1	Platelet, erythrocyte, endothelial, and monocyte microparticles in coagulation
2	activation and propagation
3	
4	E.N. Lipets ^{1,2} , O.A. Antonova ³ , O.N. Shustova ³ , K.V. Losenkova ⁴ , A.V. Mazurov ³ , F.I.
5	Ataullakhanov ^{1,2,5,6}
6	
7	¹ Dmitry Rogachev National Medical Research Center of Pediatric Hematology, Oncology and
8	Immunology, 1179971 Moscow, Russian Federation
9	² Center for Theoretical Problems of Physicochemical Pharmacology, Russian Academy of Sciences,
10	119991 Moscow, Russian Federation
11	³ National Medical Research Center for Cardiology, Russian Ministry of Health, 3 rd
12	Cherepkovskaya, 15a, 121552 Moscow, Russian Federation
13	⁴ Medicity Research Laboratory, University of Turku, 20520 Turku, Finland
14	⁵ Lomonosov Moscow State University, Faculty of Physics, 119991 Moscow, Russian Federation
15	⁶ Moscow Institute of Physics and Technology, 141701 Dolgoprudny, Moscow Region, Russian
16	Federation
17	
18	
19	Background and objective: For many pathological states, microparticles are supposed to be one of the
20	causes of hypercoagulation. Although there are some indirect data about microparticles participation
21	in coagulation activation and propagation, the integral hemostasis test Thrombodynamics allows to
22	measure micropaticles participation in these two coagulation phases directly by influence on the
23	appearance of coagulation centers in plasma volume and on the rate of clot grown from surface with

24 immobilized tissue factor.

Methods: Microparticles were obtained from platelets and erythrocytes by stimulation with SFLLRN and A23187, respectively, from monocytes, endothelial HUVEC culture and monocytic THP cell culture by stimulation with lipopolysaccharides. Microparticles were counted by flow cytometry and titrated in microparticle-depleted normal plasma in the Thrombodynamics test.

29 *Results*: Monocyte microparticles induced the appearance of clotting centres through the TF pathway 30 at concentrations approximately 100-fold lower than platelet and erythrocyte microparticles, which 31 activated plasma by the contact pathway. For endothelial microparticles, both activation pathways 32 were essential, and their activity was intermediate. Monocyte microparticles induced plasma clotting 33 by the appearance of hundreds of clots with an extremely slow growth rate, while erythrocyte 34 microparticles induced the appearance of a few clots with a growth rate similar to that from surface 35 covered with high-density tissue factor. Patterns of clotting induced by platelet and endothelial 36 microparticles were intermediate. Platelet, erythrocyte and endothelial microparticles impacts on the 37 rate of clot growth from the surface with tissue factor did not differ significantly within the 0-38 $200 \cdot 10^3$ /ul range of microparticles concentrations. However, at concentrations greater than $500 \cdot 10^3$ /ul, 39 erythrocyte microparticles increased the stationary clot growth rate to significantly higher levels than 40 do platelet microparticles or artificial phospholipid vesicles consisting of phosphatidylcholine and 41 phosphatidylserine.

42 *Conclusion*: Microparticles of different origins demonstrated qualitatively different characteristics
 43 related to coagulation activation and propagation.

- 44
- 45
- 46 Introduction
- 47

48 Cell destruction or activation leads to microparticles (MPs) shedding. In the blood of normal 49 donors, more than 80% of MPs are derived from platelets [1,2]. In pathological states the MPs 50 concentration and origin may change.

51 There are a number of clinical works where the MPs concentration is shown to increase in 52 pathological states associated with elevated thrombotic risk. Data are represented in corresponding 53 reviews [3–8]. Many studies have also revealed elevated MPs concentration in both arterial and venous 54 thrombosis. In acute coronary syndromes, the concentration of platelet MPs (PMPs) was found to be 55 increased [9], as was the concentration of endothelial MPs (EMPs) [10-12]. Increased tissue factor-56 bearing MPs concentration [13,14] or activity [15,16] was associated with venous thromboembolic 57 events in patients with cancer. At the same time, data about the MPs concentration in unprovoked 58 venous thromboembolism (VTE) are very contradictive [5,17]. Recently, a number of prospective 59 studies have appeared that examine the role of increased concentrations of MPs in cancer and recurrent 60 thrombosis, but their results are also contradictory [5,17]. For other pathological states, prospective 61 studies are few: EMPs concentration increase was an independent predictor of cardiovascular 62 complications in patients with heart failure, type II diabetes, and end-stage renal failure [18–20].

63 Thus, although there is a considerable amount of data on the involvement of MPs in 64 hypercoagulation, MPs concentration does not always reflect the risk of thrombotic complications. 65 Therefore, the study of mechanisms of MPs influence on coagulation is of current interest. It is well 66 known that coagulation can be activated by two pathways: external, when coagulation is triggered by 67 tissue factor (TF), and internal, when factor XII is activated. This phase is called coagulation initiation. 68 Activation of either pathway leads to the same reactions in the coagulation cascade – the clot growth 69 phase. The process finishes with the termination phase – the protein C reactions. Phospholipid surfaces 70 containing phosphatidylserine (PS) play an important role in these phases, especially in the 71 propagation phase. MPs are able to increase the clot growth rate by providing such surfaces and by 72 binding coagulation factors at higher concentrations than platelets [21–23]. MPs can also trigger

73 coagulation activation. TF-dependent activation from monocyte MPs (MMPs), obtained by monocyte 74 stimulation with lipopolysaccharide (LPS), and a weaker contact activation from PMPs were shown 75 in the works [24-26] in the thrombin generation test without the addition of activator. Contact 76 activation from erythrocyte MPs (ErMPs) was shown in the works of van der Meijden [26] and Rubin 77 et al. [27]. The stronger activation from TF-bearing MMPs and EMPs compared to TF-negative PMPs, 78 ErMPs, and neutrophil MPs was demonstrated in the recalcification test in works [28–30]. The 79 importance of PS in the procoagulant effect of PMPs [25] and the amplification of TF-initiated 80 thrombin generation by PMPs [24] and ErMPs [27] indirectly indicate their participation in coagulation 81 propagation. However, all these works were performed with homogeneous tests that do not allow for 82 direct separation of the activation and propagation phases.

83 Thrombodynamics test allows us to observe the activation and propagation phases 84 independently. The time of appearance and number of spontaneous activation centres characterize the 85 ability of MPs to initiate coagulation. The MPs influence on the growth rate of clot triggered by surface 86 with immobilized TF characterizes their impact on coagulation propagation. In this work, we compared 87 MPs derived from almost all cells that are the major sources of MPs in blood (platelets, erythrocytes, 88 endothelial cells and monocytes) in Thrombodynamics test. The comparison revealed the predominant 89 impact of TF-bearing MMPs and EMPs on coagulation activation and ErMPs on coagulation 90 propagation.

91

92 Materials and methods

93 Preparation of microparticles of different cellular origins.

Microparticles (MPs) produced by activated platelets, monocytes, human monocytic THP-1 cells and endothelial cells (ECs) were prepared as described earlier in detail [29,31]. Platelets and monocytes were isolated from the blood of healthy volunteers. The study was approved by the ethics committee of Center for Theoretical Problems of Physicochemical Pharmacology and and written

98 informed consent was obtained from all donors. Washed platelets suspended at a concentration of 5 x 99 10^8 platelets/ml in Tyrode/HEPES solution (137 mM NaCl, 2.7 mM KCl, 0.36 mM NaH₂PO₄, 0.1% 100 dextrose, 1 mM MgCl₂, 1 mM CaCl₂, 0.35% BSA, 5 mM HEPES, pH 7.35) were activated by 10 μ M 101 thrombin receptor activating peptide (SFLLRN) for 10 min at 37°C.

102 For the isolation of monocytes, blood was centrifuged at 180 g for 10 min to obtain platelet-103 rich plasma, platelets were removed by centrifugation (1000 g, 15 min), and plasma was returned to 104 the blood. Starch solution was added to agglutinate erythrocytes, and after their precipitation, the 105 supernatant was layered over Histopaque1077 solution and centrifuged at 400 g for 30 min. 106 Mononuclear leukocytes were washed from the "buffy coat" formed after this centrifugation; 107 resuspended in RPMI 1640 medium containing 20 mM HEPES, 2 mM L-glutamine, 1 mM sodium 108 pyruvate, penicillin (50 U/ml), streptomycin (100 µg/ml), and 10% fetal bovine serum; seeded into untreated 100-mm Petri dishes (25 x 10⁶ cells/dish); and cultivated for 18 hours. Non-attached 109 110 mononuclear cells were washed off, and adherent monocytes were activated by 1 µg/ml bacterial 111 lipopolysaccharide (LPS) for 6 hours. Activation of monocytes by LPS (as well as activation of ECs 112 and THP-1 cells - see below) was performed in a medium containing non-inactivated fetal bovine 113 serum (instead of inactivated) as a source of LPS-binding protein. THP-1 cells were obtained from the 114 American Type Culture Collection (ATCC, Bethesda, MD), cultured under standard conditions (RPMI 115 1640 medium, containing 20 mM HEPES, 2 mM L-glutamine, 1 mM sodium pyruvate, penicillin (50 116 U/ml), streptomycin (100 µg/ml), and 10% fetal bovine serum), and activated by 1 µg/ml LPS for 6 117 hours.

ECs obtained from the human umbilical vein were cultured under standard conditions (DMEM medium containing 20 mM HEPES, 2 mM L glutamine, 1 mM sodium pyruvate, penicillin (50 U/ml), streptomycin (100 μg/ml), 10% heat inactivated fetal bovine serum, 200 μg/ml vascular endothelial growth factor, and 5 U/ml heparin) and activated by 1 μg/ml LPS for 12 hours.

122 Erythrocyte-derived MPs were prepared as described by Van Der Meijden et al. [32] with some 123 modifications [30]. Blood from healthy volunteers was collected in 3.8% sodium citrate at a 124 blood/anticoagulant ratio of 9/1. Blood was centrifuged at 180 g for 10 min. Platelet-rich plasma and 125 the leukocyte "buffy coat" were removed, and 1 ml of erythrocytes was collected from the lower part 126 of the erythrocyte pellet and diluted in 9 ml of HBS buffer. Erythrocytes were counted in an Abacus 127 Junior B haematological analyser (Diatron Ltd., Austria) and washed 3 times in HBS at 2000 g for 15 128 min. Erythrocytes were resuspended in HBS at a concentration of $1 \ge 10^{9}$ /ml, supplemented with 3 129 mM CaCl₂ and treated with 10 µM A23187 calcium ionophore (Sigma-Aldrich, Inc., St. Louis, MI, 130 USA) for 60 min at room temperature.

131 Activated platelets were spun down by double centrifugation at 2500 g for 15 min. Culture 132 medium from activated monocytes and ECs and suspension of activated THP-1 cells were centrifuged 133 at 400 g for 10 min and then at 2500 g for 15 min. Erythrocytes and their large fragments were removed 134 by centrifugation at 2000 g for 15 min and at 2500 g. MPs were sedimented from obtained supernatants 135 at 20,000 g for 30 min at 4°C and resuspended in filtered (filters Millex® - VV, 0.1 µm) HEPES-136 buffered saline (HBS, 10 mM HEPES, 140 mM NaCl, pH 7.4) containing 1% BSA (HBS/BSA). 137 Suspensions contained in 1 ml MPs from 5 x 10⁸ platelets, 1 x 10⁶ monocytes, 1 or 3 x 10⁶ THP-1 cells, 1×10^6 ECs, and 1×10^9 erythrocytes. 138

All MPs were frozen in liquid nitrogen, stored at -70°C for no longer than 6 months and thawed
at 37°C just before use. Repeat freezing/thawing cycles were avoided. For procoagulant activity
measurement, MPs were thawed, centrifuged for 30 min at 16,000 *g*, resuspended in buffer A (150
mM NaCl, 2.7 mM KCl, 1 mM MgCl2, 0.4 mM NaH2PO4, 20 mM HEPES, 5 mM glucose, 0.5%
bovine serum albumin, pH 7.4, filtered through a 0.22-µm membrane) and concentrated to the
necessary extent.

145 *Counting of microparticles*

146 MPs were thawed at 37°C, and 5 to 45 µl of suspension was added to 300 µl of annexin 147 V binding buffer (Becton Dickinson, BD Bioscience, San Jose, CA, USA). After the addition of 2.5 148 µl of annexin V-FITC (Becton Dickinson, BD Bioscience, San Jose, CA, USA), the suspension was 149 incubated in the dark for 30 min at room temperature. Control probes contained filtered HBS buffer 150 without MPs. Standard beads with a diameter of 3 µm and known concentration (MP Count Beads, 151 BioCytex, Stago, France) were used for counting calibration. Fifteen microliters of these beads was 152 added to the analysed probes. Standard beads with a diameter of 1 µm (Flow cytometry Sub-Micron 153 Size Reference Kit, Invitrogen, Life Technologies Corp., Carlsbad, CA, USA) were used for sizing 154 calibration. MPs were analysed and counted in a FACS Canto II flow cytometer (Becton Dickinson, 155 BD Bioscience, San Jose, CA, USA). Events were acquired at a low rate mode (less than 3000 events 156 per sec). Data acquisition and analysis were performed using CELL Quest TM software (Becton 157 Dickinson, BD Biosciences, San Jose, CA, USA). The noise threshold was set up in the FITC 158 fluorescence channel (200 arbitrary units, a.u.). Events above this threshold were gated and counted in 159 the SSC/FSC (side scattering/forward scattering) window in the size gate $< 1 \mu m$ (size calibration 160 beads). Analysis was performed until 1000 events were acquired in the gate for 3-um counting beads. Examples of MPs analysis and counting are presented in Fig. 1. The concentration of MPs in probes 161 162 was calculated as follows: number of MPs in 1 μ l = (number of events in the gate < 1 μ m) x (number 163 of counting beads in 1 μ l) x (dilution coefficient) / 1000. The dilution coefficient was applied upon the 164 addition of different volumes of analysed MPs (from 5 to 45 µl) and counting beads (15 µl). The 165 number of events (<1 µm) in 1 µl of negative control probes (HBS buffer without MPs) was subtracted 166 from the number of MPs in 1 μ l. For all types of MPs, we observed a linear relationship between the 167 number of counted MPs and the volume of analysed probe (5-45 µl). In preliminary experiments, we 168 noticed that a much lower number of MPs were counted when the noise threshold was set up in the 169 SSC or FSC channel, which was presumably due to the elimination of a significant fraction of small 170 MPs from the analysis. We also noticed that the percentage of annexin V-positive MPs (above the threshold of the negative control) significantly varied in MPs of different cellular origins (for examples, see Fig. 1). The smallest percentage was detected for MPs from erythrocytes (lower than 10%), intermediate percentages for MPs from platelets (15-20%), higher percentages for MPs from monocytes and THP-1 cells (approximately 30%), and the highest percentage for MPs from ECs (up to 40%). Because of these variations, we counted not only annexin V-positive but all MPs and used these counts in comparative studies of their coagulation activity.

177

178 Fig. 1. Analysis and counting of MPs of different cellular origins by flow cytometry on a FACS Canto 179 II. The noise threshold was set up in the FITC fluorescence channel (200 a.u) (B1-B5). A1, B1 -180 filtered HBS buffer without MPs (negative control); A2, B2 – MPs from erythrocytes; A3, B3 – MPs 181 from platelets; A4, B4 – MPs from THP-1 cells; A5, B5 – MPs from ECs. Annexin V-FITC was added 182 to all probes. All events above the FITC fluorescence threshold (200 a.u) (gate P3 in B1-B5) were 183 counted in the SSC/FSC window (A1-A5) in the size gate $< 1 \mu m$ (gate P4). After subtracting the 184 events in the negative control, all events in this gate were considered MPs. Gate P1 (A1-A5) – size 185 calibration beads (1 µm), gate P2 (A1-A5) – counting beads (3 µm). Gate P4 (B1-B5) annexin V-186 positive events above the threshold set up in the negative control in the FITC fluorescence channel. 187 Percentages of annexin V-positive events are presented for each type of MPs. Analysis of MPs from 188 monocytes is not shown since they have approximately the same distribution pattern as MPs from 189 monocytic THP-1 cells (approximately 30% of annexin V-positive events).

190

191 Preparation of phospholipid vesicles

Artificial phospholipid vesicles composed of 80% phosphatidylcholine (PC) and 20% phosphatidylserine (PS) or 15% PS and 85% PS or 10% PS and 90% PC were prepared according to the protocol recommended by Avanti Polar Lipids with minor changes. Phospholipids dissolved in chloroform were transferred into a round-bottomed flask, dried for 30 minutes under a nitrogen current

to eliminate chloroform, and hydrated in 20 mM HEPES, 140 mM NaCl (pH 7.5) buffer for 30 minutes
at 55°C on a shaker. The resulting solution was treated with three freeze-thaw cycles, heated to 55°C,
and forced through the extruder membrane. The pore diameter was 100 nm.

199 Plasma preparation

Blood from healthy donors was collected into Greiner Bio-One Vacuette or Sarstedt Monovette citrate tubes. The first tube collected after the venipuncture was discarded. Platelet-free plasma was obtained by two-stage centrifugation: 15 min at 1600 g and 5 min at 10,000 g. MPs were removed by centrifugation for 30 min at 16,000 g. Experiments were carried out on unfrozen plasma of individual donors.

205 Thrombodynamics test

206 The procoagulant activity of MPs was studied using the Thrombodynamics test. The assay is 207 described in [33–35]. A total of 107 µl of MP-poor plasma was supplemented with 13 µl of MPs in 208 different concentrations or buffer A. The assay was performed using a Thrombodynamics Analyzer 209 and Thrombodynamics kit (LLC HemaCore, Moscow, Russia): 120 ul of plasma supplemented with 210 MPs was transferred to an Eppendorf tube containing corn trypsin inhibitor (CTI), incubated for 3 min 211 at 37°C and then transferred to an Eppendorf tube containing Ca salt. Recalcified plasma was placed 212 into the chamber. An insert with immobilized TF was immersed into plasma. Clot growth began from 213 the TF-covered surface. It was monitored by light scattering using a digital camera for 60 min. Clot 214 images were used to determine the clot size, measured as the distance from the edge of the activator to 215 the point where the light scattering intensity was half of the maximal light scattering of the clot at the 216 activator. Clot growth rates were determined as the slope of the clot size dependence on time within 217 the interval from 2 to 6 min after the beginning of clot formation (initial rate, Vi) and 15 to 25 min 218 (stationary rate, Vst).

The appearance of clotting centres within a distant from the activator (spontaneous clots) was characterized by Tsp, the time when the plasma volume excluding clot growing from the activator clotted to 5% (Fig. 2).

222

Fig. 2. Design of the Thrombodynamics assay. A. Typical images of growing fibrin clot in normal platelet-free plasma and in plasma supplemented with microparticles. Coagulation is activated by immobilized TF (on the top), and the fibrin clot grows into the bulk of the plasma. When plasma is supplemented with microparticles, spontaneous clots in the bulk of the plasma appear. The scale bar is 2 mm. B. Clot size dependence on time, definition of initial clot growth rate, Vi, and stationary clot growth rate, Vs. C. Dependence on time of the percentage of spontaneous clot area of the whole chamber area excluding walls and clot grown from activator (Tsp definition).

230

To calculate a number of spontaneous clots dependence on time, the photos were converted into binary format. Black colour corresponded to regions with a liquid state of plasma, and white colour corresponded to regions with fibrin clots. The transition occurred when the light scattering intensity at a point became higher than half of the maximal light scattering intensity of a clot growing from the activator. The time point when a spontaneous clot area exceeded an arbitrarily chosen value of 9 μ m² was defined as the time of spontaneous clot appearance.

To characterize the growth of individual clots, we introduced the following parameters: lagtime (t lag), maximal rate of intensity increase (VImax), and the rate of coagulation front propagation from a spontaneous clot centre (Vsc). Spontaneous clots induced by low concentrations of MMPs and EMPs terminated growing early, and their light scattering intensity often did not reach half of the maximal light scattering intensity of a clot growing from activator. Therefore, we defined the lag-time as the time when the light scattering intensity in the centre of a spontaneous clot reached 2000 arbitrary units. VImax was defined as the maximum of the time derivative of light scattering intensity in a spontaneous clot centre. The size of the spontaneous clot was defined as the distance between the spontaneous clot centre and the coordinate, where the light scattering intensity from the clot was half the intensity at the centre of the clot. The clot size dependence on time was calculated until fusion of the clot with a neighbouring clot or until the end of the test. Vsc was calculated as the linear approximation of the last 10 min of clot size dependence on time.

249 Preparation of fVIIai

250 The fVIIa inactivation method was carried out as described in [36] with modifications. FVIIa 251 was incubated with PPACK for 60 min at 4°C at a 1:2 molar ratio. The obtained fVIIai was separated 252 from PPACK by dialysis against Tris buffer. The final concentration of fVIIai was measured on a spectrophotometer by absorption at 280 nm. A concentration of 50 nM fVIIai completely suppressed 253 254 clotting caused by 0.25 pM TF in a 2-hour experiment. Complete inactivation of fVIIa was verified 255 with a chromogenic assay. The FVIIai sample and calibration fVIIa samples 10 ÷ 1.25 pM dissolved 256 in Ca solution were incubated for 5 min with TF, mixed with fX and incubated for 15 min. The reaction 257 was stopped by EDTA addition, and the amount of fXa gained was evaluated by the cleavage rate of 258 the substrate S 2765. PPACK removal was checked by the influence of fVIIai solution on fluorogenic 259 substrate cleavage by thrombin.

260 Determining the activation pathway from MPs

To determine the activation pathway from MPs, the time of spontaneous clots appearance (Tsp) in plasma supplemented with MPs of different types was measured without any inhibitors, with the addition of 200 µg/ml CTI, 100 nM VIIai (TF pathway inhibitor) or both inhibitors.

- 264
- 265 **Results**
- 266
- 267 MPs of different origins in coagulation activation

The ability of MPs to activate coagulation can be observed in the Thrombodynamics test by the appearance of clotting centres at a distance from the activating surface. These clots are called spontaneous because their appearance is caused by material in the plasma and not by activation with substances added in the test.

MPs of different origins were titrated in MP-depleted plasma in the Thrombodynamics test. MP concentrations varied from 0 to the value at which clotting centres in the plasma volume appeared within 60 min. Spontaneous clotting parameters induced by MPs of different origins turned out to have both quantitative and qualitative differences.

276 The minimal MPs concentrations causing spontaneous clotting could serve as the measure of MPs activity in coagulation activation. The data for MPs of different origins are represented in Table 277 278 1. The activity of MMPs from cells of normal donors was the highest. The activity of MPs from 279 monocyte culture THP cells was 4-fold lower. EMPs had activity 25-fold less than that of MMPs. 280 PMPs and ErMPs were 100-fold less. Although the deviation between the activity of MPs samples 281 obtained from cells of different donors reached from 48% for PMPs to 98% for ErMPs, all the 282 differences between MPs activity were significant (p<0.05), except for the difference between PMPs 283 and ErMPs.

284

Table 1. The minimal MPs concentrations inducing the appearance of clotting centres. For analysis of significant differences, the Mann-Whitney test was used. * p<0.05 – significant difference with PMPs, ** p<0.05 – significant difference with ErMPs, *** p<0.05 – significant difference with EMPs, # p<0.05 – significant difference with THP MPs, \$ p<0.05 – significant difference with MMPs. N – the number of MPs samples tested.

	MP concentration inducing the				
	appearance of clotting centres,				
	10 /µ1 mean±sd				
PMPs	510±250 ^{****,#,\$}	7			
ErMPs	790±780 ^{***,#,\$}	7			
EMPs	180±40 ^{*,**,#,\$}	5			
MMPs	7,3±4,8 ^{*,**,***,#}	5			
THP MPs	30±18 ^{*,**,***,\$}	6			

290

291 Even more evident than the minimal MPs concentration causing spontaneous clots, the 292 difference in the MPs activity was observed in the ratio of the number of coagulation centres formed 293 within 1 hour to the total number of MPs in the chamber. This parameter depended on MPs 294 concentrations; however, the differences between MPs of different origins were so great that even the 295 range from the 25th to the 75th percentile from the complete range of this ratio change at different 296 concentrations of MMPs, EMPs and PMPs did not intersect (Table 2). For the most active MMPs, less 297 than 0.7 per thousand MMPs caused a visible centre within 1 hour. Less than $1/10^5$ EMPs and $1/10^6$ 298 PMPs or ErMPs induced a separate clot.

299

Table. 2. The ratio of spontaneous clots number to the number of MPs in the chamber volume. The number of MPs in the chamber volume was estimated based on MPs concentrations and considering the plasma volume where spontaneous clots were counted to be equal to 70 μ l. N – the number of tests included in the calculation. The ranges of values in the table are from the 25th to 75th percentile.

	N of clots at 60 min / N of MP, $1/10^{6}$	N
PMPs	0.07-0.44	13
ErMPs	0.05-0.16	9
EMPs	1.4-4.5	22
MMPs	100-354	12

304

One of the reasons for the activity difference could be TF on the MPs surfaces. We determined the activation pathway from MPs by the changes in the time of spontaneous clots appearance Tsp in recalcified plasma containing MPs of different origins when inhibitors of contact activation (CTI) or the TF pathway were added. The test showed that the most active MMPs and EMPs bear TF on their surfaces (Fig. 3). In addition to TF, contact activation made a significant contribution to EMPs activity. Less active ErMP and PMP activate coagulation through the contact pathway only (Fig. 3).

311

312 Fig. 3. Activation pathway from MPs. Photos at 60 min of plasma supplemented with MPs of 313 different origins in the Thrombodynamics test without any inhibitors, with 100 nM VIIai (TF pathway 314 inhibitor), with 200 µg/ml CTI (contact pathway inhibitor) or both inhibitors. MPs were supplemented 315 at arbitrary concentrations, which induced the appearance of clotting centres within 10-20 min in 316 samples without inhibitors. That was optimal for checking inhibitor effects. B. Mean \pm sd of Tsp in 317 plasma supplemented with MPs without inhibitors and with one or both inhibitors. Three repeats were 318 carried out for PMPs and THP MPs and two repeats for ErMPs, EMPs and MMPs. PMPs – platelet 319 microparticles, ErMPs – erythrocyte microparticles, EMPs – endothelial microparticles, THP MPs – 320 microparticles from monocyte culture, MMPs - monocyte microparticles.

321

Since the minimal concentrations leading to the appearance of spontaneous clots for MPs of different origins differ up to a hundred times, the typical patterns of spontaneous clots formation are presented in individual concentrations for each type of MPs (Fig. 4, S1 Movie). Typical coagulation patterns had qualitative differences in the number, appearance and growth rate of spontaneous clots.

326

Fig. 4. Photos of growing clot and typical patterns of spontaneous clotting induced by MPs of different origins. As MPs of different origins induce spontaneous clotting at 100-fold different concentrations, the photos represented at arbitrary concentrations at which the patterns of clotting centre appearance were well distinguished within 60 min. The MPs concentrations in assays in photos were as follows: PMPs, $627 \cdot 10^3 1/\mu$ l; ErMPs, $500 \cdot 10^3 1/\mu$ l; EMPs, $480 \cdot 10^3 1/\mu$ l; THP MPs, $132 \cdot 10^3$ $1/\mu$ l; and MMPs, $132 \cdot 10^3 1/\mu$ l.

333

334 The time dependences of the number of clotting centres induced by MPs of different origins 335 are represented in Fig. 5. The increment of the clot number was normalized to the fraction of free frame 336 area so that the decrease in the rate of clotting centre appearance as a result of volume occupation by 337 clots that appeared earlier would not distort the dependence. The scale of the ordinate axis in Fig. 5 is 338 different because the number of spontaneous clots induced by MPs of different origins within 1 hour 339 differed by more than 100-fold. According to available data for PMPs and ErMP, the form of the clot 340 number dependence on time is difficult to determine. For MMPs and EMPs, this dependence was 341 exponential. It is natural to assume that the time of appearance of a spontaneous clot is determined by 342 the local concentration of the activator in its centre. If an individual MP triggered a clot, the time of 343 appearance of the first five centres $(t_{N=5})$ should not depend on the MPs concentration. For ErMP, the 344 assumption was confirmed (Fig. S1 B). For PMPs and EMPs, t_{N=5} tended to decrease with increasing 345 MPs concentration, but the data were not sufficient for a definite answer (Fig. S1 A, C). For MMPs, 346 $t_{N=5}$ decreased inversely with MMPs concentration (Fig. S1 D). This indicates an increase in the

347 probability of clot formation with a decrease in the distance between MMPs. The assumption about 348 the interaction between MPs is also supported by the fact that for all types of MPs in experiments 349 where more than 10 centres were formed within 1 hour, the increase in the number of centres was 350 accelerated with time.

351

Fig. 5. Time dependence of the number of clotting centres induced by MPs of different origins. The number of clotting centres was recalculated to represent what it would have been if the plasma volume had not been decreased by clots that appeared earlier (N corrected). Clotting was induced in normal MP-depleted plasma by supplementation with (A) platelet MPs, (B) erythrocyte MPs, (C) endothelial MPs, and (D) monocyte MPs. Different curves correspond to different MPs samples and different concentrations as described in the legends.

358

359 The dependences of the number of clotting centres formed within 60 min on concentrations are 360 represented in Fig. 6. ErMPs in minimal concentrations that induce spontaneous clotting led to the 361 appearance of few spontaneous clots growing at a rate near the rate of clot growth from the surface with immobilized TF (activator). On average, this rate was $48\pm14 \mu$ m/min. The number of spontaneous 362 363 clots increased along with the ErMP concentration, but because of their fast growth, they rapidly 364 occupied all the free chamber volume, and in our experiments, the maximal number of spontaneous 365 clots formed within 1 hour did not exceed 17 (Fig. 6 B). Clots induced by PMPs grew at a mean rate 366 of 14±8 µm/min. As a result, more clots could appear at high PMPs concentrations before full 367 coagulation (Fig. 6 A). MMPs with concentration increase did not cause coagulation at first then 368 approximately ten clots appeared. The growth rate of these clots almost stopped within the first 10 -369 15 min, and the whole plasma volume did not clot. With a further slight increase in concentration, 370 there was a sharp switch to the formation of several hundred clots (Fig. 6 D) growing at a relatively 371 low but significantly nonzero rate of 9±4 µm/min on average. In this case, plasma coagulated

372 completely and not only because of individual clots propagation in space but also because of 373 coagulation in the whole volume. EMPs caused spontaneous coagulation patterns qualitatively similar 374 to MMPs, but the dependence of the number of spontaneous clots on concentration was considerably 375 smoother (Fig. 6 C), and at high EMPs concentrations, much higher clots growth rates were achieved.

376

Fig. 6. The dependence of the number of clotting centres formed within 60 min on concentration. Clotting was induced in normal MP-depleted plasma by supplementation with (A) platelet MPs, (B) erythrocyte MPs, (C) endothelial MPs, and (D) monocyte MPs.

380 As described above, the distribution of fibrin clots in space in this method is reflected by the 381 light scattering intensity profile. Analysis of the time dependences of light scattering intensity profiles 382 allows the introduction of quantitative characteristics of spontaneous clots. The corresponding 383 dependences when MPs of different origins were supplemented to plasma are represented in Fig. 7. 384 PMPs and ErMPs induced clotting in separate centres only. The light scattering intensity in the centres 385 of clots increased along with fibrin polymerization. The area with high light scattering intensity grew 386 as the clot propagated in space (Fig. 7 A, D). The rate of light scattering increase in the clot centre was 387 characterized by the maximal rate VI max and the coagulation front propagation from centres of 388 spontaneous clots with the rate Vsc. VI max and Vsc were calculated as described in the materials and 389 methods. If all the fibrinogen cleaved to fibrin within the test time, the light scattering intensity in the 390 clot centre reached a plateau and only further propagation in space continued. The maximal light 391 scattering intensity in a clot centre reached by 60 min was indicated as Imax. With increasing MMPs 392 and EMPs concentrations, qualitative changes in the parameters of spontaneous clots growth were 393 observed. Therefore, the time dependences of the light scattering intensity profiles of spontaneous clots 394 induced by MMPs and EMPs are given for two concentrations, conditionally "low" and "high". In 395 plasma containing MMPs and EMPs in "high" concentrations, coagulation began in the whole volume 396 at some point in time. That was expressed as the background increase in light scattering intensity (Fig.

397 7 C, F). At conditionally "low" MMPs concentrations, distinct clotting centres appeared, the growth
398 of which rapidly stopped (Fig. 7 E). EMPs were especially heterogeneous: in the same sample at
399 conditionally "low" concentration, coagulation propagated from some centres and practically stopped
400 from others (Fig. 7 B).

401

402 Fig. 7. The light scattering intensity profiles of spontaneous clots induced by MPs of different
403 origins. Clotting was induced in normal MP-depleted plasma by supplementation of (A) platelet MPs,
404 (B) endothelial MPs in conditionally "low" concentrations, (C) endothelial MPs in conditionally
405 "high" concentrations, (D) erythrocyte MPs, (E) monocyte MPs in conditionally "low" concentrations,
406 and (F) monocyte MPs in conditionally "high" concentrations. The time interval between profiles is 5
407 min.

408

409 VI max is by some approximation proportional to the rate of fibrin formation and consequently 410 to the thrombin concentration (at the time interval until complete polymerization). Therefore, VI max 411 indirectly indicates activation strength. VI max in the centres of spontaneous clots induced by any type 412 of MPs was considerably less than VI max at the surface with immobilized TF (activator) (Fig. 8). At 413 the same time, Imax in the centre of spontaneous clots could exceed Imax at activator by 1.4 - 1.7-414 fold (Fig. 8, S2). The increase in maximal light scattering intensity of a clot as a result of a diameter 415 increase of fibrin fibrils when the thrombin concentration is decreased was theoretically predicted and 416 experimentally shown in the article [37]. The VI max deviation in one test consisted of 33% for PMPs 417 and 60% for MMPs. The VI max changes with concentration were less than the deviation within a test 418 for all types of MPs except for EMPs (Fig. S3), which gives justification for a rough approximation to 419 compare the average VI max for all clots formed at different concentrations. The comparison is shown 420 in Fig. 9 A. The mean VI max of ErMPs is significantly higher than the mean VI max of the other 421 types of MPs, and for MMPs, it is significantly lower. PMPs and EMPs did not differ significantly in

422	this parameter. However, the VI max in the centre of spontaneous clots induced by any type of MPs
423	was not higher than the $0.1 - 0.15$ VI max at activator (Fig. 9 B). Consequently, the thrombin
424	concentration in the centres of spontaneous clots was 7-10-fold lower than that at activator.

425

Fig. 8. Time dependence of light scattering intensity in the centre of spontaneous clots and clots growing from activator. Clotting was induced in normal MP-depleted plasma by supplementation of (A) platelet MPs, (B) endothelial MPs in conditionally "low" concentrations, (C) endothelial MPs in conditionally "high" concentrations, (D) erythrocyte MPs, (E) monocyte MPs in conditionally "low" concentrations, and (F) monocyte MPs in conditionally "high" concentrations. Time dependence of the light scattering intensity of clots growing from activator are drawn with dashed lines, and those of the light scattering intensity in the centre of spontaneous clots are drawn with solid lines.

433

434 Fig. 9. The maximal rate of increase of light scattering intensity in the centre of spontaneous 435 clots and its ratio to the maximal rate of increase of light scattering intensity of clots growing from 436 activator. (A) The mean maximal rate of light scattering intensity increase in the centre of spontaneous 437 clots growth. (B) Ratio of the mean maximal rates of light scattering intensity increase in the centre of 438 spontaneous clots growth to the maximal rate of light scattering intensity increase of clots growing 439 from activator. Dots correspond to different MP samples and different concentrations. Tables under 440 histograms contain significance levels of corresponding parameter differences between MP of different 441 origin according to Mann – Whitney test.

442

If the increment in light scattering intensity in the centre of a clot depends on thrombin formed in the immediate vicinity of the activator, the clot propagation depends on thrombin formed at a distance from the activator as a result of positive feedbacks work. In this way, the parameters VI max and Vsc are largely determined by different reactions. The first characterizes the activation phase, and the second characterizes the propagation phase. The spontaneous clots size in most cases depended linearly on time (Fig. 10). In some cases, the linear region is preceded by a smooth acceleration from zero rate. When the light scattering intensity background is rising, the growth rate was accelerating (Fig. 10 C), although the consideration of the corresponding region as the growth of a separate clot was not quite correct.

452

Fig. 10. Time dependences of clot growing from activator and spontaneous clots sizes. Clotting was induced in normal MP-depleted plasma by supplementation of (A) platelet MPs, (B) endothelial MPs in conditionally "low" concentrations, (C) endothelial MPs in conditionally "high" concentrations, (D) erythrocyte MPs, (E) monocyte MPs in conditionally "low" concentrations, and (F) monocyte MPs in conditionally "high" concentrations. Time dependences of clots growing from activator sizes are drawn with dashed lines, and those of spontaneous clot sizes are drawn with solid lines.

459

460 Growth rates were, on average, increased with concentrations (Fig. S4,) and it would be 461 preferable to compare the growth rates for MPs of different origins at equal concentrations. However, 462 the growth rates of clots induced by TF-bearing MPs cannot be calculated at the concentrations that 463 PMPs and ErMPs begin to initiate clotting, and at concentrations that allow calculating the rates of 464 clots induced by TF-bearing MPs, PMPs and ErMPs do not initiate coagulation. Thus, we represent 465 here a comparison of the parameters of clots induced by MPs of different origins rather than the MPs 466 themselves. In the concentration ranges where clots growth rates could be calculated, changes in the 467 mean rates with the concentrations were less than deviations within one test (the same as for VI max); 468 therefore, we considered the average for different concentrations data (Fig. 11 A). The mean Vsc of 469 clots induced by PMPs and EMPs did not differ significantly. The mean Vsc of clots induced by MMPs 470 was significantly less than that induced by other MPs, and for ErMPs, it was significantly higher than that induced by others. Different phospholipid concentrations due to large differences in MPsconcentrations could be one of the reasons for MMPs and ErMPs standing out.

473 It was previously shown that in the presence of a sufficient amount of phospholipid surface in 474 the plasma and activation higher than the threshold, the steady-state clot growth rate over a wide range 475 does not depend on the TF concentration [38], type of TF-bearing cells [39] or the method of activation 476 [40]. One could expect that the growth rates of spontaneous clots and the clot from the activator will 477 be close. However, Vsc deviation within one test consisted on average of 4 μ m/min (33%), 8 μ m/min 478 (22%), 7 µm/min (76%), and 2.5 µm/min (84%) for PMPs, ErMPs, EMPs, and MMPs, respectively. 479 Only spontaneous clots induced by ErMPs grew at approximately the same rate as the clot from the 480 activator. The medians of the Vsc to Vs ratio were 0.5, 0.93, 0.22 and 0.09 for PMPs, ErMPs, EMPs, 481 and MMPs, respectively (Fig. 11 B). The Spearman correlation coefficients between the growth rates 482 of spontaneous clots and clot from activator were 0.36 (p=0.024) for PMPs, 0.74 ($p=3\cdot10^{-15}$) for 483 ErMPs, 0.78 (p=5.10⁻²³) for EMPs, and 0.61 (p=3.10⁻¹⁰) for MMPs.

484

Fig. 11. The rate of coagulation front propagation from centres of spontaneous clots induced by MPs of different origin and its ratio to the clot growth rate from activator. (A) Mean rate of coagulation front propagation from centres of spontaneous clots. (B) Mean ratio of the rate of coagulation front propagation from the centres of spontaneous clots to the clot growth rate from the activator. Dots correspond to different MPs samples and different concentrations. Tables under histograms contain the significance levels of corresponding parameter differences between MP of different origins according to the Mann–Whitney test.

492

One could assume that any MPs except for ErMPs induce clotting at concentrations that did not supply enough phospholipids to plasma to support coagulation propagation efficiently. ErMPs induce spontaneous clotting at the highest concentration and consequently the highest phospholipid

496	concentration. In the case of lipid deficiency, a dependence of the rate on the activation force of a
497	particular centre can be expected. We did not have the opportunity to measure activation from each
498	centre directly, but indirect data were provided by the rate of increase in light scattering intensity and
499	the lag-time of spontaneous clots appearance. For ErMPs, there was no correlation between VI max
500	and Vsc: r=0.19, p=0.22. For MPs of other types, the correlation of these parameters was significant
501	but weak: 0.43 (p=0.026) for PMPs, 0.58 (p=8·10 ⁻⁹) for EMPs, and 0.32 (p=0.004) for MMPs (Fig.
502	12). The t lag did not show a strong correlation with Vsc also: -0.45 (p=0.03) for PMPs, -0.64
503	(p=1.2·10 ⁻⁴) for ErMPs, -0.35 (p=0.025) for EMPs, and -0.5 (p=0.0015) for MMPs (Fig. 13). Thus, the
504	deviations in Vsc within one test were determined at least not only by the activation strength.
505	
506	Fig. 12. The rate of coagulation front propagation from centres of spontaneous clots and the
507	maximal light scattering intensity in the centre of spontaneous clots growth rate correlation. (A) Data
508	are represented for platelet MPs, (B) erythrocyte MPs, (C) endothelial MPs, and (D) monocyte MPs.
509	
510	Fig. 13. The rate of coagulation front propagation from centres of spontaneous clots and the
511	lag time of clots appearance. (A) Data are represented for platelet MPs, (B) erythrocyte MPs, (C)
512	endothelial MPs, and (D) monocyte MPs.
513	
514	MPs of different origins in coagulation propagation
515	
516	The influence of MPs on coagulation propagation was evaluated by changes in the initial (Vi)
517	and stationary (Vs) growth rates of clot growing from the activator in the Thrombodynamics test at
518	different MPs concentrations (Fig. 14). Clot growth rates were calculated for MPs concentrations from
519	0 to those at which spontaneous clots were formed within 30 min, which prevented the correct
520	calculation of the rates. Vi dependences on the concentrations of MPs of different origins tended to

521 saturate with increasing concentration (Fig. 14 A, C). Vs dependences had the same tendency, but the 522 influence of MPs was weaker and the saturation was less pronounced (Fig. 14 B, D). MMPs bearing 523 the highest TF concentrations caused active spontaneous clotting at concentrations of $4-16\cdot 10^3/\mu$ l, 524 which did not allow the measurement of clot growth rate dependences on concentration in the same 525 range as for other MPs types. At a concentration of $3 \cdot 10^3/\mu l$, MMPs increased Vi by 5±6 $\mu m/min$ and 526 Vs by 2.4±2.2 µm/min. For THP MPs and EMPs bearing lower TF concentrations, the rate 527 dependences on concentration could be measured to $50 \cdot 10^3/\mu$ and $200 \cdot 10^3/\mu$, respectively. 528 Significant differences in the rate dependences on the MPs concentrations of different origins were not 529 observed in this range (Fig. 14 A, B). However, the Vi and Vs dependence on the ErMPs concentration 530 tended to be smoother than the dependence on the MPs of other types at these concentrations. The 531 measurement of rate dependences at higher concentrations was possible for PMPs and ErMPs only. 532 The saturation levels of Vi were considerably different for these MPs types. The difference in Vs at 533 high PMPs and ErMPs concentrations was even more pronounced (Fig. 14 A, C).

534

Fig. 14. Influence of MPs of different origin on coagulation propagation. Mean ± sd dependence of
the initial (A) and stationary (B) clot growth rates on platelet (PMPs) (n=10), erythrocyte (ErMPs)
(n=7), endothelial (EMPs) (n=5), THP monocyte culture (THP MPs) (n=6) and monocyte (MMPs)
(n=5) microparticles concentrations. (C), (D) The same dependences on a smaller scale.

539

It is possible that the difference between ErMPs and PMPs is explained by the different contents of phosphatidylserine (PS) because platelet membranes contain, according to various sources, from 6.7 to 12% PS [41–44], while erythrocyte membranes range from 13 to 16% [41,42,45]. To examine the effect of the PS content, we measured the dependence of clot growth rates on the concentration of artificial vesicles with a diameter of 100 nm, consisting of phosphatidylcholine (PC) and PS. The PS contents were 10%, 15%, and 20%. Based on the area occupied by one phospholipid molecule and the 546 surface area of the vesicle, a concentration of 1 µM phospholipids corresponds to approximately 547 $1.4 \cdot 10^{7}$ /ul of vesicles, which is approximately 20 times higher than the concentration of ErMPs causing 548 spontaneous coagulation. Artificial vesicles did not induce spontaneous clotting at any of the tested 549 concentrations. Both Vi and Vs reached saturation for artificial vesicles. The PS content increment 550 from 10% to 20% led to a sharp increase in the slope of the initial linear part of the Vs dependence on 551 the vesicle concentration from 0.24 μ m/(min· μ M) to 5.1 μ m/(min· μ M). Moreover, with an increase in 552 PS content, the concentration at which the rates reached saturation decreased, but the saturation level 553 did not change (Fig. 15). The maximal increase in Vs due to artificial vesicles was 13±3 µm/min. 554 PMPs and ErMPs demonstrated a large deviation between donors. PMPs increased Vs by 11±4 µm/min 555 on average and ErMPs by 23±8 µm/min at a concentration of 500.10³/µl. At a concentration of 556 $1000 \cdot 10^{3}$ /µl, ErMPs increased Vs by 30 ± 10 µm/min, and no saturation was observed. Therefore, both 557 the type of dependence and the maximal effect indicate that the influence of ErMPs on Vs was not 558 explained solely by the content of PS.

559

Fig. 15. Influence of artificial vesicles on coagulation propagation. Mean \pm sd dependence of the initial (A) and stationary (B) clot growth rates on the concentration of artificial phospholipid vesicles (PL) containing 10% (n=3), 15% (n=3) and 20% (n=2) PS.

563

564 **Discussion**

It was previously shown that MPs in the plasma of patients cause the formation of spontaneous clots [46]. In the vast majority of cases, the clot growth rate from the activator in these samples was also increased. In this work, we investigated MPs of which origin has the strongest effect on the formation of spontaneous clots and the clot growth rate from the activator and, therefore, on coagulation activation and propagation. For this purpose, we tested MPs obtained in vitro from the main possible sources of MPs in blood in the Thrombodynamics test.

571 Our method of MPs counting with flow cytometry had some differences with the standard one: 572 instead of counting annexin-positive MPs only, we took into account all the objects less than 1 µm and 573 higher than the fluorescence threshold (the number of objects in stained buffer was subtracted). This 574 was done because the percentage of annexin V-positive MPs (above the threshold of the negative 575 control) significantly varied in MPs of different cellular origins: lower than 10%, 15-20%, 576 approximately 30%, and up to 40% for ErMPs, PMPs, MMPs and THP MPs, and EMPs, respectively 577 (see Materials and Methods). Variations in the percentage of annexin V-positive MPs could be at least 578 partially explained by the difference in MPs size. Earlier, using the dynamic light scattering method, 579 for the MPs sizing, we have shown in direct comparative studies that ErMPs have an average diameter 580 of 200-250 nm, PMPs 350-400 nm, EMPs and THP MPs 400-500 nm, and EMPs 550-600 nm 581 [29,30,47]. We presumed that annexin V-FITC binding to small MPs was too low to provide FITC 582 signals above the threshold noise level, which is why we measured the different percentages of annexin 583 V-positive events in samples of MPs of different origins with different average sizes.

584 It is difficult to evaluate the physiological range of MPs concentrations by comparing the 585 absolute values of concentrations with literature data, since even when measuring concentrations using 586 flow cytometry, depending on the measurement protocol and the cytometer used, normal MPs 587 concentrations may vary from hundreds to 10⁶/µl [2,48–51]. Therefore, the physiological range of 588 concentrations could be estimated only in relation to the normal MPs concentration measured in the 589 same study. Our method of MPs counting is not applicable for measuring MPs concentrations in 590 plasma. As a result, we can only assess the physiological range of concentrations indirectly. According 591 to our data, the concentration of PS + MPs in the plasma is $53 \cdot 10^3/\mu$ l. The same concentration of PS + 592 MPs is contained in approximately 300·10³/µl PMPs, 530·10³/µl ErMPs, 180·10³/µl MMPs and 593 $130 \cdot 10^{3}$ /µl EMPs. Since ErMPs, EMPs, and MMPs normally make up less than 20% of the total MPs 594 concentration [2], a concentration of $500 \cdot 10^3/\mu$ l for ErMPs and $200 \cdot 10^3/\mu$ l for EMPs and MMPs can 595 serve as a rough estimate of the upper physiologically achievable concentrations.

596 The MPs activity in coagulation activation, estimated from the minimal concentration causing 597 spontaneous clotting, was determined primarily by TF on the surface of the MPs, which corresponds 598 to the results from comparing the same MPs in the recalcification test in our previous works [29–31] 599 and in the thrombin generation test in [24–26]. Based on the fact that MMPs, such as THP MPs, have 600 $\sim 30\%$ PS+MPs, the ratio of PS+MMPs leading to spontaneous clotting to the normal concentration 601 of PS + MPs in plasma will be approximately 4%. Such a concentration seems guite achievable in 602 vivo, especially locally, for example, for inflammatory vascular diseases, monocytes and endothelium 603 activation.

604 The ratio of the number of coagulation centres to the number of MPs in a chamber is on the order of 605 one clot per 10^3 - 10^7 MPs. This led to the assumption that coagulation centres may be caused not by 606 MPs themselves but by some larger residual fragments of cells or MPs aggregates. In addition to the 607 fact that the ratio of the number of clots to the number of MPs is greater for TF-bearing MMPs and 608 EMPs, coagulation begins over the whole volume of the chamber, not just from the individual centres, 609 when certain concentrations of MMPs and EMPs are reached. This is probably due to the participation 610 of a much larger fraction of TF+MPs than $1/10^3$ in coagulation activation due to the effect described by Kastrup et al., when the convergence of several centres with individual subthreshold activation 611 612 leads to overcoming the activation threshold [52].

613 In the range up to $200 \cdot 10^3/\mu$, there were no significant differences in the effect of PMPs, 614 ErMPs, and EMPs on the clot growth rate. Perhaps we could not identify it due to deviations between 615 the MPs samples isolated from the cells of different donors and between the donor plasmas in which 616 the titrations were performed. However, in view of the fact that the differences in the effects of MPs 617 on the rates were weak and the protein composition in MPs originating from different cells is also 618 different, the effect of MPs on rates is probably determined by the lipid composition of membranes to 619 a larger extent than by the protein composition. Rather inactive at low concentrations, ErMPs at 620 $500 \cdot 10^{3}$ /µl increased the clot growth rate to a significantly higher level in comparison with $500 \cdot 10^{3}$ /µl

621 PMPs. The growth rate of spontaneous clots induced by ErMPs also significantly exceeds the growth 622 rate of clots induced by PMPs, EMPs and MMPs. The high ErMPs activity in coagulation propagation 623 is consistent with the data of van der Meijden, where the same conditional PS activity, which was 624 measured by the prothrombinase activity on MPs samples, corresponded to a 3-fold higher activity of 625 PMPs compared with that of ErMPs [26]. ErMPs activity is not explained by PS only because artificial 626 vesicles lead to clot growth rates that are significantly lower than those of ErMPs at concentrations 627 higher than $500 \cdot 10^3/\mu$, and an increase in the PS content in artificial vesicles did not change the 628 saturation level. Other components of phospholipid composition may determine ErMPs activity. 629 Notably, ErMP concentrations could be underestimated due to their small size. Thus, the difference 630 between ErMPs and PMPs can partially be accounted for by higher ErMPs concentrations, and the 631 attainability of $500 \cdot 10^3 / \mu l$ ErMPs in physiological conditions is questionable.

632 A significant distinction of TF-bearing MPs is that there are concentrations at which MPs are 633 able to induce some separate clots, but the growth of these clots stops in the first 10-15 min of a test. 634 Previously, Oliver et al. concluded, by means of the thrombin generation test, that TF-bearing MPs 635 participate in coagulation activation but not in coagulation propagation [53]. It is likely that clot growth 636 stops when subtreshold activation leads to thrombin impulses that are rapidly inhibited by plasma 637 inhibitors, and the lipid surface may not be enough to support coagulation propagation because these 638 concentrations are quite low. Another reason for the growth termination of EMPs and MMPs induced 639 clots could be thrombomodulin on the surfaces of endothelium and monocytes [54,55].

Summarizing the results, we can say that MPs derived from different cells play a qualitatively different role in coagulation activation and propagation: TF+ MMPs have a strong activating ability and have a very weak effect on coagulation propagation; on the contrary, contact activation from PMPs and ErMPs in normal plasma is weak, and these MPs, firstly, contribute coagulation propagation. Although an increased concentration of MPs is usually regarded as a risk of thrombosis, MPs that have weak activating capacity but support coagulation propagation in some cases can play a positive role,

646	for ex	cample, by reducing blood loss during surgery or mitigating the clinical manifestations of						
647	haemo	haemophilia [56]. Endothelial MPs, although they have an intermediate activity, are able to make a						
648	significant contribution to both the activation and distribution of coagulation.							
649								
650		Acknowledgments						
651		We thank Dr. Panteleev MA (Center for Theoretical Problems of Physicochemical						
652	Pharn	nacology, Moscow, Russia) for valuable discussions.						
653								
654		The study was supported by the Ministry of Science and Higher Education of the Russian						
655	Feder	ation (project AAAA-A18-118012390250-0) and by the Russian Foundation for Basic Research						
656	togeth	her with National Center for Scientific Research of France (grant 19-51-15004 to Ataullakhanov						
657	F.I.).							
658								
659	Refer	rences						
660	1.	Flaumenhaft R, Dilks JR, Richardson J, Alden E, Patel-Hett SR, Battinelli E, et al.						
661		Megakaryocyte-derived microparticles: direct visualization and distinction from platelet-						
662		derived microparticles. Blood. 2009;113: 1112-1121. doi:10.1182/blood-2008-06-163832						
663	2.	Berckmans RJ, Nieuwland R, Boing AN, Romijn FP, Hack CE, Sturk A. Cell-derived						
664		microparticles circulate in healthy humans and support low grade thrombin generation.						
665		Thromb Haemost. 2001;85: 639–646.						
666	3.	Owens AP, Mackman N. Microparticles in Hemostasis and Thrombosis. Weber C, Mause S,						
667		editors. Circ Res. 2011;108: 1284–1297. doi:10.1161/CIRCRESAHA.110.233056						
668	4.	George FD. Microparticles in vascular diseases. Thromb Res. 2008;122: S55–S59.						
669		doi:10.1016/S0049-3848(08)70020-3						
670	5.	Mooberry MJ, Key NS. Microparticle analysis in disorders of hemostasis and thrombosis.						

671 Cytometry A. 2016;89: 111–22. doi:10.1002/cyto.a.22647

- 6. Vanwijk MJ, Vanbavel E, Sturk A, Nieuwland R. Microparticles in cardiovascular diseases.
 673 Cardiovasc Res. 2003;59: 277–287.
- Nomura S, Shimizu M. Clinical significance of procoagulant microparticles. J Intensive Care.
 2015;3: 2. doi:10.1186/s40560-014-0066-z
- 676 8. Herring JM, McMichael MA, Smith SA. Microparticles in Health and Disease. J Vet Intern
 677 Med. 2013;27: 1020–1033. doi:10.1111/jvim.12128
- 678 9. Sun C, Zhao W-B, Chen Y, Hu H-Y. Higher Plasma Concentrations of Platelet Microparticles
- 679 in Patients With Acute Coronary Syndrome: A Systematic Review and Meta-analysis. Can J

680 Cardiol. 2016;32: 1325.e1-1325.e10. doi:10.1016/j.cjca.2016.02.052

- Cui Y, Zheng L, Jiang M, Jia R, Zhang X, Quan Q, et al. Circulating microparticles in patients
 with coronary heart disease and its correlation with interleukin-6 and C-reactive protein. Mol
 Biol Rep. 2013;40: 6437–6442. doi:10.1007/s11033-013-2758-1
- 11. Mallat Z, Benamer H, Hugel B, Benessiano J, Steg PG, Freyssinet JM, et al. Elevated levels of
- shed membrane microparticles with procoagulant potential in the peripheral circulating blood
- of patients with acute coronary syndromes. Circulation. 2000;101: 841–843. Available:

687 http://www.ncbi.nlm.nih.gov/pubmed/10694520

Bernal-Mizrachi L, Jy W, Jimenez JJ, Pastor J, Mauro LM, Horstman LL, et al. High levels of
 circulating endothelial microparticles in patients with acute coronary syndromes. Am Heart J.

690 2003;145: 962–970. doi:10.1016/S0002-8703(03)00103-0

- 13. Zwicker JI, Liebman HA, Neuberg D, Lacroix R, Bauer KA, Furie BC, et al. Tumor-derived
- tissue factor-bearing microparticles are associated with venous thromboembolic events in
- 693 malignancy. Clin Cancer Res. 2009;15: 6830–6840. doi:10.1158/1078-0432.CCR-09-0371
- 14. Campello E, Spiezia L, Radu CM, Bulato C, Castelli M, Gavasso S, et al. Endothelial, platelet,
- and tissue factor-bearing microparticles in cancer patients with and without venous

696		thromboembolism. Thromb Res. 2011;127: 473-477. doi:10.1016/j.thromres.2011.01.002
697	15.	Tesselaar MET, Romijn FPHTM, Van Der Linden IK, Bertina RM, Osanto S. Microparticle-
698		associated tissue factor activity in cancer patients with and without thrombosis. J Thromb
699		Haemost. 2009;7: 1421–1423. doi:10.1111/j.1538-7836.2009.03504.x
700	16.	Manly DA, Wang J, Glover SL, Kasthuri R, Liebman HA, Key NS, et al. Increased
701		microparticle tissue factor activity in cancer patients with Venous Thromboembolism. Thromb
702		Res. 2010;125: 511-2. doi:10.1016/j.thromres.2009.09.019
703	17.	Campello E, Spiezia L, Radu CM, Simioni P. Microparticles as biomarkers of venous
704		thromboembolic events. Biomark Med. 2016;10: 743-755. doi:10.2217/bmm-2015-0063
705	18.	Nozaki T, Sugiyama S, Sugamura K, Ohba K, Matsuzawa Y, Konishi M, et al. Prognostic
706		value of endothelial microparticles in patients with heart failure. Eur J Heart Fail. 2010;12:
707		1223-1228. doi:10.1093/eurjhf/hfq145
708	19.	Amabile N, Guerin AP, Tedgui A, Boulanger CM, London GM. Predictive value of
709		circulating endothelial microparticles for cardiovascular mortality in end-stage renal failure: a
710		pilot study. Nephrol Dial Transplant. 2012;27: 1873–1880. doi:10.1093/ndt/gfr573
711	20.	Koga H, Sugiyama S, Kugiyama K, Watanabe K, Fukushima H, Tanaka T, et al. Elevated
712		Levels of VE-Cadherin-Positive Endothelial Microparticles in Patients With Type 2 Diabetes
713		Mellitus and Coronary Artery Disease. J Am Coll Cardiol. 2005;45: 1622–1630.
714		doi:10.1016/J.JACC.2005.02.047
715	21.	Sinauridze EI, Kireev DA, Popenko NY, Pichugin A V, Panteleev MA, Krymskaya O V, et al.
716		Platelet microparticle membranes have 50- to 100-fold higher specific procoagulant activity
717		than activated platelets. Thromb Haemost. 2007;97: 425-434. Available:
718		http://www.ncbi.nlm.nih.gov/pubmed/17334510
719	22.	Gilbert GE, Sims PJ, Wiedmer T, Furie B, Furie BC, Shattil SJ. Platelet-derived
720		microparticles express high affinity receptors for factor VIII. J Biol Chem. 1991;266: 17261-

721 17268.

722	23.	Sims PJ, Faioni EM, Wiedmer T, Shattil SJ. Complement proteins C5b-9 cause release of
723		membrane vesicles from the platelet surface that are enriched in the membrane receptor for
724		coagulation factor Va and express prothrombinase activity. J Biol Chem. 1988;263: 18205-
725		18212.
726	24.	Aleman MM, Gardiner C, Harrison P, Wolberg AS. Differential contributions of monocyte-
727		and platelet-derived microparticles towards thrombin generation and fibrin formation and
728		stability. J Thromb Haemost. 2011;9: 2251-2261. doi:10.1111/j.1538-7836.2011.04488.x
729	25.	Tripisciano C, Weiss R, Eichhorn T, Spittler A, Heuser T, Fischer MB, et al. Different
730		Potential of Extracellular Vesicles to Support Thrombin Generation: Contributions of
731		Phosphatidylserine, Tissue Factor, and Cellular Origin. Sci Rep. 2017;7: 6522.
732		doi:10.1038/s41598-017-03262-2
733	26.	van der Meijden PEJ, van Schilfgaarde M, van Oerle R, Renné T, ten Cate H, Spronk HMH.
734		Platelet- and erythrocyte-derived microparticles trigger thrombin generation via factor XIIa. J
735		Thromb Haemost. 2012;10: 1355–1362. doi:10.1111/j.1538-7836.2012.04758.x
736	27.	Rubin O, Delobel J, Prudent M, Lion N, Kohl K, Tucker EI, et al. Red blood cell-derived
737		microparticles isolated from blood units initiate and propagate thrombin generation.
738		Transfusion. 2013;53: 1744–1754. doi:10.1111/trf.12008
739	28.	Khaspekova SG, Antonova OA, Shustova ON, Yakushkin V V., Golubeva N V., Titaeva E V.,
740		et al. Activity of tissue factor in microparticles produced in vitro by endothelial cells,
741		monocytes, granulocytes, and platelets. Biochem (Moscow). 2016;81: 114-121.
742		doi:10.1134/S000629791602005X
743	29.	Shustova ON, Antonova OA, Golubeva N V., Khaspekova SG, Yakushkin V V., Aksuk SA, et
744		al. Differential procoagulant activity of microparticles derived from monocytes, granulocytes,
745		platelets and endothelial cells. Blood Coagul Fibrinolysis. 2017;28: 373-382.

746 doi:10.1097/MBC.00000000000000609

747	30.	Antonova OA,	Shustova ON.	Yakushkin V	7 V.	Alchinova I	Β,	Karganov MY.	Mazurov A	۱V
		,								

- 748 Coagulation properties of erythrocyte derived membrane microparticles. Biochem (Moscow)
- 749 Suppl Ser B Biomed Chem. 2019;13: 237–243. doi:10.1134/S1990750819030028
- 750 31. Khaspekova SG, Antonova OA, Shustova ON, Yakushkin V V., Golubeva N V., Titaeva E V.,
- et al. Activity of tissue factor in microparticles produced in vitro by endothelial cells,
- monocytes, granulocytes, and platelets. Biochem (Moscow). 2016;81: 114–121.
- 753 doi:10.1134/S000629791602005X
- 32. Van Der Meijden PE, Van Schilfgaarde M, Van Oerle R, Renne T, ten Cate H, Spronk HM.

755 Platelet- and erythrocyte-derived microparticles trigger thrombin generation via factor XIIa. J

756 Thromb Haemost. 2012/04/28. 2012;10: 1355–1362. doi:10.1111/j.1538-7836.2012.04758.x

757 33. Balandina AN, Serebriyskiy II, Poletaev A V, Polokhov DM, Gracheva MA, Koltsova EM, et

al. Thrombodynamics-A new global hemostasis assay for heparin monitoring in patients under

the anticoagulant treatment. PLoS One. 2018;13: e0199900.

- 760 doi:10.1371/journal.pone.0199900
- 761 34. Dashkevich NM, Vuimo TA, Ovsepyan RA, Surov SS, Soshitova NP, Panteleev MA, et al.

762 Effect of Pre-Analytical Conditions on the Thrombodynamics Assay. Thromb Res. 2014;133:

- 763 472–476. doi:10.1016/J.THROMRES.2013.12.014
- 35. Sinauridze EI, Vuimo TA, Tarandovskiy ID, Ovsepyan RA, Surov SS, Korotina NG, et al.
- 765 Thrombodynamics, a new global coagulation test: Measurement of heparin efficiency.
- 766 Talanta. 2018;180: 282–291. doi:10.1016/j.talanta.2017.12.055
- Arnljots B, Ezban M, Hedner U. Prevention of experimental arterial thrombosis by topical
 administration of active site-inactivated factor VIIa. J Vasc Surg. 1997;25: 341–6. Available:
- 769 http://www.ncbi.nlm.nih.gov/pubmed/9052569
- 770 37. Weisel JW, Nagaswami C. Computer modeling of fibrin polymerization kinetics correlated

771		with electron microscope and turbidity observations: clot structure and assembly are
772		kinetically controlled. Biophys J. 1992;63: 111-28. doi:10.1016/S0006-3495(92)81594-1
773	38.	Dashkevich NM, Ovanesov M V, Balandina AN, Karamzin SS, Shestakov PI, Soshitova NP,
774		et al. Thrombin activity propagates in space during blood coagulation as an excitation wave.
775		Biophys J. 2012;103: 2233-40. doi:10.1016/j.bpj.2012.10.011
776	39.	Ovanesov M V., Ananyeva NM, Panteleev MA, Ataullakhanov FI, Saenko EL. Initiation and
777		propagation of coagulation from tissue factor-bearing cell monolayers to plasma: initiator cells
778		do not regulate spatial growth rate. J Thromb Haemost. 2005;3: 321-331. doi:10.1111/j.1538-
779		7836.2005.01128.x
780	40.	Ovanesov M V, Krasotkina J V, Ul'yanova LI, Abushinova K V, Plyushch OP, Domogatskii
781		SP, et al. Hemophilia A and B are associated with abnormal spatial dynamics of clot growth.
782		Biochim Biophys Acta - Gen Subj. 2002;1572: 45-57. doi:10.1016/S0304-4165(02)00278-7
783	41.	Owen JS, Hutton RA, Day RC, Bruckdorfer KR, McIntyre N. Platelet lipid composition and
784		platelet aggregation in human liver disease. J Lipid Res. 1981;22: 423-30. Available:
785		http://www.ncbi.nlm.nih.gov/pubmed/7240967
786	42.	Dougherty RM, Galli C, Ferro-Luzzi A, Iacono JM. Lipid and phospholipid fatty acid
787		composition of plasma, red blood cells, and platelets and how they are affected by dietary
788		lipids: a study of normal subjects from Italy, Finland, and the USA. Am J Clin Nutr. 1987;45:
789		443-455. doi:10.1093/ajcn/45.2.443
790	43.	Hamid M, Kunicki T, Aster R. Lipid composition of freshly prepared and stored platelet
791		concentrates. Blood. 1980;55: 124-130.
792	44.	Douste-Blazy L, Chap H, Gautheron P. Platelet lipid composition. Haemostasis. 1973;2: 85-
793		91. doi:10.1159/000214009
794	45.	Cohen P, Derksen A. Comparison of Phospholipid and Fatty Acid Composition of Human
795		Erythrocytes and Platelets. Br J Haematol. 1969;17: 359-371. doi:10.1111/j.1365-

33

796 2141.1969.tb01382.x

- 46. Lipets E, Vlasova O, Urnova E, Margolin O, Soloveva A, Ostapushchenko O, et al.
- 798 Circulating contact-pathway-activating microparticles together with factors IXa and XIa
- induce spontaneous clotting in plasma of hematology and cardiologic patients. PLoS One.
- 800 2014;9: e87692. doi:10.1371/journal.pone.0087692
- 47. Alchinova IB, Khaspekova SG, Golubeva NV, Shustova ON, Antonova OA, Karganov MY,
- 802 et al. Comparison of the size of membrane microparticles of different cellular origin by
- dynamic light scattering. Dokl Biochem Biophys. 2016;470: 322–325.
- doi:10.1134/S1607672916050045
- 48. Marques FK, Campos FMF, Filho OAM, Carvalho AT, Dusse LMS, Gomes KB. Circulating
 microparticles in severe preeclampsia. Clin Chim Acta. 2012;414: 253–258.
- doi:10.1016/J.CCA.2012.09.023
- 49. Tripodi A, Branchi A, Chantarangkul V, Clerici M, Merati G, Artoni A, et al.
- 809 Hypercoagulability in patients with type 2 diabetes mellitus detected by a thrombin generation
- assay. J Thromb Thrombolysis. 2011;31: 165–172. doi:10.1007/s11239-010-0506-0
- 811 50. Arraud N, Gounou C, Turpin D, Brisson AR. Fluorescence triggering: A general strategy for
- 812 enumerating and phenotyping extracellular vesicles by flow cytometry. Cytom Part A.
- 813 2016;89: 184–195. doi:10.1002/cyto.a.22669
- 51. Chandler WL, Yeung W, Tait JF. A new microparticle size calibration standard for use in
- 815 measuring smaller microparticles using a new flow cytometer. J Thromb Haemost. 2011;9:
- 816 1216–24. doi:10.1111/j.1538-7836.2011.04283.x
- 817 52. Kastrup CJ, Runyon MK, Shen F, Ismagilov RF. Modular chemical mechanism predicts
- 818 spatiotemporal dynamics of initiation in the complex network of hemostasis. Proc Natl Acad
- 819 Sci U S A. 2006;103: 15747–52. doi:10.1073/pnas.0605560103
- 53. Ollivier V, Wang J, Manly D, Machlus KR, Wolberg AS, Jandrot-Perrus M, et al. Detection of

821		endogenous tissue factor levels in plasma using the calibrated automated thrombogram assay.
822		Thromb Res. 2010;125: 90–96. doi:10.1016/j.thromres.2009.03.003
823	54.	Satta N, Freyssinet J-M, Toti F. The significance of human monocyte thrombomodulin during
824		membrane vesiculation and after stimulation by lipopolysaccharide. Br J Haematol. 1997;96:
825		534–542. doi:10.1046/j.1365-2141.1997.d01-2059.x
826	55.	Lacroix R, Dubois C, Leroyer AS, Sabatier F, Dignat-George F. Revisited role of
827		microparticles in arterial and venous thrombosis. J Thromb Haemost. 2013;11: 24-35.
828		doi:10.1111/jth.12268
829	56.	Horstman LL, McCauley RF, Jy W, Ahn YS. Tissue Factor-Negative Cell-Derived
830		Microparticles Play a Distinctive Role in Hemostasis: A Viewpoint Review. Semin Thromb
831		Hemost. 2019;45: 509-513. doi:10.1055/s-0039-1688570
832		
833		Supplementary materials
834		S1 Movie. Video of clots growing from activator and spontaneous clots in MP-depleted
835	plasm	a supplemented with MPs of different origins in different concentrations.
836		Fig. S1. Dependence of the time of the first 5 spontaneous clots appearances on time. Data are
837	repres	sented for (A) platelet MPs, (B) erythrocyte MPs, (C) endothelial MPs, and (D) monocyte MPs.
838	Dots	correspond to individual tests, the mean values of $t_{N=5}$ at different concentrations are connected
839	with l	ines, and symbols of different types and colours correspond to different MPs samples.
840		Fig. S2. Comparison of the maximal light scattering intensity in the centres of spontaneous
841	clots	and of clots growing from activator. The maximal light scattering intensity dependence on the
842	conce	entration of (A) platelet MPs, (B) erythrocyte MPs, (C) endothelial MPs, and (D) monocyte MPs.
843	The r	naximal light scattering intensity in the centres of spontaneous clots is denoted with opened
844	symb	ols, and that of clots growing from activator is denoted with filled symbols.

Fig. S3. Concentration dependence of the maximal light scattering intensity in the centres of spontaneous clots. Data represent (A) platelet MPs, (B) erythrocyte MPs, (C) endothelial MPs, and (D) monocyte MPs. Dots correspond to individual tests, the mean values of VI at different concentrations are connected with lines, and symbols of different types and colours correspond to different MP samples.

Fig. S4. Concentration dependence of the rate of coagulation from propagation from centres of spontaneous clots. Data represent (A) platelet MPs, (B) erythrocyte MPs, (C) endothelial MPs, and (D) monocyte MPs. Dots correspond to individual tests, the mean values of VI at different concentrations are connected with lines, and symbols of different types and colours correspond to different MP samples.



Clot growth in normal platelet poor plasma

Α

Clot growth in plasma supplemented with microparticles





С

50

60

В



А

	buffer	VIIai	CTI	VIIai, CTI	60 50				Ţ,	no inhibitors
PMPs	2	1		11.12	40-					CTI VIIai+CTI
ErMPs	J.E.	1 and			(mim) 30					
EMPs					⁶ 20 −	⊾		I	I	
MMPs					10-		I			
THP MPs					PMP	ErMPS E	MPS M	MPS THP	MPS	•

Figure

В

	5 min	15 min	30 min	45 min	60 min
MP depleted plasma					
Dointxy preprint doi: https://	doi.org/10.1101/2020.01.06.895722; th peer review) is the author/funder, who made available uncer aC	s version posted January 6, 2020. The has granted bioRxiv a license to displa C-BY 4.0 International license	copyright holder for this preprint by the proprint in perpetuity. It is		
ErMPs				B	
EMPs				15	
		1. 3. 4 4 T			

















	PMPs	EMPs	ErMPs	MMPs
PMPs	1	0,22	3,5·10 ⁻⁶	0,002
EMPs		1	4·10 ⁻⁵	8·10 ⁻⁵
ErMPs			1	1,4·10 ⁻¹⁰
MMPs				1

	PMPs	EMPs	ErMPs	MMPs
PMPs	1	0,12	0,021	1,05.10-4
EMPs		1	9·10 ⁻⁷	0,06
ErMPs			1	3·10 ⁻⁸
MMPs				1







	PMPs	EMPs	ErMPs	MMPs
PMPs	1	0,094	1,8*10 ⁻¹⁶	2,4*10 ⁻¹³
EMPs		1	1,8*10 ⁻²⁵	2,4*10 ⁻⁵
ErMPs			1	<10 ⁻²⁵
MMPs				1

	PMPs	EMPs	ErMPs	MMPs
PMPs	1	2,4*10 ⁻⁵	1,2*10 ⁻¹²	4*10 ⁻¹³
EMPs		1	6*10 ⁻²⁶	9*10 ⁻⁴
ErMPs			1	<10 ⁻²⁵
MMPs				1







