

1 FULL TITLE: Reference trait analysis reveals correlations between gene expression
2 and quantitative traits in disjoint samples

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4 SHORT TITLE: Reference traits for systems genetics in disjoint samples

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20 ABSTRACT

21

22 Systems genetic analysis of complex traits involves the integrated analysis of
23 genetic, genomic, and disease related measures. However, these data are often
24 collected separately across multiple study populations, rendering direct correlation
25 of molecular features to complex traits impossible. Recent transcriptome-wide
26 association studies (TWAS) have harnessed gene expression quantitative trait loci
27 (eQTL) to associate unmeasured gene expression with a complex trait in genotyped
28 individuals, but this approach relies primarily on strong eQTLs. We propose a
29 simple and powerful alternative strategy for correlating independently obtained
30 sets of complex traits and molecular features. In contrast to TWAS, our approach
31 gains precision by correlating complex traits through a common set of continuous
32 phenotypes instead of genetic predictors, and can identify transcript-trait
33 correlations for which the regulation is not genetic. In our approach, a set of
34 multiple quantitative “reference” traits is measured across all individuals, while
35 measures of the complex trait of interest and transcriptional profiles are obtained in
36 disjoint sub-samples. A conventional multivariate statistical method, canonical
37 correlation analysis, is used to relate the reference traits and traits of interest in
38 order to identify gene expression correlates. We evaluate power and sample size
39 requirements of this methodology, as well as performance relative to other
40 methods, via extensive simulation and analysis of a behavioral genetics experiment
41 in 258 Diversity Outbred mice involving two independent sets of anxiety-related
42 behaviors and hippocampal gene expression. After splitting the dataset and hiding

43 one set of anxiety-related traits in half the samples, we identified transcripts
44 correlated with the hidden traits using the other set of anxiety-related traits and
45 exploiting the highest canonical correlation ($R = 0.69$) between the trait datasets.
46 We demonstrate that this approach outperforms TWAS in identifying associated
47 transcripts. Together, these results demonstrate the validity, reliability, and power
48 of the reference trait method for identifying relations between complex traits and
49 their molecular substrates.
50

51 AUTHOR SUMMARY

52

53 Systems genetics exploits natural genetic variation and high-throughput
54 measurements of molecular intermediates to dissect genetic contributions to
55 complex traits. An important goal of this strategy is to correlate molecular features,
56 such as transcript or protein abundance, with complex traits. For practical,
57 technical, or financial reasons, it may be impossible to measure complex traits and
58 molecular intermediates on the same individuals. Instead, in some cases these two
59 sets of traits may be measured on independent cohorts. We outline a method,
60 reference trait analysis, for identifying molecular correlates of complex traits in this
61 scenario. We show that our method powerfully identifies complex trait correlates
62 across a wide range of parameters that are biologically plausible and experimentally
63 practical. Furthermore, we show that reference trait analysis can identify
64 transcripts correlated to a complex trait more accurately than approaches such as
65 TWAS that use genetic variation to predict gene expression. Reference trait analysis
66 will contribute to furthering our understanding of variation in complex traits by
67 identifying molecular correlates of complex traits that are measured in different
68 individuals.

69

70 INTRODUCTION

71

72 A major goal of complex trait analysis is to discover pathways and mechanisms
73 associated with disease. By definition, these traits exhibit hallmarks of genetic
74 complexity including pleiotropy, epistasis, and gene-environment interaction.
75 Genetic mapping is a powerful approach for detecting quantitative trait loci that
76 influence complex trait variation, but it has limited power for detecting small effect
77 loci and can suffer from poor mapping resolution, hindering the identification of
78 causal genes. Moreover, these causal genetic variants do not always reside in
79 relevant therapeutic targets. Therefore, many systems genetic strategies have
80 emerged to correlate complex traits directly with molecular phenotypic variation,
81 with the goal of constructing molecular networks that are correlated with trait
82 variation from a trait-relevant tissue or cell population.

83

84 Ideally, trait correlation networks are constructed using direct phenotypic
85 measurements for each member of a population. However, there are wide-ranging
86 questions for which this approach is infeasible or impossible because it is physically,
87 technically, or financially impossible to obtain all of the measures in the same
88 individuals. To refer to phenotypes whose measurement on the same individual is
89 infeasible or impossible, we will use the term incompatible phenotypes.

90 Incompatible phenotypes arise in common experimental designs such as studies of
91 susceptibility to exposure effects where the exposure affects physiology (e.g.
92 predisposition to psychostimulant addiction) or studies of disease that relate early

93 stage changes to late stage outcomes (e.g. early molecular correlates predictive of
94 Alzheimer's disease risk). Moreover, incompatible phenotypes arise when the
95 original study population no longer is available but there is a desire to extend the
96 study to a new set of traits, a situation that is common in human genetic analyses.
97 Finally, phenotypes could be incompatible for strictly financial or logistical reasons,
98 for example due to prohibitively high costs of genomic assays in large cohorts,
99 leading to fractional collection of data on some samples and more thorough
100 characterization of others.

101

102 One emerging approach for relating gene expression and complex traits measured
103 in different cohorts of genetically diverse individuals is to exploit genetic variants
104 that affect gene expression (eQTL) to impute transcript abundance from genotypes
105 alone (Gamazon *et al.* 2015; Gusev *et al.* 2016a; b; Mancuso *et al.* 2017; Barbeira *et*
106 *al.* 2017). This enables estimation of the association between imputed gene
107 expression and complex traits, an approach that has been called a transcriptome-
108 wide association study (TWAS; Gusev *et al.* 2016a). However, the TWAS approach
109 suffers from several limitations, most notably a reliance on strong local (presumably
110 *cis*-acting) eQTL and consequent inability to impute transcript abundance for genes
111 without detected eQTL. In contrast to using sparse, discrete *genotypes* to impute
112 per-individual gene expression and infer correlation to complex traits, our approach
113 uses shared variation across a rich set of quantitative, multidimensional *phenotypes*
114 to infer gene expression correlates of phenotypic variability.

115

116 Rather than impute gene expression from genetic data, another strategy is to impute
117 phenotypic data from other phenotypes. Hormozdiari et al. (2016a) used this
118 approach to impute unmeasured phenotypes in the context of genome-wide
119 association studies (GWAS; Hormozdiari *et al.* 2016a). Specifically, the method of
120 Hormozdiari et al. (2016a) uses the correlation structure in one set of traits to
121 predict a single unmeasured target trait in a second cohort using only phenotypic
122 data. In the present study, we extend this strategy to multivariate phenotyping and
123 apply it to transcriptomics, providing a precise transcript-to-trait correlation
124 approach that can be compared to the TWAS method.

125

126 We outline a simple method, reference trait analysis, to study relations between a
127 set of complex traits of interest (*target traits*) and a set of high-dimensional
128 molecular traits obtained in disjoint subsets of individuals. Reference trait analysis
129 relates these two incompatible, multidimensional sets of phenotypes indirectly
130 through the use of a shared set of *reference traits* measured in all individuals. Since
131 target and molecular traits are not measured in the same individuals, direct
132 comparisons are impossible. Instead, we relate these traits through reference traits.
133 Reference traits are best chosen with *a priori* knowledge that they share biological
134 underpinnings with target traits. This relationship between reference and target
135 traits is exploited to compute scores from reference traits that capture variation in
136 unmeasured target traits and can be directly related to transcriptional profiles. By
137 design, our method is robust to the detection of transcript-trait associations for
138 which the regulation is not genetic or is characterized by multiple weak, indirect

139 genetic effects. Therefore, it captures biological variability associated with both
140 genetic and environmental sources of vulnerability, and has the potential to identify
141 molecular networks of complex trait variation even when there is insufficient power
142 to detect a quantitative trait locus or genome-wide significant SNP association.

143

144 In this study we develop and evaluate the reference trait analysis method using data
145 from a previously published behavioral study of Diversity Outbred mice (Logan *et*
146 *al.* 2013). Diversity Outbred mice are genetically unique; consequently, per subject
147 terminal traits such as brain gene expression can only be obtained in a single
148 exposure condition. However, the approach we propose can be useful in any
149 heterogeneous population for which a common reference set of traits is assessed.

150 Our assessment data set consists of multiple measures of anxiety-related traits in a
151 sample of Diversity Outbred mice, all of whom have been subjected to brain
152 transcriptional profiling as well as measurements of two sets of related behaviors.

153 We present an overview of our method, use these data to assess sample size
154 requirements, and quantify the method's reliability across a range of target-
155 reference trait correlations. Finally, we test whether the reference trait method
156 more faithfully recovers trait-gene expression correlations than the TWAS
157 approach.

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159

160

161 RESULTS AND DISCUSSION

162

163 *Outline of Approach*

164

165 The reference trait analysis procedure is straightforward, and relies on well-
166 characterized canonical correlation analysis. Beginning with a population of
167 individuals, reference traits (labeled using the variable U) are measured on all
168 individuals, target traits (labeled with V) on the *training* cohort, and high
169 dimensional molecular traits (labeled with M) on the *testing* cohort (Figure 1).
170 Although target traits and their molecular correlates are of primary interest, the
171 choice of reference traits is an important aspect of the method. First, as we will
172 show, the strength of the multivariate relationship between target and reference
173 traits is a key parameter determining the power to detect trait-transcript
174 correlations. Second, because our method leverages shared variation between target
175 and reference traits, it identifies trait-transcript correlations driven by the portion
176 of target trait variation that is shared with reference traits. For example, studying
177 addiction-related traits using novelty behaviors as reference traits would be
178 expected to uncover transcripts associated with addiction behaviors through
179 biological pathways that also contribute to the etiology of novelty-seeking
180 behaviors.

181

182 To conduct reference trait analysis, we employ canonical correlation (Hotelling
183 1936), which can be thought of as a parent analysis of the more familiar multiple

184 regression. A multiple regression of Y on X models the relationships between
185 multiple X measures X_1, X_2, \dots, X_p and univariate Y . In contrast, canonical correlation
186 reveals the magnitude and nature of relationships between multivariate U and V , e.g.
187 U_1, U_2, \dots, U_p and V_1, V_2, \dots, V_q . Specifically, canonical correlation identifies linear
188 combinations of two multivariate measures U and V such that the (univariate) linear
189 combinations of each measure \vec{u} and \vec{v} , known as canonical variables, are maximally
190 correlated. In this study we use canonical correlation to build linear combinations of
191 reference traits (transforming U to \vec{u}) that maximize shared variance with target
192 traits (V) in the set of training individuals. The possible number of canonical
193 variables is limited to the size of the smaller of U and V , and each successive
194 covariate captures a diminishing proportion of the shared variance between the
195 traits. In this study we focus on the first canonical variable, \vec{u}_1 or \vec{v}_1 , which explains
196 the largest fraction of shared variance between U and V . This quantity can be
197 thought of as a summary of each set of traits analogous to their first principal
198 component, but rather than being aligned with the axis of maximal variation *among*
199 a single set of variables, it is aligned in the direction of maximal shared variation
200 *between* the two sets of traits U and V . For datasets with a very large number of
201 reference and/or target traits (i.e. $p \gg n$), sparse canonical correlation analysis
202 (Witten and Tibshirani 2009; Wilms and Croux 2016) may reduce over-fitting, but
203 this situation is not common when relating two sets of traits U and V that contain
204 organism-level phenotypes as opposed to molecular features.

205

206 The analysis of training data defines canonical coefficients that can be used to
207 compute first canonical variables from individual-level trait data (i.e. transform U to
208 \vec{u}_1 or V to \vec{v}_1). We use these coefficients learned from the training data (Figure 1, top)
209 to transform reference trait data from the testing cohort U' , which projects these
210 data in the direction of maximal shared variation with target traits. Thus, these
211 “projected” traits \vec{u}'_1 optimally capture the portion of variation shared between
212 reference and target traits due to their underlying genetic and environmental
213 covariation. Projected traits are then compared to high-dimensional genomic
214 measurements to extract molecular phenotypes in one sample set that co-vary with
215 target traits from another group (Figure 1, bottom right).

216

217 *Transitive reliability captures global patterns of covariation between incompatible*
218 *traits*

219

220 Reference trait analysis reveals covariation between molecular phenotypes and
221 target trait variation. There are many possible applications of this strategy. For
222 example, in addiction research, many studies evaluate transcriptional response to
223 drug exposure but are unable to evaluate the predisposing characteristics of a drug
224 naïve brain that associate with addiction-related behaviors. Using a reference trait
225 strategy, one can evaluate the transcriptomes of drug naïve brains and relate them
226 to the response to drug self-administration through a set of reference traits that do
227 not involve drug exposure. We have previously estimated the association of novelty

228 seeking and drug self-administration in mice, revealing a canonical correlation of
229 0.61 among these sets of traits (Dickson *et al.* 2015).
230
231 To evaluate whether the reference traits strategy could be applied to find
232 transcriptional correlates of drug self-administration, we used a dataset where
233 reference, target, and molecular trait profiling were performed on the same
234 individuals to allow for assessment of the accuracy and robustness of the method. In
235 this data set, transcriptional profiles, target traits, and reference traits are available
236 for all individuals. This allows evaluation of the properties of the reference trait
237 strategy, including robustness and sample size requirements. Specifically, we
238 studied relationships between two distinct sets of anxiety-related traits and
239 hippocampal gene expression, where all traits were measured in each of $N = 258$
240 Diversity Outbred mice (Logan *et al.* 2013). The anxiety-related traits consisted of
241 eleven measurements of open-field arena exploration behaviors and five
242 measurements of light-dark box behaviors (Supplementary Table 1). A canonical
243 correlation analysis of these two sets of traits yielded a statistically significant
244 model ($F_{55,1123.75} = 4.48$, $p < 2 \times 10^{-16}$, Wilk's $\lambda = 0.400$) that had a first canonical
245 correlation coefficient of magnitude 0.69. This was higher than all univariate
246 correlations between open-field and light-dark box traits (median 0.11, maximum
247 0.65), and similar in magnitude to the shared variation revealed by the first
248 canonical variable in the motivating analysis of novelty-related behaviors and
249 cocaine self-administration (Dickson *et al.* 2015). We arbitrarily designated the
250 open-field traits as target traits and light-dark box traits as reference traits. For

251 reference trait analysis, we hid gene expression data for some mice (training set)
252 and open-field data for the remaining mice (testing set).

253

254 In this evaluation of reference trait analysis, we know the true values of all hidden
255 data and can directly evaluate the power of the method to reveal gene expression
256 patterns associated with target trait variation. Specifically, we estimate canonical
257 coefficients (weights to calculate canonical variables) from the training set and use
258 them to calculate projected traits \vec{u}'_1 in the testing set. To quantify the performance
259 of reference trait analysis when the true answer is known, we computed
260 correlations in testing set animals between gene expression E and either (1) the first
261 projected trait \vec{u}'_1 , $\text{cor}(E, \vec{u}'_1)$ or (2) the first canonical variable computed using
262 hidden target traits \vec{v}'_1 , $\text{cor}(E, \vec{v}'_1)$. The latter quantity, the “truth”, is unavailable in a
263 real application of reference trait analysis. A set of reference traits that perfectly
264 captures all variation in target traits would result in a vector of gene expression-
265 trait correlations that is identical whether the target traits were known or projected
266 from reference traits (i.e. the reference traits serve as a perfect surrogate for target
267 traits). We define *transitive reliability* as the correlation between these vectors i.e.
268 $\text{cor}[\text{cor}(E, \vec{u}'_1), \text{cor}(E, \vec{v}'_1)]$. High transitive reliability would indicate that strong
269 correlations between gene expression and target traits are likely to be identified
270 using projected traits.

271

272 Transitive reliability, estimated using real gene expression data and simulated
273 canonical variables with known correlation, scales linearly with the magnitude of

274 the canonical correlation coefficient (Figure 2A), confirming our intuition that
275 greater sharing of variation between target and reference traits increases the utility
276 of leveraging reference traits to understand target trait variation. We divided the
277 anxiety dataset into equally sized subsets (partially overlapping for larger sample
278 sizes) to examine the dependence of transitive reliability on sample size. The
279 canonical correlation was upwardly biased for small sample sizes ($N < 90$; data not
280 shown), as has previously been recognized (e.g. Thompson 1990). When we used
281 Wherry's correction as suggested by Thompson (1990), canonical correlations no
282 longer depended on sample size (linear model; $p > 0.8$). Overall, transitive reliability
283 asymptotically approached the magnitude of the canonical correlation coefficient
284 calculated from the full dataset (Figure 2B, black line), demonstrating that global
285 patterns of trait-gene expression correlation can be recovered with relatively
286 modest sample sizes using the reference trait approach. In contrast, weights from
287 the smallest (fifth) canonical covariate, which captures little shared variation
288 between datasets, produced low transitive reliabilities (median 0.11).

289

290 *Reference trait analysis successfully identifies known trait correlations*

291

292 Ultimately, the primary goal of reference trait analysis is to identify molecular
293 correlates of unmeasured phenotypes. To discover these correlates, individual gene
294 expression levels are correlated to projected traits. To test this strategy, we first
295 employed reference trait analysis on the anxiety-related phenotype data described
296 above. After randomly splitting the dataset and withholding open-field data

297 (arbitrarily designated as target traits) in half the individuals, we identified gene
298 expression levels correlated to projected reference traits. We found high overlap
299 between the genes most strongly correlated with hidden target trait canonical
300 variable 1 and those most strongly correlated with projected traits (23% overlap
301 among genes with top 5% of correlations to each trait, compare to 2.5% expected
302 overlap; $p < 1 \times 10^{-15}$, Fisher's Exact Test). Across all genes, including those with
303 weaker correlations, we found that the vector of trait-gene expression correlations
304 computed using reference trait analysis showed significant similarity to the true
305 correlations ($p < 0.001$, permutation test using generalized Jaccard similarity
306 statistic). Moreover, in contrast to the alternative methods for identifying trait-gene
307 expression correlations discussed above, some correlations detected using
308 reference trait analysis involved genes with no significant eQTL (e.g. 42% of top 50
309 correlations). These genes, which are demonstrably associated with trait variation,
310 would not be detectable using TWAS type approaches.

311

312 To examine the power and robustness of reference trait analysis across a wide
313 range of biologically plausible parameter values, we conducted extensive
314 simulations. We simulated data across a range of sample sizes (100, 200, 300, ...,
315 1000, 1200, 1400, ..., 2000) and enforced a similar covariance structure to the
316 observed data. Specifically, data were simulated using observed covariances within
317 each set of anxiety traits, but we perturbed covariances between the two sets of
318 traits in order to generate datasets with varying canonical correlations. We then
319 simulated gene expression levels with known correlation to the first target trait

320 canonical variable, \vec{v}_1 ($\rho = 0.2, 0.225, 0.25, \dots, 0.9$ with 20 genes each). We simulated
321 trait data and gene expression data at random for each of 1,000 simulations for each
322 sample size.

323

324 For each simulation, after hiding target traits in half the individuals and gene
325 expression data in the other half, we conducted reference trait analysis. We
326 computed projected reference traits, correlated to gene expression, and quantified
327 performance as the fraction of true trait-gene expression correlations that were
328 detected using a 10% false discovery rate (FDR) threshold. For high trait-gene
329 correlations ($\rho > 0.6$) and strong target-reference trait canonical correlations ($R =$
330 0.7 or 0.9), the correlation of interest was essentially always detected (Figure 3). For
331 lower target-reference trait canonical correlations ($R = 0.5$), even relatively modest
332 true trait-gene expression correlations (e.g. $\rho = 0.3$) were often detected with
333 sample sizes above ~ 300 individuals (Figure 3). Thus, reference trait analysis was a
334 highly effective means for identifying trait-gene expression correlations across a
335 diverse range of practical sample sizes, typical values for trait-to-gene expression
336 correlation, and canonical correlation parameters.

337

338 *Comparison of reference trait analysis to related approaches*

339

340 An alternative approach to identifying genes associated with complex traits is to
341 make use of known genetic variation that regulates gene expression (gene
342 expression QTL or eQTL). There has been considerable recent interest in methods

343 that integrate complex trait associations and gene expression genetics in order to
344 identify genes whose expression is associated with trait variation (Nica *et al.* 2010;
345 Wallace *et al.* 2012; He *et al.* 2013; Gamazon *et al.* 2015; Gusev *et al.* 2016a; Zhu *et*
346 *al.* 2016; Hormozdiari *et al.* 2016b; Wen *et al.* 2017; Hauberg *et al.* 2017). Several
347 methods perform tests of the hypothesis that genome-wide association (GWA)
348 signals and eQTLs are truly colocalized versus independent but appearing
349 colocalized due to linkage disequilibrium (Nica *et al.* 2010; Wallace *et al.* 2012;
350 Giambartolomei *et al.* 2014; Fortune *et al.* 2015; Zhu *et al.* 2016; Hormozdiari *et al.*
351 2016b; Wen *et al.* 2017; Hauberg *et al.* 2017). Another approach that is more
352 directly applicable to the experimental designs studied herein is to harness strong
353 genetic predictors of gene expression variation (eQTL) to impute transcriptomes in
354 genotyped and phenotyped cohorts, which allows detection of trait-expression
355 correlations (the TWAS approach; Gamazon *et al.* 2015; Gusev *et al.* 2016a; b;
356 Mancuso *et al.* 2017; Barbeira *et al.* 2017). TWAS is an approach that is
357 complementary to reference trait analysis, and has been a particularly powerful
358 method for discovery of candidate genes driving GWA signals detected in very large
359 human cohorts (tens or hundreds of thousands of individuals). Supplementary
360 Figure 1 provides a comparison of genotype, phenotype, and gene expression data
361 in the reference traits and TWAS strategies. One weakness of the TWAS approach is
362 that it hinges on the presence of detectable eQTL (typically local, presumably cis-
363 acting eQTL; but see He *et al.* 2013; Vervier and Michaelson 2016). In humans, even
364 panels of 1,000 individuals with gene expression measurements only result in a
365 modest number of genes (500-4,000) with significant *cis*-heritability that can be

366 imputed in the cohort lacking gene expression data (Gusev *et al.* 2016a). In contrast,
367 reference trait analysis has no requirement for detection of eQTLs, and therefore it
368 is amenable to detect of correlation of transcripts with complex expression
369 regulatory mechanisms to traits of similarly complex regulation, and retains
370 performance across lower sample sizes, as we demonstrate below.

371

372 Although TWAS and reference trait analysis utilize different data types, both are
373 tools inferring relations between complex traits and transcript abundance, so we
374 sought to compare their performance on the same dataset. For TWAS, we used
375 methods implemented in the software suite PrediXcan (Gamazon *et al.* 2015). We
376 randomly divided our anxiety dataset in half and considered open-field
377 measurements as target traits. We withheld gene expression measurements in half
378 the animals; therefore, only genotype and reference trait data were visible for all
379 animals. We built predictive models of gene expression from the training cohort of
380 mice, applied these models to impute gene expression in the testing cohort, and
381 calculated correlations between imputed gene expression and a summary measure
382 of the target traits (first canonical variable). We conducted 1,000 permutations with
383 random 50:50 divisions of the anxiety dataset to account for stochastic sampling
384 effects. For each replicate, we compared global trait-gene expression correlations
385 for PredictDB-imputed gene expression versus those computed using projected
386 traits obtained with our new method. In the former case, trait data is available and
387 gene expression data is imputed, while in the latter case gene expression data is
388 available and trait data is imputed.

389

390 For direct comparisons between reference trait analysis and TWAS, we ran
391 reference trait analysis using only genes that were significantly predicted by the
392 PredictDB module of PrediXcan (FDR < 5%; see Methods). Across the 1,000
393 permutations, we imputed gene expression for a mean 12,250 genes (range 11,640-
394 12,750; mean represents ~70% of total 17,539 genes measured), indicating that a
395 substantial fraction of genes has insufficient local genetic signal for accurate
396 imputation. An advantage of reference trait analysis is that it is not limited by the
397 presence of strong eQTL and all genes can be tested for association with projected
398 reference traits. For each of the 1,000 permutations, we computed the transitive
399 reliability of TWAS and of reference trait analysis. Reference trait analysis more
400 accurately captured global patterns of trait-transcript correlation than TWAS
401 (Figure 4). Specifically, transitive reliability for target trait first canonical covariate-
402 gene expression correlations was higher using the reference trait approach
403 (measured gene expression and projected reference traits) compared to the TWAS
404 approach (imputed gene expression and measured traits) for 92.7% of simulations
405 (Figure 4; Supplementary Figure 2 shows an example of results from one
406 permutation). Thus, we show empirically that reference trait analysis outperforms
407 TWAS in the mouse anxiety dataset.

408

409 In addition to the quantitative comparison of the methods, we sought to determine
410 which approach provided the best retrieval of known anxiety related genes. To
411 perform this analysis we made use of GeneWeaver's database of gene sets curated

412 from multiple sources (Baker *et al.* 2016). The top four hundred genes identified
413 using each analysis method were entered as three gene lists, and each gene list was
414 compared to every gene set in the GeneWeaver database via Jaccard similarity. For
415 each, the top 249 similar gene sets were exported, and a rater with expertise in
416 behavioral neuroscience who was blind to the analysis methods scored a combined
417 list of all similar gene sets obtained in these three analyses. Gene sets were
418 categorized discretely based on relevance to anxiety, with categories including
419 irrelevant, generally relevant to brain or behavior, and specifically relevant to
420 anxiety. We found that true open-field first canonical variable—gene expression
421 correlations had highest relevance to anxiety. The top truly correlated genes were
422 similar to gene sets more relevant to anxiety than those genes identified using
423 reference traits or those using TWAS ($p = 0.0065$ and $p = 1.5 \times 10^{-14}$, respectively;
424 two-sided Fisher's Exact Test). Nevertheless, reference trait analysis performed
425 significantly better than TWAS at identifying genes with similarity to anxiety-
426 relevant gene sets ($p = 7.3 \times 10^{-6}$).

427

428 Finally, another alternative to relating traits and transcripts between population
429 cohorts is to make use of polygenic risk predictors trained using genome-wide
430 genotypes and phenotypes, and applied to individuals with genotypes but missing
431 phenotypes (in this case, samples with only transcriptional profiles available)
432 (Makowsky *et al.* 2011; Dudbridge 2013; Wray *et al.* 2013). However, theoretical
433 considerations and empirical results suggest that this approach generally requires
434 sample sizes much larger than 1,000 individuals to obtain accurate predictions

435 (Dudbridge 2013). In the context of reference trait analysis, relating complex
436 reference and target traits that share high canonical correlation implicitly leverages
437 the common polygenic or omnigenic (Boyle *et al.* 2017) basis of these traits by
438 making use of all of the information contained in continuous quantitative variation.
439
440

441 *Conclusions*

442

443 We have described a general method for exploring trait covariation among
444 incompatible and independently collected phenotypes studied in disjoint samples of
445 genetically diverse individuals to extract molecular networks associated with
446 disease. Our method utilizes canonical correlation analysis, a standard multivariate
447 statistical method, to relate incompatible phenotypes using a set of reference traits
448 measured on all individuals. Our analyses demonstrate that this approach performs
449 well over a range of parameters typically encountered in the study of trait
450 correlations, and under sample size requirements that are practical to obtain. This
451 approach can be useful both for capturing global patterns of covariation between
452 target traits and high-dimensional molecular phenotypes, as well as for identifying
453 specific molecular correlates to target traits. Our method identifies trait-gene
454 expression associations and we do not assert that these associations are necessarily
455 causal, as has been recognized by studies relating GWAS results and eQTL (Gamazon
456 *et al.* 2015; Gusev *et al.* 2016a; Hauberg *et al.* 2017).

457

458 When will reference trait analysis be a useful tool? Intuitively, and as demonstrated
459 in Figure 3, large sample sizes, precise trait measurements, and high shared
460 variance between reference and target traits would allow for the most accurate
461 estimation of canonical correlation coefficients and high power to detect
462 correlations to molecular phenotypes. Although our method could be applied in a
463 wide variety of scenarios, it is likely to be particularly useful for studies of highly

464 complex, polygenic, multidimensional traits (e.g. behavior, physiology, and
465 morphology) in cohorts of modest size. As with any method that applies information
466 learned from one cohort to biological measures from another cohort, reference trait
467 analysis requires the absence of systematic differences (i.e. heterogeneity in
468 population characteristics) between the training and testing cohorts. For very large
469 cohorts of individuals where obtaining suitable reference traits may be difficult,
470 polygenic scores based on either genetic predictors alone or on a combination of
471 genetic and environmental risk factors (Dudbridge *et al.* 2017) may be a valuable
472 approach for predicting phenotypic variation in a test cohort that can then be
473 correlated with molecular networks.

474

475 Although our application of reference trait analysis involves correlations to high
476 dimensional molecular phenotypes, the method could, in principle, be applied to any
477 sets of phenotypes that are multivariate in nature. Moreover, the high relative
478 performance of our method underscores the importance of extensive phenotyping
479 using quantitative traits rather than relying on binary indicators of disease and
480 disease-related phenotypes that may mask complex underlying etiologies. We
481 anticipate that the framework outlined in this study will be increasingly useful as
482 studies of diverse, genetically unique populations become more widespread. A
483 useful future extension to this approach would incorporate statistical techniques
484 such as sparse canonical correlation analysis (Witten and Tibshirani 2009; Wilms
485 and Croux 2016), which could permit inference in phenome-level studies where the
486 target or reference traits are high dimensional. Overall, our approach is likely to be

487 particularly important in functional genomics studies, those utilizing post-mortem
488 subjects, and large population studies in which individuals are unavailable for
489 further characterization.

490

491

492

493 **Materials and Methods**

494

495 *Mouse rearing and phenotyping*

496

497 Diversity Outbred mice (J:DO, The Jackson Laboratory) are a heterogeneous stock
498 derived from the same eight founder strains as the Collaborative Cross (Svenson *et*
499 *al.* 2012; Churchill *et al.* 2012; Gatti *et al.* 2014; Chesler *et al.* 2016). In this study we
500 used a subset ($N = 258$) of the 283 Diversity Outbred mice studied by Logan *et al.*
501 (2013) with hippocampal gene expression profiled by RNA-Seq (see below). Mice in
502 this study were from generations 4 to 5 (G4-G5) of the DO population. Briefly, each
503 mouse was acclimated to the housing area, and subject to a brief testing battery
504 which included a 20 minute novel open-field test and a 10 minute light-dark test,
505 among other common behavioral tasks. The open-field and light-dark tests are used
506 to measure exploratory activity and approach-avoidance behavior. Many complex
507 trait measures can be extracted from these tasks. For this analysis, we chose two
508 sets of informative measures (Supplementary Table 1). Complete details of animal
509 rearing, husbandry and phenotyping are presented in Logan *et al.* (2013). Mice were
510 sacrificed using decapitation which was necessary to preserve fresh brain tissue in
511 the absence of drug or asphyxiation. All procedures and protocols were approved by
512 The Jackson Laboratory Animal Care and Use Committee, and were conducted in
513 compliance with the National Institutes of Health Guidelines for the Care and Use of
514 Laboratory Animals.

515

516 *Genotyping*

517

518 DNA was prepared from tail biopsies and samples were genotyped using the Mouse
519 Universal Genotyping Array (MUGA) (Morgan *et al.* 2016). We obtained genotypes at
520 7,802 markers from arrays processed by GeneSeek (Lincoln, NE). We used
521 intensities from each array to infer the haplotype blocks in each individual DO
522 genome using a hidden Markov model (Gatti *et al.* 2014).

523

524 *Gene expression profiling*

525

526 Total hippocampal RNA was isolated using the TRIzol® Plus RNA purification kit
527 (Life Technologies Corp., Carlsbad, CA) with on-column DNase digestion. Samples
528 for RNA-Seq analysis were prepared using the TruSeq kit (Illumina Inc., San Diego,
529 CA) according to the manufacturer's protocols and subjected to paired-end 100 base
530 pair sequencing on the HiSeq 2000 (Illumina) per manufacturer's
531 recommendations. RNA sequencing was performed in nine sequencing runs with
532 two technical replicates for each sample, resulting in an averaging sequencing depth
533 of approximately 24 million reads per sample after pooling technical replicates. To
534 obtain estimates of gene expression, we aligned reads to individualized diploid
535 genomes using the bowtie aligner (Langmead *et al.* 2009) and quantified transcript
536 abundance by allocating multi-mapping reads using the EM algorithm with RSEM (Li
537 and Dewey 2011) as described in Munger *et al.* (2014). Raw counts in each sample
538 were normalized to the upper quartile value and transformed to normal scores.

539 *Reference trait analysis*

540

541 We conducted reference trait analysis using R version 3.3.2 (R Core Team 2016).

542 Canonical correlation analysis was carried out using the `cancor` function in base R.

543 We regressed out the effect of sex on each phenotype because it is not of primary

544 interest in this study. An example walk-through of a reference trait analysis and

545 code to carry out the analyses described in this paper are available at

546 [https://daskelly.github.io/reference_traits/reference_trait_analysis_walkthrough.ht](https://daskelly.github.io/reference_traits/reference_trait_analysis_walkthrough.html)

547 [ml](https://daskelly.github.io/reference_traits/reference_trait_analysis_walkthrough.html).

548

549 To examine the power and robustness of reference trait analysis, we simulated data

550 with varying sample sizes and canonical correlation coefficients. We based our

551 simulations on the anxiety phenotype data, consisting of open-field exploration and

552 light-dark box behavioral measures. Specifically, for each of 1,000 simulations we

553 started with the covariance matrix computed from five open-field and five light-dark

554 box traits and randomly increased or decreased each of the $5 \times 5 = 25$ inter-dataset

555 covariances by 20%. We then simulated multivariate normal phenotype data with

556 the specified covariance matrix. This procedure resulted in two multivariate

557 datasets (simulated open-field and light-dark box traits), where the covariance

558 structure *within* each dataset was similar to that in the real data but with different

559 covariances *between* datasets. When a canonical correlation analysis was carried out

560 on each pair of simulated datasets, the magnitude of the first canonical correlation

561 coefficient varied between $R = 0.35$ and $R = 0.98$, due to the variation in inter-
562 dataset covariances.

563

564 We simulated gene expression traits with exact correlation to the first target trait
565 canonical variable \vec{v}_1 in the simulated dataset. In order to simulate a random vector
566 of observations with defined correlation to an existing vector, we took advantage of
567 the geometric property that the cosine between two mean-centered vectors equals
568 their correlation. Therefore, a random vector with defined correlation to an existing
569 vector can be computed by starting with random draws from a normal distribution,
570 mean-centering, and applying standard linear algebra operations.

571

572 After hiding target traits in half the individuals and gene expression data in the
573 other half, we conducted reference trait analysis and quantified performance as the
574 fraction of the time true trait-gene expression correlations were detected using a
575 10% FDR threshold. P -values for trait-gene expression correlations were calculated
576 using a two-sided T statistic and correlations deemed significant at a 10% FDR were
577 identified using q -values (Storey and Tibshirani 2003).

578

579 *Imputing gene expression using TWAS*

580

581 We divided the anxiety dataset in half and considered open-field measurements as
582 target traits, hiding gene expression measurements for the animals where we did
583 not hide open-field traits. For the TWAS strategy, our training cohort consisted of

584 animals with genotypes and gene expression data, and our testing cohort consisted
585 of animals with genotypes and open-field traits (i.e. training/testing labels are
586 reversed from reference trait analysis, see Supplementary Figure 1). Diversity
587 Outbred mice are an outbred population with genomic ancestry derived from eight
588 inbred founder strains. We used methods implemented in R/qtl2 software
589 (<http://kbroman.org/qtl2/>) to impute single nucleotide polymorphism (SNP)
590 variation in each mouse from array-based genotypes obtained at coarser resolution
591 (see above) using known SNP genotypes present in founder haplotypes. This
592 resulted in genotypes for ~30 million SNPs. Given the limited number of
593 generations of outbreeding, haplotype blocks in Diversity Outbred mice typically
594 stretch for megabases (Svenson *et al.* 2012), leading to strong local linkage
595 disequilibrium (LD). As such, we used PLINK version 1.9 (Purcell *et al.* 2007) to
596 prune variants in very strong LD in the eight founder strains, using the parameters -
597 -indep-pairwise 200kb 40kb 0.95. This procedure reduced the number of SNPs to
598 235,335 with minimal loss of information.

599
600 To impute gene expression, we used the PredictDB module of PrediXcan (Gamazon
601 *et al.* 2015) to build predictive models of gene expression from local genotypes
602 within 10Mb of each gene, with sex included as a covariate. We conducted 1,000
603 permutations with random 50:50 divisions of the anxiety dataset to account for
604 stochastic sampling effects. For each replicate we obtained predictive models of
605 gene expression by running PredictDB on the training cohort and applied them to
606 the testing cohort in order to impute gene expression. Following Gamazon *et al.*

607 (2015; <https://github.com/hakyimlab/PrediXcan>), we considered only genes with
608 models that were significantly predictive of gene expression ($FDR \leq 5\%$). Finally, we
609 calculated correlations between imputed gene expression and a summary measure
610 of the target traits (first canonical variable) in the testing cohort. Results were
611 nearly identical whether we correlated to the first canonical variable or first
612 principal component of the target traits (median transitive reliability 45% vs. 44%),
613 but correlations to first canonical variable allow for direct comparison with results
614 from reference trait analysis.

615

616 *Scoring gene sets to assess retrieval of known anxiety-related genes*

617

618 To score gene sets for relevance to anxiety, a rater with expertise in behavioral
619 neuroscience who was blind to the analysis methods scored a combined list of all
620 gene sets obtained herein. We assigned a score of zero to irrelevant data sets, a
621 score of two to gene sets with general brain or behavior relevance, and a score of
622 four to anxiety relevant data sets in which either the gene set was generated in an
623 anxiety relevant experiment, the gene set consisted of genes interacting with a
624 compound known to be anxiolytic or anxiogenic, or the gene set was a Gene
625 Ontology annotation set with direct biological relevance to anxiety. For compounds,
626 a single MEDLINE query of the compound name and 'anxiety' was performed and
627 the results of the query were examined for overall conceptual relevance.

628

629 *Data availability*

630

631 Raw RNA-Seq gene expression data from the hippocampus of 258 Diversity Outbred

632 mice are available from ArrayExpress (accession number XXX). A processed and

633 normalized gene expression matrix is available as Supplementary Dataset 1.

634 Phenotype data acquired via the open-field and light-dark box paradigms are

635 available as Supplementary Datasets 2 and 3.

636

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645

646 **Author contributions:**

647 DAS – Conceptualization, Data Curation, Formal Analysis, Methodology, Software,

648 Visualization, Writing

649 NR – Data Curation, Formal Analysis, Software

650 RFR – Investigation, Methodology

651 JHG – Formal Analysis

652 EJC – Conceptualization, Funding Acquisition, Methodology, Project Administration,

653 Supervision, Writing

654

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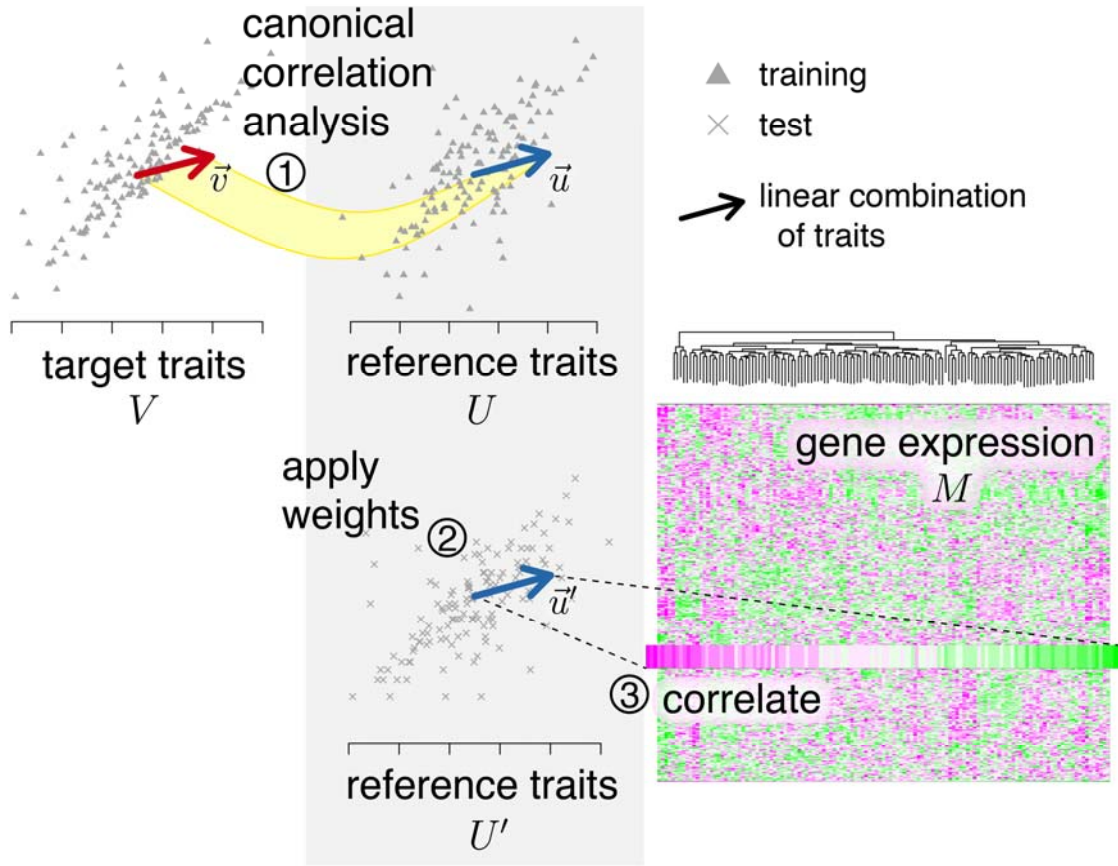
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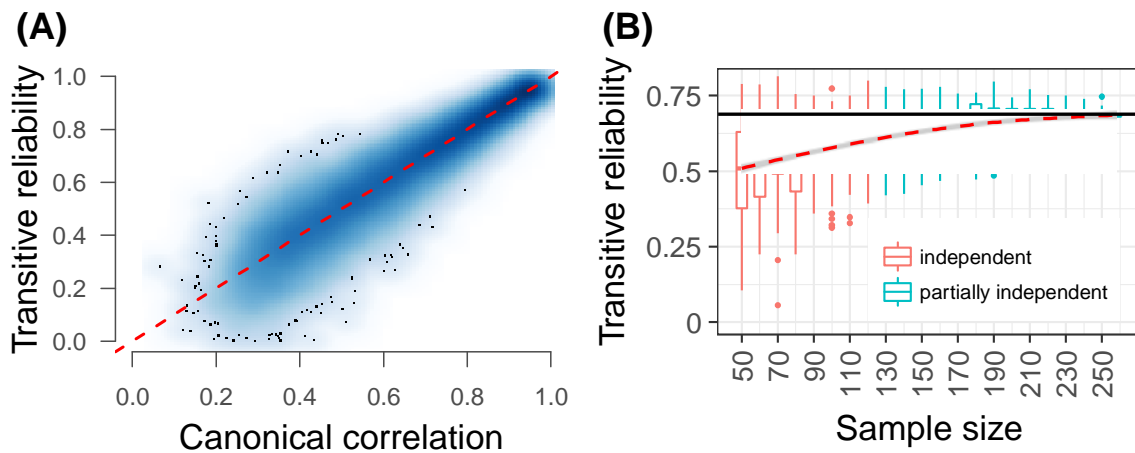
766 **Figure 1:** Overview of reference trait analysis. Target and reference traits are
767 measured in a set of training individuals (top plots; grey triangles), while reference
768 traits and gene expression are measured in test individuals (bottom plots and X
769 symbols). (1) Canonical correlation is used to identify a linear combination of
770 reference traits (top blue arrow) that best captures variation in the traits of interest
771 (red arrow; yellow curve connecting arrows represents canonical correlation
772 analysis). (2) The weights derived from canonical correlation analysis are applied to
773 reference traits in the testing population to derive reference trait scores for each
774 individual (projected reference traits; bottom blue arrow). (3) Projected reference
775 traits are correlated with molecular phenotypes.

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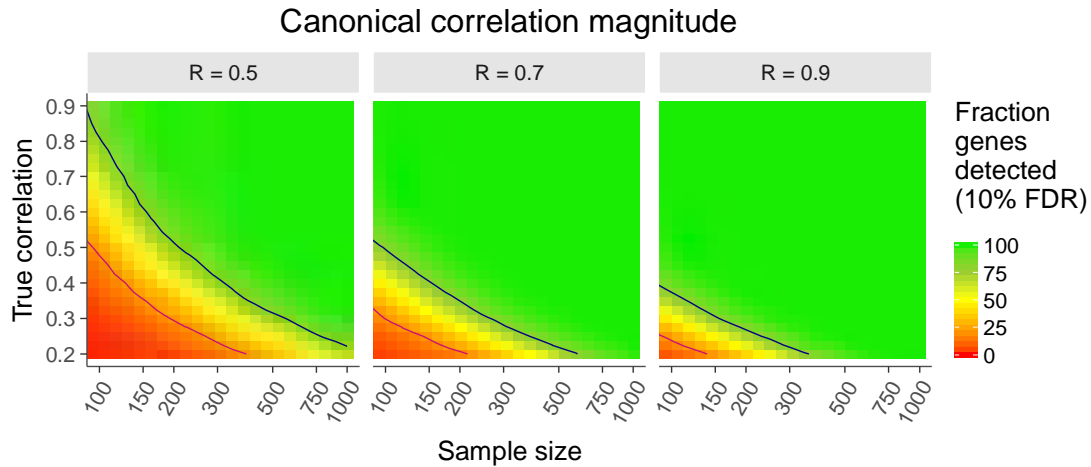
782 **Figure 2:** Reference trait analysis reveals overall patterns of covariation between
783 incompatible traits. (A) Relationship between canonical correlation and transitive
784 reliability. To evaluate the mathematical relationship between these quantities, we
785 simulated two vectors with known correlation to represent the canonical covariates,
786 and calculated transitive reliability with real gene expression data. Canonical
787 correlation shown is absolute value, and transitive reliability is sign-matched. (B)
788 Sample size increases lead to higher and more precise transitive reliability. Plot
789 shows transitive reliability estimated using anxiety data with animals subsampled
790 as described in the main text. Sample size on *x*-axis indicates the number of
791 individuals used in each of the training and testing groups (the number of
792 individuals phenotyped for target traits and the number with high-dimensional
793 molecular phenotypes, respectively). Black line indicates magnitude of first
794 canonical correlation calculated from full dataset. Color indicates whether training
795 and testing groups were fully or partially independent.

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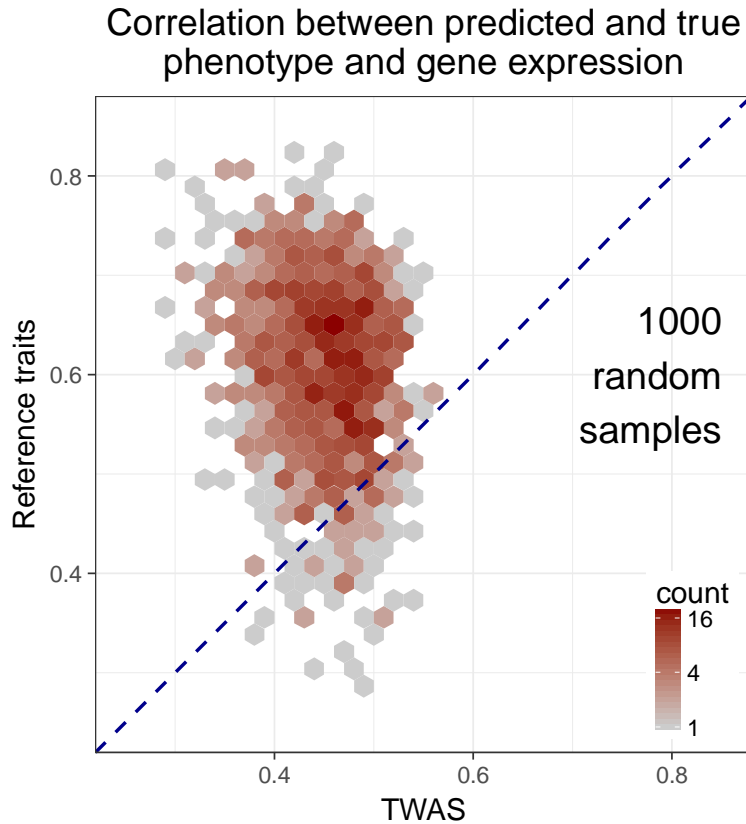
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802 **Figure 3:** Reference trait analysis identifies simulated trait-gene expression
803 correlations across a wide variety of parameter values. Sample size plotted along x -
804 axis is the number of individuals used in each of the training and testing groups
805 (equal sample size for the two groups, where the training group consists of
806 individuals phenotyped for target traits and the testing group those with high-
807 dimensional molecular phenotypes). True correlation (y -axis) indicates correlation
808 between first target trait canonical variable (\vec{v}_1) and simulated gene expression.
809 Facets indicate magnitude of canonical correlation coefficient between reference
810 and target traits (R listed along grey strips, ± 0.02). Navy and magenta contour lines
811 depict regions above/below which trait-gene expression correlations are detected
812 $>80\%$ and $<20\%$ of the time, respectively.

813

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817 **Figure 4:** Reference trait analysis recovers true trait-gene expression correlations
818 more accurately than TWAS. Binned hexagon plot shows the results of 1,000
819 random samples where the anxiety dataset was split into two halves randomly
820 designated the training and testing groups. Reference trait analysis and TWAS were
821 used to recover trait-gene expression correlations. The true values of both the trait
822 and gene expression are known in this dataset, but were hidden when running
823 reference trait analysis or TWAS. For each method, the correlation across all genes
824 between predicted and true values was computed.

825

826 **Supplementary Table 1:** Anxiety-related traits measured on 258 Diversity Outbred
827 mice used in case study of reference trait analysis.

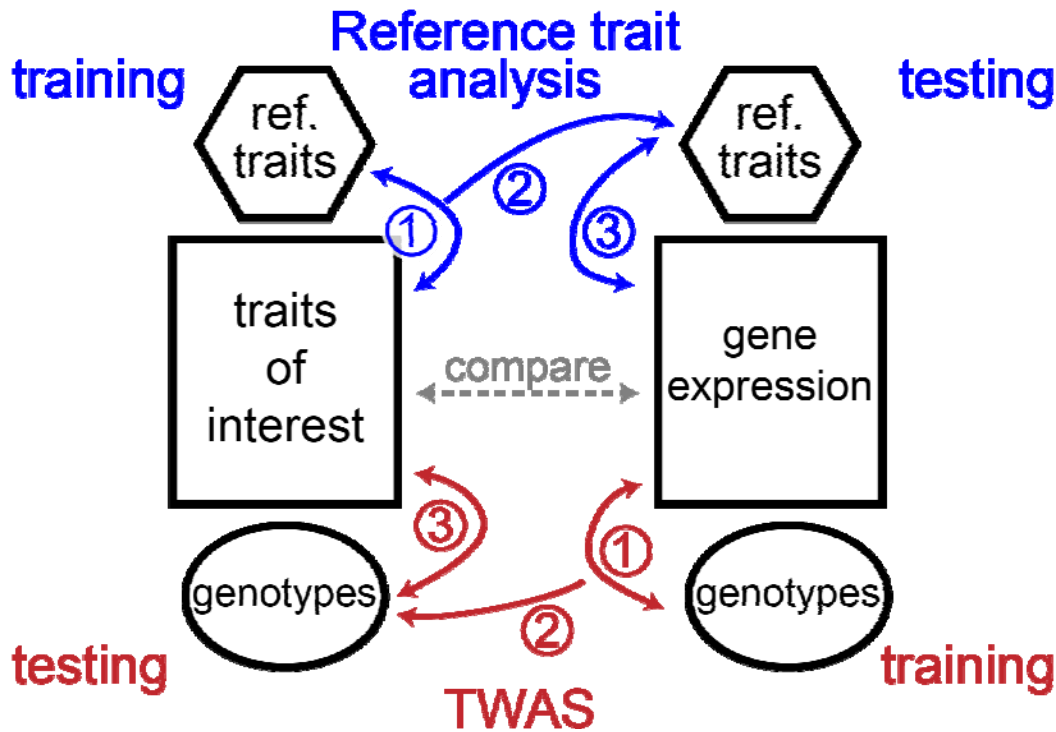
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Group	Phenotype
Light-dark box	Distance traveled
Light-dark box	Light-dark transitions
Light-dark box	Percent time in light (first four minutes)
Light-dark box	Percent time in light (total)
Light-dark box	Percent time in light, slope
Open-field	Distance traveled (first four minutes)
Open-field	Distance traveled (total)
Open-field	Distance change (first - last)
Open-field	Percent time in corner
Open-field	Percent time in corner, slope
Open-field	Percent time in periphery
Open-field	Percent time in periphery, slope
Open-field	Percent time in center (square-root transformed)
Open-field	Percent time in center, slope
Open-field	Percent time mobile
Open-field	Fecal boli count

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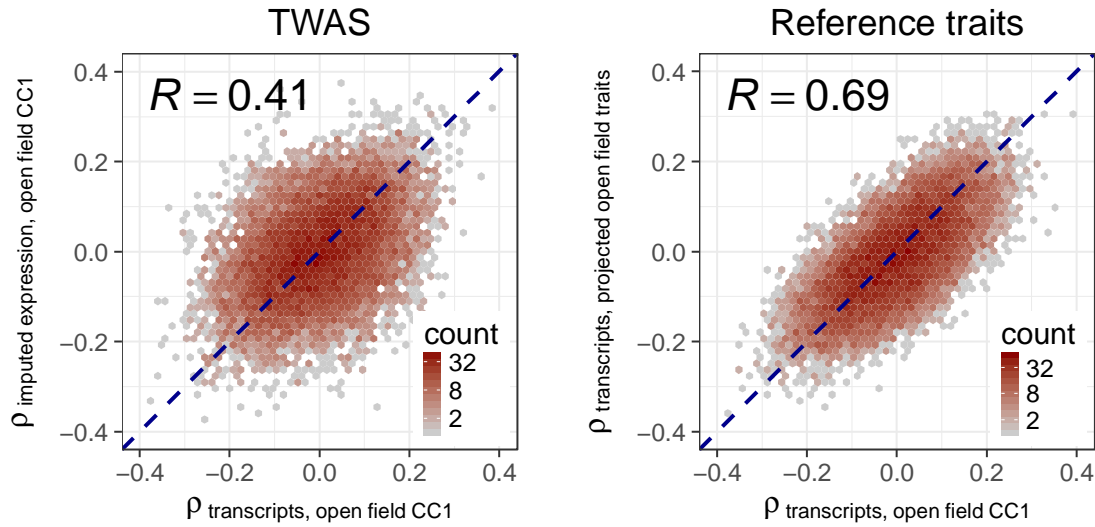
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Supplementary Figure 1: Schematic comparing overall strategies of reference trait analysis and TWAS. For reference trait analysis, canonical correlation analysis is used to relate traits of interest to reference traits (blue, 1) and coefficients derived from this model are applied to reference traits in the cohort without measurements of traits of interest (blue, 2). Finally, these projected reference traits are compared to gene expression to identify trait-gene expression correlations (blue, 3). In the TWAS approach, genotypes are used to build models that predict gene expression through eQTL (red, 1). These models are applied to genotypes in the cohort without gene expression measurements (red, 2) and imputed gene expression is compared with traits of interest to identify trait-gene expression correlations (red, 3). Note that training and testing cohort labels are switched for the two methods but that the end result of each is to compare traits of interest with gene expression (grey dashed line, middle).



848

849

850 **Supplementary Figure 2:** Comparison of TWAS and reference trait analysis using a
851 single random division of the mouse anxiety dataset. For both panels we take the
852 true trait of interest to be the first canonical covariate of open-field traits (open-field
853 CC1). For TWAS we used genotypes to impute gene expression. Left panel shows
854 correlation of individual transcripts to the trait of interest, where the x -axis plots
855 correlations based on true transcript abundance and the y -axis plots correlations
856 based on imputed transcript abundance. Right panel shows the analogous result but
857 using reference trait analysis, where gene expression is fixed and predictors of
858 open-field behavior are represented by projected traits.

859

860 **Supplementary Datasets**

861

862 **Supplementary Dataset 1:** Normalized hippocampal gene expression matrix. RNA-
863 Seq data were processed as described (Methods). To obtain normalized gene
864 expression matrix, raw counts in each sample were normalized to the upper quartile
865 value and transformed to normal scores.

866

867 **Supplementary Dataset 2:** Traits derived from open-field arena exploration assay
868 and used in case study of reference trait analysis. Supplementary Table 1 provides
869 basic information on phenotypes, while complete details of animal rearing,
870 husbandry and phenotyping are presented in Logan et al. (2013).

871

872 **Supplementary Dataset 3:** Traits derived from light-dark box behavior assay and
873 used in case study of reference trait analysis. Supplementary Table 1 provides basic
874 information on phenotypes, while complete details of animal rearing, husbandry
875 and phenotyping are presented in Logan et al. (2013).

876