1 The methyl cycle is a conserved regulator of biological clocks

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Abstract

The methyl cycle is a universally conserved metabolic pathway operating in prokaryotes and eukaryotes. In this pathway, the amino acid methionine is used to synthesize S-adenosylmethionine, the methyl donor co-substrate in the methylation of nucleic acids, histone and non-histone proteins and many other molecules within the cell. The methylation of nucleic acids and proteins is the foundation of epigenetic and epitranscriptomic regulations of gene expression, but whether the methyl cycle centrally regulates gene expression and function by controlling the availability of methyl moieties is poorly understood.

From cyanobacteria to humans, a circadian clock that involves an exquisitely regulated transcription-translation-feedback loop driving oscillations in gene expression and orchestrating physiology and behavior has been described. We reported previously that inhibition of the methyl cycle in mammalian cells caused the lengthening of the period of these oscillations, suggesting the methyl cycle may indeed act as a central regulator of gene expression, at least in mammals. Here, we investigated whether the methyl cycle, given its universal presence among living beings, regulates the circadian clock in species across the phylogenetic tree of life.

We reveal a remarkable evolutionary conservation of the link between the methyl cycle and the circadian clock. Moreover, we show that the methyl cycle also regulates the somite segmentation clock, another transcription-translation negative feedback loop-based timing mechanism that orchestrate embryonic development in vertebrates, highlighting the methyl cycle as a master regulator of biological clocks.

SIGNIFICANCE STATEMENT

Here we reveal that the methyl cycle, a universal metabolic pathway leading to the synthesis of S-adenosylmethionine, the methyl donor co-substrate in virtually all transmethylation reactions within the cell, is a conserved regulator of biological clocks. These discoveries highlight the methyl cycle as a metabolic hub that regulates gene expression via the availability of methyl moieties for the methylation of nucleic acids, proteins and many other molecules with the cell.

INTRODUCTION

Methylation reactions start with the metabolization of methionine into S-adenosylmethionine, or SAM: the universal methyl donor co-substrate in the transmethylation of nucleic acids, proteins, carbohydrates, phospholipids and small molecules. During the methylation process, SAM is converted into adenosylhomocysteine (SAH) that is rapidly hydrolysed into homocysteine to prevent competitive inhibition of methyltransferase enzymes by SAH due to its close structural relatedness to SAM. Homocysteine is detrimental to physiology (1), and is recycled back into methionine or used for glutathione synthesis via cysteine and cystathionine in the trans-sulfuration pathway. The ratio SAM/SAH is known as the methylation potential: a measure of the tendency to methylate biomolecules (2-4). In

plants, fungi, prokaryotes and other microorganisms, the methyl cycle is used both as a source of SAM, as well as a source of *de novo* methionine synthesis for growth. In a wide variety of eukaryotes, however, methionine is an essential amino acid that must be obtained from food, especially in periods of growth, the methyl cycle in these organisms ensuring only the flow of one-carbon units to SAM.

Three enzymatic activities are required to keep the methyl cycle running. 5-methyltetrahydrofolate or betaine are used as a source of methyl moieties to regenerate methionine (Met) from homocysteine (Hcy). The enzyme *Methyltetrahydrofolate-homocysteine S-methyltransferase* is universal but *Betaine-homocysteine methyltransferase* is present only in some vertebrate tissues, mainly in the liver. Likewise, *Adenosylmethionine synthetase* (SAM synthesis from Met) and *adenosylhomocysteinase* (Hcy synthesis from SAH) are virtually universal. There is considerable divergence in methyltransferases (MTases), and the phylogeny of five structural classes of MTases is unclear. The oldest MTases represents the RNA methyltransferases, appearing in the early forms of life evolving on Earth in an RNA World (5). Methyl cycle metabolites are thought to have been present in the prebiotic world, since methionine can be created by a spark discharge and is proposed to be an intermediate in the prebiotic synthesis of homocysteine, which was also found among organic molecules synthesized in the 1972 Miller experiment (6). Prebiotic chemistry might have involved methylation by reaction with formaldehyde, an abundant prebiotic organic molecule, to prime the evolution of biological methylation reactions (7).

Similarly, an endogenous circadian clock evolved to anticipate the daily cycles of light and darkness has been found in many organisms, from cyanobacteria to humans.

Transcription-translation feedback loops (TTFLs) of “clock genes” directly or indirectly regulating their own transcription underlie many functions of the clock, and drive oscillations of output genes controlling physiology and behavior. Some molecular components of the clock are remarkably conserved in metazoan, notably the genes *Clock* and *Period*, coding for transcription factors, with *Clock* activating the transcription of *Per* and *Per* inhibiting its own transcription.

In 2013, we reported that disruption of the methyl cycle by inhibitors of *Adenosylhomocysteinase* (AHCY), causing an accumulation of SAH known to lead to a general inhibition of transmethyations, strongly affected the circadian clock in mouse and human cells (8). We now show that the link between the methyl cycle and the circadian clock we first uncovered in mammals has been conserved during more than 2.5 billion years of evolution. We further reveal a similar link between the methyl cycle and another TTFL called the somite segmentation clock that underlies the development of early body plan in vertebrates, indicating that the methyl cycle is a key regulator of biological clocks.

RESULTS

AHCY is a remarkably conserved key enzyme in the methyl cycle

The use of carbocyclic adenosine analogues such as Deazaneplanocin A (DZnep) as inhibitors of AHCY was established more than 30 years ago (9-11). The reaction catalyzed by AHCY is the cleavage of SAH to adenosine and L-homocysteine, DZnep inhibiting this reaction by occupying the adenosine binding site. The crystal structure of human (14), mouse (15) and yellow lupin (*Lupinus luteus*) (16) AHCY complexed with adenosine or analogues have been described, and insights into its

catalytic activity have been obtained (17-20). AHCY has been reported to be one of the most evolutionarily conserved proteins (21), but experimentally-determined structures of AHCY with DZnep remain to be described for most organisms investigated here. A full-length multiple sequence alignment (Fig. S1) and homology modelling of AHCY from human to cyanobacteria (Fig. 1a and Movie S1) revealed high sequence and predicted tertiary structure conservation. Amino acids contributing to the DZnep binding site showed at least 88% identity between all eukaryotic AHCY sequences, and 78% between human and bacterial sequences, resulting in the DZnep binding site to be virtually identical in all organisms investigated (Fig. 1b, c and Fig. S2). Moreover, amino acids that were reported as crucial for the activity of rat AHCY (His55, Asp130, Glu155, Lys186, Asp190, and Asn191 (20)) are perfectly conserved (Fig. S1). In line with the above, molecular docking simulations of AHCY with adenosine or DZnep revealed comparable ligand binding conformations and estimated binding free energies for all organisms (Fig. 1d and S2). Together these observations strongly support the use of DZnep as a valid approach to test the effects of methyl cycle inhibition on clocks across phyla.

The circadian clock and methyl cycle are linked in vertebrates.

We first tested the effects of DZnep on the mammalian clock, in a human osteosarcoma cell line stably transfected with a luciferase reporter vector for the core clock gene *Bmal1* (22) and in mouse embryonic fibroblasts from PER2::LUC knock-in mice expressing a fusion between the endogenous core clock protein PER2 and LUCIFERASE (23). These cells are the gold standard for measuring circadian parameters *in vitro* since they allow the oscillating expression of the genes *Bmal1* or *Per2* to be followed in real-time. In human (Fig. 2a) and mouse (Fig. 2b) cells, DZnep

dose-dependently increased the period, up to a maximum of ~40 hours and ~30 hours, respectively, with 100 μ M DZnep.

We next tested DZnep on a non-mammalian cell type commonly used for circadian studies, the zebrafish embryonic PAC2 cell line and revealed a potent effect of the drug both on circadian period and amplitude (Fig. 2c), as in mammals. Since the circadian clock in these cells is directly light-sensitive and can be entrained by light-dark cycles, we also tested whether the entrainment of the cells to light was affected by DZnep before release into constant darkness (DD). Indeed, a strong effect on entrainment was observed (Fig. 2c). The gene *Per1b* normally peaks at dawn but was severely blunted and delayed in DZnep-treated cells, even at the lowest concentration of DZnep. In DD, period lengthened dramatically to a peak value of over 40 hours at 10 μ M, that was slightly lower at 100 μ M. To conclude, period and amplitude of circadian oscillations of clock gene expression are strongly affected by DZnep in all three vertebrate cell systems.

The circadian clock and methyl cycle are linked in invertebrates.

As models for invertebrates, we selected the fruit fly *Drosophila melanogaster* and the nematode *Caenorhabditis elegans*. Flies have been instrumental in molecular circadian biology, allowing the 2017 Nobel laureates and their co-workers to establish the canonical TTFL model underlying circadian oscillations in metazoan (24-26).

In contrast, *C. elegans* is a relatively new model in circadian biology, the general principles governing its circadian clock remaining largely unidentified (27, 28). Circadian oscillations in the expression of the *sur-5* gene were described a few years ago and used for the real-time monitoring of the nematode's circadian molecular rhythms by luciferase reporter (29).

As observed in vertebrates, DZnep caused dose-dependent period lengthening in *D. melanogaster* haltere cultures from transgenic luciferase reporter TIM-LUC flies (Fig. 3a), and a significant effect of 100 μ M DZnep was also observed in freely moving nematodes. Period changes in flies were of lesser magnitude than observed in vertebrates. Nevertheless, these results indicate that the link between the circadian clock and the methyl cycle is conserved in invertebrates.

The circadian clock and methyl cycle are linked in plants and algae.

Fig. 1 and S1 show that a plant- and green algae-specific region exists in AHCY, from amino acids 151 to 191, which is involved in the interaction of AHCY with adenosine kinase and cap methyltransferase, and required for nuclear targeting of the enzyme (30, 31). Despite this insertion, however, the domains for SAH and NAD⁺ binding are remarkably conserved.

The most commonly used model organism to study circadian rhythms in land plants is *Arabidopsis thaliana*. We thus tested the effects of DZnep on luminescent rhythms reporting the expression of the plant evening gene TOC1 in protoplasts (Fig. 4a), and extended our investigations to aquatic unicellular green algae (Fig. 4b and c). *Ostreococcus tauri* and *Chlamydomonas reinhardtii* represent two different classes of unicellular green algae that have been successfully used in circadian studies and constitute great models to investigate cell-autonomous metabolic processes (32-36). We tested increasing concentration of DZnep on *Arabidopsis* and algal cell types and observed an increase in period length and a decrease in amplitude almost identical to the results obtained in vertebrates. In conclusion, the effects of DZnep treatment on transcriptional rhythms are also conserved in the plant kingdom. These results are

especially significant given unicellular algae and humans are separated by more than 1 billion years of evolution.

The circadian clock and methyl cycle are linked in prokaryotes.

Eukaryotic circadian clocks involve a complex TTFL system that requires regulated gene expression at every level from transcriptional to post-translational steps: DNA methylation and the histone code, RNA processing, translation efficiency, phosphorylation and other protein modifications (37). In contrast, a biochemical oscillator in the cyanobacteria *Synechococcus elongatus* can independently generate a ~24-hour rhythm. Three proteins, Kai-A, -B and -C, form a nanocomplex that regulates two key activities of KaiC: ATPase and autophosphorylation. The result is an autonomous and self-sustained phosphorylation-based oscillator ticking with a period close to 24-hours. In a cellular context, this non-transcriptional oscillator controls transcriptional outputs that in turn add robustness to the biochemical oscillator via TTFLs (38-42).

Like all organisms, cyanobacteria synthesize SAM, required for essential transmethyations. In cyanobacteria we observed a more complex response to DZnep than in other organisms, perhaps due to the presence in these cells of a self-sustained biochemical oscillator that drives the TTFL system. While circadian period lengthened in response to low concentrations of DZnep, the amplitude increased (Fig. 5a). These observations were confirmed using a different reporter strain of *S. elongatus* (Fig. 5b). Probing the methyl cycle-clock relationship further revealed that intermediate concentrations of the drug caused no significant effect on period but still significantly increased the amplitude (Fig. S3). At 200 μ M however, a dramatic

reverse effect on oscillations was seen, the amplitude almost completely collapsing (Fig. S3).

Inhibition of methyltransferases by DZnep depends on the unique activity of AHCY to hydrolyze SAH. Some bacterial proteins, such as Mtn in *E.coli* or Pfu in *Streptococcus pyogenes*, however possess a SAH nucleosidase activity that cleaves SAH to adenine and ribosylhomocysteine (43). If this pathway for AHCY catabolism is active in *Synechococcus elongatus*, acting as a buffer against SAH accumulation, it would explain the blunted period response to DZnep compared to eukaryotes. Indeed, SAH nucleosidases have been identified in at least some *Synechococcus* strains, such as PCC7336 and MED-G69 (44). To circumvent the potential activity of a SAH nucleosidase in *Synechococcus elongatus*, we decided to use the global methylation inhibitor sinefungin, a natural analogue of SAM that directly binds to and inhibit methyltransferases (45, 46). A known antifungal and antibacterial agent whose activity as such has been shown to depend at least partially on the inhibition of mRNA 5'-cap methylation (47), it was previously used at 10 and 100 μ M on the cyanobacteria *Anabaena* to elicit non-lethal methylation-dependent morphological changes (48). We thus selected Sinefungin to further probe the link between methyltransferases and the circadian period in *Synechococcus elongatus*. In both reporter strains, significant dose-dependent period lengthening was observed. To contrast with Sinefungin, we also tested a selective bacterial DNA methyltransferase inhibitor with a different molecular footprint from DZnep or Sinefungin, the cyclopentaquinoline carboxylic acid EGX^I (8-ethoxy-6-nitro-3a,4,5,9b-tetrahydro-3H-cyclopenta[c]quinoline-4-carboxylic acid) (49) (Fig. S4). Since its published IC₅₀ for *E. coli* DNA methyltransferase is 9.7 μ M (49), we used EGX^I at 5 and 50 μ M but did not observe any consistent effects on the period, with only a mild period shortening in

kaiBCp::luxAB cells at 50 μM (Fig S4). At 100 μM or higher, Sinefungin showed some growth inhibition during the experiment, but *Synechococcus* still showed healthy rhythms. In contrast, at 100 μM or higher EGX^I was very toxic to cyanobacteria, causing a dramatic collapse of luciferase intensity, with poor rhythms from which circadian parameters could not be reliably extracted. Together these data show that the circadian clock in cyanobacteria —separated by 2 billion years of evolution from humans— is sensitive to methylation inhibition. This is especially meaningful considering that the cyanobacterial core clock is a phosphorylation-based biochemical oscillator. This also underlines the fundamental role that methyl metabolism kept in the control of physiology and behavior across evolution. Alternative metabolic pathways branching from the methyl cycle may prevent the accumulation of SAH and make prokaryotes more resistant to methylation inhibition by nutrient deprivation.

The somite segmentation clock and methyl cycle are linked

Our results so far have shown that the link between the methyl cycle and the circadian TTFL is conserved. What about other biological timekeepers? While the circadian clock involves a TTFL that oscillates with a period near 24 hours, another TTFL, called the somite segmentation clock, cycles much faster and orchestrates the appearance of new somites from the paraxial mesoderm of the developing embryo in vertebrates (Fig. 6). In mouse, the underlying molecular oscillator is centered on the transcription factor *Hairy & Enhancer Of Split 7 (Hes7)*, whose expression oscillates with a period close to 2 hours by negative feedback that also induces oscillations of *Notch* and *Fgf* signaling (50, 51).

Like circadian clock genes, *Hes7* oscillatory expression can be monitored in real-time from transgenic embryo expressing highly destabilized luciferase under the control of the *Hes7* promoter. Testing increasing concentrations of DZnep on these transgenic embryos revealed uncanny similarities with results seen so far: an increase in period length accompanied by a decrease in amplitude of *Hes7* oscillations (Fig. 6). This once more illustrates the importance of the methyl cycle in the regulation of transcriptional programs orchestrating development, physiology and behaviour.

Here we provide evidence for the existence of an ancient link between the methyl cycle and biological timekeepers. In the course of more than 2 billion years of cellular evolution, during which the biological clock and the methyl cycle have adapted to a multicellular eukaryotic existence, the link between these two processes has remained active. Further investigations should reveal how the link itself has evolved, and which methylated substrates and methyltransferases are critical for its function.

DISCUSSION

Solar ultraviolet radiation played a critical role in prebiotic chemistry and has been involved in the origin of chirality (52), the synthesis of alcohols, aldehydes (notably formaldehyde), and organic acids (53), as well as that of amino acids (54) and ribonucleotides (55). The presence of methylation transfer in the prebiotic world probably caused the incorporation of methyl chemistry in early life-forms. The energy of UV photons however can also degrade biologically important molecules, preventing abiogenesis. Once autocatalytic pseudo-life forms evolved with more complex chemistry, avoidance mechanisms may have provided increased fitness in

such an environment. The origin of the circadian clock on the early Earth is likely to have been a simple sensing of molecules present in the milieu, increasing or decreasing under UV exposure and triggering an appropriate response. Formaldehyde, increasing during the day under the action of UV on carbon monoxide and water vapor (53), could have been such a chemical marker of daylight, affecting the chemistry of early life-forms by methylation. A conserved link between methyl transfer and the circadian clock may have arisen from such a scenario.

The most surprising data obtained here is the almost identical response of unicellular algae and vertebrates to DZnep despite their evolutionary divergence more than 1 billion years ago, the comparable effect of methylation inhibitors on cyanobacterial circadian clock (2 billion years of evolutionary divergence), and the conservation of this biochemical link in the control of the somite segmentation clock. So far, only a small number of examples have been reported that identified aspects of circadian timekeeping shared among rhythmic life, such as oxidation cycles of peroxiredoxin (34, 56, 57) and regulation by oscillating intracellular magnesium concentrations (58).

In mammalian cells we previously reported that methyl cycle inhibition decreased the methylation of internal adenosines in mRNA (m6A), as well as that of histones (8). While specific m6A inhibition was sufficient to elicit period elongation, the contribution of histone methylation to the period elongation obtained by DZnep was likely significant, as well as that of other methylation sites in mRNA, rRNA and tRNA. Due to the considerable heterogeneity in mechanisms regulating gene expression and function in organisms tested here, identifying a single mechanism

explaining period elongation would be a difficult undertaking and is beyond the scope of the present work. We mentioned in the introduction that the oldest MTases are RNA methyltransferases (5), it is therefore tempting to propose that inhibition of RNA methylation may at least partially contribute to the period lengthening. That sinefungin, a confirmed mRNA cap-methyltransferase inhibitor (47), was able to lengthen the cyanobacterial clock period while EGX^I, a DNA methylation inhibitor, was not support this hypothesis. It is also possible that the effects of methyl cycle inhibition on period and amplitude in eukaryotes arise from different mechanisms, e. g. on the inhibition of mRNA and histone methylation, respectively. More experiments should clarify these points.

The presence of a SAH nucleosidase in *S. elongatus* may have blunted the effect of DZnep, but even with 100 μ M sinefungin the period lengthened only about 2 hours. It should be mentioned that our luciferase reporter system is a reporter for the driven TTFL, not for the KaiABC oscillator *per se*. It is therefore possible that methylation inhibition only affected the coupling between the nanocomplex and the TTFL, which may explain why the increase in period was less pronounced compared to most eukaryotes tested here. In eukaryotic cells, luciferase reporter systems are a direct read-out of the core oscillator that has evolved more dependent on the TTFL, and as a result may have become more sensitive to perturbations affecting gene expression such as inhibition of RNA and histone methylation.

The somite segmentation clock was strongly affected by inhibition of AHCY, which is in line with the importance of 1 carbon metabolism for embryonic development. As can be seen in the Movie S3, showing similar results to Movie S2 but merged with

brightfield images and displaying luminescence as a pseudo-color green, period lengthening of the oscillatory expression of *Hes7-luciferase* occurred together with a pronounced delay in the growth of the caudal tip of the presomitic mesoderm as well as in the appearance of new somites, demonstrating that the molecular clock as well as its output, i.e. the somitogenesis, were affected by DZnep. The mechanisms underlying this period lengthening may be distinct from those involved in the lengthening of the circadian period. Considering the short period of *Hes7* oscillations — 2 h, and the importance of 3'-UTR-dependent regulation of *Hes7* mRNA turnover for its cyclic expression (62), the inhibition of mRNA methylation may at least in part contribute to the results observed.

Despite being one of the most potent AHCY inhibitors (11), DZnep is sometimes erroneously sold and used as a “specific” histone methyltransferase EZH2 inhibitor because of the misinterpretation of a report showing that it inhibits —without any data on specificity— histone methylation by EZH2 in cancer cells (59). More recent reports showed that, in line with its inhibitory effect on AHCY (60, 61), DZnep globally inhibits histone methylation.

Since we sought to inhibit the methyl cycle in organisms from bacteria to humans, these investigations were by necessity limited to the pharmacological inhibition of AHCY, because irreversible genetic disruption of AHCY in all organisms would have been much less feasible, notably due to likely embryonic lethality or developmental arrest in metazoa, cell cycle/growth disruption, and the existence of multiple uncharacterized homologues in many organisms tested here. This work puts the

spotlight on the methyl cycle and calls for more investigations into how it regulates physiology and behavior.

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403 METHODS

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405 **Molecular modelling and sequence analyses**

406 Homology models were obtained as described in the SI Appendix.

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408 **Assay for effect of the inhibition of the methyl cycle on vertebrate circadian** 409 **clock.**

410 Human U-2 OS cells stably transfected with a *Bmal1*-luciferase reporter vector (22)
411 and mouse PER2::LUC MEFs (23) cell lines were cultivated as previously described
412 (8). Briefly, cells were seeded into 35 mm dishes (Corning) and allow to grow to
413 confluence in DMEM/F12 medium (Nacalai) containing
414 penicillin/streptomycin/amphotericin (Nacalai). Cells were then shocked by
415 dexamethasone (Sigma-Aldrich) 200 nM for 2 hours, followed by a medium changed
416 including 1 mM luciferine (Nacalai). 35 mm dishes were then transferred to an 8-
417 dishes luminometer-incubator (Kronos Dio, Atto). Photons were counted in bins of 2
418 min at a frequency of 10 min. DZnep was purchased from Sigma-Aldrich.

419 Zebrafish cell line and bioluminescence assays. The generation of a *per1b*-luciferase
420 cell line from zebrafish PAC2 cells has been previously described (64). Cells were
421 cultured in Leibovitz's L-15 medium (Gibco) containing 15% fetal bovine serum
422 (Biochrom AG), 50 U/mL penicillin/streptomycin (Gibco), and 50 µg/mL gentamicin
423 (Gibco). Cells were seeded at a density of 50,000-100,000 cells per well in
424 quadruplicate wells of a 96-well plate in medium supplemented with 0.5 mM beetle
425 luciferin (Promega), and drugs were prepared in water and added at the concentrations

indicated in the figures and legends. Plates were sealed with clear adhesive TopSeal (Perkin Elmer, Waltham, MA, USA). Cells were exposed to a 12:12 LD cycle for 7 days and then transferred into DD for at least 3 days. Bioluminescence was monitored on a Packard TopCount NXT scintillation counter (28°C). DZnep was purchased from Sigma-Aldrich.

Period and amplitude were estimated by BioDare2 (63).

Assay for effect of the inhibition of the methyl cycle on invertebrate circadian clock.

Halteres of two- to seven-day old transgenic *ptim*-TIM-LUC males (65) kept under 12 h :12 h light:dark cycles (LD) at 25°C were bilaterally dry dissected. Each pair was transferred into one well of a 96 well plate (Topcount, Perkin Elmer) filled with medium containing 80% Schneider's medium (Sigma), 20% inactivated Fetal Bovine Serum (Capricorn) and 1% PenStrep (Sigma). Medium was fortified with 226 µM Luciferin (Biosynth) and supplemented with 10, 100, or 250 µM Dznep A diluted in PBS. Plates were sealed with clear adhesive covers and transferred to a TopCount plate reader (PerkinElmer). Bioluminescence emanating from each well was measured hourly in LD for two days, followed by 5 days of constant darkness (DD) at 25°C as previously described (66). The *ptim*-TIM-LUC reporter contains the timeless (*tim*) promoter sequences driving rhythmic expression of the *tim* cDNA, which is fused to the firefly luciferase cDNA.

C. elegans strain N2 (Bristol strain, wild-type was provided by the Caenorhabditis Genetics Center, University of Minnesota (cbs.umn.edu/cgc/home). Stocks were maintained on plates with nematode growth medium (NGM) seeded with

HB101 *Escherichia coli* strain, under 12-h/12-h LD/CW cycle (400/0 lx and CW (18.5/20 °C, $\Delta = 1.5 \pm 0.125$ °C) environmental cycles. Transgenic animals were generated by microinjection of a *Psur-5::luc::gfp* construct at 50 or 100 ng/μL with the pRF4 marker (100 ng/μL) (29, 67). Bioluminescence recordings with nematodes are described in the SI Appendix.

Period and amplitude were estimated by BioDare2 (63).

Assay for effect of the inhibition of the methyl cycle on plant and algae circadian clock.

Ostreococcus tauri cells transgenically expressing a translational fusion of CCA1 to luciferase from the CCA1 promoter (CCA1-LUC) (36) were grown, imaged, and analysed as described previously (58).

For protoplast isolation and luminescent imaging, plants expressing luciferase from the CCA1 promoter in the Col-0 background (kindly provided by Karen Halliday, University of Edinburgh) were grown in sterile soil under long-day conditions (16 h light/8 h dark) at 22°C under 60-70 μmol m⁻²s⁻¹ white LED tube lights (Impact T8). Protoplasts were isolated from 3-week old leaves as previously described (68). Protoplasts in a solution of 1 mM D-luciferin (Biosynth AG), 5 % fetal bovine serum (Sigma), 50μg/ml ampicillin, 140 mM NaCl, 115 mM CaCl₂, 4.6 mM KCl, 1.86 mM MES pH 5.7 and 4.6 mM glucose were added to white, flat-bottomed 96-well plates (Lumitrac, Greiner Bio-one) at a concentration of 2x10⁵ cells/ml. DZnep (S7120 Selleckchem) was added to the protoplasts to achieve concentrations of 0, 0.125, 0.25, 0.5 or 1 μM from a 1 mM stock solution (prepared in distilled H₂O) to a total volume of 200 μL per well. Plates were sealed with a clear adhesive lid (TopSeal-A, Perkin

Elmer). Protoplast luminescence was read by a LB942 Tristar² plate reader (Berthold Technologies Ltd) every 50 minutes for 3 seconds per well, and kept under continuous red (630 nm) and blue (470 nm) LED light ($5 \mu\text{mol m}^{-2}\text{s}^{-1}$ each) at 19°C.

Chlamydomonas reinhardtii strain CBR carrying a codon-adapted luciferase reporter driven by the *tufA* promoter in the chloroplast genome (69, 70) was used. Culture preparation, bioluminescence monitoring, and data analysis were carried out as described previously (70). Briefly, 5-day-old algal cultures on HS agar medium were cut out along with the agar by using a glass tube, and transferred to separate wells of a 96-well microtiter plates. Luciferin (final conc. 200 μM) and various concentrations of DZnep (Sigma) were added to the wells. Algae were synchronized by a single cycle of 12-h darkness/12-h light ($30 \mu\text{mol m}^{-2} \text{s}^{-1}$) at 17°C before bioluminescence monitoring using a custom-made luminometer-incubator (71) in DD at 17°C.

Period and amplitude were estimated by BioDare2 (63).

Assay for effect of the inhibition of the methyl cycle on prokaryotic circadian clock.

Vibrio harveyi luciferase encoded by *luxA* and *luxB* (*luxAB*) genes was used as a luminescence reporter in cyanobacterium *Synechococcus elongatus* PCC 7942. Two cyanobacterial clock-regulated reporter strains, *kaiBCp::luxAB* (72) and *psbAIp::luxAB* (73) were selected for the test, i.e. expression of the *luxAB* was under control of the promoters of the central clock genes *kaiBC* and the Class I photosynthetic gene *psbAI*, respectively. *Synechococcus* strains were grown in modified BG11 media (74) supplemented with 40 $\mu\text{g/ml}$ of spectinomycin. The

cultures grown on BG11 agar plates for 3 days at 30°C under continuous cool-white illumination (LL) (50 $\mu\text{E}/\text{m}^2 \text{ s}$) were toothpicked onto fresh BG11 agar plates containing 0.015 g/L of L-methionine and different concentrations of 3-deazaneplanocin A hydrochloride (Sigma), sinefungin (Abcam) or EGX¹ (ChemBridge 5790780). After a single 12h dark pulse for synchronization, assay of the *in vivo* luminescence rhythms was performed as described previously (72).

Period and amplitude were estimated by BioDare2 (63).

Measurement of *Hes7* oscillations in the mouse presomitic mesoderm

Presomitic mesoderm (PSM) tissues from three littermate *pHes7-UbLuc* Tg embryos were embedded in 0.35% LMP-agarose/culture medium (10% FBS-DMEM/F12), in a silicon mold mounted onto a $\phi 35\text{mm}$ -glass bottom dish, and luciferin-containing medium with DZnep or vehicle (MilliQ water) were added.

Time-lapse imaging of PSM was performed with an inverted microscope (Olympus IX81) equipped with an Olympus x10 UPlanApo objective (N.A.: 0.8) and a VersArray cooled-CCD camera. 16-bit images were acquired every 5min with Image-Pro Plus (Media Cybernetics), with 2x2 and 4x4 binning and exposures of 100 ms and 4 m 25 s for DIC and chemiluminescent images, respectively. Raw imaging data were processed and quantified by ImageJ (75).

Period and amplitude were estimated by BioDare2 (63).

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FIGURE LEGENDS

Fig. 1: Adenosylhomocysteinase is a highly conserved protein. (a) Structural superposition of AHCY from the 9 organisms investigated here, using human (1LI4), mouse (5AXA) or lupin (3OND) crystal structures as templates. The blue loop is specific to plants and green algae; DZnep is shown in yellow, NAD⁺ in grey. See also Movie S1. (b) Docking simulation of human AHCY with DZnep, based on the 1LI4 crystal structure of human AHCY complexed with Neplanocin A, an analogue of DZnep. The amino acids involved in DZnep binding are indicated with their position. See Fig. S2 for docking simulations of DZnep to AHCY from other organisms. Red and green arrows are hydrogen bonds, yellow spheres are hydrophobic effects. The estimated free energy of binding for depicted DZnep docking conformation was -9.87 kcal/mol. (c) Discontinuous alignment of amino acids contributing to the binding of DZnep, using the human sequence as a reference and with sequence identities shown on the right. When amino acids are identical to human, a dot is shown in the alignment. The sequence logo on top is a graphical representation of the conservation of amino acids, with the consensus symbols below (* = fully conserved residue, : = conservation of strongly similar properties, . = conservation of weakly similar properties). The positions of selected conserved amino acids are given for the human sequence. (d) Molecular docking simulations of AHCY with adenosine (top) or DZnep (below) showing comparable binding free energies in all organisms. Colors represent full sequence identities, relative to human.

Fig. 2: The link between the methyl cycle and the clock is conserved in vertebrates. (a) Left panel shows mean luminescence +/- SEM of human U-2 OS

cells stably transfected by a *Bmall*-luc reporter and treated with increasing concentrations of DZnep. Middle panel shows mean $\pm$ SEM of period, $n = 3$. Right panel shows mean $\pm$ SEM of amplitude, $n = 3$ dishes. Same analyses were performed with PER2::LUC mouse embryonic fibroblasts, $n = 3$ dishes **(b)**, and PAC-2 zebrafish cells stably transfected with a *Per1b*-luciferase reporter, $n = 4$ dishes, mean $\pm$ SEM **(c)**. These experiments were independently reproduced at least three times. All bar graphs analyzed by One-Way ANOVA followed by Bonferroni post-hoc test; all indicated comparisons at least $p < 0.05$.

Fig. 3: The link between the methyl cycle and the clock is conserved in invertebrates. **(a)** Real-time luminescence from halteres in culture dissected from *ptim*-TIM-LUC male flies. Luminescence traces show mean $\pm$ SEM of $n = 8$ halteres, with only the upper segment of the error bars shown for clarity. Middle and right panel shows mean $\pm$ SEM of period and amplitude, respectively, for $n =$ at least 8 halteres for each treatment group. All bar graphs analyzed by One-Way ANOVA followed by Bonferroni post-hoc test; all indicated comparisons at least $p < 0.05$. **(b)** Locomotor activity counts from detrended luminescence measurements of freely moving *Caenorhabditis elegans* populations of ~ 100 nematodes treated with vehicle or 100 μ M DZnep, showing mean $\pm$ SEM of $n = 10$ populations. In the middle, population mean $\pm$ SEM of period (left) and amplitude (right) compared by Student *t*-test; **, $p < 0.01$; $n = 10$ populations treated with vehicle and $n = 6$ treated with DZnep. The right panel shows mean $\pm$ SEM of period obtained from single nematodes in isolation, $n = 21$ controls and 22 for DZnep, analyzed by Student *t*-test, **, $p < 0.01$.

Fig. 4: The link between the methyl cycle and the clock is conserved in plants. (a)

Left panel shows mean luminescence $\pm$ SEM of *Arabidopsis thaliana* protoplasts bearing a *CCA1*pro:LUC reporter construct, $n = 8$ wells per treatment, treated with different concentration of DZnep. For comparison between different runs, traces were aligned in relation to the first peak. Middle panel shows mean $\pm$ SEM of amplitude, $n = 8$. Right panel shows mean $\pm$ SEM of amplitude, $n = 8$. **(b)** Same as (a) but with *Ostreococcus tauri* cells carrying a CCA1-LUC reporter, $n = 8$ wells. Middle panel shows mean $\pm$ SEM of period, $n = 8$ wells. No significance was observed between 10, 20 and 30 μ M, but the significance compared to 0 μ M became stronger, i.e. $p < 0.05$, $p < 0.001$, $p < 0.0001$, respectively, indicating dose-dependent effects. Right panel shows mean $\pm$ SEM of amplitude, $n = 8$ wells. **(c)** Same as (b) but with *Chlamydomonas reinhardtii* CBR strain cultures stably-transfected with a *tufA* promoter-lucCP reporter, $n = 5$ wells. Middle panel shows mean $\pm$ SEM of period, $n = 5$ wells. Right panel shows mean $\pm$ SEM of amplitude, $n = 5$ wells. All bar graphs analyzed by One-Way ANOVA followed by Bonferroni post-hoc test; all indicated comparisons at least $p < 0.05$.

Fig. 5: The link between the methyl cycle and the clock is conserved in cyanobacteria. (a)

Left panel shows mean luminescence $\pm$ SEM of *Synechococcus* PCC 7942 *kaiBCp::luxAB* knock-in strain treated with different concentrations of DZnep, $n = 3$, with only the upper section of the error bars shown for clarity. Middle panel shows mean period $\pm$ SEM, $n = 3$. Right panel shows mean amplitude $\pm$ SEM, $n = 3$. **(b)** Same as (a) but using *Synechococcus* PCC 7942 *psbA1p::luxAB* knock-in strain. Data for (a) and (b) were analyzed together with data from Fig. S3, showing additional concentrations of DZnep. **(c)** and **(d)** are the same as (a) and (b),

respectively, but with different Sinefungin concentrations as indicated over the graphs. In addition, bar charts in (c) and (d) show data obtained with higher concentrations of Sinefungin presented in Fig. S3. See also Fig. S4 for a comparison with EGX¹. All bar graphs analyzed by One-Way ANOVA followed by Bonferroni post-hoc test; all indicated comparisons at least $p < 0.05$.

Fig. 6: The somite segmentation clock is sensitive to methyl cycle inhibition. (a) Representative detrended luminescence measurements from one cultured embryo per treatment as indicated in the legend on the right. **(b)** Mean period $\pm$ SEM of $n = 3$ embryos per treatment, with $* = p < 0.05$. **(c)** Mean amplitude $\pm$ SEM of $n = 3$ embryos per treatment, with $** = p < 0.01$. **(d)** Montage of luminescence time-lapse micrographs of one representative embryo for each treatment. One picture every 20 min is shown, starting from top left, each row corresponding to one *Hes7* expression cycle in the embryo treated with 0 μ M DZnep, as shown in (a). See also Movies S2 and S3. **(e)** Anatomic localization of the presomitic mesoderm in embryo and schematic representation of the pictures from (d). The yellow square defined the area from which luminescence was measured in (a).