zifalsnm: Zero-inflated Bayesian factor analysis model with skew-normal priors for modeling microbiome data

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Abstract

Motivation: Advancements in next-generation sequencing have transformed our understanding of host-microbe interactions, revealing links between microbial composition and chronic conditions such as obesity, diabetes, IBD, and others. However, the analysis of microbiome data is complex due to its unique statistical characteristics. One primary objective is to achieve effective dimension reduction to manage high dimensionality while simultaneously accounting for the data's compositional nature and zero inflation. Although existing probabilistic models provide frameworks for composition estimation, they are often based on the assumption that log-ratio-transformed compositions are normally distributed. This assumption is problematic, as it often fails to capture the significant skewness inherent in these transformed compositions.

Results: We propose a new model called the Zero-Inflated Factor Analysis Logistic Skew-Normal Multinomial (ZIFA-LSNM) model : a comprehensive Bayesian hierarchical framework designed to address the statistical challenges of microbiome data. ZIFA-LSNM integrates a zero-inflation component to handle excess zeros, employs factor analysis for dimensionality reduction, and, critically, utilizes skew-normal priors on the latent factors to explicitly model data asymmetry. Posterior inference is performed using a scalable and efficient variational inference algorithm. Through simulation studies and real data analysis, the ZIFA-LSNM model has shown to demonstrate superior performance in parameter recovery and composition estimation compared to its Gaussian-based counterparts.

Availability and Implementation: `zifalsnm` is implemented in a freely available `R` package: `https://github.com/SaurabhP-MS/zifalsnm.git`

Supplementary Information: Supplementary material is available with this article.

1. Introduction

The communities of microorganisms residing on and within the human body, collectively known as the human microbiome (Tyler et al. [2014]), play a pivotal role in regulating host health. These microbial ecosystems influence fundamental physiological processes, from immune system development to metabolism, and have been linked to a wide range of chronic conditions (Ley [2010], Manichanh et al. [2012], Fujimura and Lynch [2015], Lutz et al. [2022]). Advancements in high-throughput sequencing technologies, such as 16S rRNA gene sequencing and shotgun metagenomics, have enabled researchers to understand the composition of these communities in great detail by generating large-scale sample-by-taxon count datasets that are central to modern biological research. However,

analyzing these datasets is complex, as they are characterized by a unique combination of statistical properties: (i) compositional, (ii) high-dimensional, (iii) characterized by excess zeros (zero-inflated), and (iv) often exhibiting significant skewness. Addressing these four challenges simultaneously is a primary goal of modern microbiome analysis.

A fundamental challenge in the statistical analysis of microbiome data stems from its compositional nature. The total number of sequencing reads per sample (often called library size or sequencing depth) is an arbitrary technical artifact, implying that the observed counts provide information only about relative, not absolute, abundances. Failure to account for this proportion-sum constraint can lead to spurious correlations and misleading biological conclusions. Therefore, it is essential to treat microbiome data as compositional in nature (Gloor et al. [2017]). Consequently, these relative abundances require specialized statistical treatment. The standard approach is to apply a log-ratio transformation, such as the additive log-ratio (ALR) transformation, which maps the composition from the constrained simplex to an unconstrained real space of one less dimension. These transformations possess the critical properties of scale invariance and subcompositional coherence, ensuring that analytical results are not affected by observing only a subset of the composition (Van den Boogaart and Tolosana-Delgado [2013]).

The statistical methodologies for microbiome analysis have evolved substantially. Early frameworks, such as the Dirichlet-multinomial (DM) and logistic normal multinomial (LNM) models, provided foundational approaches for modeling these compositional data. However, the DM model cannot adequately capture covariance among taxa due to its limited parameterization (Xia et al. [2013]). Hence, to address the correlation structure, Xia et al. [2013] combined a multinomial distribution conditional on latent log-ratio abundances with a Gaussian prior placed on these ALR-transformed compositions (Aitchison [1982]).

Beyond compositionality, microbiome data exhibit an excess of zeros, often referred to as zero inflation. These zeros arise from a combination of true biological absence and technical limitations. Some taxa are truly absent in certain samples (structural zeros), while others go undetected due to limited sequencing depth or experimental biases (sampling zeros) (Lutz et al. [2022]). This high prevalence of zeros creates a major challenge because standard statistical methods, like Poisson or negative binomial models, may fail or produce biased results. Several zero-inflated models have been proposed for compositional inference under extreme sparsity (Paulson et al. [2013], Chen and Li [2016], Tang and Chen [2019], Xu et al. [2021], Zeng et al. [2023], Ba et al. [2024]). These models represent important advances in accommodating sparsity. This challenge is compounded by the "curse of dimensionality," wherein the number of taxa (p) often far exceeds the number of samples (n). Consequently, dimensionality-reduction strategies such as probabilistic principal component analysis (PCA) (Tipping and Bishop [1999]), and factor analysis (Pierson and Yau [2015]) have been frequently incorporated into microbiome models to capture latent community structure.

Recent methodological advances have yielded Bayesian models designed to address these challenges individually or in partial combinations. For instance, Zeng et al. [2023] proposed a Zero-Inflated Probabilistic PCA Logistic Normal Multinomial (ZIPPCA-LNM) model, which integrates a low-rank logistic normal framework with an extension of clas-

sical probabilistic PCA. To infer the maximum likelihood estimates of latent factors and microbial compositions, they developed an iterative algorithm based on a variational approximation (Ormerod and Wand [2010], Blei et al. [2017], Tran et al. [2021]) within an empirical Bayes framework. More recently, Ba et al. [2024] introduced ZIPPCA-LPNM, which extends the work of Zeng et al. [2023] to a Bayesian setup. Despite these advancements, a critical limitation remains in existing models that the ALR-transformed compositions are assumed to be normally distributed. This assumption is often violated in practice, as empirical evidence demonstrates that ALR-transformed microbiome data frequently exhibit high skewness, particularly at lower taxonomic levels such as genus or species (Tu et al. [2024]).

In this article, we introduce the Zero-Inflated Factor Analysis Logistic Skew Normal Multinomial (ZIFA-LSNM) model, a comprehensive Bayesian framework that unifies the critical statistical challenges inherent in microbiome data. Our approach integrates a zero-inflation component to explicitly account for excessive zeros and utilizes ALR transformation in conjunction with Bayesian factor analysis. In order to capture the asymmetry and heavy-tailed distributions commonly observed in ALR-transformed data, our model imposes skew-normal priors on the latent factors. This is a key departure from conventional factor analysis, both classical and Bayesian, which typically assumes latent factors to be standard Gaussian. As demonstrated by Montanari and Viroli [2010], factor models based on the Gaussian assumption can be severely mis-specified in the presence of strong asymmetry. In contrast, employing a skew-normal distribution provides substantially improved model fit and hence, more interpretable latent structures. This flexibility enables ZIFA-LSNM to achieve a more accurate and robust representation of the underlying microbial community.

To ensure computational efficiency and scalability for high-dimensional datasets, we develop a variational inference algorithm that reformulates the inference challenge as an optimization task, thereby avoiding the computational expense of MCMC methods which often struggle with the complex, multimodal posteriors induced by zero-inflation and skewness. The key idea is to approximate the posterior by a more tractable density. Through simulations and real-data applications, we demonstrate that the proposed model more accurately captures the distributional characteristics of microbiome data than Gaussian-based alternatives, resulting in improved model fit and more interpretable latent factors.

The remainder of this article is organized as follows. Section 2 formally introduces the ZIFA-LSNM model, detailing its variational inference framework, the derivation of its evidence lower bound, the parameter estimation algorithm, and the design of our simulation studies. Section 3 presents the results from our simulation studies and demonstrates the model's application to the real microbiome dataset. Section 4 discusses the implications of our findings, and Section 5 concludes the article.

2. Model and Method

2.1 ZIFA-LSNM model

Let $\mathbf{X}^{n \times p} \in (\mathbb{N} \cup \{0\})^{n \times p}$ denote the $n \times p$ microbiome count matrix, where x_{ij} represents the observed read count for taxon j in sample i. The sequencing depth for the ith sample is defined as $M_i = \sum_{j=1}^{p} x_{ij}$, for $i = 1, \ldots, n$ and $j = 1, \ldots, p$. We model the count vector for sample i, denoted by $\boldsymbol{x_i} = (x_{i1}, \ldots, x_{ip})^T$ as following a multinomial distribution with total count M_i and probability vector $\boldsymbol{\rho_i} = (\rho_{i1}, \ldots, \rho_{ip})^T$. This probability vector $\boldsymbol{\rho_i}$ is an element of the p-simplex $\mathcal{S}^p$, satisfying $0 < \rho_{ij} < 1$ and $\sum_{j=1}^{p} \rho_{ij} = 1$. In this article, we map $\boldsymbol{\rho_i}$ from the simplex to an unconstrained real space using the ALR transformation. Let $\boldsymbol{a_i} = (a_{i1}, \ldots, a_{i(p-1)})^T \in \mathbb{R}^{p-1}$ be the transformed vector for sample i. Using the pth taxon as the reference, the ALR transformation is defined as:

$$\boldsymbol{a_i} = alr(\boldsymbol{\rho_i}) = \left(\log \frac{\rho_{i1}}{\rho_{ip}}, \ldots, \log \frac{\rho_{i(p-1)}}{\rho_{ip}} \right)^T$$

This ALR transformation is bijective. Hence, the original proportions can be recovered through its inverse,

$$\boldsymbol{\rho_i} = (alr^{-1}(\boldsymbol{a_i})) = \begin{cases} \frac{\exp(a_{ij})}{1 + \sum_{k=1}^{p-1} \exp(a_{ik})} & \text{if } j = 1, \ldots, p-1 \\ \frac{1}{1 + \sum_{k=1}^{p-1} \exp(a_{ik})} & \text{if } j = p \end{cases}$$

Due to their compositional nature, raw microbiome data cannot be directly analyzed using standard factor analysis, which requires data to reside in a Euclidean space. To appropriately apply a (Bayesian) factor analysis framework, we first map the compositional vector $\boldsymbol{\rho_i}$ from the simplex to $\mathbb{R}^{p-1}$ using the ALR transformation. We then model each element of the transformed vector $\boldsymbol{a_i}$ as a linear combination of a k-dimensional vector of latent factors $\boldsymbol{F}_i = (F_{i1}, \ldots, F_{ik})^T$:

$$a_{ij} = \beta_{0j} + \boldsymbol{F}_i^T \boldsymbol{\beta}_j$$

where β_{0j} represents the taxon-specific intercept and $\boldsymbol{\beta_j} = (\beta_{j1}, \ldots, \beta_{jk})^T$ is the corresponding $k-$dimensional vector of factor loadings. We further place priors on the latent factors and loadings. Specifically, we assume a skew-normal distribution for each latent factor F_{it} and a normal prior for each factor loading β_{jt}.

To account for the excess of zeros in microbiome data, we introduce a latent binary variable, z_{ij}. This variable follows a taxon-specific Bernoulli distribution, i.e., $z_{ij} \sim \mathcal{B}ern(\kappa_j)$ where κ_j is the probability of zero-inflation for taxon j. Specifically,

$$\rho_{ij} = \begin{cases} \frac{\exp\left(\beta_{0j} + \boldsymbol{F}_i^T \boldsymbol{\beta}_j\right)}{\sum_{j=1}^{p} \exp\left(\beta_{0j} + \boldsymbol{F}_i^T \boldsymbol{\beta}_j\right)} & \text{if } z_{ij} = 0 \text{ with probability } 1 - \kappa_j \\ 0 & \text{if } z_{ij} = 1 \text{ with probability } \kappa_j \end{cases}$$

We implicitly assume that $x_{ij} = 0$ if $\rho_{ij} = 0$.

For $i = 1, \ldots, n$, $j = 1, \ldots, p$, $t = 1, \ldots, k$, we propose a Bayesian zero inflated fac-

tor analysis logistic skew normal multinomial (ZIFA-LSNM) model of the form,

$$\boldsymbol{x_i} \mid \boldsymbol{\rho_i}, M_i \stackrel{\text{ind}}{\sim} \mathcal{MN}(\boldsymbol{\rho_i}, M_i), \quad \text{where} \quad \rho_{ij} = \frac{(1 - z_{ij})\exp\left(\beta_{0j} + \boldsymbol{F}_i^T \boldsymbol{\beta}_j\right)}{\sum_{j=1}^p (1 - z_{ij})\exp\left(\beta_{0j} + \boldsymbol{F}_i^T \boldsymbol{\beta}_j\right)},$$

with priors,

$$
\begin{aligned}
z_{ij} &\stackrel{\text{ind}}{\sim} \mathcal{B}\text{ern}(\kappa_j), & \kappa_j &\stackrel{\text{iid}}{\sim} \mathcal{B}\text{eta}(\nu_1, \nu_2), \\
\beta_{0j} &\stackrel{\text{iid}}{\sim} \mathcal{N}(0, 1), & F_{it} &\stackrel{\text{iid}}{\sim} \mathcal{SN}(\alpha^*, 1, \underline{\alpha}), \\
\beta_{jt} &\stackrel{\text{ind}}{\sim} \mathcal{N}(0, \delta_{jt}^{-1}), & \delta_{jt} &\stackrel{\text{iid}}{\sim} \mathcal{G}\text{amma}(g_1, g_2).
\end{aligned}
$$

Here, $\mathcal{MN}$, $\mathcal{B}\text{ern}$, $\mathcal{B}\text{eta}$, and $\mathcal{N}$ denote multinomial, Bernoulli, beta, and normal distributions, respectively. The vectors $\boldsymbol{F}_i$ represent unobserved environmental factors or latent scores and $\boldsymbol{\beta}_j$ denote the corresponding factor loadings, where k is the number of latent factors. The term $\boldsymbol{F}_i^T \boldsymbol{\beta}_j$ captures the correlation across the taxa. The notation $\mathcal{SN}(\alpha^*, 1, \underline{\alpha})$ refers to the skew normal distribution with location, scale, and shape parameters given by $\alpha^*, 1$, and $\underline{\alpha}$ respectively, where

$$\alpha^* = -\sqrt{\tfrac{2}{\pi}} \tfrac{\underline{\alpha}}{1 + \underline{\alpha}^2}.$$

The location parameter α^* is chosen such that $\mathbb{E}[F_{it}] = 0$, consistent with the assumption of zero-mean latent factors in classical factor analysis. The key innovation is that we use a skew-normal priors on the latent factors to explicitly model data skewness. Moreover, it is worth mentioning that we use informative normal-gamma shrinkage priors on each element of factor loadings β_{jt} where δ_{jt} is the local shrinkage parameter. Moreover, the underlying compositions are given by

$$\rho_{ij} = \frac{\exp\left(\beta_{0j} + \boldsymbol{F}_i^T \boldsymbol{\beta}_j\right)}{\sum_{j=1}^p \exp\left(\beta_{0j} + \boldsymbol{F}_i^T \boldsymbol{\beta}_j\right)}.$$

The hierarchical architecture of the ZIFA-LSNM model, characterized by multiple layers of latent variables and non-conjugate components, results in an analytically intractable posterior distribution. While MCMC is a gold standard for asymptotically exact inference (Robert and Casella [2004]), its computational burden is often prohibitive for the high-dimensional datasets typical in microbiome research. Therefore, to ensure our method is both scalable and efficient, we adopt variational inference, which reframes the challenge of posterior approximation as an optimization problem.

2.2 Variational Inference

Let $\boldsymbol{\Theta} = \left(\boldsymbol{B}, \boldsymbol{\Delta}, \boldsymbol{\kappa}, \boldsymbol{\beta}_0, \boldsymbol{F}, \boldsymbol{z}\right)$ be the set of all model parameters and latent variables where, $\boldsymbol{B} = \{\beta_{jt}\}_{1 \le j \le p, 1 \le t \le k}$, $\boldsymbol{\Delta} = \{\delta_{jt}\}_{1 \le j \le p, 1 \le t \le k}$, $\boldsymbol{\kappa} = \{\kappa_j\}_{1 \le j \le p}$, $\boldsymbol{\beta}_0 = \{\beta_{0j}\}_{1 \le j \le p}$, $\boldsymbol{F} = \{F_{it}\}_{1 \le i \le n, 1 \le t \le k}$, and $\boldsymbol{z} = \{z_{ij}\}_{1 \le i \le n, 1 \le j \le p}$. The posterior $p(\boldsymbol{\Theta} \mid \boldsymbol{X})$ is analytically intractable because the marginal likelihood,

$$p(\boldsymbol{X}) = \int p(\boldsymbol{X} \mid \boldsymbol{\Theta}) p(\boldsymbol{\Theta}) d\boldsymbol{\Theta}$$

has no closed-form solution.

Variational inference provides a computational alternative to MCMC. It reframes the inference problem as an optimization problem, where the posterior distribution $p(\boldsymbol{\Theta} \mid \boldsymbol{X})$ is approximated by a tractable variational distribution $q(\boldsymbol{\Theta})$ belonging to some known family of densities, $\mathcal{F}$ (Bishop and Nasrabadi [2006], Ormerod and Wand [2010], Blei et al. [2017]). The best approximation, $q^* \in \mathcal{F}$, is found by minimizing the reverse Kullback-Leibler (rKL) divergence between $q(\boldsymbol{\Theta})$ and $p(\boldsymbol{\Theta} \mid \boldsymbol{X})$,

$$q^* = \arg \min_{q \in \mathcal{F}} rKL(q(\boldsymbol{\Theta}) \mid\mid p(\boldsymbol{\Theta} \mid \boldsymbol{X})).$$

where,

$$
\begin{aligned}
rKL(q(\boldsymbol{\Theta}) \mid\mid p(\boldsymbol{\Theta} \mid \boldsymbol{X})) &= \int q(\boldsymbol{\Theta}) \log \left(\frac{q(\boldsymbol{\Theta})}{p(\boldsymbol{\Theta} \mid \boldsymbol{X})} \right) d\boldsymbol{\Theta} \\
&= -\mathbb{E}_q \left[\log p(\boldsymbol{X}, \boldsymbol{\Theta}) - \log q(\boldsymbol{\Theta}) \right] + \log p(\boldsymbol{X})
\end{aligned}
$$

It is clear that minimizing the rKL-divergence is equivalent to maximizing the evidence lower bound (ELBO) where,

$$\text{ELBO} = \mathbb{E}_q \left[\log p(\boldsymbol{X}, \boldsymbol{\Theta}) - \log q(\boldsymbol{\Theta}) \right]. \tag{1}$$

The complexity of the variational family dictates the difficulty of the optimization. To ensure a tractable inference procedure, we adopt the mean-field approximation, which assumes the variational distribution $q(\boldsymbol{\Theta})$ fully factorizes over all parameters and latent variables as follows:

$$q(\boldsymbol{\Theta}) = \left(\prod_{j=1}^{p} \prod_{t=1}^{k} q(\beta_{jt}) q(\delta_{jt}) \right) \left(\prod_{j=1}^{p} q(\kappa_j) q(\beta_{0j}) \right) \left(\prod_{i=1}^{n} \prod_{t=1}^{k} q(F_{it}) \right) \left(\prod_{i=1}^{n} \prod_{j=1}^{p} q(z_{ij}) \right)$$

We specify a parametric form for each parameter in the variational family by selecting distributions that balance natural conjugacy with computational convenience. Specifically, we define,

$$
\begin{aligned}
q(\beta_{jt}) &\sim \mathcal{N}(r_{jt}, \lambda_{jt}^2), & q(\delta_{jt}) &\sim \mathcal{G}\text{amma}(g_{1jt}, g_{2jt}), \\
q(\kappa_j) &\sim \mathcal{B}\text{eta}(\tau_{j1}, \tau_{j2}), & q(\beta_{0j}) &\sim \mathcal{N}(a_{0j}, C_{0j}^2), \\
q(F_{it}) &\sim \mathcal{SN}(\xi_{it}, \omega_{it}, \alpha_{it}), & q(z_{ij}) &\sim \mathcal{B}\text{ern}(\pi_{ij}).
\end{aligned}
$$

The goal of the variational inference procedure is then to optimize the set of variational parameters,

$$\boldsymbol{\Theta}^{\text{var}} = \{r_{jt}, \lambda_{jt}^2, g_{1jt}, g_{2jt}, \tau_{j1}, \tau_{j2}, a_{0j}, C_{0j}^2, \xi_{it}, \omega_{it}, \alpha_{it}, \pi_{ij} : 1 \le i \le n, 1 \le j \le p, 1 \le t \le k\}$$

Now, calculating the ELBO in (1) requires computing the expectations $\mathbb{E}_q \left[\log p(\boldsymbol{X}, \boldsymbol{\Theta}) \right]$ and $\mathbb{E}_q \left[\log q(\boldsymbol{\Theta}) \right]$, which becomes analytically challenging. Therefore, we use Taylor ex-

pansions to evaluate these expressions,

$$\mathbb{E}_q[\log p(\boldsymbol{X}, \boldsymbol{\Theta})] \approx T_2 = \sum_{i=1}^{n} \sum_{j=1}^{p} x_{ij} a_{0j} + \sum_{i=1}^{n} \sum_{j=1}^{p} \sum_{t=1}^{k} x_{ij} r_{jt} \left(\xi_{it} + \frac{\omega_{it} \alpha_{it}}{\sqrt{1 + \alpha_{it}^2}} \sqrt{\frac{2}{\pi}} \right)$$

$$- \sum_{i=1}^{n} M_i \log \left(\sum_{j=1}^{p} (1 - \pi_{ij}) \exp \left(a_{0j} + \frac{1}{2} C_{0j}^2 + \boldsymbol{L}_{ij} \right) \right)$$

$$+ \sum_{j=1}^{p} \sum_{t=1}^{k} \left(\left(g_1 - \frac{1}{2} \right) (\psi(g_{1jt}) - \log g_{2jt}) - g_2 \frac{g_{1jt}}{g_{2jt}} - \frac{1}{2} \left(\lambda_{jt}^2 + r_{jt}^2 \right) \frac{g_{1jt}}{g_{2jt}} \right)$$

$$- \sum_{i=1}^{n} \sum_{t=1}^{k} \left(\frac{\omega_{it}^2}{2} + \frac{\xi_{it}^2}{2} + \sqrt{\frac{2}{\pi}} \frac{\xi_{it} \omega_{it} \alpha_{it}}{\sqrt{1 + \alpha_{it}^2}} - \alpha^* \left(\xi_{it} + \frac{\omega_{it} \alpha_{it}}{\sqrt{1 + \alpha_{it}^2}} \sqrt{\frac{2}{\pi}} \right) \right.$$

$$\left. - \Psi_1^{AP}(\xi_{it}, \omega_{it}, \alpha_{it}) \right) - \sum_{j=1}^{p} \frac{1}{2} \left(a_{0j}^2 + C_{0j}^2 \right)$$

$$+ \sum_{j=1}^{p} [(\nu_1 - 1)\{\psi(\tau_{j1}) - \psi(\tau_{j1} + \tau_{j2})\} + (\nu_2 - 1)\{\psi(\tau_{j2}) - \psi(\tau_{j1} + \tau_{j2})\}]$$

$$+ \sum_{i=1}^{n} \sum_{j=1}^{p} [\pi_{ij}\{\psi(\tau_{j1}) - \psi(\tau_{j1} + \tau_{j2})\} + (1 - \pi_{ij})\{\psi(\tau_{j2}) - \psi(\tau_{j1} + \tau_{j2})\}],$$

and,

$$\mathbb{E}_q[\log q(\boldsymbol{\Theta})] \approx T_1 = \sum_{j=1}^{p} \sum_{t=1}^{k} \left(-\frac{1}{2} \log \lambda_{jt}^2 - g_{1jt} + \log g_{2jt} - \log \Gamma g_{1jt} - (1 - g_{1jt})\psi(g_{1jt}) \right)$$

$$+ \sum_{j=1}^{p} \left((\tau_{j1} - 1)\{\psi(\tau_{j1}) - \psi(\tau_{j1} + \tau_{j2})\} + (\tau_{j2} - 1)\{\psi(\tau_{j2}) - \psi(\tau_{j1} + \tau_{j2})\} \right.$$

$$\left. - \log \mathcal{B}(\tau_{j1}, \tau_{j2}) \right) - \frac{1}{2} \sum_{j=1}^{p} \log C_{0j}^2 - \sum_{i=1}^{n} \sum_{t=1}^{k} \left(\log \omega_{it} - \Psi_2^{AP}(\alpha_{it}) \right)$$

$$+ \sum_{i=1}^{n} \sum_{j=1}^{p} \left(\pi_{ij} \log \pi_{ij} + (1 - \pi_{ij}) \log(1 - \pi_{ij}) \right)$$

Therefore,

$$\text{ELBO} \approx \text{ELBO}^{AP} = T_1 - T_2 \tag{2}$$

where, $\mathcal{B}(,)$ is the beta function, ψ is the digamma function, and

$$\boldsymbol{L}_{ij} := \sum_{t=1}^{k} \left[\log 2 - \frac{1}{2} \log(1 - \lambda_{jt}^2 \omega_{it}^2) + \frac{\lambda_{jt}^2 \xi_{it}^2 + r_{jt}^2 \omega_{it}^2 + 2 r_{jt} \xi_{it}}{2(1 - \lambda_{jt}^2 \omega_{it}^2)} \right.$$

$$\left. + \log \left(\Phi \left[\frac{(r_{jt} + \lambda_{jt}^2 \xi_{it}) \omega_{it} \alpha_{it}}{\sqrt{1 - \lambda_{jt}^2 \omega_{it}^2} \sqrt{1 + \alpha_{it}^2 - \lambda_{jt}^2 \omega_{it}^2}} \right] \right) \right].$$

Here and throughout the paper, we drop all constants that do not depend on the parameters. The term $\boldsymbol{L}_{ij}$ is sum over $t = 1$ to k, log of moment generating function of product of normal $(q(\beta_{jt}))$ and skew-normal $(q(F_{it}))$ random variable. Further details

on the derivations and explanations of ELBO^{AP}, $\boldsymbol{L}_{ij}$, $\Psi_1^{AP}(\xi_{it}, \omega_{it}, \alpha_{it})$, and $\Psi_2^{AP}(\alpha_{it})$ can be found in Supplementary Material. Hence, Maximizing ELBO^{AP} with respect to $\boldsymbol{\Theta}^{\text{var}}$ forms the basis of our inference algorithm.

2.3 Parameter estimation

Direct maximization of (2) is difficult due to parameter interactions and the sum of the terms inside the logarithm. We use a variational algorithm (VA) that maximizes (2) by alternating updates of $\{\pi_{ij}\}$ and $\boldsymbol{\Theta}^{\text{var}}/\{\pi_{ij}\}$ in turn, and iterating these steps until convergence of ELBO^{AP}. This is outlined in Algorithm 1.

Algorithm 1 VA for ZIFA-LSNM

Initialize $\{a_{0j}^{(0)}, C_{0j}^{2(0)}, r_{jt}^{(0)}, \lambda_{jt}^{2(0)}, g_{1jt}^{(0)}, g_{2jt}^{(0)}, \tau_{j1}^{(0)}, \tau_{j2}^{(0)}, \xi_{it}^{(0)}, \omega_{it}^{(0)}, \alpha_{it}^{(0)}, \pi_{ij}^{(0)}\}$, and $s = 0$;
while *$ELBO^{AP}$ not converged* **do**
$\quad$ $s \leftarrow s + 1$;
$\quad$ given $\{a_{0j}^{(s-1)}, C_{0j}^{2(s-1)}, r_{jt}^{(s-1)}, \lambda_{jt}^{2(s-1)}, \tau_{j1}^{(s-1)}, \tau_{j2}^{(s-1)}, \xi_{it}^{(s-1)}, \omega_{it}^{(s-1)}, \alpha_{it}^{(s-1)}\}$, update $\pi_{ij}^{(s)} = I(\hat{\pi}_{ij} \geq \pi_0)$;
$\quad$ given $\{r_{jt}^{(s-1)}, \lambda_{jt}^{2(s-1)}\}$, update $g_{1jt}^{(s)}, g_{2jt}^{(s)}$;
$\quad$ given $\{a_{0j}^{(s-1)}, C_{0j}^{2(s-1)}, g_{1jt}^{(s)}, g_{2jt}^{(s)}, \xi_{it}^{(s-1)}, \omega_{it}^{(s-1)}, \alpha_{it}^{(s-1)}, \pi_{ij}^{(s)}\}$, update $\tau_{j1}^{(s)}, \tau_{j2}^{(s)}, r_{jt}^{(s)}, \lambda_{jt}^{2(s)}$;
$\quad$ given $\{a_{0j}^{(s-1)}, C_{0j}^{2(s-1)}, r_{jt}^{(s)}, \lambda_{jt}^{2(s)}, \pi_{ij}^{(s)}\}$, update $\xi_{it}^{(s)}, \omega_{it}^{(s)}, \alpha_{it}^{(s)}$;
$\quad$ given $\{r_{jt}^{(s)}, \lambda_{jt}^{2(s)}, \xi_{it}^{(s)}, \omega_{it}^{(s)}, \alpha_{it}^{(s)}, \pi_{ij}^{(s)}\}$, update $a_{0j}^{(s)}, C_{0j}^{2(s)}$;
end while

Detailed derivations for updating the variational parameters are provided in the Supplementary Material. Note that we obtain the final point estimates for the model parameters by taking the posterior mean of their respective variational distributions,

$$\hat{\kappa}_j = \frac{\hat{\tau}_{j1}}{\hat{\tau}_{j1} + \hat{\tau}_{j2}}, \quad \hat{\beta}_{0j} = \hat{a}_{0j}, \quad \hat{\beta}_{jt} = \hat{r}_{jt}, \quad \hat{F}_{it} = \hat{\xi}_{it} + \sqrt{\frac{2}{\pi}} \frac{\hat{\omega}_{it}\hat{\alpha}_{it}}{\sqrt{1 + \hat{\alpha}_{it}^2}}.$$

Moreover, given these estimates, the underlying compositions ρ_{ij} are then estimated as,

$$\hat{\rho}_{ij} = \frac{\exp\left(\hat{a}_{0j} + \frac{1}{2}\hat{C}_{0j}^2 + \boldsymbol{L}_{ij}\right)}{\sum_{j=1}^{p} \exp\left(\hat{a}_{0j} + \frac{1}{2}\hat{C}_{0j}^2 + \boldsymbol{L}_{ij}\right)}.$$

Now, given the analytical form of ELBO^{AP} in equation (2), it becomes notoriously difficult to find the update for π_{ij}, primarily due to the log-of-sum terms. Therefore, we employ two computational strategies.

2.3.1 Multinomial-Poisson equivalence

First, we leverage the well-established relationship between the multinomial and Poisson distributions to simplify the update of π_{ij}. As noted by Baker [1994], for every multinomial regression model, one can define an equivalent Poisson regression model by introducing a latent parameter. Therefore, we provide an equivalent Zero Inflated Factor Analysis Logistic Skew Normal Poisson (ZIFA-LSNP) model with the sample-specific

latent parameter, Υ_{i0}, which has the following update

$$\Upsilon_{i0}^{(s)} = \log \left\{ \frac{M_i}{\sum_{j=1}^{p} \left(1 - \pi_{ij}^{(s-1)}\right) \exp \left(a_{0j}^{(s-1)} + \frac{1}{2} \left(C_{0j}^2\right)^{(s-1)} + \boldsymbol{L}_{ij}\right)} \right\}.$$

The variational update for π_{ij} is then consequently derived from this more convenient Poisson-based ELBO,

$$\pi_{ij}^{(s)} = \begin{cases} \frac{\exp\left(\psi\left(\tau_{j1}^{(s-1)}\right)\right)}{\exp\left(\psi\left(\tau_{j1}^{(s-1)}\right)\right) + \exp\left(\psi\left(\tau_{j2}^{(s-1)}\right) - \exp\left(\Upsilon_{i0}^{(s)} + a_{0j}^{(s-1)} + \frac{1}{2}\left(C_{0j}^2\right)^{(s-1)} + \boldsymbol{L}_{ij}\right)\right)} & \text{if } x_{ij} = 0 \\ 0 & \text{if } x_{ij} > 0 \end{cases}$$

Note that these updates $\left(\Upsilon_{i0}^{(s)} \text{ and } \pi_{ij}^{(s)}\right)$ are derived from the ELBO of the ZIFA-LSNP model, which is detailed in the Supplementary Material.

2.3.2 Classification Variational Inference Step

Second, inspired by the classification EM algorithm (Celeux and Govaert [1992]), we introduce a classification step for π_{ij}. In the early stages of optimization, when parameter estimates are unreliable, this can lead to slow or unstable convergence (Celeux and Govaert [1992]). The classification step addresses this by converting it into "hard" assignments (0 or 1) at each iteration,

$$\hat{\pi}_{ij}^{(s)} = I(\hat{\pi}_{ij} > \pi_0)$$

where π_0 is a pre-specified threshold for this classification. Following standard practice in binary classification, we set $\pi_0 = 0.5$ as the default value.

2.4 Simulation design

The primary objectives of our simulation study are to assess the ZIFA-LSNM model's ability to: (i) recover the latent structure (loadings and scores); (ii) effectively incorporate zero-inflation and skewness; and (iii) provide reliable estimates of the true underlying microbial compositions.

We compared our model's performance against the recent model ZIPPCA-LPNM (Ba et al. [2024]), which was selected for its demonstrated improvements over its predecessor, ZIPPCA-LNM (Zeng et al. [2023]). We assess performance using the root mean squared error (RMSE). For model fitting, the prior hyperparameters were set to $\nu_1 = 1$, $\nu_2 = 3$, $g_1 = 200$, and $g_2 = 1/200$.

A key challenge in evaluating factor analysis models is the rotational ambiguity of the latent space. Factor loadings and scores are only identifiable up to an orthogonal transformation. Consequently, a direct RMSE calculation is not a fair measure of accuracy, as it would incorrectly penalize a valid, but rotated, solution. To ensure a fair comparison, we first resolved this rotational ambiguity using a Procrustes transformation. This procedure finds the optimal orthogonal rotation that aligns the estimated factor matrix with

the true matrix. All reported RMSE values for factor loadings and scores were therefore calculated post-alignment, providing a robust measure of each model's ability to recover the underlying latent structure.

We simulated 1,000 count datasets designed to mimic the key characteristics of real-world microbiome sequencing data. For each scenario of the number of latent factor (k) and prior value for $\underline{\alpha}$ ($\underline{\alpha} = k = 2$ and $\underline{\alpha} = k = 5$), we consider each combination of sample size $n \in \{50, 100, 1000\}$ and number of taxa $p \in \{50, 100\}$. The specifics of the data-generating processes are detailed in Table 1.

$\underline{\alpha}$	k	M_i	β_{jt}	κ_j	β_{0j}	F_{it}
2	2	$(8 \times 10^4, 10^5)$	$\mathcal{U}(-2.5, 2.5)$	$\mathcal{U}(0, 1)$	$\mathcal{U}(-2, 2)$	$\mathcal{SN}(\alpha^*, 1, \alpha)$
5	5	$(8 \times 10^4, 10^5)$	$\mathcal{U}(-2.5, 2.5)$	$\mathcal{U}(0, 1)$	$\mathcal{U}(-2, 2)$	$\mathcal{SN}(\alpha^*, 1, \alpha)$

Table 1: Specifications of parameters in zero-inflated models

3. Results

3.1 Simulation results

Across all evaluated simulation scenarios, our proposed ZIFA-LSNM model outperforms the Gaussian-based ZIPPCA-LPNM model, achieving lower root mean squared errors (RMSE) for all key parameter estimates.

In the scenario with $k = 2$ (Table 2), ZIFA-LSNM maintains its superior performance across all combinations of sample size (n) and number of taxa (p). Furthermore, as n increases from 50 to 1000, the RMSE for all ZIFA-LSNM parameters consistently decreases. This behavior demonstrates that the model effectively leverages larger sample sizes to improve estimation accuracy, with the estimates empirically converging towards the true parameter values.

In the more challenging $k = 5$ scenario (Table 3), ZIFA-LSNM continues to outperform ZIPPCA-LPNM. This estimation task is substantially more complex, as the number of variational parameters to be estimated increases significantly. For instance, with $n = 100$, $p = 50$, and $k = 5$, the algorithm estimates 7700 variational parameters. Note that the total number of variational parameters to estimate (for n samples, p taxa, and k factors) is $4pk + 4p + 3nk + np$.

Figure 1 provides a visual summary of the performance for $k = 2$ across all simulation settings. The corresponding plots for $k = 5$ are presented in the Supplementary Material. On average, ZIFA-LSNM consistently achieves lower RMSE for all the parameters of interest. The improvements are even more pronounced in the recovery of the latent factor scores $\boldsymbol{F}$ (Figure 1b). The observed improvement highlights the benefit of modeling skewness. Furthermore, the accuracy extends to the underlying microbial compositions $\boldsymbol{\rho}$ (Figure 1d), where ZIFA-LSNM again achieves notably lower RMSE, indicating a more faithful representation of the microbial community.

$k = 2$	ZIPPCA-LPNM					ZIFA-LSNM				
(n, p)	$\boldsymbol{\kappa}$	$\boldsymbol{B}$	$\boldsymbol{F}$	$\boldsymbol{\beta_0}$	$\boldsymbol{\rho}$	$\boldsymbol{\kappa}$	$\boldsymbol{B}$	$\boldsymbol{F}$	$\boldsymbol{\beta_0}$	$\boldsymbol{\rho}$
(50,50)	0.0656	1.4772	1.3832	0.9889	0.0327	0.0621	0.6633	0.1328	0.2587	0.0077
(100,50)	0.0477	1.4156	1.3787	1.0967	0.0316	0.0428	0.4200	0.1003	0.3031	0.0068
(1000,50)	0.0260	1.4581	1.3991	1.2993	0.0360	0.0124	0.4107	0.1198	0.5157	0.0011
(50,100)	0.0616	1.3960	1.3842	0.9186	0.0163	0.0612	0.7087	0.2346	0.3573	0.0051
(100,100)	0.0461	1.3808	1.3809	1.0808	0.0165	0.0412	0.5526	0.1423	0.2869	0.0073
(1000,100)	0.0253	1.4835	1.3994	0.9746	0.0167	0.0133	0.4596	0.0989	1.1238	0.0011

Table 2: RMSEs of estimates of the parameters for $\alpha = 2$.

$k = 5$	ZIPPCA-LPNM					ZIFA-LSNM				
(n, p)	$\boldsymbol{\kappa}$	$\boldsymbol{B}$	$\boldsymbol{F}$	$\boldsymbol{\beta_0}$	$\boldsymbol{\rho}$	$\boldsymbol{\kappa}$	$\boldsymbol{B}$	$\boldsymbol{F}$	$\boldsymbol{\beta_0}$	$\boldsymbol{\rho}$
(50,50)	0.0686	1.4562	2.9507	1.1579	0.0471	0.0600	0.8287	0.1421	0.4740	0.0349
(100,50)	0.0508	1.4339	3.0276	0.9989	0.0485	0.0424	0.8636	0.1790	0.4395	0.0334
(1000,50)	0.0295	1.4397	3.0674	1.1880	0.0478	0.0143	1.4389	0.3035	0.7168	0.0055
(50,100)	0.1090	1.4399	2.9499	1.2331	0.0334	0.0614	0.8818	0.2599	0.4909	0.0106
(100,100)	0.0507	1.4615	3.0274	1.2478	0.0292	0.0420	0.7499	0.1209	0.4396	0.0127
(1000,100)	0.0225	1.4685	3.0661	1.1403	0.0284	0.0164	0.8838	0.2299	0.6732	0.0015

Table 3: RMSEs of estimates of the parameters for $\alpha = 5$.

(a) RMSEs for Factor Loadings

(b) RMSEs for Factor Scores

(c) RMSEs for Kappas

(d) RMSEs for Compositions

Figure 1: Root Mean Squared Error Plots for $k = 2$

3.2 Data application and results

In this section, we applied our model to a dataset from a family-based study designed to identify microbial features associated with Inflammatory Bowel Disease (IBD) (Muller et al. [2022], Jacobs et al. [2016]). The dataset includes 16S ribosomal RNA (rRNA) sequencing from 90 participants: 54 healthy individuals and 36 IBD patients (26 with Crohn's disease (CD) and 10 with ulcerative colitis (UC)).

The raw count data underwent a multi-step preprocessing and filtering process prior to analysis. First, we aggregated the data to the genus level, removing any taxa not classified to this rank. Next, to reduce extreme sparsity, we applied three standard filters: retaining columns where the proportion of zeros is less than 97%, retaining genera that are present in at least 5% of the samples, and retaining genera with a cumulative count of 20 or more reads across all samples. The final dataset for analysis comprised 178 genera and 90 samples.

A key motivation for our model is the pronounced skewness in microbiome data. To visualize this property in the IBD dataset, we calculated the per-taxon skewness of the ALR-transformed counts, as shown in Figure 2. For exploratory visualization purpose only, a pseudo-count of 10^{-8} was added to all counts. It is critical to note that this ad-hoc adjustment is not required by our ZIFA-LSNM model. As illustrated in the figure, a

significant portion of the genera exhibit substantial positive skewness, underscoring the limitations of Gaussian-based models. Note that, we calculate the skewness using the `skewness()` function in `moments` package in `R`.

Figure 2: Per-Taxon Skewness of ALR transformed Counts of real data

We fit the ZIFA-LSNM model with $k = 3$ latent factors and results are shown in Figure 3 and Figure 4. The resulting factor scores, visualized in Figure 3, reveal several primary findings. Plots V2 vs V1 and V3 vs V2 show a much clearer separation than plot V3 vs V1, along the V2 axis. This is a strong finding, indicating that factor V2 plays an important role in distinguishing the normal (healthy) samples from the two disease states (UC and CD). In contrast, in the plot V3 vs V1, the points overlap substantially. We also fit the model with $k = 2, 4, 5$, and the results were similar to those obtained for $k = 3$.

Moreover, it can be observed that a healthy microbiome is a balanced ecosystem, not strongly dominated by any of the extreme patterns identified by the factors. This is evident from the fact that in Figure 3, the samples from healthy individuals cluster relatively tightly near the origin, which indicates that a "normal" gut microbiome might be characterized by a balance among the three microbial patterns and exhibits lower inter-individual variability. In contrast, the IBD states are defined by a strong, directional shift along the V2 axis. To interpret the biological meaning of this latent structure, Figure 4 displays the factor loadings for the top 25 taxa. These loadings quantify the contribution of each genus to the latent factors, allowing for a biological interpretation of the separation driven by Factor V2.

Figure 3: **Latent Microbial Factors Distinguish Healthy Controls from IBD Patients.** Pairwise scatter plots of factor scores from the three latent variables (V1, V2, V3) identified. Each point corresponds to an individual sample and is colored by diagnosis.

(a) Factor 1 Loading Weights

(b) Factor 2 Loading Weights

(c) Factor 3 Loading Weights

Figure 4: **Top 25 Microbial Contributors to the Three Latent Factors.** These plots display the factor loadings for the top 25 microbial genera with the largest weights for Factor 1 (top), Factor 2 (bottom left), and Factor 3 (bottom right). The length of each bar indicates the magnitude of the loading, representing the strength of association between a genus and the factor. Loadings are colored by their sign, indicating a positive (teal) or negative (red). These plots identify the key taxa that define each microbial association.

4. Discussion

The analysis of microbiome data presents a unique set of statistical challenges, primarily the need to achieve effective dimension reduction within a framework that rigorously accounts for both compositionality and zero inflation. While progress has been made, the prevalent issue of skewness in log-ratio-transformed compositions has been largely overlooked. This paper introduces the ZIFA-LSNM model, a Bayesian hierarchical framework designed to address these statistical challenges while addressing skewness through the use of skew-normal priors on the latent factors.

Our simulation studies provide evidence of the superior performance of ZIFA-LSNM compared to its Gaussian-based counterparts. Across a range of scenarios, our model demonstrated uniformly lower RMSEs in parameter recovery and composition estimation. This highlights a critical point: models that assume normality can be misspecified when analyzing skewed data, which can lead to less accurate estimates. Biologically, the latent factors identified by ZIFA-LSNM are more likely to represent true underlying environmental or biological processes. This was evident in our simulation study and in the application to an IBD dataset. These findings suggest that explicitly modeling skewness can enhance both the statistical robustness and biological interpretability of microbiome data. Furthermore, our adoption of a variational inference framework ensures computational scalability, making the approach feasible for modern, large-scale microbiome studies.

In our proposed variational inference framework, the convergence of the algorithm is mathematically guaranteed. This guarantee stems from the design of the variational algorithm, where the ELBO^{AP} is non-decreasing by construction at each iteration and is bounded above by the log marginal likelihood or log evidence, i.e., $\log p(\boldsymbol{X})$. Consequently, the sequence of ELBO^{AP} values is assured to converge to a limiting value.

While the proposed model is effective, it possesses limitations that highlight opportunities for future research. Although our variational inference framework is scalable, its computational complexity can be substantial when fitting count-based models to high-dimensional microbiome data with large sample sizes (n) and many taxa (p). This can present challenges in ultra-high-dimensional settings. Although our informative local shrinkage priors provide effective regularization, more advanced shrinkage schemes could be explored. For instance, incorporating Gamma process global-local shrinkage priors (Bhattacharya and Dunson [2011], Hansen et al. [2025]), could further enhance factor recovery. Moreover, a critical caveat arises from the non-concavity of the ELBO^{AP} objective function with respect to the variational parameters. This property implies the existence of multiple local optima, and as such, the algorithm is not guaranteed to converge to the global optimum. One direction to explore could be to optimize the proposed algorithm using stochastic gradient algorithms, or to take advantage of modern machine learning architectures.

5. Conclusion

As the field of microbiome research continues to generate increasingly large and complex datasets, the development of sophisticated and appropriate statistical models is

paramount. The ZIFA-LSNM provides a flexible and scalable tool that will aid researchers in uncovering the intricate relationships between the microbiome and human health, ultimately advancing our understanding of complex biological systems.

6. Software

We have developed an `R` package called `zifalsnm`. The package is currently available on Github - `https://github.com/SaurabhP-MS/zifalsnm`

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