

1 **Title:** State-Unspecific Modes of Whole-Brain Functional Connectivity Predict Intelligence
2 and Life Outcomes

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14

15 **Abstract**

16 Recent functional magnetic resonance imaging (fMRI) studies have increasingly revealed
17 potential neural substrates of individual differences in diverse types of brain function and
18 dysfunction. Although most previous studies have been inherently limited to state-specific
19 characterizations of related brain networks and their functions, several recent studies have
20 examined the potential state-unspecific nature of functional brain networks, such as their
21 global similarities across different experimental conditions (i.e., states) including both task
22 and rest. However, no previous studies have carried out direct, systematic characterizations
23 of state-unspecific brain networks, or their functional implications. Here, we quantitatively
24 identified several modes of state-unspecific individual variation in whole-brain functional
25 connectivity patterns, called “Common Neural Modes (CNMs)”, from a large fMRI dataset
26 including eight task/rest states, obtained from the Human Connectome Project. Furthermore,
27 we tested how CNMs account for variability in individual behavioral measures. The results
28 revealed that three CNMs were robustly extracted under various different preprocessing
29 conditions. Each of these CNMs was significantly correlated with different aspects of
30 behavioral measures of both fluid and crystalized intelligence. The three CNMs were also
31 able to predict several life outcomes, such as income and life satisfaction, achieving the
32 highest performance when combined with behavioral intelligence measures as inputs. Our
33 findings highlight the importance of state-unspecific brain networks to characterize
34 fundamental individual variation.

35

36 **Keywords**

37 Functional connectivity fMRI, Machine learning, Human Connectome Project, Intelligence

38

39 **Introduction**

40

41 An increasing number of cognitive neuroscience studies have revealed the neural substrates
42 of individual difference using functional magnetic resonance imaging (fMRI) (Dubois and
43 Adolphs, 2016) by investigating coordinated activation (co-activation) patterns of the whole
44 brain. The degree of co-activation between different brain regions of interest (ROIs), often
45 referred to as functional connectivity (FC), is typically measured by the correlation between
46 the blood-oxygen-level-dependent (BOLD) signals averaged within each ROI. A set of brain
47 regions that cooperates under some experimental conditions is typically called a “network”,
48 as represented by the default mode network (DMN) (Raichle, 2015). A wide variety of
49 individual differences in our cognition and behavior have been associated with the
50 characteristics of FC patterns and networks in the brain, including cognitive abilities (Finn et
51 al., 2015; Smith et al., 2015), sustained attention ability (Rosenberg et al., 2016), emotional
52 sensitivity (Modi et al., 2015; Takagi et al., 2018) and psychiatric disorders (Fox and Greicius,
53 2010; Takagi et al., 2017).

54

55 These previous studies have investigated the relationship between individual differences and
56 brain networks while a person is experiencing a specific state. In particular, recent research
57 has intensively focused on the resting state, as it potentially reflects many types of individual
58 differences and can be measured easily (Dubois and Adolphs, 2016). The present study is
59 directly inspired by Smith et al. (2015), who revealed, in a data-driven manner, that a small
60 number of linear factors underlying individuals’ whole-brain resting-state FC patterns
61 (“neural modes”) can explain diverse ranges of individual differences simultaneously (Smith
62 et al., 2015). However, despite their apparent connections with behavior, the brain networks
63 and neural modes examined in these previous studies, as well as their relations to individual
64 differences, are inherently state-specific; thus, it is unclear whether these findings generalize
65 across states, indicating basic traits of individuals. Geerligs et al. (2015) demonstrated that
66 the relationship between individual differences and FC patterns may substantially change
67 across different states, including both rest and task (Geerligs et al., 2015).

68

69 A small number of recent studies have suggested the existence of more fundamental, “state-
70 unspecific” brain networks which characterize individuals in a similar manner across
71 different states (Cole et al., 2014; Finn et al., 2015; Tavor et al., 2016). Specifically, Cole et
72 al. (2014) found that average FC patterns of a number of subjects exhibit a high degree of
73 global similarity among different states, including rest. Finn et al. (2015) reported that FC
74 patterns of each individual were also globally similar, across various task and rest states.
75 Furthermore, Tavor et al. (2016) revealed that an individual’s brain activity during a task state
76 can be predicted from their resting-state FC patterns. These findings clearly suggest a
77 potential state-unspecific aspect of brain networks. Unfortunately, however, no previous
78 studies have explicitly identified these state-unspecific brain networks, or quantitatively
79 investigated their relationship to individual differences in behavior.

80

81 In the present study, we conducted, for the first time, a quantitative characterization of state-
82 unspecific brain networks and investigated its connection with inter-individual variability in
83 behavior. Our approach combined the large-scale database of the Human Connectome Project
84 with a sophisticated machine learning technique. Specifically, we applied multiset canonical
85 correlation analysis (M-CCA) to the FC matrices obtained from eight states, including the
86 resting state (Kettenring, 1971; Via et al., 2007). The obtained components uniquely
87 characterize individuals’ FC patterns that are common across different states, which we refer
88 to as “Common Neural Modes (CNMs)”. We demonstrated that several CNMs could be
89 robustly extracted from whole-brain FC patterns. These CNMs were then found to be
90 selectively correlated with behavioral intelligence measures. In addition, we demonstrated
91 that CNMs could predict several types of life outcomes, complementing conventional
92 behavioral measures of intelligence.

93 **Materials and methods**

94

95 **Subjects**

96 We used a public fMRI dataset available from the Human Connectome Project (HCP) 500
97 Subject Release (Van Essen et al., 2012) (<http://humanconnectome.org/data>). We excluded
98 1) subjects who did not have all eight fMRI datasets (corresponding to seven task states and
99 one resting state) or who were not given all 44 behavioral measures (subdivided into 12
100 categories of cognition), and 2) subjects who exhibited substantial movement during fMRI
101 data acquisition (see fMRI preprocessing). After this screening process, 406 subjects were
102 included in the final analysis. All subjects were healthy adults (ages 22–36 years, 238
103 females).

104

105 **MRI parameters**

106 The fMRI data were acquired using a protocol with advanced multiband sequences. Whole-
107 brain echo-planar scans were acquired with a 32-channel head coil on a modified 3T Siemens
108 Skyra with repetition time = 720 ms, echo time = 33.1 ms, flip angle = 52°, bandwidth 2,290
109 Hz/Px, in-plane field of view = 208 × 180 mm, 72 slices, 2.0 mm isotropic voxels, with a
110 multiband acceleration factor of 8 (Uğurbil et al., 2013). Data were collected over 2 days. On
111 each day, 28 min of rest (eyes open with fixation) fMRI data across two runs were collected
112 (two runs, 56 min in total, per day), followed by 30 min of task-fMRI data collection (60 min
113 in total, per day). Each of the seven task-fMRI was completed over two consecutive fMRI
114 runs. Three task-fMRI (working memory, reward learning, and motor responses) data were
115 collected on the first day. The other four task-fMRI (emotion perception, language processing,
116 relational reasoning, and social cognition) data were collected on the second day. More
117 details about the fMRI collection method were described in previous studies (Barch et al.,
118 2013; Smith et al., 2013).

119

120 **Task paradigms**

121 The seven task-fMRI paradigms were selected to activate different neural circuitry that
122 supports broad cognitive functions, and included emotion perception, reward learning,

123 language processing, motor responses, relational reasoning, social cognition, and working
124 memory (Barch et al., 2013; Cole et al., 2016). Briefly, the emotion task involved matching
125 fearful or angry faces to a target face. The reward learning task involved a gambling task
126 involving monetary rewards and losses. The language task involved auditory stimuli
127 consisting of narrative stories and math problems, along with questions to be answered
128 regarding the prior auditory stimuli. The motor task involved movement of the hands, tongue
129 and feet. The relational reasoning task involved higher-order cognitive reasoning regarding
130 relations among features of presented shape stimuli. The social cognition (theory of mind)
131 task used short video clips of moving shapes that interacted in some way or moved randomly,
132 with subjects making decisions about whether the shapes had social interactions. The
133 working memory task involved the conventional visual 2-back and 0-back tasks.

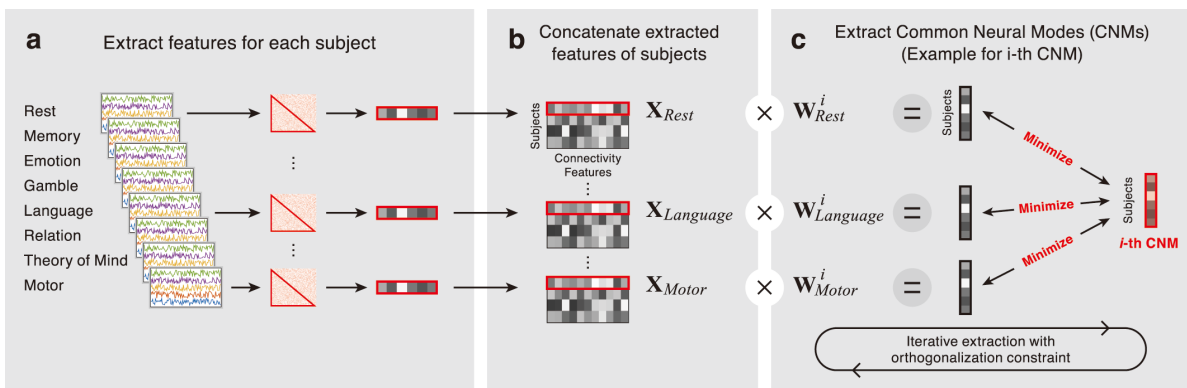
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135 **fMRI preprocessing**

136 Fig. 1 shows a schematic diagram of our analysis. The datasets were originally preprocessed
137 through the HCP minimal preprocessing pipeline (Glasser et al., 2013). This pipeline includes
138 artefact removal, motion correction and registration to standard space. T1 images were
139 segmented into three tissue classes in Montreal Neurological Institute (MNI) space using
140 Statistical Parametric Mapping 8 (SPM8: Wellcome Department of Cognitive Neurology,
141 <http://www.fil.ion.ucl.ac.uk/spm/software/>) in MATLAB (The MathWorks, Inc., Natick,
142 MA). First, for each subject, the framewise displacement (FD) at each scan was calculated
143 by summing up all six head motion parameters. The “scrubbing” procedure (Power et al.,
144 2012) then identified scans that exhibited excessive head motion based on FD volumes.
145 Specifically, a scan was flagged if the FD exceeded 0.5 mm. The flagged scan, the preceding
146 scan, and the two subsequent scans, were excluded from the correlation analysis below.
147 Subjects were excluded from the subsequent analyses if less than 50% of the scans remained
148 after this procedure for any of the eight fMRI data sets. Then, for each subject, pair-wise,
149 interregional FC was evaluated among 268 ROIs covering the entire brain (Finn et al., 2015)
150 (atlas can be downloaded from https://www.nitrc.org/frs/?group_id=51). The representative
151 time course of each region was extracted by averaging the BOLD time courses of the voxels
152 within that region. Each ROI time course was linearly regressed on the temporal fluctuations

153 of both the white matter and the cerebrospinal fluid as well as the six head motion parameters,
 154 whose effects were then subtracted from the original time course. The fluctuation of each
 155 tissue class was the average time course of the voxels within the corresponding mask. After
 156 within-run linear trend removal, for each subject, we calculated an FC matrix consisting of
 157 all the pairwise FCs between the 268 ROIs, based only on the remaining scans after the
 158 scrubbing step above. As the FC matrices are symmetric, values on only the strictly lower
 159 part were kept, resulting in 35,778 ($= 268 \times 267 / 2$) unique entries (FC values) (Fig. 1a). For
 160 all task and resting state fMRI data, FC matrices were calculated using the same procedure.
 161 Note that an FC matrix was obtained for every run, and those of multiple runs were averaged
 162 in each of the eight task or resting-state conditions.

163



164

165 **Figure 1. Schematic diagram of the analyses. (1)** For each subject, feature vectors from
 166 the eight states were extracted. (2) Within each state, data for all subjects were
 167 concatenated to obtain input data matrices. (3) Common Neural Modes (CNMs) were
 168 calculated by minimizing the difference between weighted input matrices and CNMs.
 169 CNMs were iteratively calculated with the orthogonalization constraint.

170

171

172 Identifying CNMs

173 We identified common neural modes (CNMs) of individuals as FC patterns that robustly
 174 characterized individuals irrespective of state. Specifically, we used M-CCA (Kettenring,
 175 1971), which extends canonical correlation analysis (CCA) (Hotelling, 1936) to more than

176 two datasets. Both methods identify canonical variates that summarize each dataset by linear
177 transformations. In contrast, conventional CCA maximizes correlations between a pair of
178 canonical variates, M-CCA maximizes a scalar objective function that summarizes all
179 pairwise correlations among $M (> 2)$ canonical variates. M-CCA reduces to CCA when the
180 number of datasets M is two. Several variants of M-CCA have been proposed, depending on
181 how it summarizes the pairwise correlations into a single objective function (Kettenring,
182 1971). We chose the MAXVAR approach because it explicitly introduces common latent
183 factors across different datasets (Vía et al., 2007), which can be naturally interpreted as
184 CNMs.

185 Suppose that we are given M data matrices $\mathbf{X}_k \in \mathbb{R}^{N \times m_k}$, $k = 1, \dots, M$ (Fig. 1b), where N
186 denotes the sample size and m_k denotes the dimensionality of the k -th data space. Each
187 column is assumed to have zero sample mean, without loss of generality. The MAXVAR
188 approach can then be stated as the problem of finding M weight vectors \mathbf{w}_k ($k = 1, \dots, M$), each
189 for one of the M datasets, so that the errors between the corresponding canonical factors $\mathbf{X}_k \mathbf{w}_k$
190 and their grand average $\mathbf{z} \in \mathbb{R}^{N \times 1}$ is minimized. The cost function to be minimized is
191 formally given as

$$192 \quad J = \min \sum_{k=1}^M \|\mathbf{z} - \mathbf{X}_k \mathbf{w}_k\|^2.$$

193 where the minimization is performed with respect to both \mathbf{w}_k and \mathbf{z} . To avoid trivial solutions,
194 \mathbf{w}_k and \mathbf{z}_k are constrained to have unit Euclidean norms, and to be mutually orthogonal. The
195 solution is given by solving a generalized eigenvalue problem. See Via et al. (2005) for more
196 detailed information about this procedure. Solving this problem gives a set of M vectors \mathbf{w}_k ,
197 and CNMs are defined as the average of $\mathbf{X}_k \mathbf{w}_k$ for $k = 1, \dots, M$ (Fig. 1c).

198 To reduce redundancy among FCs, the dimensionalities of the data matrices were reduced in
199 advance using principal components analysis (PCA). The numbers of principal components
200 were varied between 10, 50 and 100 for calculating CNMs, and the numbers of CNMs were
201 also varied between 10, 50 and 100, respectively. The significance of the pairwise canonical
202 correlations was investigated using a permutation test for individual CNMs. We first shuffled
203 subject labels of all \mathbf{X}_k , then conducted M-CCA. We ran these analyses 1,000 times and

204 obtained 1,000 instances of estimated \mathbf{w}_k . We then took the average of the absolute correlation
205 coefficients between all pairs among $\mathbf{X}_k\mathbf{w}_k$ for each random dataset. Finally, we calculated
206 the statistical significance by comparing the true averaged value of the correlation coefficient
207 with those obtained from shuffled datasets.

208

209 **Relationship between CNMs and cognitive measures**

210 To analyze how CNMs were associated with individual differences in behavior, we calculated
211 Pearson's correlations between the CNMs and cognitive measures obtained using HCP with
212 various behavioral test batteries. The targets of those cognitive measures include, for example,
213 episodic memory, executive function, self-regulation, language and fluid intelligence. The
214 original set of measures were available from the HCP database website. When both age-
215 adjusted and age-unadjusted versions existed for the same index, we excluded the age-
216 unadjusted version.

217 To reduce the risk of overfitting, we conducted all analyses in a fully cross-validated manner
218 (Barch and Yarkoni, 2013). Specifically, we first split all the subjects into 10 disjointed
219 subsets of subjects. The model for calculating CNMs was then obtained based on all but one
220 set of subjects (training set) and the model was then tested on the one withheld set of subjects
221 (test set). We repeated this procedure 10 times (10-fold cross validation).

222

223 **Prediction of life outcomes using CNMs**

224 The preceding analysis suggested that CNMs correlated with representative intelligence
225 measures obtained by the behavioral test batteries. Thus we further investigated whether the
226 CNMs may account for individual differences in the subjects' life outcomes, which have been
227 considered to be predicted by intelligence measures in the field of educational psychology
228 (Cattell, 1963; Colom et al., 2010; Gottfredson, 1997). As a measure of life outcomes, we
229 chose three measures: income, life satisfaction and year of education. We conducted the
230 analysis using nested 10-fold cross validation. We first split all subjects into 10 sets of
231 subjects, and identified CNMs based on the training set, as with the previous analysis. We
232 then constructed a prediction model using 5-fold cross validation among the training set. We
233 used the L1-regularized linear regression model for each iteration. The hyper-parameter λ

234 (the regularization coefficient) was tuned by choosing the best value from $\lambda \in$
235 $\{0.0001, 0.001, 0.01, 0.1\}$ based on this inner 5-fold cross validation. We finally applied the
236 models for calculating CNMs and life outcomes to the test set. Performance was evaluated
237 by performing Pearson's correlation between predicted and actual life outcomes across whole
238 subjects.

239

240 **Effects of the number of states used to identify CNMs**

241 We investigated the effects of the number of states used to identify CNMs on prediction
242 accuracy. Specifically, we conducted the same prediction analyses as above, but here we used
243 a smaller number of states for constructing the CNMs. We varied the number of states for
244 constructing the CNMs from 2 to 8. We calculated all possible combinations for each case.

245 For example, we calculated 28 CNMs ($=\binom{8}{2}$), then constructed prediction models for all

246 CNMs, when we estimated the prediction accuracy of two states.

247

248 **Interpretation of CNMs**

249 To facilitate the characterization of the biological substrates of the CNMs, we summarized
250 the FC patterns that were correlated with first, second and third CNMs. We focused on these
251 three CNMs because they had been robustly extracted by M-CCA. First, we averaged every
252 FC value over all eight states. We then calculated Pearson's correlation coefficients between
253 three CNMs and each averaged FC. The 268 ROIs were then grouped into eight
254 representative macroscale networks (e.g., DMN) defined functionally in a previous study
255 (Finn et al., 2015). We then examined the number of FCs between each pair of regions in
256 each network. Finally, we visualized the relative numbers of FCs in each of the two networks
257 as the thickness of the connection lines (see Fig. 5). To aid interpretation, we visualized 200
258 FCs among all 38,578 FCs that were the most strongly correlated with the CNMs.

259

260 **Results**

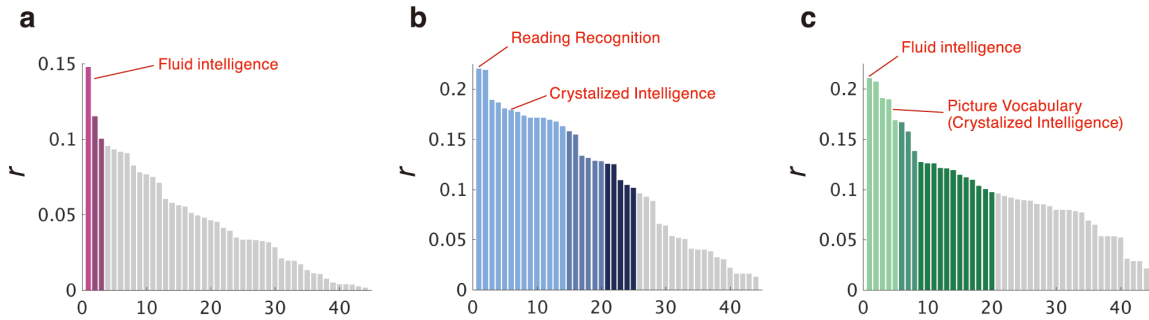
261

262 **Characterization of CNMs**

263 We first determined the number of CNMs that exhibited significant pairwise canonical
264 correlations among eight states. For any choices of the preprocessing PCA dimensions (i.e.,
265 10, 50, and 100), first, second and third CNMs (namely CNM1, CNM2 and CNM3) exhibited
266 significant overall correlations between states (where all the pairwise correlations were
267 averaged) ($P < 0.001$ for all CNMs; 1,000 times permutation test); the other CNMs did not
268 ($P > 0.05$; 1,000 times permutation test). The M-CCA results were highly consistent under
269 different choices of PCA dimensions (see Supplementary Notes). We therefore focused on
270 the top three CNMs, obtained by M-CCA on 10 PCs of FC vectors.

271 We then investigated which cognitive measures correlated with each of the three CNMs. Figs.
272 2a, 2b and 2c show the distributions of the correlation coefficients between cognitive
273 measures and CNM1, CNM2 and CNM3, respectively. Table 1 shows representative
274 behavioral indices with significantly higher correlation coefficients than the chance level.
275 CNM1 was selectively correlated with fluid intelligence, which is a representative
276 component of general intelligence having a broad effect on our daily life and future success
277 (Cattell, 1963; Colom et al., 2010; Gottfredson, 1997). CNM2 correlated with various
278 language related scores (reading recognition and vocabulary comprehension) and self-
279 regulation (delay discounting). It is noteworthy that language related scores are related to
280 crystalized intelligence, a central component of general intelligence along with fluid
281 intelligence (Cattell, 1963; Gottfredson, 1997). Finally, CNM3 was correlated with both fluid
282 intelligence and language-related scores. Note that we confirmed that the correlations
283 described above were not simply the consequence of PCA, which maximizes the variability
284 between individuals in each state (see Supplementary Notes).

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Figure 2. Absolute correlation coefficients (r) between each cognitive measure and the CNMs. Absolute correlation coefficients (r) between 44 cognitive measures and (a) CNM1, (b) CNM2 and (c) CNM3, respectively. The bar with light, medium, dark colored and grey indicated different levels of significance ($P < 0.001$, $P < 0.01$, $P < 0.05$ and $P \geq 0.05$, respectively).

CNM1		CNM2		CNM3	
Name	R	Name	R	Name	R
Penn Progressive Matrices: Number of Correct Responses	0.148	NIH Toolbox Oral Reading Recognition Test: Age-Adjusted Scale Score	0.221	Penn Progressive Matrices: Number of Correct Responses	0.211
Penn Progressive Matrices: Total Skipped Items	0.115	Delay Discounting: Subjective Value for \$200 at 1 year	0.219	Penn Progressive Matrices: Total Skipped Items	0.207
Penn Emotion Recognition Test: Number of Correct Happy Identifications	0.100	Delay Discounting: Area Under the Curve for Discounting of \$40,000	0.189	Variable Short Penn Line Orientation: Total Positions Off for All Trials	0.191

	Delay Discounting: Subjective Value for \$40K at 5 years	0.187	NIH Toolbox Picture Vocabulary Test: Age-Adjusted Scale Score	0.189
	Delay Discounting: Subjective Value for \$200 at 6 months	0.181	Delay Discounting: Subjective Value for \$40K at 1 year	0.169
	NIH Toolbox Picture Vocabulary Test: Age-Adjusted Scale Score	0.179	Variable Short Penn Line Orientation: Total Number Correct	0.167
	Delay Discounting: Area Under the Curve for Discounting of \$200	0.178	Penn Emotion Recognition Test: Number of Correct Responses	0.157
	Delay Discounting: Subjective Value for \$200 at 3 years	0.174	Penn Emotion Recognition Test: Number of Correct Sad Identifications	0.138
	Short Penn Continuous Performance Test: Specificity	0.172	NIH Toolbox Pattern Comparison Processing Speed Test: Age-Adjusted Scale Score	0.127
	Short Penn Continuous Performance Test: True Negatives	0.172	Delay Discounting: Area Under the Curve for Discounting of \$40,000	0.126

293

294

Table 1. Cognitive measures that were highly significantly correlated with CNMs

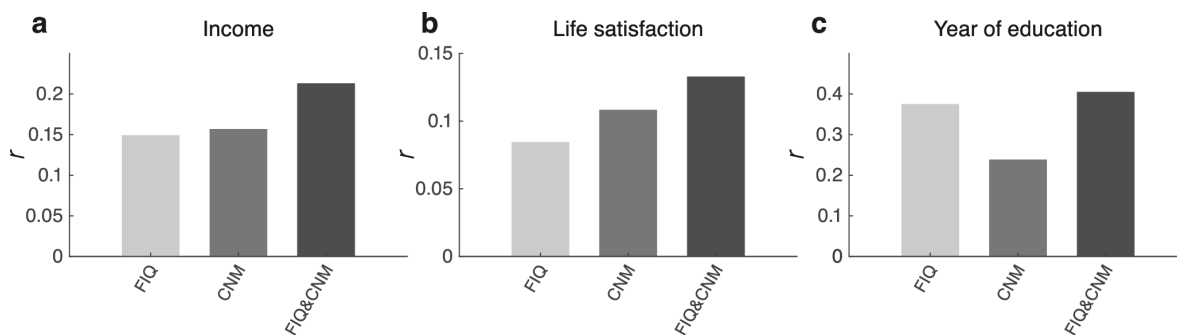
295

296 **Prediction of life outcomes using CNMs**

297 We next investigated whether CNMs could predict life outcomes, complementing
298 conventional behavioral tests (i.e., measures of fluid intelligence).

299 Figs. 3a, 3b and 3c show that predicting with CNMs alone achieved significant predictive
300 value ($P < 10^{-4}$ for income and number of years of education; $P < 2.00 \times 10^{-4}$ for life
301 satisfaction; 10,000 times permutation test). The correlation coefficient (r) was slightly
302 higher than that with fluid intelligence alone for income and life satisfaction, but worse for
303 years of education. Combining both the CNMs and fluid intelligence yielded the highest
304 performance in every case ($P < 10^{-4}$ for all income and years of education; $P < 2.00 \times 10^{-4}$
305 for life satisfaction; 10,000 times permutation test).

306



307

308 **Figure 3. Prediction performance.** Cross validated prediction accuracies by the fluid
309 intelligence obtained by the behavioral test batteries (FIQ; left), the CNMs (middle) and
310 their combination (right) for income, life satisfaction and number of years of education,
311 respectively.

312

313 **Effects of the number of states used for the CNMs**

314 We further investigated the effects of the number of states used for identifying the CNMs on
315 the prediction accuracy. Fig. 4a, 4b and 4c show the prediction accuracies using the CNMs
316 with different numbers of states. These figures indicate that the more states we used, the
317 greater accuracy we were able to achieve for predicting life outcomes. We constructed linear
318 regression models, and found that the effects of the number of states were significant for all

319 models ($P = 8.15 \times 10^{-13}$ for income; $P = 5.71 \times 10^{-13}$ for life satisfaction; $P = 0.007$ for years
320 of education).

321



322

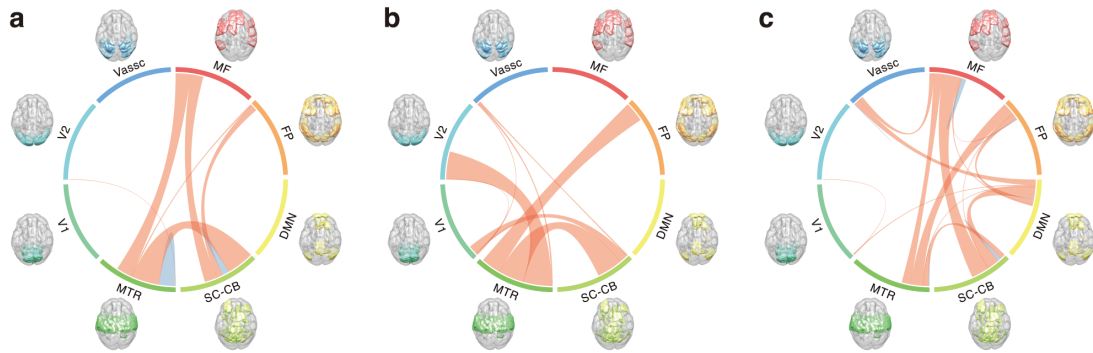
323 **Figure 4. Relationship between the number of states used for the CNMs and**
324 **prediction performance.** Cross validated prediction accuracies of the CNMs obtained
325 from different numbers of states for income (left), life satisfaction (middle) and number
326 of years of education (right), respectively.

327

328 Interpretation of the CNMs

329 To facilitate characterization of the biological substrates of the FCs underlying CNMs, we
330 grouped the 268 ROIs into eight macroscale canonical networks. Figure 5 show the circle
331 plots of the FCs that were correlated with CNM1, CNM2 and CNM3. The numbers of FCs
332 in each of the two macroscale regions (the medial frontal [MF], frontoparietal [FP], default
333 mode network [DMN], subcortical-cerebellum [SC-CB], motor [MTR], visual I [V1], visual
334 II [V2], and visual association [VAssc]) networks are presented as the thickness of the
335 connection lines. Connection lines are colored blue within the same network and red between
336 two networks. Although the FCs were widely distributed rather than locally constrained,
337 there were some differences in the distributions among the CNMs. A certain degree of the
338 FCs in the CNM1 belonged to the networks between cortical and subcortical brain regions,
339 including the medial frontal network. On the other hand, FCs in the CNM2 belonged to the
340 networks within cortical brain regions including the frontoparietal network. Finally, FCs in
341 the CNM3 belonged to both the cortico-cortico and cortico-subcortical networks including
342 both the medial frontal and frontoparietal networks.

343



344

345

Figure 5. Spatial distribution of the functional connectivity (FC) related to CNMs.

346

The number of FCs between each pair of canonical networks in **(1)** CNM1, **(2)** CNM2 and

347

(3) CNM3, respectively. Canonical networks included the medial frontal (MF),

348

frontoparietal (FP), default mode network (DMN), subcortical-cerebellum (SC-CB),

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motor (MTR), visual I (V1), visual II (V2), and visual association (VAssc). Connection

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lines are colored blue within the same network and red between two networks.

351

352 **Discussion**

353

354 In the present study, we conducted, for the first time, a quantitative examination of the
355 potential factors underlying state-unspecific inter-individual variability of whole-brain FC
356 patterns, which we termed CNMs, and investigated their associations with behaviors and life
357 outcomes. Although previous studies have suggested a state-unspecific pattern of FC (Cole
358 et al., 2014; Finn et al., 2015; Tavor et al., 2016), to our knowledge no study has directly
359 defined such FC patterns in a quantitative manner. The CNMs were extracted by M-CCA in
360 a fully cross-validated manner from the fMRI datasets of the HCP, covering a broad range of
361 task and resting states. The CNMs predicted representative intelligence measures including
362 fluid and crystallized intelligence with significant correlations, which could not be achieved
363 without M-CCA (i.e., with PCA alone). We further demonstrated that the CNMs were able to
364 predict several life outcomes, complementing conventional behavioral tests of fluid
365 intelligence. We also found that the more states we used to identify CNMs, the higher
366 accuracy we were able to achieve when predicting life outcomes. The FCs constituting those
367 CNMs were widely distributed throughout the brain rather than being locally constrained.

368

369 Three CNMs were robustly extracted by M-CCA, which correlated significantly with
370 representative intelligence measures (Fig. 2). Intelligence measures are related to a wide
371 range of cognitive functions and predict broad social outcomes such as educational
372 achievement, job performance, health, and longevity (Cattell, 1963; Colom et al., 2010;
373 Gottfredson, 1997). Therefore, the relationships between the CNMs and these measures are
374 intuitive to understand. It is also noteworthy that each CNM correlated with a different
375 dimension of intelligence. That is, CNM1 and CNM3 correlated with fluid intelligence, while
376 the CNM2 correlated with crystallized intelligence. This suggests that these CNMs may have
377 different biological substrates (Fig. 5). Importantly, the CNMs were derived in a fully data-
378 driven, cross-validated manner. The relationship between CNMs and intelligence measures
379 was thus non-trivial. Although our study was inspired by the “positive-negative” neural
380 modes (Smith et al., 2015) which are also correlated with intelligence measures, our CNM
381 analysis fundamentally differs from that used by Smith et al. (2015) in several important

382 ways. First, although Smith et al. (2015) obtained their results by optimizing the correlation
383 between behavioral measures and FCs explicitly, our CNM did not use any behavioral
384 measure. Second, while Smith et al. (2015) used resting state data only, our CNM method
385 used multiple states.

386

387 When predicting life outcomes from CNMs alone, CNMs achieved higher prediction
388 accuracies for income and life satisfaction than prediction with conventional intelligence
389 measures alone. In contrast, conventional intelligence measures achieved better prediction
390 for the number of years of education (Fig. 3). These results may reflect different
391 characteristics between biologically defined measures and measures from a behavioral
392 battery. It should be noted that combining the CNMs with fluid intelligence achieved the
393 highest prediction accuracies for all life outcomes. These results indicate that CNMs contain
394 valuable information for predicting behavior that may not be captured by conventional
395 intelligence measures.

396

397 Importantly, using a greater number of states to identify CNMs enabled us to achieve greater
398 prediction accuracy (Fig. 4). This indicates that CNMs were more reliably extracted when
399 considering a greater number of behavioral states. Indeed, the correlation between
400 representative intelligence measures and first principal components derived from each single
401 state were lower than those of the CNMs. Our findings suggest that contrasting many
402 different states, rather than considering any single (typically resting) state, can more reliably
403 identify the neural modes that are able to predict diverse types of individual differences.

404

405 Although all three CNMs were related to the subcortical-networks and motor networks, we
406 observed different trends among them in terms of the related canonical networks (Fig. 5).
407 CNM1, CNM2 and CNM3 were related to the medial frontal network, frontoparietal network,
408 and both networks, respectively. This finding is of interest because CNM1 and CNM2
409 captured different aspects of intelligence (fluid and crystalized intelligence, respectively)
410 while CNM3 was related to both. We also observed that brain regions contributing to all
411 CNMs were widely distributed rather than locally restricted. This is consistent with a

412 previous study reporting that brain regions related to intelligence were broadly distributed
413 (Haier et al., 2009). Several previous studies have also reported a relationship between
414 intelligence measures and FCs (Finn et al., 2015; Lerman-Sinkoff et al., 2017; Schultz and
415 Cole, 2016). However, most of these studies have examined only one state.

416

417 Although we focused on state-unspecific neural modes across various states, these modes
418 would be expected to function in a coordinated way with other state-specific neural modes
419 in any particular state. Different neural modes for respective states may have different
420 abilities associated with different neural substrates, which may also cause individual
421 differences in behavior. Thus, it would be useful for future studies to comprehensively
422 compare the relationship between the state-specific and state-unspecific neural modes in
423 terms of their relationship with both cognitive measures and neural substrates.

424

425 In summary, we identified neural modes that appeared to be stable across different states, and
426 quantitatively characterized various individual differences. These components, referred to as
427 CNMs, were identified in a fully data-driven manner using a machine learning technique.
428 The CNMs were significantly correlated with representative intelligence measures as well as
429 life outcomes. Although previous studies suggested the potential of brain networks that are
430 shared among broad states, the current study is the first to quantitatively define such networks
431 and demonstrate that they may have a broad effect on behavior and life outcomes. We believe
432 that the present study provides evidence that state-unspecific brain networks may be related
433 to a diverse range of behaviors and life achievements.

434

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