

Multi-fluorescence high-resolution episcopic microscopy (MF-HREM) for three dimensional imaging of adult murine organs

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Abstract

Three-dimensional microscopy of large biological samples ($>0.5 \text{ cm}^3$) is transforming biological research. Many existing techniques require trade-offs between image resolution and sample size, require clearing or use optical sectioning. These factors complicate the implementation of large volume 3D imaging. Here we present Multi-fluorescent High Resolution Episcopic Microscopy (MF-HREM) which allows 3D imaging of large samples without the need for clearing or optical sectioning. MF-HREM uses serial-sectioning and block-facing wide-field fluorescence, without the need for tissue clearing or optical sectioning. We detail developments in sample processing including stain penetration, resin embedding and imaging. In addition, we describe image post-processing methods needed to segment and further quantify these data. Finally, we demonstrate the wide applicability of MF-HREM by: 1) quantifying adult mouse glomeruli. 2) identifying injected cells and vascular networks in tumour xenograft models; 3) quantifying vascular networks and white matter track orientation in mouse brain.

Introduction

Immunohistochemistry has traditionally been the primary method used to image specific proteins and structures in large ($>1\text{cm}^3$) tissue samples. However, the two-dimensional nature of conventional histological slices means that the complete, and often complex, three-dimensional structure of biological tissues generally cannot be captured and investigated. Numerous efforts have been made to simplify the three-dimensional (3D) alignment of serial histological sections, but have proved to be non-trivial due to the significant distortions and misalignments that occur during sectioning and processing (1). To meet this need, several 3D fluorescent imaging techniques have been developed that are now providing data over length scales from single cells to tissues, organs and organisms (2).

As with many fluorescent imaging techniques, multiplexed fluorescence staining is a particularly powerful tool for evaluating spatial relationships between features, often enabling function to be inferred (3–5).

All 3D microscopy techniques must overcome the opacity of biological tissue caused by optical scatter of tissue structures. Approaches to this can be grouped into two categories: clearing-based, where the tissue is rendered optically transparent through de-lipidation and refractive index matching (6–8)(9); and serial sectioning, where the entire sample is physically cut.

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45 Cleared samples can be imaged using techniques such as light-sheet microscopy (2,4,7)
46 and optical projection tomography (OPT) (10,11). However, clearing requires often complex,
47 lengthy and costly tissue preparation, with variable efficacy (9,12), and widely acknowledged
48 morphological changes to the sample (9,13). Additionally, sample size is limited by the
49 working distance of the microscope objective lens (7) and the objective lens must be
50 protected from the often corrosive clearing solutions. Resolution is also limited by the need
51 for broader light sheets to penetrate greater tissue depth (14).

52

53 Block facing serial sectioning, overcomes slice alignment issues by imaging the surface of
54 the exposed sample after each successive cut thereby creating an inherently aligned image
55 stack and removing the need to retain the structural integrity of individual slices. However,
56 block-face imaging can suffer from loss of optical resolution in the z-axis, due to
57 contamination by out of focus light from below the block surface (shine-through) (15). The
58 addition of optical-sectioning capabilities such as two-photon and structured illumination into
59 serial sectioning instruments has aimed to overcome this issue (3), (14), (16) (13,17), but at
60 the cost of dramatically increasing the technical requirements for the imaging instrument
61 require high powered lasers and often they are custom built.

62

63 Optical HREM was originally developed as a high-throughput platform for phenotyping
64 transgenic mouse models (18–20). It was subsequently used to map gene expression (via
65 lacZ) (21), and for analysis of human tissue (22,23). In these studies, the source of image
66 contrast was eosin blocking (i.e. the property of eosin, when bound to eosinophilic proteins,
67 to inhibit the fluorescence of unbound eosin in the embedding resin). This produces images
68 with an appearance similar to the inverse of a traditional eosin staining in histology (shown in
69 Figure 1C). Previously, studies have also embedded samples in (non-fluorescent) resin and
70 used the native autofluorescence of the tissue as a source of contrast (20). This technique
71 has only been published as applied to mouse embryos and has no potential to target specific
72 structures or multiplex stains (shown in Figure 1C). Moreover, the resolution is far coarser
73 than Eosin stained HREM as no post-processing solutions to recover the axial resolution
74 have been developed (24).

75 Here, we describe the development of *multi-fluorescent* high resolution episcopic
76 microscopy (MF-HREM), which allows multiplexed fluorescent imaging of large tissue
77 samples, at high resolution, without the need to perform tissue clearing or optical sectioning.
78 MF-HREM is a block-facing serial sectioning imaging technique (21,25), in which samples
79 are embedded in resin and sectioned within the body of a microscope using an automated
80 microtome blade. Wide-field multi-channel fluorescent images of the block face are acquired
81 after every section, resulting in an inherently aligned stack of 3D fluorescent images.

82 MF-HREM offers a convenient solution to the difficulties associated with the alignment of
83 traditional histological sections, and has enabled, for the first time, the extension of HREM to
84 provide multiplexed fluorescence images with targeted labelling. This included the
85 development of a MF-HREM tissue-processing, acquisition and post-processing pipeline,
86 with the use of an opacifying agent and image deconvolution to recover axial image
87 resolution. As MF-HREM does not need tissues to be optically cleared, it is advantageous
88 for imaging tissue morphology (13) and can be used in conjunction with lipophilic dyes that
89 cannot be used in solvent based clearing (26,27). For MF-HREM, lateral resolution is
90 determined directly by the microscope objective, while axial resolution is related to both
91 section thickness and light penetration into the block. As the block is physically sliced there

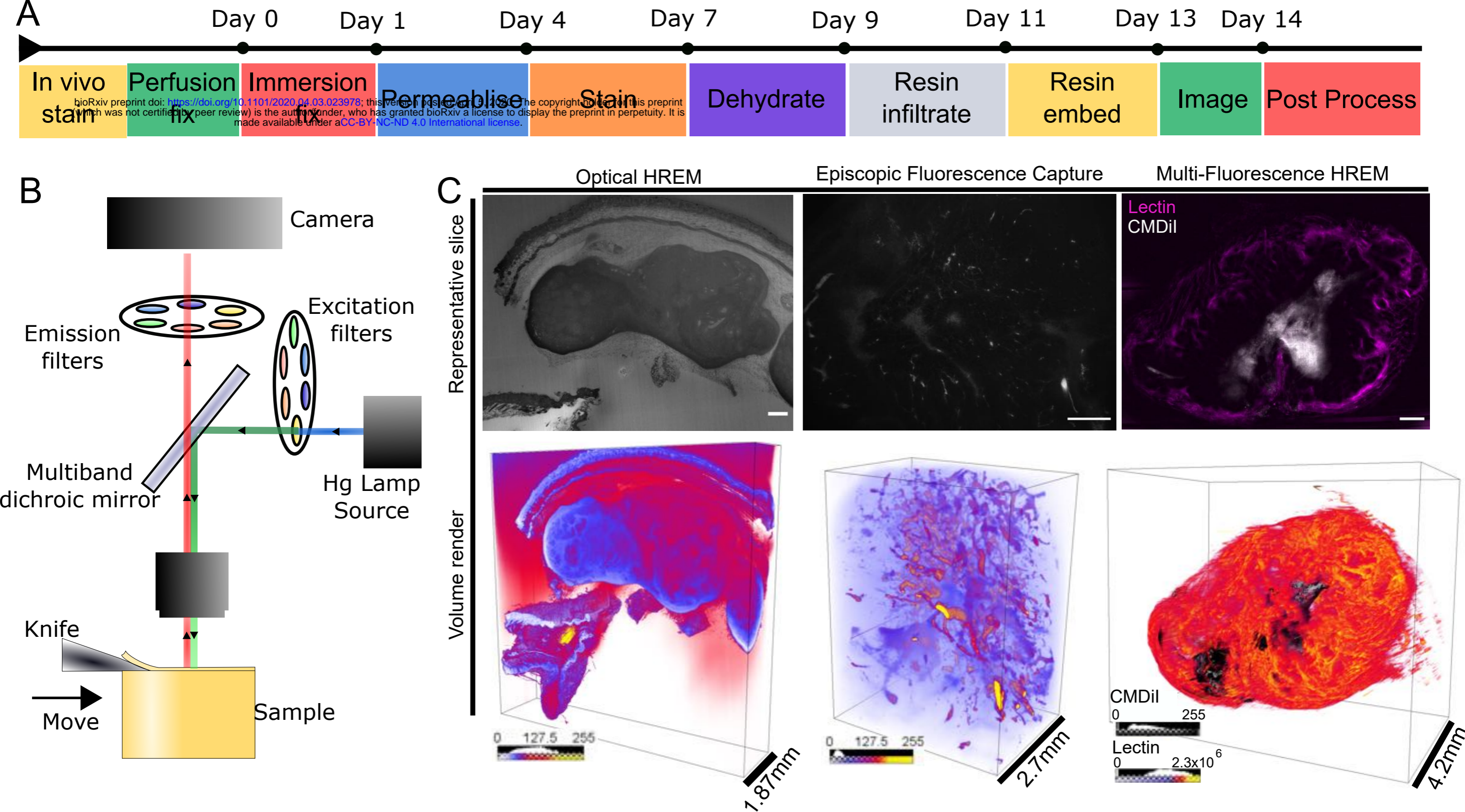


Figure 1. The MF-HREM acquisition pipeline. A) Shows the MF-HREM sample preparation, acquisition and image post-processing timeline for a typical multi-stained sample. For animal models, the sample is collected following perfusion fixation. In some cases the sample is collected following perfusion fixation, in some cases the sample is stained in vivo, prior to fixation. The sample is fixed overnight in PFA before being whole-mount stained (small mount stain or antibody). As almost all candidate resins are immiscible with water, samples must be dehydrated before polymerisation. Once staining is complete, the sample is dehydrated using a series of organic solvents, followed by infiltration with a three-part glycol methacrylate acrylic (GMA) resin. Finally, the sample is set within the final resin block in the desired orientation and attached to a chuck for mounting to the instrument. Sample imaging with multiple wavelength channels is automated. B) The HREM instrument consists of a fluorescent stereomicroscope with 1x objective lens (NA:0.25), and a variable zoom which provides fields of view ranging from 25 mm down to 2.3 mm. Biological samples are held within a removable sample holder under the microscope objective on a z-translational stage to enable sections to be cut with a horizontally-aligned, automated sectioning blade. Single-use tungsten carbide blades allow large samples to be cut. The sample is illuminated by a mercury vapour lamp, with separate excitation and emission filters for multiple wavelength imaging. C) Comparison of previously developed optical HREM, Episcopic fluorescent microscopy and MF-HREM on subcutaneously grown xenograft colorectal cancer tumours. Optical HREM uses Eosin B for contrast, Episcopic fluorescent microscopy uses tissue autofluorescence, while MF-HREM has used multiplexed staining of tumour vasculature and injected cells. In the case of Optical HREM, it is difficult to definitively identify any particular tumour features due to the widespread binding of Eosin B. In the autofluorescence case, blood has been left in the tumour to enhance vessel autofluorescence; whilst this appears to have been effective, it is difficult to conclusively identify bright structures and blood vessels, and only one fluorescence channel can be imaged. MF-HREM demonstrates clear vascular structure as stained by i.v administered lectin and initially injected cells can be clearly identified via the medium-term cell tracing dye CMDiI. Scale bars are 500 μ m on 2D slices.

92 is no inherent link between sample depth and resolution. A schematic diagram of the MF-
93 HREM pipeline is shown in Figure 1.

94 Having developed a pipeline for preparing samples, acquiring data and image post-
95 processing (Figure 1) we then used MF-HREM to investigate the structure of three biological
96 systems: 1) glomeruli in adult mouse kidneys; 2) blood vessels in a mouse tumour xenograft
97 model; and 3) cerebral vasculature and white matter tract orientation in a mouse brain.
98 We show here that these developments greatly broaden the potential applications of HREM
99 and provide a large-volume 3D imaging platform that is accessible to a wide range of
100 researchers.

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104 **Results**

105

106 **Comparison of embedding resins for MF-HREM**

107 MF-HREM requires samples to be embedded within a hard resin, to provide mechanical
108 stability (stiffness) during sectioning. Various commercially-available resins are used in
109 histology, however as these resins are designed to be manually cut and subsequently
110 stained, they are not optimised for automated, thin sectioning, fluorescence preservation or,
111 in many cases, large samples (28,29). We selected five commercial resins based on the
112 literature which covered the three broad chemical categories for hard resins: methacrylate
113 resins - Technovit 7100, Technovit 8100 and Lowicryl HM20; epoxy resin – Spurr; and
114 arcylic resins – LR White (28,30–32).

115 For each resin chemical setting options rather than heat or UV were used (see methods for
116 more details). For resins requiring low oxygen to set (Technovit 8100) both setting under
117 vacuum and setting under a mineral oil layer were investigated (see methods for further
118 details).

119 Resins were initially assessed for the time taken to set with and without an opacifying agent
120 Orasol Black (see Supplementary table). LR White and Lowicryl HM20 were excluded from
121 further testing due to expansion during setting and slow setting (>120 hrs) respectively.

122 For the remaining resins — Technovit 8100, 7100 and Spurr — automated cutting
123 consistency and image quality were assessed. During automated cutting with the HREM,
124 Spurr blocks either chipped or broke. Comparisons of cut quality with embedded tissue for
125 Technovit 7100 and 8100 showed Technovit 7100 to have an increased incidence of ‘flaky’
126 resin (i.e. where resin had not fully set in the centre of the block or voids were evident) (see
127 Figure 2B).

128 Hardness testing of Technovit 8100 (oil or vacuum), 7100 and Spurr (Figure 2A) showed
129 that the top of the block was less hard than the centre of the block for all resins. For
130 Technovit 8100 blocks were harder when set with vacuum by comparison to mineral oil. It
131 was also notable that Spurr resin demonstrated a gradient of hardness from the edge of the
132 section to the centre.

133 Based on the above results Technovit 8100 was chosen as the candidate resin and the final
134 stage of resin optimisation focused on quantifying and tuning the properties of Technovit
135 8100 based on the amount of secondary catalyst and Orasol Black (see Figure 2C).

136 Increasing the volume of secondary catalyst or decreasing the concentration of opacifying
137 agent significantly increased hardness (Two-way anova $p=0.0059$ for secondary catalyst
138 $p=0.0011$ for opacifying agent concentration.)

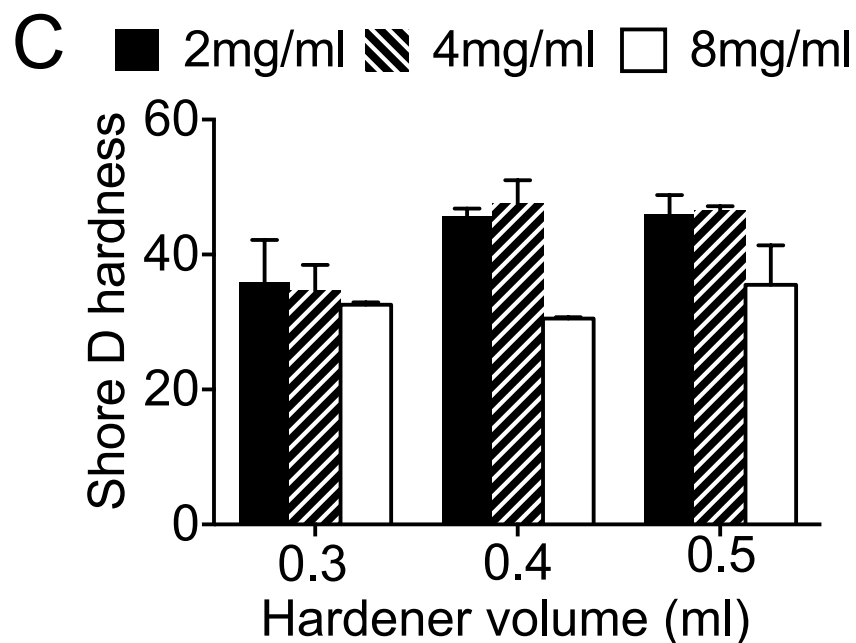
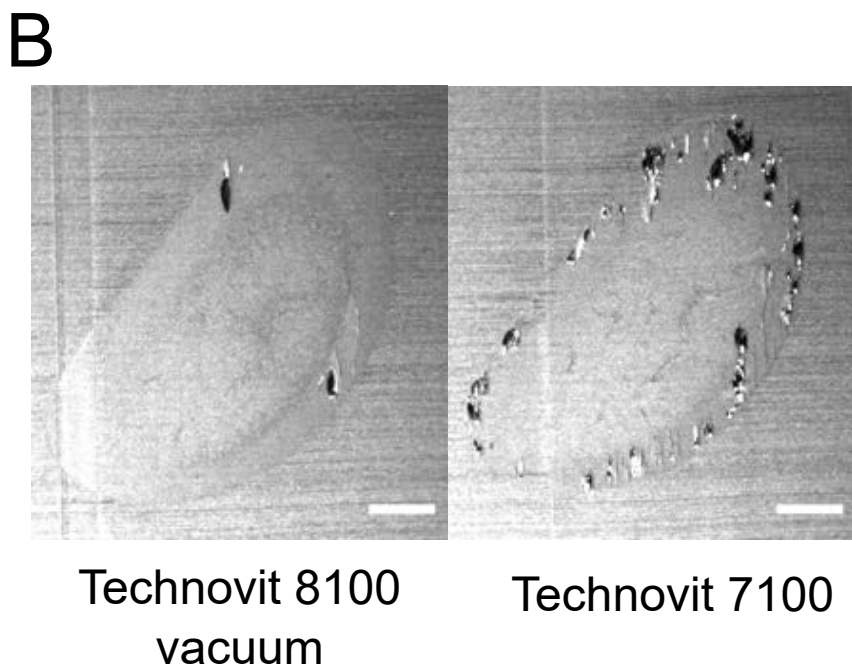
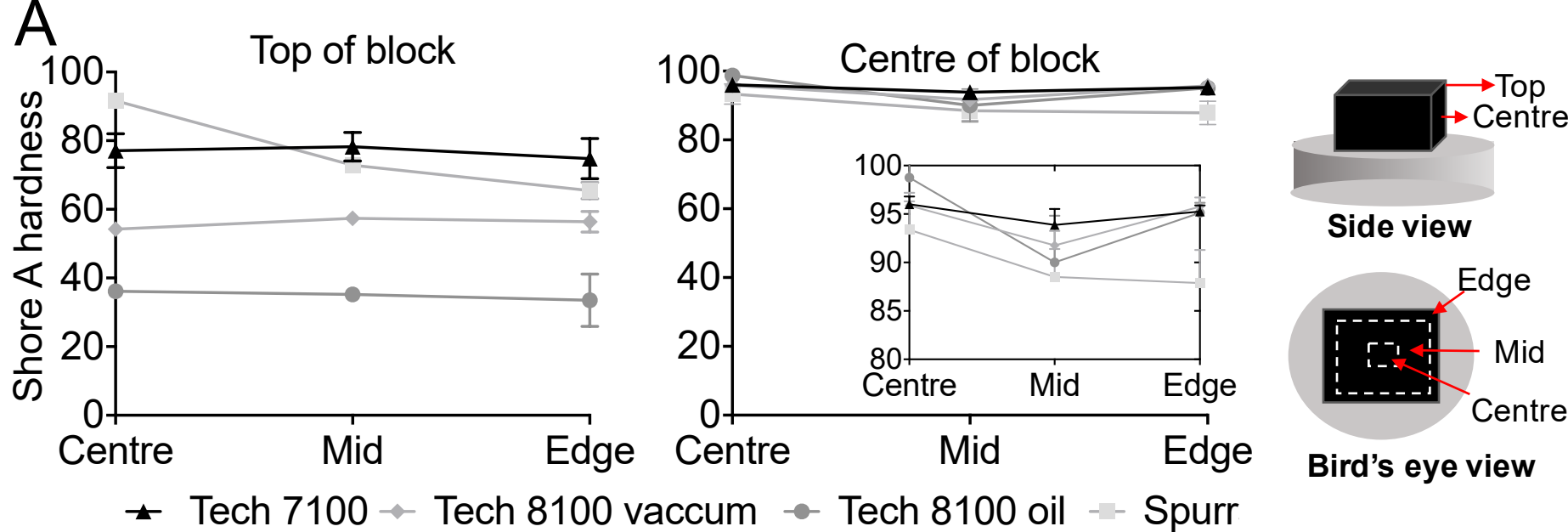


Figure 2. Characterisation of potential resins and optimisation of embedding procedure. A) Hardness measurements for 3 candidate resins (Technovit 7100, Technovit 8100 and Spurr with Technovit 8100 under two different oxygen exclusion conditions: oil or vacuum. Hardness measurements were made using a Shore Durometer A at two axial positions: top and centre, and at 3 lateral positions: centre, mid and edge (as indicated in the diagram). Mean and standard deviation for triplicate measurements on N=2 shown. Comparing the two graphs show that all samples had greater hardness at the centre of the block than the top of the block and at each axial position there was a gradient of decreasing hardness for Spurr resin from the centre to the edge. Technovit 8100 set under oil had the lowest hardness at the top of the block but in the centre all resins had similar measured hardness. B) Representative images of two samples embedded in Technovit 8100 and Technovit 7100, showing the flaky resin/voids that are encountered more so for Technovit 7100 (scale bar =1mm). C) Hardness measurements for Technovit 8100 set under vacuum with three different amounts of secondary catalyst (0.3, 0.4 or 0.5 mL per 15 mL of infiltration soln.) and Orasol Black (2,4,8 mg/mL). Hardness was measured on the top of the block (axially) and in the centre of the block (laterally), mean and standard deviation for triplicate measurements on N=2, shown. Results show a significant increase in hardness with increasing secondary catalyst and decreasing concentration of Orasol Black (two-way anova $p=0.0059$ for secondary catalyst $p=0.0011$ for opacifying agent concentration.)

Reagent	Embryo (upto E12.5) Organoid or 3D culture	Small adult organ e.g. nerve, mammary gland, brain hemisphere or embryo E14.5 to P1	Large adult mouse organ Heart, Liver, Kidney, Whole brain, subcutaneous tumour, lung	Human biopsy material (greater than 1.5 cm ³) OR highly fibrous tissue
Acetone 50%	1hr	6hrs	12hrs	24 hrs (refresh at 12hrs)
Acetone 70%	1hr	6hrs	24hrs (refresh at 12hrs)	24 hrs (refresh at 12hrs)
Acetone 80%	1hr	2hrs	2hrs	12hrs (refresh at 6hrs)
Acetone 100%	15mins	1hr	2hrs	3hrs
Acetone 100%	15 mins	1hr	2hrs	3hrs
Acetone 100%	15mins	1hr	2hrs	3hrs
50:50 Acetone : infiltration sol.	2hrs	12hrs	12hrs	24hrs
25:75 Acetone : Infiltration sol.		12hrs	12hrs	24hrs
100% Infiltration solution +vacuum	2hrs include opacifying agent	12hrs include opacifying agent	24hrs (refresh at 12 hrs) include opacifying agent at sol. refresh	48hrs (refresh at 24hrs) include opacifying agent at sol. refresh
Embed	24hrs	24hrs	48hrs	48hrs

Table 1. Outlining the dehydration and embedding times, optimised for a variety of tissue sample types.

139 Based on these results, embedding protocols for various adult murine tissues, in Technovit
140 8100, were established and are shown in Table 1.

141

142

143 **Minimisation of shine-through artefact with an opacifying agent**

144 In MF-HREM, the focal plane of the microscope is the block surface, however when
145 excitatory light is incident on the block surface some light penetrates the block and excites
146 fluorophores deeper in the sample. Emission from these fluorophores beneath the surface is
147 captured as out of focus light and blurs the image particularly in the axial plane. This is the
148 same process which causes blurring for any optical imaging of thick samples, the difference
149 for HREM (and any other serial sectioning block facing technique) being that this light comes
150 only from below the focal plane rather than above and below (see Figure 3A). This leads to a
151 characteristic comet-tail like artefact in the axial imaging plane as seen in Figure 3B.

152 To reduce excitation of fluorophore beneath the block surface, we investigated the addition
153 of an opacifying agent (Orasol Black) to the embedding resin to minimise light transmission
154 through the block.

155 Orasol Black 45X (Stort Chemicals Ltd, Bishops Stortford, UK) is a carbon-based product
156 used as a dye in printing industries. It was found to be soluble in all resins and organic
157 solvents tested and did not affect the expected staining pattern for any tested stains. The
158 powder was mixed with the resin at the last stage of resin infiltration, prior to positioning and
159 setting the sample within the final block. Once in the block, the dye decreases shine-through
160 by absorbing both incident, excitation light and emitted fluorescence beneath the block's
161 surface.

162 The transmission spectrum of a relatively low concentration of Orasol Black (see Methods) is
163 shown in Figure 3C. It has a broad absorption in the 450nm to 650nm range, with a steep
164 increase in transmission in the near infrared range (>700nm).

165 We investigated the decrease in shine-through with increasing Orasol Black concentration at
166 a wavelength of 705nm and 600nm, using 3D cell cultures as standardised samples
167 (Figure 3B). Analysis of pixel intensity for ROI's drawn around isolated cells allowed fitting of
168 a single exponential decay model (Eq. 1) to the z distance-intensity plot (Figure 3D).
169 estimation of the fit parameters – decay constant (τ), initial intensity (I_0) and the calculation
170 of the half-value layer $T_{1/2} = -\log(2) / \tau$, could then be calculated as well as goodness-of-
171 fit.

$$172 \quad I = I_0 e^{-z/\tau} \quad (\text{Eq. 1})$$

173

174 With increasing concentration of Orasol Black, the comet tail artefact appeared reduced and
175 can be quantified by the decrease in both τ and $T_{1/2}$ (see Figure 3E). The initial intensity I_0
176 also shows a sharp decrease at 8mg/ml, and this can be seen qualitatively in the images as
177 a decrease in the signal and a reduced signal to noise ratio.

178 The highest Orasol Black concentration (32 mg/ml) provided the greatest decrease in shine-
179 through, but as previously discussed this affected resin polymerisation, causing the resin to
180 set quickly, in some cases, prior to the addition of the secondary catalyst. A balance
181 between minimising shine-through, having good signal to noise and optimum resin setting
182 must therefore be found.

183 As expected from the transmission spectrum, shine-through was lower for HCS Cell Mask
184 (Em 600 nm) than for HCS Nuclear Mask (Em 705 nm), for the same concentration of
185 Orasol Black (Figure 3F).

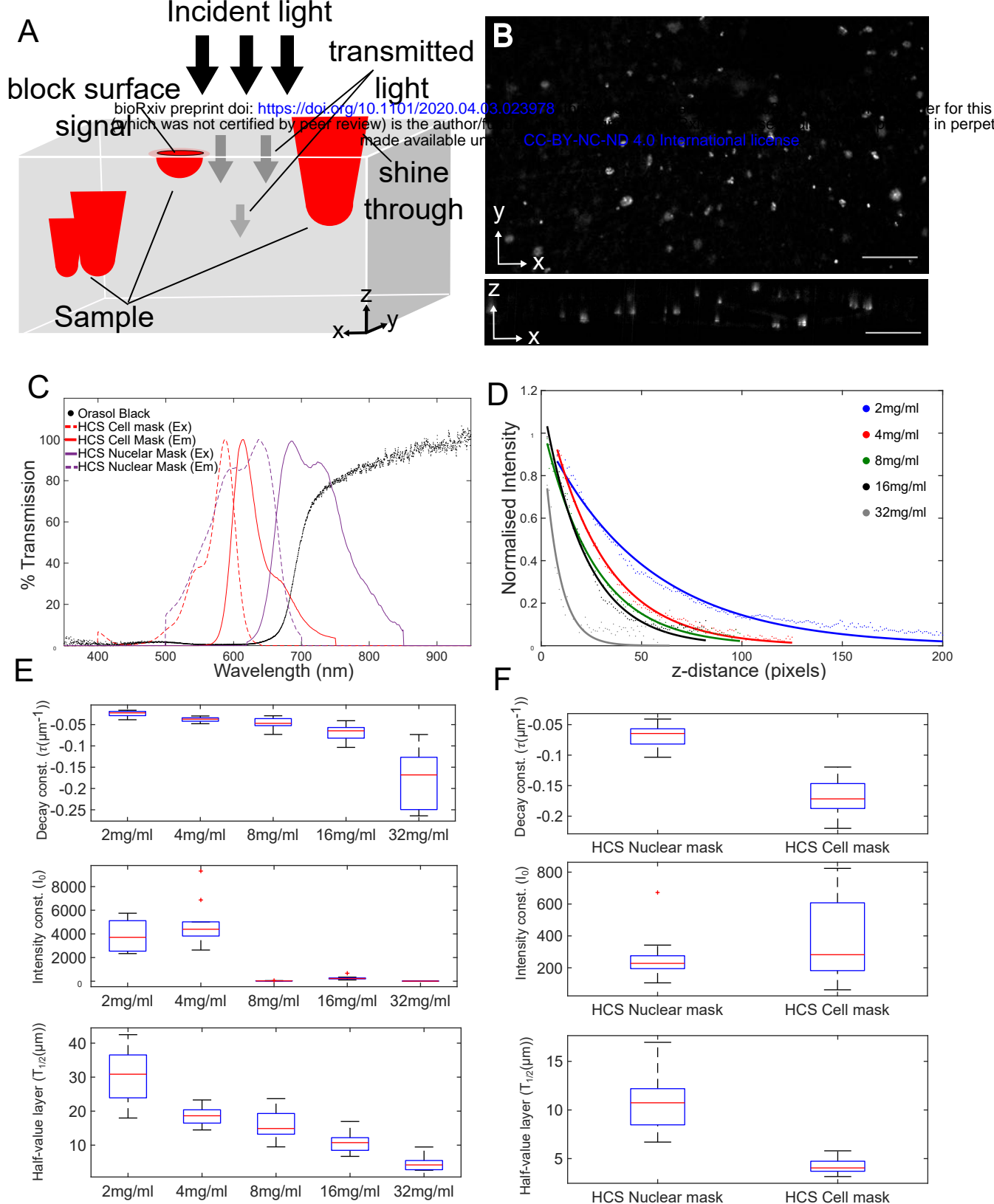


Figure 3. Characterisation of Orasol black as an opacifying agent to reduce shine-through. A) Diagram demonstrating the origin of shine through. B) Showing a representative image of cells in an in vitro 3D culture stained with HCS Nuclear Mask with 16mg/ml of Orasol Black. The comet tail artefact can be seen in the xz plane image, (scale bar is 100 μm). C) Graph showing the measured transmission spectrum of Orasol Black, as well as two tested commercial stains HCS Nuclear Mask and HCS Cell Mask (spectrum from manufacturer). It can be seen that Orasol Black has low transmission in the 400-625 nm range which rises steeply in the 625-700 nm range. The HCS Cell mask spectrum falls almost entirely within the low transmission band of Orasol Black whereas the emission of HCS Nuclear mask falls in the section of steep increase in transmission. D) Showing a single exponential fit to the mean intensity profiles for 10 xz plane ROIs taken of single cells in 3D in vitro cell culture stained with HCS Nuclear Mask of increasing Orasol Black concentration (2,4,8,16,32 mg/ml) R2 values (0.976,0.994,0.989,0.982,0.803) respectively. E) Values of, exponential decay constant (τ), initial intensity (I_0), and half-value layer ($T_{1/2}$, in microns) are shown for each of the concentrations and show the expected increase in decay constant and half-value layer with increasing Orasol Black concentration. There is also a large decrease in intensity at 8 mg/ml and higher Orasol Black concentrations. F) Shows the same fitting parameters in a comparison between HCS Cell Mask stained sample and HCS Nuclear mask stained sample at 16 mg/ml Orasol Black. As expected from the transmission spectrum the decay constant and half-value layer are smaller in the HCS Cell Mask case than the HCS Nuclear Mask case.

186

187 **Minimisation of shine-through artefact with image deconvolution**

188 To further eliminate shine-through, and maximise the multiplexing potential in MF-HREM, we
189 investigated post-processing strategies to deconvolve the collected signal.

190 For any image, $I(x,y,z)$, we may write:

191

$$192 \quad I(x, y, z) = O(x, y, z) * h(x, y, z) + n(x, y, z) \quad (\text{Eq. 2})$$

193

194 where $O(x,y,z)$ the object, is convolved with a point-spread function (PSF), $h(x,y,z)$, and
195 additive noise, $n(x,y,z)$.

196 If the PSF is known and the noise well-estimated the original image can be calculated. The
197 PSF may be: experimentally measured using sub-resolution fluorescent beads, synthetically
198 generated it from known system parameters or estimated via blind deconvolution methods
199 (33).

200 Deconvolution has traditionally been applied to widefield or confocal microscopy where light
201 contamination comes from both above and below the focal plane. For MF-HREM, only light
202 below the focal plane contaminates the image. Thus, the PSF is highly asymmetric, and not
203 well estimated by blind deconvolution techniques or synthetically generated from widely
204 used models. Whilst experimentally measuring the PSF is an option (15), the process is
205 time-consuming and sometimes impossible, as it must be acquired for all wavelengths and
206 magnifications and depends upon having high signal-to-noise ratio with small point-like
207 sources and high similarity between the PSF measuring sample and the actual sample.
208 This is impracticable for many MF-HREM experiments and hence we have used small
209 structures from within the image stack to parameterise a synthetically generated PSF. As
210 opposed to directly using the extracted PSF from the image we use the small object to
211 parameterise a symmetric synthetic PSF, using either Gaussian or diffraction kernels
212 (dependent on the magnification). Zeroing the lower half of these synthetic PSFs then
213 provided a good PSF estimation for deconvolution with high signal to noise ratio. The
214 approach was successfully applied to a number of image stacks at different magnifications,
215 wavelengths and concentrations of Orasol Black. Figures 4B and 4C show the approach for
216 Gaussian kernel extraction and deconvolution for a small section of brain microvasculature,
217 with a diffraction kernel.

218

219 **Pre-processing to improve signal to noise**

220 The Richardson-Lucy algorithm used to deconvolve the image stacks requires high signal-to-
221 -noise ratio for effective deconvolution. Previous researchers have used pre-processing
222 techniques to remove background and reduce noise prior to deconvolution, and this was
223 found to be an important step to achieve effective deconvolution for MF-HREM images (34).

224 The pre-processing methods chosen were motivated by the importance to have processing
225 that could be efficiently applied to large image stacks (>20GB). Median filtering with (1 pixel
226 neighbourhood) was used to remove salt and pepper noise and background subtraction via
227 a rolling-ball algorithm (35,36) was used to remove background from autofluorescence.

228 In addition to these two steps, spectral unmixing was performed for multiplexed staining,
229 prior to deconvolution.

230 Multiplexing fluorescent stains relies on having distinct spectral excitations and emissions,
231 and appropriate microscope filters to differentiate them. In practice, owing to the broad
232 wavelengths over which most fluorophores are excited and emit and the imperfect nature of
233 bandpass filters, spectral cross-talk will occur. Spectral unmixing may be used to effectively

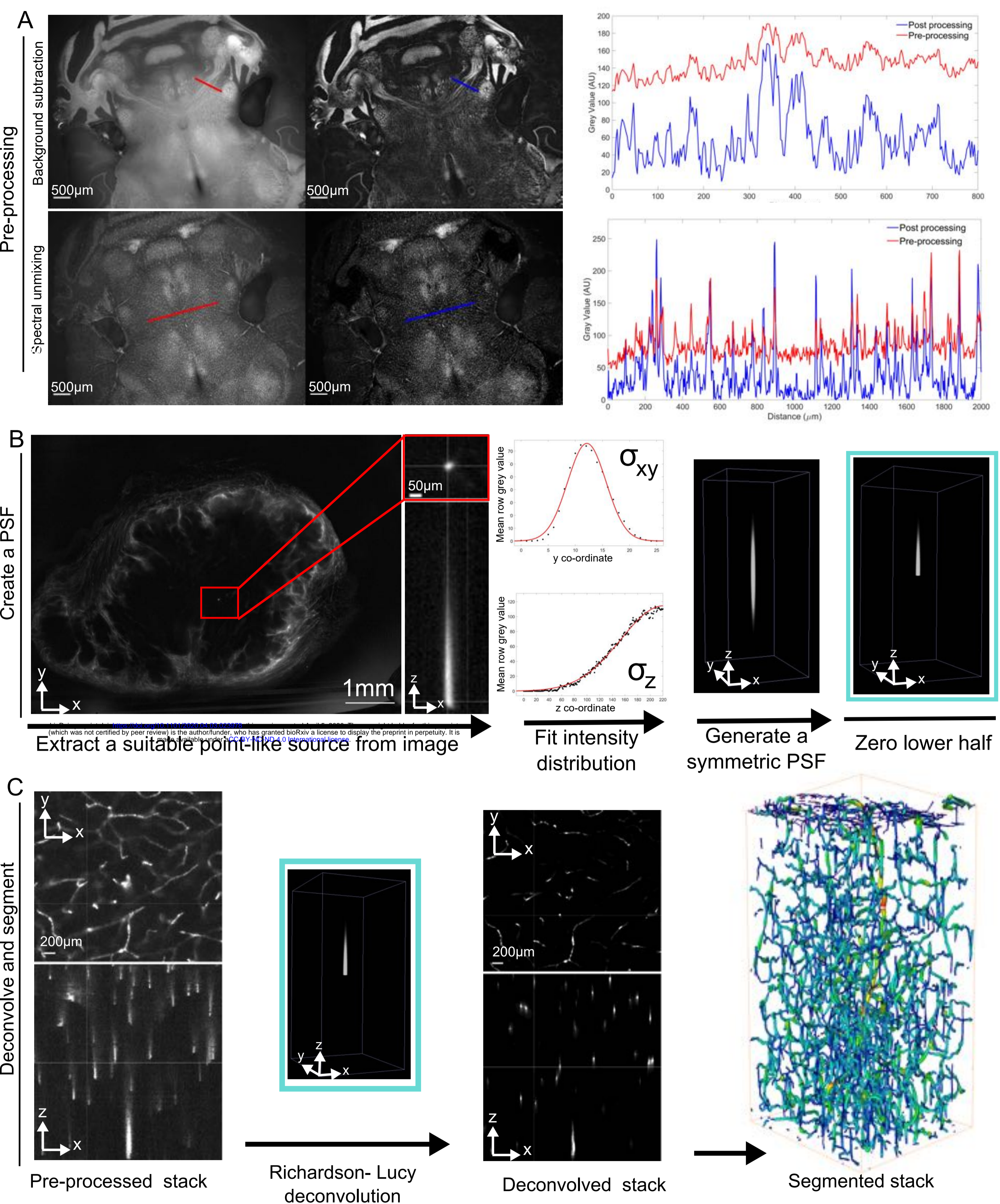


Figure 4. The Image processing pipeline. A) Showing the increase in signal-to-noise ratio achieved by pre-processing, using a rolling-ball algorithm to remove autofluorescence (upper row) and spectral unmixing to remove cross talk in multi-fluorescent image stacks (lower row). B) Showing the pipeline for the extraction of a PSF from an image stack of a subcutaneous tumour with microvasculature stained via injection of Lectin-Dyelight649. A suitable point-like source is found in the image stack, this is cropped from the image and a model PSF (in this case 3D gaussian) is fitted to the data. The parameter fits are used in the construction of a synthetic (symmetric) PSF using open source PSF generation with DeconvolutionLab2 (59) and ImageJops (60). This PSF is then half zeroed to create the final PSF. C) The deconvolution of the pre-processed image stack using the PSF. A Richardson-Lucy method with 35 iterations (60) is used to deconvolve the stack creating images that can then be segmented and quantified using various methods dependent on the biological context. In this case a MOST tracing algorithm implemented in Vaa3D (40)–(42), (48) is used to segment and skeletonise vascular networks.

234 separate the contributions, improving image signal-to-noise ratio. Figure 4A shows the
235 improvement in the signal-to-noise for a mouse brain sample that was dual stained for
236 microvascular (Lectin – DyeLight649) and white matter (CMDiI) (emission at 625 nm).
237 Spectral unmixing and background subtraction were performed using freely available
238 ImageJ plugins (further details in Methods) (36). Quantification of line profile signal
239 intensities show the improved signal-to-noise ratio.

240

241 **Compatibility of fluorescent stains with MF-HREM sample preparation**

242 To standardise and increase the speed of testing of fluorescent stains, we used a
243 standardised 3D tissue culture (see Methods for details) to test the compatibility of
244 commercial cell counterstains with the MF-HREM processing steps. Embedding cells in a 3D
245 extra-cellular matrix, and imaging at each stage of dehydration and resin infiltration, allowed
246 straightforward observation of fluorescence quenching or stain-target dissociation in a
247 controllable system. Stains were assessed regularly over a 12-hour period, as it was found
248 that fluorescence quenching often only became apparent after a prolonged period in
249 dehydratant/resin. Table 2 provides a list of tested stains and their compatibility with organic
250 solvents. Counter-stains for cell nucleus, cytoplasm and membrane have been identified.
251 The testing of Neurofilament A antibody shows the importance of correct dehydratant
252 selection, as it can be successfully imaged with an ethanol dehydration but not through
253 acetone dehydration. Also of note is the lipophilic stain CMDiI which is compatible with MF-
254 HREM: this highly useful stain is incompatible with many clearing techniques due to the de-
255 lipidation step (27).

256 Where the standard 3D culture could not easily be used, e.g. for in vivo staining routes or
257 specific antibodies, compatibility was tested on cryosections from stained organs (12).

258

259 **Optimisation of stain penetration into tissue samples**

260 Optical imaging techniques that rely on whole-mount staining (such as MF-HREM), require
261 homogenous and rapid stain penetration, which can be enabled by increasing tissue
262 permeability. We investigated four methods to increase the permeability of tissue samples
263 for use with MF-HREM based on the literature (6,10,37,38): freeze-thaw, proteinase K (P[K])
264 digestion, iDISCO (which combines several mild detergents (6)) and saponin (N=4). Figure 5
265 shows the comparison of the four methods and reveals that saponin-treated samples
266 showed significantly greater stain penetration, compared with the control case ($p=0.04$). The
267 iDISCO method increased stain homogeneity ($p=0.055$) compared to control kidneys.

268

269 Alternative staining routes, in particular i.v. or via transcardiac perfusion, are additional and
270 potentially far faster routes for stain administration in animal models. For vascular staining,
271 use of i.v. injection of fluorescently-conjugated lectins is widely used to stain vasculature
272 throughout the mouse body (8). This technique is transferrable to MF-HREM and in Figure 6,
273 Figure 7 and Figure 8, we show the use of fluorescently conjugated lectin administered via
274 tail vein i.v. in mouse kidney, xenograft tumour and brain respectively. Additionally, using the
275 post-processing tool box we segment and quantify vascular structures in all three cases.

276

277 **Imaging glomeruli in adult mouse kidney with MF-HREM**

278 Having developed the sample processing, image acquisition and post-processing pipeline,
279 we imaged a range of samples to demonstrate the potential utility of MF-HREM and to
280 provide comparison to other 3D optical imaging modalities. The three-dimensional structure

Stain	Fluorescence retain in ethanol	Fluorescence retained in Acetone	Manufacture/Supplier and catalogue number
Eosin B	Yes	Yes	Sigma 45260
Eosin Y	(Poor solubility)	NT	Sigma 230251
Acridine Orange	Yes	Yes	Sigma A6014
Actin Green™ 488 Ready Probes	No	NT	Thermo Fisher R37110
NucRed™ Live 647 ReadyProbes	No	NT	Thermo Fisher R37106
CellMask™ Orange Plasma membrane Stain	No	NT	Thermo Fisher C10045
HCS CellMask™ Red Stain	Yes	Yes	Thermo Fisher H32712
HCS NuclearMask™ Deep Red Stain	Yes	Yes	Thermo Fisher H10294
DAPI	Yes	No	Sigma Aldrich D9542
Invitrogen™ Lectin GS-II From <i>Griffonia simplicifolia</i> , Alexa Fluor™ 647 Conjugate	Yes	Yes	Invitrogen™ L32451
DyLight 649 labeled Lycopersicon Esculentum (Tomato) Lectin (LEL, TL)	Yes	Yes	Vector DL-1178-1
Anti-Neurofilament heavy polypeptide antibody	Yes	No	Abcam ab4680
CellTracker™ CM-Dil Dye	Yes	Yes	Invitrogen C7001
Propidium iodide	yes	NT	Invitrogen P1304MP
SP-DiOC ₁₈ (3) (3,3'-Diocadecyl-5,5'-Di(4-Sulfophenyl)Oxcarbocyanine, Sodium Salt)	Poor solubility	Poor solubility	Invitrogen D7778
Wheat Germ Agglutinin, Alexa Fluor™ 647 Conjugate	Yes	Yes	Invitrogen W32466
Green fluorescent protein (GFP)	No	No	NA

Table 2. Detailing stains with manufacture details that have been tested for compatibility with MF-HREM dehydration protocol.

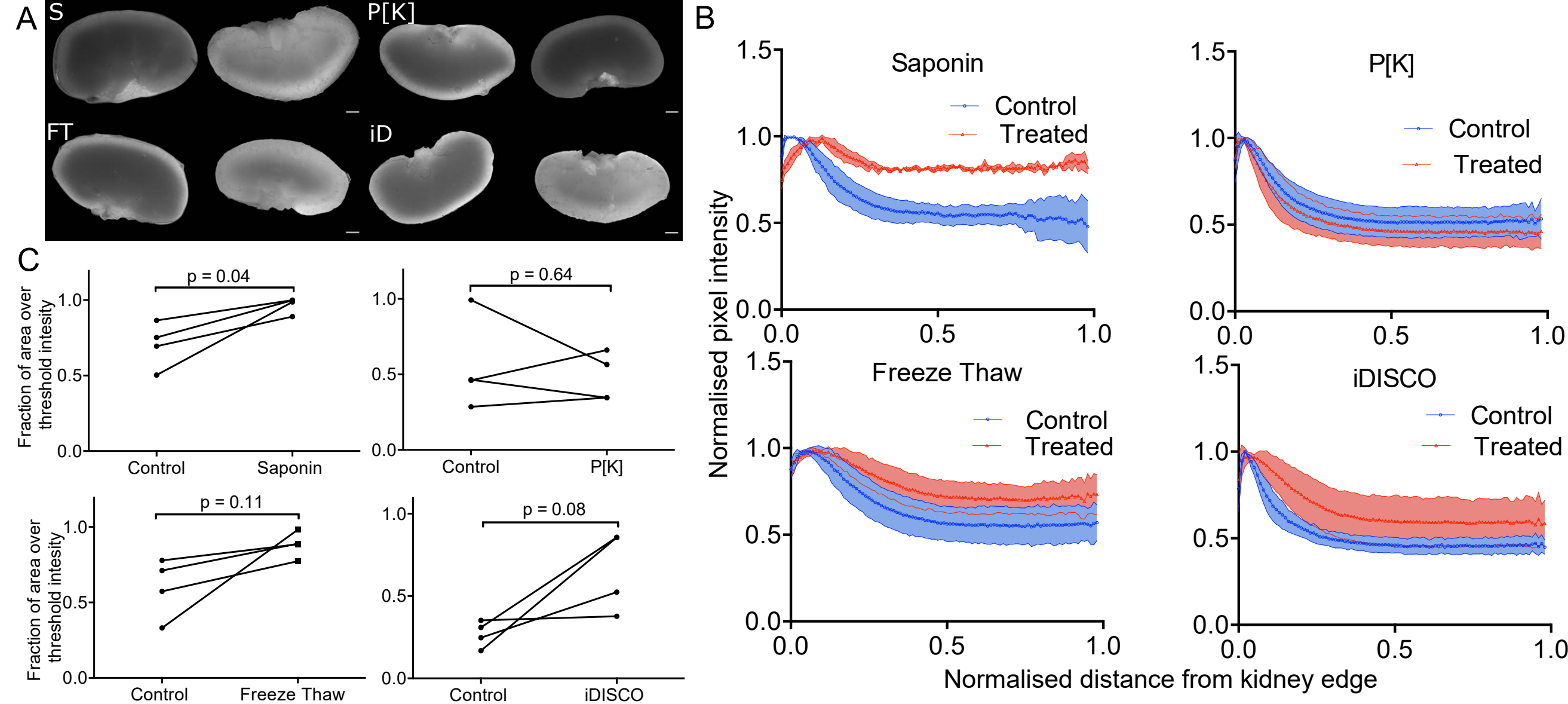


Figure 5. Optimisation of stain penetration in adult mouse kidney samples. Four methods for improving stain penetration are compared: saponin treatment, proteinase [K] digestion, freeze-thaw and iDISCO. For each method, four treated and four control kidneys were investigated, where one kidney from each animal was used as a control for the contralateral kidney. A) shows representative images of the kidneys with the control (contralateral kidney on the left and the treated kidney on the right (scale bar, 1 mm). B) shows the normalised PC-HREM signal intensity profile as a function of radial distance from the kidney centre. C) shows the fractional area of the kidney section image, above a threshold value (the same threshold was used for each treated kidney and matched control). Results of paired t-test analysis demonstrates that saponin treatment significantly increased stain penetration ($p < 0.05$).

281 of glomeruli, networks of small vessels in the cortex of the kidney, have been shown to be a
282 biomarker of renal and cardiovascular disease (39). Using a lectin-Dyelight649 conjugate
283 (Ex/Em 649/670 nm) to stain glomeruli, we acquired MF-HREM data in wild-type, adult
284 mouse kidneys (Figure 6). After image processing steps described above, glomeruli were
285 segmented using a gradient vector flow segmentation technique implemented in Vaa3D(40–
286 42). This algorithm is a widely used extension to a traditional active contour segmentation
287 technique, where the external energy term in the traditional active contour algorithm is
288 replaced with the gradient vector flow field. After segmentation, the kidney cortex was
289 manually labelled (Figure 6A) and any structures segmented that were not within the cortex
290 were removed. The final step used a connected components analysis and filters any small
291 objects from the data.

292 The MF-HREM analysis revealed a glomeruli distribution that was consistent with their
293 known spatial distribution and with other measures for wild-type (WT) adult mice performed
294 with light sheet or in vivo MRI (39,43) MF-HREM pixel size was 2.17 μm lateral and 2.58 μm
295 axial, enabling identify glomeruli which had a minimum volume of $24 \times 10^5 \mu\text{m}^3$.

296

297 **Imaging tumour blood vessels and cell invasion with MF-HREM**

298 Tumours have notoriously complex blood vessel networks, and three-dimensional imaging
299 has become a useful method to image their complexity and to study drug delivery (8).
300 Additionally, understanding tumour cell invasion has implication for understanding tumour
301 metastasis and potential treatment targets (44). Figure 7 shows MF-HREM imaging of a
302 subcutaneous xenograft tumour mouse model, initiated from the FaDu human breast cancer
303 cell line. Tumour cells were labelled prior to injection with CM-Dil, a medium-term
304 fluorescent cell-tracking dye that endures for approximately four cell divisions, and is
305 transferred through cell division but not cell-cell contact, (Ex/Em 553/570 nm). Tumour
306 vasculature was stained by i.v. administration of fluorescent Lectin-Dyelight649 (Ex/Em
307 649/670 nm) conjugate. Figure 7A and B show a representative 2D slice with the both stains
308 visible and the 3D reconstruction of the data in both channels.

309 These data reveal the dense, branching vasculature at the periphery of the tumour, and the
310 labelled cells primarily in the tumour centre, which appeared to be non-perfused. The inset
311 to Figure 7A shows yellow arrows marking what seem to be individual or small clusters of
312 cells in a section of tumour where a group of cells is slightly separate from the main tumour
313 bulk.

314 This section of tumour when analysed in 3D with the full MF-HREM pre-processing pipeline
315 (Figure 7C) allows the individual cells to be clearly located (yellow arrows) and their x, y, z
316 locations described. Whilst it is unclear whether labelled cells are viable (which would
317 require a different reporter strategy) these results demonstrate the ability of MF-HREM to
318 quantify the 3d location of injected cells in tissue volumes $\sim 1 \text{cm}^3$ several weeks after
319 injection.

320 For the vascular channel, Figure 7D, E and F show the MF-HREM image processing
321 pipeline, with the final vessel segmentation and skeletonisation being carried out using the
322 APP2 algorithm from the Vaa3D neuron tracing plugin (40–42,45). The chaotic nature of the
323 vasculature can be seen from this analysis and such vascular networks can be used in
324 simulations of drug delivery (8) and for understand tumour vessel growth mechanism (46).

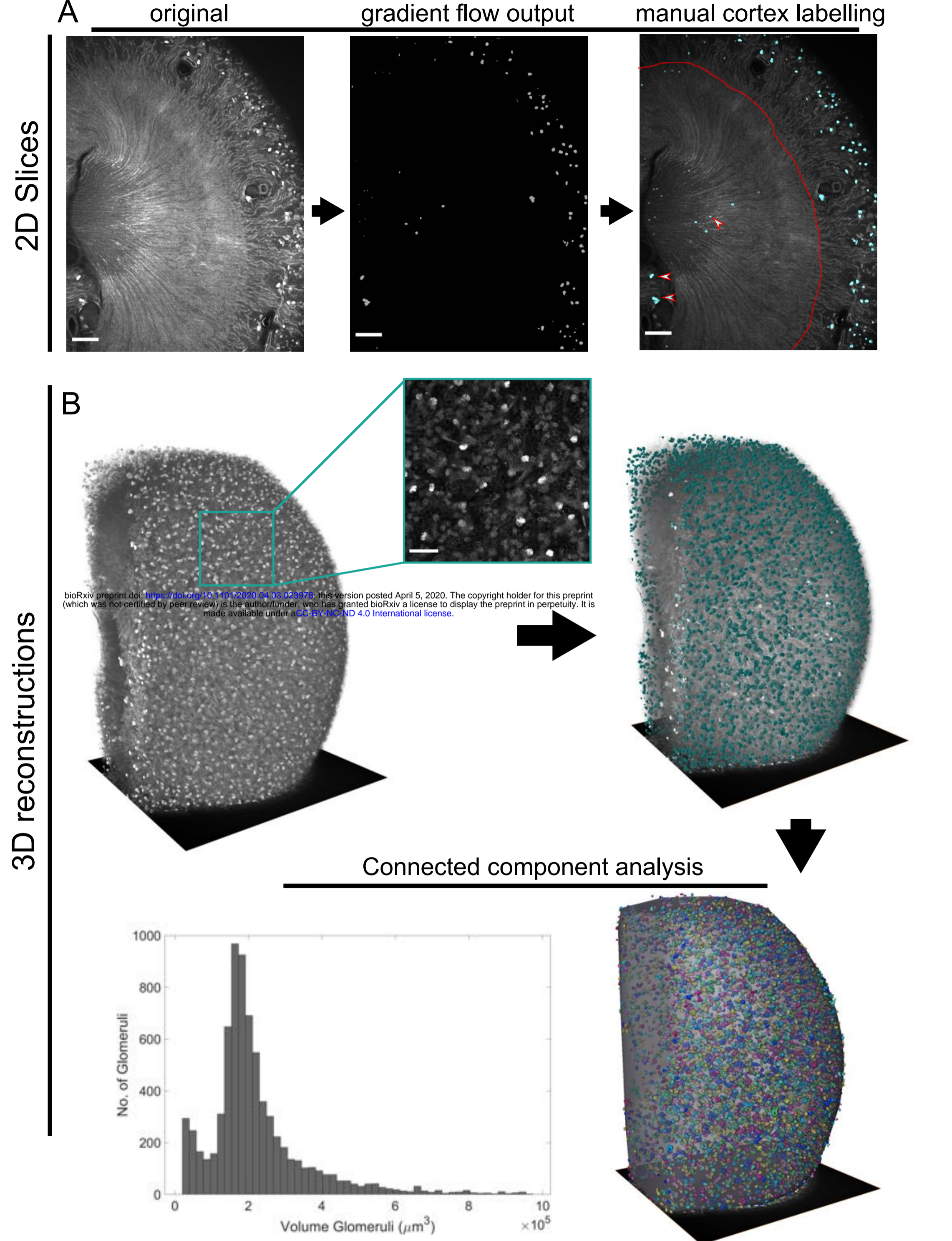


Figure 6. Showing the Lectin-Dyelight649 channel of a multi-stained murine kidney and quantification of glomeruli. A) From left to right 2D slices showing: the original image, the segmentation produced by gradient vector flow algorithm, and finally, the manual correction to remove structures that are segmented (white/red arrows) but fall outside the kidney cortex (red line). Scale bars 500 μm for all 2D slices. B) 3D details of the image processing. The original image stack with inset showing the detail which can be seen on the kidney surface (scale bar 200 μm), then the segmentation via gradient flow algorithm in Vaa3D (40)–(42) and manual exclusion of points not in the cortex. The final step is the outcome of the connected components analysis and hence quantification of glomeruli number, and volume distribution. These data show the expected distribution and size of glomeruli for healthy WT mouse as compared with other techniques(39), (43) .

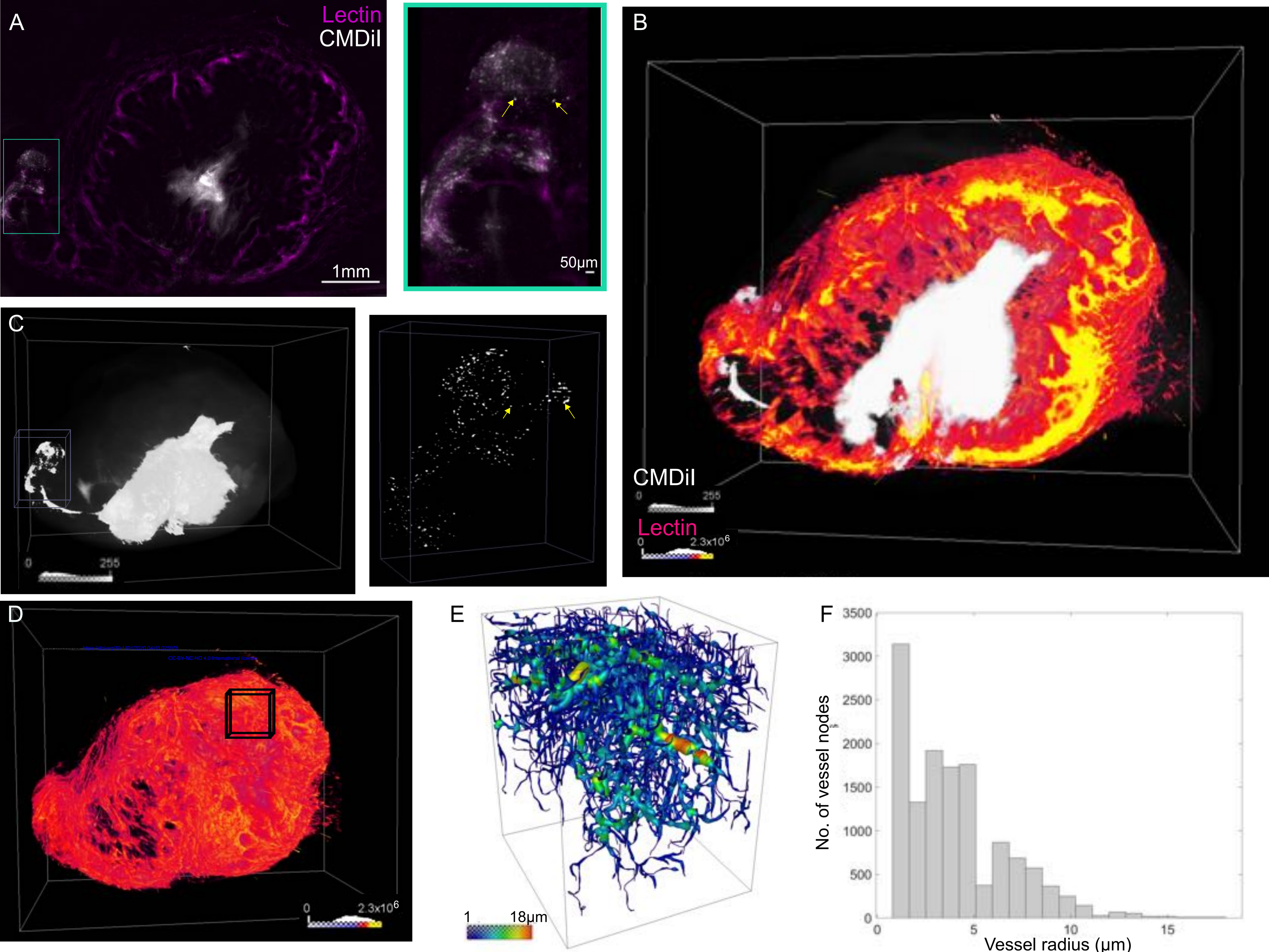


Figure 7. Xenograft tumour model analysis. A) Showing a single representative slice with the two stains: CMDiI for injected cell tracking (white), and Lectin-Dyelight 649 conjugate for microvascular staining (magenta). The inset shows a digitally zoomed in portion of the image where small approx. circular structures of cell size are indicated by yellow arrows. B) A 3D rendering of the two channels shows the tumour in its totality with a cut through to show the spatial arrangement of the injected cells within the vascular network. The highly perfused rim can be clearly seen. C) Showing a 3D rendering of the CMDiI channel only and the extent of the cell migration from the initial injecting. The inset shows the same group of cells as in A, deconvolved and rendered in 3D. The yellow arrows indicate the same structures as the 2D case which can more clearly be seen to be single cell or small clusters. The 3D position of these clusters is available from such image data. D) The 3D rendering of the vascular network. E) The extraction and segmentation of a section of the vascular network following the PSF extraction described earlier. In this case the APP2 algorithm from the Vaa3D neuron tracing plugin set was used to segment and skeletonise the deconvolved image stack (40)–(42), (45). F) Shows the histogram of the vessel radii from E.

325

326 **Imaging brain microvasculature and white matter tracts in a mouse brain with MF-** 327 **HREM**

328 The three-dimensional spatial distributions of many brain structures including vasculature
329 cells and white matter are of key importance for understanding healthy brain function and
330 changes in these features are used as biomarkers for a large number of neurological
331 pathologies such as Alzheimer's (4,47).

332 Probing these structures in 3D with MF-HREM can provide insight into many of these
333 conditions and may also provide validation for other clinical imaging tools such as MRI.

334 Figure 8 shows the application of MF-HREM in two instances: where a brain is dual labelled
335 with CMDil as a white matter-marker and lectin-Dyelight649 as a microvascular stain (figure
336 8A-E); and where a brain is dual labelled with CMDil as a white-matter marker and HCS
337 Nuclear Mask as a marker for cell distribution (Ex/Em 638/686) (Figure 8F-8H).

338 Figure 8B shows a high-resolution sub-volume of the vasculature segmented using the MF-
339 HREM processing pipeline and the MOST tracing algorithm implemented in Vaa3D is used.

340 This algorithm is a rayburst sampling algorithm implemented in a marching fashion (48).

341 The microvasculature can be seen to have a large population of vessels with similar radius
342 (1-4 μm) and a small number of descending vessels with larger radius ($\sim 10 \mu\text{m}$). This
343 distribution is similar to the mean radius measured in other serial sectioning modalities e.g.
344 MOST (49) and for clearing techniques (50) although no large vessels ($>10 \mu\text{m}$) are present
345 in MF-HREM data, due to the preferential binding of lectin to microvasculature over larger
346 vessels as noted previously (50).

347 Another important feature of brain microstructure is tissue orientation particularly for white
348 matter which is routinely measured in clinical settings using diffusion weighted MR (DW-
349 MR). This technique measures brain microstructure based on the constrained diffusion of
350 water within the tissue structures. Despite its widespread use for white-matter tractography,
351 the validation of DW-MR is a much discussed issue (51–53). Performing validation requires
352 high-resolution images over large fields of view which must be registered to MR images if
353 quantitative validation is to be performed. Previously CMDil has been used on individual
354 histological sections of mouse brain to validate tractography from DW-MR (52,54). Whilst
355 this approach is somewhat successful, it is difficult or even impossible to fully align 2D
356 section with the corresponding MR sections. Figure 8D and 8H show white matter
357 orientation. Orientation is calculated from the structure tensor of the image. A Gaussian
358 gradient and 8pxl window size were used in 8D while a 4pxl window size was used in Figure
359 8H to reflect the different pixel sizes of the images. The hue, saturation and brightness
360 denote the orientation, coherence and original image brightness respectively. The colour bar
361 shows the angle represented by the hue. Figure 8E shows a polar histogram of the
362 orientation in Figure 8D where all orientations with a coherence greater than a threshold
363 value of 0.2 are displayed. It can be seen there appears to be an even distribution of local
364 orientations over this sub volume.

365 CMDil effectively stains white matter tracts due to its lipophilic nature and MF-HREM allows
366 orientation analysis on the entire 3D volume.

367 Such images, particularly the whole brain in Figure 8H, are ideal for validation of MRI
368 tractography data. Tissue clearing techniques are also often unsuitable for this application
369 as lipophilic dyes are often not retained through the de-lipidation stage of clearing protocols
370 (27).

371 In addition to white matter, cell distributions are important markers for development and
372 disease. Figure 8G shows a single slice at a higher magnification from the imaging volume

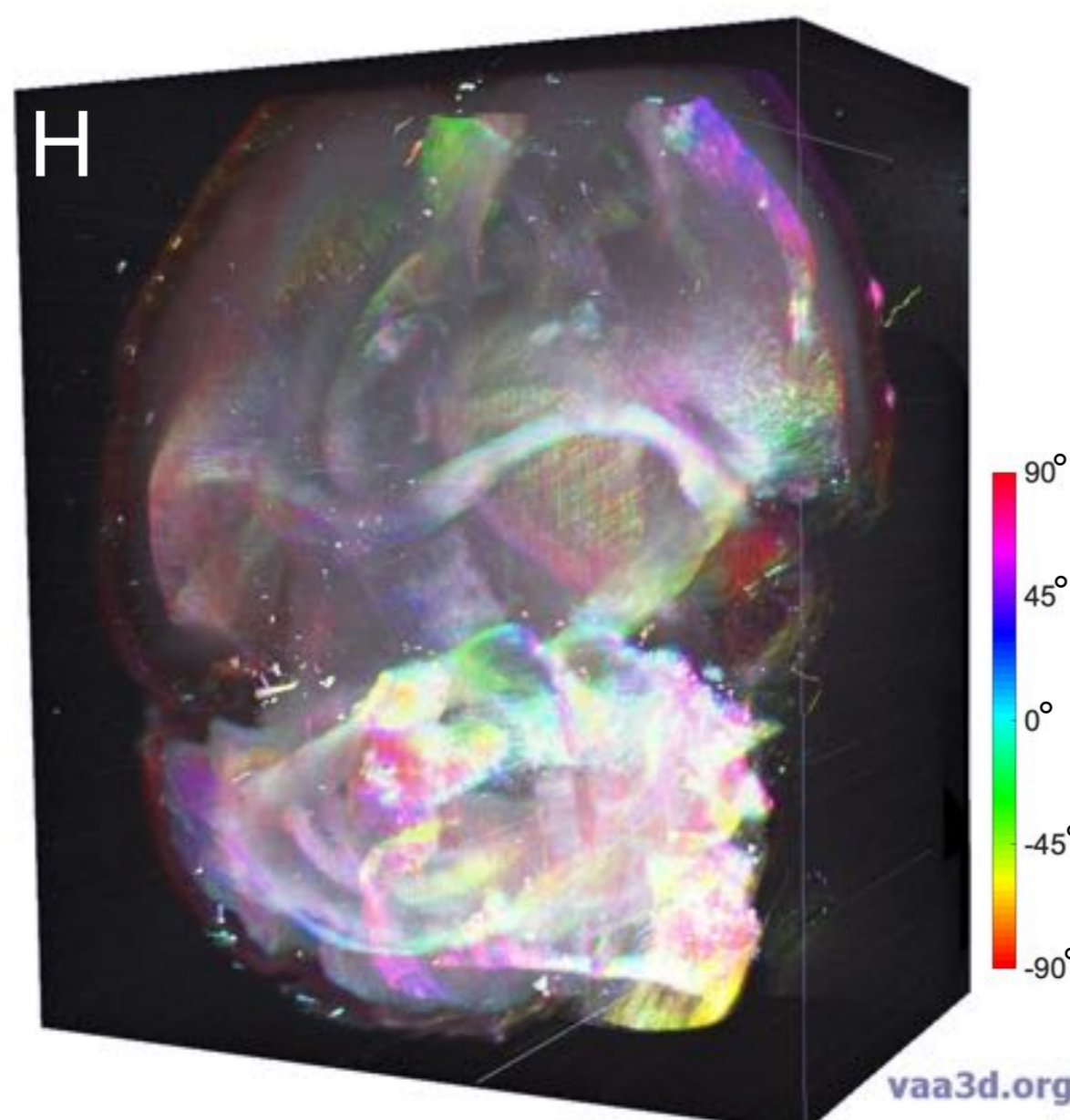
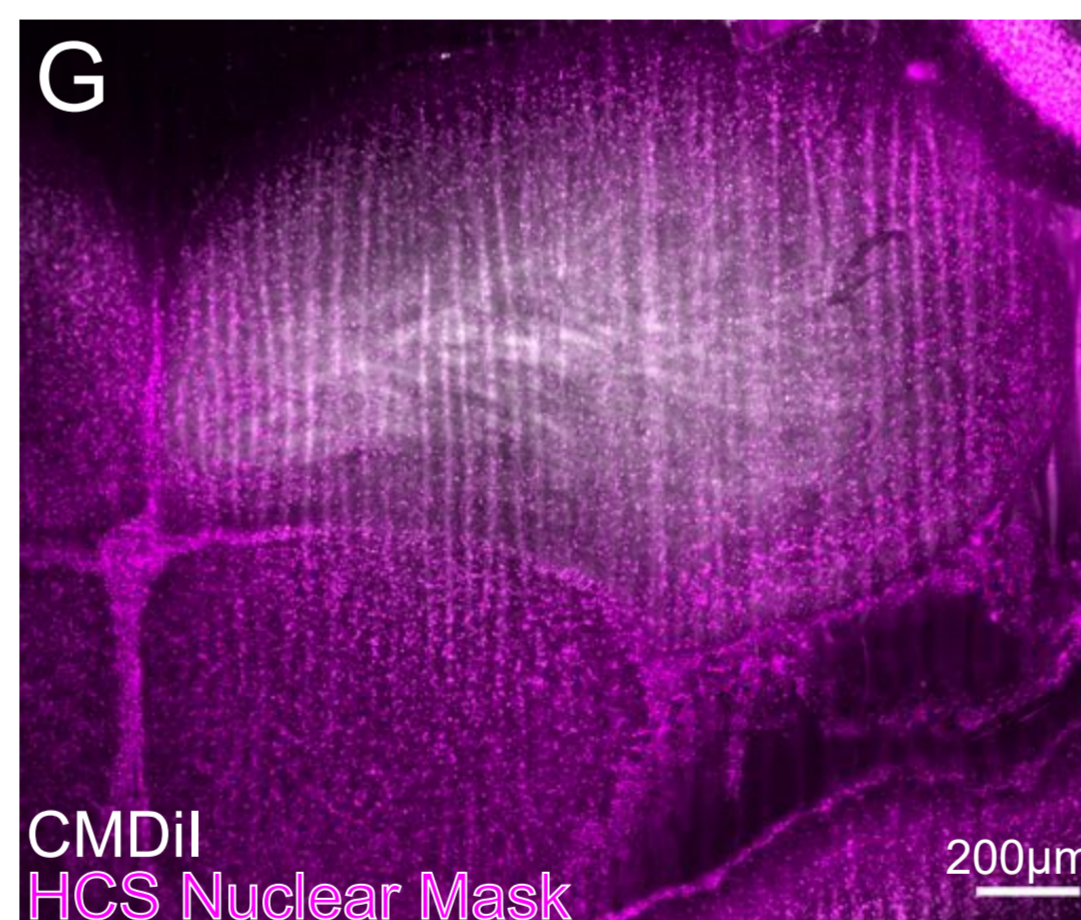
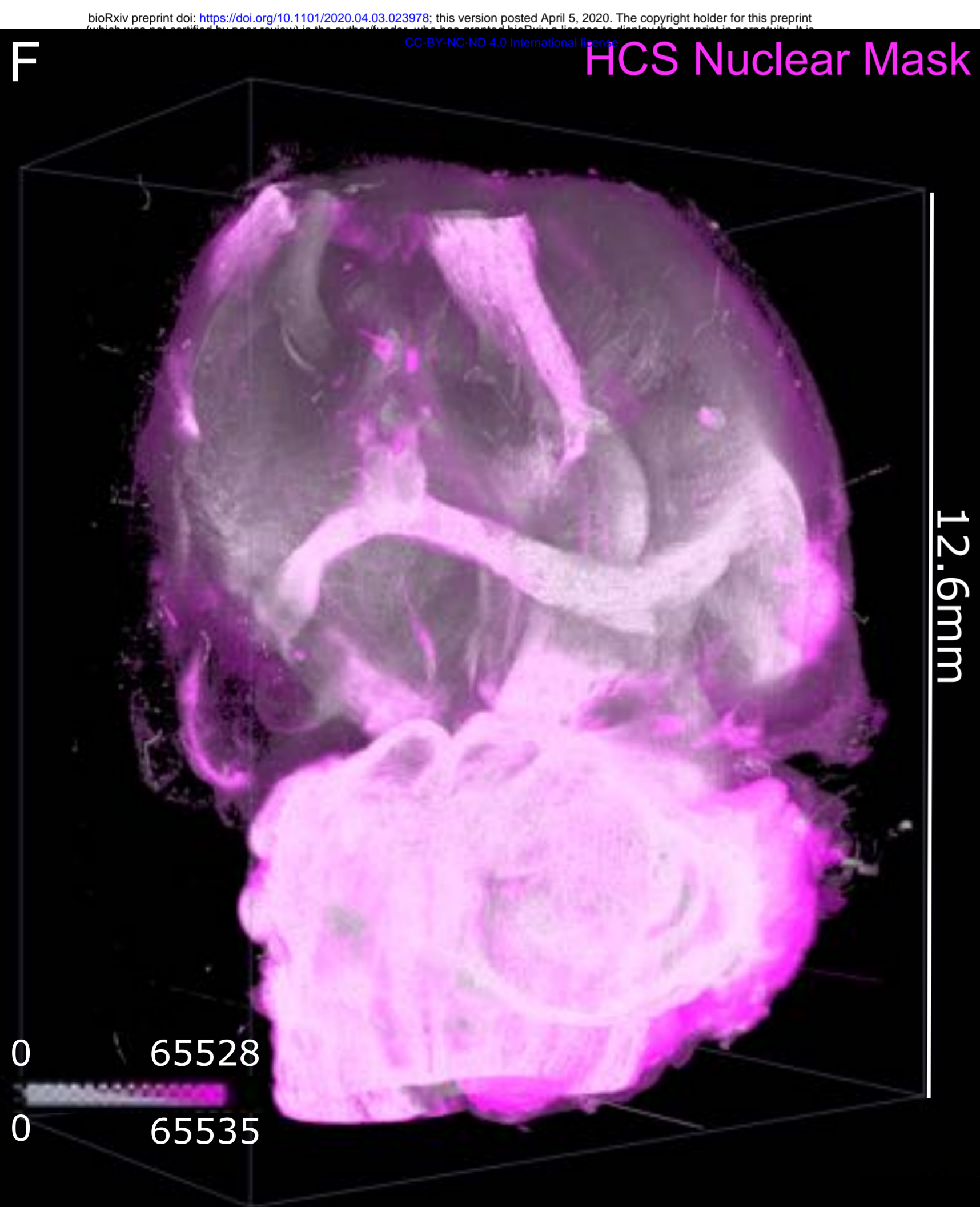
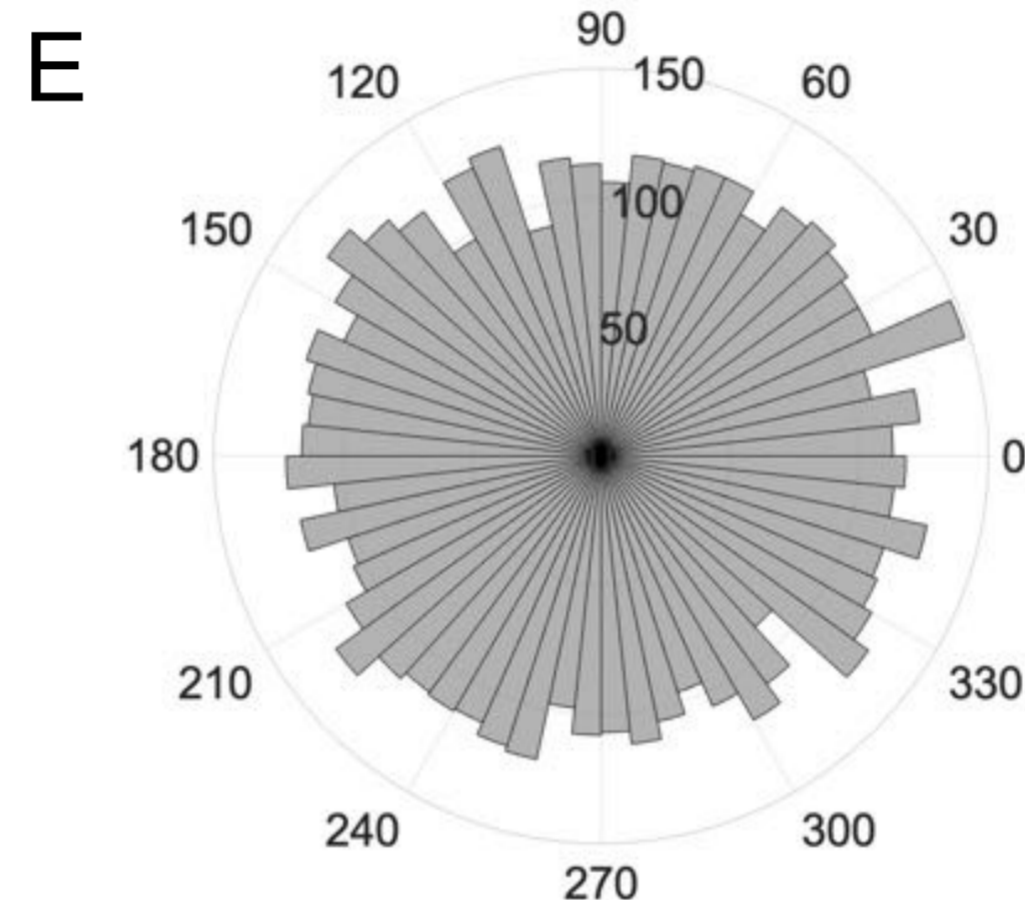
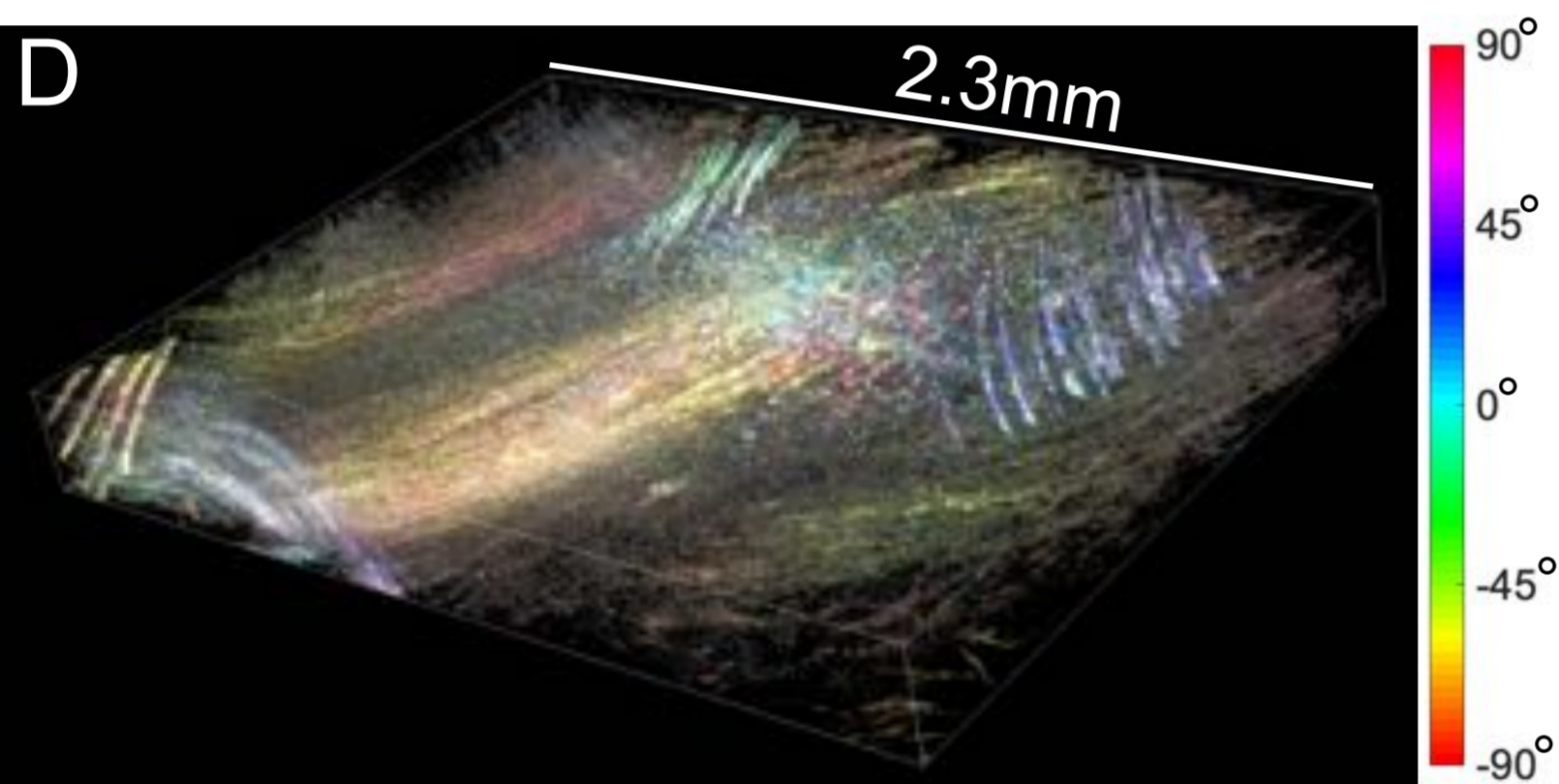
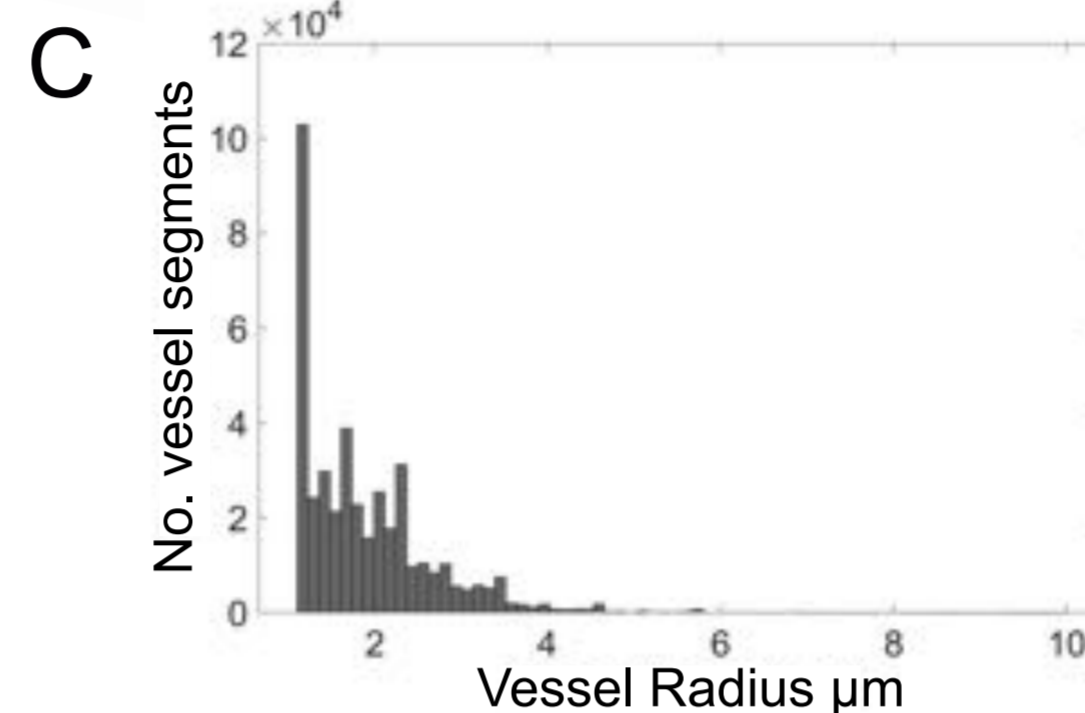
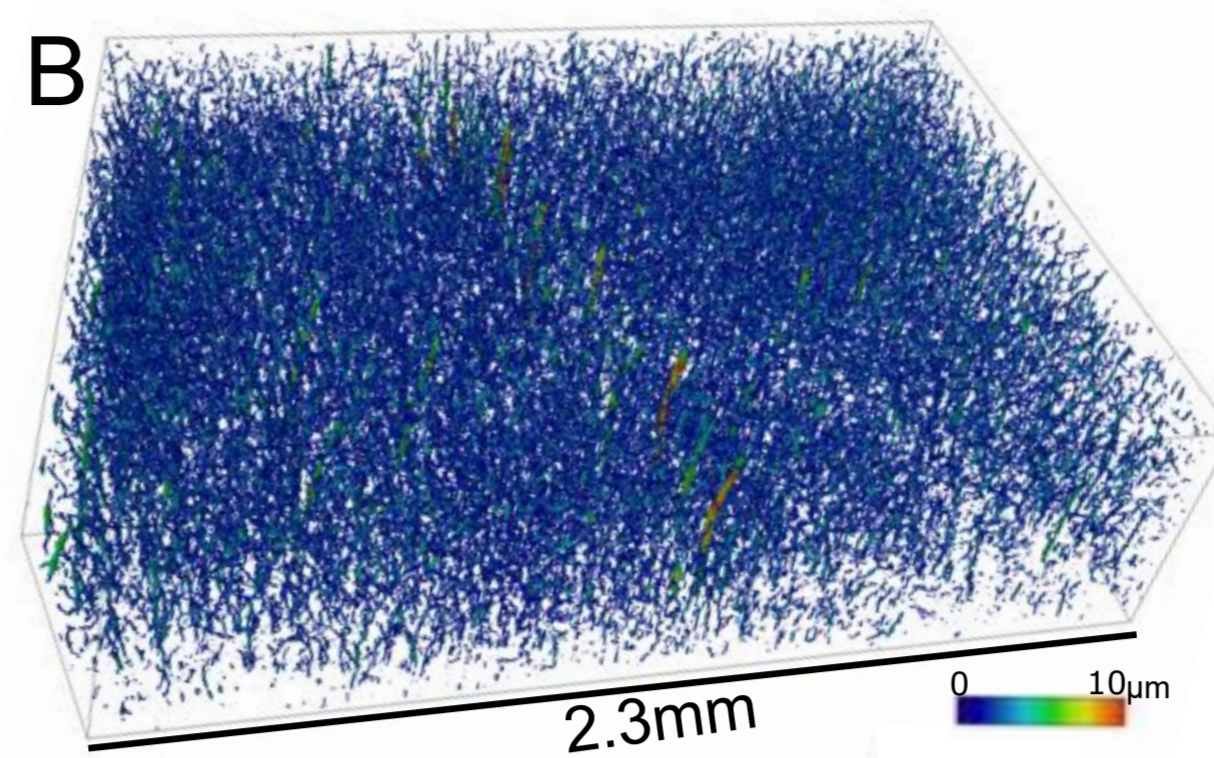
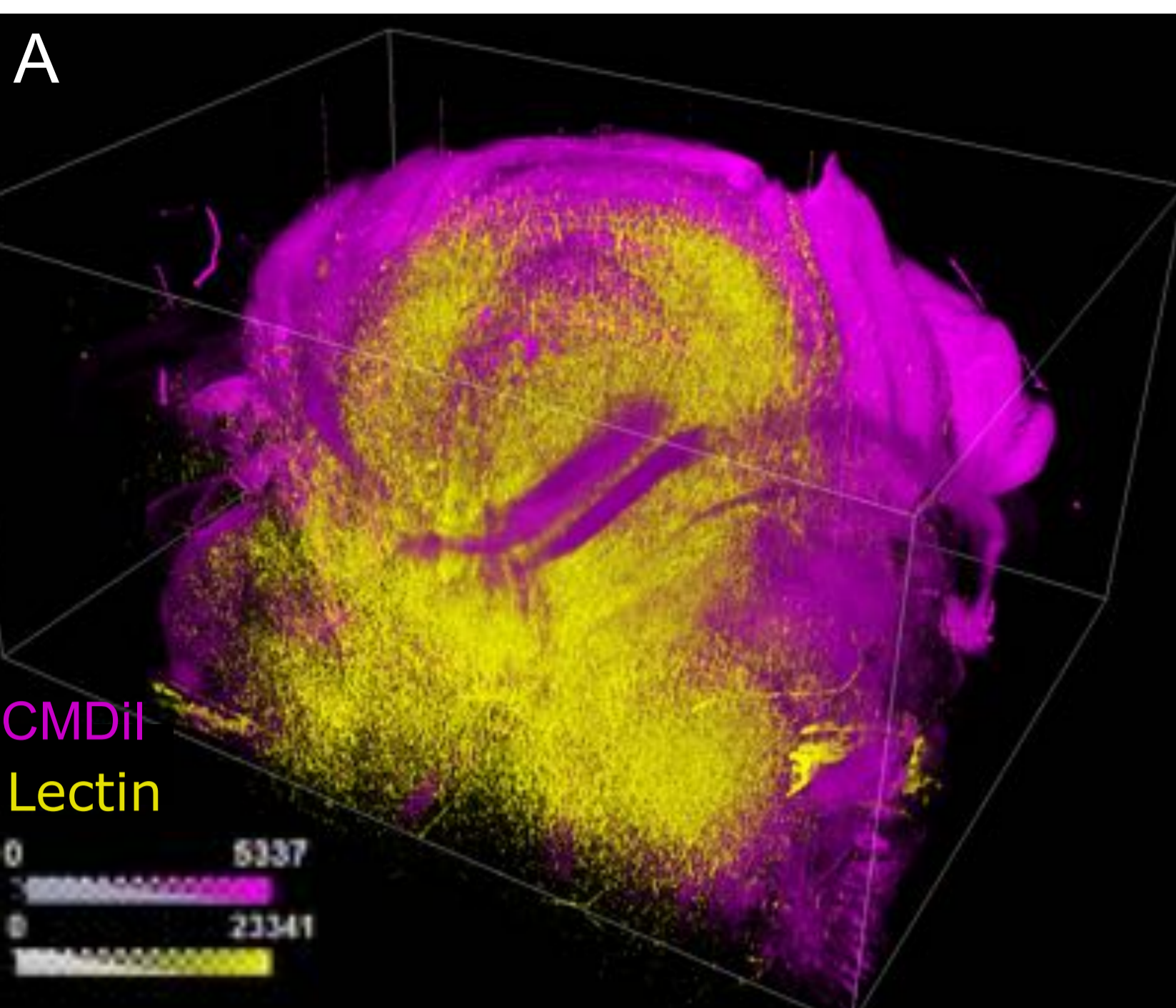


Figure 8. MF-HREM of two brain samples, one stained with CMDiI Ex/Em 553/570nm and Lectin-Dyelight 649 (Ex/Em 649/700); and a second stained with CMDiI and HCS Nuclear Mask (Ex/Em 638/686). A) Showing the volume overlay of both the CMDiI (Magenta) and the Lectin (yellow). Colour bars show pixel intensity. B) Shows a high resolution sub-volume of the vasculature channel successfully segmented and skeletonised using the MF-HREM processing pipeline and the MOST tracing algorithm implemented in Vaa3D. C) Shows the histogram of radii distributions. D) Shows the same sub-volume in the CMDiI- white matter channel, here an orientation analysis has been performed via calculation of the structure tensor of the image using a Gaussian gradient and 8pxl window size. The hue, saturation and brightness denote the orientation, coherence and original image brightness respectively. The colour bar shows the angle represented by the hue. E) Shows a polar histogram of (D) where all orientations with a coherence greater than a threshold value of 0.2 are shown. It can be seen there appears to be an even distribution of local orientations over this sub volume. F) Shows a volume overlay of the CMDiI channel (White) and the HCS nuclear mask channel (magenta) for a different brain sample. G) shows a single slice imaged at higher resolution in which nuclei can be clearly seen. H) demonstrates white matter orientation over the whole brain. It was computed as in (D) but using a smaller window size of 4pxls. The orientation can be seen to clearly follow the expected white-matter tracts.

373 in Figure 8F, cell nuclei can be clearly seen and show Nuclear staining has successfully
374 been retained through processing. Further segmentation requires montaging of higher
375 resolution images.

376
377
378

379 Discussion

380 In this work, we have shown the development of MF-HREM though sample preparation,
381 imaging and image post-processing and quantification. We have demonstrated its
382 applicability in adult mouse organs through a range staining and quantification approaches.
383 Further improvements to MF-HREM are possible in several areas of the imaging pipeline.
384 The resin embedding and staining protocol can be improved by optimisation to a specific
385 biological problem, e.g. a custom mould can be used for staining where the orientation and
386 organ are the same for a large number of samples. Additionally, whilst dehydration and
387 embedding times cannot be easily decreased without compromising the final imaging,
388 automation of the process using an automated histological sample processor could improve
389 consistency and enable faster protocol optimisation for a specific application.

390 Despite the increased stain penetration with saponin treatment, difficulties in segmentation
391 remain primarily due to inhomogeneous staining. Diffusion staining alone will always
392 struggle to achieve homogenous stain penetration in a timely manner but the use of smaller
393 staining molecules such as nanobodies (2) or the use of genetically encoded reporters such
394 as SNAP-CLIP (55), may improve this. Making more use of i.v. staining routes could vastly
395 decrease the time needed for overall sample preparation, however, the large volumes of
396 stain needed for these approaches may be a limiting factor (2).

397 Solving the shine-through artefact is a key challenge for MF-HREM and we have
398 demonstrated two approaches: the inclusion of Orasol Black to physically limit light
399 transmission thorough the sample; and deconvolution using a half zeroed PSF, generated
400 from measurement of the sample stack.

401 Our post-processing method to remove shine-through provides a sample specific PSF,
402 whilst circumventing the problem of poor signal-to-noise that would occur if PSF's were used
403 directly from the image stack. It removes the onerous and impractical requirement to
404 measure the PSF using sub resolution beads for each sample, as wavelength, staining,
405 tissue autofluorescence and many other features are likely to change for each sample.
406 Our method provides a fast and easy to implement alternative that can be effective, as
407 shown in our application to brain and tumour microvasculature.

408 To aid in deconvolution and segmentation, other image-processing approaches such as
409 spectral unmixing (to remove contributions due to spectral overlap in multichannel imaging)
410 and background subtraction via rolling-ball algorithm (to reduce background
411 autofluorescence) were found to improve signal-to-noise ratio, ultimately enabling
412 deconvolution and segmentation. The optimisation of the deconvolution itself is an area that
413 could benefit from further optimisation. In this first instance of MF-HREM use we have used
414 the widely-adopted Richardson-Lucy algorithm with no additional constraints to aid in
415 regularisation, such as a Total-Variation Richardson-Lucy approach, and settled on iteration
416 number via our ability to further segment the data. A fuller investigation into all the
417 parameters and models for deconvolution could further improve and aid in the wider

418 adoption of MF-HREM. In order to make this possible, where specialised post-processing
419 and segmentation algorithms were used, all were from open source software platforms
420 (36,41).

421 Three-dimensional (3D) optical microscopy has been the focus of a substantial body of
422 research, with several new technologies coming to prominence in recent years. This has
423 enabled numerous new biological insights to be made in neuroscience, developmental
424 biology, cancer and immunology (2,6,8,12).

425 Despite the obvious utility of large-volume, high-resolution 3D optical microscopy, there
426 remain many challenges. Clearing protocols can often be complex and lengthy, and the
427 technicality of serial sectioning instruments as well as the long imaging times limit their
428 widespread adoption (3,12). All of these factors cause delays in optimising new protocols,
429 restricts studies to small group sizes and often require specialised imaging facilities. This
430 has created a bottleneck in answering the plethora of potentially important scientific
431 questions which could benefit from 3D imaging.

432 Making large volume high resolution 3D imaging widely available will create faster progress
433 on a range of biological questions and will result in protocols and biological conclusions that
434 are more robust.

435 In this study, we have developed a pipeline for performing MF-HREM, which enables three-
436 dimensional, multiplexed fluorescence imaging of large tissue samples ($> 0.5 \text{ cm}^3$), at high
437 resolution. MF-HREM is a block-facing technique that overcomes traditional challenges with
438 shine-through through the combination of a resin opacifying agent (Orasol Black) and image
439 deconvolution. This technique could find wide application through its avoidance of optical
440 sectioning or tissue clearing.

441 **Methods**

442 **Animal models**

443 All animal studies were licensed under the UK Home Office regulations and the Guidance for
444 the Operation of Animals (Scientific Procedures) Act 1986 (Home Office, London, United
445 Kingdom) and United Kingdom Co-ordinating Committee on Cancer Research Guidelines for
446 the Welfare and Use of Animals in Cancer Research (56)

447 **Perfuse fixation**

448 All animals were euthanized via i.p. injection of 100 mg kg^{-1} sodium pentobarbital
449 (Animalcare, Pentoject) diluted in 0.1 ml phosphate buffered saline (PBS). Once anaesthesia
450 was confirmed, surgical procedures for cardiac perfusion were performed for systemic
451 clearance of blood. Heparinized saline (20ml) (0.2 ml , with $1,000 \text{ IU ml}^{-1}$, maintained at
452 37°C) was administered with a perfusion pump (Watson Marlow, 5058) at a flow rate of
453 3 ml min^{-1} to mimic normal blood flow. After the complete drainage of blood, mice were
454 perfused with 20 ml of 4% paraformaldehyde (PFA, VWR chemicals 4°C). Organs were then
455 removed and fixed for 2-24h in 4% PFA at 4°C .

456 457 **Murine tumour xenograft model**

458 Eight- to ten-week-old, female, immune-compromised nu/nu nude mice (background CD1)
459 were used (Charles River Laboratories). Cells from the FaDu human breast cancer cell line
460 (gifted from Dr Craig Murdoch (Sheffield University)) were cultured in complete medium
461 (Dulbecco's minimum essential medium Eagle with L-glutamine (DMEM) (Lonza) + 10% fetal
462 bovine serum (Invitrogen)) in the ratio 1:10 (vol/vol) and incubated at 37°C and 5% CO_2 . To

463 prepare for injection, cells were washed with Dulbecco's phosphate buffered saline and
464 detached with trypsin-EDTA (7–8 min, 37 °C, 5% CO₂) (Sigma). Cells were labelled with
465 CMDil (ThermoFisher UK). Stain was dissolved from stock concentration (1mg/ml in Ethanol)
466 in D-PBS to a working solution of 1 µM. Cells were incubated in the working solution for 5
467 minutes at 37°C, and then for 15 minutes at 4°C. Cells were then washed and re-suspended
468 in PBS for injection. A 100 µl bolus of 1 × 10⁶ cells was injected subcutaneously into the left
469 flank above the hind leg of each mouse (N=5), Non-prestained cells were injected into the
470 right flank. Tumour growth was measured daily with callipers, every day after tumour
471 became palpable, and were grown until total tumour volume was 1500mm³ or three weeks
472 post-injection has elapsed.
473 For blood vessel staining, 200 µl Lectin (*Tomato*) bound to DyeLyte-649 (Vector UK) (1
474 mg/ml) was administered via tail vein injection and allowed to circulate for 10 minutes before
475 perfusion fixation to allow sufficient binding to the vascular endothelium (8).

476

477 **Stain penetration**

478 A variety of mice which had not had procedures that would affect this experiment (e.g. mice
479 with failed subcutaneous tumour induction or those that had been used for MRI sequence
480 tests) were used in order to reduce the number of animals used. All mice were between 10-
481 23 weeks old. They were perfuse fixed as above and both kidneys were removed. Each
482 animal was randomly assigned to one of the four groups (saponin, freeze-thaw, iDISCO and
483 proteinase [K] digestion) and for each animal one kidney was randomly assigned to
484 treatment and the contralateral kidney retained as a matched control. In the saponin,
485 iDISCO and proteinase [K] groups, the control kidney was maintained in PBS and at the
486 same temperature as the treated kidney. For the freeze-thaw group, the control kidney was
487 dehydrated and rehydrated through the same methanol series but with no freeze-thaw
488 cycles applied.

489 Freeze-Thaw: Kidneys were dehydrated through a methanol in dH₂O series: 20%, 40%,
490 60%, 80%, 100% for 1 hr in each (7ml per kidney). Kidneys were freeze-thawed 3 times for
491 20 mins each time at -80 °C. Kidneys were then rehydrated through methanol series
492 80%,60%,40%,20% ,0% (1 hr each).

493 iDISCO: Kidneys were washed in PTX.2 1hr two times at room temp. Kidneys were
494 incubated overnight at 37°C in a solution containing 1xPBS, 0.2% Triton-X (Sigma UK), 20%
495 DMSO (Sigma UK). Kidneys were then incubated overnight at 37°C in a solution of 1xPBS,
496 0.1% Tween-20 (Sigma UK), 0.1% Triton-X, 0.1% Deoxycholate (Sigma UK), + 0.1% NP40
497 (Sigma UK), 20% DMSO.

498 P[K]: Tris Buffer containing 1.21 g Tris (Sigma UK), 0.147 g CaCl₂.H₂O, (Sigma UK), 65 ml
499 dH₂O, 30 ml glycerol (Sigma UK) was made and 40 µg/mL proteinase [K] (Sigma UK) was
500 added. The sample was incubated at room temp for 10 mins, with constant agitation before
501 being washed on PBS x3 for 10 mins each.

502 Saponin: A solution containing 2 g of gelatin (VWR) in 1 L PBS was made and filtered
503 immediately. After allowing the solution to chill, 5 mL of Triton X-100, 0.1 g of sodium azide
504 (Sigma UK) and 10 mg/ml saponin (Sigma UK) was added to the solution. Kidneys were
505 incubate for (72 hrs) in 3 ml of solution (PBS for control kidneys) at room temp. with constant
506 agitation.

507 After treatment, all kidneys were stained for 94 hrs in HCS Nuclear mask (Thermo Fisher
508 UK) in 40 µl/10ml PBS at room temperature and with constant agitation.

509

510 **Spectroscopy**

511 The transmission spectrum of Orasol Black was measured using an HG4000CG-UV-NIR
512 (Ocean Optics) fibre-fed spectrometer. Samples of Technovit 8100 base sol. plus catalyst 1,
513 with a low concentration (0.1 mg/mL) of Orasol Black, were measured in a PMMA semi-
514 micro cuvette over a 4 mm path length, from 350 nm to 95 nm with a QTH10/M (Thorlabs)
515 continuum lamp. The transmission spectrum (Figure 3) has been compensated for the
516 cuvette reflectivity and PMMA absorption.

517

518 **3D standard cell culture samples**

519 Compressed type I collagen hydrogels (RAFT UK) were used as standardized samples for
520 testing stain compatibility with tissue processing and for quantification of shine-through.
521 Samples were prepared in a 24 wellplate using the protocol described by the manufacturer,
522 with the addition of SW1222 colorectal cancer cells at 100,000 cells/mL (57). Samples were
523 fixed with 4% PFA for 20 mins. Post-fixation, cell nuclei were stained with the addition of
524 HCS nuclear mask deep red 2 μ L/mL in PBS incubated for 30 mins. Samples were then
525 processed for MF-HREM as described in Table 1.

526

527 **Resin testing**

528 Multiple candidate resins were tested for setting time, compatibility with opacifying agents
529 final block hardness and quality of cut. Resins used were Technovit 7100 (Heraeus Kulzer,
530 Germany), Technovit 8100 (Heraeus Kulzer, Germany), Spurr resin (Polysciences Inc,
531 USA), LR White (Sigma-Aldrich, USA) and Lowicryl HM20 (Polysciences Inc, USA).
532 Technovit 7100 is a 2-hydroxyethyl methacrylate-based plastic resin, and was prepared
533 using 1 g Technovit 7100 hardener 1 dissolved in 100 mL Technovit 7100 resin. Technovit
534 7100 hardener 2 was used to catalyze the polymerisation reaction, added in a ratio of 1:15
535 Hardener 2 to resin.

536 Technovit 8100 had a similar composition: 0.5 g of Technovit 8100 Hardener 1 dissolved in
537 100 mL Technovit 8100 resin. The catalyst, Technovit 8100 Hardener 2, was added in a
538 ratio of 1:30 catalyst to resin.

539 Spurr is an epoxy resin, and was prepared using 4.1 g ERL, 1.43 g diglycidyl ether of
540 polypropylene glycol, 5.9 g nonenylsuccinic anhydride and 0.1 g dimethylaminoethanol
541 accelerator.

542 LR White is an acrylic resin and was prepared using 2 g benzoyl peroxide accelerator per
543 100 mL resin.

544 Lowicryl HM20, a methacrylate resin, was prepared with 0.6% (w/w) benzoyl peroxide
545 accelerator.

546 Hardness testing was conducted on blocks after they had set using either a Shore
547 durometer D or Shore durometer A. Cut quality was assessed by imaging a block with a
548 mouse kidney embedded and counting the number of slices which had areas of flaky resin
549 or voids.

550

551 **Image post-processing and analysis**

552 Image analysis was carried out using a combination of ImageJ (Fiji distribution)(36), Vaa3D
553 (40–42), Python and Amira.

554

555

556 **Shine-through analysis**

557 Shine through analysis was performed in Fiji and Matlab as follows:

558 Gel image stacks were down-sampled in xy to create isotropic voxels, background
559 subtraction using rolling-ball algorithm with 50 pxl radius, and sliding parabola was used to
560 remove autofluorescent background. Image stacks were resliced into xz stacks. Single
561 isolated cells were manually found in the stack and an ROI was drawn to fully enclose all
562 pixels with intensity above the background. The intensity profile of the ROI was calculated by
563 averaging the intensity over the ROI columns (z-direction). This average signal was
564 truncated at the maximum intensity and fit to a single exponential model in Matlab using a
565 non-linear least squares approach, with start values of 0.5 for I_0 and τ and limits of $\pm \infty$ (other
566 start values were checked and no difference to final fit parameters was found).

567

568 **Post processing of image stacks:**

569 Spectral unmixing was performed via the Fiji plugin as per the documentation (58).

570 Background subtraction was performed using a rolling-ball algorithm with sliding parabola
571 using a window size dependent on the smallest features of interest in the image stack.

572 Median filtering was performed using the 3D Median filter plugin in Fiji with 1 pxl window size
573 (36).

574 Fitting of a manually extracted PSF to the model was performed in Matlab using the fitting
575 tool box for the case of Gaussian fits. For diffraction kernel PSFs (higher magnification
576 images) FWHM (x,y,z) were measured in the extracted PSFs. To provide a measure of the
577 lateral spread of the PSF the area of the diffraction pattern in the xy plane t two z slices were
578 divided by one another. The first z slice was at the FWHM (z), the second slice was the z
579 slice just before the abrupt change to zero, (i.e. the comet end of the comet-tail artefact).

580 This is the ratio top/bottom used in DeconvolutionLab (59) to parameterise a variety of their
581 synthetic PSFs).

582 The diffraction limited PSF was then generated using ImageJ ops (60) from microscope and
583 sample parameters: sample refractive index $RI_{\text{sample}} = 1.5$ for the sample (refractive index of
584 Technovit 8100), $RI_{\text{immersion}} = 1.0$, NA of 0.25, offset 0 μm working distance 150 μm (default),
585 xy spacing- dependent on sample pixel size, z spacing - dependent on cut thickness,
586 wavelength – sample dependent. This PSF was measured as above and small (50 nm)
587 manual variation in wavelength was used to iteratively optimise the PSF to match the
588 sample.

589 Once a PSF was synthetically generated at the same size as the image stack to be
590 deconvolved the PSF was zeroed in the lower half and background subtracted (pixel
591 intensities less than 0.001 in 32 bit images were zeroed). This PSF was then used in the RL
592 deconvolution algorithm of ImageJ ops using a border size of $\frac{1}{4}$ the image size in each
593 dimension respectively. Iteration number was tested for each sample and 20 iterations for
594 high magnification to produce adequate deconvolution without noise enhancement. For
595 lower magnification samples 35 iterations was necessary to produce adequate
596 deconvolution and prevent noise enhancement.

597

598

599 **Kidney Glomeruli segmentation:**

600 Vessel tracing was performed in Vaa3D Gradient Vector Flow algorithm (40–42), with
601 diffusion iteration of 5. Connected component analysis was performed in Amira with a
602 threshold minimum size of 10000 μm^3 based on literature estimates for glomeruli (43). No

603 deconvolution was necessary owing to the size of the structures being imaged, by
604 comparison to the pixel size.

605

606 **Tumour vasculature segmentation:**

607 Tumour images used Gaussian PSF's for deconvolution with parameters of $\sigma_x = \sigma_y =$
608 4 and $\sigma_z = 80$ for the Lectin-Dyelight649 channel and $\sigma_x = \sigma_y = 4$ and $\sigma_z = 40$ for the CMDil
609 channel. Both used 35 iterations of the Richardson-Lucy deconvolution.

610 For tumour vasculature following deconvolution, vascular segmentation was performed
611 using the APP2 algorithm of Vaa3D described previously (40–42,45). Parameter values
612 were Threshold =1(auto thresholding), CNN=3, GSBT was used and other parameters were
613 used at their default values.

614

615 **Brain Structures:**

616 Brain microvasculature was deconvolved using a diffraction kernel with parameters specified
617 above including xy pixel size of $570 \mu\text{m}$ and z pixel size of $1720 \mu\text{m}$ and wavelength of 700
618 nm. Segmentation was in Vaa3D via the MOST tracing algorithm ,(40–42,48) using a
619 threshold determined by Otsu threshold of 20, seed size 6 and slip size 20. White matter
620 orientation analysis was performed using the OrientationJ plugin of Fiji with a Gaussian
621 gradient and kernel sizes of 8 or 4 for Figures 8D and 8E respectively. HSB images were
622 created with orientation, coherence and original image brightness as the three channels
623 respectively.

624

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627

628 **Competing Interests**

629 The authors have no competing interests to declare

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Resin	Dehydratant	Setting temp	Oxygen	Time to set w/wo opacifying agent	Observations
Technovit 7100	Ethanol	RT	Room	10(mins)/1(hr)	
Technovit 8100	Acetone	4°C	Vacuum	10/30 (mins)	
Lowicryl HM20	Ethanol	RT°C	Room	NA/NA	Did not set after 120hrs
Spurr	Ethanol	55°C	Room	1.9/2.2(hrs)	
LR White	Ethanol	55°C	Room	20/23 (hrs)	Large amount of resin expansion upon setting

Supplementary table1. Showing the results of the initial resin testing. Detailing the setting conditions the time to set with and without Orasol Black, and including observations.