

1 Genetic diversity of CHC22 clathrin impacts its function in glucose metabolism

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40 List of abbreviations:

41 CCV: clathrin-coated vesicles

42 CHC: clathrin heavy chain

43 CLC: clathrin light chain

44 GLUT4: glucose transporter 4

45 SNP: single nucleotide polymorphism

46 GFP: green fluorescent protein

47 FRAP: fluorescence recovery after photobleaching

48 GSC: GLUT4 storage compartment

49 HA: hemagglutinin

50 FACS: fluorescence-activated cell sorting

51 T2D: Type 2 diabetes

52 AFR: African

53 EUR: European

54 EAS: East Asian

55 AMR: Admixed American

56 SAS: South Asian

57 YRI: Yoruba from Nigeria
58 CEU: North Americans with Caucasian European ancestry
59 CHB: Han Chinese from Beijing
60 MSA: multiple sequence alignment
61 VCF: variant call format
62 HG: hunter-gatherer
63 EF: early farmer
64 MFI: mean fluorescent intensity
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85 **ABSTRACT**

86 CHC22 clathrin plays a key role in intracellular membrane traffic of the insulin-responsive
87 glucose transporter GLUT4 in humans. We performed population genetic and phylogenetic
88 analyses of the CHC22-encoding *CLTCL1* gene, revealing independent gene loss in at least
89 two vertebrate lineages, after arising from gene duplication. All vertebrates retained the
90 paralogous *CLTC* gene encoding CHC17 clathrin, which mediates endocytosis. For
91 vertebrates retaining *CLTCL1*, strong evidence for purifying selection supports CHC22
92 functionality. All human populations maintained two high frequency *CLTCL1* allelic variants,
93 encoding either methionine or valine at position 1316. Functional studies indicated that
94 CHC22-V1316, which is more frequent in farming populations than in hunter-gatherers, has
95 different cellular dynamics than M1316-CHC22 and is less effective at controlling GLUT4
96 membrane traffic, attenuating its insulin-regulated response. These analyses suggest that
97 ancestral human dietary change influenced selection of allotypes that affect CHC22's role in
98 metabolism and have potential to differentially influence the human insulin response.

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113 **INTRODUCTION**

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115 Clathrin-coated vesicles (CCVs) are key players in eukaryotic intracellular membrane traffic
116 (Brodsky, 2012). Their characteristic lattice-like coat is self-assembled from cytoplasmic
117 clathrin proteins, captures membrane-embedded protein cargo and deforms the membrane
118 into a vesicle. This process enables CCVs to mediate protein transport to and from the
119 plasma membrane and between organelles. The triskelion-shaped clathrin molecule is
120 formed from three identical clathrin heavy chain (CHC) subunits. Humans have two genes
121 (*CLTC* and *CLTCL1*) that respectively encode CHC17 and CHC22 clathrins (Wakeham et
122 al., 2005). CHC17 clathrin, which has three bound clathrin light chain (CLC) subunits, is
123 expressed uniformly in all tissues and forms CCVs that control receptor-mediated
124 endocytosis, as well as lysosome biogenesis and maturation of regulated secretory
125 granules. These pathways are conventionally associated with clathrin function and are
126 mediated by clathrin in all eukaryotic cells (Brodsky, 2012). In humans CHC22 clathrin is
127 most highly expressed in muscle and adipose tissue and forms separate CCVs that are not
128 involved in endocytosis (Dannhauser et al., 2017). In these tissues, CHC22 CCVs regulate
129 targeting of the glucose transporter 4 (GLUT4) to an intracellular compartment where it is
130 sequestered until released to the cell surface in response to insulin (Vassilopoulos et al.,
131 2009). This insulin-responsive GLUT4 pathway is the dominant mechanism in humans for
132 clearing blood glucose into muscle and fat tissues after a meal (Shepherd, Kahn, 1999). In
133 addition to its distinct tissue expression pattern and biological function, CHC22 does not bind
134 the CLC subunits that associate with CHC17 clathrin, even though the CHC protein
135 sequences are 85% identical (Dannhauser et al., 2017, Liu et al., 2001). This remarkable
136 biochemical and functional divergence evolved since the gene duplication event that gave
137 rise to the two different clathrins during the emergence of chordates (Wakeham et al., 2005).
138 Notably, however, the *CLTCL1* gene encoding CHC22 evolved into a pseudogene in the
139 *Mus* genus, although mice maintain an insulin-responsive GLUT4 pathway for clearing blood
140 glucose. This observation suggests that, despite the importance of the *CLTCL1* gene

141 product, backup pathways have evolved to compensate for loss of the CHC22 protein. To
142 understand the evolution of the specialized function of CHC22, and the potential selective
143 processes involved, we here explore the phylogenetic history of the *CLTCL1* gene in
144 vertebrates and its population genetics in humans, non-human primates and bears.
145
146 Ecological shifts create selective forces that filter variation in cellular genes. These include
147 changes in nutritional conditions (Babbitt et al., 2011), as well as encounters with pathogens
148 (Fumagalli et al., 2011); both documented as selective forces that affect membrane traffic
149 genes (Elde, Malik, 2009, Liu et al., 2014). Recent studies of the evolution of genes involved
150 in membrane traffic have focused on an overview of all eukaryotes with the goals of
151 establishing the origins of membrane-traffic regulating proteins in the last common
152 eukaryotic ancestor and defining the species distribution of various families of traffic-
153 regulating proteins (Rout, Field, 2017, Dacks, Robinson, 2017). These studies have
154 identified common features of proteins that regulate membrane traffic (Rout, Field, 2017)
155 and revealed that extensive gene duplication has allowed lineage-specific diversification of
156 coat proteins and other membrane traffic regulators, such as the Rab GTPases (Diekmann
157 et al., 2011, Guerrier et al., 2017). Our earlier study of available annotated genomes in 2005
158 suggested that the gene duplication giving to rise to the two CHC-encoding genes occurred
159 as a result of one of the whole genome duplications contributing to chordate evolution
160 (Wakeham et al., 2005). Here we focus on the more recent evolutionary history of these
161 genes, as well as analyze the increased number of fully annotated vertebrate genomes. We
162 establish that the *Mus* genus is not unique in post-chordate loss of *CLTCL1*, identifying at
163 least one additional independent gene loss event in the clade of Cetartiodactyla affecting
164 pigs, cows, sheep, porpoise, and possibly additional related species. Nonetheless, there is
165 strong evidence for CHC22 sequence conservation amongst those species that retain
166 *CLTCL1* (Wakeham et al., 2005). This evolutionarily recent gene loss in some lineages and
167 retention of the functional form in others suggested that *CLTCL1* may still be under purifying
168 selection, so we examined *CLTCL1* variation between individuals within vertebrate

169 populations. Comparing populations, we found *CLTCL1* to be considerably more
170 polymorphic than *CLTC*, which encodes the clathrin found in all eukaryotes, with evidence
171 for strong ancient purifying selection for CHC17 clathrin function and relaxed purifying
172 selection on CHC22 function. Additionally, we identified two common allotypes of human
173 CHC22, which have different functional properties. The derived allele arose in ancient
174 humans and is more frequent in farming populations when compared to hunter-gatherers.
175 We previously observed that CHC22 accumulates at sites of GLUT4 retention in the muscle
176 of insulin-resistant patients with type 2 diabetes (Vassilopoulos et al., 2009) in addition to its
177 active role in membrane traffic of GLUT4. Thus, CHC22 variation has potential to
178 differentially affect membrane traffic pathways involved in insulin resistance, as well as alter
179 normal glucose metabolism within human and other vertebrate populations. The analyses
180 reported here lead us to propose that variation in the CHC22 clathrin coat may be a
181 response to changing nutritional pressures both between and within vertebrate species.

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183

184 **RESULTS**

185

186 **Phylogenetic analyses reveal selective loss or retention of a functional *CLTCL1* gene** 187 **in vertebrates**

188 Identification of CHC-encoding genes in 62 vertebrate and non-vertebrate species ((Figure
189 1-figure supplement 1, Figure 1-figure supplement 2) indicates a dynamic history of gene
190 duplications and losses (Figure 1). The *CLTCL1* gene was detected only in jawed
191 vertebrates (bony vertebrates and cartilaginous fish), while the two jawless vertebrate
192 genomes available – lamprey (*Petromyzon marinus*) and hagfish (*Eptatretus burgeri*) – have
193 only one CHC-encoding gene. This distribution refines the timing of the CHC-encoding gene
194 duplication to the period after the Agnatha split off the vertebrate lineage, estimated at
195 493.8MYA (95% HPD: 459.3, 533.8), and before the evolution of jawed vertebrates
196 450.8MYA (95% HPD: 432.1, 468.1) (Hedges et al., 2015, dos Reis et al., 2015). Of the ten

197 species of bony fish that split off the spotted gar (*Lepisosteus oculatus*) lineage (Amores et
198 al., 2011), whose genomes are generally tetraploid, all had two versions of *CLTC* and at
199 least one *CLTCL1* gene, except for cave fish (*Astyanax mexicanus*) apparently lacking
200 *CLTCL1*. Eight additional species of vertebrates with high genome coverage and reliable
201 annotation had the *CLTC* gene but no identifiable *CLTCL1* gene. *CLTCL1* genes are present
202 in the Caviomorpha and Sciuridae rodent suborders, and lost in the Muroidea suborder from
203 the entire *Mus* genus (Wakeham et al., 2005) and from rat (*Rattus norvegicus*). The
204 Cetartiodactyla clade also appears to have lost *CLTCL1*, as *CLTCL1* is absent from the four
205 representative genomes in our dataset (pig (*Sus scrofa*), sheep (*Ovis aries*), cow (*Bos*
206 *taurus*), Yangtze finless porpoise (*Neophocaena asiaeorientalis*). This suggests a loss
207 event before the Cetartiodactyla lineage split, independent of the loss event preceding split
208 of the Muroidea lineage. The absence of *CLTCL1* in rat clarifies why CHC22 could not be
209 biochemically identified in rat and indicates that antibodies against CHC22 that react with rat
210 cells must cross-react with other proteins (Towler et al., 2004). *CLTCL1* was also not
211 detected in the genomes of the little brown bat (*Myotis lucifugus*) and the duck-billed
212 platypus (*Ornithorhynchus anatinus*). Assuming the genome annotations for the species
213 analyzed are reliable, these data indicate that there have been at least five independent
214 losses of *CLTCL1* that are clade- or species-specific. The intermittent loss of *CLTCL1* and
215 the retention of *CLTC* raises the question of whether their patterns of evolution are typical for
216 genes with related functions that duplicated in the same time frame.

217
218 *CLTC* and *CLTCL1* are located on paralogous regions of human chromosomes 17 and 22,
219 respectively. For these two genes, the evolutionary rates (rate of non-synonymous
220 substitutions to rate of synonymous substitutions; dN/dS) across vertebrates at each position
221 were determined and plotted along the length of the protein sequences (Figure 2A-B).
222 Several adjacent paralogues have been maintained in these chromosomal regions, some of
223 which are involved in membrane traffic, including the gene pair of *MTMR4* and *MTMR3*,
224 encoding myotubularin lipid phosphatases. Also, CLC subunits of CHC17 clathrin are

225 encoded by paralogous genes on different chromosomes (*CLTA* and *CLTB*) that arose from
226 a local gene duplication, mapped to the same time frame as the CHC-encoding duplication
227 (Wakeham et al., 2005). Comparison of the distribution of dN/dS ratios for the three pairs
228 revealed stronger purifying selection on the *CLTC/CLTCL1* genes than on *MTMR4/MTMR3*
229 and *CLTA/CLTB* (Figure 2C-E), suggesting the CHC-encoding clade is more evolutionarily
230 constrained. This observation is consistent with our previous identification of conserved
231 signature residues in *CLTCL1* using DIVERGE analysis (Wakeham et al., 2005) and
232 indicates conserved functions for both the *CLTC* and *CLTCL1* gene products. Furthermore,
233 there is a striking difference in the distribution and average of evolutionary rates, as
234 measured by dN/dS, between *CLTC* and *CLTCL1* (Kolmogorov-Smirnov test p -value < 2.2e-
235 16), with *CLTC* being significantly more constrained by purifying selection than *CLTCL1*. In
236 contrast, there is minimal difference in the distribution and average of evolutionary rates
237 between the two paralog pairs *MTMR4/MTMR3* and *CLTA/CLTB* (Kolmogorov-Smirnov test
238 yields p -values 0.003643 and 0.9959, respectively).

239

240 **Human population genetic analyses indicate purifying selection with ongoing** 241 **diversification for *CLTCL1***

242 To follow up the indication that *CLTC* and *CLTCL1* are subject to different degrees of
243 purifying selection, we investigated their variation in human populations. We analyzed 2,504
244 genomes from the 1000 Genomes Project database, phase 3 (1000 Genomes Project
245 Consortium, 2015) and identified alleles resulting from non-synonymous substitutions for
246 *CLTC* and *CLTCL1*. This dataset included individuals from each of five human meta-
247 populations: European (EUR, 503), East Asian (EAS, 504), Admixed American (AMR, 347),
248 South Asian (SAS, 489) and African (AFR, 661). Individual populations with their
249 abbreviations are listed in Supplementary File 1a. The reference sequences for chimpanzee
250 (*Pan troglodytes*) and pseudo-references for two archaic humans, Altai Neanderthal and
251 Denisovan, were also included to relate allelic variation to the ancestral state. A median-
252 joining network for all the inferred *CLTC* human alleles showed a very common allele

253 (sample frequency 0.997) with only five low-frequency variants generating a total of six
254 alleles (Figure 3A). Each allele encodes a variant of a CHC (allotype), which includes one or
255 more single nucleotide polymorphisms (SNPs).

256

257 In contrast to *CLTC*, we identified 46 non-synonymous SNPs in *CLTCL1*, present in 52
258 distinct haplotypes (referred to here as alleles, following the definition given above,
259 Supplementary File 2b-c). A median-joining network for the most common *CLTCL1* alleles
260 showed that they are widely distributed within the human meta-populations (Figure 3B).
261 Each meta-population tends to have private, less frequent alleles. Nevertheless, all the
262 meta-populations comprised two main allelic clades, together constituting a sample
263 frequency of 77%. These two main alleles differ by a single methionine to valine substitution
264 at position 1316 (M1316V) in the protein sequence (SNP ID rs1061325 with genomic
265 location chr22:19184095 on hg19 assembly). The valine at position 1316 is predicted to
266 have a functional effect on the protein since it was categorized as “probably damaging” with
267 a probability of 0.975 by PolyPhen (Adzhubei et al., 2010) and as “damaging” by SIFT
268 (Kumar, Henikoff & Ng, 2009). The ancestral sequences from chimpanzee and archaic
269 humans have the M1316 allotype, suggesting that M1316 is likely to represent the ancestral
270 state. To further investigate this, we inspected raw sequencing data from both Altai
271 Neanderthal and Denisovan (Supplementary File 1d). We inferred the most likely genotype
272 to be homozygous for the M1316 amino acid (minimum sequencing depths equal to 40 and
273 28, respectively). We then extracted sequencing data for an additional 13 archaic and
274 ancient humans (Supplementary File 1d). We found that the V1316 amino acid is present in
275 Pleistocene hunter-gatherers and Neolithic farmers but not in other Neanderthals or
276 Holocene hunter-gatherers in this limited data set. The equivalent residue in human CHC17
277 (encoded by *CLTC*) is also methionine, suggesting that methionine at this position likely pre-
278 dated the initial duplication generating *CLTCL1*. For the non-human species analyzed
279 (Figure 1), all CHC-encoding genes present would produce clathrins with M1316, further
280 indicating its ancient and conserved role in CHC structure or function.

281

282 To quantify the levels of nucleotide and allelic diversity for non-synonymous sites within
283 human populations, several summary statistics of diversity were calculated. For populations
284 within each meta-population, we separately calculated Watterson's and Nei's estimators of
285 genetic diversity (TW and PI, respectively), Tajima's D (TD), Fu and Li's D* (FLDs) and F*
286 (FLFs), the sum of squared allele frequencies including the most common allele (H1) and
287 excluding it (H2), and the normalized ratio between H2 and H1 (H2H1) (Supplementary File
288 2a). To assess whether observed summary statistics are expected or not under neutral
289 evolution in each population, we calculated the empirical null distribution from a set of 500
290 control genes with the same coding length as *CLTCL1* (Supplementary File 2b). High or low
291 percentile rank values for *CLTCL1* in the empirical distribution indicate that the summary
292 statistic for *CLTCL1* is unlikely to occur by mutation and neutral genetic drift alone. Summary
293 statistics and populations were then clustered according to their empirical ranks and plotted
294 on a heat map (Figure 4).

295

296 All populations tend to display high genetic diversity for *CLTCL1*, as summarized by PI and
297 TW, and an unusually high frequency for the second most common allele, as summarized by
298 H2 and H2H1. Such configuration is likely to occur under balancing selection (Charlesworth,
299 2006) or because of a soft sweep (Messer, Petrov, 2013). That *CLTCL1* was low ranking in
300 all populations for H1, a statistic representing the frequency of the most common allele, also
301 supported diversifying selection rather than hard sweeps. On the other hand, all populations
302 display negative TD values with many populations exhibiting negative FLDs and FLFs
303 values. These values are consistent with low diversity within common alleles and an excess
304 of low-frequency variants. Finally, we calculated a measure of genetic differentiation (fixation
305 index F_{ST}) between pairs of canonical reference populations, namely Yoruba from Nigeria
306 (YRI), North Americans with Caucasian European ancestry (CEU), and Han Chinese from
307 Beijing (CHB). We did not find any evidence that F_{ST} values for *CLTCL1* (YRI-CEU 0.15,
308 YRI-CHB 0.077, CEU-CHB 0.065) are outliers in the empirical distribution of control genes.

309

310 Such inconsistent patterns could be partly explained by the fact that we considered only non-
311 synonymous changes, and the limited number of SNPs considered per gene may create a
312 larger variance in the empirical distributions, especially for allele-based statistics. We
313 therefore sought further evidence for the high frequency of the second most common allele
314 by investigating whole genomic variation, including silent SNPs. We observed a local
315 increase of H2 statistics in *CLTCL1* for European populations, which already shows a large
316 value based on non-synonymous changes (Figure 4-figure supplement 1). This analysis also
317 indicates that any selection signatures are restricted to a local genomic region
318 encompassing *CLTCL1*.

319 Another reason for the summary statistics not being strong outliers in the empirical
320 distribution is the high recombination rate (sex-average rate of 2.5 cM/Mb) inferred for the
321 genomic region encompassing *CLTCL1* (Kong et al., 2002). We therefore performed
322 coalescent simulations under neutrality of a putative 100kbp genomic region surrounding the
323 SNP encoding the M1316V variation, taking into account the local recombination rate and a
324 previously proposed demographic model for Africans (YRI), Europeans (CEU) and East
325 Asians (CHB) (Gutenkunst et al., 2009) with a mutation rate of 1.5×10^{-8} per base pair per
326 generation. The observed values for TW and PI were significantly greater than expected
327 under neutral evolution for all populations (p -values < 0.001), while TD was greater than
328 expected for CHB only, although with a marginally non-significant statistical support (p -value
329 0.056). All these results are suggestive of a genetic diversity higher than expected under
330 neutrality for a region encompassing M1316V, although possible complex evolutionary
331 scenarios may limit the power of summary statistics to detect such selective events.

332

333 One plausible explanation of the high genetic diversity and frequency of the two major alleles
334 of *CLTCL1* that occur in all modern human populations (Figure 3B, Supplementary File 1b)
335 is balancing selection (Charlesworth, 2006). Such a distribution of allele frequency was
336 confirmed using a different data set of more than 50 sampled human populations (Figure 4-

337 figure supplement 2). In several populations, we also observed an apparent excess of
338 heterozygosity at SNP rs1061325 (Supplementary File 2c), compatible with heterozygote
339 advantage (overdominance) for the two encoded allotypes differing at residue 1316.
340 Specifically, all European populations show a ratio of observed versus expected (assuming
341 Hardy-Weinberg equilibrium) heterozygosity greater than 1, with the highest value of 1.24
342 (chi-squared test nominal p -value 0.047) for Iberic Spanish (IBS) (Figure 4-figure
343 supplement 3). Selective pressures that might be acting on *CLTCL1*, irrespective of
344 population distribution, could be changes in human diet, a number of which have been
345 inferred over the last 2.6 million years (Hardy et al., 2015). Perhaps the best known of these
346 dietary transitions are the introduction of cooking ~450 KYA, development of farming
347 ~12,500 YA, and more recently industrialized food processing, which gradually and then
348 dramatically increased carbohydrate availability and consumption by humans. As CHC22
349 clathrin, the gene product of *CLTCL1*, is required for formation of the intracellular pathway
350 critical for an insulin response, its genetic history could potentially be influenced by these
351 changes. To address the hypothesis that nutritional habits conferred selective pressure on
352 *CLTCL1*, we compared the frequency of SNP rs1061325 (M1316V) in farming versus
353 hunter-gatherer population samples from ancient and modern humans. Although the
354 appearance of SNP rs1061325 predates the advent of farming (Supplementary File 1d), the
355 observed frequencies of this allele, which encodes the CHC22-V1316 allotype, are
356 consistent with a tendency for it to increase once farming became common practice for a
357 population (Figure 5), although limited sample size for modern humans will have reduced the
358 power to reach statistical significance. The highest difference in allele frequency was
359 observed between early farmers and hunter-gatherers from west Eurasia. However, as these
360 two populations are highly diverged, it remains possible that this significant difference in
361 allele frequency is due to genetic drift shaped by population history, rather than natural
362 selection. To test this model, using the same dataset, we extracted 2,500 control SNPs with
363 a global minor allele frequency similar to rs1061325 (M1316V) (up to an error of 5%) and
364 minimum global sequencing depth of 100X. We obtained statistical significance (p -value

365 0.036) when testing the difference in derived allele frequency in farmers compared to hunter-
366 gatherers (+26.58%), while we found no statistical support (p -value 0.080) when testing the
367 absolute difference in allele frequency between these two populations.

368

369 **Genetic variation in non-human vertebrate species supports functional diversification** 370 **of *CLTCL1***

371 We analyzed allelic variation for *CLTC* and *CLTCL1* in the genomes of 79 individuals
372 representing six species of great ape, two species each for chimpanzees, gorillas and
373 orangutans (*Pan troglodytes*, *Pan paniscus*, *Gorilla beringei*, *Gorilla gorilla*, *Pongo abellii*,
374 *Pongo pygmaeus*). After data filtering and haplotype phasing, we found no non-synonymous
375 SNPs for *CLTC* and 64 putative non-synonymous SNPs for *CLTCL1* (Supplementary File
376 3a). In three species of great apes analyzed, one of the non-synonymous changes in
377 *CLTCL1* leads to a premature stop-codon at amino position 41, with an overall frequency of
378 36%. However, sequences containing the stop-codon exhibited only a marginal increase of
379 nucleotide diversity (+4.7% as measured by Watterson's index (Watterson, 1975)) compared
380 to the full-length sequences, suggesting that these are relatively new variants. Notably, for
381 all the non-human primates analyzed, *CLTCL1* variants do not encode the V1316 allotype,
382 which appears private to humans. However, in all three types of great ape we found a
383 common but different substitution, threonine (T1316), at the same amino acid position.

384

385 To further investigate variation in non-human primates, we increased the sample size per
386 species by analyzing *CLTC* and *CLTCL1* variation in 70 chimpanzee and bonobo genomes,
387 including four subspecies of chimpanzee. While no variation was observed for *CLTC* (Figure
388 3C), a median-joining network for the inferred 8 *CLTCL1* alleles (Supplementary File 3b)
389 showed a major allele common to different species and subspecies with less frequent alleles
390 primarily restricted to individual ones (Figure 3D). In this chimpanzee data set, we observed
391 considerable diversity, with a potential tendency towards multiple variants. However, amino
392 acid 1316 was not covered in this data set, possibly due to poor data mapping quality

393 associated with the high nucleotide diversity observed. In another data set of 20 individuals
394 (Teixeira et al., 2015), we found a frequency of 10% for the T1316 allotype in chimpanzees
395 but not in bonobos.

396

397 We further investigated *CLTCL1* variation in polar bears (*Ursus maritimus*) and their closest
398 related species, brown bears (*Ursus arctos*). These two species, which diverged 479-343
399 KYA (Liu et al., 2014), have very different diets (Liu et al., 2014, Bojarska, Selva, 2012) and
400 are phylogenetically closer to each other than chimpanzees and humans. Polar bears
401 subsist on a high fat, low carbohydrate diet, whereas brown bears consume a more varied
402 diet of carbohydrate, protein and fat. Analysis of 21 bear genomes (7 polar bears and 14
403 brown bears) (Benazzo et al., 2017), revealed three positions (1267, 1389, and 1522) which
404 are fixed in polar bears but are either polymorphic or have a different residue in brown bears
405 (Supplementary File 3c). Genetic differentiation between polar and brown bears, as
406 measured by F_{ST} , is markedly higher for *CLTCL1* (0.56) than for *CLTC* (0.26) (Liu et al.,
407 2014). Furthermore, a phylogenetic tree of both bear species in our sample exhibits more
408 diversification for *CLTCL1* compared to *CLTC* (Figure 3-figure supplement 1). This sample of
409 bear populations may support the emergence of multiple *CLTCL1* variants within a species
410 and a potential role for diet-related selection.

411

412 **Modeling CHC22 variation based on *CLTCL1* polymorphism suggests an effect on** 413 **clathrin lattice contacts**

414 One expectation for selection of the human-specific *CLTCL1* allele encoding the CHC22-
415 V1316 allotype is that this amino acid change might confer a functional change in the clathrin
416 lattice. This was predicted by the PolyPhen and SIFT analyses, highlighting the change as
417 potentially structure-altering. As many humans are heterozygous for the M1316 and V1316
418 allotypes (44% based on all individuals from 1000 Genomes project), there may potentially
419 be special properties for mixed lattices formed from the two protein allotypes. To address the
420 possibility that the M1316V polymorphism affects protein function, we used MODELLER

421 (Benjamin, Sali, 2014) to produce a homology model of the two CHC22 allotypes based on
422 the crystal structure of CHC17 clathrin (PDB 1B89), taking advantage of the 85% protein
423 sequence identity between human CHC17 and CHC22 (Figure 6). Modeling using UCSF
424 Chimera (Pettersen et al., 2004) showed that residue 1316 is found at a key interface
425 between triskelion legs in assembled clathrin (Figure 6A and top of panel B). If M1316 is
426 substituted by V1316, the smaller side chain creates a void that would be energetically
427 unfavorable (Figure 6, bottom of panel B), such that the triskelion leg might twist slightly to
428 close the void. In the clathrin lattice, the legs have a torque that rotates the assembly
429 interface along the protein sequence (Wilbur, Hwang & Brodsky, 2005), so a further twist
430 could slightly adjust the interface, altering assembly interactions. Changes in the assembly
431 interface could affect integrity of the lattice and potentially influence kinetics of assembly and
432 disassembly. Mixed lattices of the two CHC22 allotypes would therefore have different
433 properties from CHC22 coats formed in homozygotes for the two major *CLTCL1* alleles.
434 CHC22 is needed for the traffic of GLUT4 to its intracellular storage compartment, where
435 GLUT4 awaits release to the plasma membrane in response to insulin. However, CHC22
436 also accumulates at the GLUT4 storage compartment (GSC) when it expands due to
437 impaired GLUT4 release in cases of insulin-resistant type 2 diabetes (T2D) (Vassilopoulos et
438 al., 2009). Thus, genetic variation of CHC22 could alter rates of retention and release of
439 GLUT4 in both healthy and disease states.

440

441 **CHC22 variants display functional differences**

442 To test whether the evolutionary change from M1316 to V1316 in CHC22 clathrin alters its
443 properties, three aspects of CHC22 biochemistry and function were compared for the two
444 allotypes. HeLa cells were transfected with constructs encoding each CHC22 variant or
445 CHC17, tagged with green fluorescent protein (GFP). Atypically for their epithelial cell origin
446 but not for transformed cells, HeLa cells express CHC22 clathrin (they are homozygous for
447 the M1316 allotype) (Adey et al., 2013, Landry et al., 2013). We observed that the
448 transfected fluorescently tagged CHC22 allotypes were both concentrated in the perinuclear

449 region of the cell, similar to endogenous CHC22-M1316 detected by antibody, and did not
450 overlap with endogenous CHC17 (Figure 7A). Conversely, transfected GFP-CHC17 did not
451 overlap with endogenous CHC22, so expression of the transfected CHCs reflected their
452 natural distribution (Dannhauser et al., 2017). Using these constructs, the dynamics of
453 membrane association for the two allotypes of CHC22 and for CHC17 was assessed by
454 Fluorescence Recovery After Photobleaching (FRAP). To assess clathrin turnover, as an
455 indicator of clathrin coat stability, cells expressing fluorescent proteins were photobleached
456 in the perinuclear area (Figure 7B) and their rate of fluorescence recovery was measured.
457 Recovery of CHC17 fluorescence was the fastest, consistent with its more soluble properties
458 compared to CHC22 (Dannhauser et al., 2017). CHC22-M1316 showed the slowest
459 recovery and CHC22-V1316 was intermediate (Figure 7C-E), suggesting that it is more
460 exchangeable in the CHC22 coat than the M1316 allotype.

461

462 The impact of CHC22 variation on GLUT4 retention was then assessed. Because HeLa cells
463 express CHC22, they can form a GSC, when transfected to express GLUT4. These cells
464 sequester GLUT4 intracellularly, and then release it to the plasma membrane in response to
465 insulin, behaving like muscle and adipocytes, though with more modest insulin response
466 (Camus et al., 2018, Trefely et al., 2015, Haga, Ishii & Suzuki, 2011). To detect GLUT4
467 release to the cell surface, we used a construct expressing GLUT4 tagged with mCherry and
468 a hemagglutinin (HA) epitope embedded in an exofacial loop of the transporter (HA-GLUT4-
469 mCherry). Appearance of surface GLUT4 in response to insulin was detected by
470 fluorescence-activated cell sorting (FACS) using an antibody to the HA epitope (Figure 8A).
471 Transfection of HeLa cells with siRNA depleting CHC22 ablates this insulin-responsive
472 pathway (Camus et al., 2018) (Figure 8A). We then assessed if siRNA inhibition of insulin-
473 responsive GLUT4 release can be rescued by expression of CHC22-M1316-GFP or CHC22-
474 V1316-GFP. These constructs, the same as characterized in Figure 7A, are siRNA-resistant,
475 as well as being GFP-tagged. We observed that, when endogenous CHC22 was depleted,
476 CHC22-M1316 was able to restore the insulin response but CHC22-V1316 was not, when

477 the rescue constructs were expressed at the same levels in cells (measured by intensity of
478 GFP fluorescence) (Figure 8A). CHC17 expression also did not rescue insulin-induced
479 GLUT4 expression, as shown previously (Vassilopoulos et al., 2009). However, CHC22-
480 V1316 is functional for trapping GLUT4 intracellularly because CHC22-transgenic mice that
481 express CHC22-V1316 in muscle, using the natural human promoter, show excessive
482 GLUT4 sequestration in muscle compared to wild-type mice without CHC22, leading to
483 higher blood glucose in the transgenic animals (Vassilopoulos et al., 2009). To analyze
484 GLUT4 sequestration in another way, cells depleted for CHC22 and then transfected with
485 mCherry-GLUT4 plus either CHC22 allotype or CHC17 were each divided into three
486 populations expressing equivalently low, medium and high levels of the transfected CHC-
487 GFP. Then, the total GLUT4 content of the cells was measured by mCherry fluorescence.
488 We observed higher levels of GLUT4 in cells expressing CHC22-M1316-GFP, compared to
489 cells expressing either CHC22-V1316-GFP or CHC17-GFP at both medium and high levels
490 of CHC expression (Figure 8B). This suggests that GLUT4 is sequestered more effectively
491 from degradative membrane traffic pathways when trafficked by CHC22-M1316 than by
492 CHC22-V1316, indicating that the M1316 variant is more efficient at targeting GLUT4 to the
493 GSC. As indicated by their weak insulin response compared to muscle or fat cells, HeLa
494 cells are only just able to form a functional GSC from which GLUT4 can be released. For
495 these cells, the less effective CHC22-V1316 is inadequate to restore GSC formation when
496 their endogenous CHC22-M1316 is depleted. Use of this HeLa model was necessitated by
497 the lack of natural models for the CHC22-dependent GLUT4 pathway in myoblasts and
498 adipocytes, as well as a lack of antibodies that detect surface GLUT4. Nonetheless, these
499 experiments demonstrate a functional difference between CHC22-M1316 and CHC22-
500 V1316 and suggest that CHC22-V1316 is less efficient at GLUT4 sequestration.

501

502 **DISCUSSION**

503

504 We studied the phylogenetics and population genetics of CHC22 clathrin to understand the
505 functional variation of this protein in relation to its evolutionary history. CHC22 clathrin is a
506 key player in post-prandial blood glucose clearance in humans through its role in intracellular
507 packaging of the GLUT4 glucose transporter in muscle and fat, the tissues in which CHC22
508 and GLUT4 are expressed (Vassilopoulos et al., 2009). The CHC22 pathway positions
509 GLUT4 for cell surface release in response to insulin and consequent uptake of glucose into
510 these tissues (Bryant, Govers & James, 2002). The *CLTCL1* gene encoding CHC22 resulted
511 from gene duplication that we have now dated to 494-451 MYA, early in vertebrate evolution
512 when jawed vertebrates emerged. We had previously shown that *CLTCL1* is a pseudogene
513 in mice (Wakeham et al., 2005). Expanding analysis to 58 vertebrate genomes (>5X
514 coverage) we could not detect *CLTCL1* in nine vertebrate genomes. Six of these absences
515 can be ascribed to two independent gene loss events in branches of the Rodentia and the
516 Cetartidactylae. The three others may represent additional gene losses or incomplete
517 genome annotation. All vertebrate and non-vertebrate eukaryotes considered here have
518 retained the parent *CLTC* gene encoding CHC17 clathrin, which mediates endocytosis and
519 other housekeeping membrane traffic pathways. The analysis described here establishes
520 that *CLTC* is under strong purifying selection. Notable is our evidence for purifying selection
521 on *CLTCL1* in the species in which it has been retained, supporting its functional importance
522 in those species. Compared to *CLTC*, extensive allelic diversity was observed for *CLTCL1* in
523 all species for which populations were analyzed, including humans, chimpanzees and bears.
524 Variant alleles were species-specific in most cases. In all human populations, two allelic
525 variants of *CLTCL1* are present in high frequency, differing only at one nucleotide, resulting
526 in CHC22 protein with either methionine or valine at position 1316. The V1316 allotype
527 appears specific to humans, but some non-human primates have a different variation at the
528 position 1316. Analysis of ancient humans dated the appearance of the V1316 variant to
529 500-50 KYA and indicated that M1316, which is fixed in CHC17 clathrin, is the ancestral
530 state. Analyses of human population genetic data provided support for the maintenance of
531 high genetic diversity and two allotypes of CHC22. We hypothesize that selective pressure

532 on CHC22 clathrin comes from its role in nutrient metabolism. Consistent with this
533 hypothesis, we observed functional differences between the two CHC22 allotypes in their
534 capacity to control GLUT4 membrane traffic, as predicted by structural modeling and
535 differences in cellular dynamics of the two allotypes.

536

537 Retention of *CLTC* in all vertebrate species is consistent with the encoded CHC17 mediating
538 cellular housekeeping clathrin functions shared by all eukaryotes. On the other hand,
539 CHC22, encoded by the paralogous gene *CLTCL1*, operates in the specialized insulin-
540 responsive GLUT4 pathway to make the pathway more efficient in those species that
541 retained *CLTCL1*. Data presented here (Figure 8) and our recent mapping of a novel
542 intracellular location for CHC22 function (Camus et al., 2018) indicate that, in human cells,
543 CHC22 clathrin promotes transport from the secretory pathway to the insulin-responsive
544 GSC. This CHC22 pathway complements the endocytic pathway for GLUT4 targeting to the
545 GSC, so species without CHC22 can rely primarily on endocytosis for GLUT4 trafficking to
546 the GSC, while species with CHC22 use both pathways. Thus, we hypothesize that species
547 with functional CHC22 clathrin are more efficient at intracellular GLUT4 sequestration,
548 resulting in lower surface GLUT4 in the absence of insulin, and tighter regulation of GLUT4
549 release in response to insulin. The trade-off is that these species have an inherent increased
550 tendency to insulin resistance as their GLUT4 is sequestered more effectively. The two main
551 vertebrate branches that have lost CHC22 comprise the Muridae (mice and rats) who are
552 incessant herbivores and the Cetartiodactyla (sheep, cattle, porpoise and pigs) which
553 include the ruminants (sheep and cattle) whose muscle uptake of glucose is critical for
554 muscle function, but is not a main pathway for glucose clearance (Hocquette et al., 1995).
555 These two groups of species require greater availability of GLUT4 on their cell surfaces, so
556 that more efficient GLUT4 sequestration by CHC22 would not be favorable to their nutritional
557 needs. The fact that CHC22 alters the balance of membrane traffic to the GSC means that
558 species losing *CLTCL1* could evolve compensatory pathways more compatible with their
559 diets. Thus, transgenic mice expressing CHC22 over-sequester GLUT4 in their muscle and

560 develop hyperglycemia with aging (Vassilopoulos et al., 2009). The blind cave fish, which
561 appears to lack *CLTCL1*, has independently evolved mutations in the insulin receptor,
562 creating natural insulin resistance, such that the presence of CHC22 on top of this
563 mechanism might be detrimental (Riddle et al., 2018). The loss of *CLTCL1* from blind cave
564 fish is consistent with the insulin responsive GLUT4 pathway being a target for natural
565 selection driven by diet, which might also explain *CLTCL1* variation or loss for additional
566 vertebrate species during vertebrate evolution.

567

568 The allelic variation reported here for *CLTCL1* in human and bear populations further
569 supports the hypothesis that *CLTCL1* has undergone continued selection during vertebrate
570 evolution in relation to diet. While purifying selection appears to be operating on *CLTCL1* in
571 those species that retain it, *CLTCL1* is far more variable than *CLTC* in these species. In
572 humans, we find two major and functionally distinct alleles at remarkably similar frequencies
573 in all populations studied. Statistical analysis comparing early farmer and hunter-gatherer
574 populations shows an apparent increase of the V1316 variant, suggesting a correlation with
575 regular consumption of digestible carbohydrate. Notably, the SNP distinguishing these
576 alleles is human-specific and likely arose 550-50 KYA (i.e. post-Neanderthal, pre-Neolithic).
577 Other dramatic increases in digestible carbohydrate utilization have been inferred for
578 humans in this timeframe; in particular the advent of cooking (which gelatinizes crystallized
579 starch, making it much easier to digest), salivary amylase gene copy number increase
580 (allowing increased starch digestion capacity) and accelerated brain size increase (which
581 would increase demands for blood glucose) (Hardy et al., 2015). While the co-evolution of
582 these cultural and genetic traits was originally proposed to have occurred some 800 KYA,
583 recent studies indicate a time frame of 450-300 KYA years for cooking (Shahack-Gross et
584 al., 2014), increased oral amylase activity (Inchley et al., 2016) and accelerated brain size
585 increase (Dunbar, 2019). The fact that the two major human *CLTCL1* alleles are functionally
586 distinct is consistent with diversifying selection operating on *CLTCL1*, with a balancing
587 selection possibly caused by heterozygote advantage. While population genetic signatures

588 for balancing or overdominant selection were not entirely robust, some summary statistics
589 were suggestive of an increased diversity that was unlikely to have occurred under
590 neutrality. Other statistics, such as the ones based on allele frequencies, would not be
591 expected to gain significance within the timeframe of the human-specific diversifying
592 selection we detect. The allelic diversity of *CLTCL1* in other primate species could have the
593 potential effect of diluting its function. Whilst chimpanzees are omnivores and gorillas
594 herbivores, both rely for nutrition on extensive foraging for carbohydrate. Also notable is that
595 polar bears, who have a very low carbohydrate diet compared to their brown bear relatives,
596 have distinct CHC22 variants with unknown functionality, again consistent with *CLTCL1*
597 undergoing selection driven by nutritional ecology.

598

599 Clathrins are self-assembling proteins and function as a latticed network in the protein coat
600 that they form on transport vesicles. Our structural modeling predicts that the single amino
601 acid difference between the two main human CHC22 allotypes could influence the strength
602 of molecular interactions in the CHC22 clathrin lattice, as position 1316 occurs at a lattice
603 assembly interface (Figure 6). When expressed in cells, both CHC22 variants gave the same
604 overall intracellular distribution, but CHC22-V1316 shows faster turnover from membranes
605 than CHC22-M1316 (Figure 7) and is less effective at GLUT4 sequestration (Figure 8B).
606 These properties are consistent with the methionine to valine change attenuating GLUT4
607 retention. This interpretation is further supported by a GLUT4 translocation assay, which
608 indicates that the V1316 variant is less effective in forming the insulin-responsive GSC than
609 the ancestral M1316 form of CHC22 (Figure 8A). Thus, mixed lattices occurring in
610 heterozygous individuals, potentially reflect balancing selection and overdominance, might
611 reduce GLUT4 sequestration compared to M1316 homozygotes. This would have the effect
612 of improving glucose clearance. It can be argued that human consumption of digestible
613 carbohydrate on a regular basis (Hardy et al., 2015), requiring increased glucose clearance,
614 might be a selective force driving this genetic adaptation. This view is consistent with the
615 increased frequency of the V1316 variant in early farmers. It is also possible that some forms

616 of polar bear CHC22 are super-active at GLUT4 sequestration, providing a route to maintain
617 high blood glucose, as occurs through other mutations in the blind cave fish (Riddle et al.,
618 2018).

619

620 Regulators of fundamental membrane traffic pathways have diversified through gene
621 duplication in many species over the timespan of eukaryotic evolution. Retention and loss
622 can, in some cases, be correlated with special requirements resulting from species
623 differentiation, such as the extensive elaboration of genes in the secretory pathway of
624 *Tetrahymena* (Dacks, Robinson, 2017, Bright et al., 2010). The evolutionary history of
625 *CLTCL1*, following vertebrate-specific gene duplication, suggests that differentiation of
626 nutritional habits has shaped selection for the presence and absence of *CLTCL1* in some
627 vertebrate species, and its diversification in humans and potentially other species. Though
628 its highest expression is in muscle and adipose tissue, transient expression of CHC22 during
629 human brain development has also been documented (Nahorski et al., 2015). This was
630 noted in a study of a very rare null mutant of *CLTCL1* that caused loss of pain sensing in
631 homozygotes and no symptoms for heterozygotes (Nahorski et al., 2015). Attenuated
632 CHC22 function of the V1316 variant might lead to a spectrum of pain-sensing in humans
633 but this is unlikely to be a strong selective force affecting reproductive success, whereas
634 glucose homeostasis, as suggested by our analysis, is more likely. By exerting efficient
635 control of blood glucose levels, the presence of CHC22 clathrin was likely beneficial in
636 providing the nutrition required to develop the large human brain, as well as affecting
637 reproduction by influencing glucose availability during pregnancy (Hardy et al., 2015).
638 However, over the last 12,500 years in association with farming, or perhaps over the last
639 450,000 years in association with cooking, salivary amylase activity and starch digestion
640 (Hardy et al., 2015, Shahack-Gross et al., 2014, Inchley et al., 2016), readily available
641 carbohydrate has increased our need to clear glucose from the blood, such that selection
642 continues to act on *CLTCL1* in humans. Our cell biology studies have also demonstrated
643 that CHC22 increases GLUT4 retention. While we would not expect the major *CLTCL1*

644 polymorphism to directly influence the development of T2D, CHC22 accumulates on the
 645 expanded GSC that forms in cases of insulin-resistant T2D (Vassilopoulos et al., 2009), so
 646 its variation could potentially exacerbate insulin resistance to different degrees. The genetic
 647 diversity that we report here may reflect evolution towards reversing a human tendency to
 648 insulin resistance and have relevance to coping with increased carbohydrate in modern
 649 diets.

650

651 MATERIAL AND METHODS

652

653 Key resources table

654

Reagent type (species) or resource	Designation	Source or reference	Identifiers	Additional information
Cell line (human)	HeLa	ATCC	Cat. #: CCL-2; RRID:CVCL_0030	
Antibody	Mouse monoclonal anti-CHC17 (X22)	Frances Brodsky PMID: 2415533		IF (5 mg/mL)
Antibody	Mouse monoclonal anti-CHC17 (TD.1)	Frances Brodsky PMID: 1547490		WB (1.3 mg/mL)
Antibody	Rabbit polyclonal anti-CHC22 (SHL-KS)	Frances Brodsky PMID: 29097553		WB (0.4 mg/mL)
Antibody	Mouse monoclonal anti-b-actin (AC-15)	Sigma	Cat. #: A1978; RRID:AB_476692	WB (1:2000)
Antibody	Purified anti-HA.11 (16B12)	Covance	Cat. #: MMS-101P; RRID:AB_10064068	
Antibody	Rabbit polyclonal anti-CHC22	Proteintech	Cat. #: 22283-1-AP; RRID:AB_11183764	
Antibody	Goat anti-rabbit IgG coupled to HRP	ThermoFisher Scientific	Cat. #: 172-1019	WB (1:8000)
Antibody	Goat anti-mouse IgG coupled to HRP	ThermoFisher Scientific	Cat. #: 170-6516	WB (1:8000)
Antibody	Anti-mouse IgG1 coupled to Brilliant Violet 421 (RMG1-	Biolegend	Cat. #: 406616; RRID:AB_2562234	FC (1:200)

	1)			
Recombinant DNA reagent	HA-GLUT4-mCherry	This paper		Generated from HA-GLUT4-GFP (gift from Dr Tim McGraw, PMID: 11058093)
Recombinant DNA reagent	CHC22V (pEGFP-C1-GFP-CHC22V)	Frances Brodsky PMID: 20065094		
Recombinant DNA reagent	CHC22M (pEGFP-C1-GFP-CHC22M)	This paper		Generated by Quick change mutagenesis from CHC22V
Recombinant DNA reagent	CHC17 (pEGFP-C1-GFP-CHC17)	Frances Brodsky PMID: 29097553		
Sequence-based reagent	AllStars Negative Control siRNA	Qiagen	Cat. #: SI03650318	
Commercial assay or kit	Quick change mutagenesis	New England Biolabs, USA	Cat. #: E0554S	
Commercial assay or kit	BCA	Pierce	Cat. #: 23225	
Commercial assay or kit	Western Lightning Chemiluminescence Reagent	GE Healthcare	Cat. #: RPN2209	
Chemical compound, drug	JetPrime transfection reagent	PolyPlus	Cat. #: 114-07	
Chemical compound, drug	Insulin	Sigma	Cat. #: I9278	
Chemical compound, drug	Bovine serum albumin (BSA)	Sigma	Cat. #: A7906	
Software, algorithm	FlowJo	Treestar		
Software, algorithm	ImageJ	NIH		
Software, algorithm	Prism	Graphpad		
Software, algorithm	R	R Project		Packages: pegas, Smisc, gplots

Other	CellView glass bottom culture dish	Greiner Bio-one	Cat. #: 627860	
Other	Nitrocellulose membrane	Biorad	Cat. #: 1620112	

655

656

657

658

659 **Phylogenetics**

660 Vertebrate genomes as well as genomes of *Drosophila melanogaster*, *Caenorhabditis*
661 *elegans*, *Ciona intestinalis* and *Ciona savignyi* were downloaded from Ensembl (Yates et al.,
662 2016), all accessed on 23/04/2016 except for pig (14/12/2017), marmoset and hagfish (both
663 09/08/2018), excluding vertebrate species sequenced below five-fold genome coverage, *i.e.*
664 with less than five reads per site on average. In addition, we downloaded the genomes of the
665 elephant-shark (Venkatesh et al., 2014), whale-shark (Read et al., 2017), marmot (The
666 Alpine Marmot Genome, BioProject PRJEB8272 on NCBI) and porpoise (Yuan et al., 2018).
667 All potential homologs for the human isoforms of *CLTC/CLTCL1*, *MTMR4/MTMR3*, and
668 *CLTA/CLTB*, in the above genomes were retrieved via BLAST (Boratyn et al., 2013). An *e*-
669 value threshold of 0.001 with additional constraints applied by default in InParanoid version 7
670 (Östlund et al., 2009) were used (at least 50% of the sequences are covered by the
671 alignment, and at least 25% of the residues are aligned). The polar bear (*Ursus maritimus*)
672 (Liu et al., 2014), brown bear (*Ursus arctos*) (Benazzo et al., 2017) and black bear (*Ursus*
673 *americanus*) CHC17 and CHC22 protein sequences were manually added. For *CLTCL1* only
674 the elephant and horse sequences (XP_023397213.1 and XP_023502410.1 respectively)
675 were manually added.

676

677 The sequences corresponding to the longest transcripts were aligned with MAFFT (Katoch,
678 Standley, 2013) and phylogenetic trees generated with PhyML (Guindon et al., 2010). The
679 last two steps were repeated after manually removing outlier sequences lying on long
680 branches (*CLTC/CLTCL1*: ENSTNIP00000007811.1, ENSTGUP00000014952.1,

681 XP_023397213.1, XP_023502410.1; *CLTA/CLTB*: ENSPSIP00000012669.1) and, in the
682 case of genomes not retrieved from Ensembl (therefore lacking the gene-to-transcript
683 mapping), sequences most likely corresponding to alternative transcripts (XP_015350877.1,
684 XP_007899998.1, XP_007899997.1, XP_007904368.1, XP_007904367.1,
685 XP_020375861.1, XP_020375865.1, XP_020375862.1, XP_020392037.1,
686 XP_020375864.1, XP_020375859.1). Trees were manually reconciled based on the
687 Ensembl species tree extended by elephant-, whale shark, brown-, black bear, porpoise and
688 marmot with TreeGraph (Stöver, Müller, 2010). Branch lengths were estimated based on the
689 multiple sequence alignment (MSA) with PhyML fixing the manually reconciled topology, with
690 options '-u' and '--constraint_file'. With this approach no support values for splits are
691 calculated. The resulting trees were used as input to generate a new phylogeny-aware
692 MSAs with PRANK (Loytynoja, Goldman, 2005). Branch lengths of the reconciled topologies
693 were then re-estimated based on the MSA generated by PRANK.

694

695 To compute evolutionary rates, the sequences and subtrees corresponding to *CLTC* and
696 *CLTCL1* clades after duplication (i.e. excluding non-vertebrates) were extracted and
697 sequences from species without either *CLTC* or *CLTCL1* were removed. The same
698 procedure was performed for *MTMR4/MTMR3* and *CLTA/CLTB*. A phylogeny-aware MSA
699 was computed with PRANK on the remaining sequences, and the amino acid alignment was
700 converted to a codon alignment with PAL2NAL (Suyama, Torrents & Bork, 2006). Finally,
701 dN/dS ratios (i.e. the ratio of the rate of nonsynonymous substitutions to the rate of
702 synonymous substitutions) were inferred based on the codon alignments with PAML (Yang,
703 2007) for the six proteins independently using the site model M7. Model M7 fits a Beta-
704 distribution to the site rates by estimating the two Beta parameters shape and scale. Rates
705 are estimated per site over the entire phylogeny, and therefore represent time averages.
706 Phylogenetic trees of consensus amino acid sequences for bear samples only were
707 computed using PhyML 3.1 (Guindon et al., 2010) with default values as implemented in
708 Phylogeny.fr (Dereeper et al., 2008).

709

710 **Population genetics**

711 Phased genotypes were obtained by querying Variant Call Format (VCF) files (Danecek et
712 al., 2011) from the 1000 Genomes Project database Phase 3 (1000 Genomes Project
713 Consortium, 2015) for all available 2,504 samples. Only high-quality variants were retained
714 using *vcflib* (<https://github.com/vcflib/vcflib>) with options “VT = SNP & QUAL > 1 & AC > 1 &
715 DP > 5000”. Missing genotypes were assigned to homozygotes for the reference alleles.
716 Finally, only sites with a recorded annotated function of being missense, nonsense, stop-loss
717 or frame-shift for tested genes according to the UCSC Table Browser were retained (Speir et
718 al., 2015) (tables `snp150` and `snp150CodingDbSnp`). For each retained position, the
719 reference sequence for chimpanzee from the UCSC Table Browser (Speir et al., 2015) (table
720 `snp150OrthoPt5Pa2Rm8`) was initially used to infer the putative ancestral state. For
721 ambiguous or multiallelic states in the chimpanzee sequence, the human reference base
722 was used as an initial proxy for the ancestral state. The predicted functional impact of amino
723 acid replacements was obtained by using Polyphen (Adzhubei et al., 2010) and SIFT
724 (Kumar, Henikoff & Ng, 2009). Additional frequency information for a single mutation of
725 interest in more than 50 human populations was retrieved from the HGDP CEPH Panel
726 (Cann et al., 2002) from <http://hgdp.uchicago.edu/cgi-bin/gbrowse/HGDP/>. Genotype data
727 for farmers and hunter-gatherer individuals were collected from the Simons Genome
728 Diversity Project Dataset (Mallick et al., 2016). Populations were merged based on their
729 assigned geographical region with the following classification for hunter-gatherers: Africa
730 (Biaka, Ju hoan North, Khomani San, Mbuti), Central Asia and Siberia (Aluet, Chukchi,
731 Eskimo Chaplin, Eskimo Naukan, Eskimo Sireniki, Even, Itelman, Tlingit, Tubalar, Ulchi,
732 Atayal), East and South Asia (Atayal, Kusunda). Farmer and hunter-gatherer allele
733 frequencies were compared following a previously described approach (Raineri, Dabad &
734 Heath, 2014). Briefly, we analytically computed the probability that the V allele is more
735 frequent in farmers than in hunter gatherers while fully accounting for the uncertainty in the
736 individual frequency estimates. V allele frequencies were inferred from allele counts of M

737 and V in a Bayesian framework with a conjugate Beta uniform prior. We recorded maximum
738 *a posteriori* estimates with 95% highest posterior density credible intervals computed with
739 the *Smisc* R library, version 0.3.9. We collected further published ancient DNA data from
740 western Eurasia and classified into three genetic grouping: hunter-gatherer (HG), early
741 farmer (EF) and steppe, using supervised ADMIXTURE (Alexander, Novembre & Lange,
742 2009) as previously described (Mathieson & Mathieson, 2018). These are genetic groups
743 and not directly based on differences in material culture or subsistence, but importantly in
744 the case of HG and EF, these genetic classifications correspond closely to hunter-gatherer
745 and agricultural subsistence strategies (Haak et al., 2015, Skoglund et al., 2014, Skoglund et
746 al., 2012). We then restricted analysis to samples dated between 10,000 and 5,000 years
747 before present that were classified as either HG or EF, leading to a dataset of 119 HG and
748 316 EF of which 85 and 188 respectively had coverage at rs1061325. Frequencies for
749 South-East Asians and ancient Eurasians were down-sampled to ensure numerical stability.
750 The HeLa genomic data were accessed through the NIH database of Genotypes and
751 Phenotypes (dbGaP at <http://www.ncbi.nlm.nih.gov/sites/entrez?db=gap>) through dbGaP
752 accession number phs000640.

753

754 High-coverage VCF files for 79 individuals from six species of great apes were retrieved
755 (Prado-Martinez et al., 2013). Data was filtered using *vcflib* on the combined data set with
756 the options “QUAL > 32 & DP > 50 & DP < 7000 & FS < 27 & MQ > 25 & AC > 1”, similarly
757 to the original manuscript describing this data set (Prado-Martinez et al., 2013). To retrieve
758 nonsynonymous changes, only variants where the translated proteins for each allele differ
759 were retained. We finally phased the data and assigned individual haplotypes using *shapeit*
760 v2.r837 with the options “-burn 50 -prune 20 -main 100 -window 0.5 -effective-size 20000”.
761 Additional 110 genomes of chimpanzees and bonobos were analyzed (Teixeira et al., 2015,
762 De Manuel et al., 2016). Data filtering, functional annotation and haplotype phasing were
763 performed as described above.

764

765 Full genome VCF files for two high-coverage archaic humans, namely one Altai Neanderthal
766 (Prüfer et al., 2014) and one Denisova were retrieved (Meyer et al., 2012). Low-quality sites
767 were filtered out using *vcflib* with the options “QUAL > 1 & DP > 10”. A pseudo-reference
768 sequence for each archaic human was constructed by replacing the heterozygous sites with
769 the previously inferred human ancestral state. Sequencing data information for additional
770 ancient human samples were obtained from previously published high-quality whole genome
771 sequences (Skoglund et al., 2014, Broushaki et al., 2016, Hofmanova et al., 2016, Lazaridis
772 et al., 2014, Olalde et al., 2014, Raghavan et al., 2014, Seguin-Orlando et al., 2014, Fu et
773 al., 2014). Genotype likelihoods were calculated using the standard GATK model (McKenna
774 et al., 2010). Median-joining network plots were generated in R using *pegas* package
775 (Paradis, 2010).

776

777 Several summary statistics were calculated on the inferred alleles to describe their levels of
778 nucleotide diversity. Specifically, for each population separately, Watterson’s estimator of
779 population mutation parameter (TW) (Watterson, 1975), Nei’s genetic diversity index (PI)
780 (Nei, 1973), Tajima’s D (TD) (Tajima, 1989), Fu and Li’s D* (FLDs) and F* (FLFs) (Fu, Li,
781 1993), the sum of squared allele frequencies including the most common allele (H1) and
782 excluding it (H2) and their normalized ratio (H2H1) (Garud, Rosenberg, 2015, Garud et al.,
783 2015) were calculated. We also computed genetic differentiation (F_{ST}) (Reynolds, Weir &
784 Cockerham, 1983) between pairs of canonical reference populations, namely Yoruban (YRI),
785 Europeans (CEU), and Han Chinese (CHB).

786

787 To assess whether the observed summary statistics are expected under neutral evolution,
788 genes with a coding length approximately equal (+/- 5%) to the one observed for the tested
789 gene, *CLTCL1*, were selected. For this analysis, the longest isoform for each gene, and its
790 annotation was considered according to refGene table from the UCSC Genome Browser.
791 We discarded genes on chromosome 6 and on sex chromosomes, as well as *CLTA*, *CLTB*
792 and *CLTC*. This set was further reduced to the first 500 genes with the closest genomic

793 length to *CLTCL1*. As summary statistics can be calculated only in case of genetic variability,
794 genes showing no non-synonymous SNPs within each population were discarded. For each
795 summary statistic, the empirical percentile rank for the value observed in *CLTCL1* compared
796 to the whole distribution of control genes was calculated. Low or high values are suggestive
797 of *CLTCL1* being an outlier in the empirical distribution. For plotting purposes, summary
798 statistics and populations were clustered according to a dendrogram inferred from their
799 respective distances based on the calculated matrix of empirical percentile ranks. That is,
800 populations clustering together exhibit similar patterns of percentile ranks, and thus of
801 summary statistics. The underlying dendrograms are not reported. The heatmap plot was
802 generated using the function `heatmap.2` in R with the package *gplots*. Cells with an empirical
803 percentile rank lower than 0.10 or greater than 0.90 were filled with the exact rank value. We
804 also obtained a null distribution of summary statistics by performing coalescent simulations
805 using *msms* (Ewing, Hermisson, 2010) under a previously derived demographic model for
806 human populations (Gutenkunst et al., 2009).

807

808 **Structure prediction by modeling**

809 MODELLER v9.13 (Benjamin, Sali, 2014) was used to model the structure of the proximal
810 leg segment of CHC22, using the crystal structure of bovine CHC17 (PDB 1B89) (Ybe et al.,
811 1999) as a template. The model of the M1316V mutant was derived in a similar way using a
812 mutated sequence. Structure visualization and analysis of residue interactions at the
813 mutation site M1316 were performed using UCSF Chimera (Pettersen et al., 2004). The wild
814 type and mutant homology models were positioned in the cryo-electron microscopy map of
815 the bovine clathrin lattice (EMD: 5119) (Fotin et al., 2004) by structural superposition on the
816 atomic model originally fitted in the map (PDB:1XI4).

817

818 **Functional experiments**

819 *Antibodies, plasmids and reagents*

820 Mouse monoclonal anti-CHC17 antibodies X22 (Brodsky, 1985), TD.1 (Näthke et al., 1992)
821 and affinity-purified rabbit polyclonal antibody specific for CHC22 and not CHC17
822 (Vassilopoulos et al., 2009) were produced in the Brodsky laboratory. Commercial sources
823 of antibodies were as follows: mouse monoclonal anti- β -actin (clone AC-15, Sigma), mouse
824 monoclonal anti-HA (clone 16B12, Covance), rabbit polyclonal anti-CHC22 (Proteintech).
825 Secondary antibodies coupled to HRP were from ThermoFisher, the secondary antibody
826 coupled to Brilliant Violet 421 was from BioLegend. The HA-GLUT4-mCherry was generated
827 by replacing the GFP from the HA-GLUT4-GFP construct (gift from Dr Tim McGraw
828 (Lampson et al., 2000)) with mCherry using KpnI and EcoRI. The generation of the CHC22
829 variant expressing a valine at position 1316 (CHC22V) was previously described (Esk et al.,
830 2010). The CHC22 variant expressing a methionine at position 1316 (CHC22M) was
831 generated from CHC22V by quick-change mutagenesis (New England Biotechnologies,
832 USA) following manufacturer's instructions.

833

834 *Small RNA interference*

835 Targeting siRNA was produced to interact with DNA sequences
836 AAGCAATGAGCTGTTTGAAGA for CHC17 (Esk et al., 2010) (Qiagen),
837 TCGGGCAAATGTGCCAAGCAA and AACTGGGAGGATCTAGTTAAA for CHC22 (1:1
838 mixture of siRNAs were used) (Vassilopoulos et al., 2009) (Dharmacon). Non-targeting
839 control siRNA was the Allstars Negative Control siRNA (Qiagen).

840

841 *Cell culture*

842 HeLa cells were grown in Dulbecco's Modified Eagle Medium high glucose (Gibco)
843 supplemented with 10% FBS (Gibco), 50 U/mL penicillin, 50 μ g/mL streptomycin (Gibco), 10
844 mM Hepes (Gibco) and maintained at 37°C in a 5% CO₂ atmosphere. HeLa cells were free
845 of mycoplasma infection.

846

847 *siRNA and DNA transfection*

848 Cells were transfected for 72 hours with 20 nM of siRNA. Silencing was assessed by
849 immunoblotting. Transient DNA transfections for rescue experiments were performed during
850 the third day of silencing. For FACS experiments, cells (per well of 6-well plate, 70%
851 confluent) were transiently transfected with 1 µg DNA for CHC22M-GFP and CHC22V-GFP,
852 1.5 µg DNA for CHC17-GFP and HA-GLUT4-mCherry. For FRAP experiments, cells (per
853 glass bottom dish, 60% confluent) were transfected with 0.75 µg DNA for CHC22-GFP (M or
854 V) or 1.5 µg DNA for CHC17-GFP. FACS and FRAP experiments were carried out 24 hours
855 later. All transfections were performed using JetPrime transfection reagent (PolyPlus)
856 following manufacturer's instructions.

857

858 *GLUT4 translocation assay using flow cytometry*

859 HeLa cells were grown in 6-well plates and transiently transfected with either HA-GLUT4-
860 mCherry alone or in combination with GFP-tagged CHC22 (M or V) or CHC17-GFP the day
861 before the experiment. The next day, cells were serum-starved (2 hours) before insulin
862 stimulation (170 nM or vehicle (water) for 15 minutes, 37°C). Cells were then placed on ice
863 and rapidly washed (2X, PBS, 4°C) and fixed (PFA 2%, 15 min). After fixation, cells were
864 washed (2X, PBS, RT) then blocked for 1 hour (PBS 2% BSA, RT) before incubation with
865 monoclonal anti-HA antibody (45 min, RT) to detect surface GLUT4. After incubation, cells
866 were washed (3X, PBS, RT) and incubated with anti-mouse secondary Ig coupled to Brilliant
867 Violet 421 (45 min, RT). Cells were then washed (5X, PBS, RT), gently lifted using a cell
868 scraper (Corning), pelleted (800xg, 8 min) and re-suspended (PBS, 2% BSA, 4°C). Data
869 was acquired with Diva acquisition software by LSRII flow cytometer (Becton Dickinson).
870 Typically, 10,000 to 30,000 events were recorded and Mean Fluorescence Intensity (MFI)
871 values for surface GLUT4 (Brilliant Violet 421) and total GLUT4 (mCherry) were recorded
872 using 450/50 and 530/30 filters, respectively. The ratio of surface to total MFI was calculated
873 to quantify the extent of GLUT4 translocation. MFI values for total GLUT4 (mCherry) were
874 plotted for GLUT4 stability assays. Histograms and post-acquisition analysis were performed
875 using FlowJo software (Treestar). Total GLUT4 and surface GLUT4 values are reported

876 separately for cells expressing CHC22 variants with equalized GFP signals at the top third
877 (high), middle third (medium) and bottom third (low) levels of expression.

878

879 *Fluorescence Recovery After Photobleaching*

880 The imaging of transiently transfected HeLa cells grown on Cellview glass bottom culture
881 dishes (Greiner, Germany) was performed at 37°C in a 5% CO₂ atmosphere, using low 488
882 nm laser power to minimize photobleaching using a 63x (1.4 NA) lens on a Leica SP8
883 confocal microscope. A 2.0 μm² circular region of interest was positioned in the perinuclear
884 region of the transfected cells, a region where both CHC22 and CHC17 naturally occupy. A
885 100% laser power (488 nm) coupled to 11 iterations was performed to achieve GFP
886 photobleaching. Recovery of fluorescence was recorded from 4 to 10 independent cells per
887 dish. The experiment was repeated at least three times.

888

889 *Immunoblotting*

890 HeLa cells protein extracts were quantified by BCA (Pierce), separated by SDS-PAGE (10%
891 acrylamide), transferred to nitrocellulose membrane (0.2 μm, Biorad), labelled with primary
892 antibodies (1-5 μg/mL), washed and labelled with species-specific horseradish peroxidase-
893 conjugated secondary antibodies (ThermoFisher). Peroxidase activity was detected using
894 Western Lightning Chemiluminescence Reagent (GE Healthcare). The molecular migration
895 position of transferred proteins was compared to the PageRuler Prestain Protein Ladder 10
896 to 170 kDa (Thermo Fisher Scientific). Signals were detected using the Chemidoc XRS+
897 imaging system (Biorad) and quantifications were performed using Image J software (NIH).

898

899 *Statistical analyses*

900 Graphs and statistical analyses were performed using Prism software (Graphpad). Detailed
901 statistical information including statistical test used, number of independent experiments, *p*-
902 values, definition of error bars is listed in individual figure legends. All experiments were
903 performed at least three times.

904

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910 established from her tumor cells, have made significant contributions to scientific progress
911 and advances in human health.

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923 **LIST OF ITEMS**

924

925 **Figure legends**

926

927 Figure 1. Phylogenetic analysis of *CLTC/CLTCL1* homologs reveals independent loss of the
928 gene encoding CHC22 clathrin from vertebrate lineages and complete conservation of the
929 gene encoding CHC17 clathrin. Phylogenetic profiles of *CLTC/CLTCL1* homologs are
930 shown, with gene presence in the corresponding genome indicated by a filled black circle. All
931 sequences used have less than 5% unspecified residues ('X's in the relevant database).

932 Divergent gene sequences with low sequence similarity but that still fall within the *CLTC*
933 clade are shown as empty circles (see Materials and Methods for similarity threshold and
934 sequence IDs). Based on the profile and species tree the most parsimonious phylogenetic
935 tree for loss and duplication events is inferred and shown as red stars and blue squares,
936 respectively.

937

938 Figure 1-figure supplement 1. Unreconciled phylogenetic tree for *CLTC* and *CLTCL1* across
939 all investigated species.

940

941 Figure 1-figure supplement 2. Reconciled phylogenetic tree (therefore missing support
942 values) for *CLTC* and *CLTCL1* across all investigated species.

943

944 Figure 2. Genes encoding clathrin heavy chains show evidence for purifying selection with
945 *CLTCL1* (CHC22-encoding) more variable than *CLTC* (CHC17-encoding) over evolutionary
946 time. Evolutionary rates expressed as dN/dS ratios are shown for each position in *CLTC* (A)
947 and *CLTCL1* (B). Rates are averages over an entire phylogenetic tree and therefore not
948 specific to the human proteins. However, to assist interpretation, only rates for residues
949 present in the human proteins are shown. Kernel density estimates of the distributions of
950 dN/dS ratios per paralogous pair of proteins (C-E). *CLTA* and *CLTB* encode clathrin light
951 chains A and B, respectively. *MMTR3* and *MMTR4* encode myotubularin lipid phosphatases.
952 Mean dN/dS ratios averaged over all sites are shown as hatched marks.

953

954 Figure 3. The *CLTCL1* gene encoding human CHC22 has two major variants, and is highly
955 polymorphic relative to the human *CLTC* gene encoding CHC17, with a similar pattern in
956 chimpanzees. Median joining network of human alleles for *CLTC* (A) and *CLTCL1* (B) are
957 shown. Each circle represents a unique allele whose global frequency is proportional to its
958 circle's size and the line length between circles is proportional to the number of non-
959 synonymous changes between alleles. For *CLTC*, the least common alleles have a

960 frequency ranging from 0.04% and 0.06% and the circles representing them were magnified
961 by a factor of 10. For *CLTCL1*, only alleles with an occurrence greater than 20 were plotted.
962 The two major alleles show a combined frequency of 77% while the other alleles depicted in
963 the figure have a frequency ranging from 0.44% to 5.67%. Segregation of the M1316V
964 variation is depicted with a hashed line, with alleles carrying the M variant on the left-hand
965 side, and alleles carrying the V variant on the right-hand side. The meta-populations in which
966 the allele is found are indicated in color representing their percentage of the total frequency
967 of the allele in humans. Meta-populations analyzed are African (AFR), American (AMR),
968 East Asian (EAS), European (EUR), South Asian (SAS). C-D) Median joining network of
969 *CLTC* (C) and *CLTCL1* (D) alleles for chimpanzees (*Pan troglodytes*, four identified
970 subspecies and one unidentified) and bonobos (*Pan paniscus*). The allele frequency within
971 each species and subspecies is color-coded.

972

973 Figure 3-figure supplement 1. Phylogenetic trees of amino acid sequences for *CLTC* and
974 *CLTCL1* in the bear samples analyzed. Polar bear samples are labeled as “maritimus” while
975 brown bear samples are labeled by the sampling country. Branch labels indicate branch
976 lengths in 1/10,000 units.

977

978 Figure 4. Summary statistics for genetic diversity of *CLTCL1* indicate selection over neutral
979 variation. For each human population (on the rows) we calculated several summary statistics
980 to analyze diversity (on the columns, defined in Materials and Methods) and reported their
981 percentile rank against their corresponding empirical distribution based on 500 control
982 genes. The resulting matrix was then sorted on both axes as a dendrogram (not reported)
983 based on the pairwise distances between each pair of populations. The populations
984 analyzed, with their abbreviations, are listed in Supplementary File 1a, and the inclusive
985 meta-population is indicated in parentheses, defined as in the legend to Figure 3. As
986 depicted in the color legend, red and yellow denote low and high percentile ranks,

987 respectively. Percentiles lower than 0.10 or greater than 0.90 are given in the corresponding
988 cell.

989

990 Figure 4-figure supplement 1. Variation of H2 statistics along a genomic region surrounding
991 *CLTCL1* in four European populations, with abbreviations as defined in Supplementary File
992 1a. Each window has a size of 20 kbp and step is 5 kbp.

993

994 Figure 4-figure supplement 2. Geographical distribution of M1316- and V1316-encoding
995 alleles across human populations in the HGDP-CEPH panel data set. The ancestral allele T
996 refers to amino acid M, while the derived nucleotide C refers to V.

997

998 Figure 4-figure supplement 3. Worldwide distribution of heterozygosity of M1316- and
999 V1316-encoding alleles. A red triangle indicates an excess of heterozygosity (third tertile of
1000 the ratio between observed and expected heterozygosity), a blue circle a deficiency of
1001 heterozygosity (first tertile), and a grey square otherwise. The size of each symbol is
1002 proportional to the frequency of heterozygous genotypes.

1003

1004 Figure 5. Frequencies of the V1316 variant of CHC22 trend higher in populations of farmers
1005 compared to hunter-gatherers. Maximum a posteriori estimates and 95% highest posterior
1006 density credible intervals of the frequency of V1316 are compared for modern and ancient
1007 hunter-gatherer (HG) and farmer populations indigenous to three continents. Probability of
1008 the V allele being at a higher frequency in farmers, labelled as $P(f>hg)$, is also reported.

1009

1010 Figure 6. Modeling of the structural changes in clathrin caused by the methionine-valine
1011 dimorphism at residue 1316 predicts conformational alteration. Model of the CHC17 clathrin
1012 lattice (A) is reproduced with permission (Fotin et al., 2004) with the region comprising
1013 residue 1316 boxed. Panel B (top part) is the magnified boxed region in A with a CHC22-
1014 M1316 model (residues 1210 to 1516) docked into one of the four clathrin heavy chains

1015 (CHC-1) forming the edge of the lattice. The black arrow shows the location of the amino
1016 acid residue 1316 with the side chain highlighted in CHC-1. The density of the other three
1017 CHCs is indicated. Computational models of human CHC22 (residues 1210 to 1516) with
1018 either Met or Val at position 1316 (B, lower parts). The yellow circle encloses space opened
1019 by reducing the side chain size, which would require a shift in CHC torque to regain
1020 structurally favorable side chain contacts.

1021

1022 Figure 7. The CHC22-M1316 and CHC22-V1316 allotypes have different dynamics of
1023 membrane association, as measured by fluorescence recovery after photobleaching (FRAP).
1024 HeLa cells were transfected with CHC22-M1316-GFP (CHC22M) or CHC22-V1316-GFP
1025 (CHC22V) or CHC17-GFP and the expressed constructs were localized relative to
1026 endogenous CHC22 and CHC17, which were also compared to each other (A).
1027 Endogenous CHC22, CHC17 and the transfected proteins were visualized by
1028 immunofluorescence with anti-CHC22 rabbit polyclonal antibody (pAb, red), anti-CHC17
1029 mouse monoclonal antibody (mAb, green) and anti-GFP chicken polyclonal antibody (green
1030 for CHC17-GFP or red for CHC22-GFP), respectively. Bars represent 3 μm (untransfected
1031 and CHC22M-GFP) and 5 μm (CHC22V-GFP and CHC17-GFP). Transfectants were
1032 photobleached in the circular region indicated (B) and recovery of fluorescence (FRAP) was
1033 visualized over time (bars, 10 μm) and quantified within the bleached regions (C). For the
1034 data in (C), area under the curves (D) and mobile fractions M_f (E) were calculated
1035 (Lippincott-Schwartz, Snapp & Kenworthy, 2001). We performed a one-way analysis of
1036 variance (ANOVA) with Tukey's multiple comparison post-hoc test: * p -value < 0.05, ** p -
1037 value < 0.01.

1038

1039 Figure 8. Differences in intracellular GLUT4 sequestration and stability occur in cells
1040 expressing the CHC22-M1316 or CHC22-V1316 allotypes. HeLa cells were treated with
1041 siRNA to deplete endogenous CHC22 or with control siRNA, then transfected to co-express
1042 HA-GLUT4-mCherry along with CHC17-GFP (CHC17), CHC22-M1316-GFP (CHC22M) or

1043 CHC22-V1316-GFP (CHC22V) (A and B). Total levels of expressed GLUT4 and CHC were
1044 measured by FACS (mean fluorescence intensity (MFI) for mCherry or GFP, respectively).
1045 Surface levels of GLUT4 were measured with anti-HA antibody at basal conditions (-) or
1046 after 30 minutes of exposure to insulin (+) and surface/total GLUT4 is reported as a measure
1047 of GLUT4 translocation to the cell surface (A) in cells expressing equivalent total levels of
1048 CHC-GFP. The extent of GLUT4 translocation was assessed in each experimental group
1049 before and after insulin stimulation with a Student t-test, * p -value < 0.05. Transfected cells
1050 treated with siRNA to deplete endogenous CHC22, but not treated with insulin, were gated
1051 into thirds expressing equivalently low (L), medium (M) and high (H) levels of CHC-GFP for
1052 each type of CHC, then total levels of HA-GLUT4-mCherry in each population were plotted
1053 (B). We performed a one-way analysis of variance (ANOVA) with Tukey's multiple
1054 comparison post-hoc test: * p -value < 0.05.

1055

1056 **SUPPLEMENTARY INFORMATION**

1057

1058 **Supplementary Files**

1059

1060 Supplementary File 1a. Human populations from the 1000 Genomes Project analyzed with
1061 their abbreviation.

1062

1063 Supplementary File 1b Human alleles for the coding region of *CLTLC1* extracted from the
1064 1000 Genomes project data set. For each unique allele (hap_ID on the first column), the
1065 count of occurrences in each meta-population (EUR, EAS, AMR, SAS, AFR defined as in the
1066 legend to Figure 3), archaic humans (Altai Neanderthal and Denisovan) and modern
1067 chimpanzees is reported. Columns numbered 1-46 indicate the nucleotide sequence at all
1068 retrieved SNPs present in each allele. Hap-1 is the most frequent allele encoding M1316 in
1069 CHC22 and Hap-2 is the most frequent allele encoding V1316 in CHC22.

1070

1071 Supplementary File 1c. Functional annotation for each coding polymorphism of *CLTCL1*
1072 reported in Supplementary File 1b. Columns represent chromosome, genomic position, SNP
1073 ID, reference allele, alternate allele and functional impact.

1074

1075 Supplementary File 1d. Archaic and ancient human M1316V genotypes retrieved. Genotype
1076 likelihoods and sources for each sample are reported.

1077

1078 Supplementary File 2a. Summary statistics of genetic diversity for *CLTCL1* calculated for all
1079 analyzed human populations. Abbreviations for summary statistics (on the columns) are
1080 reported in Materials and Methods while abbreviations for populations (POP, on the rows)
1081 are listed in Supplementary File 1a.

1082

1083 Supplementary File 2b. List of 500 control genes used to assess deviation from neutrality in
1084 the summary statistics of *CLTCL1*.

1085

1086 Supplementary File 2c. Expected and observed heterozygosity for M1316 and V1316 for all
1087 analyzed human populations. For each population (Pop., on rows, with abbreviations
1088 described in Supplementary File 1a), the frequency of observed homozygous (Obs.Homo1
1089 and Obs.Homo2) and heterozygous genotypes (Obs.Hetero), the corresponding expected
1090 values under Hardy-Weinberg equilibrium (Exp.Homo1, Exp.Homo2, Exp.Hetero), the ratio
1091 (RatioHetero) between observed and expected heterozygosity, and *p*-values for deviation
1092 from Hardy-Weinberg equilibrium (chi-squared test) are reported.

1093

1094 Supplementary File 3a Inferred CHC22 allotypes for great apes and human genome
1095 reference. For each unique allele (hap_ID on the first column), the frequency in each species
1096 or subspecies and the amino acid sequence at each numbered position in the encoded
1097 CHC22 allotype is reported.

1098

1099 Supplementary File 3b. Inferred CHC22 allotypes for chimpanzees and bonobos. For each
1100 unique allele (hap_ID on the first column), the frequency in each species or subspecies, and
1101 the amino acid sequence at each numbered position in the encoded CHC22 allotype is
1102 reported.

1103

1104 Supplementary File 3c. Differences in the amino acid sequences for CHC22 allotypes in
1105 bears. The first row depicts the species, while the second row is the originating country for
1106 each sample. All remaining rows are the numbered positions of the polymorphic sites in
1107 CHC22 encoded in brown bears and polar bears and indicate the amino acid is present in
1108 each sample's sequence. Amino acids for the reference sequences of black bears, pandas
1109 and humans are also reported at these polymorphic positions.

1110

1111 Figure 7-source data 1.

1112 Figure 7-source data 2.

1113 Figure 7-source data 3.

1114 Figure 8-source data 1.

1115 Figure 8-source data 2.

1116

1117

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1119

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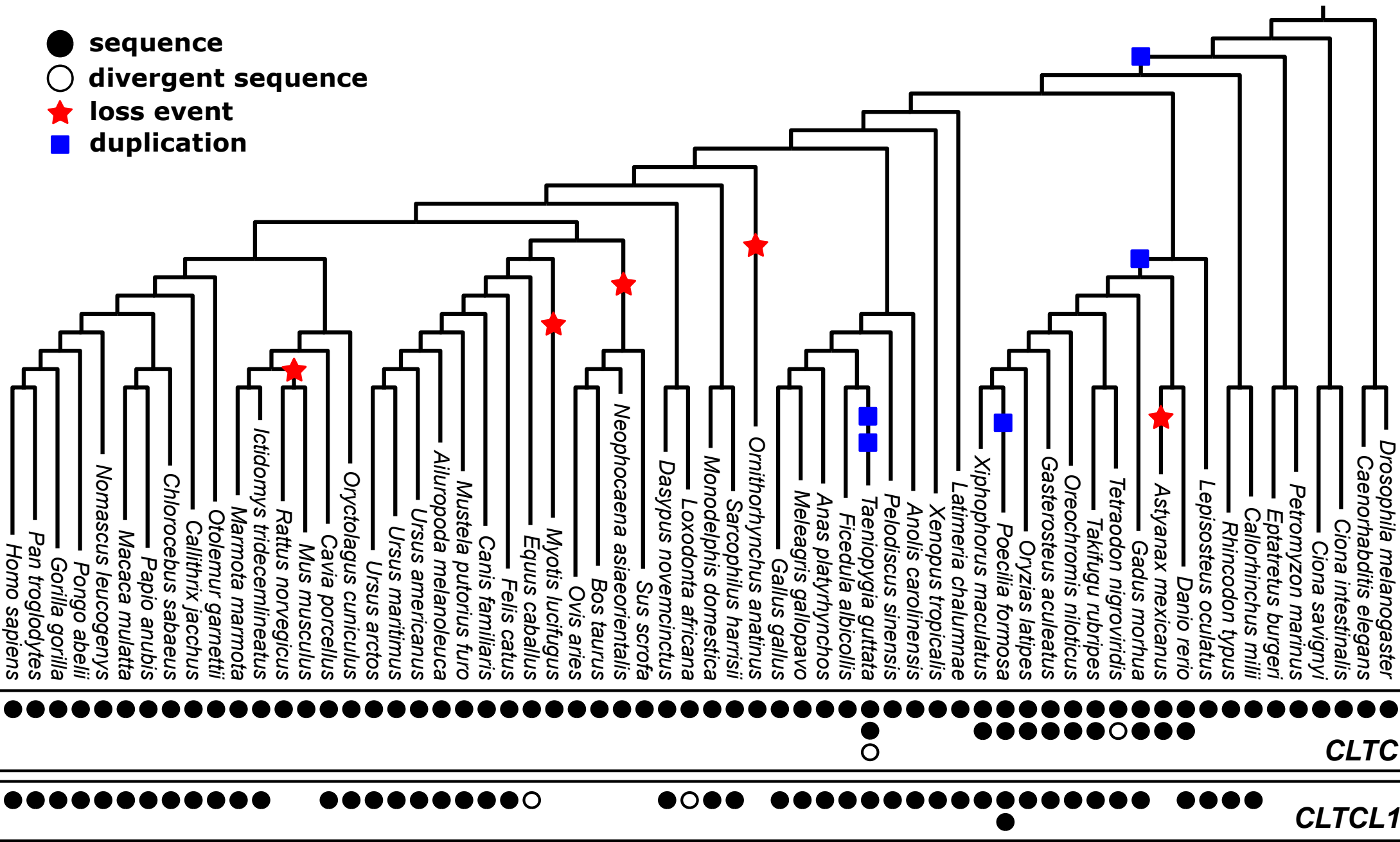
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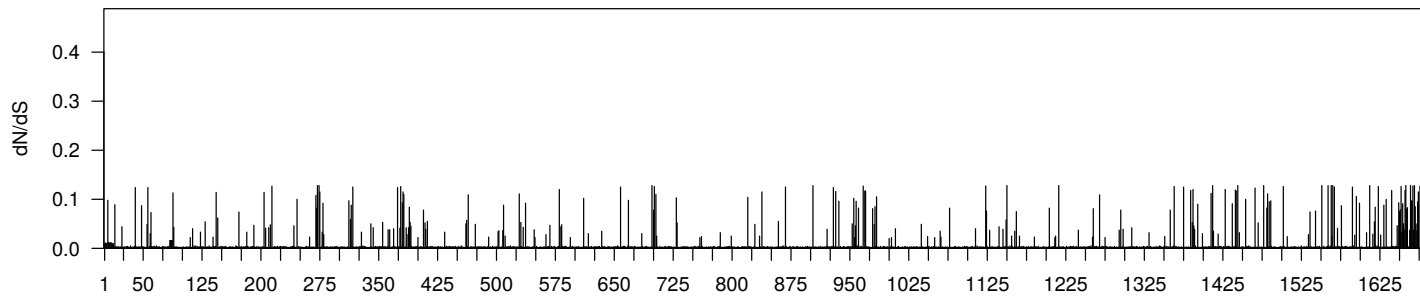
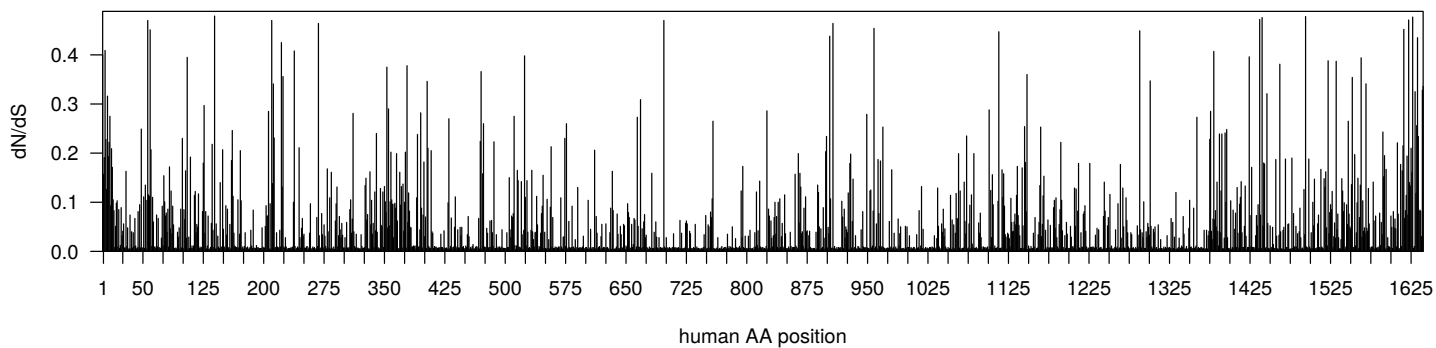
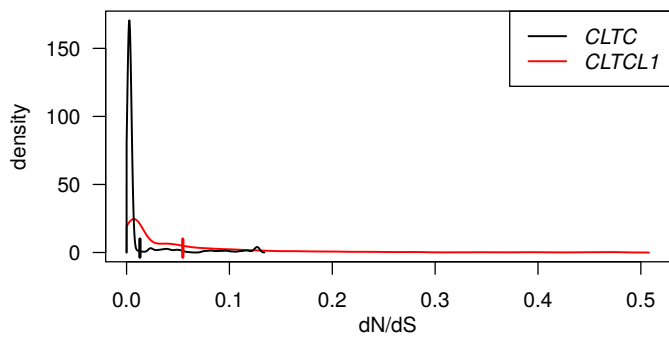
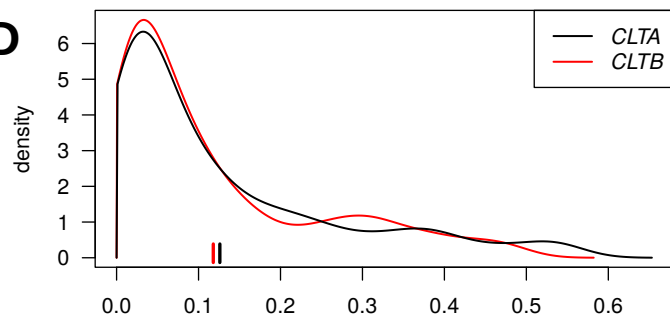
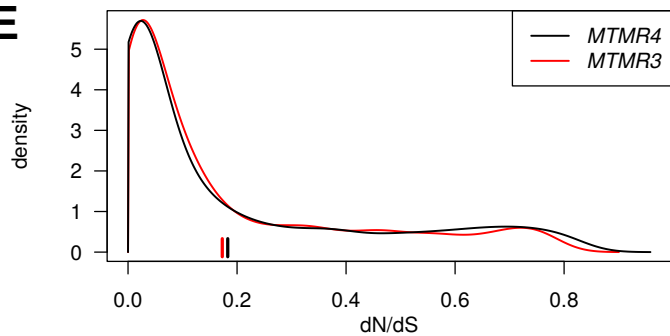
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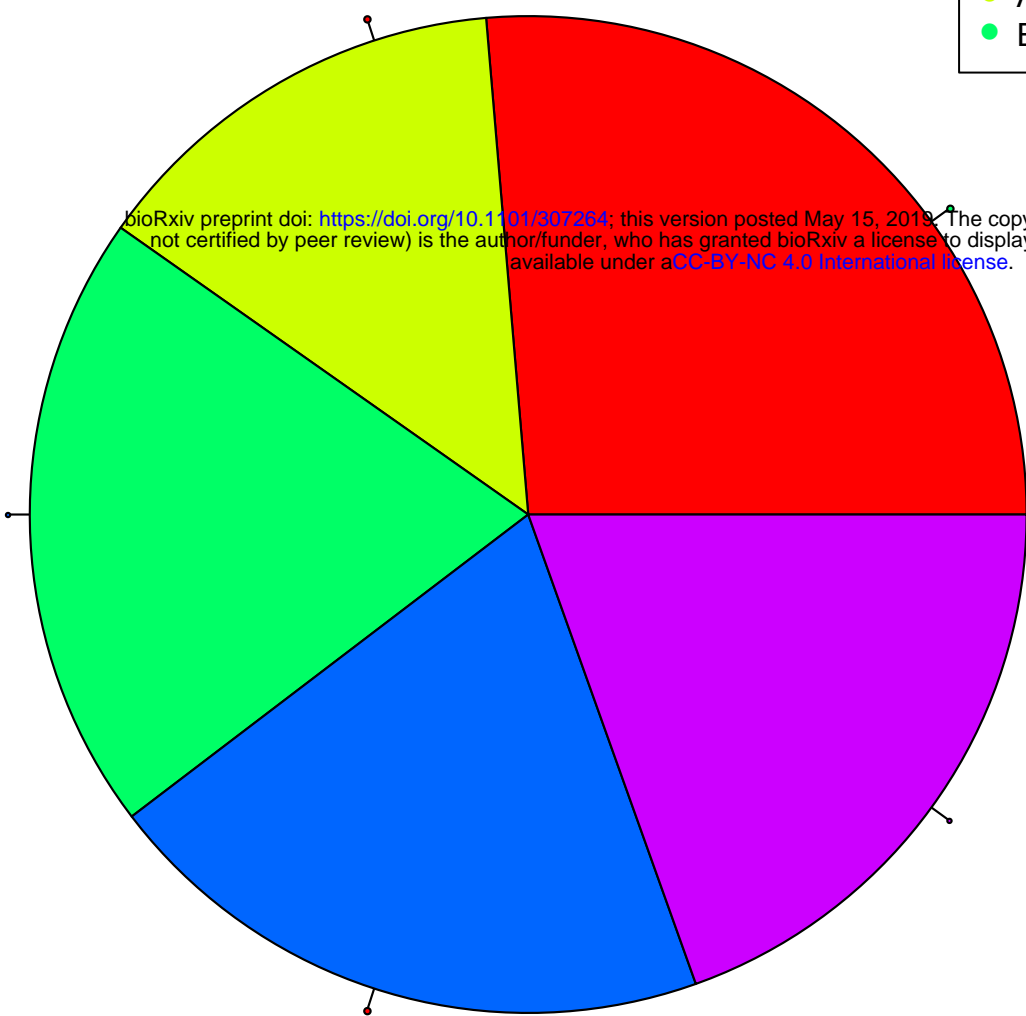
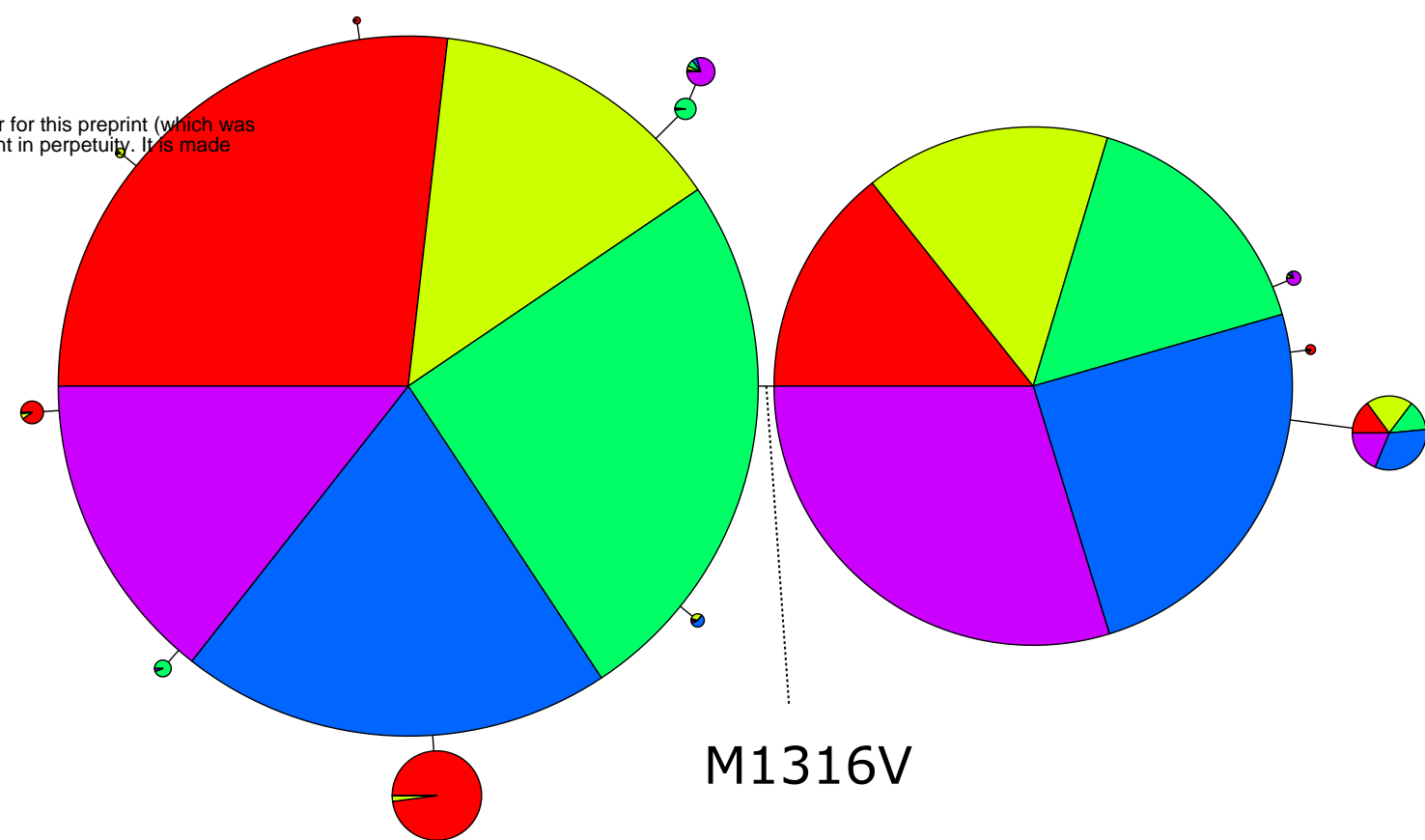
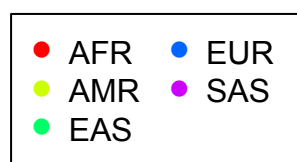
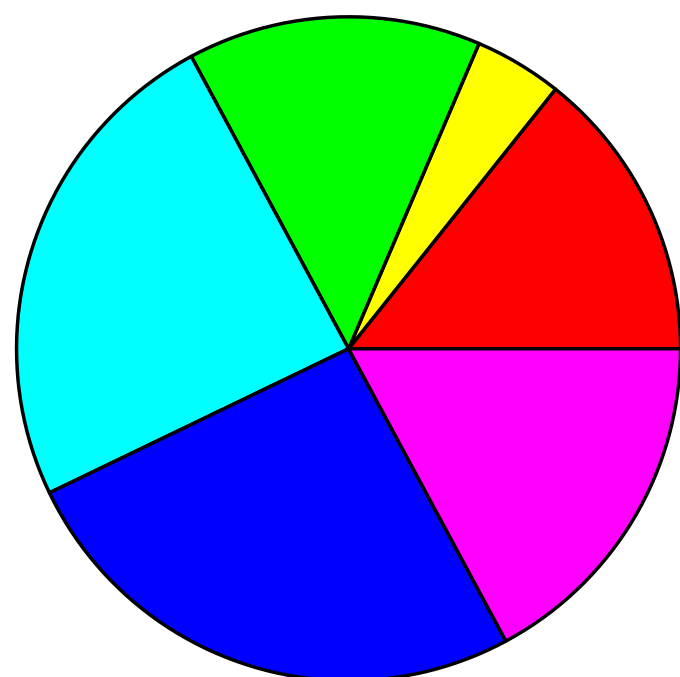
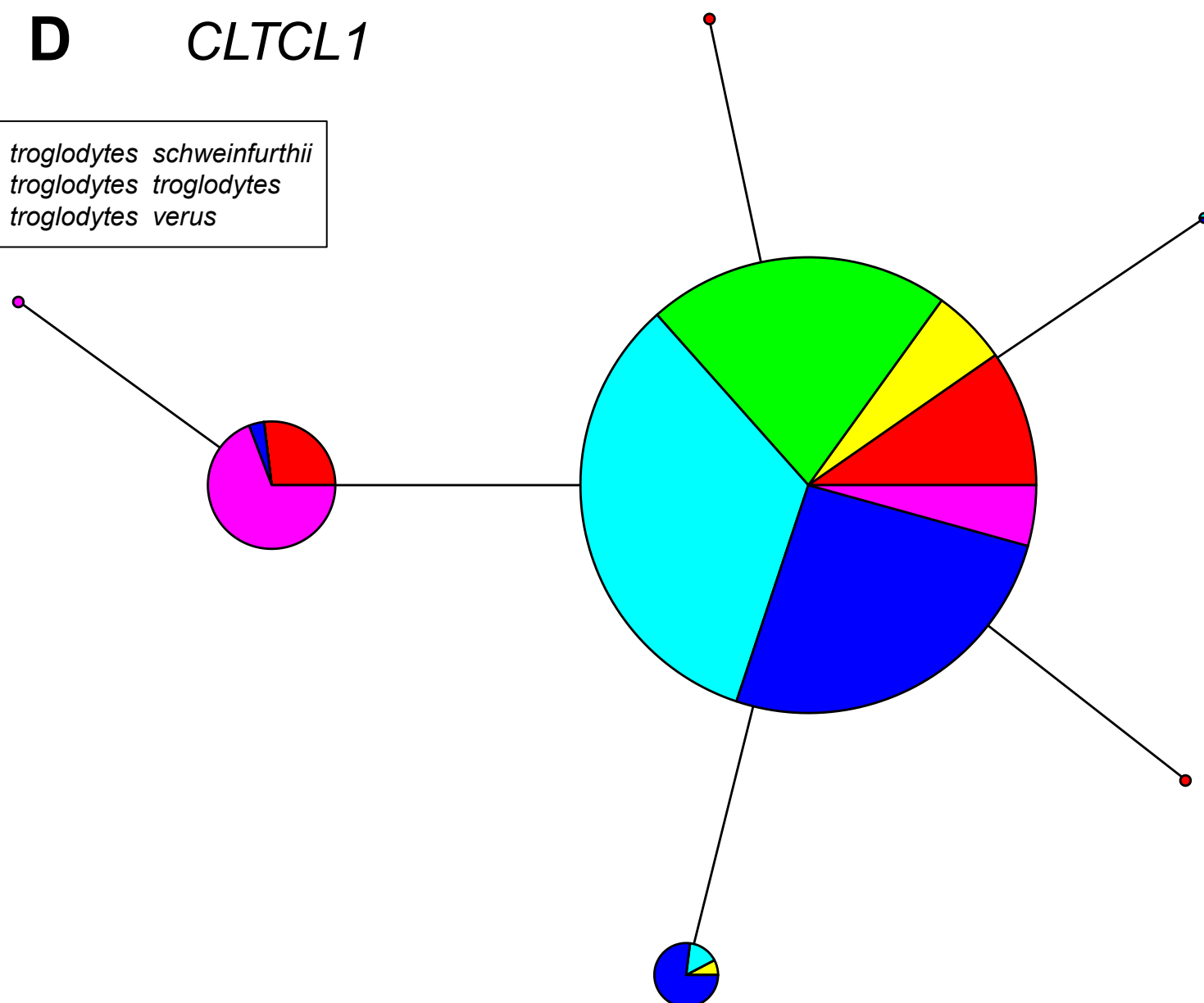
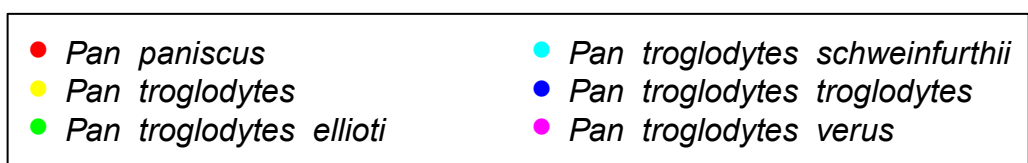
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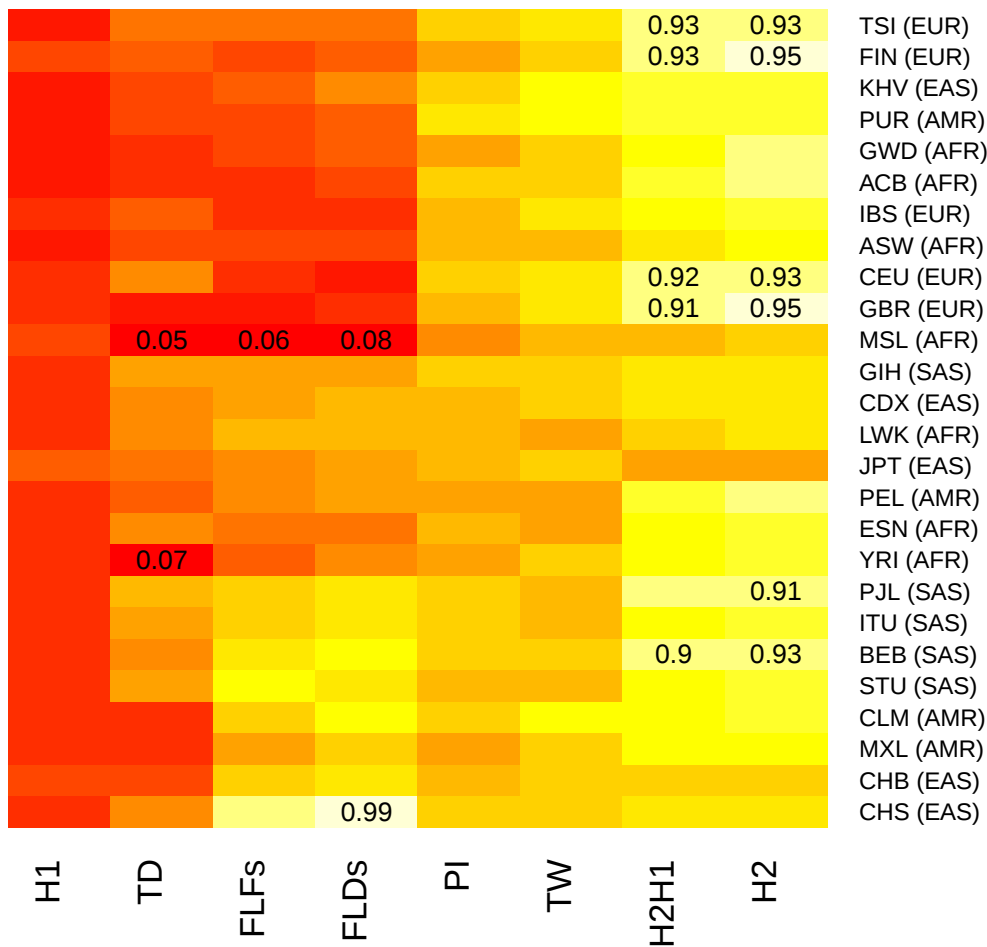
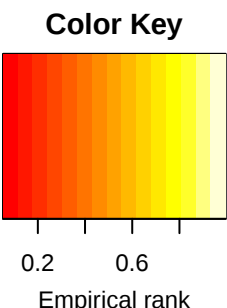
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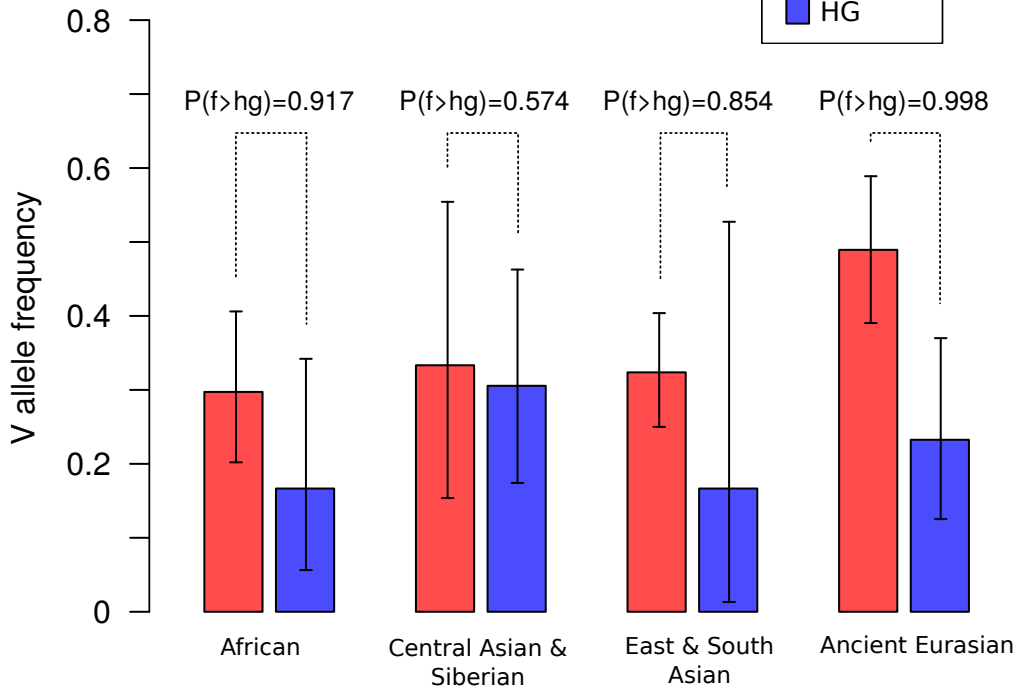


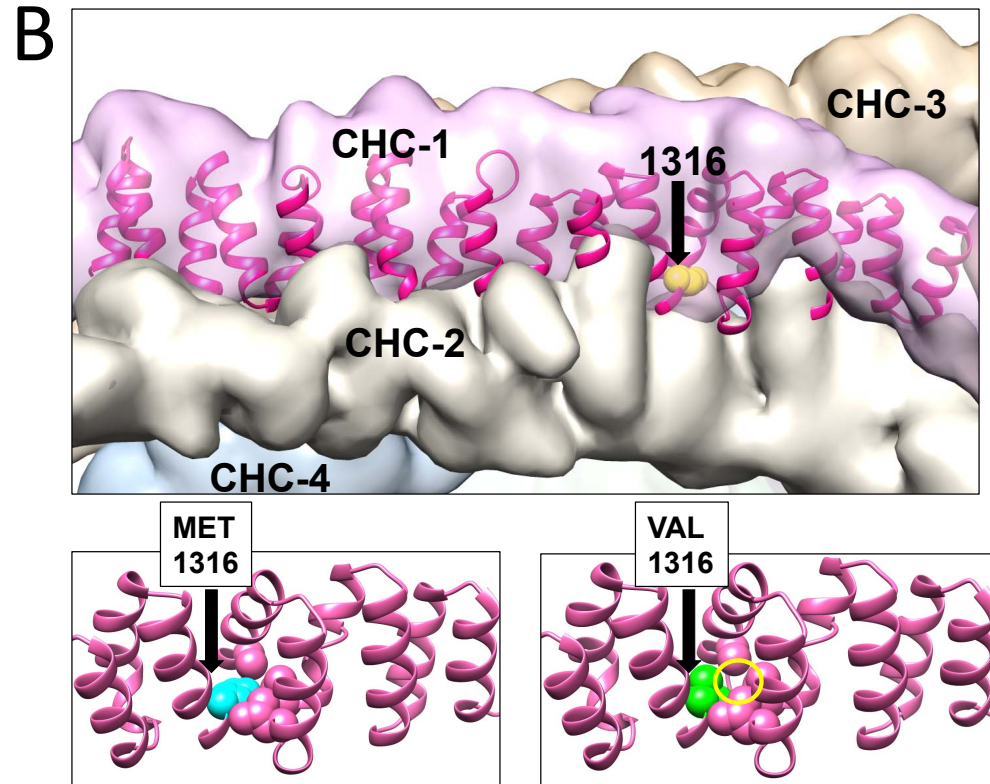
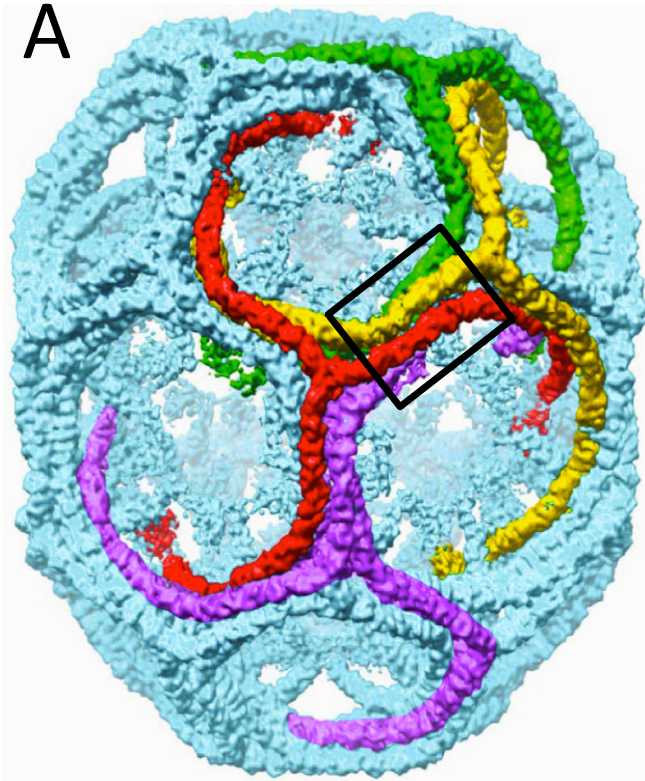
A**B****C****D****E**

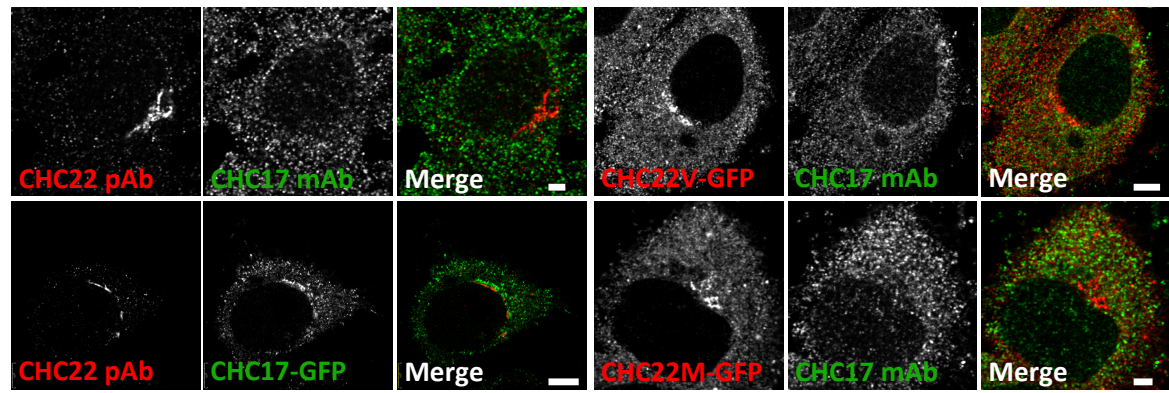
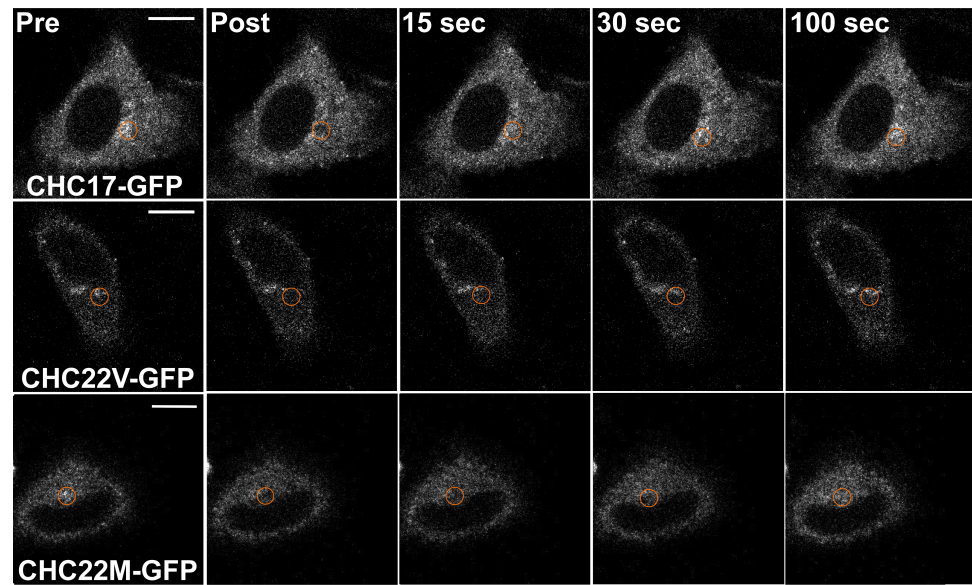
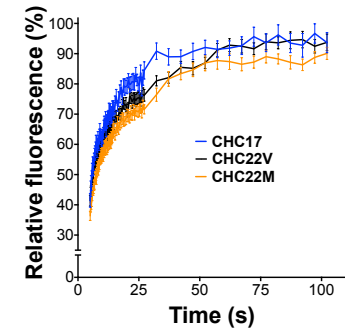
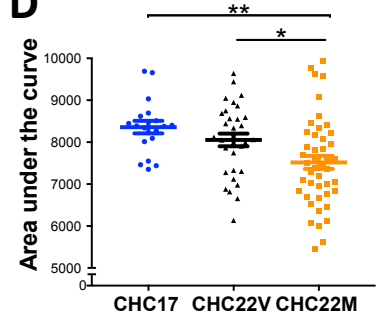
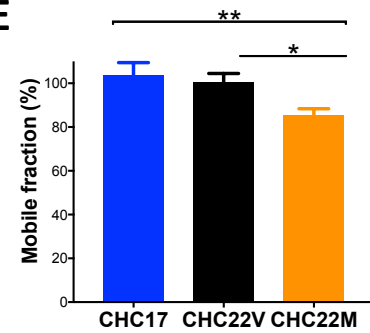
A**CLTC****B****CLTCL1****C****CLTC****D****CLTCL1**

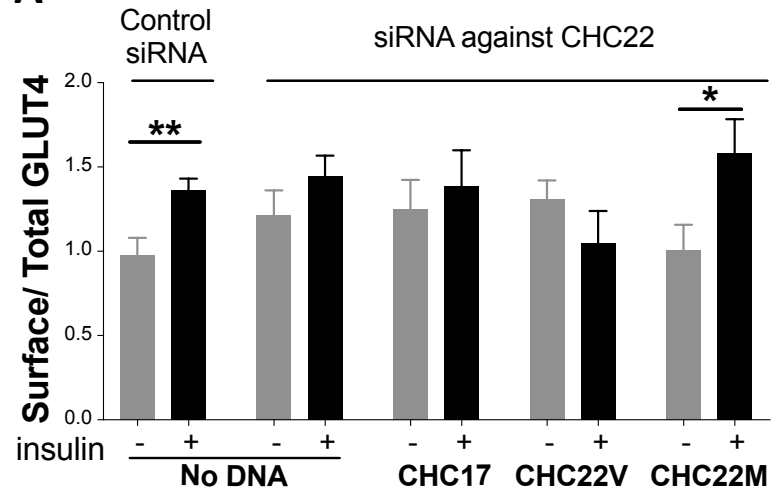
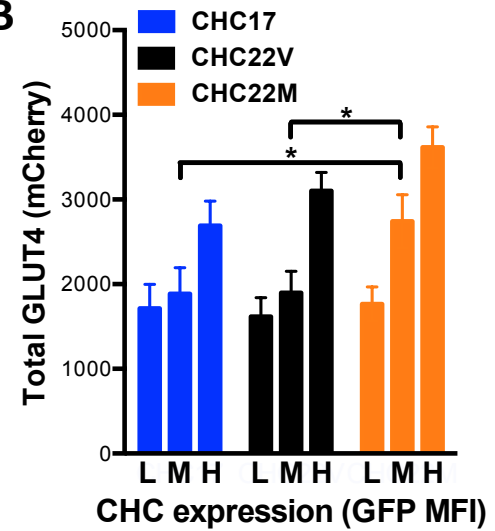
Summary statistics of genetic diversity





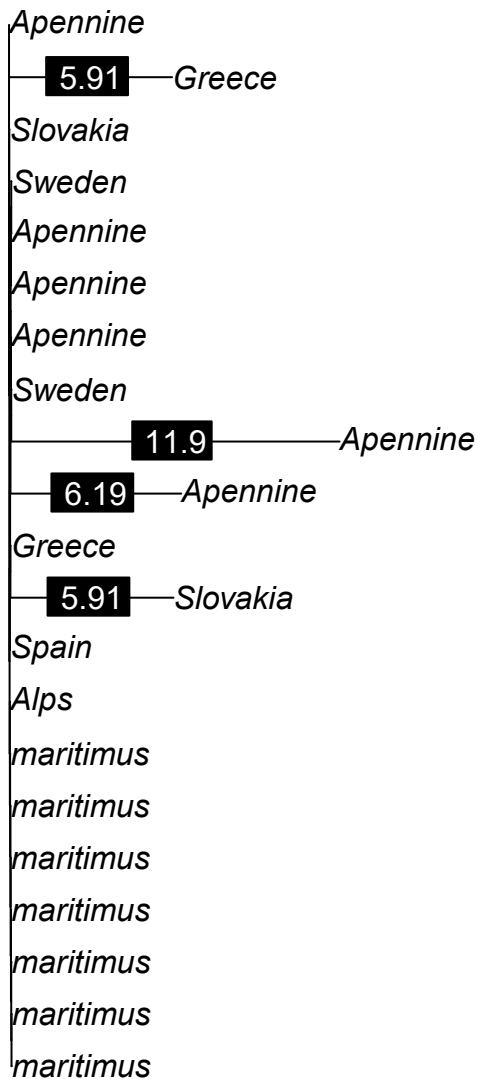


A**B****C****D****E**

A**B**



CLTC



CLTCL1

