Title: A Precision Medicine Approach to Stress Testing Using Metabolomics and Microribonucleic Acids

Alexander T. Limkakeng Jr., MD, MHSc, FACEP¹ (Corresponding Author), Laura-Leigh Rowlette, BS², Ace Hatch, PhD³, Andrew B. Nixon, PhD³, Olga Ilkayeva, PhD⁴, David L. Corcoran, PhD⁵, Jennifer L. Modliszewski, PhD⁵, S. Michelle Griffin, MPH, EMT¹, Ephraim L. Tsalik MD, PhD^{6,7,8}, Geoffrey S. Ginsburg MD, PhD^{6,9}, Deepak Voora, MD^{6,9}

1. Division of Emergency Medicine, Duke University, Durham, North Carolina, United States of America
2. Sequencing & Genomic Technologies Shared Resource, Duke Center for Genomic and Computational Biology, Duke University, Durham, North Carolina, United States of America
3. Division of Medical Oncology, Duke University, Durham, North Carolina, United States of America
4. Duke Molecular Physiology Institute, Duke University, Durham, North Carolina, United States of America
5. Genomic Analysis and Bioinformatics Shared Resource, Duke Center for Genomic and Computational Biology, Duke University, Durham, North Carolina, United States of America
6. Center for Applied Genomics & Precision Medicine, Duke University, Durham, North Carolina, United States of America
7. Emergency Medicine Service, Durham Veterans Affairs Health Care System, Durham, NC USA
8. Division of Infectious Diseases & International Health, Department of Medicine, Duke University, Durham, North Carolina, United States of America
9. Division of Cardiology, Duke University, Durham, North Carolina, United States of America

*Corresponding Author email: alexander.limkakeng@duke.edu (ATL)

ABSTRACT

Background: Acute coronary syndrome (ACS) is a growing global health problem, and precision medicine techniques hold promise for the development of diagnostic indicators of ACS. In this pilot, we sought to assess the utility of an integrated analysis of metabolomic and microRNA data in peripheral blood to distinguish patients with abnormal cardiac stress testing from matched controls.

Methods: We used prospectively collected samples from emergency department (ED) patients placed in an ED-based observation unit who underwent stress testing for ACS. We isolated microRNA and quantified metabolites from plasma collected before and after stress testing in patients with myocardial ischemia on stress testing versus those with normal stress tests. The combined metabolomic and microRNA data were analyzed jointly for case (ischemia) and 1:1 matched control patients in a supervised, dimension-reducing discriminant analysis. Two integrative models were implemented: a baseline model utilizing data collected prior to stress-testing (T0) and a stress-delta model, which included the difference between post-stress test (T1) and pre-stress test (T0).

Results: Seven case patients with myocardial ischemia on ED cardiac stress testing (6 females, 85% Caucasian, mean Thrombolysis In Myocardial Infarction Score=3, 4 patients ultimately received percutaneous coronary intervention) were 1:1 age and sex-matched to controls. Several metabolites and microRNAs were differentially expressed between cases and controls. Integrative analysis of the baseline levels of metabolites and microRNA expression showed modest performance for distinguishing cases from controls with an overall error rate of 0.143. The stress-delta model showed worse performance for distinguishing cases from controls, with an overall error rate of 0.500.

Conclusions: Given our small sample size, results are hypothesis-generating. However, this pilot study shows a potential method for a precision medicine approach to cardiac stress testing in patients undergoing workup for ACS.

Keywords: Coronary heart disease, stress testing, metabolomics, transcriptomics, microRNA, precision medicine

Introduction

Acute Coronary Syndrome (ACS). remains one of the most significant health problems globally(1). A cornerstone of risk assessment for ACS is provocative stress testing(2-5). Conceptually, stress testing is composed of two elements, a stressor and an evaluation of function. The evaluative function of stress testing currently depends on imaging technology to evaluate for the presence of ischemic myocardium. However, imaging evaluation requires specialized equipment and technical expertise. A blood-based biomarker approach to cardiac stress testing could obviate the need for expensive equipment or highly trained personnel.

MicroRNAs are small non-coding segments of RNA circulating that can be found in the bloodstream and act as paracrine regulators of local cellular gene transcription(6). MicroRNA profiles may be able to distinguish among various causes of myocardial injury, e.g. myocardial ischemia from heart failure(7). Based on prior literature, a number of microRNAs seem promising for identifying myocardial ischemia from coronary artery disease: miR-1(8-12), miR-133(8, 9, 13), miR-208(9, 12, 14), miR-499(8, 9, 12-14), miR-126(10, 13, 15). Thus, microRNAs are a promising area of biomarker research.

Metabolomics is another promising modality for the characterization of function in high-energy utilization organs such as the heart. Such analyses examine a wide range of fundamental biological molecules, many of which are connected to underlying metabolic processes in the body such as fatty acids and oxidation products. The concentration of these molecules can also rapidly change in response to acute disease states. It has been shown that certain amino acids and acylcarnitines levels in peripheral blood are associated with long-term risk of cardiovascular disease, particularly coronary related(16-18). We previously reported the analysis of stress-induced changes in selected metabolites including amino acids and acylcarnitines(19).

In current clinical practice, the information gathered from stress testing is usually reduced down to a single data dimension to simplify decision-making. However, it is widely recognized that a precision medicine strategy for chest pain evaluation will require expanding the number of biomarkers (whether blood-based, imaging, or in other forms) and to integrate information to provide a more accurate answer. The challenge associated with expanding the number of biomarkers is that very large datasets can be problematic for biostatistical analysis. However, several dimension-reducing biostatistical approaches now allow the integration of large datasets from different categories of molecules(20).

In this paper, we used transcriptomic and metabolomic approaches to demonstrate the feasibility of a biomarker-based stress test using precision medicine techniques. We also sought to develop the technical capabilities and protocols to study serially measured microRNAs and metabolites in patients undergoing cardiac stress testing for symptoms of ACS. We believe this novel model of stress testing represents an exciting opportunity to apply a precision medicine approach to cardiac disease diagnosis and prognosis.

Methods

Study setting and population

We conducted a pilot study to determine whether serial microRNA and metabolomic data could be combined to enhance the diagnostic performance of cardiac stress testing. We used peripheral blood samples in EDTA collection tubes from a biorepository created to study changes in high-sensitivity troponin and B-type natriuretic peptide during stress testing. This biorepository has been previously described(21, 22). Briefly, samples were collected from adult emergency department (ED) patients who had symptoms of ACS and who underwent stress testing in our observation unit. All patients, as a condition of enrollment, underwent standard symptom-limited Bruce Protocol exercise echocardiogram tests as part of their usual care. These tests reported the presence or absence of inducible myocardial ischemia, defined as stress-induced regional wall motion abnormality in at least one segment. All tests were interpreted by board-certified cardiologists who were blinded to any biomarker data. Two reviewers independently confirmed the accuracy of the reports for this study. Patients had follow-up phone calls at one year.

Metabolomic analyses

Similar to our prior work(19), we used standard mass spectrometry to determine plasma quantities of selected acylcarnitines and amino acids, as previously described (Table 1)(23). We used standard liquid-handling steps for the Genesis RSP 150/4 Robotic Sample Processor (Tecan AG, Maennedorf, Switzerland). Plasma samples were spiked with cocktails of stable isotope-labeled standards specific to each assay module for quantitative measurement of these targeted analytes. The proteins were precipitated with methanol, supernatant dried, and esterified with hot, acidic methanol (acylcarnitines) or n-butanol (amino acids). We then used

tandem mass spectrometry on a Quattro Micro instrument (Waters Corporation, Milford, MA) to analyze acylcarnitines and amino acids. The lower level of quantitation for amino acids was 0.5 μ M and for acylcarnitines the limit of quantitation was 0.015 μ M.

Table 1. Metabolites Assayed

Amino Acids	Acylcarnitines		
Alanine	C2	C10:2	C16:1
Arginine	C3	C10:1	C16
Asparagine	C4/Ci4	C10	C16:1-OH/C14:1-DC
Citrulline	C5:1	C7-DC	C16-OH/C14-DC
Glutamine	C5	C8:1-DC	C18:2
Glycine	C4-OH	C10-OH/C8-DC	C18:1
Histidine	C6	C12:1	C18
Leucine/Isoleucine	C5-OH/C3-DC	C12	C18:2-OH
Methionine	C4-DC/Ci4-DC	C12-OH/C10-DC	C18:1-OH/C16:1-DC
Ornithine	C8:1	C14:2	C18-OH/C16-DC
Phenylalanine	C8	C14:1	C20:4
Proline	C5-DC	C14	C20
Serine	C8:1-OH/C6:1-DC	C14:1-OH	C18:1-DC
Tyrosine	C6-DC	C14-OH/C12-DC	C20-OH/C18-DC
Valine	C10:3	C16:2	C22

MicroRNA analyses

We extracted RNA using the Qiagen miRNeasy Serum/Plasma Advanced Kit (Qiagen, Frederick, MD) from plasma collected in ethylenediamine tetraacetic acid (EDTA) tubes. We used a standard QIASeq miRNA Library Kit protocol (Qiagen, Frederick, MD) for library preparation, and library quality control (QC) was performed on the Agilent Bioanalyzer with the Deoxyribonucleic Acid (DNA) High-Sensitivity Assay. Samples were sequenced on the Illumina (San Diego, CA) HiSeq 4000 Sequencer at 50 bp Single Read.

Data Analysis

For all analytes, comparisons were made between cases and controls at baseline (baseline model), and the difference between pre- and post- stress test (stress-delta model).

MicroRNA analysis

SmRNA-seq data were processed using the Trim Galore toolkit(24), which employs Cutadapt(25) to trim low-quality bases and Illumina sequencing adapters from the 3' end of the reads. Only reads that were 18-28 nucleotides in length after trimming were kept for further analysis. Reads were mapped to the hg19 version of the human genome using the Bowtie alignment tool(26). Reads were kept for subsequent analysis if they mapped to no more than 13 genomic locations. Gene counts were compiled using custom scripts that compare mapped read coordinates to the miRbase microRNA database(27). Reads that match the coordinates of the known mature microRNAs were kept if they perfectly matched the coordinates of the miRNA seed while not varying by more than 2 nucleotides on the 3' end of the mature miRNA. Only mature miRNAs that had at least 10 reads in any given sample were used in subsequent analysis. Normalization was performed using the DESeq2 Bioconductor package from the R statistical programming environment applying the 'poscounts' approach to eliminate systematic differences across the samples(28). The normalized data were log-transformed and differential

expression was tested using linear regression. For the stress-delta model, we employed a mixed-effects model with the patient ID as a random effect. The false discovery rate was used to adjust for multiple hypothesis testing.

Targeted metabolite data were log-transformed prior to analysis and a PCA was conducted to assess for the presence of outliers and confounding demographic factors. MicroRNA-Seq count data were also log-transformed. For the integrative analysis, microRNAs that were missing in half or more of the samples were removed from the data set. All integrative analyses were conducted with baseline ("T0", pre-stress test) and delta ("T1" – "T0") data sets, where T1 corresponds to post–stress test samples.

Regularized Canonical Correlation Analysis

Regularized canonical correlation analysis (rCCA) seeks to extract latent variables that maximize the correlation between the two data sets, but with an additional regularization step that reduces the number of variables contributing to each component. An initial leave-one-out cross-validation step can be performed to select the regularization parameters for each data set. To explore correlation between the metabolomic and microRNA baseline and delta datasets, a rCCA was performed in the mixOmics package in R. Five components were retained in our final model.

Integrative Sparse Discriminative Analysis

To identify metabolites and microRNAs that discriminate between control and case subjects, we examined both datasets jointly in the mixOmics package in R using the DIABLO (Data Integration Analysis for Biomarker discovery using Latent variable approaches for 'Omics studies) method. DIABLO is a supervised, dimension-reducing discriminant analysis using a

sparse projection to latent structures analysis with a discriminant component; this performs similar to a canonical correlation analysis with the exception that covariance rather than correlation is maximized.

After determining the optimal number of components, the number of variables for each component was chosen through leave-one-out cross-validation over a grid of possible number of variables per component (minimum=1, maximum=50 and 30 for the baseline and delta data sets, respectively). Performance of the final model was assessed with leave-one-out cross-validation with the centroids distance.

RESULTS

The baseline demographic and clinical characteristics of each subject are summarized in Table 2. Patients had a high rate of hypertension, hyperlipidemia, and diabetes. Six of the 7 Case patients had subsequent coronary angiography during the index visit, with 5 of them having at least one artery with stenosis >50%. Four patients underwent subsequent percutaneous coronary interventions. All Control patients underwent follow up at 1 year from their index ED visit without any cardiac diagnosis being made.

Table 2. Patient Demographics and Clinical Characteristics

Characteristic	Cases N (%)	Controls N (%)
Age (Years), Mean (Range)	63.9 (54-76)	64.0 (55-71)
Sex		
Male	1 (14.3%)	1 (14.3%)
Female	6 (85.7%)	6 (85.7%)

Race		
Black or African American	1 (14.3%)	3 (42.9%)
White / Caucasian	6 (85.7%)	4 (57.1%)
Hypertension	6 (85.7%)	4 (57.1%)
Diabetes	4 (57.1%)	3 (42.9%)
History of Tobacco Use	3 (42.9%)	0 (0%)
Hyperlipidemia	6 (85.7%)	3 (42.9%)
Past Myocardial Infarction	4 (57.1%)	1 (14.3%)
History of Coronary Artery Disease	5 (71.4%)	2 (28.6%)

Metabolomics Results

The concentrations of assayed amino acids and acylcarnitines both before and after stress testing for each subject are available in S1 File. Among acylcarnitines, acetylcarnitine (C2) and the hexanoylcarnitine (C6-DC/C8-OH) showed the greatest absolute differences in baseline values between cases and controls (7.54 μ M versus 9.92 μ M ($p=0.54$) and 0.12 μ M versus 0.08 μ M, ($p=0.16$) respectively). Among amino acids, glycine, proline, and tyrosine showed the greatest absolute differences in baseline values between cases and controls (421.04 μ M versus 332.96 μ M, ($p=0.17$); 184.87 μ M versus 222.92 μ M, ($p=0.42$); and 62.24 μ M versus 75.08 μ M, ($p=0.13$), respectively).

The greatest absolute differences in stress-delta values between cases and controls were seen in metabolites octanoylcarnitine (C8) and decanoylcarnitine (C10) (-0.004 μ M versus -0.06 μ M ($p=0.39$) and -0.02 μ M versus -0.10 μ M, ($p=0.42$) respectively). Among amino acids proline, valine, and asparagine showed the highest stress delta greatest absolute differences in stress-

delta values between cases and controls (33.86 μ M versus -0.79 μ M, (p=0.24); 4.80 μ M versus -21.75 μ M, (p=0.44); and 10.80 μ M versus -15.57 μ M, (p=0.26).

MicroRNA Results

Among 1,238 microRNAs, 52 were differentially expressed (p<0.05) between cases and controls at baseline and 12 had significantly different stress-deltas with unadjusted analysis. These microRNAs are listed in S2 File. We constructed heat maps (Figs 1 and 2) to show differential baseline and stress-delta microRNA expression in cases and controls. PCA plots demonstrated that moderate variance was explained by MicroRNA principal components (S1-S3 Figs).

Figs 1 and 2. Baseline and Stress-Delta MicroRNA Heatmap. Heat maps demonstrating key baseline and stress-delta microRNAs that are different between case (myocardial ischemia) and matched control patients. The Baseline model (Fig 1) shows the z-score transformed expression value and the Stress-Delta heatmap (Fig 2) shows the log2 (fold-change) values for each patient across time. Both heatmaps have been clustered by both genes and samples using a correlation distance with complete linkage.

Integrative Analysis

We performed rCCA to assess the correlation structure of the metabolomics and microRNA data. Figs 3 and 4 shows the baseline and stress-delta correlations of microRNAs and metabolites derived from the rCCA analysis. Only 6 of the baseline and 18 of the 64 stress-delta metabolites showed correlations above 0.65 with specific microRNAs, suggesting that combining the two datasets provided additive information.

Figs 3 and 4. Regularized Canonical Correlation Analysis Heat Map of MicroRNAs and Metabolites. Regularized Canonical Correlation Analysis heatmap showing

correlations between baseline (3) and stress-delta (4) microRNAs and metabolites as a result of stress testing.

For the integrative discriminant analysis, both the baseline model and the stress-delta model produced a single latent component. We calculated error rates for our integrated analysis model for predicting cases or controls. Integrative analysis of metabolite levels and microRNA expression at baseline showed modest performance for distinguishing cases from controls, with an overall error rate of 0.143 (Table 3). Using stress-delta data actually led to a worse error (0.500) for distinguishing cases from controls.

Table 3. Integrative Model Performance. Error rates are shown for each group individually (Case and Control). The weighted vote error rate is calculated by assigning each data set a weight based on the correlation between its latent component and the outcome.

Group	Weighted Vote Baseline	Weighted Vote Stress Delta
Case	0.000	0.571
Control	0.286	0.429
Overall Error Rate	0.143	0.500

Figs 5 and 6 show a plot of individual subject scores for microRNA and metabolites latent components, using only those microRNAs and metabolites that were retained in the baseline and stress-delta integrative model. Cases and controls can be visually separated along these two axes representing each category's latent component. It should be noted that these results represent a best-case estimate of our model's ability to distinguish cases from controls given that the model was tested on the same data that it was trained on.

Fig 5 and 6. Plot of Coordinates for Individual Patients from the Baseline (Fig 5) and Stress-Delta (Fig 6) Integrative Model Using Both Metabolomic and MicroRNA Data. Control (grey triangle) vs. case (red circle) separation in the stress-delta integrative model.

Finally, we present the results for loadings to the model. These metabolites and microRNAs are the ones that were the most influential on the latent component. For the baseline model, the two analytes with the highest loadings were mir-665 and C18:1-DC. The loadings of selected metabolites and microRNAs for the component in the stress-delta model are shown in Fig 7. Analytes with the highest loadings are relatively equally divided between metabolites and microRNAs, suggesting value in combining both datasets.

Fig 7. Metabolite and MicroRNA Loadings from the Latent Component Of Stress-Delta Integrative Model. Specific stress-delta metabolites and microRNAs that loaded to the latent component of the stress-delta model is shown. Case samples cluster on the lower end of the first component. A negative loading for a particular analyte indicates it increased in cases, whereas a positive loading indicates that is increased in controls.

DISCUSSION

Although the observable features of myocardial ischemia have been noted for almost a century(29), stress testing has largely remain unchanged for the past three decades(5). Current stress test modalities do not widely utilize multiple modes of information to enhance prediction accuracy. Simple examples of multi-modal stress tests exist, e.g. the Duke Treadmill Score(30), which combines exercise tolerance information and electrocardiogram characteristics to make a prediction of future risk. However, these multi-modal stress tests do not take advantage of the large amounts of data that we are currently capable of collecting from patients' blood samples.

Although our current modalities of stress testing are sensitive for obstructive coronary disease, their accuracy can be further improved, particularly for identifying specific high-risk phenotypes that benefit from emerging therapies.

In contrast to the blood-based biomarker approach for evaluation of acute myocardial infarction, currently assessment for myocardial ischemia and/or obstructive coronary artery is heavily imaging-dependent. Use of serial biomarkers is not routine practice for assessing myocardial ischemia, especially in the context of a stress test. Thus, this study presents a novel paradigm for assessing patients for myocardial ischemia. Our current ability to serially measure multiple blood-based molecules presents an opportunity to develop more sophisticated multi-modal stress tests that incorporate large amounts of data.

We have previously examined the utility of blood-based biomarkers to enhance cardiac stress testing(19, 21, 22). In this pilot study, we outline the methodology to further develop a biomarker-augmented stress test using a precision medicine approach. First, we identified several differences at baseline, post-stress, and stress-delta between cases and controls, largely as a consequence of the large number of analytes we assessed. While a great deal of prior literature has examined baseline (resting) biomarkers for prediction of coronary heart disease, stress-delta biomarker assessments give us the ability to assess acute changes in response to a controlled ischemic event, with the benefit of within-patient control for baseline values. We were able to assess a large number of potential biomarkers in each blood sample, creating the possibility of a systems biology approach to biomarker discovery.

Systems biology is an efficient approach to both understanding pathophysiologic mechanisms and identifying clinically useful biomarkers. MicroRNAs are an ideal clinical biomarker target to identify myocardial ischemia because their peripheral blood concentration

can change rapidly in response to disease and they remain stable and detectable in the peripheral bloodstream. Our study demonstrates that microRNAs can be easily isolated from peripheral blood plasma and analyzed accurately in serial fashion. Furthermore, many candidate microRNAs appear to differentiate patients with myocardial ischemia from those with normal studies, suggesting promise for future studies in larger patient cohorts.

Likewise, metabolomics may be an ideal means to obtain information on the viability of the heart because of the organ's dynamic nature. Numerous studies have demonstrated that resting baseline metabolite abnormalities are associated with adverse cardiovascular outcomes(18, 31, 32). Furthermore, myocardial ischemia is known to cause dysregulated energy utilization of myocardial cells(33). A previous study(17) demonstrated that a number of metabolites change dynamically in patients with ischemic stress tests compared to normal controls. Our prior work showed that alanine, C14:1-OH, C16:1, C18:2, C20:4 demonstrated patterns of acute changes in ischemic patients that were different from normal controls. In the current study, our small sample size was underpowered to confirm or refute this finding. However, combining metabolomics with microRNA data did provide additive diagnostic information. Other categories of molecules could be used in a precision medicine stress test, such as proteomics, immune mediators, catecholamine levels, and traditional markers of cardiac necrosis or stress.

As a pilot study, there are many limitations to this analysis. The small sample size and large number of analytes examined precludes us from making definitive statements about the importance of any specific analyte for our stress-delta paradigm. It is important to note that the error rates represent a best-case estimate of what is expected given that they are based on the same data the model was trained on. Our limited sample size prevented us from performing a validation in an independent cohort. In the future, we hope to collect a large set of samples

which will enable us to have separate testing and validation cohorts to fully measure the robustness of this model. Furthermore, our patients were chosen from a cohort of patients referred for stress testing in a single center's emergency department observation unit. Use of a biomarker-augmented stress test needs to be studied in a more representative patient sample in the future.

CONCLUSIONS

In this pilot study of patients undergoing cardiac stress testing, we analyzed serially drawn blood samples for microRNA and metabolite levels. We demonstrated how these data could be used to differentiate patients with myocardial ischemia on imaging from normal controls. Based on this pilot, we intend to further study this paradigm of stress testing in a larger cohort. Our current paradigm of cardiac stress testing can be enhanced by systematic molecular profiling techniques. Future work should be conducted to identify the specific modalities and/or analytes that change dynamically in the setting of induced myocardial ischemia.

Acknowledgements

We would like to acknowledge manuscript preparation assistance by Ms. Ashley Morgan.

The dataset(s) supporting the conclusions of this article is(are) included within the article (and its additional file(s)).

- Competing interests: Dr. Ginsburg report having an unlicensed patent on a metabolomic finding. Dr. Ginsburg also serves on the Scientific Advisory Board for CardioDx. Drs. Ginsburg, Limkakeng, and Voora have received research funding from Abbott Laboratories. Dr. Limkakeng has also received prior research grants from Roche

372 International, and Siemens Healthcare Diagnostics. No other competing interests to
373 declare.

- 374 • Funding: The current study was made possible by funding support via a Pilot Grant from
375 the Emergency Medicine Foundation. Samples were collected in a prior study that was
376 supported by an investigator-initiated grant from Abbott Laboratories. The authors
377 retained possession of all data and decision on whether to publish at all times.

References

1. Heart Disease and Stroke Statistics—2014 Update. *Circulation*. 2013;129:e28-292.
2. Fleischmann KE, Hunink MG, Kuntz KM, Douglas PS. Exercise echocardiography or exercise SPECT imaging? A meta-analysis of diagnostic test performance. *JAMA*. 1998;280(10):913-20.
3. Verani MS. Thallium-201 single-photon emission computed tomography (SPECT) in the assessment of coronary artery disease. *Am J Cardiol*. 1992;70(14):3E-9E.
4. Paetsch I, Jahnke C, Ferrari VA, Rademakers FE, Pellikka PA, Hundley WG, et al. Determination of interobserver variability for identifying inducible left ventricular wall motion abnormalities during dobutamine stress magnetic resonance imaging. *Eur Heart J*. 2006;27(12):1459-64.
5. Sawada SG, Ryan T, Conley MJ, Corya BC, Feigenbaum H, Armstrong WF. Prognostic value of a normal exercise echocardiogram. *Am Heart J*. 1990;120(1):49-55.
6. Gidlof O, van der Brug M, Ohman J, Gilje P, Olde B, Wahlestedt C, et al. Platelets activated during myocardial infarction release functional miRNA, which can be taken up by endothelial cells and regulate ICAM1 expression. *Blood*. 2013;121(19):3908-17, s1-26.
7. Doran B, Voora D. Circulating extracellular vesicles containing miRNAs may have utility as early biomarkers for cardiac injury. *Annals of translational medicine*. 2016;4(Suppl 1):S60.
8. D'Alessandra Y, Devanna P, Limana F, Straino S, Di Carlo A, Brambilla PG, et al. Circulating microRNAs are new and sensitive biomarkers of myocardial infarction. *European heart journal*. 2010;31(22):2765-73.

- 399 9. Wang R, Li N, Zhang Y, Ran Y, Pu J. Circulating microRNAs are promising novel
400 biomarkers of acute myocardial infarction. Internal medicine (Tokyo, Japan). 2011;50(17):1789-
401 95.
- 402 10. Long G, Wang F, Duan Q, Chen F, Yang S, Gong W, et al. Human circulating microRNA-1
403 and microRNA-126 as potential novel indicators for acute myocardial infarction. International
404 journal of biological sciences. 2012;8(6):811-8.
- 405 11. Ai J, Zhang R, Li Y, Pu J, Lu Y, Jiao J, et al. Circulating microRNA-1 as a potential novel
406 biomarker for acute myocardial infarction. Biochemical and biophysical research
407 communications. 2010;391(1):73-7.
- 408 12. Oerlemans MI, Mosterd A, Dekker MS, de Vrey EA, van Mil A, Pasterkamp G, et al. Early
409 assessment of acute coronary syndromes in the emergency department: the potential
410 diagnostic value of circulating microRNAs. EMBO molecular medicine. 2012;4(11):1176-85.
- 411 13. De Rosa S, Fichtlscherer S, Lehmann R, Assmus B, Dimmeler S, Zeiher AM. Transcoronary
412 concentration gradients of circulating microRNAs. Circulation. 2011;124(18):1936-44.
- 413 14. Devaux Y, Vausort M, Goretti E, Nazarov PV, Azuaje F, Gilson G, et al. Use of circulating
414 microRNAs to diagnose acute myocardial infarction. Clinical chemistry. 2012;58(3):559-67.
- 415 15. Zampetaki A, Willeit P, Tilling L, Drozdov I, Prokopi M, Renard JM, et al. Prospective
416 study on circulating MicroRNAs and risk of myocardial infarction. Journal of the American
417 College of Cardiology. 2012;60(4):290-9.
- 418 16. DeFilippis AP, Trainor PJ, Hill BG, Amraotkar AR, Rai SN, Hirsch GA, et al. Identification of
419 a plasma metabolomic signature of thrombotic myocardial infarction that is distinct from non-

420 thrombotic myocardial infarction and stable coronary artery disease. PloS one.
421 2017;12(4):e0175591.

422 17. Sabatine MS, Liu E, Morrow DA, Heller E, McCarroll R, Wiegand R, et al. Metabolomic
423 identification of novel biomarkers of myocardial ischemia. Circulation. 2005;112(25):3868-75.

424 18. Shah SH, Sun JL, Stevens RD, Bain JR, Muehlbauer MJ, Pieper KS, et al. Baseline
425 metabolomic profiles predict cardiovascular events in patients at risk for coronary artery
426 disease. American heart journal. 2012;163(5):844-50 e1.

427 19. Limkakeng AT, Jr., Henao R, Voora D, O'Connell T, Griffin M, Tsalik EL, et al. Pilot study of
428 myocardial ischemia-induced metabolomic changes in emergency department patients
429 undergoing stress testing. PloS one. 2019;14(2):e0211762.

430 20. Yu XT, Zeng T. Integrative Analysis of Omics Big Data. Methods in molecular biology
431 (Clifton, NJ). 2018;1754:109-35.

432 21. Limkakeng AT, Jr., Leahy JC, Griffin SM, Lokhnygina Y, Jaffa E, Christenson RH, et al.
433 Provocative biomarker stress test: stress-delta N-terminal pro-B type natriuretic peptide. Open
434 heart. 2018;5(2):e000847.

435 22. Limkakeng AJ, Drake W, Lokhnygina Y, Meyers H, Shogilev D, Christenson R, et al.
436 Myocardial Ischemia on Cardiac Stress Testing Is Not Associated with Changes in Troponin T
437 Levels. J of App Lab Med 2017;5:532-43.

438 23. Newgard CB, An J, Bain JR, Muehlbauer MJ, Stevens RD, Lien LF, et al. A branched-chain
439 amino acid-related metabolic signature that differentiates obese and lean humans and
440 contributes to insulin resistance. Cell metabolism. 2009;9(4):311-26.

441 24. : Babraham Bioinformatics; 2019 [Available from:
442 http://www.bioinformatics.babraham.ac.uk/projects/trim_galore.

443 25. Martin M. Cutadapt removes adapter sequences from high-throughput sequencing
444 reads. EMBnetjournal. 2011;17(1):10.

445 26. Langmead B, Trapnell C, Pop M, Salzberg SL. Ultrafast and memory-efficient alignment
446 of short DNA sequences to the human genome. Genome Biol. 2009;10(3):R25.

447 27. Kozomara A, Griffiths-Jones S. miRBase: annotating high confidence microRNAs using
448 deep sequencing data. Nucleic Acids Res. 2014;42(Database issue):D68-73.

449 28. Love MI, Huber W, Anders S. Moderated estimation of fold change and dispersion for
450 RNA-seq data with DESeq2. Genome Biol. 2014;15(12):550.

451 29. Tennant R, Wiggers C. The effects of coronary occlusion on myocardial contraction. . Am
452 J Physiol. 1935;112::351-61.

453 30. Mark DB, Shaw L, Harrell FE, Jr., Hlatky MA, Lee KL, Bengtson JR, et al. Prognostic value
454 of a treadmill exercise score in outpatients with suspected coronary artery disease. The New
455 England journal of medicine. 1991;325(12):849-53.

456 31. Wurtz P, Havulinna AS, Soininen P, Tynkkynen T, Prieto-Merino D, Tillin T, et al.
457 Metabolite profiling and cardiovascular event risk: a prospective study of 3 population-based
458 cohorts. Circulation. 2015;131(9):774-85.

459 32. Shah SH, Bain JR, Muehlbauer MJ, Stevens RD, Crosslin DR, Haynes C, et al. Association
460 of a peripheral blood metabolic profile with coronary artery disease and risk of subsequent
461 cardiovascular events. Circulation Cardiovascular genetics. 2010;3(2):207-14.

462 33. Turer AT, Lewis GD, O'Sullivan JF, Elmariah S, Mega JL, Addo TA, et al. Increases in
 463 myocardial workload induced by rapid atrial pacing trigger alterations in global metabolism.
 464 PloS one. 2014;9(6):e99058.

465

466

Supporting information

S1 File. Concentrations Of Assayed Amino Acids And Acylcarnitines Both Before And After Stress Testing.

S2 File. Differentially expressed MicroRNAs between Cases and Controls at Baseline and Stress Delta.

S1 Fig. Pre-Stress Test Principal Component Analysis Plot for MicroRNAs.

Principal component analysis of microRNA concentrations before stress testing to differentiate between case (myocardial ischemia) and matched control patients.

S2 Fig. Post-Stress Test Principal Component Analysis Plot for MicroRNAs.

Principal component analysis of microRNA concentrations after stress testing to differentiate between case (myocardial ischemia) and matched control patients.

S3 Fig. Principal Component Analysis Plot for MicroRNAs Pre-Stress Test Versus Post-Stress Test. Principal component analysis of microRNA concentrations from before stress testing and after stress testing.

S4 Fig. Receiver Operator Curve for Metabolites. Stress-delta metabolite concentrations showed strong discriminative abilities individually. These results represent best case scenarios due to lack of validation cohort.

S5 Fig. Receiver Operator Curve for MicroRNA. Stress-delta MicroRNA concentrations showed strong discriminative abilities individually. These results represent best case scenarios due to lack of validation cohort.

Figure 3

Figure 4

DIABLO loadings plot : Delta Metabolite and microRNA

Figure 7

Figure 1

Figure 2

Figure 5

Figure 6