The circadian clock protein REVERBa inhibits pulmonary fibrosis development

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Abstract:

Pulmonary inflammatory responses lie under circadian control; however the importance of circadian mechanisms in fibrosis is not understood. Here, we identify a striking change to these mechanisms resulting in a gain of amplitude and lack of synchrony within pulmonary fibrotic tissue. These changes result from an infiltration of mesenchymal cells, an important cell type in the pathogenesis of pulmonary fibrosis. Mutation of the core clock protein REVERBa in these cells exacerbated the development of bleomycin-induced fibrosis, whereas mutation of REVERBa in club or myeloid cells had no effect on the bleomycin phenotype. Knockdown of REVERB α revealed regulation of the poorly described transcription factor TBPL1. Both REVERB α and TBPL1 altered integrin β 1 focal adhesion formation, resulting in increased myofibroblast activation. The translational importance of our findings was established through analysis of two human cohorts. In the UK Biobank circadian strain markers (sleep length, chronotype and shift work) are associated with pulmonary fibrosis making them novel risk factors. In a separate cohort REVERBa expression was increased in human idiopathic pulmonary fibrosis (IPF) lung tissue. Pharmacological targeting of REVERBa inhibited myofibroblast activation in IPF fibroblasts and collagen secretion in organotypic cultures from IPF patients, suggesting targeting REVERB α could be a viable therapeutic approach.

Significance: The circadian clock plays an essential role in energy metabolism, and inflammation. In contrast the importance of the clock in the pathogenesis of fibrosis remains poorly explored. This study describes a striking alteration in circadian biology during pulmonary fibrosis where the relatively arrhythmic alveolar structures

gain circadian but desynchronous rhythmicity due to infiltration by fibroblasts. Disruption of the clock in these cells, which are not widely implicated in circadian pathophysiology, results in a pro-fibrotic phenotype. Translation of these findings in humans revealed previously unrecognised important circadian risk factors for pulmonary fibrosis (sleep length, chronotype and shift work). In addition, targeting REVERBα repressed collagen secretion from human fibrotic lung tissue making this protein a promising therapeutic target.

Introduction:

The lung is highly circadian, resulting in temporal gating of a number of inflammatory (1-3) and anti-oxidant responses (4). Local timing is dominated by non-ciliated, bronchial epithelial cells (club cells) (2) and alveolar macrophages (3, 5). In contrast, alveolar structures typically show only weak circadian oscillations (6), with implications for the pathogenesis of diseases such as pulmonary fibrosis. Despite this, genetic disruption of the *Clock* gene (4), impairing circadian oscillations, exaggerates early mouse pulmonary responses to bleomycin challenge; a model of pulmonary fibrosis (7).

Pulmonary fibrosis, including idiopathic pulmonary fibrosis (IPF), is frequently fatal with existing treatments slowing progression rather than curing the disease (8). The causes and non-genetic risk factors for IPF are poorly understood, with several studies implicating age, sex, smoking and more recently air pollution (9). IPF is characterized histologically by the development of fibroblastic foci in the lung parenchyma (10). Cells in these foci are typically activated myofibroblasts (11) derived from multiple sources (12, 13), including pulmonary fibroblasts and pericytes (11, 14). Myofibroblasts secrete collagen resulting in abnormal lung function and are characterized by increased focal adhesion formation and acquisition of a contractile cytoskeleton with alpha smooth muscle actin (α SMA)-positive stress fibers (15). In addition to fibroblasts, pulmonary fibrosis involves other cell types e.g. club cells (9) and macrophages (16) regulating the accumulation of fibroblasts and therefore the deposition of the extracellular matrix. As these cell types maintain autonomous

circadian oscillations (2, 5), examination of circadian factors and mechanisms in the pulmonary fibrotic response is warranted.

The circadian clock is an internal timing mechanism (17), allowing temporal segregation of both pathophysiological and physiological programs (18, 19). At the cellular level the circadian clock consists of a transcription-translation feedback loop (20), in which the positive elements CLOCK and BMAL1 drive expression of two negative feedback arms controlled by PERIOD/CRYPTOCHROME (PER/CRY) and the two paralogues REVERB α and REVERB β . In turn these negative feedback arms repress BMAL1/CLOCK heterodimer transactivation function (PER/CRY), or BMAL1 expression (REVERB α/β). The resulting 24-hour oscillations in protein expression can be disrupted through environmental disruption (e.g. shift-work schedules), or genetic deletion of core clock components producing inflammatory and metabolic phenotypes (5, 21, 22).

Here, we show that fibrotic mouse lungs exhibited amplified, but desynchronous circadian rhythms, with a dominant role for myofibroblasts. Disruption of the core clock protein REVERBα in fibroblastic cells resulted in exaggerated pulmonary fibrotic response to bleomycin in mice. In culture, REVERBα knockdown resulted in increased myofibroblast differentiation via the transcription factor TBPL1, through altering the formation of integrinβ1 focal adhesion expression. Furthermore exposure to circadian stresses such as late chronotype, shift work, and altered sleep duration are all associated with idiopathic pulmonary fibrosis and clock gene expression is altered in IPF versus normal human lung. Targeting of REVERBα by a synthetic ligand

repressed myofibroblast differentiation and collagen secretion in cultured fibroblasts

and lung slices obtained from patients with lung fibrosis.

Results:

Myofibroblasts drive high amplitude, but desynchronous circadian oscillations in fibrotic lung.

Precision cut lung slices from transgenic mPER2::LUC mice (2) were used to track circadian oscillations in real-time after bleomycin-induction of fibrosis (Fig. 1A, S1A,B, Video S1). Fibrotic areas were identified by loss of lung architecture in the brightfield image, and confirmed with increased collagen deposition when the slices were fixed for histology (Fig. S1A,B). The amplitude of PER2 oscillations in the fibrotic areas was increased compared to non-fibrotic parenchyma lung (Fig. 1A-B,D). The fibrotic parenchyma also had greater phase desynchrony compared to regions in the non-fibrotic parenchyma (Fig. 1C). One possible explanation for these changes is the cell density in the fibrotic parenchyma. To explore this precision cut lung sections (PCLS) were stained with Hoechst. There was a greater intensity of staining in fibrotic areas compared to non-fibrotic areas, but this did not correlate with bioluminescence (Fig. S1C-E). Another possible explanation is infiltration by a more rhythmic cell type, therefore we deleted the essential core clock component BMAL1 (23) in both fibroblasts and club cells to ablate cell-autonomous rhythms. BMAL1 deletion in club cells (CCSP-Bmal1), the main oscillatory cells in the lung (6), had no effect on the increased amplitude seen in fibrotic regions (Fig. 1D,G, S1G, Video S2). In contrast, BMAL1 deletion in pericyte/fibroblast lineage (Pdgfrb-Bmal1^{-/-}) restored the amplitude of lung oscillations in fibrotic lung to levels measured in unaffected lung tissue (Fig. 1E-G, S1F, Video S3).

To test if pro-fibrotic factors are capable of modifying circadian signals between cells, lung slices and fibroblasts were treated with TGF β , and inflated to mimic changes in the cellular mechanoenvironment (Fig. S2A). TGF β induced changes in circadian phase, with the magnitude of effect being dependent on concentration and phase (Fig. S2B,C). Lung inflation also increased the amplitude of the PER2::LUC oscillation (Fig. S2D).

REVERBa in fibroblasts suppresses the development of pulmonary fibrosis

REVERBα is an orphan nuclear receptor, and both an essential core clock factor, and major clock output pathway. Its function can be disrupted by deletion of its DNA binding domain, and small molecular ligands are available to modulate activity. Therefore we deleted the REVERBα DNA binding domain (Fig. 2A), under Pdgfrb control (24). This resulted in an exaggerated fibrotic response (Fig. 2B,C) and increased accumulation of αSMA-positive myofibroblasts in response to bleomycin (Fig. 2D,E). Wild-type and transgenic mice did not differ in lung parameters following saline inoculation (Fig. 2B,E, S3A-B). Importantly, REVERBα genetic disruption in myelomonocytic cells, or bronchial epithelial cells did not affect the development of the fibrotic phenotype (Fig. S3C,D).

Characterization of primary fibroblasts explanted from Pdgfrb-Reverb $\alpha^{-/-}$ lungs *ex vivo* revealed increased expression of α SMA and increased secretion of collagen-1, markers of myofibroblast activation (Fig. 2F-H). This indicates a fibroblast-intrinsic change driven by disruption of REVERB α , with culture on hard plastic providing the

environmental trigger for initiation of the myofibroblast differentiation program (Fig. 2I).

Knockdown of REVERB α *in vitro* enhances myofibroblast activation through the transcription factor TBPL1

Next, we set out to identify REVERB α gene targets using siRNA knockdown of REVERB α in both mouse and human lung fibroblast cell lines (Fig. S4A). REVERB α knockdown resulted in myofibroblast activation in lung fibroblast cells (Fig 3A-B, S4B-D). Although many genes were regulated by REVERB α knockdown, only two were repressed at both timepoints (12&24 hours) and in both cell lines (Fig. 3C, S4E,F). One was *PLOD2*, a proline hydroxylase required for collagen processing. The second was *TBPL1*, a poorly characterized transcription factor. As the role of PLOD2 in collagen processing is already well characterized, we turned to *TBPL1*, and verified loss of protein expression with REVERB α knockdown (Fig. 3D). Knockdown of TBPL1 caused a similar induction of α SMA expression to that seen with REVERB α knockdown (Fig. 3E) suggesting that REVERB α and TBPL1 contribute to the same pathway.

REVERB α and TBPL1 regulate Integrin β 1 expression

To decipher how REVERBα and/or TBPL1 suppress myofibroblast activation in fibrotic lungs and in the stiff cell culture environment, we focused on focal adhesions, crucial mechanotransducing elements that control myofibroblast activation (25). Knockdown of either REVERBα or TBPL1 resulted in increased sizes and numbers of vinculin/tensin1 positive focal adhesion complexes (Fig. 4A, S5A-C). This increase in size suggests progression to the super-mature focal adhesions involved in myofibroblast differentiation (25). In contrast, overexpression of REVERBα or TBPL1 caused the opposite effect (Fig. 4B, S5D,E). Integrinβ1, the common subunit of all collagen1-binding integrins, has previously been linked to myofibroblast activation in the liver (26), lung (27) and scleroderma (28). Knockdown of either REVERBα or TBPL1 resulted in an increase in both size and number of integrinβ1-positive focal adhesion complexes (Fig. 4A, S5A). Furthermore, knockdown of integrinβ1 prevented the induction of αSMA seen in fibroblasts cultures subjected to REVERBα mediated myofibroblast activation (Fig. 4E).

Circadian factors are associated with pulmonary fibrosis in humans

Several human factors have been associated with circadian, or sleep-deprivation strain, including evening chronotype, shift work and sleep duration. We therefore investigated whether these factors were associated with pulmonary fibrosis in the UK Biobank (29) (n=500,074). Following adjustment for known risk factors for pulmonary fibrosis (BMI, smoking, sex and age) short or long sleep duration (<7h or >7h) were associated with pulmonary fibrosis (Fig. 5A), with the size of the odds ratio being greater than the established risk factors of age, sex or smoking in the multivariable model. Shift work (OR 1.353 95%CI 1.069-1.710) and evening chronotype (OR 1.040 95%CI 1.001-1.080) were also associated with pulmonary fibrosis (Tables S1-6) by a smaller degree, however this is comparable to other diseases were these variables are risk factors (30-32).

Disordered clock gene expression occurs in idiopathic pulmonary fibrosis

To look for evidence of circadian clock disruption in idiopathic pulmonary fibrosis (IPF), we analysed lung gene expression in a previously published microarray from the lung research consortium (33). Comparison with normal lung revealed significant differences in *PER1/2, CRY 2* and *REVERBa/b* (Fig. 5B), all encoding components of the negative feedback arm of the core circadian clock. In addition, *TBPL1* was upregulated in pulmonary fibrosis, correlating with *REVERBa* expression (Fig. S4G).

A REVERB ligand inhibits myofibroblast differentiation and represses collagen secretion in tissue from pulmonary fibrotic patients.

Finally, we tested whether a REVERB α ligand could repress pulmonary fibrosis. The well-characterized REVERB α agonist GSK4112 (34) repressed TGF β -induced expression of α SMA (*ACTA2*) and collagen-1 (*COL1A1*) in primary human lung fibroblasts from patients with pulmonary fibrosis (Fig. 5C). Similarly, TGF β induction of α SMA and collagen 1 transcription was prevented by GSK4112 treatment in precision-cut human lung, organotypic slice cultures from healthy control subjects (Fig. 5D). Finally we studied the effects of this ligand in PCLS from IPF patients along with an Alk5 inhibitor; known to inhibit Col1a1 secretion (35). GSK4112 repressed Col1a1 secretion (Fig. 5E) in a similar manner to the Alk5 inhibitor.

Discussion:

Pulmonary fibrosis is an intractable and fatal disease. We have previously identified the lung as a highly circadian organ, and that responses to environmental insults are regulated and shaped by the circadian clock. Therefore we analysed mouse lung fibrosis, finding newly-emergent, and strong circadian oscillations driven by fibroblasts. The prevalent pro-fibrotic growth factor TGF β was capable of transmitting timing information to recipient cells, and disruption to the core circadian clock in fibroblasts increased fibrotic response to bleomycin instillation. *In vitro* analysis identified a circuit linking the core clock through REVERB α , to TBPL1, and the focal adhesions important for myofibroblast activation. In human IPF lung tissue pharmacological targeting of the clock impacted a surrogate measure of fibrotic progression, and we found a new association between sleep duration, which is a product of the circadian clock, and risk of pulmonary fibrosis.

Several studies have found that circadian responses in the lung are gated through club cells (2) or macrophages (5). A previous report suggested that the acute inflammatory phase (7 days) of the bleomycin response lay under circadian control (4), therefore, we investigated circadian function in developing fibrosis. Surprisingly, there were higher amplitude circadian oscillations in fibrotic tissue compared to normal lung tissue but these oscillations were desynchronous, suggesting a possible role for circadian mechanisms (36). The process of fibrosis involves several different cell types including club cells, macrophages and fibroblasts (9), but as genetic deletion of the only non-redundant circadian gene *Bmal1* to the pericyte lineage

stopped the emergent oscillations the importance of fibroblasts was established. The importance of the fibroblast was further confirmed by finding that REVERB α deletion in these cells impacted the fibrotic response, but disruption in other cell types was without effect. It is already known that circadian oscillations in fibroblasts are robust (37), altering wound-healing (38, 39).

Mechanistically, knockout or knockdown of REVERB α promoted myofibroblast activation *in vitro*, with the reverse effects seen with REVERB α overexpression. Analysis of REVERB α gene targets revealed striking enrichment for a single transcription factor, TBPL1, and the emergence of a coherent pathway converging on increased formation of integrin β 1 focal adhesion complexes. To the best of our knowledge TBPL1 has not been previously implicated in fibrotic disease, but we found its expression elevated in human IPF tissue. This and the elevated REVERB α expression is an apparent paradox, as both proteins inhibit myofibroblast activation. Therefore, we hypothesize that the increase in both TBPL1 and REVERB α in fibrotic tissue results from tissue compensation in response to fibrosis, making it a promising therapeutic pathway. Integrin β 1, emerged as the final effector, and the focal adhesions associated with it have previously been established (26) to be important for myofibroblast activation.

We have successfully used large-scale human cohorts, such as the UK Biobank, to explore connections between measures of circadian strain (shiftwork, chronotype, and sleep) and prevalent disease (32, 40, 41). Low prevalence diseases such as pulmonary fibrosis present unique challenges. To address this we identified people

with pulmonary fibrosis participating in the UK Biobank (29), and linked them with information from Hospital Episode Statistic data (42). Importantly, patients were not screened for pulmonary fibrosis on enrolling in the Biobank therefore we cannot comment on causality, but it is clear that short sleep length is associated with pulmonary fibrosis and this is as least as strong as existing risk factors for this disease (43) indicating potential clinical relevance. An association with long sleep duration was also found which may be biological (44) or due to confounders (45).

We, and others, have developed tool compounds capable of activating REVERB α (46, 47). These permit extension of our studies to primary human tissue, which is hard to genetically manipulate. Here, we show a marked inhibition of the myofibroblast phenotype, blunted fibrotic response to TGF β stimulation and reduced collagen-1 secretion in IPF precision cut lung slices. We, and others, have shown that these compounds have off target effects (46, 48), therefore it is reassuring that knockdown and overexpression of REVERB α in human fibroblasts had similar effects to both our mice studies and also the ligand. The recent publication (48) that the only ligand with suitable PK for *in vivo* experiments has significant off target effects combined with the lack of translation from the mouse bleomycin model to the clinic (49) precludes an *in vivo* mouse experiment to confirm its therapeutic effectiveness. Furthermore tissue from IPF patients is emerging as a predictive model for human translation.

Taken together our results identify a surprising, and potent role for the core circadian clock factor REVERB α in the activation of myofibroblasts via a novel

pathway incorporating a poorly characterised transcription factor TBPL1 which

affects the development of pulmonary fibrosis.

Methods:

Mouse Lines: mPER2::luc transgenic mice were previously described (50). The Reverba^{fl/fl} mouse (Rev-erbaDBD^m) and Cre drivers targeting club cells (CCSP^{icre}) and myeloid cells (Lysm^{cre}) are as previously described (1). The PDGFR β^{cre} mouse was a kind gift from Henderson and has been previously described (14). The Bmal1^{fl/fl} mouse has been previously described (2).

Cell Culture: MRC-5 cells or mLF-hT cells (16) were cultured in DMEM media.

In vivo **Bleomycin:** Male mice were challenged intratracheally with Bleomycin (sigma) or Saline (vehicle).

Bioluminescence Microscopy: Precision-cut organotypic lung slices (PCLS) were prepared as described before (2). Bioluminescence images were obtained using a 2.5x objective (Zeiss) and captured using a cooled Andor iXon Ultra camera over a 30 minute integration period.

Immunofluorescence: For αSMA staining, cells in 35mm dishes were fixed in 4% PFA/0.2% Triton X, followed by ice cold methanol fixation. For focal adhesions proteins cells were exposed to ice-cold cytoskeleton buffer (51) for 10 minutes followed by 4% PFA fixation for a further 10 minutes.

RNA-seq: siRNA transfected mLF-hT and Mrc5 cells were lysed and RNA was extracted using the ReliaPrep RNA miniprep system. RNA was sequenced on an Illumina HiSeq 4000. Analysis of these data was performed using the Ingenuity Pathway Analysis software (QIAGEN).

UK Biobank: The UK biobank was accessed January 2019 and the data combined with the Hospital Episode data set (52). Subjects were excluded a priori if they took sleep altering medication or had obstructive sleep apnoea.

Microarray Analysis: Geo2R (53) was used to analyse GSE47460 generated by the lung genome research consortium (54).

Human PCLS: Precision cut lung slices were cut at 400μ m on a vibrating microtome. TGF β , GSK4112 or Vehicle (DMSO) treatments were performed each day with the slices being lysed after 4 days for qPCR analysis or 7 days for supernatant analysis. Additional methods can be found in the supplementary information

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Figures:



Figure 1 – Desynchronous circadian oscillations occur in Pulmonary Fibrosis

A) Bioluminescent image, along with heatmaps of amplitude and phase taken from the same precision cut lung slice obtained from a mPER2::luc mouse fourteen days after *in vivo* bleomycin (3U/kg); scale bar, 500μm (data is representative of three separate experiments) **B)** Bioluminescent intensity plotted against time for both parenchyma and bronchioles in fibrotic and non-fibrotic regions (data is representative of three separate experiments) **C)** Time to first peak for bronchioles and parenchyma in fibrotic and non-fibrotic areas (**=p<0.01, ANOVA with post-hoc Dunnett's test using 18, 19 and 48 representative sections for healthy airways, fibrotic airways and fibrotic parenchyma respectively in the lung slice, data is representative of three separate experiments) **D)** Bioluminescent intensity plotted

against time (24hr moving average baseline subtracted) for the representative slices shown in (A) and Ccsp-Bmal1^{-/-} mice shown in Fig. S1G **E)** Representative bioluminescent image along with bioluminescent intensity plotted against time for a precision cut lung slice fourteen days after *in vivo* bleomycin treatment (image and data representative of 3 mice in 3 separate experiments) in the Pdgfrb-Bmal1^{-/-} mPER2::luc mouse; scale bar, 500µm **F)** Bioluminescent intensity plotted against time (24hr moving average baseline subtracted) for the Pdgfrb-Bmal1^{-/-} representative slice shown in (E) **G)** Difference in bioluminescence between fibrotic and non-fibrotic parenchyma over 3 days in precision cut lung slices from WT, Ccsp-Bmal1^{-/-} and Pdgfrb-Bmal1^{-/-} mice after *in vivo* bleomycin treatment (*=p<0.05 , ANOVA post-hoc Dunnett's n=3 mice done in three separate experiments per condition).



Figure 2 - REVERBα alters susceptibility to pulmonary fibrosis through its effect on myofibroblast differentiation

A) Schematic showing generation of Pdgfrb-Reverb $\alpha^{-/-}$ mice combined with qPCR analysis of *reverb* α expression in lung fibroblasts (n=3 animals, **=p<0.01, Student's

t-test) **B)** Hydroxyproline measurement in lungs from Pdgfrb-Reverb $\alpha^{-/-}$ mice and littermate controls 28 days following challenge with intra-tracheal bleomycin (2U/kg) or saline (n=4-5 saline and 8 bleomycin per genotype,*=p<0.05, **=p<0.01, 2-way ANOVA Holm-Sidak post hoc test) C) In a separate experiment histology (Picrosirius red) of lungs was examined 28 days following challenge with intra-tracheal bleomycin (representative image from 4 animals treated with bleomycin per genotype scale bar= 200μ m) D) Immunohistochemical staining of myofibroblasts (anti- α SMA, 3,3'-Diaminobenzidine (DAB)) from Pdgfrb-Reverb $\alpha^{-/-}$ mice and littermate controls 28 days following intra-tracheal bleomycin challenge (representative image from 4 animals treated with bleomycin per genotype scale bar=200 μ m) **E**) Histological scoring (Grade 0-4) for the presence of α SMA staining 28 days following intra-tracheal bleomycin challenge (n=3 saline and 4-5 bleomycin per genotype,*=p<0.05, 2-way ANOVA Holm-Sidak post hoc test F) Representative immunofluorescence images of primary lung fibroblast cultures from naïve Pdgfrb-Reverb $\alpha^{-/-}$ mice and littermate controls showing intra-cellular α SMA (red) (n=3) animals per genotype; scale bar= $10\mu m$) combined with a G) representative immunoblot and quantification of intracellular α SMA from primary lung fibroblast cultures (n=4 animals per genotype, **=p<0.01, Student's t-test) H) Representative collagen-1 ECM images and quantification following culture of Pdgfrb-Reverb $\alpha^{-/-}$ and Reverb $\alpha^{fl/fl}$ primary lung fibroblasts (n=3 animals per genotype, **=p<0.01, Student's t-test; scale bar, 50 μ m) I) Schematic illustrating the action of REVERB α in inhibiting fibroblast/myofibroblast differentiation.



Figure 3 - REVERBa alters myofibroblast differentiation via TBPL1

A) Immunofluorescent staining and quantification for the myofibroblast marker α SMA after control (non-targeting) or *Nr1d1* (REVERB α) siRNA knockdown in mLF-hT cells, scale bar, 50 μ m (*=p<0.05, student's t-test, n=3 separate transfections) **B**)

Immunoblot and densitometry for α SMA in MRC-5 cells after control (non-targeting) or REVERBa siRNA knockdown (representative immunoblot shown, n=3 separate transfections, *=p<0.05 Student's t-test) C) Schematic of RNA-seq sample preparation. Control (non-targeting) or *Reverba* siRNA knockdown was performed in two fibroblast cell lines (mLF-hT cells and MRC-5). Samples were collected for RNAseq analysis 12 and 24 hours after siRNA transfection from three separate transfections per timepoint and cell line. Pooled analysis of all four different RNAseq experimental conditions shown by a volcano plot (mean fold change plotted against mean q-value) D) Immunoblot of TBPL1 following control (non-targeting), Reverba or Tbpl1 siRNA knockdown in mLF-hT cells (representative immunoblot transfections, **=p<0.01 Student's shown, n=3 separate t-test) E) Immunofluorescence and immunoblotting for α SMA after control (non-targeting) or Tbpl1 siRNA knockdown in mLF-hT cells (representative immunoblot shown, n=3 separate transfections *=p<0.05 Student's t-test); scale bar, 50µm





A) Representative immunofluorescent images and quantification per cell of vinculin, tensin1 and integrin β 1 following siRNA knockdown of *Reverba* or *Tbpl1* compared to control (non-targeting) siRNA in mLF-hT cells (n=3 transfections, **=p<0.01 ANOVA post-hoc Dunnett's •= individual cells from 3 transfections; scale bar, 10µm, cont = control siRNA, reva = *Reverba* siRNA **B)** Representative immunofluorescence image after mLF-hT cells have been transfected with REVERBa-GFP plasmid or an empty-GFP plasmid. Cells were stained for GFP, Vinculin and nuclei (DAPI) (n=3 separate transfections; scale bar, 10µm with the focal adhesion number being quantified per cell (n=3 transfections, **=p<0.01, Student's t-test •= individual cells from 3

transfections **C)** Representative immunofluorescence images; scale bar, 50µm and **D)** Quantification of the myofibroblast marker α SMA, using immunofluorescence, following dual siRNA knockdown (control or *Reverba* in the presence or absence of *ltgb1*) in mLF-hT cells (n=3 separate transfections, *p=<0.05 ANOVA post-hoc Dunnett's) along **E)** Schematic demonstrating how both REVERB α and TBPL1 regulate integrin β 1 which in turn affects myofibroblast differentiation.



Figure 5 – Circadian factors are associated with idiopathic pulmonary fibrosis, where a REVERB ligand represses collagen secretion

A) Odds ratios for the association between pulmonary fibrosis and sleep duration (OR ± 95% confidence interval, logistic regression n=500,074 subjects from the UK biobank) **B)** Changes in clock gene expression in idiopathic pulmonary fibrosis compared to control subjects from a previously published genome array (GSE 47460) (fold change ± 95% confidence interval, n=90 controls and 98 patients with IPF) **C)** qPCR for αSMA (*acta2*) and Collagen1 (*col1a1*) following TGFβ-stimulation (2ng/ml) in primary human lung fibroblasts obtained from patients with pulmonary fibrosis in the presence or absence of GSK4112 (10µM). (n=5 fibrotic patients, *=p<0.05, **=p<0.01 Student's t-test,) **D)** qPCR for αSMA (*acta2*) expression following

treatment with TGF β (2ng/ml) and GSK4112 (10 μ M) in human precision cut lung slices (n=5 patients, *=p<0.05 Student's t-test) **E)** ELISA analysis of secreted collagen-1 in TGF β stimulated precision cut lung slices obtained from three patients with idiopathic pulmonary fibrosis treated with the REVERB ligand GSK4112 (10 μ M) and an Alk5 inhibitor (1 μ M) as positive control (n=3 *=p<0.05, Paired Student's t-test).