Gut microbial interaction networks control autoimmunity to neuroretina

Amy Zhang[1#], Reiko Horai[1#*], Yingyos Jittayasothorn[1], Jonathan H. Badger[2], Zhichao Wu[3], Guangpu Shi[1], Akriti Gupta[1], Samyuktha Arunkumar[1], Caitlin E. Murphy[1], Vijayaraj Nagarajan[1], John A. McCulloch[2], Shilpa Kodati[1], H Nida Sen[1], Jung Wha Lee[1], Jonathan P. Jacobs[4], Xiaoyan Xu[1], Mary J. Mattapallil[1], Zixuan Peng[1], Biying Xu[1], Robert J. Palmer[5], Nadim Majdalani[6], Kenya Honda[7], Colm O'hUigin[2], Rachel R. Caspi[1*]

[1]Laboratory of Immunology, National Eye Institute, National Institutes of Health, Bethesda, MD, USA

[2]Genetics and Microbiome Core, Laboratory of Integrative Cancer Immunology, Center for Cancer Research, National Cancer Institute, National Institutes of Health, Bethesda, MD, USA

[3]Laboratory of Pathology, Center for Cancer Research, National Cancer Institute, National Institutes of Health, Bethesda, MD, USA

[4]Goodman-Luskin Microbiome Center, David Geffen School of Medicine at UCLA, Los Angeles, CA, USA

[5]Structural Biochemistry Unit, National Institute of Dental and Craniofacial Research, National Institutes of Health, Bethesda, MD, USA

[6]Laboratory of Molecular Biology, Center for Cancer Research, National Cancer Institute, National Institutes of Health, Bethesda, MD, USA

[7]Keio University School of Medicine, Tokyo, Japan

[#]Equal contribution

*Correspondence to:
Rachel R. Caspi (caspir@nei.nih.gov)
Laboratory of Immunology, National Eye Institute, National Institutes of Health
10 Center Drive, 10/10N248, Bethesda, MD 20892-1857, USA

Reiko Horai (hreiko@nih.gov)
Laboratory of Immunology, National Eye Institute, National Institutes of Health
10 Center Drive, 10/10S243, Bethesda, MD 20892-1857, USA

Running title: Gut microbial interactions drive autoimmune uveitis

Funding: NIH/NEI Intramural funding, Project Number EY000184

Commercial Disclosures: None

KEYWORDS

ABSTRACT

The gut microbiome influences the development of immune-mediated inflammatory diseases, including autoimmune uveitis, a sight-threatening ocular inflammation driven by retina-specific T cells[1]. Using a model of spontaneous autoimmune uveitis (sEAU) we showed that gut commensals provide immune stimuli that trigger disease[2]. Here we report that uveitis-promoting microbes are present in human gut flora and that colonization of germ-free (GF) mice with commensals from healthy human donors was sufficient to provoke disease. Severity of sEAU correlated with expansion of Akkermansia and contraction of short-chain fatty acid (SCFA)–producing Firmicutes, followed by decreased SCFA levels and a dominant gut Th1 effector response. Mechanistic gain-of-function experiments, enriching GF sEAU mice with Akkermansia, reproduced these microbiome, metabolite and immune phenotype shifts, and exacerbated disease, suggesting that Akkermansia promotes autoimmunity by outcompeting SCFA-producers and enhancing Th1-type responses. An inverse correlation between Akkermansia (Verrucomicrobia) and Firmicutes was also present in patients with uveitis, multiple sclerosis and Crohn's disease. These findings reveal a stereotypic gut microbial interaction network that regulates systemic immune balance, and may represent an ecologically conserved mechanism through which the gut microbiome modulates autoimmune and inflammatory diseases.

INTRODUCTION

Immune-privileged tissues are increasingly recognized as sites where host–microbiota

interactions influence immunological balance in autoimmune and inflammatory

diseases[3,4]. Multiple mechanisms have been proposed that explain the central role of

microbiota in driving inflammation in the central nervous system (CNS), including innate

and adaptive effects such as molecular mimicry[2,5], bystander activation[6], epitope

spreading[7,8] and dual T cell receptors (TCRs)[9]. The eye, especially the neuroretina, is

part of the CNS and represents a quintessential immune-privileged tissue, making it a

valuable model to study immune privilege and autoimmunity in the CNS.

Autoimmune uveitis is a T cell-driven intraocular inflammation of unknown etiology that

targets the neuroretina and can lead to blindness[1]. It is represented by the models of

experimental autoimmune uveitis (EAU) in animals. EAU is induced in wild type mice by

immunization with the retinal antigen IRBP[1], or can develop spontaneously (sEAU) in

mice expressing a transgenic IRBP-specific TCR cloned from the immunization induced

model (line R161H)[10]. Our previous studies highlighted the critical role of gut microbiome

in triggering sEAU by providing antigenic stimuli that activate retina-specific T cells[2].

Subsequent research reported inhibitory effects of microbiome depletion also in induced

EAU[11], where the antigen is provided, emphasizing the antigen-independent (innate?)

effects of gut microbes on EAU. Interestingly, gut microbiome studies in uveitis patients

have revealed differences in gut flora between patients and healthy controls[12-16], but

mechanistic information could not be resolved.

Because inductive events and causal relationships cannot be studied in patients, we

employed the model of sEAU in R161H TCR transgenic mice[10], which may provide a

more physiological system to study triggers delivered by the microbiota. To gain

mechanistic insights into how human gut microbiota might affect the development of

autoimmune uveitis, we created gnotobiotic breeding colonies of R161H mice harboring

healthy human gut flora by reconstituting GF parental mice with fecal material from three

healthy human donors. The rationale for focusing on healthy donors is that *(i)* every

uveitis patient was once a healthy person, so by definition, uveitis-relevant microbes

should be present in the healthy person's gut flora, and *(ii)* the composition of patient

flora could have been altered by their disease or by their treatment, confounding data
interpretation.

Using a multiomic strategy that integrates microbial, metabolomic and immune profiling of
human flora (HuFI)-reconstituted R161H mice, combined with analyses of human
autoimmune disease datasets, we identified a microbial interaction network comprising
an "Akkermansia/Verrucomicrobia—Firmicutes axis" that appears to regulate
autoimmunity. Our data points to an underexplored but fundamental mechanism, where
interactive relationships in the microbial community play a central role in regulation of
autoimmune disease pathogenesis by microbiota[17].

RESULTS

1. Human gut commensals support development of spontaneous experimental
autoimmune uveitis (sEAU)

R161H mice harboring mouse microbiota (specific-pathogen-free, SPF) typically develop
moderate to severe uveitis with high penetrance (100% incidence by two months of
age)[10]. To first assess whether human gut microbiota affect uveitis development, we
developed "humanized gnotobiotic" R161H mouse lines as our pre-clinical model, by
reconstituting breeding pairs of GF R161H mice with gut microbiota from three healthy
human subjects—U, V, and W. Each line was maintained in separate isolators through
successive generations, so that the offspring acquired the human flora naturally from
their respective parents (Fig. 1a).

Microbiome sequencing results showed successful engraftment of human flora in
gnotobiotic R161H mice. The succession of gut microbiota through generations of
breeding in gnotobiotic isolators did not appear to diminish the differences between
individual cohorts, and each U, V, or W mouse recipient cohort preserved the microbial
signatures of its original donor (Fig. 1b).

Human commensal microbes supported uveitis development in R161H mice. Although

HuFl mice display a broad spectrum of disease scores, the scores were on average lower

than those of SPF mice that harbor normal mouse flora (Fig. 1c & Extended Data Fig.

1a). We did not observe obvious sex differences with respect to disease severity in HuFl

mice (Extended Data Fig. 1b). Immune phenotype of colonic CD4$^+$ T cells, based on a

range of cell surface and intracellular markers, clearly distinguished HuFl mice from GF

and SPF mice (Fig 1d & Extended Data Fig. 1c-e). The HuFl mice showed a spectrum of

disease scores and memory marker expression between GF (low) and SPF (high) mice

(Fig. 1e), had fewer IFN-γ-producing Th1 and IL-17A-producing Th17 effector cells and

more regulatory T cells (Tregs) expressing Foxp3 and IL-10 than did SPF mice (Fig. 1f-

g). This immune phenotype was consistent with other activation markers and Th1/Th17

signature molecules (Extended Data Fig. 1e). This phenotype may explain the lower

disease scores that they developed.

2. HuFl sEAU tracks with a dominant Th1 phenotype and abundance of

Verrucomicrobia/Akkermansia

Since both Th1 and Th17 effector phenotypes can drive autoimmune uveitis[18-20], we set

out to define the immune signatures that associate with disease in the HuFl model. We

categorized histological scores into high (score ≥ 1.5), mid (0.75 < score < 1.5), and low

(score ≤ 0.75) to facilitate statistical analysis. Interestingly, IFN-γ-producing CD4 T cells,

rather than IL-17A producers, in the gut (and other tissues) associated strongly with

severe disease phenotype (Fig. 2a-d). This suggests that uveitis development in HuFl

mice is more dependent on Th1 than Th17.

Microbiome analysis of parental and offspring HuFl mice showed that colonized mice

adopted only a subset of the original donor taxa (Extended Data Fig. 2a-b). This could be

a result from loss during human stool sample preservation and transfer processes, and/or

from inefficient engraftment of some non-native microbes to the gut environment of a

different host species. However, in terms of the overall microbial composition, each

mouse cohort remained closer to their original donor, preserving a distinct microbial

footprint (Fig. 1b & Extended Data Fig. 2c-d). Differences between female *vs.* male HuFl

mice in terms of microbial abundance and composition were minimal, if any, compared to

the differences based on human donors (Extended Data Fig. 2e-f). This is compatible

with the apparent lack of sex differences in disease severity of HuFI mice (Extended Data

Fig. 1b).

We then explored how gut microbiome associates with severity of uveitis. Correlational

heat map of major bacterial taxa at the family level revealed strong links between several

taxa and histology scores (Fig. 2e). Among them, Akkermansia (the only representative

of Verrucomicrobia in HuFI mice) correlated with high disease scores (Pearson r = 0.5,

FDR <0.05), whereas certain members of the Firmicutes phylum were correlated with low

disease scores (Pearson r = -0.3, FDR <0.05). Differential abundance analysis between

high and low histology categories consistently showed that Akkermansia was enriched in

mice with high disease, whereas Firmicutes (especially Clostridia) were enriched in mice

with low disease (Fig. 2f-g & Extended Data Fig. 2g).

3. SCFA signatures are enriched in low disease HuFI mice or healthy subjects

SCFAs are metabolites of commensal gut microbes resulting from fermentation of dietary

fiber, and have anti-inflammatory properties in a range of pathological conditions[21]. Some

SCFAs, e.g. butyrate and propionate, may have therapeutic potential in induced EAU[22,23].

In the current study, a key observation from differential abundance analyses of mice with

low and high disease scores was that SCFA-producing Firmicutes were associated with

lower sEAU scores (Fig. 2e). Therefore, it appeared plausible that SCFAs may also have

the potential to modulate sEAU.

To address this, we mined functional gene signatures from shotgun metagenomic

sequences of HuFI mice. Genes known to be involved in SCFAs synthesis and

metabolism were mapped to the simplified pathways shown in Fig. 3a. Consistent with

the observed differences in microbial abundance (Fig. 2e), the genes involved in main

SCFA pathways were enriched in mice with low disease scores and reduced in mice with

high disease scores (Fig. 3b). In agreement with the pathway analysis, metabolomic

quantification of SCFAs in the gut and serum of the mice confirmed that higher disease

scores were associated with lower SCFA concentrations both locally and systemically

(Fig. 3c).

We next examined whether this signature was present in a cohort of uveitis patients seen

at the National Eye Institute (NEI) clinic, compared to healthy controls. Because uveitis is

a heterogenous disease, we focused on a subset of patients whose disease was

restricted to the eye (idiopathic uveitis, Vogt-Koyanagi-Harada disease/sympathetic

ophthalmia and birdshot chorioretinopathy), as modeled by EAU, rather than being part of

a systemic syndrome. Similarly to the HuFl R161H mice, enzymes involved in acetate,

butyrate and propionate pathways (Fig. 3d) and their corresponding SCFAs (Fig. 3e),

were reduced in uveitis patients compared to healthy controls. This supports a role for

SCFAs in regulation of human uveitis.

4. Akkermansia negatively correlates with Firmicutes in both sEAU and clinical

uveitis

Among all taxa in HuFl mice, Akkermansia abundance was shown to be a prominent

correlate of severe uveitis and IFN-γ-producing CD4+ T cells in the gut (Fig. 2e-f,

Extended Data Fig. 3a–b), whereas SCFA-producing Firmicutes were reduced in the

same animals (Fig. 2e, g). We therefore analyzed their relative abundance and potential

interdependence to determine whether competitive interactions between these taxa might

contribute to autoimmune uveitis.

We first quantified abundance of Akkermansia and Firmicutes, and found them to be

inversely correlated (Fig. 4a). An in-depth computational analysis of the bacterial

association network confirmed the negative correlation between Akkermansia and

multiple families of SCFA-producing Firmicutes (Fig. 4b, Extended Data Fig. 3c). Levels

of major SCFAs in feces also exhibited an inverse correlation with Akkermansia

abundance (Fig. 4c). Taken together, this supports an interpretation of a negative

interaction between Akkermansia and a range of SCFA-producing microbes.

Similarly, gut microbiome interaction networks of uveitis patients displayed a negative

relationship between Verrucomicrobia (primarily Akkermansia) and SCFA-producing

Firmicutes (Clostridia, class level), but this relationship was not evident in healthy

subjects (Fig. 4d). This supports the relevance of the sEAU model to clinical disease.

5. Akkermansia promotes uveitis by outcompeting SCFA producers and

decreasing circulating SCFA levels

To validate the proposed microbiome interaction network *in vivo*, we used a gain-of-

function approach, where GF R161H mice received Akkermansia alone or Akkermansia

mixed with HuFl mouse donor fecal flora. In the first paradigm, we associated GF mice *de*

novo with cultured *Akkermansia muciniphila* (the type species of Akkermansia) or with

sterile PBS as control, and maintained them in static microisolators using sterile handling

techniques, to minimize additional microbial exposure (Extended Data Fig. 4a). This

approach resulted in a minimal gut microbial population of very low diversity (≤10 total

detectable taxa/mouse), dominated by Verrucomicrobia (Akkermansia) and Firmicutes

(Extended Data Fig. 4b-d).

First paradigm: A single oral gavage led to successful and sustained engraftment of

Akkermansia, and resulted in higher uveitis scores (Extended Data Fig. 4e-f). Akkermansia

was nearly undetectable in the PBS control group, whose gut microbiota became

dominated by Firmicutes (Extended Data Fig. 4g). As such, the relative abundances of

Akkermansia and Firmicutes showed a near-perfect inverse relationship (r-squared > 0.99,

p < 0.0001) (Extended Data Fig. 4h). Other bacterial phyla that are prominent in normal

mouse or human gut flora were low or on the borderline of detectability (Extended Data

Fig. 4i). Thus, this model reflects a minimal-diversity gut ecosystem dominated by the two

taxa that we hypothesize to display competitive dynamics that control expression of

disease.

Second paradigm: To examine this hypothesis under more physiological conditions, where

Akkermansia is not given a major "head start", we associated GF R161H mice with flora

from HuFl mice (selected for low disease and low abundance of Akkermansia) "spiked", or

not, with cultured *A. muciniphila* (Fig. 5a). Fecal microbiome profiling confirmed successful

microbial engraftment and stability of Akkermansia-high or Akk-low status (Fig. 5d &

Extended Data Fig. 5a). Akkermansia "spiked" flora induced more severe uveitis than base

HuFl alone (Fig. 5b-c) and the relative abundances of Akkermansia and Firmicutes were

consistently inversely correlated (Fig. 5e). Notably, among the major bacterial phyla,

Firmicutes was the only phylum whose abundance was decreased in Akk-enriched mice

(Fig. 5d & Extended Data Fig. 5b), particularly those taxa considered "professional" SCFA

producers[24] (Extended Data Fig. 5c). To confirm that the effects described above were

indeed Akkermansia-specific, we associated GF R161H mice with the same HuFl "spiked"

with *E. coli*. The disease-promoting phenotype and the reduction in Firmicutes abundance

were not recapitulated, supporting the notion that the observed effects were specific to

Akkermansia (Extended Data Fig. 5d-f). Together, these results reinforce a dynamic

balance between Akkermansia and Firmicutes that modulates autoimmune uveitis in a

physiologically relevant setting.

To mechanistically link Akkermansia–Firmicutes dynamics with circulating SCFA levels

available to regulate uveitis-relevant immune responses, we measured serum SCFAs and

host immune parameters. All three major SCFAs – acetic, butyric and propionic acids –

were reduced in Akk-high mice compared with Akk-low mice (Fig. 5f), consistent with the

negative relationship between Akkermansia and Firmicutes. This reduction was not

observed in the *E.coli* control group (Extended Data Fig. 5g). Given the known

immunomodulatory role of SCFAs[21] , we examined whether this metabolomic shift was

associated with an altered systemic effector response. In both the Akk-associated minimal

flora model and the Akk-enriched HuFl model, reduced serum SCFAs were tightly coupled

with elevated serum and/or gut IFN-γ responses (Fig. 5g–j). These results implicate that

SCFAs may regulate disease by dampening the Th1 effector response.

The final mechanistic question was whether Akkermansia can provide surrogate antigenic

stimuli to trigger activation of the R161H TCR-expressing cells in the gut[2]. To address this,

we used an *in vitro* activation assay, where naïve R161H CD4 T cells and antigen-

presenting cells were cultured with Akk-rich HuFl gut content extracts, or with heat-killed

Akkermansia. Unlike SPF gut flora extracts or the cognate peptide antigen[2,10], neither

Akkermansia preparation activated the retina-specific T cells, as measured by expression

of CD69 and Nur77 (Extended Data Fig. 6a-b), indicating that Akkermansia was not acting

as an antigen mimic.

Single cell RNA-seq analysis of colonic CD4 T cells, of which an average of 15%

expressed the R161H TCR, revealed that both R161H TCR-expressing and non-R161H

(endogenous) T cells had a Th1, rather than a Th17, signature, that positively correlated

with abundance of Akkermansia (Extended Data Fig. 6c). Akk-high colonic CD4 T cells

showed an increased proportion of Th1 cells with enriched interferon- and inflammation-

associated transcriptional programs (Stat1, Irf1, Cebpb, Jund), indicating an augmented

Th1 transcriptional profile (Extended Data Fig. 6d-e) and a broadly increased myeloid-to-

T cell signaling (Extended Data Fig. 6f), in which MHC class-II-associated APC–CD4

interactions favor Type 1 over Type 17 polarization (Extended Data Fig. 6g).

VDJ analysis did not reveal evidence for a 2nd TCR among R161H TCR+ cells, and *in*

silico analysis did not reveal shared sequence(s) between Akkermansia and IRBP$_{161-180}$,

which is the cognate R161H TCR epitope, supporting a mechanism independent of

cognate antigen recognition. Together, these findings support a model in which

Akkermansia regulates disease and shapes the T-cell effector response at 2 levels:

directly, through innate, adjuvant-like mechanisms modulating APC-T cell interactions, as

well as indirectly, by modulating SCFA-producing Firmicutes. This working model is

depicted in Figure 6a.

6. The inverse relationship between Verrucomicrobia and Firmicutes extends to

clinical uveitis, multiple sclerosis and Crohn's disease

Because effector Th1 skewing in the Akk-rich gut environment was independent of

antigenic specificity, we hypothesized that it could be associated with human

inflammatory conditions, such as uveitis, multiple sclerosis (MS) and inflammatory bowel

disease (IBD). To establish a common metric for comparing healthy to diseased state, we

used the phylum-level ratio of Verrucomicrobia / Firmicutes (V/F ratio) which consistently

tracked with disease severity in HuFl mice (Fig. 6b-c). Application of this metric to the

entire cohort of our clinical uveitis samples (so as to minimize any selection bias),

revealed higher V/F ratios in uveitis patients compared to healthy subjects (Fig. 6d). We

next examined publicly available MS[25] and IBD[26] datasets, the latter comprising patients

with Crohn's disease and ulcerative colitis (UC). Compared to healthy controls, the V/F

ratio in MS, and in Crohn's disease patients—a condition predominantly driven by Th1-

mediated inflammation—but not in UC patients[27,28], was markedly elevated (Fig. 6e-f).

Taken together, the gut microbial interaction networks indicated a negative correlation of

Verrucomicrobia (Akkermansia) with Firmicutes not only in R161H mice, but also in

uveitis, MS and Crohn's disease patients, supporting the generality of this relationship.

DISCUSSION

In this study, we report a gut microbial interaction network that regulates autoimmune and

inflammatory processes along the "gut–eye axis". By integrating data-driven analyses

and *in vivo* microbial perturbation, we provide compelling evidence for a negative

relationship between Akkermansia and Firmicutes and link it to disease severity.

Specifically, Akkermansia appears to promote sEAU in HuFI R161H mice by

outcompeting SCFA-producing Firmicutes in the gut, resulting in diminished SCFA levels

and enhanced Th1 responses both locally and systemically (Fig. 6a). Our findings

provide a mechanistic basis for how the gut microbiome impacts ocular autoimmunity,

dissect the complex interacting stimuli that underpin this process, and highlight its broadly

generalizable nature.

Our network-based perspective contrasts with previous studies, which have mostly

focused on how individual gut microbial taxa influence disease and host immunity[4].

A. muciniphila has been implicated across a spectrum of inflammatory and autoimmune

diseases[29]. However, different reports have described conflicting functional effects. As an

example, Akkermansia has been reported to promote Th1 polarization of human

PBMCs[30], and its relative abundance correlated with disease activity in MS patients[25,30-

32]. In contrast, in vivo Th1-polarizing activity has not been observed in Akk-

monocolonized mice[30] and T cell responses to Akkermansia in SPF mice have not

correlated with a consistent T cell effector phenotype[33]. These observations, together

with our finding that Akkermansia affects sEAU through interactions that modulate the

broader microbial network, support the notion that the immunological impact of

Akkermansia—and of any single microbes in general—depends heavily on microbial

community context and host factors.

The R161H sEAU model provides a platform to dissect these contextual effects. When

the model was first established, we identified signaling by a (microbiota-dependent)

mimic antigen in the SPF flora of R161H mice as an important, but possibly not the only,

disease trigger[2]. In the case of Akkermansia as a disease-promoting influence that does

not appear to act as a surrogate antigen, it is likely that other HuFl member(s) may

provide this function. The preferential enhancement of MHC-II–associated APC–CD4

interactions in Akkermansia-enriched gut is conceptually reminiscent of the SFB-driven

Th17 program[34,35], in which dendritic-cell MHC-II presentation and commensal-specific

TCR selection create a Th17-polarizing milieu that instructs adaptive effector

differentiation. Akk seems to promote a polarizing milieu encouraging Th1 programming

of CD4+ cells without evidence for IRBP-specific microbial antigen mimicry.

We did not attempt to identify the HuFl microbial mimic, as identifying it would lack

translational relevance. The R161 TCR recognizes a mouse class II (I-A^r)-restricted

epitope of IRBP. Human MHC class II molecules would almost certainly present a

different epitope(s) from any given antigen than does mouse I-A^r, plus the epitope(s)

would differ between individuals, given the heterogeneity of human MHC haplotypes.

Moreover, whereas IRBP is a dominant retinal autoantigen in mice, human uveitis more

commonly involves recall responses to arrestin[1]. Therefore, although the HuFl R161H

sEAU model cannot reveal specific antigenic targets involved in human uveitis, it can

reveal conserved mechanisms shared across species, such as the microbial interaction

network identified in this study.

A key feature of this microbial network is the negative relationship between Akkermansia

and Firmicutes, which links gut microbial composition to systemic inflammation. This

antagonism likely arises from multiple, non-mutually exclusive mechanisms. Both taxa

are dominant colonizers of the colon and may engage in direct niche competition and

indirect interactions. Akkermansia promotes mucus degradation during gut

inflammation[36,37]. The compromised mucus barrier would exacerbate inflammation and

oxidative stress[38], creating inhospitable conditions for obligate anaerobes like Firmicutes.

Finally, while Akk antagonizes SCFA-producing Firmicutes, their SCFAs can in turn act to

suppress Akkermansia growth and mucolytic activity[39].

All those interactions are reflected in the V/F ratio, which may serve as an indicator of

inflammatory state and immune polarization across species, supporting its translational

value. A similar "legacy" metric Firmicutes to Bacteroidetes (F/B ratio) has been used to

indicate overall shifts in gut microbiome composition, but is now being phased out due to

its inconsistent disease associations[40,41]. We propose that the V/F ratio is more

specifically informative in autoimmune and inflammatory settings.

Of note, numerous studies report an association between uveitic diseases and gut

inflammation. Uveitis is associated with an increased risk of Crohn's (but not of UC)[42],

and Crohn's patients are more likely than UC patients to develop uveitis[43]. The findings

are compatible with the notion that the V/F ratio increases under conditions where gut

inflammation co-occurs with extraintestinal autoimmunity. The V/F ratio may also rise

under Th1-dominant inflammatory conditions, as observed in our data. Our analyses

reveal elevated V/F ratios not only in our patients with uveitis, but also in published

datasets from patients with MS[25] and IBD[26]. Within IBD, increases in V/F were evident in

Crohn's disease (Th1-dominant[44-46]), but not in UC (Th2-like[47-49]).

Limitations of the study: The complexity of the Akkermansia–Firmicutes axis poses a

major challenge to resolving microbial relationships at species and strain levels.

Emerging approaches such as bacterial spatial transcriptomics[50] are not yet sufficiently

developed to dissect mechanisms by which Akkermansia antagonizes SCFA-

producing Firmicutes. That said, outcompetition could involve physical elimination via

bacteriocins acting on SCFA producers[51]. In addition, the asynchronous nature of

disease development in individual mice and the limited capacity of our GF R161H colony

constrains the scale and breadth of experiments. Consequently, some types of

mechanistic studies, including administering individual SCFAs to HuFl mice for functional

validation, could not be accommodated.

In conclusion, our findings show that a complex microbial interaction network—rather

than individual taxa—plays a central role in shaping the gut–eye axis. The Akkermansia–

Firmicutes relationship likely represents a generalizable ecological principle in which

microbial competition influences systemic immune balance and susceptibility to

autoimmunity and inflammation, and which extends across species. Future studies aimed

at defining the mechanisms by which Akkermansia gains an advantage over SCFA-

producing Firmicutes, may guide the development of microbiome-based interventions for

autoimmune and inflammatory diseases that intersect with gut dysregulation.

METHODS

Mice. R161H mice on the B10.RIII background[10] were bred in-house and maintained

under SPF conditions and fed standard facility chow *ad libitum*. GF and HuFl R161H

mice were maintained in the gnotobiotic isolators. The animal study protocol (NEI-688)

was approved by the NEI Institutional Animal Care and Use Committee.

Generation of gnotobiotic mice with human stool samples. Human stool samples of

healthy volunteers were collected at Keio University according to the study protocol[52]

approved by the Institutional Review Boards (approval number 20150075) and informed

consent was obtained from each subject. Stool samples were suspended in 20% glycerol

in PBS, snap frozen in liquid nitrogen and stored at -80°C. The U, V, and W stocks were

thawed and gavaged into GF R161H mice and individual cohort lines were established in

separate gnotobiotic isolators.

Evaluation of uveitis phenotype. Development of uveitis was monitored by fundoscopic

observation via a binocular microscope of anesthetized mice at the indicated age. For

histopathology, eyes were enucleated and fixed in 4% glutaraldehyde for 1 h and

transferred to 10% formaldehyde for additional 24 h, embedded in methacrylate, and

processed for H&E staining. Disease scores of fundoscopy and histology were assigned

by a masked observer on a scale of 0–4, according to the criteria for EAU scoring

described in detail elsewhere which are based on the number, size and type of lesions[53].

HuFl R161H fecal suspension preparation. Cecal and colonic contents from HuFl mice

of varying disease severity were collected under sterile conditions and immediately

transferred on ice to an anaerobic chamber (Coy Laboratory Products). Contents were

filtered three times through a 70 μm cell strainer in 20% glycerol–PBS, and aliquoted to

prevent repeated freeze–thaw cycles. Each sample was prepared from either individual

mice or pools of mice with the same disease severity. The baseline HuFl suspension for

reconstitution experiments was prepared from two mice with low uveitis scores and

validated by 16S sequencing to contain ~1% Akkermansia (ranges 1–8% in tested

samples).

In vivo microbial enrichment by gnotobiotic reconstitution. *A. muciniphila* or *E. coli*

were cultured in mucin-BHI media inside the anaerobic chamber or in LB media in the

aerobic incubator, respectively. Microbial monoculture was prepared in advance and the

first passage timed to reach the exponential growth phase immediately prior to oral

gavage. On the day of gavage, GF R161H were transferred from the gnotobiotic isolators

to sterile and static microisolator cages with a Reemay filter top. Using sterile techniques,

these mice were examined by fundoscopy and assigned to experimental or control

groups based on initial uveitis disease scores (<1), age (4-7 weeks) and sex. While mice

were recovering from anesthesia, gavage material was prepared inside the anaerobic

chamber for *A. muciniphila* or in the aerobic bacterial hood for *E. coli*, or sterile PBS,

which in the "HuFl base model" was combined with the selected HuFl fecal suspension,

so each mouse in the experimental group would receive an additional ~10^8 CFU of the

microbe of interest in 200uL HuFl fecal suspension via oral gavage. Fecal sampling and

fundoscopy scoring were performed on a weekly basis, and mice were handled under

sterile protocols, with cages opened only inside a biosafety cabinet.

Fecal DNA extraction and quantification of microbes. Fecal pellets were collected

from individual mice, immediately frozen on dry ice and stored at -80°C until bacterial

DNA extraction in house as previously described[54] or by the NCI Genetics and

Microbiome Core. Absolute abundance of bacteria in each fecal sample was assessed by

quantitative polymerase chain reaction (qPCR) using Akkermansia or *E. coli* standard

curves with Fast SYBR Green Supermix (Applied Biosystems, Waltham, MA, USA) and

run on a QuantStudio™ 7 Pro Real-Time PCR System (Applied Biosystems). Specific

primers for Akkermansia were Akk.mu3.Fwd (5'- GCGTAGGCTGTTTCGTAAGTCGTGT

GTGAAAG -3') and Akk.mu3.Rvs (5'-GAGTGTTCCCGATATCTACGCATTTCA -3')[55],

and for *E. coli* were Uni515F (5'- GTGCCAGCMGCCGCGGTAA -3') and Ent826R (5'-

GCCTCAAGGGCACAACCTCCAAG -3')[56]. Five ng of fecal DNA was amplified per 10 µL

reaction with the following cycling conditions: initial denaturation at 95 °C for 20 sec,

followed by 40 cycles of 95 °C for 3 sec and 63 °C for 30 sec. A melt-curve analysis was

included at the end of each run to confirm amplification specificity. Bacterial counts (CFU)

per 5 ng of DNA were extrapolated from fitted standard curves correlating Cq values with

bacterial quantity.

16S rRNA gene sequencing and analyses. Fecal samples were processed at the NCI

Genetics and Microbiome Core for 16S rRNA gene sequencing as detailed in prior

work[54]. 16S amplicon sequence variants (ASV) were inferred with YAMS16 v1.7

(https://github.com/jhbadger/YAMS16), a pipeline running DADA2[57], and taxonomically

classified using the SILVA reference database (release 138.1)[58]. Microbial diversity,

differential abundance and multivariable association analyses were performed with

phyloseq v1.42.0[59], MaAsLin2 v1.12.0[60], microViz v0.12.3[61] in R. Microbial association

networks were analyzed with NetCoMi[62].

Shotgun metagenomic sequencing and analyses. Selected DNA samples were

submitted to CosmosID, Inc. (Germantown, MD, USA) for shallow shotgun sequencing (3

million reads per sample). Specifically, DNA libraries were prepared using the Nextera XT

DNA Library Preparation Kit (Illumina, Inc., San Diego, CA, USA) and IDT Unique Dual

Indexes with total DNA input of 1 ng. Genomic DNA was fragmented using a proportional

amount of Illumina Nextera XT fragmentation enzyme. Unique dual indexes were added

to each sample followed by 12 cycles of PCR to construct libraries. DNA libraries were

purified using AMpure magnetic Beads (Beckman Coulter, Inc., Brea, CA, USA) and

eluted in QIAGEN EB buffer. DNA libraries were quantified using Qubit 4 fluorometer and

Qubit™ dsDNA HS Assay Kit. Libraries were then sequenced on the Element AVITI

platform 2x150 bp. JAMS v1.9.9[63] and HUMAnN v3.9[64] were used for taxonomic and

functional profiling, and genes involved in metabolic pathways of the main SCFAs

(acetate, butyrate and propionate) were identified based on InterPro, Gene Ontology and

Pfam annotations, and those present in the uveitis datasets were compared between

diseased and healthy groups.

Targeted metabolomics and cytokine quantification. Cecal and colonic contents

(collectively referred to as "fecal contents"), eyes, and serum were collected from age-

matched mice at harvest. Eyes were fixed for histological analysis as described above.

Fecal and serum samples were snap-frozen on dry ice and stored at −80 °C. For

metabolite profiling, at least 100 mg of fecal contents and 150 μL of serum per mouse

were transferred to designated tubes and shipped on dry ice to Metabolon, Inc.

(Morrisville, NC, USA) for absolute quantification of eight short-chain fatty acids (acetic,

propionic, butyric, isobutyric, 2-methylbutyric, valeric, isovaleric, and hexanoic acids).

Serum cytokine concentrations were measured using the Mouse Inflammation Panel (13-

plex, LEGENDplex™, BioLegend, San Diego, CA, USA) according to the manufacturer's

instructions. Data were acquired on a CytoFlex LX flow cytometer (Beckman coulter) and

analyzed with LEGENDplex Data Analysis Software (BioLegend) to quantify cytokine

levels based on standard curves.

Tissue harvesting and flow cytometry analyses. Peripheral lymphoid tissues

(submandibular lymph nodes, spleen, peripheral lymph nodes, mesenteric lymph nodes),

and gut lamina propria from small intestine and colon were collected and prepared for

single cell suspensions as described elsewhere[2]. Cells were stained at the dilution of

1:1000 with fluorochrome-conjugated antibodies (clones) from BD Biosciences,

BioLegend or eBioscience/Thermo Fisher Scientific. Surface staining panel: FITC-TCR

beta chain (H57-597), BB700-CD69 (H1.2F3), PE-CD62L (MEL-14), PE/Dazzle594

CD183/CXCR3 (CXCR3-173), PE/Cy7-CD199/CCR9 (CW-1.2), Alexa Fluor 700 CD8a

(53-6.7), APC-eFluor 780-CD44 (IM7), Brilliant Violet (BV) 421-CD103 (2E7), BV510-

CD45 (30-F11), BV650-CD4 (RM4-5), BV785-CD196/CCR6 (29-2L17), BUV496-CD3

(145-2C11). Intracellular staining panel: Alexa Fluor 488-IL-17F (9D3.1C8),

PerCP/Cyanine5.5-T-bet (4B10), PE-RORgt (Q31-378) PE/Dazzle594-IL-10 (JES5-

16E3), PE/Cy7-GM-CSF (MP1-22E9), APC-IL-22 (IL22JOP), Alexa Fluor 700-Foxp3

(FJK-16s), APC-eFluor 780-CD8a (53-6.7), BV421-IFN-g (XMG1.2), BV510-CD4 (RM4-

5), BV650-IL-17A (TC11-18H10), BV786-CD44 (IM7), BUV496-CD3 (145-2C11). Dead

cells were excluded by staining with ViaKrome 808 Fixable Viability Dye from Beckman

Coulter. Fluorescence-activated cell sorting analyses were done using CytoFlex LX

(Beckman coulter). FlowJo v10 (BD Biosciences) was used for data analyses.

In vitro activation assay on retina-specific T cells. IRBP-specific T cells were

harvested from spleen and peripheral lymph nodes of *Tcra$^{-/-}$ Nr4a1^{EGFP}* (Nur77^{GFP})

R161H mice and were enriched for naïve CD4$^+$ cells by negative selection using Mouse

Streptavidin Rapidsphere Isolation Kit (EasySep, StemCell Technologies). The following

biotin-conjugated anti-mouse antibodies (clones) from BioLegend, BD Biosciences were

used at 1:250 dilutions: CD8 (53-6.7), CD11b (M1/70), CD11c (N418), CD16/32 (93),

CD19 (6D5), CD24 (M1/69), CD25 (PC61), CD49b (DX5) CD69 (H1.2F3), CD45R/B220

(RA3-6B2), Ly-6G/Ly-6C (Gr1, RB-8C5), I-A/I-E (M5/114.15.2), NK1.1 (PK136), $\gamma\delta$TCR

(GL3), Ter 119 (TER-119). CD11c$^+$ dendritic cells were purified from spleen of WT

B10.RIII mice as antigen-presenting cells using CD11c MicroBeads Ultrapure (Miltenyi

Biotec). T cells and dendritic cells were co-cultured at a 4:1 ratio in the presence of heat-

killed *A. muciniphila* (95°C for 5 min), heat-killed *E. coli* (60°C for 30 min), or bacteria-rich

extracts from the gut content[2]. T cell activation was assessed after 22 h by flow

cytometric analysis of CD69 and Nur77 expression.

5' single cell RNAseq sample processing. Cells from colon LP were labeled with

TotalSeq C anti-mouse HashTags 1-10 (C0301-C0310, clones M1/42; 30-F11) and 14

cell surface antibodies from BioLegend at the dilution of 1:100. Cell surface anti-mouse

antibodies: CD4 (DNA_ID C0001, clone RM4-5), CD8a (C0002, 53-6.7), Ly-6C (C0013,

HK1.4), CD11b (C0014, M1/70), Ly-6G (C0015, 1A8), CD90.2 (C0075, 30-H12), CD19

(C0093, 6D5), CD11c (C0106, N418), F4/80 (C0114, BM8), I-A/I-E (C0117,

M5/114.15.2), NK-1.1 (C0118, PK136), TCRβ chain (C0120, H57-597), TCR g/d (C0121,

GL3), and CD3 (C0182, 17A2). Labeled cells were sorted for live CD45$^+$ and CD4$^+$

populations with PE anti-mouse CD45.2 (clone 104, BioLegend), eFluor^{TM} 450 anti-

mouse CD4 (clone RM4-5, eBioscience) and 7-AAD (eBioscience) using

FACSAria III/Fusion sorters (BD Biosciences). Post-sort viability exceeded 80%, and

hash-tagged samples were pooled at equal ratios within each experimental group,

combining CD45$^+$ and CD4$^+$ fractions at 1:1 ratio to enrich for CD4$^+$ T cells. Pooled cells

were resuspended in PBS with 0.04% BSA and loaded onto a 10x Genomics Chromium

X instrument at 700–1200 cells/μL for single cell 5' gene expression and TCR profiling.

Libraries were prepared using the Chromium Next GEM Single Cell 5' Reagent Kits v2

(Dual Index) following the manufacturer's protocol, and sequenced on NovaSeq 6000

platform (Illumina, Inc., San Diego, CA, USA).

Single cell RNAseq data analyses. Six mice (three from each group) were used for

analyses. Sequencing data were processed with Cell Ranger v9.0.1 (10x Genomics) for

demultiplexing and alignment to the Mus musculus reference (GRCm39, Genome

Reference Consortium, 2024). Cell doublets were detected and removed using Scrublet

v0.2.3[65]. Cells exhibiting high mitochondrial transcript content (≥ 5%) or abnormal gene

counts (< 500 or > 8000) were excluded. Expression data were log-normalized and

scaled using the Scanpy v1.11.0[66] in Python v3.10. Dimensionality reduction was

performed using Principal Component Analysis (PCA) followed by Uniform Manifold

Approximation and Projection (UMAP), and cell clusters were identified with the Leiden

algorithm[67]. Cell type annotation was based on computational classification using SingleR

v2.8.0[68] with mouse immune reference data from celldex::ImmGenData v1.16.0 in R v4.4,

as well as the expression of canonical cell type marker genes, and validated by cell

lineage–specific surface antibody. The expression of both Trav16 and Trbv5 in a CD4 T

cell was the standard used to identify IRBP-specific T cells[10]. Seurat v5.1.0[69] was also

used to generate object files for downstream application of CellChat[70] and SCENIC[71] in

the R environment. CellChat was applied to infer changes in the strongest cell-cell

interactions between Th1 cells and other cell types in the colon LP in Akk-rich mouse.

SCENIC was used to reconstruct gene regulatory networks and to assess transcription

factor activity at the single-cell level, enabling identification of Akkermansia-associated

alterations in Th1 cell programming and lineage maintenance.

NEI clinical samples and public human data. Stool samples were obtained from

patients with autoimmune uveitis and healthy controls enrolled in a clinical cohort at the

NEI, NIH. All participants provided written informed consent under the protocol approved

by the Institutional Review Board (Protocol 13-EI-0072). A stratified cohort of treatment-

naïve autoimmune uveitis was selected for in-depth gut microbial network analysis,

representing primarily posterior- and pan-uveitis cases and ocular-restricted phenotypes

such as idiopathic uveitis and birdshot chorioretinopathy. 16S rRNA gene and shotgun

metagenomic sequencing of human fecal samples were performed by the Microbiome

Cores at the NCI and the Goodman-Luskin Microbiome Center (Los Angeles, CA, USA).

Public microbiome data of IBD patients' stool are from PRJNA1198911[26], and that of MS

patient stool from the International MS Microbiome Study (iMSMS)[25].

Statistical analyses. Statistical analyses were conducted with R v4.4, Python v3.10, and

GraphPad Prism v10.5.0. Non-parametric tests such as Mann-Whitney U and Kruskal-

Wallis tests were used for most comparisons between two or more groups. Group

differences in multivariate community structure were evaluated by Permutational

Multivariate Analysis of Variance (PERMANOVA). Pearson's or Spearman's rank

correlation, as well as multivariable association (MaAsLin2 and equivalent methods) were

used to assess associations between microbial features and disease or immune

phenotypes. P-values were adjusted for multiple comparisons using the false discovery

rate (FDR) where applicable, and statistical significance was indicated as follows: * $P <$

0.05, ** $P < 0.01$, *** $P < 0.001$, and **** $P < 0.0001$. Data in bar plots are presented as

mean values ± SEMs.

Data availability. Raw microbiome sequencing data, including 16S rRNA gene amplicon

and shotgun metagenomic sequencing reads from mouse samples and de-identified

human samples, have been deposited in the NCBI Sequence Read Archive (SRA) under

BioProject ID PRJNA1451962. Raw and processed single-cell RNA sequencing data

have been deposited in the Gene Expression Omnibus (GEO) under accession number

GSE327793.

Code availability. No custom code was developed for this study. All analyses were

performed using publicly available software packages, and the specific versions and

parameters used are described in the Methods section.

REFERENCES

Caspi, R. R. A look at autoimmunity and inflammation in the eye. *J Clin Invest* **120**, 3073-3083 (2010).

Horai, R. *et al.* Microbiota-Dependent Activation of an Autoreactive T Cell Receptor Provokes Autoimmunity in an Immunologically Privileged Site. *Immunity* **43**, 343-353 (2015).

Horai, R. & Caspi, R. R. Microbiome and Autoimmune Uveitis. *Front Immunol* **10**, 232 (2019).

Salvador, R., Zhang, A., Horai, R. & Caspi, R. R. Microbiota as Drivers and as Therapeutic Targets in Ocular and Tissue Specific Autoimmunity. *Front Cell Dev Biol* **8**, 606751 (2020).

White, Z. *et al.* Gut inflammation promotes microbiota-specific CD4 T cell-mediated neuroinflammation. *Nature* **643**, 509-518 (2025).

Lee, H. G. *et al.* Pathogenic function of bystander-activated memory-like CD4(+) T cells in autoimmune encephalomyelitis. *Nat Commun* **10**, 709 (2019).

Miller, S. D. *et al.* Persistent infection with Theiler's virus leads to CNS autoimmunity via epitope spreading. *Nat Med* **3**, 1133-1136 (1997).

Deeg, C. A., Amann, B., Raith, A. J. & Kaspers, B. Inter- and intramolecular epitope spreading in equine recurrent uveitis. *Invest Ophthalmol Vis Sci* **47**, 652-656 (2006).

Ji, Q., Perchellet, A. & Goverman, J. M. Viral infection triggers central nervous system autoimmunity via activation of CD8+ T cells expressing dual TCRs. *Nat Immunol* **11**, 628-634 (2010).

Horai, R. *et al.* Breakdown of immune privilege and spontaneous autoimmunity in mice expressing a transgenic T cell receptor specific for a retinal autoantigen. *J Autoimmun* **44**, 21-33 (2013).

Nakamura, Y. K. *et al.* Gut Microbial Alterations Associated With Protection From Autoimmune Uveitis. *Invest Ophthalmol Vis Sci* **57**, 3747-3758 (2016).

Shimizu, J. *et al.* Bifidobacteria Abundance-Featured Gut Microbiota Compositional Change in Patients with Behcet's Disease. *PLoS One* **11**, e0153746 (2016).

Huang, X. *et al.* Gut Microbiota Composition and Fecal Metabolic Phenotype in Patients With Acute Anterior Uveitis. *Invest Ophthalmol Vis Sci* **59**, 1523-1531 (2018).

Kalyana Chakravarthy, S. *et al.* Dysbiosis in the Gut Bacterial Microbiome of Patients with Uveitis, an Inflammatory Disease of the Eye. *Indian J Microbiol* **58**, 457-469 (2018).

15   Ye, Z. *et al.* A metagenomic study of the gut microbiome in Behcet's disease. *Microbiome* **6**,
135 (2018).

16   Ye, Z. *et al.* Altered gut microbiome composition in patients with Vogt-Koyanagi-Harada
disease. *Gut Microbes* **11**, 539-555 (2020).

17   Steimle, A. *et al.* Gut microbial factors predict disease severity in a mouse model of multiple
sclerosis. *Nat Microbiol* **9**, 2244-2261 (2024).

18   Luger, D. *et al.* Either a Th17 or a Th1 effector response can drive autoimmunity: conditions
of disease induction affect dominant effector category. *J Exp Med* **205**, 799-810 (2008).

19   Damsker, J. M., Hansen, A. M. & Caspi, R. R. Th1 and Th17 cells: adversaries and
collaborators. *Ann N Y Acad Sci* **1183**, 211-221 (2010).

20   Horai, R. & Caspi, R. R. Cytokines in autoimmune uveitis. *J Interferon Cytokine Res* **31**, 733-
744 (2011).

21   Mann, E. R., Lam, Y. K. & Uhlig, H. H. Short-chain fatty acids: linking diet, the microbiome
and immunity. *Nat Rev Immunol* **24**, 577-595 (2024).

22   Nakamura, Y. K. *et al.* Short chain fatty acids ameliorate immune-mediated uveitis partially
by altering migration of lymphocytes from the intestine. *Sci Rep* **7**, 11745 (2017).

23   Chen, X. *et al.* Sodium butyrate regulates Th17/Treg cell balance to ameliorate uveitis via
the Nrf2/HO-1 pathway. *Biochem Pharmacol* **142**, 111-119 (2017).

24   Louis, P. & Flint, H. J. Formation of propionate and butyrate by the human colonic
microbiota. *Environ Microbiol* **19**, 29-41 (2017).

25   iMSMS Consortium. Gut microbiome of multiple sclerosis patients and paired household
healthy controls reveal associations with disease risk and course. *Cell* **185**, 3467-3486 e3416
(2022).

26   Orejudo, M. *et al.* Exploration of fecal microbiota in newly diagnosed patients with
inflammatory bowel disease using shotgun metagenomics. *Front Cell Infect Microbiol* **15**,
1595884 (2025).

27   Strober, W., Fuss, I. & Mannon, P. The fundamental basis of inflammatory bowel disease. *J
Clin Invest* **117**, 514-521 (2007).

28   Guan, Q. A Comprehensive Review and Update on the Pathogenesis of Inflammatory Bowel
Disease. *J Immunol Res* **2019**, 7247238 (2019).

29   Cani, P. D., Depommier, C., Derrien, M., Everard, A. & de Vos, W. M. Akkermansia
muciniphila: paradigm for next-generation beneficial microorganisms. *Nat Rev
Gastroenterol Hepatol* **19**, 625-637 (2022).

30 Cekanaviciute, E. *et al.* Gut bacteria from multiple sclerosis patients modulate human T cells
and exacerbate symptoms in mouse models. *Proc Natl Acad Sci U S A* **114**, 10713-10718
(2017).

31 Berer, K. *et al.* Gut microbiota from multiple sclerosis patients enables spontaneous
autoimmune encephalomyelitis in mice. *Proc Natl Acad Sci U S A* **114**, 10719-10724 (2017).

32 Jangi, S. *et al.* Alterations of the human gut microbiome in multiple sclerosis. *Nat Commun*
7, 12015 (2016).

33 Ansaldo, E. *et al.* Akkermansia muciniphila induces intestinal adaptive immune responses
during homeostasis. *Science* **364**, 1179-1184 (2019).

34 Goto, Y. *et al.* Segmented filamentous bacteria antigens presented by intestinal dendritic
cells drive mucosal Th17 cell differentiation. *Immunity* **40**, 594-607 (2014).

35 Yang, Y. *et al.* Focused specificity of intestinal TH17 cells towards commensal bacterial
antigens. *Nature* **510**, 152-156 (2014).

36 Desai, M. S. *et al.* A Dietary Fiber-Deprived Gut Microbiota Degrades the Colonic Mucus
Barrier and Enhances Pathogen Susceptibility. *Cell* **167**, 1339-1353 e1321 (2016).

37 Tingler, A. M. & Engevik, M. A. Breaking down barriers: is intestinal mucus degradation by
Akkermansia muciniphila beneficial or harmful? *Infect Immun* **93**, e0050324 (2025).

38 Sugihara, K. *et al.* Mucolytic bacteria license pathobionts to acquire host-derived nutrients
during dietary nutrient restriction. *Cell Rep* **40**, 111093 (2022).

39 Schwabkey, Z. I. *et al.* Diet-derived metabolites and mucus link the gut microbiome to fever
after cytotoxic cancer treatment. *Sci Transl Med* **14**, eabo3445 (2022).

40 Magne, F. *et al.* The Firmicutes/Bacteroidetes Ratio: A Relevant Marker of Gut Dysbiosis in
Obese Patients? *Nutrients* **12** (2020).

41 Walters, W. A., Xu, Z. & Knight, R. Meta-analyses of human gut microbes associated with
obesity and IBD. *FEBS Lett* **588**, 4223-4233 (2014).

42 Lo, T. C., Chen, Y. Y. & Chen, H. H. Risk of inflammatory bowel disease in uveitis patients: a
population-based cohort study. *Eye (Lond)* **36**, 1288-1293 (2022).

43 Lin, H. *et al.* Differences in the prevalence of uveitis between Crohn's disease and ulcerative
colitis: A systematic review and meta-analysis. *Acta Ophthalmol* **102**, e485-e492 (2024).

44 Bouma, G. & Strober, W. The immunological and genetic basis of inflammatory bowel
disease. *Nat Rev Immunol* **3**, 521-533 (2003).

45 Fuss, I. J. *et al.* Disparate CD4+ lamina propria (LP) lymphokine secretion profiles in
inflammatory bowel disease. Crohn's disease LP cells manifest increased secretion of IFN-

gamma, whereas ulcerative colitis LP cells manifest increased secretion of IL-5. *J Immunol*
157, 1261-1270 (1996).

46 Parronchi, P. *et al.* Type 1 T-helper cell predominance and interleukin-12 expression in the
gut of patients with Crohn's disease. *Am J Pathol* **150**, 823-832 (1997).

47 Fuss, I. J. *et al.* Nonclassical CD1d-restricted NK T cells that produce IL-13 characterize an
atypical Th2 response in ulcerative colitis. *J Clin Invest* **113**, 1490-1497 (2004).

48 Heller, F. *et al.* Interleukin-13 is the key effector Th2 cytokine in ulcerative colitis that
affects epithelial tight junctions, apoptosis, and cell restitution. *Gastroenterology* **129**, 550-
564 (2005).

49 Strober, W. & Fuss, I. J. Proinflammatory cytokines in the pathogenesis of inflammatory
bowel diseases. *Gastroenterology* **140**, 1756-1767 (2011).

50 Sarfatis, A., Wang, Y., Twumasi-Ankrah, N. & Moffitt, J. R. Highly multiplexed spatial
transcriptomics in bacteria. *Science* **387**, eadr0932 (2025).

51 Montgomery, T. L. *et al.* Lactobacillaceae differentially impact butyrate-producing gut
microbiota to drive CNS autoimmunity. *Gut Microbes* **16**, 2418415 (2024).

52 Tanoue, T. *et al.* A defined commensal consortium elicits CD8 T cells and anti-cancer
immunity. *Nature* **565**, 600-605 (2019).

53 Horai, R. & Caspi, R. R. in *Animal Models for Retinal Diseases. Neuromethods.* Vol. 46   207-
225 (SpringerLink, 2010).

54 Salvador, R. *et al.* Too Much of a Good Thing: Extended Duration of Gut Microbiota
Depletion Reverses Protection From Experimental Autoimmune Uveitis. *Invest Ophthalmol*
Vis Sci **64**, 43 (2023).

55 Goux, H. J., Chavan, D., Crum, M., Kourentzi, K. & Willson, R. C. Akkermansia muciniphila as
a Model Case for the Development of an Improved Quantitative RPA Microbiome Assay.
Front Cell Infect Microbiol **8**, 237 (2018).

56 Barman, M. *et al.* Enteric salmonellosis disrupts the microbial ecology of the murine
gastrointestinal tract. *Infect Immun* **76**, 907-915 (2008).

57 Callahan, B. J. *et al.* DADA2: High-resolution sample inference from Illumina amplicon data.
Nat Methods **13**, 581-583 (2016).

58 Quast, C. *et al.* The SILVA ribosomal RNA gene database project: improved data processing
and web-based tools. *Nucleic Acids Res* **41**, D590-596 (2013).

59 McMurdie, P. J. & Holmes, S. phyloseq: an R package for reproducible interactive analysis
and graphics of microbiome census data. *PLoS One* **8**, e61217 (2013).

60   Mallick, H. *et al.* Multivariable association discovery in population-scale meta-omics studies.
PLoS Comput Biol **17**, e1009442 (2021).

61   Barnett, D. J. M., Arts, I. C. W. & Penders, J. microViz: an R package for microbiome data

visualization and statistics. *J Open Source Software* **6** 3201 (2021).

62   Peschel, S., Muller, C. L., von Mutius, E., Boulesteix, A. L. & Depner, M. NetCoMi: network
construction and comparison for microbiome data in R. *Brief Bioinform* **22** (2021).

63   McCulloch, J. A. *et al.* JAMS - A framework for the taxonomic and functional exploration of
microbiological genomic data. *bioRxiv* (2023).

64   Beghini, F. *et al.* Integrating taxonomic, functional, and strain-level profiling of diverse
microbial communities with bioBakery 3. *Elife* **10** (2021).

65   Wolock, S. L., Lopez, R. & Klein, A. M. Scrublet: Computational Identification of Cell
Doublets in Single-Cell Transcriptomic Data. *Cell Syst* **8**, 281-291 e289 (2019).

66   Wolf, F. A., Angerer, P. & Theis, F. J. SCANPY: large-scale single-cell gene expression data
analysis. *Genome Biol* **19**, 15 (2018).

67   Traag, V. A., Waltman, L. & van Eck, N. J. From Louvain to Leiden: guaranteeing well-
connected communities. *Sci Rep* **9**, 5233 (2019).

68   Aran, D. *et al.* Reference-based analysis of lung single-cell sequencing reveals a transitional
profibrotic macrophage. *Nat Immunol* **20**, 163-172 (2019).

69   Hao, Y. *et al.* Dictionary learning for integrative, multimodal and scalable single-cell
analysis. *Nat Biotechnol* **42**, 293-304 (2024).

70   Jin, S. *et al.* Inference and analysis of cell-cell communication using CellChat. *Nat Commun*
12, 1088 (2021).

71   Aibar, S. *et al.* SCENIC: single-cell regulatory network inference and clustering. *Nat Methods*
14, 1083-1086 (2017).

Author contributions

A.Z., R.H. and R.R.C. conceived and designed the study. R.R.C and R.H. supervised the
project. A.Z., R.H., Y.J., A.G., S.A., and C.E.M. performed experiments and collected
data. A.Z., J.H.B., Z.W., G.S., and V.N. performed computational analyses. S.H., H.N.S.,
J.W.L. and K.H. provided human microbiome samples, and S.K. and H.N.S. contributed
to clinical interpretation. X.X., M.J.M., Z.P., B.X. provided experimental input and
technical assistance. R.P. and N.M. provided technical expertise in bacteriology. J.H.B.,
Z.W., J.A.M., J.P.J. and C.O. contributed analytical tools, resources and expertise. A.Z.
and R.H. analyzed and interpreted data and prepared figures. A.Z., R.H. and R.R.C.
wrote and finalized the manuscript. All authors discussed the results, reviewed, and
approved the final manuscript.

Acknowledgments

We are grateful to NEI and NHLBI Flow Cytometry Cores, NEI Histology and Genetic
Engineering Cores, Ms. Wuxing Yuan, Dr. Shah Rashed and members of NCI Microbiome
Core, UCLA Goodman-Luskin Microbiome Center Microbiome Core, and all members of
the Caspi Lab for their invaluable experimental assistance. We extend special thanks to
Dr. Katsuko Sudo (Tokyo Medical University, Japan), Mr. Hirofumi Kobayashi and staff at
Sankyo Labo Service Corporation, Inc. (Japan), as well as the gnotobiotic management
team from NEI Veterinary Research and Resources Section for their expert support and
guidance in GF and gnotobiotic colony maintenance. We also thank Dr. Eduard Ansaldo
(NIAID) for sharing protocols for Akkermansia culture, Dr. Kikuji Itoh (Japan SLC, Inc.), Dr.
Koji Atarashi and members of the Honda Lab for providing experimental advice. Finally,
we acknowledge Dr. Geoffrey A. Mueller and staff at NIEHS Nuclear Magnetic Resonance
Group for their generous assistance with metabolomics, and Drs. Kelsey Wheeler, Daniel
Sellers, and Reuben Allen (Massachusetts Institute of Technology) for their insightful
discussions and critical feedback. This study was supported by NIH/NEI Intramural
funding, Project Number EY000184.

Fig. 1 | Human gut commensals support development of spontaneous experimental autoimmune uveitis (sEAU). a, Schematic representation of human fecal microbiota transfer experiments and data collection. **b**, Beta diversity based on Bray–Curtis dissimilarity showing differences in fecal microbiome composition between recipient groups U ($n = 50$), V ($n = 59$), W ($n = 64$). Encircled with dashed lines are the respective human donor (original) fecal samples. **c**, Disease scores (histology) of age-matched R161H mice (4-5 months old) from human flora (U, V, W, $n = 28, 38, 18$), SPF ($n = 22$) and GF ($n = 10$) groups (Kruskal–Wallis test between mouse recipient groups, p = 0.0002). **d**, Immunological clusters of CD4 T cells from colon lamina propria (LP) by the microbiome groups. PCA analysis performed on immune signature matrix by frequencies of CD4 T cells expressing each cell surface or intracellular marker (see **Extended Data Fig. 1e**). **e–g**, Frequencies of memory (CD44highCD62Llow, **e**), IFN-γ- or IL-17A-producing (**f**), and regulatory (Foxp3-positive or IL-10-producing, **g**) CD4 T cells in colon LP of HuFl, SPF and GF R161H mice. **d–g**, Compiled data from 12 experiments, $n = 15$, 19, 11, 11, 27 for GF, U, V, W and SPF, respectively. Kruskal–Wallis tests show p < 0.0001 (**e–g**). P-values adjusted for post hoc multiple comparisons are displayed as asterisks. *P < 0.05, **P < 0.01, ***P < 0.001, ****P < 0.0001, and bar plots showing mean values ± SEMs (**c**, **e–g**).

Fig. 2 | Human flora (HuFl) sEAU tracks with a dominant Th1 phenotype and abundance of Akkermansia (Verrucomicrobia). a, Mean relative frequency of colon LP CD4 T cells of each cell surface or intracellular marker arranged in a circular plot, colored by histology category: high (score ≥ 1.5, n = 10), mid (0.75 < score < 1.5, n = 8), low (score ≤ 0.75, n = 17). **b**, Correlational heatmap of histology scores with relative frequencies of each cell surface or intracellular marker in CD4 T cells across six tissue sites. LP, lamina propria; LN, lymph nodes; Sm Int, small intestine; Mes, mesenteric; Subm, submandibular; Periph, peripheral. △0.05 < P < 0.08, *P < 0.05, **P < 0.01, ***P < 0.001, modeled by simple linear regression. **c–d**, Representative trend lines with 95% confidence interval (shaded area) show that disease scores of HuFl mice are positively associated with IFN-γ-producing, but not IL-17A-producing, CD4 T cells, in colon LP (**c**) and small intestine LP (**d**). Data in **a–d** are aggregated from 8 experiments (UVW combined, sample sizes ranged from n = 27 to 39 across tissues following quality filtering). **e**, Correlational heatmap showing major fecal bacterial taxa (out of top 20 most abundant families) that correlate with disease scores in adult HuFl R161H (UVW combined, n = 105). P-values assessed after FDR (false discovery rate) correction following Pearson correlation. *P < 0.05. **f–g**, More Verrucomicrobia (**f**), and fewer Firmicutes (**g**) are present in the gut of HuFl mice with high disease scores. Sample sizes are n = 36 and 43 for high and low histology categories, respectively. Data in bar plots are presented as mean values ± SEMs, and P-values from Mann-Whitney U tests are shown in plots.

Fig. 3 | SCFA signatures are enriched in low disease HuFl mice or healthy subjects. a, A simplified pathway map highlighting functional genes involved in the main SCFA synthesis and metabolism. Dashed arrows indicate hidden intermediate steps. Abbreviations of enzyme symbols: pta, Phosphotransacetylase; ackA, Acetate kinase; acs, Acetyl-CoA synthetase; but, Butyryl-CoA:acetate CoA-transferase; ptb, Phosphate butyryltransferase; buk, Butyrate kinase; crt, Crotonase; bcd, Butyryl-CoA dehydrogenase. **b**, Enzymes in SCFA pathways (annotated with InterPro and Gene Ontology databases) are enriched in HuFl mouse gut with low histology scores (UVW combined, weanling and adult samples included). PPM, parts per million, a measure of relative abundance based on normalized base count for each feature in a metagenomic sample. **c**, Spearman correlation (visualized with a linear trend line) showing higher disease scores associated with lower SCFA concentrations both locally (in gut content) and systemically (in serum) in representative cohort U mice (*n* = 9). **d**, Enzymes in SCFA pathways (annotated with Gene Ontology and Pfam databases) are enriched in fecal samples from healthy humans compared to those from treatment-naïve uveitis patients, from a cohort of autoimmune uveitis (ocular-restricted, including idiopathic uveitis, VKH/SO and BCR). Sex, age, race and diet are comparably represented in patient and control groups. Normalized gene abundance is reported in PPM. **e**, SCFA levels from uveitis patients and healthy controls (same cohort as in **d,** but *n* = 6 available from the patient group). For **b, d & e**, Data are presented as mean values ± SEMs. Statistical significance was determined by Mann-Whitney U test.

Fig. 4 | Akkermansia negatively correlates with Firmicutes in both sEAU and clinical uveitis. a, Simple linear regression showing a negative correlation of microbial relative abundance between Akkermansia (equivalent to Verrucomicrobia in this dataset) and Firmicutes in HuFl R161H mice (*n* = 234, UVW combined, weanling and adult samples included). **b**, Fecal bacterial association network exemplified in HuFl cohort V (*n* = 79, weanling and adult samples included). Network constructed at the taxonomic level of the bacterial family. Correlations with a threshold of Pearson r > 0.5 were transformed into dissimilarities via the "unsigned" distance metric, on which edge weights (strength of correlations) are based. Blue edges correspond to positive associations and orange edges to negative ones. Yellow and purple nodes represent taxa enriched in high *vs.* low disease categories, with Firmicutes labeled as bolded taxon names. Bigger nodes are more influential in the network (higher eigenvector centrality). **c**, Spearman correlation (visualized with a linear trend line) showing a negative association between relative Akkermansia abundance and SCFA concentrations in R161H gut (*n* = 35, UVW and SPF combined). Akkermansia was selected following multivariable association between SCFA concentrations and microbial features using MaAsLin2. **d**, Class level association networks in treatment-naïve uveitis patients (left, *n* = 8) and healthy controls (right , *n* = 12) from the same cohort of autoimmune uveitis. Correlations with a threshold of Pearson r > 0.3 are shown. Node and edge color schemes same as in **b**. Shaded ellipse in the patient network highlights the negative correlation between Verrucomicrobiae (Akkermansia) and Clostridia (Firmicutes), and this relationship is absent from the healthy human gut.

Fig. 5 | Akkermansia promotes uveitis by outcompeting SCFA producers and decreasing circulating SCFA levels.
a, Study design of microbe reconstitution experiments. Previously GF R161H mice gavaged with a baseline human gut microbiota suspension (HuFl) plus *A. muciniphila* culture (AKK, 10^8 CFU) or sterile PBS. **b**, Relative abundance of Akkermansia and Firmicutes in feces from one representative of 3 experiments (*n* = 7 and 6 for Akk-rich and control, respectively). **c**, Left: Fundoscopy score increments from starting disease scores, combined from three experiments. Right: Histology scores and example images from 2 out of 3 experiments (*n* = 11 and 7 for Akk-rich and control, respectively). Mean values ± SEM. P-value determined by Welch-corrected t test. **d**, A negative correlation of relative abundance between Akkermansia and Firmicutes (*n* = 52, AKK and PBS groups combined, multiple time points included) by simple linear regression. **e**, Serum concentrations of main SCFAs are significantly lower in Akk-rich (*n* = 13) mice than in PBS controls (*n* = 10). Serum harvested 3 – 4 weeks post gavage, three experiments combined. **f**, Correlational heatmap of SCFA levels with cytokine concentrations in serum of engrafted mice. *P < 0.05, modeled by simple linear regression as well as Pearson correlation. **g**, Spearman correlation (visualized with a linear trend line) showing Akkermansia relative abundance associated positively, and serum acetic acid associated negatively, with the frequency of IFN-γ-producing CD4 T cells in colonic LP. **h**, Akk-enriched (*n* = 18) mice had higher serum IFN-γ concentrations compared to PBS control mice (*n* = 14), five experiments combined, of which two experiments used the minimal flora model. **i**, Representative trend lines show that main SCFA concentrations are negatively associated with IFN-γ levels in serum. Data in **g, i** are from 2 experiments (*n* = 12) using the minimal flora model.

Fig. 6. **The inverse relationship between Verrucomicrobia and Firmicutes extends to clinical uveitis, multiple sclerosis (MS) and Crohn's disease. a**, Graphical summary of the working model. **b**, A positive correlation between V/F (Verrucomicrobia/Firmicutes) ratios and histology scores of HuFl mice by simple linear regression, and V/F ratios compared between high and low disease of HuFl mice. **c**, V/F and F/B (Firmicutes/ Bacteroidetes) ratios compared between patients from uveitis, MS and IBD and their respective healthy controls. Analyzed datasets of MS and IBD (Crohn's disease and UC) and healthy controls were from public sources. Uveitis and MS cohorts included those established on treatment. For F/B ratio in the IBD cohort, samples with <0.1% relative abundance of either Bacteroidetes or Firmicutes were removed from the analysis. Data are presented as mean values ± SEM. Statistical significance was determined by Mann-Whitney U test (one-tailed analysis was applied for uveitis and MS) and Kruskal–Wallis test with P-values adjusted for post hoc multiple comparisons (for IBD).