

**Amphipathic helices of cellular proteins can replace the helix in M2
of Influenza A virus with only small effects on virus replication**

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Running head: Amphiphilic helix of M2

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Abstract

1 M2 of influenza virus functions as proton channel during virus entry. In addition, an
2 amphipathic helix in its cytoplasmic tail plays a role during budding. It targets M2 to the
3 assembly site where it inserts into the inner membrane leaflet to induce curvature that causes
4 virus scission. Since vesicularisation of membranes can be performed by a variety of
5 amphiphilic peptides we used reverse genetics to investigate whether they can substitute for
6 M2's helix.

7 Virus could not be generated if M2's helix was deleted or replaced by a peptide predicted not
8 to form an amphiphilic helix. In contrast, viruses could be rescued if the M2 helix was
9 exchanged by helices known to induce membrane curvature. Infectious virus titers were
10 marginally reduced if M2 contains the helix of the amphipathic lipid packing sensor, from the
11 Epsin N-Terminal Homology domain or the non-natural membrane inducer RW16.
12 Transmission EM of infected cells did not reveal unequivocal evidence that virus budding or
13 membrane scission was disturbed in any of the mutants. Instead, individual virus mutants
14 exhibit other defects in M2, such as reduced surface expression, incorporation into virus
15 particles and ion channel activity. The protein composition and specific infectivity was also
16 altered for mutant virions. We conclude that the presence of an amphiphilic helix in M2 is
17 essential for virus replication, but other helices can replace its basic (curvature-inducing)
18 function.

19 **Importance**

20 Influenza is unique among enveloped viruses since it does not rely on the cellular ESCRT-
21 machinery for budding. Instead viruses encode their own scission machine, the M2 protein.
22 M2 is targeted to the edge of the viral assembly site where it inserts an amphiphilic helix into
23 the membrane to induce curvature. Cellular proteins utilize a similar mechanism for scission
24 of vesicles. We show that the helix of M2 can be replaced by helices from cellular proteins
25 with only small effects on virus replication. No evidence was obtained that budding is
26 disturbed, but individual mutants exhibit other defects in M2 which explain the reduced virus
27 titers. In contrast, no virus could be generated if the helix of M2 is deleted or replaced by
28 irrelevant sequences. These experiments support the concept that M2 requires an amphiphilic
29 helix to induce membrane curvature, but its biophysical properties are more important than
30 the amino acid sequence.

31 **Introduction**

32 Influenza A viruses are pleomorphic enveloped viruses in the family *Orthomyxoviridae*. Their
33 membrane is lined from beneath by a protein layer composed of the matrix protein M1, which
34 in turn envelopes the viral genome, arranged as eight viral ribonucleoprotein particles
35 (vRNPs), each composed of a segment of viral RNA complexed to the nucleoprotein (NP) and
36 the subunits of the viral RNA polymerase. The membrane contains three transmembrane
37 proteins, the glycoproteins hemagglutinin (HA), which catalyzes virus entry by receptor-
38 binding and membrane fusion after virus-uptake into endosomes and the neuraminidase (NA),
39 which is required for release of particles from infected cells (1). The tetrameric proton
40 channel protein M2 is activated by the acidic pH in the endosome and the resulting proton
41 flux into the interior of the virus is important for genome unpacking (2-4).

42 M2 is a type III transmembrane protein; the first 24 amino acids form the ectodomain, which
43 contains an unused glycosylation site and two cysteines which build intermolecular
44 disulphide-linkages, which however, are not required for tetramer formation (5, 6). The
45 following 19 residues are the transmembrane region (TMR), which, including a few amino
46 acids on both sides, is the functional core of the proton channel (7). The remaining 54
47 residues build up the cytoplasmic tail, which is essential for virus replication (8). Amino acids
48 48 – 58 following the TMR shape a membrane-parallel amphiphilic helix (9). This region
49 (residues 45-69), but also residues 71–73 contain a binding site for the viral matrix protein
50 M1 (10, 11). The interaction with M2 is required for transport of M1 from internal
51 membranes, where it accumulates in the absence of other virus proteins, to the viral budzone
52 (12, 13), a cholesterol- and sphingomyelin-enriched area of the plasma membrane. The
53 cytoplasmic tail (residues 91 to 94) also binds to the autophagy protein LC3 and recruits LC3-
54 containing vesicles to the plasma membrane, a process that is required for budding of
55 filamentous particles and enhances the environmental stability of virions (14).

56 In the infected cell, all viral components are synthesized and ultimately transported to the
57 plasma membrane for assembly and budding of progeny virions (15, 16), which occurs in
58 cholesterol- and sphingolipid-enriched nanodomains of the plasma membrane (rafts) (17). HA
59 and NA have intrinsic features that target the proteins to the cholesterol-enriched domains
60 (18), but M2 is not a raft component (19). Nevertheless, M2 co-cluster at the plasma
61 membrane with HA as assessed by FRET and quantitative electron microscopy (20, 21).
62 It was originally proposed that targeting to the HA-defined budding zone is achieved by two
63 features: attachment of palmitic acid to cysteine residue 50 (22, 23), and cholesterol binding
64 (24), mediated by cholesterol recognition/interaction amino acid consensus (CRAC) motifs,
65 present up to four times in the amphiphilic helix region of M2 (25). However, it was then
66 shown that mutations in either the acylation site or in the CRAC motifs, or in both motifs
67 simultaneously do not affect clustering of M2 with HA (26) and virus growth in cell culture
68 (27-29). However, a recent NMR analysis indicated that cholesterol binds the C-terminal part
69 of the transmembrane region and is oriented parallel to the bilayer normal, without
70 requirement of the CRAC motif (30).
71 Targeting to the budding zone might be achieved by the ability of M2's helix to sense
72 membrane curvature as shown by preferential binding of M2 to small unilamellar vesicles
73 (SUVs) having a small diameter and by molecular dynamics simulations (31, 32). More
74 specifically, clusters of M2 molecules are excluded from regions with negative curvature, i. e.
75 the outward part of a budding virus particle, but rather accumulate at membrane regions with
76 positive curvature, i. e. the neck of a budding virus (33).
77 Positioning of M2 at the edge of the viral budding zone could then entail the scission of virus
78 particles: the amphiphilic helix was proposed to induce curvature by wedge-like integration
79 into the membrane (34). Indeed, there is experimental evidence from membrane model system
80 that M2 plays an active role in scission. M2 as well as a peptide encompassing the

81 amphiphilic helix induce membrane curvature in large unilamellar vesicles (LUVs) and
82 causes budding of vesicles into giant unilamellar vesicles (GUVs) (35, 36). Detailed studies
83 with peptides showed that the amphipathic α -helix folds upon contact with membranes.
84 Membrane binding requires hydrophobic interactions with the lipid tails but not charged
85 interactions with the lipid headgroups (31, 32).

86 In the context of a virus infection it was shown that replacement of residues in the membrane-
87 inserted hydrophobic face of the amphiphilic helix leads to modest or large attenuation of
88 recombinant viruses in cell culture, and to changes in morphology of both filamentous and
89 spherical virus strains. Especially undetached mutant viruses with a bead-on-a-string
90 morphology where individual virions fail to be separated from each other and/or from the
91 plasma membrane are characteristic of incomplete virus scission (36-38).

92 A multitude of amphipathic helices that interact with membranes have been characterized in
93 cellular proteins. Amphipathic helices are arranged parallel to the bilayer, partially penetrate it
94 via their hydrophobic face and are well suited for membrane deformation and curvature
95 sensing. Their interactions are mostly reversible and restricted to certain cellular membranes
96 in order to allow the respective protein to fulfil a specific cellular function (39). One type of
97 helix induces membrane curvature by inserting into one leaflet of a bilayer like a wedge. A
98 well investigated example is the α 0-helix of the Epsin N-Terminal Homology (ENTH)
99 domain, which is present in the Epsin family of proteins that are involved in clathrin-mediated
100 endocytosis. The whole ENTH-domain is composed of several helices that bind specifically to
101 PtdIns(4,5)P₂, a lipid present in the inner leaflet of the plasma membrane. Upon binding to
102 PtdIns(4,5)P₂, the unstructured N-terminal residues of the ENTH domain fold into the α 0-
103 helix, that subsequently inserts into the inner leaflet of the plasma membrane resulting in
104 separation of lipid polar heads. The specificity for PtdIns(4,5)P₂ and subsequent membrane
105 insertion is also observed in the isolated α 0-helix (40-44).

106 Instead of inducing membrane curvature, another type of amphipathic helix senses curvature
107 by insertion of bulky hydrophobic residues between loosely packed lipids. The most notable
108 example is the ALPS (amphipathic lipid packing sensor) motif found within the Golgi-
109 associated ArfGAP1 protein. The ALPS motif forms an α -helix only upon binding to highly
110 curved membranes, e.g. to vesicles which have a small radius compared to the rather flat
111 donor membrane. This helix differs from classical amphipathic helices by the abundance of
112 serine and threonine residues on its polar face. Upon lipid-binding ArfGap1 activates the
113 GTPase activity of Arf1, which in turn leads to disassembly of the coat of COPI vesicles,
114 carriers for retrograde transport from the Golgi apparatus to the ER (45-47).

115 Amphipathic helices can also function as cell-penetrating peptides (CPPs), which are used to
116 deliver membrane impermeable agents through both leaflets of a membrane into cells. The
117 first identified CPPs were composed of only basic amino acids, but peptides containing both
118 basic and hydrophobic amino acids are more effective. Amphipathic CPPs, such as the
119 peptide RW16, bind parallel to the membrane at low concentrations, but at high
120 concentrations insert perpendicularly causing membrane curvature and leakage as well as
121 lipid domain separation and changes in membrane fluidity and cholesterol distribution (48,
122 49).

123 Since the mentioned peptides exhibit similar biophysical features and membrane sensing and
124 modulating activities but have a completely different amino acid sequence, we asked whether
125 they can replace the amphiphilic helix of M2 within the context of a virus infection.

126 **Material and Methods**

127 **Cell culture**

128 Madin Darby canine kidney (MDCK II) cells and human embryonic kidney 293T cells were
129 grown in DMEM (Dulbecco's Modified Eagle Medium, PAN, Aidenbach, Germany)
130 supplemented with 10% FCS (fetal calf serum, Perbio, Bonn, Germany), 100 units/ml
131 penicillin and 100 µg/ml streptomycin at 37 °C and 5% CO₂.

132

133 **Mutagenesis, generation of recombinant virus, growth curves**

134 Recombinant influenza A/WSN/33 (H1N1) virus was generated using an eight-plasmid
135 reverse genetics system (50), where each plasmid contains the cDNA of one viral RNA
136 segment, flanked by suitable promoters. In brief, 293T cells in 60mm dishes were co-
137 transfected with 8 plasmids (1µg each) with TurboFect transfection reagent. 4-6h post
138 transfection, culture medium was changed to infection medium (DMEM) supplemented with
139 0.1% FBS, 0.2% BSA and 1 µg/ml TPCK-Trypsin). 48h post transfection, culture supernatant
140 was harvested, centrifuged at 4000g for 5min to clear from cell debris and stored at -80°C or
141 directly passaged onto MDCK II cells for further amplification.

142 To generate mutations in the amphiphilic helix of M2 the M1/M2-encoding cDNA segment 7
143 was digested with StuI and Nae I, and a synthetic cDNA sequence was inserted which does
144 not encode the amino acids 48-62 (FKCIYRRFKYGLKRG) that encompass the amphiphilic
145 helix. The synthetic cDNA contains sites for the restriction enzymes ClaI and BspEI at the
146 beginning and end of the amphiphilic helix, which were used to insert synthetic DNA
147 sequences that encode the internal helix from ArfGAP1
148 (FLNSAMSSLYSGWSSFTTGASKFAS, M2 ALPS), the curvature sensing α 0-helix of the
149 ENTH domain from Epsin 1 (SSLRRQMKNIVHN, M2 Epsin) or the artificial cell-
150 penetrating RW16 peptide (RRWRRWRRWRRWRR, M2 RW16). Two of the mutants

151 contained scrambled M2 sequences; one from the WSN virus (KYGCFRYFIKRGKLR, M2
152 sWSN), the other from the Udorn strain (FFKLGYLEFKIFRGCRH, M2 sUdorn).

153 To investigate virus growth MDCK II cells were seeded into 6-well or 24-well plates one day
154 before infection so they could be nearly 100% confluent the next day. Cells were then
155 infected with WSN WT or M2 mutants with an m.o.i of 0.001 (for multiple replication cycle)
156 or 1 (for single replication cycle). After binding for 1h, cells were washed once with DMEM
157 and fresh infection medium was added. An aliquot of the cell culture supernatant was
158 harvested at 9h, 23h, 34h and 47h (multiple replication cycle) or at 6h and 9h (single
159 replication cycle) post infection, cleared from cell debris (2000g, 5min) and titrated by
160 plaque-assay.

161 For the virus samples collected at 34h post infection, the copy number of vRNA segment M
162 and NA was also determined by RT-qPCR. Viral RNA was extracted from the same volume
163 of cell culture supernatant with RTP DNA/RNA Virus Mini Kit (Stratec) according to the
164 instruction. The amount of M and NA segment was determined with one-step RT-qPCR using
165 SensiFAST™ Probe Lo-ROX One-Step Kit (Bioline). The sequences of primers and probe for
166 M segment detection are AGA TGA GYC TTC TAA CCG AGG TCG (forward primer),
167 TGC AAA NAC ATC YTC AAG TCT CTG (reverse primer) and TCA GGC CCC CTC
168 AAA GCC GA (probe). The sequences of primer and probe for NA segment detection are
169 TGG GTC AAT CTG TAT GGT AGT C (forward primer), GCT GCC TTG GTT GCA TAT
170 T (reverse primer) and TGG ATT AGC CAT TCA ATT CAA ACC GGA (probe). The
171 plasmids for reverse genetics were used as standard to calculate the copy number.

172 To assess stability of virus particles WSN WT and mutant viruses were diluted with infection
173 medium to 200000 PFU/ml. 500 µl virus (i.e. 100.000 PFU) was put into 24-well plates,
174 which were incubated at 37°C and 5% CO₂. One aliquot was removed every day and titers
175 were determined by plaque assay.

176 Plaque assay was performed on MDCK II cells in six well plates. Cells were infected with
177 serial 10fold dilutions of virus, incubated for 1h at 37 °C, washed with PBS and overlaid with
178 2X MEM (Minimum Essential Medium), 1.25% Avicel (FMC BioPolymer), 1% NaHCO₃,
179 0.1% FCS, 0.2% BSA (dissolved in H₂O) and 2µg/ml TPCK-trypsin. After incubation for
180 48h at 37 °C the cell cultures were fixed with 4% PFA, cells were stained with 0.1% crystal
181 violet, and the plaques were counted.

182

183 **Virus purification, SDS-PAGE and Western blot**

184 MDCK II cells were infected with WSN WT or mutants at an m.o.i of 0.001. 48h post
185 infection, culture supernatant was harvested, centrifuged at 4000g for 5min to clear from cell
186 debris and viruses were pelleted (100.000g, 2h). Pelleted viruses were then loaded onto a
187 continuous 20-60% sucrose gradient and centrifuged at 100.000g for 4h. Visible virus bands
188 at a density of 35-50% were collected and resuspended in 1X TNE buffer (10 mM Tris, 100
189 mM NaCl und 1 mM EDTA, pH 7.4) and again pelleted.

190 For analysis of the viral protein composition, purified viruses were subjected to 12% SDS-
191 PAGE under non-reducing condition and Coomassie staining.

192 To determine the amount of M2 in virus particles, purified virus preparations were subjected
193 to SDS-PAGE under reducing condition. Gels were blotted onto polyvinylidene difluoride
194 (PVDF) membrane (GE Healthcare). After blocking of membranes (blocking solution: 5%
195 skim milk powder in PBS with 0.1% Tween-20 (PBST)) for 1h at room temperature, they
196 were incubated with either anti-M2 mAb (14C2; Santa Cruz) or anti-M1 mAb (Abcam)
197 overnight at 4°C. After washing (3x10 min with PBST), horseradish peroxidase-coupled
198 secondary antibody (anti-mice or anti-goat, Sigma-Aldrich, Taufkirchen, Germany, 1:5000)
199 was applied for 1h at room temperature. After washing, signals were detected by
200 chemiluminescence using the ECLplus reagent (Pierce/Thermo, Bonn, Germany) and a

201 Fusion SL camera system (Peqlab, Erlangen, Germany). The density of bands was analyzed
202 with Image J software.

203

204 **Immunofluorescence microscopy and flow cytometry**

205 To assess the subcellular localization of M2 by immunofluorescence microscopy, MDCK II
206 cells grown in 6-well plates were infected with WSN WT and mutants with a m.o.i. of 1. The
207 cells were fixed 4.5h after infection with 4% (w/v) paraformaldehyde in PBS for 20min,
208 permeabilized with 0.1% Triton X-100 in PBS for 10 min, blocked (3% BSA in PBS
209 for 1h) and incubated with primary anti-M2 mAb14C2 (1:300 in PBS supplemented with 3%
210 BSA, Santa Cruz) for 1h and then with anti-mouse secondary antibody coupled to Alexa Fluor
211 488 (1:1000, Sigma) for 30min. Washing with PBS (three times, each for 2min) was
212 performed between each step. Pictures were recorded with a Zeiss Axio Vert A1 inverse
213 epifluorescence microscope.

214 To quantify total and surface expression levels of M2 fluorescence intensities were
215 determined by flow cytometry. MDCK II cells were infected with WSN WT and mutants with
216 a m.o.i of 1, treated with trypsin/EDTA for detaching from the dishes at 4.5h post infection,
217 pelleted (1200g, 5min), resuspended in growth medium for 30min, washed twice with PBS
218 and fixed with 4% formaldehyde for 20min. For analysis of surface M2, cells were directly
219 blocked with 3% BSA in PBS for 30min. For the total expression levels of M2, cells were
220 additionally permeabilized with 0.1% triton X-100 for 10 min before blocking with BSA.
221 Cells were incubated with primary anti-M2 mAb14C2 (1:300 in PBS supplemented with 3%
222 BSA, Santa Cruz) for 1h, and then with anti-mouse secondary antibody coupled to Alexa
223 Fluor 488 (1:1000, Sigma) for 30 min. The total fluorescence intensity was determined for
224 single cells by flow cytometry; at least 100.000 cells were analyzed. Cells with fluorescence
225 intensities below the value determined for mock infected cells were not taken into

226 consideration. From these data the mean fluorescence intensity was calculated and results for
227 total and surface expression were normalized to surface expression of M2 WT in each of three
228 infection experiments.

229

230 **M2 proton channel activity assay**

231 293T cells in 6-well plates at ~80% confluency were transfected with 3 μ g plasmid encoding
232 eYFP using TurboFect transfection reagent (Thermo Fisher). 24h post transfection, cells were
233 infected with WSN WT or mutants at a moi of 0.5. 16h after infection, cells were detached
234 from plates and divided into two parts. One part was directly measured by flow cytometry to
235 analyze the proton channel activity of M2; the other part was fixed and stained with anti-M2
236 mAb 14C2 to determine the M2 amount in the plasma membrane of infected cells.

237 To analyze the proton channel activity, cells were washed twice with DPBS++ (DPBS with
238 calcium and magnesium) and resuspended in DPBS++ at either pH7.2 or pH5.5. The mean
239 fluorescence intensity (MFI) of eYFP of at least 10000 cells was measured every 40s. The
240 MFI at pH7.2 at the starting time point (T=0) was normalized to 100% and its change was
241 plotted against time.

242 To determine the M2 amount at the plasma membrane, cells were fixed with 4%
243 formaldehyde for 20min, blocked with 3% BSA in PBS for 30min, incubated with primary
244 anti-M2 mAb (1:300 in PBS supplemented with 3% BSA; 14C2, Santa Cruz) for 1h, then
245 with anti-mice secondary antibody Alexa Fluor 488 (1:1000, Sigma) for 30min and analyzed
246 by flow cytometry. The mean fluorescence intensity was calculated from at least 10 000 cells.

247

248 **Transmission electron microscopy**

249 MDCK II cells were infected with wild-type and mutant viruses at a m.o.i of 0.001. 24-36h
250 post infection, cells were harvested by scraping, pelleted (2000g, 5min, 4°C), washed twice

251 with HEPES (pH 7.2) and fixed in 2.5% glutaraldehyde in 50 mM HEPES (pH 7.2). After
252 washing in 50 mM HEPES (pH 7.2), cell pellets were embedded in low-melting-point agarose
253 (3% in ddH₂O, at a ratio of 1:1). Cells were post-fixed with osmium tetroxide (1% in ddH₂O
254 for 1h), tannic acid [0.1 % in 50 mM HEPES (pH 7.2) for 30min] and uranyl acetate (2 %
255 in ddH₂O for 2h), dehydrated stepwise in a graded ethanol series and embedded in epon resin.
256 Ultrathin sections (~60 nm) were prepared with an ultramicrotome (Leica Ultracut UCT) and
257 counterstained with uranyl acetate (2% in ddH₂O for 20min), followed by lead citrate
258 (Reynolds' solution for 3min). Ultrathin sections were examined using a JEM-2100
259 transmission electron microscope (JEOL) at 200 kV. Images were recorded using a Veleta
260 CCD camera (EMSIS).

261 **Results**

262 **The presence of an amphipathic helix in M2 is essential for virus replication**

263 In order to investigate the role of the amphipathic helix of M2 for replication of the spherical
264 WSN Influenza virus strain (A/WSN 1933, H1N1), residues 48-62 (amino acid sequence
265 FKCIYRRFKYGLKRG) were deleted from the M2 protein.. We also generated four M2
266 mutants where these amino acid sequences were replaced (Fig. 1). One mutant contained
267 scrambled version of the amphipathic helix of M2 from the WSN virus
268 (KYGCFRYFIKRGKLR, termed M2 sWSN) (36). We also exchanged M2's helix with three
269 different helices, with the curvature sensing ALPS helix from ArfGAP1
270 (FLNSAMSSLYSGWSSFTTGASKFAS, M2 Alps), with the curvature inducing α 0-helix of
271 the ENTH domain from Epsin 1 (SSLRRQMKNIVHN, M2 Epsin) and with the non-natural
272 cell-penetrating RW16 peptide (RRWRRWRRWRRWRR, M2 RW), that was shown to
273 cause budding of vesicles into GUVs, similar to the helix of M2 (36).

274 Amphipathic helices are characterized by two physicochemical parameters, the hydrophobic
275 moment ($\langle\mu_H\rangle$) and the average hydrophobicity ($\langle H\rangle$). The hydrophobic moment quantifies
276 amphipathicity as the mean vector sum of the hydrophobicities of the side chains if this region
277 forms an α -helix, whereas the hydrophobicity describes the avidity of the helix for lipids (51).
278 Calculation of these parameters by heliquest (Fig. 1c) reveals that M2 WT and M2 sWSN
279 have (since they are composed of identical amino acids) the same hydrophobicity (0.39), but
280 the hydrophobic moment in the scrambled version is reduced from 0.39 to 0.11. M2 ALPS
281 has a similar hydrophobic moment (0.311) as M2 WT and a higher overall hydrophobicity
282 (0.544). M2 Epsin has a higher hydrophobic moment (0.608) compared to M2 WT, but a
283 lower hydrophobicity (0.253). M2 RW16 has the highest hydrophobic moment (0.985) since
284 the peptide is composed of only basic and hydrophobic residues which are perfectly aligned
285 on the hydrophilic and hydrophobic face, respectively.

286 The mutant M2 plasmid together with plasmids encoding the other viral proteins were
287 transfected into HEK 293T cells, the supernatant was used to infect MDCK II cells and
288 release of virus particles was assessed by HA assay. In five independent transfections we
289 never rescued virus particles which have a deleted helix or the scramble helix of the WSN
290 strain, whereas wild-type virus and the other three mutants done in parallel exhibit HA titers
291 of 2^2 - 2^6 . From the rescued mutants a virus stock was generated in MDCK II cells and
292 sequencing of the M2 gene showed that only the desired mutations were present (data not
293 shown).

294 To compare the replication kinetics of the viruses, MDCK II cells were infected with WSN
295 WT or with the mutants at a moi of 0.001, supernatants were collected at various time points
296 post infection and virus titers were assessed by plaque assay (Fig. 2A). The growth curve
297 from three infection experiments revealed a small, but statistically significant decrease in the
298 infectious titer of all mutants (depending on the time point) by 1 to 2 logs. To assess whether
299 mutant virus particles exhibit a reduced specific infectivity we also determined their HA-titers
300 at 34 and 47 hours after infection from this experiment (Fig. 2B) and calculated the Pfu/HA
301 ratios at 34 and 47 hours after infection. In general, they are higher at 34 hours compared to
302 47 hours after infection, which suggests that virus assembly is more precise at earlier time
303 points after infection. More importantly, at both time points the specific infectivity of WSN
304 M2 ALPS and WSN M2 RW16 is (statistically significant) reduced compared to WSN M2
305 Epsin and WSN M2 WT (Fig. 2C).

306 We then applied RT-qPCR using primers for the gene segments encoding M and NA,
307 respectively to determine the number of total genome-containing particles released at 34h post
308 infection from MDCK cells (Fig. 2D). The determined number was correlated with the
309 infectious virus titer to calculate the ratio of fully infectious to total (genome-containing)
310 particles, which is for wild type virus ~ 0.1 if the vRNA encoding M is determined, and ~ 0.2

311 for the NA gene segment. This is at the upper limit for previous estimates for the ratio of total
312 to fully infectious particles which is in the range from 0.1 to 0.01 (52). When compared with
313 WSN WT, WSN M2 Epsin exhibits a very similar ratio, while the other two mutants exhibit a
314 3-5fold lower proportion of infectious to total particles, regardless of whether the M or NA
315 gene segment were analyzed. In sum, whereas WSN WT and WSN Epsin produce the same
316 ratio of infectious to total particles, the other two mutants produce relatively more non-
317 infectious particles suggesting that the assembly process is less accurate in M2 ALPS and M2
318 RW16.

319 In multiple cycle growth experiments a reduced virus titer might be due to a defect in virus
320 budding, in virus entry or in both processes. Therefore, we analyzed virus growth also under
321 one cycle growth conditions by infecting cells with the same m.o.i of 1 and determined virus
322 titers at 6h and 9h post infection. Under those conditions WSN mutants showed no or only
323 slightly (1log) lower titers than WSN WT, statistically significant different from WT only for
324 M2 ALPS at 6h post infection (Fig. 2E). Although defects in virus release might add up after
325 multiple cycles of replication, the result suggests that replacing the amphiphilic helix in M2
326 causes defects in virus budding; entry of the resulting particles into cells is apparently also
327 affected,.

328 M2 binds to the autophagy protein LC3 and recruits LC3-conjugated membranes to the viral
329 budding site. This process is required for virus stability, probably because it delivers
330 appropriate lipids to the plasma membrane during budding (14). This is especially evident for
331 filamentous viruses, but the spherical PR8 viruses with a mutation in the LC3-binding domain
332 also show a larger drop in virus titers after incubation at room temperature compared to the
333 corresponding wild type virus. In addition, M2 binds cholesterol (24, 25, 36), a lipid that
334 increases the rigidity of viral membranes and hence probably infectivity of viruses (53-56).
335 To test the possibility that mutant viruses are more unstable than wild type virus we incubated

336 2×10^6 infectious virus particles at 37°C for 4 days, removed an aliquot every day and
337 determined the remaining vial infectivity (Fig. 2F). However, no difference was observed
338 between WSN WT and mutant viruses, virus infectivity dropped by ~1log per day in all cases.

339

340 **Little evidence for impaired membrane scission by replacement of M2's amphiphilic**
341 **helix**

342 Defects in budding might be reflected by aberrant morphology of the resulting virus particles.
343 Especially if the last budding step (scission) is disturbed this might led to a 'beads-on-a-string'
344 morphology, in which individual virions fail to be separated from each other and/or from the
345 plasma membrane (35, 37). To examine whether the cellular helices present in M2 have an
346 influence on virus budding, we applied transmission electron microscopy on ultrathin sections
347 (~70nm) of MDCK II cells infected at a low m.o.i and prepared 24-36h after infection.
348 Around 60 (WSN Epsin), 120 (WSN RW16) and 280 (WSN Alps) budding events were
349 inspected, but no such morphology was observed for any of the mutants. However, for WSN
350 RW16 we observed two virus particles still attached by a small neck to filopodia (Fig. 3G),
351 but other particles apparently bud normally (Fig. 3H+I). WSN Epsin forms a few bacilliform
352 particles (Fig. 3D). However, most virus particles were spherical for any mutant, yielding no
353 evidence for drastic perturbation of virus morphology by mutations in M2. Thus, we obtained
354 little evidence that the defects in growth of mutant viruses are due to impaired scission of
355 particles from the plasma membrane of infected cells.

356

357 **M2 ALPS and M2 Epsin are less abundantly expressed at the plasma membrane**

358 One reason for the reduced virus titers might be a lower availability of mutant M2 at the
359 budding site. To compare the intracellular distribution of wild type and mutant M2 proteins
360 we used immunofluorescence of permeabilized MDCK II cells 4.5 hours after infection using

361 anti-M2 mAb 14C2. Wild-type M2 and each mutant is present at the plasma membrane, but
362 cells also revealed bright perinuclear (presumably Golgi) and weaker reticular staining
363 (possibly ER) throughout the cell (Fig. 4A).

364 We quantified the presence of wild-type and mutant M2 proteins at the cell surface in virus
365 infected cells using antibody staining and flow cytometry. One aliquot of infected MDCK
366 cells was permeabilised to determine total M2 expression levels; the other was left untreated
367 to estimate cell surface fluorescence. Samples were incubated with the M2-antibody 14C2,
368 which recognizes an epitope in the ectodomain of M2 (57), and fluorescent secondary
369 antibody and the mean fluorescence intensity from 10^5 cells (minus background fluorescence
370 of uninfected cells) was determined. Ratios of total versus surface expression were calculated
371 and results were normalized against the surface expression level of M2-WT (=100%). The
372 resulting graph from four different infection experiments reveal that surface expression of M2
373 Epsin is (statistically significantly) reduced to 65% and M2 ALPS to 40%. (Fig. 4B).
374 However, this is (manly) due to a reduction in the total expression of both mutants. If the ratio
375 of surface expression to total expression is calculated and normalized to wild type no
376 difference between M2 WT and the M2 mutants is obvious (Fig. 4C).

377

378 **Reduced amounts of M2 are incorporated into mutant virus particles**

379 Since especially M2 ALPS and M2 Epsin are less abundantly expressed at the plasma
380 membrane, we asked whether they are less efficiently incorporated into virus particles. We
381 purified WSN WT and WSN mutant virus particles with sucrose gradient centrifugation from
382 MDCK II cells and used western blotting to visualize M2. To quantify the amount of M2 we
383 related the chemiluminescent signal intensity for M2 to that of M1 probed in parallel on the
384 same membrane. The results from three virus preparations (Fig. 5A+B) show that the relative
385 amount of M2 is significantly reduced to ~25% in M2 ALPS, and M2 Epsin, but also in M2

386 RW16 relative to M2 WT (=100%).

387 M2 WT appears as two bands under reducing conditions, as observed previously (58). Mutant
388 M2 proteins show a lower ratio of the 15kDa band relative to the 17kDa and a different SDS-
389 PAGE mobility compared to M2 WT. The observed molecular weight does not always
390 correspond to the predicted molecular weight; especially M2 ALPS runs faster than M2 WT
391 although the inserted helix is larger than M2's authentic helix. Most likely, conformational
392 aspects are involved, since M2 of different virus subtypes having the same number of amino
393 acids run differently in SDS-PAGE (58).

394 Analyzing M2 proteins by non-reducing SDS-PAGE shows that each mutant forms disulfide-
395 linked dimers and tetramers (Fig. 5C), to a similar extent as M2 WT (5). Thus, except for the
396 slight anomaly in the SDS-PAGE mobility especially of M2 ALPS processing of mutants into
397 tetramers is not disturbed.

398

399 **Reduced incorporation of M1 into mutant virus particles**

400 M2 contains a binding site in its cytoplasmic tail to recruit M1 from the Golgi to the plasma
401 membrane (10, 11, 13). To determine whether mutant virus particles contain less M1 we
402 analyzed the protein composition of three purified virus preparations by SDS-PAGE and
403 coomassie staining (Fig. 6A). After non-reducing SDS-PAGE two bands with a molecular
404 weight around 28kDa appeared; both react with M1-specific antibodies in a western-blot (Fig.
405 6b). Densitometry of the major viral protein bands representing HA, NP and both M1 bands
406 and calculation of their ratios indeed revealed that reduced amounts of M1 were incorporated
407 into each mutant virus particles, most pronounced (and statistically significant) in WSN
408 Epsin and WSN RW16, where it is reduced from 38% (WT) to 16% and 26%, respectively.
409 The reduced amount of M1 is compensated in all mutants by relative higher amounts of HA
410 (Fig. 6C). However, note that assembly of influenza viruses is in general of low fidelity, since

411 even genetically homogenous virus particles released from a single cell show enormous
412 variation in size and protein composition, i. e. the copy number of individual proteins vary up
413 to 100fold between virions (59).

414

415 **Reduced ion channel activity of M2 ALPS and M2 Epsin**

416 The functional core of M2 consists of the transmembrane region (amino acids 21-51), but the
417 amphiphilic helix is important for ion channel stability and maximal activity (7). To test
418 whether replacement of the amphipathic helix in M2 affects its proton channel activity we
419 used an established assay (60) to measure pH-dependent changes in the fluorescence intensity
420 of the enhanced yellow fluorescent protein (eYFP) in transfected 293T cells which were also
421 infected with Influenza virus. FACS analysis of cells incubated in neutral buffer yielded no
422 change in mean fluorescence intensity (MFI) over time (Fig. 7A). Likewise, transfected, but
423 uninfected cells did not reveal a change after acidification confirming the validity of the assay
424 (Fig. 7B). However, low-pH treatment of infected cells resulted in an obvious decrease in
425 MFI for all Influenza viruses, but the extent of the reduction differed between M2 WT and the
426 mutants WSN Epsin and WSN ALPS. Since the extent of the reduction depends on the
427 number of functional M2 channels on the cell surface, we also determined surface transport
428 by staining of cells with M2 antibodies. All three mutants revealed a small reduction in
429 surface staining (M2 RW16 to 95%, M2 ALPS and M2 Epsin to 80%), which is less
430 pronounced compared to MDCK cells (Fig. 4B). However, the slope of the MFI curve is an
431 intrinsic property of individual proton channels. Whereas WSN WT and WSN RW16 show an
432 exponential decay in MFI in the first three minutes after acidification, it is less distinct in
433 WSN Epsin and the decay is almost linear in M2 ALPS. We conclude, that the proton channel
434 activity of M2 is reduced in WSN Epsin and especially in WSN ALPS, whereas WSN RW16
435 does not exhibit a defect in ion transport.

436 **Discussion**

437 In this study, we show that the presence of an amphiphilic helix in the cytoplasmic tail of M2
438 from the spherical WSN strain is essential for virus replication. Deletion of the helix or
439 replacing it with a scrambled version that has the same amino acid composition but does not
440 exhibit a significant hydrophobic moment, prevented generation of recombinant virus
441 particles. However, the helix could be replaced with three different types of amphiphilic
442 helices with only marginal effects (~1-2 log reduction) on virus titers. (Fig. 2). Thus, apart
443 from being able to form an amphiphilic helix, there is apparently no strict amino acid
444 sequence requirement in the region proximal to the transmembrane region of M2, as
445 suggested previously (38).

446 Using ultrathin-section TEM of virus-infected cells we did not observe for any of our mutants
447 virus particles with a bead-on-a-string (and only little evidence for any other altered)
448 morphology as they were observed if bulky residues in the hydrophobic face of the helix of
449 M2 from the Udorn or WSN strain were replaced by alanine (36, 37) or, in general, if viruses
450 with a budding defect were investigated (61) (Fig. 3). This suggests (but does not prove) that
451 virus budding and scission and hence induction of membrane curvature by the mutant M2
452 proteins is not strongly impaired and thus the reduced virus titers might be also due to other
453 defects in this protein.

454 Indeed, we observed various other deficiencies in M2 if the helix is replaced, which however
455 differed between the M2 mutants. Two of the mutants, M2 ALPS and M2 Epsin are less
456 abundantly expressed at the cell surface, mainly because their expression levels are decreased
457 (Fig. 4). One might speculate that these mutant M2 proteins are not able to interact with one
458 of the various cellular proteins, which are required to efficiently target M2 to the plasma
459 membrane (36, 62, 63). Assuming that the amount of M2 at the plasma membrane is a
460 limiting factor for the production of infectious virus particles, the reduced surface expression

461 of M2 ALPS and M2 Epsin might partly account for the reduced virus titers. This is consistent
462 with a recent report describing that altering the expression and the intracellular targeting of
463 M2 has major effects on virus replication (64).

464 Both M2 ALPS and M2 Epsin are also inefficiently incorporated into virus particles, the
465 number of M2 molecules (relative to M1 WT) is reduced to ~25%. The same reduction was
466 also determined for M2 RW16, although this M2 mutant has no (statistically significant)
467 defect in cell surface transport. One might assume that M2 RW16 is not enriched at the viral
468 budding site and therefore less efficiently incorporated into virus particles. The signals for co-
469 clustering of M2 with HA are not (as initially assumed) palmitoylation and cholesterol-
470 binding to the amphiphilic helix, but other amino acids in its hydrophobic face, such as
471 isoleucine, phenylalanine and tyrosine (37). The helix of M2 RW16 contains only charged (R)
472 and aromatic (W) amino acids and this might prevent privileged access to the viral assembly
473 site. Whether M2 ALPS and M2 Epsin are enriched at the viral budding site cannot be
474 concluded from our data. Note, however, that the α 0-helix of Epsin binds to PtdIns(4,5)P2
475 even outside of the ETNH-domain and that HA also co-localizes with PtdIns(4,5)P2 (65).
476 Thus, the proposed mutual affinity of HA and M2 Epsin for this negatively charged lipid
477 present only at the inner leaflet of the plasma membrane might cause their co-localization.

478 It is not understood why M2 is abundantly expressed in cells, but (in comparison to HA)
479 largely excluded from virus particles (58). One reason for the high expression levels of M2
480 might be that it interacts with the (also abundantly expressed) M1 protein in the Golgi to
481 transport it by a piggy-back mechanism to the plasma membrane (13). Indeed, we observed
482 that all virus particles having a mutant M2 contain reduced levels of M1, statistically
483 significant for WSN Epsin and WSN RW16, regardless of whether the amount of mutant M2
484 is also reduced (Fig. 6). Amino acids 71–73, but also residues 45-69 (which encompasses the
485 amphiphilic helix) contain a binding site for M1 (10, 11) and thus replacement of the helix

486 might diminish binding to the matrix protein and hence its transport to the plasma membrane.
487 Furthermore, the ratio of infectious to total virus particles is reduced in the mutants WSN
488 ALPS and WSN RW16 by ~50%. This result was obtained both by calculating the PFU to
489 HA-titer ratio as well as the PFU to M- and NA-genome segment containing particles (Fig. 2).
490 This suggests that the regular assembly process is somewhat disturbed in the mutants WSN
491 ALPS and WSN RW16 and therefore relatively more non-infectious virus particles are
492 released.
493 In addition, we determined that the proton channel activity of M2 Epsin and M2 ALPS is also
494 compromised (Fig. 7). This, together with the observation that all mutant virus particles
495 contain a reduced number of M2 proteins (Fig. 5), suggests that they might exhibit defects in
496 virus entry. M2 mediated acidification of the virus interior must occur before the low pH in
497 the endosome triggers HA-mediated membrane fusion. Otherwise the diffusion of protons
498 from the endosome through the fusion pore into the cytosol would be faster than M2-mediated
499 transport into virus particles (66, 67).
500 In summary, we obtained only little evidence that scission of virus particles is disturbed if the
501 amphiphilic helix of M2 is replaced by helices from cellular proteins having similar
502 biophysical properties. Instead, we observed various other functional deficiencies in
503 individual mutant M2 proteins, such as reduced exposure at the plasma membrane, reduced
504 incorporation into virus particles and assembly defects, which might be responsible for the
505 moderately reduced viral titers. Since we could not generate infectious virus if M2's helix was
506 deleted or if it was replaced by a scrambled version that does not exhibit a hydrophobic
507 moment, our data support the concept that the amphiphilic helix in M2 inserts into the lipid
508 bilayer to sense membrane curvature at the neck of budding viruses and/or to induce
509 membrane curvature that causes scission of virus particles. This is consistent with the concept

510 that M2 is member of a family of membrane scission proteins, which have similar biophysical
511 properties, but no homology in the amino acid sequence (31).

512

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707 **Figure Legends**

708 **Fig. 1: The structure of M2 protein and helical wheel plot of amphipathic helix**

709 (A) Scheme of the M2 protein indicating the individual domains.

710 (B) The amino acid sequences of the amphiphilic region of M2 from the WSN strain and of
711 the mutants investigated in this study. $\langle\mu H\rangle$ (hydrophobic moment) and $\langle H\rangle$
712 (hydrophobicity) were calculated with heliquest (<http://heliquest.ipmc.cnrs.fr/>). The
713 scrambled version of the WSN helix was generated with a tool
714 (<https://peptidenexus.com/article/sequence-scrambler>).

715 (C) Helical wheel plots of the amphiphilic region of M2 WT and the M2 mutants. The arrow
716 points to the hydrophobic face and its length corresponds to the hydrophobic moment. Amino
717 acid sequences used to generate the wheel and the biophysical values in (B) started at R45,
718 but excluded P63.

719

720 **Fig. 2: Growth curves, specific infectivity and stability of virus particles**

721 (A-B) Growth curves under multiple cycle growth conditions. MDCK II cells were infected
722 with WSN WT or mutants at a m.o.i of 0.001. Culture supernatants were harvested at the
723 indicated time points after infection and the virus titer was determined by plaque assay (A) or
724 HA-assay (B). Asterisk (*) indicates statistically significant differences between WT and
725 mutants (* $P<0.05$; ** $P<0.01$, *** $P<0.005$) according to a Student's t-test.

726 (C) Determination of the ratio of infectious to total hemagglutinating particles released at 34h
727 and 47h post infection. Asterisks (*) indicates statistically significant differences between WT
728 and mutants (** $P<0.01$, *** $P<0.005$, **** $P<0.0005$) according to a Student's t-test.

729 (D) Determination of the ratio of infectious to genome containing particles released at 34h
730 post infection. RNA was extracted from the same volume of culture supernatant. The copy
731 number for gene segment M and NA were determined by RT-qPCR. The ratio of the PFU

732 titers to vRNA copy numbers for three different infections is shown as means±standard
733 deviation for each virus and gene segment.

734 (E) Growth curves under single cycle growth conditions. MDCK II cells were infected with
735 WSN WT or mutants at an m.o.i. of 1 and culture supernatant was harvested at 6h and 9h post
736 infection. Virus titer was determined by plaque assay. The asterisk (*) indicates statistically
737 significant differences between WSN WT and mutant ALPS (* P<0.05).

738 (F) Stability of WSN WT and mutants. 2×10^5 PFU of the indicated viruses were incubated at
739 37°C for the indicated time period and its titer was determined by plaque assay.

740

741 **Fig. 3: Transmission electron microscopy of infected cells**

742 (A-I): Representative ultrathin sections of MDCK II cells infected with (A) WSN WT,
743 (B-C) WSN ALPS, (D-F) WSN Epsin and (G-I) WSN RW16. Scale bars: 100 nm.

744

745 **Fig. 4: M2 expression and surface transport in infected cells**

746 (A) Fluorescence microscopy of MDCK II cells infected with WSN WT and mutant virus.
747 Cells were infected at a m.o.i of 1, fixed and permeabilized at 4.5h p. i. and stained with anti-
748 M2 mAb14C2 and secondary antibody coupled to Alexa Fluor 488. Note that the images of
749 ALPS and Epsin were generated with longer exposure times. Mock: uninfected cells. Scale
750 bar: 20 μ m.

751 (B) Quantification of M2's expression levels by flow cytometry. Infected MDCK II cells were
752 fixed at 4.5h p. i. and either directly stained with anti-M2 mAb 14C2 (= surface expression)
753 or permeabilized prior to staining (= total expression). The mean fluorescence intensity from
754 at least 100.000 cells was determined by flow cytometry. Results were normalized against
755 surface expression of WSN WT (=1) for each infection and relative surface expression is
756 plotted against total expression for each virus. Results from three individual infections are

757 shown as means \pm standard deviation. The asterisks indicate statistically significant
758 differences between WSN WT and mutants ALPS and Epsin (* P<0.05), ** P<0.01, ***
759 P<0.005) according to a Student's t-test.

760 (C) Calculation of the relative surface expression divided by the total expression from the data
761 shown in (B). A Student's t-test does not reveal any significant difference between WT and
762 any of the mutants.

763

764 **Fig. 5: M2 incorporation into virus particles**

765 (A) Gradient purified viruses were subjected to reducing SDS-PAGE and blotted. The
766 membrane was cut between the 28 and 17 kDa molecular mass markers and M1 (left) and M2
767 (right) were detected by western blotting. The molecular mass markers (kDa) are shown on
768 the left. Samples were equally loaded by volume without any standardization. Determination
769 of the intensity of the two M2 bands revealed that M2 WT has the highest ratio of the lower
770 15 kDa band relative to the upper 17 kDa (4.9, mean of 3 experiments). The ratio is reduced to
771 2.7 in M2 RW16, to 2.1 in M2 Epsin and to 1.6 in M2 ALPS.

772 (B) Quantification of the ratio of M2 to M1. The density of M1 and M2 bands were
773 determined, the ratio of M2 to M1 were calculated and normalized to WSN WT. Results from
774 three virus preparations are shown as mean \pm standard deviation. Asterisks indicate statistically
775 significant differences between WT and mutants (*** P<0.005, **** P<0.0005) according to
776 a Student's t-test.

777 (C) Gradient purified viruses were subjected to non-reducing SDS-PAGE and western-blot
778 with M2 antibodies to analyze oligomerization of M2. Δ : monomer, #: dimer, *: tetramer.

779

780 **Fig. 6: Protein composition of virus particles**

781 (A) Gradient purified viruses were subjected to non-reducing SDS-PAGE and Coomassie

782 staining. The position of HA0, NP and M1 are shown on the right and the molecular mass
783 markers (kDa) are shown on the left. Samples were equally loaded by volume without any
784 standardization.

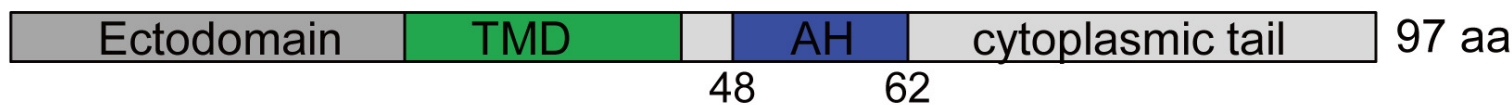
785 (B) Western-blot of WSN WT and WSN ALPS virus preparations separated under non-
786 reducing (Non) or reducing (Re) conditions using antibodies against M1.

787 (C) Quantification of the relative protein composition. The densities of HA0, NP and both M1
788 bands from this and two other preparations were determined, and the relative percentage of
789 each protein was calculated. Results are shown as mean \pm standard deviation. Two asterisks
790 (** $P < 0.01$) indicates statistically significant differences between WT and mutants according
791 to a Student's t-test.

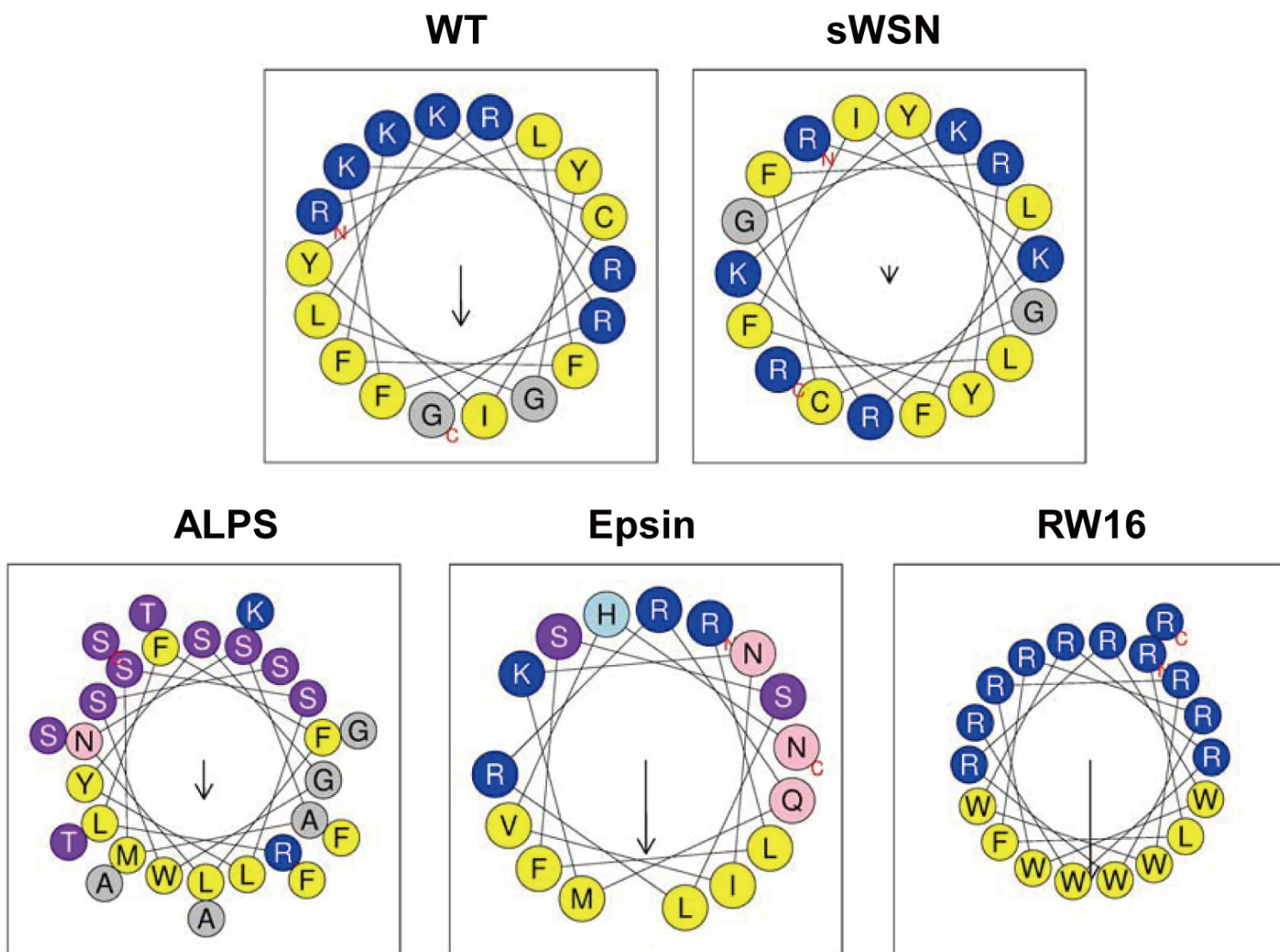
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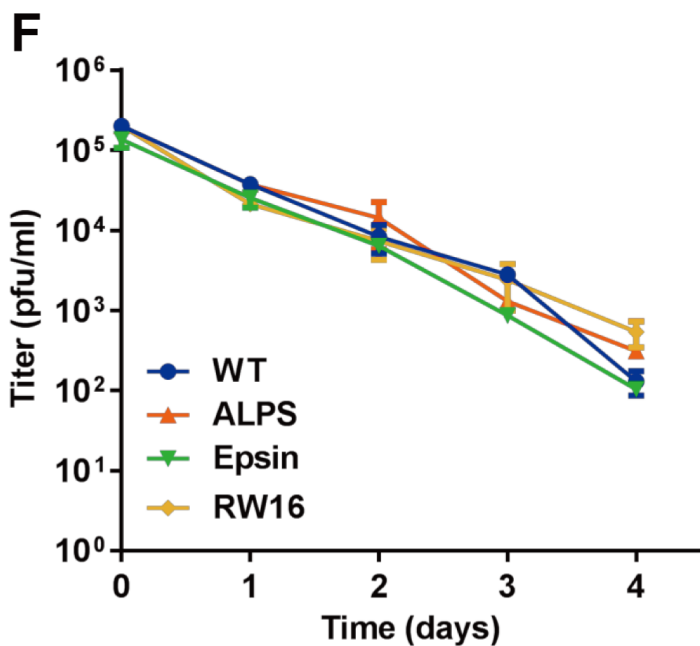
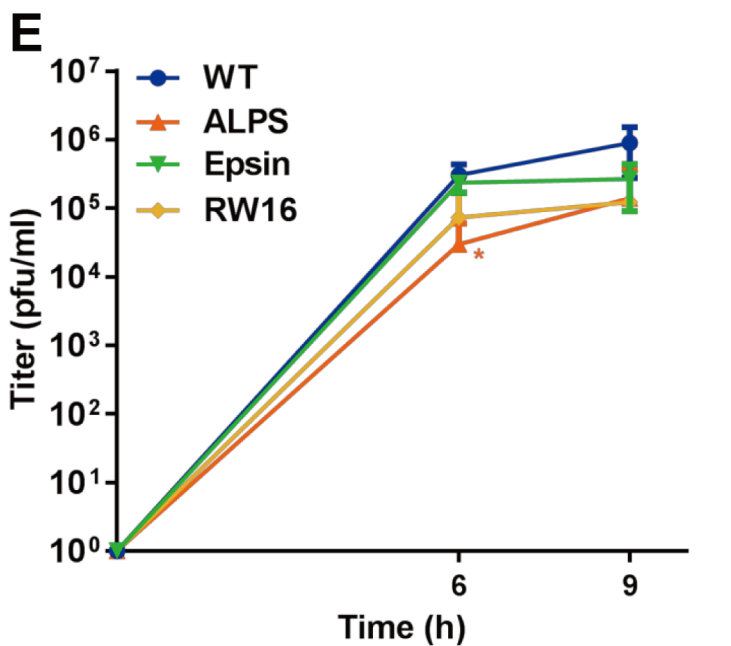
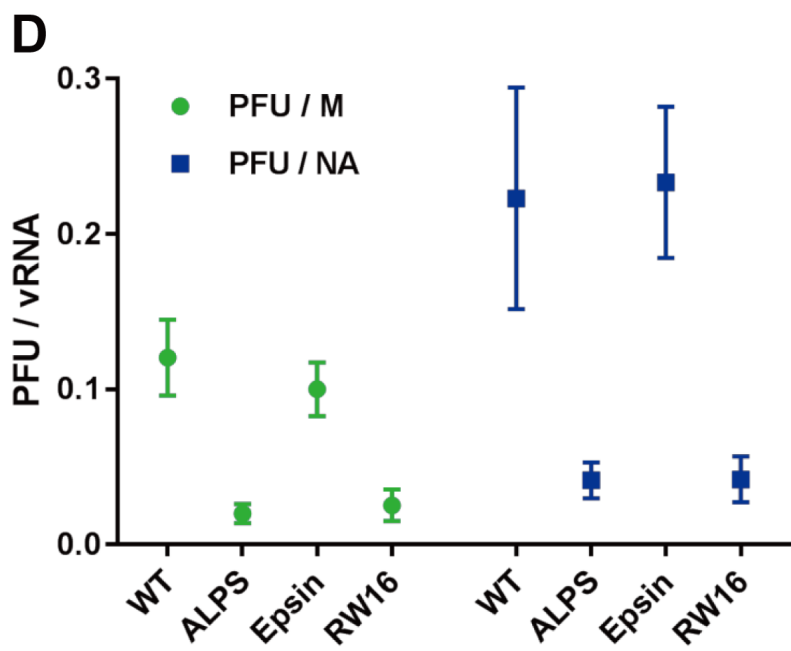
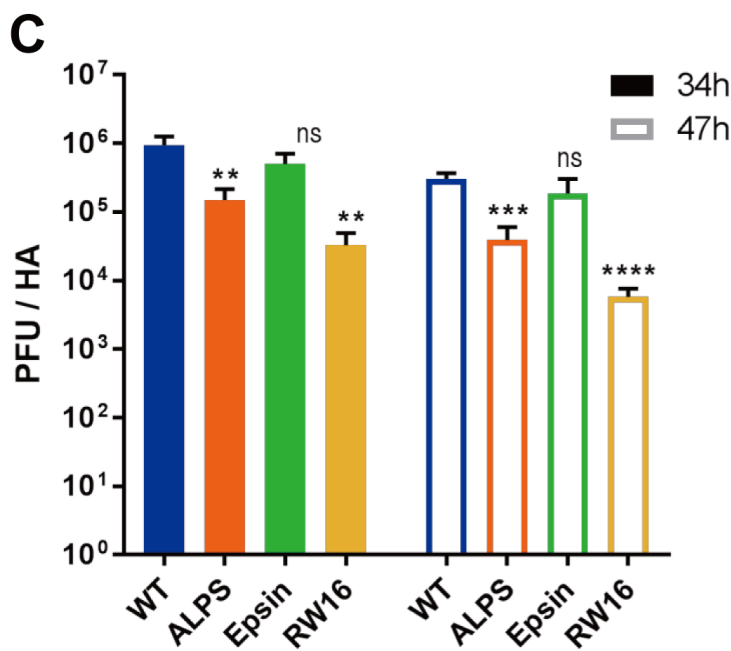
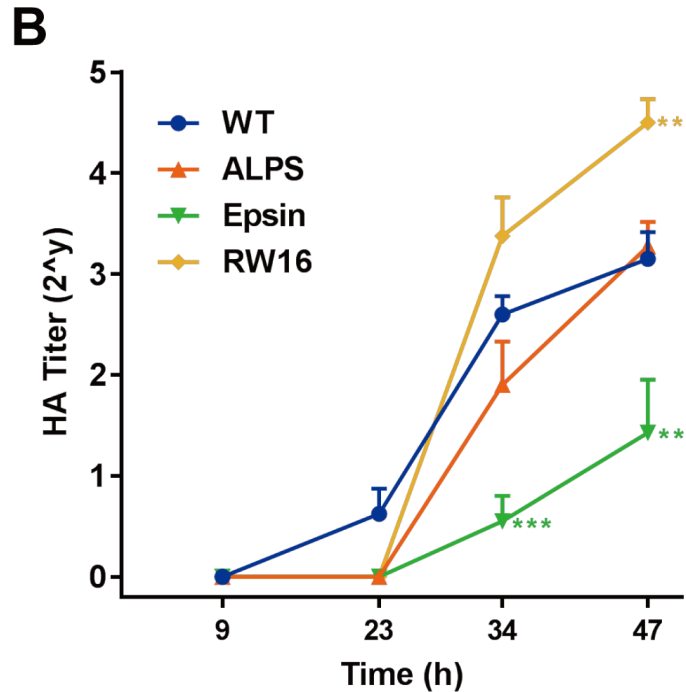
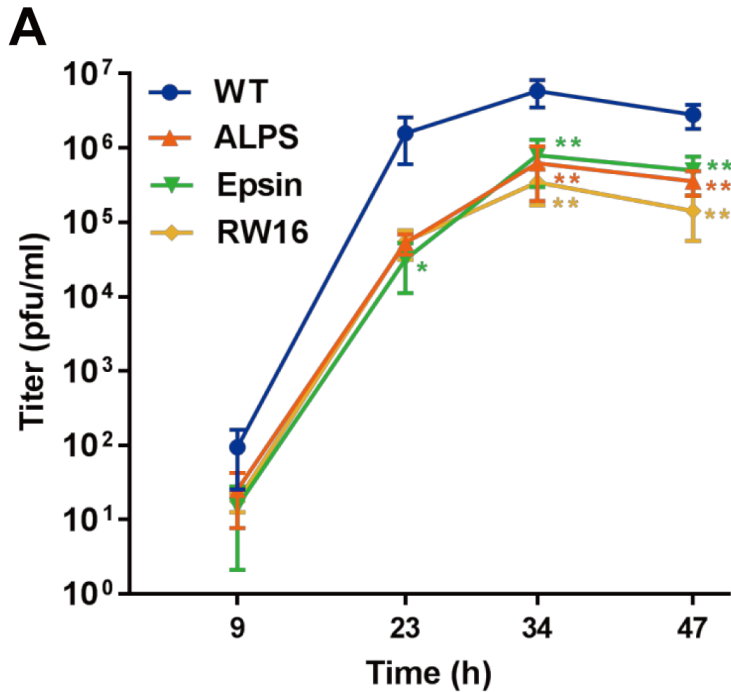
793 **Fig. 7: Proton channel activity of M2**

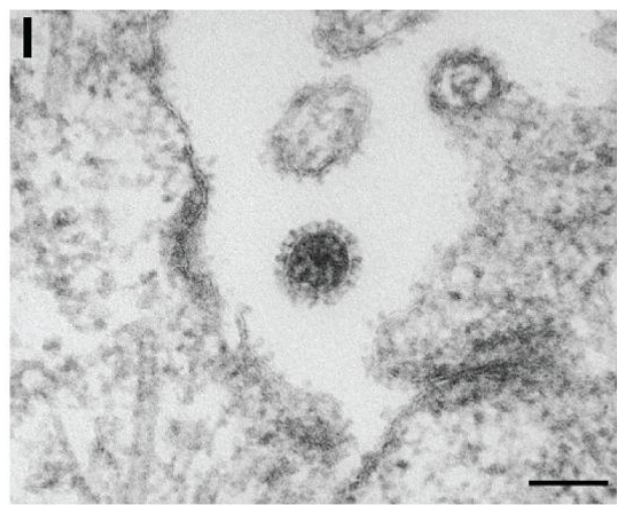
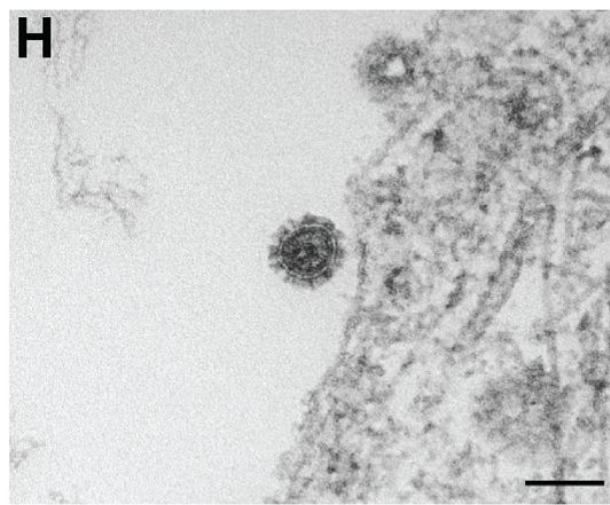
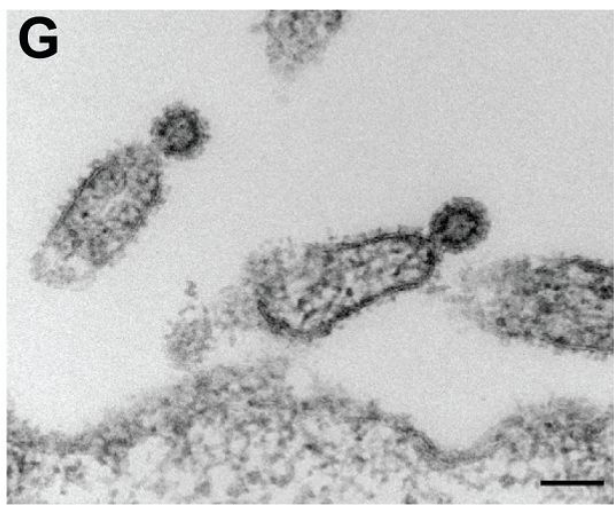
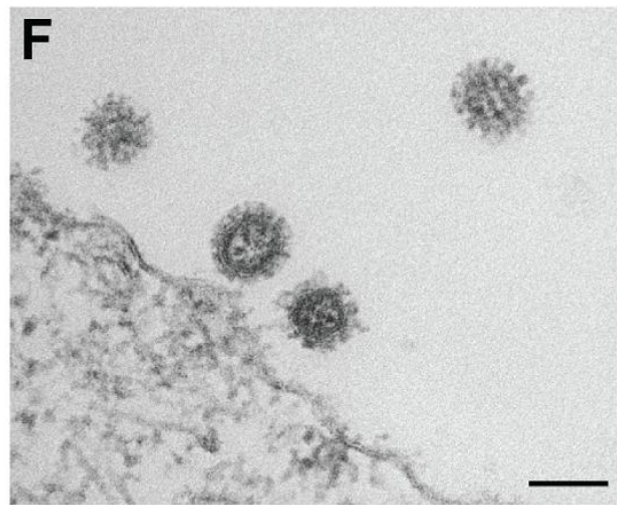
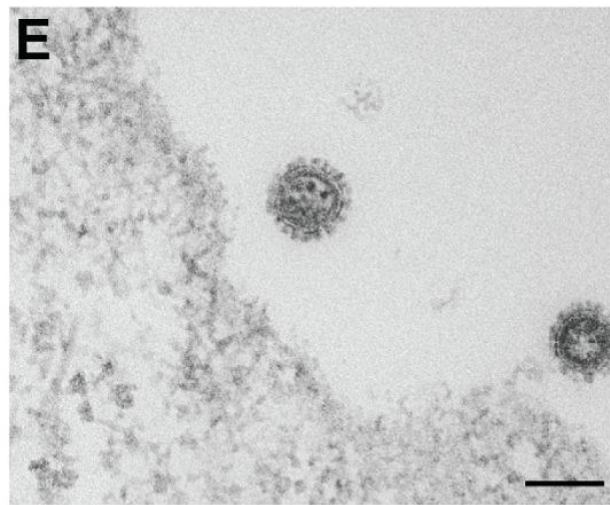
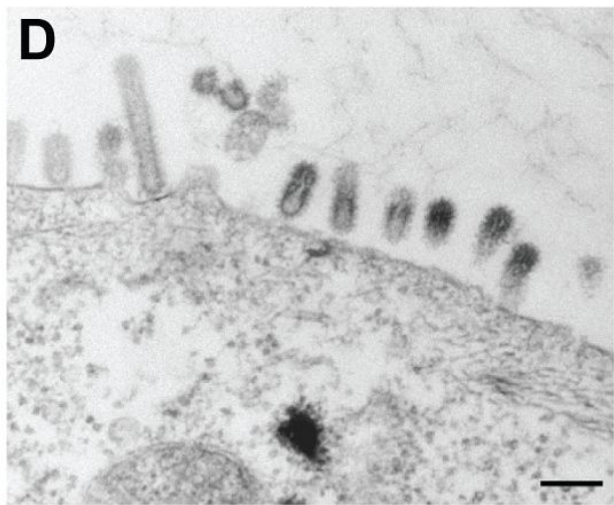
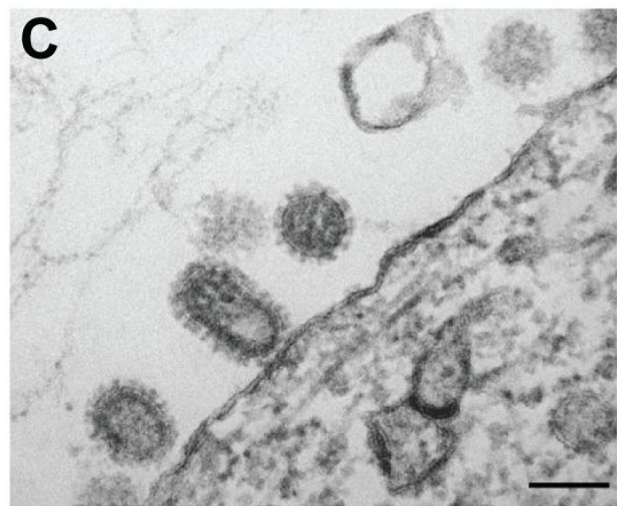
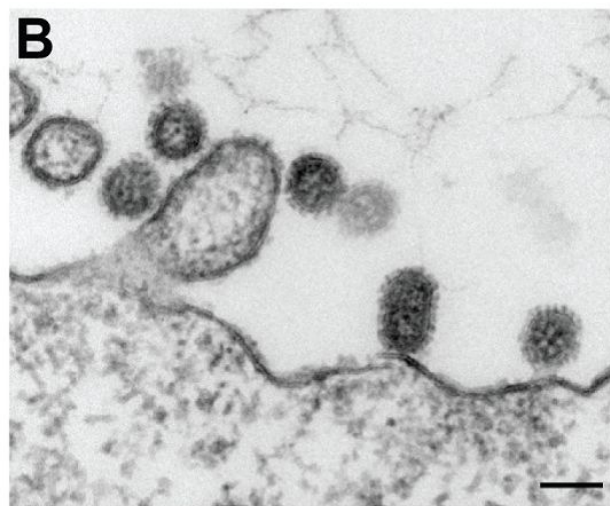
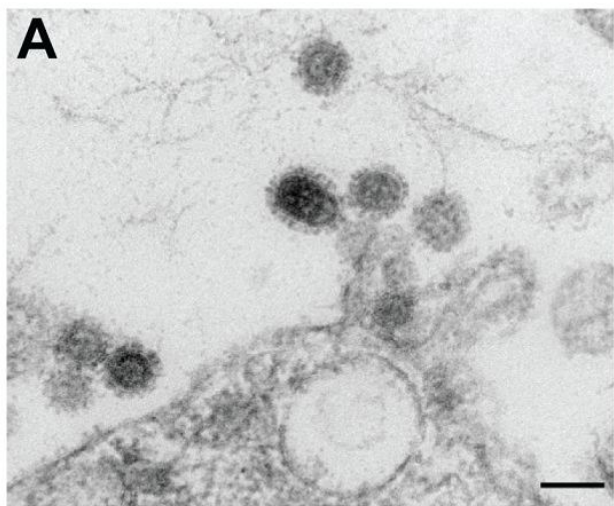
794 293 cells were transfected with a plasmid encoding eYFP and 24 hours later infected with the
795 indicated influenza viruses. 6 hours later cells were detached from the culture plate, washed
796 and dissolved in either neutral buffer (pH 7.2, A) or acidic buffer (pH 5.5, B) and the
797 fluorescence intensity of at least 10000 cells was measured every 40 second by FACS for 7
798 (A) or 9 (B) minutes. eYFP: cells transfected with plasmid encoding eYFP. Results from four
799 independent experiments were normalized to WSN WT and the resulting mean fluorescence
800 intensity (MFI) is plotted against the time. Solid lines represent curve fits to one-phase
801 exponential-decay models, the calculated k-values are indicated for each M2. An aliquot of
802 cells was stained with M2 antibodies and calculation of relative surface exposure of M2
803 revealed a reduction relative to WSN WT (=100%) to 80% for WSN ALPS and WSN Epsin
804 and to 95% for WSN RW16.

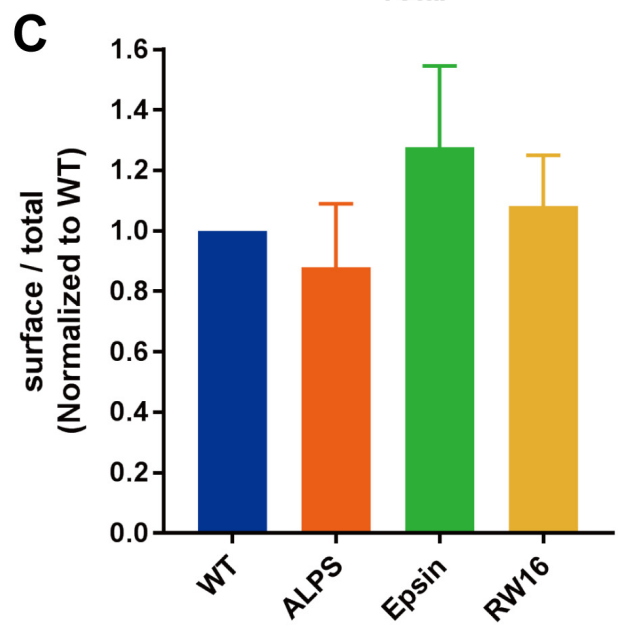
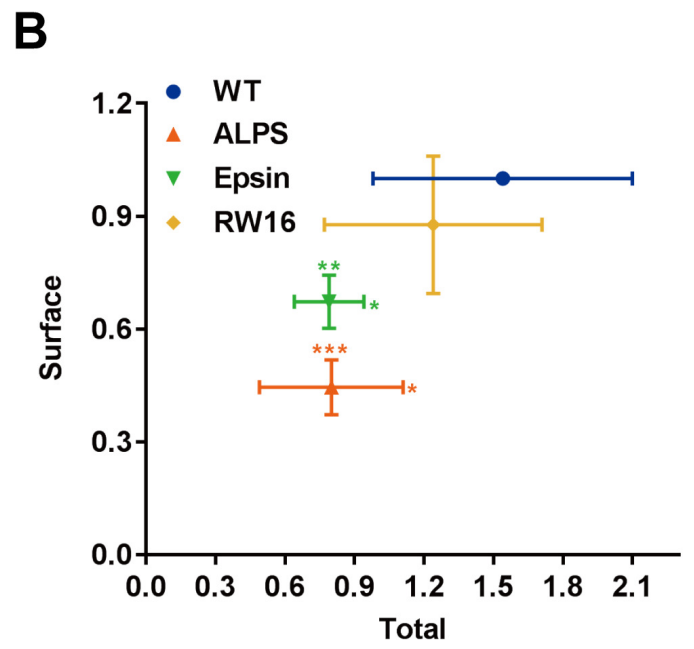
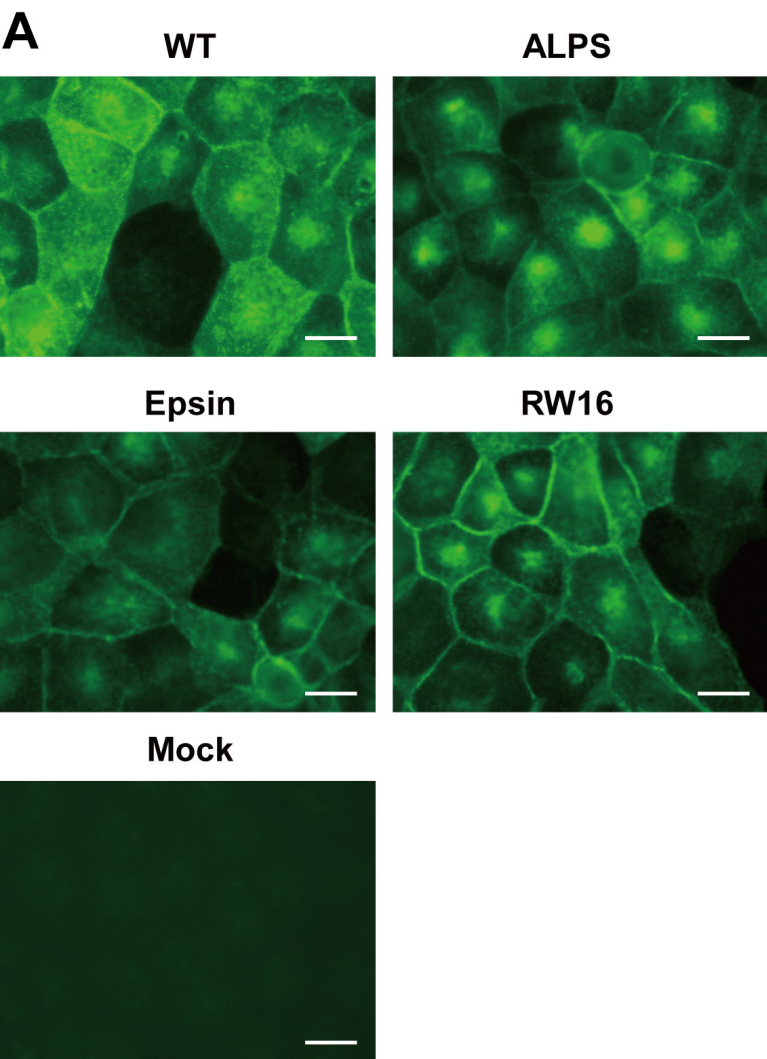
A**B**

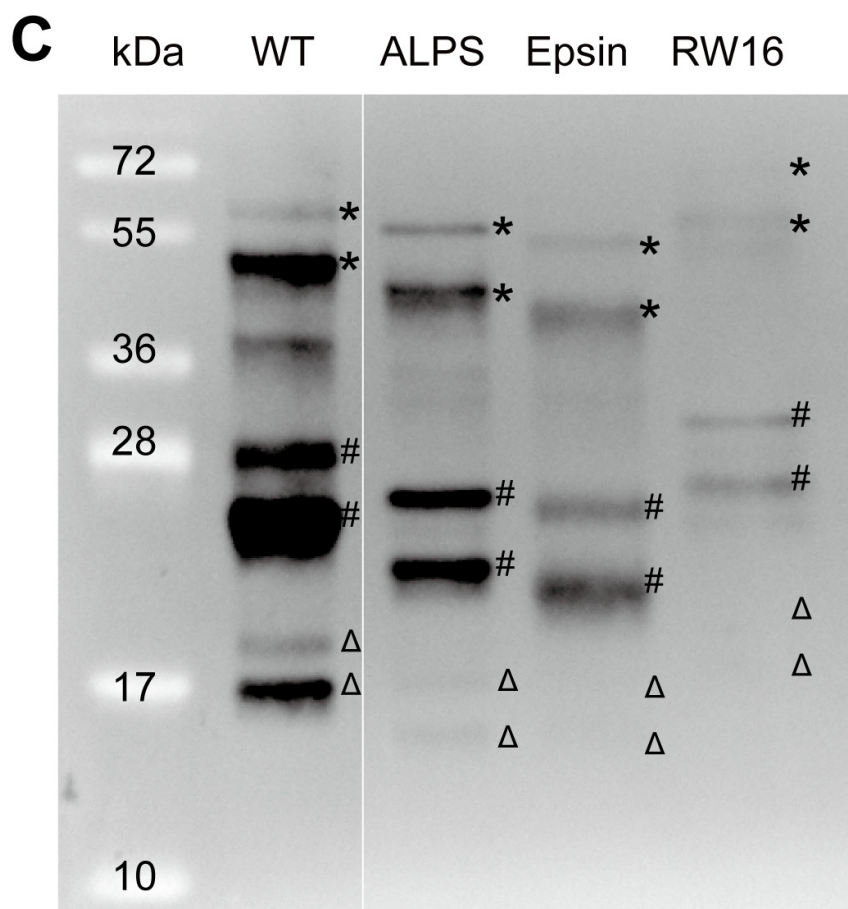
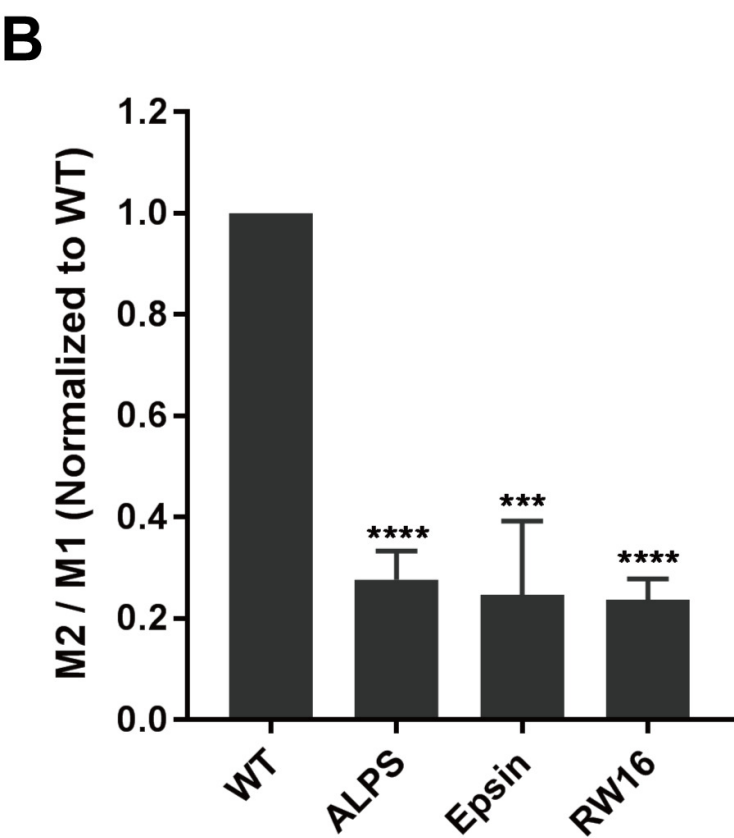
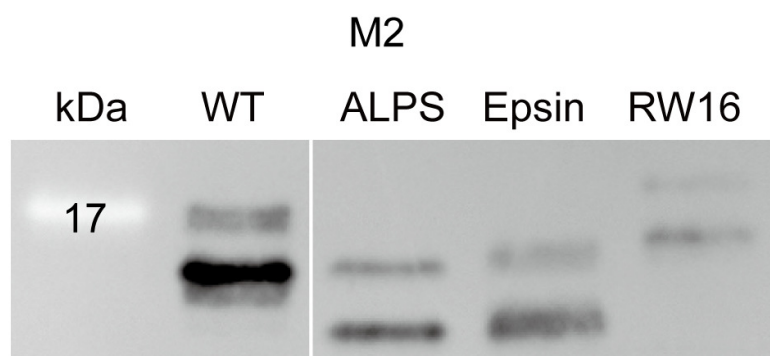
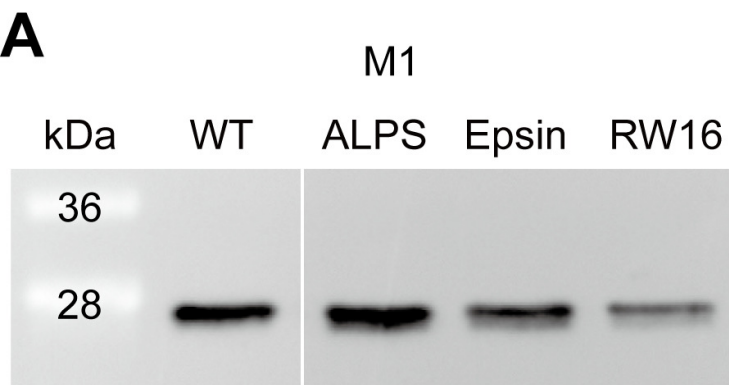
	Sequence	$\langle \mu H \rangle$	$\langle H \rangle$
M2 WT	^{45}RLF FKCIYRRFKYGLKRG P^{63}	0.39	0.39
ΔAH	^{45}RLF -----P		
sWSN	^{45}RLF KYGCFRYFIKRGKLRP	0.11	0.39
ALPS	^{45}RLF FLNSAMSSLYSGWSSFTTGASKFASP	0.31	0.54
Epsin	^{45}RLF SSLRRQMKNIVHNP	0.61	0.25
RW16	^{45}RLF RRWRRWRRWRRWRRP	0.98	0.31

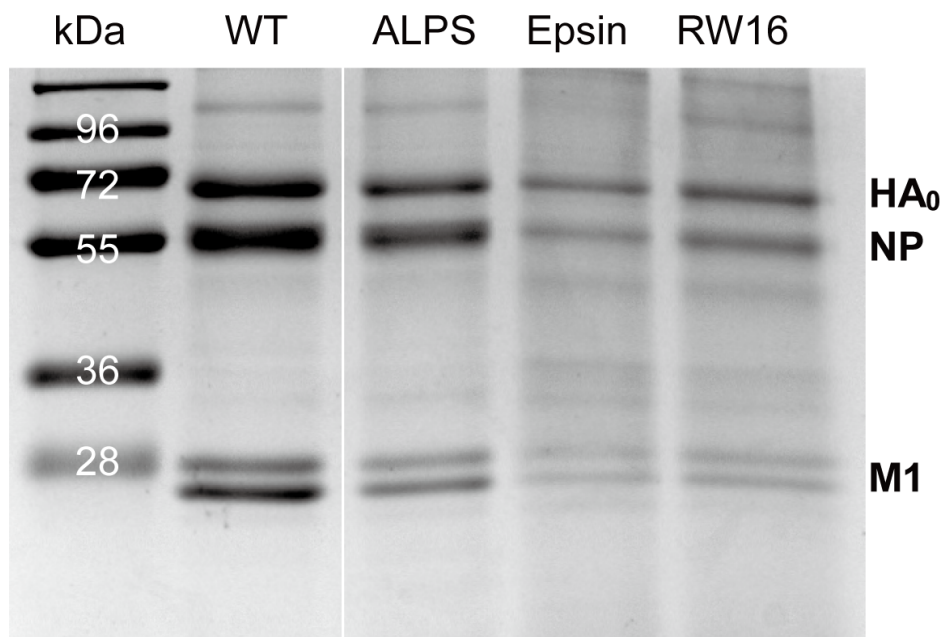
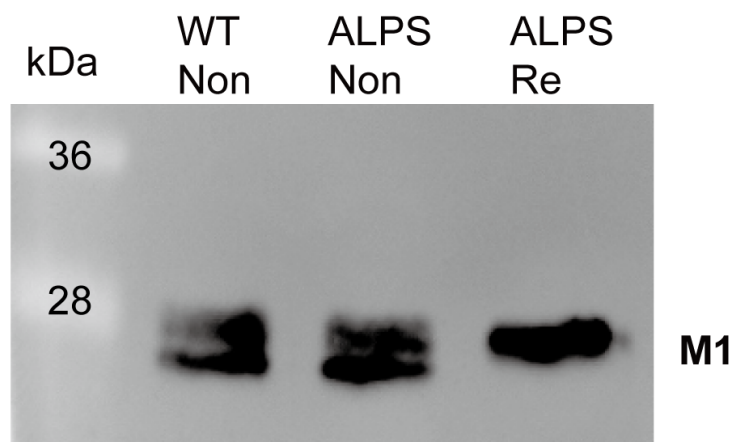
C









A**B****C**