

1 **The virulence of the *Cryptococcus neoformans* VN1a-5 lineage is highly plastic and**
2 **associated with isolate background.**

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29

30 **Abstract**

31 *Cryptococcus neoformans* most frequently causes disease in immunocompromised patients.
32 However, in Vietnam and east Asia, disease is frequently reported in apparently
33 immunocompetent patients. We have previously shown that almost all such disease is due
34 to a specific lineage of *C. neoformans* – VN1a-5. However, in HIV-infected patients, infections
35 due to this lineage are not associated with worse outcomes. Here, we demonstrate that the
36 VN1a-5 lineage presents different virulence phenotypes depending on its source. Isolates
37 derived from immunocompetent patients are more virulent than those from HIV-infected
38 patients or the environment. Moreover, the virulence phenotype is plastic – sterile culture
39 filtrate from highly virulent VN1a-5 strains can induce increased virulence in less virulent
40 VN1a-5 isolates, which in turn can then induce increased virulence in their low virulence
41 states. We present evidence that this phenomenon is driven by secreted proteins associated
42 with extra-cellular vesicles.

43

44

45 Introduction

46 Cryptococcal meningitis is a devastating disease due to infection with encapsulated yeasts
47 of the *Cryptococcus* genus. The vast majority occurs in HIV-infected patients due to infection
48 with *Cryptococcus neoformans*, and has a high mortality rate¹. Disease in HIV-infected
49 patients has been driven by the clonal expansion of a small number of well-defined lineages.
50 These lineages are widely dispersed globally, but a single lineage predominates in most
51 countries². However, Vietnam is atypical and has two co-dominant circulating lineages
52 (VN1a-5 and VN1a-4), each accounting for approximately 35-40% of cases of meningitis in
53 HIV-infected patients²⁻⁴.

54

55 In addition to HIV-associated disease, cryptococcal meningitis is also well-described in HIV-
56 uninfected patients in Southeast and East Asia⁵⁻⁹. Such patients account for approximately
57 20% of cases at our hospital in Vietnam⁹; the majority of these patients are apparently
58 immunocompetent. Outcomes are similar to those in HIV patients, with 3 month mortality
59 rates in the order of 20-30%⁹. Contrary to other locations in tropical and sub-tropical
60 areas^{10, 11}, most infections in these patients (80%) are due to *C. neoformans*, rather than *C.*
61 *gattii*¹². We previously identified an association between the *C. neoformans* VN1a-5 lineage
62 and disease in these apparently immunocompetent patients, it accounting for
63 approximately 90% of meningitis due to *C. neoformans*^{2,3,12}. Furthermore, HIV-uninfected
64 patients with cryptococcal meningitis due to other lineages were significantly more likely to
65 have co-morbidities associated with immune compromise¹². These data suggest that VN1a-5
66 isolates have increased pathogenic potential. Of note, we do not observe clustering of
67 isolates within the VN1a-5 lineage according to host immune status, signifying that the
68 entire lineage has the potential to cause disease in immunocompetent people².

69

70 Here, we aimed to understand the pathogenic ability of isolates of the VNla-5 lineage. Using
71 the *Galleria mellonella* infection model, we identified differences in virulence between
72 isolates of the VNla-5 lineage of different ecological backgrounds. The most virulent isolates
73 were from HIV-uninfected patients, which were more virulent than VNla-5 isolates from
74 HIV-infected patients or the environment. However, we could induce increased virulence in
75 lower virulence VNla-5 isolates via transfer of sterile culture filtrate derived from highly
76 virulent VNla-5 isolates from immunocompetent patients. Consequently, these ‘induced’
77 isolates could sequentially increase the virulence of other low virulence isolates, and their
78 own ‘naïve’ self. This virulence plasticity is mediated by peptide/protein associated with
79 extracellular vesicles and likely underlies the ability of the VNla-5 lineage to cause disease in
80 immunocompetent people.

81

82 **Results**

83 *Assessing the virulence of C. neoformans VNla-5*

84 We exploited the *Galleria* model of infection to compare the relative virulence of 20 VNla-5
85 clinical isolates from HIV-uninfected patients with 20 VNla-4 isolates from HIV-infected
86 patients (Table S1). VNla-5 infected *Galleria* had a significantly increased hazard of death
87 compared with VNla-4 infected *Galleria* (Hazard Ratio (HR) 1.4, 95% Confidence Interval
88 (95CI) 1.2-1.6, P<0.001) (Figure 1A). After comparing the relative virulence of VNla-5 isolates
89 according to their source we found that *Galleria* infection with isolates from
90 immunocompetent patients was associated with a significantly increased hazard of death
91 compared with infection with isolates from HIV-infected patients (HR 2.2, 95CI 1.6 – 3.0,
92 P<0.001), or with isolates from the environment (HR 5.7, 95CI 3.9 – 8.4, P<0.001, Figure 1B).

93

94 Hypothesising that the difference in virulence phenotype by ecological background was a
95 function of a previous infection experience we six-fold passaged environmental organisms
96 through *Galleria*. The virulence phenotype of the environmental isolates remained stable
97 over these multiple passages through *Galleria* with no change in the hazard of death
98 between the infection with the 'naïve' environmental isolate versus infection with that
99 isolate following passage (Figure S1).

100

101 We compared the expression of *in vitro* phenotypic characteristics associated with virulence
102 in VNla-5 isolates depending on their source (immunocompetent patients or HIV-infected
103 patients). We compared 15 isolates from immunocompetent patients with 15 isolates from
104 HIV-infected patients and measured growth rates in YPD broth and pooled human
105 cerebrospinal fluid (CSF), capsule size, extracellular urease, phospholipase, and laccase
106 activity. There was no difference in cell diameter, melanin production, urease, or
107 phospholipase production. Isolates from HIV-uninfected patients had moderate but
108 significant increased growth in YPD by 48 hours at 30°C and 37°C compared with isolates
109 from HIV-infected patients (median 4.5×10^5 CFU/ml (Interquartile Range (IQR) 3.6×10^5 - 5.2
110 $\times 10^5$) and 4×10^5 CFU/ml (IQR 2.6×10^5 - 5×10^5) for immunocompetent isolates versus 3.3
111 $\times 10^5$ CFU/ml (IQR 2.9×10^5 - 4.5×10^5) and 2.8×10^5 CFU/ml (IQR 2.2×10^5 - 3.8×10^5) for HIV
112 derived isolates, $P=0.004$ and 0.002 , respectively). The difference in the ability of isolates
113 derived immunocompetent patients to grow at 37°C compared with 30°C did not reach
114 statistical significance ($P=0.058$); however, there was statistically significant reduction in
115 growth of isolates from HIV-infected patients at 37°C ($P = 0.044$) (Figure 2).

116

117 In contrast, isolates derived from immunocompetent patients had slower growth in *ex vivo*
118 CSF compared with isolates derived from HIV-infected patients, with median fungal burdens
119 of 7×10^3 CFU/ml (IQR $4.9 \times 10^3 - 1.0 \times 10^4$) versus 1.9×10^4 CFU/ml (IQR $6 \times 10^3 - 2.6 \times 10^4$) after
120 48 hours, $P=0.02$ (Figure 2). The isolates derived from immunocompetent patients also
121 elaborated significantly thinner capsules (median thickness 1.3 microns, IQR 0.8 - 1.6)
122 compared with isolates from HIV-infected patients (median 1.5 microns, IQR 1.3 – 1.95),
123 $P<0.001$).

124

125 *Low virulence VN1a-5 C. neoformans isolates can be induced to become highly virulent*

126 We hypothesized that the development and/or maintenance of the increased virulence
127 state was due to inter-yeast communication. To test this hypothesis we cultured an
128 environmental VN1a-5 isolate of low virulence in media supplemented with sterilised culture
129 filtrate (sCF) extracted from culture of VN1a-5 isolates with high virulence from
130 immunocompetent patients. Virulence phenotypes were again compared in *Galleria*.
131 Culture in media supplemented with sCF from all four organisms from immunocompetent
132 patients resulted in increased virulence of the environmental isolates in comparison to their
133 ‘naïve’ state; the hazard of death after induction increased between 2.2 and 2.9-fold (Figure
134 3). This change in virulence phenotype of the induced environmental isolates was stable
135 over multiple *Galleria* infection cycles (**Figure S2**). Conversely, culture in media
136 supplemented with pooled sCF from HIV-associated VN1a-5 isolates had no significant effect
137 on the virulence phenotype of environmental isolates (HR1.4, 95CI 0.8-2.3, $P=0.2$, ‘induced’
138 isolate versus naïve isolate; Figure 4).

139

140 We repeated the above experiment but cultured an environmental VN1a-5 isolate in media
141 supplemented with sCF from VN1a-4 isolates (necessarily) derived from HIV-infected
142 patients. These conditions did not result in any significant variation in virulence. Similarly,
143 culturing the VN1a-5 environmental isolate in media supplemented with sCF from a previous
144 culture of the same organism, or from the H99 type strain, had no effect on virulence
145 (Figure 4).

146

147 *Culture filtrate from an induced VN1a-5 isolate will increase virulence in its naïve isogenic self*

148 We next measured the effect of growing a 'naïve' low virulence VN1a-5 environmental
149 isolate (LD2) in media supplemented with sCF from its previously 'induced' higher virulence
150 self. We cultured the naïve LD2 isolate in culture medium supplemented with sCF from a
151 highly virulent isolate derive from an immunocompetent patient (BMD761) for 48 hours.
152 The cultured yeast cells were harvested by centrifugation, washed, and inoculated onto
153 solid media for single colonies. We termed this isolate 'iLD2'. iLD2 was again cultured in
154 liquid media for 48 hours and the culture filtrate harvested. The naïve LD2 isolate was
155 cultured in media supplemented with the sCF from iLD2 for 48 hours. We termed the
156 resulting isolate 'iLD2-induced LD2'. The virulence phenotypes of the isolates from each
157 experiment in the *Galleria* model – i.e. 'LD2', 'iLD2', 'iLD2-induced LD2' and BMD761 were
158 compared. This experiment demonstrated that, like sCF from BMD761, sCF from iLD2 was
159 itself able to induce an increased state of virulence in its naïve self (nLD2): HR 2.8 (1.7-4.4),
160 $P < 0.001$ (Figure 5).

161

162

163 *Virulence induction is associated with known virulence markers*

164 We assessed the effect of culture filtrate induction on known virulence-associated
165 phenotypes in *Cryptococcus* by comparing the environmental isolated LD2 before (naïve)
166 and after induction (induced). There was no change in thermotolerance or melanization.
167 However, the induced LD2 had superior growth after 48 hours incubation in *ex vivo* CSF
168 compared with its naïve self (median 5.9×10^4 CFU/ml, IQR $3.6 \times 10^4 - 7.6 \times 10^4$ vs 3.5×10^4
169 CFU/ml, IQR $2.3 - 5.7 \times 10^4$, $P=0.02$, Figure S3a). Similarly, the 48 hour fungal burden in
170 hemolymph of *Galleria* infected with the induced isolate was significantly higher than in
171 hemolymph when infected with its naïve self (median fungal burden 9.6×10^6 CFU/g body
172 weight (inter-quartile range $6.9 \times 10^6 - 1.4 \times 10^7$) versus 5.3×10^6 CFU/g body weight (IQR 4.0
173 $\times 10^6 - 6.7 \times 10^6$, $P=0.025$), Figure S3b). Induced LD2 isolates elaborated significantly thinner
174 capsules compared with the naïve self both when grown *in vitro* (median capsule width 4.5
175 μm , IQR $3.3-6.4$ versus $7.2 \mu\text{m}$, IQR $4.5 - 9.8$, $P<0.001$, induced versus naïve respectively)
176 and when recovered from larval hemolymph ($P=0.03$, see Figure S4). Both induced LD2 and
177 naïve LD2 had significantly thinner capsules than the highly virulent immunocompetent
178 associated organism BMD761 ($P<0.001$ and $P=0.03$ respectively).

179

180 *The induction phenomenon is protein mediated via extracellular vesicles*

181 The induction effect of sCF from hypervirulent BMD761 on the naïve environmental
182 organism LD2 was maintained after storage at -20°C for 28 days. The same observation was
183 made for sCF treated with RNase or DNase. However, boiling sCF, or treating sCF with
184 Proteinase K, abolished the induction effect (Figure 6). We further hypothesized that the
185 induction phenomenon was associated with extracellular vesicles (EVs), which have been
186 implicated in the pathogenic potential of *Cryptococcus neoformans* and the related

187 organism *Cryptococcus gattii*¹³⁻¹⁵. Consequently, we added bovine serum albumin (BSA),
188 which disrupts EV function, to sCF from BMD761 and measured the induction effect on
189 LD2^{13,16}. Adding BSA resulted in the loss of the induction effect with no increase in the
190 virulence of the recipient isolate versus its naïve self (HR 0.8; 95CI 0.5, 1.3, P=0.32, Figure
191 S5).

192

193 We then generated EV-free supernatant and EV-containing pellet fractions (as shown by
194 electron microscopy) from both BMD761 derived sCF and previously induced LD2 sCF
195 (Figure 8). Incubation of naïve LD2 in media supplemented with supernatants did not result
196 in induction of increased virulence (BMD 761 supernatant: HR 1.2, 95CI 0.8, 1.5; P=0.3,
197 Figure 7B and iLD2 supernatant: HR 1.2, 95CI 0.9, 1.6; P=0.1 see Figure 7D). Conversely,
198 when a naïve LD2 was grown in media supplemented with the EV-containing pellets there
199 was induction of increased virulence (BMD 761 pellet: HR 1.8, 95CI 1.4, 2.4; P<0.001, Figure
200 7A and iLD2 pellet: HR 2.1, 95CI 1.6, 2.7; P<0.001, see Figure 7C).

201

202 *Induction is associated with the expression of genes encoding virulence factors and*
203 *hypothetical proteins*

204 We used RNA-seq to investigate the transcriptional basis of the observed phenotypic
205 change. High quality RNA sequences were generated from four organisms with a confirmed
206 phenotype: an environmental VN1a-5 (low virulence and termed naïve LD2 (nLD2)), a clinical
207 VN1a-5 from an HIV-uninfected patient (BMD761), an environmental VN1a-5 in a state of
208 increased virulence after growth in media supplemented with sCF from clinical VN1a-5
209 (induced LD2: iLD2) and the naïve environmental VN1a-5 isolate (nLD2) grown in media

210 supplemented with its own sCF from a previous culture of its naïve self (self-induced LD2:
211 siLD2) (Table S2).

212

213 The majority of transcriptome replicates clustered by their sample type on a PCA plot of
214 read counts per gene (Figure S6). There was a notable difference in global gene expression
215 between BMD761 and nLD2. The overall transcriptional profile of iLD2 was closer to that of
216 BMD761 after induction. The 'self-induced' LD2 also differed in the transcriptional profile
217 from the naïve LD2, was distinct from iLD2, and did not converge with the expression profile
218 of BMD761.

219

220 We next performed differential gene expression analysis to identify genes that were
221 significantly (Wald test, Benjamini-Hochberg adjusted P value <0.05 , \log_2 fold change ≥ 1
222 and ≤ -1) up or down regulated. We filtered 784 differentially expressed genes between
223 BMD761 and naïve LD2; after induction with BMD761 sCF; 244 genes were differentially
224 expressed between BMD761 and induced-LD2 (Figure 9). This contrasts with the large
225 number of differences between these 2 isolates and LD2 in the other states (naïve or self-
226 induced), where we found there were >1500 DEGs (Figure 9).

227

228 We aimed to identify upregulated genes in both BMD761 and induced LD2 compared with
229 naïve LD2 that may explain the phenotypic difference. Focussing on genes which were
230 experimentally known to be associated with virulence¹⁷, we identified 17 up-regulated
231 virulence genes in both BMD761 and induced LD2 relative to naïve LD2 (Supplementary
232 Table S3). Specifically, we found that QSP1, which encodes a secreted peptide that has
233 previously been implicated in quorum sensing and the upregulation of virulence of *C.*

234 *neoformans*, was significantly downregulated in both the highly virulent BMD761 isolate and
235 the induced environmental isolate versus its naïve self (Supplementary Table S3)¹⁸.

236

237 **Discussion**

238 A number of lineages of *Cryptococcus neoformans* cause meningitis in humans in Vietnam,
239 but the vast majority of cases are due to either VN1a-4 or VN1a-5². We have previously
240 shown that the VN1a-5 lineage is strongly associated with disease in apparently
241 immunocompetent patients^{2,3}. Both VN1a-5 and VN1a-4 frequently affect our (severely
242 immunosuppressed) HIV-infected patients^{2,3}. VN1a-4 rarely causes disease in HIV-uninfected
243 patients, and when it does, the patients are significantly more likely to have underlying
244 diseases associated with immunosuppression⁹. Despite this difference in ability to infect
245 hosts of different immune competencies, mortality rates are no different in HIV-infected
246 patients whether they are infected with VN1a-4 or VN1a-5³. Our work here goes some way
247 towards explaining these observations. We have found that the VN1a-5 lineage displays
248 significant variability in virulence phenotype in the *Galleria* model of infection, and that this
249 is associated with the particular isolate's ecological background – isolates from
250 immunocompetent patients are more virulent than those from HIV-infected individuals or
251 those recovered from the environment. The VN1a-5 isolates derived from
252 immunocompetent patients are also significantly more virulent than VN1a-4 isolates,
253 necessarily derived from HIV-infected patients.

254

255 The differences in virulence phenotype of the VN1a-5 isolates are not explained by a specific
256 within-lineage substructure - virulent isolates from immunocompetent patients do not
257 cluster within, but are distributed throughout, the VN1a-5 phylogeny². This suggests that any

258 isolate of the VN1a-5 lineage should have the capacity to express a highly virulent
259 phenotype, and therefore infect immunocompetent patients. Consistent with this, we found
260 that the VN1a-5 virulence phenotype is highly plastic – less virulent isolates, derived from
261 the environment, can be induced into a more virulent state by growing them in culture
262 media that has been supplemented with sCF from highly virulent isolates, derived from
263 immunocompetent patients. While we found HIV derived VN1a-5 isolates were somewhat
264 more virulent than the environment-derived isolates, their sCF lacked this capacity and could
265 not induce increased virulence. The induction effect was also limited to sCF derived from
266 the VN1a-5 lineage – sCF from the VN1a-4 lineage, or from the VN1b H99 type strain, did not
267 have the induction property. Therefore, we hypothesize that the induction effect seen with
268 culture filtrate from immunocompetent patient-derived VN1a-5, and the virulence plasticity
269 of the lineage, are intimately associated with the ability of the lineage to cause disease in
270 the immunocompetent host.

271

272 We found the increased virulence of VN1a-5 derived from immunocompetent patients was
273 associated with differences in *in vitro* virulence phenotypes compared with isolates from
274 HIV-infected patients, although the relationship was not simple. Isolates from
275 immunocompetent patients had faster rates of growth at 30 and 37°C, but had slower
276 growth in *ex vivo* cerebrospinal fluid and expressed thinner capsules. Induction of the higher
277 virulence state in the environmental isolate LD2 was also associated with increased fungal
278 burdens in *Galleria*, and expression of thinner capsules both *in vitro* and in the *Galleria*
279 model. However, the induced LD2 isolate grew more rapidly in *ex vivo* CSF compared with
280 its naïve self. It is not clear why the changes in *in vitro* phenotypes on induction were not
281 entirely consistent with our findings when comparing isolates by source. It may reflect the

282 fact that these measures of virulence are largely validated in relation to the ability to cause
283 disease in humans irrespective of immune background, i.e. including those with HIV
284 infection. Or, it may be that the induction phenomenon we have identified here is only a
285 part of the mechanism that is associated with disease in immunocompetent humans.
286 However, our transcriptional data suggest that the change in virulence we are measuring in
287 *Galleria* is real and relevant, because i) it is associated with increased expression of a
288 number of virulence associated genes and ii) we saw a significant and remarkable
289 convergence in gene expression between the highly virulent BMD761 isolate and the
290 induced environmental isolate LD2.

291

292 The induction phenomenon we see is robust and repeatable. We do not believe it is an
293 artefact of 'carry-over' of virulent organism from the sCF donor isolate, because we used
294 0.45 micron filters, which should exclude any donor cells, and every culture filtrate was
295 tested for sterility by culture. Furthermore, the induced state is stable following purification
296 by culture on solid media. We can be certain that the convergence of the transcriptomic
297 data from BMD761 and iLD2 is not confounded by contamination because we identified
298 SNPs unique to each isolate within the context of nearly 900 *C. neoformans* genomes², and
299 verified the identity of the strains in the RNA-seq data using these markers. Similarly we also
300 do not believe that the effect on virulence in *Galleria* is due to 'carryover' of some agent (eg
301 extra-cellular vesicles) from the donor isolate sCF into *Galleria*, because induced isolates
302 retain their increased virulence following purification on solid media.

303

304 The induction effect appears to include a protein or small peptide component, since the
305 inducing effect of sCF is lost with both boiling and protease treatment. A secreted peptide –

306 QSP1 – has previously been shown to be involved in quorum-sensing and virulence
307 regulation of *C. neoformans*¹⁸. Interestingly, we found that expression of this gene is down-
308 regulated when the low virulence environmental strain is induced into the high virulence
309 state and thus it is unlikely that this gene explains the phenomenon we observed.
310
311 Our data also suggest that the induction effect is associated with extra-cellular vesicles – the
312 addition of albumin, which disrupts *Cryptococcus* vesicles, to sCF inhibited virulence
313 induction¹⁶. We used an ultracentrifugation protocol¹³ to isolate EVs and showed that the
314 induction effect was maintained in the EV containing pellet, and lost in the EV-free
315 supernatant. We confirmed the presence and absence of EVs in the pellet and supernatant
316 respectively with transmission electron microscopy. The populations and compositions of
317 EVs secreted by eukaryotic cells are complex. In addition to proteins they can contain small
318 nucleic acids¹³. While we found no effect of nuclease treatment on the property of sCF, it is
319 possible that we may have missed an effect because any small nucleic acids may have been
320 protected within vesicles.
321
322 A striking feature of the induction effect is the stability of the resulting phenotype, and the
323 transmissibility of the phenomenon. One possible explanation is that the effect we are
324 observing is an infection event by a mycovirus. To investigate this possibility we
325 interrogated all unmapped reads from our whole genome and transcriptome sequence data
326 using a metagenomic platform (<http://taxonomer.com>, data not shown). We found no
327 evidence of viral infection. A further possibility is that the effect is prion mediated – an EV-
328 associated prion (Sup35p) has been implicated in cell-to-cell communication in
329 *Saccharomyces cerevisiae*, although the effect is not well-conserved across species^{19,20}.

330 However, the fact that the effect of sCF we observed was heat labile suggests a prion-driven
331 mechanism is unlikely.

332

333 On balance, we believe the phenomenon we have described is mediated through EVs
334 associated with one or more peptides/proteins. Small nucleic acids may also be involved. An
335 EV-dependent mechanism is plausible - EV production has been demonstrated for a number
336 of fungal pathogens, including *Cryptococcus*^{14,15,21-23}. A specific role in the pathogenicity of
337 *C.neoformans* was first postulated in 2008²², and EVs have been shown to contain virulence-
338 associated factors including capsular components and laccase¹⁴. In addition to proteins, EVs
339 are also associated with small DNAs and RNAs which could influence virulence^{13,23-25}. More
340 recently, EVs have been shown to mediate the virulence of an outbreak strain of the related
341 species *C.gattii*¹³. The EV-mediated effect was dose-dependent, manifested as increased
342 growth, and required both EV-associated protein and RNA, providing strong evidence of EV
343 uptake enabling inter-yeast communication¹³. The phenomenon differed from our
344 observations in that it was seen in macrophage culture, and onward transmissibility of the
345 phenotype was not reported¹³.

346

347 Where and when the virulence induction phenomenon occurs in relation to human disease
348 is unclear. It may be a rare event that occurs somewhere in the environment, perhaps as a
349 result of interaction with other micro-organisms, or a consequence of animal infection. If
350 this is the case, we would on occasion expect to see such inducing, high virulence isolates in
351 HIV-infected patients. To confirm this we would need to characterise large numbers of
352 isolates from HIV-infected patients. Alternatively, induction might occur in humans

353 themselves, although if so this is probably not driven by innate immunity, since the
354 virulence phenotype was extremely stable in *Galleria*²⁶⁻²⁹.
355
356 A great challenge in treating HIV-uninfected patients with cryptococcal meningitis is
357 knowing when it is safe to stop antifungal therapy. Cure may take many months of
358 treatment, and patients may even require life-long antifungal suppressive therapy³⁰. This
359 contrasts with HIV-infected patients, who have a modifiable immune pathology - once
360 antiretroviral therapy has allowed immune recovery antifungal treatment can be stopped
361 safely³⁰. Inter-yeast signalling systems, associated specifically with changes in virulence, are
362 potential therapeutic targets. Disrupting such systems might allow shortened treatment
363 courses or even cure in immunocompetent patients. However, they are only relevant if
364 active in human disease. Currently, it is extremely difficult to obtain sufficient volumes of
365 clinical samples to reliably test hypotheses concerning pathogenesis (generated from
366 laboratory observations) at the site of human disease³¹. However, the recent development
367 of a novel cerebrospinal fluid filtration technology – neurapheresis – may revolutionise this.
368 Neurapheresis, developed to treat hemorrhagic stroke, can efficiently remove large
369 amounts of pathogen biomass from the cerebrospinal fluid of rabbits experimentally
370 infected with *Cryptococcus*³²⁻³⁴. Such a system, itself a potential treatment for human
371 cryptococcal disease, could allow confirmation that the phenomenon we describe here is
372 active in human disease.

373

374 **Conclusion**

375 The virulence phenotype of *Cryptococcus neoformans* VN1a-5 in the *Galleria* infection model
376 is associated with the isolate source. Isolates from immunocompetent patients are the most

377 virulent; those from the environment the least. The virulence phenotype is highly plastic
378 and moderated by inter-yeast signalling through the secretion of proteins or peptides
379 associated with extracellular vesicles. Induction of virulence is accompanied by
380 transcriptional re-modelling and convergence of gene expression between the induced and
381 inducer isolates. The induction phenomenon is VN1a-5 specific, and likely key in the lineage's
382 ability to cause disease in the immunocompetent host. Better understanding this
383 mechanism may reveal novel therapeutic targets.

384

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391

392 **Methods**

393 **Isolates**

394 Clinical isolates were derived from Vietnamese patients with cryptococcal meningitis who
395 had been enrolled into descriptive and randomised intervention studies performed by our
396 institute in collaboration with the Hospital for Tropical Diseases, Ho Chi Minh City^{9,35,36}. All
397 isolates were from cerebrospinal fluid obtained at the point of diagnosis and/or study entry,
398 and stored on Microbank beads at -80°C prior to revival on Sabouraud dextrose agar.

399 Informed consent was obtained from all participants; all studies received ethical approval
400 through the Oxford Tropical Ethics Committee, The Hospital for Tropical Diseases, and The

401 Ministry of Health of Vietnam. All isolates have been previously sequenced and the data are
402 publically available². Isolates of the lineage and human immune phenotype of interest (HIV-
403 infected or not) were randomly selected from the isolate database for subsequent
404 experiments. Environmental isolates were obtained via randomised sampling of air, soil and
405 tree bark in urban and rural areas within and around Ho Chi Minh City. All strains used were
406 mating type alpha.

407

408 ***In vitro* phenotyping**

409 **Temperature – dependent growth**

410 Growth at high temperature and in *ex vivo* human CSF were tested as previously described
411 with modifications for quantitative assessment³⁷. *Cryptococcus spp* were cultured on
412 Sabouraud agar for 2 days at 30°C. Inocula were made from single colonies and adjusted to
413 10⁸ cells/ml, then serially 10-fold diluted and spotted in duplicate onto YPD agar in 5µl
414 aliquots. Incubation was at 30°C or 37°C for 48 hours. After 48 hours, the number of colony
415 forming units (CFU) was counted and expressed as CFU/ml.

416

417 **Capsule production**

418 Capsule thickness was assessed through growth on Dulbecco Modified Eagle Medium
419 (DMEM) [supplemented with 4.5g/L glucose, L-glutamine, sodium pyruvate], NaHCO₃
420 250mM, NaMOPS 1M, Neomycin 200mg/ml, Cefotaxime 100 mg/ml³⁸. Plates were
421 incubated at 37°C in 5 % CO₂ for 5 days. A suspension from a single colony was made in
422 India ink visualized at 100X magnification using light microscopy (CX41, Olympus, Japan).
423 Images were captured using a built-in DP71 camera (Olympus, Japan) and visualised using
424 ImageJ (<https://imagej.nih.gov/ij/index.html>). Capsular thickness was calculated by

425 subtracting yeast cell body diameter from the whole cell diameter. Ten individual
426 microscopic yeast cells were assessed for each isolate.

427

428 **Laccase activity**

429 Laccase activity was assessed by adding an inoculum of 2×10^4 cells into 96 microwell plates
430 containing L-DOPA medium (0.1% glucose anhydrous, 0.1% L-asparagine, 0.3% KH_2PO_4 ,
431 0.025% $\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$, and 0.01% L-DOPA, pH 5.56) with incubation for 16 hours at 37°C
432 followed by 48 hours at 25°C with shaking at 800 rpm to induce melanin production. After
433 incubation, the supernatants were harvested by centrifugation (4,000 g for 5 minutes) and
434 the amount of pigment produced determined spectrophotometrically at a wavelength of
435 475-nm. Absorbance was converted into laccase units (U) by a factor of $0.001 \text{ OD} = 1 \text{ U}^{39}$. A
436 Two biological replicates were performed for each isolate.

437

438 **Urease and phospholipase production**

439 Urease production was confirmed by spotting $10 \mu\text{l}$ of a 10^6 cells/mL cell suspension onto
440 Christensen's agar with incubation at 30°C . *Cryptococcus neoformans* H99 type strain and
441 *Candida parapsilosis* ATCC 22019 were used as positive and negative controls. Cultures were
442 observed daily for the characteristic pink discoloration.

443 Extracellular phospholipase activity was confirmed on egg yolk medium as previously
444 described, with minor modifications again using a $5 \mu\text{l}$ aliquot of *C. neoformans* yeast
445 suspension (10^6 cells/ml) with incubation at 30°C for 72 hours⁴⁰. The diameter of the
446 precipitation zone (D) formed around a colony in relation to the diameter of the respective
447 colony itself (d) was recorded for 5 selected colonies of each isolate (N=1450 total). The D/d
448 ratio for each isolate was calculated. H99 was included for reference in each experimental

449 batch. The final result for each isolate was expressed as the ratio D/d ratio. Type strain H99
450 was used as a quality control.

451

452 **Survival in *ex vivo* cerebrospinal fluid**

453 CSF was prepared by pooling and filtering (Millipore 0.45 micron membranes, Merck) CSF
454 samples taken prior to antifungal therapy from HIV-infected patients participating in clinical
455 trials. CSF was stored at -80°C prior to use. An inoculum of 10⁶ cells/mL of each isolate of
456 interest was prepared using a Cellometer X2 (Nexcelom) cell counter. 10 uL of inoculum was
457 added to 90 uL of CSF and PBS followed by incubation at 30°C for 3 days. After 72 hours the
458 resulting culture was serially tenfold diluted, spotted onto Sabouraud plates and incubated
459 at 30°C for 3 days for quantification. Tested strains were inoculated alongside H99 and the
460 ΔENA1 negative control (which lacks a cation-ATPase-transporter resulting in decreased
461 viability in human CSF and macrophages, strain provided by the Perfect Lab, Duke
462 University)³⁷. Two biological replicates were performed per isolate.

463

464 ***Galleria* infection model**

465 Late instar isogenic wild type *Galleria mellonella* larvae (30 days from oviposition of the
466 adult moth) were sourced from U U Animal, (Ho Chi Minh city, Vietnam). All larvae were
467 kept at 16°C in bran in the dark. Larvae for experimentation were selected according to the
468 following criteria: weight 250-300 mg, healthy colour (beige). Yeasts were revived from
469 frozen stock (Microbank Beads) on SDA plates for 72 hours. Single colonies were picked and
470 cultured in YPD broth for 24 to 48 hours in a shaking incubator (SI-300, Jeio Tech), at 150
471 rpm at 30°C until the concentration of cells was at least 10⁸ cells/mL. The pellet was
472 collected with centrifuge at 8000 rpm in 1 minute and subsequently washed twice with PBS.

473 The cell suspension was adjusted to a density of 10^8 cells/mL using a Cellometer X2
474 (Nexcelom Bioscience, USA). Ten μ L of inoculum (10^6 cells/larva) were used for injection per
475 larva. All inocula were relabeled by an independent person such that the operator/assessor
476 was blind to the nature of the inoculum used in each batch of larvae (i.e. the survival
477 experiments were blinded). Larvae were inoculated through injection using a sterile
478 Hamilton syringe into the most caudal left pro-leg. 15-20 larvae were infected per
479 cryptococcal isolate. Every survival experiment was internally contemporaneously
480 controlled using larvae of the same batch, a negative control (PBS) (physical injury and
481 sterility, data not show in survival plots), and uninjected larvae and the 2 or more
482 experimental arms of interest. Infected larvae were incubated at 37°C for ten days and
483 checked daily for mortality using physical stimulation with forceps.

484

485 **Culture Filtrate preparation**

486 All isolates were grown in 7.5 ml YPD broth at 30°C with shaking for 48 hours followed by
487 centrifugation at 8000 rpm for 1 minute. The resulting supernatant was filtered using a
488 Millipore membrane filter 0.45 μ m (Merck), and checked for sterility by plating onto
489 Sabouraud's agar and into BHI broth with incubation at 30°C for seven days.

490

491 **Induction experiments**

492 2.5 mls of the culture filtrate of interest was added to 5mls of sterile YPD broth (total
493 volume 7.5mls). A single purified colony of the isolate of interest was added to the resulting
494 culture medium and incubated for 48 hours with shaking (150rpm) at 30°C. Cells were
495 separated by centrifugation (1 minute at 8000 rpm), washed twice with PBS and pellet
496 spread on Sabouraud agar plate for single colony purification. Single colony was then

497 inoculated into YPD broth, and incubated with shaking for 48 hours for inoculum
498 preparation.

499

500 **Confirmation of virulence phenotype stability in *Galleria***

501 Yeast was recovered from *Galleria* hemolymph, cultured for purity on SDA, recultured in
502 YPD and reinoculated into *Galleria* as described 6 fold. Similarly purified culture derived
503 from hemolymph was repeatedly subcultured on solid media, frozen on Microbank beads,
504 revived, and re-inoculated into the *Galleria* model.

505

506 **Quantification of fungal burden in larvae**

507 Larvae infected with the strains of interest (5 dead larvae/biological replicate) were
508 collected at the point of death and gently squeezed to obtain 1 gram of hemolymph and fat
509 body using a sterile knife. Glass beads (3mm) and 1 mL of sterile water were added for
510 homogenization at 30Hz for 10 minutes (TissueLyser II, Qiagen). Homogenates were diluted
511 with PBS and inoculated onto SAB plates and incubated for 3 days at 30°C. The number of
512 colonies were counted to calculate the CFU/gram/larvae.

513

514 **Capsule size measurement from *Galleria***

515 Following infection with 10^6 cells, larvae were sacrificed 48 hours post-infection and
516 hemolymph extracted as above. Hemolymph was stained with India ink to visualise capsule
517 using light microscopy (at 1000X magnification) with an Olympus DP71 digital camera
518 (Olympus, Japan) and the proprietary Image-J software.

519

520

521 **Treatment of culture filtrate with freezing, heat, protease, and nuclease**

522 To check the stability of culture filtrate exposed to prolonged frozen storage, the culture
523 filtrate of BMD761 was kept at -20 °C for 33 days. The filtrate was brought to room
524 temperature prior to induction experiments. To denature protein by heat, filtrate of
525 BMD761 was boiled at 97 °C for 2 minutes. To denature protein chemically, filtrate was
526 incubated with Proteinase K (Sigma-Aldrich, UK) at a concentration of 100 µg/mL in the
527 presence of 30 mM Tris.HCl (pH=8) and 5 mM CaCl₂ at 37 °C for 1.5 hours. To degrade DNA,
528 28 µL DNase I (Ambion, ThermoFisher, UK) was added to 700 µL DNase I buffer and 7 mL
529 filtrate for 1 hour at 37°C. To remove RNA, 2.5 mL filtrate was incubated with 50 µL RNase
530 cocktail of RNase A and RNase T1 (Ambion, ThermoFisher Scientific,UK) for 1 hour at 37°C.

531

532 **Confirmation of digestion of protein and nucleic acid in filtrate**

533 Protein digestion was confirmed by running treated and untreated culture filtrate on
534 precast polyacrylamide gel 4-20 % (Mini-PROTEAN® TGX Stain-Free™ Precast Gels, BIO-RAD)
535 at 200V for 40 mins. Precision Plus Protein Dual Xtra Standards (BIO-RAD) were loaded
536 alongside samples, including a proteinase K treated ladder.
537 Samples treated with nuclease were confirmed by loading in agarose gel 1.5 % followed by
538 electrophoresis for 60 mins at 100V, with 100bp DNA ladder.

539

540 **Extracellular vesicle preparation**

541 Isolates for experimentation were grown to stationary phase in 500ml of YPD broth at 30°C
542 with shaking for 48 hours prior to transfer to 200mL centrifugation vessels. These were spun
543 at 15,000g for 10 minutes at 4°C. Supernatant was decanted and centrifugation repeated for
544 a further 10 minutes, then filtered through 0.45µm filter membranes. The filtrate was then

545 concentrated using Amicon 100kDa ultrafiltration columns with centrifugation at 5000g for
546 15 minutes at 4°C. The EV containing retentate, was then ultracentrifuged at 150,000g at
547 4°C for 1 hour to provide EV containing pellet and EV-free supernatant.

548

549 **Electron Microscopy**

550 Pellet and supernatant resulting from ultracentrifugation were fixed in 2%
551 paraformaldehyde (PFA) in 0.1M sodium phosphate buffer at room temperature for 30
552 minutes. Samples were stored at 4 °C for up to 3 days before negative staining for
553 Transmission Electron Microscopy (TEM). For negative staining, 10 µl of sample was applied
554 to a freshly glow discharged carbon filmed 300 mesh Cu grid for 2 mins, blotted and stained
555 with 2% uranyl acetate for 10 sec, then blotted and air dried. Grids were imaged in a Tecnai
556 12 TEM (Thermo Fisher) operated at 120 kV using a Gatan OneView camera.

557

558 **Preparation of inducing broth using ultracentrifugation product**

559 Inducing broth consisted of 50uL ultracentrifuged product (either pellet or supernatant
560 fraction) added to fresh sterile YPD to achieve a final volume of 7.5 mL. A 100uL volume was
561 taken for culture as a test of sterility. Naive strains (a single colony each) were then
562 inoculated into inducing broth and incubated for 48 hours with shaking at 30°C. Yeast were
563 harvested in the normal manner via centrifugation 8000 rpm and washed twice with PBS
564 prior to subculture on solid agar. Inoculum for larva infection (10^8 cells/mL) were prepared
565 in PBS using a Nexelom cell counter; 10 uL (10^6 cells) were injected into the larvae.
566 Inoculum densities were checked through serial dilution and culture.

567

568

569 **RNAseq**

570 Three replicates of each strain were cultured in YPD broth for 96 hours at 30°C to determine
571 log phase for RNA extraction. An inoculum of 10^6 cells was grown in 7.5 mL of YPD broth by
572 agitating (200 rpm). At interval time point post-inoculation (0, 6, 20, 24, 30, 44, 54, 68, 72
573 and 96 hours), an aliquot of 50 μ L was taken for quantification by plating in Sabouraud agar
574 plates. These plates were exposed to incubation at 30°C for 48 hours. Growth curves were
575 plotted using ggplot package and R version 3.4.0 software (R Foundation for Statistical
576 Computing, Vienna, Austria). Growth rates were determined using the formula growth
577 rate= $(\log_{10}N_t - \log_{10}N_0) * 2.303 / (t - t_0)$, where N indicates cell concentration at a particular time
578 point; and t indicates the time point).

579 For transcriptional experiments, single colonies of each isolate of interest were revived from
580 beads (Microbank, UK) stored at -80°C. Revived isolates (approximately 10^6 cells, counted
581 using a Cellometer) were grown in 7.5 ml of YPD broth by agitating for 18 hours at 30°C to
582 reach mid-log phase. RNA was harvested using the RiboPure™-Yeast RNA Isolation Kit
583 (Ambion, USA) according to the manufacturer's instructions. Extracted RNA samples were
584 subjected to quality control using an Agilent 2100 Bioanalyzer (Agilent, USA). The integrity
585 of total RNA was estimated using the RIN (RNA Integrity Number), which ranges from 1 to
586 10, with 1 being the most degraded. Samples with RIN greater than 7 qualified for RNA-Seq.
587 6 biological replicates were prepared of every experimental condition. RNA was eluted in
588 isopropanol and shipped at room temperature to Macrogen (Seoul, Korea) for library
589 preparation and sequencing.

590 Paired-end RNA-Seq libraries were constructed using the TruSeq stranded mRNA
591 preparation kit (Illumina, USA). Resulting cDNAs were ligated with sequencing adaptors and

592 sequenced using the Illumina HiSeq 2000 platform, generating ~11.2 million reads of 150 bp
593 per sample, resulting in an estimated 177-fold coverage.

594

595 **RNA sequencing analysis**

596 Raw reads were checked for quality using FastQC

597 (<https://www.bioinformatics.babraham.ac.uk/projects/fastqc/>). Adapters were removed

598 using scythe (<https://github.com/vsbuffalo/scythe>). The resulting reads were then further

599 checked based on Phred score and read length in order to trim low quality regions using

600 Trimmomatic (<http://www.usadellab.org/cms/?page=trimmomatic>). Sequenced reads were

601 aligned with the *C. neoformans* var. *grubii* H99 reference genome using HISAT2

602 (<https://ccb.jhu.edu/software/hisat2/index.shtml>). SAM (Sequences Alignment Map) files,

603 output of read alignment, were converted to BAM (Binary Alignment Map) files using

604 SAMtools (<http://www.htslib.org>). Finally featureCounts was used to count reads assigned

605 to genomic features (genes, exons, chromosome locations) on the reference genome⁴¹. The

606 output table of raw counts per gene for each sample was imported for gene expression

607 analysis using DESeq⁴². Library size differences were normalized internally⁴³.

608

609 **Metagenomic analysis**

610 Taxonomer, a metagenomics-based pathogen detection tool (available at

611 <http://taxonomer.com>), was used to profile unmapped mRNA expression reads and

612 unmapped DNA from (previous) genome sequencing from the *Cryptococcus* isolates. The

613 web-based interface was used to visualize the summary of taxonomic composition and read

614 abundance.

615

616 **Statistical data analysis**

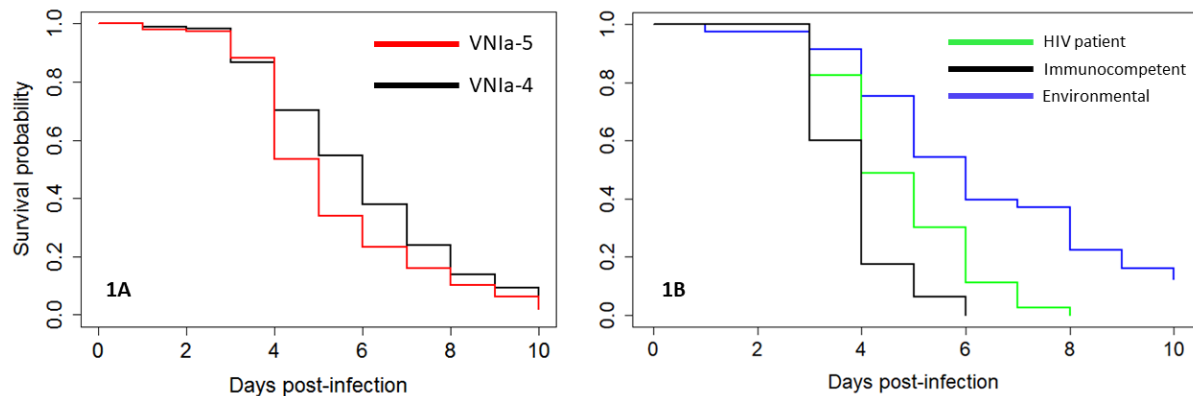
617 All statistical analyses were done using R software R version 3.4.2⁴⁴. Kaplan-Meyer survival
618 curves were plotted using ggplot2 and survminer package^{45,46}. The Log-rank test was used to
619 compare differences in survival. Hazard Ratios were estimated using the Cox proportional-
620 hazards model. The Wilcoxon rank sum test was used to compare fungal burdens between
621 isolates. Capsule size was compared using the Kruskal-Wallis test with P values adjusted for
622 multiple comparisons with the Benjamini-Hochberg method.

623

624 **Figures**

625

626 **1. Figure 1**



627

628

629 **Figure 1A: Survival curves of *Galleria mellonella* infected with human cerebrospinal fluid derived**
630 **isolates of *Cryptococcus neoformans* of lineage VNla-5 (derived from immunocompetent patients)**
631 **or lineage VNla-4 (from HIV-infected patients). N = 600 (20 isolates of each lineage, 15 larvae**
632 **infected with each isolate, Hazard Ratio (95% Confidence interval): HR 1.4, 95CI 1.2,1.6; P<0.001**
633 **VNla-5 versus VNla-4).**

634 **Figure 1B: Survival curves of *G. mellonella* infected with *C. neoformans* lineage VNla-5 isolates**
635 **derived from immunocompetent patients (black line), HIV patients (green line), or the**
636 **environment (blue line). 2 isolates of each source, 40 larvae per isolate. Hazard ratios and 95%CI for**
637 **death: HIV derived vs environmental: 2.6, 95CI 1.8, 3.7; P< 0.001; immunocompetent derived versus**
638 **environmental: 5.7; 95CI 3.9, 8.4; P< 0.001; Immunocompetent versus HIV derived: 1.7; 95CI 1.3 –**
639 **2.4, P<0.001. N=80 per arm.**

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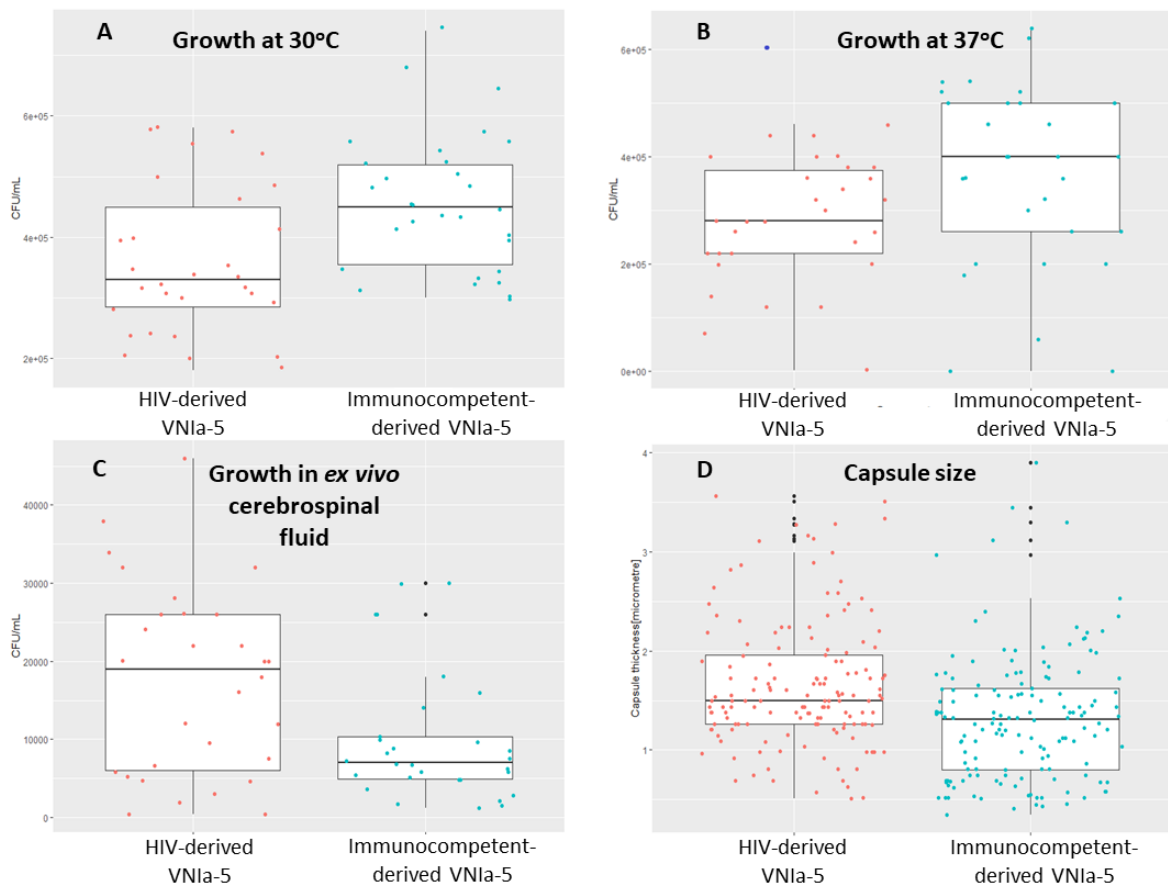
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645 **2. Figure 2**



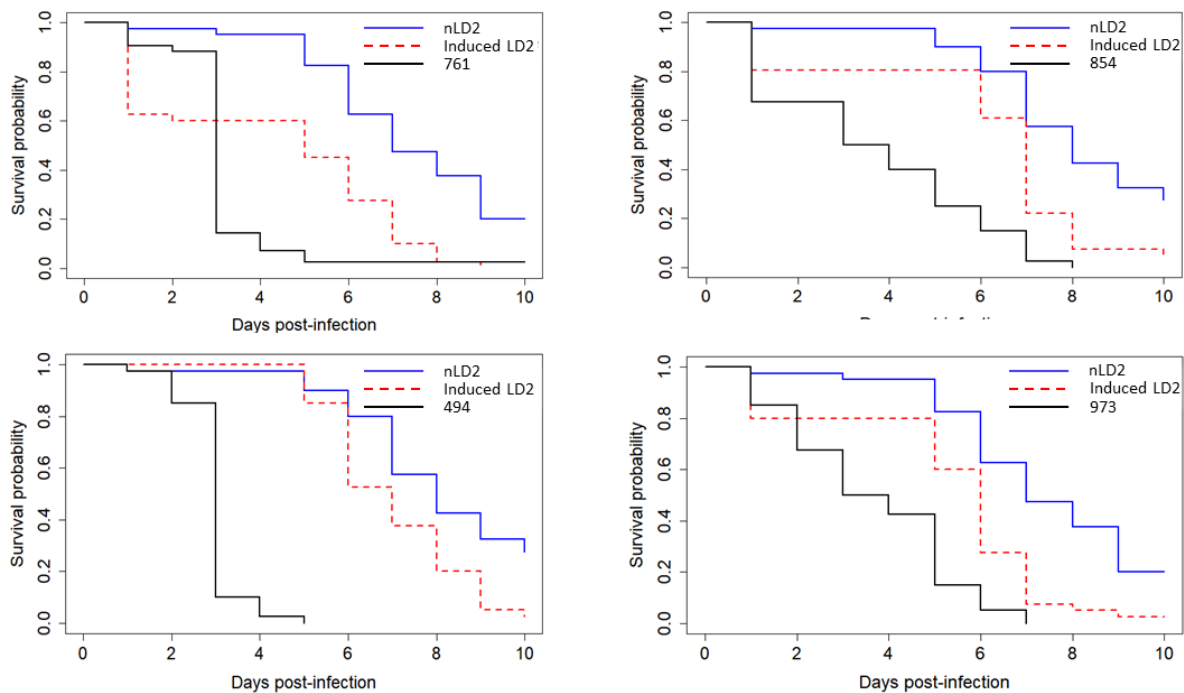
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647 **Figure 2: Comparative growth rates of VN1a-5 isolates in YNB broth at 30°C (panel A), 37°C (Panel**
648 **B) an in *ex vivo* cerebrospinal fluid (C), and differences in capsule size *in vitro* (D) according to**
649 **source – HIV-infected patients or immunocompetent patients. There was statistically significant**
650 **greater growth of isolates derived from immunocompetent patients at both temperatures (P=0.004**
651 **and P=0.002 for 30°C and 37°C respectively). There was reduced growth at 37°C for both sets of**
652 **isolates, but this was only statistically significant for those derived from HIV-infected patients. In**
653 **contrast, isolates derived from immunocompetent patients appeared to have significantly impaired**
654 **growth in *ex vivo* CSF compared with isolates from HIV-infected patients (P=0.02). (Note that the Y-**
655 **axis scales are not the same in each panel). For all experiments N=15 isolates of each type, with 2**
656 **biological replicates.**

657

658 **3. Figure 3**

659



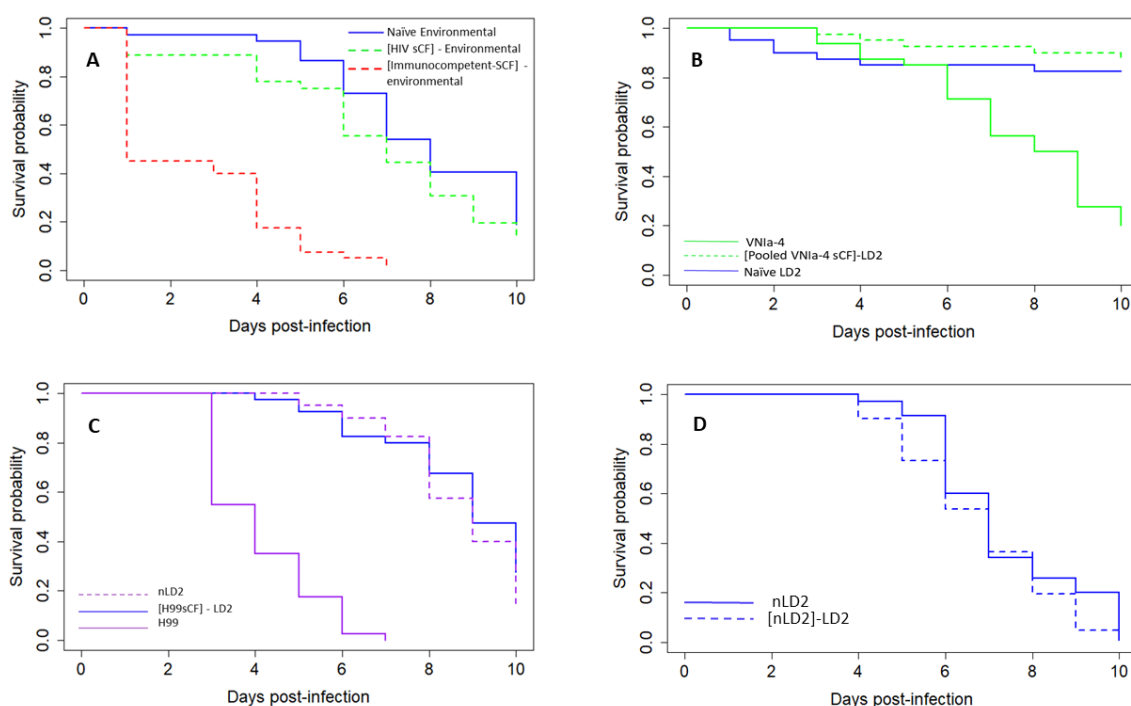
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661

662 **Figure 3 : Survival curves for *G. mellonella* infected with 4 human isolates of *C. neoformans* lineage**
663 **VNIa-5 derived from HIV-uninfected patients (BMD761, BMD854, BMD973 and BMD494), and**
664 **naïve environmental strain (nLD2) and nLD2 following growth in sterile culture filtrate from each**
665 **of the human derived isolates (induced LD2). Hazard ratios of the risk of death, 95%CI and P values**
666 **for iLD2 versus nLD2 infections for each experiment are: HR 2.9, 95CI 1.8, 4.8 P<0.001; HR 2.5, 95CI**
667 **1.5, 4.0 P<0.001; HR 2.7, 95CI 1.7, 4.4 P<0.001 and HR 2.2, 95CI 1.4,3.6 P=0.001 respectively.**

668

669 **4. Figure 4**



670 **Figure 4: Survival curves of *Galleria* infected with naïve environmental isolate, or that environmental isolate**
 671 **following growth in media supplemented with sterile culture filtrate (sCF) of different sources, or the source**
 672 **of sCF. The square brackets refer to the source of the sCF.**

673 **Figure 4A: Survival curves for *G. mellonella* infected with environmental isolates of *C. neoformans* lineage**
 674 **VNIa-5 (naïve environmental, blue line), and infected with the same environmental isolates following their**
 675 **growth in media supplemented with pooled sCF from either VNIa-5 lineage isolates derived from HIV-**
 676 **infected patients ([HIV-sCF], green dashed line) or from immunocompetent patients ([Immunocompetent-**
 677 **sCF], red dashed line). There is no significant increase in the hazard of death following infection with**
 678 **environmental isolates grown with sCF from HIV associated VNIa-5 isolates (HR 1.4 (95CI 0.8-2.3), P=0.2).**
 679 **Growth in media supplemented with sCF from isolates from immunocompetent patients is associated with a**
 680 **significant increase in the hazard of death (HR 10.0; 95CI 5.6-17.9) P< 0.001 sCF-immunocompetent vs naïve.**

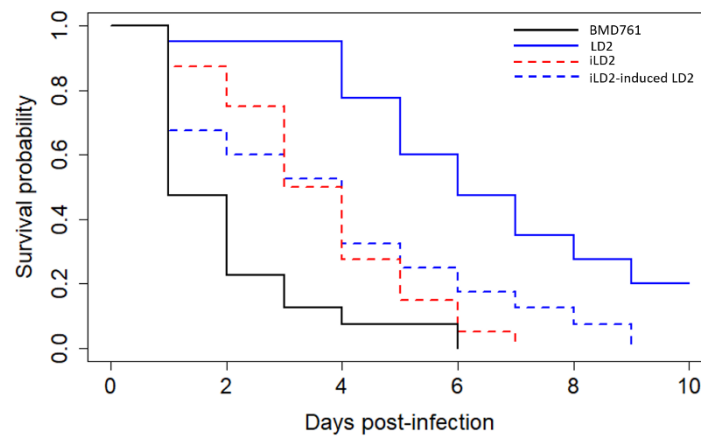
681 **Figure 4B: Growth of naïve environmental strain nLD2 in media supplemented with sCF from HIV derived**
 682 **VNIa-4 lineage isolates does not result in increased virulence in the *Galleria* model. The naïve LD2 strain was**
 683 **grown in media supplemented with pooled sCF from isolates BK80 or BK224 (VNIa-4 lineage strains derived**
 684 **from the cerebrospinal fluid of HIV-infected patients). Infection with the LD2 environmental isolate grown in**
 685 **sCF from isolates of the VNIa-4 lineage did not alter the hazard of death compared with infection with LD2 (HR**
 686 **0.6; 95CI 0.2, 2.0, P=0.5).**

687 **Figure 4C: Growth of naïve environmental strain nLD2 in media supplemented with sCF from the**
 688 ***Cryptococcus neoformans* H99 type strain does not result in increased virulence in the *Galleria* model. H99**
 689 **was significantly more virulent than naïve DL2 (HR 28.7 (14-60.4) and P<0.001 for H99 vs LD2) but there was**
 690 **no change in the hazard of death for *Galleria* between infection with either the naïve or H99 induced**
 691 **environmental isolate HR 1.3 (0.8-2.2) and P=0.25 for iLD2 vs nLD2 N = 40 larvae per arm.**

692 **Figure 4D. The virulence of the LD2 environmental isolate is not increased by growth in media supplemented**
 693 **with sCF derived from previous culture of its naïve state (HR 1.4, 95% CI 0.9-2.2, P=0.2).**

695 **5. Figure 5**

696



697

698

699 **Figure 5: Survival curves for *Galleria* infected with one of 4 VN1a-5 isolates: LD2: 'naïve'**

700 environmental isolate; BMD761: isolate from immunocompetent patient (HR 8.2 (4.9-13.8), $P < 0.001$

701 vs LD2); induced LD2: naïve LD2 isolate that has been grown with sCF (sCF) from BMD761 (HR 3.6

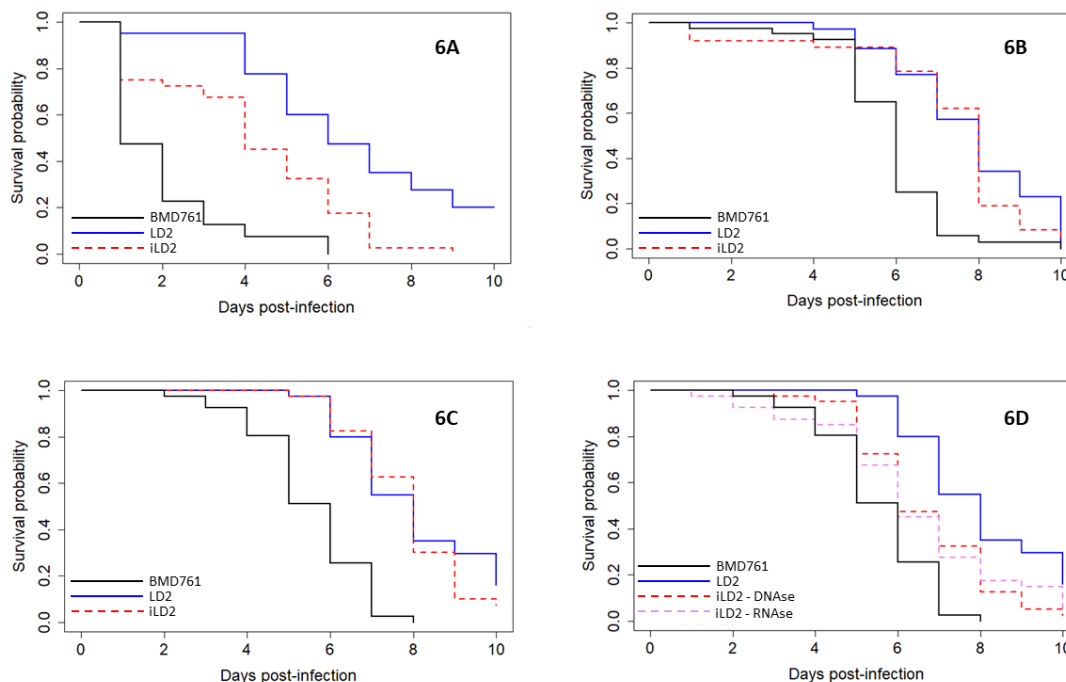
702 (2.2-6.0), $P < 0.001$ vs LD2); iLD2-induced LD2: naïve LD2 isolate grown with sCF from iLD2 (HR 2.8

703 (1.7-4.4), $P < 0.001$ vs LD2). N=40 larvae per arm

704

705

706 **6. Figure 6**



707 **Figure 6: The effects of treating sterile culture filtrate from highly virulent strain BMD761 with**
 708 **either freezing, boiling, protease or nuclease on its ability to induce increased virulence in the**
 709 **naïve environmental strain LD2.** Each figure shows survival curves for *Galleria* infected with
 710 different *C. neoformans* isolates. BMD761 is the high virulence VN1a-5 lineage isolate derived from
 711 an HIV-uninfected patient, LD2 is a low virulence VN1a-5 lineage isolate derived from the
 712 environment, and induced LD2 is the naïve environmental LD2 isolate following growth in media
 713 supplemented with sCF from BMD761.

714 **Figure 6A: The inducing effect of sCF is not affected by freezing at -20C.**

715 HR 2.7 95%CI 1.7, 4.5 P<0.001

716 **Figure 6B. Boiling abolishes the induction effect of sCF.**

717 HR1.3 95%CI 0.8, 2.01, P=0.3.

718 **Figure 6C: The inducing effect of sCF is abolished by treatment with proteinase.**

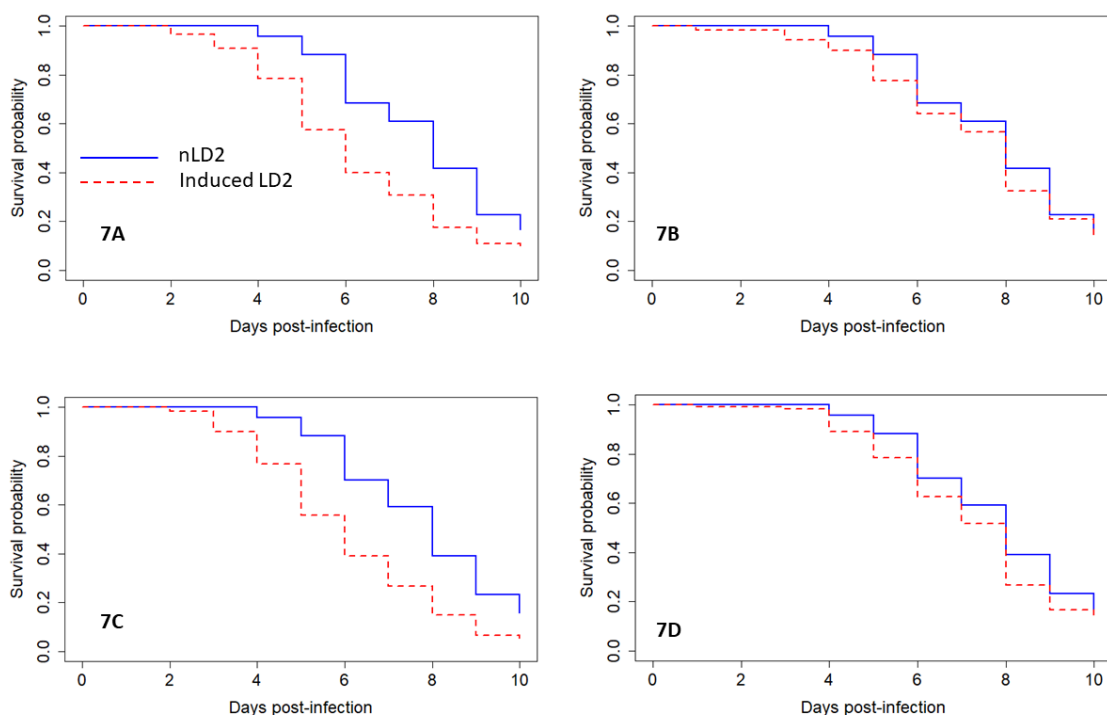
719 HR1.2, 95CI 0.8, 2.0, P=0.36

720 **Figure 6D. Treatment with DNase or RNase has no effect on the induction effect of sCF.** DNase HR
 721 2.1, 95CI 1.3, 3.4, P=0.002; RNase HR 2.0, 95CI 1.2, 3.4, P=0.004.

722 N = 30 *Galleria* per arm for all experiments.

723

724 **7. Figure 7**



725 **Figure 7: The effect of ultracentrifugation of sterile culture filtrate on induction of virulence in naïve**
726 **environmental isolate nLD2.**

727 SCF, derived either from highly virulent isolate BMD761, or from LD2 strain following virulence induction
728 with sCF from BMD761, underwent an extracellular vesicle (EV) isolation protocol to produce a putatively EV
729 containing pellet, and an EV-free supernatant. These fractions were then added to broth culture of naïve LD2
730 isolate, and the relative virulence of naïve LD2 was compared with subsequent 'induced LD2' (iLD2).

731 Experiments were done in triplicate, N=80 *Galleria* per arm. Summated data shown.

732 **Figure 7A: Growth of LD2 in media supplemented with ultracentrifugation pellet derived from BMD761**
733 **sCF.** Induction of increased virulence is seen, HR 1.8, 95CI 1.4, 2.4; P<0.001.

734 **Figure 7B: Growth of LD2 in media supplemented with ultracentrifugation supernatant derived from**
735 **BMD761 sCF.** No induction of virulence in LD2 is seen, HR 1.2, 95CI 0.8, 1.5; P=0.3.

736 **Figure 7C: Growth of LD2 in media supplemented with ultracentrifugation pellet derived from sCF from**
737 **LD2 that has previously been induced with BMD761 sCF.** Induction of increased virulence is seen, HR 2.1,
738 95CI 1.6, 2.7; P<0.001.

739 **Figure 7D: Growth of LD2 in media supplemented with ultracentrifugation supernatant derived from sCF**
740 **from LD2 that has previously been induced with BMD761.** No induction of increased virulence is seen, HR
741 1.2, 95CI 0.9, 1.6; P=0.1.

742 In all panels the solid blue line represents *Galleria* infected with naïve LD2 (nLD2) and the red dashed line
743 represents *Galleria* infected with the 'induced' LD2 (iLD2), i.e. the environmental isolate following growth in
744 media supplemented with either pellet or supernatant.

745

746 **8. Figure 8**

747



748

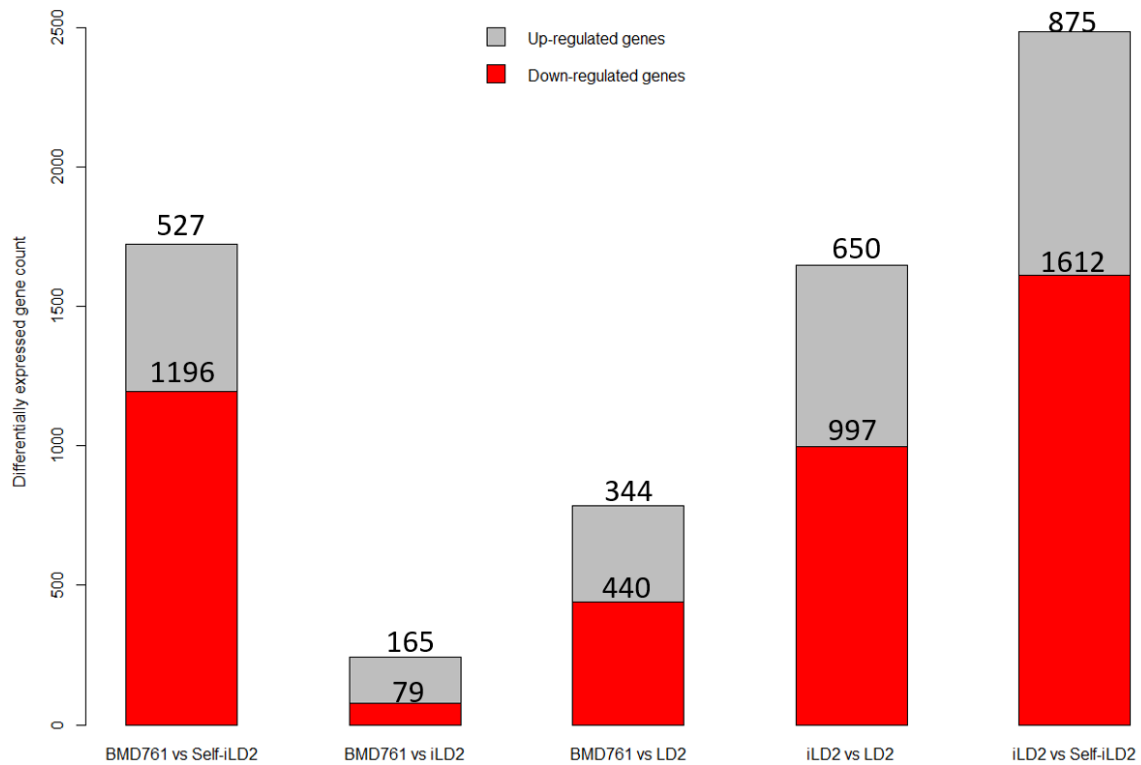
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751 **Figure 8: Transmission electron micrograph showing example of extracellular vesicle in**
752 **ultracentrifugation pellet of BMD761.**

753

754 **Figure 9**



755

756 **Figure 9: The number of differentially expressed genes between different samples**
757 **(outliers removed).** Genes were counted as differentially expressed if they had a
758 Benjamani-Hochberg adjusted P-value of <0.05 , and \log_2 fold change ≥ 1 and ≤ -1 .

759

760

761

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913 **Supporting Information**

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915 **Tables**

916 **1. Table S1: Details of strains used**

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Strain Number	Source	Genomic Lineage	Figure	
BK02	HIV patients with cryptococcal meningitis	VN1a-4	1A	
BK111				
BK120				
BK14				
BK151				
BK156				
BK182				
BK193				
BK224				1A, 4B
BK30				1A
BK35				
BK48				
BK56				
BK57				
BK59				
BK73				
BK74				
BK89				
BK90				
BK225			4B	
BK80				
BMD101	Apparently immunocompetent patients with cryptococcal meningitis	VN1a-5	1A	
BMD1198			2	
BMD1228			1A	
BMD1232			2	
BMD1291				
BMD1353			1A	
BMD1452				
BMD1646			1A, 2	
BMD1716				
BMD1828			2, 3, 4A	
BMD367				
BMD394			2	
BMD494				
BMD1592			1A	
BMD700				
BMD534			1-3, 4A, 5-8	
BMD761				
BMD854			1-3, 4A	
BMD973				
BMD865			2, 3, 4A	
BK42				
BK139			1B, 2, 4A	
LD2 (nLD2)				
NT7533			1B, 3-7	
BK031				
BK037	1B, 4A			
BK039				

BK044	HIV patients with cryptococcal meningitis		2
BK047			
BK062			
BK063			
BK142			
BK185			
BK196			
BK251			
BK255			
BK257			
Induced LD2	Naive environmental LD2 induced by grown in culture filtrate of one of clinical isolates (BMD761, BMD854, BMD494, BMD973, BK80, BK224, H99)		3, 5, 6 (A,B,C), 7
H99	Clinical reference strain	unknown	4C
[nLD2]-LD2	Naive environmental LD2 induced by grown in its own culture filtrate	VNIa-5	4D
iLD2-Induced LD2	Naive environmental LD2 induced by culture filtrate of Induced LD2		5
iLD2-DNAse	Naive environmental LD2 induced by culture filtrate of BMD761 treated with DNAse		6D
iLD2-RNAse	Naive environmental LD2 induced by culture filtrate of BMD761 treated with RNAse		

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2. Supplementary Table S2

Experimental condition	Total reads	Mapping (%)	Unique mapping (%)
BMD761-1	10566932	99.07	96.56
BMD761-2	10209953	99.22	94.11
BMD761-3	8026923	99.16	96.47
BMD761-4	8389000	99.02	96.63
BMD761-5	7992309	99.07	96.82
BMD761-6	10283111	99.08	96.75
LD2-1	9483009	99.01	96.63
LD2-2	11023417	99.13	96.81
LD2-3	10871841	98.94	96.49
LD2-4	9038152	97.23	94.84
LD2-5	11368845	99.07	96.60
LD2-6	6879322	99.11	96.90
Induced LD2-1	10297952	99.17	96.96
Induced LD2-2	8650109	99.19	96.76
Induced LD2-3	9502629	99.19	96.33
Induced LD2-4	10857524	99.06	96.67
Induced LD2-5	10559163	99.20	97.13
Induced LD2-6	10979132	99.24	95.95
Self-induced LD2-1	8345534	98.94	96.18
Self-induced LD2-2	7389997	99.31	96.73
Self-induced LD2-3	6901251	99.22	96.54
Self-induced LD2-4	8314394	99.27	96.51
Self-induced LD2-5	9311518	99.00	96.10
Self-induced LD2-6	12251864	99.22	96.42

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Supplementary Table S2 Mapping statistics for *C. neoformans* var. *grubii* RNA-seq data. Each isolate was performed in six biological replicates. Total reads: number of short read generated; Mapping: percentage of reads mapped to *C. neoformans* var. *grubii* H99 reference genome. Unique mapping: percentage of reads uniquely mapped to genomic features in the reference genome.

931 **3. Supplementary Table S3**

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GeneID	Product Description	Name	log2FoldChange
CNAG_05472	Meiotic recombination protein	SPO11	-2.1
CNAG_06574	Secreted antiphagocytic protein	APP1	-2.1
CNAG_05015	Catalase 4	CAT4	-1.7
CNAG_03012	Quorum sensing protein 1	QSP1	-1.3
CNAG_04217	Phosphoenolpyruvate carboxylase (ATP)	PCK1	-1.3
CNAG_05181	White-collar transcription factor; blue light photoresponsive gene	BWC1	-1.0
CNAG_06500	Arginine metabolism transcriptional control protein	ARG1	1.0
CNAG_02885	Capsule-associated protein	CAP64	1.1
CNAG_02729	Hypothetical protein	FRR1	1.2
CNAG_03263	Translation elongation factor Tu	TUF1	1.2
CNAG_02531	Mitogen activated protein kinase	CPK2	1.2
CNAG_05998	Rho-GTPase	RAC2	1.4
CNAG_01172	Parallel beta-helix repeat protein	PBX1	1.5
CNAG_05274	STE/STE20/YSK protein kinase	null	1.6
CNAG_00418	S-adenosylmethionine synthase	ILV2	1.6
CNAG_02036	Putative sugar transporter	CAS4	1.7
CNAG_01890	Methionine synthase	MET6	1.7
CNAG_05968	Rho-like GTPase	CDC420	1.7
CNAG_06231	Large subunit ribosomal protein L13	null	2.1
CNAG_00779	Large subunit ribosomal protein L27e	RPL27	2.4
CNAG_06487	Putative chitin synthase	CHS6	4.6
CNAG_01907	PLK/PLK1 protein kinase	null	5.3
CNAG_05565	Hypothetical protein	null	5.7

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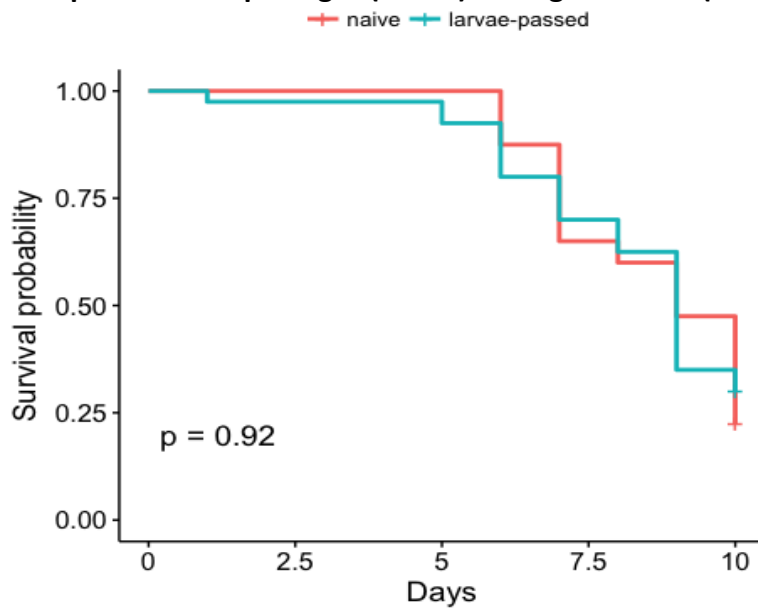
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Table S3: Regulation of virulence-associated genes in BMD761 and Induced LD2 strains relative to naive LD2. Null means there is no function described or no ortholog for the gene in question.

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940 **Supplementary Figures**

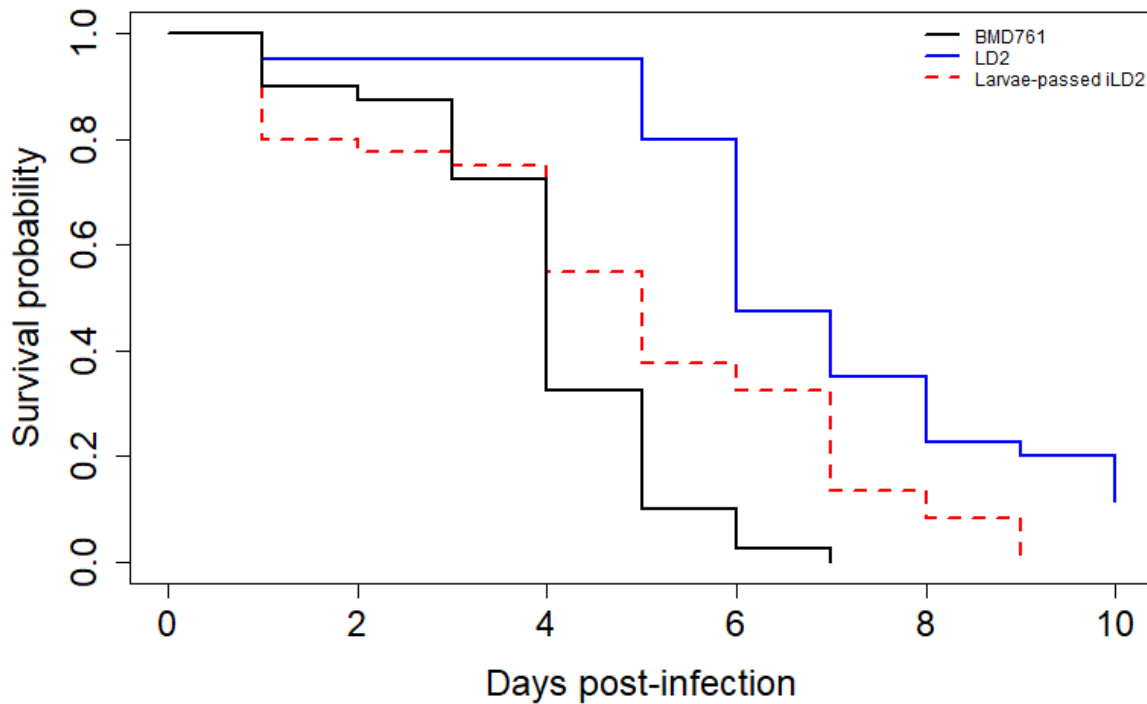
941 **1. Figure S1: The virulence phenotype of environmental VN1a-5 isolate is stable over**
942 **multiple infection passages (6-fold) through *Galleria* (P = 0.92, log rank test)**



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2. Supplementary Figure S2: The induced increased virulence phenotype is stable over multiple generations.

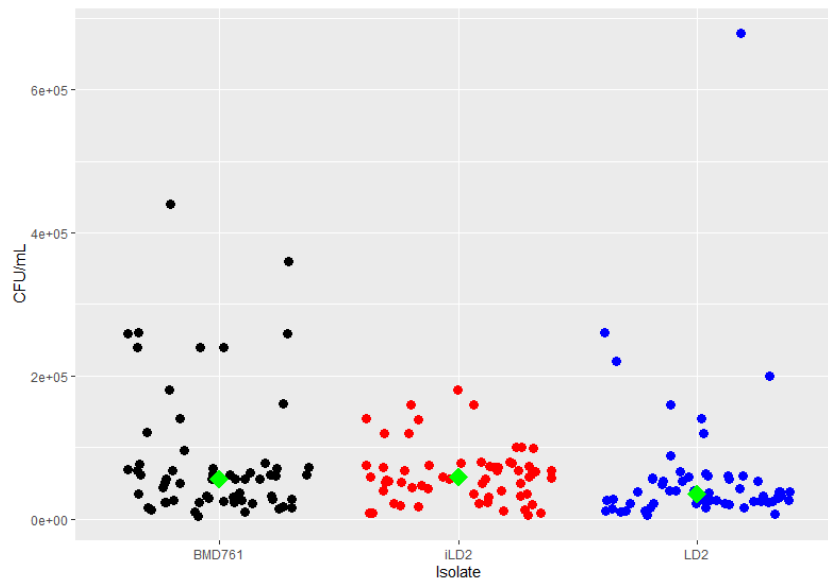


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Figure S2 shows survival curves for Galleria infected with one of 3 isolates: The black curve is for Galleria infected with the hypervirulent immunocompetent patient derived BMD761 isolates, the blue curve for the naïve LD2 environmental isolate, and the red curve for infection with previously induced LD2 that has been repeatedly passaged through Galleria following recovery from haemolymph. The induced LD2 retains increased virulence compared with its naïve self. HR induced LD2 versus naïve LD2: HR2.3; 95CI 1.4, 3.7, P=0.001.

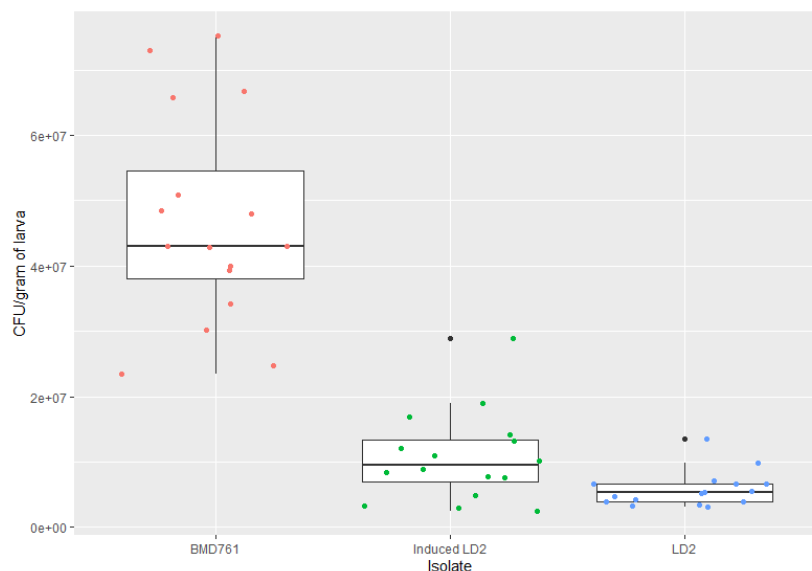
958 **3. Supplementary Figure S3: changes in *in vitro* virulence phenotypes following**
959 **induction of nLD2**

960 **a. Figure S3a: fungal burden ex vivo CSF 761 vs iLD2 versus nLD2**
961



962 **Figure S3a:** Induced LD2 has superior growth in *ex vivo* CSF compared with its naïve self,
963 with higher fungal burdens after 48 hours incubation (median 5.9×10^4 CFU/ml, IQR 3.6×10^4
964 $- 7.6 \times 10^4$ vs 3.5×10^4 CFU/ml, IQR $2.3 - 5.7 \times 10^4$, $P = 0.02$)
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b. Figure S3b: Fungal burden recovered from Galleria

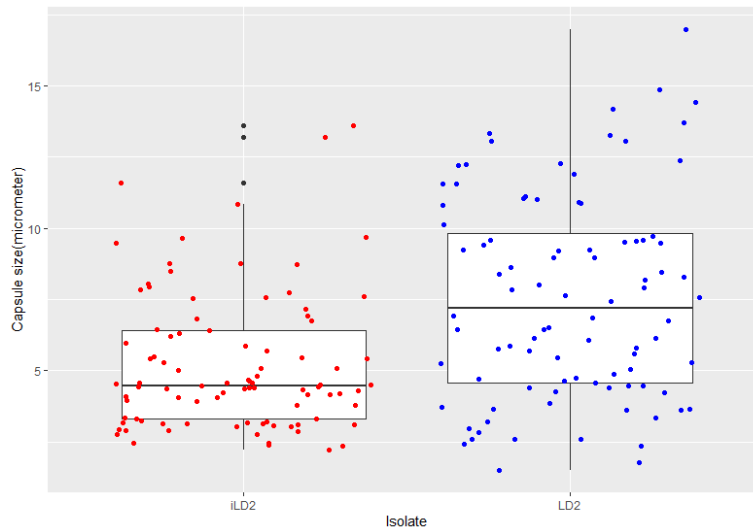


967 **Figure S3b:** The 48 hour fungal burden in *Galleria* hemolymph infected with induced isolate
968 is significantly higher than that of its naïve self (median fungal burden 9.6×10^6 CFU/g body
969 weight (inter-quartile range $6.9 \times 10^6 - 1.4 \times 10^7$) versus 5.3×10^6 CFU/g body weight (IQR 4.0
970 $\times 10^6 - 6.7 \times 10^6$, $P = 0.025$),
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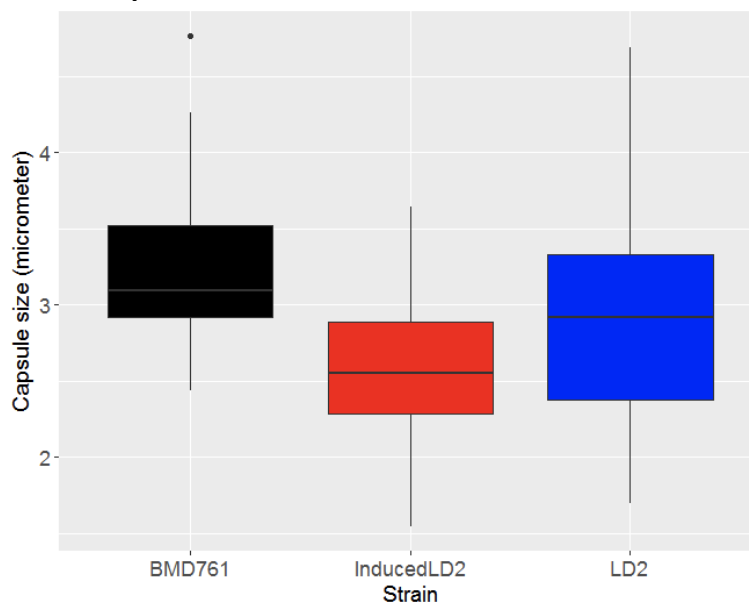
4. Supplementary Figure S4 :Capsule size of induced LD2 compared with naïve LD2

a. Capsule grown *in vitro*



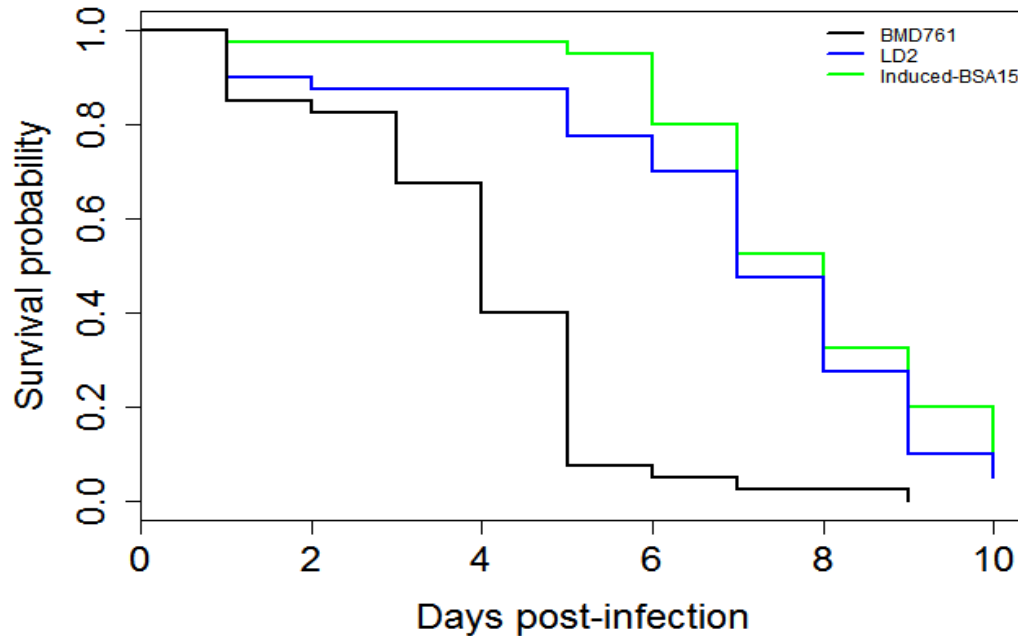
978 Induced LD2 isolates expressed significantly thinner capsules compared with the naïve self
979 both when grown *in vitro* (median capsule width 4.5 μm , IQR 3.3-6.4 versus 7.2 μm , IQR 4.5
980 – 9.8, $P < 0.001$)
981

b. Capsule size ex-Galleria



982 Capsular size comparison of *C. neoformans* (clinical BMD761, environmental LD2 and Induced
983 LD2) recovered from larval hemolymph 48 hours post-inoculation. Adjusted P value = 0.03
984 obtained from Kruskal-Wallis test with Benjamini-Hochberg method (Induced LD2 vs LD2)
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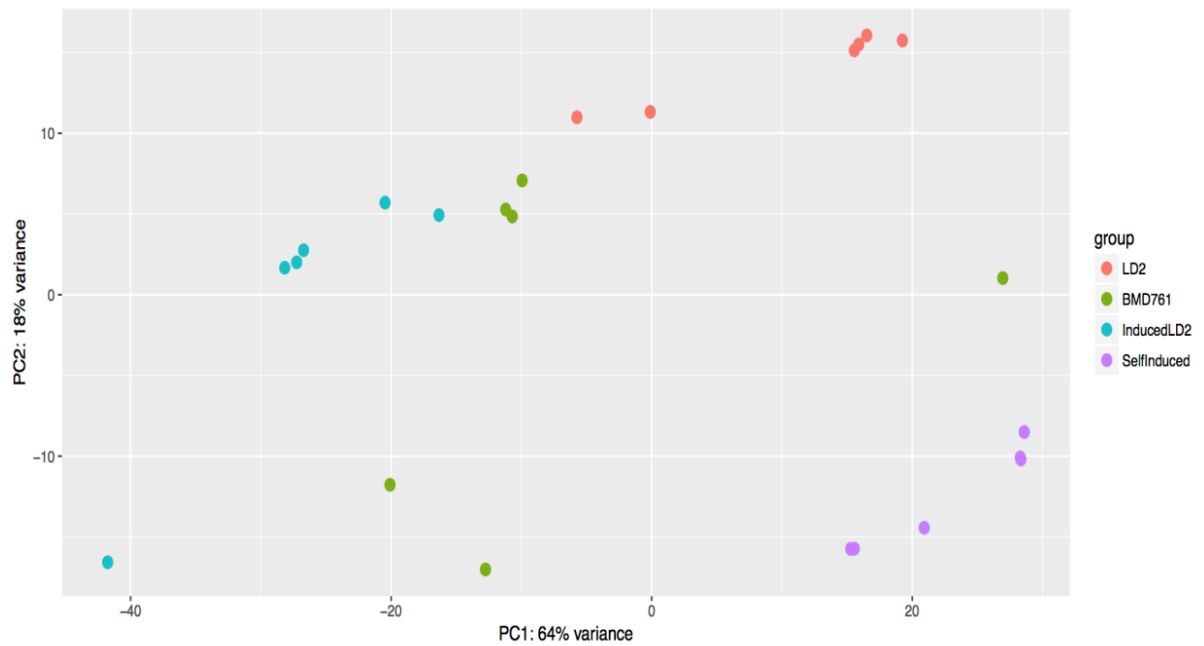
987 **5. Supplementary Figure S5: effect of bovine serum albumin on induction of**
988 **environmental isolate LD2 by hypervirulent isolate BMD761**
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990
991 *Galleria* infection experiment following induction of naïve environmental isolate LD2 in
992 sterile culture filtrate derived from hypervirulent VN1a-5 isolate BMD761, but following
993 addition of bovine serum albumin. The resulting isolate is termed Induced-BSA15. Survival
994 curves are for the infection of *Galleria* with the naïve environmental isolate LD2 (blue),
995 Induced-BSA15, and BMD761. No induction of virulence is seen when BSA is added to sCF
996 (Hazard ratio for induced-BSA15 versus LD2: HR 0.8; 95CI 0.5, 1.3, P=0.32
997

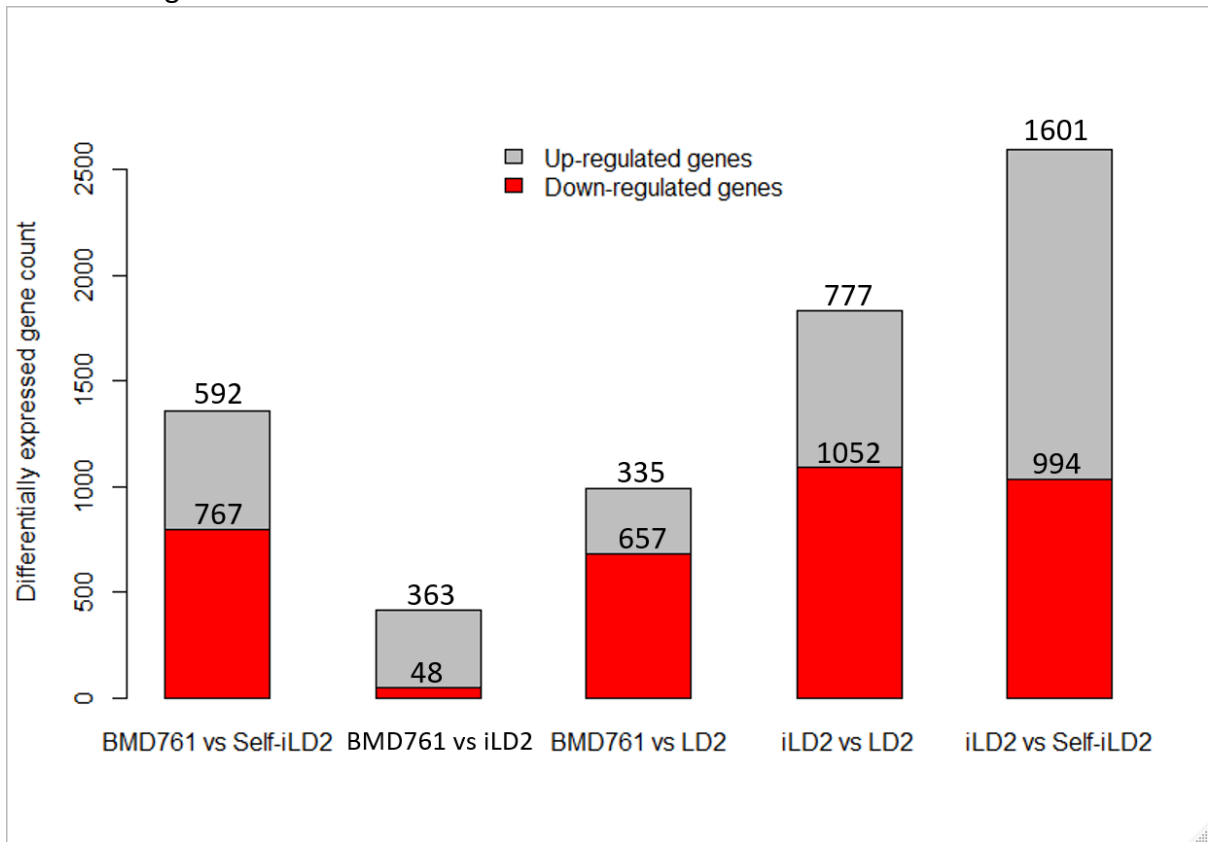
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6. Supplementary Figure S6: Principle components analysis of 6 biological replicates of four conditions: naïve environmental LD2, BMD761 from an HIV uninfected patient, induced LD2 cultured in the presence of supernatant from LD2, and LD2 'self-induced' i.e. grown in the presence of supernatant from a different culture of LD2.



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1006 **7. Supplementary Figure S7: The number of differentially expressed genes between**
1007 **different samples (outliers included).** Genes were counted as differentially
1008 expressed if they had a Benjamani-Hochberg adjusted P-value of <0.05 , and log2 fold
1009 change ≥ 1 and ≤ -1 .



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