBS control animals had

a sedation score of 0 (i.e., no sedation). In contrast, all doses and delivery methods of oxytocin

resulted in levels of sedation higher than 0 (Figure 1A). We therefore compared sedation scores

for the oxytocin groups only. Male rats had higher levels of sedation than female rats for the low

doses of oxytocin (0.5 mg/kg), regardless of delivery method (interaction between treatment and

sex F(3,44)=4.08; P<0.05; partial η^2 = 0.22; main effect of sex: F(1,44)= 50.04; P<0.0001; partial

η^2 = 0.53). Furthermore, for female rats oxytocin in TRIOZAN™ (0.5 mg/kg) resulted in lower

sedation relative to the same dose of oxytocin delivered in PBS (P=0.05; Cohen's d = 0.88) and

relative to the high dose of oxytocin in TRIOZAN™ (1.0 mg/kg; P=0.0001; Cohen's d = 2.78;

Figure 1A).

Oxytocin injections increase oxytocin levels and decrease 17β-estradiol levels in both sexes

Daily oxytocin (both doses) injections increased circulating levels of plasma oxytocin in

males and females regardless of delivery method (all P's<0.001; main effect of treatment

F(4,48)=358.3; P<0.0001; partial η^2 = 0.97; Figure 1B). In males and females, both doses of

oxytocin delivered in TRIOZAN™ (0.5 and 1.0 mg/kg) resulted in lower plasma levels relative

to oxytocin in PBS (P<0.01 and 0.0.001; Cohen's d = 1.49 and 2.23, respectively). Oxytocin

treatment (0.5 and 1.0 mg/kg in PBS and TRIOZAN^{TM}) reduced plasma levels of 17β-estradiol

in females relative to PBS controls, regardless of delivery method and estrous cycle phase (main

effect of treatment $F_{(4,22)}$=3.53, P<0.05; partial η^2 = 0.39; Figure 1C). In males, oxytocin

delivered in TRIOZAN^{TM} (0.5 and 1.0 mg/kg) reduced circulating levels of 17β-estradiol relative

to PBS controls (P<0.05 and P<0.001, respectively; main effect of treatment $F_{(4,29)}$=11.18,

P<0.001; partial η^2 = 0.61). The high dose of oxytocin delivered in TRIOZAN^{TM} (1.0 mg/kg)

also reduced circulating levels of 17β-estradiol relative to oxytocin delivered in PBS (1.0 mg/kg;

P<0.001).

Oxytocin treatment increases brain levels of oxytocin when delivered in TRIOZAN^{TM} only

Oxytocin delivered in TRIOZAN^{TM} (1.0 mg/kg) increased oxytocin concentrations in the

hypothalamus in males and females relative to oxytocin delivered in PBS (1.0 mg/kg; main

effect of treatment $F_{(4,49)}$=3.16, P=0.02, partial η^2 =0.21; a significant covariate effect of 17β-

estradiol ($F_{(1,49)}$=5.84, P=0.02; partial η^2 =0.10) to decrease oxytocin levels; Figure 2A).

Oxytocin delivered in PBS did not affect the levels of oxytocin in the hypothalamus relative to

the PBS controls in both sexes (P's>0.3). To investigate how peripheral and hypothalamic levels

of oxytocin compare between the treatment groups, we calculated the ratio of hypothalamus to

plasma oxytocin content. Compared to the PBS controls, all oxytocin treatments significantly

decreased the hypothalamus to plasma ratio in both males and females (all P's<0.001; main

effect of treatment $F_{(4,36)}$=28.71, P<0.0001; partial η^2 = 0.76; a significant covariate effect of

17β-estradiol ($F_{(1,36)}$=4.11, P=0.05; partial η^2 =0.10) to increase the hypothalamus to plasma

ratio; Figure 2B). In addition oxytocin in PBS (1.0 mg/kg) resulted in a lower hypothalamus to

plasma ratio compared to the oxytocin delivered in TRIOZAN^{TM} (1mg/kg; P<0.01; Cohen's d =

2.15). Using ELISA, we were not able to detect oxytocin levels in other homogenized brain

regions (frontal region, hippocampus). To complement the total levels of oxytocin in the

homogenized hypothalamus, we used immunofluorescence to investigate the effect of oxytocin

treatments on the number of OT-ir cells in two hypothalamic nuclei, SON and PVN (Figure 2C

and D). There was a weak correlation (r= -0.248; P=0.08) between plasma 17β-estradiol and the

number of OT-ir cells in the PVN, therefore we used 17β-estradiol levels as a covariate in the

analysis of OT-ir cells. In females, oxytocin in PBS and oxytocin delivered in TRIOZAN^{TM} did

not affect the number of OT-ir cells in the SON and PVN (all P's> 0.3; Figure 2C and D). In

males, oxytocin in PBS (1.0 mg/kg; P=0.03; Cohen's d = 2.00) and oxytocin delivered in

TRIOZAN^{TM} (0.5 and 1.0 mg/kg; P= 0.02 and 0.03; Cohen's d = 1.98 and 2.33, respectively)

increased the number of OT-ir cells in the SON relative to PBS controls (main effect of treatment

F(4, 19) =3.63; P < 0.05; partial η^2 = 0.43; Figure 2D). Oxytocin delivered in TRIOZAN^{TM} (0.5

mg/kg) increased the number of OT-ir cells relative to oxytocin in PBS (0.5 mg/kg; P= 0.04;

Cohen's d = 1.56). In the PVN, oxytocin did not significantly affect the number of OT-ir cells in

males (P's>0.7).

Oxytocin treatment did not affect time spent in locomotion or grooming but decreased time spent

rearing

Because we observed sedation shortly after oxytocin injection, we conducted social

investigation tests 2 hours after oxytocin injection to ensure locomotion was not affected during

the social investigation test. During the habituation period in the three-chambered arena, time

spent in locomotion was not affected by oxytocin treatment (P's>0.26; Table 2), but there was a

trend for a main effect of sex indicating that females were more active than males (F(1,58)=3.53

P=0.06 ; partial η^2 = 0.06). Oxytocin treatment did not affect the amount of time spent grooming

(all P's>0.41) but oxytocin in PBS (0.5 and 1.0 mg/kg) and in TRIOZAN^{TM} (1.0 mg/kg)

decreased the time spent rearing during the habituation period relative to the PBS control

(P's=0.046, 0.018 and 0.014 respectively; Cohen's d = 0.76, 1.34 and 1.34, respectively) in

males and females (main effect of treatment F(4,58)=4.15; P<0.01; partial η^2 = 0.22), and

females reared more than males (main effect of sex F(1,58)=11.37, P<0.01; partial η^2 = 0.16; for

females a significant covariate effect of estrous cycle (F(1,27)=4.44, P=0.04; partial η^2 =0.14)).

Oxytocin increases social investigation in males but not females

328   During habituation, the time spent in each of the three chambers was not significantly

different between treatments indicating that animals did not have a preference for a particular

side of the chamber (all P's>0.4; data not shown). We quantified the time spent in the social

stimulus third of the chamber and the time investigating the social stimulus rat (i.e. sniffing and

touching the basket where the stimulus rat was confined) as two measures of social investigation.

Regardless of treatment and sex, rats spent significantly more time in the chamber with the social

stimulus rat compared to the empty or middle chambers (main effect of side F(2,116)=191.3,

P<0.0001; partial η^2 = 0.77; Table 3). Surprisingly, none of the oxytocin treatments affected the

time spent in chamber with the social stimulus (P's>0.13; Figure 3B). However, we did find

effects of oxytocin on time spent investigating the stimulus basket. Oxytocin in PBS (0.5 mg/kg)

increased the time spent investigating the stimulus basket in males (P=0.049; Cohen's d = 1.83)

but not female rats relative to PBS controls (P's>0.6; main effect of treatment, F(4,58)=3.67,

P<0.01, partial η^2 = 0.20; interaction between treatment and sex, F(4,58)=2.50, P=0.05, partial η^2

= 0.15; no main effect of sex, P>0.12; Figure 3C). Social investigation of the stimulus rat was

not significantly different between oxytocin in PBS and oxytocin in TRIOZAN[TM] groups

(P's>0.2).

Oxytocin decreases hippocampal neurogenesis in males and females

The volume of the GCL was larger in males than in females (main effect of sex

$F(1,58)=18.01$, $P<0.0001$, partial $\eta^2=0.24$; Table 4) and the volume of the ventral GCL was

larger than the volume of the dorsal GCL(main effect of region; $F(1,58)=212.5$; $P<0.0001$,

partial $\eta^2=0.79$). Oxytocin treatments had no effect on GCL volumes (P's>0.11), therefore we

present number of DCX+ cells. Oxytocin in PBS (1.0 mg/kg) decreased the number of DCX+

cells in the dorsal GCL relative to PBS control in males and females ($P=0.015$; Cohen's $d = 0.86$;

interaction between region and treatment $F(4,54)=4.17$, $P<0.01$, partial $\eta^2 = 0.24$; Figure 4B). In

the ventral region, oxytocin in PBS (0.5 and 1.0 mg/kg) and delivered in TRIOZAN[TM] (1.0

mg/kg) decreased the number of DCX+ cells relative to PBS control in both sexes ($P=0.0002$,

0.0001, 0.002, respectively; Cohen's $d=0.95$, 1.26, 0.72, respectively; Figure 4C). The latter

effect of oxytocin in TRIOZAN[TM] (1.0 mg/kg) relative to PBS was driven by the females (a

priori comparisons; $P<0.001$, Cohen's $d= 1.59$ in females; $P=0.50$ in males). Oxytocin in PBS

(0.5 mg/kg) also decreased the number of DCX+ cells in the ventral region relative to oxytocin

in TRIOZAN[TM] (0.5 mg/kg) in males and females ($P=0.002$; Cohen's $d=0.85$). Males had more

DCX+ cells in the hippocampus than females (main effect of sex $F(1,54)=9.98$, $P<0.01$, partial

$\eta^2=0.16$) and the ventral region had more DCX+ cells than the dorsal region in both sexes (main

effect of region $F(1,54)=385.9$, $P<0.0001$, partial $\eta^2=0.88$). We also examined the maturity of

DCX+ cells in the dorsal and ventral hippocampus (Table 4). Oxytocin (in PBS or TRIOZAN[TM])

had no effect on the percentage of DCX+ cells at each stage of maturity in males and females

(P's>0.4). There were significantly more type 3 DCX+ cells relative to type 1 and 2 (main effect

of type of DCX+ cell; $F(2,116)=23.09$, $P<0.0001$; partial $\eta^2=0.28$). Finally, we found no

significant correlations between neurogenesis (ventral or dorsal) and social investigation,

between neurogenesis and hormone levels (17β-estradiol and oxytocin) and between

neurogenesis and OT-ir cells in the PVN and SON.

Discussion

In the present study, we found that oxytocin treatment decreased body mass, increased

social investigation and the number of OT-ir cells in the SON in male but not female rats. In

contrast in both sexes, oxytocin reduced plasma 17β-estradiol levels and neurogenesis in the

ventral hippocampus in a dose- and delivery-dependent way. Oxytocin treatment, regardless of

delivery and sex, resulted in sedation effects immediately after injection. Oxytocin delivered in

TRIOZAN[TM] produced some effects that differed from oxytocin delivered in PBS. Principally,

oxytocin delivered in TRIOZAN[TM] reduced sedation and plasma oxytocin levels relative to

oxytocin delivered in PBS. In addition, oxytocin in TRIOZAN[TM] increased central measures

such as hypothalamic oxytocin levels and ventral neurogenesis relative to oxytocin in PBS in

males and females. Altogether, oxytocin resulted in sex-specific effects on social investigation

and OT-ir cells in the SON but similar effects between the sexes on hippocampal neurogenesis,

plasma 17β-estradiol and hypothalamus oxytocin levels, although some of these effects were

dependent on the dose and delivery system used.

Oxytocin increased social investigation in males but not females

In this study both males and females displayed a preference for the social stimulus in line

with previous research in rats (Lukas and Neumann, 2014) and mice (Crawley et al., 2007). We

found that treatment with oxytocin for 10 days increased social investigation in male, but not in

female, rats. The finding in males is consistent with previous research in male mice and rats

(Lukas et al., 2011; Ramos et al., 2013). However, in our experiment, oxytocin did not increase

social investigation in female rats, which is similar to the previous findings using central

infusions of either oxytocin or an OTR antagonist (Lukas and Neumann, 2014). Thus, oxytocin

appears to have no significant influence on social investigation in non-postpartum female rats,

across a variety of paradigms and injection procedures. Consistent with our work, in rats infusion

of an OTR antagonist in the amygdala reduced social investigation in males only (Dumais et al.,

2016a). These findings suggest that oxytocin manipulations influence social investigation in

males but not females.

There are very few studies doing direct comparisons between males and females,

nevertheless sex differences in the effects of oxytocin on neural activation have been observed in

humans and rodents. In humans, intranasal oxytocin resulted in sex-specific effects on brain

activity during reciprocated cooperation (Rilling et al., 2014). Oxytocin increased brain activity

in males in areas important for reward, social bonding, arousal and memory (the striatum, basal

forebrain, insula, amygdala and hippocampus) whereas oxytocin had no effect or decreased this

response in certain areas in females (Rilling et al., 2014). In rats, oxytocin treatment also

resulted in sex differences in neural activation patterns as males had more activation than

females in the nucleus accumbens, insular cortex, pituitary and some regions of the

hypothalamus whereas females had more activation in the amygdala than males (Dumais et al.,

2017). In addition, males have more OTR binding sites in hypothalamic and amygdala areas

compared to females (DiBenedictis et al., 2017; Smith et al., 2017). In the current study, we

found that oxytocin increased the number of OT-ir cells in the SON in males only. Altogether, it

is possible that the lack of effect of oxytocin in females on social investigation could be related

to sex differences in the effects of oxytocin on OT-ir cells, OTR binding, and neural activation.

Oxytocin decreased ventral hippocampal neurogenesis in male and female rats

416   Contrary to previous studies in males, we found that oxytocin treatment decreased the

number of immature neurons in the ventral hippocampus of both female and male rats. To our

knowledge this is the first study investigating the effects of oxytocin on adult neurogenesis in

female rodents. Previous studies in male rats have used similar doses and routes of exposure of

oxytocin but different experimental designs (i.e., length of exposure, makers of neurogenesis,

behavioural testing) making it difficult to directly compare our current results. In male rats, a

single i.p. injection or central infusion of oxytocin increased cell proliferation in the ventral

hippocampus (Leuner et al., 2012). Furthermore, oxytocin treatment for 7 days increased new

neuron survival 1 or 3 weeks *after* the last injection (Leuner et al., 2012; Opendak et al., 2016).

Similarly, oxytocin treatment for 14 days increased DCX+ cells in adult male rats that also

underwent behavior (Sánchez-Vidaña et al., 2016). Altogether, this suggests that in males

oxytocin increases neurogenesis after prolonged treatment (14 days) or 1 to 3 weeks after 7 days

of treatment, however in the present study we found that oxytocin decreased neurogenesis

(DCX+ cells) after 10 days of exposure. Thus it is possible that in the current study we may have

observed an increase after more prolonged exposure to oxytocin or a longer time prior to brain

collection.

Interestingly, the effects of oxytocin on adult neurogenesis were mostly observed in the

ventral hippocampus, similar to previous studies in rats (Leuner et al., 2012; Opendak et al.,

2016). In contrast, other studies have seen effects in either both regions (in mice; Lin et al.,

2017) or in the dorsal region only (in rats; Sánchez-Vidaña et al., 2016). The dorsal and ventral

regions of the hippocampus have distinct functions (Bannerman et al., 2004; Fanselow and

Dong, 2010; Hawley et al., 2012; Wu and Hen, 2014). Newly generated neurons in the dorsal

and ventral hippocampus also project to different areas (reviewed in Strange et al., 2014). We did

not see any significant correlations between neurogenesis (ventral or dorsal) and social

investigation but it is possible that the regulation of ventral neurogenesis by oxytocin is related to

other social-, stress-, or anxiety-related behaviours (Anacker et al., 2018; Kheirbek et al., 2013;

Opendak et al., 2016; Snyder et al., 2011; Wu and Hen, 2014).

In the current study, we found no significant effects of oxytocin on the proportion of cells

at different stages of maturation (proliferative, intermediate and mature) immediately after 10

days. In contrast, oxytocin treatment (1.0 mg/kg) for 14 days increased cell proliferation, number

of mature DCX+ cells (i.e., cells with tertiary dendrites), and dendritic complexity in the dorsal

hippocampus in male rats (Sánchez-Vidaña et al., 2016). In the latter study, animals were treated

with oxytocin for a longer period (14 days vs 10 days present study) and were subjected to a

battery of behavioural tests (including, forced swim test (FST)) which may have influenced the

results. For example, behavioural despair tests (FST) can increase oxytocin levels in the brain of

male rats (Yan et al., 2014). Altogether, our work suggests that oxytocin similarly regulates

adult hippocampal neurogenesis in males and females but based on previous research, the effects

may be affected by length of exposure, neurogenesis endpoints (proliferation, maturation or

survival), and interaction with experiences.

Nanoparticle increases oxytocin levels in the brain and reduces oxytocin sedation side effect

We found that delivery of oxytocin with the nanoparticle TRIOZAN[TM] increased the

levels of oxytocin in the hypothalamus and reduced sedation and plasma oxytocin levels relative

to delivery with PBS. Thus, we saw oxytocin delivered in TRIOZAN[TM] reduced peripheral

effects by decreasing sedation and increased some central effects by increasing hypothalamic

oxytocin levels relative to oxytocin delivered in PBS. Penetration of peripheral oxytocin into the

brain is observed in small amounts (Neumann et al., 2013) calculated at ~0.002-0.003% (Mens et

al., 1983), 0.1% (Jones and Robinson, 1982), and 1.3% (Ermisch et al., 1985) but sufficient to

induce behavioural and brain changes in hippocampal neurogenesis and brain activation (present

study; Dumais et al., 2017; Leuner et al., 2012; Ring et al., 2006; Sánchez-Vidaña et al., 2016;

Uvnäs-Moberg et al., 1992). Indeed for a number of our measures we did not observe large

differences between oxytocin delivered in PBS or in TRIOZAN[TM].

In the current study, we observed sedation effects with both doses of oxytocin tested (0.5

and 1.0 mg/kg) similar to previous research showing that oxytocin causes sedation at high levels

(0.25 and 1.0 mg/kg) and anxiolytic effects at lower levels (<0.004 mg/kg; Uvnäs-Moberg et al.,

1994). However, female rats receiving oxytocin delivered in TRIOZAN[TM] had less sedation

compared to oxytocin in PBS which would suggest either a slow action or release of oxytocin in

TRIOZAN[TM] or a peripheral effect of oxytocin to cause sedation. There is evidence that sleep is

regulated by peripheral tissues such as skeletal muscle in mice (Ehlen et al., 2017). The

nanoparticle TRIOZAN[TM] can protect molecules from degradation (Ovensa Inc., 2018) and

plasma levels of oxytocin were lower in the oxytocin in TRIOZAN[TM] groups compared to

oxytocin in PBS, which may suggest that oxytocin is more actively transported to tissues

including the brain where it can either be stored or slowly released.

In our study, one limitation is that we cannot distinguish between endogenous and

exogenous oxytocin. One possibility is that oxytocin delivered in TRIOZAN^{TM} increased

endogenous production in the hypothalamus via indirect mechanisms (e.g., through projections

from the periphery to the brain). Altogether, our work suggests that oxytocin in TRIOZAN^{TM}

penetrated the brain but resulted in different behavioural and brain outcomes compared to

oxytocin in PBS.

Interactions between oxytocin and 17β-estradiol

In the present study, oxytocin treatment decreased plasma levels of 17β-estradiol in both

sexes. There is evidence that oxytocin and estrogens interact (reviewed in Engel et al., 2019) but

to date, research has focused on the effect of estrogens on the oxytocin system (Lim and Young,

2006; McCarthy et al., 1996; Tribollet et al., 1990). In human females, oxytocin levels decreased

during times of lower estradiol phases during the menstrual cycle (meta-analysis by Engel et al.,

2019) and with menopause (Maestrini et al., 2018). To our knowledge, our study is the first

demonstration that oxytocin regulates circulating 17β-estradiol levels indicating that the

interaction between these hormones is bidirectional. Our work has shown that estradiol regulates

many aspects of adult hippocampal neurogenesis in females (reviewed in Mahmoud et al., 2016).

It is possible that the oxytocin regulation of neurogenesis is affected by endogenous levels of

estradiol and other sex steroids, which should be investigated.

Summary

We found sex differences in the oxytocin regulation of social investigation and OT-ir

cells in the SON of the hypothalamus. Oxytocin increased social investigation and the number of

OT-ir cells in the SON in males but not females. In contrast, oxytocin decreased plasma 17β-

estradiol and neurogenesis in the hippocampus of both males and females. We also show that the

nanoparticle TRIOZAN^{TM} increased oxytocin levels in the hypothalamus in males and females

and reduced sedation in females indicating that it can be a viable delivery system for oxytocin.

Our study contributes to the evidence that oxytocin is not a simple prosocial hormone in both

sexes.

Acknowledgements

This study was funded by a Natural Sciences and Engineering Council of Canada grant to

LAMG (RGPIN 203596-13). We thank Ovensa Inc. for the generous gift of TRIOZAN^{TM},

Samantha Baglot and Dr. Steve Wainwright for helpful discussions on the design and results of

the study, and Elizabeth Perez and Rebecca Rechlin for help with microscopy.

References
516
Alexander, G.M., Farris, S., Pirone, J.R., Zheng, C., Colgin, L.L., Dudek, S.M., 2016. Social and
novel contexts modify hippocampal CA2 representations of space. Nat Commun 7,
10300. https://doi.org/10.1038/ncomms10300
Anacker, C., Luna, V.M., Stevens, G., Millette, A., Shores, R., Jimenez, J.C., Chen, B., Hen, R.,
2018. Hippocampal neurogenesis confers stress resilience by inhibiting the ventral
dentate gyrus. Nature 559, 98–102. https://doi.org/10.1038/s41586-018-0262-4
Bannerman, D.M., Rawlins, J.N.P., McHugh, S.B., Deacon, R.M.J., Yee, B.K., Bast, T., Zhang,
W.-N., Pothuizen, H.H.J., Feldon, J., 2004. Regional dissociations within the
hippocampus—memory and anxiety. Neuroscience & Biobehavioral Reviews, Festschrift
in Honour of Jeffrey Gray - Issue 1: Anxiety and Neuroticism 28, 273–283.
https://doi.org/10.1016/j.neubiorev.2004.03.004
Bredewold, R., Veenema, A.H., 2018. Sex differences in the regulation of social and anxiety-
related behaviors: insights from vasopressin and oxytocin brain systems. Current Opinion

in Neurobiology, Neurobiology of Behavior 49, 132–140.
https://doi.org/10.1016/j.conb.2018.02.011

Brown, J.P., Couillard-Després, S., Cooper-Kuhn, C.M., Winkler, J., Aigner, L., Kuhn, H.G.,
2003. Transient expression of doublecortin during adult neurogenesis: Doublecortin
Expression in Adult Neurogenesis. Journal of Comparative Neurology 467, 1–10.
https://doi.org/10.1002/cne.10874

Caldwell, H.K., 2018. Oxytocin and sex differences in behavior. Current Opinion in Behavioral
Sciences, Sex and Gender 23, 13–20. https://doi.org/10.1016/j.cobeha.2018.02.002

Churchland, P.S., Winkielman, P., 2012. Modulating social behavior with oxytocin: How does it
work? What does it mean? Hormones and Behavior 61, 392–399.
https://doi.org/10.1016/j.yhbeh.2011.12.003

Clelland, C.D., Choi, M., Romberg, C., Clemenson, G.D., Fragniere, A., Tyers, P., Jessberger,
S., Saksida, L.M., Barker, R.A., Gage, F.H., Bussey, T.J., 2009. A functional role for
adult hippocampal neurogenesis in spatial pattern separation. Science 325, 210–213.
https://doi.org/10.1126/science.1173215

Crawley, J.N., 2004. Designing mouse behavioral tasks relevant to autistic-like behaviors. Ment
Retard Dev Disabil Res Rev 10, 248–258. https://doi.org/10.1002/mrdd.20039

Crawley, J.N., Chen, T., Puri, A., Washburn, R., Sullivan, T.L., Hill, J.M., Young, N.B., Nadler,
J.J., Moy, S.S., Young, L.J., Caldwell, H.K., Young, W.S., 2007. Social approach
behaviors in oxytocin knockout mice: Comparison of two independent lines tested in
different laboratory environments. Neuropeptides 41, 145–163.
https://doi.org/10.1016/j.npep.2007.02.002

Danjo, T., Toyoizumi, T., Fujisawa, S., 2018. Spatial representations of self and other in the
hippocampus. Science 359, 213–218. https://doi.org/10.1126/science.aao3898

DiBenedictis, B.T., Nussbaum, E.R., Cheung, H.K., Veenema, A.H., 2017. Quantitative mapping
reveals age and sex differences in vasopressin, but not oxytocin, immunoreactivity in the
rat social behavior neural network. Journal of Comparative Neurology 525, 2549–2570.
https://doi.org/10.1002/cne.24216

Dumais, K.M., Alonso, A.G., Bredewold, R., Veenema, A.H., 2016a. Role of the oxytocin
system in amygdala subregions in the regulation of social interest in male and female
rats. Neuroscience 330, 138–149. https://doi.org/10.1016/j.neuroscience.2016.05.036

Dumais, K.M., Alonso, A.G., Immormino, M.A., Bredewold, R., Veenema, A.H., 2016b.
Involvement of the oxytocin system in the bed nucleus of the stria terminalis in the sex-
specific regulation of social recognition. Psychoneuroendocrinology 64, 79–88.
https://doi.org/10.1016/j.psyneuen.2015.11.007

Dumais, K.M., Bredewold, R., Mayer, T.E., Veenema, A.H., 2013. Sex differences in oxytocin
receptor binding in forebrain regions: Correlations with social interest in brain region-
and sex- specific ways. Hormones and Behavior 64, 693–701.
https://doi.org/10.1016/j.yhbeh.2013.08.012

Dumais, K.M., Kulkarni, P.P., Ferris, C.F., Veenema, A.H., 2017. Sex differences in neural
activation following different routes of oxytocin administration in awake adult rats.
Psychoneuroendocrinology 81, 52–62. https://doi.org/10.1016/j.psyneuen.2017.04.003

Ehlen, J.C., Brager, A.J., Baggs, J., Pinckney, L., Gray, C.L., DeBruyne, J.P., Esser, K.A.,
Takahashi, J.S., Paul, K.N., 2017. Bmal1 function in skeletal muscle regulates sleep.
eLife 6, e26557. https://doi.org/10.7554/eLife.26557

Engel, S., Klusmann, H., Ditzen, B., Knaevelsrud, C., Schumacher, S., 2019. Menstrual cycle-related fluctuations in oxytocin concentrations: A systematic review and meta-analysis. Frontiers in Neuroendocrinology 52, 144–155. https://doi.org/10.1016/j.yfrne.2018.11.002

Ermisch, A., Rühle, H.-J., Landgraf, R., Hess, J., 1985. Blood—Brain Barrier and Peptides. Journal of Cerebral Blood Flow & Metabolism 5, 350–357. https://doi.org/10.1038/jcbfm.1985.49

Fanselow, M.S., Dong, H.-W., 2010. Are the Dorsal and Ventral Hippocampus Functionally Distinct Structures? Neuron 65, 7–19. https://doi.org/10.1016/j.neuron.2009.11.031

Gobinath, A.R., Workman, J.L., Chow, C., Lieblich, S.E., Galea, L.A.M., 2016. Maternal postpartum corticosterone and fluoxetine differentially affect adult male and female offspring on anxiety-like behavior, stress reactivity, and hippocampal neurogenesis. Neuropharmacology 101, 165–178. https://doi.org/10.1016/j.neuropharm.2015.09.001

Hawley, D.F., Morch, K., Christie, B.R., Leasure, J.L., 2012. Differential Response of Hippocampal Subregions to Stress and Learning. PLOS ONE 7, e53126. https://doi.org/10.1371/journal.pone.0053126

Jones, P.M., Robinson, I.C., 1982. Differential Clearance of Neurophysin and Neurohypophysial Peptides from the Cerebrospinal Fluid in Conscious Guinea Pigs. NEN 34, 297–302. https://doi.org/10.1159/000123316

Jurek, B., Neumann, I.D., 2018. The Oxytocin Receptor: From Intracellular Signaling to Behavior. Physiological Reviews 98, 1805–1908. https://doi.org/10.1152/physrev.00031.2017

Kempermann, G., Gage, F.H., Aigner, L., Song, H., Curtis, M.A., Thuret, S., Kuhn, H.G., Jessberger, S., Frankland, P.W., Cameron, H.A., Gould, E., Hen, R., Abrous, D.N., Toni, N., Schinder, A.F., Zhao, X., Lucassen, P.J., Frisén, J., 2018. Human Adult Neurogenesis: Evidence and Remaining Questions. Cell Stem Cell 23, 25–30. https://doi.org/10.1016/j.stem.2018.04.004

Kendrick, K.M., 2000. Oxytocin, motherhood and bonding. Exp. Physiol. 85 Spec No, 111S-124S. https://doi.org/10.1111/j.1469-445x.2000.tb00014.x

Kheirbek, M.A., Drew, L.J., Burghardt, N.S., Costantini, D.O., Tannenholz, L., Ahmari, S.E., Zeng, H., Fenton, A.A., Hen, R., 2013. Differential control of learning and anxiety along the dorsoventral axis of the dentate gyrus. Neuron 77, 955–968. https://doi.org/10.1016/j.neuron.2012.12.038

Ko, J., 2017. Neuroanatomical Substrates of Rodent Social Behavior: The Medial Prefrontal Cortex and Its Projection Patterns. Front Neural Circuits 11. https://doi.org/10.3389/fncir.2017.00041

Ku, K.M., Weir, R.K., Silverman, J.L., Berman, R.F., Bauman, M.D., 2016. Behavioral Phenotyping of Juvenile Long-Evans and Sprague-Dawley Rats: Implications for Preclinical Models of Autism Spectrum Disorders. PLOS ONE 11, e0158150. https://doi.org/10.1371/journal.pone.0158150

Kumaran, D., Banino, A., Blundell, C., Hassabis, D., Dayan, P., 2016. Computations Underlying Social Hierarchy Learning: Distinct Neural Mechanisms for Updating and Representing Self-Relevant Information. Neuron 92, 1135–1147. https://doi.org/10.1016/j.neuron.2016.10.052

Leng, G., Ludwig, M., 2016. Intranasal Oxytocin: Myths and Delusions. Biological Psychiatry 79, 243–250. https://doi.org/10.1016/j.biopsych.2015.05.003

Leuner, B., Caponiti, J.M., Gould, E., 2012. Oxytocin stimulates adult neurogenesis even under
conditions of stress and elevated glucocorticoids. Hippocampus 22, 861–868.
https://doi.org/10.1002/hipo.20947

Lim, M.M., Young, L.J., 2006. Neuropeptidergic regulation of affiliative behavior and social
bonding in animals. Hormones and Behavior, Translational Topics in Behavioral
Neuroendocrinology 50, 506–517. https://doi.org/10.1016/j.yhbeh.2006.06.028

Lin, Y.-T., Chen, C.-C., Huang, C.-C., Nishimori, K., Hsu, K.-S., 2017. Oxytocin stimulates
hippocampal neurogenesis via oxytocin receptor expressed in CA3 pyramidal neurons.
Nature Communications 8. https://doi.org/10.1038/s41467-017-00675-5

Lukas, M., Neumann, I.D., 2014. Social preference and maternal defeat-induced social
avoidance in virgin female rats: Sex differences in involvement of brain oxytocin and
vasopressin. Journal of Neuroscience Methods, Measuring Behavior 234, 101–107.
https://doi.org/10.1016/j.jneumeth.2014.03.013

Lukas, M., Toth, I., Reber, S.O., Slattery, D.A., Veenema, A.H., Neumann, I.D., 2011. The
neuropeptide oxytocin facilitates pro-social behavior and prevents social avoidance in
rats and mice. Neuropsychopharmacology 36, 2159.

Maestrini, S., Mele, C., Mai, S., Vietti, R., Blasio, A.D., Castello, L., Surico, D., Aimaretti, G.,
Scacchi, M., Marzullo, P., 2018. Plasma Oxytocin Concentration in Pre- and
Postmenopausal Women: Its Relationship with Obesity, Body Composition and
Metabolic Variables. OFA 11, 429–439. https://doi.org/10.1159/000492001

Mahmoud, R., Wainwright, S.R., Galea, L.A.M., 2016. Sex hormones and adult hippocampal
neurogenesis: Regulation, implications, and potential mechanisms. Frontiers in
Neuroendocrinology 41, 129–152. https://doi.org/10.1016/j.yfrne.2016.03.002

Matta, R., Tiessen, A.N., Choleris, E., 2017. The Role of Dorsal Hippocampal Dopamine D1-
Type Receptors in Social Learning, Social Interactions, and Food Intake in Male and
Female Mice. Neuropsychopharmacology 42, 2344–2353.
https://doi.org/10.1038/npp.2017.43

McCarthy, M.M., 1990. Oxytocin inhibits infanticide in female house mice (Mus domesticus).
Horm Behav 24, 365–375. https://doi.org/10.1016/0018-506x(90)90015-p

McCarthy, M.M., McDonald, C.H., Brooks, P.J., Goldman, D., 1996. An anxiolytic action of
oxytocin is enhanced by estrogen in the mouse. Physiology & behavior 60, 1209–1215.

Mens, W.B.J., Witter, A., Van Wimersma Greidanus, T.B., 1983. Penetration of
neurohypophyseal hormones from plasma into cerebrospinal fluid (CSF): Half-times of
disappearance of these neuropeptides from CSF. Brain Research 262, 143–149.
https://doi.org/10.1016/0006-8993(83)90478-X

Modi, M.E., Young, L.J., 2012. The oxytocin system in drug discovery for autism: Animal
models and novel therapeutic strategies. Hormones and Behavior 61, 340–350.
https://doi.org/10.1016/j.yhbeh.2011.12.010

Nadler, J.J., Moy, S.S., Dold, G., Simmons, N., Perez, A., Young, N.B., Barbaro, R.P., Piven, J.,
Magnuson, T.R., Crawley, J.N., 2004. Automated apparatus for quantitation of social
approach behaviors in mice. Genes, Brain and Behavior 3, 303–314.
https://doi.org/10.1111/j.1601-183X.2004.00071.x

Neumann, I.D., 2008. Brain Oxytocin: A Key Regulator of Emotional and Social Behaviours in
Both Females and Males. Journal of Neuroendocrinology 20, 858–865.
https://doi.org/10.1111/j.1365-2826.2008.01726.x

Neumann, I.D., Maloumby, R., Beiderbeck, D.I., Lukas, M., Landgraf, R., 2013. Increased brain
and plasma oxytocin after nasal and peripheral administration in rats and mice.
Psychoneuroendocrinology 38, 1985–1993.
https://doi.org/10.1016/j.psyneuen.2013.03.003
Okuyama, T., Kitamura, T., Roy, D.S., Itohara, S., Tonegawa, S., 2016. Ventral CA1 neurons
store social memory. Science 353, 1536–1541. https://doi.org/10.1126/science.aaf7003
Omer, D.B., Maimon, S.R., Las, L., Ulanovsky, N., 2018. Social place-cells in the bat
hippocampus. Science 359, 218–224. https://doi.org/10.1126/science.aao3474
Opendak, M., Offit, L., Monari, P., Schoenfeld, T.J., Sonti, A.N., Cameron, H.A., Gould, E.,
2016. Lasting Adaptations in Social Behavior Produced by Social Disruption and
Inhibition of Adult Neurogenesis. J. Neurosci. 36, 7027–7038.
https://doi.org/10.1523/JNEUROSCI.4435-15.2016
Ovensa Inc., 2018. TRIOZAN^{TM} Nanomedicine Delivery Platform. http://ovensa.com/triozan-
nanomedicine-delivery-platform/ (accessed October 28, 2019).
Paxinos, G., Watson, C., 2005. The rat brain in stereotaxic coordinates. 5th ed. San Diego:
Elsevier Academic Press; 2005.
Pedersen, C.A., Ascher, J.A., Monroe, Y.L., Prange, A.J., 1982. Oxytocin induces maternal
behavior in virgin female rats. Science 216, 648–650.
https://doi.org/10.1126/science.7071605
Ramos, L., Hicks, C., Kevin, R., Caminer, A., Narlawar, R., Kassiou, M., McGregor, I.S., 2013.
Acute prosocial effects of oxytocin and vasopressin when given alone or in combination
with 3,4-methylenedioxymethamphetamine in rats: involvement of the V1A receptor.
Neuropsychopharmacology 38, 2249–2259. https://doi.org/10.1038/npp.2013.125
Rilling, J.K., DeMarco, A.C., Hackett, P.D., Chen, X., Gautam, P., Stair, S., Haroon, E.,
Thompson, R., Ditzen, B., Patel, R., Pagnoni, G., 2014. Sex differences in the neural and
behavioral response to intranasal oxytocin and vasopressin during human social
interaction. Psychoneuroendocrinology 39, 237–248.
https://doi.org/10.1016/j.psyneuen.2013.09.022
Ring, R.H., Malberg, J.E., Potestio, L., Ping, J., Boikess, S., Luo, B., Schechter, L.E., Rizzo, S.,
Rahman, Z., Rosenzweig-Lipson, S., 2006. Anxiolytic-like activity of oxytocin in male
mice: behavioral and autonomic evidence, therapeutic implications. Psychopharmacology
185, 218–225. https://doi.org/10.1007/s00213-005-0293-z
Sánchez-Vidaña, D.I., Chan, N.-M.J., Chan, A.H.L., Hui, K.K.Y., Lee, S., Chan, H.-Y., Law,
Y.S., Sze, M.Y., Tsui, W.-C.S., Fung, T.K.H., Lau, B.W.-M., Lai, C.Y.Y., 2016.
Repeated treatment with oxytocin promotes hippocampal cell proliferation, dendritic
maturation and affects socio-emotional behavior. Neuroscience 333, 65–77.
https://doi.org/10.1016/j.neuroscience.2016.07.005
Smith, C.J.W., Poehlmann, M.L., Li, S., Ratnaseelan, A.M., Bredewold, R., Veenema, A.H.,
2017. Age and sex differences in oxytocin and vasopressin V1a receptor binding
densities in the rat brain: focus on the social decision-making network. Brain Structure
and Function 222, 981–1006. https://doi.org/10.1007/s00429-016-1260-7
Snyder, J.S., Soumier, A., Brewer, M., Pickel, J., Cameron, H.A., 2011. Adult hippocampal
neurogenesis buffers stress responses and depressive behaviour. Nature 476, 458–461.
https://doi.org/10.1038/nature10287
Steinman, M.Q., Duque-Wilckens, N., Greenberg, G.D., Hao, R., Campi, K.L., Laredo, S.A.,
Laman-Maharg, A., Manning, C.E., Doig, I.E., Lopez, E.M., Walch, K., Bales, K.L.,

712     Trainor, B.C., 2016. Sex-Specific Effects of Stress on Oxytocin Neurons Correspond
713     With Responses to Intranasal Oxytocin. Biological Psychiatry 80, 406–414.
714     https://doi.org/10.1016/j.biopsych.2015.10.007
715  Strange, B.A., Witter, M.P., Lein, E.S., Moser, E.I., 2014. Functional organization of the
716     hippocampal longitudinal axis. Nature Reviews Neuroscience 15, 655–669.
717     https://doi.org/10.1038/nrn3785
718  Tribollet, E., Audigier, S., Dubois-Dauphin, M., Dreifuss, J.J., 1990. Gonadal steroids regulate
719     oxytocin receptors but not vasopressin receptors in the brain of male and female rats. An
720     autoradiographical study. Brain Research 511, 129–140. https://doi.org/10.1016/0006-
721     8993(90)90232-Z
722  Uvnäs-Moberg, K., Ahlenius, S., Hillegaart, V., Alster, P., 1994. High doses of oxytocin cause
723     sedation and low doses cause an anxiolytic-like effect in male rats. Pharmacology
724     Biochemistry and Behavior 49, 101–106. https://doi.org/10.1016/0091-3057(94)90462-6
725  Uvnäs-Moberg, K., Alster, P., Hillegaart, V., Ahlenius, S., 1992. Oxytocin reduces exploratory
726     motor behaviour and shifts the activity towards the centre of the arena in male rats. Acta
727     Physiologica Scandinavica 145, 429–430. https://doi.org/10.1111/j.1748-
728     1716.1992.tb09385.x
729  Workman, J.L., Gobinath, A.R., Kitay, N.F., Chow, C., Brummelte, S., Galea, L.A.M., 2016.
730     Parity modifies the effects of fluoxetine and corticosterone on behavior, stress reactivity,
731     and hippocampal neurogenesis. Neuropharmacology 105, 443–453.
732     https://doi.org/10.1016/j.neuropharm.2015.11.027
733  Wu, M.V., Hen, R., 2014. Functional dissociation of adult-born neurons along the dorsoventral
734     axis of the dentate gyrus. Hippocampus 24, 751–761. https://doi.org/10.1002/hipo.22265
735  Yan, Y., Wang, Y.-L., Su, Z., Zhang, Y., Guo, S.-X., Liu, A.-J., Wang, C.-H., Sun, F.-J., Yang,
736     J., 2014. Effect of oxytocin on the behavioral activity in the behavioral despair depression
737     rat model. Neuropeptides 48, 83–89. https://doi.org/10.1016/j.npep.2014.01.001
738  Yoshida, M., Takayanagi, Y., Inoue, K., Kimura, T., Young, L.J., Onaka, T., Nishimori, K.,
739     2009. Evidence That Oxytocin Exerts Anxiolytic Effects via Oxytocin Receptor
740     Expressed in Serotonergic Neurons in Mice. J. Neurosci. 29, 2259–2271.
741     https://doi.org/10.1523/JNEUROSCI.5593-08.2009
742

FIGURES

Figure 1. Oxytocin treatment causes sedation, increased plasma oxytocin and reduced plasma 17β-estradiol. **A.** Sedation scores in male and female rats immediately after injection with either PBS, oxytocin (OT, 0.5 or 1.0 mg/kg) or oxytocin in TRIOZAN™ (OTT, 0.5 or 1.0mg/kg). Sedation scores higher than 0 (i.e. 0 = no sedation) were observed after oxytocin injection and not in the PBS controls. Males had higher sedation scores than females in the low doses of oxytocin, regardless of delivery method (*** indicates significant different from males treated with oxytocin, OT and OTT 0.5 mg/kg; $P<0.001$). In females, oxytocin in TRIOZAN™ (OTT 0.5 mg/kg) resulted in lower sedation scores relative to oxytocin in PBS (OT 0.5 mg/kg; δ indicates significant difference from OT 0.5; $P=0.05$) and relative to oxytocin in TRIOZAN™ (1.0 mg/kg; β indicates significant difference between OTT 0.5 and OTT 1.0; $P= 0.0001$). **B.** Oxytocin treatment increased plasma levels of oxytocin in males and females relative to controls (*** $P<0.001$) and oxytocin in TRIOZAN™ (OTT 1.0 mg/kg) resulted in lower plasma oxytocin compared to oxytocin in PBS (OT 1.0 mg/kg; δδδ indicates significant difference from OT 1.0; $P<0.001$). **C.** Oxytocin treatment reduced 17β-estradiol levels in plasma in females and males relative to PBS controls (*** $P<0.001$). In females, all doses and delivery methods reduced 17β-estradiol levels. In males both doses of oxytocin in TRIOZAN™ reduced 17β-estradiol in plasma. In addition, the highest dose of oxytocin in TRIOZAN™ (OTT 1.0 mg/kg) resulted in lower plasma 17β-estradiol relative to oxytocin in PBS (OT 1.0 mg/kg; δδδ indicates significant difference from OT 1.0; $P<0.001$).

Figure 2. Oxytocin delivered in TRIOZAN™ increases oxytocin levels in the hypothalamus. A. Oxytocin levels measured by ELISA in the hypothalamus were significantly

higher in oxytocin in TRIOZAN^{TM} (OTT, 1.0mg/kg) compared to oxytocin in PBS in both sexes

(OT, 1.0 mg/kg; indicated by δ, P<0.05). **B.** Ratio of hypothalamus to plasma levels of oxytocin

were significantly lower in all oxytocin treatment groups (*** P<0.001) but oxytocin delivered

in TRIOZAN^{TM} (OTT, 1.0 mg/kg) resulted in a higher ratio compared to oxytocin in PBS (OT,

1.0 mg/kg; indicated by δδ, P<0.01). **C.** In the PVN, the number of OT-ir cells was not affected

by oxytocin treatment. **D.** There were more OT-ir cells in the SON of male rats treated with

oxytocin in PBS (OT, 1.0 mg/kg) and in TRIOZAN^{TM} (OTT, 0.5 and 1.0 mg/kg) relative to PBS

controls (P<0.05). The number of OT-ir cells in the SON was higher in oxytocin delivered in

TRIOZAN^{TM} (OTT, 0.5 mg/kg) compared to oxytocin in PBS (OT, 0.5 mg/kg; indicated by δ,

P<0.05).

Figure 3. Oxytocin increases social investigation in male but not female rats in the three

chambered social approach test. A. Three-chambered apparatus for quantifying social

investigation. **B.** Oxytocin did not affect the percent time spent on social stimulus side. **C.** In

males, oxytocin in PBS (OT 0.5 mg/kg) increased time sent investigating social stimulus relative

to control (P<0.05).

Figure 4. Oxytocin affects adult neurogenesis in a region- and delivery-dependent way. A.

Representative images of DCX+ cells in the granule cell layer of the hippocampus and the three

types of DCX+ cells based on morphology. **B.** In the dorsal hippocampus, oxytocin in PBS (OT

1.0 mg/kg) decreased the number of DCX+ cells in males and females relative to PBS controls

(P<0.05). **C.** In the ventral hippocampus, oxytocin in PBS (OT 0.5 and 1.0 mg/kg) decreased the

number of DCX+ cells in males and females (P<0.001). In females, oxytocin delivered in

TRIOZAN^{TM} (OTT 1.0 mg/kg) decreased the number of DCX+ cells relative to PBS controls

(P<0.001). In both sexes, oxytocin delivered in TRIOZAN^{TM} (OTT 0.5 mg/kg) increased the

number of DCX+ cells relative to oxytocin in PBS (OT 0.5 mg/kg; δδ indicates significantly

different from OT 0.5, P<0.01).

Table 1. Mean (SEM) body mass at the start of injections (g), net body mass gain (g), and

adrenal mass/body mass in male and female rats treated with oxytocin in PBS (OT 0.5 and 1.0

mg/kg) and in TRIOZAN^{TM} (OTT 0.5 and 1.0 mg/kg). Asterisks denote significant differences

from control PBS males (P<0.05). [a] Denotes main effect of sex (P<0.001).

Treatment	Sex	Sample Size	Initial body mass[a] (g)	Net body mass gain[a] (g)	Adrenal mass/body mass[a]
PBS	F	8	252.13 (3.90)	21.38 (3.01)	0.025 (0.001)
	M	8	416.38 (13.49)	55.00 (5.70)	0.015 (0.001)
OT 0.5	F	8	248.38 (2.34)	16.50 (2.01)	0.028 (0.001)
	M	8	411.63 (11.25)	37.88 (4.79)*	0.013 (0.001)
OT 1	F	8	255.50 (2.06)	11.50 (2.78)	0.026 (0.002)
	M	8	406.00 (8.87)	29.50 (6.64)*	0.013 (0.001)
OTT 0.5	F	5	253.40 (5.85)	10.80 (5.80)	0.023 (0.003)
	M	5	390.20 (6.26)	25.60 (5.60)*	0.016 (0.001)
OTT 1	F	5	254.20 (6.03)	14.80 (2.60)	0.024 (0.003)
	M	5	393.80 (4.42)	19.60 (9.50)*	0.014 (0.001)

799 **Table 2.** Total (SEM) amount of time (in seconds) spent in locomotion, grooming, and rearing

800 during the habituation of the three-chamber approach test in male and female rats treated with

801 oxytocin in PBS (OT 0.5 and 1.0 mg/kg) and in TRIOZAN^{TM} (OTT 0.5 and 1.0 mg/kg).

802 Asterisks denote significantly different from PBS ($P<0.05$). [a] Denotes main sex effect ($P<0.01$).

Treatment	Sex	Sample Size	Locomotion (s)	Grooming (s)	Rearing[a] (s)
PBS	F	8	202.24 (18.45)	13.75 (2.66)	169.80 (9.73)
	M	8	168.94 (13.41)	13.97 (4.09)	137.43 (16.70)
OT 0.5	F	8	185.90 (14.44)	12.17 (3.13)	141.74 (20.30)*
	M	8	171.14 (33.88)	11.20 (3.76)	85.18 (20.26)*
OT 1	F	8	184.48 (19.38	9.24 (2.67)	119.18 (9.21)*
	M	8	129.49 (11.92)	8.20 (2.11)	81.97 (12.28)*
OTT 0.5	F	5	166.29 (21.60)	14.95 (5.68)	144.29 (15.33)
	M	5	157.94 (17.04)	11.66 (2.73)	116.69 (13.33)
OTT 1	F	5	149.51 (15.41)	9.84 (7.28)	112.86 (15.76)
	M	5	136.56 (22.45)	22.41 (6.67)	90.50 (16.86)

804 **Table 3.** Percent time spent (SEM) in each of the chambers during the social behaviour test in

805 male and female rats treated with oxytocin in PBS (OT 0.5 and 1.0 mg/kg) and in TRIOZAN[TM]

806 (OTT 0.5 and 1.0 mg/kg). Rats spent more time in the social stimulus side compared to the

807 empty and middle chambers, regardless of treatment and sex ([a] denotes a significant main effect

808 of side; P<0.0001).

Treatment	Sex	Sample Size	Time in Social Stimulus Chamber[a]	Time in Empty Chamber	Time in Middle Chamber
PBS	F	8	60.13 (3.52)	28.35 (3.03)	11.52 (1.18)
	M	8	53.34 (4.50)	23.79 (4.35)	22.84 (5.82)
OT 0.5	F	8	58.83 (1.41)	29.26 (1.91)	11.9 (2.23)
	M	8	66.92 (3.51)	22.17 (3.45)	10.91 (1.98)
OT 1	F	8	54.00 (4.51)	26.15 (3.01)	19.84 (5.58)
	M	8	64.59 (4.13)	19.21 (3.47)	16.23 (3.41)
OTT 0.5	F	5	59.73 (3.70)	27.92 (3.75)	12.35 (2.47)
	M	5	61.12 (2.65)	25.96 (2.10)	12.92 (2.15)
OTT 1	F	5	53.30 (7.10)	24.60 (5.20)	22.09 (10.64)
	M	5	60.07 (4.72)	27.36 (4.80)	12.57 (2.79)

Table 4. Mean (SEM) dorsal and ventral volumes (mm^3) of the granule cell layer (GCL) of the right hippocampus and percent of DCX+ cells in different stages of maturity (proliferative, type 1; intermediate, type 2; post-mitotic, type 3) in male and female rats treated with oxytocin in PBS (OT 0.5 and 1.0 mg/kg) and in TRIOZAN^{TM} (OTT 0.5 and 1.0 mg/kg). Males had significantly larger GCL volume compared to females (main effect of sex; P<0.05). Ventral volumes were larger than dorsal volumes (main effect of region; P<0.0001). Oxytocin treatments did not affect the volume of the GCL (all P's>0.11). There were significantly more type 3 DCX+ cells relative to type 1 and 2 (main effect of type of DCX+ cell; P<0.0001). Oxytocin treatments did not affect the proportion of DCX+ cells in each stage of maturation (all P's>0.4).

Treatment	Sex	Sample Size	Dorsal GCL Volume	Ventral GCL Volume	Dorsal			Ventral		
					Type 1	Type 2	Type 3	Type 1	Type 2	Type 3
PBS	F	8	0.58 (0.04)	1.09 (0.07)	22.50 (3.55)	31.67 (1.92)	45.83 (2.76)	31.04 (2.78)	35.00 (1.70)	33.96 (2.11)
	M	8	0.71 (0.05)	1.16 (0.11)	24.22 (3.00)	28.21 (2.71)	47.57 (2.94)	32.92 (3.18)	33.33 (3.42)	33.75 (2.69)
OT 0.5	F	8	0.63 (0.06)	1.02 (0.08)	24.72 (3.64)	28.90 (2.75)	46.38 (3.31)	34.66 (2.98)	32.56 (2.71)	32.78 (2.70)
	M	8	0.65 (0.06)	1.15 (0.08)	26.08 (3.67)	27.57 (1.75)	46.36 (4.67)	34.09 (3.59)	33.47 (3.63)	32.44 (2.17)
OT 1	F	8	0.52 (0.03)	1.02 (0.06)	30.07 (2.90)	27.97 (2.55)	41.96 (2.18)	35.20 (2.70)	34.17 (2.83)	30.63 (2.58)
	M	8	0.68 (0.03)	1.19 (0.10)	26.88 (4.48)	27.08 (2.15)	46.04 (4.76)	33.83 (3.22)	34.65 (1.16)	31.52 (3.16)
OTT 0.5	F	5	0.65 (0.10)	1.09 (0.04)	23.21 (6.57)	29.06 (2.71)	47.73 (5.48)	30.43 (4.89)	35.10 (3.12)	34.47 (3.66)
	M	5	0.71 (0.06)	1.23 (0.07)	27.44 (6.53)	24.74 (1.90)	47.82 (5.03)	32.33 (3.82)	31.67 (2.47)	36.00 (3.44)
OTT 1	F	5	0.61 (0.02)	0.86 (0.05)	27.08 (7.13)	28.76 (3.26)	44.16 (4.26)	30.00 (5.53)	35.00 (1.90)	35.00 (4.94)
	M	5	0.64 (0.05)	1.28 (0.08)	27.33 (3.82)	30.33 (1.43)	42.33 (3.23)	27.67 (4.67)	32.67 (3.44)	39.67 (2.32)

Figure 1

Figure 2

Figure 3

A Three-chambered social paradigm

Figure 4

A GCL — 200 µm; 20 µm; Type 1; Type 2; Type 3

B DORSAL

☐ Male ▨ Female

Number of DCX+ cells

*   *

Control, OT 0.5, OT 1.0, OTT 0.5, OTT 1.0 (Male)
Control, OT 0.5, OT 1.0, OTT 0.5, OTT 1.0 (Female)

C VENTRAL

Number of DCX+ cells

δ δ   δ δ
***   ***   ***

Control, OT 0.5, OT 1.0, OTT 0.5, OTT 1.0 (Male)
Control, OT 0.5, OT 1.0, OTT 0.5, OTT 1.0 (Female)