Nacarino-Palma et al., 2020

1	
2	
3	THE ARYL HYDROCARBON RECEPTOR PROMOTES DIFFERENTIATION
4	DURING MOUSE PREIMPLANTATIONAL EMBRYO DEVELOPMENT
5	
6	Ana Nacarino-Palma ^{1,2} , Jaime M. Merino ^{1,2} * and Pedro M. Fernández-Salguero ^{1,2} *
7	
8	¹ Departamento de Bioquímica y Biología Molecular, Facultad de Ciencias, Universidad
9	de Extremadura, Avenida de Elvas s/n, 06071 Badajoz, Spain; ² Instituto de Investigación
10	Biosanitaria de Extremadura (INUBE), Avenida de la Investigación s/n, 06071 Badajoz,
11	Spain.
12	
13	*Corresponding authors:
14	Pedro M. Fernández-Salguero, Email: pmfersal@unex.es
15	Jaime M. Merino, Email: jmmerino@unex.es
16	Tel: +34 924289300 Ext. 86895
17	
18	Keywords: Aryl hydrocarbon receptor, Embryo Differentiation, Pluripotency, Hippo,
19	Preimplantation
20	
21	Abbreviations: AhR, Aryl Hydrocarbon Receptor; ICM, internal cell mass; TE,
22	trophectoderm; TMRM, Tetramethylrhodamine; YAP, Yes-activated protein;
23	
24	
25	

Nacarino-Palma et al., 2020

26 ABSTRACT

Mammalian embryogenesis is a complex process controlled by transcription factors that 27 dynamically regulate the balance between pluripotency and differentiation. Transcription 28 29 factor AhR is known to regulate Oct4/Pou5f1 and Nanog, both essential genes in pluripotency, stemness and early embryo development. Yet, the molecular mechanisms 30 31 controlling Oct4/Pou5f1 and Nanog during embryo development remain largely unidentified. Here, we show that AhR is required for proper embryo differentiation by 32 regulating pluripotency factors and by maintaining adequate metabolic activity. AhR 33 34 lacking embryos (AhR-/-) showed a more pluripotent phenotype characterized by a delayed expression of differentiation markers of the first and second cell divisions. 35 Accordingly, central pluripotency factors OCT4/POU5F1, NANOG, and SOX2 were 36 37 overexpressed in AhR-/- embryos at initial developmental stages. An altered intracellular localization of these factors was observed in absence of AhR and, importantly, OCT4 had 38 an opposite expression pattern with respect to AhR from the 2-cell stage to blastocyst, 39 40 suggesting a negative regulatory mechanism of OCT4/POU5F by AhR. Hippo signalling, rather than being repressed, was upregulated in very early AhR-/- embryos, possibly 41 contributing to their undifferentiation at later stages. Consistently, AhR-null blastocysts 42 overexpressed the early marker of inner cell mass (ICM) differentiation Sox17 whereas 43 44 downregulated extraembryonic differentiation-driving genes Cdx2 and Gata3. Moreover, 45 the persistent pluripotent phenotype of AhR-/- embryos was supported by an enhanced glycolytic metabolism and a reduction in mitochondrial activity. We propose that AhR is 46 a regulator of pluripotency and differentiation in early mouse embryogenesis and that its 47 48 deficiency may underline the reduced viability and increased resorptions of AhR-null mice. 49

50

Nacarino-Palma et al., 2020

51 INTRODUCTION

52 The aryl hydrocarbon receptor (AhR) is a transcription factor with important toxicological and physiological implications and roles in pluripotency and stemness 53 54 recently identified (Ko and Puga, 2017; Mulero-Navarro and Fernandez-Salguero, 2016; Roman et al., 2018). Several studies support this receptor as an important regulator of the 55 balance between pluripotency and differentiation under physiological conditions and in 56 tumor cells. Indeed, AhR activation by the carcinogen TCDD during mouse pregnancy 57 blocked the ability of hematopoietic stem cells (HSC) for long-term self-renewal (Laiosa 58 59 et al., 2015). Similarly, sustained AhR activation during early differentiation of mouse embryonic stem cells impaired signalling critical for the ontogeny of cardiac mesoderm 60 and cardiomyocyte functions (Wang et al., 2016). Previous work from our laboratory 61 62 using human NTERA-2 cells revealed that AhR supports cell differentiation through the 63 transcriptional repression of retrotransposable Alu elements located in the promoter region of pluripotency genes Oct4 and Nanog (Morales-Hernandez et al., 2016). On the 64 65 contrary, receptor deficiency in mice produces a more undifferentiated phenotype improving the regenerative potential of the lung (Morales-Hernandez et al., 2017) and the 66 liver (Moreno-Marin et al., 2017) upon acute damage. 67

A distinguishing feature of preimplantation development is the gradual loss of 68 totipotence of the embryonic stem cells (ESCs). Throughout embryonic development 69 70 from zygote to blastocyst, ESCs will restrict their fate through cellular differentiation after successive rounds of cell division. Three different cell lineages exist in the mature 71 blastocyst; namely, trophectoderm, epiblast and primitive endoderm (Chazaud and 72 73 Yamanaka, 2016). In the first cell fate decision, asymmetric divisions in the initial embryo generate outside and inside cells that differ in their cellular properties, location within the 74 embryo and cell outcome (Fleming, 1987; Johnson and Ziomek, 1981; Morris et al., 75

76 2010). Outside cells will differentiate into the trophectoderm (TE), which is the precursor lineage of the placenta. Inside cells constitute the pluripotent inner cell mass (ICM) that 77 will differentiate in the second cell fate decision to form the primitive endoderm (PE) 78 79 giving rise to the yolk sac, and the pluripotent embryonic epiblast (EPI) that is the 80 precursor of all embryonic tissues. Numerous signalling networks are responsible for coordinating the myriad events needed to control the balance between differentiation and 81 pluripotency in embryogenesis. Transcription factors OCT4/POU5F1 (herein OCT4), 82 SOX2 and NANOG constitute the "central pluripotency network" (Boyer et al., 2005; 83 84 Boyer et al., 2006). These pluripotency factors are initially expressed in all cells of the morulae, with their expression becoming gradually restricted to the ICM after first cell 85 fate decision (Bedzhov et al., 2014). Establishment of TE fate program in outside cells is 86 87 regulated by the Hippo pathway, which acts as a sensor of cell polarity.

Outside cells have asymmetric cell-cell contacts that lead to the accumulation of 88 apical polarity proteins that inhibit activity of the tight junction proteins AMOT and the 89 90 Hippo pathway kinases LATS1/2 (Leung and Zernicka-Goetz, 2013; Paramasivam et al., 2011). As a result, hypophosphorylated Yes-activated protein (YAP) is translocated to 91 92 the nucleus and the TE cell fate program is activated with an increase in CDX2 expression through TEAD4. In inside cells, symmetric cell-cell contacts prevent the establishment 93 of an apical domain. AMOT proteins are then activated and distributed by all membrane 94 95 in adherent junctions in a NF2/α-Catenin/β-catenin/E-cadherin complex. In addition, LAST1/2 become activated and the resulting phosphorylated YAP excluded from the 96 nucleus; OCT4 is then expressed and the pluripotency program initiated to determine the 97 98 ICM fate (Manzanares and Rodriguez, 2013).

Nacarino-Palma et al., 2020

99 Knowing how cell fate is specified in the preimplantation embryo may help to understand
100 the mechanisms that regulate pluripotency and differentiation of stem cells of embryonic
101 origin as well as those arising from tumors.

102 Interestingly, early and previous reports have shown that AhR-null mice have a reduced fertility producing fewer numbers of pups born alive as compare to AhR-103 104 expressing littermates. In fact, such phenotype seems to be at least partially due to an increase in embryo resorption and to an impaired ability to complete the preimplantation 105 program to the blastocyst stage (Abbott et al., 1999; Peters and Wiley, 1995). Here, we 106 107 have studied how AhR affects the early stages of preimplantation during mouse development in an attempt to further understand receptor functions in pluripotency and 108 109 differentiation. We have found that AhR has pro-differentiation functions in the early 110 mouse embryo needed to specify the different cell fates from the one-cell to the blastocyst stage. Our results suggest that AhR has relevant roles in embryonic stem cell 111 differentiation through the control of genes responsible for maintaining a pluripotent 112 113 status. AhR deficiency may thus negatively affect embryo progression during preimplantation eventually compromising viability. 114

- 115
- 116
- 117
- 118
- 119
- 120
- 121
- 122
- 123

Nacarino-Palma et al., 2020

124 RESULTS

125 AhR expression and localization is modulated throughout embryonic development

To analyze the role of AhR in early embryo differentiation, we first analyzed AhR 126 127 expression levels along different embryonic stages. Confocal immunofluorescence 128 analysis showed that AhR was significantly and steadily expressed as differentiation progressed from 2-cell zygote to blastocyst (Fig. 1A,B). Regarding AhR localization 129 within the embryo, the immunofluorescence analysis revealed a generalized expression 130 131 in all cells up to the morulae stage with some cells having nuclear AhR. However, as 132 differentiation progressed to the early and late blastocyst, AhR was only detected in the 133 external blastomeres being almost absent in those cells forming the ICM (Fig. 1A). To 134 further support this finding, we separated inner and outer (TE) blastomeres from 135 blastocysts using magnetic-activated cell sorting and analyzed AhR expression in both 136 fractions. The results confirmed that AhR mRNA levels were significantly higher in TE blastomeres than in inner cell mass blastomeres (Fig. 1C). Consistently, AhR mRNA 137 138 expression significantly increased during differentiation from zygote to blastocyst at the transcriptional level (Fig. 1D). These results indicated that the expression of the aryl 139 140 hydrocarbon receptor is modulated throughout early embryonic development and that its embryonic localization changes with differentiation. 141

AhR deficiency induces upregulation of pluripotency genes during early embryodevelopment

In order to assess whether the aryl hydrocarbon receptor participates in the maintenance of pluripotency during the early stages of embryogenesis, we next analyzed the levels of pluripotency factors throughout preimplantation in wild type and AhR-null embryos. *AhR-/-* embryos showed significantly higher *Nanog* and *Oct4* mRNA levels as compared to *AhR+/+* embryos from 1-cell zygote until the morulae stage (**Fig. 2A,B**). In

149 blastocysts, Oct4 expression kept rising in AhR-null embryos while Nanog mRNA levels 150 became balanced among both genotypes (Fig. 2A,B). Regarding Sox2, embryos lacking 151 AhR also had higher expression of this pluripotency factor at the beginning of 152 embryogenesis, 1-cell and 2-cell stages, to decrease to similar levels in both genotypes 153 from 8-cell to blastocyst (Fig. 2C). Thus, AhR plays a role in controlling the expression of genes known to regulate pluripotency and the differentiation required for embryo 154 155 development.

156

AhR modulates the localization of pluripotency factors during embryogenesis.

157 To investigate how AhR affects protein levels and localization of pluripotency factors, we did immunofluorescence analysis for OCT4 and NANOG in wild type and 158 159 AhR-null embryos during blastocyst development. The results obtained showed changes 160 in OCT4 and NANOG localization upon the presence of the aryl hydrocarbon receptor. In wild type embryos, OCT4 had a preferred cytoplasmic localization up to the early 161 162 blastocyst stage, to then move to the nucleus in cells at the ICM (Fig. 3A). Embryos 163 lacking AhR showed nuclear localization of OCT4 throughout most stages of development and up to late blastocyst (Fig 3A). We then decided to analyze OCT4 164 expression at the mRNA level in isolated blastomeres from the ICM and TE of both 165 genotypes. We found that in AhR-/- embryos, there were no significant differences in 166 167 OCT4 mRNA expression between ICM and TE blastomeres, as it was observed in 168 AhR+/+ embryos (Fig 3B). These results indicate that AhR may be needed to regulate the location of OCT4 within the embryo, which could impact differentiation and cell fate. 169 The fact that OCT4 has a location pattern opposite to that of AhR (Figs. 1 and 3C), 170 171 suggests that AhR may exert a negative regulation on OCT4 to drive embryo differentiation. 172

NANOG localization in AhR+/+ embryos was also modified in the absence of 173 174 AhR. The dotted and regular pattern that this protein had from zygote to 4-cell in AhR wild type embryos, remained in AhR-null embryos until the 16-cell stage (Fig 4). While 175 176 in AhR wild type embryos a polarized and nuclear distribution of NANOG between ICM and TE was observed from moruale on, a delocalization of this pluripotency factor was 177 evident in AhR lacking embryos (Fig 4). Quantification of the immunofluorescence 178 signals revealed that global NANOG expression was significantly higher in AhR-/- than 179 180 in AhR+/+ embryos (Fig. 4B). These data suggest that, in addition to OCT4, AhR could 181 also regulate NANOG expression during embryo development.

182 AhR-null embryos show Hippo signalling upregulation

As indicated above, the Hippo pathway is implicated in cell polarity and cell fate. 183 184 Next, we explored if the effects of AhR on embryonic differentiation could be mediated through the Hippo pathway. To investigate such possibility, we first analyzed the nuclear 185 localization of the Hippo effector YAP. YAP was excluded from the cell nucleus in AhR-186 187 null embryos during most of embryo development, whereas it was located in the nucleus of the external blastomeres in wild type embryos from the morulae stage (Fig 5A). 188 Immunofluorescence analysis indicated that pYAP was predominantly excluded from the 189 190 cell nucleus in a fraction of blastomeres in AhR-null blastocysts (Fig. 5B). Quantification 191 of the mean fluorescence intensity (MFI) revealed that pYAP levels (e.g. cytosolic) were 192 significantly higher in AhR-/- embryos (Fig. 6A) and, consequently, that the amounts of nuclear YAP (unphosphorylated) were reduced in absence of AhR (Fig. 6B). 193

To further analyze the implication of the Hippo pathway, we measured the expression of the kinases responsible for YAP phosphorylation *Lats1* and *Lats2*. The results showed that their expression was significantly higher at the beginning of development (1-cell and 2-cell) in embryos lacking the aryl hydrocarbon receptor than in

198 wild type ones (Fig 6C,D). Interestingly, the levels of both kinases transiently decreased 199 from 8-cell to morulae to increase again at the blastocyst stage (Fig 6C,D). In addition, β-catenin, a component of the complex located at the adherent junctions where AMOT is 200 201 retained, was overexpressed at the initial stages of development in AhR-/- embryos (Fig. 202 6E). The early marker for ICM pluripotency and undifferentiation Sox17, was also 203 overexpressed in AhR-/- blastocysts (Fig. 6F), in agreement with previous studies indicating that Sox17 is expressed at ICM as a endoderm primitive marker (Artus et al., 204 205 2011; Frum and Ralston, 2015). Moreover, the transcriptional YAP target Cdx2 was 206 repressed in AhR-null morulae with respect to wild type morulae (Fig. 6G). Cdx2 expression was significantly higher in TE than in ICM from AhR+/+ blastocysts (Fig. 207 208 **6H)** whereas no significant differences were found in Cdx^2 distribution between the ICM 209 and TE in AhR-/- blastocysts (Fig. 6I), further supporting an increased activation of the Hippo pathway, concomitant with a reduced transcriptional activity of the OCT4 210 211 repressor YAP, in absence of AhR. Gata3, a trophoectoderm marker in blastocysts, had 212 lower levels in AhR-/- embryos at the blastocyst phase (Fig. 6J) supporting that lack of AhR promotes a more undifferentiated phenotype in preimplantation mouse embryos. 213 Altogether, these data suggest that absence of AhR affects differentiation of the TE and 214 ICM as the two first cell lineages established in the embryo. 215

216 Embryos lacking AhR show a higher glycolytic metabolic activity and a lower rate

217 of oxidative metabolism.

The more undifferentiated status of *AhR-/-* embryos could be associated to a more immature physiological phenotype. We next decided to study glycolytic and oxidative metabolism rates since it is well established that these two parameters are strongly linked to the pluripotency state of embryonic stem cells. First, we analyzed the mitochondrial membrane potential of embryos of both genotypes at different stages using tetramethyl

223 rhodamine (TMRM) staining. Embryos lacking AhR maintained a lower mitochondrial 224 activity until the 32-cell stage, while wild type embryos had a significantly higher mitochondrial activity during the same period (Fig. 7A,B). To further asses this result, 225 226 we collected pools of AhR-/- and AhR+/+ embryos and analyzed their mitochondrial membrane potential using the JC-10 probe. The results confirmed that the mitochondrial 227 membrane potential was higher in wild-type than in AhR-null embryos (Fig. 7C). 228 Moreover, the mitochondrial volume measured by mitotracker green staining was 229 significantly lower in AhR-/- than in AhR+/+ embryos (Fig. 7D), as well as the mRNA 230 231 levels of the marker for mitochondrial activity mitochondrial carrier homolog-1 (Mtch1) (Fig. 7E). These results indicate that lack of AhR may contribute to a lower rate of 232 oxidative metabolism in the mouse embryo. 233

234 Next, we investigated if glycolytic metabolism, the preferred energy source for pluripotent and cancerous cells, would be influenced by AhR activity throughout 235 embryonic differentiation. We observed that the expression of the hexokinase enzyme 236 237 (HK) and of glucose transporters Scl2a1 and Scl2a3 were increased in AhR-/- as compared to AhR+/+ blastocysts (Fig. 8A-C). We then decided to measure hexokinase activity 238 239 using an enzymatic assay in embryos at developmental stages between morulae and 240 blastocyst. The results obtained revealed that absence of AhR generated a significant 241 increase in hexokinase activity (Fig. 8D). The less differentiated status of AhR deficient 242 embryos with respect to wild type ones correlates with their preferential glycolytic metabolism. Thus, lack of AhR alters mitochondrial functions that are consistent with a 243 more pluripotent phenotype. Stem cells specifically use the amino acid threonine to 244 245 maintain their pluripotent status and such cellular condition is dependent on the activity of the threonine dehydrogenase (TDH) (Wang et al., 2009). We have found that TDH 246 expression was increased in absence of AhR along embryonic development from 1-cell 247

248	zygote to blastocyst, supporting that AhR-null preimplantation embryos have al altered
249	metabolic profile.
250	
251	
252	
253	
254	
255	
256	
257	
258	
259	
260	
261	
262	
263	
264	
265	
266	
267	
268	
269	
270	
271	
272	

Nacarino-Palma et al., 2020

273 DISCUSSION

274 AhR promotes cell differentiation through the inhibition of pluripotency genes. As a result, AhR deficiency originates an undifferentiated phenotype not only in cell lines 275 276 but also in tissue regeneration in mice (Morales-Hernandez, Gonzalez-Rico et al. 2016, Morales-Hernandez, Nacarino-Palma et al. 2017, Moreno-Marin, Barrasa et al. 2017). 277 However, our knowledge about the role of AhR in embryo differentiation is still very 278 limited, in particular with respect to the molecular intermediates that, been dependent on 279 AhR, may be involved. This encouraged us to investigate the role of AhR in ESCs 280 281 differentiation in vivo during mouse preimplantation embryonic development. In this phase of embryogenesis, totipotent blastomeres generate the first three cell lineages of 282 the embryo: trophectoderm, epiblast and primitive endoderm. Mouse embryogenesis has 283 284 been widely studied to understand developmental processes in mammals, but it also constitutes an excellent model to study the plasticity of stem cells. Understanding how 285 molecular intermediates govern the balance between pluripotency and differentiation in 286 287 blastocyst development allows us to understand stem cell behavior in other physiological and pathological conditions. An important finding of this study is that AhR affects the 288 289 differentiation processes of embryo development by interacting with different signaling networks. 290

As cleavage of the early zygote takes place, central pluripotency factors increase their expression to produce totipotent cells that will proliferate and differentiate to generate a complete organism. We have first found that zygotes from *AhR-/-* mice have basal overexpression of well-known pluripotency factors *Oct4*, *Nanog* and *Sox2*, in agreement with our previous studies showing that AhR-null mice have an increased ability to regenerate lung (Morales-Hernandez et al., 2017) and liver (Moreno-Marin et al., 2017) and a higher potential to sustain undifferentiation of human embryionic carcinoma cells (Morales-Hernandez et al., 2016). The apparent global role of AhR in
controlling differentiation was also reported by its ability to regulate ovarian follicular
development through piRNA-associated proteins, piRNAs and retrotransposons (RicoLeo et al., 2016).

302 Pluripotency genes need to reach a certain expression level to activate the networks that control pluripotency. Interestingly, Oct4, Nanog and Sox2 reached their 303 highest expression levels in a transient manner in 1-cell and 2-cell AhR-/- embryos, 304 suggesting that their atypical upregulation very early in development could affect proper 305 306 embryo differentiation and contribute to the deficient ability of AhR-/- mice to sustain implantation and in-utero survival (Abbott et al., 1999; Fernandez-Salguero et al., 1995; 307 308 Peters and Wiley, 1995). The pro-differentiation role of AhR in embryogenesis is also 309 supported by its own regulation during the process. AhR levels increased with 310 differentiation and, interestingly, its location was mainly restricted to the blastomeres that differentiate to form the trophoectoderm, indicating that AhR may exert a differential 311 312 regulatory function limiting pluripotency in those blastomeres that will generate extraembryonic tissues. In this sense, a central regulator such as OCT4, showed an 313 opposite expression pattern to that of AhR, again supporting its repressive role in 314 pluripotency. The crosstalk between OCT4 and AhR has been also suggested from studies 315 316 using stem-like cancer cells which proposed a reciprocal suppression between AhR and 317 such pluripotency factor (Cheng et al., 2015; Song et al., 2002).

In the morulae, it is known that the first asymmetric division is determinant for embryonic differentiation, and that in the formed blastocyst a second differentiating wave gives rise to two types of cells in the ICM. The fact that AhR expression was modulated during these processes, together with previous studies that link embryo differentiation to the Hippo pathway, lead us to think that AhR could act through Hippo in the phenotype

323 observed. Our preliminary data indicate that nuclear YAP levels can be modulated by 324 AhR producing a more differentiated status in NTERA-2 cells (Morales-Hernández et al., unpublished results). In this work, we have shown that TE cell fate seems to be activated 325 326 by nuclear YAP in an AhR-dependent manner, and thus, AhR and YAP co-localized in the nucleus of external blastomeres eventually differentiating to the trophectoderm 327 lineage. The fact that AhR-null blastocysts had OCT4 expression but lacked nuclear YAP 328 in external blastomeres, suggest that AhR deficiency may result in a failure to link polarity 329 330 to transcription factors that lead to differentiation through Hippo signalling.

331 One characteristic of pluripotent cells is their low levels of oxidative phosphorylation and their preferred glycolytic ATP synthesis. Up-regulation of glycolysis 332 333 preceedes the reactivation of pluripotent markers (Shyh-Chang et al., 2013). The 334 differences that we have observed in differentiation markers through embryo development were correlated with their metabolic status. Lack of AhR reduced 335 mitochondrial activity and maintained a predominant glycolytic metabolism. During 336 337 differentiation, metabolic pathways are modulated according to the needs of the embryo. Our results are in agreement with those hypothesis since AhR-/- embryos overexpressed 338 339 threonine dehydrogenase (TDH), which is an enzyme responsible for providing 340 metabolites generated from Thr that are specifically used for stem cell self-renewal. 341 Therefore, lack of AhR probably causes a metabolic state in the embryos that corresponds 342 to a lower differentiation state. In summary, AhR has relevant functions in embryonic development adjusting the expression of signaling pathways that control pluripotency and 343 diferentiation. Under low AhR levels, a defective differentiation status may compromise 344 345 completion of the embryo developmental program, implantation and survival.

346

Nacarino-Palma et al., 2020

348 MATERIALS AND METHODS

349 Embryo collection

C57BL/6N wild-type (AhR + /+) and AhR-null (AhR - /-) mice were kept under 12 h 350 351 light/dark cycle and had free access to food and water. 4 to 7 weeks old females were injected with 7.5 IU Pregnant Mare's Serum followed 48 h later by 5 IU i.p. injection of 352 human chorionic gonadotropin (hCG). Females were sacrificed at the indicated 353 developmental stages and the oviducts/hemiuterus were collected in PBS and flashed for 354 355 embryo collection. Embryos were isolated using a stripper (Origio). All work involving 356 mice has been performed in accordance with the National and European legislation (Spanish Royal Decree RD53/2013 and EU Directive 86/609/CEE as modified by 357 2003/65/CE, respectively) for the protection of animals used for research. Experimental 358 359 protocols using mice were approved by the Bioethics Committee for Animal Experimentation of the University of Extremadura (Registry 109/2014) and by the Junta 360 de Extremadura (EXP-20160506-1). Mice had free access to water and rodent chow. 361

362 Gene expression analysis

Total RNA was isolated from mouse embryos using the pico pure RNA isolation Kit 363 (Thermo Fisher) and purified following the manufacturer's instructions. Reverse 364 transcription was performed using random priming and the iScript Reverse Transcription 365 366 Super Mix (Bio-Rad). Real-time PCR was used to quantify the mRNA expression 367 of AhR, Nanog, Oct4, Sox2, Lats1, Lats2, β-catenin, Scl2a1, Scl2a2, Hexokinase, Cdx2, Gata3, TDH. Reactions were done using Luna Master Mix (New England Biolabs) in a 368 step one thermal cycler (Applied Biosystems) essentially as described (Rey-Barroso et 369 al., 2013). The expression of β -Actin was used to normalize gene expression (Δ Ct) and 370 371 $2^{-\Delta\Delta Ct}$ was applied to calculate changes in RNA levels with respect to control conditions. Primer sequences used are indicated in supplementary Table S1. 372

Nacarino-Palma et al., 2020

373 Whole mount immunofluorescence

374 Each embryo group was independently fixed in 3.5% paraformaldehyde for 15 min at room temperature. The zona pellucida was removed by incubation in Tyrode's acid 375 376 solution for 15-20 s at 37°C. Embryos were blocked in PBS containing 1% BSA and 0.1 377 M glycine for 2.5 h followed incubation in blocking solution with antibodies against NANOG, OCT4, AhR, YAP, pYAP overnight at 4°C. Following washings, an Alexa-378 633, 488 or 550 labeled secondary antibodies was added for 2 h at 4°C. Samples were 379 further washed and incubated with Hoechst to stain cell nuclei. Embryos were transferred 380 381 to Ibidi chambers and analyzed using an Olympus FV1000 confocal microscope.

382 Magnetic-activated Cell Sorting

383 Inner cell mass (ICM) and trophectoderm (TE) blastomeres were separated using 384 concanavalin and MACS microbeads essentially as described (Ozawa and Hansen, 2011). 385 Blastocysts at 3,5 d.p.c were harvested and incubated in acidic Tyrode's solution to remove the zona pellucida. Samples were washed three times in MACS buffer [DPBS 386 387 with 0.5% (w/v) BSA and 2 mM ethylenediaminetetraacetic acid (EDTA), pH 7.2] and 388 incubated for 10 min with concanavalin A conjugated-FITC (Sigma-Aldrich, ConA-389 FITC, 1 mg/ml in MACS buffer). Following three washes in MACS buffer, blastocysts were incubated in PBS containing 1 mM EDTA for 5 min followed by incubation in 390 391 0.05% (w/v) trypsin-0.53 mM EDTA solution (Invitrogen) for 10 min at 37°C. Groups of 392 15-20 blastocysts were disaggregated into single blastomeres by pipetting with an stripper (Origen) under a dissecting microscope. Blastomeres were transferred into PBS 393 containing 1 mM EDTA and 10% (v/v) fetal bovine serum to stop the reaction. Samples 394 were then washed in MACS buffer by centrifugation at 500 x g for 5 min and resuspended 395 in 110 µl of MACS buffer. Disaggregated blastomeres in solution were incubated with 10 396 397 µl of magnetic microbeads conjugated to mouse anti-FITC (Miltenyi Biotec) for 15 min

on ice. Following two washes by centrifugation at 500 x g for 5 min, samples were
resuspended in 500 µl MACS buffer and passed through MACS separation columns
(Miltenyi Biotec) attached to a magnetic board (Spherotech). The FITC-negative fraction
(ICM) was eluted by three 500 µl MACS buffer washes followed by FITC positive (TE)
elution by removing the MACS separation column from the magnetic board and washing
three times with 500 µl MACS buffer.

404 TMRM and Mitotracker staining

The embryos were arranged in staining solution made with $10 \ \mu\text{L}$ of $100 \ \mu\text{M}$ stock solution Tetramethylrhodamine (Invitrogen) in 10 mL of KSOM medium (EmbrioMax, Millipore) or 100 nM of Mitotracker green (Cell Signalling). Embryos were placed in IBIDI plates in a 5% CO₂ incubator at 37°C for 30 min for TMRM staining and 20 min for mitotracker. Then, embryos were washed in PBS twice and analyzed by confocal microscopy.

411 Mitochondrial potential measurement using the JC10 Kit

412 Pools of 25 embryos were placed in a 96 plate well, and processed following the non-413 adherent cell protocol recommended by the manufacturer. An aliquot of 50 μ l of JC-10 dye loading solution was added per well and the embryos were incubated in a 5% CO₂ 414 415 incubator at 37 °C for 30 min. Then, 50 µl of assay buffer were added and fluorescence intensity was monitored in a fluorescence multiwell plate reader using excitation 416 417 wavelength 490 nm and emission wavelength 525 nm. For ratio analysis, signals were also recorded at excitation wavelength 540 nm and emission wavelength 590 nm. The 418 419 red/green fluorescence intensity ratio was used to determine the mitochondrial membrane 420 potential (MMP).

421

Nacarino-Palma et al., 2020

423 Hexokinase activity measurement

Groups of 20 blastocysts were disaggregated by incubation in 0.05% (w/v) trypsin solution containing 0.53 mM EDTA for 10 min at 37°C. Samples were centrifuged, washed twice in PBS containing 1 mM EDTA and 10% (v/v) fetal bovine serum and once in PBS. Single blastomeres were resuspended in hexokinase (HK) assay buffer and homogenized through passage by a 30 g syringe. Homogenized samples were used in the pico-probe Hexokinase activity assay kit (Biovision) following manufacturer's indications.

431 Statistical analyses

GraphPad Prism 6.0 software (GraphPad) was used to perform comparison between
experimental conditions. Student's t-test (unpaired two-sided) was used to analyze
differences between two experimental groups. For three or more experimental conditions
data was analyzed using ANOVA. Data are shown as mean ± SD. Differences were
considered significant at p*<0.05; p**<0.01; p***<0.001. Data analyses are indicated in
the Figure Legends.

438

- 440
- 441
- 442
- 443
- 444
- 445
- 446
- 447

Nacarino-Palma et al., 2020

448 ACKNOWLEDGMENTS

449	The Servicio de Técnicas Aplicadas a las Biociencias (STAB) of the Universidad de
450	Extremadura are greatly acknowledged for their technical support.
451	
452	COMPETING INTERESTS
453	The authors declare no conflicts of interest
454	
455	FUNDING
456	This work was supported by grants to P.M.F-S. from the Ministerio de Economía y
457	Competitividad (SAF2017-82597-R) and Junta de Extremadura (GR18006 and
458	IB160210). A.N.P. was supported by the Spanish Ministry of Science, Innovation and
459	University. Spanish funding is co-sponsored by the European Union FEDER program.
460	
461	
462	
463	
464	
465	
466	
467	
467	
468	
469	

Nacarino-Palma et al., 2020

470 **REFERENCES**

- 471 Abbott, B.D., Schmid, J.E., Pitt, J.A., Buckalew, A.R., Wood, C.R., Held, G.A., and
- 472 Diliberto, J.J. (1999). Adverse reproductive outcomes in the transgenic Ah receptor-
- 473 deficient mouse. Toxicol. Appl. Pharmacol. 155, 62-70.
- 474 Artus, J., Piliszek, A., and Hadjantonakis, A.K. (2011). The primitive endoderm lineage
- 475 of the mouse blastocyst: sequential transcription factor activation and regulation of
- differentiation by Sox17. Dev. Biol. *350*, 393-404.
- 477 Bedzhov, I., Graham, S.J., Leung, C.Y., and Zernicka-Goetz, M. (2014). Developmental
- 478 plasticity, cell fate specification and morphogenesis in the early mouse embryo.
- 479 Philosophical Transactions of the Royal Society B: Biological Sciences *369*, 20130538.
- 480 Boyer, L.A., Lee, T.I., Cole, M.F., Johnstone, S.E., Levine, S.S., Zucker, J.P., Guenther,
- 481 M.G., Kumar, R.M., Murray, H.L., Jenner, R.G., et al. (2005). Core transcriptional
- regulatory circuitry in human embryonic stem cells. Cell *122*, 947-956.
- Boyer, L.A., Mathur, D., and Jaenisch, R. (2006). Molecular control of pluripotency.
- 484 Curr. Opin. Genet. Dev. 16, 455-462.
- 485 Chazaud, C., and Yamanaka, Y. (2016). Lineage specification in the mouse
- 486 preimplantation embryo. Development *143*, 1063-1074.
- 487 Cheng, J., Li, W., Kang, B., Zhou, Y., Song, J., Dan, S., Yang, Y., Zhang, X., Li, J., and
- 488 Yin, S. (2015). Tryptophan derivatives regulate the transcription of Oct4 in stem-like489 cancer cells. Nature communications *6*, 7209.
- 490 Fernandez-Salguero, P., Pineau, T., Hilbert, D.M., McPhail, T., Lee, S.S., Kimura, S.,
- 491 Nebert, D.W., Rudikoff, S., Ward, J.M., and Gonzalez, F.J. (1995). Immune system
- 492 impairment and hepatic fibrosis in mice lacking the dioxin-binding Ah receptor. Science
- *493 268*, 722-726.

Nacarino-Palma et al., 2020

- 494 Fleming, T.P. (1987). A quantitative analysis of cell allocation to trophectoderm and inner
- cell mass in the mouse blastocyst. Developmental biology 119, 520-531.
- 496 Frum, T., and Ralston, A. (2015). Cell signaling and transcription factors regulating cell
- 497 fate during formation of the mouse blastocyst. Trends Genet. *31*, 402-410.
- 498 Johnson, M.H., and Ziomek, C.A. (1981). The foundation of two distinct cell lineages
- 499 within the mouse morula. Cell 24, 71-80.
- Ko, C.I., and Puga, A. (2017). Does the Aryl Hydrocarbon Receptor Regulate
 Pluripotency? Curr Opin Toxicol 2, 1-7.
- Laiosa, M.D., Tate, E.R., Ahrenhoerster, L.S., Chen, Y., and Wang, D. (2015). Effects of
- 503 Developmental Activation of the Aryl Hydrocarbon Receptor by 2,3,7,8-
- 504 Tetrachlorodibenzo--dioxin on Long-Term Self-Renewal of Murine Hematopoietic Stem
- 505 Cells. Environ. Health Perspect.
- Leung, C.Y., and Zernicka-Goetz, M. (2013). Angiomotin prevents pluripotent lineage differentiation in mouse embryos via Hippo pathway-dependent and-independent mechanisms. Nature communications *4*, 2251.
- Manzanares, M., and Rodriguez, T.A. (2013). Development: Hippo signalling turns the
 embryo inside out. Current Biology 23, R559-R561.
- 511 Morales-Hernandez, A., Gonzalez-Rico, F.J., Roman, A.C., Rico-Leo, E., Alvarez-
- 512 Barrientos, A., Sanchez, L., Macia, A., Heras, S.R., Garcia-Perez, J.L., Merino, J.M., et
- al. (2016). Alu retrotransposons promote differentiation of human carcinoma cells
- through the aryl hydrocarbon receptor. Nucleic Acids Res 44, 4665-4683.
- 515 Morales-Hernandez, A., Nacarino-Palma, A., Moreno-Marin, N., Barrasa, E., Paniagua-
- 516 Quinones, B., Catalina-Fernandez, I., Alvarez-Barrientos, A., Bustelo, X.R., Merino,
- 517 J.M., and Fernandez-Salguero, P.M. (2017). Lung regeneration after toxic injury is
- 518 improved in absence of dioxin receptor. Stem Cell Res 25, 61-71.

Nacarino-Palma et al., 2020

- 519 Moreno-Marin, N., Barrasa, E., Morales-Hernandez, A., Paniagua, B., Blanco-Fernandez,
- 520 G., Merino, J.M., and Fernandez-Salguero, P.M. (2017). Dioxin Receptor Adjusts Liver
- 521 Regeneration After Acute Toxic Injury and Protects Against Liver Carcinogenesis. Sci
- 522 Rep 7, 10420.
- 523 Morris, S.A., Teo, R.T., Li, H., Robson, P., Glover, D.M., and Zernicka-Goetz, M. (2010).
- 524 Origin and formation of the first two distinct cell types of the inner cell mass in the mouse
- embryo. Proceedings of the National Academy of Sciences *107*, 6364-6369.
- 526 Mulero-Navarro, S., and Fernandez-Salguero, P.M. (2016). New Trends in Aryl
- 527 Hydrocarbon Receptor Biology. Front Cell Dev Biol 4, 45.
- 528 Ozawa, M., and Hansen, P.J. (2011). A novel method for purification of inner cell mass
- and trophectoderm cells from blastocysts using magnetic activated cell sorting. Fertility
- 530 and sterility *95*, 799-802.
- 531 Paramasivam, M., Sarkeshik, A., Yates III, J.R., Fernandes, M.J., and McCollum, D.
- (2011). Angiomotin family proteins are novel activators of the LATS2 kinase tumor
 suppressor. Molecular biology of the cell *22*, 3725-3733.
- Peters, J.M., and Wiley, L.M. (1995). Evidence that murine preimplantation embryos
 express aryl hydrocarbon receptor. Toxicol. Appl. Pharmacol. *134*, 214-221.
- 536 Rey-Barroso, J., Colo, G.P., Alvarez-Barrientos, A., Redondo-Munoz, J., Carvajal-
- 537 Gonzalez, J.M., Mulero-Navarro, S., Garcia-Pardo, A., Teixido, J., and Fernandez-
- 538 Salguero, P.M. (2013). The dioxin receptor controls beta1 integrin activation in
- fibroblasts through a Cbp-Csk-Src pathway. Cell Signal *25*, 848-859.
- 540 Rico-Leo, E.M., Moreno-Marin, N., Gonzalez-Rico, F.J., Barrasa, E., Ortega-Ferrusola,
- 541 C., Martin-Munoz, P., Sanchez-Guardado, L.O., Llano, E., Alvarez-Barrientos, A.,
- 542 Infante-Campos, A., et al. (2016). piRNA-associated proteins and retrotransposons are

- 543 differentially expressed in murine testis and ovary of aryl hydrocarbon receptor deficient
- 544 mice. Open Biol 6.
- 545 Roman, A.C., Carvajal-Gonzalez, J.M., Merino, J.M., Mulero-Navarro, S., and
- 546 Fernandez-Salguero, P.M. (2018). The aryl hydrocarbon receptor in the crossroad of
- signalling networks with therapeutic value. Pharmacol. Ther. 185, 50-63.
- 548 Shyh-Chang, N., Daley, G.Q., and Cantley, L.C. (2013). Stem cell metabolism in tissue
- development and aging. Development *140*, 2535-2547.
- 550 Song, J., Clagett-Dame, M., Peterson, R.E., Hahn, M.E., Westler, W.M., Sicinski, R.R.,
- and DeLuca, H.F. (2002). A ligand for the aryl hydrocarbon receptor isolated from lung.
- 552 Proceedings of the National Academy of Sciences *99*, 14694-14699.
- 553 Wang, J., Alexander, P., Wu, L., Hammer, R., Cleaver, O., and McKnight, S.L. (2009).
- 554 Dependence of mouse embryonic stem cells on threonine catabolism. Science 325, 435555 439.
- 333 439.
- 556 Wang, Q., Kurita, H., Carreira, V., Ko, C.I., Fan, Y., Zhang, X., Biesiada, J., Medvedovic,
- 557 M., and Puga, A. (2016). Ah Receptor Activation by Dioxin Disrupts Activin, BMP, and
- 558 WNT Signals During the Early Differentiation of Mouse Embryonic Stem Cells and
- 559 Inhibits Cardiomyocyte Functions. Toxicol Sci 149, 346-357.

560

- 561
- 562
- 563
- 564

Nacarino-Palma et al., 2020

566 FIGURES LEGENDS

Figure 1. AhR expression increases during embryo differentiation. (A) 567 Inmmunofluoresence analysis of AhR at the indicated embryonic stages. Whole AhR+/+ 568 569 embryos were stained using a specific AhR antibody. Hoechst staining was used to label the cell nucleus. Confocal microscopy was used for detection. (B) Immunofluorescence 570 was quantified by calculating the mean fluorescence intensity (MFI) for each 571 developmental stage. (C) AhR mRNA expression was quantified by RT-qPCR using RNA 572 purified from TE or ICM fractions previously separated by MACS. (D) AhR mRNA 573 expression was quantified by RT-qPCR in AhR+/+ embryos at the indicated 574 developmental stages using total RNA and the specific primers indicated in 575 576 Supplementary Table S1. RT-qPCR was normalized by the expression of β -Actin and represented as $2^{-\Delta\Delta Ct}$. *p < 0.05; **p < 0.01. Data are shown as mean \pm SD. 577

Figure 2. Pluripotency factors are upregulated in AhR-null embryos. (A-C) AhR+/+ and AhR-/- embryos were obtained at the indicated embryonic stages and used to quantify the mRNA expression of *Nanog* (A), *Oct4* (B), *and Sox2* (C) by RT-qPCR. Expression levels were normalized by β -Actin and represented as $2^{-\Delta\Delta Ct}$. *p < 0.05; **p <0.01. Data are shown as mean \pm SD.

Figure 3. AhR depletion alters OCT4 cellular distribution through embryogenesis. (A) Inmmunofluoresence analysis of OCT4 at the indicated embryonic stages. Whole embryos were stained using a specific antibody. Hoechst was used to stain cell nuclei. (B) *Oct4* mRNA expression was quantified by RT-qPCR using mRNA purified from TE and ICM fractions separated by MACS using the specific primers indicated in Supplementary Table S1. (C) Inmmunofluoresence analysis of OCT4 (green) and AhR (red) in embryos at the blastocyst stage. mRNA expression was normalized by β -

590 *Actin* and represented as $2^{-\Delta\Delta Ct}$. **p < 0.01. Data are shown as mean \pm SD. Confocal 591 microscopy was used for detection.

Figure 4. NANOG distribution in the embryo is altered in absence of AhR. (A) 592 593 Inmmunofluoresence analysis of NANOG at the indicated embryonic stages. Whole embryos were stained using a specific antibody. Hoechst was used for staining cell nuclei. 594 (B) Immunofluorescence was quantified by calculating the mean fluorescence intensity 595 (MFI). **p < 0.01; ***p < 0.001. Data are shown as mean \pm SD. 596 597 Figure 5. AhR deficiency alters localization of the Hippo effector YAP. 598 Inmmunofluoresence analysis of YAP and pYAP at the indicated developmental stages in AhR+/+ and AhR-/- embryos (A,B). Whole embryos were stained using specific 599 600 antibodies for YAP (A) or phosphor-YAP (B). Hoechst was used for staining of cell

601 nucleus. Confocal microscopy was used for detection.

602 Figure 6. Hippo effectors and molecular intermediates of pluripotency are altered

in absence of AhR. (A) Levels of pYAP were quantified from immunofluorescences and 603 604 represented as the mean fluorescence intensity (MFI). (B) Nuclear YAP levels in morulae and blastocysts from AhR+/+ and AhR-/- mice was quantified by immunofluorescence 605 606 and represented as the mean fluorescence intensity (MFI). AhR+/+ and AhR-/- embryos at the indicated developmental stages were used to purify embryo mRNA (C-G, J) or 607 608 mRNA from TE and ICM fractions (H,I) that were separated by MACS as indicated in 609 Material and Methods. The expression of Lats 1 (C), Lats 2 (D), β -Catenin (E), Sox 17 (F), Cdx2 (G-I) and Gata3 (J) was quantified by RT-qPCR. Expression levels were 610 normalized by β -Actin and represented as $2^{-\Delta\Delta Ct}$. *p < 0.05; **p < 0.01; ***p < 0.001. Data 611 are shown as mean \pm SD. 612

Figure 7. AhR lacking embryos have lower mitochondrial activity. Mitochondrial
membrane potential was measured by TMRM staining at the indicated stages and then

615 analyzed by confocal microscopy. Three embryos per genotype were analyzed (A,B). Mitochondrial membrane potential was determined by JC10 staining in pools of 15-20 616 embryos (C). Mitochondrial volume was analyzed by mitotracker green staining and 617 618 visualized by confocal microscopy (D). Mitochondrial carrier homolog-1 (Mtch1) mRNA 619 expression was measured in blastocysts fro each genotype. quantified by RT-qPCR. Expression levels were normalized by β -Actin and represented as $2^{-\Delta\Delta Ct}$. *p < 0.05; **p <620 0.01; ***p < 0.001. Data are shown as mean \pm SD. 621 622 Figure 8. AhR depletion favors a glycolytic metabolism. mRNA was purified from AhR+/+ and AhR-/- blastocysts and the expression of Hexokinase-HK (A), Scl2a1 (B) 623 624 and Scl2a3 (C) was quantified by RT-qPCR. Expression levels were normalized by β -Actin and represented as $2^{-\Delta\Delta Ct}$. (D) Hexokinase activity was measured using pools of 25-625 626 30 embryos at the morulae to blastocyst stages by an enzimatic assay (E). Threonine dehydrogenase expression was analyzed at the indicated developmental stages in AhR +/+ 627 and *AhR*-/- embryos. *p < 0.05; **p < 0.01; ***p < 0.001. Data are shown as mean \pm SD. 628











Nanog AhR +/+ ** *** AhR -/-8 cells blastocysts 2 cells

В

800-

600-

200-

0

H 400-







В





