Isolation and antibiotic profile of *Vibrio* spp. in final effluents of two wastewater treatment plants in the Eastern Cape of South Africa

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ABSTRACT

Background: Poorly or partially treated wastewater disposed of can contaminate water and even properly treated sewage can have its problems. The highlight of this danger is wastewater treatment plants serving as reservoir for proliferation of antibiotic resistant organisms. We have reported the state of two wastewater treatment in the Eastern Cape of South Africa which discharge poorly and partially treated effluents. Our aims to identify *Vibrio* spp. and their antibiotic profiles in treated final effluent discharge from wastewater treatment plant.

Methods: Culture based approach using the TCBS agar for isolation *Vibrio* spp., presumptive isolates were purified and confirmed using PCR. The confirmed isolated were also genotyped to identify the species present. The antibiotic profiling of the confirmed isolates was using the CLSI recommended first line antibiotics for *Vibrio*.

Results: Out of the 786 presumptive isolates, 374 were confirmed as *Vibrio* spp. None of the *Vibrio* spp. pathotypes were present in the confirmed isolates. Randomized isolates of 100 *Vibrio* spp. were selected, > 90 % of the isolates were susceptible to Ciprofloxacin, and > 50 – 80 % for Ampicillin, Chloramphenicol, Tetracycline, Cefotaxime, and Trimethoprim-sulfamethoxazole respectively.

Conclusions: We are able to isolate *Vibrio* spp. from treated effluents but none of their pathotypes were present. The antibiotic agents considered for primary testing which are ciprofloxacin was the most effective of the antibiotic drugs, followed by cefotaxime, tetracycline with less susceptibility. Contamination from discharged effluents from wastewater treatment can lead to spread of spread of disease in this environment. The WWTPs studied are sources of pollution to surface water with environmental and public health.

Keywords:

final effluent; wastewater; *Vibrio*; Antibiotic resistant; public health

INTRODUCTION

Vibrio are gram negative, rods and are motile with a polar flagellum containing diverse groups [1,2]. Members of various species are known to cause acute gastroenteritis infections [3,4], wound infections and primary septicemia [5]. Many *Vibrio* spp. are pathogenic to humans and have been implicated in food-borne disease [6]. They are naturally found in the estuarine and marine environment [7,8]. The aquatic environment have been identified to be a medium of transmission of this organism through which the isolation of the organism has been found in seafood [7,9,10]. The isolation of the microorganism from raw sewerage as well as the final treated effluent showed that wastewater treatment plants do not remove or inactivate all pathogenic microorganisms [11,12] and hence Wastewater has been implicated in the distribution of *Vibrio* in the environment and surface water [13,14]. Study have shown the presence of high level antibiotic resistance *Vibrio cholerae* in the final effluent of stabilization pond revealing the imminent danger of poorly treated effluent [15]. One of the recent deadliest outbreaks of the organism was in Haiti which was attributed to poor wastewater management and the existence of poor sanitary condition in the country [16,17]. South Sudan and Kenya are recently ravaged by cholera outbreak, and the world worst's outbreak is in Yemen [18–21]. In South Africa, *Vibrio* has been isolated from faeces of domestic animals in rural area of Limpopo [22] and in 2002, the province recorded one of its first outbreak of the diseases [23,24]. Between 2002 and 2004, there have been reported cases of the disease outbreak in the Eastern Cape of South Africa [25]. More studies from the region found *Vibrio* spp. isolated from treated effluents of wastewater treatment plants [12,26].

Worldwide, cases of most bacterial pathogens becoming more resistant to commonly used antimicrobial agents are increasing [27]. In developing countries, increase in antimicrobial resistance in enteric pathogens is especially important where diarrhea is common [28]. Multi drug resistance has been reported in effluent from Wastewater treatment in Eastern Cape, which are considered reservoir for antibiotic resistance bacteria [29,30]. Effluent water is still daily discharged into surface water in the Eastern Cape and therefore the essence of this monitoring study is on the antibiotic resistance prevalence of the organism in the final effluent of wastewater treatment plant. This formed part of a large project study done and reported [31–33]. This study build upon the state of knowledge on effluent quality discharge in the Eastern Cape. This study profile approach centered on antimicrobial agents for use in treatment of cholera as recommended by the WHO.

MATERIALS AND METHODS

The detailed sampling sites for 2 wastewater treatment plants WWTP-A and WWTP-B, sampling collection and processing is as reported and published in Osuolale & Okoh, [32].

Isolation of Vibrio

Enumerations of presumptive *Vibrio* pathogens were carried out by the method using sterile TCBS agar plants as described by Bopp et al., [34]. Bacteriological analysis of the effluent samples for bacteria counts and isolation was determined by membrane filtration (47mm, 0.45mm pore size), according to SABS, [35]. Serial dilutions of the samples were prepared. Sample dilutions were homogenate before filtering (100ml). On certain occasions where there was excessive chlorine dosage in the effluent, the raw samples were filtered. The filtered samples were placed on selective agar for the target organisms in triplicates. The plates were allowed 15 minutes to dry, invert, and incubate promptly for 24hrs at 37 °C. After 48 hours incubation, colonies appearing as greenish or yellowish in colour were counted and reported as CFU/100 ml SABS, [35] in suitable range (0-300 colonies). Presumptive *Vibrio* bacteria isolated from the plates were purified and subjected to molecular identification. Polymerase chain reaction (PCR) was used to confirm the identities of the *Vibrio* species using the species specific primers as described by Tarr et al., [1].

Phenotypic identification of *Vibrio*

Considering the salt tolerance of some *Vibrio* spp., can grow at a salt concentration of 3% NaCl [36]. Presumptive isolates from the TCBS culture plates were inoculated into a tube each of 1% tryptone broth (TSB) with 2% NaCl and incubated 18-24 h at 35-37 °C. Profuse growths in tubes are considered as positive. Various species have different salt tolerance that can be used for identification. This test helps to eliminate presumptive colonies from the TCBS plate which resemble *Vibrio*, e.g. *Proteus* [37,38].

Isolation of genomic DNA and Genotypic identification of *Vibrio*

Vibrio isolates from the freeze storage were inoculated on TSB broth overnight for crude DNA extraction. Frozen cells were kept on ice to reduce thawing by scraping the ice surface with a loop. ZR Fungal/Bacterial DNA MiniPrep by Zymo Research was used to extract genomic DNA following the manufacturer's instruction. The genomic extracts were immediately used in the molecular identification of the isolated organisms. Primers specific for the confirmation of the *Vibrio* isolates was used in the polymerase chain reaction. PCR amplification was performed with a MyCycler thermal cycler PCR (Bio-Rad). The PCR solution contained 2 x PCR mastermix, 100uM each of 0.2 to 0.5 uM each of the primers. The total volume for PCR reaction was 25 µl, 5 µg of template DNA from each bacterial strain was added to make the final 25ul reaction volume. PCR confirmation reactions were performed to amplify the 16sRNA IGS regions of *Vibrio* spp. by using V. 16S-700F (CGG TGA AAT GCG TAG AGA T) and V. 16S-1325R (TTA CTA GCG ATT CCG AGT TC) primers of 663 bp. Confirmed isolates were further subjected to genotypic identification for *V. parahaemolyticus*, *V. vulnificus* and *V. fluvialis*. The positive control was from Leibniz-Institut DSMZ (GmbH). The cycling conditions was: a 15 mins initial denaturation at 93 °C followed by 35 cycles of 92 °C for 40 sec, 57 °C for 1 min, and 72 °C for 1.5 mins and a final soak at 72 °C for 7 mins [1]. Gel electrophoresis was performed on the PCR products and ran on a 2% w/v agarose gel at 100 V for approximately 90 mins. Gel images was captured digitally and analyzed using the Uvitec, Alliance 4.7.

Table 1 Primer pairs for *Vibrio* confirmation, genotypes, and expected amplicon size

Target species	Primer	Sequences (5'-3')	Target gene	Amplicon size (bp)	Reference
All <i>Vibrio</i> spp.	V. 16S-700F V. 16S-1325R	CGG TGA AAT GCG TAG AGA T TTA CTA GCG ATT CCG AGT TC	16S rRNA	663	[1]
<i>V. parahaemolyticus</i>	Vp. flaE79F Vp. flaE934R	GCA GCT GAT CAA AAC GTT GAG T ATT ATC GAT CGT GCC ACT CAC	flaE	897	
<i>V. vulnificus</i>	Vv. hsp-326F Vv. hsp-697R	GTC TTA AAG CGG TTG CTG C CGC TTC AAG TGC TGG TAG AAG	hsp60	410	
<i>V. fluvialis</i>	Vf-toxR F Vf-toxR R	GAC CAG GGC TTT GAG GTG GAC GAC AGG ATA CGG CAC TTG AGT AAG ACTC	toxR	217	[39]

Antimicrobial susceptibility

The antibiotic susceptibility testing for *Vibrio* isolates was determined using the following antibiotic discs: ampicillin (10 µg), tetracycline (30 µg), chloramphenicol (30 µg), cefotaxime (30 µg), Trimethoprim-sulfamethoxazole (1.25/23.75 µg), and ciprofloxacin (5 µg). The choice of antibiotics was based on recommended drug for primary testing of *Vibrio* spp. by CLSI [40,41].

RESULTS

The outcome of the PCR analysis was able to augment the culture-based method employed in the detection of the *Vibrio* isolates. The confirmation of the target gene of interest on the presumptive isolates validated the presence of *Vibrio* in the final effluents of the wastewater treatment plants studied. Some of the tested samples showed consistency with the expected band size of 663bp on the ladder and a positive control as a guide (Fig. 1).

The target gene 16S rRNA was positive for some of the presumptive isolates. 207 out of 340 isolates from WWTP-A site were positive for these the gene, while 167 out of the 446 isolates from WWTP-B were confirmed for the 16S rRNA gene.

Figure 1 Agarose gel electrophoresis of 16s rRNA gene amplification products of *Vibrio*.

M: Molecular weight marker (100bp)

P: Positive control

N: Negative control;

Lanes 1-10: *Vibrio* spp. isolates

A total of 100 confirmed PCR isolates were selected for used in investigation for their antibiotic resistance. The antibiotic resistance profile test was done using the disc diffusion susceptibility testing and the zones of inhibition was compared against the CLSI standard [40,41]. The final interpretation of measurements, grouped into three categories, namely sensitive, intermediate and resistance, is summarized in Table 2.

The specific readings of inhibition zone diameter, the intrinsic resistance or susceptibility of each testing isolates, were found to differ even to the same antibiotics, this variable susceptibility/resistance was observed in all the antibiotics tested. For instance, although all 100 isolates were interpreted as either resistance or sensitive to tetracycline, isolates that are susceptible to tetracycline are as well considered susceptible to doxycycline and minocycline. However, some isolates that are intermediate or resistant to tetracycline may be susceptible to, minocycline, or both.

The quality control steps were as recommended by [40,41]. The tested isolates were susceptible to Ciprofloxacin (92%), Trimethoprim-sulfamethoxazole (80%), Cefotaxime (79%), Chloramphenicol (67%), Ampicillin (58%) and Tetracycline (54%) with the least susceptibility. In addition, 71.6% of all the isolates tested remained susceptible to all antimicrobials, 6.8% with intermediate susceptibility and 21.5% exhibited resistance to all the antimicrobials.

Table 2 Susceptibility profile of randomly selected 100 *Vibrio* isolates to various antibiotics.

Antimicrobial agents	Number (%) of isolates = 100		
	Susceptible	Intermediate	Resistant
Ampicillin (10 µg)	58	13	29
Chloramphenicol (30 µg)	67	14	19
Ciprofloxacin (5 µg)	92	4	4
Tetracycline (30 µg)	54	3	43
Cefotaxime (30 µg)	79	4	17
Trimethoprim-sulfamethoxazole (1.25/23.75 µg)	80	3	17

DISCUSSION

In this study, the WWTP-A treatment plant had a high prevalence of *Vibrio* observed and in contrast to WWTP-B which had a very low prevalence of the organism in the sample analyzed. The data is not shown here but published in one of our article [32]. An existing report on WWTP-B by Igbinosa [12], also isolated *Vibrio* spp. from the final effluent of the wastewater treatment plant. In another area of South Africa in Gauteng, *Vibrio* was found in the final effluent of the wastewater plant [42]. In a work done by Ye & Zhang, [43] in Hong Kong, also found high prevalence of *Vibrio* in the effluent of the studied treatment plant. Evaluating the treatment technologies used show that the activated sludge system was far more effective in reducing the *Vibrio* pathogen than the biofilter/trickling filter system. The results coincide with the report of Ngari, Kotut, & Okemo, [44] which had effluent from trickling filter having low removal rate of pathogens. In contrast, Ramteke et al., [45] found the activating sludge system to have high removal rate of *Vibrio*. High level of chlorination (high free chlorine) was observed for some periods during samplings in the both site's plants. High free chlorine was more frequent in WWTP-B wastewater treatment plant than in WWTP-A wastewater plants (data not shown). *Vibrio* was persistently isolated from the high chlorinated effluent in WWTP-B though at low concentration less than it was at WWTP-A. The frequency of the *Vibrio* isolation was observed more at the WWTP-B discharge point than at the final effluent point. Even at the recommended free chlorine level, *Vibrio* was isolated. This trend was observed in the final effluents in some of wastewater treatment plants in the Eastern Cape which included studying other pathogens apart from *Vibrio* [3,12,26,46] and factors such as contact time, temperature, pH may affect the efficiency of the disinfectants [47]. The presence of organic compounds and ammonia in the effluent also contribute to the ineffectiveness of the disinfection process [48,49]. It is therefore important that the effluent be of high quality for maximum effect of the disinfectant [50].

Coupled with the under performance of the WWPT-A treatment plant in eliminating the pathogen, organisms are being re-introduced back into the environment and this can create a vicious cycle of outbreak of infections from the infectious organisms. The Green Drop status, which implies excellent wastewater management and a respect for the environment and the health of the community at large, is given to municipalities that comply with good wastewater discharge standards for 90% of the time [51]. The previous Green Drop status reports of WWPT-A treatment plant was awarded a medium risk plant between 2010-11 and 2012 [52,53] and the most recent reports showed no changed in their treatment processes for 2013 and 2014 [54,55]. The outcome of this current study on the plant showed it is a high risk plant with potential danger to the environment, therefore, the plant needs urgent attention. The Green Drop of 2012 also identified some of the challenges facing the WWPT-A Plant which included effluent non-compliance and operating capacity that exceeds design capacity [53]. In contrast, the green status for WW-Dim went from a medium risk rating to a low risk rating [52,53]. The effluent quality of the plant also showed it as a low risk wastewater plant. However, the detection of *Vibrio* spp., though at a very

minimal level, is of concern judging from the nature of the organism as one having the potential to initiate epidemic infection.

The samples positive for *Vibrio* spp. were further screened for the *V. parahaemolyticus*, *V. vulnificus* and *V. fluvialis* pathotypes. All the screened isolates were negative for the tested *Vibrio* pathotypes. The target genes (Table 1) specific for the identification of these pathotypes were not detected in the tested isolates. With the exception of *V. cholera* which could not be tested the strains are not ubiquitous to the natural fresh or salt aquatic environment as are the *V. cholera* [11]. *V. fluvialis*, *V. parahaemolyticus* and *V. vulnificus* are reported as the most frequently encountered pathogenic *Vibrios* in marine environments, coastal, estuaries and brackish waters as well as seafood, which is considered a natural habitat for this strains of *Vibrio* spp. [4,56]. In contrast to our work is the study done by Igbinosa, [12] who reported the presence of the *V. fluvialis*, *V. parahaemolyticus* and *V. vulnificus* in the final effluent of a wastewater treatment plant. The prevalence of these pathogenic *Vibrio* in the environment were reported to be influenced by temperature and salinity and the concentration of salinity differs for each *Vibrio* spp. at which they can survive [5,9]. The public health consequences of these pathogenic organisms cannot be over emphasized as all these strains have been attributed to human diseases [1] and are known to cause gastrointestinal disease syndrome [57].

Antimicrobial susceptibility testing for Vibrio spp.

Vibrio spp. are considered to be significant infectious pathogens which are the causative agents for vibrosis [58,59]. They are characterized by diarrhea, wound infections, primary septicemia, and gastroenteritis or other extra-intestinal infections related to exposure to contaminated sources [60]. Most isolates tested in this study were susceptible to the antimicrobial agents recommended for primary testing by CLSI [40]. Treatment recommendations for *Vibrio* infections include: tetracycline (doxycycline, tetracycline), fluoroquinolones (ciprofloxacin, levofloxacin), third-generation cephalosporins (cefotaxime, ceftazidime, ceftriaxone), aminoglycosides (amikacin, apramycin, gentamicin, streptomycin) and folate pathway inhibitors (trimethoprim-sulfamethoxazole) [61,62]. All *Vibrio* spp. studied here showed some degree of resistance to all the antibiotics used for testing. In the present study, data on antibiotic resistant zones indicate that all the 100 isolates of *Vibrio* spp. were 38% resistant to tetracycline, 26% to ampicillin, 16% to chloramphenicol, 14% to cefotaxime, 13% to trimethoprim-sulfamethoxazole and 1% to ciprofloxacin.

The result of antimicrobial susceptibility testing showed *Vibrio* isolates had the highest susceptibility of 92% to ciprofloxacin. Similar susceptibility level to ciprofloxacin was reported by Ismail et al., [63] during a study of *Vibrio cholera* outbreak in South Africa. About 90% of *Vibrio* isolated from river water used as water sources in a rural communities of Venda in South Africa were susceptible to ciprofloxacin [64]. Igbinosa, [12] worked on *Vibrio* spp. isolated from the final effluent of a wastewater treatment plant in South Africa reported susceptibility in the range of 70% to 90% to the antibiotics. Report from other studied areas show similar susceptibility level at 100% susceptible [62,65–67] as compared to the 92% recorded in this study while 96.4% susceptibility was reported by Benedicta, [68]. Other *Vibrio* spp. which is mostly associated sea animals and marine environments are also reported to be susceptible to the antibiotic [69]. Reduced susceptible has been reported in two West Africa countries [70,71], India [72] and Bangladesh [73] showing the possibility of the organism to develop resistance. It was highlighted in the Leclercq et al., [74], when antibiogram with quinolones are read, resistance to the most active fluoroquinolone in vitro indicates resistance to all fluoroquinolones in both Gram-negative and Gram-positive organisms. An exception to this rule in Gram-negative organisms is the potential production of the AAC(6')-Ib-cr enzyme, which affects ciprofloxacin but not levofloxacin [74]. Kim et al., [75] were able to demonstrate the transferrable of quinolone resistance gene in *Vibrio cholera* and

thus highlights the opportunities for gene exchange among bacteria living in aquatic environments which can confer resistance.

Trimethoprim-sulfamethoxazole or co-trimoxazole has an appreciable level of susceptibility of about 80%. Report by Shaw et al., [62] showed full susceptibility to trimethoprim-sulfamethoxazole. This is however in sharp contrast to the susceptibility of *Vibrio* to the antibiotic previously reported where high level of resistance has been documented for *Vibrio* isolates from South Africa [63,76,77], India [72,78] and the Vietnam [67]. Likewise multiple resistances has been reported for antibiotics tested along with co-trimoxazole which include ampicillin [72,77,79]. This as well corroborate with the work done by Igbinsosa, [12] who reported ampicillin resistance to *Vibrio* spp. isolated from the final effluent at the Eastern Cape, South Africa. This study recorded 58% susceptibility level with 29% resistance to ampicillin. This compared favorably with other studies which exhibiting resistance to ampicillin [61,80,81]. Furthermore, Igbinsosa, [12] and Quilici et al., [71] reported intermediate susceptibility to ampicillin while Ismail et al., [63] and Tran et al., [67] reported high susceptibility level to ampicillin from *Vibrio cholera* tested in South Africa and Vietnam. Ismail et al., [63] was conversely quick to point out the observed change to the susceptibility of some of the same isolate tested on ampicillin to have suddenly become resistance though at a very minimal resistance level, further showing the rapid development antibiotics resistance of *Vibrio cholera* in South Africa. In addition, the CLSI publication stated result for ampicillin can be used to predict for amoxicillin [82]. It can therefore be deduced that amoxicillin will as well have variant susceptibility or resistance to *Vibrio* spp. Susceptibilities of *Vibrio* spp. have been shown to vary by species, particularly with regard to the older penicillin, cephalosporins, and sulfonamides [83].

In contrast to our study, we had an susceptibility of 54% to tetracycline while [71] reported high susceptibility to the antibiotic. There were others who reported intermediate resistant to tetracycline [67], and co-multiple resistances to tetracycline and chloramphenicol [76–79]. According to the CLSI documentation, Organisms susceptible to Tetracycline are also considered susceptible to doxycycline and minocycline. However, some organisms that are intermediate or resistance to tetracycline may be susceptible to doxycycline or minocycline or both [82]. Tran et al., [67] are able to show in their work susceptibility to doxycycline by *Vibrio cholerae* with intermediate resistance.

The observed susceptibility level for chloramphenicol was 64% as against 100% susceptibility recorded from other others [63,67,71] and Igbinsosa, [12] reported 100% resistance to the chloramphenicol. *Vibrio* spp. across different studies showed variants levels of susceptibility to resistance to chloramphenicol [84,85], and the presence of chloramphenicol resistance gene was identified in *Vibrio* isolates showing resistance to the drug [86].

Cefotaxime is a third generation cephalosporin and are still largely effective against *Vibrio* spp. [87]. There have been reports of *Vibrio* spp. resistance to cefotaxime though at a very minimal level [88]. The susceptibility to cefotaxime observed in our study is high but also with 17% resistant isolates. Liang et al., [89] reported a single isolate resistance to cefotaxime while three isolates showed intermediate reactions. Similarly, Shaw et al., [62] also reported intermediate resistance to cefotaxime in their study. Most studies have shown high susceptibility of *Vibrio* spp. to cefotaxime as reported in the work done by Han et al., [61] and Zanetti et al., [90]. The use of cefotaxime with minocycline for treatment of some of *Vibrio* spp. like *Vibrio vulnificus* is recommended for effectiveness and were found to act synergistically in inhibiting the organism [91].

Wastewater treatment plant becoming source of antibiotic reservoir for bacteria is a concern. The increasing threat posed by them stem from mismanagement of the treatment processes. Treated effluent

studied by Larsson, de Pedro, & Paxeus, [92] found that effluent does constitute major environmental problem as a result pharmaceutical products from industrial wastes. Li et al., [93] report the presence of Penicillin G and its degraded products in effluent sample analysed. The presence of Fluoroquinolones and sulfamethoxazole have also been detected in the effluent of some wastewater plants in the western cape of South Africa [94]. However it is yet to be agreed upon if wastewater treatments plants is an important source in the emergence of resistant bacteria in the environment, i.e. is the concentration of the antibiotic and the bacterial density high enough, is the exposure long enough to promote resistance or to select resistant bacteria [95]. Though it has been shown that Bacteria can acquire multidrug resistance through sequential transfer of multiple-resistance determinants located on mobile genetic elements [96] their ability to do so in wastewater treatment plants are yet to be fully established [95]. Though recent report by Luo et al., [97] confirmed the possibility of gene transfer from resistant organism to indigenous organisms in wastewater treatment plant. Ohlsen et al., [98] indicate that the transfer of resistance and the selection of resistant bacteria are not favored at antibiotic concentrations as high as those found in hospital effluents or the aquatic environment. Most resistance organisms found in the environment are believed to have come from previously resistant organism. In the review work of Kümmerer, [95] showed that resistant organisms were both isolated from effluents which received hospital waste and municipal influent. This debunks the view that resistant organisms would have been more prevalent in plant receiving hospital waste as compared to municipal plant. Some of the resistant isolates observed in this study could as well as arise from the surrounding communities since there is no source of pharmaceutical industrial influents or hospital waste into the plants. The fallback will be on the use of antibiotic within the communities as this has been reported as source of antibiotics in the environment [99] and the occurrence of antibiotics may promote the selection of antibiotic resistance genes (ARGs) and antibiotic resistant bacteria (ARB), which pose health risks to the environment, humans and animals [100]. Dalsgaard et al., [76] demonstrated multiple-drug resistant *V. cholerae* o1 isolates showing resistance to all the antibiotics traditionally used to treat cholera which is disturbing and has a direct impact on the treatment of current and future cholera cases in South Africa and other countries to which this isolate may spread.

Therefore, continued monitoring of both the prevalence and the antimicrobial susceptibility profile is important to better ensure environmental safety; particularly single resistance to ciprofloxacin observed against *Vibrio* also limit treatment effectiveness and should be monitored. As most of the antimicrobial agents recommended for treatment of *E. coli* and *Vibrio* illnesses by CLSI showed some form of resistances is likely to be problematic. Based on our data, treatment of illnesses may benefit from the use of meropenem that was 100% effective against *E. coli* and ciprofloxacin which was the only antibiotics that was 99% effective against *Vibrio* spp. in this study.

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AVAILABILITY OF DATA AND MATERIALS

The data that support the findings of this study are available from Water Research Commission (WRC), South Africa, but restrictions apply to the availability of these data, which were used under license for the current study, and so are not publicly available. Data are however available from the authors upon reasonable request and with permission of WRC. As the data originate from a clinical data set it was not possible to obtain consent for publication of individual patient data.

AUTHORS' CONTRIBUTIONS

O. O made substantial contributions to acquisition of data analyzed the data, wrote the manuscript. A. I designed and supervised the study. All authors read and approved the final manuscript and agreed to be

accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

COMPETING INTERESTS

The authors declare that they have no competing interests.

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