

1 Impact of rare and common genetic variation in the Interleukin- 2 1 pathway on human cytokine responses

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33 **ABSTRACT**

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35 **Background:** Interleukin(IL)-1 signaling is of major importance in human innate cytokine
36 responses. Common variants in related genes have been linked to various inflammation-
37 mediated diseases and stimulation-induced cytokine responses, but the role of rare variants
38 remains to be elucidated.

39 **Methods:** In this study, we characterize the role of rare and common genetic variation, as
40 identified by molecular inversion probe-based sequencing, in 48 genes related to the IL-1
41 pathway. Using a systems biology approach, we examined the inter-individual variability of *in*
42 *vitro* stimulation-specific human cytokine responses from 463 healthy individuals of the
43 Human Functional Genomics Project and assessed the role of rare and common genetic
44 variants, separately and combined, by means of the Sequence Kernel Association Test.

45 **Results:** We identified strong associations for rare genetic variants in *NCF4* ($_{\text{adj}}P=7.2E^{-05}$)
46 and *CASP1* ($_{\text{adj}}P=3.0E^{-05}$) with IL-6 production in response to PHA and LPS stimulation,
47 respectively. In addition, common variants in *IL36A* and *IL38* were associated to both *C.*
48 *albicans*-induced IL-1 β (*IL36A* $_{\text{adj}}P=0.0442$; *IL38* $_{\text{adj}}P=0.0092$) and IL-6 production (*IL36A*
49 $_{\text{adj}}P=0.0037$; *IL38* $_{\text{adj}}P=0.0082$), an effect that was stronger at the subpathway level both for
50 IL-1 β ($_{\text{adj}}P=0.0017$) and IL-6 ($_{\text{adj}}P=1.8E^{-04}$). The common variant signature for the IL-1 β and
51 IL-6 response to *C. albicans* was confirmed by an association with all anti-inflammatory
52 genes ($_{\text{adj}}P=1.87E^{-03}$ and $_{\text{adj}}P=5.75E^{-04}$), and we validated this finding for non-coding
53 common variants. Lastly, we identified a burden of rare variants in pro-inflammatory genes
54 and LPS-induced IL-6 production ($_{\text{adj}}P=2.42E^{-04}$), and a new role for anti-inflammatory rare
55 variants on *S. aureus*-stimulated IL-6 production ($_{\text{adj}}P=6.71E^{-03}$).

56 **Conclusions:** In conclusion, we show that both common and rare genetic variation in genes
57 of the IL-1 pathway, separately and combined, differentially influence *in vitro* cytokine
58 responses to various stimuli in healthy individuals. This study therefore accentuates potential
59 mechanisms that are translatable into new hypothesis-driven characterization of common

60 and rare variant involvement in a wide variety of inflammatory and immunological
61 mechanisms and diseases.

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63 **Keywords:** rare variants, SKAT, common variants, region-based analysis, Interleukin-1
64 pathway, immunological mechanisms, systems biology

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88 BACKGROUND

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90 The innate immune system is our first line of defense against invading pathogens such as
91 viruses, bacteria, fungi and parasites. It consists of a variety of cell populations (*e.g.* myeloid
92 cells, natural killer cells, innate lymphocytes) and soluble mediators (*e.g.* complement), each
93 fulfilling a well-defined function. Collectively, these components shape innate immune
94 responses. The induction of inflammation in response to *e.g.* infection is a naturally
95 occurring and necessary process. Notwithstanding, both stimulatory and inhibitory
96 mechanisms are required to induce effective elimination of pathogens, as well as to limit
97 collateral damage to the tissues, *i.e.* prevent auto-inflammation(1).

98 The Interleukin-1 (IL-1) family of cytokines and receptors plays a major role in the
99 induction and regulation of host defense and inflammation(2). The IL-1 family comprises pro-
100 inflammatory cytokines (*e.g.* IL-1 α / β , IL-36 α / β / γ), anti-inflammatory cytokines (*e.g.* IL-37, IL-
101 38), activating receptors (*e.g.* IL1-R1, IL-36R), decoy receptors (*e.g.* IL-1R2, IL-18BP), and
102 additional regulators, kinases and phosphatases that altogether are responsible for the IL-1-
103 mediated response(3). Next to core IL-1 family effectors, members of the inflammasome and
104 autophagy pathway are important contributors to the regulation of IL-1-induced inflammation.
105 For instance, activation of the inflammasome allows for cleavage and activation of caspase-
106 1, with subsequent activation and release of pro-inflammatory cytokines IL-1 β and IL-18.
107 Conversely, autophagy is an important process involved in cell homeostasis, but is also able
108 to directly inhibit the inflammatory response by removing inflammasome components and
109 damaged mitochondria(4).

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111 Defects in IL-1 pathway signaling and its specific members have been linked to
112 various inflammation-mediated diseases(2, 5). Pro-inflammatory members of the IL-1 family,
113 *e.g.* IL-1 β and IL-18, play an important role in a variety of (auto-)inflammatory or immune
114 diseases. For instance, a loss of balance in processing and secretion of IL-1 β is an
115 important feature of chronic inflammatory conditions like gout, systemic-onset juvenile

116 idiopathic arthritis (sJIA), adult-onset Still's disease (AoSD) and osteoarthritis(5). Moreover,
117 IL-18 plasma concentrations are moderately elevated in systemic lupus erythematoses
118 (SLE) and in rheumatoid arthritis (RA), while being severely increased in patients with
119 macrophage activation syndrome (MAS)(5). Circulating concentrations of anti-inflammatory
120 members of the IL-1 family are characteristically increased in numerous inflammatory
121 conditions. Specifically, plasma concentrations of IL-1Ra, the anti-inflammatory competitor of
122 IL-1 α and IL-1 β encoded by the *IL1RN* gene, are systemically increased in *i.e.* sepsis,
123 Crohn's disease and ulcerative colitis, and locally increased in the joints from patients with
124 RA and osteoarthritis(6). The IL-1 type 2 receptor, a decoy receptor that binds IL-1 but does
125 not induce an intracellular pro-inflammatory signal, has also been found increased in sepsis
126 and has potential as a candidate biomarker in patients with acute respiratory distress
127 syndrome(6).

128 For a number of (auto-)inflammatory diseases, the clinical presentation clearly points
129 towards dysregulated activity of the IL-1 pathway. A targeted search based on clinical
130 presentation for genetic defects in genes related to the IL-1 pathway, has therefore been
131 proven most useful in patients with CAPS (cryopyrin associated periodic syndromes) and
132 DIRA (deficiency of IL-1 receptor antagonist) with the identification of mutations in *NLRP3*
133 and *IL1RN* respectively(5, 7). On the other hand, even though Adult-onset Still's Disease
134 (AoSD), Behcet's and Schnitzler disease share clinical similarities with CAPS, for those no
135 single causal genetic defect has been identified to date, despite the fact that subsets of
136 patients have presented with mutations in related genes indicating that the likely genetic
137 basis is close(7). In addition to rare variants, a number of Genome Wide Association Studies
138 (GWAS) have identified common variants in the IL-1 pathway to be associated with
139 inflammatory diseases and stimulation-induced cytokine responses(8-11). However, most
140 studies so far have investigated rare and common variants separately. Considering
141 increasing evidence that variability in phenotypic presentation can be caused by an interplay
142 between variants of variable frequencies(12-14), or aggregation of genetic variants over
143 genes underlying dysregulated biological mechanisms(15), or even over genes that are

144 more distantly involved(16), we hypothesize that studies on the genetic basis of
145 inflammatory diseases might also benefit from this concept.

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147 Immune responses are highly variable between individuals, and the broad spectrum
148 of this inter-individual variability ranges from healthy, e.g. protection against infection or
149 trauma by inflammatory responses, to diseased individuals, e.g. sepsis or auto-inflammatory
150 syndromes caused by excessive inflammation. For this reason, in the past few decades
151 various studies have focused on determining the genetic variation that contributes to the
152 inter-individual variability in immune responses(17-22). In brief, these studies assess the
153 separate and shared contribution of host and environmental factors to an immunological
154 response after a specific stimulus, yet all conclude that a considerable percentage of
155 immune response variation between individuals remains unexplained. One important
156 shortcoming is that most studies to date have focused on common genetic variants, while
157 the impact of rare or private variants remains poorly or not at all understood. With recent
158 advancements in sequencing technologies, the ability to study the role of rare variants has
159 remarkably improved, and its value has been proven in several studies. For instance,
160 increasing evidence is showing that the combined effect of common and rare variants could
161 partially explain the missing heritability problem in complex diseases(12-14, 23, 24). The
162 relatively small-to-moderate effects of common variants can be significantly modified by the
163 presence or absence of (multiple) rare variants(25). Molecular Inversion Probe (MIP) based
164 re-sequencing is a targeted sequencing technology that can identify common, low-
165 frequency, rare and even private variants within a region of interest, and as such allows to
166 cost-effectively study intermediate sized gene panels (e.g. 50 genes) in relatively large
167 cohorts(26-29).

168

169 Considering the importance of the IL-1 pathway for inflammation and innate immune
170 responses, we aimed to identify and characterize rare and common genetic variants in 48
171 genes related to the IL-1 pathway mediated immune response, and determine their impact

172 on the inter-individual variability of cytokine responses in healthy individuals. A complete
173 overview of the study workflow can be found in **Figure 1**.

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175

176 **MATERIAL AND METHODS**

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178 Study Cohort

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180 *Cohort characteristics*

181 The study was conducted using healthy individuals from the Human Functional
182 Genomics Project (HFGP; 500FG-cohort)(30). The entire 500FG-cohort consists of 534
183 healthy individuals from the Netherlands (296 females and 237 males) with an age range 18-
184 75, from which we were able to obtain DNA from 520 individuals for sequencing. For more
185 details on cohort characteristics see previous publications on the 500FG-cohort(17, 18, 20).

186

187 *Immunophenotyping*

188 In this study we made use of the publicly available extensive immunophenotyping
189 data that was generated as part of the Human Functional Genomics Project(31).
190 Specifically, Interleukin-1 β (IL-1 β) and Interleukin-6 (IL-6) production by whole blood
191 (consisting mainly of polymorphonuclear cells (PMNs)) from 471 individuals, stimulated with
192 either lipopolysaccharide (LPS, 100ng/mL), phytohaemagglutinin (PHA, 10 μ g/mL), heat-
193 killed *Candida albicans* (*C. albicans* 10⁶ CFU/mL) or *Staphylococcus aureus* (*S. aureus* 1 x
194 10⁶/mL). A detailed description of these experiments can be found elsewhere(18). In short,
195 blood was drawn from participants and 100 μ L of heparin blood was stimulated with 400 μ L
196 of stimulus, subsequently incubated for 48 hours at 37°C and 5% CO₂ and supernatants
197 were collected and stored in -20°C until used for ELISA.

198

199 Sequencing

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201 *MIP-panel design*

202 We sequenced all coding exons of 48 genes of the IL-1 pathway in 520 healthy
203 individuals by Molecular Inversion Probe (MIP)-based re-sequencing. MIPs are a targeted
204 re-sequencing technology, that allows for the identification of both common- and rare genetic
205 variation in regions of interest. A detailed description of MIP-probe design and sequencing
206 methods can be found elsewhere(26, 29, 32). In short, 1285 MIP-probes were designed to
207 cover all coding exons of 48 genes related to the IL-1 pathway and sequencing was
208 performed using the Illumina NextSeq500 system. These 48 IL-1 pathway related genes can
209 be further functionally subclassified into six subpathways that represent a sub-mechanism or
210 immunological cascade in the IL-1-mediated inflammatory response: IL-1 subpathway, IL-18
211 subpathway, IL-30s subpathway, Inflammasome, (reactive oxygen species) ROS-
212 production, and Autophagy. An additional functional sub classification into two inflammation
213 phenotype groups, was based on the gene-encoded protein function and its pro- or anti-
214 inflammatory effect. A full explanation on the sub classifications can be found in **Additional**
215 **File 1.**

216

217 *Data processing*

218 A carefully developed filtering pipeline, based on Sanger Sequencing validations,
219 was applied to ensure high sensitivity and specificity in our final variant set. First, the reads
220 were aligned using BWA-MEM(33) and subsequently filtered on Mapping Quality ≥ 60 , no
221 soft-clipping, properly paired and not more than five variations from the reference per read,
222 with the exception of multi-basepair insertions and deletions. Variants were then called using
223 the GATK unified genotyper(34), which uses a Bayesian genotype likelihood model to
224 estimate the most likely genotypes. Rare variants (here defined as absent in dbSnp build
225 150 common(35), or defines as rare by our custom annotator as explained below), were
226 further filtered on the QUAL parameter ≥ 1000 in the vcf. Additionally, the percentage of
227 alternative alleles for each variant position using samtools mpileup(36), with maximum read

228 depth 10000, no BAQ and a minimal base quality of 30. Homozygous rare variants required
229 an alternative allele percentage of $\geq 90\%$, heterozygous rare variants required an alternative
230 allele percentage of 25% and $< 90\%$, and rare variants with an alternative allele percentage
231 of $< 25\%$ were considered false positive. Samples with an average coverage depth of all
232 MIPs $\geq 100x$ were included for analysis. The final variant set was annotated using our
233 custom annotator, which makes use of several annotation sources, among others the
234 Variant Effect Predictor (VEP) from Ensembl(37), Combined Annotation Dependent
235 Depletion (CADD) score(38), and several population based variant databases (e.g. dbSnp,
236 ExAc and gnomAD(39)) and an “inHouse” database consisting of $> 25,000$ clinical exomes
237 run at the diagnostic division of the Department of Human Genetics of the Radboud
238 University Medical Center (Radboudumc). We used within cohort allele frequencies (AFs) to
239 separate rare and common variants, based on a common variant cut-off of $\geq 5\%$.

240

241 Variant Analysis

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243 *Continuous Trait*

244 A Rare Variant Burden Analysis (RVBA) was performed on the log-transformed
245 cytokine levels by using the Sequence Kernel Association Test (SKAT)(14, 40) in R version
246 3.5.2. The SKAT is a kernel-based test method, that aggregates weighted individual variant-
247 score test statistics whilst allowing variant-variant interactions and is extremely powerful
248 when a genetic region has both protective and deleterious variants or many non-causal
249 variants(14, 23, 24, 40, 41). The SKAT was performed over three levels of grouping: I)
250 **gene-level**; where all variants within coding exons of a gene region were considered
251 (**Figure 1E.I**), II) **subpathway-level**; where all variants within genes that belong to the
252 corresponding subpathway were considered (**Figure 1E.II**), and III) **inflammatory-**
253 **phenotype level**; where based on encoded protein function genes were classified as either
254 pro-inflammatory or anti-inflammatory and all variants from genes in either groups were
255 considered (**Figure 1E.III**). Furthermore, for each region the ‘normal’ SKAT was run to

256 determine the effect of only common (I.SKAToC), only rare (III.SKAToR) and common and
257 rare variants combined (II.SKATjoint), based on a cohort MAF of 5% as cut-off, using the
258 SKAT_CommonRare function with default weights. However, since the SKAT can be less
259 powerful than burden tests when rare variants in a set are truly causal or influencing the
260 phenotype in the same direction(41), we additionally applied the SKAT-O algorithm to the
261 rare variants (SKATO), appropriately weighing the variants with the same weights as
262 described above, and extracted accompanying rho-values to assess the contribution of
263 SKAT versus Burden Test for significant sets reflecting the proportion of bi- and
264 unidirectionality of an association. In the case of rare- and joint tests only output based on >
265 1 variant was considered, and in the case of joint tests the presence of both rare and
266 common variants in the set was an additional requirement. P-values were Bonferroni-
267 adjusted for each previously defined test separately, based on the number of groups tested.
268 We did not apply additional corrections for the different grouping-levels (*i.e.* gene-level,
269 subpathway-level, inflammatory-phenotype level), nor for the different variant frequency
270 tests (*i.e.* SKAToC, SKATjoint, SKAToR, SKATO).

271

272 *Binary Trait*

273 In addition to the associations of continuous cytokine levels as described above
274 (**Figure 1D.I**), we performed a binary association analysis on outlier individuals, here defined
275 as extreme cytokine producers. As research has shown that individuals with outlier
276 expression patterns are likely to be enriched in nearby rare variants(42-45), we
277 hypothesized that outlier individuals in terms of cytokine production could similarly be
278 enriched in rare variants in specific genes, thereby favoring the identification of stimulus-
279 specific mechanisms. For this purpose, we defined for each cytokine-stimulus the 1%
280 extreme cytokine producers (rounded up, so generally ± 5 individuals), which categorized the
281 individuals in two groups that were subjected to binary trait association. Specifically, for each
282 cytokine-stimulus combination the SKAToR was applied twice: 1) 1% highest cytokine
283 producers versus all other individuals ($_{TOPBT}$, **Figure 1D.II**), and 2) 1% lowest cytokine

284 producers versus all other individuals ($_{\text{LOWBT}}$; **Figure 1D.III**). In two cases, *C. albicans*-
285 induced IL-1 β production low-producers and LPS-induced IL-6 production high-producers,
286 no distinctive categories could be created due to equal cytokine measurements at the 1%
287 cut-off, and as such the groups were extended to 7 and 9 respectively. We followed up on
288 associations based on >1 variant, that were nominally significant (unadjusted P-values) in
289 the continuous associations and recurrent in either $_{\text{TOPBT}}$ or $_{\text{LOWBT}}$.

290

291 *Follow Up*

292 In order to give meaning to our detected associations, we extracted the residual
293 (corrected for covariates age and gender) cytokine production from the SKAT null-model and
294 correlated those to the genotype categories, where applicable. For all plots, correlations and
295 cytokine levels mentioned from hereon, the cytokine production therefore has been
296 corrected for age and gender. In the case of set-based common variant associations we
297 correlated cytokine production to the three separate genotype categories; homozygous
298 reference, heterozygous, homozygous alternative, whereas in the case of set-based rare
299 variant associations we correlated cytokine production to only two categories; absence or
300 presence of one of the rare variants in the set.

301 Additionally, considering accumulating evidence for a role of non-coding genetic
302 variation in health and disease(46, 47), we followed-up on common variant associations by
303 using the publicly available genotype data from the FG500-cohort, generated with the
304 commercially available SNP chip Illumina HumanOmniExpressExome-8v1.0 (for further
305 details we refer to previously published work(18, 48)). We extracted all common variants
306 (based on cohort AF \geq 5%) within NCBI RefSeq 'Whole Gene' gene regions and extended
307 the start position by 50kB(49) for the following sets: *IL36A*, *IL38*, IL-30s subpathway, pro-
308 inflammatory phenotype and anti-inflammatory phenotype. Variant sets were pruned for
309 Linkage Disequilibrium (LD) based within cohort metrics and the commonly used R^2 cut-off
310 of >0.8, by means of the snpStats package in R. The final pruned set of variants, termed
311 tagSnps, were subjected to the same SKAT with default weights, to test for association with

312 continuous IL-1 β (N=428) and IL-6 (N=425) cytokine production. Finally, for the purpose of
313 correlating significant non-coding common variant sets to cytokine levels, we calculated an
314 allelic score for all variants in the set. An allelic score is a way to collapse multidimensional
315 genetic data associated with a risk factor into a single variable(50). We slightly adapted the
316 allelic score calculation to our SKAT-based test results, into a weighted (based on AF-based
317 Beta.Weights function from SKAT package), directional (based on increasing or decreasing
318 cytokine production over the genotype categories) allelic score. Specifically, we inferred the
319 direction of each variant in a set, and combined this with the manually computed variant
320 weight, by negating the weight only for variants with decreasing cytokine production over the
321 genotype categories. Common variant genotypes were converted to dosages and multiplied
322 by their directional weight, which was summed up to an allelic score per set of variants. The
323 weighted, directional allelic score was plotted versus the cytokine production, and a linear
324 model equation and R² metrics were extracted. In addition, to evaluate the individual
325 contribution of non-coding common variants in a set, we computed per SNP linear models
326 using *C. albicans*-induced residual cytokine production as the criterion variable and the SNP
327 in question as predictor variable. The individual SNP effect estimates (or Beta-estimates)
328 were organized by direction and annotated based on their significance. For the purpose of
329 prioritizing one SNP for investigating epigenetic effects we computed the same linear
330 models now using the log-transformed cytokine production as criterion variable and next to
331 the SNP also age and gender as covariates. The predictive capacity of the linear models, as
332 reflected by the model p-value, was used as a measure for impact of a specific SNP on
333 cytokine production and as such prioritized rs1562305 for more in-depth follow-up.
334 Epigenetic effects of rs1562305 were studied using a Hi-C dataset(51) and Pol II ChiA-PET
335 libraries for K562 (GSM970213). Transcription Factor ChiP-seq Clusters (338 factors, 130
336 cell types) were obtained from ENCODE 3 Data version: Encode 3 Nov 2018.

337

338

339 **RESULTS**

340

341 Study Cohort

342 Here, we studied healthy individuals from the Human Functional Genomics Project
343 (HFGP; FG500-cohort)(30), by making use of the publicly available demographic data and
344 stimuli-specific *in vitro* cytokine measurements(31). The gender distribution over 463
345 included individuals for analysis shows a mild overrepresentation of females as compared to
346 males (Male n=201, Female n=262), whereas the mean- and median age distribution for
347 these groups separately is comparable (**Additional File 2A**).

348 *In vitro* IL-1 β and IL-6 cytokine production in whole blood in response to stimulation
349 with either 100ng/mL Lipopolysaccharide (LPS), 10 μ g/mL Phytohemagglutinin (PHA), heat-
350 killed *Candida albicans* 10⁶CFU/mL (*C. albicans*) and 1x10⁶/mL *Staphylococcus aureus* (*S.*
351 *aureus*), were likewise evenly distributed between females and males (**Additional File 2B**),
352 and were log-transformed prior to analysis. Based on the above-mentioned distributions in
353 combination with the fact that previous research has shown that age and gender can
354 influence cytokine responses(17-20), both variables were included as covariates in our
355 analyses.

356

357 Sequencing

358 Molecular Inversion Probe (MIP)-based re-sequencing of all coding exons of the 48
359 genes in our IL-1 pathway MIP-panel generated sequencing data from 520 healthy
360 individuals (for all MIPs see **Additional File 3**). Overlapping the sequencing data with the
361 available immunophenotyping data we managed to obtain complete datasets from 463
362 individuals for analysis. The average coverage depth for these 463 individuals over all MIPs
363 was 830x (**Additional File 4**). Five genes in our panel (*SIGIRR*, *PYCARD*, *CYBA*, *RAC2*
364 and *MAP1LC3A*) were unfavorably covered (<100x average coverage of the entire coding
365 part of the gene) for more than half of the samples, and one gene (*NCF1*) lost all coverage
366 in our extensive quality filtering due to homology regions, and was therefore excluded from
367 subsequent analysis (**Additional File 4**). Based on gene-encoding protein function and the

368 immunological cascade in which they are activated, these 48 genes were classified prior to
369 the analysis into 1) six subpathway groups: IL-1 subpathway, IL-18 subpathway, IL-30s
370 subpathway, Inflammasome, ROS-production and Autophagy; and 2) two inflammatory-
371 phenotype groups: pro-inflammatory, and anti-inflammatory (**Additional File 1**).

372 Overall, we identified 201 non-synonymous variants in the coding exon regions, out
373 of which 35 were common and 166 were rare (based on cohort allele frequencies (AFs)
374 using a threshold of $\geq 5\%$ for common variants). Furthermore, out of 166 rare variants we
375 identified 18 variants to be novel, *i.e.* never observed before in public databases. For a
376 complete variant list see **Additional File 5**.

377

378 Variant Analysis

379 The role of rare and common variants on stimuli-specific cytokine responses was
380 assessed by a Rare Variant Burden Analysis (RVBA) using the Sequence Kernel
381 Association Test (SKAT)(14, 40, 41). The main issue with rare variant association testing
382 lies in the low-frequency of rare variants, and thus appropriate grouping is warranted(23,
383 24). We performed the SKAT using three different grouping strategies (**Figure 1E** and
384 **Additional File 1**): I) **gene-level**, where all variants within the coding region of each gene
385 were considered; II) **subpathway-level**, where all coding variants within genes that belong
386 to the corresponding subpathway were considered; and III) **inflammatory-phenotype level**,
387 where genes were classified as either pro-inflammatory or anti-inflammatory based on
388 encoded protein function, and all variants from genes in either group were considered. Each
389 level was assessed for the role of genetic variants on stimuli-specific IL-1 β and IL-6 cytokine
390 production, through the full spectrum of AFs (from rare- to common (AF $\geq 5\%$) variants
391 separately and combined) by performing four different tests (**Figure 1G**): I.SKAToC; testing
392 only common variants, II.SKAToR; testing only rare variants, III.SKATjoint; testing common
393 and rare variants jointly by using a method that considers common variant effects as
394 covariates in the rare variant test. To verify potentially missed strong unidirectional signals,
395 the rare variants were additionally subjected to an adapted algorithm that uses a linear

396 combination of the SKAT and Burden Test, the SKAT-O (IV.SKATO). Output from all SKATs
397 performed in this study can be found in **Additional File 6**.

398

399 *Association landscapes show similarities and differences in IL-1 β and IL-6 response*

400 We created holistic heatmap overviews termed 'association landscapes', for the
401 purpose of summarizing rare- and common variant associations, both on the gene and
402 subpathway level, in an organized fashion. **Figure 2** shows these landscapes of gene- and
403 subpathway based associations for IL-1 β (**2A**) and IL-6 (**2B**) production by whole blood.
404 **Figure 3** shows the inflammatory-phenotype based associations for IL-1 β (**3A**) and IL-6 (**3B**)
405 production by whole blood in classic rectangular heatmaps.

406 The **gene-level** analysis revealed significant associations between rare genetic
407 variants in *NCF4* and both IL-1 β and IL-6 cytokine production in response to PHA
408 stimulation (SKAToR_{adj}P-value=0.0126 and $7.2E^{-05}$ respectively), that sustained when
409 common variants were considered as covariates (SKATjoint_{adj}P-value=0.0185 and $1.3E^{-04}$
410 for IL-1 β and IL-6 respectively). Another strong rare variant signal was observed between
411 *CASP1* rare variants and LPS-induced IL-6 cytokine production (SKAToR_{adj}P-value= $3.0E^{-05}$).
412 Next to this, common variants in *IL36A* and *IL38* were significantly associated to both IL-
413 1 β and IL-6 cytokine production after *C. albicans* stimulation (*IL36A* SKAToC_{adj}P-
414 value=0.0442 and 0.0037; *IL38* SKAToC_{adj}P-value=0.0092 and 0.0082). These associations
415 substantially weakened in the joint analysis of common and rare variants, with the exception
416 of the *IL36A* association with IL-6 that remained comparable to the rare variant result
417 (SKATjoint_{adj}P-value=0.0070).

418 The **subpathway-level** analysis identified a significant association between rare
419 genetic variants of IL-1 subpathway genes combined and LPS-induced IL-1 β cytokine
420 production (SKAToR_{adj}P-value=0.0030), that maintained in the joint analysis with only a
421 minor decrease in significance (SKATjoint_{adj}P-value=0.0056). Specific to IL-6, we identified
422 associations between rare variants in ROS-production genes after PHA stimulation
423 (SKAToR_{adj}P-value=0.0295), and rare variants in Inflammasome genes combined after LPS

424 stimulation (SKAToR_{adj}P-value=3.7E⁻⁰⁴), while only the latter remained in the joint analysis
425 (SKATjoint_{adj}P-value=4.7E⁻⁰⁴). Finally, common variants in IL-30s subpathway genes were
426 significantly associated with both IL-1 β and IL-6 cytokine production in response to *C.*
427 *albicans* stimulation (SKAToC_{adj}P-value=0.0017 and 1.8E⁻⁰⁴ respectively), both slightly
428 weaker in the joint analysis.

429 The **inflammatory-phenotype level** analysis (**Figure 3**), revealed a strong
430 association between rare variants in genes with pro-inflammatory effects and LPS-induced
431 IL-6 cytokine production (SKAToR_{adj}P-value=2.42E⁻⁰⁴ and SKATO_{adj}P-value=1.99E⁻⁰³), that
432 was recurrent in the joint analysis (SKATjoint_{adj}P-value=3.60E⁻⁰⁴). On the other hand, rare
433 variants in anti-inflammatory genes were significantly associated with IL-6 cytokine
434 production in response to *S. aureus* stimulation (SKATO_{adj}P-value=6.71E⁻⁰³). Moreover, we
435 identified a role for common variants in anti-inflammatory genes in both IL-1 β and IL-6
436 cytokine production in response to *C. albicans* stimulation (SKAToC_{adj}P-value=1.87E⁻⁰³ and
437 5.75E⁻⁰⁴ respectively), that in the joint analysis persisted for IL-1 β (SKATjoint_{adj}P-
438 value=7.11E⁻⁰³), whereas in for IL-6 most of the signal was lost (SKATjoint_{adj}P-
439 value=0.0240). Finally, unique to *C. albicans*-induced IL-6 production, was an association
440 with common variants in pro-inflammatory genes (SKAToC_{adj}P-value=0.0153).

441

442 *Gene-level rare variant associations of cytokine outliers imply cytokine-stimulus specific*
443 *features*

444 The associations presented thus far were produced by using stimulus-specific
445 cytokine profiles of all individuals as continuous measurements. In order to uncover rare
446 variant gene associations that may reflect strong stimulus-specific mechanisms, we
447 supplemented these continuous trait associations (CT, **Figure 1D.I**), with extreme binary
448 trait associations (BT). The BT associations were conducted by categorizing individuals into
449 two groups, based on 1% highest and lowest cytokine production respectively, in response
450 to a certain *in vitro* stimulus, from here on referred to as top-producers (TOPBT, **Figure 1D.II**)
451 and low-producers (LOWBT, **Figure 1D.III**). Identifying recurrent rare variant associations (that

452 is, nominally significant in CT and either $_{TOPBT}$ or $_{LOWBT}$), allowed us to give meaning in
453 terms of direction of the effect of our continuous association results. **Figure 4** shows
454 recurrent gene-level rare variant association (SKAToR) P-values, separately for IL-1 β (**A**)
455 and IL-6 (**B**).

456 The analysis of extreme cytokine producers was consistent with our identified
457 continuous association result between rare variants in *NCF4* and PHA-induced IL-1 β and IL-
458 6 cytokine production, by the identification of a recurrent signal in the low-producers (IL-1 β
459 $_{LOWBT}$ P-value=2.18E⁻⁰⁴; IL-6 $_{LOWBT}$ P-value=5.94E⁻⁰⁵), along with the association between
460 *CASP1* and IL-6 low-producers after LPS stimulation ($_{LOWBT}$ P-value=0.0299). In addition to
461 that, we identified three recurrent associations in IL-1 β top-producers: rare variants in *IL1R2*
462 after LPS (P-value=0.0429) and PHA stimulation (P-value=0.0493); *IL18BP* rare variants
463 after *S. aureus* stimulation (P-value=0.0038); and four recurrent associations in LPS-induced
464 IL-1 β low-producers - rare variants in *NCF4* (P-value=8.27E⁻⁰³), *IL1R1* (P-value=0.0194),
465 *IL1RL2* (P-value=8.54E⁻⁰⁴) and *IL36G* (P-value=3.03E⁻⁰³) (**Figure 4A**). In the case of IL-6
466 (**Figure 4B**) we detected one additional recurrent signal, that is *IL33* rare variants and top-
467 producers after *C. albicans* stimulation (P-value=0.0143).

468

469 *Immunological response to C. albicans reflects a common variant signature*

470 Our results of the SKAToC show strong common coding variant set signals over
471 various levels of magnitude both on IL-1 β and IL-6 cytokine production after *C. albicans*
472 stimulation, reflecting a common variant signature in this immunological response. For the
473 separate variants in *IL36A* (rs895497) and *IL38* (rs6761276 and rs6743376), we observed
474 that the alternative allele presented with 1) a higher frequency as compared to the ancestral
475 allele, and 2) a higher cytokine production (residual, after correcting for co-variables age and
476 gender). **Figure 5A** shows that for each of these variants the IL-1 β and IL-6 *in vitro* cytokine
477 production in response to *C. albicans* stimulation decreases over the genotype categories.
478 Complementary Wilcoxon-rank-sum tests confirmed that for all three variants homozygous
479 reference versus homozygous alternative and heterozygous versus homozygous alternative,

480 was significantly associated with higher IL-1 β and IL-6 cytokine production, and
481 homozygous reference versus heterozygous only for *IL38* rs6743376 (**Figure 5A**).

482 While the rest of our study focused on coding variants, *i.e.* variants that likely have a
483 direct effect on protein function, we additionally aimed to get insight into the impact of non-
484 coding common variants. Indeed, accumulating evidence highlights a role for common non-
485 coding genetic variation in human health(46, 47), in inflammatory responses(52, 53), and
486 even specifically in innate immune responses(54-56). Therefore, for the purpose of
487 replicating our coding common variant signals, we repeated our significantly associated
488 common variant sets in this study with previously published genotyping data from the same
489 (FG500) cohort containing coding and non-coding common genome-wide genetic
490 variation(31). All common variants (cohort AF>0.05) within a set were pruned for Linkage
491 Disequilibrium (LD), using within cohort R^2 metrics. **Figure 5B** shows that by subjecting
492 these expanded sets to the same SKAT, we identified associations between *C. albicans*-
493 induced IL-6 production and non-coding common variants in *IL36A* (P-value=0.049), *IL38* (P-
494 value=0.007) and pro-inflammatory genes (P-value=0.019), and between *C. albicans*-
495 induced IL-1 β production and non-coding common variants in *IL38* (P-value=0.046). We
496 visualized these associations by calculating an allelic score, with single SNP directions and
497 MAF-based variant weights incorporated, for all significant sets in **5B**. In **Figure 5C** the
498 weighted directional allelic score is displayed in correlation with cytokine production,
499 demonstrating that for each set there is an increasing cytokine production with increasing
500 score, highest for *IL38* set with a correlation (R^2) of 0.025. Finally, to evaluate the individual
501 contribution of non-coding common variants in a set, we organized single SNP effect
502 estimates based on their direction and significance (**Additional File 7**). A more in-depth
503 follow up on *IL36A* set non-coding SNP rs1562305, revealed its non-coding activity by a
504 combination of an interaction with *IL36G* and *IL36A* based on K562 Hi-C data and Pol II-
505 associated chromosomal contacts are observed in the regions surrounding rs1562305 and
506 *IL36A* (**Additional File 8A and B**). Moreover, rs1562305 falls within a region that is bound

507 by several transcription factors, including *HNF4A*, that has been associated with ulcerative
508 colitis and diabetes mellitus type II (**Additional File 8C**)(57).

509

510

511 **DISCUSSION**

512

513 In this study we identify and characterize rare and common genetic variation in genes
514 related to the IL-1 pathway, and determine their impact on the inter-individual variability of
515 stimulus-specific *in vitro* cytokine responses, measured in whole blood from healthy
516 individuals. In addition, we assess the relative contribution of rare as compared to common
517 variants, as well as the joint effect of rare and common variants, by employing various
518 grouping strategies.

519 Over the past decades, multiple studies have identified a role for common genetic
520 variation on cytokine level and response, however a significant proportion of inter-individual
521 variability remains to be determined(17-20). Common and rare variants have mostly been
522 studied separately, and the differentiation between them is an arbitrary decision.
523 Considering increasing evidence that specific combinations of variants with variable
524 frequencies accounts for variability in phenotypic presentation(12-14), in particular for a
525 combination of phenotypic characteristics that do not fit one specific clinical diagnosis(58),
526 we hypothesized this concept might also apply to the inter-individual variability in cytokine
527 responses. As such, this study aimed to provide a more holistic view, that considers the
528 interplay of variants of different allele frequencies. For this purpose, we sequenced the
529 coding regions of 48 genes related to the IL-1 pathway in almost 500 healthy individuals,
530 and assessed *in vitro* IL-1 β and IL-6 production by whole blood in response to LPS, PHA, *C.*
531 *albicans* and *S. aureus*. By means of the Sequence Kernel Association Test (SKAT), we
532 tested for association between cytokine production and only common- (SKAToC), only rare-
533 (SKAToR), and common and rare variants combined (SKATjoint), over various levels of
534 grouping strategies; gene-, subpathway, and inflammatory-phenotype groups.

535

536 The strongest rare variant association detected in this study was between *CASP1*
537 and LPS-induced IL-6 cytokine production. *CASP-1* protein, encoded by *CASP1* gene, is
538 responsible for cleavage of the inactive mediators IL-1 β , IL-18 and IL-33 into their active
539 form. The association in this study was based on five rare variants: two private variants (one
540 new to public databases); two variants identified in two individuals in heterozygous state,
541 and one variant identified in five individuals in homozygous state (see **Additional File 5**).
542 The fact that we observed a burden of rare variants not with IL-1 β but with IL-6 production,
543 may suggest an unknown effect of *CASP-1* on IL-6 production and/or release, although this
544 is a speculation and remains to be demonstrated in future studies. Alternatively, immune
545 responses are highly dynamic and as such can be influenced differentially by genetics over
546 time(59), and since we used cytokine measurements after 48 hours of stimulation, it could
547 also reflect an unnoticed effect of these variants on preceding IL-1 β production, that
548 subsequently influence the induction of IL-6.

549 We detected an almost equally strong rare variant burden between *NCF4* and both
550 IL-1 β and IL-6 production in response to PHA stimulation. This association was based on
551 three private rare variants, one of which is new to public databases. Two variants are
552 located in the canonical splice-acceptor sites, thereby possibly affecting the splicing of this
553 gene, which most likely leads to loss-of-function variants with reduced RNA and possibly
554 protein levels as a consequence. The *NCF4* gene encodes the *NCF4* protein which is part of
555 the cytoplasmic unit of the NADPH (nicotinamide adenine dinucleotide phosphate) oxidase
556 enzyme system involved in phagocytosis(60). Variation in NADPH related genes are
557 clinically relevant for human immunity as, rare mutations have been linked to chronic
558 granulomatous disease (CGD, a primary immunodeficiency), and common variants have
559 been associated with immune related diseases like Crohn's disease and systemic lupus
560 erythematoses (SLE)(61, 62). Knock-out of *Ncf4* in mice results in a defective NADPH-
561 complex, with as a consequence reduced ROS-production and inefficient phagocytosis,
562 ultimately leading to increased cytokine production(63, 64). The association detected in this

563 study between *NCF4* rare variants and decreased cytokine production therefore suggests a
564 gain-of-function effect on the NADPH-complex. However, considering the splice-affecting
565 characteristics of two of these rare variants, the resulting effect on the NADPH oxidase
566 system remains inconclusive and requires further investigation.

567 In addition, our study revealed an association between rare variants in anti-
568 inflammatory genes and *S. aureus*-induced IL-6 production. The unidirectional characteristic
569 of this was reflected by the observation that in whole blood from individuals carrying a rare
570 variant more IL-6 cytokine was produced in response to *S. aureus*, as confirmed by
571 Wilcoxon rank-sum P-value=0.0054 (**Figure 3C**). Remarkably, more than half of the anti-
572 inflammatory genes are autophagy genes, which is in line with the notion that defective
573 autophagy results in increased cytokine production, with increased inflammatory disease
574 severity, like colitis and CGD, as a consequence(63, 65).

575

576 An intrinsic issue with rare variants is their low-frequency, resulting in limited power
577 for association testing(66). Combining multiple rare variants followed by appropriate
578 combination tests can improve power, but requires prior knowledge on the biological effects
579 of the genes studied. Our IL-1 subpathway rare variant association with LPS-induced IL-1 β
580 production confirms that appropriate grouping produces a significant association (SKAToR
581 $_{adj}$ P-value=0.003), even though the individual genes did not (**Figure 2A**). The most likely
582 reason for this is insufficient power, and indeed a thorough inspection of the raw data
583 disclosed significant underlying gene-level association P-values that did not survive the
584 Bonferroni-adjustment. The subpathway level association between common variants in
585 genes of the IL-30s subpathway and IL-6 production in response to *C. albicans*, illustrates
586 that even for common variants appropriate grouping can increase power. For instance, the
587 IL-30s subpathway association with *C. albicans* stimulated IL-6 cytokine we detected, was
588 more significant than could be explained by the gene-level associations with *IL36A* and *IL38*.
589 Even though common variants in other members of the respective subpathway (*i.e.* *SIGIRR*
590 and *IL37*) individually were not associated, most likely they do contribute to the subpathway

591 signal. The *C. albicans*-specific common variant signature identified in this study by
592 combining multiple common variants in a set over several levels of magnitude, additionally
593 supports Smeekens et al.(67), where they identified the innate immune pathway to be
594 induced by *C. albicans*. Next to highlighting the role for coding common variants, our
595 validation with non-coding common variants in the same cohort supports the importance of
596 considering interplay between multiple common variants, and additionally substantiates the
597 urge for studying the impact of epigenetic regulation in immunity(68). Moreover, we identified
598 a potential epigenetic mechanism that may allow insights into the gene regulation by non-
599 coding variants, for rs1562305 on *IL36A* and *IL36G* gene expression levels (**Additional File**
600 **8**).

601 Another method to increase power in rare variant association studies, is to use
602 extreme phenotypes for the purpose of enriching rare variants with strong(er) effects in
603 outlier individuals(24, 44, 45). In this study, we used 1% extreme cytokine producers in a
604 binary association and overlapped the results with our continuous tests, for the purpose of 1)
605 characterization of stimulus-specific mechanisms, and 2) providing an indication of direction.
606 Our strongest continuous rare variant associations (*CASP1* with LPS-induced IL-6 cytokine
607 and *NCF4* with PHA-induced IL-1 β and IL-6 cytokine), reemerged in low-responders. The
608 fact that these associations were identified both in our continuous and binary analyses, is in
609 line with the finding that extreme phenotyping can enrich for the presence of rare causal
610 variants(44, 45). Remarkably, our *NCF4* private variant carriers were restricted to the 1%
611 lowest PHA-induced IL-6 cytokine response, substantiating that most extreme variants (in
612 terms of lowest frequency) can have most extreme effects on the phenotype level(39, 69-
613 71). In addition, we identified recurrent associations between LPS-induced IL-1 β cytokine
614 production and five genes of the IL-1 subpathway, substantiating the subpathway level
615 association and at the same time reflecting lack of power in the identification of individual
616 gene associations. Interestingly, we identified an association between *S. aureus*-induced IL-
617 1 β cytokine production and rare variants in *IL18BP*, recurrent in the top-responders. The
618 encoded protein (IL-18BP) exerts major anti-inflammatory effects by inhibiting IL-18

619 signaling(72), and previous studies have shown that IL-18BP levels are negatively correlated
620 with cytokine production by lymphocytes(17). The identified burden in top-responders here,
621 suggests that rare variants in *IL18BP* negatively affect IL-18BP levels, allowing for higher *S.*
622 *aureus*-induced cytokine production. The role of IL-18/IL-18BP pathway in cytokine
623 responses to *Staphylococci* therefore needs further investigation, as it has the potential to
624 provide important new insights in severe diseases caused by this pathogenic microorganism
625 (e.g. sepsis).

626

627 Our study cohort is one of the largest to date in which extensive immunophenotyping
628 experiments have been performed(17, 18, 20). The associations described here are based
629 on cytokine production by whole blood, as it is most comparable to the *in vivo* situation and
630 therefore most representative for physiologic immune responses. Furthermore, the
631 investigated stimuli were chosen as representatives for an array of microbial infections,
632 specifically: LPS is expressed on the bacterial cell wall of Gram-negative bacteria; PHA is
633 synthesized by *Bacillus Rhodococcus* and *Pseudomonas species*; and *C. albicans* and *S.*
634 *aureus* are major invading pathogens representative of fungi and Gram-positive bacteria,
635 respectively. Future efforts investigating a broader array of pathogens, as well as specific
636 contribution of immune cell subtypes, based on the additional publicly available data for this
637 cohort(31) is therefore highly recommended. Nevertheless, potential limitations of this study
638 cohort include the relatively small sample size and cohort characteristics (restricted age
639 distribution and residency), and replication in a larger cohort for validation is favorable.
640 Secondly, despite the cost-effectiveness of MIP-sequencing (e.g. ± €25,- per sample for the
641 IL-1 panel), larger intronic or non-coding regions are not sequenced and as such escape
642 analysis. The potential of using whole genome sequencing data to investigate the role of
643 rare non-coding genetic variation, thereupon seems promising. Thirdly, the SKAT is
644 powerful, but computes only set-wise association P-values and does not provide single
645 variant effect estimates, neither does it provide direction in terms of positive/negative effects
646 or increased/decreased risk. As we cannot exclude interaction effects between variants in a

647 set, the contribution of single variants to a phenotype is difficult to estimate and as such the
648 clinical applicability remains complex and requires more in-depth follow-up. Lastly, this study
649 was designed for the purpose of discovering correlations between genetic variants and
650 functional cytokine read-outs, but with the prospect of future, in-depth functional follow-up
651 studies. In order to maximize the discovery layer, we Bonferroni-adjusted p-values based on
652 the number of groups tested per stimulus-cytokine combination, frequency and grouping-
653 level, and as such we did not apply post-hoc corrections.

654

655

656 **CONCLUSIONS**

657 In conclusion, this study shows that common and rare genetic variation in genes of
658 the IL-1 pathway, separately and combined, differentially influence *in vitro* IL-1 β and IL-6
659 cytokine responses induced by various stimuli. Not only do we add to the knowledge on the
660 role of common variants in the IL-1 pathway, we additionally highlight the important role of
661 rare variants (alone or in combination) on immune response variability. On a broader
662 perspective, this study provides insight into potential mechanisms that are translatable to
663 new hypothesis-driven identification of rare variant involvement in inflammatory and
664 immunological mechanisms and diseases. Over and above, the framework used in this
665 study is expandable to a wide variety of (non-immune) complex phenotypes, and as such
666 can lead the way to new insights and theories for any phenotype of interest, and therefore
667 has the potential to contribute to better understanding of unresolved, complex diseases.

668

669

670 **ADDITIONAL FILES**

671 *Additional File 1.* Variant grouping strategies of 48 Interleukin-1 pathway related genes.

672 *Additional File 2.* Baseline characteristics of healthy individuals (n=463).

673 *Additional File 3.* Molecular Inversion Probes (MIPs) covering all coding exons of 48 genes
674 of the Interleukin-1 pathway.

675 *Additional File 4.* Average coverage depth per gene and overall for healthy individuals
676 (n=463) included in analysis.

677 *Additional File 5.* Complete variant list.

678 *Additional File 6.* All SKAT output.

679 *Additional File 7.* Non-coding SNP set effect estimates distribution.

680 *Additional File 8.* Epigenetic effects of IL36A set non-coding SNP rs1562305.

681

682 **ABBREVIATIONS**

683 _{adj}P-value: Bonferroni-adjusted P-value; AF: Allele frequency; AoSD: Adult-onset Still's
684 Disease; BAQ: Base Alignment Quality; BT: Binary trait; BWA-MEM: Burrows-Wheeler
685 Aligner; *C. albicans*: *Candida albicans*; CADD: Combined Annotation Dependent Depletion;
686 CAPS: Cryopyrin associated periodic syndromes; CFU: Colony-forming unit; CGD: Chronic
687 granulomatous disease; ChiA-PET: Chromatin interaction analysis with paired-end tag;
688 ChiP-seq: Chromatin immunoprecipitation sequencing; CT: Continuous trait; dbSnp: Single
689 Nucleotide Polymorphism Database; DIRA: DIRA: Deficiency of IL-1 receptor antagonist;
690 DNA: Desoxyribonucleic acid; *e.g.*: *exempli gratia*; ELISA: Enzyme-linked immunosorbent
691 assay; ExAc: Exome Aggregation Consortium; FG: Functional Genomics; GATK: Genome
692 Analysis Toolkit; gnomAD: Genome Aggregation Database; GWAS: Genome Wide
693 Association Studies; HFGP: Human Functional Genomics Project; *i.e.*: *id est*; IL-1 β :
694 Interleukin-1 β ; IL-6: Interleukin-6; IL: Interleukin; kB: Kilobase; LD: Linkage disequilibrium;
695 _{LOW}BT: Binary trait association analysis using 1% lowest cytokine producers; LPS:
696 Lipopolysaccharide; MAF: Minor allele frequency; MAS: Macrophage activation syndrome;
697 MIP: Molecular Inversion Probe; μ g: Microgram; μ L: Microliter; mL: Milliliter; NADPH:
698 Nicotinamide adenine dinucleotide phosphate; NCBI RefSeq: National Center for
699 Biotechnology Information Reference Sequence; ng: Nanogram; PHA: Phytohaemagglutinin;
700 PMNs: Polymorphonuclear cells; QUAL: Quality parameter in vcf; R²: Correlation metric; RA:
701 Rheumatoid arthritis; Radboudumc: Radboud university medical center; RNA: Ribonucleic
702 acid; ROS: Reactive Oxygen Species; RVBA: Rare variant burden analysis; *S. aureus*:

703 *Staphylococcus aureus*; SKAT: Sequence Kernel Association Test; SKATjoint: SKAT
704 common and rare variants; SKATO/SKAT-O: linear combination of the Burden Test and
705 SKAT with optimal weights; SKAToC: SKAT only common variants; SKAToR: SKAT only
706 rare variants; SLE: Systemic lupus erythematoses; SNP: Single Nucleotide Polymorphism;
707 tagSnps: Set of LD-pruned SNPs; _{TOP}BT: Binary trait association analysis using 1% highest
708 cytokine producers; vcf: Variant Call Format; VEP: Variant Effect Predictor

709

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723

724 **AUTHOR CONTRIBUTIONS**

725 MGN, FLvdV and AH designed the project. RCvD, MGN, AH conceptualized the
726 experiments and analysis. PA, MJ, MS performed the experiments. RCvD performed data
727 analysis and data visualization. MvdV and CG supported the data analysis. MMM performed
728 additional data analysis. GC, VK, CAD, LABJ, FLvdV and MGN helped with data
729 interpretation. RCvD, MGN and AH wrote the manuscript. All authors contributed to and
730 approved the final manuscript.

731

732 **CONFLICT OF INTEREST**

733 LABJ reports to be Scientific Advisory Board member of Olatec Therapeutics LLC. CAD
734 serves as chair of SAB of Olatec Therapeutics LLC. All other authors declare that they have
735 no conflict of interest.

736

737 **DATA AVAILABILITY**

738 All demographic-, immunophenotyping- and genotyping- data from the FG500-cohort used in
739 this study is publicly available on the BBMRI-NL archive(31). All variants called in MIP-
740 sequencing data based on the IL-1 panel from the same cohort are published here, as well
741 as all association results.

742

743 **CODE AVAILABILITY**

744 Code for processing and filtering MIP-based sequencing data are extensively explained in
745 the methods section of this manuscript and will be made available upon reasonable request.
746 The source code from the R packages used in this study are freely available online. Code for
747 processing the output and generating the figures will likewise be made available upon
748 reasonable request.

749

750

751 **FIGURES**

752

753 **Figure 1. Flowchart of the study workflow method.** Figure orientation from top to bottom.
754 Blood was extracted from 520 healthy individuals **(A)** on which extensive
755 immunophenotyping was performed **(B)** and simultaneously Molecular Inversion Probe
756 sequencing data was produced from coding regions of 48 Interleukin-1 pathway genes **(C)**.
757 The resulting cytokine production after stimulation was measured and used for analysis **(D)**:
758 I.Continuous, using log-transformed IL-1 β and IL-6 cytokine production upon stimulation;

759 II.Binary TOP, testing the 1% highest IL-1 β and IL-6 cytokine producers versus the rest;
760 III.Binary LOW, testing the 1% lowest IL-1 β and IL-6 cytokine producers versus the rest.
761 Similarly, the identified variants were grouped over three different regions into sets based on
762 gene-encoded protein function **(E)**: I.Gene-level, with 48 gene-groups; II.Subpathway-level,
763 with 6 subpathway-groups; and III.Inflammatory-level, with 2 inflammatory-groups. Variants
764 within each set were appropriately weighed based on Minor Allele Frequency (MAF), and
765 common- and rare variants were classified based on cohort Allele Frequency (AF) threshold
766 of 0.05 **(F)**. Finally, variant analysis was performed by the Sequence Kernel Association Test
767 (SKAT): I.SKAToC, SKAT with only common variants; II.SKATjoint, SKAT with common and
768 rare variants; III.SKAToR, SKAT with only rare variants, and IV.SKATO; best combination of
769 the SKAT and Burden Test with only rare variants **(G)**.

770

771 **Figure 2. Circular heatmaps of SKAT_{adj}P-values.** The circular heatmaps consist of three
772 rings separated by black lanes, representing from inner to outer the SKAToC (SKAT with
773 only common (AF \geq 5%) variants), SKATjoint (SKAT with common and rare variants), and
774 SKAToR (SKAT with only rare variants) _{adj}P-values with log-transformed IL-1 β **(A)** and IL-6
775 **(B)** cytokine production respectively. Each ring consists of 8 lanes, that represent different
776 stimuli; 1) LPS 100ng/mL, 2) PHA 10 μ g/mL, 3) *C. albicans* 10⁶CFU/mL, 4) *S. aureus*
777 1x10⁶/mL, with sub lane a) showing the subpathway-level result and sub lane b) showing the
778 gene-level result. The genes annotated at the surface of the heatmap are underlined with a
779 red, green or grey color, representing their classification in the inflammatory-phenotype level
780 groups **(Figure 3)**.

781

782 **Figure 3. Inflammatory-phenotype level SKAT_{adj}P-values.** A heatmap representation of
783 association between inflammatory-phenotype groups and IL-1 β **(A)** and IL-6 **(B)** cytokine
784 production in response to four different stimuli; LPS 100ng/mL, PHA 10 μ g/mL, heat-killed *C.*
785 *albicans* 10⁶CFU/mL, and *S. aureus* 1x10⁶/mL. Variants in genes categorized as pro- or anti-
786 inflammatory were subjected to four different association tests; SKAToC (common (AF \geq

787 5%) variants only), SKATjoint (common and rare variants), SKAToR (rare variants only), and
788 SKATO (combination of SKAT and Burden Test with rare variants only). **(C)** shows a boxplot
789 of *S. aureus* stimulated residual IL-6 cytokine production (corrected for age and gender) over
790 rare variant categories (NO=individuals without rare variant; YES=individuals carrying a rare
791 variant) within genes of the anti-inflammatory phenotype group. Wilcoxon rank-sum test P-
792 value reveals a significant difference between the two categories.

793

794 **Figure 4. Extreme cytokine producers provide direction and identify distinct cytokine-**
795 **stimulus specific features.** A heatmap representation of all recurrent gene-level rare
796 variant SKAT P-values, where recurrence is defined per cytokine-stimulus combination as a
797 nominal significant P-value in either top- or low-producers in addition to a nominal significant
798 P-value in the corresponding continuous association. Association between rare variants and
799 IL-1 β **(A)** and IL-6 **(B)** cytokine production in response to LPS 100ng/mL **(i.)**, PHA 10 μ g/mL
800 **(ii.)**, *C. albicans* 10⁶CFU/mL, and *S. aureus* 1x10⁶/mL stimulation **(iv.)**. Annotation: _{LOW}BT =
801 SKATBinary with lowest 1% producers; CT = SKAT with log-transformed continuous
802 cytokine producers; _{TOP}BT = SKATBinary with highest 1% cytokine producers.

803

804 **Figure 5. Coding and non-coding common variant set associations with *C. albicans***
805 **induced cytokine production. (A)** shows that the residual IL-1 β (left-panel in blue) and IL-6
806 (right-panel in red) cytokine production for coding SNPs in *IL36A* and *IL38* decreases over
807 the genotype categories. For all plots the ancestral allele is the minor allele and thus the
808 genotype categories are ordered from left to right: homozygous alternative (IL-1 β in light-
809 blue and IL-6 in light-red), heterozygous (IL-1 β in mid-blue and IL-6 in mid-red), homozygous
810 ancestral (IL-1 β in light-blue and IL-6 in light-red). **(B)** confirms that next to coding common
811 variants, also non-coding common variants in *IL36A*, *IL38* and Pro-inflammatory phenotype
812 sets are associated with *C. albicans* induced residual IL-6 cytokine production, and *IL38* set
813 with *C. albicans* induced residual IL-1 β cytokine production. **(C)** shows the Beta-weighted,
814 directional, allelic score in correlation with *C. albicans* induced residual IL-1 β or IL-6 cytokine

815 production. The straight line represents the linear model equation using method 'lm' with
816 standard error of 0.95, and the R^2 (measure of correlation) is displayed in the plot.
817 Annotation: * = P-value < 0.05; ** = P-value < 0.01.

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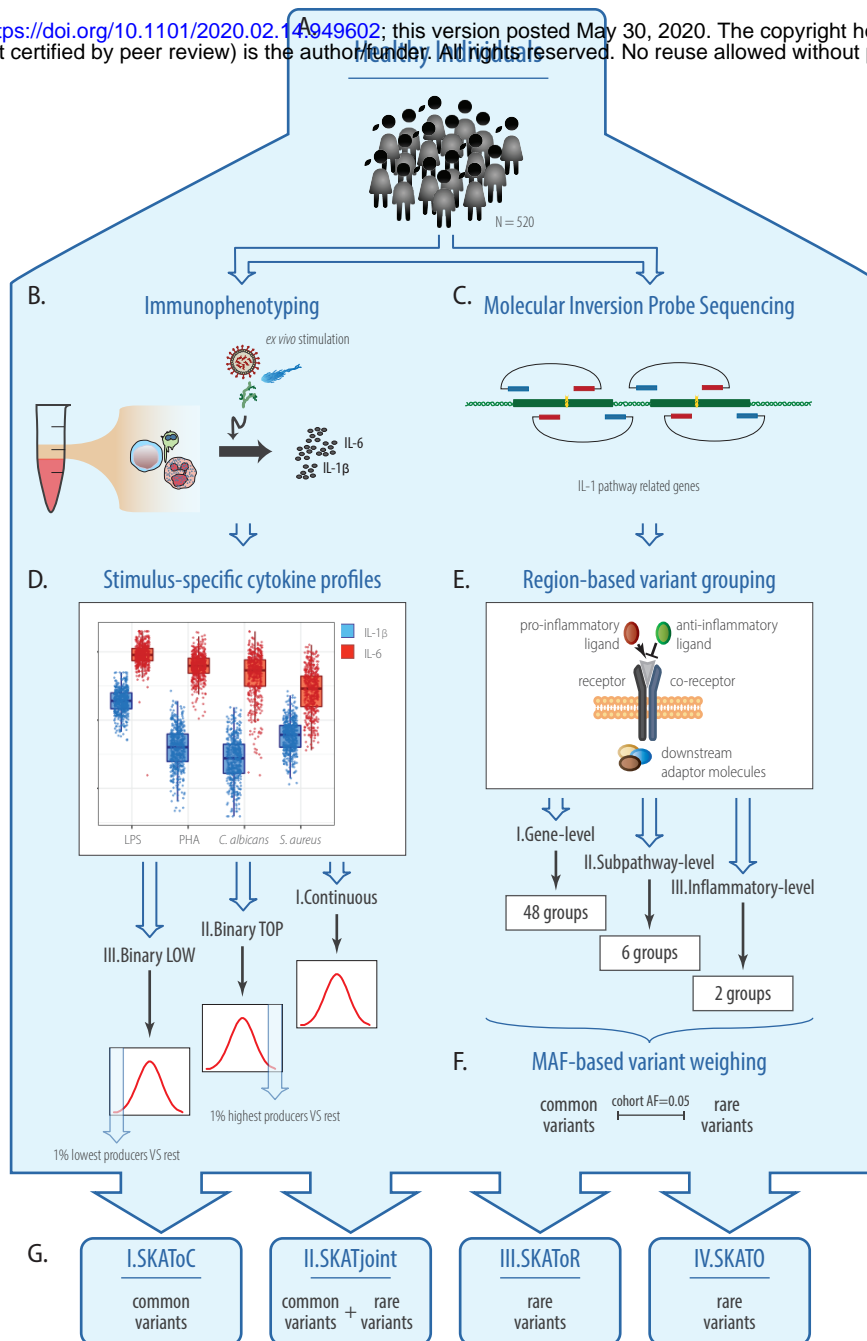
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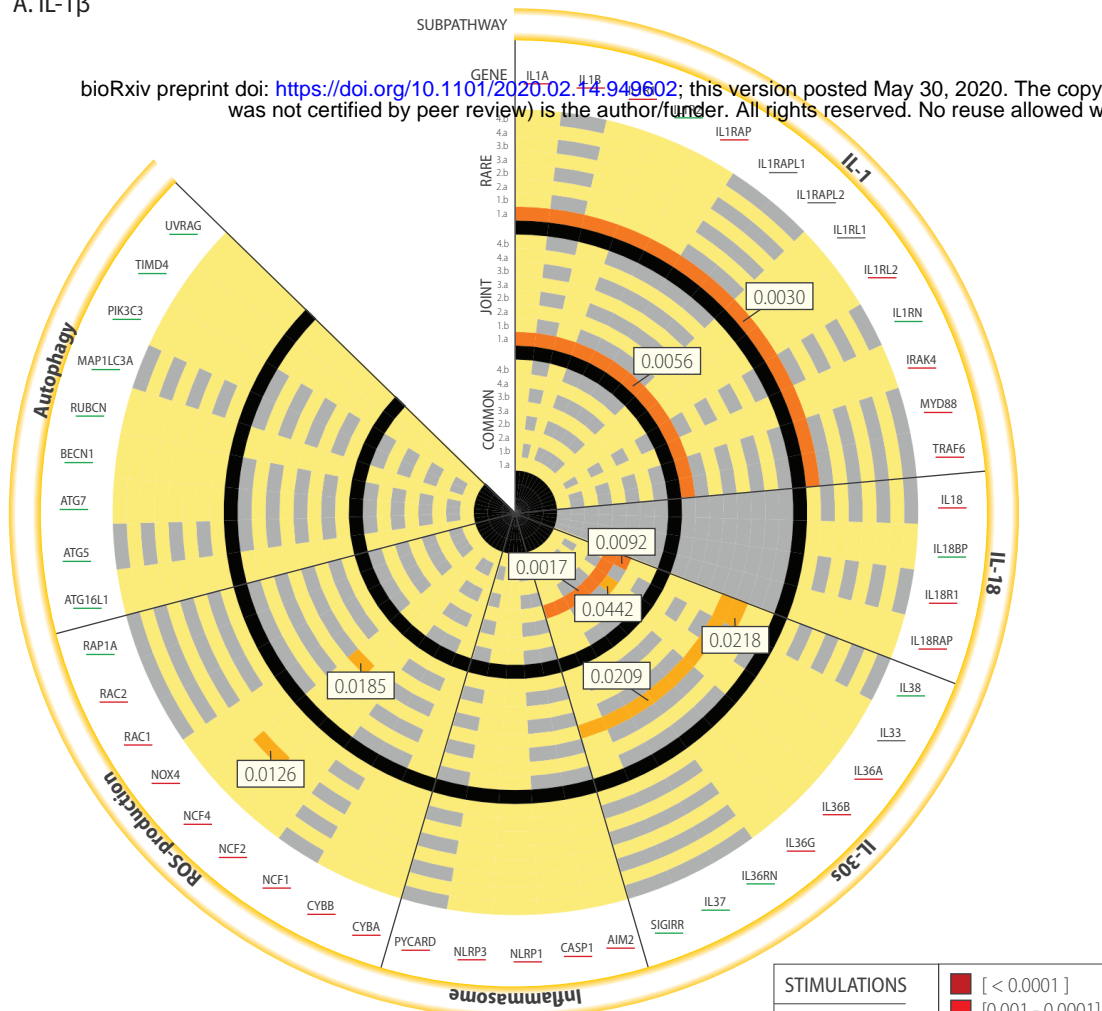
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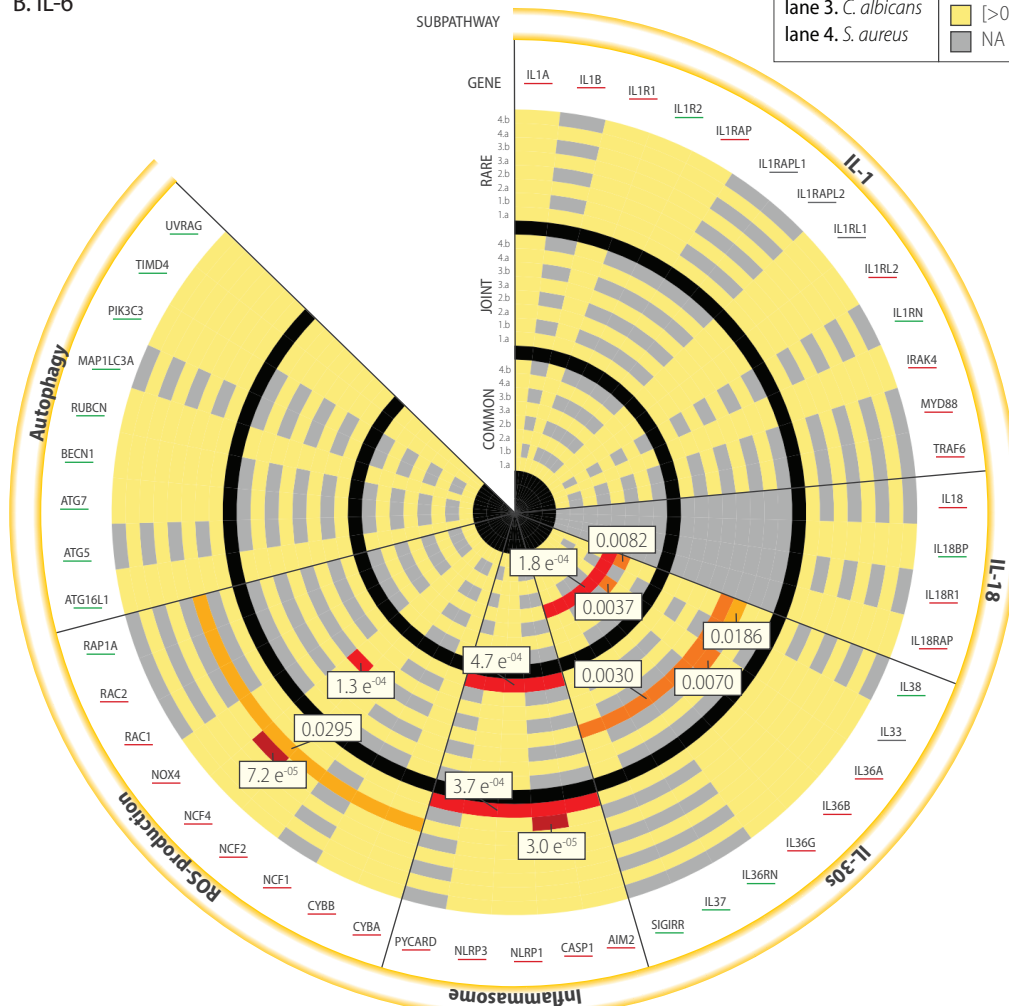


A. IL-1 β

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B. IL-6

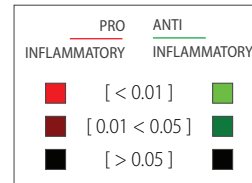
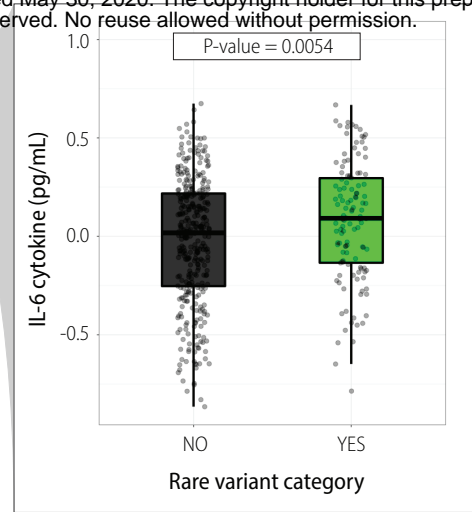
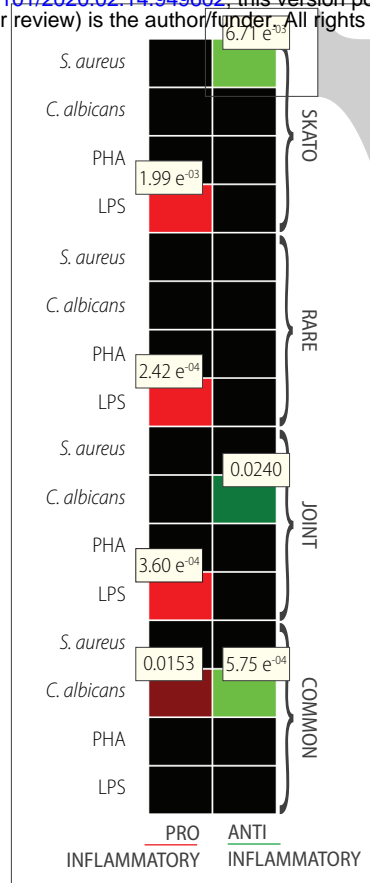
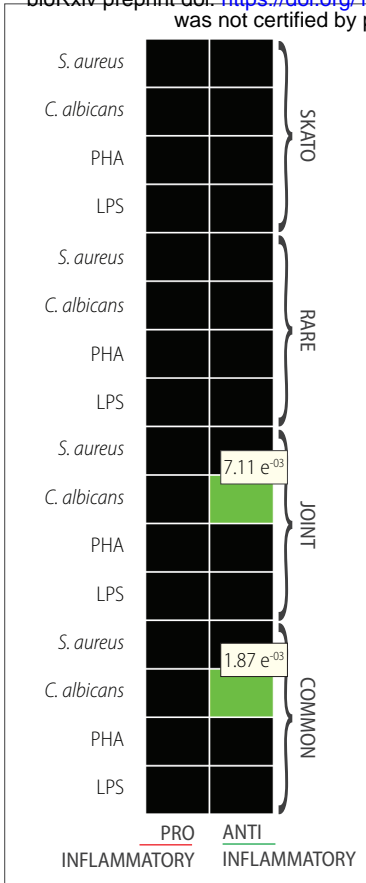


A. IL-1 β

B. IL-6

C. *S. aureus* stimulated IL-6

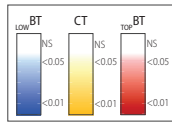
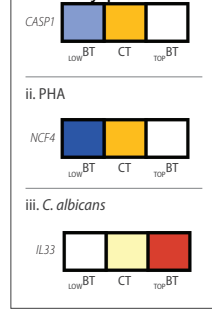
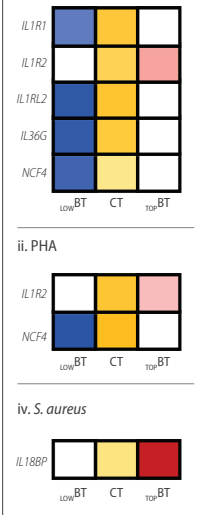
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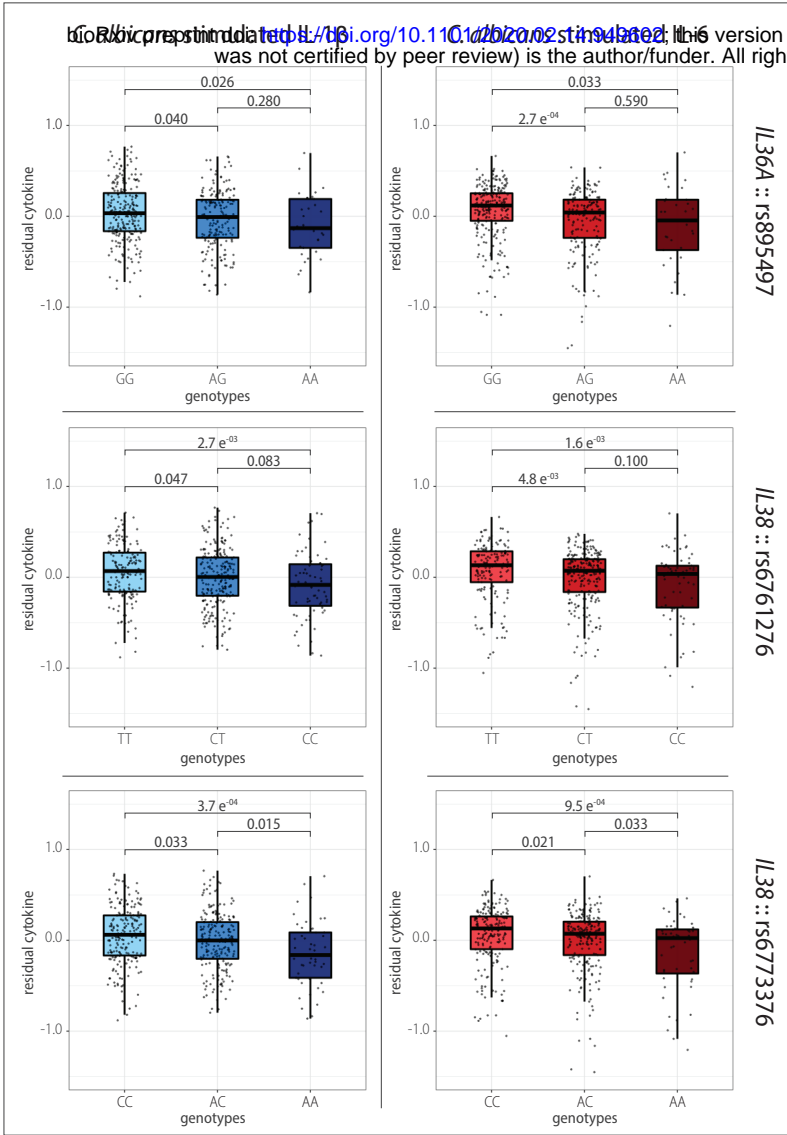
A. IL-1 β

B. IL-6

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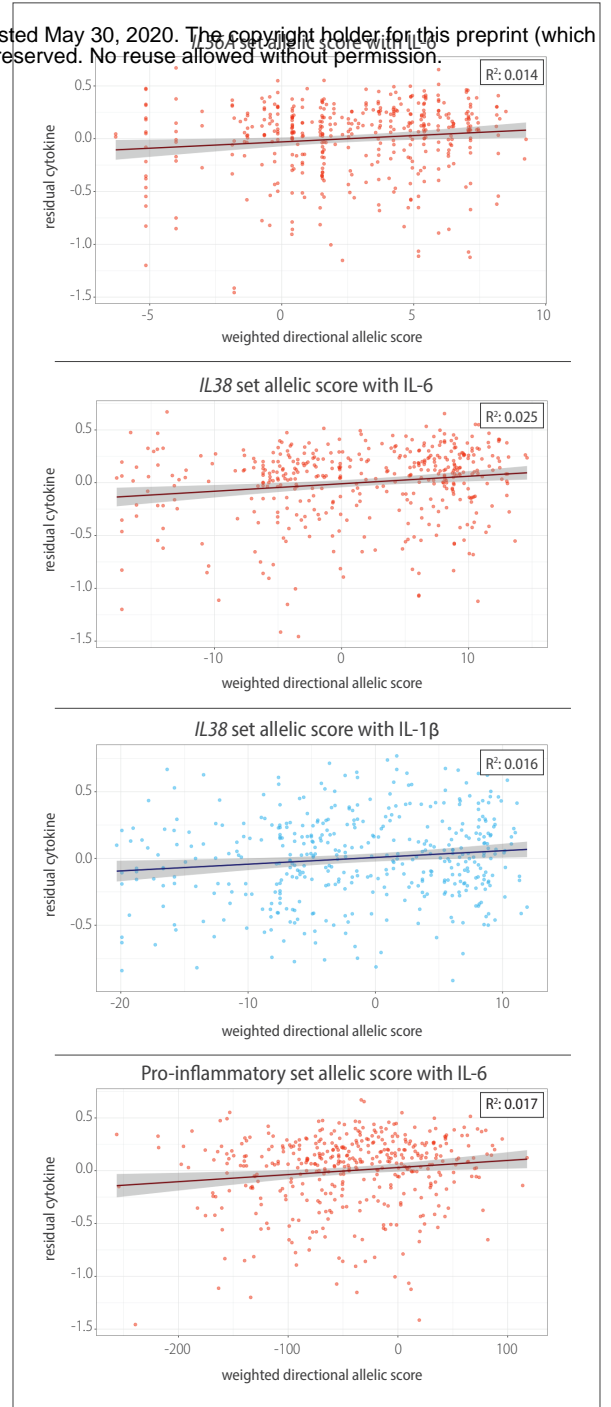
A. Coding *IL36A* and *IL38* common variant genotypes with IL-1 β and IL-6



B. Non-coding and coding common variant sets with IL-1 β and IL6

| | <i>IL36A</i> | <i>IL38</i> | IL-30s | Pro-inflammatory | Anti-inflammatory |
|------------------------|--------------|-------------|--------|------------------|-------------------|
| SNPs (n) | 17 | 41 | 283 | 1436 | 994 |
| IL-1 β (P-value) | 0.248 | 0.046* | 0.337 | na | 0.222 |
| IL-6 (P-value) | 0.049* | 0.007** | 0.427 | 0.019* | 0.280 |

C. Allelic score of significant (non-)coding common variant sets



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