1 Noninvasive Prenatal Diagnosis for Duchenne Muscular Dystrophy Based on the 2 Direct Haplotype Phasing

3 **Running title:** Noninvasive Prenatal Diagnosis of Duchenne Muscular Dystrophy

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10 **Conflict of interest:**

11 None of the authors have any conflicts of interest to declare.

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1 **Abstract**

2 **Objective** We aimed to investigate the validity of noninvasive prenatal diagnosis
 3 (NIPD) based on direct haplotype phasing without the proband and its feasibility for
 4 clinical application in the case of Duchenne Muscular Dystrophy (DMD).

5 **Methods** Thirteen singleton-pregnancy families affected by DMD were recruited.
 6 Firstly, we resolved maternal haplotypes for each family by performing targeted
 7 linked-read sequencing of their high molecular weight DNA, respectively. Then, we
 8 identified SNPs of the *DMD* gene in all carrier mothers and inferred the *DMD* gene
 9 mutation status of all fetuses. Finally, the fetal genotypes were further validated by
 10 using chorionic villus sampling.

11 **Results** The method of directly resolving maternal haplotype through targeted
 12 linked-read sequencing was smoothly performed in all participated families. The
 13 predicted mutational status of 13 fetuses was correct, which had been confirmed by
 14 invasive prenatal diagnosis.

15 **Conclusion** Direct haplotyping of NIPD based on linked-read sequencing for DMD is
 16 accurate.

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Introduction

Duchenne Muscular Dystrophy (DMD) is an X-linked recessive disease characterized by progressive muscle degeneration and weakness¹, which usually occurs in early childhood, affecting approximately 1 in 3500 male births worldwide². It is reported that DMD is caused by the mutations of the *DMD* gene on the X chromosome³. Current gold standards for prenatal diagnostic testing include amniocentesis or chorionic villus sampling (CVS)⁴. With the discovery of cell-free fetal DNA in maternal plasma⁵ and the development of genetic testing methods, noninvasive prenatal diagnosis (NIPD) is increasingly used in clinical practice. The feasibility and accuracy of detecting fetal DNA using maternal plasma DNA have been confirmed by a large number of studies. NIPD was initially used to detect fetal aneuploidy, but its application in single gene disorders has also been explored⁶.

The detection of DMD by NIPD has been researched previously, but most studies are based on trios' strategy with a proband^{7,8}. This approach can address some of the needs of prenatal diagnosis, but for female carriers, it is unable to detect the genotypes of their first child because there is no proband could provide assistance for resolving haplotypes. Many efforts have been made to overcome this problem, with microfluidics-based linked-read sequencing technology being used prominently⁹. This is a direct haplotyping phasing approach and has been reported to predict fetal genotypes without a proband in a family accurately. In the study published by Hui et al.¹⁰, the mutation inheritance status of the fetus was successfully deduced by integrating the linked-read sequencing technology of 10X Genomics, next-generation targeted sequencing and relative haplotype dosage (RHDO) analysis¹¹. To confirm the accuracy of the direct haplotype-based NIPD and its feasibility for clinical application in the case of DMD, we recruited 13 families affected by DMD for research.

1 **Methods**

2 ***Sample collection***

3 We recruited 13 high-risk families without a proband at the Third Affiliated Hospital
 4 of Guangzhou Medical University and obtained informed consent. All procedures
 5 were performed following the tenets of the Declaration of Helsinki and were
 6 approved by the Ethics Committee of the hospital. For each family, we collected 10ml
 7 maternal blood samples and 5mg CV between 11-25 weeks.

8 ***Maternal DNA linked-read sequencing***

9 In this study, we designed a 657.29Kb SeqCap kit (Roche, Basel, Switzerland) for the
 10 *DMD* gene detection, which contains the coding region (13.91Kb) and the flanking
 11 region (1M) of the *DMD* gene, and the gender determination locus on the Y
 12 chromosome. The peripheral blood samples of the 13 carrier mothers were collected
 13 to obtain the genomic DNA (gDNA). Then, we isolated maternal high-molecular
 14 weight gDNA (> 40kb) to get barcoded DNA fragments by processing with 10X
 15 Genomics Chromium™ library (Pleasanton, CA) protocol. Finally, we performed
 16 targeted linked-read sequencing by using PE101 bp on Illumina Hiseq2500
 17 sequencing system (San Diego, CA).

18 ***Plasma DNA sequencing library preparation***

19 We used the QIAamp Circulating Nucleic Acid kit to extract cell-free DNA from
 20 maternal plasma. Then, we prepared the library according to the protocol and
 21 performed sequencing on the Illumina platform (Hiseq 2500).

22 ***Sequence alignment and SNP calling***

23 We aligned the barcoded reads of maternal to the reference genome (GRCh37/hg19)
 24 by performing 10X Lariat™ and called variants by using the GATK method in Long
 25 Ranger. The paired-end sequencing reads of maternal plasma DNA were mapped to
 26 the reference genome (GRCh37/hg19) using SOAP2 and the variants were
 27 determined using GATK software.

1 ***Haplotype phasing***

2 We resolved the maternal haplotypes from linked-read sequencing data of gDNA.
 3 Sequenced reads that shared the same barcode with the one carrying mutant allele
 4 were linked (mutant-linked barcode reads) and phased to the same haplotype.
 5 Wild-type linked barcode reads were phased to the opposite haplotype. Heterozygous
 6 SNPs associated with same haplotypes were used for subsequent fetal genotypic
 7 prediction and recombinant detection.

8 ***Direct haplotype-based NIPD of the fetus***

9 Because DMD is X chromosome inheritance, we focused on the SNPs of the X
 10 chromosome in the following analysis process. We constructed the Hidden Markov
 11 Model (HMM) by using maternal heterozygous SNPs on chromosome X and maternal
 12 plasma sequencing data to infer fetal haplotype. For each site, the HMM emission
 13 probabilities were the probabilities of genetically pathogenic and non-pathogenic
 14 alleles in the fetus, which were calculated by analyzing the number of reads in
 15 maternal plasma. The HMM transition probabilities were the recombination rates
 16 between SNPs, which were obtained from the SNPs genetic map (from NCBI). When
 17 analyzing the HMM model, we used the Viterbi algorithm to deduce the inherited
 18 haplotype and recombination breakpoints in the fetus.

19 ***Validation of NIPD for DMD***

20 To further verify the accuracy of NIPD, we obtained the fetal DNA by chorionic villus
 21 sampling and performed targeted sequencing using the same probe.

Results

Thirteen families at risk for a fetus with DMD were recruited. The clinical information and the mutational status of the studied cases are listed in Table 1.

The results of the targeted linked-read sequencing of all the samples were listed in Table 2. The mean depth of 13 maternal gDNA samples is 561X (rang: 329X-697X) and the average length of N50 phase-block is 741.61kb (range from 341.37kb to 963.80kb). Through the bioinformatics analysis, there were more than 98% reads would map to the reference genome (GRCH37/hg19).

Reads that shared the same barcode and had the mutant allele at heterozygous SNP positions were considered to be the mutant-linked reads, designated as Hap0, while reads with the wild-type allele at same SNP positions were termed as Hap1. We directly resolved the 2 haplotypes of all 13 maternal gDNA by linking the haplotype blocks assembled by the barcoded reads.

The plasma DNA samples from 13 carrier mothers were target sequenced in the DMD region. The fraction of cffDNA ranged from 7.45% to 15.39% (Table 3). We used informative SNPs (average 701, Table 3) to construct the fetal haplotypes and performed HMM to infer the genotype of fetal *DMD*. The results of NIPD showed that four fetuses had inherited the Hap0 maternal haplotype, including two female carriers (F01and F08) and two affected male fetuses (F02 and F07), and that seven fetuses had inherited the Hap1 maternal haplotype, including six normal female fetuses (F03, F04, F06, F09, F10, F11and F12) and two normal male fetuses (F05 and F13) (Table 3 and Figure 1).

To further evaluate the performance of the direct haplotype-based NIPD, we performed targeted capture sequencing in CV samples, and all families had the same results as NIPD (Table 3).

1 Discussion

2 Traditional prenatal diagnostic methods, including chorionic villus sampling,
 3 amniocentesis, and umbilical cord puncture can be invasive and may put both the
 4 fetus and the pregnant woman at risk. The NIPD method is simpler and safer than
 5 invasive diagnosis because it only requires blood testing. Since the introduction of
 6 NIPD to clinical practice in 2011¹², it has been widely implemented and is currently
 7 offered in over 60 countries¹³. NIPD was initially used to test for Down's Syndrome
 8 and other forms of fetal aneuploidy by using maternal plasma cell-free fetal DNA¹⁴.
 9 Now, it is also used for testing for monogenic diseases⁶. However, the limitations of
 10 NIPD applications in determining monogenic disorder are becoming more prominent
 11 as it requires genomic data from parents and the proband to resolve the parental
 12 haplotypes.

13 To the best of our knowledge, two methods have recently been proposed to overcome
 14 this disadvantage. Hui et al. have successfully applied linked-read sequencing
 15 technology in combination with relative haplotype dosage analysis to noninvasive
 16 prenatal testing of families without proband¹⁰. Vermeulen et al. combined the targeted
 17 locus amplification (TLA)-based haplotype phasing of the two parents with targeted
 18 sequencing of cell-free DNA for noninvasive prenatal testing of families without a
 19 first affected child¹⁵. These two-direct haplotype-based NIPD methods could
 20 accurately deduce the fetal mutation status without relying on the availability of DNA
 21 from the proband. In comparison, targeted haplotyping is less expensive, and
 22 linked-read sequencing has an advantage in recombination events analysis. The
 23 application of the two approaches in the case of DMD requires further exploration.

24 In this study, we first directly resolved the maternal haplotypes by performing
 25 linked-read sequencing, and then successfully predicted the genotype of fetal *DMD*
 26 by using the NIPD method in all 13 families. Gender identification is essential for the
 27 NIPD of X-linked recessive genetic diseases. We determine the sex of the fetus based
 28 on the average depth and the coverage of the target region in chromosome Y in the

1 plasma samples, as described in our previous work¹⁶.

2 Due to the limited researches in this area to date, more studies are needed to prove its
3 clinical feasibility. Our study demonstrated that the direct haplotype-based method
4 could provide accurate fetal genotype information on DMD without the proband,
5 meaning that it could be an additional option for the NIPD of DMD.

6 **Conclusion**

7 The direct haplotype-based approach for DMD has potential for introduction for
8 clinical service. To the best of our knowledge, this is the largest cohort without the
9 probands for NIPD of DMD. Further studies should aim to refine the methodology,
10 reduce the cost, and adopt this approach for a larger population with a wide range of
11 genetic disorders.

12

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1 **Legends for figures and tables**

2 **Table 1. Clinical information and molecular diagnosis**

3 **Table 2. Statistics of linked-read sequencing data**

4 **Table 3. Noninvasive prenatal diagnosis of DMD families**

5 **Figure 1. Fetal haplotype determination.** The blue lines represent the maternal
6 haplotype of fetal inheritance on the X chromosome. The lines above zero (Cyan line)
7 indicate that the pathogenic allele is inherited (Hap0), while the lines below zero
8 mean the normal allele is inherited (Hap1).

9

Maternal inheritance

Table 1. Clinical Information and Molecular Diagnosis

Family	Sample	GW	DMD mutation
F01	mat		Het.D.EX45-48
	plasma	19W+1D	-
F02	mat		Het.D.EX49-52
	plasma	12W+1D	-
F03	mat		Het.D.EX48-49
	plasma	11W+2D	-
F04	mat		Het.D.EX46
	plasma	11W+5D	
F05	mat		Het.c.1525TC[2]
	plasma	12W+6D	
F06	mat		Het.D.EX50
	plasma	12W+1D	
F07	mat		Het.D.EX45
	plasma	17W	
F08	mat		Het.D.EX45
	plasma	12W+4D	
F09	mat		Het.c.237_256delGGCACTGCGGGTTTTGCAGA
	plasma	17W+3D	
F10	mat		Het.c.10141C>T
	plasma	11W+3D	
F11	mat		Het.D.EX42-43
	plasma	13W+3D	
F12	mat		Het.D.EX3-13
	plasma	12W+4D	
F13	mat		Het.c.1408A > T
	plasma	25W+4D	

Notes: Abbreviations: mat, maternal; Het. D.EX, Heterozygous deletion Exon; GW, Gestational Weeks.

Table 2. Statistics of 10X Linked-read Sequencing Data

Family	Gems detected	SNPs phased	Longest phase block	N50 phase block	Mean depth of target region	Mapped reads
F01	377998	97.95%	2993951	798365.00	329	98.95%
F02	482807	98.20%	3110821	963803.00	531	98.94%
F03	488937	98.05%	2474849	963803.00	537	99.09%
F04	572612	98.35%	1366582	479287.00	697	99.48%
F05	549633	98.26%	1983343	493754.00	644	99.58%
F06	568884	98.08%	1376475	341366.00	664	99.60%
F07	457130	98.37%	2437345	825353.00	653	99.42%
F08	406176	98.06%	1806841	579443.00	532	99.57%
F09	494357	98.31%	1950712	543877.00	584	99.61%
F10	506946	98.58%	1799819	612603.00	637	99.38%
F11	431524	98.35%	1873856	562824.00	581	99.53%
F12	424937	98.21%	3494973	1498192.00	508	98.96%
F13	392900	98.11%	4084221	978321.00	405	98.99%

Table 3. Noninvasive Prenatal Diagnosis of DMD Families

Family	Fetal DNA fraction	Fetal gender	Phased SNPs	Hap0	Hap1	Fetal Haplotype	NIPD	CVS
F01	15.39%	female	790	606	184	Hap0	carrier	carrier
F02	6.22%	male	877	877	0	Hap0	affected	affected
F03	10.13%	female	774	0	774	Hap1	normal	normal
F04	8.60%	female	435	0	435	Hap1	normal	normal
F05	8.60%	male	781	0	781	Hap1	normal	normal
F06	12.32%	female	262	0	262	Hap1	normal	normal
F07	9.14%	male	727	718	9	Hap0	affected	affected
F08	18.54%	female	750	750	0	Hap0	carrier	carrier
F09	7.45%	female	860	0	860	Hap1	normal	normal
F10	7.68%	female	384	0	384	Hap1	normal	normal
F11	9.67%	female	425	0	425	Hap1	normal	normal
F12	8.21%	female	964	0	964	Hap1	normal	normal
F13	16.97%	male	1087	0	1087	Hap1	normal	normal

Notes: Hap0, fetal-inherited maternal mutant haplotype; Hap1, fetal-inherited maternal wild-type

haplotype; CVS, Chorionic Villi Sampling ;