

1 **RESEARCH ARTICLE**

2 **Effect of high-salt diet on mean arterial pressure, renal epithelial**  
3 **sodium channels and aquaporin subunits expression levels in**  
4 **Spontaneously Hypertensive Rats**

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## 26 **Abstract**

27           An increase in blood pressure (BP) by a high-salt (HS) diet may involve the  
28 changes in the expression of epithelium sodium channels (ENaCs) and aquaporins  
29 (AQPs) in the kidney which affect the sodium- and water-handling mechanisms. In the  
30 present study, spontaneously hypertensive rats (SHRs) and Wistar Kyoto (WKY) rats  
31 were exposed to HS and regular-salt (RS) diets for 6 weeks and fluid intake was  
32 monitored. After 6 weeks, mean arterial pressure (MAP) and plasma hormonal activity  
33 of atrial natriuretic peptide (ANP), levels of angiotensin II (Ang II), aldosterone and  
34 arginine vasopressin (AVP) were determined. The expression of mRNA and protein  
35 levels of ENaC and AQP subunits in kidneys were quantified by real-time PCR and  
36 Western blotting. High-salt diet caused higher MAP only in SHRs and higher fluid  
37 intake in both strains of rats when compared with their respective controls on RS diet.  
38 The plasma levels of Ang II and aldosterone were low in both SHRs and WKY rats fed  
39 with HS diet. Meanwhile, plasma ANP activity was high in both strains of rats on HS  
40 diet; whilst the AVP showed vice versa effects. The renal expression of mRNA and  
41 protein levels of  $\alpha$ - and  $\gamma$ -ENaCs was lowered by HS diet in both SHRs and WKY rats.  
42 Although  $\beta$ -ENaC mRNA and protein expression levels were depressed in SHRs but  
43 they were enhanced in WKY rats. On the other hand, AQP-1, 2 and 7 mRNA and  
44 protein expression levels were lowered in both strains of rats fed with HS diet, while  
45 that of AQP-3, 4 and 6 showed no significant changes. The suppression of mRNA and  
46 protein expression levels of ENaC and AQP subunits suggests that the HS-induced  
47 increase in the MAP of SHRs may not be due to the renal sodium and water retention  
48 solely.

49

## 50 **Introduction**

51 Dietary salt (i.e. sodium chloride, NaCl) intake is the most remarkably modifiable  
52 environmental risk factor that attracts many studies on hypertension (HPN). It has been  
53 acknowledged as an important contributing factor of the aetiology and progression of  
54 HPN [1]. Despite the abundant experimental, interventional and epidemiological  
55 observations demonstrating an association between dietary salt and HPN, scepticism  
56 remains as to how high salt (HS) intake can be mechanistically linked to the increase in  
57 blood pressure (BP). Knowing the heterogeneity of HPN, it is likely to involve the  
58 intricate integration of multiple regulatory systems and the kidneys have long been  
59 implicated to play a central role in regulating BP. Defects in the kidneys sodium- and  
60 water-handling mechanisms have been mooted as one of the primary causes of HPN in  
61 HS intake [2].

62 The kidneys have the capacity to return altered BP to baseline level by  
63 increasing or decreasing sodium and water excretion in response to elevated or reduced  
64 BP [3]. This is accomplished in the kidney by the presence of renal membrane-bound  
65 protein i.e. epithelial sodium channel (ENaC) that fine-tune sodium reabsorption [4]  
66 and aquaporins (AQPs) that facilitate the transport of water and in some cases, other  
67 small uncharged solutes [5, 6].

68 Epithelial sodium channels (ENaCs) are composed of three homologous  
69 subunits i.e. the  $\alpha$ ,  $\beta$  and  $\gamma$  [7]. The  $\alpha$  subunit is absolutely required for channel activity  
70 in that it is critical for the formation of ion the permeating pore, whereas  $\beta$  and  $\gamma$   
71 subunits are necessary for maximal channel expression and activity at the cell surface  
72 and may also play a regulatory role [8]. Nevertheless, all the three subunits have  
73 significant effects on multimeric ENaC protein sodium transport capacity. The ENaC  
74 subunits are regulated by a variety of hormones especially aldosterone [9-11]. The

75 aldosterone acts through mineralocorticoid receptor which in turn regulates ENaCs  
76 transcription [12, 13]. Beside aldosterone, arginine vasopressin (AVP), the major  
77 antidiuretic hormone (ADH), also acts as an antinatriuretic hormone that increases  
78 sodium reabsorption [14-16]. Apart from these two hormones, angiotensin II [17-19]  
79 has also been implicated with sodium transport. In addition, atrial natriuretic peptide  
80 (ANP) has been reported to be an inhibitor of ENaC [20]. Malfunctions of ENaC  
81 subunits affect their responses to dietary salt and thus, disturb sodium homeostasis. The  
82 functional role of ENaC in the development of salt-sensitive HPN (SSH) have been  
83 widely studied and a variety of responses have been reported [21-24]. Thus,  
84 investigation on ENaC and its role in sodium handling in response to HS diet intake are  
85 continually expanding.

86         Apart from sodium balance, the kidneys are also essential to maintain body  
87 water balance which also affects BP; and this is accomplished by the presence of  
88 aquaporins (AQP). Aquaporin (AQP) is a specialised transporter that allows cells to  
89 absorb a large amount of water needed to control the volume of both extra- and  
90 intracellular fluid. It was first discovered by Peter Agre in 1992 [25] and to date, 13  
91 types of AQP subunits (AQP0 to AQP12) have been identified in mammals. The AQPs  
92 are found in different forms in the kidney i.e. AQP1, AQP2, AQP3, AQP4, AQP6 and  
93 AQP7 [26-29]. Renal AQPs are necessary for osmotic equilibration [30] and numerous  
94 studies been documented of the association between increased AQPs levels and  
95 pathogenesis of HPN [31, 32]. A physiologically relevant role in water reabsorption has  
96 been demonstrated for AQP1 to AQP4. Majority of the water absorption in the kidney  
97 occurs via AQP1, localised in the proximal tubule; and AQP2, expressed in the apical  
98 membrane of collecting duct [30, 33-35]. Similar to ENaCs, the expressions of AQPs  
99 in the kidneys were also found to be influenced by hormones.

100 In all the reported studies, inappropriate sodium and water retention by ENaC  
101 and AQP subunits have been shown to be involved in the pathogenesis of HPN. Most  
102 of the studies on the effect of HS were performed in Dahl salt-sensitive and salt-  
103 resistance rats as well as SD rats. But studies on the ENaCs and AQPs dysregulations  
104 in SHRs, the rat model that shares similar pathophysiology with essential HPN in  
105 human population, as a consequence of HS diet were far from complete. Therefore, in  
106 the present study, we used SHRs to investigate the expression level of both ENaC and  
107 AQP subunits as a result of HS intake. We hypothesised that chronic HS diet intake  
108 affects expressions of ENaC and AQP subunits in the kidney which lead to sodium and  
109 water retention, respectively, and the subsequent increase in BP.

110

## 111 **Materials and Methods**

### 112 **Ethical approval**

113 The study was carried out in the Department of Physiology and Medical Biotechnology  
114 Laboratory of the Faculty of Medicine, University of Malaya. All the experimental  
115 protocols involving animals and housing thereof were reviewed and approved by the  
116 Institutional Animal Care and Use Committee (IACUC) of the University of Malaya  
117 (Reference: 2014-01-07/Physio/R/HSZ) which maintains a full Association for  
118 Assessment and Accreditation of Laboratory Animal Care (AAALAC) accreditation.

119

### 120 **Experimental design and diet treatment**

121 Male WKY rats and SHRs used in this study were bred at the University of Malaya  
122 Animal Experimental Unit from stock obtained from BioLASCO (Taiwan). After being  
123 weaned at 5 weeks of age, rats were housed in groups of 4 to 5 under controlled

124 laboratory conditions (temperature  $23 \pm 5^{\circ}\text{C}$ , 12:12 hour light/dark cycle and humidity  
125 50% to 60%) with food and water provided *ad libitum* for at least 1 week prior to the  
126 onset of experimentation. Six-week-old WKY rats and SHRs were randomly assigned  
127 to receive food with either a regular salt (RS) content (0.2% w/v NaCl) or a high-salt  
128 (HS) content (4% w/v NaCl; Harlan Teklad, Germany) with free access of water. The  
129 potassium content in both diets was 0.6% (w/v). Four groups were thus studied:

130 Group 1: WKY receiving RS (WRS)

131 Group 2: WKY receiving HS (WHS)

132 Group 3: SHR receiving RS (SRS)

133 Group 4: SHR receiving HS (SHS)

134 The treatment period continued for 6 weeks. The water was added and replaced on  
135 alternate days.

136

### 137 **Measurement of mean arterial pressure (MAP) and fluid intake**

138 Eight rats at the age of 12 weeks from each group were anesthetized with sodium  
139 pentobarbital (60mg/ kg; i.p.). The reflexes of the rat were checked, and it was placed  
140 on the rodent surgical table. A small incision (1.5 to 2 cm) was made in the neck for  
141 tracheostomy and carotid artery cannulation. The carotid artery was cannulated with a  
142 cannula pre-filled with heparinized normal saline (5IU/ ml) which was connected to a  
143 pressure transducer (MLT0380, ADInstrument). The transducer output was amplified  
144 as well as recorded continuously by Powerlab Data Acquisition System (ADInstrument,  
145 Sydney, Australia). The whole setup was allowed to stabilize for 30 to 45 minutes with  
146 the baseline recording carried out for 10 to 15 minutes. On the BP tracing, the up and  
147 down stroke waves represent the systolic and diastolic blood pressures, respectively.  
148 The mean arterial pressure (MAP) was also determined by using the formula of MAP

149 = 1/3 (Systolic BP-Diastolic BP) + Diastolic BP. On the other hand, weekly intake of  
150 drinking fluids was estimated throughout the experimental period. The fluid intake was  
151 measured by subtracting the measured amounts provided to the remaining amounts in  
152 the cage.

153

## 154 **Plasma analysis**

155 The plasma was obtained from blood samples collected from trunk blood in a chilled,  
156 peptidase inhibitor (for ANP) and heparinised (for Ang II, aldosterone and AVP) coated  
157 vacutainers by centrifugation at 3,000 rpm, 4°C for 20 minutes. Plasma ANP activity  
158 was quantified using radioimmunoassay (RIA) procedure as previously described by  
159 Gutkowska et al [36]. Data was expressed as pg/ml and the sensitivities of RIA and  
160 intra- as well as interassay coefficients of variation for ANP was 0.7pg/ml, 4.8% and  
161 10%, respectively. Meanwhile, plasma Ang II (catalogue number: E-EL-R1430),  
162 aldosterone (catalogue number: ADI-900-173) and AVP (catalogue number: ADI-900-  
163 017A) levels were quantified by using a competitive enzyme-linked immunosorbent  
164 assay (ELISA) kits (Elabscience, China and Enzo Life Sciences, USA). All assays were  
165 performed according to the manufacturers' guidelines with the lowest assay sensitivity  
166 limit of approximately 3.9pg/ml. Absorbance values were read at 405nm for  
167 aldosterone and 450nm for Ang II and AVP, using a microplate reader (Infinite M1000  
168 Pro, Tecan, Switzerland).

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## 174 **Tissue collection**

175 At the end of the diet treatment i.e. at week 12, rats were euthanised (between the hours  
176 of 0800 to 1100) by a blow to the head, whole kidneys were harvested and snap frozen  
177 in dry ice. All tissues collected were stored at -80°C until further use.

178

## 179 **mRNA extraction, cDNA synthesis and quantitative reverse** 180 **transcription polymerase chain reaction (qRT-PCR)**

181 Kidneys weighing around 60mg were disrupted using rotor-stator homogeniser  
182 (Heidolph DIAX 600, Ballerup, Denmark) in Qiazol lysis buffer. Phase separation was  
183 initiated by adding chloroform (EMPARTA MERCK, Mumbai) and centrifuged at  
184 12,000g for 15 minutes at 4°C. One volume of 70% (v/v) ethanol was added to upper  
185 aqueous phase and applied to RNeasy mini columns (Qiagen RNeasy Mini kit, Qiagen)  
186 and the remaining purification steps were carried according to manufacturer's  
187 guidelines. Total RNA was quantified using Nanodrop (Thermo Scientific NanoDrop  
188 2000). A total 500ng of RNA was reverse transcribed into cDNA by using Bio-Rad  
189 iScript Reverse Transcription Supermix for RT-qPCR (Biorad, Hercules, CA, USA)  
190 according to manufacturer's instruction. The steady-state of ENaCs and AQP's  
191 expression level in kidney's mRNA was measured using RT-qPCR. All primers for  $\alpha$ -  
192 ENaC encoded by *Scnn1a* (5'-CCTAAGCCCAAGGGAGTTGA-3' and 5'-  
193 ACACTACAAGGCTTCCGACA-3'),  $\beta$ -ENaC encoded by *Scnn1b* (5'-  
194 TGGACATTGGTCAGGAGGAC-3' and 5'-AGCAGCACCCCAATAGAAGT-3'),  $\gamma$ -  
195 ENaC encoded by *Scnn1g* (5'-TGAGGCTTCCGAGAAATGGT-3' and 5'-  
196 AATACTGTTGGCTGGGCTCT-3'), *AQP1* (5'-ACCCACTGGAGAGAAACCAG-3'  
197 and 5'-AGAGTAGCGATGCTCAGACC-3'), *AQP2* (5'-  
198 AACTACCTGCTGTTCCCCTC-3' and 5'-ACTTCACGTTCCCTCCAGTC-3'), *AQP3*



199 (5'-GAACCCTGCTGTGACCTTTG-3' and 5'-AGTGTGTAGATGGGCAGCTT-3'),  
200 *AQP4* (5'-ACACGAAAGATCAGCATCGC-3' and 5'-  
201 TGACCAGGTAGAGGATCCCA-3'), *AQP6* (5'-GGATCTTCTGGGTAGGACCG-3'  
202 and 5'-ACGGTCTTGGTGTGTCAGGAAA-3'), *AQP7* (5'-  
203 TATCTTCGCCATCACGGACA-3' and 5'-CCCAAGAACGCAAACAAGGA-3') and  
204 *Gapdh* (5'-GCTACACTGAGGACCAGGTT-3' and 5'-  
205 TCATTGAGAGCAATGCCAGC-3') were designed from NCBI official website  
206 (<http://www.ncbi.nlm.nih.gov>). All primers for target and endogenous control genes  
207 were obtained from Integrated DNA Technologies. The qRT-PCR reactions were  
208 carried out in triplicate in 96-well plates and each PCR sample consisted of 6µl 2X  
209 SYBR green master mix buffer (Roche), 0.024µl of forward and reverse primers  
210 25nmole and 3.953µl of RNase-free water. The reactions were performed using the  
211 Applied Biosystems StepOnePlus Real-Time PCR System and fold change (FC) was  
212 assessed by establishing a delta-delta cycle threshold (Ct) between *Gapdh*, the  
213 calibrator gene and target genes. The average Ct values of target and calibrator genes  
214 obtained from qRT-PCR instrumentation were imported into a Microsoft Excel  
215 spreadsheet and the  $\Delta\Delta Ct$  was calculated using the equation  $Ct_{Target} - Ct_{Gapdh}$  as  
216 described by Livak *et al.* [37].

217

## 218 **Protein extraction, quantification and immunoblotting**

219 Frozen kidneys tissue weighing approximately 80mg was cut into small pieces which  
220 were then submerged in 800ml radioimmunoprecipitation assay (RIPA) buffer solution  
221 (BioVision, Country) containing protease and phosphatase inhibitors at a ratio of 1:10.  
222 The mixture was homogenised for 30 seconds using rotor-stator homogeniser  
223 (Heidolph DIAX 600, Ballerup, Denmark). The total protein of the kidneys was

224 extracted by centrifugation at 14,000g for 15 minutes at 4°C and protein concentration  
225 was determined using micro bicinchoninic acid (BCA) protein assay kit (Thermo  
226 Scientific, Rockford, Il, USA) according to manufacturer's guidelines. An equal  
227 amount of protein was separated with 8% (v/v) and 12% (v/v) sodium dodecyl sulphate  
228 polyacrylamide gel electrophoresis (SDS-PAGE) for ENaC subunits and AQPs,  
229 respectively and transferred onto polyvinylidene fluoride (PVDF) membrane (BioRad,  
230 USA). Upon blocking the membrane with 2% (w/v) Amersham ECL Prime Blocking  
231 Reagent (GE Healthcare) for an hour at room temperature, the membranes were then  
232 probed with primary antibodies (AB3530P, SC25354, AB3534P for  $\alpha$ -,  $\beta$ - and  $\gamma$ -  
233 ENaCs, respectively; AB3272, AB3066, AB3276, AB3594, AB3073 and AB15568 for  
234 AQP1, 2, 3, 4, 6 and 7, respectively and ABS16 for Gapdh) diluted in 0.1% (v/v)  
235 Tween20/PBS (PBST) at 4°C overnight. This followed with incubation in appropriate  
236 secondary antibodies conjugated with horseradish peroxidase (HRP) (Abcam, USA) for  
237 an hour at room temperature. The blots were then developed using Super Signal West  
238 Pico Chemiluminescent Substrate (Thermo Scientific, Rockford, Il, USA) and signals  
239 were captured by using high sensitive CCD camera-based imager (BioSpectrum  
240 Imaging System). The band intensity of each target was analysed using Image J  
241 software and protein expression level was expressed as a ratio to Gapdh (loading  
242 control). All experiments were carried out in triplicate and average band intensities  
243 were then determined.

244

## 245 **Statistical analysis**

246 Statistical analysis was performed using GraphPad Prism (GraphPad  
247 Software, La Jolla, CA, USA). All data are expressed as the mean  $\pm$  standard error of  
248 means (SEM) of 4 to 8 rats. Comparisons between groups (SHS vs SRS, and WHS vs

249 WRS) were performed by independent unpaired Student's *t*-test. The differences were  
250 considered statistically significant at *p* values <0.05.

251

## 252 **Results**

### 253 **Effect of high-salt (HS) diet on mean arterial pressure (MAP) and fluid** 254 **intake**

255 As shown in Fig 1, SHR rats consuming HS diet (SHS) developed a significantly (*p*<0.001)  
256 higher MAP ( $188.44 \pm 4.66$  mmHg) as compared with SHR rats consuming RS diet (SRS)  
257 which displayed a MAP of  $163.20 \pm 4.72$  mmHg. The MAP of WKY rats, on the other  
258 hand, did not show any significant difference between HS and RS groups.

259

#### 260 **Fig 1: Effect of HS diet on mean arterial pressure (MAP) in SHR and WKY rats.**

261 Data was presented as mean  $\pm$  SEM; *n* = 8 rats. The \*\**p*<0.01 SHS compared with  
262 SRS using Student's *t*-test. Abbreviation: WRS: WKY rats fed with RS; WHS: WKY  
263 rats fed with HS; SRS: SHR rats fed with RS; SHS: SHR rats fed with HS.

264

265 Fig 2 shows higher fluid intake by both SHS and WHS when compared with  
266 their relevant control groups, SRS and WRS, respectively. The water intake in SHS was  
267  $279.06 \pm 39.22$  ml equated with SRS that drank  $138.21 \pm 6.17$  ml (*p*<0.01). Meanwhile,  
268 WHS consumed about  $296.44 \pm 24.70$  ml when compared with  $149.23 \pm 18.41$  ml by  
269 WRS (*p*<0.001).

270

#### 271 **Fig 2: Effect of HS diet on fluid intake in SHR and WKY rats.** Data was presented

272 as mean  $\pm$  SEM; *n* = 8 rats. The \*\**p*<0.01 SHS compared with SRS; &&&*p*<0.001 WHS

273 compared with WRS using Student's *t*-test. Abbreviation: WRS: WKY rats fed with  
274 RS; WHS: WKY rats fed with HS; SRS: SHRs fed with RS; SHS: SHRs fed with HS.  
275

## 276 **Plasma analysis**

277 The plasma ANP activity of SHS, on the other hand, was significantly  
278 augmented compared to SRS ( $p < 0.01$ ). The plasma ANP activity in SHS was  $80.73 \pm$   
279  $10.14 \text{ pg/ml}$  whilst  $46.39 \pm 7.06 \text{ pg/ml}$  in SRS, an increase of nearly 50% of the activity  
280 level. In addition, WHS ( $41.53 \pm 5.81 \text{ pg/ml}$ ) also showed a significant higher plasma  
281 ANP activity relative to WRS ( $p < 0.001$ ) with a great fold change (Fig 3A).

282 Meanwhile, as shown in Fig 3B, the plasma Ang II level in SHRs and WKY  
283 rats fed with HS diet (SHS and WHS) were lower when compared with SHRs and WKY  
284 rats on RS diet (SRS and WRS), respectively. As expected, both SHRs and WKY rats  
285 fed with the HS diet showed lower plasma aldosterone level when compared with their  
286 respective control groups. The plasma aldosterone level of SHS was  $7.00 \pm 1.92 \text{ pg/ml}$   
287 when compared with SRS with  $14.55 \pm 2.25 \text{ pg/ml}$  ( $p < 0.05$ ); whilst in WHS the plasma  
288 aldosterone level was  $5.27 \pm 1.16 \text{ pg/ml}$  when compared with  $10.80 \pm 3.27 \text{ pg/ml}$  in  
289 WRS ( $p < 0.05$ ) (Fig 3C).

290 As shown in Fig 3D, the plasma AVP of SHS was only slightly higher compared  
291 with SRS whilst it was lower in WHS to WRS. However, the results were not  
292 significant.

293

294 **Fig 3: Effect of HS diet on plasma (A) atrial natriuretic peptide (ANP) activity, (B)**  
295 **angiotensin II, (C) aldosterone and (D) AVP levels in SHRs and WKY rats.** Data  
296 presented as mean  $\pm$  SEM;  $n = 6$  rats. The \* $p < 0.05$  SHS compared with SRS, & $p < 0.05$   
297 and &&& $p < 0.001$  WHS compared with WRS using Student's *t*-test. Abbreviations:

298 WRS: WKY rats fed with RS; WHS: WKY rats fed with HS; SRS: SHRs fed with RS;  
299 SHS: SHRs fed with HS

300

301 **Effect of HS diet on mRNA expression levels of ENaC subunits in the**  
302 **kidney**

303 The HS diet was found to be able to lower the mRNA expression levels of *Scnn1a* gene  
304 encoding  $\alpha$ -ENaC in the kidneys of both SHRs and WKY rats when compared between  
305 their counterparts i.e. SHS vs SRS and WHS vs WRS ( $p < 0.01$ ), respectively, as  
306 evidenced in Fig 4A. Meanwhile, *Scnn1g*, gene encoding  $\gamma$ -ENaC, was found to be  
307 significantly ( $p < 0.01$ ) lower in WHS when compared with WRS. The expression of  $\gamma$ -  
308 ENaC was also downregulated in SHS when compared with SRS; however, the result  
309 was not significant (Fig 4C). On the other hand, the mRNA expression level of  $\beta$ -ENaC  
310 was found to be also lower in SHS when compared with SRS; however, the results were  
311 not significant. Meanwhile, there was no significant change in the expression of  $\beta$ -  
312 ENaC in WHS when compared with WRS (Fig 4B).

313

314 **Fig 4: Relative mRNA expression levels of (A) *Scnn1a* encoding  $\alpha$ -ENaC, (B)**  
315 ***Scnn1b* encoding  $\beta$ -ENaC and (C) *Scnn1g* encoding  $\gamma$ -ENaC in the kidneys under**  
316 **the influence of HS diet.** Data are presented as mean  $\pm$  SEM;  $n = 4$  rats. The  $*p < 0.05$   
317 SHS compared with SRS and  $^{\&}p < 0.05$  WHS compared with WRS using Student's *t*-  
318 test. Abbreviations: WRS: WKY rats fed with RS; WHS: WKY rats fed with HS; SRS:  
319 SHRs fed with RS; SHS: SHRs fed with HS.

320

321

322

### 323 **Effect of HS diet on mRNA expression levels of AQP in the kidney**

324 The expression levels of *AQP1* (Fig 5A) and *AQP7* (Fig 5F) were markedly lower with  
325  $p < 0.05$  and  $p < 0.01$ , respectively in WKY rats being fed with HS diet when compared  
326 with WKY rats on RS diet. Meanwhile, the SHRs did not show significant expression  
327 change of parallel comparison. Meanwhile, the level of *AQP2* was also found to be  
328 significantly lower in SHS when compared with SRS ( $p < 0.05$ ) (Fig 5B). However, no  
329 significant differences in the expression level of other AQPs, i.e. *AQP3*, *AQP4* and  
330 *AQP6* between different groups of animals were observed (Fig 5C, D, and E).

331

### 332 **Fig 5: Relative mRNA expression levels of (A) *AQP1*, (B) *AQP2*, (C) *AQP3*, (D)**

333 ***AQP4*, (E) *AQP6* and (F) *AQP7* in the kidneys under the influence of HS diet.** Data

334 are presented as mean  $\pm$  SEM;  $n = 4$  rats. The  $*p < 0.05$  SHS compared with SRS,

335  $\&p < 0.05$  and  $\&\&p < 0.01$  WHS compared with WRS using Student's *t*-test.

336 Abbreviations: WRS: WKY rats fed with RS; WHS: WKY rats fed with HS; SRS:

337 SHRs fed with RS; SHS: SHRs fed with HS.

338

### 339 **Effect of HS diet on protein expression levels of ENaC subunits in the**

### 340 **kidney**

341 results in Fig 6 shows that HS diet depressed the protein expression level of  $\alpha$ -,  $\beta$ - and

342  $\gamma$ -ENaC in SHRs. However, significant ( $p < 0.05$ ) depression was only observed in the

343  $\gamma$ -ENaC (Fig 6C). In the WKY rats, on the other hand, HS diet caused suppressions  $\alpha$ -

344 and  $\gamma$ -ENaCs expression but enhancement of  $\beta$ -ENaC expression. However, all the

345 expressed changes in WKY rats were not significant.

346

347 **Fig 6: Protein expression levels of (A)  $\alpha$ -ENaC, (B)  $\beta$ -ENaC and (C)  $\gamma$ -ENaC in the**  
348 **kidneys under the influence of HS diet.** Data are presented as mean  $\pm$  SEM; n = 4  
349 rats. The \*p<0.05 SHS compared with SRS using Student's *t*-test. Abbreviations:  
350 WRS: WKY rats fed with RS; WHS: WKY rats fed with HS; SRS: SHRs fed with RS;  
351 SHS: SHRs fed with HS.

352

### 353 **Effect of HS diet on protein expression levels of AQP in the kidney**

354 As shown in Fig 7A to F, HS diet was found to lower the protein expression levels of  
355 AQP1, AQP2 and AQP7 in both SHRs and WKY rats compared with their counterparts.  
356 In contrast, the AQP3 expression level was enhanced in both strains of rats. On the  
357 other hand, the AQP4 and AQP6 protein expression levels were contra-expressed in  
358 SHRs and WKY rats i.e. the protein expression level was enhanced in WKY rats but  
359 depressed in SHRs of being fed with HS diet.

360

361 **Fig 7: Protein expression levels of (A) AQP1, (B) AQP2, (C) AQP3, (D) AQP4, (E)**  
362 **AQP6 and (F) AQP7 in the kidneys under the influence of HS diet.** Data are  
363 presented as mean  $\pm$  SEM; n = 4 rats. Abbreviations: WRS: WKY rats fed with RS;  
364 WHS: WKY rats fed with HS; SRS: SHRs fed with RS; SHS: SHRs fed with HS.

365

## 366 **Discussion**

367 In this present study, we found that SHRs on a HS diet showed significantly higher  
368 MAP when compared with SHRs on a RS diet (Fig 1). However, there was no  
369 significant difference between the MAP of WKY rats consuming of HS and RS diets,  
370 respectively. The current result is in accordance to the claim of SHRs to become  
371 hypertensive with normal/ RS intake as they have vascular smooth muscle cells that

372 take up sodium excessively due to alteration of Na<sup>+</sup>- K<sup>+</sup> pump [38]. Consequently, the  
373 intracellular sodium concentration ([Na<sup>+</sup>]<sub>i</sub>) increases and subsequently induces a rise in  
374 calcium concentration via sodium-calcium exchanger that further causes  
375 vasoconstriction. Therefore, an augmentation in sodium load such as high dietary salt  
376 intake is predicted to elevate the [Na<sup>+</sup>]<sub>i</sub> even more [39], thus rises the MAP.

377 We also found that both the rat strains fed with HS showed higher fluid intake  
378 when compared to their respective controls (Fig 2). It is well known that the rise in  
379 plasma sodium content will increase plasma osmolarity, which causes a rise in  
380 extracellular fluid volume by promoting the transfer of fluid from intracellular to  
381 extracellular space as well as by stimulating the thirst centre [40, 41]. Thus, the  
382 elevation in the MAP of SHS in the present study may as a result of volume expansion  
383 under the influence of raised salt intake as reported by Qi et al. [42]. Therefore, the  
384 balance between salt and water in extracellular fluid is vital to ensure the precise  
385 regulation of osmolarity and thus the volume of body fluids, which in turn maintains  
386 the BP.

387 In the meantime, the present study showed higher plasma ANP activity in both  
388 SHR and WKY rats fed with HS diet when compared with their respective controls  
389 (Fig 3A). It is well acknowledged that ANP is synthesised by atria in heart and secreted  
390 into the bloodstream in response to stretching of right atrial muscle cells by increased  
391 blood volume. In the bloodstream, the ANP act on distal convoluted tubule of nephron  
392 to inhibit sodium reabsorption and causes natriuresis [43, 44]. However, study by  
393 Greenwood et al. [45] showed a low circulating ANP in salt-loaded and water deprived  
394 Sprague-Dawley (SD) rats as compared with their euhydrated controls which contradict  
395 with the current result. Nevertheless, the present finding is in accordance with results  
396 from studies conducted by both Sagnella et al. [46] and Kohno et al. [47] which



397 demonstrated higher plasma ANP levels during HS intake in patients with essential  
398 HPN and salt-sensitive patients, respectively. As ANP is an important indicator of  
399 blood volume; thus, the increase in plasma ANP in the present study may corroborate  
400 with our finding (Fig 2) that showed high fluid consumption of SHR and WKY rats  
401 being fed with HS diet. A high fluid consumption due to HS intake would have increase  
402 ECF volume and this would have risen the stretch of cardiac chambers thus surge the  
403 secretion of ANP. Teleologically, the response of ANP would be logical in being  
404 protective against excessive sodium and water retention.

405 As expected, the plasma Ang II level in both strains of rat on HS diet was lower  
406 when compared to their respective controls (Fig 3B). Angiotensin II has been reported  
407 for its direct involvement in the control of renal sodium excretion and in neural control  
408 of sodium appetite, thus regulate body's sodium balance [41, 48-51]. Our finding is in  
409 accordance to the findings of Greenwood et al. [45] that also showed decreased plasma  
410 Ang II concentration in salt-loaded SD rats; meanwhile, Mecawi et al [51] demonstrated  
411 an increased plasma Ang II in WKY rats fed with low-sodium diet. In the meantime,  
412 the plasma aldosterone level in both SHR and WKY rats was lower when compared  
413 with their respective controls (Fig 3C). It is well documented that the synthesis of  
414 aldosterone increases in response to low plasma sodium so that sodium will be retained  
415 in the cell [52]. As such, the increase in sodium as in the present study would certainly  
416 secrete low aldosterone. Therefore, it is not surprising to see the low plasma aldosterone  
417 level in both SHR and WKY rats fed with HS diet. The higher plasma aldosterone  
418 level in SHR compared with WKY rats also explains the higher BP in SHR as that of  
419 WKY rats. Furthermore, the release of aldosterone is also dependent on the level of  
420 Ang II; thus, the low Ang II might also lead to a low aldosterone level in both strains  
421 of rat.

422           Meanwhile, the plasma AVP level was found to be slightly higher in SHR<sub>s</sub> fed  
423 with HS salt diet whilst lower in WKY rats (Fig 3D). Generally, AVP causes  
424 vasoconstriction by acting on V<sub>1</sub> receptor as well as promotes water reabsorption in the  
425 kidney via acting on a V<sub>2</sub> receptor. The regulation of AVP is mainly by changes in  
426 osmolarity. Though AVP had been associated with the development and maintenance  
427 of salt-dependent and malignant forms of HPN as well as to influence baroreceptor  
428 reflexes, results regarding plasma AVP levels in hypertensive patients are found to be  
429 not consistent with high levels in some studies [53, 54] but normal or low levels in  
430 others [55]. Moreover, it has also been evidenced that enhanced thirst appeared to  
431 normalise plasma AVP concentrations in subjects on HS intake [53]. This may serve as  
432 the possible explanation in the present results as SHR<sub>s</sub> and WKY rats fed with HS diet  
433 showed higher fluid consumption compared to WKY rats of RS diet.

434           The effect of HS diet on the mRNA expression and protein distribution of ENaC  
435 subunits were also investigated in the present study. Both the mRNA and protein  
436 expression of  $\alpha$ -,  $\beta$ - and  $\gamma$ -ENaC subunits were downregulated and lowered,  
437 respectively, in SHR<sub>s</sub> fed with HS diet when compared with SHR<sub>s</sub> on RS diet (Fig 4).  
438 The SHR<sub>s</sub> on normal or RS (0.2% Na<sup>+</sup> content) diet has been reported to be able to  
439 retain excessive amount of sodium resulting from reduced glomerular filtration [56-58],  
440 enhanced tubular reabsorption [57, 59] and increased protein abundance of ENaC  
441 subunits in various part of kidney segments [57]. This in turn, contributes to the  
442 elevated BP in these rats. However, the 4% HS diet in the present study did not  
443 enhanced either the mRNA or protein level in SHR<sub>s</sub> suggesting that the HS diet induce  
444 compensatory natriuresis to maintain sodium homeostasis [21, 60] in SHR<sub>s</sub>. One of the  
445 compensatory natriuretic mechanism could be the low plasma Ang II as well as  
446 aldosterone levels and reduced in these to plasma proteins has been reported to lower

447  $\alpha$ -ENaC mRNA level [60]. Aldosterone either from adrenal medulla stimulated by Ang  
448 II or from RAS, is known for its essential role in transcription of gene encoding  $\alpha$ -  
449 ENaC, thus activating its activity [61, 62]. Therefore, our findings well correlate with  
450 reduced plasma Ang II and aldosterone levels with the low mRNA expression of the  $\alpha$ -  
451 ENaC subunit and thus the lower protein content of  $\alpha$ -ENaC.

452         Meanwhile, the mRNA expressions of  $\beta$ - and  $\gamma$ -ENaCs, which are known to be  
453 expressed independent of aldosterone [63, 64], were also found to be depressed in SHR  
454 of being fed with HS diet. Activities of both  $\beta$ - and  $\gamma$ -ENaCs have been reported to be  
455 regulated by  $\alpha$ -ENaC [65]. Hence, the low expression of  $\beta$ - and  $\gamma$ -ENaCs could be due  
456 to low level of  $\alpha$ -ENaC. Therefore, it is postulated that co-expression of all ENaC  
457 subunits would result in a fully operating channel as their co-existence was required for  
458 maximal ENaC channel function [66]. This claim is further supported by the studies on  
459 the gene-knockout animal model in which the  $\alpha$ -,  $\beta$ - and  $\gamma$ -ENaCs- knockout mice  
460 displayed metabolic abnormalities and death because of their lack of ability to retain  
461 sodium and water, as well as to excrete potassium [67]. Furthermore, the low plasma  
462 aldosterone and high plasma ANP of SHR fed with HS diet (Fig 3A and 3C) may  
463 indicate that the high MAP in SHR caused by HS diet (Fig 1) was not due to alteration  
464 in the activity of ENaC and may involve other mechanisms such as activation of  
465 sympathetic nervous activity [4, 68, 69], enhancement of reactive oxygen species  
466 (ROS) [21, 70] and stimulation of cardiovascular control centre in brain. Subsequent to  
467 the low mRNA expression the protein content of  $\beta$ - and  $\gamma$ -ENaCs were also low in  
468 SHR (Fig 6). On the other hand, the lower mRNA and protein levels of  $\alpha$ - and  $\gamma$ -ENaCs  
469 in WKY rats fed with HS diet is in accordance to the claim that under physiological  
470 conditions, in normotensive rats (Dahl-salt-resistance/SD/WKY rats) there is neither no  
471 change in expression nor decreased expression of ENaC in the kidney in response to

472 HS diet [22, 71-74]. However, the higher expression of  $\beta$ -ENaC protein level in the  
473 present study somehow needs further exploration.

474 In the present study, the mRNA of AQP showed various expression patterns in  
475 SHR and WKY rats in response to HS diet. In SHS (SHRs being fed with HS diet),  
476 the mRNA levels of *AQP1*, *AQP2* and *AQP7* were found to be lower when compared  
477 to SRS (SHRs being fed with RS diet) (Fig 5). Consistent with the downregulation of  
478 *AQP1*, *AQP2* and *AQP7*, the protein levels of these AQPs were also depressed when  
479 compared with their controls (Fig 7). Similar changes in the mRNA and protein  
480 expressions of AQPs were demonstrated by WKY rats. Meanwhile, the mRNA  
481 expression levels of *AQP3* and *AQP4* (Fig 5C and D) were found to be enhanced in  
482 both strains of rats being fed with HS diet. However, the protein level of AQP4 (Fig  
483 7D) in SHS was found to be lower when compared with its counterpart. Interestingly,  
484 AQP6 displayed contra-expression in mRNA and protein level in SHR and WKY rats;  
485 in which mRNA level of SHR (SHS vs SRS) was enhanced but the protein level was  
486 depressed whilst mRNA level in WKY rats (WHS vs WRS) was lower but protein level  
487 was enhanced. All these observations in mRNA and protein levels of AQPs have led to  
488 interesting point to discuss.

489 Aquaporin1 is the major water channel in renal proximal tubule and loop of  
490 Henle that is responsible for reabsorbing 80% of glomerular filtrate [75, 76]. It has been  
491 reported that renal and cardiac AQP1 expressions were downregulated in conditions  
492 such as renal fibrosis in mice [77] and HS-induced HPN [78]. The present result is in  
493 accordance with the finding by Penna et al. [79] who showed that 8% HS  
494 downregulated AQP1. Hence, the downregulation of AQP1 in both SHR and WKY  
495 rats could be interpreted as a compensatory mechanism to prevent larger water  
496 reabsorption in the proximal tubule and the consequent expansion of extracellular fluid

497 volume [27]. It has been claimed that in SHR, the AQP1 expression in kidney [32, 75]  
498 and brain [75, 80] to be upregulated. However, the HS diet in the present study showed  
499 downregulation of both mRNA and protein levels of AQP1 (Fig 5A and 7A). These  
500 observations could be due to the suppression of RAS by HS diet as Ang II has been  
501 reported to increase AQP1 expression in the proximal tubule via direct interaction with  
502 angiotensin type 1 receptor [81]. While, all the RAS components are expressed in renal  
503 proximal tubule cells [82] suppression of the function of RAS by HS diet may lead to  
504 low production of Ang II [83], which has been associated with the downregulation of  
505 AQP1 and AQP2 [79].

506 Perturbation of RAS might also explain the downregulation of AQP2 in the  
507 present study. There is evidence showing the relationship between Ang II and AVP.  
508 The Ang II increases the secretion of AVP from posterior pituitary which in turn  
509 stimulates V<sub>2</sub> receptor in inner medullary collecting duct [84-87]. In addition, AQP2 is  
510 well recognised as AVP-regulated water channel that is expressed in the principal cell  
511 of collecting duct. It plays a key role in urine concentration and body-water homeostasis  
512 through short- and long-term regulations of water permeability at the collecting duct  
513 [88-92]. The AVP through a cascade of events leads to trafficking and marked increased  
514 level of AQP2 via gene transcription as well as protein degradation on basolateral  
515 membrane. This leads to an increase in permeability to water [28, 31, 93, 94]. The low  
516 AQP2 level in the present study could be due to the compensatory mechanism other  
517 than via AVP; though plasma AVP was slightly higher (Fig 3D) in SHR. Meanwhile,  
518 the low mRNA and protein levels of AQP2 in WKY rats as result of HS diet may  
519 directly due to the low AVP in these rats. Nevertheless, the observation in WKY rats in  
520 the present study is in accordance with the study by Roxas et al. [93], which showed  
521 that low expression of AQP2 transcript in SD rats fed with HS diet. In addition,

522 stimulation of thirst by HS diet may also be a possible explanation for the suppressed  
523 AQP2 in both strains of rats which excessive water drinking keeps circulating AVP  
524 levels very low, resulting presumably in suppressed AQP2 levels in the kidneys [95].

525 Both AQP3 and AQP4 are constitutively localised in basolateral membrane in  
526 principal cells of collecting duct. To be more precise, AQP3 is found in cortical and  
527 outer medullary collecting duct, whereas AQP4 is located primarily in inner medullary  
528 collecting ducts. They both represent potential exit pathways i.e. the increased  
529 intracellular water absorbed by AQP2 is transported to blood by AQP3 and AQP4 [35]  
530 according to an osmotic gradient. In the present study, both these AQPs showed  
531 upregulation in mRNA expression level in both strains of rats fed with HS diet (Fig 5C  
532 and D); whilst, SHRs showed lower protein expression of AQP4. The dramatic  
533 upregulation of AQP3 and AQP4 mRNA expression as a consequence of HS diet  
534 indicates that the increased water reabsorption in collecting duct may contribute to  
535 extracellular volume expansion, which is a typical characteristic of SSH. This is further  
536 supported by our findings (Fig 1) that showed the higher MAP in SHRs and WKY rats  
537 consuming HS diet. Furthermore, SHRs are known to have a high AQP3 level [27, 32].  
538 The upregulation of AQP3 is in consistent with higher protein expression of AQP3 in  
539 the present study (Fig 7C). However, the downregulation of protein expression of  
540 AQP4 in SHRs remains to be elucidated.

541 On the other hand, AQP7 localised at the brush border of proximal straight  
542 tubule where AQP1 is also located has been classified as aquaglyceroporins because of  
543 its credibility to transports water and glycerol as well as urea just as AQP3. In the  
544 present study, expressions of AQP7 at mRNA and protein level (Fig 5F and 7F) were  
545 low in both strains of rats being fed with HS diet. The changes in mRNA and protein  
546 expressions of AQP7 are in a similar manner as that of AQP1 suggesting a substantial

547 contribution of AQP7 in water reabsorption in the proximal tubule. This observation is  
548 in supportive with the study by Sohara et al [96] that showed *AQP-1/AQP-7* double  
549 knockout mice showed reduced urinary concentrating ability compared with *AQP-1*  
550 solo knockout mice. However, compared to AQP1 the contribution of AQP7 to water  
551 permeability in proximal tubule is small and remains to be further examined.

552           Meanwhile, the AQP6 which has been known to have low water permeability,  
553 acting mainly as an anion transporter, is thought to be involved in urinary acid secretion  
554 [5, 6, 97]. Furthermore, AQP6 is co-localised with H<sup>+</sup> ATPase, suggesting that low pH  
555 could activate the protein. These indicate that AQP6 is most likely not involved in  
556 transepithelial water transport [98]; therefore, the vice versa regulation in mRNA (Fig  
557 5E and 7E) levels of AQP6 as a consequence of HS diet hugely remains unexplained.

558

## 559 **Concluding Remarks**

560           In summary, HS diet intake markedly increased MAP in SHR and this increase  
561 does not seem to be associated with renal expressions of ENaC and AQP subunits. The  
562 lower expression and distribution of ENaC and AQP subunits as a consequence of HS  
563 intake suggest stimulation of BP regulatory system in SHR in an attempt to maintain  
564 the MAP; and here it is likely via natriuresis activated by ANP. A significant higher  
565 plasma ANP activity and lower plasma aldosterone level seen in the present study  
566 strongly correlate with the suppression of ENaC and AQP subunits. Furthermore, the  
567 present finding suggests that the kidney sodium- and water-handling channels may not  
568 directly responsible for the increase in MAP by HS diet intake in SHR. Thus, the role  
569 of ENaC and AQP subunits in salt-sensitive HPN is more towards the maintenance of  
570 BP rather than rising the BP.

571

572 **Authors' Contribution Statement**

573 S-ZH, KG, MRM and S-KL conceived the study and assisted in manuscript editing.

574 CDR conducted the experiments and wrote the initial draft of the manuscript.

575

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582

583 **Conflict of Interest Statement**

584 Authors would like to declare that there is no competing interest exist.

585

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588

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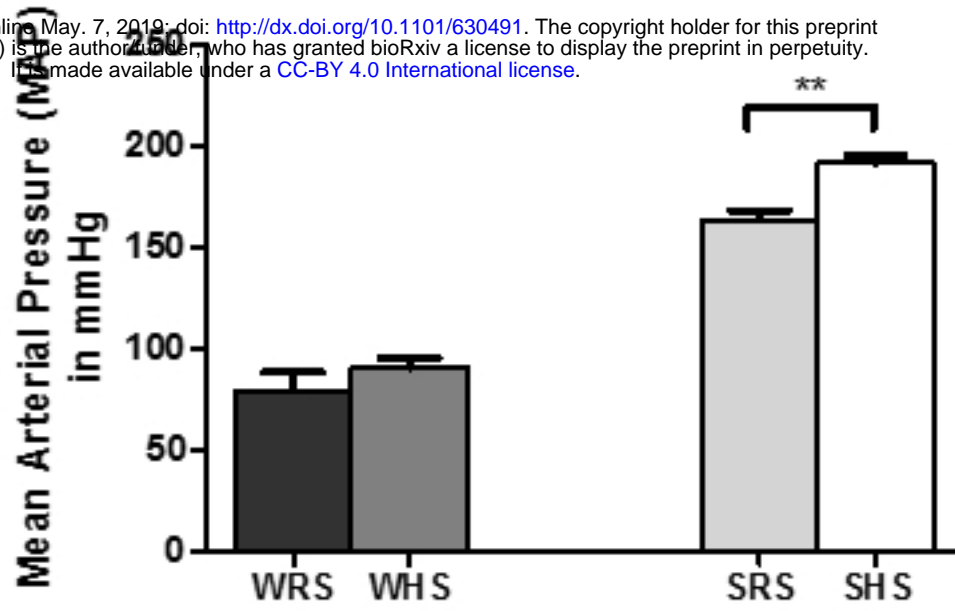
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# Figure 1

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## Figure 2

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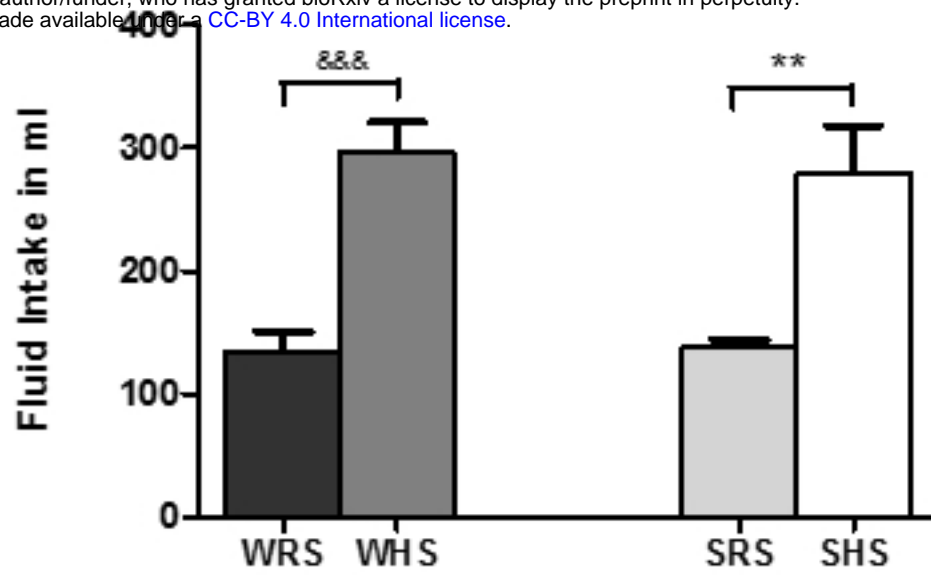
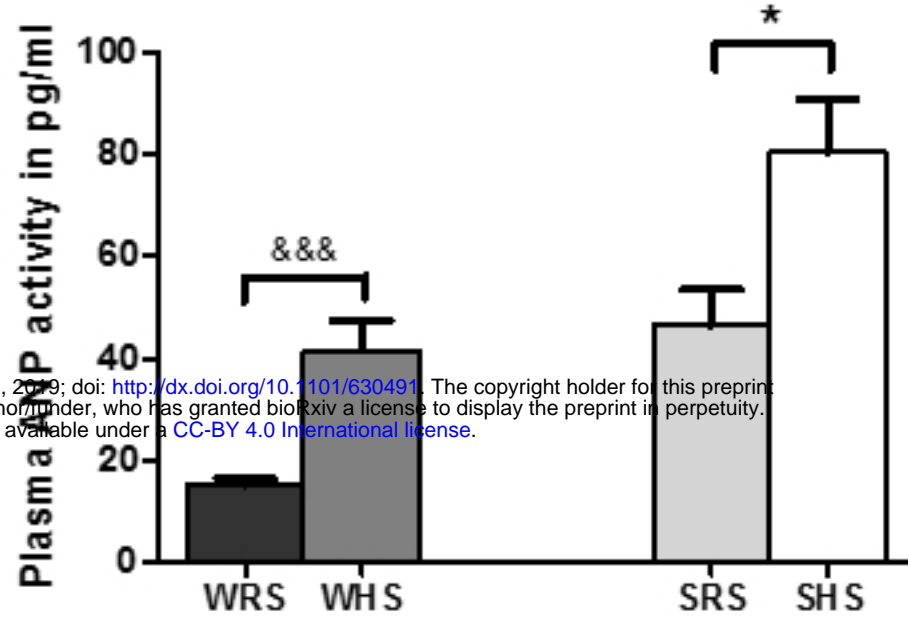


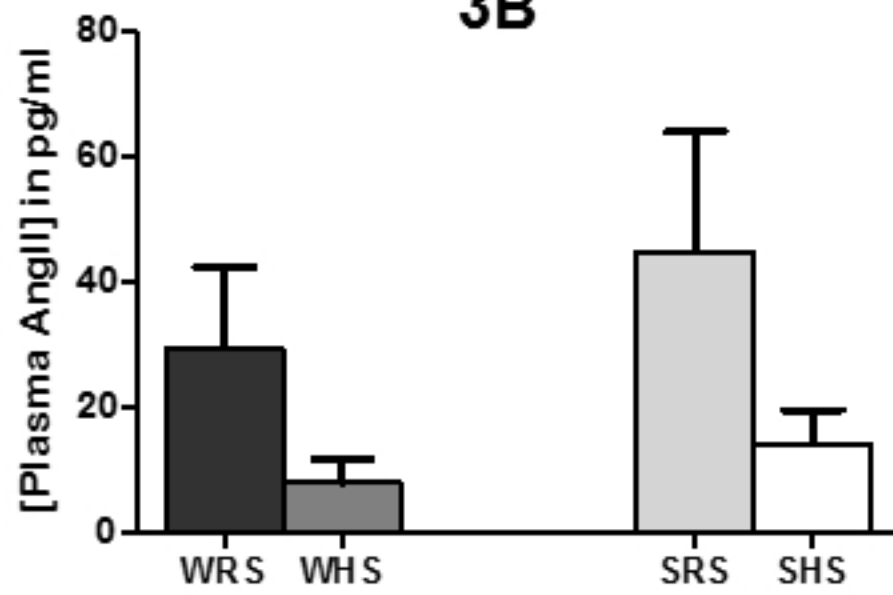
Figure 3

3A

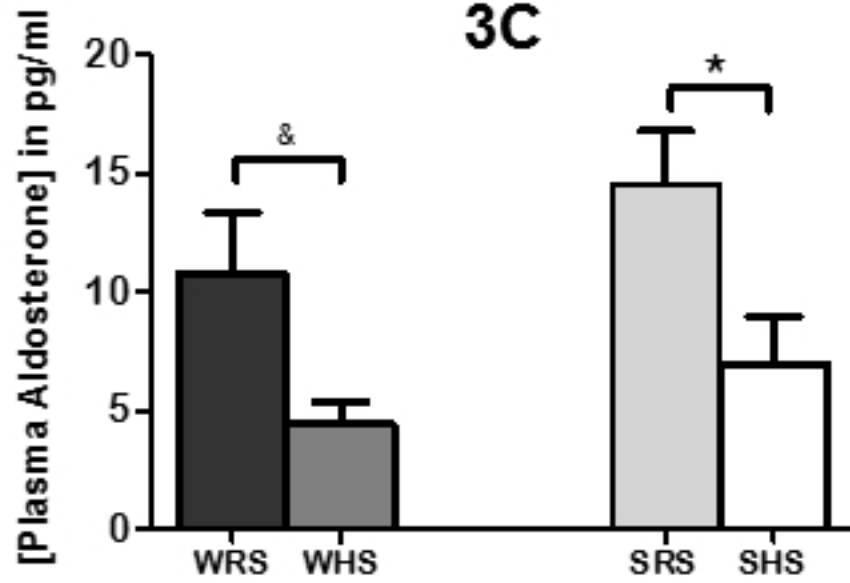


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3B



3C



3D

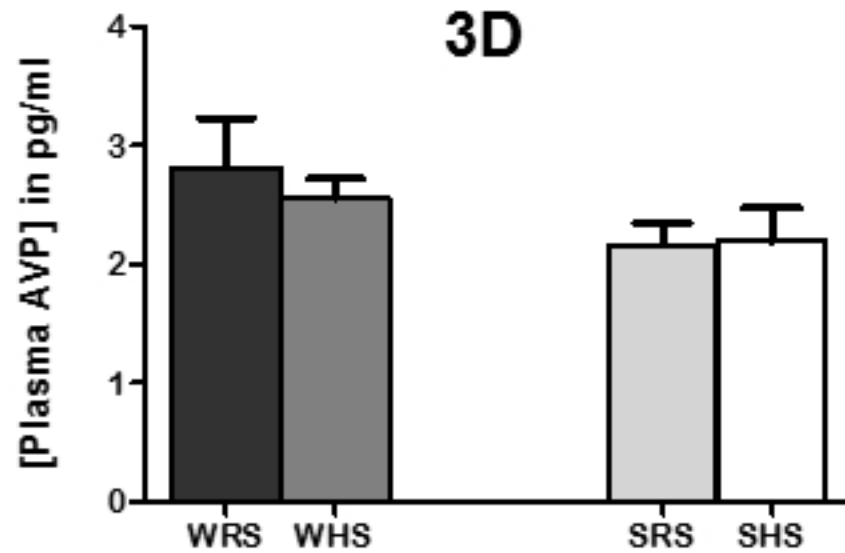
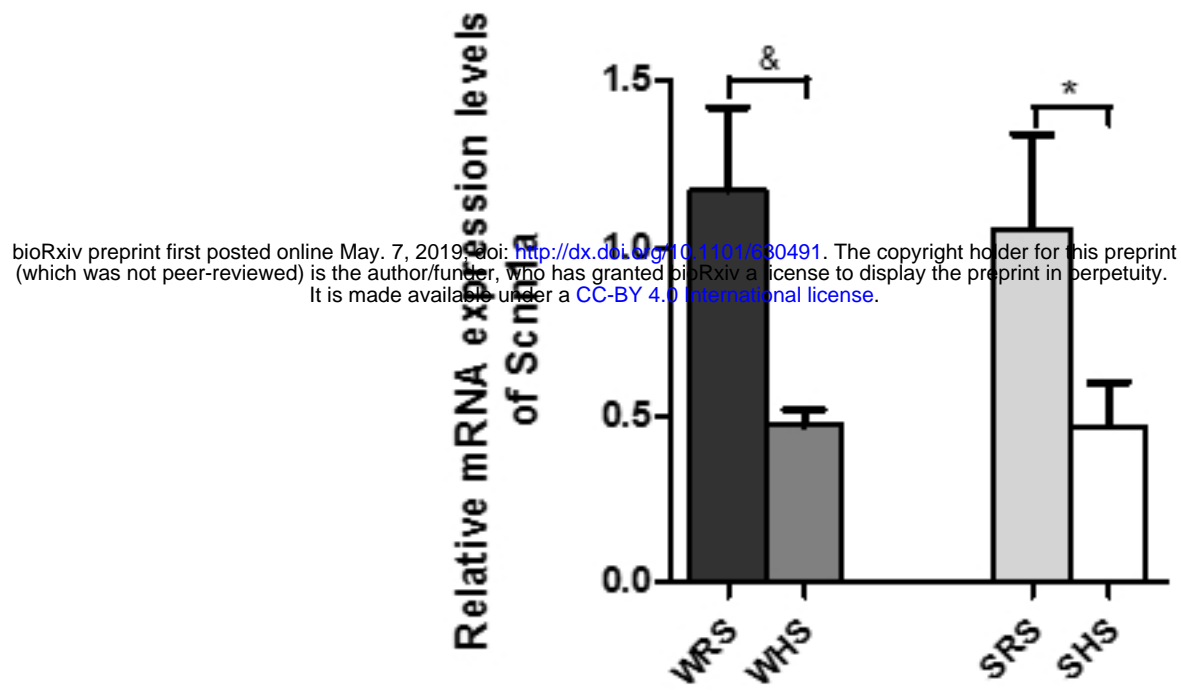
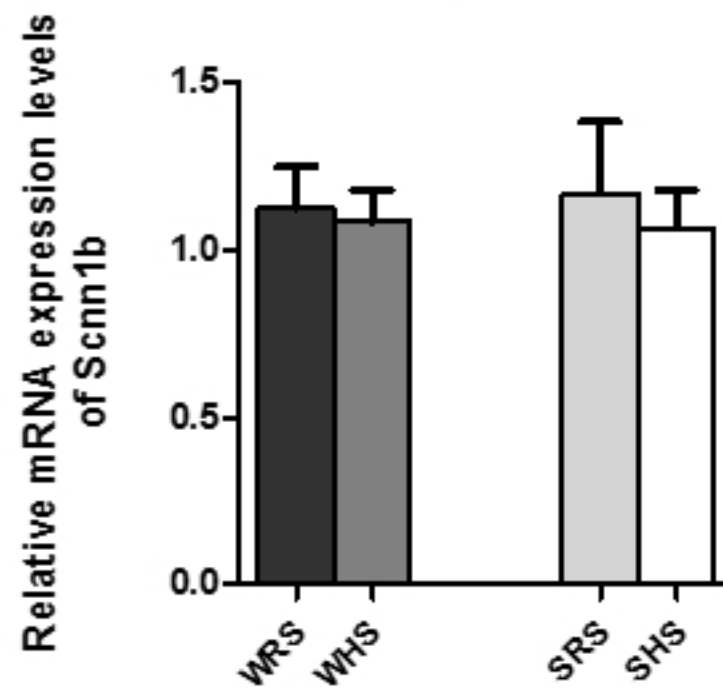


Figure 4

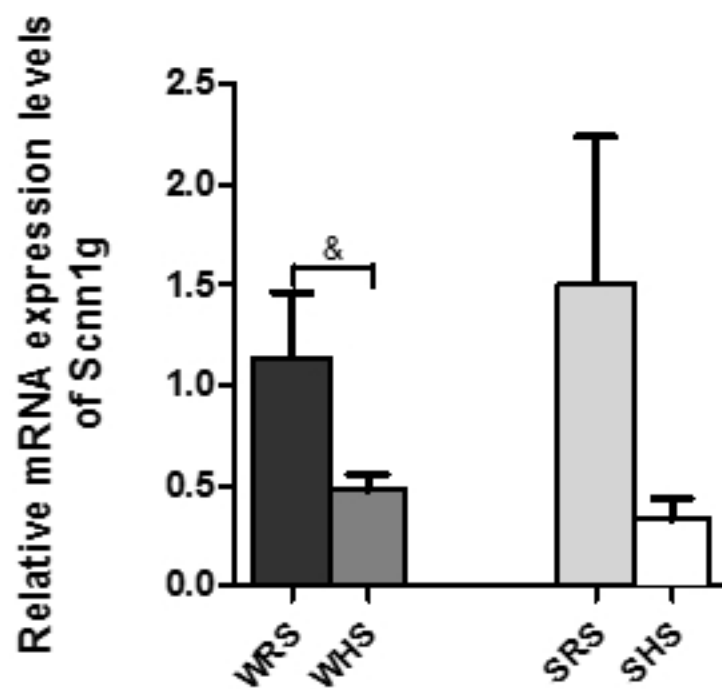
4A



4B



4C



**Figure 5**

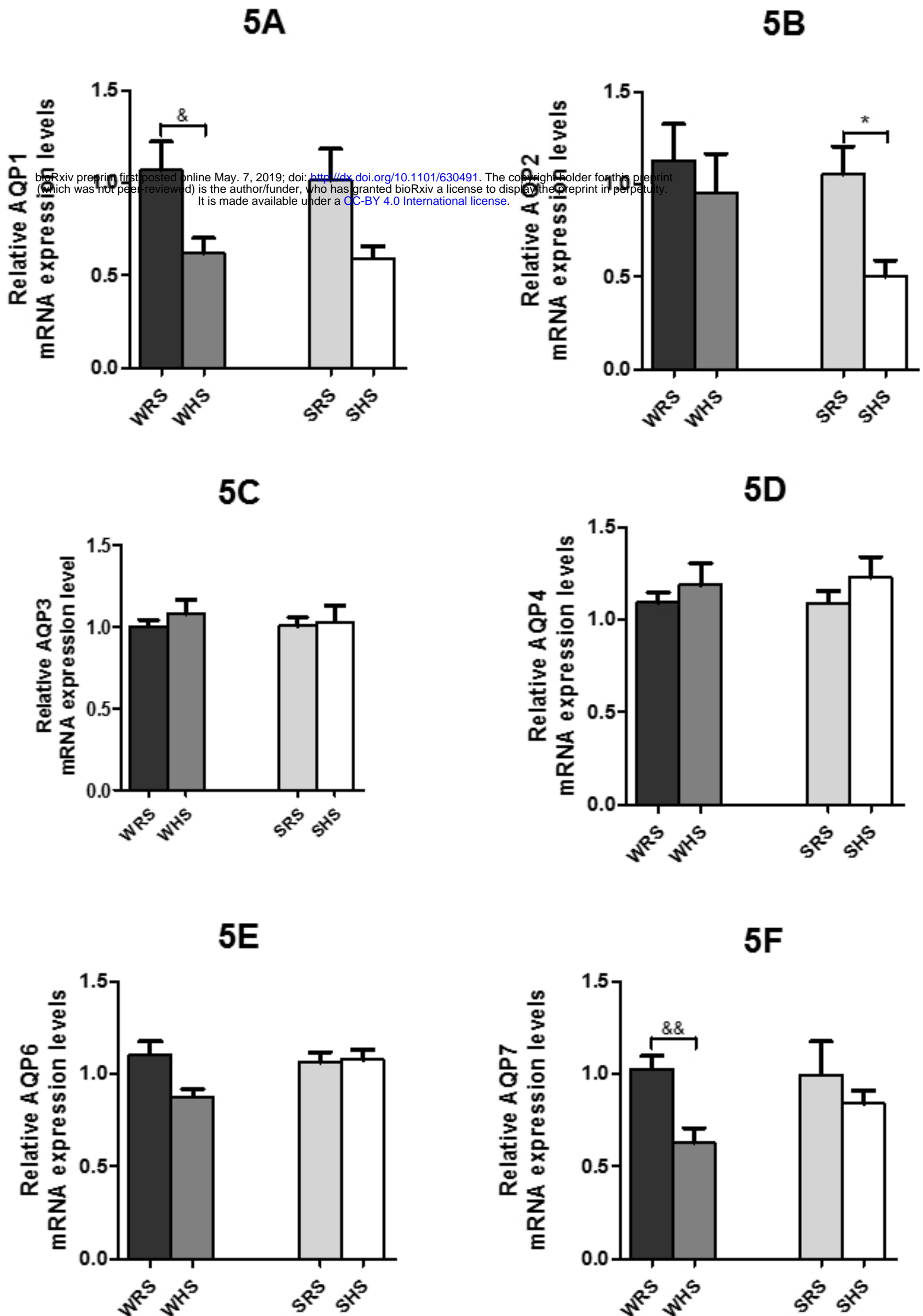


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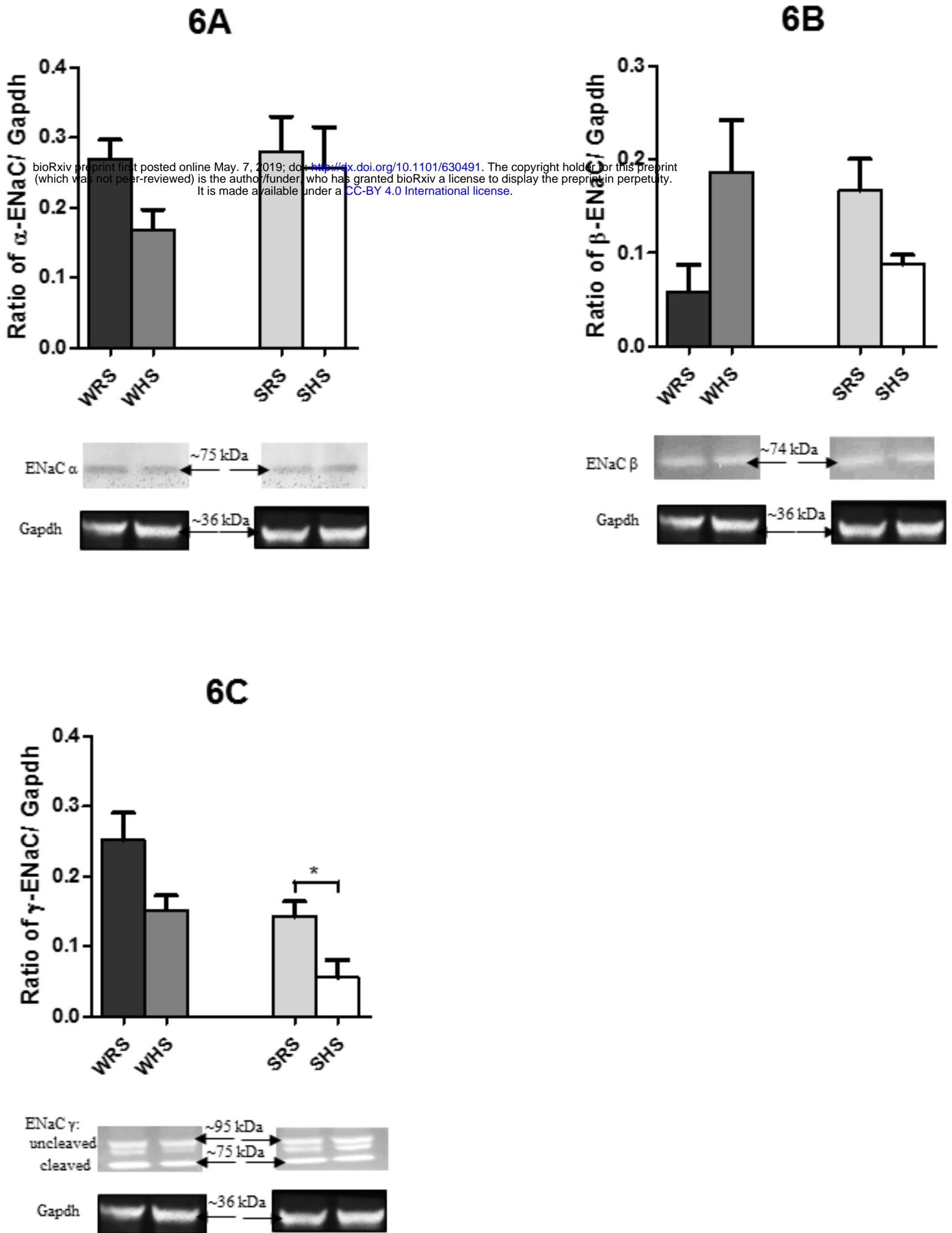


Figure 7

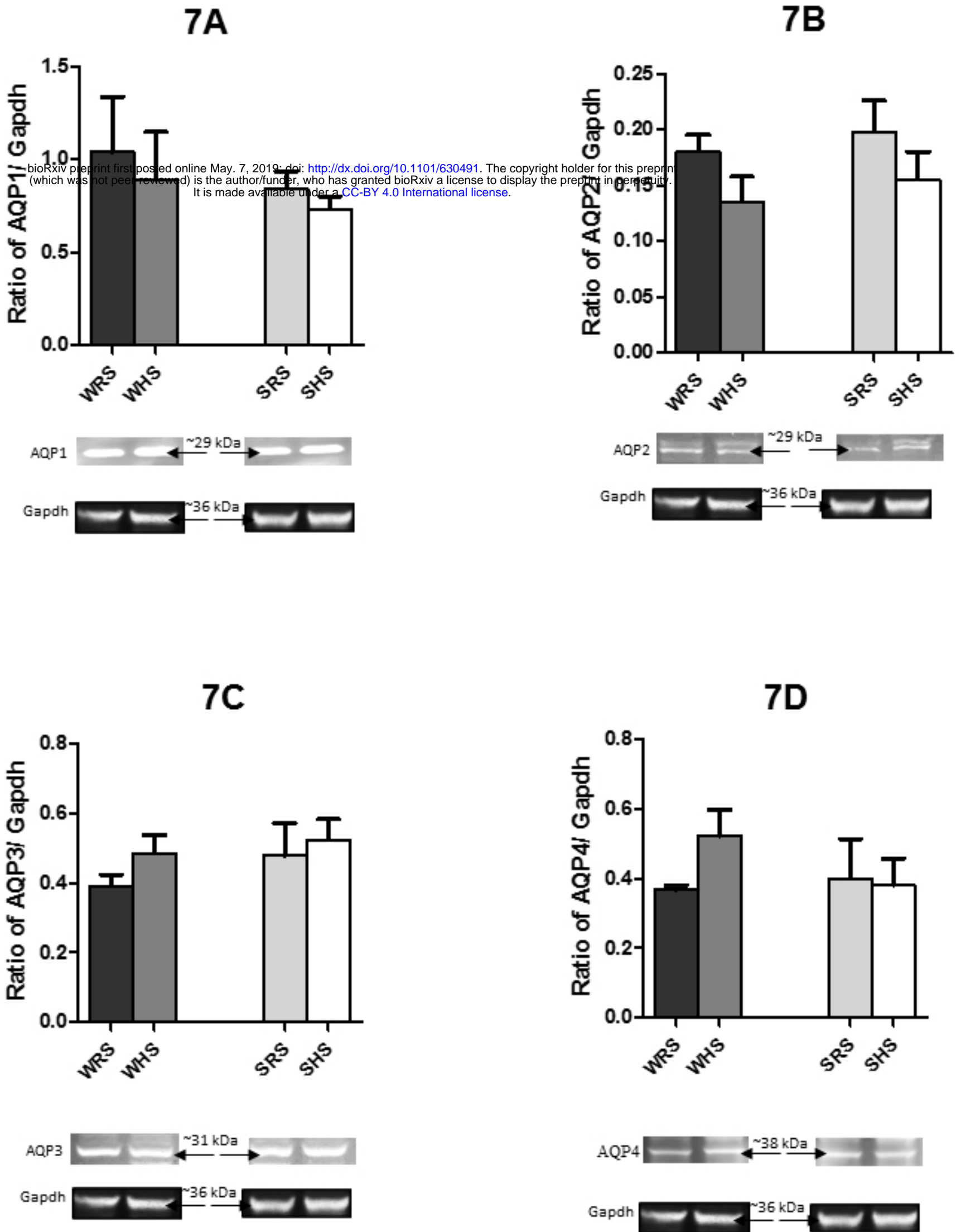
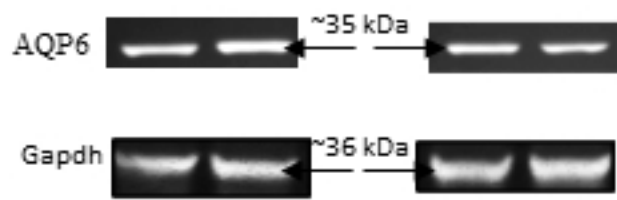
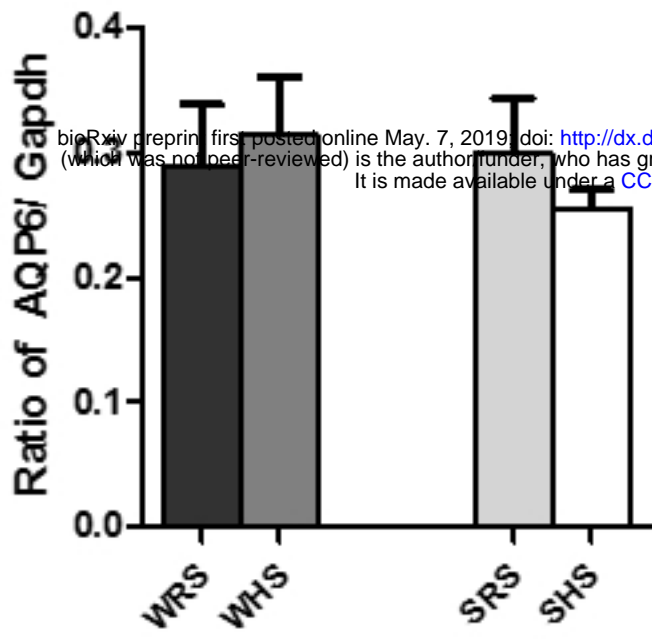


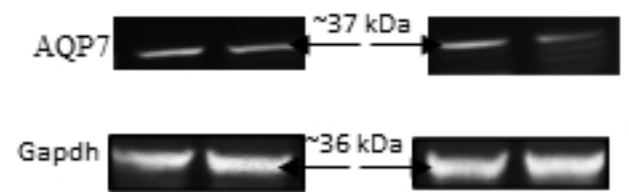
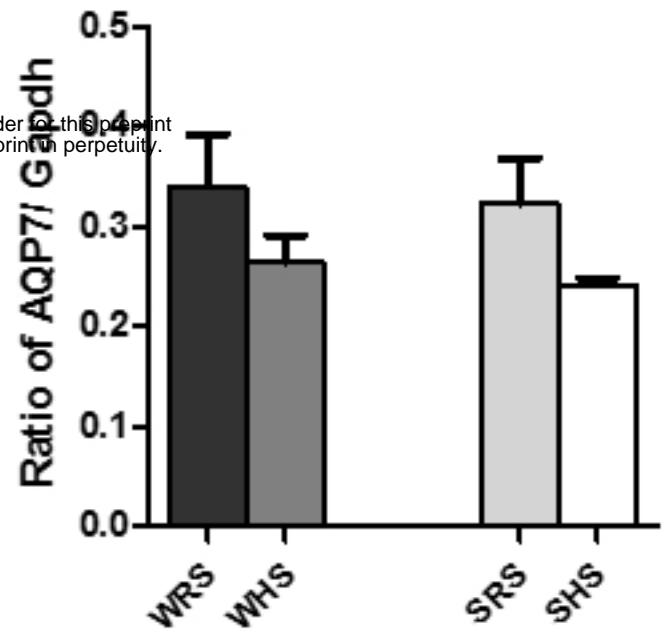


Figure 7 (continued)

7E



7F



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