

1 **Effects of vitamin D on inflammatory and oxidative stress**
2 **responses of human bronchial epithelial cells exposed to**
3 **particulate matter**

4
5 **Running Title:** Vitamin D alters responses to urban particulate matter

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37 **Keywords**

38 Particulate matter, vitamin D, asthma, bronchial epithelial cell, oxidative stress

39

40 **Abstract**

41 **Background:** Particulate matter (PM) pollutant exposure, which induces oxidative stress and
42 inflammation, and vitamin D insufficiency, which compromises immune regulation, are
43 detrimental in asthma.

44 **Objectives:** Mechanistic cell culture experiments were undertaken to ascertain whether
45 vitamin D abrogates PM-induced inflammatory responses of human bronchial epithelial cells
46 (HBECs) through enhancement of antioxidant pathways.

47 **Methods:** Transcriptome analysis, PCR and ELISA were undertaken to delineate markers of
48 inflammation and oxidative stress; with comparison of expression in primary HBECs from
49 healthy and asthmatic donors cultured with reference urban PM in the presence/absence of
50 vitamin D.

51 **Results:** Transcriptome analysis identified over 500 genes significantly perturbed by PM-
52 stimulation, including multiple pro-inflammatory cytokines. Vitamin D altered expression of a
53 subset of these PM-induced genes, including suppressing *IL6*. Addition of vitamin D
54 suppressed PM-stimulated IL-6 production, although to significantly greater extent in healthy
55 versus asthmatic donor cultures. Vitamin D also differentially affected PM-stimulated GM-
56 CSF, with suppression in healthy HBECs and enhancement in asthmatic cultures. Vitamin D
57 increased HBEC expression of the antioxidant pathway gene *G6PD*, increased the ratio of
58 reduced to oxidised glutathione, and in PM-stimulated cultures decreased the formation of 8-
59 isoprostane. Pre-treatment with vitamin D decreased CXCL8 and further decreased IL-6
60 production in PM-stimulated cultures, an effect abrogated by inhibition of G6PD with DHEA,
61 supporting a role for this pathway in the anti-inflammatory actions of vitamin D.

62 **Conclusions:** In a study using HBECs from 18 donors, vitamin D enhanced HBEC
63 antioxidant responses and modulated the immune response to PM, suggesting that vitamin D
64 may protect the airways from pathological pollution-induced inflammation.

65 Introduction

66 Asthma is the most common chronic lung disease with globally increasing
67 prevalence, implying the importance of environmental factors in its aetiology [1]. Vitamin D
68 insufficiency/deficiency and ambient air pollution are two major environmental factors that
69 appear to influence the pathogenesis and stability of asthma [2] [3] [4] [5], as well as other
70 respiratory diseases [6] [7]. However there remains debate resulting from the heterogeneity
71 of findings relating to the effects of these environmental factors on airway pathology [5] [8] [9]
72 [10]. For example, European studies have shown heterogeneity between different cities in
73 the magnitude of the effects of pollution on health outcomes such as hospital admissions for
74 respiratory diseases [9] and asthma incidence [11], despite using standardised analyses.
75 Environment-environment interactions are a major possible explanation for inconsistent
76 results between different patient cohorts but have been little studied, particularly at the
77 mechanistic level. In a recent meta-analysis, latitude of study location influenced
78 associations between air pollutants and severe asthma exacerbations, and latitude is also
79 known to affect sunlight-derived vitamin D production, although this association is
80 complicated by other factors such as hours of daily skin exposure to sunlight [5]. In the
81 urban environment Rosser and colleagues have shown that vitamin D insufficient children,
82 but not those vitamin D sufficient, living close to major roads show an elevated risk of severe
83 asthma exacerbations [12], although the mechanisms by which vitamin D may protect
84 against pollution toxicity remain unclear and the interaction likely complex.

85

86 A growing body of research highlights the importance of epithelial immunology in
87 asthma [13]. Evidence shows that inhaled ambient particulate matter (PM) adversely affects
88 the bronchial epithelium through various mechanisms including the imposition of oxidative
89 stress, which stimulates redox sensitive signalling pathways and drives the transcription of
90 pro-inflammatory mediators relevant to asthma and other inflammatory lung diseases [14].
91 There is evidence that in asthma this pro-oxidant/pro-inflammatory action is superimposed

92 on a background of oxidative stress. For example, Teng and colleagues have shown
93 concentrations of H₂O₂ are elevated in exhaled breath condensate of asthmatics compared
94 with controls, with concentrations increasing with asthma severity [15]. Mak and colleagues
95 have reported elevated plasma concentrations of 8-isoprostane, a lipid peroxide marker of
96 oxidative stress, during asthma exacerbations [16]. Indeed oxidative stress has been
97 implicated in many of the key pathophysiological features of asthma, including airways
98 hyper-responsiveness and mucus hypersecretion (reviewed by Zuo *et al.* [17], and Li *et al.*
99 [18]).

100

101 There is a large volume of research highlighting the anti-inflammatory effects of
102 vitamin D on the adaptive immune system [19] [20], but limited research as to the effects of
103 vitamin D on the human bronchial epithelium. Hansdottir and colleagues have shown vitamin
104 D to decrease production of pro-inflammatory cytokines by virally infected primary human
105 bronchial epithelial cells (HBECS) [21], but the capacity of vitamin D to affect the epithelial
106 response to urban particulate matter, consistent with it acting as a modifier of PM-induced
107 respiratory effects, to our knowledge has never been examined.

108

109 In view of this, we set out to examine whether vitamin D could abrogate urban PM-
110 induced pro-inflammatory responses in primary human bronchial epithelial cells. We elected
111 to commence with an unbiased, transcriptomic analysis with the objective of identifying PM-
112 induced pro-inflammatory cytokines that show distinct patterns of alteration by vitamin D *in*
113 *vitro*. We studied the epithelial response to both active 1 α ,25-dihydroxyvitamin D₃
114 (1,25(OH)₂D₃) but also to vitamin D in its circulating precursor form as 25-hydroxyvitamin D₃
115 (25(OH)D₃). To examine the effects in a broader human context we studied epithelial cells
116 from both patients with diagnosed asthma and those without. We hypothesised that HBECS
117 from asthmatic, as compared with healthy control subjects, would display an enhanced pro-
118 inflammatory cytokine response to ambient PM exposure. We further hypothesised that the

119 epithelial response to PM exposure could be favourably modified by vitamin D through
120 induction of antioxidant defences.

121

122 **Materials and Methods**

123

124 **Materials**

125 NIST SRM1648a Urban Particulate Matter (National Institute of Standards &
126 Technology, USA) was suspended at 500µg/ml in 5% methanol vehicle. SRM1648a is an
127 urban total particulate matter reference material with mean particle diameter 5.85µm that
128 was collected in the USA [22]. NIST SRM1648a in methanol vehicle, hereafter referred to as
129 NIST, was prepared as follows. Appropriate weights of dry powder particulate matter were
130 placed in a 50ml falcon tube to which 5% methanol (HPLC-grade) in Chelex-100 resin-
131 treated water was added. Following re-suspension and sonication on ice at an amplitude of
132 15 microns for 30 seconds using a Soniprep 150 plus probe sonicator (MES (UK) Ltd, UK),
133 the resultant suspension was then separated into 1ml aliquots with resuspension during the
134 aliquoting procedure to avoid PM sedimentation. The aliquots were stored at -70°C.
135 Separate aliquots of the 5% methanol vehicle alone were also used as a vehicle control
136 (VC). A NIST concentration of 50 µg/ml in primary HBEC cultures corresponded to a
137 theoretical surface deposition of 11 µg/ cm².

138 Ultra-high purity 1,25(OH)₂D₃ (1α,25-dihydroxyvitamin D₃; Enzo Life Sciences, UK)
139 was aliquoted dissolved in DMSO (Sigma-Aldrich, UK) at 100µM. Ultra-high purity 25(OH)D₃
140 (25-hydroxyvitamin D₃; Enzo Life Sciences, UK) was aliquoted dissolved in sterile absolute
141 ethanol at 1mM. Both were prepared in low light conditions and stored at -80°C prior to use.
142 Dehydroepiandrosterone (DHEA; Sigma-Aldrich, UK) was dissolved in absolute ethanol at
143 100mM. Poly(I:C) (Invivogen, USA) was dissolved in sterile H₂O at 1 mg/ml. Sulforaphane
144 (Sigma-Aldrich, UK) was dissolved in DMSO at 300µM.

145

146 **Primary human bronchial epithelial cell (HBEC) culture**

147 Primary human bronchial epithelial cells (HBECs) were acquired from Lonza,
 148 Switzerland, and locally from endobronchial brushings / biopsies obtained at fibreoptic
 149 bronchoscopy with written informed consent of volunteers (Guy's Research Ethics
 150 Committee, South London REC Office 3, REC approval number 09/H0804/108, 16/03/2010)
 151 (Table 1).

152

153 **Table 1. Characteristics of donors of HBECs cultured in this study.**

Characteristic	Healthy (n=10)	Asthmatic (n=8)
from Lonza (n)	2	2
from local bronchoscopy (n)	8	6
Gender	6 male, 4 female	3 male, 5 female
Age Mean in years (Range)	30.4 (19 – 60)	34.9 (24 – 52)
% taking ICS *	-	83%
% taking LABA *	-	50%
% taking LTRA *	-	33%
Daily ICS Dose * Mean (Range) Beclomethasone equivalent	-	350 (0 – 1000) micrograms
Post-BD FEV1 % predicted * Mean (Range)	105% (97% - 113%)	111% (86% - 144%)

154 BD, bronchodilator. ICS, inhaled corticosteroid. LABA, inhaled long-acting beta-2 agonist.
 155 LTRA, leukotriene receptor antagonist. * % data only for donors enrolled locally (Lonza
 156 HBEC donors, for whom these data are not available, excluded).

157

158 For locally collected samples, non-smoking volunteers were phenotyped as atopic or
159 non-atopic based upon skin-prick test results to a standard panel of aeroallergens, and as
160 healthy or asthmatic, the latter based on clinical history and confirmation by lung function
161 testing (documented variability in PEF/FEV₁ of 12% or more in past year, or positive
162 metacholine / mannitol challenge if diagnosis uncertain).

163 Cells cultures were incubated in flasks in Bronchial Epithelial Cell Growth Medium
164 (BEGM) – constituted by Bronchial Epithelial Basal Medium (BEBM; Lonza, Switzerland) with
165 SingleQuot Supplements (Lonza, Switzerland) of Bovine Pituitary Extract, Insulin,
166 Hydrocortisone, Gentamicin and Amphotericin-B, Retinoic Acid, Transferrin, Triiodothyronine,
167 Epinephrine, and human Epidermal Growth Factor. In later experiments 1% Penicillin-
168 Streptomycin solution (Sigma-Aldrich, UK) and 1% Nystatin suspension (Sigma-Aldrich, UK)
169 were added to passage 0 and passage 1 cultures. Medium was changed every 2 to 3 days.

170 For samples grown from brushings: at bronchoscopy multiple brushings with an
171 endobronchial brush were made to collect epithelial cells from 10 areas of the bronchial
172 mucosa of normal appearance. The detached cells were washed with warmed BEGM and
173 re-suspended in flasks of warmed BEGM then incubated at 37°C with 5% CO₂. The medium
174 was changed on the next day and the passage 0 cultures were then subcultured as
175 described.

176 For samples grown from biopsies: small fragments of endobronchial biopsy with any
177 visible smooth muscle removed by micro-dissection were placed in a universal tube
178 containing 6ml warmed BEGM cell culture medium. Samples were treated with Liberase TL
179 Research Grade (Roche, USA) collagenase (final concentration 62.5 µg/ml) for one hour at
180 37°C then centrifuged twice in BEGM medium to wash off collagenase before transfer to a
181 cell culture flask and incubation at 37°C with 5% CO₂. The medium was changed on the
182 next day and the passage 0 cultures were then subcultured as described.

183 Cell cultures once near-confluent were passaged by detachment of cells using the
184 recommended Trypsin Subculture ReagentPack (Lonza, Switzerland), centrifugation and
185 then re-suspension in fresh BEGM in flasks for further passage or flat-bottomed cell culture
186 plates for experiments.

187 Flasks and culture plates for primary HBECs obtained locally at bronchoscopy were
188 collagen coated before use – collagen solution was added to each flask / well base and
189 incubated for 2 hours before washing 3 times with sterile H₂O. Collagen solution comprised
190 of 20µl type 1 calf skin collagen reagent (Sigma-Aldrich, UK) per ml 0.02M acetic acid in
191 sterile H₂O.

192 For experiments, once cultures were near-confluent medium was changed to BEGM
193 containing all SingleQuot Supplements except Bovine Pituitary Extract, Retinoic Acid and in
194 later experiments also excluding Hydrocortisone. Bovine Pituitary Extract was removed as it
195 has been found to contain proteins that can provide exogenous protection against oxidative
196 stress [23]. Bovine Pituitary Extract can also contain low concentrations of vitamin D [24].
197 Retinoic acid was removed as there is some evidence that it may compete with / antagonise
198 vitamin D [25]. For experiments examining effect of vitamin D pre-treatment, 25(OH)D₃ was
199 added at 100nM final concentration with/without 100µM DHEA to appropriate wells. After a
200 further 24 hours, cell cultures were stimulated using fresh BEGM (excluding relevant
201 SingleQuot Supplements as above) with stimulation (50µg/ml NIST, 1µg/ml Poly(I:C)
202 with/without 100nM 1,25(OH)D₂3, 100nM 25(OH)D₃ and/or 100µM DHEA) as appropriate.
203 Culture supernatants and lysed cell monolayers were harvested or other assays conducted 4
204 hours or 24 hours after stimulation of cell cultures. Cell culture experiments were conducted
205 with triplicate wells for each condition in each experiment to allow for variation in plating
206 density with primary cells. For experiments epithelial cells were used between passage 3 and
207 passage 5.

208

209 **Gene transcription microarray**

210 Total RNA was extracted from HBECs cultured for 24 hours stimulated with 50 µg/ml
211 NIST and unstimulated, in the presence and absence of 100nM 1,25(OH)₂D₃, from four
212 different donors (two healthy and two asthmatic). Cell culture monolayers were lysed with
213 Qiazol reagent (QIAGEN, USA) then homogenised with QIAshredder columns before storage
214 at -80°C pending extraction of total RNA using a miRNeasy Mini Kit (QIAGEN, USA)
215 according to an adapted manufacturer's protocol with an off-column DNA digest with
216 TurboDNase (Ambion, USA). mRNA was quantified using a Qubit Fluorimeter (Invitrogen,
217 USA) and quality controlled using an Agilent 2100 Bioanalyser (Agilent Technologies, USA).
218 Samples were prepared for array analysis using SuperScript III Reverse Transcriptase
219 (Invitrogen, USA) and TargetAmp Nano-g Biotin-aRNA Labelling Kit (Epicentre, Illumina,
220 USA). The microarray was conducted on Illumina HT-12v4 Expression BeadChips (Illumina,
221 USA) on an iScan platform (Illumina, USA). Raw array signal intensities were processed in
222 GenomeStudio (Illumina, USA) with a quantile normalisation before export for analysis in
223 GenomicsSuite (Partek, USA). ANOVA analysis was conducted of the normalised data in
224 GenomicsSuite (Partek, USA).

225

226 **Real-time quantitative Polymerase Chain Reaction (qPCR) for** 227 **measurement of gene mRNA expression**

228 Total RNA was extracted as above and quantified using a NanoDrop ND-1000
229 Spectrophotometer (Thermo Scientific, USA) and then reverse transcribed to cDNA using
230 RevertAid Reverse Transcriptase and complementary reagents (Fermentas, Thermo
231 Scientific, USA). Relative Quantification (RQ) of target genes relative to 18S rRNA house-
232 keeping gene was conducted in triplicates by real-time quantitative polymerase chain
233 reaction (qPCR) using Taqman Universal PCR MasterMix (Applied Biosystems, USA), and
234 an Applied Biosystems Viia 7 real-time thermal cycler. Results were analysed using Viia 7
235 software (Applied Biosystems, USA). Taqman primers were purchased from Applied
236 Biosystems, USA (S1 Table). Relative expression of mRNA was corrected for efficiency of

237 amplification using the Pfaffl method [26]. In experiments comparing different culture
238 stimulations expression of genes was analysed relative to both 18S and the unstimulated
239 control cultures ($RQ_{Unstimulated}$).

240

241 **Cytokine protein measurement**

242 Culture supernatants from individual wells were stored at -20°C pending
243 measurement of secreted proteins from individual samples. Concentrations of cytokines
244 were measured in culture supernatants by Cytometric Bead Array (CBA; BD Biosciences,
245 USA). Supernatants were incubated for 3 hours with CBA capture beads before beads were
246 washed and then incubated for 2 hours with CBA detection reagent followed by bead sample
247 analysis as per manufacturer's instructions. Cytokine levels were measured separately for
248 each of the triplicate wells in primary HBEC cultures and then mean averaged before further
249 analysis.

250

251 **Oxidative stress assays**

252 8-Isoprostane ELISA: Cell culture supernatant, pooled from triplicate wells, was
253 collected into tubes containing desferrioxamine (DFO) and butylated hydroxytoluene (BHT)
254 and stored at -80°C pending assay. 8-isoprostane was assayed using a commercial ELISA
255 kit (Cayman Chemical, Michigan, USA) according to the manufacturers protocol.

256 Glutathione Assay: Intracellular total and oxidized glutathione were assessed using
257 the GSH-GSSG-Glo Assay Kit (Promega, Wisconsin, USA) using an adapted protocol. The
258 protocol was adapted as the un-adapted protocol resulted in readings outside the range of
259 the luminometer standard curve. Near-confluent HBECs were cultured for 24 hours with
260 100nM 25(OH)D₃, with 6 wells per condition per experiment, in phenol-red free Airway
261 Epithelial Cell Medium (Promocell, Germany) with all supplements except bovine pituitary
262 extract, retinoic acid and hydrocortisone. After removal of supernatant, one triplicate of wells
263 for each condition was lysed with kit passive lysis buffer (for assay of total glutathione) and

264 the second triplicate for each condition was lysed with kit lysis buffer containing N-
265 ethylmaleimide (for assay of oxidized glutathione). The 50 μ l lysate in each well was then
266 diluted by addition of 150 μ l dH₂O, mixed on an orbital shaker, before 40 μ l of diluted lysate
267 was transferred to white-sided (flat transparent-bottom) 96 well assay plates. A glutathione
268 standard curve in lysis buffer was prepared according to kit protocol and 40 μ l added to
269 appropriate wells. 10 μ l of prepared Luciferin-NT reagent was then added to each well and
270 the plate incubated on an orbital shaker for 5 minutes. The assay was then completed
271 according to the manufacturer's protocol. A solution of glutathione-S-transferase,
272 dithiothreitol (DTT) and buffer was added to each well and the plate incubated for 30
273 minutes. Finally, a luciferase containing reagent solution was then added to each well and
274 the plate incubated for 20 minutes prior to reading well luminescence with a GloMax plate
275 luminometer (Promega, Wisconsin, USA). For each condition in each experiment, the
276 concentration of reduced glutathione was calculated by subtracting the mean concentration
277 in the oxidized glutathione triplicate from the mean concentration in the total glutathione
278 triplicate.

279

280 **Statistical Analysis**

281 GraphPad Prism 6.0 (GraphPad Software, USA) was used for all statistical tests
282 except for the microarray data. Unless otherwise stated in figure legends, data are presented
283 as mean +/- standard deviation (SD) for normally-distributed data and as box-and-whisker
284 plots showing median, inter-quartile and absolute ranges for non-parametric data. Unless
285 otherwise stated, non-parametric data were analysed using Friedman Tests with Dunn's
286 multiple-comparisons test and parametric data by repeated-measures ANOVA with
287 Bonferroni corrected post-tests. Significant results shown in figures as follows: *, $p \leq 0.05$;
288 **, $p \leq 0.01$; ***, $p \leq 0.001$. In some experiments results from HBEC cultures from healthy
289 (both atopic and non-atopic) and asthmatic subjects were combined to better analyse the
290 effects of PM and vitamin D across a larger and broader population of individuals.

291

292 **Results**

293

294 **Effects of vitamin D on expression of pro-inflammatory cytokine** 295 **genes by HBECs exposed to particulate matter**

296 In initial studies to investigate vitamin D mediated inhibition of the pro-inflammatory
297 effects of particulate matter, a gene transcription microarray was conducted on HBECs
298 stimulated with PM for 24 hours, using cultures from four adult donors. Expression of 510
299 genes was altered (fold-change $\geq \pm 1.4$) upon stimulation with 50 $\mu\text{g/ml}$ NIST SRM1648a, a
300 reference preparation of urban PM, hereafter referred to as NIST (full microarray data
301 available in S1 Data Appendix). This concentration of NIST had previously been ascertained
302 to induce significantly increased production of pro-inflammatory cytokines after 24 hour cell
303 culture. Of these genes, 49 also showed evidence of regulation (fold-change $\geq \pm 1.4$) in the
304 presence of the active form of vitamin D, $1,25(\text{OH})_2\text{D}_3$, at a concentration of 100nM (Fig 1A,
305 S2 Table). Expression of the pro-inflammatory cytokine genes *IL6*, *CXCL10* and *IL24* was
306 induced by NIST, but suppressed by the addition of vitamin D (Fig 1B). Expression of other
307 pro-inflammatory cytokine genes, for example *IL8*, was induced by NIST, but not altered by
308 addition of vitamin D. In contrast, NIST suppressed and vitamin D increased the expression
309 of *TGFB2*. As previously reported [27], vitamin D induced expression of *IL1RL1* but
310 interestingly this was also induced by NIST stimulation.

311

312 **Fig 1. Transcription microarray of 24 hour primary human bronchial epithelial cell** 313 **(HBEC) cultures stimulated with NIST in the presence/absence of vitamin D.**

314 (A) Volcano plot of the 510 genes with ≥ 1.4 fold differential expression comparing
315 50 $\mu\text{g/ml}$ NIST stimulated to unstimulated 24 hour cultures (n=4), showing fold-change in
316 gene expression in NIST stimulated cultures in the presence vs absence of 100nM

317 1,25(OH)₂D3 (horizontal axis) plotted again probability of statistical significance for that fold-
318 change (vertical axis).

319 (B) Plot showing microarray results for fold-change in expression of all cytokine genes
320 upon stimulation of HBECs with 50µg/ml NIST (horizontal axis) and fold-change in gene
321 expression upon addition of 100nM 1,25(OH)₂D3 to NIST-stimulated cultures (vertical axis).

322

323 The microarray findings were validated by quantitative real-time PCR using HBEC
324 cultures from a larger number of donors with expression of cytokine genes of interest studied
325 in both 4 hour and 24 hour cultures (Fig 2). Exposure of HBECs to NIST *in vitro* significantly
326 upregulated expression of mRNA encoding *IL6*, *IL8*, *IL24* and *CXCL10* after 4 hours and 24
327 hours of culture. Expression of *CSF2* was significantly increased by NIST stimulation at 24
328 hours but not significantly at 4 hours. Co-culture with 100 nM 1,25(OH)₂D3 reduced *IL6*,
329 *IL24* and *CXCL10* expression at both time points although the effect of vitamin D on *CXCL10*
330 expression at 24 hours did not attain statistical significance. NIST-induced *IL8* expression
331 was not significantly altered by vitamin D at 4 hours but was decreased by 1,25(OH)₂D3 at
332 24 hours.

333

334 **Fig 2. Confirmation by qPCR of the effect of NIST and vitamin D on expression of**
335 **cytokine genes in HBEC cultures.**

336 (A) Gene mRNA expression at 4 hours relative to *18S* and the unstimulated Control
337 condition in HBEC cultures stimulated with 50µg/ml NIST in the presence/absence of 100nM
338 1,25(OH)₂D3. *IL6*, n=7; *IL8*, n=7; *IL24*, n=6; *CFS2*, n=8; *CXCL10*, n=6; *TGFB2*, n=6.

339 (B) mRNA expression at 24 hours. *IL6*, n=9; *IL8*, n=7; *IL24*, n=6; *CFS2*, n=8; *CXCL10*,
340 n=6 (one outlying replicate excluded); *TGFB2*, n=6. All repeated-measures ANOVAs and
341 post-tests with Bonferroni corrections as shown. VC; vehicle control for NIST. Statistical
342 significance as follows: *, p ≤ 0.05; **, p ≤ 0.01; ***, p ≤ 0.001; ****, p ≤ 0.0001.

343

344 **Comparison of the effects of vitamin D on PM-stimulated epithelial**
345 **cytokine production by HBECs from healthy and asthmatic**
346 **individuals *in vitro***

347 Production by HBECs of the pro-inflammatory cytokines IL-6, CXCL8 and GM-CSF
348 (encoded by the genes *IL6*, *IL8* and *CSF2* respectively) was chosen for further scrutiny given
349 that all three mediators are featured in asthma pathophysiology and their expression was
350 induced by NIST-stimulation, but differently affected by the additional presence of vitamin D.
351 Culture of primary HBECs from 14-17 donors per experiment (approximately equal numbers
352 of healthy and asthmatic subjects) for 24 hours in the presence of 50 µg/ml NIST significantly
353 increased the supernatant concentrations of IL-6, CXCL8 and GM-CSF as compared with
354 vehicle control, consistent with the gene expression data (Fig 3A). In the additional presence
355 of 100nM 1,25(OH)₂D₃ throughout the 24 hour stimulation, production of IL-6 was
356 significantly inhibited, but that of CXCL8 or GM-CSF not significantly altered (Fig 3A).

357

358 **Fig 3. Effects of 1,25(OH)₂D₃ on production of IL-6, CXCL8 and GM-CSF by NIST**
359 **stimulated HBEC cultures.**

360 (A) Addition of 100nM 1,25(OH)₂D₃ reduced production of IL-6 by primary HBEC
361 cultures stimulated for 24 hours with 50µg/ml NIST, but not CXCL8 or GM-CSF. VC: NIST
362 vehicle control. n=14-17.

363 (B) Fold-increase in production of IL-6, CXCL8, and GM-CSF above that in unstimulated
364 cultures upon stimulation with 50µg/ml NIST in the presence/absence of 1,25(OH)₂D₃, by
365 disease status. Two-way ANOVAs with Bonferroni-corrected post-tests. n=8-9 healthy, n=7-8
366 asthmatic.

367 (C) Percentage suppression by 1,25(OH)₂D₃ of cytokine production in PM-stimulated
368 cultures of HBECs from healthy donors compared to asthmatic donors. Un-paired t-tests.
369 n=8-9 healthy, n=7-8 asthmatic. Statistical significance as follows: *, p ≤ 0.05; **, p ≤ 0.01;
370 ***, p ≤ 0.001, ****, p ≤ 0.0001.

371

372 Spontaneous production of all three of these cytokines by HBECs from both the non-
373 diseased and asthmatic donors varied considerably between individuals, with no significant
374 difference between the asthmatic group and healthy group (S1 Fig). To allow for this inter-
375 individual variation, NIST responses were also examined in terms of fold-changes above
376 spontaneous production in unstimulated cultures. Contrary to our hypothesis, NIST-induced
377 fold-increases in cytokine production were not significantly greater in HBECs from asthmatic
378 compared to healthy subjects in the absence of vitamin D (Fig 3B). Nevertheless,
379 1,25(OH)₂D₃ exhibited a significantly greater capacity to suppress NIST-stimulated IL-6
380 production by HBECs from the non-diseased, compared with the asthmatic donors (Fig 3C).
381 There was also a significant difference in the effect of 1,25(OH)₂D₃ on NIST-induced GM-
382 CSF production, with suppression in cell cultures from the non-diseased donors, but
383 enhancement in those from the asthmatic donors. As a result, in NIST-stimulated vitamin D
384 treated cultures induction of IL-6 and GM-CSF production was significantly greater in
385 asthmatic than in healthy HBECs (Fig 3B). There was no significant difference in the effect
386 of vitamin D on CXCL8 production by HBECs from the non-diseased and asthmatic donors.

387

388 We examined the possibility that these differences in the effects of 1,25(OH)₂D₃ on
389 IL-6 and GM-CSF protein production reflected differences in early induction of cytokine gene
390 expression. No significant differences were evident between cultures of HBECs from healthy
391 and asthmatic donors in NIST-stimulated induction of *IL6* or *CSF2* at 4 hours and 24 hours,
392 compared in the presence and absence of 1,25(OH)₂D₃ (two-way ANOVA analyses, S2 Fig).
393 Additionally, gene expression was compared with the capacity of vitamin D to suppress
394 cytokine production. A proportion of HBEC donor cultures showed greater induction of *CSF2*
395 at 4 hours with less suppression of GM-CSF production at 24 hours by vitamin D (S2 Fig),
396 and notably these were from asthmatic donors. A similar pattern was not evident for IL-6 (S2
397 Fig).

398

399 **Comparison of capacity for 25(OH)D₃ and 1,25(OH)₂D₃ to modulate**
400 **HBEC cytokine responses**

401 Exposure of HBECs to NIST (50 µg/ml, 24 hours) significantly increased the
402 expression of the gene *CYP27B1* (S3 Fig), encoding the cytochrome P450 enzyme that
403 converts 25(OH)D₃ to active 1,25(OH)₂D₃. However, the magnitude of induction of
404 *CYP27B1* with NIST exposure was significantly lower than that observed with the established
405 TLR3 agonist Poly(I:C) (mean (SD) 1.2 (0.22) fold induction with NIST compared to 5.4 (3.3)
406 fold induction with TLR3 agonist) (S3 Fig). Similarly, exposure to NIST modestly, but
407 significantly, increased expression of *VDR*, encoding the vitamin D receptor (S3 Fig).
408 Concordantly, both 25(OH)D₃ and 1,25(OH)₂D₃ at 100nM concentrations exerted similar
409 effects on cytokine expression by NIST-stimulated HBECs (S3 Fig).

410

411 Given the distinct effects of vitamin D on cytokine gene expression in HBECs from
412 healthy compared to asthmatic donors, we were interested to investigate whether this
413 reflected differences in their capacity to respond to vitamin D. We therefore assessed
414 expression of *CAMP*, the gene encoding cathelicidin, and *CYP24A1*; two genes known to be
415 strongly induced by 1,25(OH)₂D₃ (Fig 4). No significant differences were apparent between
416 cells from healthy and asthmatic donors in the capacity of 100nm 1,25(OH)₂D₃, in the
417 presence of NIST, to induce increased expression of *CYP24A1* or *CAMP* relative to
418 unstimulated controls (Fig 4A,C). Similarly expression of the target genes relative to *18S* in
419 the stimulated condition were not significantly different between cultures from healthy and
420 asthmatic donors (Figs 4B,D).

421

422 **Fig 4. Comparison of expression of vitamin D axis genes between HBECs from healthy**
423 **and asthmatic donors.**

424 (A) Induction of *CYP24A1* by NIST with 100nM 1,25(OH)₂D₃, relative to the unstimulated
425 control condition, in 4 hour and 24 hour HBEC cultures. H, Healthy donor HBECs; A,
426 Asthmatic donor HBEC cultures. 4hr healthy, n=5; 4hr asthmatic, n=5; 24hr healthy, n=7;
427 24hr asthmatic, n=6.

428 (B) Expression of *CYP24A1* as measured by qPCR relative to *18S* in 4 hour and 24 hour
429 HBEC cultures stimulated with 50µg/ml NIST and 100nM 1,25(OH)₂D₃. 4hr healthy, n=5; 4hr
430 asthmatic, n=5; 24hr healthy, n=7-8; 24hr asthmatic, n=6.

431 (C) Induction of *CAMP* by NIST with 100nM 1,25(OH)₂D₃, relative to the unstimulated control
432 condition, in 4 hour and 24 hour HBEC cultures. 4hr healthy, n=5; 4hr asthmatic, n=5; 24hr
433 healthy, n=5; 24hr asthmatic, n=6.

434 (D) Expression of *CAMP* as measured by qPCR relative to *18S* in 4 hour and 24 hour HBEC
435 cultures stimulated with 50µg/ml NIST and 100nM 1,25(OH)₂D₃. 4hr healthy, n=5; 4hr
436 asthmatic, n=5; 24hr healthy, n=7; 24hr asthmatic, n=6.

437

438 **Effects of vitamin D on HBEC oxidative stress and antioxidant** 439 **responses**

440 We next sought to establish whether the anti-inflammatory effects of vitamin D
441 following PM challenge were related to its upregulation of antioxidant pathways. Culture of
442 HBECs with 100nM 25(OH)D₃ for 24 hours significantly increased the intracellular ratio of
443 reduced to oxidised glutathione concentrations (GSH:GSSG; Fig 5A), and in NIST-stimulated
444 cultures 100nM 25(OH)D₃ significantly decreased the production of the lipid oxidation
445 product 8-isoprostane (Fig 5B). In further support of an antioxidant action of vitamin D, the
446 antioxidant enzyme-inducing compound sulforaphane similarly suppressed production of IL-
447 6, but not CXCL8 or GM-CSF (Fig 6) in NIST-stimulated cultures.

448

449 **Fig 5. Effect of 25(OH)D₃ on antioxidant responses in primary HBEC cultures.**

450 (A) Ratio of reduced (GSH) to oxidised (GSSG) glutathione in 24 hour cultures of HBECs
451 treated with 100nM 25(OH)D3; n=6.

452 (B) Fold-increase in 8-isoprostane levels in culture supernatants from primary HBECs
453 cultured with 50µg/ml NIST with/without 100nM 25(OH)D3 for 24 hours, compared to VC
454 control cultures; ratio paired t-test, n=8. Statistical significance as follows: *, $p \leq 0.05$.

455

456 **Fig 6. Effect of antioxidant enzyme-inducing sulforaphane on production of IL-6,**
457 **CXCL8 and GM-CSF by NIST-stimulation HBECs.**

458 Cytokines produced by primary HBECs in submerged cultures for 24 hours stimulated with
459 NIST at 50µg/ml and/or sulforaphane at 3µM. Friedman's tests with Dunn's multiple
460 comparisons tests; n=4. Statistical significance as follows: **, $p \leq 0.01$.

461

462 The transcriptomic analysis described above revealed that expression of the gene
463 *G6PD*, which encodes the key antioxidant enzyme glucose-6-phosphate dehydrogenase
464 (G6PD) [28], was significantly upregulated by vitamin D (1.82 fold-increase for NIST +
465 1,25(OH)₂D3 compared to NIST alone; Fig 1). The capacity of 1,25(OH)₂D3 to elevate
466 expression of *G6PD* was confirmed by qPCR in HBEC cultures treated with 100 nM
467 1,25(OH)₂D3 for 4 hours and 24 hours (both $p < 0.001$; Fig 7A and B). 25(OH)D3 similarly
468 enhanced *G6PD* expression in a concentration-dependent manner (Fig 7B). There were no
469 significant differences between asthmatic and healthy donor cultures in spontaneous
470 expression of *G6PD* in unstimulated cultures at 4 hours and 24 hours (Fig 7C). Additionally
471 there were no significant differences in the capacity of NIST with/without 1,25(OH)₂D3 to
472 induce expression of *G6PD* above that in unstimulated cultures (Fig 7D) in HBECs from
473 asthmatics compared to healthy donors.

474

475 **Fig 7: Capacity of vitamin D to enhance primary HBEC expression of *G6PD*.**

476 (A) Expression of *G6PD* in 4 hour cultures of primary HBECs stimulated with 50µg/ml
477 NIST with/without 100nM 1,25(OH)₂D3 (n=6).

478 (B) Expression of *G6PD* in 24 hour cultures of primary HBECs stimulated with 50ug/ml
479 NIST with/without 100nM 1,25(OH)₂D3 (n=6) or a concentration series of 25(OH)D3, n=5.

480 (C) Expression of *G6PD* as measured by qPCR relative to *18S* in unstimulated 4 hour
481 and 24 hour HBEC cultures. H, Healthy donor HBECs; A, Asthmatic donor HBEC cultures.
482 4hr healthy, n=5; 4hr asthmatic, n=5; 24hr healthy, n=8; 24hr asthmatic, n=6.

483 (D) Induction of *G6PD* by 50µg/ml NIST in the presence / absence of 100nM
484 1,25(OH)₂D3 in 4 hour and 24 hour cultures of HBECs from healthy and asthmatic donors.
485 4hr healthy, n=5; 4hr asthmatic, n=5; 24hr healthy, n=6; 24hr asthmatic, n=6. Statistical
486 significance as follows: *, $p \leq 0.05$; **, $p \leq 0.01$; ***, $p \leq 0.001$; ****, $p \leq 0.0001$.

487

488 **Assessing the capacity of vitamin D pre-treatment to suppress pro-** 489 **inflammatory cytokine production by NIST-stimulated HBECs**

490 Since greater induction by vitamin D of *G6PD* was evident in the HBECs at 24 hours
491 compared with 4 hours in the preceding experiments, we finally investigated whether 24
492 hours pre-treatment of HBEC cultures with vitamin D prior to particulate challenge would
493 further augment its capacity to decrease production of pro-inflammatory cytokines.
494 Accordingly, we compared the effects of concurrent treatment with 100 nM 25(OH)D3 (as in
495 the previous experiments above) with those of additional treatment of the HBECs with 100
496 nM 25(OH)D3 for 24 hours prior to exposure to NIST-stimulation (Fig 8A). Additional vitamin
497 D pre-treatment of NIST-stimulated HBECs significantly increased the percentage
498 suppression of IL-6 production (Fig 8A). Vitamin D pre-treatment also suppressed NIST-
499 induced CXCL8 production, a phenomenon not observed when vitamin D was added only
500 concurrently with NIST. However, suppression of IL-6 production (44.78%, 18.45% - 71.10%
501 [mean, 95% confidence interval]) was greater than that of CXCL8 (22.36%, -1.42% -
502 46.14%). In contrast, there was no significant effect on NIST-induced GM-CSF production.
503

504 The possible contribution of enhanced expression of G6PD to this phenomenon was
505 assessed using the G6PD inhibitor dehydroepiandrosterone (DHEA). DHEA at a
506 concentration of 100 μ M significantly abrogated the ability of 100nM 25(OH)D3, applied for
507 24 hours in advance and with NIST stimulation, to suppress CXCL8 production in NIST-
508 stimulated HBEC cultures with evidence of a trend towards decreasing suppression of IL-6
509 (Fig 8B).

510

511 **Fig 8: Effect of vitamin D pre-treatment of HBEC cultures on suppression of NIST**
512 **induced IL-6 and CXCL8.**

513 (A) Percentage suppression of cytokine production in 50 μ g/ml NIST stimulated 24 hour
514 cultures by concurrent and additional 24 hour pre-treatment with 100nM 25(OH)D3
515 compared to concurrent only; n=7-9 (3-4 Healthy, 4-5 Asthmatic). Two-tailed paired t-tests.

516 (B) Percentage suppression of cytokine production by 100nM 25(OH)D3 concurrent and
517 pre-treatment in 50 μ g/ml NIST stimulated HBEC cultures, in the absence or presence of the
518 G6PD inhibitor DHEA at 100 μ M; n=7-9 (2-3 Healthy, 5-6 Asthmatic). Two-tailed paired t-
519 tests. Statistical significance as follows: *, $p \leq 0.05$; **, $p \leq 0.01$.

520

521 Discussion

522 Particulate matter air pollution and vitamin D deficiency are environmental factors that
523 have both been implicated in the current 'epidemic' of asthma [1] [7] [19]. There is increasing
524 appreciation of the importance of the interaction between multiple environmental factors,
525 defining an individual's total exposome, in determining health effects, but to date the
526 interactive effect of vitamin D on responses to air pollution has received little attention [5] [29]
527 [30]. In the present study we demonstrate that vitamin D abrogates pro-inflammatory effects
528 of urban PM on primary human bronchial epithelial cells, suppressing production of key PM-
529 stimulated pro-inflammatory cytokines, such as IL-6, through a mechanism at least in part
530 dependent on enhancement of antioxidant pathways by vitamin D. Although epithelial cells

531 from both healthy and asthmatic donors were responsive to vitamin D, the capacity for
532 vitamin D to suppress PM-induced production of pro-inflammatory cytokines was impaired in
533 cells from patients with asthma compared to healthy subjects in this study. A microarray was
534 employed to generate an unbiased depiction of the effects of these environmental factors on
535 epithelial cytokine responses and additionally identified further vitamin D promoted genes
536 such as *G6PD* and *TGFB2*.

537

538 Multiple pro-inflammatory cytokines were induced by PM-stimulation, however, the
539 effect of vitamin D on cytokine responses was not uniform with *IL6*, *CXCL10* and *IL24*
540 transcripts suppressed by vitamin D, whereas others such as *IL8* and *CSF2* were not
541 similarly inhibited. We subsequently focused on IL-6, CXCL8 and GM-CSF as these
542 cytokines are well-established to be up-regulated by PM exposure, as well as being
543 implicated in the pathogenesis of asthma, with elevated concentrations seen in lungs of
544 asthmatic individuals [31] [32] [33] [34]. IL-6 is implicated in systemic inflammation [35] [36]
545 [37]. CXCL8 (IL-8) has a major role in neutrophil chemotaxis and activation, with also
546 evidence for a role in eosinophil chemotaxis [38]. GM-CSF is a known HBEC-derived
547 mediator that enhances the pro-inflammatory effects of PM on dendritic cells (DCs) [39] and
548 promotes eosinophil responses [40], but may protect against oxidative injury under a variety
549 of situations [41] [42].

550

551 Vitamin D suppressed PM-induced IL-6 production to a greater extent in cultured
552 epithelial cells from healthy as compared with asthmatic donors. In contrast, in cultures from
553 asthmatic donors vitamin D modestly increased GM-CSF production. Why healthy and
554 asthmatic HBECs in this study responded differently to vitamin D is unclear, and future
555 research is needed to address this issue and verify findings in a larger cohort.
556 Nevertheless, this novel finding suggests that future research studying the role of vitamin D
557 in disease pathology should be conducted using primary cells from individuals with those

558 diseases given the important differences apparent between the vitamin D responses of cells
559 from healthy and diseased donors.

560

561 Vitamin D exhibits both inhibitory and inductive effects of importance in chronic
562 airway diseases and is therefore likely to influence the response of the lung to pollution
563 exposure. For example, any action of vitamin D to decrease PM-stimulated IL-6 production
564 is likely to be clinically relevant and beneficial. Higher concentrations of IL-6 have been
565 shown in induced sputum from asthmatic patients compared to controls [31], in the plasma of
566 asthmatic patients [43], and a genome-wide association study has previously highlighted the
567 IL-6 receptor gene locus as a possible risk locus for asthma [44]. *In vivo* human exposure to
568 PM has been shown to increase both airway and systemic concentrations of IL-6, with
569 associated acute neutrophilic inflammation [35] [45]. IL-6 can stimulate proliferation of
570 lymphocytes [46], inhibit the action of regulatory T lymphocytes (Tregs) [37] and conversely
571 enhance Th17/IL-17 synthesis [47], which is associated with neutrophilic inflammation and
572 steroid insensitivity in asthma [48]. Elevated IL-17A has been reported with both *in vitro* and
573 *in vivo* particulate matter exposure [49] [50]. Furthermore, the benefit of reducing pollution-
574 induced IL-6 is likely broader than its effect on airway inflammation, since pollution-induced
575 vascular dysfunction and increased blood coagulation have been shown to be IL-6
576 dependent in murine models [35] [36].

577 In contrast vitamin D up-regulated expression of *TGFB2*, a cytokine with the capacity
578 to both inhibit inflammation and promote wound healing/fibrosis, with PM having the
579 reciprocal effect. Whilst PM-stimulation creates an immune microenvironment that promotes
580 pro-inflammatory leukocyte responses, vitamin D appears to have the capacity to regulate
581 the production by epithelial cells of multiple mediators that act on the adaptive immune
582 system, such as the cytokines above and as we recently described sST2 [27], to produce a
583 less inflammatory microenvironment.

584

585 Vitamin D enhanced expression of the gene *G6PD* encoding glucose-6-phosphate
586 dehydrogenase, the rate-limiting step in the generation of NADPH, necessary for the action
587 of critical antioxidant enzymes including those involved in the production of reduced
588 glutathione [28]. In keeping with this action to enhance antioxidant pathways, vitamin D
589 increased the ratio of intracellular reduced to oxidized glutathione and decreased the
590 production of 8-isoprostane. This action of vitamin D is consistent with previous evidence
591 that it can protect various other types of epithelial cell from oxidative stress *in vitro*, including
592 H₂O₂-treated prostatic and breast epithelial cells [51] [52] and CoCl₂-treated trophoblasts
593 [53]. Similarly, using immortalised epithelial cell lines, notwithstanding that immortalised cell
594 lines are known to manifest distinctly different responses to vitamin D [54], it has been shown
595 that vitamin D can abrogate impairment caused by oxidative stress of nuclear translocation of
596 the ligand bound glucocorticoid receptor [55].

597 This action of vitamin D to enhance antioxidant pathways and mitigate against
598 oxidative stress likely contributes to its capacity to suppress IL-6 production by PM-
599 stimulated HBECs. Consistent with this are our observed effects of sulforaphane in cell
600 culture and the findings of Sienna-Monge *et al.* that antioxidant supplementation of children
601 significantly decreases nasal lavage concentrations of IL-6 but not CXCL8 [56]. Oxidative
602 stress has also been shown to contribute to corticosteroid resistance, a major feature of
603 severe asthma [57], and we have previously shown that vitamin D exerts a steroid-sensitising
604 action in severe asthma, restoring dexamethasone-induced IL-10 production by T cells [58].

605 However the capacity of vitamin D to suppress production of cytokines such as IL-6 is
606 likely multifactorial since vitamin D also has the propensity to inhibit other signalling
607 pathways, such as those involving nuclear factor kappa-B (NFκB) [21] and mitogen-activated
608 protein kinase (MAPK) [59]. The differing effects of vitamin D on IL-6, CXCL8 and GM-CSF
609 reveals the complex actions of vitamin D on the multiple intracellular signalling pathways in
610 the induction of each cytokine. The suppression of IL-6 by vitamin D in our *in vitro* cultures is
611 consistent with the previous finding of Codoner-Franch *et al.* that systemic concentrations of

612 IL-6 in obese children were significantly higher in those with lower serum vitamin D
613 concentrations [60].

614

615 A limitation of this research is that the detailed series of mechanistic experiments
616 could only be conducted with epithelial cell cultures from a limited number of healthy and
617 asthmatic donors. Furthermore the asthmatic donors were predominantly of mild severity
618 and atopic; whether cells isolated from more severe and non-atopic asthmatics would
619 respond similarly is an important consideration. The impact of asthma medications on these
620 responses is also an important question but could not be analysed with this sample
621 population. It is therefore reassuring that our findings are consistent with *in vivo* cytokine
622 responses as discussed above [56] [60]. Furthermore our results are consistent with the
623 epidemiological study of Rosser and colleagues that showed vitamin D insufficient children
624 living close to major roads have an increased risk of severe asthma exacerbations [12].
625 Importantly the concentrations of vitamin D and particulate matter used in this research are
626 representative of the concentrations evident in the real world. Li *et al.* have reconciled
627 theoretical and experimental particulate airway deposition, allowing for increased deposition
628 at airway bifurcation points with uneven air flow in disease, and shown PM_{2.5} deposition
629 concentrations of 0.2–20 µg/cm² are representative for real-world exposure [18] with higher
630 deposition concentrations for total particulate matter. Circulating serum levels of 25-
631 hydroxylated vitamin D are in the range 75nmol – 150nmol in sufficient individuals, and
632 therefore an *in vitro* concentration of 100nmol 25(OH)D₃ is representative of real-world
633 vitamin D sufficiency. With respect to 1,25(OH)₂D₃ there is greater uncertainty as to *in vivo*
634 tissue concentrations but the *in vitro* effects of 100nm 1,25(OH)₂D₃ on immunological
635 markers mirror *ex vivo* correlates supporting this concentration being representative [19].

636 Although there are very few studies examining a beneficial role for vitamin D in
637 alleviating adverse effects of pollution, there is a larger volume of evidence examining
638 antioxidant supplementation as a strategy to reduce the harm to human health from air

639 pollution. For example multiple studies have investigated the capacity of antioxidant
640 supplements (such as vitamin C and vitamin E) to abrogate any deleterious effect of air
641 pollution on lung function and many of these have shown significant benefit [61]. Similarly
642 there is suggestive evidence that supplementation of vitamin C and E may improve athletic
643 performance in ozone-exposed runners [62], and that B vitamin supplementation can
644 alleviate particulate exposure associated cardiac autonomic dysfunction [63], amongst other
645 outcome measures studied. The major difference between vitamin D and other antioxidant
646 vitamins (and minerals) is that the major natural source for vitamin D in humans is through
647 sunlight exposure not diet. Vitamin D insufficiency / deficiency are extremely common in the
648 developed world [64] and a healthy diet alone rarely contains adequate vitamin D to achieve
649 sufficient status. Although ultraviolet (UV) light supplementation might be an option [65],
650 population-level oral vitamin D supplementation may be necessary to alleviate the epidemic
651 of vitamin D deficiency and reduce harm from air pollution.

652 Our study provides mechanistic evidence to support larger trials of vitamin D
653 supplementation to alleviate the harmful impact of air pollution, similar to those conducted
654 with other antioxidant vitamins. Our conclusions are based on samples from a limited
655 number of subjects and next need to be followed up in larger translational studies. In the first
656 instance exposure chamber studies in vitamin D deficient individuals randomised to vitamin
657 D supplementation / placebo prior to exposure would provide the opportunity to confirm
658 whether *in vivo* vitamin D supplementation beneficially impacts on the pulmonary response to
659 ambient pollutants. Clinical endpoints and biomarkers could be studied in a larger sample of
660 participants including healthy controls, a broader range of asthmatic patients and patients
661 with other respiratory diseases.

662

663 This research focused on the effects of vitamin D on pollution-induced pro-
664 inflammatory cytokine production by human bronchial epithelial cells, through the
665 upregulation of antioxidant defences. Transcriptomics was used to identify cytokines of

666 interest, with the advantage of revealing differentially modulated cytokines in an unbiased
667 manner. The array also identified multiple non-cytokine disease-associated genes regulated
668 by PM-stimulation and vitamin D - such as *CLDN7*, *SERPINB1*, *COL1A1*, *SLPI* and *MMP9* -
669 that were beyond the scope of this research. Many of these have been implicated in airways
670 pathology and deserve future research.

671

672 **Conclusions**

673

674 In summary, vitamin D decreased oxidative stress and the particulate matter-induced IL-6
675 response in HBEC cultures; with vitamin D pre-treatment suppressing the IL-6 response
676 consistently in cultures from both healthy and asthmatic donors. Therefore vitamin D
677 sufficiency is likely beneficial in protecting against pollution-induced inflammation in asthma,
678 as well as in other pollution-associated diseases related to the induction of airway and
679 systemic inflammation. Vitamin D supplementation has been shown to be safe and effective
680 in preventing severe asthma exacerbations and acute respiratory tract infections when given
681 to appropriate target groups [66] [67]. This research mechanistically supports a strategy of
682 public health intervention to optimise the body's own defences against pollution (for example
683 supplementation with vitamin D [12] or other vitamins [63]) to reduce the burden of pollution-
684 associated disease.

685

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689

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888

889 **Supporting Information Captions**

890

891 **S1 Table. Taqman primer probesets.**

892

893 **S2 Table. Genes showing differential regulation by both NIST stimulation and vitamin**
894 **D in the transcription microarray.**

895 Gene expression fold-changes in a transcription microarray of HBECs cultured for 24 hours
896 with/without 50µg/ml NIST stimulation in the presence/absence of 100nM 1,25(OH)₂D₃.
897 Short-list of genes showing both differential expression with NIST stimulation (fold change ≥
898 ± 1.4) and differential expression with vitamin D treatment in presence of NIST stimulation
899 (fold change ≥ ± 1.4).

900

901 **S1 Fig: Cytokine production by HBEC cultures from healthy and asthmatic donors**
902 **stimulated by NIST PM with / without 1,25(OH)₂D₃.**

903 Primary HBECs stimulated for 24 hours with 50µg/ml NIST in the presence/absence of
904 100nM 1,25(OH)₂D₃. VC; vehicle control for NIST. Healthy donor cultures: n=8 for IL-6, n=9
905 for CXCL8, n=8 for GM-CSF. Asthmatic donor cultures: n=7 for IL-6, n=8 for CXCL8, n=6 for
906 GM-CSF. Friedman's tests with Dunn's multiple-comparisons tests. Statistical significance: *,
907 $p \leq 0.05$.

908

909 **S2 Fig: Induction of cytokine gene expression in HBEC cultures from healthy and**
910 **asthmatic donors stimulated by NIST PM with / without 1,25(OH)₂D₃.**

911 (A) Induction of *IL6* and *CSF2* by 50µg/ml NIST PM stimulation in the presence / absence
912 of 100nM 1,25(OH)₂D₃ in 4 hour and 24 hour cultures of HBECs from healthy and asthmatic
913 donors. H, Healthy donor HBECs; A, Asthmatic donor HBEC cultures. Tie-bars show paired
914 results from the same donor cultures. 4hr healthy, n=5; 4hr asthmatic, n=5; 24hr healthy,
915 n=6-7; 24hr asthmatic, n=6.

916 (C) Induction of *IL6* and *CSF2* by NIST at 4 hours compared to suppression by 100nM
917 1,25(OH)₂D₃ at 24 hours of IL-6 and GM-CSF production respectively in NIST PM stimulated
918 HBEC cultures. n=8 (4 healthy and 4 asthmatic).

919

920 **S3 Fig: Effect of NIST stimulation on expression of the vitamin D axis genes *CYP27B1***
921 **and *VDR*, and comparison of response to 25(OH)D₃ and 1,25(OH)₂D₃.**

922 (A) Expression of *CYP27B1* mRNA in 24 hour HBEC cultures stimulated with 50µg/ml
923 NIST PM with/without 100nM 1,25(OH)₂D₃ (n=9), or with 1µg/ml Poly(I:C) (paired t-test,
924 n=6). Gene expression measured by qPCR relative to the house-keeping gene *18S*, and
925 shown relative to the control condition. Statistical significance as follows: *, $p \leq 0.05$; **, $p \leq$
926 0.01 ; ***, $p \leq 0.001$.

927 (B) Expression of *VDR* in 24 hour cultures stimulated with PM with/without 1,25(OH)₂D₃
928 (n=7), or with 1µg/ml Poly(I:C) (paired t-test, n=4).

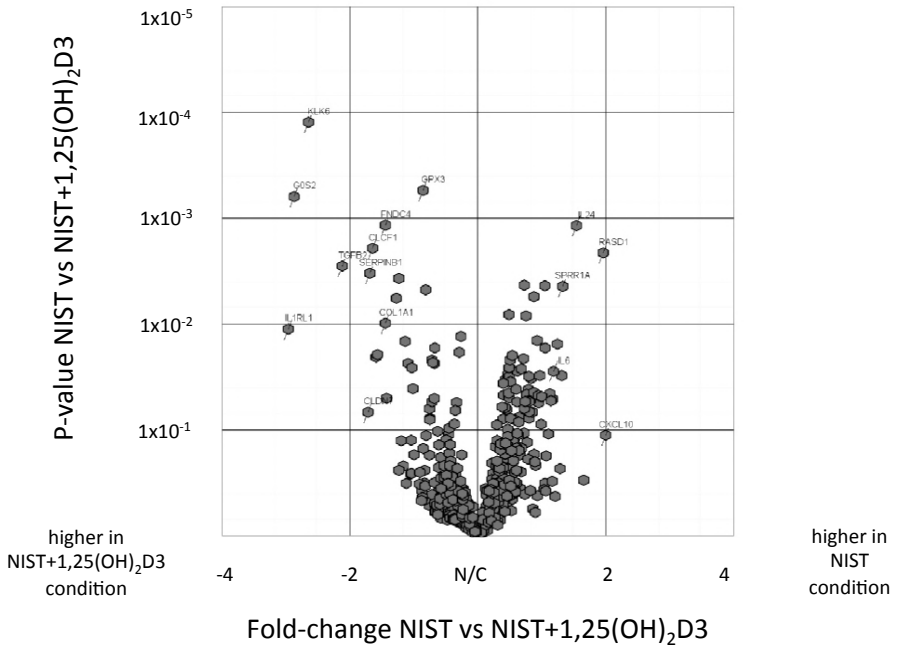
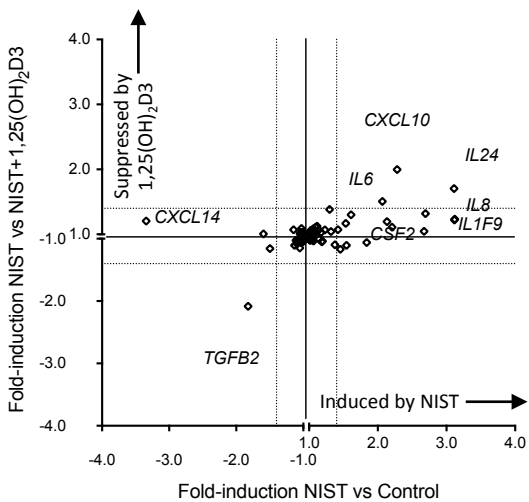
929 (C) Percentage suppression of cytokine-production in 24 hour cultures of PM-stimulated
930 HBECs upon concurrent addition of 1,25(OH)₂D₃ or 25(OH)D₃. Cultures from healthy donors

931 shown as open circles and those from asthmatic donors as filled squares. IL-6, n=7 healthy,
932 6 asthmatic; CXCL8, n=8 healthy, 7 asthmatic; GM-CSF, n=6-7 healthy, 6 asthmatic.

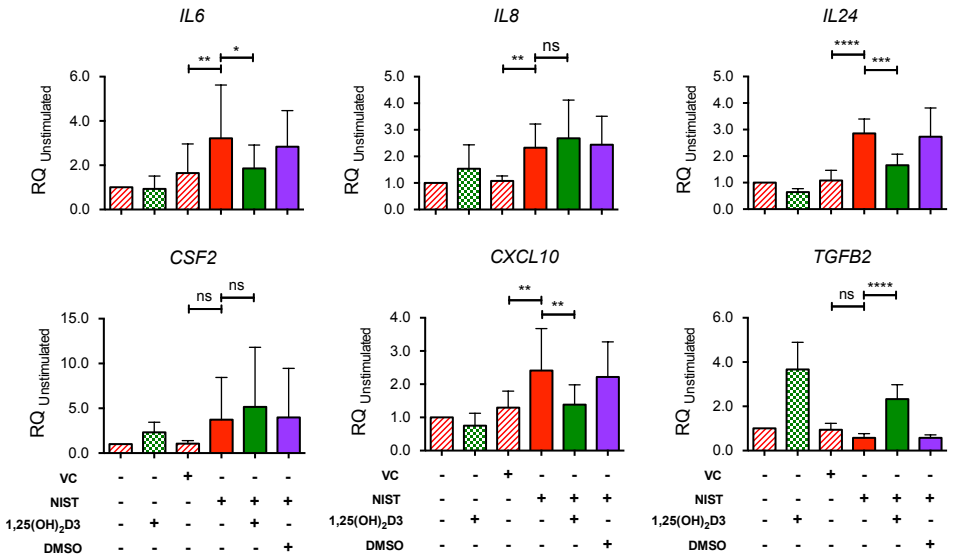
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934 **S1 Data Appendix. Transcription microarray results after quantile normalisation and**

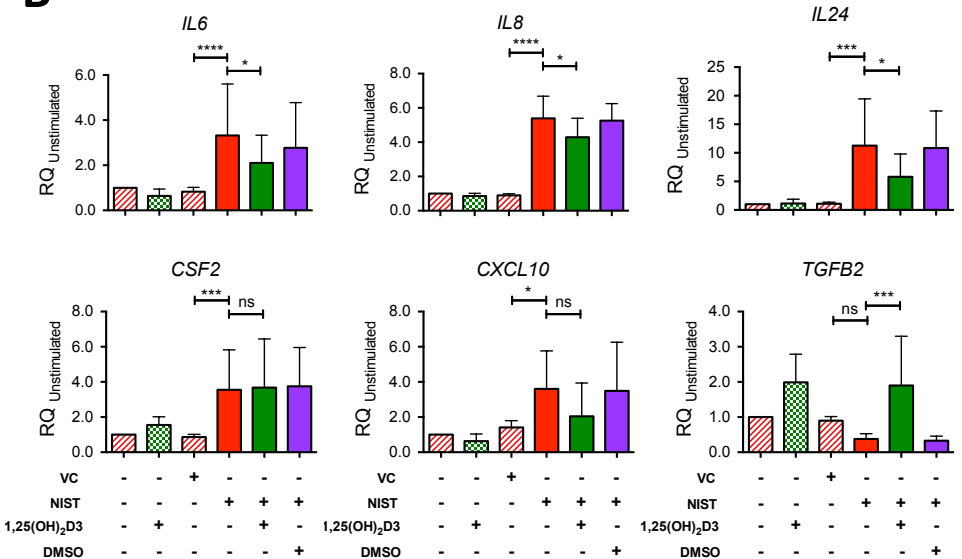
935 **ANOVA analysis (full gene list).**

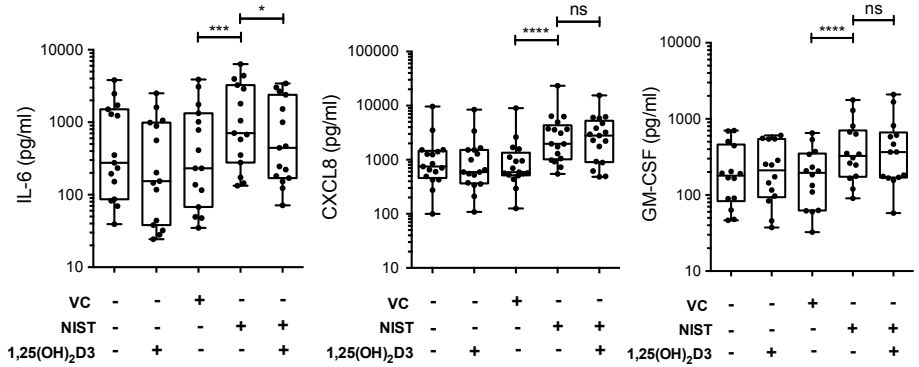
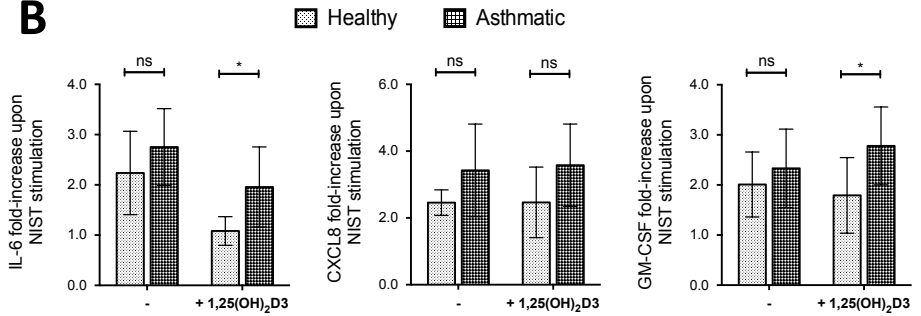
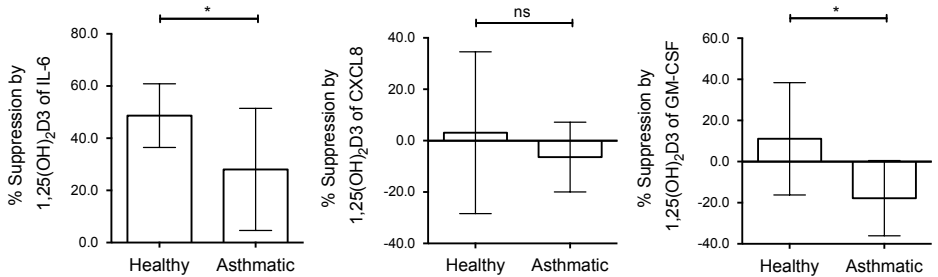
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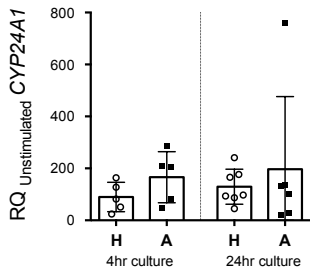
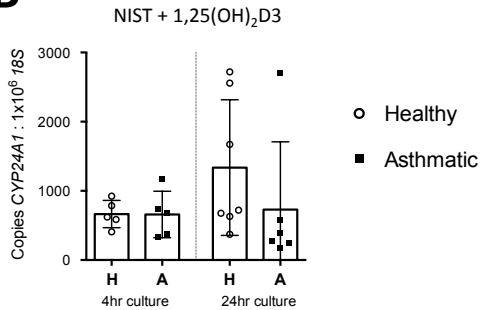
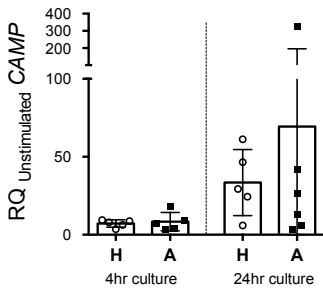
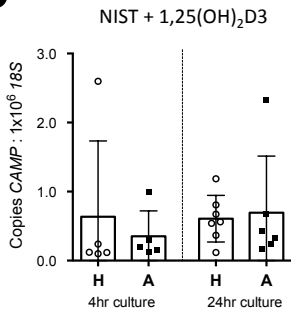
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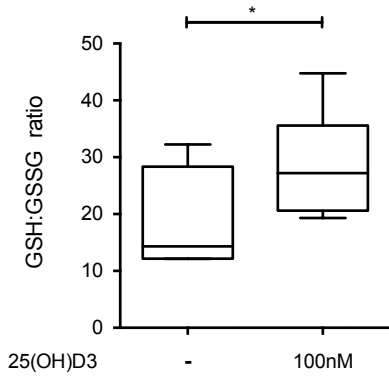
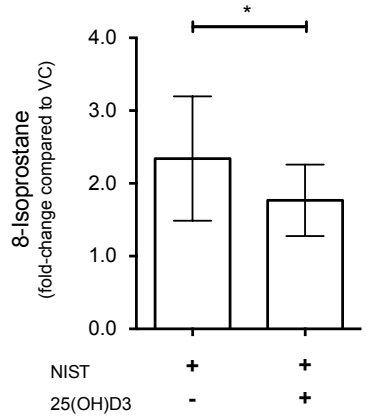


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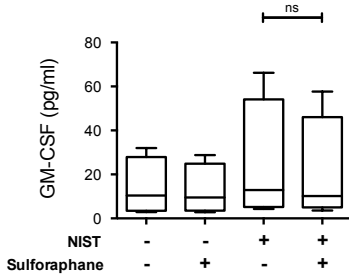
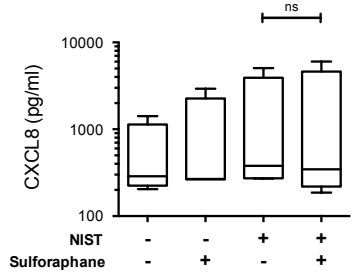
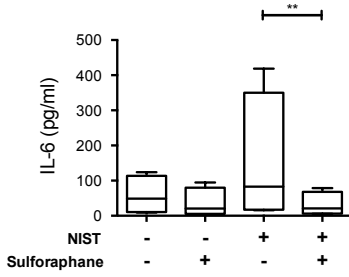


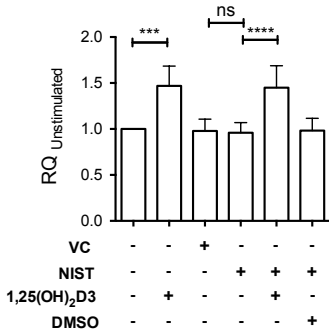
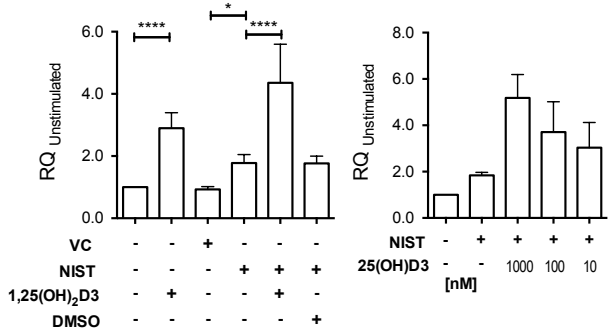
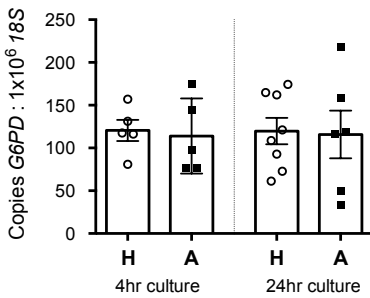
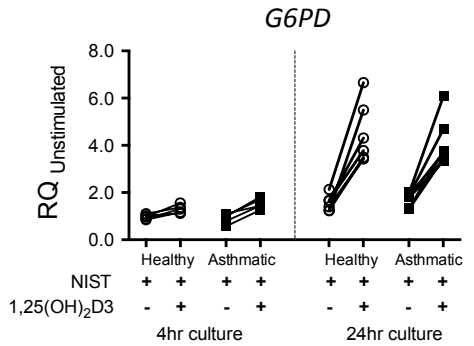
A**B****C**

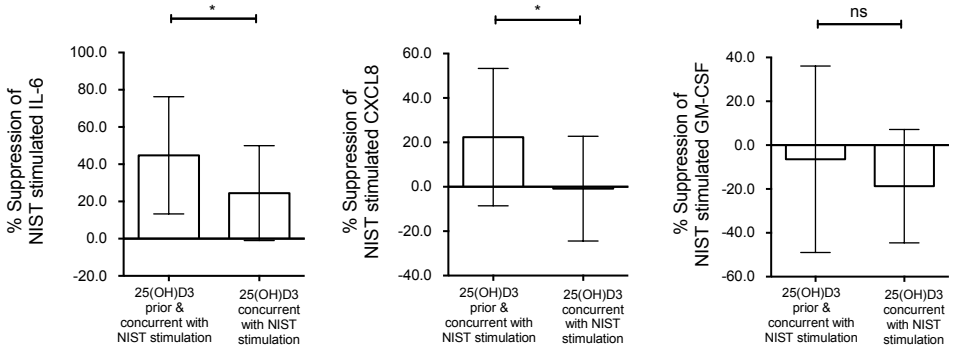
A**B****C****D**

A**B**

A



A4hr *G6PD***B**24hr *G6PD***C****D**

A**B**