Validation of tissue-specific RNAi systems in *C. elegans* reveals a converging role

for polyubiquitin UBQ-1/UBC in vitellogenin metabolism and lifespan

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ABSTRACT

Numerous studies in *C. elegans* have taken advantage of gene silencing RNAi libraries

and tissue-specific RNAi systems to temporally and spatially understand gene function.

Tissue-specific RNAi strains were created via tissue-specific functional expression of a

key gene in the RNAi system in a presumably RNAi insensitive correspondingly-mutated

background. Here, we tested the level of RNAi insensitivity across different commonly

used RNAi-defective mutants (*rde-1* and *sid*-1) using lifespan analyses. Remarkably,

while we found similarly important lifespan shortening in wild-type animals by silencing

the polyubiquitin gene *ubq-1* (*UBC*) at both 20°C and 25°C, we found wide and

temperature-sensitive variations in RNAi sensitivity across different *rde-1* and *sid-1*

strains from substantial sensitivity to complete insensitivity. This riveting finding warrants

a re-evaluation of the tissue-specific interpretations in numerous tissue-specific RNAi

studies in *C. elegans*. Using validated tissue-specific RNAi systems, we determined that

proteasomal burden largely differs between the germline and the soma. Notably,

gonadally-accumulating vitellogenin proteins substantially contributed to the total

polyubiquitinated proteins observed during aging. Interestingly, we found that UBQ-1 was

essential to maintain the transcription of highly expressed genes, including vitellogenins,

supporting a broad and key role for polyubiquitin beyond proteostasis. Altogether, we

authenticated commonly used tissue-specific RNAi systems and uncovered a new

approach to improve RNAi insensitivity in RNAi-defective strains. With validated tissue-

specific RNAi strains, we spatially analyzed proteasomal function and age-related

polyubiquitinated protein accumulation, and revealed a converging regulatory link

between UBQ-1, vitellogenin metabolism and lifespan in *C. elegans*.

INTRODUCTION

The advent of mRNA silencing with interfering RNA (RNAi) from bacterially-expressed

double-stranded RNA empowered researchers to investigate specific and temporal

control of gene expression in *C. elegans*, opening the door to studies of gene function

across life stages [1]. This innovation also avoided ambiguous interpretations of adult-

specific gene function when corresponding mutants have developmental issues.

Genome-wide RNAi libraries from the Ahringer [2] and Vidal [3] laboratories were

instrumental in providing broad and complementary coverage for gene silencing.

Unbiased genome-wide RNAi screen, such as the ones performed to discover lifespan-

modulating genes [4, 5], delivered an incredible wealth of information about genetic

determinants of longevity and aging [6, 7].

Broad interest in understanding tissue-specific gene function in *C. elegans* eventually led

to the development of strains that enable gene silencing in only one tissue. These strains

were constructed in RNAi-defective mutants whereas functional reconstitution of the

defective gene under a tissue-specific promoter would restore RNAi sensitivity in a tissue-

specific manner. Three essential considerations needed to be met to allow tissue-specific

RNAi strains to provide valid and rigorous interpretations of tissue-specific gene function.

First, the RNAi-defective mutants needed to be entirely insensitive to RNAi as any

remaining sensitivity will mislead interpretation. Mutations of the *rde-1* gene coding for a

key protein in the RNA-induced silencing complex (RISC) complex [8] or mutations of the

sid-1 gene coding for the dsRNA channel necessary for dsRNA import into tissues [9]

were generally selected to construct tissue-specific strains. Second, the tissue-specific

promoter used to drive the expression of the functional gene had to be exclusively

restricted to the tissue of interest [10]. Third, the 3'UTR regions in the expression plasmid

needed to be compatible with the targeted tissue for reconstitution. This could be typically

addressed by matching the promoter with the corresponding 3'UTR [11]. Ideally, such

reconstitution would have restricted gene silencing in only a specific tissue and provided

a tool to analyze tissue-specific gene function.

Clear warning signs emerged over the past decade about the rigor and reproducibility of

tissue-specific RNAi strains developed in *C. elegans*, including not only the use of *rde-1*

and *sid-1* mutant strains [12, 13] but also the use of mutants of the RNA-dependent

polymerase *rrf-1* for germline-specific RNAi [14]. Regrettably, tissue-specific RNAi

systems were initially designed on the unsubstantiated assumptions that RNAi-

defectiveness equals completely insensitivity to RNAi and that certain promoters can

drive the expression of function genes (such as RDE-1 or SID-1) in just one specific tissue

[15]. Astonishingly, despite being used in hundreds of publications, systematic

demonstration of the validity of different tissue-specific RNAi strains has been lacking.

One area of research where identifying the function of genes in a tissue-specific manner

would meaningfully advance our understanding is the field of proteostasis and aging. For

instance, complementary strategies (including tissue-specific reconstitutions and auxin-

degradation systems) have identified tissue-specific roles for the proteostasis-related

transcription factor DAF-16/FOXO in the longevity mechanism of long-lived animals such

as the Insulin-IGF-1 receptor *daf-2* mutants [16-18]. However, the tissue-specific role of

key mechanisms in the proteostasis network, such as the 26S proteasome, remain

incompletely understood. The 26S proteasome is a major degradation machinery of

polyubiquitinated proteins [19], and aging *C. elegans* progressively accumulate

proteasomal subunits, perhaps in a futile attempt to prevent further protein aggregation

[20] that ultimately characterizes the age-related proteostatic collapse [21, 22]. Subunits

in the 26S proteasome have been linked to lifespan determination [23, 24], but the tissue-

specific contributions of proteasomal degradation in longevity are unclear and the tissue-

specific dynamics of polyubiquitinated proteins is unknown.

Here, we systematically validated commonly used tissue-specific RNAi systems in *C.*

elegans and found that the level of RNAi insensitivity of RNAi-defective strains and the

level of specificity of tissue-specific RNAi strains unexpectedly vary widely. We uncovered

that increasing temperature could improve RNAi insensitivity in some RNAi-defective

mutants, potentially via further structural destabilization from point mutations. Leveraging

validated tissue-specific RNAi strains, we identified the germline as a key tissue for

proteasomal degradation, markedly overshadowing somatic tissues in proteasomal

polyubiquitinated protein burden. We found that such burden is due in part by germline-

acquired vitellogenins that are actively degraded during embryogenesis. We demonstrate

the requirement for rigorous protein extraction protocols in the study of polyubiquitinated

proteins during aging in *C. elegans* [25], including the use of aggregate-solubilizing

buffers, and we highlight the need to study somatic and germline proteostasis separately

in *C. elegans*. Finally, we uncover a novel role for the polyubiquitin gene *ubq-1* in the

regulation of highly expressed genes including vitellogenins, suggesting a converging

regulatory role for polyubiquitin in vitellogenin metabolism and lifespan.

RESULTS

RNAi-defectiveness of *rde-1* and *sid-1* mutants varies greatly and is modulated by

temperature.

Many RNAi-defective mutants (including *rde-3, rde-4, rde-10* and *rde-11*) retain RNAi

sensitivity during short-term silencing, preventing their use to develop tissue-specific

RNAi systems [12]. To unambiguously determine RNAi insensitivity, we tested the effect

of whole-adulthood RNAi treatments in commonly used RNAi-defective mutants,

including two *rde-1 (ne300* and *ne219)* [8] and two *sid-1 (qt9* and *pk3321)* mutants that

have established transgenic tissue-specific RNAi reconstitutions (**Supplementary Table**

S1). To ensure that gene silencing provokes a remarkable effect on lifespan, we opted to

silence *ubq-1,* a well-conserved gene (UBC in humans) encoding polyubiquitin [26].

Silencing *ubq-1* in wild-type N2 animals led to a marked mean lifespan decrease of about

50-60% at 20°C (**Figure 1A, Supplementary Table S2**). In different commonly used

RNAi-defective mutants, silencing *ubq-1* at 20°C had surprisingly variable effects.

Interestingly, the lifespan of *rde-1(ne300)* was not affected by whole adulthood *ubq-1*

silencing highlighting that they are indeed RNAi-insensitive (**Figure 1B**). Indeed, levels of

ubq-1 mRNA are not decreased in *rde-1(ne300)* subjected to *ubq-1* RNAi

(**Supplementary Figure S1A).** This is in line with previous observations of the lack of

short-term RNAi effects when silencing fatty acid desaturases in *rde-1(ne300)* mutants

[12], and confirms the functional abrogation of RDE-1 from this premature stop codon

mutation. However, in *rde-1(ne219), sid-1(qt9)* and *sid-1(pk3321)* mutants (all point

mutations), *ubq-1* silencing resulted in significant deleterious effects on lifespan,

indicating functionally hypomorphic variants that are not insensitive to RNAi at 20°C

(**Figure 1C-E, Supplementary Table S2**). Since most studies in *C. elegans* are generally

performed at 20°C, our data demonstrates that using RNAi-defective, but not fully RNAi-

insensitive strains to study tissue-specific effects prevents appropriate interpretations.

Since increasing temperature can affect the extent of the loss of function in mutants [27],

we performed comparative lifespan analyses at 25°C in RNAi-defective mutants. Akin to

20°C, *ubq-1* silencing at 25°C resulted in a mean lifespan decrease of approximately 50%

(**Figure 1F, Supplementary Tables S3**). This demonstrates that the capacity of the RNAi

machinery to perform gene silencing was not affected by temperature, and the impact of

silencing *ubq-1* on lifespan was correspondingly scaled between 20°C and 25°C [28, 29].

Expectedly, the *rde-1(ne300)* mutants remained insensitive to RNAi at 25°C (**Figure 1G,**

Supplementary Table S2). Interestingly, silencing *ubq-1* in *rde-1(ne219)* mutants at 25°C

did not affect their lifespan, indicating that the *rde-1(ne219)* point mutation becomes null

at that temperature (**Figure 1H, Supplementary Table S2**). Since the hypomorphic loss

of function at 20°C becomes null at 25°C in the *rde-1(ne219)* background, this strain could

technically be used at 25°C for testing tissue-specific RNAi, resolving previous concerns

for this strain in tissue-specific RNAi reconstitutions [12]. Increasing temperature to 25°C

reduces the impact of *ubq-1* silencing on the lifespan of *sid-1(qt9)* and *sid-1(pk3321)*,

suggesting that RNAi-sensitivity in these two mutants is also temperature-sensitive

(**Figure 1I-J, Supplementary Table S2**). At both 20°C and at 25°C, *sid-1(qt9)* as well as

in germline-less *sid-1(qt9);glp-1(e2144)* mutants remained sensitive to RNAi

(**Supplementary Tables S2 and S3**). Moreover, *sid-1(pk3321)* mutants still retained

significant RNAi sensitivity at 25°C (**Figure 1J**), corroborating a recent report highlighting

this commonly used strain as incompatible for testing tissue-specific role of genes with

RNAi [13]. Overall, our data indicates that only *rde-1(ne300)* is a suitable background at

both 20°C and 25°C for interpreting tissue-specific RNAi strains, and we recommend

experimenting at 25°C when using tissue-specific strains constructed from *rde-1(ne219)*

mutants.

To investigate the structural impact of the *rde-1* and *sid-1* variants studied, we performed

an *in silico* comparative analysis of the *rde-1* and *sid-1* proteins using UCSF ChimeraX

[30]. Wild-type reference structures, obtained from the AlphaFold Database and the PDB

(ID: 8XC1), were superimposed with mutant models generated via the AlphaFold server.

The superposition analysis demonstrated that the global architecture of the proteins

remains highly conserved across all variants, with minimal deviations in the polypeptide

backbone (**Figure 2A-C**). The RMSD value obtained for the pruned atom pairs in *rde-1*

was 0.845 Å, while the values for *sid-1* (*qt9*) and *sid-1* (*pk3321*) relative to the wild-type

protein were 1.006 Å and 0.978 Å, respectively. However, detailed examination of the

substitutions revealed significant local changes at the mutation sites: the E414K

substitution in *rde-1(ne219)* resulted in the replacement of an acidic residue with a basic

one (**Figure 2A**). In *sid-1(qt9) and sid-1(pk3321)*, the S536I and D130N mutations

promoted, respectively, the introduction of a hydrophobic residue into a polar region and

a charge alteration in the extracellular domain (**Figure 2B-C**). These structural predictions

suggest that the observed phenotypic dysfunctions arise from local electrostatic or

hydrophobicity changes rather than a collapse of the primary protein folding. Increased

temperature likely further destabilizes those key functional regions, ultimately reducing

RNAi sensitivity. Taken together, our lifespan analyses clearly demonstrate that proper

validation of RNAi-defective strains in the development of tissue-specific RNAi systems

is essential. By increasing temperature to 25°C, we also uncovered that RNAi insensitivity

can be fully attained in *rde-1(ne219)* mutants and can be partially improved in *sid-1(qt9)*

and *sid-1(pk3321)* mutants, likely via functionally relevant local structural destabilization.

Tissue-specific RNAi strains are not always specific to their corresponding tissue

Despite numerous publications, authentic specificity of commonly used tissue-specific

RNAi strains has never been fully characterized. Thus, we tested the specificity of

previously engineered tissue-specific RNAi strains in both *rde-1* and *sid-1* background

[31-38] (**Supplementary Table S1**). To test the level of tissue-specificity, we leveraged

important tissue-specific genes that create unequivocal morphological or behavioral

changes in 100% of wild-type animals when silenced during development. For the

intestine, we silenced *elt-2*, a transcription factor involved intestinal development and

differentiation [39]. Loss of *elt-2* leads to underdeveloped and clear larvae. For the

hypodermis, we silenced *bli-3*, an NADPH oxidase essential for molting, whereas its loss

leads to a short animal with blisters [40]. For the muscle, we silenced *unc-54*, a myosin

gene necessary for muscle function and mobility [41]. For the germline, we silenced *xpo-*

1, a nuclear exportin important in germline development and lifespan [42, 43]. Low *xpo-1*

during development affects the reproductive system and leads to curled adult animals

and vulvar protrusion [42]. We silenced these genes in commonly used tissue-specific

RNAi systems generally available at the Caenorhabditis Genetics Center (CGC)

(**Supplementary Table S1**). Importantly, since the silencing was done on a short period

of time (i.e. eggs to day 1 of adulthood), unlike our adult-only silencing lifespan analyses

(**Figure 1A-J**), we did not observe any deleterious effect of tissue-specific RNAis in RNAi-

defective strains, indicating that short periods of silencing may not suffice to

phenotypically observe RNAi sensitivity in those strains (**Figure 3A-D**). We found that in

rde-1(ne300) background [12], every tissue-specific RNAi strain behaved as advertised

(**Figure 3A-D**). Notably, silencing *elt-2* in strains with intestinal RNAi sensitivity

reproducibly generally resulted in 100% of animals displaying clear developmental

deficits. In the *rde-1(ne219)* background, the annotated intestine-specific RNAi strain was

also sensitive, albeit partially, to hypodermal gene silencing (**Figure 3A-D**). Although

unclear, different extents of phenotypic representation could be due to varying levels of

exposure of bacteria expressing dsRNA on agar plates. The annotated hypodermal-

specific RNAi strain was also sensitive to intestinal and germline-related gene silencing

(**Figure 3A-D**). The muscle-specific RNAi strain had RNAi sensitivity in muscle, but with

relatively low silencing capacity (**Figure 3A-D**). The germline-intestine-specific and the

germline-specific strains were limited to their annotated tissues (**Figure 3A-D**).

In the *sid-1(qt9)* background, some tissue-specific reconstitutions also include a co-

expressed fluorescent marker driven by the corresponding promoter to help visualize

tissue-specificity (**Supplementary Table S1**). However, as observed with the *mtl-2*

promoter in the *rde-1(ne219)* background, the intestine-specific RNAi strain designed with

the *gly-19* promoter displayed partial RNAi sensitivity to *bli-3* silencing (**Figure 3A-D**). On

the other hand, the muscle-specific strain was only sensitive in the muscle (**Figure 3A-**

D). Neuronal-specific strains were not RNAi sensitive in peripheral tissues (**Figure 3A-**

D), which differs from the strains originally built from *sid-1(pk3321)* [13]. Taken together,

our analysis of tissue-specificity clearly lays out the limitations associated with

reconstituting gene function under a particular promoter and highlights the importance of

proper validation of commonly-used tissue-specific RNAi-sensitivity reconstitutions prior

to experimentation.

Proteasomal degradation is most active in the germline

One of the leading questions in *C. elegans* aging studies is: how does the proteostasis

network changes during aging? Longitudinal proteomic analyses in different nematodes

have suggested that subunits of the 26S proteasome accumulate during aging [20], but

their impact on overall polyubiquitinated protein metabolism is unclear. The 26S

proteasome, which consists of a 19S cap and 20S proteolytic core, carries out the

degradation of most polyubiquitinated proteins. Unexpectedly, in short-lived

proteostatically-deficient *C.* elegans, including *hlh-30(tm1978)* [44], *hsf-1(sy441)* [45] and

daf-16(mu86) [46], total levels of polyubiquitinated proteins did not significantly change at

day 1 of adulthood (**Supplementary Figure S1B**). In wild-type *C. elegans*, we observed

that the levels of polyubiquitinated proteins remains elevated during aging, using a

complete solubilization protocol to avoid missing age-related protein aggregates

(**Supplementary Figure S1C-F**). Thus, age-related accumulation of 26S proteasomes

[20] does not seem to markedly affect overall levels of polyubiquitinated proteins.

Seemingly, the steady-state total polyubiquitinated protein levels may not be a correlate

of the overall status of the proteostasis network in different nematodes.

While many proteins are polyubiquitinated in *C. elegans*, the tissue-specific contribution

of the total polyubiquitinated protein pool remains unknown. Using the established and

broad tissue-specific RNAi system in the *rde-1(ne219)* background (**Supplementary**

Table S1), we tested the role of the proteasome on polyubiquitinated protein

accumulation by silencing 19S-related gene *rpn-6* and 20S-related gene *pas-7* [47] in

tissue-specific strains validated in **Figure 2**. We also silenced *ubq-1* to better understand

the role of polyubiquitin in different tissues. In wild-type animals, loss of proteasome led

to a marked increase in total polyubiquitinated proteins, particularly in the higher

molecular weight range, which was accompanied by increases in vitellogenin protein

levels (**Figure 4A**, vitellogenins * and **) as observed by ponceau staining (antibodies for

vitellogenins are unavailable). Six forms of vitellogenins exist, *vit-1* to *vit-6*, and they are

the most abundant family of proteins in *C. elegans*, accounting for almost 20% of the total

proteome [43]. While *vit-1* to *vit-5* are similar and overlap at 170kDa (*), *vit-6* is processed

in two polypeptides of 115 and 88 kDa (**). Loss of *ubq-1* abolishes the presence of

polyubiquitinated proteins, and surprisingly, led to a complete loss of vitellogenin proteins

(**Figure 4A**). Conversely, RNAi-defective *rde-1(ne219)* mutants did not respond to any

RNAi treatment. In tissue-specific RNAi-sensitive reconstitution in the intestine and

germline, we surprisingly saw limited increases in polyubiquitinated protein, suggesting a

relatively limited role for the 26S proteasome in these tissues in the turnover of

polyubiquitinated proteins. In tissue-specific RNAi reconstitution in intestine, hypodermis

and germline or intestine and germline, we observed similar vitellogenin and

polyubiquitinated protein accumulation found in wild-type animals (**Figure 4D-E**),

suggesting that the germline may be an important proteasomal degradation site. To

directly confirm this, we silenced proteasome-related genes in a germline-specific RNAi

reconstitution and found that limiting silencing to the germline is sufficient to accumulate

polyubiquitinated proteins to a similar level than wild-type animals (**Figure 4F**). This

demonstrates the unique and important role of proteasomal function in the germline and

puts into context previous use of total polyubiquitinated protein levels as a proxy for

organismal proteostasis. Here, we find that the extent of germline-specific and somatic

proteasomal function markedly differs, a previously unrecognized difference that reveals

important limitations in globally and indiscriminately studying polyubiquitinated protein

metabolism and dynamics while inhibiting the proteasome systematically.

Vitellogenin proteins in the germline are important contributors of total polyubiquitinated proteins

The inhibition of proteasomal function in the germline increased the levels of polyubiquitinated proteins and vitellogenins, and inhibition in the intestine and hypodermis had minimal impact on polyubiquitinated protein accumulation (**Figure 4D-F**). Thus, we reasoned that vitellogenin proteins, synthesized in the intestine and secreted thereafter, may be readily subjected to polyubiquitination only after entering the gonad, ultimately providing amino acids and lipids to oocytes via delipidation and proteasomal degradation. Here, we assessed the levels of total polyubiquitinated proteins at day 1 of adulthood in wild-type animals, *fer-15(b26);fem-1(hc17)* mutants that are sterile at 25°C and *glp-1(e2144)* mutants that are devoid of a germline at 25°C. Compared to wild-type animals, *fer-15;fem-1*mutants accumulated more polyubiquitinated proteins, which may suggest a tendency for these sterile animals to trap larger amounts of vitellogenin proteins in the unfertilized oocytes (**Figure 5A**). Conversely, since they lack a germline, *glp-1* mutants do not accumulate vitellogenin in the reproductive tissue due to its absence and of low expression of the vitellogenin endocytosis receptor *rme-2* [48, 49]. Germline-less animals carry significantly less polyubiquitinated proteins, despite having elevated vitellogenin accumulation, which is largely pseudocoelemic [49, 50] (**Figure 5A**). Since both sterile *fer-1;fem-15* and germline-less *glp-1* animals have dysfunctional reproductive systems, the levels of polyubiquitinated proteins remain largely the same later in adulthood (**Figure 5B**). Unexpectedly, silencing proteasomal subunits in *glp-1* animals did not result in overly large accumulation of polyubiquitinated proteins (**Figure 5C**), as seen in wild-type animals (**Figure 4A**). This observation combined with our data in intestine-hypodermis

RNAi sensitive strain (**Figure 4C**) is rather perplexing considering the previously

highlighted role for proteasomal function in the intestine of long-lived *glp-1* animals [23],

and suggest relatively limited burden of the 26S proteasome in the soma compared to the

germline. Using animals expressing VIT-2::GFP [48], we found that silencing *rpn-6* led to

marked accumulation in the reproductive system while silencing *ubq-1* abrogated VIT-

2::GFP levels (**Figure 5D**), corroborating our observations by ponceau (**Figure 4A**).

To directly determine the role of germline-located vitellogenins in the total

polyubiquitinated pool, we silenced the vitellogenin endocytosis receptor *rme-2* [48] as

well as vitellogenins using *vit-1* RNAi as it efficiently silences all vitellogenins [49]. Lower

total polyubiquitinated proteins were observed when transport of vitellogenins to the

gonad is abrogated or when vitellogenins are silenced (**Figure 5E**). This is in line with

previous proteomic analyses demonstrating the presence and accumulation of

ubiquitinated vitellogenins in *C. elegans* [51]. Finally, in extracted gonadal tissue from

wild-type animals, we observed ubiquitin-rich cytoplasmic clusters in developing oocytes,

suggesting that the germline contains ample cargos, including vitellogenins, for

proteasomal degradation (**Figure 5F**). This is supported by the presence of noticeably

bright eggs layed by VIT-2::GFP expressing animals when proteasomal subunit *rpn-6* is

inhibited (**Figure 5D,** arrow). Taken together, our data support a key role for the

proteasome in vitellogenin metabolism in the germline, and an important contribution for

gonadally-located vitellogenins in overall polyubiquitinated protein levels in *C. elegans*.

UBQ-1 is essential for the transcription of highly-expressed genes

Our tissue-specific strain analysis of proteasome function inadvertently revealed a role

for UBQ-1 in vitellogenin production (**Figure 4A-F**). Indeed, *ubq-1* silencing led to an

almost complete abrogation of vitellogenin in animals sensitive for RNAi in the intestine

(**Figure 4A,C-E**) while having no effect in the germline-specific RNAi strain (**Figure 4F**).

Vitellogenins are the most abundant proteins and among the most expressed genes in *C.*

elegans [43] and since they generally are secreted after being synthesized in the

intestine, we reasoned that the significant reduction in vitellogenins may be due to a

marked decrease in synthesis accompanied by secretion of existing vitellogenins and

subsequent loss when eggs were laid. In addition to ponceau (**Figure 6A**), we observed

the loss of vitellogenin with a VIT-2::GFP reporter when *ubq-1* was silenced (**Figure 5D**).

To systematically understand the role of UBQ-1 in transcription, we silenced *ubq-1* during

early adulthood and identified the global transcriptomic changes by RNA sequencing

(**Supplementary Figure S2A-B, Supplementary Data S1**). Loss of *ubq-1* led to a drastic

transcriptional rearrangement and pathway enrichment analysis suggested major

downregulation of metabolic and stress response genes (**Figure 6B-C**). Interestingly, we

found a massive reduction of many of the highest transcribed genes, with the largest

downregulations featuring vitellogenin genes (**Figure 6D**). This indicated a key role for

UBQ-1, not only in lifespan, but also in the active transcription of highly expressed genes.

Taken together, our study demonstrates roles for the polyubiquitin gene UBQ-1 that

extends beyond proteostasis to transcriptional specification and converges to modulate

vitellogenin metabolism and lifespan.

Discussion

Significant advances have been made over the last decade to develop tools for spatial

and tissue-specific study of the role of genes in *C. elegans* biology. Unfortunately, a

complete validation of available tissue-specific RNAi systems over the lifespan of *C.*

elegans had yet to be performed. Even after several years and hundreds of publications,

proper demonstration of RNAi insensitivity in RNAi-defective mutants remained an

important validation of tissue-specific RNAi systems allowing proper studies of tissue-

specific function of genes in *C. elegans*. Here, we thoroughly determined the validity of

different RNAi-defective strains for the development and use of tissue-specific RNAi

strains.

Leveraging the efficient lifespan-shortening effects of silencing polyubiquitin gene *ubq-1,*

*w*e found that *rde-1(ne300)* is a robust strain beyond short-term silencing [12] and across

the whole lifespan of *C. elegans*. Corresponding tissue-specific strains were also

restricted for RNAi sensitivity to their specific tissue. We uncovered that the *rde-1(ne219)*

are only fully insensitive to RNAi at 25°C, supporting a temperature-sensitive null mutation

via local structural destabilization at the point mutation. Our whole adulthood silencing

approach strengthen our understanding of RNAi-defective strains from short-term RNAi

studies [31, 52] and provide unequivocal answers on the RNAi insensitivity necessary for

the construction of tissue-specific RNAi system. Notably, tissue-specific RNAi strains in

the *rde-1(ne219)* and *sid-1(qt9)* originally identified for the intestine or the hypodermis,

but sensitive in either tissue or more, will need to be re-annotated accordingly. Finally, we

conclude that the *sid-1(qt9)* and *sid-1(pk3321)* mutants are ill-suited for the development

of tissue-specific RNAi strains, because they retain substantial long-term RNAi capacity

at both 20°C and 25°C. While our tissue-specific validation of RNAi systems using short-

term silencing suggest that tissue reconstitutions in *sid-1(qt9)* mutants are generally

robust, studies using long-term silencing are not advisable in that background.

Additionally, tissue-specific reconstitution of SID components was recently shown to

negatively affect lifespan [53]. Therefore, the numerous studies using *sid-1(qt9)* and *sid-*

1(pk3321) and the corresponding tissue-specific reconstitutions should be re-evaluated

with our observations in mind. Altogether, our study systematically clarified the issues

related to the development and use of tissue-specific strains in *C. elegans* and uncovered

a solution (i.e. experiments carried out at 25°C) to address incomplete RNAi insensitivity

in *rde-1(ne219)* mutants at 20°C.

The role of the 26S proteasome in the lifespan of *C. elegans* and the dynamics of

polyubiquitinated proteins have been previously highlighted [23, 24, 51], but tissue-

specific contributions were unclear and proper polyubiquitinated protein analyses that

included aggregated proteins were lacking. Here, we uncovered an important role for the

26S proteasome in the germline, especially in the metabolism of polyubiquitinated

vitellogenin proteins. Germline-specific silencing of 26S proteasome subunits led to

similar accumulation of polyubiquitinated proteins to whole-organism silencing,

demonstrating that whole-organism analyses of polyubiquitinated proteins is relatively

misleading, especially when trying to study somatic maintenance and longevity. This is

particularly evident when levels of polyubiquitinated proteins are analysed longitudinally

(**Supplementary Figure S1C-F**) and comparatively in different short-lived, sterile and

germline-less animals (**Figures 5A and Supplementary S1B**). Indeed, total levels of

polyubiquitinated proteins in *C. elegans* are an incomplete proxy for the organismal-wide

status of the proteostasis network.

In our study, we find that the key converging feature for polyubiquitinated protein

accumulation in *C. elegans* is vitellogenin metabolism in the germline. As observed in

germline-less animals that accumulate vitellogenin proteins in the pseudocoelom [49, 50],

intestinally synthesized vitellogenins are likely only ubiquitinated when it reaches the

gonads. Vitellogenin structure, homologous to the N-terminus of human apolipoprotein B

(apoB), is a large lipid transfer protein with amphipathic beta-sheets that accommodate

lipids to a high-density lipoprotein level [54]. The relatively compact structure of

vitellogenins accompanied by co-translational lipidation in the endoplasmic reticulum

generally protects nascent lipoproteins from co-translational ubiquitination observed with

the significantly larger and more hydrophobic apoB protein [55]. However, endocytosis in

the germline and transport to developing embryos likely destabilizes vitellogenins,

fostering their ubiquitination [51] and consequent proteasomal degradation. In *Caurosius*

morosus (stick insect) vitellin, a processed formed of vitellogenin, is ubiquitinated and

degraded in the developing embryos [56]. We previously found that lipid-droplet enriched

fraction contains high levels of polyubiquitinated proteins when *rpn-6* is silenced, and a

portion of that accumulation may be related to germline-associated vitellogenins [57].

Thus, we conclude that vitellogenins are ubiquitinated in the germline, potentiated by

destabilization as it enters the germline and as its lipids gets progressively mobilized by

the developing embryos. The appearance of undegraded vitellogenin proteins in laid eggs

when proteasomal function is inhibited supports this mechanism (**Figure 5D**).

Vitellogenin protein degradation dynamics in the germline could therefore largely account for variations in total polyubiquitinated protein levels in different *C. elegans* strains. In wild-type animals (and in short-lived animals), brood size is similar and brood production ends within the first 5 days of adulthood. In *fer-15;fem-1* sterile animals, the inability to generate viable progeny leads to increased accumulation of polyubiquitinated proteins in the germline. Proteostasis challenges associated with sterility have been previously reported [58]. The role of the 26S proteasome in the germline was also recently highlighted in the context of sex determination and transgenerational information transfer [59]. The rate of progeny production likely also plays a role in determining steady-state total polyubiquitinated protein levels. Reported vulvar venting of vitellogenins from adults to progenies could conceivably contribute to fluctuations in total polyubiquitinated proteins [60]. Overall, our data points to important tissue-specific variations in proteasomal burden, especially between the germline and the soma, and centers vitellogenins as important contributors to total observed polyubiquitinated proteins in *C. elegans*.

The polyubiquitin gene UBQ-1/UBC is important for normal lifespan in *C. elegans* [61], and its role in proteostasis is well established [62]. When expressed, this polyubiquitin protein gets cleaved by UBC hydrolases to form ubiquitin available for the ubiquitin-proteasome system [63]. Ubiquitin can also serve as a transcriptional activator or repressor when conjugated with histones, affecting chromatin compaction and promoter accessibility [64, 65]. Here, we found that loss of *ubq-1* generates important and broad transcriptional changes that likely contribute to the accelerated aging observed.

Interestingly, despite being highly expressed throughout adulthood, vitellogenins are

among the most downregulated genes from the loss of *ubq-1*, highlighting the major role

of ubiquitin on highly active transcription. Because of the massive downregulation of those

genes, ubiquitin may be essential for the transcriptional machinery to access those

corresponding. Alternatively, ubiquitin-dependent chromatin dynamics on typically

repressed gene loci may be lost potentially leading to re-positioning of transcription

factors and machineries onto typically lowly-expressed genes, thereby minimizing the

expression of otherwise highly expressed genes. As aging is characterized by progressive

transcriptional drift due in part by age-related epigenetic changes [66, 67], our study

positions the maintenance of UBQ-1 expression and function as a key proteostatic and

transcriptional modulator in the health and lifespan of *C. elegans*.

Importantly, our study demonstrates the importance of proper initial validation of tools to

study gene function, in particular tissue-specific RNAi systems. We conclude that the use

of *rde-1* strains to construct tissue-specific strains is a superior approach to the use of

sid-1 strains. Here, we also provide an optimized protocol for the analysis of

polyubiquitinated proteins, with a focus on complete homogenization to help reach whole

proteome analyses and improve interpretations. Our original goal of authenticating tissue-

specific RNAi strains led us to uncover major differences in proteasomal function between

the soma and the germline, placing vitellogenins as important polyubiquitinated targets in

developing embryos. Finally, we inadvertently uncovered that the polyubiquitin gene

UBQ-1 is an essential protein in the proper maintenance of transcription, especially of

highly-expressed genes such as vitellogenins, placing it as a converging modulator of

vitellogenin metabolism and lifespan.

METHODS

C. elegans **maintenance, growth and visualization**

Strains of *C. elegans* were grown and maintained at 20°C on growth media agar plates

seeded with *E. coli* strain OP50 and handled as previously described [68]. Ethical

approval was not required for nematode experiments by our institution. Strains used in

this study are listed in **Supplementary Table S1**. For imaging, nematodes were

immobilized with 0.1% sodium azide and visualized with a V20 fluorescence

stereomicroscope (Zeiss). Exposure and magnification were maintained between

conditions.

Lifespan analyses and silencing experiments

Nematodes were synchronized by hypochlorite treatment and grown at 20 °C or 25 °C on

E. coli OP50 until the first day of adulthood. Animals were then maintained at the same

temperatures on plates seeded with either control bacteria (*E. coli* HT115 carrying the

L4440 empty vector) or bacteria producing double-stranded RNA (dsRNA) targeting the

ubq-1 gene (Ahringer library) [2]. Animal survival was assessed every 2–3 days and

tissue-specific silencing was performed using RNAi against *elt-2* (Ahringer library), *bli-3*

(Vidal library), *unc-54* (Ahringer library), *xpo-1* (Ahringer library). Graphs were created

using OriginPro 9 (OriginLab) and statistical analyses (Mantel-Cox log-rank) were

performed using the OASIS 2 (https://sbi.postech.ac.kr/oasis2/surv/).

Protein solubilization for immunoblotting

To completely solubilize proteins, we used a RIPA solution (50mM Tris-HCl, 150mM NaCl,

1mM EDTA, Roche Complete Protease Inhibitors) containing 5% SDS followed by

heating for 5 minutes at 95°C and sonication for 20 seconds (QSonica Q55, 30% input).

Insoluble proteins were pelleted by centrifugation for 2 minutes at 12000rpm. This first

solubilization step (250μl of 5% SDS-RIPA) solubilized over 90% of total proteins, and a

second step of solubilization (250μl of 5% SDS-RIPA) successfully solubilized the small

pellet. Ubiquitinated proteins from combined (i.e. total) were visualized by

immunoblotting. Mild homogenization (MH) was also performed using the buffer (250μl)

and method described in Koyuncu et al. [51] and insoluble proteins were pelleted by

centrifugation for 2 minutes at 12000rpm. Subsequently, these larger pellets (compared

to the 5% SDS-RIPA method) were completely solubilized with 5% SDS-RIPA, heat and

sonication as described above. Polyubiquitinated proteins were visualized by

immunoblotting for ubiquitin (Millipore Sigma 05-994, clone P4D1-A11), and actin

(Millipore Sigma MAB1501R) and tubulin (Abcam ab6160) was used as loading control.

RNA preparation and analysis

Approximately 3,000 nematodes from synchronized populations were cultured at 20 °C

or 25 °C per independent replicate, with three or four biological replicates used for the

qPCR and RNA-seq experiments. Animals were fed *E. coli* OP50 until reaching adulthood

and then transferred to plates seeded with either control bacteria or bacteria expressing

dsRNA, as previously described [43]. Adult nematodes were separated from the progeny

by collection in M9 buffer followed by gravity sedimentation for 2 min, and were

transferred daily to fresh RNAi plates until the final day of collection. After 48 or 72 hours

of RNAi exposure, worms were collected with M9, pelleted, frozen at −80 °C, and used

for RNA extraction. Total RNA was isolated using TRIzol reagent and subsequently

purified with the Direct-zol RNA MiniPrep kit (Zymo Research). RNA concentration was

determined by spectrophotometry using a TapeStation (Agilent). For qPCR analyses, 1

µg of RNA per sample was reverse-transcribed into cDNA, and transcript levels were

quantified as previously described [11] using a QuantStudio5 apparatus (Applied

Biosystems). Primer sequences used for qPCR analyses in this study are listed in

Supplementary Table S4. Statistical analyses were performed using GraphPad Prism

10 (GraphPad Software).

RNA sequencing and differential gene expression analyses

Library construction and next-generation sequencing (NGS) were performed by

polyadenylate selection and Illumina HiSeq methods (Genewiz-Azenta). Genes with a

minimum of 10 read counts in 4 samples (the number of biological replicates per

condition) were included in the analysis. The R package DESeq2 [69] was used to test

genes for differential expression and those with a false discovery rate of < 0.05 and fold

change > 2-fold were considered significant. GO enrichment analysis was conducted

using WormCat 2.0 [70] and heatmaps of gene expression were created using the R

package ComplexHeatmap [71].

Germline extraction and immunofluorescence

For immunofluorescence staining, adult worms were dissected in 1x PBS on a coverslip.

Coverslips were inverted onto poly-L-lysine–coated slides, snap-frozen at −80 °C, and

subjected to freeze-crack. Slides were immersed in cold methanol for 1 min and fixed for

30 min in a humid chamber in 1x PBS, 0.08 M HEPES (pH 6.9), 1.6 mM $MgSO_4$, 0.8 mM

EGTA, and 3.7% paraformaldehyde. Slides were washed three times in PBST (1x PBS,

0.1% Tween 20), blocked for 1 hr in PBST containing 3% BSA, and incubated overnight

at 4 °C with primary antibodies diluted in PBST with 1% BSA. Primary antibodies used

were anti-ubiquitin (Invitrogen, MA1-10035; 1:100), and anti-GRP78/HSPA5 (Novus

Biologicals, NBP1-06274; 1:200). Secondary Alexa Fluor 555-conjugated goat anti-

mouse (A32727, Life Technologies) and Alexa Fluor 647-conjugated goat anti-rabbit

secondary antibodies (111-605-003, Jackson ImmunoResearch) at 1:200 were incubated

for 1 hr at room temperature. Slides were washed in PBST, counterstained with DAPI,

mounted in Vectashield, sealed, and stored at −20 °C until imaging on a FV3000 confocal

microscope (Olympus).

Computational analysis of RDE-1 and SID-1 structures

The three-dimensional structures of the *Caenorhabditis elegans* proteins *rde-1* and *sid-1*

were obtained from public databases. The predicted structure of *rde-1* was retrieved from

the Alphafold protein structure database (https://alphafold.ebi.ac.uk/), using the model

AF-G5EEH0-F1-v6, corresponding to UniProt accession G5EEH0. The structure of *sid-1*

was obtained from the Protein Data Bank (PDB), using 8XC1, corresponding to the

dsRNA-bound form. Based on the amino acids sequence, point mutations were

introduced using AlphaFold Server (https://alphafoldserver.com/). The mutants *rde-1*

(E414K), *sid-1* (D130N), and *sid-1* (S536I) were generated. Native and mutant structures

were subsequently visualized and analyzed using UCSF ChimeraX

(https://www.cgl.ucsf.edu/chimerax/).

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sequencing data. SK performed lifespan analyses. SD and STD conducted longitudinal

polyubiquitinated protein analyses. LRL designed the study, performed protein and gene

expression analyses, and tissue-specific RNAi analyses, and wrote the manuscript. All

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DECLARATION OF INTERESTS

The authors declare no competing interest.

FIGURE LEGENDS

Figure 1. Levels of RNAi-defectiveness vary widely and in a temperature-dependent manner across *rde-1* and *sid-1* mutants. Lifespan of adult wild-type nematodes and the mutant strains *rde-1 (ne300) V*, *rde-1(ne219) V*, *sid-1 (qt9) V*, and *sid-1 (pk3321)* were analyzed at 20 °C **(A–E)** and 25 °C **(F–J)** and fed control bacteria or bacteria expressing dsRNA for *ubq-1*. Details on lifespan analyses are available in Supplementary Tables S2 and S3.

Figure 2. *In silico* structural analysis of *rde-1* and *sid-1* variants in *C. elegans*. (A) Structural superposition between wild-type *rde-1* (blue; AlphaFold Database) and the *ne219*-associated E414K variant (green; AlphaFold server). While the global architecture remains highly conserved, the focused view (right) illustrates the local environment change where the acidic glutamic acid (E414, yellow) is replaced by the basic lysine (K414, orange). **(B)** Impact of the *qt9* allele on the *sid-1* protein. The overlay shows the S536I mutation (green; AlphaFold server) relative to the wild-type scaffold (blue; PDB: 8XC1). The detailed view highlights the substitution of the polar serine (S536, yellow) by a hydrophobic isoleucine (I536, orange). **(C)** Architecture of the *sid-1(pk3321)* protein. The model depicts the D130N substitution (green; AlphaFold server) aligned against the wild-type reference (blue; PDB: 8XC1). The magnified inset highlights the shift at position

130, contrasting the wild-type aspartic acid (D130, yellow) with the mutant asparagine

(N130, orange). All molecular renderings and alignments were performed using UCSF

ChimeraX.

Figure 3. Tissue-specific RNAi systems display varying degrees of specificity. (A)

WT, *rde-1* and *sid-1* mutants as well as different strains with annotated tissue-specific

reconstitution for the intestine, hypodermis, muscle, germline or neurons were fed control

bacteria or bacteria expressing dsRNA against *elt-2* (intestine), *bli-3* (hypodermis)*, unc-*

54 (muscle) or *xpo-1* (germline) from eggs to Day 1 of adulthood. In the case of partial

effects with *bli-3* silencing, animals that showed blisters were presented. Quantification of

displayed blisters (*bli-3* silencing) **(B)**, sluggishness (*unc-54* silencing) **(C)**, and vulvar

protrusions (*xpo-1* silencing) **(D)**. Three independent experiments (n=33-57 per

experiments).

Figure 4. The germline is the most active site of proteasomal degradation in *C.

***elegans*.** Adult-only gene silencing of *rpn-6, pas-7* and *ubq-1* from day 1 to day 4 of

adulthood were performed at 25 °C in wild-type (**A**), *rde-1(ne219)* (**B**) as well as RDE-1

reconstituted strains in the intestine/germline (*nhx-2p*) (**C**), intestine/hypodermis/germline

(*lin-26p*) (**D**), intestine/germline (*mex-5p*) (**E**), and germline (*sun-1p*) (**F**).

Polyubiquitinated proteins (Ub) were visualized by immunoblotting and vitellogenin

proteins (* and **) are highlighted in the adjacent Ponceau staining. Representative

immunoblots of two independent experiments. Loading controls include immunoblotting

for tubulin (Tub) and actin.

Figure 5. Vitellogenins located in the germline are major contributors of overall polyubiquitinated protein levels. A. Polyubiquitinated protein levels were visualized by immunoblotting in Day 1 wild-type (WT), *fer-15(b26);fem-1(hc17)* and *glp-1(e2144)* animals raised at 25 °C on OP50 *E. coli*. Three independent replicates SD +/- *ANOVA *: P<0.05, **P<0.01*. **B.** Polyubiquitinated protein levels were visualized by immunoblotting in day 1 and day 4 wild-type (WT) and *glp-1* animals raised at 25 °C on OP50 *E. coli*. **C.** Adult-only silencing of *rpn-6, pas-7* and *ubq-1* in *glp-1* mutants raised at 25°C on OP50 *E. coli*. **D.** Adult-only silencing of *rpn-6* and *ubq-1* from Day 1 to Day 5 in VIT-2::GFP expressing animals. **E.** Adult-only silencing of *rme-2* and *vit-1* from Day 1 to Day 4 in wild-type animals. **F.** Extracted germline from Day 3 wild-type animals fed control bacteria or bacteria expressing dsRNA against *ubq-1* from Day 1 of adulthood were visualized by immunofluorescence using antibodies against ubiquitin, ER-resident GRP78 and DAPI (nucleus).

Figure 6. UBQ-1 is required for the active transcription of highly-expressed genes.
(A) Polyubiquitinated protein levels in Day 4 wild-type animals fed OP50 *E.* coli, control bacteria or bacteria expressing dsRNA against *ubq-1.* Biological duplicates. **(B)** Wormcat analysis of upregulated genes and **(C)** downregulated genes in animals subjected to *ubq-1* silencing from Day 1 to Day 4 of adulthood **(D)** Top 50 highest expressed genes with significant downregulated expression from *ubq-1* silencing include marked downregulation of vitellogenin genes. Details on global expression changes are available in Supplementary Figure S2B and Supplementary Data S1.

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Figure 1.

Figure 2

Figure 3

Figure 4

Figure 5

A Ponceau — WT · fer-15;fem-1 · glp-1 — Strains; Ub, Tub, Actin — WT · fer-15;fem-1 · glp-1 — Strains; Ubiquitin level (normalized with actin) — WT, fer-15;fem-1 (*), glp-1 (**) — Strains

B Ponceau — Day 1 · Day 4 · Day 1 · Day 4 — fer-15;fem-1 · glp-1 — Strains; Ub, Tub, Actin — Day 1 · Day 4 · Day 1 · Day 4 — fer-15;fem-1 · glp-1 — Strains

C Germline-less *glp-1(e2144)* — Ponceau; Ub, Tub, Actin — Day 1 · Control · rpn-6i · pas-7i · ubq-1i — Day 4

D *VIT-2::GFP* — Control, rpn-6i, ubq-1i — Day 5 animals

E Wild type — Ponceau; Ub, Tub, Actin — Control · rme-2i · vit-1i — Day 4

F Control, ubq-1i — Germline: Ubiquitin, GRP78, Nucleus

Figure 6