Transposable element landscape in *Drosophila* populations selected

for longevity

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ABSTRACT

Transposable elements (TEs) inflict numerous negative effects on health and fitness as they replicate by integrating into new regions of the host genome. Even though organisms utilize powerful mechanisms to demobilize TEs, transposons become increasingly derepressed during aging. The rising TE activity causes genomic instability and was suggested to be involved in age-dependent neurodegenerative diseases, inflammation and the determination of lifespan. It is therefore conceivable that long-lived individuals have improved TE silencing mechanisms and consequently fewer genomic insertions and a reduced TE expression relative to their shorter-lived counterparts. Here, we test this hypothesis by performing the first analysis of genome-wide insertions and expression of TEs in populations of *Drosophila melanogaster* selected for longevity through late-life reproduction for 50-170 generations from four independent studies. Surprisingly, we found that TE families were generally more abundant in long-lived populations compared to non-selected controls. Despite simulations showed that this was not expected under neutrality, we found little evidence for selection driving TE abundance differences. Additional RNA-seq analysis revealed only few differentially expressed TEs whereas reducing TE expression might be more important than regulating genomic insertions. We further find limited evidence of parallel selection on genes related to TE regulation and transposition. However, telomeric TEs were genomically and transcriptionally more abundant in long-lived flies, suggesting improved telomere maintenance as a promising TE-mediated mechanism prolonging lifespan. Our results provide a novel viewpoint proposing that reproduction at old age increases the opportunity of TEs to be passed on to the next generation with little impact on longevity.

INTRODUCTION

Aging, also known as senescence, is an evolutionary conserved process described as the progressive loss of physiological homeostasis starting from maturity with disease promotion, decline in phenotypic function, and increased chance of mortality over time as a consequence (Fabian and Flatt 2011; Flatt and Heyland 2011; López-Otín et al. 2013). At the molecular level, studies of loss-of-function mutations in model organisms such as yeast, *Caenorhabditis elegans*, *Drosophila melanogaster*, and mice have successfully identified key pathways underlying aging and longevity including the conserved insulin/insulin-like growth factor signaling (IIS) and target of rapamycin (TOR) nutrient-sensing network (Piper et al. 2008; Fontana et al. 2010; Gems and Partridge 2013; Pan and Finkel 2017). More recently, sequencing of whole genomes, transcriptomes, and epigenomes corroborated that aging has a complex genetic basis involving many genes and is accompanied by changes across a broad range of interconnected molecular functions (López-Otín et al. 2013).

While there has been a predominant focus on identifying the links between genes and phenotypes correlated with aging, the role of transposable elements (TEs) in senescence and longevity has received less attention even though their discovery by Barbara McClintock goes back to more than half a century ago (McClintock 1950). TEs, or transposons, are selfish genetic elements that replicate and move within genomes of their hosts. In eukaryotes they typically constitute a considerable portion of the genome with estimates around ~3% in yeast, ~20% in *D. melanogaster*, ~70% in humans and ~85% in maize (Quesneville et al. 2005; Schnable et al. 2009; de Koning et al. 2011; Carr et al. 2012). To date, several thousand TE families broadly classified into DNA-transposons and retrotransposons multiplying via RNA intermediates have been identified and are known to vary hugely in their transpositional mobility (Jurka et al. 2011; Deniz et al. 2019). For instance, only a small fraction of L1 retrotransposons are responsible for most of the transposition events in the human genome, while the vast majority of L1s and other TE families have been inactivated through the accumulation of structural and point mutations over evolutionary time scales (Brouha et al. 2003).

For a long time, transposons were unfairly deemed as 'junk DNA' that do not have any
significant impact on organismal function, but a series of studies proofing TE-mediated
adaptive evolution and their role in diseases initiated a paradigm shift in thinking.
Nevertheless, the extent to which active transposition and immobile TEs residing in
the genome contribute to host fitness are still controversial. TE mobility causes
genomic instability through insertional mutagenesis, which can directly affect coding
sequences of genes or modify their transcription. Typically, TE insertions into or close
to genes impose negative consequences on health and have been associated with
~100 diseases in humans, including cystic fibrosis, haemophilia and cancer (Hancks
and Kazazian 2012). Moreover, TE expression and translation allow the formation of
toxic TE products that, for example, contribute to autoimmune diseases, whereas TE
activity and replication of an increased genomic TE content might also impose
metabolic costs to the host (Kaneko et al. 2011; Barrón et al. 2014; Volkman and
Stetson 2014; Bogu et al. 2019).
On the other hand, there is mounting experimental evidence for positive selection on
segregating TE insertions from multiple taxa confirming beneficial phenotypic
properties including insecticide and virus resistance in *Drosophila* (Daborn et al. 2002;
Magwire et al. 2011; Kuhn et al. 2014; Li et al. 2018; Rech et al. 2019). Still, recent
arguments have emphasized the notion that most TE insertions are likely to be slightly
deleterious or neutral with little effects on fitness, and that adaptive TEs are negligibly
rare (Arkhipova 2018).
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An evolutionary conserved characteristic of TEs is that their rate of transposition and
expression is not constant throughout life, but rather changes during aging as
demonstrated in various organisms including yeast, *D. melanogaster*, *C. elegans*,
mice, and humans (Maxwell et al. 2011; Dennis et al. 2012; Solyom et al. 2012; De
Cecco et al. 2013; Li et al. 2013; Chen et al. 2016; Bogu et al. 2019; De Cecco et al.
2019). TEs have further been implicated in age-related neurodegenerative diseases
(e.g. Krug et al. 2017; Prudencio et al. 2017; Guo et al. 2018) and might promote
chronic inflammation observed during aging (Chen et al. 2014; De Cecco et al. 2019)
further supporting the involvement of TEs in senescence and longevity as proposed
by the emerging 'transposable element theory of aging'. The age-related change in
TE activity detected in many tissues has mainly been attributed to chromatin
remodeling and the decline in repressive heterochromatin structure which is

commonly rich in transposable elements (Dimitri and Junakovic 1999; Wood and
Helfand 2013; Chen et al. 2016; Wood et al. 2016). TEs that are not suppressed by
chromatin structure are target of post-transcriptional silencing by the host RNA-
interference (RNAi) machinery, mostly the piwi-interacting RNA (piRNA) pathway, that
is in turn also necessary for heterochromatin formation and stability (Lippman and
Martienssen 2004; Martienssen and Moazed 2015). Indeed, research has identified
longevity-promoting effects of several genes involved in the RNAi machinery and
heterochromatin formation (Mori et al. 2012; Wood and Helfand 2013; Wood et al.
2016). Interestingly, it is possible that age-related misexpression of TEs is exclusive
to the soma due to efficient post-transcriptional TE silencing mediated by the piRNA
machinery in the germline (Sturm et al. 2015; Elsner et al. 2018; Erwin and Blumenstiel
2019). Considering current evidence, it seems natural that longevity can be achieved
through impeding TE activity and controlling the genomic content of TEs. However,
whether variation in aging and lifespan within species is mediated by transposons and
their role in the evolution of senescence is largely unknown.
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Here, we analyze genomes of *D. melanogaster* populations experimentally selected
for increased lifespan through postponed reproduction from four independent studies
to understand the role of TEs in the evolution and genomic basis of late-life
performance and aging. The invertebrate *D. melanogaster* is an excellent model in
this respect as it exhibits abundant genetic and phenotypic variation in fecundity and
traits related to aging that can be selected for. In the present experiments, replicate
populations derived from nature were subjected to a late-life breeding scheme in which
only flies surviving and fertile at old age contributed to the subsequent generations,
while control individuals reproduced earlier in life. At the point of whole genome
sequencing, this process had continued for over 30 years with ~170 and ~150
generations of selection for Carnes et al. 2015 (Carnes2015) and Fabian et al. 2018
(Fabian2018), and for 58 and 50 generations for Hoedjes et al. 2019 (Hoedjes2019)
and Remolina et al. 2012 (Remolina2012) enabling us to quantify differences in TE
content of long- and short-term evolutionary responses. Selection for postponed
senescence has resulted in phenotypic divergence of multiple fitness traits, most
notably an ~8% to ~74% increase in lifespan and improved old age fecundity at the
cost of reduced early reproduction (Luckinbill et al. 1984; Rose 1984; Remolina et al.
2012; Carnes et al. 2015; Fabian et al. 2018; Hoedjes et al. 2019; May et al. 2019). At

the genome level, analysis of genetic differentiation has revealed a significant sharing
in candidate genes across the four studies indicating parallel evolution (Hoedjes et al.
2019), but at the same time exposed multiple novel targets of selection. For instance,
three of the studies report genetic and/or transcriptomic divergence in immunity genes,
and it has recently been confirmed that these molecular changes reflect differences in
traits related to pathogen resistance (Fabian et al. 2018). Thus, despite variations in
the experimental designs, numerous evolutionary repeatable phenotypic and genetic
adaptations have been observed, but the importance of TEs in these studies has
remained unexplored. Our main objective therefore was to investigate for the first time
whether TE abundance in the genome, and host genes related to TE regulation, had
undergone similar parallel changes. Using RNA-seq data from Carnes et al. (2015),
we further test if males and females of selected populations evolved to suppress TE
transcription to mitigate potentially negative effects on longevity.
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RESULTS

Genomic TE abundance

Our initial goal was to test if transposable elements differ in the number of genomic
insertions between late-breeding, long-lived selection (S) and early-breeding control
(C) populations of four studies performing experimental evolution of postponed
senescence (**Table S1**). As a first step, we excluded all TEs that did not pass our
coverage and mapping quality filters and therefore included between 110 to 115 TEs
dependent on the study in our downstream analysis. We then used three different
approaches to test differences in TE abundance across control and selection regimes
(see overview in **Fig. S1**).
As sequencing depth varies throughout the positions within a TE, resulting in a
distribution of insertion counts rather than a single point-estimate, we first analyzed
the differences between regimes using all insertion value estimates within individual
TEs separately for each study (**Fig. 1** and **Table 1**). We found that between 46% and
77% of all TEs had a significantly larger number of genomic insertions in the selected
populations relative to controls after Bonferroni correction for multiple testing (from
here on referred to as S>C TEs). In contrast, only 12% - 31% of TEs showed the
opposite pattern and had more insertions in the controls (from here on referred to as
C>S TEs). As expected, the magnitude of difference in TE insertions between regimes

was correlated with the genomic copy number of TE families (Pearson's r,
Carnes2015: 0.81, Fabian2018: 0.52, Hoedjes2019: 0.77, Remolina2012: 0.6, all P <
0.0001). To correct for this, we also obtained $\log_2$ fold change (FC) values by dividing
average insertions of selected by control populations for each TE (lower panels in **Fig.**
1). S>C TEs had significantly larger $\log_2$ FC values in the two short-term evolution
studies of Hoedjes2019 and Remolina2012, while the opposite pattern and no
difference was observed for Fabian2018 and Carnes2015, respectively (**Fig. S2A**; t-
tests between absolute $\log_2$ FC values of S>C and C>S; Carnes2015: P ~ 0.47;
Fabian2018: P ~ 0.01; Hoedjes2019: P ~ 0.001, Remolina2012: P ~ 0.005).

This demonstrates that the dynamics of TE change between control and selected
populations varies among studies. Indeed, we find that studies also differed
significantly in the size of $\log_2$ FC values in the order of Carnes2015 > Fabian2018 >
Hoedjes2019 = Remolina2012 (**Fig. S2A**; ANOVA with Study term, Tukey post hoc
test; P < 0.001 for all pairwise comparisons except Hoedjes2019-Remolina2012,
which was not significant), seemingly scaling with the length of selection (Carnes2015:
170; Fabian2018: ~146; Hoedjes2019: 58, Remolina2012: 50 generations).

As a second, complementary approach to test for TE abundance differences between
selection and control regimes, we also fitted linear models using average number of
insertions per TE and population and analyzed the four studies together. Because the
total number of TEs was significantly different between studies (ANOVA P < 0.0001
of Study factor; **Fig. S3**), we normalized the insertion counts of each individual TE by
the total insertions in the corresponding population and analyzed arcsine square root
transformed proportions (**Fig. S1B** and **Fig. S1C**). At an FDR of <0.05, we identified
41 TEs with a significant regime factor of which 34 were more and 7 less abundant in
selected populations, confirming our findings of individual studies (**Table 1**).
Comparable tendencies were obtained when we analyzed the raw insertion counts or
standardized z-scores of insertions and changing the significance threshold did not
alter the fact that S>C TEs were more frequent than C>S (not shown).

In our third - and most conservative - analysis, we identified TEs with consistent
differences in genomic TE insertions between all control and all selected populations
(**Table S2**). Interestingly, the number of TEs were generally smaller compared to our
statistical approach indicating that TEs within control or selected populations do not
always behave in a parallel way. The insertion tendency in favor of S>C was again
apparent in three studies. In Hoedjes2019, however, we observed the same pattern

for populations selected on larval diet with low and medium sugar/protein
concentration, but the opposite for the high sugar/protein diet. A qualitatively similar
results was obtained applying the statistical approach from above (**Fig. S4** and **Table**
S3). Yet, the overall increase in TE insertions in late-breeding populations was
apparent in our model which corrects for the effect of diet (**Fig. 1** and **Table 1**).
We further tested if our results are influenced by the chosen mapping quality cut-off of
20 and redid the analyses without applying a threshold. The number of genomic
insertions per TE were highly correlated between both mapping approaches
(Pearson's r range = 0.94 – 1 in all populations and studies, P < 0.0001), and changing
the cut-off resulted in similar proportions of S>C and C>S TEs (not shown).
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To analyze if changes in TE abundance are driven by certain TE subclasses (Long
Terminal Repeat, LTR; Non-Long Terminal Repeat, non-LTR; Terminal Inverted
Repeat, TIR) or class (RNA, DNA) we tested S>C and C>S TEs for enrichment of
these types using two-sided Fisher's exact tests. We only detected a significant
underrepresentation of TIRs and DNA-class TEs (i.e. overrepresentation of RNA-
class) in the C>S group of TEs of Carnes2015 and Hoedjes2019 (Carnes2015, TIRs:
P ~ 0.044; DNA/RNA class: P ~ 0.024; and Hoedjes2019, TIRs: P ~ 0.013; DNA/RNA
class: P ~ 0.008), while significant TEs of Fabian2018 and Remolina2015 had no
enrichment in class or subclass.
Despite the bulk of individual TEs had a higher genomic abundance in the selected
populations, the whole genomic TE content was not significantly different between the
regimes (ANOVA Regime factor: P ~ 0.086; **Fig. S3**). This was at least partly driven
by the fact that relative to S>C TEs, the fewer C>S TEs showed a significantly higher
magnitude of insertion differences in two studies (**Fig. S2B,** t-test on S>C vs C>S TEs
δInsertion values; Carnes2015 P ~ 0.04; Fabian2018 P ~ 0.005). The non-significant
difference in overall genomic TE load could therefore be a result of a large number of
S>C TEs with small differences that are balanced by fewer C>S TEs with large
differences. We further analyzed the whole genomic content of individual subclasses
of TEs and identified that selected populations had on average a significantly higher
number of TIRs than controls (**Fig. S3**, ANOVA, both Regime and Regime x Study
factors, FDR < 0.001). Tukey tests analyzing differences between selected and control
populations indicated that this effect is strongly influenced by Carnes2015 (Tukey

HSD, Regime x Study factor testing for C vs S within studies, Carnes2015: $P < 0.0001$;

Hoedjes2019: $P \sim 0.85$; Fabian2018 and Remolina2012: $P \sim 1$). We also detected that

selected populations had a larger LTR retrotransposon load than controls (ANOVA,

Regime factor, $P \sim 0.026$), whereas non-LTR content did not differ significantly.

Finally, we note that studies in general varied significantly in total TE content and

subclass-specific loads (ANOVA, Study factor, $P < 0.0001$ in all models).

In summary, our results demonstrate that selection for postponed reproduction leads

to evolutionary repeatable increases in copy number of many TEs relative to early

bred controls, without affecting the overall genomic TE load.

Approximate TE mobility

We next tested if the change in abundance of TEs between control and selected

populations can be explained by differences in average population frequency of TE

insertions which serves as a proxy for recent mobility and age of TE invasion (Kofler

et al. 2015).

We first determined the exact genomic location and frequency of TE insertions and

calculated average population frequency across all insertion sites for each TE family.

Importantly, while TE abundance (as above) is quantified by the total number of reads

mapping to a TE relative to single-copy genes (Weilguny and Kofler 2019), identifying

the exact genomic location of insertions requires mates of a read-pair to map

discordantly to the chromosome and TE sequence, and therefore strongly depends

on the sequencing depth and number of populations (Cridland et al. 2013; Kofler et al.

2016; Lerat et al. 2019). The genome-wide average coverage ~162, ~101, ~41, and

~23 for Fabian2018, Hoedjes2019, Remolina2012, and Carnes2015, respectively. As

expected, the number of detected TE insertions partially scaled with coverage: across

all populations within a study, we found 13,018 TE insertions in Hoedjes2019, 8,402

in Fabian2018, and 4,502 in Remolina2012, which is in the range recently identified in

natural populations (i.e. 4,277 - 11,649 TE insertions in Lerat et al. 2019). The least

number of insertions was found for Carnes2015 for which we identified an unusually

small number of 567 TE insertions.

For each TE family, we then averaged frequencies across all of its detected genomic

positions to estimate the mean frequency at which a TE is segregating in a population

(Kofler et al. 2015). Studies varied in the minimum average TE frequency in the order

of Carnes2015 > Remolina2012 > Fabian2018 > Hoedjes2019, which is likely a further

effect of dissimilar sequencing depths and other experimental factors (average
frequency ranges of Hoedjes2019: 0.01 - 0.9; Fabian2018: 0.02 - 1; Remolina2012:
0.04 - 0.84; Carnes2015: 0.19 – 0.9). The TE frequencies of Carnes2015 therefore
need wo be interpreted with care, considering the likely insufficient amount of data.
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To get unbiased average TE frequency estimates independent of coverage
fluctuations across studies, we also obtained average frequencies from a single
natural South African (SA) population (Kofler et al. 2015; Kofler 2019). The SA
population had a higher sequencing depth than all studies here (Fabian2018: ~2x,
Hoedjes2019: 3.2x; Remolina2012: ~7.8x, Carnes2015: ~13.9x times more) and thus
presumably a more accurate estimate of TE frequencies. Notably, this population was
not subjected to any selection or control treatment and was only maintained 8
generations in the lab before sequencing. Average genome-wide TE frequencies of
control and selected populations of Fabian2018, Hoedjes2019 and Remolina2012, but
not Carnes2015, were significantly correlated with the South African TE frequencies
(**Fig. S5**; Spearman's r, Fabian2018: 0.65; Hoedjes2019: 0.61; Remolina2012: 0.58,
all three $P < 0.0001$; Carnes2015: 0.1, $P \sim 0.4$), demonstrating that the SA population
can function as an appropriate reference here.
Previous studies reported that low frequency TEs are more abundant in genomes of
D. melanogaster (Petrov et al. 2011; Kofler et al. 2015). We confirmed that for all
populations, TE abundance was similarly negatively correlated with average TE
frequency of the SA population (Spearman's r range, Carnes2015: -0.49 to -0.54;
Fabian2018: -0.4 to -0.5; Hoedjes2019: -0.42 to -0.45; Remolina2012: -0.5 to -0.51;
all $P < 0.0001$). Moreover, we obtained comparable results when we performed this
analysis using the average TE frequencies of Fabian2018, Hoedjes2019 and
Remolina2012 (Spearman's r averaged across all populations, Fabian2018: -0.33;
Hoedjes2019: -0.37; Remolina2012: -0.4, all populations $P < 0.001$; Carnes2015: -
0.29 to 0.28, two populations significant at $P < 0.05$). The transposable element
content of all populations can therefore be characterized by a large number of TEs
with low frequency, whereas TEs with a high population frequency are less abundant
in the genomes.
We then employed the data of the SA population and asked if C>S and S>C TEs vary
in average frequency to identify TEs that have presumably been mobile in the two
regimes (**Fig. 2**). C>S TEs had a significantly lower frequency than S>C TEs in all four

studies (t-tests between C>S and S>C frequencies, P < 0.05 for all three studies). As
there were more S>C than C>S TEs, we also contrasted the average frequencies of
the top 10 C>S and S>C TEs with the biggest changes in genomic abundance defined
by $\log_2$ FC values (lower panel of **Fig. 1**). We only detected a significantly higher
frequency in top 10 S>C relative to C>S TEs for Carnes2015 (t-test, P ~ 0.03), but not
in the other two studies. Except from the marginal difference in Carnes2015, this
suggests that TEs with the biggest abundance changes between regimes have similar
levels of mobility.
In summary, our analysis proposes that C>S TEs are potentially mobile, low frequency
TEs expanding to new sites in the genome, whereas S>C TEs span from low to high
frequency, possibly reflecting TEs with a broad range of transposition rates.
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Selection on TE abundance and insertions
A major challenge in experimental evolution studies is to differentiate selection from
the confounding genomic signals of genetic drift, which might be amplified by small
effective population sizes (N_e) or varying generation times spent in the lab between
control and selected populations. We therefore calculated genome-wide nucleotide
diversity π and Watterson's θ across 100kb windows as a proxy for N_e. With the
exception of Fabian2018, where π was equal between regimes (ANOVA, Regime
factor, P ~ 0.18), we found that both estimators were significantly higher in selected
relative to control populations (**Table S4**; ANOVA, Regime factor, all P < 0.0001). Even
though a generally reduced N_e in controls should lead to the loss of low and fixation of
high frequency TEs under neutrality, we observed the opposite pattern in our analysis
above (**Fig. 2**).
To further formally test if the increased abundance of many TEs is driven by genetic
drift alone, we performed population genetic simulations using the correlated average
TE frequencies from the natural South African population (Kofler et al. 2015) as a
starting point (see **Fig. S5** and results above). We simulated TE frequency change in
selected and control populations 5,000 times given the reported consensus population
sizes as N_e, generation times and number of replicates. We then asked how often the
same or a higher relative proportion of S>C to C>S TEs as in our observations is
obtained (**Table 1**). While the results from Carnes2015, Hoedjes2019, and
Remolina2012 were significantly different from the expected proportions, the TE

abundance differences of Fabian2018 could be caused by genetic drift alone (**Fig.**
S6). Testing different ranges of the reported population sizes and assuming that only
50% and 25% of flies in the selected populations were able to breed at old age resulted
in qualitatively similar results (not shown). We also quantified expected proportions of
TEs consistently varying in frequency across simulated replicates: while there were
generally more TEs consistently higher in abundance in selected populations (**Table**
S2), all our simulations resulted in more TEs with a consistently higher frequency in
controls. The increased genomic abundance of many TEs in selected populations is
therefore unlikely to be solely caused by genetic drift.

Considering the deviation from neutrality, we next asked if the parallel patterns in TE
abundance are caused by the same or different TEs, which could indicate selection
acting on genomic copy number of certain TEs. We considered the TEs significantly
varying in abundance from the first linear model in which we analyzed each study
separately (**Fig. 1** and **Table 1**), and created study-overlaps of S>C and C>S TEs.
Among the 103 common TEs, we identified a sharing of 14 S>C and 2 C>S TEs across
all four studies (**Fig. 3A**). Even though this seemingly large number of shared S>C
TEs, only the overlap between Remolina2012 and Hoedjes2019 was significant (P <
0.05). Yet, we found that the most common telomeric TE *HeT-A* (Casacuberta 2017)
was significantly more abundant in selected populations in all four studies and in our
combined model (**Fig. S1**), suggesting that long-lived populations might have evolved
longer telomeres to avoid attrition, which is considered to be a key conserved
mechanism of aging (López-Otín et al. 2013). In contrast to S>C TEs, we detected
several significant overlaps for the C>S group of TEs. Potentially, a high genomic
abundance of several TEs, most importantly *G-element* and *G2* found in all four
studies, is detrimental for longevity and late-reproduction (**Fig. 3B**). Despite some
significant overlaps, we did not observe any significant Spearman's correlation
coefficients in pairwise comparisons of log_2 FC values between studies except for
Hoedjes2019-Remolina2012 (r = 0.28, P ~ 0.004).

Genomic TE abundance in selected populations might also be increased because
selection acted on a large number of TEs segregating in the base populations resulting
in frequency divergence between control and selected populations. We therefore
screened all identified TE insertion sites across the genome for significant frequency

differences between regimes in each study by performing ANOVAs on arcsine square root transformed frequencies and Bonferroni correction. We did not find any TE insertions significantly varying in frequency in Carnes2015 and Remolina2012, and using a less stringent cut-off at FDR < 0.05 did not change this result. However, we detected 38 significant TE insertions out of 8,402 in Fabian2018 and 100 out of 13,018 in Hoedjes2019 (**Fig. 3C** and **Fig. 3D, Table S5**). While there were more TEs with a significantly higher frequency in control populations in Fabian2018 (8 higher vs 30 lower frequency in S), the opposite pattern was observed in Hoedjes2019 (56 higher vs 44 lower frequency in S).

At the gene level, the significant TEs defined 29 and 98 genes in Fabian2018 and Hoedjes2019, respectively, and none were shared between the two studies. In accordance with the notion that most TEs are neutral (Arkhipova 2018), only a negligible fraction of insertions might be beneficial for longevity and postponed reproduction.

To further investigate if frequency changes explain variation in abundance, we tested if each TE family varying in abundance also differs significantly in frequency between the regimes, rather than analyzing individual insertion sites (**Table S6**). We fit the same model as for the abundance analysis but using arcsine square root transformed TE frequencies (**Figure S1A**). At an FDR < 0.05, we found that in Carnes2015, 27 TE families had a higher frequency and abundance in selected populations, while 7 showed a mismatch in direction of frequency and abundance change. In Fabian2018 and Hoedjes2019, we only detected 1 and 3 TE families with significant frequency variation all of which matched the differences in abundance, whereas none were significant in Remolina2012.

Thus, despite differences in TE abundance are likely not driven by neutral evolution alone, we only found limited evidence for parallel evolution of TE copy numbers and sparse TE frequency differentiation.

Differential TE expression

To test whether the increased genomic abundance of TEs in selected flies is explained by a higher transcriptional activity we analyzed RNA-seq data from whole flies of Carnes2015 (**Fig. 4** and **Table S7**). We first fit a model with *Sex*, *Age*, *Regime* and all interactions to every TE and each gene on the major chromosomal arms. In line with abundant sexual dimorphism of gene expression observed by Carnes et al. (2015),

we identified that ~93% of TEs had a significant main factor of sex or interaction
including it, whereby all 109 TEs significant for the sex term had a higher expression
in males than females (**Fig. 4A** and **Fig. S7**). To exclude that this is caused by a
technical artifact, we asked if a similar male-bias is observed for the genes on the
major chromosomal arms. We found that 53% of all 13,255 included genes had a
significantly higher expression in males while 37% were biased towards females.
Moreover, the proportions of genes with male-, female- or no bias was significantly
different from the proportions observed for TEs (χ^2 test on counts of TEs vs genes, P
< 0.0001). Because we do not find a similarly strong male-biased expression for genes
or a higher number of read counts in males (not shown), we conclude that TEs are
generally higher expressed in males than females in the present populations.
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We therefore decided to test the effects of *Regime*, *Age*, and the *Regime x Age*
interaction in the sexes separately (**Fig. 4**, **Table S7**). We detected several TEs
differentially expressed between selected and control regimes. In males, 19 TEs
(~16% of total) had a significant regime term of which a majority of 17 TEs were
upregulated in controls (**Fig. 4B**). Among these, there were 10 LTRs, 6 non-LTRs, and
1 DNA-class foldback TE, whereas the 2 upregulated in selected populations were
both non-LTR TEs (*TART-A*, and *TART-B*). Less TEs changed across regimes in
females (10 TEs, ~8%) compared to males. However, females showed a similar
tendency towards higher expression in controls: 6 TEs had a higher and 4 TEs a lower
expression in controls relative to selected flies. The 6 TEs with a higher expression in
controls consist of 1 non-LTR (*R1A1-element*) and 5 LTR TEs (*copia, flea, blood,*
mdg1, and *rooA*), while the 4 more in selected were 3 non-LTR (*TART-A, TART-B,*
TAHRE) and 1 LTR (*1731*). We also observed that the 6 TEs significant in both sexes
also had the same directionality of expression change: 4 LTR-class TEs (*copia, flea,*
blood, and *mdg1*) were higher expressed in controls, whereas 2 non-LTR TEs (*TART-*
A, and *TART-B*) were upregulated in selected populations. Interestingly, *TART-A,*
TART-B, and *TAHRE* provide the enzymatic machinery for telomeric maintenance
(Casacuberta 2017), again suggesting that reduced telomere attrition evolved in
response to selection paralleling the genome-based analysis. In general, regime
affected TE expression in males and females similarly as indicated by a significant
correlation of $\log_2$ fold change values between sexes (**Fig. 4B**, Pearson's r = 0.7, P <

0.0001). We further asked if the magnitude of $\log_2$ fold change varies between TEs
more expressed in controls or selected populations, and did not find any significant
difference (**Fig. S8**, t-test, females: P ~ 0.12; males: P ~ 0.49).

To investigate if derepression of TEs occurs with age, we compared the proportion of
TEs up- or downregulated or unchanged with age to those of genes. For both male
and females, we found a significant difference in the distributions of TEs and genes
with age (χ^2 test on counts of TEs vs genes, for males: P < 0.0001; for females: P ~
0.01), demonstrating that TEs show generally different age-related expression
changes than genes. Supporting the notion that TEs become derepressed during
aging, the effect of age on TE expression in males was general as all 89 significant
TEs (i.e. ~73% of all included TEs) had a higher expression in older flies (**Fig. 4A** and
Fig. 4C), whereas ~26% of all genes increased and also ~26% decreased expression
with age. In contrast to this, the effect of age was less pronounced in females in which
only 35 TEs (~28%) had a significant Age factor. Surprisingly, less TEs than genes
were upregulated with age in females (7% TEs and 15% genes), while 21% of TEs
and 14% of genes decreased expression with age. Still, the TEs upregulated in older
females had on average a significantly higher $\log_2$ fold change of 1.3, relative to 0.53
for the downregulated TEs (**Fig. S8**, t-test: P < 0.01), consistent with the results of a
recent study (Chen et al. 2016).
Moreover, 27 TEs had a significant age term in both male and female models, but only
9 of them had the same sign and increased in expression with age (**Fig. 4A** and **Fig.**
4C). Among these were 6 LTR (*copia, gypsy, mdg1, Burdock, rooA, springer*) and 3
non-LTR transposons (*jockey, R1A1- and R2-elements*). This confirms previous
findings that showed *copia, gypsy, Burdock, R1* and *R2* upregulation with increasing
age (Li et al. 2013; Chen et al. 2016).
The 16 remaining shared TEs showed downregulation with age in females, but
upregulation in males, further highlighting that age has generally different effects on
TE expression in both sexes. In females, the 35 age-related TEs were also signficantly
enriched for retrotransposons whereas DNA-class TEs were underrepresented
(Fisher's exact test, P ~ 0.02). Male flies in contrast, did not show any enrichment.
Thus, males exhibit a general upregulation of TEs regardless of their class during

aging, whereas females show a more complicated pattern with mainly RNA-class TEs
affected by age.
496
No TE families showed a significant *Regime x Age* term in males, but the interaction
was significant for 28 TEs (~23%) in females (**Fig. 4A**). These consisted of 13 non-
LTR, 13 LTR, and 2 TIRs. Interestingly, most of these TEs were defined by a higher
expression in young controls compared with selected flies of the same age (see **Fig.
S9** for example). Selected populations then increased while controls decreased
expression, meeting at a similar expression level at old age. This is comparable with
recent studies which suggested that age-dependent changes in TE expression differ
between genotypes (Erwin and Blumenstiel 2019; Everett et al. 2019).
505
To examine if the selected populations might have evolved to maintain a young TE
expression profile, we compared differences between regimes to those that occurred
with age (**Fig. 4D and 4E**). In both males and females $\log_2$ FC values of all TEs were
significantly correlated between regime and age (Pearson's correlation, females: r =
0.55, P < 0.0001; males: r = 0.19, P < 0.05). Performing the same analysis only
considering genes also resulted in significant positive correlations (Pearson's
correlation, females: r = 0.37, males: r = 0.41, both P < 0.0001), and the coefficients
between males and females were more similar. Thus, variation in expression of genes
and TEs between selected and control populations mirrors the changes between
young and old flies.
516
In summary, our results propose that selected populations of Carnes2015 evolved to
reduce TE expression particularly in males and to a smaller magnitude in females, but
expression of most TEs was at the levels observed in controls. In agreement with
sexual dimorphism (Brown and Bachtrog 2017) and age-related deregulation of TEs
(Li et al. 2013; Chen et al. 2016), the effects of sex and age on TE expression were
more dominant compared to regime.
523
524 **Link between genomic and expression differentiation**
525 We next asked if the change in genomic TE abundance reflects the expression
526 differences between selected and control populations. On average, TE expression
527 was positively correlated to the number of genomic insertions in the genome (**Fig. 4F**,

Spearman's r ~ 0.74; P < 0.0001). To analyze if this association depends on the treatment, we separated our samples into different levels of sex, age, and regime. The number of genomic TE insertions predicted TE expression significantly across all conditions (**Table S8**). Interestingly, the correlation coefficients were similar across different sample groups, demonstrating that the relationship between expression and genomic abundance of insertions is not dependent on regime, sex or age. Thus, in Carnes2015, TE copy number is a robust predictor of TE expression regardless of treatment.

Next, we investigated if there are parallel changes in expression and genomic abundance of TEs significantly varying between regimes (**Table S9**). In males, 14 TEs were significant for regime in the genomic and expression analysis all of which were higher expressed in controls. Of these, 9 TEs were upregulated and had significantly more genomic insertions in controls (*blood, copia*, *F-element*, *Doc2-element, Doc3-element, G2, Porto1, ZAM, 17.6*), while 5 TEs (*Circe, G5, mdg1, Tom1, Quasimodo*) had more copy numbers in selected populations. In females, 3 TEs (*blood*, *copia*, *R1A1-element*) were higher expressed and had a higher genomic abundance in controls, while 2 TEs (*1731*, *TAHRE*) were significantly more expressed and more abundant in selected populations. The remaining two TEs signficant in the expression and insertion analysis (*mdg1, rooA*) showed different signs and had despite a larger number of genomic insertions in selected populations a higher expression in controls. This suggests that the absence of a strong link between expression and number of genomic insertions at the individual TE level. Indeed, $\log_2$ FC expression and $\log_2$ FC insertions between regimes was only correlated in males (Pearson's r = 0.31, P < 0.001), and marginally not significant in females (r = 0.18, P ~ 0.05) (**Fig. S10**).

Because our results suggests some positive relationship between TE expression and genomic abundance, we re-did the differential expression analysis from above using RNA-seq read counts corrected for the number of TE insertions in each sample (**Table S10**). The tendency of TEs to be higher expressed in controls was substantially larger compared to the analysis where we did not correct for insertion numbers (males: 55 TEs more, 2 TEs less expressed in controls; females: 16 TEs more, 3 TEs less expressed in controls).

Our results further emphasize that selection for late-reproduction leads to a reduction in TE expression in whole flies. Notably, we assumed that males have the same copy

562 number as females for the analyses here. As the genomic TE abundance measures
563 came from DNA pools of female flies, copy number could differ from males due to the
564 repetitive nature of the *Y* chromosome.
565

Genes involved in TE regulation
We next hypothesized that if the effects of TEs on lifespan and aging are
predominantly negative, as proposed by many studies, experimental selection for
longevity would have likely resulted in clear-cut genetic and expression differentiation
in 96 known chromatin-structure, piRNA, and transposition-associated genes likely
involved in TE regulation and silencing (**Table 2**, a complete list of genes can be found
in **Table S11**). Of these, 10 genes were implicated under selection in Carnes2015, 3
in Fabian2018, 7 in Hoedjes2019, and 6 in Remolina2012. *E2f1* (FBgn0011766) and
Hsp83 (FBgn0001233) were the only genes occurring in more than one study. Thus,
the significant candidate gene sharing reported by Fabian et al. (2018) and Hoedjes
et al. (2019) does generally not include genes regulating TEs. In line with this, the four
studies did not report any significant enrichment of GO terms related to transposon
silencing and chromatin structure.
Using the available RNA-seq data from whole flies of both sexes in Carnes2015 and
microarray data from female heads and abdomens in Remolina2012, we then asked
if TE regulation genes are differentially expressed (**Table S11**). In Carnes2015, we
found that the 30 TE regulation genes with a significant regime term tended to be
upregulated in controls relative to selected populations (males: 3 more and 8 less
expressed; females: 6 more and 14 genes less expressed relative to selected
populations). In Remolina2012, we detected generally little differences in transcript
abundance between regimes at FDR < 0.05 (only 5 out of 13,995 genes significant in
head tissue, none significant for abdomen). We therefore analyzed genes significant
at P < 0.01 (491 genes for heads, 8 for abdomen) for the regime term, and only
detected 2 TE regulation genes of which one was more and the other lower expressed
in selected flies.
Similar to the TE expression patterns in Carnes2015 (**Fig. 4A**), the effect of age was
stronger than selection regime in both studies and significant TE regulation genes
showed a clear tendency for upregulation with age. In males of Carnes2015, 41 TE
regulation genes increased and 6 decreased expression with age. The effect was less
pronounced in females in which 19 genes increased transcription and 8 decreased

with age. Likewise, in Remolina2012, all 5 TE regulation genes significant for age in
heads ramped up transcription with age. The age effect was even stronger in
abdomens, where 24 genes increased with age, while only one showed the opposite
pattern.

Taken together, the small number of genetically differentiated TE regulation genes,
lack of TE-associated GO enrichment, and overall missing sharing between studies
suggests that improving TE repression was either specific to studies and/or not a prime
target of selection. Indeed, experimental selection has mainly affected expression of
TE regulation genes in the Carnes2015 long-term evolution study but not
Remolina2012, suggesting that altering expression of these genes is not a general
necessity for increasing lifespan. The boosted expression of TE regulation genes at
older ages appears to be common and might be a response to increased TE
transcription in old flies.

DISCUSSION

Are transposable elements conferring an adaptive advantage as shown for many traits
(Daborn et al. 2002; Magwire et al. 2011; Kuhn et al. 2014; Li et al. 2018; Rech et al.
2019) or should they be purged and repressed during the evolution of longevity due to
their widespread negative effects on fitness (Chen et al. 2014; Krug et al. 2017;
Prudencio et al. 2017; Guo et al. 2018; De Cecco et al. 2019)? In this report, we
attempt to answer this controversial question by employing four independent data sets
to present the first characterization of the genome-wide TE content and expression in
D. melanogaster populations experimentally selected for late-life reproduction and
longevity.

Does longevity-selection lead to changes in TE abundance?

Variation in TE copy number has been associated with some geographic and climatic
factors (Kalendar et al. 2000; Kreiner and Wright 2018; Lerat et al. 2019) in natural
populations of plants and *Drosophila* and was shown to change during experimental
evolution in different temperatures (Kofler et al. 2018). Our analysis revealed
repeatable predominance of TE families with increased genomic insertions in late-
breeding, long-lived populations and indicates that reproductive age, with some
dependency on developmental diet, is another factor influencing divergence in TE
abundance **(Fig. 1** and **Table 1)**. Interestingly, we find that the degree of TE

abundance change was significantly different between studies and roughly scaled with the number of generations under selection (**Fig. S2A**). While parallel changes in TE characteristics within populations of the same selection regime have been reported by similar experiments (Graves et al. 2017; Kofler et al. 2018), it is striking that we observed this pattern in data created by four independent studies. Despite most TE families are more abundant in long-lived populations, our analysis shows no significant difference in the total genomic TE content between control and selected populations (**Fig. S3**), which was partly driven by a few TEs with large increases in copy number in controls that oppose many TEs with small increases in abundance in selected populations (**Fig. S2B**). Changes in the overall genomic TE load are therefore likely not essential to evolve longevity or fecundity at old age in *Drosophila*. These findings are in contrast to recent work in several killifish species, which reported that TE expansion can cause an increased genome size with possible negative effects on lifespan (Cui et al. 2019). However, our analyses focused exclusively on the genomic TE load, so that we cannot exclude a difference in genome size between control and selected populations, as might be caused by other factors such as non-repetitive InDels or repetitive DNA unrelated to TEs.

Are TEs adaptive during the evolution of aging?

The genomic content of TEs evolves through various factors including replicative transposition, selection, genetic drift, and the TE defense machineries of the host (Charlesworth and Charlesworth 1983; Kofler 2019). By performing population genetic simulations considering just genetic drift, we were able to exclude that population size and generations spent in the lab *per se* cause an increased abundance of TE families in selected populations (**Fig. S6**). Even though it is known that the majority of TE insertions are neutral to fitness (Arkhipova 2018), this proposes that factors other than genetic drift influenced TEs in our experiments.

From a selective point of view, increasing many TE families might be beneficial for longevity, while the fewer TEs less abundant in selected flies could have a negative effect. Under this scenario, selection would lead to parallel increases or decreases of the same TE families across studies. However, when we screened for parallel patterns in abundance change, we found only two TEs (*G-element* and *G2*) that had a decreased copy number in selected flies and were significantly shared across all studies. Both elements are *jockey*-like non-LTR TEs, of which *G2* is highly enriched in

centromeric regions of the genome (Chang et al. 2019). Thus, changing centromeric structure by altering its TE content could be one mechanism modulating aging, but experimental evidence for this is still missing. In contrast to this, we did not find any significant overlap between all four studies among TEs with an increased abundance in the late-breeding populations. Unless many TE families had non-repeatable effects on longevity, the small amount of significant sharing suggests that abundance of most TEs is neutral.

Another possibility to alter TE abundance is through selection affecting TE insertions that were already present in the base population at a genome-wide scale, resulting in a large number of TE insertions significantly varying in frequency between control and selected populations. We found only a minor fraction of TE insertions in Fabian2018 and Hoedjes2019, but not in the other two studies, with significantly different frequencies between the regimes that are in or close to <100 genes (**Fig. 3** and **Table S5**). The small fraction of TE insertions with a higher frequency in selected populations found in only two studies together with little differences in frequency of TE families suggests that standing genetic variation presented by TEs plays a role in the evolution of aging, but it is unlikely to be a major driver of TE abundance differentiation.

Yet, we found a signal indicating potentially improved telomere maintenance – a key hallmark of aging and lifespan (López-Otín et al. 2013) – as an exciting mechanism possibly adaptive during the evolution of aging. Telomere shortening coincides with aging and has been associated to mortality, diseases and the rate of senescence in several organisms (Canela et al. 2007; López-Otín et al. 2013; Dantzer and Fletcher 2015; Foley et al. 2018; Whittemore et al. 2019). In *D. melanogaster*, three TE families exclusively found in telomeres comprise most of their DNA-content, and are further essential for their enzymatic maintenance (Casacuberta 2017). In all four studies, we found that long-lived populations had on average an increased genomic abundance of *HeT-A*, which is thought to be the most common telomeric TE, although the difference was less clear in two studies after correcting for TE content **(Fig. 3A** and **Fig. S1)**. Moreover, the very few TEs transcriptionally upregulated in males and females of long-lived populations in Carnes2015 were almost exclusively telomeric elements (**Fig. 4B**). Our study therefore provides the first indication of a genomic and transcriptional response of telomeric TEs to selection for postponed reproduction and longevity. Previous studies, however, failed to establish a connection between telomere length and lifespan. For instance, telomere length was not associated with

survival in *D. melanogaster* and *C. elegans*, but might affect other traits such as
fecundity (Raices et al. 2005; Walter et al. 2007). Moreover, in several species the
rate of telomere shortening rather than the initial length itself was a better predictor for
lifespan (Whittemore et al. 2019). Another complication yet to be addressed in
Drosophila concerns the phenomenon of 'intergenerational plasticity' of telomere
length observed in several mammals including humans, where increased paternal age
at reproduction causes longer telomeres in offspring for at least two generations
(Eisenberg et al. 2012; Eisenberg and Kuzawa 2018). The exact impact of telomere
length on evolutionary fitness and aging therefore remains to be poorly understood.
707

Is TE expression detrimental for longevity?
At the transcriptional level, age-dependent TE misregulation thought to be resulting
from a gradual decline in heterochromatin maintenance has been proposed to be
harmful for lifespan in *Drosophila* (Chen et al. 2016; Wood et al. 2016; Brown and
Bachtrog 2017), mice (De Cecco et al. 2019), and humans (Bogu et al. 2019). Our
RNA-seq analysis in whole flies did not identify a TE-wide decrease in expression in
selected populations of Carnes2015 (**Fig. 4** and **Table S7**). In fact, TE expression
appeared to be more strongly influenced by sex and age compared to selection
regime. Nevertheless, TEs with a significant regime effect tended to be downregulated
in selected populations, and this effect was even more apparent after we corrected for
genomic copies. Our results are in line with the notion that transcription of several TEs
is detrimental and reducing their expression could be beneficial for longevity (Li et al.
2013; Wood et al. 2016; Guo et al. 2018). Together with the weak association between
genomic abundance and expression (**Fig. S10**), this further proposes that lowering
expression of TEs might be more important than purging TEs from the genome in the
evolution of longevity.
Interestingly, the tendency towards lower TE expression in late-breeding populations
as well as the age-related increase in expression with age was more pronounced in
male flies. Almost all TEs had a higher expression in males relative to females (**Fig. 4**
and **Fig. S7**). These findings are consistent with recent work showing that males suffer
more from TE derepression during aging due to their entirely repetitive,
heterochromatin-rich *Y* chromosome (Brown and Bachtrog 2017). If a systemically
increased TE expression in males contributes to sexual dimorphism in lifespan is yet
to be confirmed. DNA-sequencing of male flies in the four experimental evolution

studies would be necessary to determine if selection for postponed senescence had
similarly strong effects on TE copy number of the *Y* chromosome.

Did selection lead to differentiation in genes related to TE regulation?
We also hypothesized that potential detrimental effects of TEs on longevity should be
reflected by selection on genes related to TE regulation and transposition (**Table 2**
and **Table S11**). Across the four studies, 3 to 10 out of 96 TE regulation genes have
been reported as genetically differentiated candidates, of which only *E2f1* and *Hsp83*
were shared between two studies. There was further little transcriptional differentiation
between control and selected populations of Carnes2015 and Remolina2012 and no
overlaps of these genes have been observed. The absence of a strong, shared signal
of selection on these genes and missing GO enrichment associated to regulation of
TEs allows us to hypothesize that improvement of chromatin
structure/heterochromatin maintenance, piRNA-mediated silencing and modulators of
transposition are generally not prime targets of selection during the evolution of
longevity. This, however, does not preclude that other means of TE protection have
evolved. It is becoming increasingly evident that TE expression acts as a causative
agent of inflammation and immune activation in mammals (Kassiotis and Stoye 2016;
De Cecco et al. 2019). Interestingly, Carnes2015, Fabian2018, and Remolina2012 all
found significant divergence in innate immunity genes, whereas Fabian et al. (2018)
demonstrated an improved survival upon infection and alleviated immunosenescence
in the long-lived populations. Rather than reducing TE copy number and expression,
selection might preferentially act on immunity genes to reduce TE-mediated
inflammation and increase tolerance to TEs with improved lifespan as a consequence.
It remains yet to be explored to what degree innate immune pathways other than the
RNAi machinery contribute to TE regulation in *D. melanogaster*.

Is reproduction at old age associated with an increased TE content?
Our findings suggest that neither genetic drift nor pervasive selection on TEs or genes
related to TE regulation are predominant drivers of the differences in TE abundance.
The most parsimonious explanation for our results therefore is that postponed
reproduction increases the chance of many TEs to be inserted into the germline and
passed on to the next generation. TEs of low transpositional activity in particular might
need a prolonged chronological time offered by late-life reproduction to achieve a

successful genomic insertion (**Figure 2**). Over many generations, flies breeding at old

age would have accumulated more TEs in the genome than populations reproducing

early in life. Supporting this hypothesis, it has been demonstrated that most TE

families had a higher rate of insertions in the ovaries of older relative to young *P-*

element induced dysgenic hybrids, even though at the same time fertility was restored

and improved with age (Khurana et al. 2011). However, if this applies to non-dysgenic

fruit flies and whether it can result in a larger number of TEs over multiple generations

has to our knowledge not yet been observed. Thus, TE accumulation in late-breeding

populations could be similar to the regularly observed positive correlation between

parental age and number of *de novo* mutations in offspring (Goldmann et al. 2019;

Sasani et al. 2019). In line with this, genome-wide measures of nucleotide diversity

were also repeatably larger in late-breeding populations across four experiments

(**Table S4**), although we have not ruled out that this was driven by genetic drift or

balancing selection as proposed by one study (Michalak et al. 2017).

Opposing our hypothesis, two recent studies in termites (Elsner et al. 2018) and *D.*

melanogaster (Erwin and Blumenstiel 2019) suggest that the germline is protected

from TE invasions through increased transcription of the piRNA machinery. Indeed,

our expression analysis confirms that many genes associated with transcriptional and

post-transcriptional TE silencing tend to be upregulated with age. Despite this, TE

families had a generally higher copy number in populations reproducing late in life. It

therefore remains to be determined whether this age-dependent upregulation of TE

regulation genes really equates to reduced insertional activity, since potential and

realized TE repression might not necessarily match. The observation that these genes

also tended to be more expressed in controls relative to selected flies in Carnes2015

further poses the question whether there is a trade-off between TE silencing in the

germline and lifespan, which could be another mechanism explaining the rising TE

abundance in the genomes of long-lived flies.

Altogether, our work presents a novel viewpoint on the poorly understood role of TEs

in aging and longevity that is largely, but not exclusively, neutral. However, the caveat

remains that we are unable to rule out that survival of selected populations would be

further extended if they had a reduced TE content and expression. In-depth studies

tracking piRNA production in the germline together with direct measures of TE

transposition rates throughout life or measuring longevity upon knockdown and

overexpression of TEs would be crucial experiments to obtain a more complete
picture.
802

MATERIALS & METHODS

Datasets

We utilized genomic data from four independent studies performing laboratory
selection for postponed reproduction on wild-derived replicate populations by only
allowing flies of relatively old age to contribute to subsequent generations, whereas
controls reproduced early in life (Remolina et al. 2012; Carnes et al. 2015; Fabian et
al. 2018; Hoedjes et al. 2019) (**Table S1**). The experimental designs of the studies
were overall comparable, but notable differences include the mode of selection,
maintenance of controls, variable source populations, number of replicate populations
and generations at sequencing. Moreover, Hoedjes2019 performed the selection for
postponed senescence on three varying larval diets ranging from low to high
sugar/protein content. The genomic analysis was based on available raw fastq files
from whole-genome pool-sequencing of 100 to 250 females. RNA-seq data from
Carnes et al. (2015) consisted of raw fastq files from pools of 50 flies. The study
included transcriptomes of all selected and control populations, for which both sexes
at two ages 3-5 days (young) and 26-35 days of age (old) have been sequenced in
replicates. Microarray expression data from Remolina et al. (2012) are derived from
heads and abdomens from females at the age of 1, 5, 15, 30, and 50 days of age from
the three control and selected populations. See methods in the publications of each
study for details on experimental design and **Table S1** for a summary. For simplicity,
we refer to Carnes et al. (2015) as Carnes2015, Fabian et al. (2018) as Fabian2018,
Hoedjes et al. (2019) as Hoedjes2019, and Remolina et al. (2012) as Remolina2012
throughout this report.
826

Genome-wide TE abundance

828 To quantify the number of genomic insertions for each TE family in selected and
829 control populations we used the assembly-free tool deviaTE (Weilguny and Kofler
830 2019). In brief, deviaTE maps raw reads to a library of known TE sequences and
831 normalizes the sequencing depth of each position within a TE to the average depth of
832 multiple single-copy genes. The obtained distribution of normalized values reflects

coverage fluctuations within a TE, where averaging over all positions of a TE gives the mean abundance per haploid genome. We used raw fastq files as input and ran deviaTE with options: --read_type phred+33 (phred+64 for Fabian2018), --min_read_len 50, --quality_threshold 18, --hq_threshold 20, --min_alignment_len 30, --threads 20, --families ALL, --single_copy_genes Dmel_rpl32,Dmel_RpII140,Dmel_Act5C,Dmel_piwi,Dmel_p53. TE abundance was estimated considering reads with a mapping quality of >=20 by adding the "hq_cov" and "phys_cov" column from the deviaTE output. Due to sequence similarity within and between TEs, we further repeated most analyses using a less conservative mapping approach without filtering for mapping quality by using values from the "cov" column instead of "hq_cov". We restricted our downstream analysis to TEs that had a study-average of >=0.5 insertions for at least 80% of the positions within a TE sequence, thereby excluding all TEs with very low abundance and potentially wrongly mapped reads.

We then investigated if the number of genomic abundance per TE varies between control and selected populations using three different approaches (**Fig. S1**). First, we tested each study (and diet regime for Hoedjes2019) independently and fit a model for every detected TE as: *NormalizedCoverage ~ Regime + Population[Regime]*, where *NormalizedCoverage* are the normalized coverage values reflecting insertion estimates of each position within a TE, allowing us to take the variance of insertion abundance within a TE into account. *Regime* is the effect of selection regime (levels: selected and control), and *Population[Regime]* is the effect of the different replicate populations nested within Regime. To obtain the overall effect of breeding regime in Hoedjes2019, we fit: *NormalizedCoverage ~ Diet + Regime + Diet x Regime*, where *Diet* corresponds to the three larval diets the flies were raised on (low, medium, high). To correct for multiple testing and to define significant differences in TE abundance, we applied a Bonferroni cut-off at $\alpha = 0.01$.

To visualize differences in genomic abundance of TEs shown in **Fig. 1**, we first calculated the average number of insertions per TE for each breeding regime. We then took the absolute difference per TE by subtracting control from selected insertion values (δInsertions, upper panel in **Fig. 1**). We used Pearson's correlation to show that δInsertions from each TE were expectedly correlated to its copy number in the genomes. To correct for this, we divided the selected by control number of insertions

per TE and took the $\log_2$ of these values to obtain the $\log_2$ fold change ($\log_2$ (S / C),

lower panel in **Fig. 1**). We further used *SuperExactTest* (Wang et al. 2015) to analyze

if the overlap of TEs with a significantly higher genomic abundance in selected ("S>C")

or control populations ("C>S") between postponed senescence studies is expected by

chance.

In our second approach, we combined all four studies and only considered a single

average insertion value per TE instead of taking all positions into account. We then

summed up all TE insertion values within a population to obtain the total genomic TE

content. Because the total insertion TE content was significantly different between

studies (see **Fig. S3** and methods below), we normalized the insertion counts of each

TE by the total insertions in the corresponding population, and fit a combined model

as: asin(sqrt(*NormalizedInsertions*) ~ *Study* + *Regime* + *Regime*Study*, where

asin(sqrt(*NormalizedInsertions*) is the arcsine square root transformed proportion of

insertions per TE relative to the total genome-wide TE content in each population. The

Study term had four levels (Carnes2015, Fabian2018, Hoedjes2019, Remolina2012),

whereas *Regime* is as described above. As not all positions within a TE are considered

in this model, statistical power is lower than in the previous approach above. We

therefore performed a less stringent multiple testing correction by employing an FDR

cut-off of 0.05 using the "p.adjust" function with method "fdr" in *R*.

Third, we identified all TEs that showed a consistent increase or decrease in the

genomic abundance within all selected populations relative to all control populations

of a given study and within diet regimes of Hoedjes2019.

To analyze if the total genomic TE content varies between control and selected

populations, we calculated the total TE load across the whole genome, and TE

subclasses of Long Terminal Repeat (LTR), Non-Long Terminal Repeat (non-LTR),

and Terminal Inverted Repeat (TIR) by summing up all insertion values of each TE

family per population. We then used these sums as dependent variables in a statistical

model with *Study*, *Regime* and the *Study x Regime* interaction as factors.

All statistics were done in *R* using in-built functions unless otherwise stated. We did

not consider the effect of diet in the models combining all studies.

Genomic TE locations and approximate mobility

To identify the exact genomic positions and population frequency of TE insertions, we

used the program PoPoolationTE2 (Kofler et al. 2016). We first quality trimmed paired-

end raw reads using cutadapt (v.2.0) (Martin 2011) with options: --minimum-length 50
-q 18 and also --quality-base=64 for Fabian2018. Next, we masked the *D.*
melanogaster reference (v.6.27) for TEs present in the deviaTE library using
RepeatMasker (v.4.0.9) (Smit et al. 1996) with the RMBlast (v.2.9.0) search engine
and set options as recommended in the PopoolationTE2 manual (-gccalc -s -cutoff
200 -no_is -nolow -norna -gff -u -pa 18). Trimmed reads were then mapped against
the masked reference genome using bwa bwasw (v.0.7.17) (Li and Durbin 2009). We
restored paired-end information as outlined in the PopoolationTE2 pipeline (function
se2pe) and generated a ppileup file (function *ppileup*) applying a mapping quality cut-
off of 15. TE insertions were then identified using the functions *identifySignatures* (--
signature-window fix500, --min-valley fix150; and due to differences in the number of
replicate populations we chose --min-count 3 for Remolina2012 and Fabian2018, --
min-count 5 for Carnes2015, or --min-count 12 for Hoedjes2019). Finally, we applied
the *frequency* and *pairupSignatures* (--min-distance -200 --max-distance 300)
functions and filtered identified TEs using *filterSignatures* (--max-otherte-count 2 --
max-structvar-count 2) to create the final set of TE insertions. We only included sites
covered in all populations within a study and restricted our analysis to chromosomes
X, *2*, *3*, and *4*. For each TE family, we calculated the average population frequency
across all of its identified genomic locations within a population as a proxy for active
or recent transposition events (Kofler et al. 2015). We used Spearman's correlation
analysis to compare average frequency values of each study to average frequencies
from a natural South African (SA) population sequenced to a high genomic coverage
(Kofler et al. 2015), and to correlated TE abundance with average frequency. We
employed t-tests to analyze if average population frequency from the SA population
varies between TEs more abundant in selected or controls, and also performed this
analysis using only the top10 TEs with the largest $\log_2$ FC values of abundance
change.

Genome-wide nucleotide diversity
We mapped trimmed paired-end reads against a fasta file including the repeat-masked
v6.27 reference genome (see above), TE library from deviaTE (Weilguny and Kofler
2019), *Wolbachia pipientis* (NC_002978.6), and two common gut bacteria *Acetobacter*
pasteurianus (AP011121.1), and *Lactobacillus brevis* (CP000416.1) using bwa *mem*
(v.0.7.17) (Li and Durbin 2009), and then created sorted bam files with the samtools

(v.1.9) (Li et al. 2009) functions *view* (-Sb) followed by *sort*. Duplicates were removed
using PicardTools (v.2.18.27) function *MarkDuplicates* with
REMOVE_DUPLICATES=true. For Remolina2012, we merged files from the same
population sequenced on multiple lanes using samtools *merge*. We then filtered and
created pileup files using samtools *mpileup* with option -q 20 --rf 0x2 --ff 0x4 --ff 0x8 -
f (and -6 for Fabian2018). Average coverage per study was determined only using
major chromosomal arms. We detected reads mapping to the genome of the
intracellular bacterium *Wolbachia* for all populations. To calculate nucleotide diversity
π and Watterson's θ across non-overlapping 100kb windows we used *Variance-*
sliding.pl implemented in PoPoolation (Kofler et al. 2011) with parameters --min-count
2 --min-coverage 5 --window-size 100000 --step-size 100000 --pool-size 100 --
measure pi (or theta) --fastq-type sanger --min-covered-fraction 0.6. We set the
maximum coverage threshold (--max-coverage) to two times the average genome
coverage of each population. The range of cut-offs used in each study was 20-74 in
Carnes2015, 286-355 in Fabian2018, 67-107 in Remolina2012 and 166-228 in
Hoedjes2019. We then analyzed variation in π and θ using ANOVA models including
the factors *Chromosome* (*X, 2L, 2R, 3L, 3R, 4*), *Diet* (low, medium, high), *Regime*
(control, selected) and the *Diet x Regime* interaction for Hoedjes2019, and
Population[Regime], *Chromosome*, and *Regime* for all other studies.
953
Genetic drift simulations

As the analyzed studies did not include data from the ancestral populations, we used
average TE frequencies from the South African population (Kofler et al. 2015) as a
starting point in our simulations. To simulate frequency change of each TE, we set
population sizes (N), generation times and number of replicate populations as
mentioned in the original publications (**Table S1**). As some studies reported a range
of population sizes, we performed simulations using the lower and upper limits. We
used the *rbinom* function in *R* and drew from a size of 2N considering the diploid
genome and given the average frequency of a TE as probability to be drawn. The
number of successful draws was divided by 2N to obtain the new TE frequency and
used as input for the next draw. We repeated this process until the generation times
at sequencing of control and selected populations were reached. Using the simulated
TE frequencies in the last generation, we calculated average TE frequency across all

simulated replicates within breeding regime. Next, we obtained the proportion of TEs

with a higher (S>C) and lower frequency (C>S) in selected populations and calculated

the $\log_2$ relative proportion (i.e. $\log_2$ of S>C proportion divided by C>S proportion). As

an additional approach, we also acquired the $\log_2$ relative proportion by using the

number of TEs with consistent differences in frequency between all the populations of

the regimes instead of averaging. We performed 5,000 simulations to get a distribution

of relative proportions expected under genetic drift. P-values were calculated by

dividing the number of simulations that resulted in a larger or equal proportion as

observed in the actual analysis by the total number of simulations.

TE frequency differences

We further asked if certain genomic TE insertions are putatively involved in lifespan

and aging as might be indicated by a consistent TE frequency differences at any

genomic site between selected and control populations. We used the identified TE

insertions and frequency estimates from PopoolationTE2 (see above). Significant

difference in frequency between selected and control populations were determined by

t-tests analyzing differences in arcsine square root transformed frequencies between

regimes for Carnes2015, Fabian2018, and Remolina2012. For Hoedjes2019, we used

a linear model with *Diet*, *Regime*, and *Diet x Regime* as factors. Bonferroni correction

at α = 0.05 was used to correct for multiple testing. Functional annotations were

supplemented using SnpEff (v.4.0e, Cingolani et al. 2012) and the *D. melanogaster*

reference v6.27 considering TE insertions within 1000 bp of the 5' and 3' UTR as

upstream or downstream of a gene.

We analyzed if each TE family varies in frequency between regimes by fitting the

factors of *Diet*, *Regime, and Diet x Regime* for Hoedjes2019, or *Regime* and

Population[Regime] for all other studies on arcsine square root transformed insertion

site frequencies. FDR values were obtained by using "p.adjust" in *R* and TE families

considered significant at FDR<0.05.

RNA-seq analysis

RNA-seq data from Carnes et al. (2015) consisted of two replicates of young and old

males and females from all control and selected populations (**Table S1**). Raw reads

were filtered to remove remaining adapter sequences and to exclude low quality

positions using cutadapt (v.2.0) (Martin 2011) with options: -a AGATCGGAAGAGC --
minimum-length 75 -q 20. Filtered reads were then mapped to the repeat-masked
reference genome (see above), the TE library from deviaTE, *Wolbachia pipientis*,
Acetobacter pasteurianus, and *Lactobacillus brevis* (see above) using STAR (Dobin
et al. 2013) with options --alignIntronMin 23 --alignIntronMax 268107 --
outFilterMultimapNmax 10 --outReadsUnmapped FastX --outSAMstrandField
intronMotif --outSAMtype BAM SortedByCoordinate. Read counts were obtained
using the command-line version of featureCounts (Liao et al. 2013) with options -t
exon -g gene_id --extraAttributes gene_symbol. We next pre-filtered the read count
data by excluding all genes and TEs that did not have a sum of 400 counts across all
80 samples (i.e. on average 5 counts per sample). Five TEs that are not known to
occur in *D. melanogaster* passed this filter and were excluded. For simplicity, the
analysis was performed on average read counts from two replicates, as all replicates
were highly significantly correlated (Pearson's r ranging from 0.95 to 1, significant after
Bonferroni correction). To analyze differential expression, we fit two models using read
counts of genes and TEs with DESEq2 in *R* (Love et al. 2014). First, a full model with
Regime (selected vs control), *Sex* (male vs female), *Age* (young vs old) and all
interactions were fit. As the sex term was significant for most TEs, we decided to
analyze males and females separately and by fitting models with *Regime*, *Age* and
the *Regime x Age* interaction. We obtained $\log_2$ fold change values for each factor and
the normalized read counts from DEseq2 for further analysis. To correct for the effect
of copy number on expression, we divided read counts of TEs by the number of
insertions observed in each population, assuming that genes and 13 TEs that did not
pass out filters in the genomic analysis have a single copy in the genome.
1024
Evolution of TE regulation genes
The list of genes involved in TE regulation consisted of piRNA pathway genes also
analyzed in Erwin and Blumenstiel 2019 and Elsner et al. 2018, and genes involved
in heterochromatic and chromatin structure from Lee and Karpen 2017. We further
added 7 additional genes involved in these functions, and genes annotated to
"regulation of transposition" (GO:0010528) and "transposition" (GO:0032196)
according to FlyBase so that we ended up with a total of 96 genes (**Table S11**). We
then screened the published genomic candidate gene lists from Carnes2015,
Fabian2018, Hoedjes2019 and Remolina2012 for these genes. We also compared TE

regulation genes to differentially expressed genes from the RNA-seq analysis of Carnes2015 (see above). We further obtained normalized microarray expression data from Remolina2012 of female flies at 1, 5, 15, 30, and 50 days of age (**Table S1**). Notably, the expression data were created from flies at 40 generations of selection compared to 50 generations in the genomic analysis. We fit a mixed effects model similar to the one used in the original publication with *Age*, *Regime*, and *Age x Regime* as fixed and *replication within population-age combination* as random effect. The two available tissues (heads and abdomens) were analyzed separately. A gene was considered to be differentially expressed if it had an FDR < 0.05 unless otherwise stated.

DATA ACCESSIBILITY

All data used in this study have been previously published. Accession numbers to the raw genomic and transcriptomic data can be found in **Table S1** and in the original studies (Remolina et al. 2012; Carnes et al. 2015; Fabian et al. 2018; Hoedjes et al. 2019). RNA-seq data were obtained directly from the authors. Additional raw data and results files on TE abundance, TE positions and frequency differentiation, nucleotide diversity, RNA-seq results for genes and TEs, and microarray results are available at: *to be made available upon publication*.

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 FIGURE LEGENDS

 Figure 1. Difference in TE abundance between regimes. Upper row: δinsertions (Y-
 axis) were obtained by subtracting the average genomic insertions of the controls from
 the selected populations. Bottom row: $\log_2$ fold change between selected and control
 populations. The dashed line indicates no difference between regimes. >0 denote TEs
 with a larger abundance in selected populations, while <0 TEs with more insertions in
 controls. TE subclasses are given in different colors. Selected flies had more genomic
 insertions than controls for most TE families (also see Table 1).

 Figure 2. Differences in average TE frequency. Average TE frequency from the
 South African population separated into C>S (blue) and S>C TEs (red) are shown on
 the Y-axis. Differences are shown considering all C>S and S>C TEs ("All") or only the
 top 10 TEs with the biggest differences in $\log_2$ FC of insertions ("Top 10"). t-tests were
 used to assess statistical significance. ns, not significant; * $P < 0.05$; *** $P < 0.001$.

 Figure 3. Selection on TE abundance and insertions. (A) Sharing of TEs with
 significant differences in abundance between regimes of each study. S>C and C>S
 denote TEs with a higher abundance in selected or control populations, respectively.
 Red bars indicate a significant overlap at $P < 0.05$. (B) Boxplots of the number of
 genomic insertions relative to the total genomic content of the 2 significantly shared
 C>S TEs. (C) Genome-wide differentiation in TE insertion frequency between selected
 and control populations in Fabian2018 and (D) Hoedjes2019. Every point indicates
 the $-\log_{10}$ P-value of a TE insertion across chromosomal arms (alternating black and
 grey color). The solid orange line corresponds to the Bonferroni cut-off at $\alpha = 0.05$.
 Red points denote TEs with a significantly higher frequency in selected relative to
 control populations. More details including exact positions, frequency and annotation
 of candidate TE insertions can be found in **Table S5**.

 Figure 4. Multiple factors influence TE expression. (A) Proportions of differentially
 expressed TEs at adjusted $P < 0.05$ and directionality relative to 123 TEs with
 detectable expression for factors from statistical models on pre-filtered read counts in
 DESeq2 (also see **Table S7**). "Sex" refers to the results of the full model including Sex
 (M, males; F, females), Age (young; old), Regime (C, control; S, selected), and all

interactions. "Regime", "Age" and "RxA" (i.e. *Regime x Age* interaction) refer to results from model fits with males and females separately analyzed. The absolute number of TEs for factor levels are given above or below bars. (B) Log$_2$ fold change of regime (selected vs control) and (C) age (young vs old) for males and females. Colors designate TEs significant only in males (blue), or females (red), or shared between both sexes (orange). Not significant TEs are in grey. (D and E) Log$_2$ fold changes across regime against age differences in males and females. Colors designate TEs significant only for regime (blue), or age (red), or for both factors (orange). Not significant TEs are in grey. (F) Normalized expression counts were significantly correlated to the number of insertions in the genome. Expression values for each TE were averaged across all conditions (sex, age, regime). Separating samples into different conditions resulted in similar significant correlation coefficients (**Table S8**). Colors correspond to TEs with a significantly higher genomic abundance in selected (red) or control populations (blue). (B to E): r, Pearson's correlation coefficient; (F): r, Spearman's correlation coefficient; * $P < 0.05$, *** $P < 0.0001$.

1407 **TABLES**

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1409 **Table 1.** Number of detected and significant TE families with percentage of TEs more

1410 abundant in selected (S>C) or controls (C>S) or not different between regimes (n.s.)

1411 from models analyzing studies independently or combined.

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Study	N	N (sign.)[a]	S>C	C>S	n.s.
Carnes2015	112	107	77%	19%	4%
Fabian2018	110	85	46%	31%	33%
Hoedjes2019	115	94	58%	24%	18%
Remolina2012	110	76	57%	12%	31%
Combined Model	103	Regime: 41	33%	7%	60%
		Study: 101			
		Study x Regime: 65			

1413 [a]Significant after Bonferroni correction at $\alpha=0.01$ in single studies or FDR<0.05 in combined

1414 model.

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1432 **Table 2.** TE regulation genes identified by each study as genetically differentiated
1433 candidate genes for lifespan combined with differential expression in Carnes2015 and
1434 Remolina2012 (see **Table S11** for a full summary of all 96 genes).

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		Genetic Differentiation				Differential expression		
Gene	**Type**	**Carnes 2015**	**Fabian 2018**	**Hoedjes 2019**	**Remolina 2012**	**Direction of Expression[a]**	**Sex**	**Study**
E2f1	epigenetic	✓	✓	-	-	Old>Young	M	Carnes
Hsp83	transposition	✓	-	-	✓	Old>Young/RxA	M	Carnes
csul	piRNA	✓	-	-	-	Old>Young	M	Carnes
fs(1)Yb	piRNA	✓	-	-	-	-	-	-
G9a	epigenetic	✓	-	-	-	Old>Young	M	Carnes
nub	epigenetic	✓	-	-	-	Old>Young	M	Carnes
piwi	epigenetic & piRNA	✓	-	-	-	S>C	F	Carnes
Su(var)2-HP2	epigenetic	✓	-	-	-	Old>Young	M	Carnes
tej	piRNA	✓	-	-	-	Old>Young/RxA	F	Carnes
wapl	epigenetic	✓	-	-	-	Old>Young	F	Remolina
tj	piRNA	-	✓	-	-	Young>Old/RxA	F	Carnes
vas	piRNA	-	✓	-	-	Old>Young	F	Remolina
del	piRNA	-	-	✓	-	Old>Young	F	Remolina
Hen1	piRNA	-	-	✓	-	C>S/Old>Young/RxA	F	Carnes
kis	epigenetic	-	-	✓	-	Old>Young Young>Old/RxA	M F	Carnes
mino	piRNA	-	-	✓	-	C>S Old>Young/RxA	M&F M	Carnes
Nbr	piRNA	-	-	✓[b]	-	Old>Young	M&F	Carnes
qin	piRNA	-	-	✓	-	C>S Old>Young	M F	Carnes Remolina
Su(var)3-7	epigenetic	-	-	✓	-	Old>Young	F	Remolina
AGO3	piRNA	-	-	-	✓	Old>Young RxA	M&F F	Carnes
armi	piRNA	-	-	-	✓	-	-	-
CG8108	epigenetic	-	-	-	✓	Old>Young	F	Remolina
moon	piRNA	-	-	-	✓	-	-	-
nos	piRNA	-	-	-	✓	C>S Old>Young	M F	Carnes Remolina

1436 [a]Padj.<0.05 for *Age*, *Regime* and interaction of both (RxA), where ">" indicates larger. [b]*P-element*
1437 frequency divergence found in the present study.

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 FIGURE 1

1465 **FIGURE 2**

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 FIGURE 3

1514 **FIGURE 4**

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