

1 Reactive oxygen species and evaluation of the quality of carcasses
2 and beef meat from cold storage slaughterhouses located in the
3 Federal District and Surroundings (Brazil)

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25 **Abstract**

26 The aim of this study was to detect reactive oxygen species and evaluate the quality
27 of carcasses and beef meat from cold storage slaughterhouses located in the Federal District
28 and Surroundings. Information was obtained on the gender, breed and age of each animal,
29 as well as the distance travelled (km) and time (h) from the property to the cold storage
30 slaughterhouse. Data and samples were obtained from a total of 33 animals and their
31 respective carcasses. Fragments of the extensor carpi radialis muscle were extracted from all
32 the carcasses to analyze the presence of reactive oxygen species (ROS), and- samples of the
33 *Longissimus dorsi* muscle to perform the 24h post-mortem pH, colorimetric test, cooking
34 loss and drip loss assessment and to measure the shear force. The presence of hematomas
35 was detected in 28 carcasses, where the tail and croup (17/33) and flank (17/33) regions were
36 the most affected. The electron paramagnetic resonance indicated an average of 52.59 ROS/g
37 in the analyzed pieces. The meat quality tests indicated averages of: 5.8 for the 24h post-
38 mortem pH, L*29.34, a* 2.52 and b* 1.31 in calorimetry, 2.30 kg/f for the shearing force,
39 11.75% of cooking losses and 1.88% of drip losses. The statistical analyses demonstrated a
40 tendency- to positive correlation between the presence of hematomas with and the amount
41 of ROS, and between the presence of hematomas and pH value. Furthermore, statistically,
42 female gender was one of the influential factors on the tenderness value. According to the
43 results, it was concluded that the meat evaluated in this study meets the desirable quality
44 parameters and it was possible to detect reactive oxygen species in the samples of muscle
45 tissue.

46 **Introduction**

47 Brazil's livestock farming stands out as an important sector of the national economy
48 and in the year 2016 it represented approximately 24% of the Gross Domestic Product [1].
49 In 2017 Brazil kept its spotlight in the international market as the world's greatest beef meat
50 exporter [1].

51 To maintain its market competitiveness, the country has invested in the productivity
52 and quality of the final product offered to the consumer [2]. In beef, tenderness, flavor,
53 juiciness and color are desired as determining characteristics for the purchase decision,
54 which are susceptible to changes due to intrinsic factors such as the gender, age and breed,
55 and extrinsic factors such as nutrition and stress during handling [3].

56 Studies on meat quality often correlate these parameters when evaluating the
57 characteristics of the meat produced by crossbreeding and the comparison of age and diet
58 types [4,5,6,7], where the main analyzed characteristics are the pH, colorimetry and shearing
59 force [8,9,10] as well as water retention capacity when measured by evaluating cooking and
60 drip losses [4].

61 Still related to the meat quality is the pre-slaughter handling performed by the farms
62 and industries of meat, which can generate stress, contusions and hematomas in the animal,
63 interfering with meat quality at the end of the process and causing economic losses to the
64 producer and the industry [11, 12; 13].

65 Electron paramagnetic resonance spectroscopy (EPR) is a technique that has been
66 applied to foods, making it possible to detect free radicals at an intracellular and extracellular
67 level [14], thus allowing the correlation of the presence of free radicals with the quality of
68 the final product [15]. Chen et al. [16] used the EPR technique to evaluate the oxidative
69 stress mechanism in broiler chickens. The authors confirmed that oxidative stress induced

70 by H₂O₂ had a negative effect on relative muscle weight, the significantly higher ROS
71 formation in the muscle show lower quality meat, with lower pH_{24h} value, higher shearing
72 force and greater drip losses [16]. Another study applied EPR to measure the meat quality
73 of pigs shortly after slaughter [17]. The authors observed that oxidation occurred differently
74 in the different muscle tissues and that this process can reduce meat quality, changing the
75 flavor, coloration, drip and cooking losses.

76 To this moment no scientific findings were found to correlate the detection of reactive
77 oxygen species with the beef meat quality in combination with the pre-slaughter handling of
78 the livestock. In the region of the Federal District and Surroundings there is no information
79 on the characteristics of beef meat quality meant for sale in terms of the pH, tenderness,
80 cooking and drip losses, as well as the characterization of the pre-slaughter handling and
81 their consequences in the conversion of muscle into meat in the daily routine of the regional
82 cold storage industry.

83 Considering the importance of the behavior of the organoleptic characteristics of beef
84 meat, as well as the pre-slaughter handling, this project aimed to evaluate the 24h post-
85 mortem pH and coloration, the drip and cooking liquid losses and the shearing force in beef
86 meat from cold storage slaughterhouses located in the Federal District and Surroundings,
87 and to detect reactive oxygen species in muscle tissues by electron paramagnetic resonance.

88

89 **Materials and methods**

90 **Origin of the samples**

91

92 The collection of data and samples was performed in cold storage beef
93 slaughterhouses located in the Federal District and Surroundings. All slaughterhouses were

94 certified by an official inspection service such as SIF or SISBL and the animals were subject
95 to the norms of Humane Slaughter outlined in the Normative Instruction no. 3, of January
96 17th, 2000, according to the Ministry of Agriculture, Livestock and Supply [18]. Four
97 collections were performed between April and September, 2017 and 33 beef carcasses were
98 obtained in total.

99 During the pre-slaughter handling in the cold storage slaughterhouses, information
100 was obtained on the travel time (h) and distance (km) from the location of the rural property
101 from which the animals originated, as well as the identification of the animals by batch,
102 breed, age and gender. After the desensitization, bleeding and skinning procedures, pieces
103 of approximately 3.0 cm of the extensor carpi radialis muscle were collected and frozen in
104 liquid nitrogen for the subsequent quantification of reactive oxygen species. Next, the
105 number and location of hematomas in the carcasses were evaluated, dividing them into
106 regions proposed by the methodology by Cardoso et al., [19].

107 After the cooling of the 33 carcasses for 24h in the slaughterhouse refrigeration
108 chamber, a piece of the *Longissimus dorsi* muscle of approximately 500g was removed, 2.5
109 cm thick, between the 10th and 12th rib for the meat quality analyses.

110

111 **Quantification of reactive oxygen species (ROS)**

112 For the quantification of reactive oxygen species in the muscle tissue, the protocol
113 recommended by Mrakic-Sposta et al. [20] was followed. The pieces of the extensor carpi
114 radialis muscle immersed in liquid nitrogen were transported to the Laboratory of
115 Biochemistry and Protein Chemistry at the University of Brasília to prepare the samples for
116 the paramagnetic resonance spectroscopy analyses at the Laboratory of Electron
117 Paramagnetic Resonance at the Institute of Physics.

118

119 **Analyses of beef meat quality**

120 **pH and colorimetric test**

121 The pH was measured with a portable digital pHmeter (Testo® 205) equipped with
122 an insertion electrode. The device was calibrated by immersion in buffer solution at pH 4.0,
123 followed by one at pH 7.0, as suggested in the manufacturer's manual. The samples of 24h
124 post-mortem beef meat were exposed to atmospheric air for 30 minutes, followed by three
125 readings at different points and the calculation of their arithmetic mean. A portable Chroma
126 Meter Cr-400 (Minolta Camera Co., Ltda., Osaka, Japan) colorimeter was used. To
127 determine the color, the CIELAB color space [21] was adopted, which applied the lightness
128 (L*) coordinates varying from 0 (black) to 100 (white), shades of red (a*+) to green (a*-),
129 and shades of yellow (b*+) to blue (b*-).

130 **Cooking loss**

131 To evaluate the weight loss during the cooking, the procedure recommended by
132 AMSA [10] with adaptations was used as reference, where the cooled meat samples were
133 weighed, then subjected to a cooking process in an industrial oven of brand Venancio®, until
134 a temperature of 70°C was reached inside the pieces, thus obtaining the weight before
135 cooking. The cooking temperature was monitored by a metal thermometer of brand Testo®
136 926 with needle probe model 06280030 for the control of the internal temperature of the
137 sample. After reaching the internal temperature of 70°C, the samples were removed from the
138 oven, cooled at room temperature and weighed again for the calculation of the cooking losses
139 (Cooking loss = [(weight of raw steak – cooked weight) ÷ weight of raw steak] × 100). After
140 this procedure, the samples were individually packaged in low-density polyethylene bags,

141 properly identified and stored under refrigeration at 4°C for 24h for the subsequent
142 performance of the shearing force test.

143 **Shearing force**

144 The protocol recommended by Wheeler et al. [9] was applied. After being stored at
145 4°C for 24h following the cooking test, the samples were prepared for the performance of
146 the shearing force test. Three cylindrical pieces were collected from each meat sample, cut
147 parallel to the direction of the muscle fiber using a perforator with a diameter of
148 approximately 1.27 cm. These three sub samples underwent the shearing test using
149 equipment of model WARNER-BRATZLER MEAT SHEAR® (G-R Manufacturing Co.
150 Manhattan), 235 6X. The results were given in Kg/f and the mean between the three sub
151 samples was calculated to represent the force used to cut each sample.

152 **Drip loss**

153 The drip loss was measured according to the procedure recommended by Honikel
154 [22] with adaptations by Kim et al. [23].

155 A piece of approximately 50g was removed 24h post mortem from each beef meat
156 sample from the refrigerated slaughterhouses. The sample was cleaned and the excess fat
157 and external connective tissue were disposed for the weighing.

158 The samples were properly identified and individually placed in polyethylene nets.
159 They were then suspended by a hook, wrapped by a polyethylene bag with no contact with
160 the sample and stored under refrigeration at 4°C for 48 h. After this period the sample was
161 weighed and the drip loss was calculated (Drip loss = [weight after the dripping ÷ weight
162 before] × 100).

163 **Detection of the reactive oxygen species (ROS) in the muscle tissue**

164 The samples of the pieces of the extensor carpi radialis muscle collected shortly after
165 the bleeding and measuring approximately 3cm were frozen in liquid nitrogen and taken to
166 the Laboratory of Biochemistry and Protein Chemistry of the University of Brasília, where
167 they were subjected to freezing at -80°C until the preparation of the samples.

168 They were removed from the freezer and then cut with a scalpel, reduced to four parts
169 of approximately 2x2x2 mm. Next, the tissues were washed thrice with a KHB solution
170 (Krebs Hepes, Noxygen, Germany). After washing, 700 µL of CMH was added at a
171 concentration of 200 µM (Noxygen®, Germany) and 50 UI/mL of sodium heparin
172 (Hepamax-S®, Blausiegel Ind. Com. Ltda., São Paulo, Brazil) was added. Samples were
173 incubated under agitation at 37°C for 60 minutes. Incubation was followed by the removal
174 of 450 µL of the supernatant, which was transferred to a 1 mL syringe for immediate freezing
175 in liquid nitrogen and subsequent storage at -80 °C until the reading by the electron
176 paramagnetic resonance spectrometer.

177 The remaining pieces of muscle tissue in the *ependorff* tubes were dehydrated in
178 Speed Vac (Savant SC100) apparatus and weighed for the calculation of the reactive oxygen
179 species in the muscle tissue.

180 **Electron paramagnetic resonance (EPR) measurements**

181 The calibration of the electron paramagnetic resonance apparatus and the reactive
182 oxygen species analysis were performed according to the protocol described by Gomes et al
183 [24]. The measurements were performed at the Laboratory of Electron Paramagnetic
184 Resonance of the Institute of Physics at the University of Brasília.

185 The X-band Bruker® EMX500 spectrometer apparatus was used (9.45 GHz), 2 mW
186 of microwave power, 5 Gauss modulation field, modulation frequency of 100 kHz, scan
187 width of 200 G, scan time of 10 s and 5 scans added in combination for each measurement.

188 The calibration curve was defined based on Berg et al. [25], where spectrometer
189 measurements were performed with a 10 mM solution of the CP• (3-carboxy-proxyl)
190 (Noxygen®, Germany) radical prepared in KHB buffer solution and diluted at 0.5, 10, 50,
191 and 100 µM. Next, 450 µL of the calibration samples was transferred to a 1 mL polyethylene
192 syringe (Descarpax®) and frozen in liquid nitrogen. These calibration samples generated the
193 curve used for the quantification of the reactive oxygen species.

194 The frozen samples were removed from the syringes and placed individually in the
195 Finger Dewar container (Noxygen®Germany), which was subsequently filled with liquid
196 nitrogen. The Finger Dewar was then coupled to the spectrometer with each sample, still
197 frozen, one at a time, and the detection of the reactive oxygen species was performed
198 individually, which generated a curve corrected for the CP• quantity according to the
199 calibration curve, obtaining the ROS quantification in the sample as the result.

200

201 **Statistical Analysis**

202 The results were subjected to statistical analysis of the mean and standard deviation
203 using the StataCorp. 2011 software. Stata: Release 12. Statistical of the Software. College
204 Station, TX: StataCorp LP. The Shapiro-Wilk Test was applied to verify the normal
205 distribution of the analyzed variables (pH and gender). The Kruskal-Wallis Test is a non-
206 parametric test used to verify normality between the days of the collections. The
207 Kolmogorov-Smirnov, also non-parametric, was used to compare hematoma and pH means,
208 and hematoma and reactive oxygen species means.

209

210 **Results and discussion**

211 The information obtained on the travel distances in (km) and travel time (h) from the
212 property to the cold storage slaughterhouses, of the 33 cattle in this study, as well as the
213 breed, gender and age are presented in Table 1.

214

215 **Table 1 – Data on the 33 cattle: travel distance (km) and travel time (h) , breed, gender**
216 **and age (months) obtained at the cold storage slaughterhouses in the 04 collections**
217 **carried out from April to September, 2017.**

218

Collections	Distance (Km)	Travel time (h)	Rest time at the slaughterhouse (h)	Breed	Gender	Age in months
1	90	1h 20 m	13h 30m	Crossbred	9 males	24 - 36
2	130	1h 40 m	13h 30m	Crossbred	4 males	24 - 36
3	70	1h	16h	Crossbred	1 male 6 females	24 - 36
4	140	2h	13h	Crossbred	13 females	24 - 36
Total					33 animals	

219

220 The travel distances by road transportation observed in this study were on average
221 110 km and the mean travel time was 1h 50m. According to studies such as those of Joaquim
222 [26]; Pereira et al., [27] and Batista De Deus, et al., [28], the travel time can influence the
223 final quality, therefore, animals travelling long distances (greater than 330 km) can present
224 higher final pH (pH>6) compared to the short distance travels [26, 27, 28].

225 The time from the arrival at the cold storage slaughterhouse to the moment of
226 slaughter ranged from 13 to 16 hours, this rest time corroborates with RIISPOA [29], which
227 requires rest and fasting of at least 6h at the slaughterhouse, with a possible extension to 24h,
228 when the travel time does not exceed 2 hours for the cattle [29]. However, the latest version
229 does not establish a minimum and maximum period of fasting and water diet [30].

230 Inevitably, longer travel distances involve longer fasting and water diet periods,
231 which, for prolonged periods (longer than 16 hours) can affect meat quality, causing fatigue
232 and stress to the animal that can lead to an elevated final pH and higher shearing force, and
233 it can also lead to weight loss and dehydration in the cattle [31, 32].

234 The distances found in the present study have short travel times, not requiring long
235 fasting periods and not affecting, in this aspect, the welfare of the animals.

236

237 **Verification of hematomas in the post-slaughter carcasses**

238 In this study the presence and location of the hematomas were evaluated in the beef
239 carcasses after skinning and the results are presented in Table 2.

240 Among the 33 cattle observed, only 5 animals did not present hematomas.
241 Hematomas were observed in the regions of tail and croup, pelvic limb, flank, ribs and
242 thoracic limb. The most affected region was the flank, followed by the croup and tail, as
243 described in Table 2. The high percentage of contusions in these areas could be due to
244 improper handling of the animals, the use of sharp objects, poles, electric shock or even
245 trauma caused during the transportation from the rural property to the cold storage
246 slaughterhouse, as described by Huertas et al. [33].

247 The pelvic limb represented the 3rd most affected area. This high percentage was
248 observed due to the lesions at the metatarsus (commercialized as hindshank muscle) of a
249 certain batch which presented straight line marks that resembled the shape of a string.
250 Therefore, it is assumed that these hematomas occurred due to the improper restraining at
251 some time during the transportation. The route and the condition of the vehicle should also
252 be considered, because poor road conditions and occupancy could lead to various contusions

253 [31]. The present study did not identify cattle with severe wounds or deep hematomas and
 254 none of the animals died in the course of transportation.

255

256 **Table 2 – Hematomas detected in the beef carcasses divided according to the affected**
 257 **region in the carcass, number of animals affected and the percentage of animals with**
 258 **lesions in cold storage slaughterhouses from the Federal District and Surroundings.**

259

Region	Mean of the values obtained in the collections				Number of affected animals / total number of animals	Percentage of animals with lesions (%)
	Collection 1 n=9	Collection 2 n=4	Collection 3 n=7	Collection 4 n=13		
Tail and croup	2	1	5	9	17 / 33	51.5
Pelvic limb	5	2	0	0	7 / 33	21.2
Flank	5	2	3	7	17 / 33	51.5
Ribs	1	0	1	1	3 / 33	9.0
Thoracic limb	0	0	1	5	6 / 33	18.1
Cervical region	0	0	0	0	0 / 33	0.0
Without hematomas	3	0	1	2	5/33	15.1
Total	16	5	11	24	33/33	-

260

261 In the present study 5 animals did not present any type of hematoma, a value that
 262 corresponds to 15% of the animals. This is a positive result when compared to a study by
 263 Andrade et al. [35], which evaluated hematomas in cattle transported by river in the region
 264 of the Pantanal of Mato Grosso do Sul and found 5 animals without lesions among 88
 265 evaluated, representing only 5.8% of the herd.

266 The combination of the results from the present study identified 11 animals with up
267 to 1 hematoma, 8 animals with 2 and 14 with 3 or more hematoma lesions, results similar to
268 those observed by Bertoloni et al. [34], where 60% of the slaughtered animals presented at
269 least one hematoma in their carcass.

270 Among the most affected areas by hematomas, the hindquarter region was in second
271 place in the second place, with results like Andrade et al. [35], who formulated the hypothesis
272 of improper handling during the transportation and handling of the animals, which may have
273 included the use of poles or electric stimuli to move them.

274 In addition to being used as a welfare indicator, hematomas generate economic loss
275 to the producer, given that the meat can be compromised and discarded due to the lesion
276 extension and depth [34]. Handling best practice can avoid great economic losses given that
277 the main noble cuts are located in the most affected regions.

278

279 **Beef meat quality**

280 The results of the pH analyses, shearing force test, cooking and drip weight losses
281 and colorimetry of the meat samples obtained after 24h of cooling in the cold chambers of
282 the industries are presented in Table 3.

283 A mean pH of 5.86 was observed in the animals of the present study. This pH value
284 meets the parameter of normal meat (pH<6.0) [36]. The results also corroborate with Kuss
285 et al. [5], in the state of Paraná, who evaluated young cattle (22 months old) entire with the
286 mean 24h post-mortem pH of 5.9. These results are also similar to those observed by
287 Andrade et al. [4] in cattle of the nelore breed, which found pH from 5.4 to 5.8, and to those
288 in Batista de Deus et al. [28], in the state of Rio Grande do Sul, with the Aberdeen Angus
289 breed, which identified values ranging from 5.6 to 5.78.

290 **Table 3 – pH, shearing force, cooking losses, drip losses and colorimetric (L*a*b*)**
 291 **analyses of the 33 beef meat samples (*Longissimus dorsi*) obtained after 24h in cold**
 292 **chamber of cold storage slaughterhouses located in the DF and Surroundings.**
 293

	Mean values obtained from the collections				Final mean of all the collections	Standard deviation of all the collections
Quality characteristics of the meat samples	1 n=9 Males 9 Females 0	2 n=4 Males 4 Females 0	3 n=7 Males 1 Females 6	4 n=13 Males 0 Females 13	1 – 4 n=33 Males 14 Females 19	1 – 4 n=33 Males 14 Females 19
pH	5.94	5.84	5.83	5.83	5.86	0.285
Shearing force kg/f	2.86	4.18	2.09	1.47	2.30	1.356
Cooking losses %	14.76	15.73	10.58	9.07	11.75	4.563
Drip losses %	0.70	1.46	1.70	2.93	1.88	1.354
L*	32.94	32.36	27.85	26.71	29.34	4.077
a*	14.35	15.25	13.34	14.82	14.43	2.526
b*	6.33	6.67	5.15	5.46	5.78	1.312

294 L* - lightness; a* - red color intensity; b* - yellow color intensity

295

296 Only collection 01(with a pH value of 5.94) had a pH value approaching the high
 297 range (pH \geq 6.0 according to Adzitey and Nuru) [27]. In the high range meat may present as
 298 DFD (dark, firm, dry). This may be associated with animals who have suffered a period of
 299 chronic or prolonged stress. This generates glycogen reserve in the muscle at the moment of
 300 the slaughter, leading to slow glycolysis with little lactic acid formation of and consequently
 301 a high final pH [32]. However, considering the results of this present study it is not possible
 302 to state that the observed pH in this collection is linked to a long travel time (prolonged

303 chronic stress), given that the mean travel time was 1h 20m, a time shorter than the trips
304 considered long (longer than 3h) [28].

305 No information was obtained on whether or not animals fasted in the facilities of
306 origin, therefore, further studies are necessary to better characterize the pH of the region of
307 the Federal District and Surroundings.

308 According to the statistical analysis of the relationship of pH with hematoma
309 (presence and absence) in the beef carcasses of the present study, according to the
310 Kolmogorov-Smirnov test, STATA 12®, there was no significant difference ($p>0.05$)
311 between the means of the two variables. However, the same test highlighted a large
312 difference in the standard deviation. This information indicated a trend where the pH of
313 animals without hematoma lesions presented low variation among the groups
314 (approximately 5.7 to 5.8), while the animals with hematomas presented a wide pH variation
315 range (6.63 – 5.66), as presented next (Fig.1).

316 The tenderness test indicated an overall mean shearing force of 2.30 (kg/f) of all the
317 samples, similar to that observed by Rubiano et al. [37] in Botucatu (SP), who observed
318 mean values of 2.48 for cattle of the Canchim breed and 2.69 for Nelores. Fernandes et al.,
319 [38] reported for the same breed a mean value similar to that of the present study, of 3.09 in
320 neutered males. These results accord with Lawrie [39], where values below 5 kg/f
321 characterize the meat as tender.

322 Many factors can influence meat tenderness, such as the genetics, breed, gender, age
323 at slaughter, diet, post-slaughter stress and cooling of the carcass [2]. The zebu breeds form
324 most of the national herd, as they are better adapted to the challenges presented by the
325 climate and parasites of the country [40]. However, the meat of these animals is considered
326 tougher when compared to the bull breeds, the result of higher calpastatin activity in the
327 zebus, an enzyme that inhibits calpain, which is responsible for tenderness [12].

328 **Figure 1 – Statistical results presented in Boxplot according to the Kolmogorov-**
329 **Smirnov Test, STATA 12®, for the evaluation of the relationship between the variables**
330 **pH versus absence and presence of hematomas.**

331 The present study indicated that all the animals were crossbred, presenting external
332 characteristics of nelores and aged between 24 and 36 months old, however, it is not known
333 what crossbreeding originated these animals. The small values presented in the shearing test
334 may have been influenced by the crossbreeding as well as the presented sexual condition
335 (females) that influence the age of slaughter, precociality and tenderness [5]. The present
336 study did not identify neutered males with ages outside the range of 24 to 36 months old.

337 The statistical analysis performed by the Kolmogorov-Smirnov Test, STATA 12®,
338 for the variables of gender (males and females) and shearing force for tenderness, identified
339 a statistically significant difference between the means. The males presented a mean of 3.127
340 with standard deviation of 1.654, while the females presented a mean of 1.703 with deviation
341 of 0.621, which leads to the conclusion that gender influences the tenderness of beef meat
342 [12, 41].

343 When evaluated, the results of the present study confirm that the collections that were
344 largely formed by females (collection 3 and collection 4) presented lower shearing force in
345 comparison to the other groups, as previously demonstrated in Table 3.

346 According to the cooking loss test analysis, the present study found values ranging
347 from 4 to 24.07% of total moisture loss, with an overall mean of 11.75%. Differently from
348 the results obtained in this study, greater losses were observed by Barcellos et al. [42] in
349 cattle of the nelore breed in Panama, with moisture losses of 24% and 29% in Angus x Nelore
350 crossbreeds. Andrade et al. [4] found in cattle of the nelore breed greater losses of 29.1%
351 when compared to the present study. Costa et al. [6], in Red Angus heifers losses between

352 20.1% and 25.5% and Menezes et al. (2005) [43] reported losses of 22.2% in Charolais and
353 22% in Nelores.

354 The coloration presented by the 33 cuts of approximately 500 grams obtained after
355 24h of cooling in cold chamber indicated mean values of 29.34 for L* (lightness), 14.43 for
356 a* (intensity of the red color) and 5.78 for b* (intensity of the yellow color). The animals
357 presented a slightly low L* value. According to Muchenje et al. [44], it is considered normal
358 that when the pH is approximately 5.7, the L* values range between 33.2 - 41, a* between
359 11.1 – 23.6 and b* between 6.1 – 11.3.

360 Especially in collections 03 and 04 the L* presented the lowest values (27.85 and
361 26.71, respectively). When evaluated, the pH of these collections revealed means of 5.83 in
362 both collections. A pH higher than 6.0 could characterize a DFD meat and therefore lower
363 lightness (dark meat) with smaller water retention losses (dry) [32]. When evaluated
364 individually, overall, most of the darkest meat samples ($L^* < 33$) presented a pH higher than
365 5.8 (S1 Fig.).

366 A smaller lightness value represents a darker meat, which may be associated with the
367 presence of fat, given that animals with higher content present higher reflectance [45], or
368 even the breed, since the animals with a predominance of Nelore in their genotype presented
369 darker meat, a behavior related to the agitated temper of the breed [5], another factor that
370 could be attributed to the pH in the case of meat with low lightness, because meats with
371 values higher or equal to 6.0 tend to have low light reflectance due to high water retention
372 capacity [47]. In turn the a* and b* values are in accordance with the previous studies, such
373 as Barcellos et al. [42] for a* of 14.58 and Andrade et al. [4] for b* of 3.78, all performed
374 with cattle of the Nelore breed.

375 A variety of other factors could influence the coloration, such as the activity level of
376 the animal: pasture-raised animals exercise more and are slaughtered at a more advanced
377 age, thus presenting higher myoglobin content and having a more intense red color [47].

378 Drip loss is one of the parameters used to evaluate the water retention capacity
379 (WRC). In the present study, the mean of the collections for the drip losses was 1.88%,
380 unlike those observed by Igarassi et al. [47], who found the value of 4.30% for the drip losses
381 in Red Angus x Nelore animals in Botucatu (SP). Strydom et al. (2011) [49] found the value
382 of 2.01% in cattle of the Brahman breed, Hopkins et al. [50] found a mean of 2% in 115
383 carcasses from cold storage slaughterhouses and Lage et al. [51] found the value of 1.85%
384 in Nelores.

385 The present study indicated low fluid loss, once again, due to the high water retention
386 capacity, a result attributed to the low protein denaturation and high water bond, as described
387 by Adzitey and Nurul [36].

388

389 **Means of electron paramagnetic resonance in the samples of** 390 **muscle tissue**

391 The detection of the reactive oxygen species in the samples of muscle tissue collected
392 post-slaughter was performed using a Bruker® EMXplus EPR X-Band spectrometer. The
393 reading of each sample generated a spectrum where the peak-to-peak amplitude of the central
394 transition is proportional to the concentration of unpaired electron spins, from the molecules
395 of the spin markers that produce a signal with amplitude amplified by a Lock-in, an indicator
396 of the number of free radicals present per gram of sample. After converting the values of the
397 curve in the proper equation, a numeric value is obtained, which represents the amount of

398 reactive oxygen species detected per gram of tissue. The mean values obtained for the
399 samples of each collection period are found in Table 4.

400

401 **Table 4. Mean of the values for the reactive oxygen species obtained by the EPR curve**
402 **for the muscle tissue samples, per gram.**

Performed collections	Mean values of the reactive oxygen species (ROS) obtained for the four (04) collections				Final mean of the samples of all collections
	1 n=9	2 n=4	3 n=7	4 n=13	1 – 4 total n =33
ROS per gram in the muscle tissue	39.67	35.24	99.15	36.29	52.58

403

404 There are no results of ROS quantification in muscle tissue obtained in post-slaughter
405 of beef meat. Gadjeva et al. [17] used the EPR technique for the detection of free radicals
406 and antioxidant agents in different muscle groups in pork meat *in natura*, in the range of 2
407 to 3 hours after slaughter. The researchers detected in the *Longissimus* muscle a mean value
408 of 7.69 ± 0.91 of ROS per gram, a lower value compared to the means of the other muscles
409 analyzed in the study, the subscapularis (8.66 ± 1.17) and gluteobiceps muscles (8.54 ± 1.05).
410 In the present study the analyzed muscle piece was the extensor carpi muscle and a higher
411 value was detected in the samples than that found by Gadjeva et al. [17], with the mean value
412 of 52.58 ROS/g for all the collections.

413 The implications of this high mean are not clear because there still is a lack of studies
414 on the ROS dosage in meats of different domestic species. Hence, some hypotheses can be
415 formulated, which would explain these discrepant results. Firstly, the different species
416 evaluated, since the present study performed the detection of ROS in beef meat samples,
417 while Gadjeva et al. [17] worked with pigs, so it is not possible to compare the results. Other

418 factors that may have influenced the amount of ROS are the selected muscle region and the
419 applied methodology. In this study the extensor carpi muscle piece was analyzed, collected
420 immediately after slaughter and frozen in liquid nitrogen, while Gadjeva et al. [17] samples
421 were collected from three other muscle regions – pieces from the longissimus, subscapularis,
422 gluteobiceps muscles – removed 3 hours after slaughter on average. which would mean that
423 antioxidant enzymes had been acting for 3h.

424 Gadjeva et al. [17] present evidence that the Catalase and Superoxide dismutase
425 enzymes decrease the content of free radicals in the muscle cell, decreasing the local
426 oxidative activity in the range of 2 to 3 hours post mortem, since it was observed that when
427 oxidative stress increases, the activity of these enzymes also increases, demonstrating the
428 response of the antioxidant enzymatic system in fresh pork meat. Because in the present
429 study the samples were frozen, these enzymes probably did not have time to act This is one
430 of the most influential surveyed factors for the large number of free radicals detected by the
431 EPR in this study. Therefore, it is necessary to perform further studies and to quantify the
432 reactive oxygen species with different collection and storage conditions and post-slaughter
433 time period.

434 Further studies should be performed on this subject, comparing different protocols
435 for the measurement of free radicals with the qualitative analysis of the meat, so it is possible
436 to verify whether the presented amount of ROS is enough to affect the product quality.

437 The analysis of the variables ROS in the tissue and hematomas (absence or presence)
438 according to the Kolmogorov-Smirnov Test, STATA 12®, indicated no significant
439 difference in the averages evaluated, while there was a difference in the standard deviation
440 results, revealing a trend where animals without hematomas have a smaller and narrower
441 variation rate when compared to animals that presented hematomas (Fig. 2).

442

443 **Figure 2 – Results presented in Boxplot by the Kolmogorov-Smirnov Test, STATA**
444 **12®, for evaluation of the relationship between the ROS variables in the tissue/gram**
445 **versus the absence and presence of hematomas.**

446

447 Although many studies analyze beef meat quality, most are performed comparing
448 meat obtained from different breeds, genetic crossbreeding types and different diets [4, 5, 6,
449 7]. The present study is the first to characterize the quality of beef meat from cold storage
450 slaughterhouses in the region of the Federal District and Surroundings, and, overall, the
451 results met the desirable quality parameters.

452 Studies that evaluate the presence of free radicals in food such as meat are more
453 easily found, however, most of them focus their study on the detection of free radicals in
454 products that underwent some treatment with an antioxidant action [52, 53, 54].

455 The present study is the first performed in Brazil that relates pre-slaughter cattle
456 stress with the detection of ROS, and its influence on meat quality. However, it is necessary
457 to perform further studies to allow technical standardization, more clarity in the reading of
458 results and the verification of a possible relationship between the factors of pre-slaughter
459 stress, the presence of free radicals and meat quality.

460

461 **Conclusion**

462 According to the results of the present study, the distance and time taken by the
463 animals to arrive at the cold storage slaughterhouses in the region of the Federal District and
464 Surroundings and the rest time during which they remained in the slaughterhouse were not
465 enough to influence their meat quality.

466 The results obtained in the organoleptic analyses of the meat indicated some
467 variations in the evaluated parameters, however, the samples met the parameters considered
468 for high-quality meat. Statistically, two trends were observed in the present study. According
469 to the Kolmogorov-Smirnov, test analysis for the evaluation of the relationship between the
470 variables of pH versus the absence or presence of hematoma, it was proved that the pH value
471 can be affected by the presence of hematomas. Therefore, the results presented by the
472 Kolmogorov-Smirnov test for the assessment of the relationship between the ROS variables
473 in the tissue/gram versus absence and presence of hematomas, which demonstrated that the
474 amount of reactive oxygen species in the muscle tissue can be influenced by tissues with
475 hematomas.

476 No studies were found comparing the amount of pre-slaughter ROS in relation to
477 stress and beef meat quality, thus requiring further studies in this area to verify whether there
478 is a possible relationship between these parameters and whether they are correlated to stress.
479

480 **Acknowledgements**

481 To the Coordination for the Improvement of Higher Education Personnel (CAPES) for
482 granting the two-year masters scholarship, to the University of Brasília for providing this
483 research opportunity, to my advisor and professor Dr. Angela Patricia Santana and to the
484 project co-advisor Paulo Eduardo Narciso de Souza and to professor Dr. Fabiane Hiratsuka
485 Veiga de Souza. I also thank for the assistance provided, the following laboratories UnB:
486 Laboratory of Food Microbiology. School of Agronomy and Veterinary Medicine,
487 Laboratory of Electron Paramagnetic Resonance. Institute of Physics, Laboratory of
488 Biochemistry and Protein Chemistry. Institute of Biological Sciences and Laboratory of
489 Veterinary Epidemiology. School of Agronomy and Veterinary Medicine.

490

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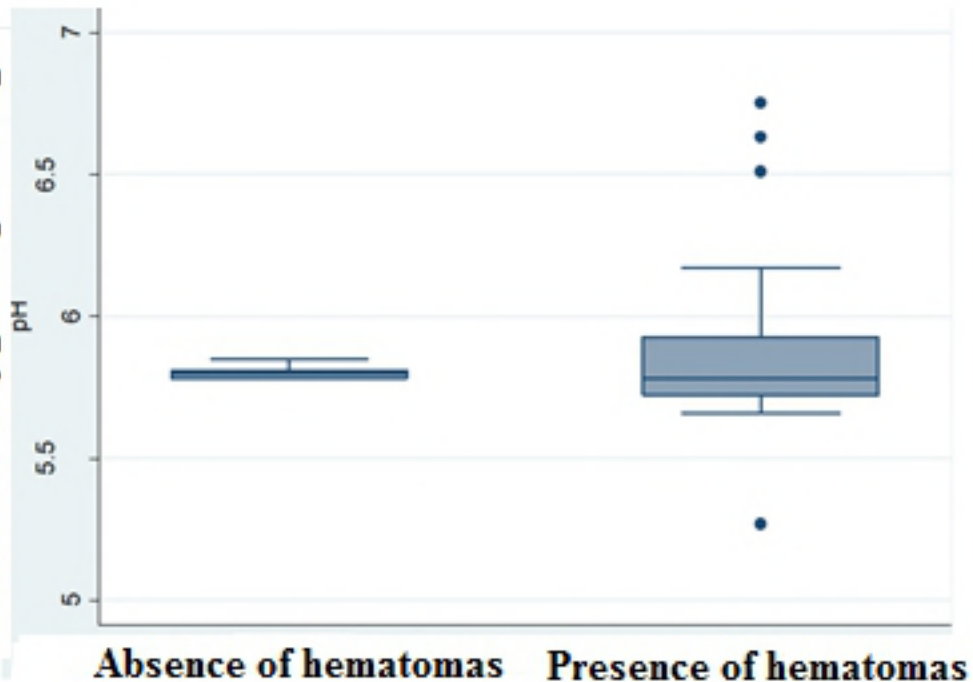
713

714 **Support Information**

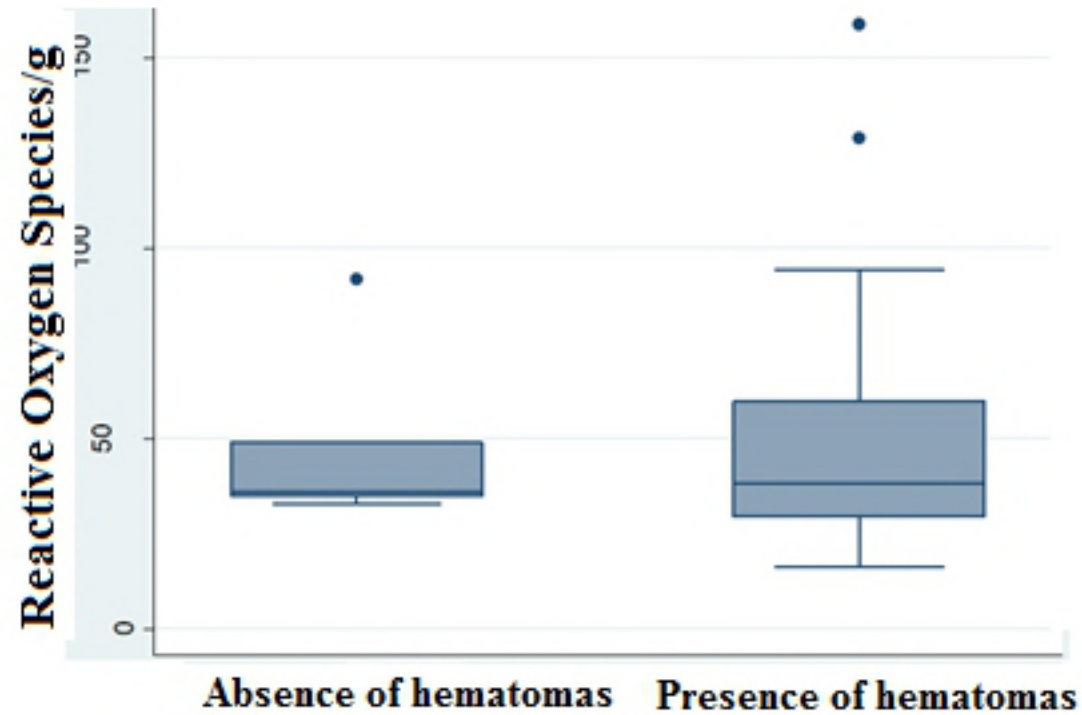
715 **Data table with all the performed collections**

716

Reactive Oxygen Species/g



Figure



Figure