Molecular heterogeneity and differential metabolic signatures in thymic adipocytes

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SUMMARY

Adipocyte depots throughout the body are physiologically and molecularly distinct. With age, adipocytes increase in and around aged thymi. However, thymic adipocytes completely lack molecular characterization. We developed and optimized methods to isolate adipocyte nuclei from mouse thymi of different ages and sexes. Single-nucleus multiomic analysis of male and female mice aged 4-9 months reveals that thymic adipocytes are heterogeneous, with at least two distinct populations. One subpopulation harbors a transcription and chromatin signature consistent with beige/brown fat. A larger subpopulation more strongly resembles classic white adipose tissue and expresses genes associated with epithelial-to-mesenchymal transition (EMT) and antigen presentation. Analysis of differentially open chromatin in the white compared to beige adipose population identifies binding sites for Foxn1 and HIF-1α/Arnt, consistent with a situation in which thymic white adipose cells emerge from thymic epithelial cells, possibly under hypoxic conditions. Immunofluorescence microscopy confirmed the expression of UCP1 protein in cells within the thymic parenchyma, most prominently in subcapsular cortical regions. This resource reveals a complex milieu of thymic adipocytes and identify multiple avenues for directly probing their ontogeny, dynamics and functional significance.

KEYWORDS

Thymus; Adipocytes; Beige Fat; PPARα; UCP1

INTRODUCTION

The thymus is the primary site of T cell development and education and thus plays a central role in adaptive immunity and central tolerance [1]. It consists of developing T cells (thymocytes), thymic epithelial cells (TECs), fibroblastic stromal cells and other less abundant cell types. The aging thymus also accumulates abundant and dynamic population of adipocytes [1], which we here term ThyAds.

With age, areas of the thymus devoted to thymopoiesis atrophy and T cell output declines in a process termed thymic involution [2]. Involution is associated with progressive disruption of the cortico-medullary junction, loss of thymic output, and increased adiposity in a manner influenced by biological sex and diet [3]. Attenuation of thymic output contributes to reduced TCR diversity, impaired pathogen response and increased susceptibility to infection [1,4-7]. Additionally, involution can be accelerated by administration of thiazolidinediones, implicating adipocyte expansion in this process [8], however their function in this process is unclear. Thymic involution is conserved across vertebrates and recapitulated in laboratory mice. Although severe infection, radiation, malnutrition, or hormonal alterations can induce acute thymic atrophy, age-related involution is the setting in which adipocyte accumulation is most consistently observed [1,3,9-11]. Despite their increasing abundance in the aging thymus, and the possibility that they have specialized functions analogous to other tissue-specific fat depots [12], ThyAds have yet been directly studied at the molecular level. Prior studies focused on thymocytes and thymic stromal cells have omitted ThyAds because intact adipocytes are large, buoyant, and fragile, and are therefore poorly captured by droplet-based microfluidic workflow [13-16].

Recent single-nuclei methodologies combining RNA-seq and ATAC-seq have enabled high-resolution mapping of adipose depots, including age-associated pro-inflammatory and metabolic shifts linked to obesity and related pathologies. These technologies have also shown that adipose depots are tailored to their local environment and differ in cellular and molecular composition across the body [12], and that adipocytes remodel over time [17,18]. In humans highly metabolically active brown adipose tissue (BAT), subcutaneous white adipose tissue (WAT), and beige fat, an intermediate form, typically decline with age wheras visceral WAT expands [19-21]. Together, these findings led us to hypothesize that ThyAds are distinct from other adipocyte populations and that their age-associated expansion reflects changes in cellular composition and state.

Here, we used an integrated multiomic strategy to generate the first single-nuclei dataset of ThyAds. By profiling nuclei rather than intact cells, multiomic sequencing overcomes the technical limitations imposed by adipocyte size and fragility. We develop methodologies to

efficiently liberate and isolate ThyAds and their nuclei from mouse thymi. By single-nucleus

profiling, we identify two highly distinct ThyAd populations, termed ThyAd I and ThyAd II. ThyAd

I exhibit a beige fat-like transcriptional program, whereas ThyAd II show features consistent with

classic WAT. Notably, ThyAd II-specific accessible chromatin was enriched for consensus sites

recognized by Foxn1, the master transcription regulator of TECs. This enrichment suggests a

TEC-linked regulatory signature and supports the hypothesis that ThyAd II derive from TECs.

Together, our ThyAd multiome resolves two adipocyte programs and provide clues to cellular

origin, providing a roadmap to test lineage relationships and functional roles in thymic aging.

RESULTS

ThyAds comprise two discrete subpopulations, one of which has transcriptional hallmarks of beige fat

Thymic adipocytes are technically difficult to recover. We successfully developed an enrichment workflow that combines a retina tissue dissociation protocol and WAT buoyancy-based fractionation, followed by single-nuclei isolation to profile 6-month-old female mice (**Figure 1A**). In mature thymi, scattered multilocular lipid-laden cells are detectable within the subcapsular region, parenchyma, and PVS by ~3 months, while large unilocular white adipocytes become prominent after ~12 months [22]. We therefore reasoned that 6-month-old mice would capture maximal diversity in the ThyAd pool, at a timepoint when thymic output is still preserved but ThyAds are recoverable from a sufficient amount of thymic tissue. After dissection, we extensively cleaned the thymic capsule to minimize contamination while preserving subcapsular and septal ThyAds (**Figure 1B**). Thymi were mechanically and enzymatically digested to generate a single-cell suspension, then fractionated to collect the buoyant adipocyte-enriched layer. Nuclei prepared from the buoyant fraction were robust, with preserved euchromatic and heterochromatic regions and nucleoli (**Figure S1A**).

16 pooled female thymi were used for single-nucleus ATAC-seq plus RNA-seq, yielding 3,610 high-quality nuclei after filtering (**Figure S1B**). Initial uniform manifold approximation and projection (UMAP) clustering indicated substantial hematopoietic carryover, with most nuclei expressing *Ptprc* (*Cd45*) and resolving into expected thymocyte populations based on canonical markers such as *Cd8a*, *Cd4*, *Mki67*, *Hes1* and *Cd5* (**Figure S1C,D**). For example, cluster 8 expressed *Il2ra* but not *Cd8a* or *Cd4*, identifying these cells as DN2/3. Cluster 2 expressed *Cd5* and likely comprised B cells. Cluster 7 expressed *Klrb1c*, which encodes the NK1.1 surface protein. These nuclei are likely derived from iNKT cells. In contrast, signatures of non-hematopoietic thymic stromal populations (TECs, fibroblasts/mesenchyme, endothelium) were minimal or absent. This may reflect either or both a greater abundance of bone marrow-derived cells in the thymus, or a closer apposition of these cells with ThyAds such that they are preferentially carried over with the buoyant fraction following digestion. These data establish a technical framework for ThyAd recovery and set the stage for targeted analysis of the ThyAd compartment.

Two transcriptionally discrete clusters (3 and 10) expressed the canonical adipocyte markers *Pparg* and *Plin1* (**Figure S1C**) as well as *Fabp4* (not shown), consistent with adipocytes. A lipid metabolism gene module further supported adipocyte identity in clusters 3 and 10, whereas cluster 11 (the least abundant cluster) showed weaker and less consistent expression of

adipocyte-associated transcripts (**Figure S2A**). We therefore focused on adipocyte clusers 3 and
10, yielding 429 high-quality adipocyte nuclei. These nuclei contained a mean of 1533 detected
genes and an average depth of 2974 reads per nucleus.

We re-clustered adipocyte based on gene expression (RNA-seq UMAP), chromatin
accessibility (ATAC-seq UMAP), and a weighted nearest neighbor (WNN) approach that
integrates both modalities (**Figure 1C**). This analysis resolved two broad transcriptional programs,
termed ThyAd I and ThyAd II, distinguished by differential expression of lipid metabolic genes
(**Figure S2B**). A small residual thymocyte cluster expressed *Themis* and *Satb1* (**Figure S3A**) as
well as lipid metabolic genes such as *Fasn* (**Figure S2B**) and may reflect doublet nuclei. The
remaining clusters lacked thymocyte gene expression and robustly expressed adipocyte markers
(e.g., *Pparg*), supporting their adipocyte identity (**Figures S2B** and **S3A**).

To define transcriptional states within ThyAds, we identified the top 10 DEGs across
clusters. This revealed clear separation between ThyAd transcription programs, with ThyAd I
more strongly expressing genes associated with thermogenesis relative to ThyAd II (**Figure S3A**).
Restricting analysis to adipocyte nuclei only, we further resolved five distinct ThyAD subclusters–
Ia, Ib, IIa, IIb and IIc (**Figure 1D**), consistent with prior evidence showing that ThyAds are
morphologically heterogeneous [22].

ThyAd Ia nuclei were marked by the expression of Prkar2b and *Fgf14*. In contrast, ThyAd
Ib more robustly expressed *Esrrg*, *Ucp1*, and *Cidea* (**Figure 1D**). *Ppara* was also up-regulated in
ThyAd Ib (**Table S1**). These genes have been shown to positively regulate beige adipocytes [23-25].
These findings strongly suggest that ThyAd I – particularly ThyAd Ib – are beige-like, consistent
with work that used imaging to identify UCP1-positive cells detected inside the thymic
parenchyma [22]. In contrast, ThyAd II nuclei expressed a distinct program consistent with WAT-
like identity (e.g., *Apoe*, **Table S1**) and additional features no observed in ThyAd I. ThyAd IIa was
enriched for epithelial-mesenchymal transition (EMT)-associated transcripts including *Prr16* and
Alcam, while ThyAd IIb/IIc displayed higher levels of *B2m* and *H2-D1* (**Figure 1D**), consistent with
increased MHC-I-related gene expression [26]. ThyAd II also expressed *Gpx3*, which has been
reported in thymic stromal populations including intermediary fibroblast-like states [27]. Additional
feature plots are shown in **Figure S3B**. These results indicate that ThyAd I (in particular ThyAd
Ib) resembles beige-like adipocytes, whereas ThyAd II is more WAT-like and exhibits an EMT-
/antigen-presentation-associated transcriptional signature.

Because ThyAd I and ThyAd II subclusters were readily distinguishable by the
thermogenic transcription signature in ThyAd I (**Figure 1D**), we combined the ThyAd Ia+Ib and
IIa+IIb+IIc subclusters, and performed differential expression analysis (**Table S2**). Gene

expression differences between combined ThyAd I and ThyAd II nuclei are shown in **Figure 2A**.
For example, *Prdm16* and *Ppara* were significantly enriched in ThyAd I, encoding transcriptional
regulators of beige/brown fat [28,29], while Retn and Prr16 were significantly enriched in ThyAd II,
encoding WAT-associated protein Prr16 [30] and the adipokine resistin, a regulator of adipogenesis
[31], respectively. Gene ontogeny (GO) analysis further supported functional divergence: ThyAd I
was enriched for pathways including "Mitochondrial organization" and "Positive regulation of cold-
induced thermogenesis", whereas ThyAd II was enriched for "Epithelial mesenchymal transition"
(**Figure 2B**).
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Single-nucleus ATAC-seq identifies state-specific chromatin accessibility and
transcriptional factor motif enrichment in ThyAds
In addition to improving resolution of ThyAd states, the ATAC-seq component of the multiomic
dataset enables inference of regulatory programs by identifying transcriptional factor (TF) motifs
enriched in accessible chromatin. Moreover, because the chromatin state can precede or linger
relative to active gene expression, the chromatin states can reflect transcription potential as well
as recent enhancer decommissioning, providing information on the possible antecedents for given
populations. Because genomic DNA is fully preserved within the nuclei while much of the mRNA
is lost, the ATAC-seq portion of the data provides high-quality information on gene expression
states in isolated nuclei. We analyzed the ATAC-seq data focusing on genes associated with
beige adipocytes: *Ppara*, *Cidea* and *Ucp1*. In all cases, increased chromatin accessibility was
highly associated with the ThyAd Ib subcluster (**Figure 3A**). Additional genes are shown as
expression and ATAC accessibility feature plots in **Figure S4**.
To identify candidate TFs underlying ThyAd state differences, we compared TF motifs
enriched in between ThyAd I and ThyAd II. ThyAd I accessible regions were enriched for motifs
consistent with adipocyte differentiation and beiging, including EBF, Plagl1, PPAR and Esrrg
(**Figure 3B**). In contrast, ThyAd II accessible chromatin was enriched for Foxn1, hypoxia-inducible
factor-1 (HIF-1), Wilms tumor protein 1 (WT1), Krüppel-like factor 12 (KLF12), and KLF1 motifs.
Notably, Foxn1 is a master transcriptional regulator of thymic epithelial cells [32], suggesting a TEC-
linked regulatory imprint in the ThyAd II population. Together with the EMT signature associated
with ThyAd II gene expression (**Figure 1D and Figure 2B**), these results are consistent with a
model in which ThyAd II white adipose cells arise from TECs. Consistent with this interpretation,
transcripts encoding *Ebf2, Esrrg* and *Plagl1* were detected in subsets of ThyAD nuclei (**Figure**
S4A). In contrast, other TFs highlighted by motif enticement (including *Foxn1*) were not detectably
expressed, yet displayed accessible regulatory regions (**Figure S4A-B**, **Supplemental Tables**

S1 and S2), consistent with residual chromatin accessibility following recent TF activity or

enhancer decommissioning. Together, the data show increased accessibility at thermogenic loci

and enrichment of EBF, PPAR, and ESRRG motifs in ThyAd I, while ThyAd II is enriched for

FOXO1, HIF, and KLF1 motifs, consistent with a distinct and possibly TEC-linked regulatory

imprint.

Younger (4-month-old) male mice harbor ThyAd I and II populations distinct from gonadal

fat

We also profiled ThyAds from 4-month-old male mice to align sampling with the earlier kinetics of

thymic involution in males compared with females [33-35]. Whereas 6-month-old females provided

an optional window to capture ThyAd heterogeneity while thymic output remains relatively

preserved, we reasoned that males would reach a comparable stage of remodeling at an earlier

age. In mice, the thymus reaches near-maximal size around 5 weeks of age and then declines in

cellularity. In male C57BL/6 mice, thymic cellularity decreases by approximately 50% by 4 months

[36]. This is matched in human thymic tissue 26-49 years old, where the perivascular space (PVS)

comprises 50-60% of the thymic compartment and adipose tissue is easily identified [37]. We

therefore selected 4 months in males as a practical and biological window to capture ThyAds

during an early-to-intermediate phase of involution.

We isolated ThyAd nuclei from 6 male mice maintained on standard chow and profiled

them by single-nucleus RNAseq. From the same animals, we also collected gonadal (epididymal)

white adipose tissue (gWAT) as a visceral fat comparator (**Figure 4A**). As in the female dataset,

Ptprc+ nuclei carried through purification were manually removed prior to clustering. Joint

clustering of ThyAd and gWAT nuclei revealed that the thymic and gonadal adipocyte

transcriptomes were largely distinct, with ThyAd nuclei again segregating into two discrete

clusters (**Figure 4B**). A rare thymic cluster expressed *Esrrg*, *Ppara* and *Ppargc1b*, consistent with

a ThyAd I (beige-like) program (**Figure S5A**). In contrast, the ThyAd II cluster more closely aligned

with one of the gWAT clusters, suggesting a more WAT-like transcriptional state (**Figure 4B** and

Figure S5A). Feature plots confirmed strong expression of *Ppara* and *Esrrg* in ThyAd I (**Figure**

4B-C). These nuclei were also enriched for *Cidea* and *Ghr* (**Figure S5B**). When clustering thymic

nuclei alone, ThyAd I and II remained clearly separable, marked for example by *Ppara* and *Ghr*

(growth hormone receptor, **Figure 4D**). The most differentially expressed ThyAd I gene was

Ppara, whereas ThyAd II was enriched for *Xdh*, *Fabp4*, *Adgrl4*, *Klf12* and *Tgfb2* (**Table S3**).

Notably, *Tgfb2* (TGFβ2) has been implicated in promoting thymic [38]. Both populations expressed

core adipocyte genes including *Pparg* (**Figure 4D**) and *Cd36* (not shown).

UCP1+ cells largely localize within the subcapsular cortical thymic compartment, whereas lipid-rich unilocular adipocytes localize to septa and perivascular space

Epicardial/perithymic fat is heterogenous, with some beige-like cells strongly expressing UCP1 [39]. Although thymi used for sequencing were obtained from mice younger than 6 months old and were extensively cleaned of extrathymic fat prior to processing (**Figure 1B**), it remained formally possible that the beige-like ThyAd I signal reflected residual contamination outside the capsule. Prior work, however, has identified UCP1+ cells within the thymic parenchyma [22]. To directly access localization, we performed Immunofluorescence on 6-month-old female thymi. For this experiment, thymi were interntionally not cleaned of extrathymic fat, enabling direct comparison of perithymic adipose tissue with intrathymic UCP1+ cells.

As expected [39], perithymic fat and connective tissue abutting the thymic capsule was heterogenous, with regions containing large unilocular lipid droplets and others containing densely packed multilocular, BAT-like adipocytes with strong UCP1 staining. In contrast, UCP1+ cells within the thymic parenchyma were sparse and exhibited weaker, punctate UCP1. Omission of the primary antibody eliminated both the intra- and extrathymic UCP1 signal (**Figure 5**). In parallel, PPARg staining and BODIPY labeling highlighted adipocytes with large unilocular lipid droplets enriched within thymic septa and the perivascular space, consistent with ThyAd II (**Figure S6**). Together, these data support the presence of beige-like ThyAd I cells within the thymic capsule and argue against perithymic contamination as the primary source of the ThyAd I transcriptional program detected by multiomic sequencing.

DISCUSSION

The thymus is a complex organ that facilitates the development and selection of thymocytes, playing an important role in the maintenance of adaptive immunity and central tolerance. Cell types associated with the thymus include thymocytes, TECs, fibroblastic/mesenchymal cells, macrophages, DCs, B cells (particularly in the medulla), mature nonconventional T cells (e.g., iNKTs), endothelial cells, pericytes and nerves. During normal aging, thymic output declines via a process termed thymic involution, contributing to established characteristics of age-related immune senescence, such as reduced naive T-cell production and TCR diversity, chronic systemic inflammation, and impaired pathogen response [1,37,40]. Involution is associated with disruption of the cortico-medullary junction and increased adiposity [3].

Recent advances in single-nuclei methodologies combining RNA-seq and ATAC-seq have been used to investigate the heterogeneity of adipose tissue depots throughout the body [12,41]. Separately, they have been used to profile thymocytes and thymic stromal cells [13-16]. However, adipocytes associated with the thymus (ThyAds) remain uncharacterized at a molecular level. Here, we developed methodologies to liberate and isolate adipocyte and their nuclei from mouse thymi. We used an integrated multiomic sequencing strategy to generate the first single-nuclei datasets of ThyAds and identify similarities and differences in transcriptional profiles compared to a peripheral adipose depot. We profiled nuclei from female and male thymi at two different ages, providing the first single-nucleus ThyAd atlas and expanding our understanding of ThyAds and their potential roles in the thymus and during thymic involution. By single-nucleus profiling, we identified two distinct ThyAd populations, termed ThyAd I and ThyAd II.

Adipocytes can be identified by their robust uptake and storage of triglycerides as neutral lipid, as well as by release of fatty acids, with the balance regulated by metabolic demand. The cellular and molecular composition of adipose tissue varies throughout the body in a manner adapted to the tissue in which they are embedded [12]. For example, subcutaneous and visceral WAT have distinct developmental origins, mechanisms of expansion and disease associations [42]. Adipocytes in different tissues closely interface with immune cells such as macrophages, DCs and iNKTs, again in a manner tailored to the local environment, and can both suppress and exacerbate inflammation depending on context [17,18,43,44]. We hypothesized that ThyAds are qualitatively different from adipocytes in other fat depots, just as adipocytes in these depots are different from one another.

snRNAseq revealed that ThyAds express mature adipocyte-associated markers such as *Pparg*, *Fabp4*, and *Plin1*. No thymic preadipocytes were identified based on co-expression of

markers such as *Pdgfra/b*, *Pref1* and *Cd34* [45]. This is likely due to their relative lack of buoyancy.

These studies also revealed a population of ThyAds expressing a highly metabolically active

transcription program similar to beige adipose cells, termed 'ThyAd Ib'. These nuclei were

differentiated by significant expression of *Ucp1*, *Ppara* and *Esrrg*. , hallmarks of beige and brown

adipocytes. *Esrrg* for example encodes an orphan nuclear receptor expressed in metabolically

active tissues (e.g., brain, heart, skeletal muscle, BAT) that promotes adipocyte beiging by

activating mitochondrial biogenesis and oxidative metabolism [24]. *Ppara* encodes a nuclear

receptor associated with metabolically active tissues such as heart and brown adipose tissue

(BAT) that oxidize fatty acids at a high rate [46]. *Ppara* is also expressed in hepatocytes, where it

promotes fatty acid oxidation and ketogenesis during fasting [47,48]. In combination with PPARγ,

PPARα can induce beiging of white adipose tissue [49]. *Cidea*, which can be induced by the

combined expression of PPARγ and PPARα and encodes a transcription coregulator that

activates *Ucp1* expression [25]. *Prdm16* and *Ucp1* expression are also hallmarks of BAT [28].

PRDM16 represses type-1 interferon signaling in adipocytes which promotes thermogenic

programming [50].

Interestingly however, these nuclei did not strongly express other genes associated with beige

adipocyte gene expression programs, e.g. *Tbx1*, *Shox2*, *Tmem26*, or *Hoxc9*, indicating that

ThyAd Ib may be distinct from previously defined populations of beige adipocytes. An intermediate

population – 'ThyAd Ia' – shared expression of beige/brown genes with ThyAd Ib such as *Ppara*

and *Prdm16* but with little expression of *Ucp1*. DEG analysis of ThyAd clusters alone identified

Acsl1, *Prkr2b* and *Mecom* among the topmost ThyAd Ia-enriched genes. The products of these

genes are known to positively regulate adipogenesis and FA metabolism within BAT [51-53]. ThyAd

IIs displayed differential expression of genes such as *Col15a1*, *Prr16*, and *Pbx1*. These genes

are often associated with EMT and ECM remodeling [54-57]. EMT has been associated with more

plastic and stem-like states, allowing de-differentiation and developmental plasticity, including the

ability to transition to adipocytes [58]. Within the thymus, age-associated TECs (aaTECs) are also

associated with limited EMT signatures [27].

Analysis of transcription factor motifs enriched in open ThyAd chromatin supports the

finding of two broad transcriptional ThyAd I and II programs and identifies potential regulators that

may differentially regulate the two populations. Motif sequences for Esrrg, Ebf2 and Nr4a2 were

highly enriched in ThyAd I, consistent with their significant expression in this population and roles

in maintaining a beige-like transcription profile [12,24,59,60]. Both Ebf2 and Esrrg have been

demonstrated to promote and maintain a beige/brown transcriptional program [24,61,62]. Esrrg

accessibility was mostly restricted to ThyAd Ib in both male and female mice, suggesting Esrrg

plays an important role in ThyAd Ib's beige-like transcriptional state. Though *Ebf2* was expressed

highly in all clusters, chromatin accessibility displayed a gradient pattern with higher accessibility

in ThyAd Is and lower accessibility in ThyAd IIs. Interestingly, though Plagl1 motif accessibility

was enriched in ThyAd Is, its expression by RNAseq was increased in ThyAd IIs.

ThyAd IIs instead showed increased accessibility for WT1, KLF12, and KLF1. WT1 is

known to negatively regulate thermogenic gene expression and beige fat identity [63]. WT1 also

modulates EMT/MET during development [64,65]. Interestingly, ThyAd II showed the strongest

enrichment for Foxn1 motifs, which were not detected within the RNAseq. This is consistent with

a model in which Foxn1 may have been expressed earlier in the etiology of ThyAd II. The origin

of adipocytes within the thymic compartment is not well understood. Adipogenesis involves

several tightly regulated steps, including the upregulation of PPARγ, a transcriptional factor

required for activation of downstream genes [66]. Aire-expressing TECs can give rise to "mimetic"

cells that adopt characteristics of peripheral cells including antigens that would not otherwise be

found in the thymus. These cells aid in thymic selection and the generation of central tolerance

[67]. In humans, Aire deficiency has been associated with Plin-1 autoreactivity and autoimmune

adipose infiltration [68,69]. Prior work has identified adipogenic potential in the thymic SVF [70]. These

findings suggest that at least a subset of the identified ThyAds may represent an uncharacterized

depot of mimetic cells that eluded identification due to their buoyancy. Within the thymus,

adipocytes have been suggested to arise from multiple sources, such as infiltration via proximity

to the PVS or transdifferentiation from stromal cells with adipogenic potential [71,72]. Lineage tracing

experiments using LacZ reporters indicate that at least some adipocytes are derived from Foxn1-

expressing TECs [70]. We found that differentially open chromatin in WAT-like ThyAd II nuclei are

enriched in binding sites for Foxn1, suggesting that this specific population may emerge from

TECs. Other populations Foxn1-negative, EpCAM-negative stromal cells have been identified

with adipogenic potential [73]. Together with our findings of multiple distinct ThyAd populations,

these findings are most consistent with a complex etiology for ThyAds.

We used confocal imaging to identify UCP1+ cells within the thymic parenchyma. These

cells were sparse and well-spaced and mostly confined to cortical regions. These findings are

consistent with work from Langhi et al., who identified several lipid-laden, Plin1+ populations

including preadipocytes, brown adipocytes (UCP1+), macrophages (Iba1+), and pericytes (Ng2+)

within the thymic parenchyma, surrounding blood vessels, and the subcapsular zone [22].

Thymocyte maturation is dependent on cellular crosstalk within the thymic
microenvironment, including between thymic stromal cells and thymocytes. For example, TECs
and fibroblasts secrete factors (e.g., IL-7, SCF, DLL4) that drive thymocyte
proliferation/differentiation [74]. Reciprocally, thymocytes provide TEC differentiation signals (e.g.,
RANKL, CD40, LTβ) to maintain thymic architecture [1]. TEC-derived cells in the thymus are known
to play additional roles beyond antigen presentation [75]. More work is required to define ThyAd
functions in antigen presentation and other functions such as providing trophic or metabolic
support to thymocytes or TECs. Similarly, although ThyAds expand with age their role in thymic
involution remains incompletely understood. Injection of T cell progenitors from young mice into
aged thymi fails to rescue declining thymopoiesis. Conversely, transplantation of fetal thymic
lobes into 18-month-old RAG1$^{-/-}$ mice restores host thymocyte counts to that of 6-8 week-old mice
[76]. The fact that other strategies, such as injection of fetal TECs or ectopic expression of Foxn1
within adult TECs, only partially rescues aged thymi indicates that multiple attributes intrinsic to
aged thymi are responsible for loss of T cell output [77-79]. The possible contribution of one of more
ThyAd subsets to this process also awaits experimentation.
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Limitations of the study
Our findings identify heterogeneity in ThyAds and identify beige-like cells expressing UCP1 within
the thymic parenchyma. Although we confined the study to relatively young mice to reduce
accumulation of epicardial/perithymic fat which could confound the study, and although thymi
were extensively cleaned of fat outside the capsule before processing, it remains formally possible
that one or more of the ThyAd subclusters could reflect contamination from perithymic fat, which
is known to harbor beige-like cells. It is also possible that one or more subclusters could be
molecularly indistinguishable from perithymic fat. Although prior lineage tracing work pinpoints
TECs as a source for at least some ThyAds, and although our work is consistent with a TEC origin
for ThyAd II, this has not been formally demonstrated. Finally, the study is intended to provide the
first molecular ThyAd atlas, and as such contains no information of the functions for these cells in
T cell development or thymic involution.

METHOD DETAILS

Laboratory mice

All mice were C57BL/6J background (#000664, Jackson Laboratories, Bar Harbor, Maine, USA). Mice were housed on a 12h dark/light cycle in groups (maximum five mice per cage) with ad libitum access to water and standard chow diet. All procedures were performed in accordance with the University of Utah Institutional Animal Care and Use Committee (Protocol #00001553).

ThyAd isolation

Intact thymi were quickly removed and transferred to a petri dish on ice with ~300uL PBS to keep tissue moist. Thymic capsules were cleaned of directly attached perithymic fat and connective tissues, rinsed a final time with PBS, and transferred to a 15mL conical tube. Digestion Buffer (1mM CaCl2, 250mM sucrose, 1.5mM MgCl2, 10mM KCl, 15mM HEPES, 0.1% BSA) with DNase I (8 μg/mL, D513, Sigma Aldrich) and Collagenase II (2 mg/mL, C1764, Sigma Aldrich) in DMEM-F12 10% FBS was added to each sample and thymi were digested for approximately 10-15 minutes at 37°C, horizontally on a shaker set at 300 rpm. Once most of the thymic tissue was digested, an equal volume of FBS was added to each sample to quench the reaction, mixed by gentle pipetting. Samples were fractionated by an initial centrifugation at 300 $\times$ g at 4°C. The topmost white layer containing mature, floating adipocytes was transferred to a clean 15 mL tube (Figure 1). Then, 10 mL of Wash Buffer (DMEM-F12, 15mM HEPES, 10% FBS) were added to each sample and mixed by gentle inversion and/or trituration with a micropipette to prevent bursting of the adipocytes. Samples were left on ice for 10 min, followed by a second round of centrifugation at 150 $\times$ g at 4°C. The white floating layer was transferred to a 5 mL conical tube and washed with 4 mL Wash Buffer. Samples were left on ice for 10 min, and spun at 150 $\times$ g at 4°C. The floating fraction was collected and transferred to a clean 1.5 mL eppendorf tube. Without adding more media, samples were centrifuged at 150 x g at 4°C. Residual buffer was carefully removed from the bottom of the tube with a 5 mL syringe and 21-gage needle. The remaining white layer of packed adipocytes was transferred to a clean, prechilled 1.5 mL eppendorf tube for nuclei isolation. For the data shown in Figure 4, 6 male thymi were collected, combined, and processed similarly. Gonadal (inguinal) fat (gWAT) was prepared from the same mice in parallel as a quality control.

Nuclei and 10X library preparation

To isolate nuclei, samples were incubated with 100 μL 0.1x lysis buffer for 3-5 min on ice as

previously described (10X Genomics, Demonstrated Protocol CG000366 Rev D). After washing

and centrifugation following the outlined protocol, nuclei were resuspended in diluted 1x Nuclei

Buffer (10X Genomics, PN 2000207). The concentration of nuclei was determined by AO/PI using

a Luna-FL (Logos Biosystems, Inc., Gyeonggi-do, Korea). Approximately 5,000 nuclei were

immediately loaded onto a 10X Next GEM Chip J (10X Genomics, PN 1000230). Single-nuclei

libraries were prepared using Chromium Next GEM Single Cell Multiome Reagent Kit A reagents

(10X Genomics, PN 1000284) and assessed for quality using an Agilent D1000 ScreenTape.

Libraries were sequenced on an Illumina NovaSeq X instrument targeting 100 million paired end

reads (GEX) and 300 million paired end reads (ATAC) of 150 bp for each sample.

Data analysis

For female thymi, reads were aligned to the *mm10* reference genome (package 2020-A) to

generate feature-barcode matrices using cellranger (version 2.0.2). After quality control and

thresholding of cellranger output matrices, normalization and PCA of 3,610 high-quality single

nuclei was performed in Seurat (v5.1.0) [80]. Sample quality was assessed by joint RNAseq and

ATACseq quality control parameters as described in the Seurat WNN and Signac 10x multiomic

analysis vignettes [80,81]. Briefly, high-quality nuclei were defined by the number of ATAC transcripts

(nCount_ATAC >500 & <70,000), unique genes (nFeature_RNA >200 & <2,500), mitochondrial

mRNA content (mt.percent_RNA <20%), nuclesome signal (<2), and TSS enrichment (>1). 3,610

nuclei were recovered using this method. Utilizing the Seurat SCTransform pipeline, dimensional

reduction (PCA) was performed on the top 3,000 most variable genes. Equivalent normalization

of the ATACseq data was performed by latent semantic indexing (LSI). A 'weighted nearest

neighbor' (WNN) UMAP was generated using the FindMultiModalNeighbors function, taking both

RNAseq and ATACseq datasets into account for subsequent UMAP and cluster visualization.

Ptprc-enriched clusters were identified and excluded from downstream analyses while ThyAds

were identified as Ptprc[lo]. This operation yielded 429 remaining nuclei. Adipocytes were

reclustered using the SCTransform pipeline. Differential gene expression between the newly

defined clusters was determined by applying the FindAllMarkers or FindMarkers function, which

use a non-parametric Wilcoxon rank sum test with Bonferroni correction on all normalized

features. For applicable figures, levels of significance are denoted as *$p < 0.05$, **$p < 0.01$, ***$p <$

0.001, and ****$p < 0.0001$. For male thymi, 4,342 thymic and 4,968 gWAT nuclei were identified

in each sample, and following removal of Ptprc-expressing cells 1,521 filtered ThyAd nuclei and

3,806 filtered gWAT nuclei were present. Both datasets are hosted on the Gene Expression

Omnibus (GEO) server under accession ID GSE319467.

Motif, transcription factor, and GO analysis

Motif analysis was performed using chromVAR and additional packages as outlined in the Signac

motif analysis and Seurat WNN vignettes [81]. Clusters were compared against each other to

identify the topmost differentially accessible motifs (p.val <0.05). To identify transcription factors

(TFs) which may underlie ThyAd cluster transcriptional state, TFs with both high differential

expression and their corresponding accessible motifs were determined using Seurat's 'presto'

package, which uses a Wilcox rank sum test to calculate p-values for both datasets and returning

only TFs with p.val <0.01. GO analysis was performed on ThyAd I and ThyAd II cluster DEGs

with adjusted p.val <0.05 using the 'fgsea' R package for Biological Process and Hallmark gene

sets [82].

Immunofluorescence and confocal microscopy

6-month old mice were euthanized by isofluorane and perfused with PBS. Intact thymi and directly

attached connective tissue were carefully removed, washed in PBS, and postfixed for 30 min in

4% (w/v) paraformaldehyde (PFA). After 3x PBS washes for 20 min each, thymi were incubated

in 10% sucrose for 1 hr and then left in 20% sucrose overnight at 4°C. The following day, thymi

were incubated in a series of 30% sucrose for at least 2 hr, then incubated in 2:1 OCT

compound:20% sucrose for 1 hr. Tissue was embedded in 100% OCT over a dry ice and 2-

propanol slurry for sectioning. 10-20 μm cryosections were dried for 40-60 min at 37°C and

rehydrated in cold PBS. Tissue was rinsed 3x in PBST (0.1% Tween 20), and permeabilized in

PBST for 15 min. Detergent was removed by rinsing 3x in PBS, following which samples were

incubated in prewarmed 0.5-1X TrueBlack Lipofluscin Autofluorescence Quencher (Biotium,

Fremont, CA) for 2 min. Slides were blocked for 1 hr at RT in PBS containing 10% normal donkey

serum, 5% BSA, and 0.2% Triton-X, and incubated overnight in a primary antibody cocktail (10%

donkey normal serum, 5% BSA) containing rabbit anti-UCP1 or rabbit anti-PPARγ (Cell Signaling

Technologies, MA, USA) at 4°C. Sections were washed in PBS for 20 min thrice, followed by a 2

hr incubation with a secondary buffer cocktail at RT (1% BSA, 1:2000 Hoescht 33342, Thermo

Fischer Scientific H3570) with or without donkey anti-Alexa Fluor 647 nm (1:400, Invitrogen, La

Jolla, CA, USA). Slides were washed and mounted with Fluoromount-G (Thermo Fischer

Scientific 00-4958). If substantial TrueBlack was removed from slides after incubation with

blocking buffer, the post-staining treatment protocol was used per manufacturer's protocol.

Stained sections were imaged by resonance scanning confocal microscopy (A1R confocal system

and Eclipse Ti inverted microscope; Nikon, Melville, NY, USA) with a 20X objective and 3X or 8X

optical zoom (0.41μm/px).

AUTHOR CONTRIBUTIONS

N.J.S. and D.T. conceived the study. KEV helped with generation of the ThyAd isolation protocol. N.J.S. and A.F. performed experiments. N.J.S. analyzed the data and generated figures. All authors contributed to the writing of the manuscript.

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DECLARATION OF INTERESTS

The authors declare no competing interests.

FIGURE LEGENDS

Figure 1. Female ThyAds are heterogeneous, with one subclustered harboring transcriptional signatures of metabolically active beige fat.

(A) Experimental design for isolation and multiomic sequencing of murine ThyAds. Thymi were processed by mechanical disaggregation, digestion, centrifugation (isolation by buoyancy) and nuclei isolation prior to single-nucleus ATACseq + RNAseq multiomics.

(B) Example thymus prior to and after removal of perithymic fat. The septa and thymic lobes were kept intact such that the fatty tissue between the lobes is retained.

(C) UMAP projection and clustering of ThyAds by RNAseq, ATACseq, and Weighted Next Neighbor (WNN) analysis. ThyAds (n = 429, avg gene count 2,974) were reclustered after removal of Prprc-expressing nuclei. A residual Ptprc+ cluster was also present.

(D) Expression of most distinguishing ThyAd marker genes by cluster. A heatmap displaying the top 10 DEGs within each ThyAd subpopulation is shown.

Figure 2. ThyAd I and II display highly differential gene expression.

(A) Violin plots highlighting differential and shared expression of ThyAd I and II cluster-defining genes. Recolored UMAP denotes superclusters Ia/b and Ia/b/c are shown at right.

(B) GO Biological Process Analysis for ThyAd Is and II superclusters.

Figure 3. Differentially accessible chromatin and transcription factor motif enrichment in different ThyAd subpopulations.

(A) Single-nucleus ATAC-seq open chromatin genome tracks at the *Ppara*, *Cidea* and *Ucp1* loci are shown for each subpopulation.

(B) Motif analysis comparing combined ThyAd I and II subpopulations. The top 6 most enriched motifs are shown for each grouped population. Asterisks denote motifs unique to that population.

Figure 4. Male murine ThyAds are heterogenous and transcriptionally distinct from gWAT.

(A) Experimental design for isolation and multiomic sequencing of murine ThyAds.

(B) Single-nucleus RNA-seq UMAPs comparing ThyAds with gWAT isolated from 4-month-old male mice. Nuclei were labeled by tissue.

(C) Feature plots showing expression of selected marker genes *Ptprc, Pparg, Fabp4, Adipoq, Ppara*, and *Esrrg*.

(D) ThyAds were reclustered alone to distinguish 1a, Ib, IIa, IIb, and IIc populations. UMAP feature

plots are shown for *Ppara*, *Ghr*, *Ppargc1b*, *Pparg*, *Fabp4*, *Fgf14*, and *Esrrg*.

Figure 5. UCP1⁺ cells are detectable in the thymic cortical regions of 6-month-old female

mice.

(A) Top: 0.8 μm confocal Z-stack images of UCP1 immunofluorescence-stained cryosections of

a region of a 6-month-old female murine thymus where the cortex meets the capsule. Slides were

counterstained with Hoescht. Dense nuclear stain (blue) denotes the thymic parenchyma,

predominantly TECs and thymocytes. Intense UCP1 staining is present in perithymic fat attached

to the thymic capsule with a distinct expression pattern compared to scattered parenchymal

UCP1+ cells (highlighted with yellow arrows). At right is shown a higher magnification image of

the same slide. Bottom: an adjacent cryosection stained and imaged identically except lacking

the primary antibody.

(B) Similarly processed images of a different section from the same thymus.

SUPPLEMENTAL FIGURE LEGENDS

Supplemental Figure 1. Quality control for single-nucleus ATAC-seq plus RNA-seq

multiomics.

(A) example nuclei following isolation. Areas of heterochromatin are preserved.

(B) Thresholding and quality control parameters employed to eliminate low-quality nuclei. Left:

mitochondrial regression/normalization. Removed nuclei are shown in gray (top left). Right:

Density plot showing retained nuclei by TSS enrichment and total peak fragments. nCount_ATAC

quantiles are: 5% 6438.45; 10% 7834; 90% 29520.1. TSS. Enrichment quantiles are: 5% 5.47;

10% 5.8; 95% 8.96.

(C) WNN UMAP clustering of 3,610 nuclei isolated from the floating fraction of female 6-month

old thymic tissue. Clusters 3 and 10 are highlighted (red circles) and identified as Ptprc^{lo} and

Pparg⁺Plin1⁺. This subset was used for further downstream analysis.

(D) Selected marker genes used to identify immune populations and adipocytes are shown as

violin plots by cluster.

Supplemental Figure 2. Lipid-metabolism-related gene expression comparing whole

sample and ThyAds.

(A) Dot Plots of whole sample ThyAds showing expression of genes associated with lipid metabolism. Genes associated with lipogenesis (*Fasn*, *Acaca*, *Elovl6*, *Dgat1*, *Dgat2*, *Srebf1*, *Acly*, *Scd1*, *Scd1*) and lipolysis (*Lipe*, *Pnpla2*, *Mgll*, *Gk*, *Abhd5*) are shown.

(B) The same analysis was performed for subsetted Pparg+Fabp4+Plin1+ ThyAds and the residual Ptprc+ cluster.

Supplemental Figure 3. Expression of selected markers by ThyAds and top DEGs by cluster.

(A) Heatmap displaying the top 10 DEGs for cluster including the Ptprc+ nuclei.

(B) WNN UMAP projections of genes encoding selected adipokines (*Adipoq, Retn, Lep, Cfd*) and beige/brown adipocyte marker genes (*Cidea, Prdm16, Ucp1, Esrrg, Ppargc1a, Ppargc1b*). *Plin1, Fasn, Ebf2, Zfp423, Col15a1, Aldh1a1, Prr16* and *Rems3* are also shown.

Supplemental Figure 4. Gene expression and open chromatin states of potential ThyAd transcription regulators.

(A) Feature plots of WNN UMAPS showing expression and chromatin accessibility for additional genes. *Ebf2*, *Esrrg*, *Plagl1*, and *Foxn1* are shown. Gene expression plots for *Foxn1* could not be generated because Foxn1 was not expressed in any nucleus. The WNN plot from Figure 1C is recapitulated at right for comparison.

(B) Single-nucleus ATAC-seq open chromatin genome tracks at the *Foxn1* locus is shown for each subpopulation.

Supplemental Figure 5. Gene expression differences associated with ThyAd and gWAT tissue from 4-month-old male mice.

(A) Heatmap displaying the top 10 DEGs within each ThyAd and gWAT subpopulation is shown.

(B) Similar to Figure 4C except additional genes are shown: *Ebf2, Cidea*, *Prdm16*, *Ghr*, *Ebf1*, and *Aifm2*.

Supplemental Figure 6. PPARγ-positive cells identified within the thymus.

IF image of a 16 μm cryosection of a thymus from a 6-month-old female mouse. Samples was stained with BODIPY (488 nm), rabbit anti-PPARγ (647 nm) and Hoescht (405 nm).

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Figure 1

Figure 2

A

ThyAd I-enriched: Ebf2, Prdm16, Ppara, Esrrg, Ppargc1b, Cidea

ThyAd II-enriched: Col15a1, Retn, Tenm4, Igf1, Pbx1, Prr16

Legend:
- Ptprc+
- ThyAd IIa
- ThyAd IIb
- ThyAd IIc
- ThyAd Ia
- ThyAd Ib

B

ThyAd I GO-Biological Process	NES	pval
Apoptotic mitochondrial changes	2.87	5.5E-04
Regulation of membrane potential	2.69	5.7E-04
Mitochondrial organization	2.39	7.8E-04
Regulation of anatomical structure morphogenesis	2.37	6.4E-04
Positive regulation of cold induced thermogenesis	2.30	4.9E-03
Sensory organ development	2.28	4.7E-03
Defense response to other organism	2.26	3.2E-03
Learning	2.26	9.5E-03
Regulation of lipid metabolic process	2.15	5.8E-03
Electron transport chain	2.12	9.6E-03
Regulation of cell projection organization	2.08	4.6E-03
ThyAd I GO-Hallmark	**NES**	**pval**
Estrogen response early	2.40	5.6E-03
Adipogenesis	2.24	4.3E-03

ThyAd II GO-Biological Process	NES	pval
Cell adhesion	2.68	1.9E-05
Extrinsic apoptotic signaling pathway	2.63	1.5E-03
Regulation of endothelial cell migration	2.61	5.0E-04
Negative regulation of developmental process	2.45	3.1E-04
Response to inorganic substance	2.30	2.2E-03
ATP synthesis coupled electron transport	2.30	5.4E-03
Regulation of locomotion	2.27	5.1E-04
Positive regulation of cellular catabolic process	2.16	9.9E-03
Regulation of cell population proliferation	2.02	3.4E-03
ThyAd II GO-Hallmark	**NES**	**pval**
Bile acid metabolism	2.26	6.6E-03
Epithelial mesenchymal transition	2.25	7.2E-03

Figure 4