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Dynamics of viral index infections in novel hosts

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6 Abstract

7 Whether a pathogen entering a new host species results in a single infection or in onward 8 transmission, and potentially an outbreak, depends upon the progression of infection in the index 9 case. Although index infections are rarely observable in nature, experimental inoculations of 10 pathogens into novel host species have a long history in biomedical research. This provides a rich 11 and largely unexploited data source for meta-analyses to identify the host and pathogen 12 determinants of variability in infection outcomes. Here, we analysed the progressions of 514 13 experimental cross-species inoculations of rabies virus, a widespread zoonotic pathogen which in 14 nature exhibits both dead end infections and varying levels of sustained transmission in novel hosts. 15 Inoculations originating from bats rather than carnivores, and from warmer to cooler-bodied 16 species caused infections with shorter incubation periods that were associated with diminished 17 virus excretion. Inoculations between distantly related hosts tended to result in shorter clinical 18 disease periods, which will also impede transmission. All effects were modulated by infection dose 19 and together suggest that increased virulence as host species become more dissimilar is the limiting 20 factor preventing onward transmission. These results explain observed constraints on rabies virus 21 host shifts, allow us to evaluate the risk of novel reservoirs establishing, and give mechanistic 22 insights into why host shifts are less likely between genetically distant species. More generally, our 23 study highlights meta-analyses of experimental infections as a tractable approach to quantify the 24 complex interactions between virus, reservoir, and novel host that shape the outcome of cross-25 species transmission.

26 Significance statement

27 Emerging disease epidemics often result from a pathogen establishing transmission in a novel host 28 species. However, most cross-species transmissions fail to establish in the newly infected species 29 for reasons that remain poorly understood. Examining cross-species inoculations involving rabies, 30 a widespread viral zoonosis, we show that mismatches in virulence, which are predictable from 31 host and viral factors, make sustained transmission in the novel host less likely. In particular, 32 disease progression was accelerated and virus excretion decreased when the reservoir and novel 33 host were physiologically or genetically more dissimilar. These mechanistic insights help to 34 explain and predict host shift events and highlight meta-analyses of existing experimental 35 inoculation data as a powerful and generalisable approach for understanding the dynamics of index 36 infections in novel species.

37 Introduction

38 Cross-species transmission is an important source of emerging and endemic disease. Viruses such 39 as West Nile virus, rabies virus and Lassa virus cause tens of thousands of human infections 40 annually through transmission from animal reservoirs (Chancey et al., 2015; Hampson et al., 2015; 41 Ogbu et al., 2007). Cross-species transmission is also the first step towards host shifts, where 42 pathogens establish transmission cycles in novel hosts (Wolfe et al., 2007). While the broader-scale 43 epidemiological and ecological factors driving cross-species transmission are beginning to be 44 understood (reviewed in Lloyd-Smith et al., 2009; Plowright et al., 2014, 2017), we remain unable 45 to anticipate whether cross-species transmission will cause 'dead-end' infections or lead to 46 sustained transmission. Infection dynamics at the cross-species interface, specifically the 47 probability of infection given exposure and the progression of index infections in novel hosts, are 48 generally unobservable in nature. This is a crucial gap given that the outcomes of cross-species 49 infections have profound implications for host shifts and disease emergence.

50 Cross-infection studies, in which viruses from a natural reservoir are experimentally inoculated 51 into novel host species, provide a rare view into the dynamics of index infections. Since the dose, 52 route, timing and origin of viral exposure are known, these factors can be controlled for to identify 53 the ecological and evolutionary rules that govern the outcomes of cross-species transmission. We 54 focus on Rabies lyssavirus (family Rhabdoviridae) as a model pathogen for understanding cross-55 species transmission (Fisher et al., 2018). Rabies virus is a zoonotic RNA virus, transmitted through 56 an infectious bite, that infects all mammals and, untreated, has the highest case fatality ratio of any 57 infectious disease (Hemachudha et al., 2002; Rupprecht et al., 2002). Rabies virus naturally infects 58 multiple carnivore and bat species, which each perpetuate species-specific maintenance cycles 59 (Mollentze et al., 2014). Although most cross-species transmission events do not lead to onward 60 transmission, each maintenance cycle represents a rare past cross-species transmission event that 61 established transmission in a novel host. Dead-end cross-species transmissions and historical host 62 shifts are detectable in rabies virus phylogenies, and epidemiological surveillance reveals that 63 nascent hosts shifts remain commonplace (Kuzmin et al., 2012; Mollentze et al., 2014; Streicker et 64 al., 2010). As such, rabies virus exhibits extensive variation in the epidemiological outcomes of 65 cross-species transmission. Here, we exploit cross-infection studies conducted over several 66 decades, in which diverse mammalian species were inoculated with rabies viruses of bat and 67 carnivore origin, to investigate the individual-level outcomes of index infections.

68 The potential for sustained onward transmission of rabies virus is likely to depend on the incubation 69 period (from bite to the appearance of clinical signs) and the duration of clinical signs prior to death 70 (here, the clinical period) of infected hosts. Longer incubation periods are associated with greater 71 distribution of virus through the central nervous system (Fekadu et al., 1982), spread to a wider 72 range of tissues (Davis et al., 2013), and higher virus titres in the salivary glands, all of which 73 should facilitate onward transmission (Baer and Bales, 1967). Conversely, faster progression of 74 infection has been associated with lower virus excretion, and in extreme cases animals die before 75 the virus reaches the salivary glands, making transmission highly unlikely (Baer and Bales, 1967; 76 Charlton et al., 1987; Davis et al., 2013; Fekadu et al., 1982). Further, the clinical period of rabies 77 coincides with the period of greatest infectivity, when excretion of virus in the saliva often 78 coincides with clinical signs such as aggression which promote transmission (Hanlon, 2013). 79 Testing for shifts in incubation and clinical period durations, and in the amount of virus excreted, 80 allows us to examine what constrains onward transmission of rabies in index hosts following cross-81 species transmission.

Based on previous work on rabies virus and in other host-pathogen systems, several mechanisms can be hypothesised to influence infection dynamics and thus the outcome of cross-species transmission:

Features of exposed host species (*host effects*) influencing the outcome of cross-species
 transmissions, irrespective of the infecting virus. For example, larger-bodied species may
 be more resistant to infection and thus require either higher infectious doses or a longer
 period of virus replication before symptoms become apparent. More generally,
 evolutionarily conserved similarities in host physiology mean that groups of related taxa
 might have similar susceptibility or clinical outcomes of infection (Longdon et al., 2011).

91 2. Features inherent to the virus lineage involved (*virus effects*), irrespective of the infected
92 host, likely due to adaptation of individual lineages to reservoir host species. For example,
93 key differences in disease expression between rabies viruses adapted to bats and those
94 adapted to carnivores have been noted in humans, although it remains unclear whether this
95 is a feature of the virus or due to differing routes of exposure (Begeman et al., 2018).
96 Ultimately, the effect of a specific virus and its reservoir host cannot be disentangled.

97 3. Host-virus interactions. Both initial cross-species transmission and successful 98 establishment occur most often between closely related hosts, often referred to as the 99 phylogenetic distance effect (Gilbert and Webb, 2007; Longdon et al., 2015, 2011; Streicker 100 et al., 2010). However, the mechanisms underlying this pattern remain obscure. Mammals 101 also exhibit considerable variability in physiological features that are only moderately 102 constrained by phylogenetic relatedness, such as body temperature (Clarke and Rothery, 103 2008). This may create distantly related pairs of reservoir and novel host species which 104 nevertheless share key physiological features affecting disease outcome (Longdon et al., 105 2014), a potential explanation for the occurrence of host shifts over wide phylogenetic 106 scales (e.g. the bat to primate host shifts involving SARS-coronavirus and Ebola viruses).

Here, we test these hypotheses by conducting a meta-analysis of individual-level data from 514 published experimental cross-species infections involving rabies virus. We show that features of the virus and of the inoculated host species interact with the initial conditions of exposure to influence the outcome of cross-species transmission in ways expected to affect the likelihood of onward transmission in the novel host species.

112 **Results**

Our meta-analysis of cross-species inoculation experiments yielded results from 20 mammal species (in the orders Carnivora, Chiroptera, Cetartiodactyla and Rodentia), inoculated with 39 unique inocula from 7 reservoir species in the orders Carnivora and Chiroptera (Figure 1 & Table 1). Three outcome measures were recorded – the duration of the incubation period (N=443) and clinical period (N=175) and the amount of virus excreted (N=278).

118 Incubation period

119 The time period between inoculation and the appearance of symptoms was highly variable, with a 120 median duration of 15 days. While incubation periods ranged between 4 and 141 days, 95% lasted

121 \leq 28 days (all estimates based on a non-parametric Kaplan-Meier fit to the censored event times).

We modelled incubation period duration using log-normal generalized linear mixed models (GLMMs), correcting for phylogenetic non-independence among inoculated species and among reservoir species, as well as for clustering within experiments (see Methods). As expected,

125 incubation periods were shortened by both increased dose and by inoculation routes which were 126 closer to the brain, although the effect size estimate for inoculation distance included zero (Figure 127 2A). More importantly, the duration of incubation periods was also influenced by features of the 128 virus as well as its interaction with the inoculated host. Specifically, significant differences in 129 incubation period duration were associated with reservoir type (bat vs. carnivore) and with body 130 temperature differences between source and inoculated hosts (Figure 2A). Both effects depended 131 on viral dose. At low doses, viruses from bat reservoirs were associated with shorter incubation 132 periods compared to viruses from carnivores, though this effect diminished at higher doses (Figure 133 2B). A similar effect was seen when the inoculated species was a known rabies reservoir (Figure 134 2C) although the 95% highest posterior density interval (HPD) of this effect size included zero 135 (Figure 2A). The difference in typical body temperature between the virus reservoir and the 136 inoculated species had a more marked effect on incubation period durations (Figure 2A). The onset 137 of symptoms was delayed when the virus was inoculated into species with a warmer body 138 temperature than its reservoir (negative values in Figure 2D), although this delay reduced with 139 higher doses. The opposite was also true – in hosts with lower body temperatures than the virus 140 reservoir, the incubation period tended to be shorter (Figure 2D, Supplementary figure S 1). Models 141 fitting effects for inoculated and reservoir species body temperature separately allowed us to 142 explore this temperature effect further. Inoculated species with higher typical body temperatures 143 tended to have longer incubation periods (Supplementary figure S 2). However, viruses from 144 reservoirs with higher body temperatures were associated with shorter incubation periods, 145 suggesting that these viruses had adapted to counteract any losses in efficiency caused by the body 146 temperature of their reservoir host. Importantly, there was no correlation between phylogenetic 147 distance and body temperature difference among species (Supplementary figure S 3), indicating 148 that the observed temperature effects were not explainable by the level of taxonomic relatedness 149 among species. All fixed effects combined explained 19.2% of the variation in incubation period 150 durations (HPD: 2.8 – 40.2%).

151 <u>Clinical period</u>

152 Once symptoms appeared, the median time to death (the clinical period) was 3 days, ranging from 153 < 1 day to 8 days. We modelled clinical period duration using log-normal GLMMs, correcting for 154 phylogenetic clustering among inoculated species and for clustering within experiments. In 155 contrast to results for the incubation period, phylogenetic distance between reservoir and inoculated

156 host species appeared to affect the duration of clinical periods. Cross-species inoculations between 157 phylogenetically more distant species were associated with an increased sensitivity to high viral 158 doses, resulting in shorter clinical periods (Figure 2E). However, the overall effect size estimate 159 for this interaction included zero (Figure 2A). Bat-associated viruses appeared to have shorter 160 clinical periods, and – as also observed for incubation periods – this effect depended on dose, but 161 here it was poorly estimated, with the HPD again including zero (Figure 2A). All other fixed effects 162 were small, and none could be clearly separated from zero, but combined the fixed effects 163 explained 40.3% of the variation in clinical period duration (HPD: 12.9 - 64.0%).

164 <u>Virus titre in salivary glands</u>

165 Onward transmission of rabies virus, which is mediated by an animal bite, requires presence of the 166 virus in sufficiently high titres in the salivary glands. To test how the host-virus context of cross-167 species transmission affects the amount of virus excreted, we investigated the virus titre detected 168 in salivary glands *post mortem* as a proxy. To simultaneously investigate potential explanations for 169 the previously reported correlation between salivary gland virus titre and incubation period 170 duration (Baer and Bales, 1967; Davis et al., 2013; Fekadu et al., 1982), we modelled the virus titre 171 excreted jointly with incubation periods using a multi-response log-normal GLMM. When 172 accounting only for clustering within experiments, salivary gland titres showed a moderate positive 173 correlation with incubation period duration (Pearson correlation: 0.298, 95% HPD: 0.115 - 0.471; 174 Figure 3A). Thus, consistent with previous work, animals which experienced longer incubation 175 periods tended to have more virus in their salivary glands post mortem. Part of this correlation is 176 accounted for by the inoculated species phylogeny (Figure 3B). The remaining residual correlation 177 is explained by differences in dose (Figure 3C), with higher doses leading to decreased salivary 178 gland titres (Figure 3D). The inoculation of species with a lower body temperature than the 179 reservoir also tended to reduce the virus titre in the salivary glands, although the size of this effect 180 could not be estimated precisely enough to make it distinct from zero (positive body temperature 181 differences, Figure 3D & E). A clearer effect was observed for the interaction of reservoir status 182 and dose: at low doses, known rabies reservoir species produced higher virus titres in the salivary 183 glands than non-reservoirs (Figure 3G). At very high doses, however, we detected no difference in 184 salivary gland titres, possibly because animals succumb too fast for any differences to develop.

	Incubation period	Clinical period	Presence of virus in salivary glands [*]
Individual inoculations	443	175	514 (278)
Studies	19	14	23 (16)
Experiments	25	19	30 (20)
Inocula	35	17	39 (22)
Source taxonomic orders / species	2 / 7	2 / 4	2 / 7 (2 / 4)
Inoculated taxonomic orders / species	4 / 19	4 / 13	4 / 20 (4 / 18)
Source-inoculated species combinations	30	19	33 (25)

185 Table 1: Summary of data available for each response variable

*Joint fit, dataset includes inoculations providing data for incubation period only. Data for
inoculations specifically providing information on the virus tires in salivary glands given in
brackets



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190 Figure 1: Source-inoculated species combinations for which data were included in this study, and 191 the number of animals inoculated. Phylogenetic relationships are demonstrated using a composite 192 time-scaled phylogeny, with Carnivora highlighted in green, Artiodactyla in red, Chiroptera in 193 blue, and Rodentia in purple. Branch-lengths are in millions of years. The shading of cells indicates 194 the number of inoculated animals for which data are available, with white cells indicating 195 combinations for which no data were available. Three reservoirs occurred as sources only, 196 receiving no inoculations which met our inclusion criteria (C. aureus, T. brasiliensis and D. 197 rotundus). These species were nevertheless retained on the y-axis to demonstrate phylogenetic 198 relationships.



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Figure 2: Factors affecting the progression of disease following cross-species inoculations. A: Coefficient estimates from independent models fit to the duration of incubation and clinical periods. In addition to the variables shown, both models contained corrections for nonindependence between observations from the same experiment and for inoculated species phylogeny. The regression on incubation period durations additionally contained corrections for

205 reservoir phylogeny. Lines indicate the extent of the 95% highest posterior density (HPD), while 206 points indicate the posterior median. Shaded areas show the posterior distribution, with colour used 207 to indicate estimates whose 95% HPD excludes zero. B-D: Predicted incubation period durations 208 when varying dose along with reservoir taxonomic order (B), whether or not the inoculated species 209 was a known reservoir of rabies virus (C), or the difference in typical body temperatures between 210 the virus reservoir and the inoculated species (specifically reservoir temperature minus inoculated 211 species temperature, D). For each set of predictions, all other explanatory variables in the model 212 were held constant at their median observed value. In B & C, each sub-panel shows the predicted effect at different quantiles (Q) of observed doses (in log₁₀ mouse LD50), indicated above the 213 214 panel. E: Predicted duration of clinical periods as a function of phylogenetic distance and dose. 215 Panels D-E show the posterior median of predictions.





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Figure 3: Factors predicting the titre of virus in salivary glands following cross-species inoculation. A: Correlation between virus titre and the duration of incubation periods, after accounting for clustering within experiments. Shown is the estimated posterior distribution from a multi-response regression fitted using the mcmcGLMM library in R, with the darker shaded area indicating the

222 extent of the 95% highest posterior density (HPD). B-C: The remaining correlation is reduced when 223 also accounting for correlation of virus titre and incubation period duration within the inoculated 224 species phylogeny (B), and further reduced to approximately 0 when additionally accounting for 225 differences in inoculated dose (C). D: Coefficient estimates for the regression on log virus titres in 226 the salivary glands, when accounting for clustering within experiments and the inoculated species 227 phylogeny. Lines indicate the extent of the 95% HPD, while points show the posterior median and 228 shaded areas the shape of the posterior distribution, with colour used to indicate estimates whose 229 95% HPD excludes zero. E-F: Predicted salivary gland titres when varying dose and either the 230 difference in body temperatures between the virus reservoir and the inoculated species (E) or 231 whether or not the inoculated species is a known rabies virus reservoir (F), while keeping all other 232 variables in the model constant. Panel E shows the posterior median of predicted virus titres. In F, 233 predictions are shown at different quantiles of dose (in log_{10} mouse LD50), as indicated above each 234 sub-panel.

235 **Discussion**

The progression of viral infections within the index host following cross-species transmission is a crucial determinant of onward transmission, but is generally unobservable in nature. By analysing a unique dataset of experimental cross-species infections, we demonstrate that phylogenetic distance and specific physiological differences between the host species involved alter the progression of infections in ways that are expected to influence whether transmission in the novel host is sustained.

242 The association between incubation period duration, the extent of centrifugal spread to other 243 tissues, and the amount of virus excreted suggests a direct mechanism linking longer incubation 244 periods to onward transmission. Species with higher body temperatures than the reservoir host 245 tended to have longer incubation periods, specifically at lower viral inoculation doses (Fig. 2D). 246 Although one might expect body temperature to be a phylogenetically conserved trait, we found 247 no correlation with phylogenetic distance (Supplementary figure S 3A), and others have shown 248 that body temperatures are clustered primarily at higher taxonomic levels (Clarke and Rothery, 249 2008). As a result, most bat species have lower body temperatures than most carnivore species, but 250 the distributions of body temperatures across bat and carnivore species still overlap (Supplementary 251 figure S 3B). The finding that incubation period duration is influenced by body temperature is

consistent with *in vitro* experiments showing that temperature can affect the infectivity of rabies virus, possibly by altering the rate of cell-to-cell spread (Morimoto et al., 1996). However, the specific mechanisms that could shorten incubation periods in a novel host environment which is colder than the host environment to which the virus is adapted, remain to be identified.

256 Crucially, we found clear evidence for virus adaptation to host body temperature (Supplementary 257 figure S 2), consistent with infection progression being matched to each host species. Given this 258 host adaptation and relatively poor correspondence between body temperature differences and 259 phylogenetic distance, the observed temperature effect may help explain rabies virus host shifts 260 across large phylogenetic distances. For example, despite host shifts from bats into carnivores 261 being generally very rare, rabies virus has shifted repeatedly from big brown bats (*Eptesicus fuscus*, 262 36 °C) to striped skunks, (Mephitis mephitis, 36.45 °C; Kuzmin et al., 2012; Tacutu et al., 2013). 263 More generally, our results suggest that transmissions to species with warmer typical body 264 temperatures than the current reservoir are more likely to become established, since this would be 265 expected to result in longer incubation periods and higher virus excretion. This might explain 266 observations suggesting sustained transmission of rabies virus lineages associated with common 267 vampire bats (Desmodus rotundus, 35 °C) in sympatric frugivorous bats (Artibeus lituratus; 37.3 268 °C; Kobayashi et al., 2007; Obregón-Morales et al., 2017; Tacutu et al., 2013).

269 The observation that low doses of viruses from bat reservoirs resulted in shorter incubation periods 270 relative to those from carnivores (Figure 2A & B) suggests increased infectivity and/or faster 271 within-host spread in bat-adapted rabies viruses. Since our data were limited to viruses from two 272 bat reservoirs - with 82% of these associated with one species, Tadarida brasiliensis (Figure 1) -273 it remains unclear whether this is a general feature of bat-associated rabies viruses. But, similar 274 results have been observed in humans, where both incubation and clinical periods were shorter 275 when the virus originated from bats rather than carnivores (Begeman et al., 2018). This bat-276 associated effect may be the result of body temperature differences – at 35 and 36 °C, the two bat 277 reservoirs included had cooler body temperatures than almost all inoculated species 278 (Supplementary figure 3). Alternatively, since bats are considerably smaller than known carnivore 279 reservoirs and likely transfer much smaller volumes of saliva during transmission, bat-associated 280 rabies viruses may be adapted to transmit at lower doses. Although it may be expected that smaller 281 animals require less virus to become infected and that body mass would modulate subsequent

disease progression, we found no evidence that the body mass of inoculated species or its interaction with dose affects the duration of incubation or clinical periods (Figure 2A).

284 Following the incubation period, the appearance of clinical signs of disease typically coincides 285 with viral excretion and transmission. The duration of clinical signs is therefore crucial in 286 determining whether an index host can transmit to conspecifics. Notably in the case of rabies virus, 287 the clinical period coincides with the onset of signs such as aggression that facilitate onward spread 288 through biting. It is also relatively short and invariably ends in death of the infected host, 289 terminating transmission opportunities (Hanlon, 2013). Since many animals in our dataset were 290 euthanised at some point after symptoms appeared (meaning the duration of their clinical period 291 was right-censored) it was difficult to estimate effect sizes for the clinical period with enough 292 precision to clearly distinguish them from zero (Figure 2A). However, there was some evidence 293 that increased phylogenetic distances between virus reservoirs and inoculated species reduced the 294 duration of clinical periods. Such increased virulence would mean that onward transmission 295 becomes increasingly unlikely following cross-species transmission between more distant 296 relatives. This is consistent with previous work showing that the number of successful rabies virus 297 host shifts among North American bats decreases with phylogenetic distance (Streicker et al., 298 2010). This effect of phylogenetic distance on virulence and infectious period also provides further 299 evidence that rabies virus adapts to specific reservoir species by altering disease progression.

300 Because rabies virus is generally transmitted via bite, the amount of virus excreted in the salivary 301 glands will affect the probability of transmission from the index case. Further, the overall strong 302 effects of dose we observed suggest that the amount of virus transferred to secondary cases will be 303 a primary determinant of disease progression in secondary cases and hence further transmission in 304 the new host population. Several authors have noted a positive correlation between the length of 305 rabies virus incubation periods and subsequent virus excretion levels (Baer and Bales, 1967; Davis 306 et al., 2013; Fekadu et al., 1982). Our results confirm this correlation across a wide range of host 307 species combinations, and show that it can be partially explained by inoculation doses, with higher 308 doses leading to both shorter incubation periods and decreased virus excretion. The remaining 309 correlation is explained by clustering of disease progression kinetics on the inoculated species 310 phylogeny, with related species having similar incubation periods and excreting similar amounts 311 of virus (Figure 3A–C). After removing these sources of correlation, non-reservoirs tended to have 312 lower virus titres in their salivary glands than established rabies virus reservoirs (Figure 3D & F),

which may explain why the virus remains restricted to a relatively small number of reservoir hosts despite frequent spillovers to other species (Mollentze et al., 2014). Our results also provide tentative evidence of shorter incubation periods in non-reservoirs (Figure 2A). The exact mechanisms underlying these differences between known rabies virus reservoirs and other species remain unexplained, but are likely to be evolutionarily conserved, given the phylogenetic clustering in excretion levels apparent in our analysis.

319 Many of our results point to adaptation of the rate of disease progression to match individual host 320 species. Studies of rabies virus host shifts have thus far failed to find sites in the virus genome 321 which consistently change during host adaptation (Kuzmin et al., 2012; Streicker et al., 2012; 322 Troupin et al., 2016). This has led to the suggestion that host adaptation can be achieved through 323 numerous sets of molecular changes (Streicker et al., 2012), which would indeed be the case if the 324 requirement is to balance disease progression to the point where onward transmission becomes 325 likely. In some host-pathogen systems, such adaptation is explained by a trade-off between 326 selection for faster growth to maximize viral load and thereby infectiousness, and selection for 327 reduced host damage (virulence) to maximize transmission opportunities (de Roode et al., 2008; 328 Fraser et al., 2007). In contrast, we observed a positive correlation between salivary gland titres 329 and incubation period duration, implying that slower host damage leads to greater infectiousness. 330 This, in turn, suggests a trade-off between faster replication and/or spread (speeding up disease 331 progression) and the ability to reach the salivary glands via functioning neural pathways. Such a 332 trade-off is supported by the observation that the correlation between incubation period duration 333 and salivary gland virus titre was modulated in part by dose (Figure 3C), with higher amounts of 334 virus reducing both.

335 The experimental data analysed here offer a unique view on index infection dynamics following 336 cross-species transmission. By revealing the complex links between dose, physiological 337 differences between hosts, disease progression and virus excretion, our analyses bring us closer to 338 being able to model and predict the process of disease emergence and host shifts. The large dataset 339 of controlled infections further enabled us to generate disease progression parameter distributions 340 for all observed combinations of within and cross-species transmissions which can be directly 341 applied in future efforts to model rabies transmission dynamics (supplemental dataset S1). Of note 342 – many effects observed here were eventually overcome by high doses (Figure 2B–D & Figure 3F; 343 the median dose for experiments was 40,000 mouse LD50s), and future infection studies should

344 aim to utilize doses closer to those of natural exposures. Following cross-species transmission, 345 rabies virus shows increased virulence (i.e., more rapid death) in more distantly related species, to 346 the point that opportunities for transmission are likely to be markedly reduced. At the same time, 347 a mismatch in host physiological features (including features not strongly correlated with 348 phylogeny, such as body temperature) can alter both infectivity and disease progression, with 349 implications for onward transmission. Thus, the picture that emerges is one of a potential virulence 350 mismatch in index infections, that may explain why - despite having the ability to infect all 351 mammals and frequent involvement in cross-species transmission events - rabies virus remains 352 restricted to a relatively small number of species-specific maintenance cycles.

353 While the determinants of cross-species transmission have been the subject of intense research 354 (reviewed in Lloyd-Smith et al., 2009; Plowright et al., 2014, 2017), the very next step, i.e. what 355 happens during the initial infection to determine the likelihood of onward transmission, has 356 remained relatively unexplored. Our results show that meta-analyses of cross-species infection 357 experiments provide a tractable means of investigating this process. Expanding such analyses to 358 other viruses may allow us to identify general rules which predict the outcome of cross-species 359 transmissions. More work is needed to understand the host features that affect the probability of 360 infection upon exposure, the within-host mechanisms driving virulence, and the epidemiological 361 consequences of differences in disease progression and virus excretion. Our findings illustrate how 362 understanding these mechanisms will be key to predicting which cross-species exposures are most 363 likely to lead to future host shifts of rabies virus, and of zoonotic diseases more broadly.

364 Methods

365 Literature search and data collection

A search for published rabies virus infection studies was performed as described in supplementary document S1. Searching across the PubMed and Web of Science databases yielded 2279 records on 16 January 2015. These records were reviewed according to the criteria listed in table 1 to select studies for inclusion in the meta-analysis.

From each study, we recorded individual-level data on the species inoculated, the dose, inoculation route, and the reservoir host species of the virus used. Response variables, when available, included the observed incubation and clinical period durations, and the titre of virus present in the salivary

glands post-mortem. Incubation and clinical period data comprised a mixture of exact times, interval censored times (i.e. studies only reported ranges for groups of animals), and right-censored observations (i.e. deaths unrelated to rabies before the conclusion of the study or euthanasia of survivors at the end of each study). Because animals are generally euthanised once symptoms appeared, the majority of data on the duration of clinical periods were right-censored, with exact durations reported in only a small number of studies, generally performed before euthanasia became common practice in animal experiments.

380 Taxonomic classifications were updated to match Wilson and Reeder (2005), by matching the 381 scientific and common names given in each publication against the Integrated Taxonomic 382 Information System database¹. Data from our meta-analysis were supplemented with species-level 383 data from the PanTHERIA database, along with body-temperature data from the AnAge database 384 (Jones et al., 2009; Tacutu et al., 2013). Because not all records were resolved to sub-species level, 385 and external data sources only contained data at the species level, information on the specific 386 subspecies involved was ignored in the analyses described here. This resulted in two pairs of 387 subspecies being clustered together, while two domesticated species were analysed using species-388 level data for their wild ancestor (Supplementary table S 1). Further data cleaning and validation 389 steps are described in supplementary document S1.

390 Accelerated failure time model

The durations of incubation and clinical periods were modelled using independent generalized linear mixed models on the censored event times, in this context more frequently termed accelerated failure time models. These models perform a regression on the waiting time to some specific event (e.g. the appearance of clinical signs, signifying the end of the incubation period), with coefficients acting to increase or decrease the time to the event. We assumed a log-normal distribution for the event times **T**.

Thus, the duration of the incubation period of each individual i of species r (the inoculated species), inoculated with a virus from species d (the source or reservoir species) in experiment j was modelled as:

¹ www.itis.gov

400
$$f(Y_{i,d,r,j} \mid \mu_{i,d,r,j}, \sigma_{\epsilon}) \sim \mathcal{N}(\mu_{i,d,r,j}, \sigma_{\epsilon}^{2})$$
$$\mu_{i,d,r,j} = \mathbf{X}_{i}' \mathbf{\beta} + p_{d} + q_{r} + m_{d} + n_{r} + o_{j}$$

401 where $\mathbf{Y} = \log(\mathbf{T})$, while $\mu_{i,d,r,j}$ and σ_{ϵ} are the mean and standard deviation of a normal 402 distribution, respectively. Coefficients are represented by $\boldsymbol{\beta}_i$, with \mathbf{X}'_i representing a vector of data 403 on potential explanatory variables. Finally, (\mathbf{p}, \mathbf{q}) and $(\mathbf{m}, \mathbf{n}, \mathbf{o})$ respectively represent 404 phylogenetic and non-phylogenetic random effects for the source species (the virus reservoir, **p** 405 and **m**), inoculated species (**q** and **n**), and experiment (**o**).

406 Phylogenetic random effects were drawn from a multivariate normal distribution taking the form

407
$$\mathbf{p} \sim \mathcal{N}_k(\mathbf{0}, \sigma_p^2 \mathbf{A}_p)$$
$$\mathbf{q} \sim \mathcal{N}_l(\mathbf{0}, \sigma_q^2 \mathbf{A}_q),$$

408 where $\mathbf{0}$ is a vector of zeros (of length k or l, equal to the number of source or inoculated species, respectively), and σ_p^2 and σ_q^2 are variance parameters. \mathbf{A}_p and \mathbf{A}_q represent correlation matrixes 409 410 for all source and inoculated species, respectively. These matrixes were calculated from a 411 composite time-scaled phylogeny generated by timetree.org (Kumar et al., 2017) assuming a 412 Brownian model of trait evolution using version 3.5 of the APE package in R (Hadfield and 413 Nakagawa, 2010; Paradis et al., 2004). These random effects adjust for potential correlation in the 414 response variables due to relatedness. Similar results were obtained when using the mammalian 415 supertree of Bininda-Emonds et al. (2007), but this supertree had a slightly lower resolution than 416 the timetree.org phylogeny.

417 The non-phylogenetic random effects took the form

418
$$m_{d} \sim \mathcal{N}(0, \sigma_{m}^{2})$$
$$n_{r} \sim \mathcal{N}(0, \sigma_{n}^{2})$$
$$o_{j} \sim \mathcal{N}(0, \sigma_{o}^{2}),$$

where σ_m^2 and σ_n^2 respectively measure the variance between source and inoculated species not captured by the Brownian model (Longdon et al., 2011), while σ_o^2 measures the variance between experiments. A similar model was used for the duration of clinical periods, except that data were pooled across virus reservoirs by removing the random effects for reservoir species and reservoir phylogeny (**p** and **m** above). This was necessary because the clinical period data involved viruses

from just four reservoir species, making it impossible to accurately estimate the variance betweenobservations associated with different reservoirs.

426 To accommodate censoring, the vector of event times, \mathbf{T} , was treated as a latent variable. When 427 only the range of incubation or clinical period durations was given for a specific group of animals, data was treated as interval censored, i.e. $T_{i,d,r,j} \in [L_{i,d,r,j}, U_{i,d,r,j}]$, where **L** and **U** represent the 428 lower and upper boundaries of observed event times (supplementary document S1). When an 429 430 animal left the dataset without experiencing an event (e.g. when it was euthanised), the time of 431 censoring was recorded as a lower boundary, reflecting our knowledge that the event of interest 432 had not yet occurred by this point, but could have occurred at any time after this. In this case $T_{i,d,r,j} \in [L_{i,d,r,j}, \infty).$ 433

434 In this context, exact observations can be recorded simply by setting $L_{i,d,r,j} = U_{i,d,r,j}$.

435 <u>Multi-response models</u>

In an independent model, the amount of virus detected in salivary glands *post mortem* was modelled jointly with incubation period durations, to allow estimation of the amount of residual correlation between incubation period duration and the amount of virus in the salivary glands. Several authors have noted a link between these measures (Baer and Bales, 1967; Davis et al., 2013; Fekadu et al., 1982), but it remains unexplained.

441 This regression was similar to the model above, except that the normal distribution on 442 log(observations) was replaced with a multivariate normal distribution. Thus, in the full model, the 443 observed value Y of response variable v for individual i of species r in experiment j was modelled 444 as

445
$$f(Y_{\nu,i,r,j} \mid \mu_{\nu,i,r,j}, \boldsymbol{\sigma}_{\epsilon}) \sim \mathcal{N}_{2}(\mu_{\nu,i,r,j}, \boldsymbol{\sigma}_{\epsilon})$$
$$\mu_{\nu,i,r,j} = \mathbf{X}_{i}' \boldsymbol{\beta}_{\nu} + q_{\nu,r} + o_{\nu,j}$$

where v = 1 represents the incubation period (i.e. $Y_{v=1} = \log (T)$) and v = 2 is the virus titre in the salivary glands. Virus titre was thus also modelled as log-normal, i.e. $Y_{v=2} = \log(1 + W)$, where W represents the observed titres, which may be 0 if no virus was detected in the salivary glands). β_v is a vector of coefficients unique to each response variable, while $q_{v,r}$ and $o_{v,r}$ are random effects for inoculated species phylogeny and experiment, respectively.

451 In these models, σ_{ε} is a variance-covariance matrix of the form

452
$$\boldsymbol{\sigma}_{\varepsilon} = \begin{bmatrix} \sigma_{\varepsilon,v=1}^2 & \sigma_{\varepsilon,v=1,v=2} \\ \sigma_{\varepsilon,v=1,v=2} & \sigma_{\varepsilon,v=2}^2 \end{bmatrix}$$

453 where $\sigma_{\varepsilon,v=1}^2$ is the residual variance in response variable 1 (incubation period durations), and 454 $\sigma_{\varepsilon,v=1,v=2}$ is the residual covariance between incubation period durations and salivary gland titres. 455 From this, the Pearson correlation between incubation periods and salivary gland titres can be 456 calculated as

457
$$\frac{\sigma_{\varepsilon,\nu=1,\nu=2}}{\sigma_{\varepsilon,\nu=1}^2 \cdot \sigma_{\varepsilon,\nu=2}^2}$$

458 Explanatory variables

459 Variables measuring differences between the reservoir and the inoculated species were included to 460 assess the influence of previous virus adaptation on the outcome of infection in heterologous host 461 species. These included the phylogenetic distance between the reservoir and the inoculated species, 462 measured as patristic distances along the same composite time-scaled phylogeny generated by 463 timetree.org used above. As above, similar results were obtained when using the mammalian 464 supertree of Bininda-Emonds et al. (2007). We also included the difference in typical body 465 temperatures between the reservoir and inoculated species, as an example of a physiological 466 difference which does not appear to follow phylogenetic constraints (Clarke and Rothery, 2008), 467 because temperature is known to affect rabies virus infectivity in vitro (Morimoto et al., 1996). 468 Finally, a binary variable distinguishing viruses derived from bat and carnivore reservoirs was 469 included, because differences in the clinical presentation of bat- and carnivore-associated rabies 470 virus infection in humans have been noted (Begeman et al., 2018).

Features of the inoculated host species where accommodated primarily through random effects for species and inoculated species phylogeny. However, we also included a measure of the typical body mass of the inoculated species, since larger species may be proportionally more resistant to the effects of a given dose of virus. Because only some species maintain rabies virus transmission endemically, for reasons that are not well understood, a binary variable distinguishing known reservoirs of rabies virus from other inoculated species was also included.

477 Differences between experiments were accommodated by including variables for dose, the 478 inoculation site, and whether the inoculum consisted of brain material or was derived from salivary 479 glands/saliva, along with a random effect distinguishing between experiments to accommodate any remaining differences. Because the doses encountered in these experiments differed over several 480 481 orders of magnitude and the effects of increasing dose is assumed to decrease (saturate) at very 482 large doses, this variable was included in its log-transformed form. The varying inoculation routes 483 encountered were summarised as a 'proportional inoculation distance', representing the relative 484 distance between the inoculation site and the brain (the primary site of rabies virus replication). 485 This distance was calculated by classifying inoculation routes by body part (head, neck, torso or 486 limbs) and depth (intracranial, intramuscular, or subcutaneous) and was expressed as a proportion, 487 where 1 indicates the furthest and shallowest possible inoculation site relative to the brain (sub-488 cutaneous inoculation of a limb), while 0 indicates intracerebral inoculation (Supplementary table 489 S 2 & Supplementary table S 3). Such proportional scaling means this variable is independent of 490 the differing body sizes of the inoculated species. Finally, because larger doses may compensate 491 for any decreases in infectivity caused by features of the inoculated species and/or physiological 492 differences between the inoculated species and the reservoir to which the virus was adapted, we 493 included interactions between dose and all host and virus effects above.

494 <u>Model fitting</u>

495 Models were fit using version 2.25 of the MCMCglmm package in R version 3.5.1 (Hadfield, 2010; 496 R Core Team, 2018). All coefficients and the residual variance parameter received the default prior 497 distributions used by MCMCglmm, while parameter-expanded priors were used for the variance 498 parameters of all random effects (Gelman, 2006). For each dataset, models were fitted using 499 10 million MCMC steps, saving every 1000th sample. The first 10% of samples in each chain were 500 discarded as burn-in. Results were inspected and summarised using version 0.18-1 of the coda 501 package in R (Plummer et al., 2006). Effective sample sizes were checked to ensure efficient 502 sampling was achieved, and chains were visually inspected for convergence.

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511 Competing interests

512 The authors declare no competing interests.

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- 628

Supplementary material

630 Supplementary tables & figures

631 Supplementary table S 1: Known sub-species in the dataset, which were analysed at the species

632 level

629

Species	Subspecies	Common name
Antrozous pallidus	pallidus	Pallid bat
Canis lupus	familiaris	Domestic dog
Mustela putorius	furo	Domestic ferret
Tadarida brasiliensis	mexicana	Mexican free-tailed bat
	brasiliensis	Brazilian free-tailed bat
Vulpes vulpes	crucigera	European red fox
	fulves	Eastern North American red fox

633

634 Supplementary table S 2: Classification of inoculation routes by body zone (rows) and depth

635 (columns)*

	Intracranial	Intramuscular	Subcutaneous/peripheral
Head	Intracerebral, Optic nerve, Intracranial, Intracisternal, IC, IC intercranial	IM-masseter, IM-temporal, IM occipital, Submandibular, IM-masseter, Masseter, IM masseter, IM-Masseter, IM- masseter(both.sides), IM- masseter(both), left & right masseter, IM Right Masseter, IM M.masseter, IM Left Masseter, IM-maseter	Intranasal, Intranasally, Subcutaneous-lips
Neck		IM-neck, IM-cervical, IM-cervival(left), IM-deap-neck	Subcutaneous-neck, subcutaneous(neck)
Torso		Deltoid, IM-deltoid, IM-Deltoid, IM- pectoral, IM-Dorsal	SC-deltoid
Limbs		IM-quadriceps femoris (right), IM-right hindleg, IM-hind leg, IM-leg, IM right thigh, IM-LongDigitalExtensor(Pelvic), IM-AbductorDigitiQuinti(Pelvic), IM- gastrocnemius, Right gastrocnemius muscle, Gastrocnemicus, IM-crural, IM- HindFoot	Peripheral-footpad, SC- HindLimb

- 636 *The inoculation routes shown are free-text entries present in the raw data, where IC = intracranial,
- 637 IM = intramuscular, and SC = subcutaneous.

638

639	Supplementary table S 3	: Distances assigned to each inoculation	on route category to express relative
	11 2	0	

640 distance to the brain*

	Intracranial (0)	Intramuscular (1/7)	Subcutaneous (3/14)
Head (1/14)	0	1/14 + 1/7	1/14 + 3/14
Neck (1/7)	-	1/7 + 1/7	1/7 + 3/14
Torso (3/7)	-	3/7 + 1/7	3/7 + 3/14
Limbs (7/7)	-	7/7 + 1/7	7/7 + 3/14

*Distances were chosen to ensure intramuscular inoculations to the neck received the same value
as subcutaneous inoculations to the head, and were subsequently scaled to range between 0
(intracranial, head) and 1 (subcutaneous, head). See supplementary document S1 for details.



644

Supplementary figure S 1: Posterior median residuals as a function of body temperature difference. The observed data was subject to censoring, but the lower-boundary was always known. Residuals were calculated as the observed lower limit minus the fitted value, with grey-shaded areas showing the expected range of each observation. In the case of exact observations, a perfect fit would result in residuals equal to 0, while the residuals for interval-censored observations are expected to lie in [0, lower - upper]. No systematic bias in residuals was observed, supporting the conclusion that the effect of body temperature distance remained linear for both positive and negative values.



652

653 Supplementary figure S 2: Coefficient estimates and predicted effects when fitting separate effects for the typical body temperature of the inoculated species and virus reservoir. A: Coefficient 654 655 estimates, with lines showing the 95% highest posterior distribution and points showing the 656 posterior median. Compared to the model shown in the main text, this model does not contain an 657 effect for inoculated species body mass (which had no effect in the full model, and is correlated 658 with inoculated species body temperature) and contains an effect for reservoir body mass, replacing 659 the variable separating bat-associated viruses from carnivore-associated viruses (which was 660 correlated with inoculated species phylogeny). B: Posterior median predicted incubation periods 661 as a function of reservoir (top) or inoculated species body temperature (bottom) and dose. 662 Predictions are shown within the range of observed values in the dataset.



663

664 Supplementary figure S 3: Relationship between phylogenetic distance and host body temperature. 665 A: Relationship between phylogenetic distance (in millions of years) and body temperature 666 difference in the incubation period dataset. Points are shown jittered for clarity, while the blue line 667 represents the best linear fit. B: Distribution of body temperature in the taxonomic orders of hosts 668 included in this study, based on all species for which body temperature data are available in the 669 AnAge database. Points indicate the body temperatures for species included in the incubation 670 period dataset as either reservoirs or inoculated species, jittered vertically to reduce overlap.

671 Supplementary document S1: Supplementary methods

672 <u>Literature search</u>

To allow optimisation of the literature search strategy, a set of publications of known relevance (according to the abstract review criteria, *Supplementary table S 4*) was obtained by manual searching and from citations in several rabies textbooks. A script implementing the BioPython library in Python 3 was used to find a search query that returned the greatest possible number of these publications in a PubMed search, whilst excluding the most common sources of false positives – notably annual veterinary reports and vaccine studies. This resulted in the following query for Web of Science:

680 TS=(rabies AND

681	(inoculated OR inoculate OR
682	((intranasal* OR intracerebral* OR
683	intracranial* OR intramuscular* OR
684	<pre>subcutaneous* OR intraperitoneal*)</pre>
685	AND (inoculat* OR challenge OR inject*) NOT vaccine) OR
686	"experimental infection" OR
687	"experimental rabies infection" OR
688	(experiment* NEAR transmission))
689	NOT (review OR "fixed virus" OR "fixed rabies virus" OR
690	"annual report")

The same query was used to search the PubMed database, except that all instances of the NEAR operator were replaced with AND (PubMed does not support proximity searching). The PubMed version of this query returned 46 out of the 53 publications of known importance confirmed to be in the PubMed database. Of the remaining seven, five publications did not have searchable abstracts in the PubMed database.

696 Combining the results from Web of Science and PubMed yielded 2501 records on 16 January 2015. 697 The search results were further filtered to exclude records where the keyword rabies did not occur 698 in either the English title or abstract, although records where either of these fields was empty were 699 also retained. The abstracts of the resulting 2279 records were reviewed according to the criteria in 690 *Supplementary table S 4*. The abstracts of 35 records (1.54% of the filtered search results) could

not be obtained in time for consideration. A total of 412 records (18.36% of the remaining search
results) were selected for full text review, and the full texts of 382 publications (92.72%) were
successfully obtained.

Publications in languages other than English were subjected to optical character recognition (where needed) using VietOCR version 4.0, a graphical user interface for the Tesseract OCR engine (version 3.30RC), optimised for each language being recognised. The digitised text was manually corrected and machine-translated using the statistical machine translation version of Google translate. All full texts were then reviewed using the criteria in *Supplementary table S 4*, resulting in the selection of 63 publications for inclusion in this study.

710

711 Supplementary table S 4: Criteria used to select publications

Review stage	Criteria		
Abstract raviou	Involves experimental inoculations with rabies virus		
Austract Teview	Does not solely focus on laboratory-adapted virus strain		
	Source and inoculated species clearly identified		
	Source host species is a known maintenance host of rabies virus (passaging in non-maintenance hosts allowed)		
D 11 4 4	Inoculated host species is a mammal		
Full text review	Inoculated host species is wild-type or outbred		
	Inoculated dose stated (in mouse LD ₅₀)		
	Healthy, unvaccinated animals used		
	Multiple experimental groups or a control group present		

712

713 Data cleaning and validation

Individual-level data on all inoculated animals present in the selected publications were recorded. Following data-entry, the raw data was extensively checked for accuracy and consistency. The scientific names of all inoculated and source species were manually checked for current validity using the ITIS database and standardised to match the taxonomy of Wilson and Reeder (2005). A further literature search was performed to obtain data on whether each of the included species is a known maintenance host of rabies virus. Records where the source species was not a known maintenance host were validated against the original publication to check for passaging and

information on the maintenance host associated with the virus inoculum used. All virus inoculum
identifiers were manually checked to identify the re-use of viruses in multiple publications, and
were corrected to reflect this shared origin.

724 Some data were excluded from the current study, but retained in the database for potential future 725 studies. A total of 197 records were excluded because the method of titration used to determine the 726 dose inoculated was either not known (generally negative control animals) or because their reported 727 inoculation dose involved a tissue culture-based rather than an *in vivo* method of titration. All 728 remaining records listed virus doses obtained by intra-cerebral inoculation of mice to determine the 50% lethal dose. A further 31 records with a reported dose of 0, representing non-inoculated 729 730 control animals, were also excluded. A total of 131 records involving five source species were 731 excluded because the *source* species was either not a known maintenance host of rabies virus or 732 could not be resolved to the species level, and 17 records involving one inoculated species were 733 excluded because the *inoculated* species could not be resolved to species level.

A derived variable was created to unify diverse descriptions of inoculation routes and sites, based on the proportional distance of each inoculation site from the brain. Inoculation routes were classified into four zones on the body and three depths, and distances were assigned to each category (*Supplementary table S 2 & Supplementary table S 3*). These distances were normalised to lie in [0,1]. Inoculation routes that were not specific enough to be classified into this scheme were checked against the original publications, and 115 records where the inoculation route information could not be improved were excluded.

741 All available data on the timing of disease progression and the total number of days survived 742 following inoculation were recorded. When timing data was reported for groups of animals, the 743 event times for each animal in the group was recorded as known only to be within the interval 744 reported for that group (a form of interval censoring). Data on the total number of days survived 745 was recorded in both exact (T_{exact}) and interval censored (T_{lower} and T_{upper}) forms, while the length of incubation and clinical periods were recorded in interval censored form only (with both 746 747 columns given the same value when an exact time was available). Although only two of these 748 timing variables needs to be known to calculate the third, data was recorded only in the form 749 reported in each study.

The data were then processed as described in supplementary figures 12 - 13, and timing data were 750 checked for internal consistency. This involved consolidating information on the cause of death, 751 752 results of clinical observations and post-mortem diagnostic tests and the timing of disease progression stages associated with each animal into variables describing the lower and upper limits 753 754 of the incubation and clinical period duration. When rabies was confirmed for a given animal 755 through either clinical diagnosis or post-mortem diagnostic tests, it was assumed to have rabies. In 756 many cases, data could be calculated for unreported timing variables by using some combination of reported data on either the number of days survived post inoculation, the duration of the 757 758 incubation period, and/or the duration of the clinical period. For example, if only the earliest day that an animal i could have died $(T_{i,lower})$ as well as the upper limit of the clinical period for that 759 animal $(M_{i,upper})$ is known, the lower limit of the incubation period can be calculated as $I_{i,lower} =$ 760 $T_{i,\text{lower}} - M_{i,\text{upper}}$ (supplementary figure S12). 761



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Supplementary figure S12: Overview of the algorithm used to consolidate data on incubationperiods.



767 Supplementary figure S13: Overview of the algorithm used to consolidate data on clinical periods.

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