

1

2

3 **Knowledge, attitudes and practices regarding rabies and its control among dog owners in**

4 **Kigali city, Rwanda**

5

6

7 P. Ntampaka<sup>1¶\*</sup>, P.N. Nyaga<sup>2¶</sup>, J.K. Gathumbi<sup>2&</sup>, M. Tukei<sup>1&</sup>, F. Niragire<sup>3&</sup>

8 <sup>1</sup>Department of Veterinary Medicine, University of Rwanda, Nyagatare, Rwanda

9 <sup>2</sup>Department of Veterinary Pathology, Microbiology and Parasitology, University of Nairobi,  
10 Nairobi, Kenya

11 <sup>3</sup>Department of Applied Statistics, University of Rwanda, Kigali, Rwanda

12 \* Corresponding author

13 E-mail: piusynt@gmail.com (PN)

14 ¶These authors contributed equally to this work.

15 &These authors also contributed equally to this work.

## 16 **Abstract**

17 **Background:** Rabies is a zoonotic viral disease that can occur in all warm-blooded  
18 mammals, including man [1]. Vaccinating dogs can protect people from contracting rabies [2].  
19 Annual deaths due to rabies was estimated to 61000 worldwide [1], and Africa represented  
20 35.2% of the deaths [3]. In Rwanda, rabies is a public health threat to the public [4], but the  
21 country does not have information on the disease [5]. **Methodology:** The present study aimed to  
22 assess knowledge, attitudes and practices (KAP) of rabies and its control among dog owners in  
23 Kigali city, Rwanda. We conducted a cross-sectional survey using a structured questionnaire  
24 among 137 dog owners randomly selected within each of the selected 9 study sites. A series of  
25 chi-square tests of association and binary logistic regression were used to determine the  
26 important factors associated with the response variables.

27 **Results:** The results showed that 99.5% of respondents could mention at least a host  
28 susceptible to rabies. Only 22.4 % and 21.3 % knew about canine and human rabies,  
29 respectively. Nearly 73.6% knew that human rabies can be transmitted through dog-bites and  
30 99% could identify at least a clinical sign of canine rabies. Nealy 81.8% thought that regularly  
31 vaccinating dogs could prevent people from contracting dog-transmitted rabies. Only 43.1% and  
32 26.3% were aware that clinical human and canine rabies are always deadly, respectively.  
33 Respondents who would observe a dog for some time, once it bites a man or an animal,  
34 represented 69%. Only 20.4% were familiar with cleaning dog-bites wounds with water and  
35 soap, before attending health care facilities. Few respondents owning dogs (20.6%) knew that  
36 puppies could receive rabies vaccination before the age of three months. Of respondents who  
37 owned vaccinated dogs, 78% were happy about the cost of rabies vaccination of dogs (Rwandan  
38 Francs 0-30,000). Nearly 57.9% had their dogs vaccinated at home by veterinarians.

39 Eighty-two (82%) percent of respondents received rabies information from neighbours, the  
40 media and public meetings. Logistic regression analyses indicated that none of respondents' sex,  
41 education level, and duration of dog ownership was statistically associated with their knowledge  
42 of rabies. The respondents who had kept dogs for 5-10 years were less likely to have as sufficient  
43 knowledge as those who had kept dogs for more than ten years (AOR=0.96). Male respondents  
44 were more likely to adopt a positive attitude (AOR=1.47) and have appropriate practice  
45 (AOR=1.40) towards rabies. The respondents who had completed at least primary education,  
46 were more likely to have appropriate practice of rabies (AOR=1.41). **Conclusions:** This study  
47 identified gaps in the dog owners' rabies knowledge of transmission, treatment and control. In  
48 addition, none of respondents' sex, educational level, and dog ownership length was statistically  
49 associated with their rabies knowledge. Overall, this study indicated that all categories of dog  
50 owners in Kigali city did not have good levels of rabies knowledge. Rabies interventions  
51 including awareness component in the studied population should be homogeneously improved.

## 52 **Introduction**

53 Rabies is a zoonotic viral disease that can occur in all warm-blooded mammals, including  
54 man [1]. It is caused by a lyssavirus [6], *Lyssaviridae* contains 15 species, including rabies virus  
55 [7]. Rabies disease results in encephalomyelitis and is always deadly [2]. Worldwide, it was  
56 estimated that 61000 people die annually due to rabies [1] while post-exposure vaccination is  
57 given to over 15 million people [8]. In Africa, it was estimated that rabies kills 21476 people  
58 every year [3]. Annual livestock losses due to rabies was approximated to US\$ 12.3 million [9-  
59 1]. Rabies virus is mainly transmitted through bites, but can also be transmitted through  
60 scratching and licking [10]. Transmission can also be through mucous membranes [11]. Human  
61 rabies is mainly caused by dog-transmitted rabies virus [12].

62 Worldwide, almost 100% of human rabies cases are transmitted by dogs [2]. Animal rabies is  
63 typically featured by sudden change in behaviour and progressive paralysis leading to death  
64 depending on the effect of rabies virus on brain [13]. Clinical signs of canine rabies include  
65 biting without provocation, eating abnormal items, roaming, change in sound, hypersalivation  
66 [14]. There are 6 stages that countries known to be endemic for rabies transmitted by dogs must  
67 go through to eliminate the disease. When rabies is likely to be present in a country and the  
68 country does not have information on the disease, that country is said to be at stage 0 [15].  
69 Rwanda was reported to be at stage 0 [5]. In Rwanda, majority of dogs owned by individuals are  
70 guard, although few are kept as pets or for business. Non-confined pet dogs outnumber confined  
71 ones and may interact with wildlife species and human dog-bites are predominantly done by the  
72 non-confined and stray dogs (Personal communication). According to [4], rabies is a serious  
73 public health threat to Rwanda. Between January and August 2016, 413 cases of human dog-  
74 bites were reported across Rwanda and one person died of rabies [16]. Controlling rabies in  
75 Rwanda is achieved through annual campaigns for vaccinating owned dogs and culling stray  
76 dogs [17].

77 According to Rwanda Agriculture Board, in 2016, dog population in Rwanda was estimated  
78 to 18117 including 11375 vaccinated against rabies and 2870 culled; the coverage of vaccination  
79 reached 62.7% [18]. Rwanda national veterinary laboratory is equipped to confirm suspicious  
80 cases of animal rabies, but poor collaboration between veterinary and medical personnel impacts  
81 on the surveillance and control as well as on awareness of the public on rabies [19]. Lacking  
82 information on real burden of rabies across mainland Africa, constitutes a challenge to its control  
83 and eradication [20]. Through upgrading public knowledge, KAP surveys help in changing  
84 attitudes and practices [21].

85 Recent published studies on awareness in most rabies endemic areas showed gaps in rabies  
86 knowledge. For example, a KAP survey in Haiti, indicated that 34% of medical professionals  
87 were familiar with using water and soap to clean bite wounds while 2.8% of them knew that  
88 rabies vaccination was part of post exposure prophylaxis [22]. A KAP survey in Ethiopia,  
89 showed that of interviewed pastoralists, 79.2% were unaware of how dogs got rabies while 23%  
90 of them did not know canine rabies symptoms [23]. There are no published studies on rabies  
91 awareness among the population of Rwanda and it is not known whether Rwandese have  
92 knowledge of rabies. Thus, this study assessed dog owners' knowledge, attitudes and practices of  
93 rabies disease and its control in Kigali city, Rwanda. It was hypothesized that dog ownership  
94 length did not impact knowledge, attitudes or practices of rabies in people owning dogs in Kigali  
95 city, Rwanda.

## 96 **Methods**

### 97 **Study setting**

98 The present study was carried out in Kigali, the capital city of Rwanda from September 2016  
99 to February 2017. Rwanda is one of the landlocked countries located in Eastern Africa. Kigali  
100 City is one of the 5 provincial administrative entities, each subdivided into Districts, which in  
101 turn are subdivided into Sectors [24]. Kigali City is divided into three districts, namely  
102 Nyarugenge, Gasabo and Kicukiro. **Fig 1. This is the Fig 1 Title. Distribution of the**  
103 **respondents across the nine study sectors.** This is the Fig 1 legend. The figure illustrates the  
104 map for study setting and it was generated by authors. During data collection, a GPS was used to  
105 collect geographical information on each respondent household, and ArcGis10.2 software was  
106 used to produce the map from the GPS data. Names of three administrative districts of Kigali  
107 city are colored red, while those of all administrative sectors of Kigali city are colored black.

108 Blue points symbolise the homes of respondents across the nine study sectors of which  
109 Mageragere, Nyamirambo and Kigali of Nyarugenge district, Gatenga, Niboye and Kicukiro of  
110 Kicukiro district, and Kacyiru, Kimironko and Gisozi of Gasabo district.

111 Kigali City was purposively selected on assumption that it harboured a large number of  
112 dogs, thus we expected to reach dog owners in a relatively limited time. The 2017 records in the  
113 three districts of Kigali city (Kicukiro, Nyarugenge and Gasabo) indicated that the dog  
114 population in Kigali city in 2016 was estimated to 2157 [25]. Considering that the dog  
115 population in Rwanda in 2016, was estimated to 18117 [18], the dog population in Kigali city in  
116 2016, accounted for 12% of dog population in Rwanda. In the first stage, information from  
117 district-level registers on rabies vaccinations of dogs was used to select the nine 9 sectors across  
118 the 3 districts. In the second stage 137 respondents were systematically selected from dog  
119 owner's population for each sector.

## 120 **Ethical standards**

121 The Rwanda National Ethics Committee reviewed and approved this study (Review  
122 Approval Notice: No. 15/RNEC/2017), and dog owners signed certificates of consent prior to  
123 being interviewed. The certificate of consent is part of supporting document ("S1\_File.pdf").  
124 Distribution of the sample across selected administrative Sectors and Districts is shown (Table  
125 1).

126 **Table 1. This is the Table 1 Distribution of the sample across selected Sectors and Districts**

District	Sectors	Frequency	Percent
Gasabo	Gisozi	10	7
	Kacyiru	12	9

	Kimironko	11	8
Nyarugenge	Nyamirambo	17	12.5
	Kigali	15	11
	Mageragere	25	18
Kicukiro	Niboye	20	15
	Gatenga	21	15
	Kicukiro	6	4.5
Total		137	100

127

128 Table 1 shows that respondents who lived in Nyarugenge district accounted for 41.5% while  
129 those from Kicukiro and Gasabo districts represented 34.5% and 24%, respectively.

### 130 **Selection and interview of respondents**

131 Through collaboration with local authorities, dog owners were contacted by phone or in  
132 person. The questionnaire was pretested before administration and translated from English into  
133 Kinyarwanda (local language) during interview. The survey questionnaire is part of supporting  
134 document (“S2\_File.pdf”).

### 135 **Analytical methods**

136 During the interview, each respondent was given an identifying unique code that linked the  
137 respondents to their individual characteristics and responses during the data analysis process.

138 Data organization and analysis were carried out using International Business Machines (IBM)  
139 Statistical Package for Social Sciences (SPSS) Statistics for Windows, version 20. In addition to  
140 frequency distributions analysis, tests of associations of knowledge, attitudes and practices

141 regarding rabies with respondent's individual characteristics (i.e., education level, sex, and  
142 length of dog ownership) were carried out using chi-square tests at 5% level of significance.

143 An index was constructed for each of the three components of interest, namely the level of  
144 knowledge, attitudes and practices towards rabies based on the respondents' responses to  
145 corresponding questions using principal components factor analysis (PCFA) [26]. For data  
146 preparation for PCFA, items that were used to measure the three dimensions were transformed  
147 into indicator variables. First, the five items that were used to measure knowledge about rabies  
148 investigated whether the respondents knew: (i) *hosts who can suffer from rabies*; (ii) *how rabies*  
149 *can be transmitted between dogs and other animals*; (iii) *clinical signs of canine rabies*; (iv) *the*  
150 *prognosis for clinical canine rabies*; (v) *the most effective method for controlling canine rabies*  
151 *(vi) how best dog-mediated rabies can be controlled in humans*.

152 Respondent's knowledge was classified as either *sufficient*, if they could provide correct  
153 answers to all the five items or *insufficient knowledge* otherwise. Second, respondent's attitude  
154 towards rabies was measured using two items that aimed to find out: (i) *what they would wish to*  
155 *happen to the biting dog if it is caught*; and (ii) *what they can do before taking a colleague who*  
156 *is bitten by a dog to a health care facility*. The attitude was considered as either *positive*, if the  
157 respondents could indicate a correct attitude for the two items, or negative otherwise.

158 The respondents practices regarding rabies were assessed by investigating: (i) *the frequency*  
159 *(how often) respondent took their dog(s) to vaccination*; (ii) *how a veterinarian who previously*  
160 *vaccinated the respondent's dog(s) carried and administered the vaccine*. Respondent's practices  
161 were classified as either *appropriate*, if the respondent showed good practices vis-à-vis these  
162 items, or *inappropriate* or *bad* practices otherwise. All the indicators of respondent's knowledge,  
163 attitudes or practices regarding rabies had two categories. Thus, binary logistic regression



164 analyses were conducted for each indicator in order to identify and quantify net associations of  
165 each of the components with the respondents' characteristics [27, 28-26]. A binary logistic  
166 regression analysis was conducted for each index of knowledge, attitude, and practice regarding  
167 rabies in order to determine the direction and extent of the effects of respondent's individual  
168 characteristics, namely, sex, education level, length of dog ownership, and district of residence  
169 on the status of the three components (indices). All predictor variables were categorical and were  
170 all dummy coded.

## 171 **Results**

### 172 **Demographic characteristics of the respondents**

173 Overall, 137 respondents were interviewed including those owning dogs received rabies  
174 vaccination 107 (78.1%) or unvaccinated dogs 30 (21.9%). Of respondents, 65.7% were male  
175 while 34.3% were female. The respondents who did not get formal education represented 3.6%  
176 while those who finished primary and secondary school accounted for 30.7% and 28.5%,  
177 respectively. Approximately 37.2% finished or were receiving university education. Of  
178 interviewees, 43.8% and 22.6% had kept dogs for not more than 5 years and for 5-10 years,  
179 respectively while 33.6% had owned dogs for more than 10 years.

180 Of respondents, 57 (41.6%) lived in Nyarugenge district, while 47 (34.3%) and 33 (24.1%)  
181 dwelt in Kicukiro and Gasabo districts, respectively. Respondents obtained information on rabies  
182 from various sources, as shown in Table 2.

183 **Table 2. This is the Table 2 Sourcing rabies knowledge for respondents**

Getting rabies information for respondents	Counts (N=137)	Percentage
Friends or neighbours	98	39.0

The media	75	29.9
Public meetings	33	13.1
Parents	18	7.2
Schooling	13	5.2
Veterinarians	12	4.8
At work	2	0.8
Total	Counts = 251	100

184

185 Table 2 shows that 82% of respondents sourced rabies information from neighbours, media  
186 and public meetings while 18% got the information from parents, school, veterinary personnel  
187 and workplace. The 0.8% who sourced rabies information from work included a medical  
188 pharmacist and a policeman, and they learnt about the disease through helping dog-bites patients  
189 or their relatives.

### 190 Respondents' knowledge of rabies

191 The awareness of respondents on the susceptible animal category is presented in Table 3.

### 192 Table 3. This is the Table 3 Participants knowledge of rabies susceptible hosts

Susceptible animal category	Counts (N=137)	Percentage
Dogs	133	22.4
Cats	73	12.3
Cows	44	7.5
Sheep	39	6.6
Goat	41	6.9

Pigs	37	6.2
Rabbits	31	5.2
People	126	21.3
Jackal	66	11.1
Do not know	3	0.5
	Counts = 593	100

193 Table 3 shows that 67.1% were aware of rabies in human, dogs, cats and jackals while 32.4%  
 194 knew that farm animals (cows, sheep goats, pigs and rabbits) can have rabies. Approximately 0.5  
 195 did not have an idea on susceptibility of various hosts to rabies. Routes of rabies virus  
 196 transmission to humans reported (Fig 2). **This is the Fig 2 Title. Reported routes for rabies**  
 197 **virus transmission to humans.** This is the Fig 2 legend. Fig. 2 shows that of 137 respondents,  
 198 73.6% knew that human rabies can be transmitted via dog-bites, while 16.5% and 7.7% were  
 199 aware that humans can contract rabies through licking of wounds and skin scratches,  
 200 respectively. Approximately 2.2% were unaware of transmission routes or believed in wrong  
 201 route of transmission (licking intact skin) of how human rabies can be contracted. Respondents'  
 202 knowledge of animal rabies transmission is shown in Table 4.

203 **Table 4. This is the Table 4 Respondents' knowledge of animal rabies transmission**

Reported rabies transmission methods	Counts (N=137)	Percentage
Bites	120	65.2
Wound licking	29	15.8
Skin scratching	8	4.4
Food	12	6.5
Intact skin licking	1	0.5

Coitus	2	1.1
Inhalation of aerosolized saliva	2	1.1
Do not know	10	5.4
	Count s =184	100

204

205 Table 4 indicates that 85.4% of respondents knew how rabies can be transmitted between  
 206 dogs and other animals (bites, licking of wounds and skin scratches), while 14.6% were  
 207 misinformed (food, licking intact skin, coitus, inhalation) or unaware of transmission routes.  
 208 Clinical picture of canine rabies as per respondents is shown in Table 5.

209 **Table 5. This is the Table 5 Manifestations of clinical rabies in dogs**

Reported rabies clinical signs	Count (N=137)	Percentage
Aggressiveness	112	27
Profuse salivation	85	20
Eating abnormal items	43	10
Difficulty in swallowing	7	2
Roaming over long distances	97	23
Change in sound	31	7
Dropping of the jaw	41	10
Do not know	2	1
	Counts = 418	100

210

211 Table 5 shows that of respondents, 99% recognised at least a clinical sign of rabies in dogs  
 212 while 1% was unaware of clinical signs of rabies. When asked about treating human rabies, 137

213 (42.3%) of respondents believed that human clinical rabies can be treated successfully, while  
214 43.1% thought that it is always fatal, and 14.6% did not know whether it is treatable or fatal. Of  
215 the 137 study respondents, 54% believed that canine clinical rabies can be treated successfully,  
216 while 26.3% thought that it is always fatal, and 19.7% did not know whether it is treatable or  
217 fatal.

218 Of 137 respondents, 81.8% considered regular vaccination of dogs a method of choice for  
219 protecting people from getting rabies, while 18.2% believed that other methods would suffice to  
220 prevent and control human dog-mediated rabies. These methods included killing stray dogs  
221 (5.9%), educating the public (5.1%), completely restricting dogs (2.9%), immunising people at  
222 risk of developing rabies (2.9%), and treating people after exposure (1.4%).

### 223 **The respondents' attitudes regarding motiveless human dog bites**

224 Of 137 study respondents, 69% would keep a dog for some time once it bites a man or an  
225 animal to verify whether it was rabid or not, irrespective of the dog's vaccination status. The  
226 percentage of respondents who would kill or release the dog immediately accounted for 15.5%  
227 for each category, regardless of dogs' vaccination status and whether its owner was known.  
228 When asked about caring for a dog bite patient, 68.6% of respondents indicated they would take  
229 the patient to a hospital before they do anything.

230 Approximately 20.4% would clean the victim's wounds with water or with both water and  
231 soap depending on availability; while 8% would cover the patient's wound with dressings and  
232 bandages. Those who would put salt on the wound or clean it with 70% alcohol or povidone-  
233 iodine represented 1.5% for each.

## 234 **The respondents' practices of rabies control**

235 Only 20.6% of respondents who owned vaccinated dogs (n=107), vaccinated their puppies  
236 before they were 3 month old. The 79.4% who did not vaccinate theirs did not think dogs of such  
237 age could receive rabies vaccination. In practice, 57.9% and 41.2% of respondents had their  
238 dogs vaccinated by veterinarians at their homes and at site during campaign of vaccination,  
239 respectively.

240 Less than 1% had their dogs received rabies vaccination at a veterinary clinic. Of respondents  
241 (n=107), 86% and 12.1% indicated that, at time of vaccination, their veterinarians kept the  
242 vaccines with a cooler box and plastic bag (containing ice), respectively. Only 1.9% of  
243 respondents availed rabies vaccines home and then veterinarians administered them. This study  
244 showed that rabies vaccination fees varied between Rwandan Franc 0-30000; 78% of  
245 respondents were happy with the cost of vaccination while 22% were unhappy saying the cost  
246 was expensive. Respondents who owned unvaccinated dogs (n=30) indicated the main reasons  
247 for not vaccinating dogs included lacking information (39.6%), negligence (37.2%) and  
248 inadequate knowledge of rabies (11.6%). Vaccination fees and vaccination sites located far from  
249 home were the other reasons for having unvaccinated dogs, representing 9.3% and 2.3%,  
250 respectively.

## 251 **Results of multivariable analyses**

252 For each of the indexes of the status of knowledge, attitudes and practices regarding rabies, a  
253 simple binary logistic regression model was fitted to data for each of the selected individual dog  
254 owner's characteristics. The adjusted odds ratios (AOR) from the series of the three logistic  
255 regression analyses are shown in Table 6.

256 **Table 6. This is the Table 5 Adjusted Odds Ratios (AOR) with 95% Confidence Intervals**  
 257 **(CI)**

Characteristics	Category	Knowledge	Attitude	Practice
District	Gasabo	<i>Reference</i>	<i>Reference</i>	<i>Reference</i>
	<i>Kicukiro</i>	0.59(0.23,1.54)	0.65(0.18,2.33)	0.55(0.21, 1.44)
	<i>Nyarugenge</i>	0.42(0.15,1.18)	1.74(0.46,6.51)	0.98(0.32, 2.98)
Sex	<i>Female</i>	<i>Reference</i>	<i>Reference</i>	<i>Reference</i>
	<i>Male</i>	0.60(0.27,1.34)	1.47(0.49,4.42)	1.40(0.62, 3.13)
Education level	<i>Tertiary</i>	<i>Reference</i>	<i>Reference</i>	<i>Reference</i>
	<i>No education</i>	2.12(0.27,16.45)	0.41(0.03,5.40)	0.71 (0.09, 5.66)
	<i>Primary</i>	0.97 (0.37,2.54)	0.50(0.14,1.85)	1.42 (0.52,3.88)
	<i>Secondary</i>	1.24 (0.51,3.05)	0.59(0.18,1.97)	1.51(0.59,3.86)
Length of dog ownership	<i>&gt; 10 years</i>	<i>Reference</i>	<i>Reference</i>	<i>Reference</i>
	<i>&lt; 5 years</i>	1.23 (0.54, 2.79)	0.39(.14, 1.11)	0.97(0.42,2.27)
	<i>5-10 years</i>	0.96 (0.37, 2.50)	0.35(.10, 1.26)	1.46(0.52,4.13)
Constant		2.33	0.38	1.53

258

259 Table 5 reveals that none of the predictor variables, namely respondent's sex, education  
 260 level; district of residence or the length of dog ownership was statistically associated with the  
 261 respondent's knowledge about rabies. Similarly, there was no statistically significant association  
 262 of the status of dog owner's attitudes or practices regarding rabies with any of the selected  
 263 predictor variables. However, there were different relationships between the status of the  
 264 respondent's knowledge, attitude and practice and the selected classes of dog owner's. First, the

265 knowledge about rabies was more likely to be sufficient among the less educated dog owners  
266 compared to those who completed or were still pursuing tertiary education. The odds of  
267 sufficient knowledge were more than twice among those without formal education, and 24%  
268 higher among those with secondary education compared to those with tertiary education. The  
269 odds of sufficient knowledge were 40% lower among male compared to female dog owners.  
270 Those who had kept dogs for 5-10 years were less likely to have as sufficient knowledge as those  
271 who had kept dogs for more than ten years (AOR=0.96). However, those who had owned dogs  
272 for at most five years (<5years) were more likely to have sufficient knowledge about rabies  
273 (AOR=1.23).

274 The odds of sufficient knowledge among dog owners in districts of Kicukiro and Nyarugenge  
275 were respectively 41% and 58% lower compared to those living in Gasabo District. Second, the  
276 respondent's attitude towards rabies was more likely to be positive in male respondents  
277 (AOR=1.47). The odds of positive attitude were more than 40% lower among those who  
278 completed any level of education other than tertiary education. Similarly, those who had owned  
279 dogs for more than 10 years were more likely to show positive attitudes compared to other dog  
280 owners. In particular, the odds of positive attitude towards rabies were 65% lower for those who  
281 had kept dogs for 5-10 years compared to those who had owned dogs for more than 10 years.  
282 Third, the respondent's practices regarding rabies were more likely to be appropriate for male  
283 dog owners (AOR=1.40), living in Gasabo, who had completed at least primary education  
284 (AOR=1.41), or who had kept dogs for at least five years (AOR=1.46).

## 285 **Discussion**

286 The present study aimed to investigate dog owners' knowledge, attitudes and practices of  
287 rabies disease and its control in Kigali City, Rwanda. The findings showed that 43.7% of



288 respondents were aware of canine and human rabies while 2.2% did not know how humans can  
289 contract rabies. Approximately 14.6% were unaware of how rabies can be transmitted between  
290 dogs and other animals. Around 18.2% of respondents thought that killing stray dogs, educating  
291 the public, completely restricting dogs, vaccinating people at risk of having rabies, and treating  
292 people after exposure would suit controlling and preventing dog-mediated human rabies. Nearly  
293 43.1% and 26.3% of respondents knew that once clinical signs of rabies appear, the disease is  
294 always fatal in humans and dogs, respectively. Of respondents, 20.4% knew that dog-bites  
295 wounds should be washed with soap and clean water before attending a hospital while 31% did  
296 not think that, a biting dog might be confined for some time to assure it was not rabid.

297 Only 20.6% of the respondents knew that puppies can receive rabies vaccination before the  
298 age of 3 months old. It is important to fill in these gaps in rabies knowledge because, for  
299 example, knowing how dogs can potentially contract rabies would help understand that timely  
300 vaccination of dogs is the method of choice for controlling and preventing canine rabies. Being  
301 aware that rabies is incurable would show that the only solution is vaccinating dogs. Knowing  
302 what should be done after a dog bites a person or an animal would help understand that the dog  
303 should be quarantined for some time to assure it is not rabid and that dog-bites wounds should be  
304 cleaned before attending a hospital (changing from negative towards positive attitudes).

305 We found that only 43.7% of the respondents were aware of human and canine rabies, and  
306 this was lower than 70% of the respondents reported by [29]. Our findings showed that 73.6% of  
307 the respondents knew that human rabies can be transmitted through dog-bites. This was  
308 comparable to 73% of the respondents reported by [22] who knew that human rabies can be  
309 transmitted through biting by a rabid animal. Our findings showed that 85.4% of the respondents  
310 were aware of modes through which rabies can be transmitted between dogs and other animals.

311 The percentage exceeded 72.6% of interviewees reported by [30] who were aware that rabies  
312 can be contracted through bites, scratches and exposing open wounds to saliva. The 14.6% of our  
313 respondents who were misinformed or unaware of how animal rabies can be transmitted were  
314 lower than 84% who believed that exposing infected saliva to wounds or intact skin can result in  
315 rabies and 32% who thought that the disease can be transmitted through inhalation as it was  
316 reported by [31].

317 In this study, 99% could identify at least a clinical sign of canine rabies and aggressiveness,  
318 roaming aimlessly and salivation were the most known signs. A study conducted by [32] in  
319 Philippines found that 69% of the households were familiar with at least a symptom of canine  
320 rabies and that the three famous symptoms were salivation, weakness and change in behaviours.  
321 The 81.8% of our respondents who indicated that regularly vaccinating dogs would be the  
322 method of choice for protecting people from getting dog-mediated rabies was higher than 41.7%  
323 of the interviewees who knew that vaccination of dogs can help prevent them from getting rabies  
324 as it was reported in Ethiopia [33]. Regarding knowledge of rabies among the respondents, only  
325 43% and 26% knew that clinical human and canine rabies are almost always fatal, respectively.  
326 A previous study [29] found that 63% of the respondents who were aware that, once rabies  
327 manifests clinically, it is always deadly.

328 According to [34], rabies cannot successfully be treated, once it manifests clinically. This  
329 study showed that respondents without formal or with secondary education were more likely to  
330 have good knowledge of rabies than those who finished primary or tertiary education. Our  
331 findings disagreed with those of [35,36-37] who found that respondents' knowledge of rabies  
332 increased steadily from non-formal to tertiary education. The fact that all the respondents owned  
333 dogs and that the prime source of rabies information was neighbours could be an indication that

334 dog owners interacted to share knowledge of rabies regardless of their education level. We found  
335 that the odds of sufficient knowledge were 40 % lower among male compared to female dog  
336 owners. A study conducted by [37] found that sex did not influence knowledge of rabies among  
337 respondents. We found that the length of dog ownership was associated with knowledge of  
338 rabies among dog owners. A study conducted by [38] in Kenya revealed that owning a dog for a  
339 long time for the respondents could make them realise the benefits of vaccinating their dogs  
340 regularly. This study revealed that the three leading sources of rabies information for the  
341 respondents were neighbours, radio and television as well as public meetings accounting for  
342 76.8%. A study carried out by [23] comprising urban and pastoralist respondents in Ethiopia  
343 revealed that 92.1% of the urban interviewees received rabies information from families whereas  
344 a study by [39] found that 86.6% of the respondents sourced rabies information from neighbours.  
345 We found only 20.4% of respondents would use soap or both soap and water depending on  
346 availability to clean wounds caused by dog-bites. The 20.4% was lower than 43.07% of victims  
347 bitten by dogs who used soap and water to clean wounds before going to hospitals in India [40],  
348 it however exceeded 5% of interviewees who knew that dog-bite wounds should be cleaned  
349 before seeking medical care reported by [29].

350 According to [14], the emergency treatment of choice against rabies virus consists of  
351 washing and flushing human animal-bite wounds immediately with soapy water for around a  
352 quarter hour. We found that only 20.6% of the respondents vaccinated their puppies against  
353 rabies before the age of 3 months. According to [41], Majority of canine population across  
354 Africa consists of puppies younger than 3 months. Our results showed that the respondents who  
355 had owned dogs for more than 10 years were more likely to exhibit positive attitude towards

356 rabies than those who had kept dogs for fewer years. Respondents' practices of rabies were more  
357 likely to be influenced by sex, education level, and length of dog ownership.

## 358 **Conclusion**

359 This study identified gaps in the dog owners' rabies knowledge of transmission, treatment  
360 and control. In addition, none of respondents' sex, educational level, and dog ownership length  
361 was statistically associated with their rabies knowledge. Overall, this study indicated that all  
362 categories of dog owners in Kigali city did not have good levels of rabies knowledge.

363 Rabies interventions including awareness component in the studied population should be  
364 homogeneously improved.

## 365 **Acknowledgements**

366 The authors would like to thank the leaders of Kicukiro, Gasabo and Nyarugenge districts in  
367 Kigali City for allowing data collection. Sincere thanks to the dog owners for frank collaboration  
368 during the interviews.

## 369 **References**

- 370 1. World Health Organization. WHO Expert Consultation on rabies. Second report. Vol. 982.  
371 2013.
- 372 2. Crowcroft NS, Thampi N. The prevention and management of rabies. *BMJ*. 2015;  
373 350:g7827. doi: 10.1136/bmj.g7827
- 374 3. Hampson K, Coudeville L, Lembo T, Sambo M, Kieffer A, Atlan M, et al. Estimating the  
375 global burden of endemic canine rabies. *PLoS Negl Trop Dis*. 2015; 9(4):e0003709.  
376 doi:10.1371/journal.pntd.0003709
- 377 4. Preparedness & Response (one health in action). Rwanda Prioritizes Zoonotic Diseases,

- 378 2017. Accessed on 2017 Nov 18 from [http://preparednessandresponse.org/news/rwanda-](http://preparednessandresponse.org/news/rwanda-prioritizes-zoonotic-diseases)  
379 [prioritizes-zoonotic-diseases](http://preparednessandresponse.org/news/rwanda-prioritizes-zoonotic-diseases)
- 380 5. Global Alliance for Rabies Control. SARE Recap, 2017. Accessed on 2018 Jul 22 from  
381 [https://rabiesalliance.org/sites/default/files/resources/2017-06/SARE](https://rabiesalliance.org/sites/default/files/resources/2017-06/SARE_recap_presentation_0.pdf) recap  
382 [presentation\\_0.pdf](https://rabiesalliance.org/sites/default/files/resources/2017-06/SARE_recap_presentation_0.pdf)
- 383 6. Badrane H, Tordo N. Host Switching in Lyssavirus History from the Chiroptera to the  
384 Carnivora Orders. *J Virol.* 2001; 75(17):8096–104. doi: 10.1128/jvi.75.17.8096–8104.2001
- 385 7. Malerczyk C, Freuling C, Gniel D, Giesen A, Selhorst T, Müller T. Cross-neutralization of  
386 antibodies induced by vaccination with Purified Chick Embryo Cell Vaccine (PCECV)  
387 against different Lyssavirus species. *Hum Vaccines Immunother.* 2014; 10: 2799-2804.  
388 doi.org/10.4161/21645515.2014.972741
- 389 8. World Health Organisation. Rabies key facts; 2018. Accessed on 2018 Jul 23 from  
390 <http://www.who.int/news-room/fact-sheets/detail/rabies>
- 391 9. Knobel DL, Cleaveland S, Coleman PG, Fèvre EM, Meltzer MI, Miranda ME, et al. Re-  
392 evaluating the burden of rabies in Africa and Asia. *Bull World Health Organ.* 2005; 83:360-  
393 8.
- 394 10. Quinn, P.J., Markey, B. K., Leonard, F. C., FitzPatrick, E.S., Fanning, S. and Hartigan P.  
395 *Veterinary Microbiology and Microbial Diseases.* second edi. Oxford, UK: Wiley-Blackwell;  
396 2011. 2498 p.
- 397 11. Hemachudha T, Laothamatas J, Rupprecht CE. Human rabies: A disease of complex  
398 neuropathogenetic mechanisms and diagnostic challenges. *Lancet Neurol.* 2002; 1(2):101–9
- 399 12. World Health Organization. Strategic framework for elimination of human rabies transmitted  
400 by dogs in the South-East Asia region. World health organization technical report series.

- 401 2012.
- 402 13. World Organisation for Animal Health. Rabies : General Disease Information Sheets, 2011.
- 403 Accessed on 2017 Jul 26 from
- 404 [www.oie.int/fileadmin/Home/eng/Media\\_Center/docs/pdf/.../RABIES-EN.pdf](http://www.oie.int/fileadmin/Home/eng/Media_Center/docs/pdf/.../RABIES-EN.pdf)
- 405 14. World Health Organization. Frequently Asked Questions on Rabies, 2013. Accessed on 2018
- 406 Jul 21 from [http://www.who.int/rabies/resources/SEA\\_CD\\_278\\_FAQs\\_Rabies.pdf](http://www.who.int/rabies/resources/SEA_CD_278_FAQs_Rabies.pdf)
- 407 15. Global Alliance for Rabies Control. The Stepwise Approach towards Rabies Elimination : A
- 408 Planning and Evaluation Tool, 2016. Accessed on 2018 Jul 22 from
- 409 [https://caninerabiesblueprint.org/IMG/pdf/sare\\_outline\\_2017\\_f.pdf](https://caninerabiesblueprint.org/IMG/pdf/sare_outline_2017_f.pdf)
- 410 16. Rwanda Biomedical Center. Press release : RBC Cautions Rwandans about dog bites and
- 411 Rabies, 2016. Accessed on 2017 Nov 28 from
- 412 [http://rbc.gov.rw/IMG/pdf/press\\_release\\_rabies\\_eng.pdf](http://rbc.gov.rw/IMG/pdf/press_release_rabies_eng.pdf)
- 413 17. World Organisation for Animal Health. 19th Conference of the OIE Regional Commission
- 414 for Africa Kigali, Rwanda, 14-18 February. Final report. [http://www.rr-](http://www.rr-africa.oie.int/docspdf/en/RC/19conf_Kigali2011RAPFIN.pdf)
- 415 [africa.oie.int/docspdf/en/RC/19conf\\_Kigali2011RAPFIN.pdf](http://www.rr-africa.oie.int/docspdf/en/RC/19conf_Kigali2011RAPFIN.pdf). 2011.
- 416 18. The New Times. Three thousand dogs culled in 2016, Rwanda, 2017. Accessed on 2017 Nov
- 417 25 from: <http://www.newtimes.co.rw/section/read/222517/>
- 418 19. Global Alliance for Rabies Control. First meeting of directors of rabies control programs in
- 419 East Africa : Rwanda country report, 2017. Accessed on 2017 Nov 18 from
- 420 [http://rabiesalliance.org/sites/default/files/resources/2017-06/Rwanda\\_Country\\_report.pdf](http://rabiesalliance.org/sites/default/files/resources/2017-06/Rwanda_Country_report.pdf)
- 421 20. Scott TP, Coetzer A, Fahrion AS, Nel LH. Addressing the Disconnect between the estimated,
- 422 reported, and true rabies Data: the Development of a regional African rabies Bulletin. *Front*
- 423 *Vet Sci.* 2017; 4:18. doi: 10.3389/fvets.2017.00018

- 424 21. Mascie-Taylor CG, Karim R, Karim E, Akhtar S, Ahmed T, Montanari RM. The cost-  
425 effectiveness of health education in improving knowledge and awareness about intestinal  
426 parasites in rural Bangladesh. *Econ Hum Biol.* 2003; 1(3):321-30.  
427 doi:10.1016/j.ehb.2003.08.001
- 428 22. Fenelon N, Dely P, Katz MA, Schaad ND, Dismer A, Moran D, Laraque F, Wallace RM.  
429 Knowledge, attitudes and practices regarding rabies risk in community members and  
430 healthcare professionals: Pétionville, Haiti, 2013. *Epidemiol Infect.* 2017; 145(8):1624-1634.  
431 doi:10.1017/S0950268816003125
- 432 23. Tschopp R, Bekele S, Aseffa A. Dog demography, animal bite management and rabies  
433 knowledge-attitude and practices in the Awash Basin, Eastern Ethiopia. *PLoS Negl Trop Dis.*  
434 2016; 10 (2):e0004471. doi:10.1371/journal.pntd.0004471
- 435 24. National Institute of Statistics of Rwanda. Statistical Yearbook 2014. Republic of Rwanda.  
436 2014.
- 437 25. Ntampaka P. *Assessment of the effectiveness of anti-rabies vaccination of dogs in Kigali city,*  
438 *Rwanda.* MSc dissertation, University of Nairobi; 2018.
- 439 26. Niragire F, Nshimiyiryo A. Determinants of increasing duration of first unemployment among  
440 first degree holders in Rwanda: a logistic regression analysis. *J Educ Work.* 2017;  
441 30(3):235-48. doi: 10.1080/13639080.2016.1165343
- 442 27. Peng CY, Lee KL, Ingersoll GM. An introduction to logistic regression analysis and  
443 reporting. *J Educ Res.* 2002; 96(1):3-14. doi.org/10.1080/00220670209598786
- 444 28. Stoltzfus JC. Logistic regression: a brief primer. *Acad Emerg Med.* 2011; 18(10):1099-104.  
445 doi: 10.1111/j.1553-2712.2011.01185.x

- 446 29. Sambo M, Lembo T, Cleaveland S, Ferguson HM, Sikana L, Simon C, Urassa H, Hampson  
447 K. Knowledge, attitudes and practices (KAP) about rabies prevention and control: a  
448 community survey in Tanzania. *PLoS Negl Trop Dis.* 2014; 8(12):e3310.  
449 [doi.org/10.1371/journal.pntd.0003310](https://doi.org/10.1371/journal.pntd.0003310)
- 450 30. Yalembrat N, Bekele T, Melaku M. Assessment of public knowledge, attitude and practices  
451 towards rabies in Debark Woreda, North Gondar, Ethiopia. *J Vet Med Anim Heal.* 2016; 8  
452 (11):183-192. [doi.org/10.5897/jvmah2016.0504](https://doi.org/10.5897/jvmah2016.0504)
- 453 31. Jemberu WT, Molla W, Almaw G, Alemu S. Incidence of rabies in humans and domestic  
454 animals and people's awareness in North Gondar Zone, Ethiopia. *PLoS Negl Trop Dis.* 2013;  
455 7(5):e2216. [doi.org/10.1371/journal.pntd.0002216](https://doi.org/10.1371/journal.pntd.0002216)
- 456 32. Davlin SL, Lapid SM, Miranda ME, Murray KO. Knowledge, attitudes, and practices  
457 regarding rabies in Filipinos following implementation of the Bohol Rabies Prevention and  
458 Elimination Programme. *Epidemiol Infect.* 2014; 142 (7):1476-85. [doi.org /](https://doi.org/10.1017/S0950268813002513)  
459 [10.1017/S0950268813002513](https://doi.org/10.1017/S0950268813002513).
- 460 33. Kabeta T, Deresa B, Tigre W, Ward MP, Mor SM. Knowledge, attitudes and practices of  
461 animal bite victims attending an anti-rabies health centre in Jimma Town, Ethiopia. *PLoS*  
462 *Negl Trop Dis.* 2015; 9(6):e0003867. [doi.org/10.1371/journal.pntd.0003867](https://doi.org/10.1371/journal.pntd.0003867)
- 463 34. Rupprecht C, Kuzmin I, Meslin F. Lyssaviruses and rabies: current conundrums, concerns,  
464 contradictions and controversies. *F1000Research.* 2017; 6. [doi.org /](https://doi.org/10.12688/f1000research.10416.1)  
465 [10.12688/f1000research.10416.1](https://doi.org/10.12688/f1000research.10416.1)
- 466 35. Sambo MB. *Epidemiological dynamics of rabies in Tanzania and its impacts on local*  
467 *communities* (Doctoral dissertation, University of Glasgow); 2012.



- 468 36. Ameh VO, Dzikwi AA, Umoh JU. Assessment of knowledge, attitude and practice of dog  
469 owners to canine rabies in Wukari Metropolis, Taraba State Nigeria. *Glob J Health Sci.*2014;  
470 6(5):226. doi.org/10.5539/gjhs.v6n5p226
- 471 37. da Costa LJ, Fernandes ME. Rabies: knowledge and practices regarding rabies in rural  
472 communities of the Brazilian Amazon Basin. . *PLoS Negl Trop Dis.* 2016 ; 10 (2) :e0004474.  
473 doi.org/10.1371/journal.pntd.0004474
- 474 38. Mucheru GM, Kikvi GM, Amwayi SA. Knowledge and practices towards rabies and  
475 determinants of dog rabies vaccination in households: a cross sectional study in an area with  
476 high dog bite incidents in Kakamega County, Kenya, 2013. *Pan Afr Med J.* 2014; 19: 255.  
477 doi.org/10.11604/pamj.2014.19.255.4745
- 478 39. Guadu T, Shite A, Chanie M, Bogale B, Fentahun T. Assessment of knowledge, attitude and  
479 practices about rabies and associated factors: in the case of Bahir Dar town. *Glob Vet.* 2014;  
480 13 (3):348-354. doi.org /10.5829/idosi.gv.2014.13.03.8579
- 481 40. Dhiman AK, Thakur A, Mazta SR. Treatment seeking behaviour of the dog bites patients in  
482 Himachal Pradesh, India: a qualitative study. *Int J Community Med Public Heal.* 2017; 3  
483 (8):2064-2069. dx.doi.org/10.18203/2394-6040.ijcmph20162547
- 484 41. Jibat T, Hogeveen H, Mourits MC. Review on dog rabies vaccination coverage in Africa: A  
485 question of dog accessibility or cost recovery? *PLoS Negl Trop Dis.* 2015; 9 (2):e0003447.  
486 doi.org/10.1371/journal.pntd.0003447

#### 487 **Supporting information**

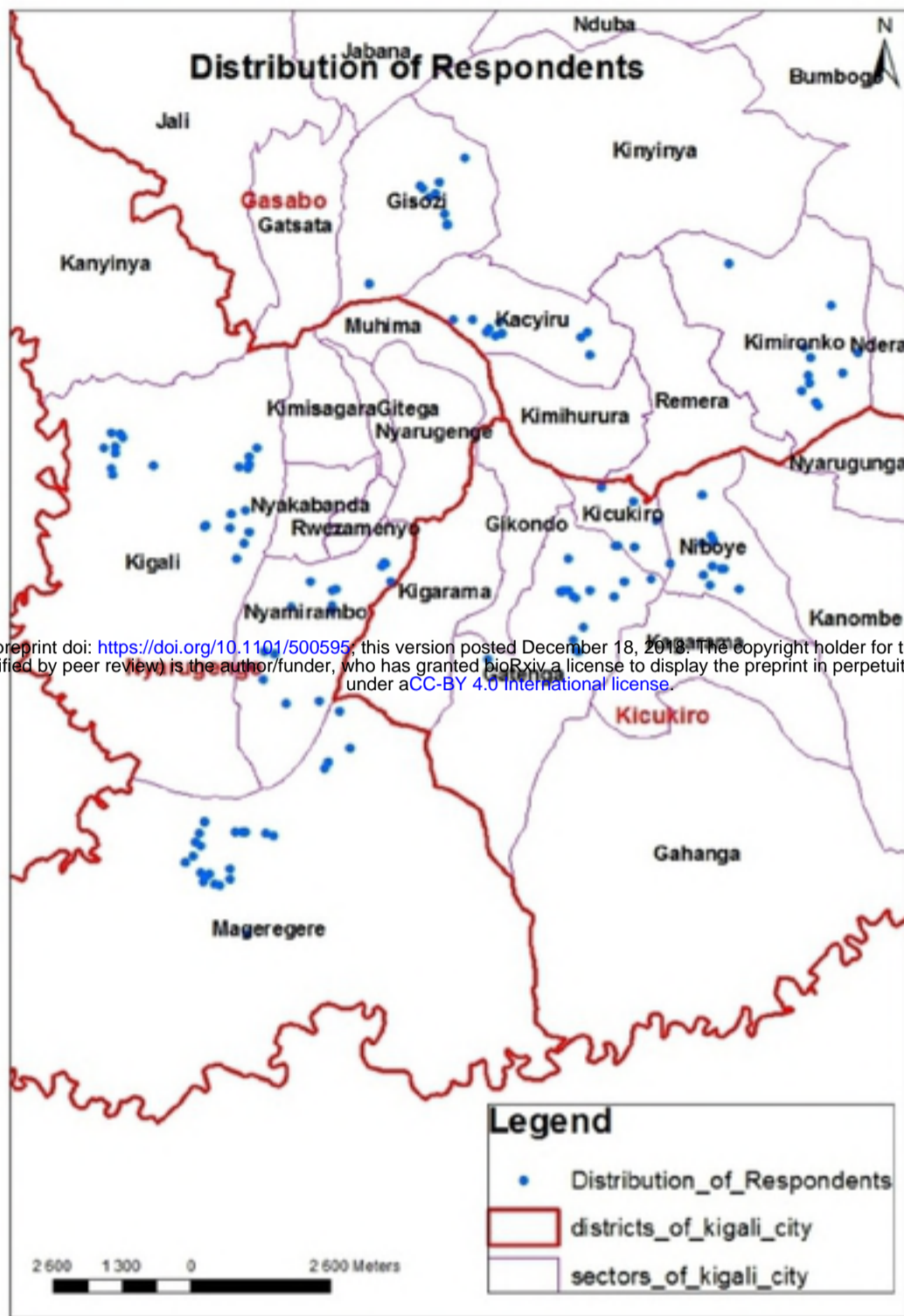
488 **S1 Fig. This is the S1 Fig Title. Distribution of the respondents across the nine study sectors**

489 **S2 Fig. This is the S2 Fig Title. Reported routes for rabies virus transmission to humans**

490 **S1 File. This is the S1 File Title. Certificate of consent for respondents**

491 **S2 File. This is the S2 File Title. The survey questionnaire**

“Fig1.tif”



bioRxiv preprint doi: <https://doi.org/10.1101/500595>; this version posted December 18, 2018. The copyright holder for this preprint (which was not certified by peer review) is the author/funder, who has granted bioRxiv a license to display the preprint in perpetuity. It is made available under aCC-BY 4.0 International license.

Figure 1

“Fig2.tif”

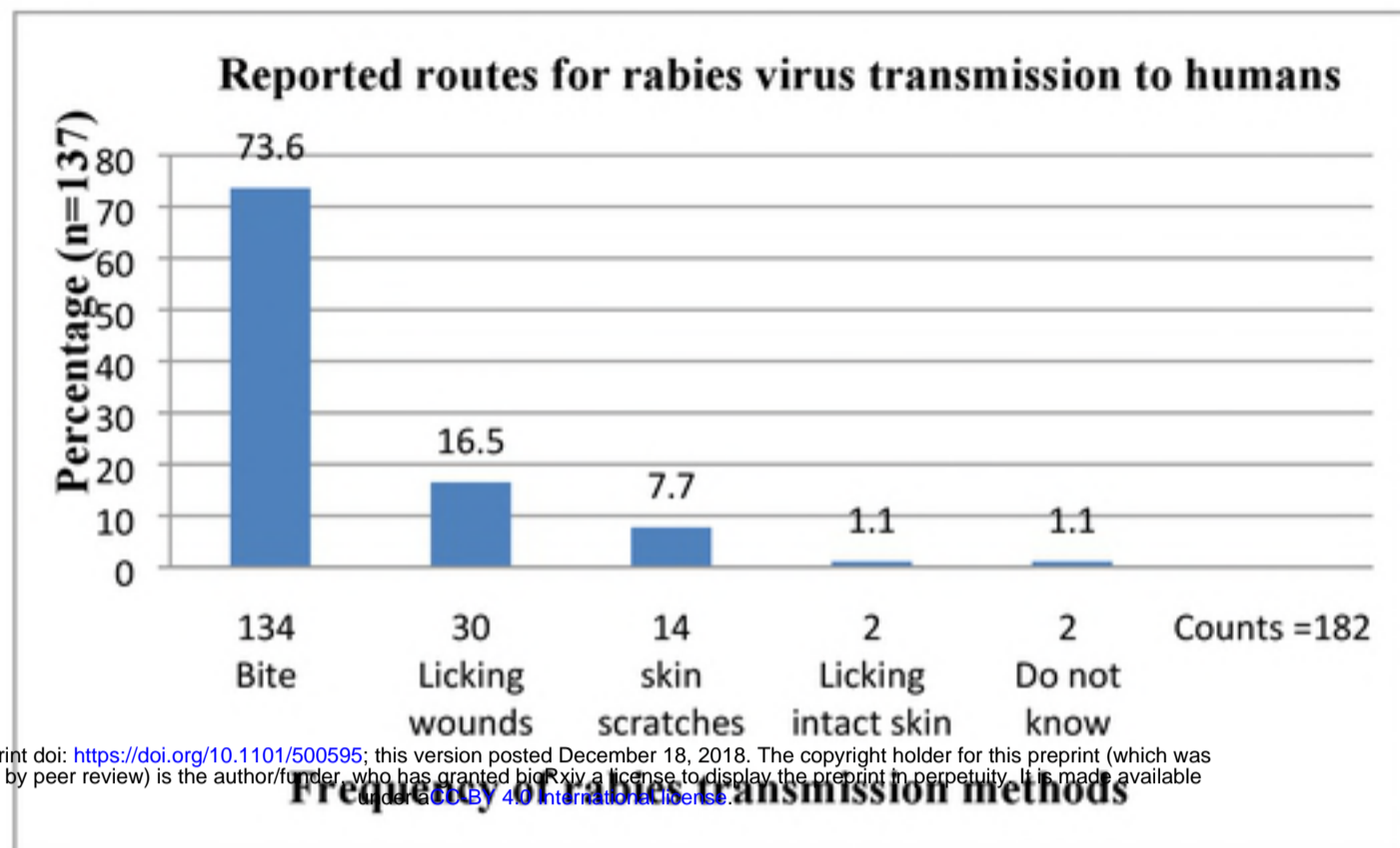


Figure 2