1 TITLE:

- 2 Carriers of mitochondrial DNA macrohaplogroup L3 basic
- ³ lineages migrated back to Africa from Asia around 70,000 years
- 4 **ago.**
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12 ABSTRACT

Background: After three decades of mtDNA studies on human 13 evolution the only incontrovertible main result is the African origin of 14 all extant modern humans. In addition, a southern coastal route has 15 been relentlessly imposed to explain the Eurasian colonization of 16 these African pioneers. Based on the age of macrohaplogroup L3, 17 from which all maternal Eurasian and the majority of African 18 lineages originated, that out-of-Africa event has been dated around 19 60-70 kya. On the opposite side, we have proposed a northern route 20 through Central Asia across the Levant for that expansion. 21 Consistent with the fossil record, we have dated it around 125 kya. 22 To help bridge differences between the molecular and fossil record 23 ages, in this article we assess the possibility that mtDNA 24 macrohaplogroup L3 matured in Eurasia and returned to Africa as 25 basic L3 lineages around 70 kya. 26

Results: The coalescence ages of all Eurasian (M,N) and African 27 L3 lineages, both around 71 kya, are not significantly different. The 28 oldest M and N Eurasian clades are found in southeastern Asia 29 instead near of Africa as expected by the southern route hypothesis. 30 The split of the Y-chromosome composite DE haplogroup is very 31 similar to the age of mtDNA L3. A Eurasian origin and back 32 migration to Africa has been proposed for the African Y-33 chromosome haplogroup E. Inside Africa, frequency distributions of 34 maternal L3 and paternal E lineages are positively correlated. This 35 correlation is not fully explained by geographic or ethnic affinities. It 36 seems better to be the result of a joint and global replacement of the 37 old autochthonous male and female African lineages by the new 38 Eurasian incomers. 39

Conclusions: These results are congruent with a model proposing
an out-of-Africa of early anatomically modern humans around 125
kya. A return to Africa of Eurasian fully modern humans around 70
kya, and a second Eurasian global expansion by 60 kya. Climatic
conditions and the presence of Neanderthals played key roles in
these human movements.

Keywords: Human evolution, mitochondrial DNA, haplogroup L3, Y chromosome, haplogroup E, out-of-Africa

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49 BACKGROUND

From a molecular genetics perspective, the hypothesis of a recent
African origin of modern humans by around 200 thousand years age
(kya) was formulated three decades ago [1]. Today this hypothesis
is widely accepted. There is also multidisciplinary agreement that

the out-of-Africa expansion of modern humans promoted the 54 extinction of other hominins in Eurasia with only a minor assimilation 55 of their genomes [2]. However, despite the enormous quantity of 56 data accumulated during these years, mainly from the analysis of 57 the mtDNA and Y-chromosome haploid markers, there is a lack of 58 consensus about the time/s and route/s followed by modern humans 59 moving out of Africa. All the indigenous mtDNA diversity outside 60 Africa is comprised into clades M and N, that are branches of the 61 African haplogroup L3 [3–5]. This fact puts a genetic time frame for 62 the out of Africa dispersal around 55-70 kya that is the coalescence 63 age of haplogroup L3 [6]. Likewise, recent Y-chromosome sequence 64 analysis detected a cluster of major non-African founder 65 haplogroups in a short time interval at 47-52 kya [7]. However, it has 66 to be mentioned that the tick of the molecular clock depends on the 67 mutation rate employed [8, 9]. These temporal windows for the exit 68 of modern humans out-of-Africa are at odds with fossil, 69 archaeological and ancient DNA data. Skeletal remains unearthed in 70 the Skhul and Qafzeh caves demonstrated that early modern 71 72 humans were present in the Levant between 125 and 80 kya [10]. The discovery of modern human teeth in southern China dated to 73 120-80 kya [11], also supports the presence of anatomically modern 74 humans (AMHS) in eastern Asia during this period. Several 75 archaeological studies uncovered Middle Stone Age (MSA) lithic 76 assemblages, dated around 125-75 kya, in different regions of the 77 Arabian Peninsula, presenting affinities with northeastern African 78 assemblages of the same period [12–14]. These findings suggest 79 that African AMHS may have extended its geographic range to 80 eastern and northern Arabia long before the time frame proposed by 81 molecular data. Ancient DNA (aDNA) analysis is being a major tool 82

in the reconstruction of the past human history. Using these 83 analyses, the Neanderthal introgression into modern humans in 84 Europe has been dated within 35-65 kya [15] which is well in frame 85 with the molecular clock window established for the African exit of 86 modern humans. However, an ancient gene flow from early modern 87 humans into the ancestors of eastern Neanderthals more than 100 88 kya has been recently reported [16]. These data evidenced that 89 early modern humans and ancestors of Neanderthals from the 90 Siberian Altai region interbred much earlier than previously thought. 91 Besides, whole-genome based studies proposed the split of 92 Eurasian from African populations at 88-112 kya [17], and that the 93 presence of AMHS out of Africa is earlier than 75 kya [18]. A way to 94 avoid all these contradictory pieces of evidence is to state that all 95 these ancient movements out of Africa, prior to 70 kya, did not 96 contribute genetically to present-day human populations. However, 97 we think that major effort should be dedicated to finding a more 98 conciliatory explanation. 99

Concerning the potential routes followed by modern humans out of 100 Africa, there are two main alternatives not mutually exclusive: a 101 northern dispersal along the Nile-Sinai corridor, and a southern 102 dispersal from the Horn of Africa across the Bab al Mandeb strait. At 103 the beginning of the mtDNA phylogeographic studies, the virtual 104 absence of mtDNA haplogroup M in the Levant, and its presence in 105 Ethiopia, southern Arabia, the Indian subcontinent and East Asia, 106 rendered M the first genetic indicator of a southern route exit from 107 eastern Africa [19]. At that time, it was suggested that this was 108 possibly the only successful early dispersal event of modern 109 humans out of Africa. Shortly after, based on the rarity of mtDNA 110

haplogroup N(xR) in India, and its continuous presence above the 111 Himalayas, we proposed an additional northern route through the 112 Levant [4]. Afterward, intensive and extensive research on mtDNA 113 has been carried out, not only in populations from Central [20–23] 114 and East Asia [24-26] but, also, from the regions covering the 115 hypothetical southern route path as India [27–30], Mainland 116 southeastern Asia [31-33], Island southeast Asia [34-39], New 117 Guinea, North Island Melanesia and Australia [40-44]. The most 118 striking global result was that while in Central and North Asia the 119 indigenous lineages observed were derived branches of southern 120 haplogroups, primary and independent autochthonous M and N 121 clusters were found in every main region of meridional Asia and 122 Australasia. Most surprising was the fact that some N haplogroups 123 in southern China (N10, N11) resulted older than the oldest N 124 western Asia lineages (N1, N2), or that some M haplogroups in 125 Melanesia (M27, Q) were older than the oldest Indian M lineages 126 (M2, M33). Different researchers gave conflicting interpretations to 127 these results. Some perceived them as a confirmation of a rapid 128 129 southern coastal spread of modern humans from Africa [30, 45–47]. Others claimed an old local population differentiation in each region 130 without any evidence of the shared ancestry expected by the 131 southern dispersal model [48–50]. The existence of a northern route, 132 deduced from the phylogeography of macrohaplogroup N [4], has 133 received additional support from the fossil record [11], from whole 134 genome studies comparing Egyptian and Ethiopian populations [51], 135 and by the fact that all non-African populations present a signal of 136 Neanderthal introgression [52]. However, we realized that what 137 actually macrohaplogroup N points to is a human movement from 138 southeastern Asia to western Asia [53]. We observed the same 139

sense for macrohaplogroup M. In this case, expanding westwards to 140 India [54], and a similar trend follows macrohaplogroup R, the main 141 sister branch of N [55]. Thus, we confirmed that macrohaplogroup M 142 and N indicated, respectively, major southern and northern 143 expansions of modern humans but, ironically, in the opposite sense 144 we predicted long ago [4]. It has to be mentioned that studies based 145 on Y-chromosome sequences also pointed to southeastern Asia as 146 a primitive center of human expansions [56–59]. Now, if we do admit 147 that basic L3 lineages (M, N) have independently evolved in 148 southeastern Asia instead in Africa or near of the African continent 149 borders where the rest of L3 lineages expanded, we are confronted 150 with the dilemma of where the basic trunk of L3 evolved. A 151 gravitating midpoint between eastern Africa and southeastern Asia 152 would situate the born of L3 in inner Asia, with possible opposite 153 expansions back to Africa and forward to eastern Asia. At this point, 154 it has to be mentioned that this possibility has been already 155 modeled, among other options, obtaining the highest likelihood 156 value [60] but, in our opinion, it has not received the attention it 157 deserves. The parallelism of this early back to Africa of mtDNA 158 haplogroup L3 with that proposed for the Y-chromosome haplogroup 159 E [61] is striking. 160

In this work, we assess the possibility that L3 could have exited from
Africa as a pre-L3 lineage that evolved as basic L3 in inner Asia.
From there, it came back to Africa and forwarded to southeastern
Asia to lead, respectively, the African L3 branches in eastern Africa
and the M and N L3 Eurasian branches in southeastern Asia. This
model, that implies an earlier exit of modern humans out of Africa,

- has been contrasted with the results gathered independently by
- 168 other disciplines.
- 169

170 MATERIAL AND METHODS

171 Sampling information

A total of 69 complete mtDNA genomes were sequenced in this 172 study (Additional file 1: Table S1). They comprise the main African L 173 haplogroups, excepting L6. To remedy this lack, 12 already 174 published complete L6 sequences were included in our phylogenetic 175 tree (Additional file 2: Figure S1). The different branches of 176 haplogroup L3 are represented by 45 of these sequences. To 177 establish the relative frequency of mtDNA macrohaplogroup L3 in 178 179 the main African regions, a total of 25,203 partial and total mtDNA publicly available sequences were screened. Of them, 1,138 belong 180 to our unpublished data (Additional file 1: Table S2). Similarly, to 181 establish the relative frequency of Y-chromosome macrohaplogroup 182 E in the main African regions, a total of 21,286 Y-chromosome 183 publicly available African samples were screened. Of them, 737 184 belong to our unpublished data (Additional file 1: Table S2). All our 185 samples were collected in the Canary Islands or Saudi Arabia from 186 academic and health-care centers. The procedure of human 187 population sampling adhered to the tenets of the Declaration of 188 Helsinki and written consent was recorded from all participants 189 before taking part in the study. The study underwent a formal review 190 and was approved by the College of Medicine Ethical Committee of 191 the King Saud University (proposal N° 09-659) and by the Ethics 192

Committee for Human Research at the University of La Laguna(proposal NR157).

195

196 MtDNA sequencing

- 197 Total DNA was isolated from buccal or blood samples using the
- 198 POREGENE DNA isolation kit from Gentra Systems (Minneapolis,
- ¹⁹⁹ USA). PCR conditions and sequencing of mtDNA genome were as
- 200 previously published [4]. Successfully amplified products were
- sequenced for both complementary strands using the
- 202 DYEnamic[™]ETDye terminator kit (Amersham Biosciences).
- 203 Samples run on MegaBACE[™] 1000 (Amersham Biosciences)
- according to the manufacturer's protocol. The 69 new complete
- 205 mtDNA sequences have been deposited in GenBank under the
- accession numbers MF621062 to MF621130 (Additional file 1: Table
- 207 S1).

208 **Previously published data compilation**

- 209 Sequences belonging to specific mtDNA L haplogroups were
- obtained from public databases such as NCBI, MITOMAP, the-1000
- 211 Genomes Project and the literature. We searched for mtDNA
- lineages directly using diagnostic SNPs
- 213 (http://www.mitomap.org/foswiki/bin/view/MITOMAP/WebHome), or
- by submitting short fragments including those diagnostic SNPs to a
- BLAST search (<u>http://blast.st-va.ncbi.nlm.nih.gov/Blast.cgi</u>).
- 216 Haplotypes extracted from the literature were transformed into
- sequences using the HaploSearch program
- 218 (http://www.haplosite.com/haplosearch/process/) [62]. Sequences
- were manually aligned and compared to the rCRS [63] with BioEdit
- 220 Sequence Alignment program [64]. Haplogroup assignment was

- 221 performed by hand, screening for diagnostic positions or motifs at
- both hypervariable and coding regions whenever possible.
- 223 Sequence alignment and haplogroup assignment were carried out
- twice by two independent researchers and any discrepancy resolved
- according to the PhyloTree database (Build 17;
- 226 <u>http://www.phylotree.org/</u>) [65]. For the screening of the Y-
- chromosome haplogroup E, we considered samples as belonging to
- this haplogroup if in their analysis resulted positive for, at least, the
- diagnostic DE-YAP or E-M40, E-M96 markers.

230 Phylogenetic analysis

- The phylogenetic tree was constructed using the Network program,
- v4.6.1.2 using, in sequent order, the Reduced Median algorithm,
- Median Joining algorithm and Steiner (MP) algorithm [66].
- 234 Remaining reticulations were manually resolved. Haplogroup
- branches were named following the nomenclature proposed by the
- PhyloTree database [65]. Our coalescence ages were estimated by
- using statistics rho [67] and Sigma [68] and the calibration rate
- proposed by Soares et al.[6].
- To calculate the total mean age of each haplogroup we recompiled
- all its different estimation ages from the literature without taken into
- account the mtDNA sequence segment analyzed, the mutation rate
- considered, or the inevitable partial overlapping of the samples
- used. In the cases where the same sample set was used to
- calculate its age by different methods, we always chose that
- performed with the rho statistic as the most generalized method
- 246 (Additional file 1: Table S3). To calculate haplogroup mean
- 247 coalescence ages for the non-recombining region of the Y-
- chromosome (NRY), we recompiled estimations preferably based on

single nucleotide polymorphisms (SNPs) obtained by sequencing.

250 When different mutation rates were used in the same study, we

chose the age calculated with the slowest mutation rate (Additional

252 file 1: Table S4).

253

254 **Phylogeographic analysis**

In this study, we deal with the earliest periods of the out-of-Africa 255 spread of modern humans and the likely return to Africa of the 256 carriers of primitive mtDNA L3 and Y-chromosome E lineages. 257 As the phylogeography of the different branches of these lineages 258 has been exhaustively studied by other authors to assess more 259 recent human movements on the continent, we focus here on its 260 global distributions in the major African regions. For 261 phylogeographic purposes, we divided the African continent into the 262 following eight major regions: 1. Northwest Africa (including 263 Morocco, West Sahara, Algeria and Tunisia), 2. Northeast Africa 264 (including Libya and Egypt), 3. West Sahel (including Mauritania, 265 Mali, and Niger), 4. East Sahel (including Chad, Sudan, Ethiopia, 266 Somalia, and Eritrea), 5. West Guinea (including Senegambia, 267 Guinea-Bissau, Guinea-Conakry, Sierra-Leona, Liberia, Ivory-Coast, 268 Burkina-Faso, Ghana, Togo, Benin, and Nigeria), 6. Central Africa 269 (including Cameroon, Central African Republic (CAR), Congo 270 Democratic Republic (CDR), Congo-Brazzaville, Gabon and 271 Equatorial Guinea), 7. East Guinea (including Uganda, Rwanda, 272 Kenya, and Tanzania), 8. Southern Africa (including Angola, 273 274 Zambia, Malawi, Mozambigue, Zimbabwe, Botswana, Namibia and South African Republic (SAR)). 275

To evaluate the level of geographic structure of the mtDNA

277 macrohaplogroup L3 and the Y-chromosome macrohaplogroup E in

Africa, we performed AMOVA and K-means clustering analyses. We 278 used the GenAlEx6.5 software to implement AMOVA and XLSTAT 279 statistical software to perform the K-means clustering analysis. The 280 possible association between the frequencies of mtDNA 281 macrohaplogroup L3 and those of the Y-chromosome 282 macrohaplogroup E, in the whole African continent, and in its 283 principal geographic subdivisions, were tested by Pearson 284 correlation analyses using the XLSTAT statistical software. As an 285 important overlap exists among the expansion ages of the L3 286 branches with those of the African widespread mtDNA 287 macrohaplogroup L2, the global frequencies of L2 have also been 288 included in the majority of the phylogeographic analyses performed. 289 290

292

291**RESULTS AND DISCUSSION**

- 293 Phylogeny and affinities of our African complete sequences
- 294

As a general rule, our 69 mtDNA complete sequences (Additional 295 296 file 2: Figure S1) could be allocated into previously defined clades in the PhyloTree. Their closest affinities were with other sequences of 297 the same haplogroups. Thus, our Kenyan L3a1a (Kn028) sequence 298 shares tip mutations 514, 3796 and 4733 with a Tanzanian 299 sequence (EF184630) but only 514 with a Somalian sequence 300 (JN655813) of the same clade. The Sudanese L3b1a (Su238) 301 sequence shares the very conservative transition at 12557 with an 302 L3b sequence (KF055324) from an African-American glaucoma 303 patient [69]. Our L3b1a2 (Su002) sequence has matches at 195, 304 12490 and 16311 with several African sequences (EU092669, 305 EU092744, EU092795, EU092825, EU9355449) with which could 306

make up a new branch, L3b1a2a, defined by these three transitions. 307 In the same way, the L3f2a1 (Su004) has matches at mutated 308 positions 6182, 8676, 9731, 12280, 12354 and 13105 with other 309 published Senegalese sequences (JN655832, JN655841) with 310 which could conform a new derived branch. It is expected that L 311 sequences detected in the Canary Islands have their closest 312 relatives in the African continent. Indeed, this is the case, for 313 instance, for the L3d1b3 (Go764) sequence from La Gomera island 314 that shares tip transitions 14040 and 16256 with an Ovimbundu 315 isolate (KJ185837) from Angola [70]. However, unexpectedly, there 316 are Canarian sequences as TF0005, allocated into the L3f1b 317 subclade, that has its closest relatives in the Iberian Peninsula, 318 sharing the 8994 transition with two Asturian L3f1b sequences 319 (KJ959229, KJ959230) [71]. Similar is the case of the L3x2 (TF116) 320 sequence from Tenerife that shares all its terminal variants(650, 321 7933, 8158, 15519, 16261) with sequences from Galicia 322 (HQ675033, JN214446) and Andalusia (KT819228) instead of 323 African sequences. Saudi Arabia has been identified as a universal 324 receptor of mtDNA Eurasian lineages, which is also valid for the 325 African female flow. Arab sequences belonging to the L3i1a (AR429) 326 and L3x1a1 (AR260) haplogroups have their closest relatives with 327 sequences JN655780 and DQ341067 respectively from the nearby 328 Ethiopia, and the L3h1b1 (AR381) sequence is identical to an 329 already published Yemeni isolate (KM986547). However, the 330 L3h1b2 (AR221) sequence is most related to the JQ044990 lineage 331 from Burkina Faso [72], with which shares particular transitions at 332 7424, 13194, 16192 and 16218 positions. The affinities of the Arab 333 L1c2b1a'b (AR1252) with other sequences are the most striking. 334 This sequence, particularly characterized by the presence of an 335

insertion of 11 nucleotides at the 16029 position in the control 336 region, has an exact match with an L1 isolate from the Dominican 337 Republic (DQ341059). Its closest relatives in Africa, although 338 without that insertion, have been found in Angola (KJ185814) and 339 Zambia (KJ185662) among Bantu-speakers [70]. The control region 340 of this AR1252 isolate was previously published (KP960821). 341 Concerning the less frequent L4, L5, and L6 clades, our L4b1a 342 (Iv136) sequence from the Ivory Coast shares tip mutations 789. 343 7166 and 14935 with geographically close sequences (JQ044848, 344 JQ045081) from Burkina Faso [72]. Likewise, the Arab L4a2 345 (AR1116) sequence is closely related to other African L4a2 346 sequences (EU092799, EU092800), and the L4b2a1 (AR197) 347 isolate resulted identical to a sequence (KM986608) from Yemen 348 [73]. From the analysis of partial sequences [53, 74], we can assure 349 representatives of branches L4a1, L4a2 and L4b2 exist in Saudi 350 Arabia. However, we have not yet detected sequences belonging to 351 the large Sudanese L4b1b clade (Additional file 2: Figure S1). 352 Published [53, 74] and unpublished data allow us to confirm that L5a 353 is represented in Saudi Arabia by at least a lineage that has the 354 following haplotype in, and nearby the coding region: 15884, 16093, 355 16129, 16148, 16166, 16187, 16189, 16223, 16265C, 16311, 356 16355, 16362/73, 152, 182, 195, 198, 247, 263, 315iC, 455i2T, 357 459iC, 513, 522dCA, 709, 750, 769, 825A, 851, 930. It represents 358 0.58% of the Saudi mtDNA gene pool. There is also a L5b lineage 359 characterized by mutations at: 15927, 16111, 16129, 16148, 16166, 360 16187, 16189, 16223, 16233, 16254, 16265C, 16278, 16360, 361 16519/73, 195, 247, 249d, 263, 315iC, 459iC, 501, 535, 750, 769, 362 and 825A, with minor presence (0.09%) in Saudi Arabia. For the 363 same reason, although we lack complete L6 sequences, from partial 364

sequencing and specific SNP analysis, we can confirm that L6a1 365 (0.13%) and L6b (0.09%) lineages are also present in the Saudi 366 population [53, 74]. With 12 complete sequences, L3h is the best-367 represented haplogroup in our phylogeny (Additional file 2: Figure 368 S1). In it, we have, provisionally, defined some new branches. We 369 think that retromutation at 16223 position could define a Sudanese 370 L3h1a1a branch. Two clades, L3h1a2a1a and L3h1a2a1b could be 371 characterized by transitions 3892, 7705, 15346 and transitions 5108, 372 16165 respectively. An additional subclade, defined by transitions 373 7310, 13153, 14407 and transversion 9824A has been provisionally 374 named as L3h1a2b1. Finally, after introducing the AR221 sequence, 375 the old branch L3h1b2 would be characterized only by transitions 376 294, 8842, 9758, 12882, 13437, 16129, and 16362. 377 Our only discrepancy with the PhyloTree phylogeny, is about to the 378 rare and old L5 clade. We have identified a new branch, 379 provisionally named L5c (Additional file 2: Figure S1). With the 380 information provided by this lineage, we think that the PhyloTree L5b 381 node, that joints haplogroups L5b1 and L5b2 by sharing 382 retromutations at 182, 13105 and 16311 positions and transition at 383 16254 position, lacks phylogenetic robustness. Instead, the 384 PhyloTree L5b2 clade would be better considered a sister branch of 385 our new Sudanese L5c sequence (Su412), both joined by the 386 sharing of retromutation at the 195 position and transition at the 387 6527 and 11809 positions. 388 Lastly, it is worth mentioning that, despite the relatively small sample 389 sizes employed, our coalescence age results fit well into the 390 standard deviations calculated for the different haplogroups 391

- (Additional file 1: Table S3). Even so, mean age values for the L3
- macrohaplogroup in Africa (71 \pm 12 kya), that theoretically marks the

lower bound time for the out-of-Africa of modern humans, falls short
 compared to those obtained from the fossil record in the Levant [75].

397 The Eurasian origin of macrohaplogroup L3

The southern route hypothesis proposes that the Eurasian branches 398 (M and N) of the macrohaplogroup L3 differentiated in or near the 399 African continent and rapidly spread across the Asian peninsulas to 400 reach Australia and Melanesia [45]. Under this assumption, it is 401 expected that, in general, coalescence ages of haplogroups should 402 403 decrease from Africa to Australia. However, we have demonstrated that this is not the case [53–55]. Just on the contrary, The oldest M 404 and N haplogroups are detected in southern China and Australasia 405 instead of India, and associations between longitudinal geographic 406 distances and relative ages of M and N haplogroups run, against to 407 expectation, westwards with younger haplogroup ages going to 408 Africa [53, 54]. So, we confront a dilemma; it seems that two gravity 409 centers of L3 expansion exist, one in Africa and the other in 410 southeastern Asia. A geographic equidistant midpoint would situate 411 412 the primitive radiation of L3 in India if a southern route were chosen by the African colonizers or above the Himalayas, between Tibet 413 and Pamir, if the northern route was preferred. Furthermore, as the 414 coalescence age of the African L3 branches and that of the Eurasian 415 L3 (MN) are very similar (Table 1) and around 71 kya, the temporal 416 and spatial midpoints might also coincide. As the group of modern 417 humans that hypothetically turned back to Africa should include 418 females and males, searching for the Y-chromosome phylogenetic 419 and phylogeographic information might give us additional 420 information. Indeed, an origin in Asia and return to Africa was 421 proposed, long ago, for the Y-chromosome African haplogroup E 422

[61]. This hypothesis was based on the derived state of its African 423 YAP⁺ haplotypes 4 and 5 (haplogroup E) respect to the ancestral 424 Asian YAP⁺ haplotype 3 (Haplogroup D). The later discovery of new 425 markers evidenced that D and E were, in fact, sister branches of the 426 YAP⁺ node. Haplogroup D showing the derived status for M174 and 427 the ancestral status for M40 in Asia and, on the contrary, haplogroup 428 E being characterized by M40 derived and M174 ancestral status all 429 around Africa, so that the migratory sense between continents of 430 both haplogroups could not be assured [76]. A few YAP⁺ individuals, 431 ancestral for both markers, were detected in West Africa [77] and in 432 Tibet [78]. Although assigned to the para-haplogroup DE*, its real 433 ancestral state could not be confirmed. Likewise, a new mutation 434 (P143) united the two other Eurasian haplogroups C and F as 435 brothers and, in turn, DE and CF were united in an ancestral node 436 defined by mutations M168 and M294 [79]. At first, the solution 437 proposed to this complicated scenario was that two independent 438 migrations out of Africa occurred, one marked by D and the other by 439 the CF pair of lineages [80]. However, a new twist occurred after the 440 441 discovery of more than 60,000 single nucleotide variants by next generation sequencing techniques. A most parsimonious 442 interpretation of the Y-chromosome phylogeny constructed with 443 these variants is that the predominant African haplogroup E arose 444 outside the continent and back-migrated to Africa [59]. The DE split 445 as a lower bound (69.0 \pm 14.7 kya) and the radiation of E into Africa 446 as an upper bound (65.5 ± 8.5 kya) are dates highly coincidental 447 with those estimated for the mtDNA haplogroup L3 expansions 448 (Table 1). Furthermore, the spatial distribution of the residual Y-449 chromosome haplogroup D in Asia is also a good indicator of the 450 geographical location of the putative DE split. The highest frequency 451

and diversity of D is in the Tibet region. Although it is also present, 452 at low incidence, throughout southeast Asia, the other two centers 453 with notable frequency are in Japan and the Andaman Islands [78, 454 81, 82], pointing to the existence of edge relic areas of which could 455 be, long ago, a more wide distribution. There are not native D 456 lineages in India, weakening the possibility that this subcontinent 457 was the center of the DE partition and, therefore, taking the wind out 458 of the southern route supporters. Most probably, the divide of the Y-459 chromosome D and E haplogroups occurred up to the Himalayas 460 and in or westward to the Tibet which also coincides with the 461 hypothetical bifurcation center proposed for the mtDNA L3 462 macrohaplogroup. As these coincidental female and male splits 463 occurred during a glaciations time (70 - 100 Kya), it is reasonable to 464 think that cold climatic conditions forced humans southwards and, 465 confronted with the Himalayas, dispersed across southeastern and 466 southwestern Asia. Most probably, this climatic change also obliged 467 the Neanderthals to broaden its southern range and, therefore, to 468 augment its geographic overlap with humans and, possibly, with 469 470 Denisovans, outcompeting them in search of recourses (Figure 1). This southward retreat was stronger at the western side, as 471 witnessed by the total occupation of the Levant by the Neanderthals 472 around 70 kya [83] and the forced return of modern humans. 473 carrying mtDNA L3 and Y-chromosome E basic lineages, to Africa. 474 However, the tables turned around 20 ky later. Then were modern 475 humans who advanced westwards from inner Asia displacing 476 Neanderthals in its way, colonizing East Asia, South Asia, and 477 Central Asia from where they reached the Levant around 50 kya 478 [84] and Europe short after [85–87]. It is worth mentioning that this 479 westward modern human colonization was also proposed from an 480

archaeological perspective [87, 88]. Under this scenario, early 481 modern humans had to leave Africa much earlier than the time 482 frame proposed by the geneticists under the mitochondrial molecular 483 clock restrictions [89]. In a conciliatory approach, we would fix this 484 period at the L3'4 or even at the L3'4'6 mtDNA coalescence nodes. 485 That is, around 80 to 100 kya (Table 1), in such a way that, at least, 486 mutations 769, 1018 and 16311, that define the basic L3* lineage, 487 occurred already out of Africa. In the same way, the exit of the 488 companion men could be dated at the split of branch CDEF-M168 489 from B-M181 about 86-120 kya [59, 90]. However, given the 490 inaccuracies of the molecular clock, we rather prefer to trust on the 491 fossil and climatic records to establish the out of Africa of early 492 modern humans across the Levant around 125 kya as the most 493 favorable period. 494

495

The phylogeography of the L3 and E lineages inside Africa

The global mean frequencies of the mtDNA and NRY haplogroups in 497 the six main regions of the African continent are presented in Table 498 2. The mtDNA haplogroup L3 is more frequent in sub-Saharan 499 Africa than in North Africa or the Sahel. In contrast, the Eurasian 500 mtDNA haplogroups, including M1 and U6, are more frequent in 501 northern Africa and the Sahel than in sub-Saharan Africa. In 502 general, the Y-chromosome haplogroup E is more frequent in 503 western than eastern Africa while the Eurasian Y haplogroups show 504 a contrary trend. This geographic distribution confirms that the 505 history of Africa is marked by multiple Eurasian migratory waves that 506 pushed the first carriers of female haplogroup L3* and male 507 haplogroup E* basic lineages inside Africa. It has been suggested 508 that the few sub-Saharan haplogroups present in northern Africa are 509

the result of recent historical incorporations [91]. Ancient DNA 510 studies in the area seem to confirm this assumption both, in the 511 northwest [92] and the northeast [93]. The fact that L3k, the only 512 autochthonous L3 lineage in northern Africa, has only a residual 513 presence in the area is also in favor of that suggestion [94]. Under 514 this supposition, male E lineages, present nowadays in North Africa, 515 would have reached the area as a secondary wave escorting 516 Eurasian female lineages as M1 and U6. In fact, the main 517 indigenous E clades in the region, E-M81 in the northwest, and E-518 M78 in the northeast are derived of haplogroup E-M35 which has 519 also European Mediterranean and western Asian branches as E-520 V13 and E-V22 [95]. Against early studies that considered a 521 Paleolithic implantation of E-M81 in the Maghreb [96, 97], it was 522 suggested later that the low microsatellite diversity of this clade in 523 northwest Africa could be better explained as the result of Neolithic 524 or post-Neolithic gene flow episodes from the Near East [98]. 525 However, after that, the discovery of a new sister branch of E-M81, 526 named E-V257 [99], without Near Eastern roots but present in the 527 528 European western and central Mediterranean shores and in Cameroon and Kenyan populations [99, 100], has weaken the 529 suggested Levantine connection. Furthermore, E-M81 and E-M78 530 precursors are very old lineages that, respectively, accumulated 23 531 and 16 mutations in their basal branches. It has been reported that 532 E-M78 radiated in eastern Africa in a time window between 20 and 533 15 kya but E-M81 did not, most probably because it was already in 534 the Maghreb at that time. This would coincide with the expansion 535 age in the area of the mtDNA U6a haplogroup [101]. Thus, a recent 536 re-expansion after a large bottleneck would be the best explanation 537 for the low variance of E-M81 in the present days [102]. The 538

persistence of an even older male demographic substrate in this 539 area has been evidenced by the detection in the region of 540 representatives of the deepest Y phylogenetic clades A0 and A1a 541 [103]. There is general consent in attributing an eastern African 542 origin to the initial expansion of the NRY haplogroup E in the 543 continent [100]. Curiously, ancestral E* lineages have been detected 544 in the Arabian Peninsula [104] and the Levant [105]. Regardless of 545 its origin, haplogroup E shows lower frequencies in northeastern 546 Africa and the eastern Sahel compared with their counterparts in the 547 West. Just the opposite occurs with the respective frequencies of Y 548 Eurasian haplogroups in the same areas (Table 2), which points to 549 later stronger Eurasian male gene flow throughout the northeastern 550 side. 551

Detailed frequencies for mtDNA haplogroups L2 and L3 and Y-552 chromosome haplogroup E, all around the African continent, are 553 listed in Additional file 1: Table S2. We have included L2 in the 554 analysis because it was the sister clade of the composite eastern 555 African node L3'4'6 that, through consecutive range expansions, 556 promoted the exit of the L3 precursor out of Africa. Besides, inside 557 Africa, several L2 derived spreads coincide in time with the later 558 expansion of L3 branches in the continent. Furthermore, there is a 559 suggestive positive association between the mean frequency 560 estimates for L2 and the Y-chromosome haplogroup E across the 561 major African regions (Table 2). In fact, there is a significant positive 562 correlation between E haplogroup frequencies and both L3 (r = 563 0.400; p < 0.0001) and L2 (r = 0.347; p < 0.0001) mtDNA 564 haplogroup frequencies across Africa. Even more, this correlation is 565 strongest when the E frequencies are compared with the sum of the 566 two L2 and L3 frequencies (r = 0.477; p < 0.0001). However, the 567

strength of this association varies in the different regions 568 considered. Thus, the correlation is not significant at all in northern 569 Africa, as could be expected from the picture commented above. It 570 is barely significant in the Sahel region (r = 0.246; p = 0.045), but 571 highly significant in the rest of the regions, with special intensity in 572 southern Africa (r= 0.615; p < 0.0001). Nevertheless, these 573 correlations are only slightly associated with geography as deduced 574 from the AMOVA analysis that shows only a 4% of the variance due 575 to differences among regions (Table 3). It seems that the E and 576 577 L2/L3 expansions were strongest in western Sahel and western Guinea where they substituted the majority of the oldest mtDNA (L0 578 and L1) and Y-chromosome (A and B) lineages (Table 2). We 579 applied the k-means clustering algorithm to our L3 and E frequency 580 data (Additional file 1: Table S2). The consecutive partitioning of the 581 samples into clusters has the objective of minimizing the variance 582 within groups and augmenting the variance among them (Table 3). 583 At k = 5, less than 20% of the variance is due to differences within 584 clusters. At this level, the five classes obtained have centroid means 585 586 for L3 and E that minimize the mean-square distance of the samples grouped to this center (Table 4 and Additional file 1: Tables S5 and 587 S6). Class I, characterized by a relatively low frequency for both L3 588 and E haplogroups, joins the majority of the Khoesan-speaking 589 groups from South Africa, Namibia, and Angola and the Hadza from 590 Tanzania, but also several pygmy groups from Cameroon, Gabon, 591 CAR and Congo as the Baka and the Babinga. In addition to their 592 different geographic locations, these groups are also differentiated 593 by the frequencies of other haplogroups. Thus, Khoesan-speaking 594 samples harbor high frequencies of mtDNA L0d and L0k 595 haplogroups and Y-chromosome A lineages, while the Central 596

African Pygmies are characterized by the highest frequency of 597 mtDNA L1c and Y-chromosome B-M60 lineages. In its turn, the 598 Hadza share with pygmy groups the high percentages for B-M60 599 chromosomes and the highest frequency for mtDNA haplogroup L4 600 in the whole African continent. Other groups that belong to this class 601 are the majority of Nilotes from Sudan and Uganda, characterized 602 by their high frequencies of mtDNA haplogroup L2a1, and several 603 Afro-Asiatic-speaking samples from Egypt and Sudan showing 604 likewise high levels of L2a1 lineages but also of mtDNA L0a1 and Y-605 chromosome B representatives. Practically, the rest of the Khoesan-606 speaking samples fall into Class II characterized because, keeping a 607 low frequency for L3 has an intermediate frequency for E (Table 4), 608 pointing to a male-biased gene flow from western sub-Saharan 609 Africans. At this class also belong the rest of the central Africa 610 pygmies, including Sanga, Mbenzele, Biaka, and Mbuti, all still 611 harboring high frequencies of Y B-M60 and L1c lineages. This class 612 includes mainly northeast African and Ethiopian samples speaking 613 Afro-Asiatic languages, some Nilo-Saharan speaking groups as the 614 615 Fur from Sudan, the Anuak from Ethiopia or the Maasai from Kenya, and Bantu-speakers as the Shona from Zimbabwe and Botswana or 616 the Tswana from Botswana and South Africa. However, the bulk of 617 the northwestern African Afro-Asiatic speaking groups falls into 618 Class III, defined by low frequencies of L3 and high frequencies of E 619 (Table 4). A general low frequency for mtDNA haplogroup L2 is also 620 a characteristic of this grouping. The majority of Berber and Tuareg 621 samples belong to this class including the Gossi, Tamashek, and 622 Douentza from Mali and the Gorom from Burkina Faso. Interestingly, 623 the click-speaking Sandawe and the Nilo-Saharan speaking Datog 624 from Tanzania are also assorted into Class III. From the maternal 625

side, these Tanzanian samples are characterized by their relatively 626 high frequencies of haplogroups L0a and L4. Nevertheless, the most 627 abundant component of this class belongs to the Niger-Congo 628 speakers including the majority of the Senegalese samples but also 629 southern African specific Bantu-speakers as the Zulu and Xhosa. 630 Curiously, the click-speaking Xeg Khoesan and Khwe belong to this 631 cluster, pointing to substantial gene flow from Bantu-speaking 632 immigrants. This fact was reported long ago for the Khwe that were 633 found more closely linked to non-Khoesan-speaking, Bantu, 634 populations [106]. Another class dominated by Niger-Congo 635 speakers is Class IV, the largest of all. It groups samples that 636 possess intermediate frequencies for L3 but high frequencies for E 637 (Table 4). Linia and Kanembou from Chad, Rimaibe from Burkina-638 Faso, Songhai from Nigeria, and Masalit from Sudan are the only 639 Nilo-Saharan speakers in this class. All the western African 640 countries are represented by different Niger-Congo speaking 641 groups, including the Bateke pygmies from Congo. There are also 642 instances of eastern or southern African Bantu representatives. 643 644 Finally, Class V groups those samples that present high frequencies for both, L3 and E, haplogroups (Table 4). Again, Niger-Congo 645 646 speakers are the majority, although Nilo-Saharan from western countries as Menaka of Mali, Diffa of Niger and Kanuri from Nigeria 647 likewise those of eastern countries as Bongor from Chad and Luo 648 from Kenya are included in this class. The two best-represented 649 countries are the western sub-Saharan Africa Nigeria and 650 Cameroon which provided most of the Niger-Congo speaking 651 samples. Nevertheless, there are also Bantu specific speakers from 652 Kenya and southern Africa. This group includes the click-speakers 653 Damara from Namibia and South Africa, who genetically have been 654

associated to Bantu-speaking instead of to other Khoesan-speakinggroups [107].

The above-commented results show that the positive correlation 657 found between Y-chromosome haplogroup E and mtDNA 658 haplogroup L3 (and L2) lineages is neither strongly associated with 659 the geography nor with language. It is better explained as the result 660 of a gradual substitution of the most basal mtDNA (L0, L1, L5) and 661 Y-chromosome (A, B) lineages by the phylogenetically younger 662 clades L2 and L3, and E respectively throughout Africa. The data 663 also point to important sex-biased dispersals between populations. 664 These evident gene replacements in Africa have been mainly 665 attributed to recent geographic range expansions of pastoralist and 666 agriculturalist populations from eastern and western Africa at the 667 expense of the hunter-gatherers inhabitants of the Central Africa 668 rainforest [108–110], eastern African forested areas around the 669 Great Lakes [111–114], and the semi-desert open spaces of South 670 Africa [115–118]. Under our hypothesis of an early return to Africa 671 from Eurasia of basic mtDNA L3 and Y-chromosome E lineages, 672 and their expansion around 70 kya first into East and later into West 673 Africa, those lineage replacements must have begun very early. It 674 seems that in this first spread mtDNA haplogroup L2 was 675 incorporated by favored female assimilation, whereas their 676 hypothetical Y-chromosome haplogroup B counterparts were 677 outcompeted by the incoming E chromosomes. An ancient 678 expansion from a Central African source into eastern Africa at 70-50 679 kya has been associated with haplogroup L2 [119]. Likewise, an 680 early expansion within Africa 60-80 kya involving L3 and, possibly, 681 L2 was already detected long ago [120]. The last mentioned spread 682 was considered the crucial event in the exit of modern humans from 683

Africa into Eurasia. However, our proposition is that it signaled a
backflow from Eurasia and subsequent expansion into Africa.
Finally, it seems interesting to point out that our hypothesis of an
early return and subsequent expansion inside Africa of carriers of L3
and E haplogroups could help to explain, in a different way, the
Neanderthal introgression detected in the western African Yoruba
[121, 122], and in the northern African Tunisian Berbers [122].

A new mtDNA model about the origin and dispersion of Homo sapiens

At mtDNA level, the sampling and data accumulated during the last 694 thirty years, including those contributed by ancient DNA studies, 695 allow us to propose a more detailed model of the origin and 696 worldwide spread of modern humans than the ones proposed three 697 decades ago. There are three fossil series in northwest, northeast, 698 and southern Africa that chronologically and morphologically 699 recapitulated the evolution of Homo sapiens from early archaic 700 around 600 kya to early moderns by 200 kya [123]. The recent 701 702 dating of Middle Stone Age tools $(315 \pm 34 \text{ kya})$ and early modern human fossils (286 \pm 32 kya) from Jebel Irhoud in Morocco, places 703 the emergence of our species, and of the Middle Stone Age, close in 704 time and long before the age of about 200 kya previously suggested 705 for the common origin of all humans in eastern Africa [124]. These 706 data coincide in time with the existence of an old Y-chromosome 707 lineage (A00) detected in samples of western-central African 708 709 ascendance and dated 338 kya (95% CI: 237-581 kya), remarkably older than common estimates based on the Y-chromosome and 710 mtDNA TMRCAs [125]. The fact that the following more divergent Y-711 chromosome A lineages (A0, A1a) also have a western-central 712

African location, strongly supports this region as the origin of an 713 ancestral human population from which the ancestors of early 714 modern humans emerged [90, 103]. The most ancient splits and 715 spreads of the mtDNA lineages also situated the hypothetical origin 716 of all extant maternal lineages around this area. Although the 717 earliest L0 clade diverged around 145 kya (Additional file 1: Table 718 S3) and had its first expansions in southern Africa (L0d, L0k), the 719 subsequent splits gave rise to L1 and L5 around 131 kya and 123 720 kya spreading to western and eastern Africa respectively. These 721 long range African dispersions place its putative origin somewhere 722 in Central Africa (Figure 1a). The same "centre-of-gravity" argument 723 was used by other authors to suggest a Central African origin [126]. 724 It is worth mentioning that while ancestral southern African 725 Khoesan-speaking population still maintain high frequencies of 726 primitive L0d and k lineages [94, 106, 127, 128], and that in the 727 hunter- gatherer populations of central-western Africa the L1c 728 haplogroup is dominant [108, 109], L5 in eastern Africa has today 729 only a marginal presence [114, 129], most probably due to its 730 displacement produced by more recent waves of better adapted 731 incomers. The presence of L5 in southern Africa and eastern Mbuti 732 pygmies [70, 109, 118, 127] is the result of later migrations. Most 733 probably, next split, around 100 kya, also occurred in Central Africa 734 resulting in sister clusters L2 and L3'4'6 that, respectively, produced 735 initial westward and eastward expansions (Figure 1a). Although the 736 oldest L2 lineages have been sampled in western Africa [130], 737 today, as result of successive spreads inside the continent, this 738 clade has a pan-African range [119]. In eastern Africa, the cluster 739 L3'4'6 was the embryo of the full Eurasian maternal diversity. Its first 740 split was haplogroup L6 that nowadays is a rare eastern lineage with 741

a deep founder age (about 100 kya) but a rather recent expansion 742 (about 25 kya). It has been found at frequencies below 1% in 743 Egyptians [131], Somalis [132], Kenyan [133], and eastern Nilotes 744 from Uganda [114]. Mean frequency rise in Ethiopia $(3.15 \pm 1.15 \%)$ 745 with a maximum (15.8%) in Ongota, an extinguishing linguistic 746 isolate of uncertain adscription [129]. Outside Africa L6 has not been 747 detected in the Levant [134]. It is present in the Arabian Peninsula at 748 frequencies below 1% in Saudi samples but raises 12% in some 749 Yemeni samples [135]. Attending to the L6 phylogeny (Additional file 750 2: Figure S1), it seems that not all the Yemeni lineages are a subset 751 of the eastern African lineages as there is at least one for which its 752 common node coincides with the expansion of the whole 753 haplogroup. Based on its peculiar phylogeography, the possibility 754 that L6 could have originated from the same out-of-Africa southern 755 migration that colonized Eurasia was suggested [135]. If this were 756 the case, this early L6 expansion would give genetic support to the 757 reported presence of modern humans in the Arabian Peninsula, 758 around 125 kya, based on archaeological evidence [12–14]. This 759 suggestion also enjoys climatic support as this period coincides with 760 humid environmental conditions in Arabia [136]. However, it seems 761 that this possible human expansion did not extend beyond the 762 Peninsula as L6 derived lineages have not vet been detected across 763 Eurasia. The return to arid conditions, most probably, caused the 764 decline of the populations carrying the L6 lineage that had to retreat 765 to refuge areas as the highlands of Yemen and Ethiopia until more 766 favorable conditions made possible their subsequent recovery in 767 eastern Africa and Yemen. The long mutational stem that precedes 768 the expansion of L6 (Additional file 2: Figure S1), would faithfully 769 represent that strong and long bottleneck. Next phylogenetic 770

bifurcation produced the ancestors of L3 and L4 haplogroups 771 (Additional file 2: Figure S1). Nowadays, the highest frequencies 772 and diversities of L4 are found in eastern Africa, but it has spread 773 over the entire continent (Table 3). Besides, it has been detected at 774 frequencies below 1% in the Levant [137], and the Arabian 775 Peninsula [74, 138]. Most probably, as consequence of drift effects, 776 some populations show outstanding frequencies of L4. In western 777 Africa, Samoya (28.6%) and Kassena (21.2%) samples, speakers of 778 the Gur linguistic family, stand out [72]. In Ethiopia, the cases of the 779 Omotic-speaking Hamer (18.2%), the Cushitic-speaking Daasanach 780 (22.2%), and the Nilotic-speaking Gumuz (24.0%) and Nyangatom 781 (21.6%) are also remarkable [129, 139]. However, without any 782 doubt, are the Tanzanian click-speaking Hadza (58%) and Sandawe 783 (43%) whom show the highest values for L4 in Africa [111–113], 784 this, together with the elevated frequencies that Hadza (50%) and 785 Sandawe (15%) present for the Y-chromosome haplogroup B-M112 786 [140], points to human expansions from the North as those that most 787 strongly influenced the gene pool of these groups. Attending to the 788 age of bifurcation from L3 (around 95 kya), it could be thought that 789 these L4 expansions occurred before our proposed return to Africa 790 of L3 basic lineages. However, as the main spreads of its 791 descendant clusters L4a (54.8 kya) and L4b (48.9 kya) [94, 138] had 792 taken place around the same time window that the majority of the L3 793 and L2 branches in Africa, the most probable explanation is that 794 improved climatic conditions after 60 kya motivated a global 795 demographic growth on the African continent. Noticed that the 796 evidence for an L3 first expansion in East Africa [89] is likewise in 797 support of the out-of-Africa scenario than of a Eurasian back-flow as 798 proposed here. We hypothetically situated the L3'4 node in 799

northeast Africa or the Near East (Figure 1a) to allow an out-ofAfrica of the pre-L3 clade. The Y-chromosome CDEF ancestor had
to be its male counterpart. Other female and male lineages could
have moved with them but, presumably gone extinct without
contributing either to the maternal or paternal gene pools of the
living human populations of Eurasia.

Under the scenario proposed here, early anatomically modern 806 humans went out of Africa around 125 kya with a simple Middle 807 Stone Age technology that was not superior to that manufactured by 808 the Neanderthals. Favored by mild climatic conditions, these African 809 pioneers progressed through West Asia and reached Central Asia 810 overlapping in its way with the southern geographic range occupied 811 by the Neanderthals. A new vision of the fossil and archaeological 812 records of those regions [88, 141, 142] might uncover the path 813 followed by those early African colonizers. At favorable conditions 814 for both hominin groups, we might predict limited exchange of skills, 815 lithic technology, and sex. However, when after 75 kya glacial 816 environments became dominant, Neanderthals had to retreat 817 southwards pushing out humans in its way. Confronted with the 818 northern foothills of the Himalayas, humans moved in two directions, 819 westwards to return to Africa, and eastwards to reach southeastern 820 Asia across China (Figure 1b). The second part of this model has 821 been already outlined in precedent articles [53-55]. 822

823

Figure 1 title

Geographic origin and dispersion of mtDNA L haplogroups: A.
Sequential expansion of L haplogroups inside Africa and exit of the
L3 precursor to Eurasia. B. Return to Africa and expansion to Asia of

⁸²⁸ basic L3 lineages with subsequent differentiation in both continents.

829

830 Additional files

Additional file 1: Table S1. Complete mtDNA macrohaplogroup L 831 sequences. Table S2. Frequencies of mtDNA haplogroups L2 and 832 L3 and Y-chromosome haplogroup E lineages across Africa. Table 833 S3. Coalescence ages in thousand years (kya) with 95% coefficient 834 intervals (CI), or standard deviations, for the main mitochondrial 835 DNA African haplogroups. Table S4. Coalescence ages in thousand 836 years (kya) with 95% coefficient intervals (CI), or standard 837 deviations, for Y-chromosome most recent common ancestor 838 (MRCA), the out-of-Africa event, and the splits of haplogroup DE 839 and E. Table S5. k-means cluster results using African populations 840 characterized by mtDNA L3 and Y-chromosome E haplogroup 841 frequencies. Table S6. k-means cluster results using African 842 populations characterized by mtDNA L2 and L3 and Y-chromosome 843 E haplogroup frequencies. 844

- Additional file 2: Figure S1. Phylogenetic tree of mtDNA
- macrohaplogroup L complete African sequences produced in thisstudy.

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- 853 Availability of data and materials

The sequence set supporting the results of this article are available in the GenBank repository (MF621062 to MF621130), Additional file 856 !: Table S1, and Additional file 2, Figure S1. References for the
haplogroup frequencies used in this study are listed in Additional file
1, Table S2. All results obtained from our statistical analysis are
presented in tables and figures of this article and in the additional
files.

861 Authors' contributions

VMC conceived and designed the study, analyzed the data and 862 wrote the manuscript. PM edited and submitted mtDNA sequences, 863 designed figures, and contributed to the data analysis independently 864 confirming the analysis results. KKAA carried out the sequencing of 865 the Arabian and eastern African samples and made corrections on 866 the manuscript. JML carried out the sequencing of the Canary 867 Islands and western African samples, and contributed to the 868 collection of published data and their analysis. All the authors read 869 and approved the final manuscript. 870

871 Authors'information

VMC is actually retired.

873 Competing interests

874 The authors declare that they have no competing interests.

875 **Consent for publication**

876 Not applicable.

877 Ethics approval and consent to participate

878 The procedure of human population sampling adhered to the tenets

- of the Declaration of Helsinki. Written consent was recorded from all
- participants prior to taking part in the study. The study underwent

- formal review and was approved by the College of Medicine Ethical
- 882 Committee of the King Saud University (proposal Nº09-659), and by
- the Ethics Committee for Human Research at the University of La
- Laguna (proposal NR157).

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1512 TABLES

1537

Table 1. MtDNA and NRY mean values for MRCA, Out-of-Africa and haplogroup coalescences

1515				
1516	Marker	MRCA	Out-of-Africa	Haplogroup splits
1517				
1518	MtDNA	184 ± 61.0	71.0 ± 12.0*	L3'4'6: 95.8 ± 14.0
1519			71.0 ± 8.0**	L3'4: 84.1 ± 8.6
1520				
1521	NRY	171.5 ± 13.7	93.9 ± 25.3	DE: 69.0 ± 6.7
1522				E: 65.5 ± 8.5
1523 1524	*12 Afric			
1524	LS AITIC	a; **L3 Eurasia		
1525				
1526				
1527				
1528				
1320				
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1521				
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1534				
1525	Table		nd V-Chromosomo	maan hanlogroun fregu

1535Table 2. MtDNA and Y-Chromosome mean haplogroup frequencies1536in the major regions of the African continent

1538	Haplogroup	NW Africa	NE Africa	W Sahel	E Sahel	W Guinea	C Africa	East
1539	Guinea	S. Africa						
1540								
1541	mt-L0	0.90±0.88	2.50±1.00	1.52±0.91	7.56±3.94	2.27±3.03	4.35±2.10	
1542	30.55±6.58	56.5±8.03	3					
1543								
1544	mt-L1	5.01±1.31	2.72±0.62	17.83±2.90	3.47±2.77	15.78±7.30	34.85±6.55	
1545	4.72±3.14	2.13±0.50						
1546								
1547	mt-L2	7.96±6.37	6.03±3.28	30.88±15.52	19.07±12.91	36.21±11.26	22.35±12.99	
1548	10.70±6.99	16.15±16.1	7					
1549								
1550	mt-L3	12.06±7.05	13.93±5.74	31.85±17.83	27.06±12.64	36.82±10.66	33.10±17.51	
1551	35.59±11.57	23.84±18.	80					

1552							
1553	mt-L4	0.24±0.14	1.34±0.21	0	4.94±3.19	0	0.20±1.25
1554	9.14±4.78	0.57±0.32	1				
1555							
1556	mt-L5	0.02±0.04	0.49±0.68	0	4.23±3.54	0	0.10±1.30
1557	2.47±1.84	0.45±0.23					
1558							
1559	mt-L6	0.04±0.09	0.08±0.12	0	0.91±1.41	0	0
1560	0.27±0.38	0					
1561							
1562		73.77± 10.88	72.91±7.70	17.92±5.02	32.76±4.56	8.92±3.34	5.05±3.13
1563	6.56±4.73	0.36±0.28					
1564							
1565		0.09±0.15	0.68±0.95	0	10.72±4.73	1.18±1.85	0.59±0.42
1566	7.95±8.54	8.45±2.90					
1567							
1568		0.34±0.31	0	0	8.96±13.18	2.14±3.23	7.23±3.48
1569	17.48±10.97	7 10.70±3.3	4				
1570							
1571				84.10±13.72	51.01±23.12	92.76±6.46	79.16±22.13
1572	73.24±20.48	8 69.51±25.7	70				
1573							
1574		22.92±7.35		15.90±5.36	29.31±6.08	3.92±2.87	13.02±3.44
1575	1.33±1.21	11.34±4.12					
1576							
1577							
1578							
1579							
1579 1580							
1579 1580 1581							
1579 1580 1581 1582						10	
1579 1580 1581 1582 1583	Table 3.	AMOVA		ean cluste	ring resul	ts	
1579 1580 1581 1582 1583 1583			Var	iance %	•	ts	
1579 1580 1581 1582 1583 1584 1585	Statistic	within	Var populations	iance % between	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586	Statistic AMOVA	within 9	Var populations 6.00	iance % between 4.00	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586 1587	Statistic AMOVA k-2 clusterir	within 9 ng 4	Var populations 6.00 3.57	iance % between 4.00 56.43	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586 1587 1588	Statistic AMOVA k-2 clusterir k-3 clusterir	within 9 ng 4 ng 2	Var populations 6.00 3.57 9.68	iance % between 4.00 56.43 70.32	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586 1587 1588 1588 1589	Statistic AMOVA k-2 clusterir k-3 clusterir k-4 clusterir	within 9 ng 4 ng 2 ng 2	Var populations 6.00 3.57 9.68 3.74	iance % between 4.00 56.43 70.32 76.26	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586 1587 1588 1589 1590	Statistic AMOVA k-2 clusterir k-3 clusterir k-4 clusterir k-5 clusterir	within 9 ng 4 ng 2 ng 2 ng 1	Var populations 6.00 3.57 9.68 3.74 9.40	iance % between 4.00 56.43 70.32 76.26 80.60	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586 1587 1588 1589 1590 1591	Statistic AMOVA k-2 clusterir k-3 clusterir k-4 clusterir k-5 clusterir k-6 clusterir	within 9 ng 4 ng 2 ng 2 ng 1 ng 1	Var populations 6.00 3.57 9.68 3.74 9.40 6.75	iance % between 4.00 56.43 70.32 76.26 80.60 83.25	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586 1587 1588 1589 1590 1591 1592	Statistic AMOVA k-2 clusterir k-3 clusterir k-4 clusterir k-5 clusterir	within 9 ng 4 ng 2 ng 2 ng 1 ng 1	Var populations 6.00 3.57 9.68 3.74 9.40	iance % between 4.00 56.43 70.32 76.26 80.60	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586 1587 1588 1589 1590 1591 1592 1593	Statistic AMOVA k-2 clusterir k-3 clusterir k-4 clusterir k-5 clusterir k-6 clusterir	within 9 ng 4 ng 2 ng 2 ng 1 ng 1	Var populations 6.00 3.57 9.68 3.74 9.40 6.75	iance % between 4.00 56.43 70.32 76.26 80.60 83.25	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586 1587 1588 1589 1590 1591 1592 1593 1594	Statistic AMOVA k-2 clusterir k-3 clusterir k-4 clusterir k-5 clusterir k-6 clusterir	within 9 ng 4 ng 2 ng 2 ng 1 ng 1	Var populations 6.00 3.57 9.68 3.74 9.40 6.75	iance % between 4.00 56.43 70.32 76.26 80.60 83.25	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586 1587 1588 1589 1590 1591 1592 1593 1594 1595	Statistic AMOVA k-2 clusterir k-3 clusterir k-4 clusterir k-5 clusterir k-6 clusterir	within 9 ng 4 ng 2 ng 2 ng 1 ng 1	Var populations 6.00 3.57 9.68 3.74 9.40 6.75	iance % between 4.00 56.43 70.32 76.26 80.60 83.25	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586 1587 1588 1589 1590 1591 1592 1593 1594 1595 1596	Statistic AMOVA k-2 clusterir k-3 clusterir k-4 clusterir k-5 clusterir k-6 clusterir	within 9 ng 4 ng 2 ng 2 ng 1 ng 1	Var populations 6.00 3.57 9.68 3.74 9.40 6.75	iance % between 4.00 56.43 70.32 76.26 80.60 83.25	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586 1587 1588 1589 1590 1591 1592 1593 1594 1595 1596 1597	Statistic AMOVA k-2 clusterir k-3 clusterir k-4 clusterir k-5 clusterir k-6 clusterir	within 9 ng 4 ng 2 ng 2 ng 1 ng 1	Var populations 6.00 3.57 9.68 3.74 9.40 6.75	iance % between 4.00 56.43 70.32 76.26 80.60 83.25	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586 1587 1588 1590 1591 1592 1593 1594 1595 1596 1597 1598	Statistic AMOVA k-2 clusterir k-3 clusterir k-4 clusterir k-5 clusterir k-6 clusterir	within 9 ng 4 ng 2 ng 2 ng 1 ng 1	Var populations 6.00 3.57 9.68 3.74 9.40 6.75	iance % between 4.00 56.43 70.32 76.26 80.60 83.25	regions	ts	
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1579 1580 1581 1582 1583 1584 1585 1586 1587 1588 1589 1590 1591 1592 1593 1594 1595 1596 1597 1598 1599 1600 1601 1602	Statistic AMOVA k-2 clusterir k-3 clusterir k-4 clusterir k-5 clusterir k-6 clusterir	within 9 ng 4 ng 2 ng 2 ng 1 ng 1	Var populations 6.00 3.57 9.68 3.74 9.40 6.75	iance % between 4.00 56.43 70.32 76.26 80.60 83.25	regions	ts	
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1579 1580 1581 1582 1583 1584 1585 1586 1587 1588 1590 1591 1592 1593 1594 1595 1596 1597 1598 1599 1600 1601 1602 1603 1604 1605	Statistic AMOVA k-2 clusterir k-3 clusterir k-4 clusterir k-5 clusterir k-6 clusterir	within 9 ng 4 ng 2 ng 2 ng 1 ng 1	Var populations 6.00 3.57 9.68 3.74 9.40 6.75	iance % between 4.00 56.43 70.32 76.26 80.60 83.25	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586 1587 1588 1590 1591 1592 1593 1594 1595 1596 1597 1598 1599 1600 1601 1602 1603 1604 1605 1606	Statistic AMOVA k-2 clusterir k-3 clusterir k-4 clusterir k-5 clusterir k-6 clusterir	within 9 ng 4 ng 2 ng 2 ng 1 ng 1	Var populations 6.00 3.57 9.68 3.74 9.40 6.75	iance % between 4.00 56.43 70.32 76.26 80.60 83.25	regions	ts	
1579 1580 1581 1582 1583 1584 1585 1586 1587 1588 1590 1591 1592 1593 1594 1595 1596 1597 1598 1599 1600 1601 1602 1603 1604 1605	Statistic AMOVA k-2 clusterir k-3 clusterir k-4 clusterir k-5 clusterir k-6 clusterir	within 9 ng 4 ng 2 ng 2 ng 1 ng 1	Var populations 6.00 3.57 9.68 3.74 9.40 6.75	iance % between 4.00 56.43 70.32 76.26 80.60 83.25	regions	ts	

1609 1610 1611 1612 1613				
1614 1615				
1615				
1617	Table 4. Frequer	ncy values for	k-means ce	entroids in 1 to
1618	5 classes			
1619	Clase	values L3/E	mt-L3	Y-E
1620	1	low/low	16.9	25.9
1621	2	low/medium	17.6	57.4
1622	3	low/high	17.2	86.6
1623	4	medium/high	36.2	92.9
1624	5	high/high	55.0	87.2
1625				
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