

Supplementary Information

**Multi-ancestry genome-wide gene-sleep interactions identify novel loci for
blood pressure**

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Supplementary Notes

Stage 1 Study Descriptions

Brief descriptions are provided below for each of the discovery studies some of which are based outside the United States:

AGES (Age Gene/Environment Susceptibility Reykjavik Study): The AGES Reykjavik study originally comprised a random sample of 30,795 men and women born in 1907-1935 and living in Reykjavik in 1967. A total of 19,381 people attended, resulting in a 71% recruitment rate. The study sample was divided into six groups by birth year and birth date within month. One group was designated for longitudinal follow up and was examined in all stages; another was designated as a control group and was not included in examinations until 1991. Other groups were invited to participate in specific stages of the study. Between 2002 and 2006, the AGES Reykjavik study re-examined 5,764 survivors of the original cohort who had participated before in the Reykjavik Study. The midlife data blood pressure measurement was taken from stage 3 of the Reykjavik Study (1974-1979), if available. Half of the cohort attended during this period. Otherwise an observation was selected closest in time to the stage 3 visit. The supine blood pressure was measured twice by a nurse using a mercury sphygmomanometer after 5 minutes rest following World Health Organization recommendations.

ARIC (Atherosclerosis Risk in Communities): The ARIC study is a population-based prospective cohort study of cardiovascular disease sponsored by the National Heart, Lung, and Blood Institute (NHLBI). ARIC included 15,792 individuals, predominantly European American and African American, aged 45-64 years at baseline (1987-89), chosen by probability sampling from four US communities. Cohort members completed three additional triennial follow-up examinations, a fifth exam in 2011-2013, a sixth exam in 2016-2017, and a seventh exam in 2018-2019. The ARIC study has been described in detail previously (The ARIC Investigators. The Atherosclerosis Risk in Communities (ARIC) study: Design and objectives. *Am J Epidemiol.* 1989;129:687-702). Blood pressure was measured during the fifth exam using a standardized Hawksley random-zero mercury column sphygmomanometer with participants in a sitting position after a resting period of 5 minutes. The size of the cuff was chosen according to the arm circumference. Three sequential recordings for systolic and diastolic blood pressure were obtained; the mean of the last two measurements was used in this analysis, discarding the first reading. Blood pressure lowering medication use was recorded from the medication history. Sleep duration variables were also determined during the fifth exam.

Baependi Heart Study (Brazil): The Baependi Heart Study, is an ongoing family-based cohort conducted in a rural town of the state of Minas Gerais. The study has enrolled approximate 2,200 individuals (over 10% of the town's adult population) and 10-year follow up period of longitudinal data. Briefly, probands were selected at random across 11 out of the 12 census districts in Baependi. After enrolment, the proband's first-degree (parents, siblings, and offspring), second-degree (half-siblings, grandparents/grandchildren, uncles/aunts, nephews/nieces, and double cousins), and third-degree (first cousins, great uncles/aunts, and great nephews/nieces) relatives, and his/her respective spouse's relatives resident both within Baependi (municipal and rural area) and surrounding towns were invited to participate. Only individuals age 18 and older were eligible to participate in the study. The study is conducted from a clinic/office in an easily accessible sector of the town, where the questionnaires were completed. A broad range of phenotypes ranging from cardiovascular, neurocognitive, psychiatric, imaging, physiologic and several layers of endophenotypes like metabolomics and lipidomics have been collected throughout the years. Details about follow-up visits and available data can be found in the cohort profile paper (PMID: 18430212). DNA samples were genotyped using the Affymetrix 6.0 genechip. After quality control, the data were phased using SHAPEIT and imputed using IMPUTE2 based on 1000 Genomes haplotypes.

CARDIA (Coronary Artery Risk Development in Young Adults): CARDIA is a prospective multicenter study with 5,115 adults Caucasian and African American participants of the age group 18-30 years, recruited from four centers at the baseline examination in 1985-1986. The recruitment was done from the total community in Birmingham, AL, from selected census tracts in Chicago, IL and Minneapolis, MN; and from the Kaiser Permanente health plan membership in Oakland, CA. The details of the study design for the CARDIA study have been previously published¹. Nine examinations have been completed since initiation of the study, respectively in the years 0, 2, 5, 7, 10, 15, 20, 25 and 30. Written informed consent was obtained from participants at each examination and all study protocols were approved by the institutional review boards of the participating institutions. Systolic and diastolic blood pressure was measured in triplicate on the right arm using a random-zero sphygmomanometer with the participant seated and following a 5-min. rest. The average of the second and third measurements was taken as the blood pressure value. Blood pressure medication use was obtained by questionnaire.

1. Friedman GD, Cutter GR, Donahue RP, Hughes GH, Hully SB, Jacobs DR Jr., Liu K, Savage PJ. CARDIA: study design, recruitment, and some characteristics of the examined subjects. *J Clin Epidemiol.* 1988;41:1105–1116.

CHS (Cardiovascular Health Study): CHS (Cardiovascular Health Study): CHS is a population-based cohort study of risk factors for cardiovascular disease in adults 65 years of age or older conducted across four field centers¹. The original predominantly European ancestry cohort of 5,201 persons was recruited in 1989-1990 from random samples of the Medicare eligibility lists and an additional predominately African-American cohort of 687 persons was enrolled in 1992-93 for a total sample of 5,888. Research staff with central training in blood pressure measurement assessed repeated right-arm seated systolic and diastolic blood pressure levels at baseline with a Hawksley random-zero sphygmomanometer. Blood samples were drawn from all participants at their baseline examination and DNA was subsequently extracted from available samples. European ancestry participants were excluded from the GWAS study sample due to prevalent coronary heart disease, congestive heart failure, peripheral vascular disease, valvular heart disease, stroke, or transient ischemic attack at baseline. After QC, genotyping was successful for 3271 European ancestry and 823 African-American participants. CHS was approved by institutional review committees at each site and individuals in the present analysis gave informed consent including consent to use of genetic information for the study of cardiovascular disease.

1. Fried LP, Borhani NO, Enright P, Furberg CD, Gardin JM, Kronmal RA, et al. The Cardiovascular Health Study: design and rationale. *Ann Epidemiol* 1991; 1:263-76.

ERF (Erasmus Rucphen Family study): Erasmus Rucphen Family is a family based study that includes inhabitants of a genetically isolated community in the South-West of the Netherlands, studied as part of the Genetic Research in Isolated Population (GRIP) program. The goal of the study is to identify the risk factors in the development of complex disorders. Study population includes approximately 3,000 individuals who are living descendants of 22 couples who lived in the isolate between 1850 and 1900 and had at least six children baptized in the community church. All data were collected between 2002 and 2005. All participants gave informed consent, and the Medical Ethics Committee of the Erasmus University Medical Centre approved the study.

FHS (Framingham Heart Study): FHS began in 1948 with the recruitment of an original cohort of 5,209 men and women (mean age 44 years; 55 percent women). In 1971 a second generation of study participants was enrolled; this cohort (mean age 37 years; 52% women) consisted of 5,124 children and spouses of children of the original cohort. A third generation cohort of 4,095 children of offspring cohort participants (mean age 40 years; 53 percent women) was enrolled in 2002-2005 and are seen every 4 to 8 years. Details of study designs for the three cohorts are summarized elsewhere. At each clinic visit, a medical history was obtained with a focus on cardiovascular content, and participants underwent a physical examination including measurement of height and

weight from which BMI was calculated. Systolic and diastolic blood pressures were measured twice by a physician on the left arm of the resting and seated participant using a mercury column sphygmomanometer. Blood pressures were recorded to the nearest even number. The means of two separate systolic and diastolic blood pressure readings at each clinic examination were used for statistical analyses.

GenSalt (Genetic Epidemiology Network of Salt Sensitivity): GenSalt is a multi-center, family based study designed to identify, through dietary sodium and potassium intervention, salt-sensitivity susceptibility genes which may underlie essential hypertension in rural Han Chinese families. Approximately 629 families with at least one 'proband' with high blood pressure were recruited and tested for a wide variety of physiological, metabolic and biochemical measures at baseline and at multiple times during the 3-week intervention. The intervention consisted of one week on a low sodium diet, followed by one week on a high sodium diet, and finally one week on a high sodium diet with a potassium supplement.

HANDLS (Healthy Aging in Neighborhoods of Diversity across the Life Span): HANDLS is a community-based, longitudinal epidemiologic study examining the influences of race and socioeconomic status (SES) on the development of age-related health disparities among a sample of socioeconomically diverse African Americans and whites. This unique study will assess over a 20-year period physical parameters and also evaluate genetic, biologic, demographic, and psychosocial, parameters of African American and white participants in higher and lower SES to understand the driving factors behind persistent black-white health disparities in overall longevity, cardiovascular disease, and cognitive decline. The study recruited 3,722 participants from Baltimore, MD with a mean age of 47.7 years, 2,200 African Americans and 1,522 whites, with 41% reporting household incomes below the 125% poverty delimiter.

Genotyping was done on a subset of self-reporting African American participants by the Laboratory of Neurogenetics, National Institute on Aging, National Institutes of Health (NIH). A larger genotyping effort included a small subset of self-reporting European ancestry samples. This research was supported by the Intramural Research Program of the NIH, NIA and the National Center on Minority Health and Health Disparities.

Health ABC (Health, Aging, and Body Composition): Cohort description: The Health ABC study is a prospective cohort study investigating the associations between body composition, weight-related health conditions, and incident functional limitation in older adults. Health ABC enrolled well-functioning, community-dwelling black (n=1281) and white (n=1794) men and women aged 70-79 years between April 1997 and June 1998. Participants were recruited from a random sample of white and all black Medicare eligible residents in the Pittsburgh, PA, and Memphis, TN, metropolitan areas. Participants have undergone annual exams and semi-annual phone interviews. The current study sample consists of 1559 white participants who attended the second exam in 1998-1999 with available genotyping data.

Genotyping: Genotyping was performed by the Center for Inherited Disease Research (CIDR) using the Illumina Human1M-Duo BeadChip system. Samples were excluded from the dataset for the reasons of sample failure, genotypic sex mismatch, and first-degree relative of an included individual based on genotype data. Genotyping was successful in 1663 Caucasians. Analysis was restricted to SNPs with minor allele frequency $\geq 1\%$, call rate $\geq 97\%$ and HWE $p \geq 10^{-6}$. Genotypes were available on 914,263 high quality SNPs for imputation based on the HapMap CEU (release 22, build 36) using the MACH software (version 1.0.16). A total of 2,543,888 imputed SNPs were analyzed for association with vitamin D levels.

Association analysis: Linear regression models were used to generate cohort-specific residuals of naturally log transformed vitamin D levels adjusted for age, sex, BMI and season defined as summer (June-August), fall (September-November), winter (December to February) and spring (March to May) standardized to have mean 0 and variance of 1. Association between the additively coded SNP genotypes and the vitamin D residuals

standardized was assessed using linear regression models. For imputed SNPs, expected number of minor alleles (i.e. dosage) was used in assessing association with the vitamin D residuals.

HERITAGE (Health, Risk Factors, Exercise Training and Genetics): The HERITAGE is the only known family-based study of exercise intervention to evaluate the role of genes and sequence variants involved in the response to a physically active lifestyle. The current study is based on the data collected at baseline of the study from 99 White families (244 males, 255 females). All subjects were required to be sedentary and free of chronic diseases at baseline. There are over 18 trait domains (e.g. dietary, lipids and lipoproteins, glucose and insulin metabolism [fasting and IVGTT], steroids, body composition and body fat distribution, cardiorespiratory fitness), for a grand total of over one thousand variables. Moreover, most of the outcome traits were measured twice on two separate days both at baseline and after exercise training was completed. Marker data include a genome-wide linkage scan and GWAS, in addition to a large number of candidate genes.

JHS (Jackson Heart Study): The Jackson Heart Study is a longitudinal, community-based observational cohort study investigating the role of environmental and genetic factors in the development of cardiovascular disease in African Americans. Between 2000 and 2004, a total of 5,306 participants were recruited from a tri-county area (Hinds, Madison, and Rankin Counties) that encompasses Jackson, MS. Details of the design and recruitment for the Jackson Heart Study cohort has been previously published.¹⁻³ Briefly, approximately 30% of participants were former members of the Atherosclerosis Risk in Communities (ARIC) study. The remainder were recruited by either 1) random selection from the Accudata list, 2) commercial listing, 3) a constrained volunteer sample, in which recruitment was distributed among defined demographic cells in proportions designed to mirror those in the overall population, or through the Jackson Heart Study Family Study.

1. Wyatt SB, Diekelmann N, Henderson F, Andrew ME, Billingsley G, Felder SH et al. A community-driven model of research participation: the Jackson Heart Study Participant Recruitment and Retention Study. *Ethn Dis* 2003; 13(4):438-455.
2. Taylor HA, Jr., Wilson JG, Jones DW, et al. Toward resolution of cardiovascular health disparities in African Americans: design and methods of the Jackson Heart Study. *Ethn Dis* 2005; 15:S6-17.
3. Fuqua SR, Wyatt SB, Andrew ME, et al. Recruiting African-American research participation in the Jackson Heart Study: methods, response rates, and sample description. *Ethn Dis* 2005; 15:S6-29.

MESA (Multi-Ethnic Study of Atherosclerosis): The MESA is a study of the characteristics of subclinical cardiovascular disease and the risk factors that predict progression to clinically overt cardiovascular disease or progression of the subclinical disease. MESA consisted of a diverse, population-based sample of an initial 6,814 asymptomatic men and women aged 45-84. 38 percent of the recruited participants were white, 28 percent African American, 22 percent Hispanic, and 12 percent Asian, predominantly of Chinese descent. Participants were recruited from six field centers across the United States: Wake Forest University, Columbia University, Johns Hopkins University, University of Minnesota, Northwestern University and University of California - Los Angeles. Participants are being followed for identification and characterization of cardiovascular disease events, including acute myocardial infarction and other forms of coronary heart disease (CHD), stroke, and congestive heart failure; for cardiovascular disease interventions; and for mortality. The first examination took place over two years, from July 2000 - July 2002. It was followed by five examination periods that were 17-20 months in length. Participants have been contacted every 9 to 12 months throughout the study to assess clinical morbidity and mortality.

1. Bild DE, Bluemke DA, Burke GL, Detrano R, Diez Roux AV, Folsom AR, Greenland P, Jacob DR Jr, Kronmal R, Liu K, Nelson JC, O'Leary D, Saad MF, Shea S, Szklo M, Tracy RP. Multi-ethnic study of atherosclerosis: objectives and design. *Am J Epidemiol.* 2002 Nov 1;156(9):871-81. PubMed PMID: 12397006.

NEO (The Netherlands Epidemiology of Obesity study): The NEO was designed for extensive phenotyping to investigate pathways that lead to obesity-related diseases. The NEO study is a population-based, prospective cohort study that includes 6,671 individuals aged 45–65 years, with an oversampling of individuals with overweight or obesity. At baseline, information on demography, lifestyle, and medical history have been collected by questionnaires. In addition, samples of 24-h urine, fasting and postprandial blood plasma and serum, and DNA were collected. Genotyping was performed using the Illumina HumanCoreExome chip, which was subsequently imputed to the 1000 genome reference panel. Participants underwent an extensive physical examination, including anthropometry, electrocardiography, spirometry, and measurement of the carotid artery intima-media thickness by ultrasonography. In random subsamples of participants, magnetic resonance imaging of abdominal fat, pulse wave velocity of the aorta, heart, and brain, magnetic resonance spectroscopy of the liver, indirect calorimetry, dual energy X-ray absorptiometry, or accelerometry measurements were performed. The collection of data started in September 2008 and completed at the end of September 2012. Participants are currently being followed for the incidence of obesity-related diseases and mortality.

RS (Rotterdam Study): The Rotterdam Study is a prospective, population-based cohort study among individuals living in the well-defined Ommoord district in the city of Rotterdam in The Netherlands. The aim of the study is to determine the occurrence of cardiovascular, neurological, ophthalmic, endocrine, hepatic, respiratory, and psychiatric diseases in elderly people. The cohort was initially defined in 1990 among approximately 7,900 persons, aged 55 years and older, who underwent a home interview and extensive physical examination at the baseline and during follow-up rounds every 3-4 years (RS-I). Cohort was extended in 2000/2001 (RS-II, 3,011 individuals aged 55 years and older) and 2006/2008 (RS-III, 3,932 subjects, aged 45 and older). Written informed consent was obtained from all participants and the Medical Ethics Committee of the Erasmus Medical Center, Rotterdam, approved the study.

WHI (Women's Health Initiative): WHI is a long-term national health study that focuses on strategies for preventing common diseases such as heart disease, cancer and fracture in postmenopausal women. A total of 161,838 women aged 50–79 years old were recruited from 40 clinical centers in the US between 1993 and 1998. WHI consists of an observational study, two clinical trials of postmenopausal hormone therapy (HT, estrogen alone or estrogen plus progestin), a calcium and vitamin D supplement trial, and a dietary modification trial¹. Study recruitment and exclusion criteria have been described previously¹. Recruitment was done through mass mailing to age-eligible women obtained from voter registration, driver's license and Health Care Financing Administration or other insurance list, with emphasis on recruitment of minorities and older women². Exclusions included participation in other randomized trials, predicted survival < 3 years, alcoholism, drug dependency, mental illness and dementia. For the CT, women were ineligible if they had a systolic BP > 200 mm Hg or diastolic BP > 105 mm Hg, a history of hypertriglyceridemia or breast cancer. Study protocols and consent forms were approved by the IRB at all participating institutions. Socio-demographic characteristics, lifestyle, medical history and self-reported medications were collected using standardized questionnaires at the screening visit. Physical measures of height, weight and blood pressure were measured at a baseline clinical visit². BP was measured by certified staff using standardized procedures and instruments³. Two BP measures were recorded after 5 minutes rest using a mercury sphygmomanometer. Appropriate cuff bladder size was determined at each visit based on arm circumference. Diastolic BP was taken from the phase V Korotkoff measures. The average of the two measurements, obtained 30 seconds apart, was used in analyses. The genome wide association study (GWAS) non-overlapping samples are composed of a case-control study (WHI Genomics and Randomized Trials Network – GARNET, which included all coronary heart disease, stroke, venous thromboembolic events and selected diabetes cases that happened during the active intervention phase in the WHI HT clinical trials and aged matched controls), women selected to be "representative" of the HT trial (mostly younger white HT subjects that were also enrolled in the WHI memory study - WHIMS) and the WHI SNP Health Association Resource (WHI SHARe), a randomly selected sample of 8,515 African American and 3,642 Hispanic women from WHI. GWAS was

performed using Affymetrix 6.0 (WHI-SHARe), HumanOmniExpressExome-8v1_B (WHIMS), Illumina HumanOmni1-Quad v1-0 B (GARNET). Extensive quality control (QC) of the GWAS data included alignment (“flipping”) to the same reference panel, imputation to the 1000G data (using the recent reference panel - v3.20101123), identification of genetically related individuals, and computations of principal components (PCs) using methods developed by Price et al. (using EIGENSOFT software 53), and finally the comparison with self-reported ethnicity. After QC and exclusions from analysis protocol, the number of women included in analysis is 4,423 whites for GARNET, 5,202 white for WHIMS, 7,919 for SHARe African American and 3,377 for SHARe Hispanics.

1. Hays J, Hunt JR, Hubbell FA, Anderson GL, Limacher M, Allen C, Rossouw JE. The women's health initiative recruitment methods and results. *Ann Epidemiol.* 2003;13:S18-77
2. Design of the women's health initiative clinical trial and observational study. The women's health initiative study group. *Control Clin Trials.* 1998;19:61-109
3. Hsia J, Margolis KL, Eaton CB, Wenger NK, Allison M, Wu L, LaCroix AZ, Black HR. Prehypertension and cardiovascular disease risk in the women's health initiative. *Circulation.* 2007;115:855-860

Stage 2 Study Descriptions

Brief descriptions are provided below for each of the replication studies/cohorts:

CFS (Cleveland Family Study): The CFS is a family-based, longitudinal study designed to characterize the genetic and non-genetic risk factors for sleep apnea. In total, 2534 individuals (46% African American) from 352 families were studied on up to 4 occasions over a period of 16 years (1990-2006). The initial aim of the study was to quantify the familial aggregation of sleep apnea. 632 African Americans were genotyped on the Affymetrix array 6.0 platform through the CARE Consortium with suitable genotyping quality control. A further 122 African-Americans had genotyping based on the Illumina OmniExpress + Exome platform. Genomes were imputed separately for each chip based on a 1000 Genomes Project Phase 3 Version 5 cosmopolitan template using SHAPEIT and IMPUTE2. Participants had three supine BP measurements each performed after lying quietly for 10 minutes, before bed (10:00 P.M.) and upon awakening (7:00 A.M.), and another three sitting at 11 am, following standardized guidelines using a calibrated sphygmomanometer. Cuff size was determined by the circumference of the upper arm and the appropriate bladder size from a standard chart. BP phenotypes were determined from the average of the nine measurements.

DR's EXTRA (Dose-Responses to Exercise Training): The Dose-Responses to Exercise Training (DR's EXTRA) Study is a 4-year RCT on the effects of regular physical exercise and healthy diet on endothelial function, atherosclerosis and cognition in a randomly selected population sample (n=3000) of Eastern Finnish men and women, identified from the national population register, aged 55-74 years. Of the eligible sample, 1410 individuals were randomized into one of the 6 groups: aerobic exercise, resistance exercise, diet, combined aerobic exercise and diet, combined resistance exercise and diet, or reference group following baseline assessments. During the four year intervention the drop-out rate was 15%.

EGCUT (Estonian Genome Center - University of Tartu (Estonian Biobank)): The Estonian Biobank is the population-based biobank of the Estonian Genome Center at the University of Tartu (www.biobank.ee; EGCUT). The entire project is conducted according to the Estonian Gene Research Act and all of the participants have signed the broad informed consent. The cohort size is up to 51535 individuals from 18 years of age and up, which closely reflects the age, sex and geographical distribution of the Estonian population. All of the subjects are recruited randomly by general practitioners and physicians in hospitals. A Computer Assisted Personal interview is filled within 1-2 hours at a doctor's office, which includes personal, genealogical, educational, occupational history and lifestyle data. Anthropometric measurements, blood pressure and resting heart rate are measured and venous blood taken during the visit. Medical history and current health status is recorded according to ICD-10 codes.

HCHS/SOL (Hispanic Community Health Study/ Study of Latinos): The HCHS/SOL is a community-based cohort study of 16,415 self-identified Hispanic/Latino persons aged 18–74 years and selected from households in predefined census-block groups across four US field centers (in Chicago, Miami, the Bronx, and San Diego). The census-block groups were chosen to provide diversity among cohort participants with regard to socioeconomic status and national origin or background. The HCHS/SOL cohort includes participants who self-identified as having a Hispanic/Latino background; the largest groups are Central American (n = 1,730), Cuban (n = 2,348), Dominican (n = 1,460), Mexican (n = 6,471), Puerto Rican (n = 2,728), and South American (n = 1,068). The HCHS/SOL baseline clinical examination occurred between 2008 and 2011 and included comprehensive biological, behavioral, and sociodemographic assessments. Consenting HCHS/SOL subjects were genotyped at Illumina on the HCHS/SOL custom 15041502 B3 array. The custom array comprised the Illumina Omni 2.5M array (HumanOmni2.5-8v.1-1) ancestry-informative markers, known GWAS hits and drug absorption, distribution, metabolism, and excretion (ADME) markers, and additional custom content including ~150,000

SNPs selected from the CLM (Colombian in Medellin, Colombia), MXL (Mexican Ancestry in Los Angeles, California), and PUR (Puerto Rican in Puerto Rico) samples in the 1000Genomes phase 1 data to capture a greater amount of Amerindian genetic variation. QA/QC procedures yielded a total of 12,803 unique study participants for imputation and downstream association analyses.

IRAS Family Study (Insulin Resistance Atherosclerosis Study): The IRASFS was a family study designed to examine the genetic and epidemiologic basis of glucose homeostasis traits and abdominal adiposity. Briefly, self-reported Mexican American pedigrees were recruited in San Antonio, TX and San Luis Valley, CO. Proband with large families were recruited from the initial non-family-based IRAS, which was modestly enriched for impaired glucose tolerance and T2D. Inclusion of IRASFS data is limited to 1040 normoglycemic individuals in 88 pedigrees with genotype data from the Illumina OmniExpress and Omni 1S arrays and imputation to the 1000 Genome Integrated Reference Panel (phase I).

KORA (Cooperative Health Research in the Augsburg Region): The KORA study is a series of independent population-based epidemiological surveys of participants living in the region of Augsburg, Southern Germany. All survey participants are residents of German nationality identified through the registration office and were examined in 1994/95 (KORA S3) and 1999/2001 (KORA S4). In the KORA S3 and S4 studies 4,856 and 4,261 subjects have been examined implying response rates of 75% and 67%, respectively. 3,006 subjects participated in a 10-year follow-up examination of S3 in 2004/05 (KORA F3), and 3080 of S4 in 2006/2008 (KORA F4). The age range of the participants was 25 to 74 years at recruitment. Informed consent has been given by all participants. The study has been approved by the local ethics committee. Individuals for genotyping in KORA F3 and KORA F4 were randomly selected and these genotypes are taken for the analysis of the phenotypes in KORA S3 and KORA S4.

LBC1936 (Lothian Birth Cohort 1936): LBC1936 consists of 1091 (548 male) relatively healthy individuals who underwent cognitive and medical testing at a mean age of 69.6 years (SD = 0.8). They were born in 1936, most took part in the Scottish Mental Survey of 1947, and almost all lived independently in the Lothian region of Scotland^{1,2}.

1. Deary IJ, Gow AJ, Pattie A, Starr JM. Cohort profile: the Lothian Birth Cohorts of 1921 and 1936. *Int J Epidemiol* 2012;41:1576-1584.
2. Taylor AM, Pattie A, Deary, IJ Cohort Profile Update: The Lothian Birth Cohorts of 1921 and 1936. *Int. J. Epidemiol.* 2018 47, 1042-1042.

Lifelines (Netherlands Biobank): Lifelines (<https://lifelines.nl/>) is a multi-disciplinary prospective population-based cohort study using a unique three-generation design to examine the health and health-related behaviors of 165,000 persons living in the North East region of The Netherlands. It employs a broad range of investigative procedures in assessing the biomedical, socio-demographic, behavioral, physical and psychological factors which contribute to the health and disease of the general population, with a special focus on multimorbidity. In addition, the Lifelines project comprises a number of cross-sectional sub-studies which investigate specific age-related conditions. These include investigations into metabolic and hormonal diseases, including obesity, cardiovascular and renal diseases, pulmonary diseases and allergy, cognitive function and depression, and musculoskeletal conditions. All survey participants are between 18 and 90 years old at the time of enrollment. Recruitment has been going on since the end of 2006, and over 130,000 participants had been included by April 2013. At the baseline examination, the participants in the study were asked to fill in a questionnaire (on paper or online) before the first visit. During the first and second visit, the first or second part of the questionnaire, respectively, are checked for completeness, a number of investigations are conducted, and blood and urine samples are taken. Lifelines is a facility that is open for all researchers. Information on application and data access procedure is summarized on www.lifelines.nl.

1. Scholtens S, Smidt N, Swertz MA, Bakker SJ, Dotinga A, Vonk JM, et al. Cohort Profile: LifeLines, a three-generation cohort study and biobank. *Int J Epidemiol.* 2014 Dec 14.

NESDA (Netherlands Study of Depression and Anxiety): NESDA is a multi-center study designed to examine the long-term course and consequences of depressive and anxiety disorders (<http://www.nesda.nl>)¹. NESDA included both individuals with depressive and/or anxiety disorders and controls without psychiatric conditions. Inclusion criteria were age 18-65 years and self-reported western European ancestry while exclusion criteria were not being fluent in Dutch and having a primary diagnosis of another psychiatric condition (psychotic disorder, obsessive compulsive disorder, bipolar disorder, or severe substance use disorder).

1. Reference: Penninx, B.W. et al. The Netherlands Study of Depression and Anxiety (NESDA): rationale, objectives and methods. *Int J Methods Psychiatr Res* 17, 121-40 (2008).

SHIP (Study of Health in Pomerania): The Study of Health In Pomerania (SHIP) is a prospective longitudinal population-based cohort study in Mecklenburg-West Pomerania assessing the prevalence and incidence of common diseases and their risk factors (PMID: 20167617). SHIP encompasses the two independent cohorts SHIP and SHIP-TREND. Participants aged 20 to 79 with German citizenship and principal residency in the study area were recruited from a random sample of residents living in the three local cities, 12 towns as well as 17 randomly selected smaller towns. Individuals were randomly selected stratified by age and sex in proportion to population size of the city, town or small towns, respectively. A total of 4,308 participants were recruited between 1997 and 2001 in the SHIP cohort. Between 2008 and 2012 a total of 4,420 participants were recruited in the SHIP-TREND cohort. Individuals were invited to the SHIP study centre for a computer-assisted personal interviews and extensive physical examinations. The study protocol was approved by the medical ethics committee of the University of Greifswald. Oral and written informed consents was obtained from each of the study participants. Genome-wide SNP-typing was performed using the Affymetrix Genome-Wide Human SNP Array 6.0 or the Illumina Human Omni 2.5 array (SHIP-TREND samples). Array processing was carried out in accordance with the manufacturer's standard recommendations. Genotypes were determined using GenomeStudio Genotyping Module v1.0 (GenCall) for SHIP-TREND and the Birdseed2 clustering algorithm for SHIP. Imputation of genotypes in SHIP and SHIP-TREND was performed with the software IMPUTE v2.2.2 based on 1000 Genomes release March 2012.

SWHS/SMHS (Shanghai Women's Health Study/ Shanghai Men's Health Study): The Shanghai Women's Health Study (SWHS) is an ongoing population-based cohort study of approximately 75,000 women who were aged 40-70 years at study enrollment and resided in in urban Shanghai, China; 56,832 (75.8%) provided a blood samples. Recruitment for the SWHS was initiated in 1997 and completed in 2000. The self-administered questionnaire includes information on demographic characteristics, disease and surgery histories, personal habits (such as cigarette smoking, alcohol consumption, tea drinking, and ginseng use), menstrual history, residential history, occupational history, and family history of cancer.

The blood pressure were measured by trained interviewers (retired nurses) with a conventional mercury sphygmomanometer according to a standard protocol, after the participants sat quietly for 5 min at the study recruitment. Included in the current project were 2970 women who had GWAS data and blood pressure measurements at the baseline interview.

The Shanghai Men's Health Study (SMHS) is an ongoing population-based cohort study of 61,480 Chinese men who were aged between 40 and 74 years, were free of cancer at enrollment, and lived in urban Shanghai, China; 45,766 (74.4%) provided a blood samples. Recruitment for the SMHS was initiated in 2002 and completed in 2006. The self-administered questionnaire includes information on demographic characteristics, disease and surgery histories, personal habits (such as cigarette smoking, alcohol consumption, tea drinking, and ginseng use), residential history, occupational history, and family history of cancer. The blood pressure were measured by trained interviewers (retired nurses) with a conventional mercury sphygmomanometer according to a standard protocol, after the participants sat quietly for 5 min at the study recruitment. Included in the current project were

892 men who had GWAS data and blood pressure measurements at the baseline interview or 298 men who had GWAS data and lipids data.

Genotyping and imputation: Genomic DNA was extracted from buffy coats by using a Qiagen DNA purification kit (Valencia, CA) or Puregene DNA purification kit (Minneapolis, MN) according to the manufacturers' instructions and then used for genotyping assays. The GWAS genotyping was performed using the Affymetrix Genome-Wide Human SNP Array 6.0 (Affy6.0) platform or Illumina 660, following manufacturers' protocols. After sample quality control, we exclude SNPs with 1) MAF <0.01; 2) call rate <95%; 2) bad genotyping cluster; and 3) concordance rate <95% among duplicated QC samples. Genotypes were imputed using the program MACH (<http://www.sph.umich.edu/csg/abecasis/MACH/download/>), which determines the probable distribution of missing genotypes conditional on a set of known haplotypes, while simultaneously estimating the fine-scale recombination map. Phased autosome SNP data from HapMap Phase II Asians (release 22) were used as the reference. To test for associations between the imputed SNP data with BMI, linear regression (additive model) was used, in which SNPs were represented by the expected allele count, an approach that takes into account the degree of uncertainty of genotype imputation (<http://www.sph.umich.edu/csg/abecasis/MACH/download/>).

The lipid profiles were measured at Vanderbilt Lipid Laboratory. Total cholesterol, high-density lipoprotein (HDL) cholesterol, and triglycerides (TG) were measured using an ACE Clinical Chemistry System (Alfa Wassermann, Inc, West Caldwell, NJ). Low-density lipoprotein (LDL) cholesterol levels were calculated by using the Friedwald equation. The levels of LDL cholesterol were directly measured using an ACE Clinical Chemistry System for subjects with TG levels ≥ 400 mg/dL. Fasting status was defined as an interval between the last meal and blood draw of 8 hours or longer.

UKB (United Kingdom Biobank, www.ukbiobank.ac.uk): UK Biobank is a major national health resource with the aim of improving the prevention, diagnosis and treatment of a wide range of serious and life-threatening illnesses. UK Biobank includes data from 502,682 individuals (94% of self-reported European ancestry), with extensive health and lifestyle questionnaire data, physical measures and genetic data. This study includes 6,981 individuals of African ancestries had genetic and phenotypic (blood pressure and sleep) data. Central genotyping quality control (QC) had been performed by UK Biobank [The UK Biobank. UK Biobank Genotyping QC documentation. (2015)]. Further QC was also performed locally.

WASHS (Western Australian Sleep Health Study): The Western Australian Sleep Disorders Research Institute (WASDRI) public sleep clinic provided the sampling frame for the WASHS. Between 2005 and 2010, all consenting new patients having diagnostic overnight polysomnography (PSG) at the WASDRI were serially recruited. PSG data were automatically captured and analysed according to internationally accepted standards. In addition to routine clinical data, all participants completed a detailed questionnaire (sleep behaviour; medical, family, and exposure history), performed spirometry, and provided a blood sample for biochemistry (fasting glucose and insulin, fasting lipids, thyroid function tests, C reactive protein, and fibrinogen levels) and DNA/serum/plasma storage. Weight, height, body mass index, neck circumference, a variety of craniofacial indices, and blood pressure were measured. Complete clinical and epidemiological data were collected on a natural cohort of 4,100 subjects with diagnosed OSA; the participation rate in the study was >98%.

YFS (The Cardiovascular Risk in Young Finns Study): The YFS is a population-based follow up-study started in 1980. The main aim of the YFS is to determine the contribution made by childhood lifestyle, biological and psychological measures to the risk of cardiovascular diseases in adulthood. In 1980, over 3,500 children and adolescents all around Finland participated in the baseline study. The follow-up studies have been conducted mainly with 3-year intervals. The latest 30-year follow-up study was conducted in 2010-11 (ages 33-49 years) with 2,063 participants. The study was approved by the local ethics committees (University Hospitals of Helsinki, Turku, Tampere, Kuopio and Oulu) and was conducted following the guidelines of the Declaration of Helsinki. All participants gave their written informed consent.

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<http://www.whi.org/researchers/Documents%20%20Write%20a%20Paper/WHI%20Investigator%20Short%20List.pdf>

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Lifeline group authors: Behrooz Z Alizadeh¹, H Marika Boezen¹, Lude Franke², Pim van der Harst³, Gerjan Navis⁴, Marianne Rots⁵, Harold Snieder¹, Morris Swertz², Bruce HR Wolffenbuttel⁶, Cisca Wijmenga²

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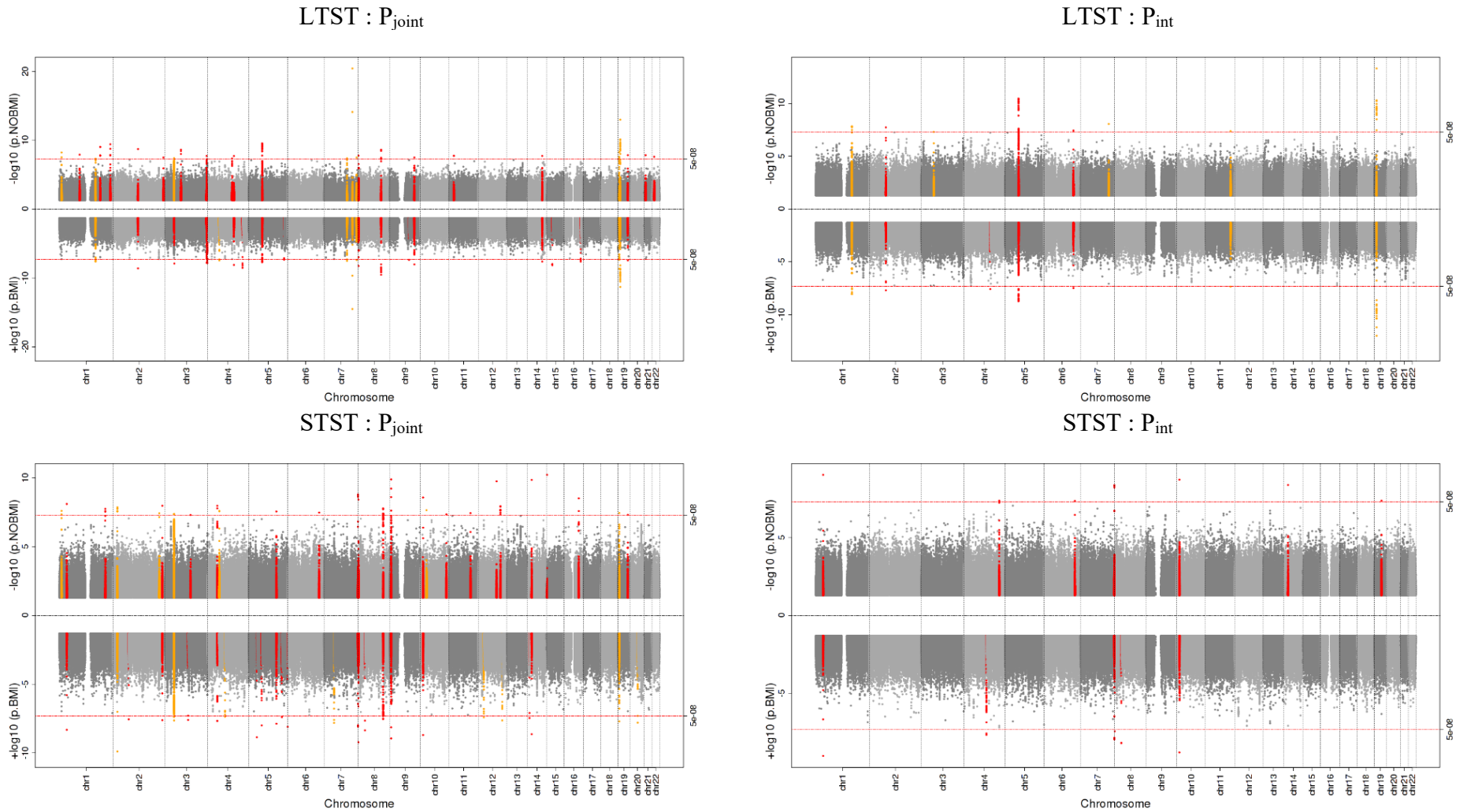
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Supplementary Figures

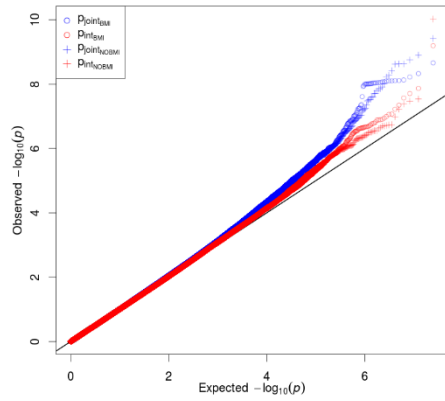
Supplementary Fig. 1. Miami plots of genome-wide gene-sleep interaction analyses in stage 1 MULTI ancestry group.

Upper panel are results without adjusting for BMI, lower panel are results adjusted for BMI. The minimum p-values across four BP traits were used to generate each plot. The orange points correspond to significant loci ($P < 5 \times 10^{-8}$) overlapped with previously reported BP loci (distance $< 1\text{Mb}$), and the red points correspond to novel significant loci.

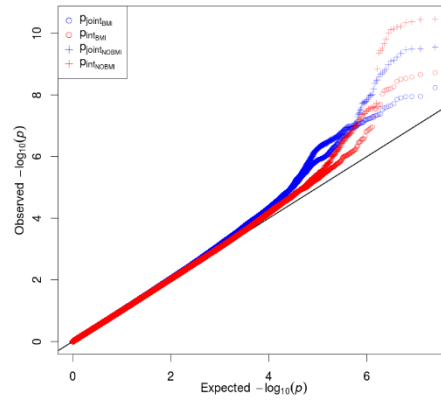


Supplementary Fig. 2. QQ plots of genome-wide gene-sleep interaction analyses in stage 1 MULTI ancestry group.

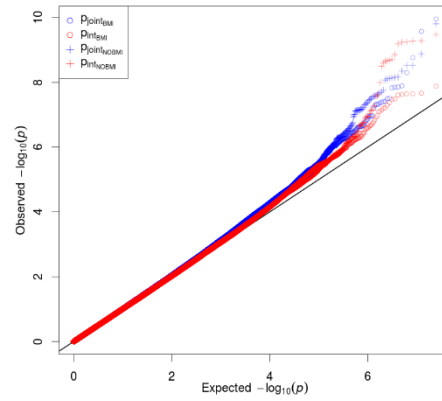
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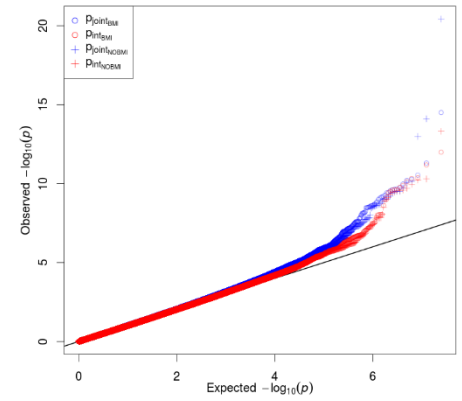
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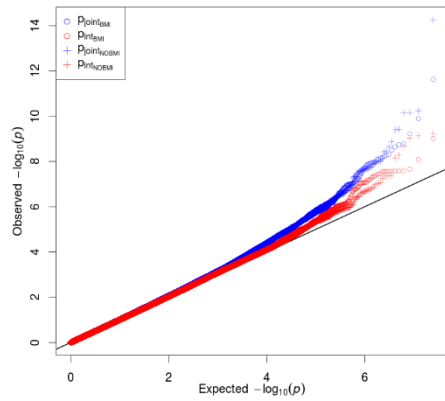
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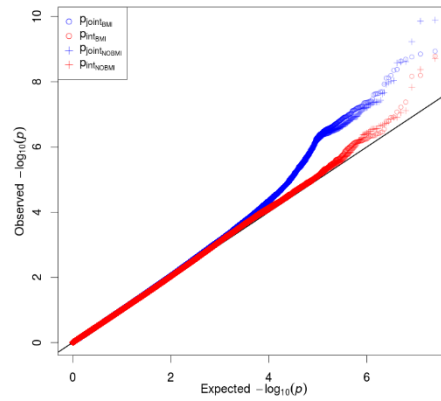
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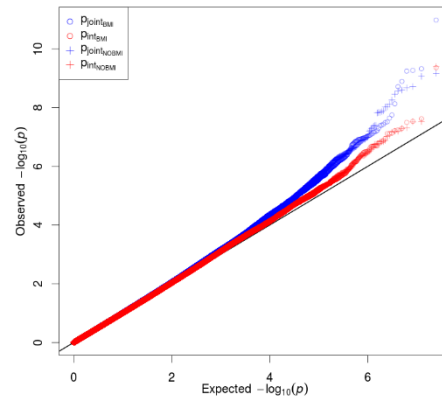
STST-SBP



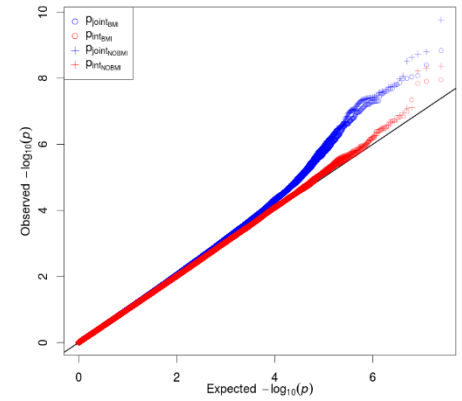
STST-DBP



STST-MAP

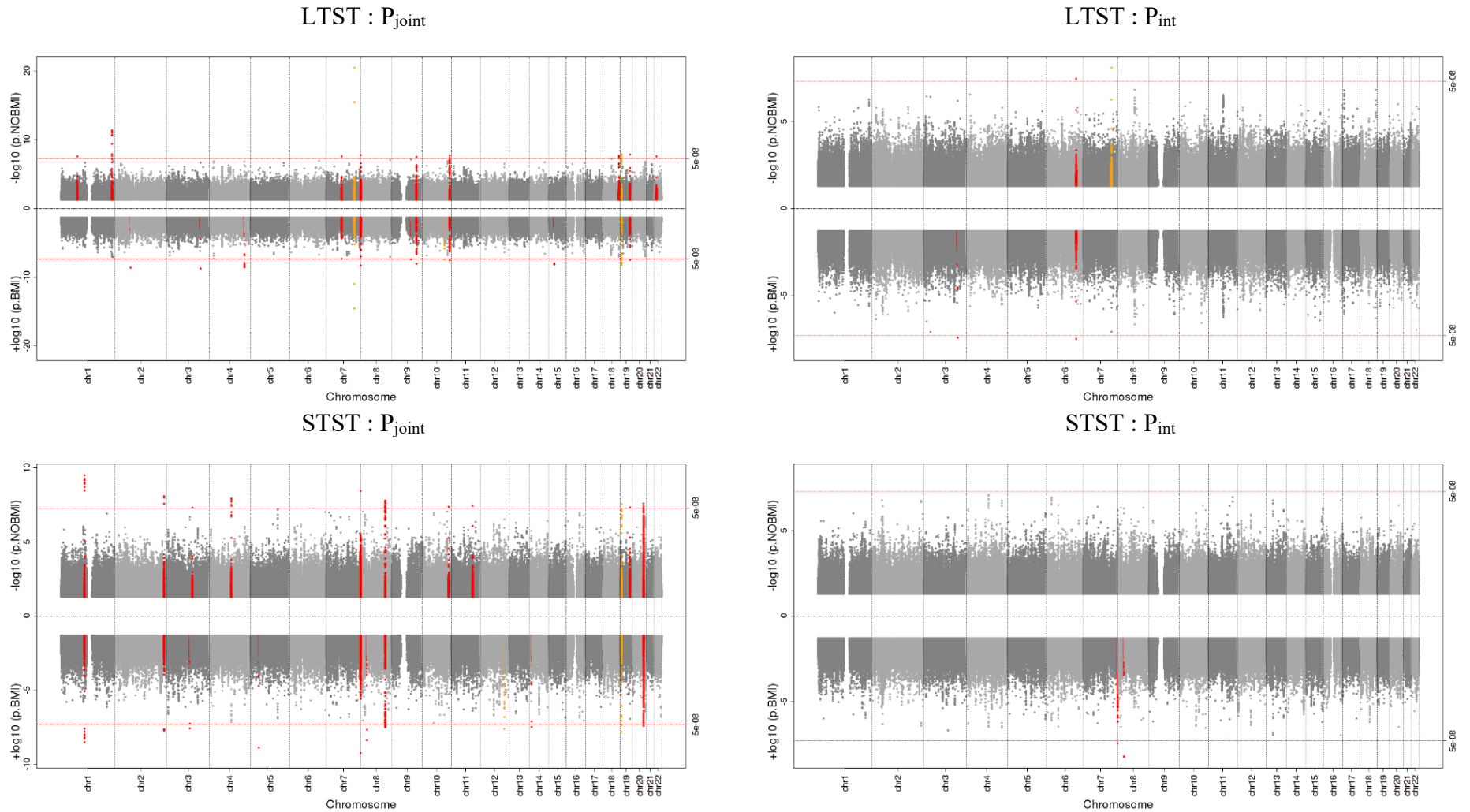


STST-PP



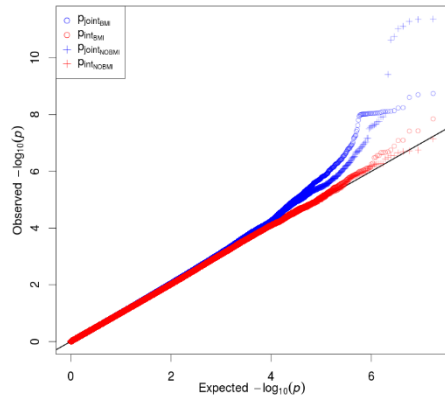
Supplementary Fig. 3. Miami plots of genome-wide gene-sleep interaction analyses in stage 1 EUR group.

Upper panel are results without adjusting for BMI, lower panel are results adjusted for BMI. The minimum p-values across four BP traits were used to generate each plot. The orange points correspond to significant loci ($P < 5 \times 10^{-8}$) overlapped with previously reported BP loci (distance $< 1\text{Mb}$), and the red points correspond to novel significant loci.

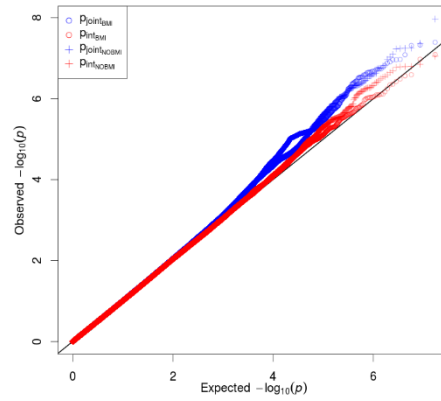


Supplementary Fig. 4. QQ plots of genome-wide gene-sleep interaction analyses in stage 1 EUR group.

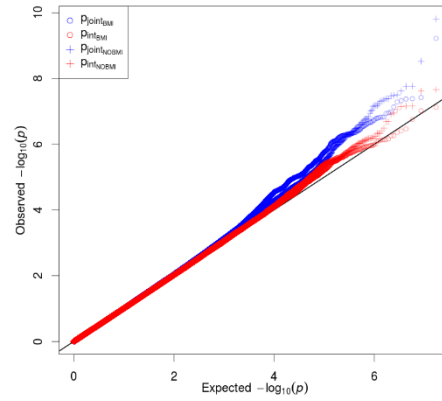
LTST-SBP



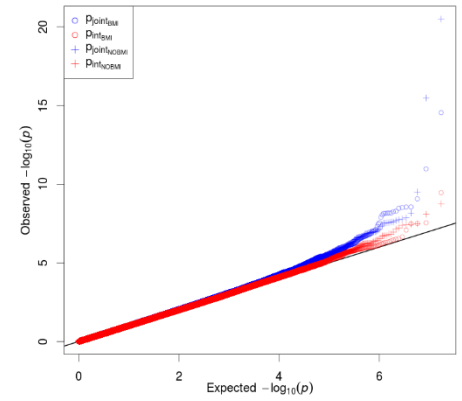
LTST-DBP



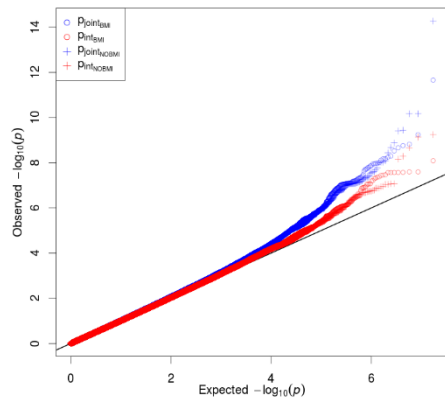
LTST-MAP



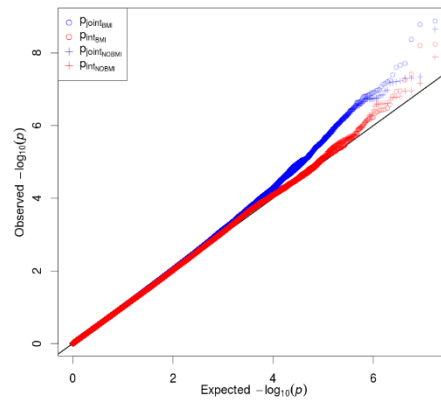
LTST-PP



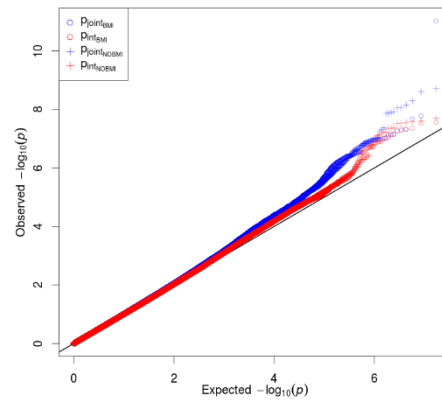
STST-SBP



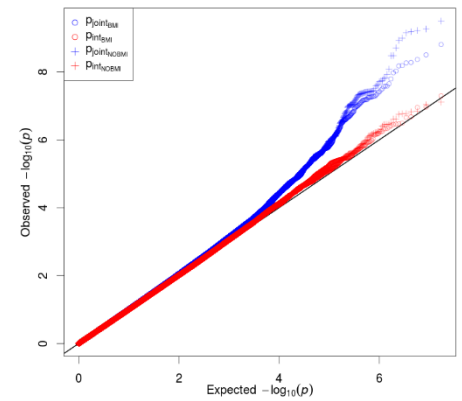
STST-DBP



STST-MAP

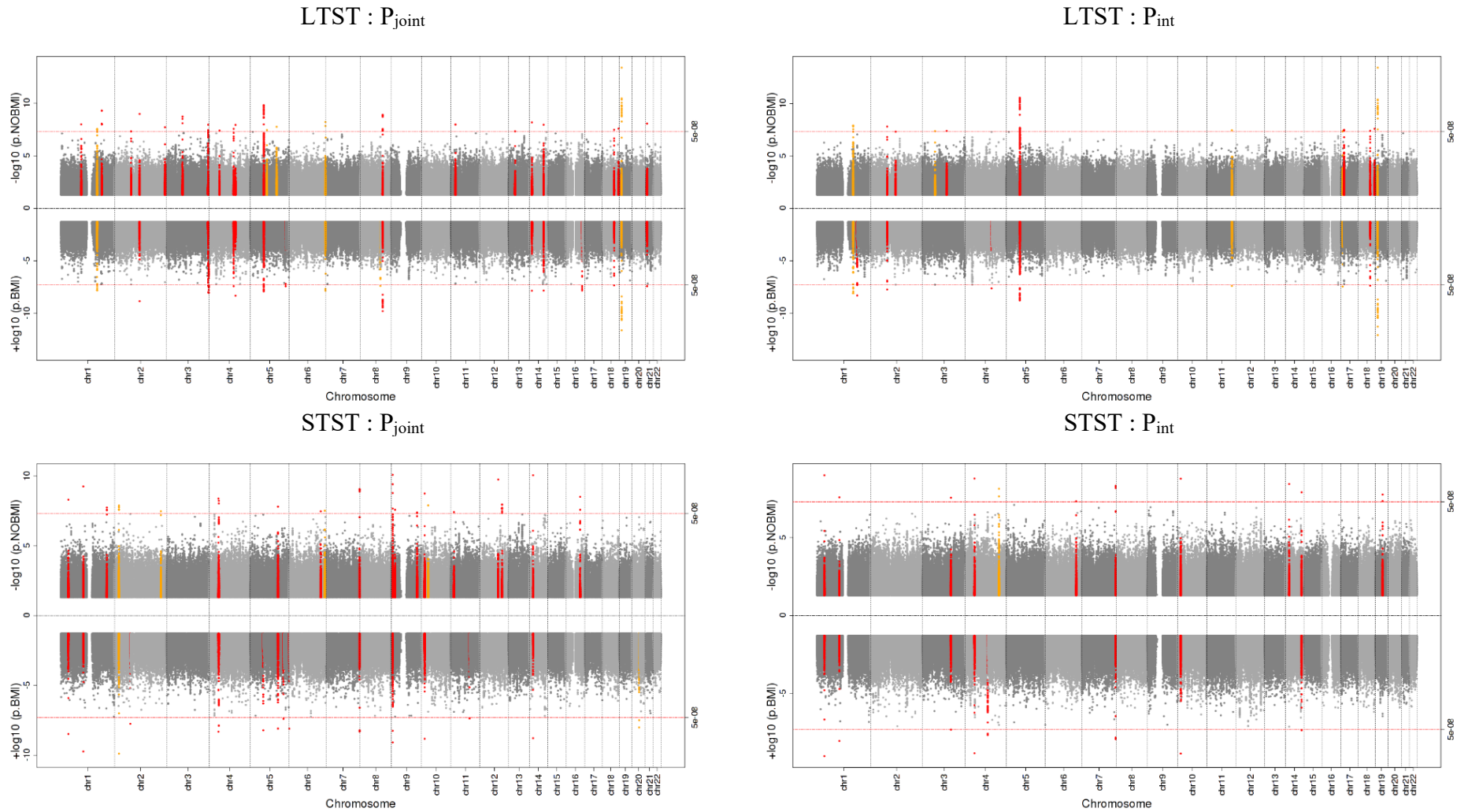


STST-PP



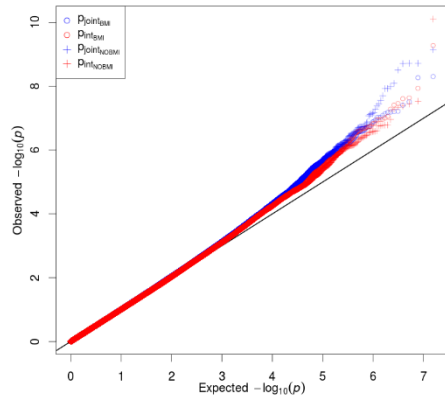
Supplementary Fig. 5. Miami plots of genome-wide gene-sleep interaction analyses in stage 1 AFR group.

Upper panel are results without adjusting for BMI, lower panel are results adjusted for BMI. The minimum p-values across four BP traits were used to generate each plot. The orange points correspond to significant loci ($P < 5 \times 10^{-8}$) overlapped with previously reported BP loci (distance $< 1\text{Mb}$), and the red points correspond to novel significant loci.

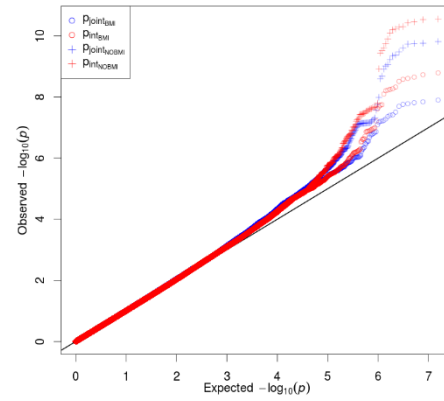


Supplementary Fig. 6. QQ plots of genome-wide gene-sleep interaction analyses in stage 1 AFR group.

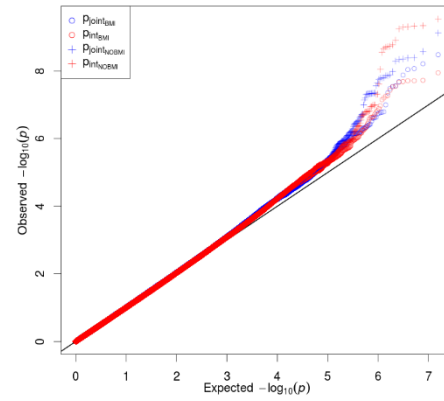
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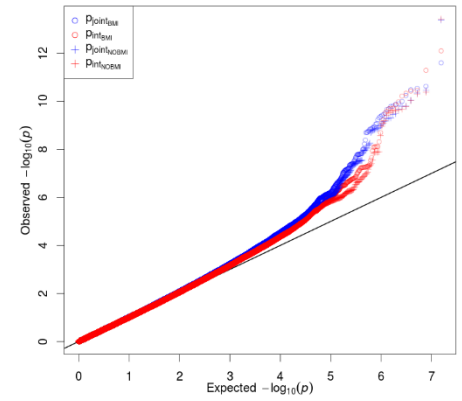
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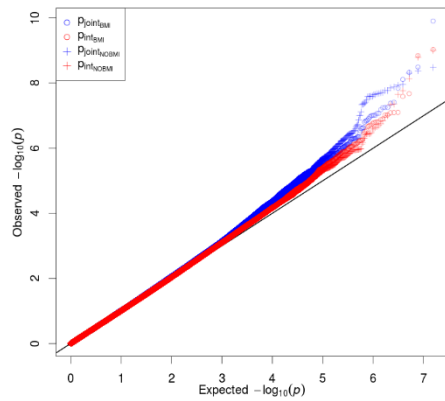
LTST-MAP



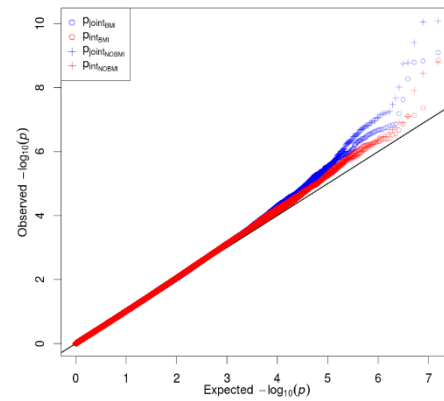
LTST-PP



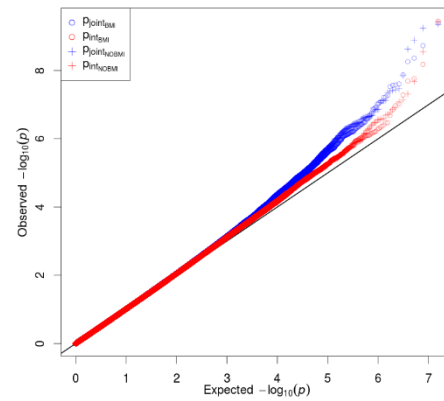
STST-SBP



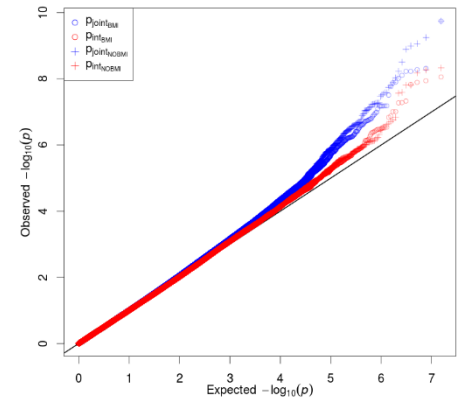
STST-DBP



STST-MAP

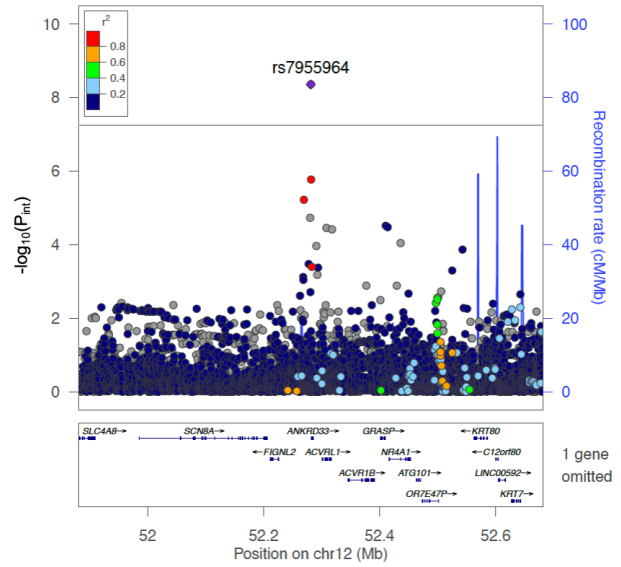
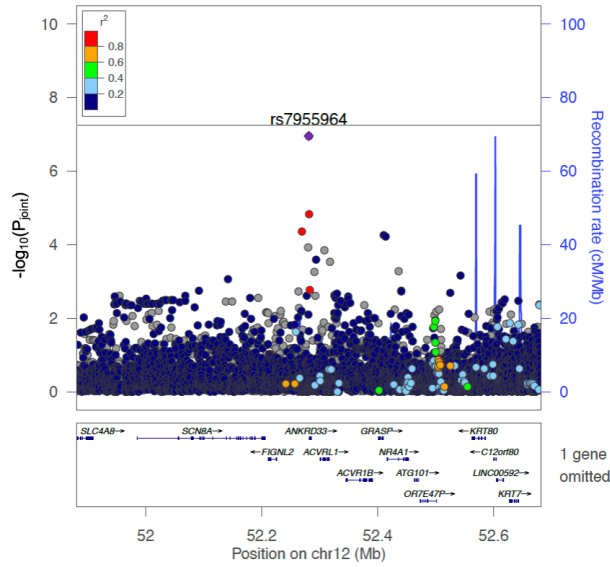


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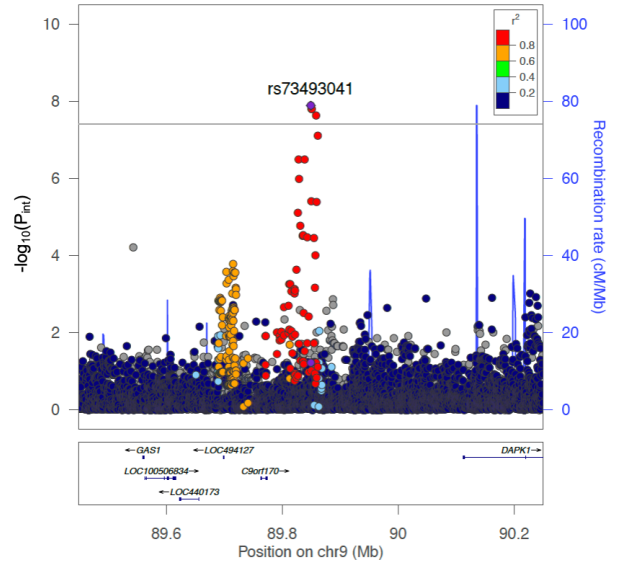
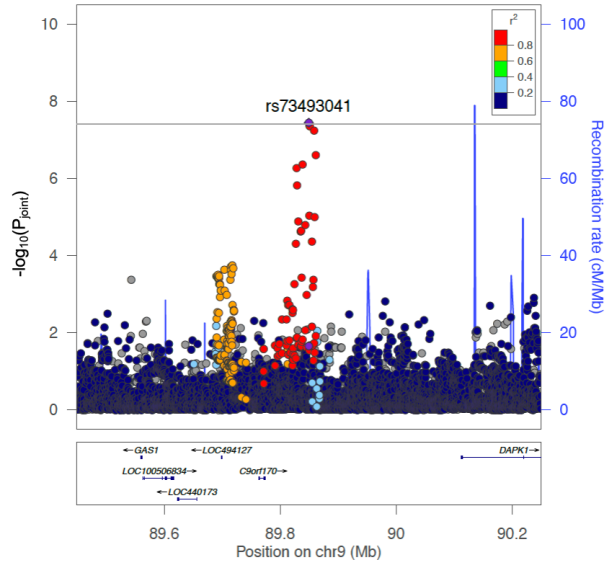


Supplementary Fig. 7. Regional association plots of P_{joint} and P_{int} for 3 replicated novel loci in stage 1+2 MULTI ancestry analyses (Table 1).

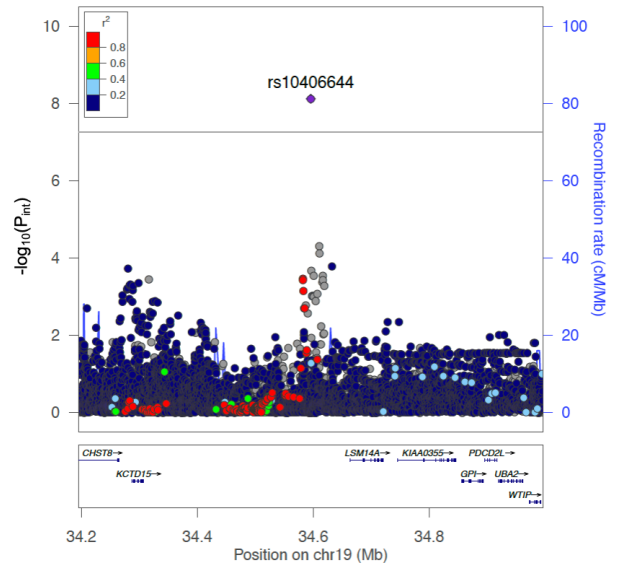
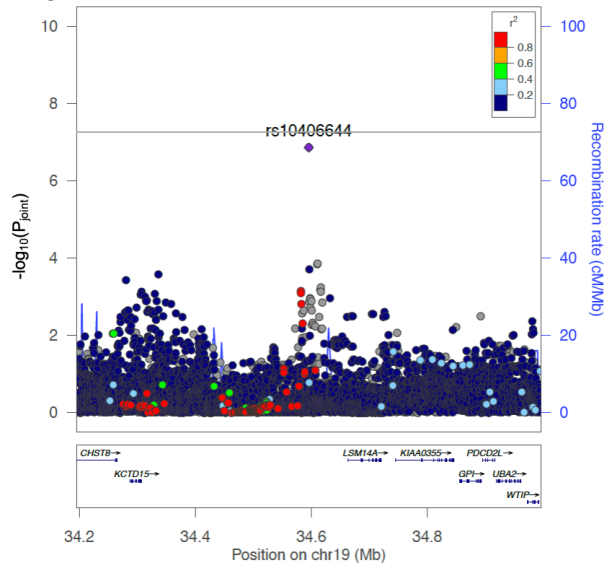
Locus 1. LTST- MAP



Locus 2. STST- DBP

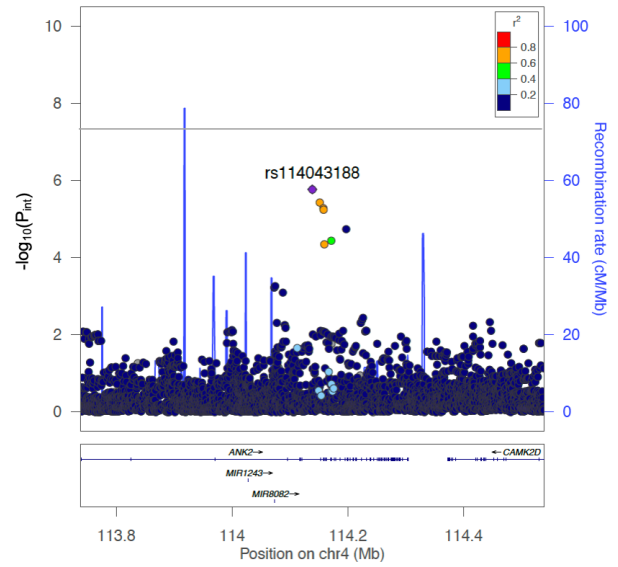
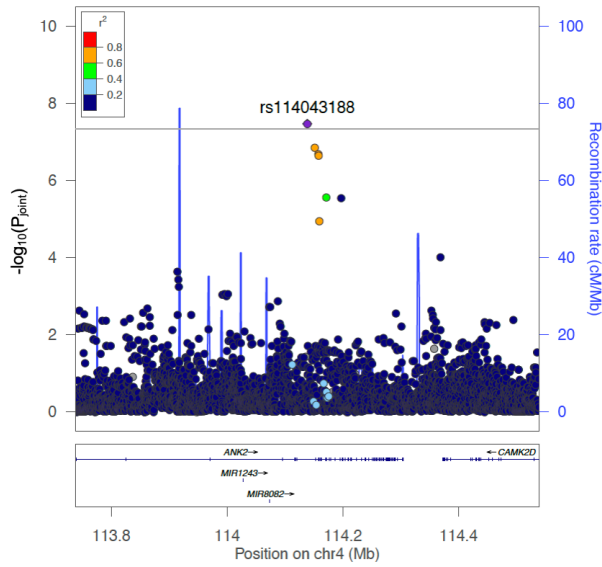


Locus 3. STST- PP

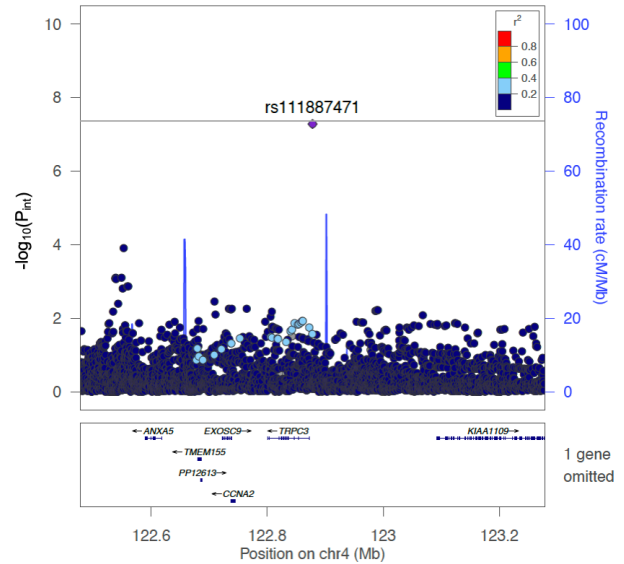
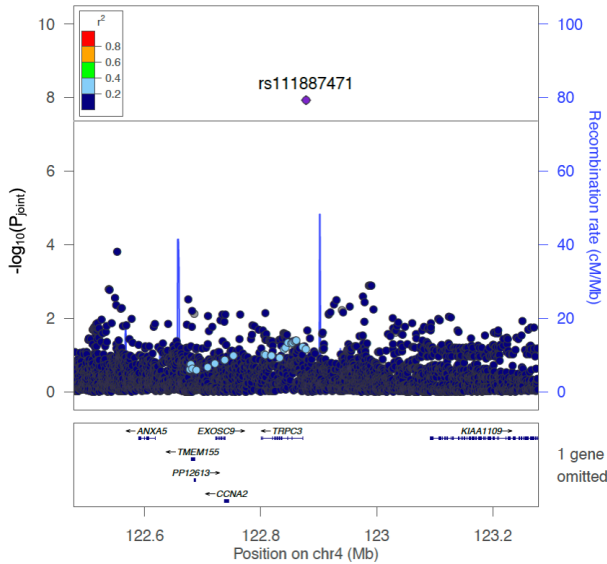


Supplementary Fig. 8. Regional association plots of P_{joint} and P_{int} for 3 novel loci in stage 1 AFR analyses (Supplementary Table 8).

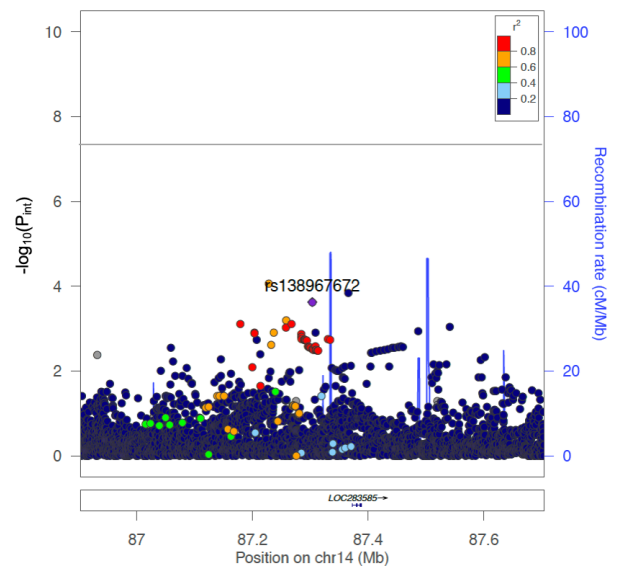
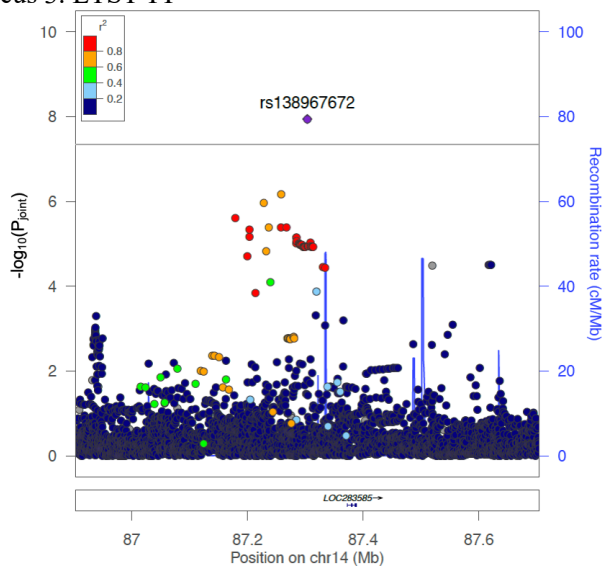
Locus 1. LTST-PP



Locus 2. LTST-SBP

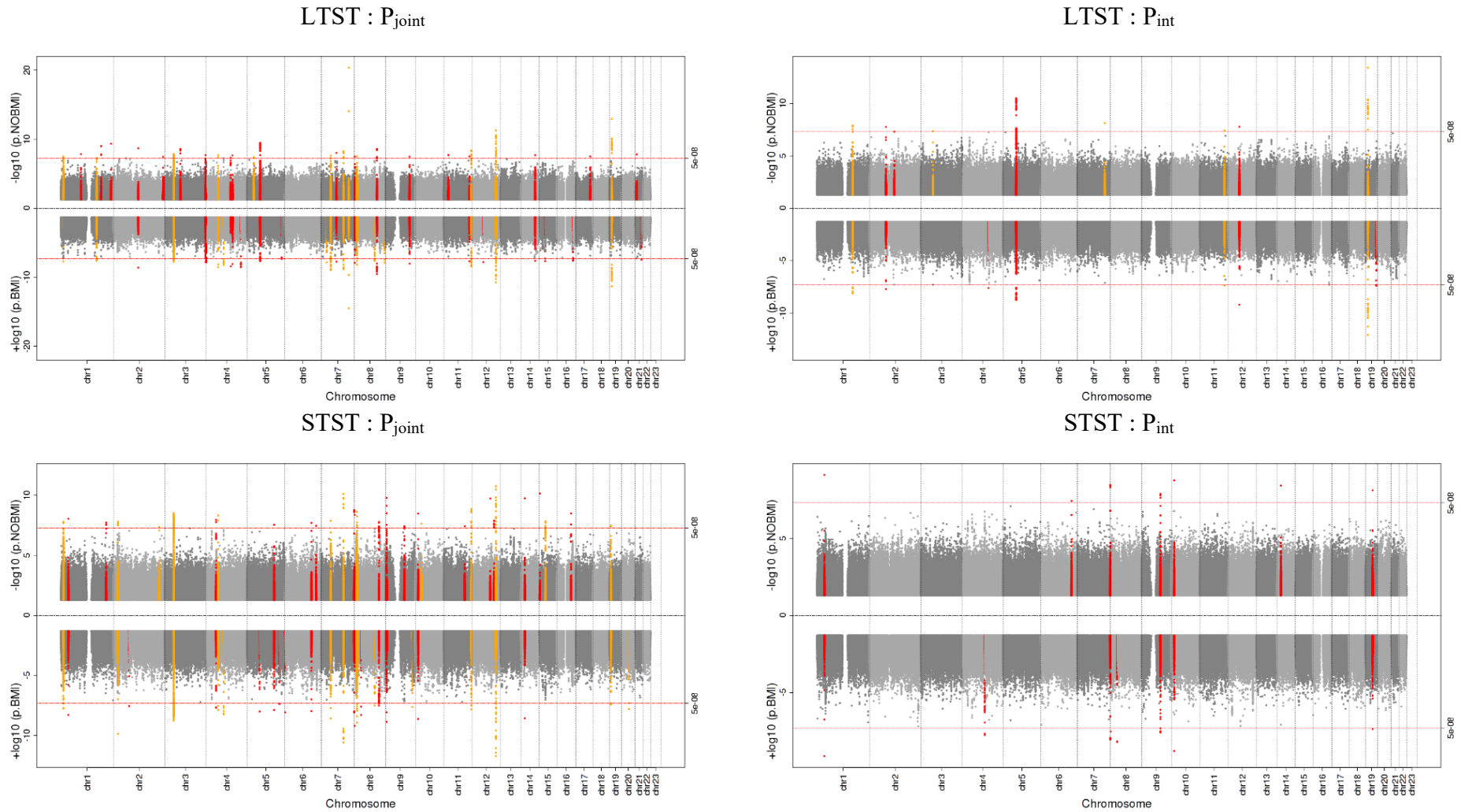


Locus 3. LTST-PP



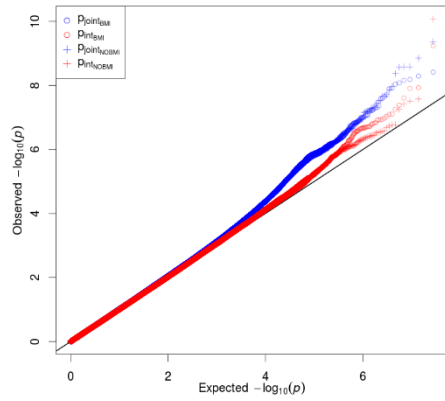
Supplementary Fig. 9. Miami plots of genome-wide gene-sleep interaction analyses in stage 1+2 MULTI ancestry group.

Upper panel are results without adjusting for BMI, lower panel are results adjusted for BMI. The minimum p-values across four BP traits were used to generate each plot. The orange points correspond to significant loci ($P < 5 \times 10^{-8}$) overlapped with previously reported BP loci (distance $< 1\text{Mb}$), and the red points correspond to novel significant loci.

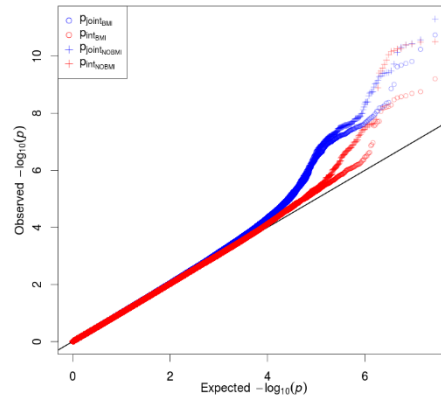


Supplementary Fig. 10. QQ plots of genome-wide gene-sleep interaction analyses in stage 1+2 MULTI ancestry group.

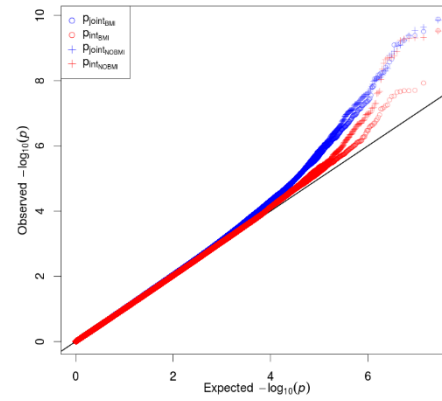
LTST-SBP



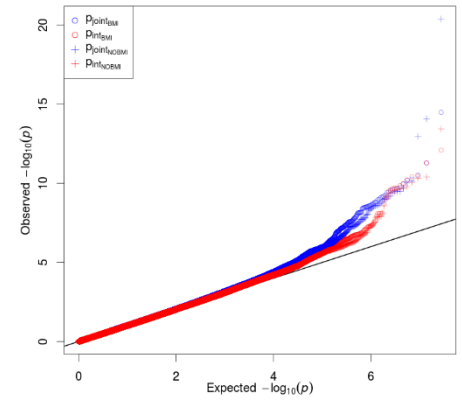
LTST-DBP



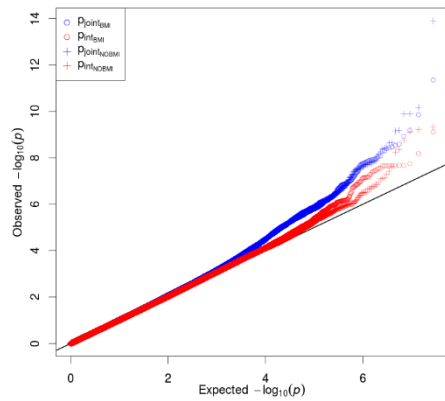
LTST-MAP



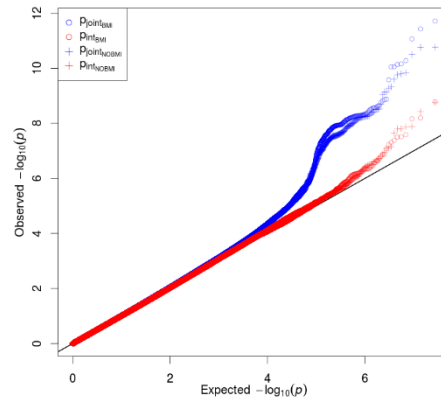
LTST-PP



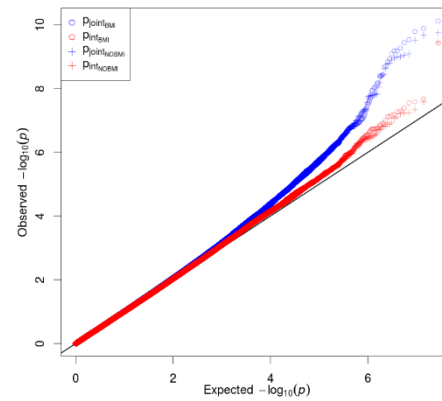
STST-SBP



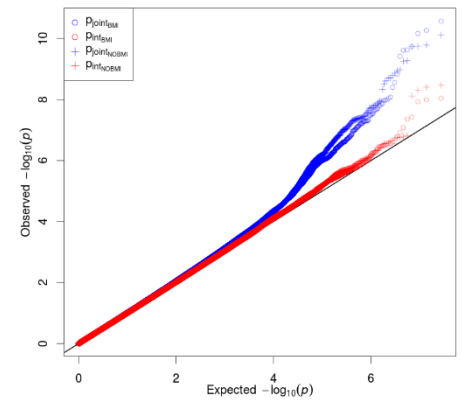
STST-DBP



STST-MAP

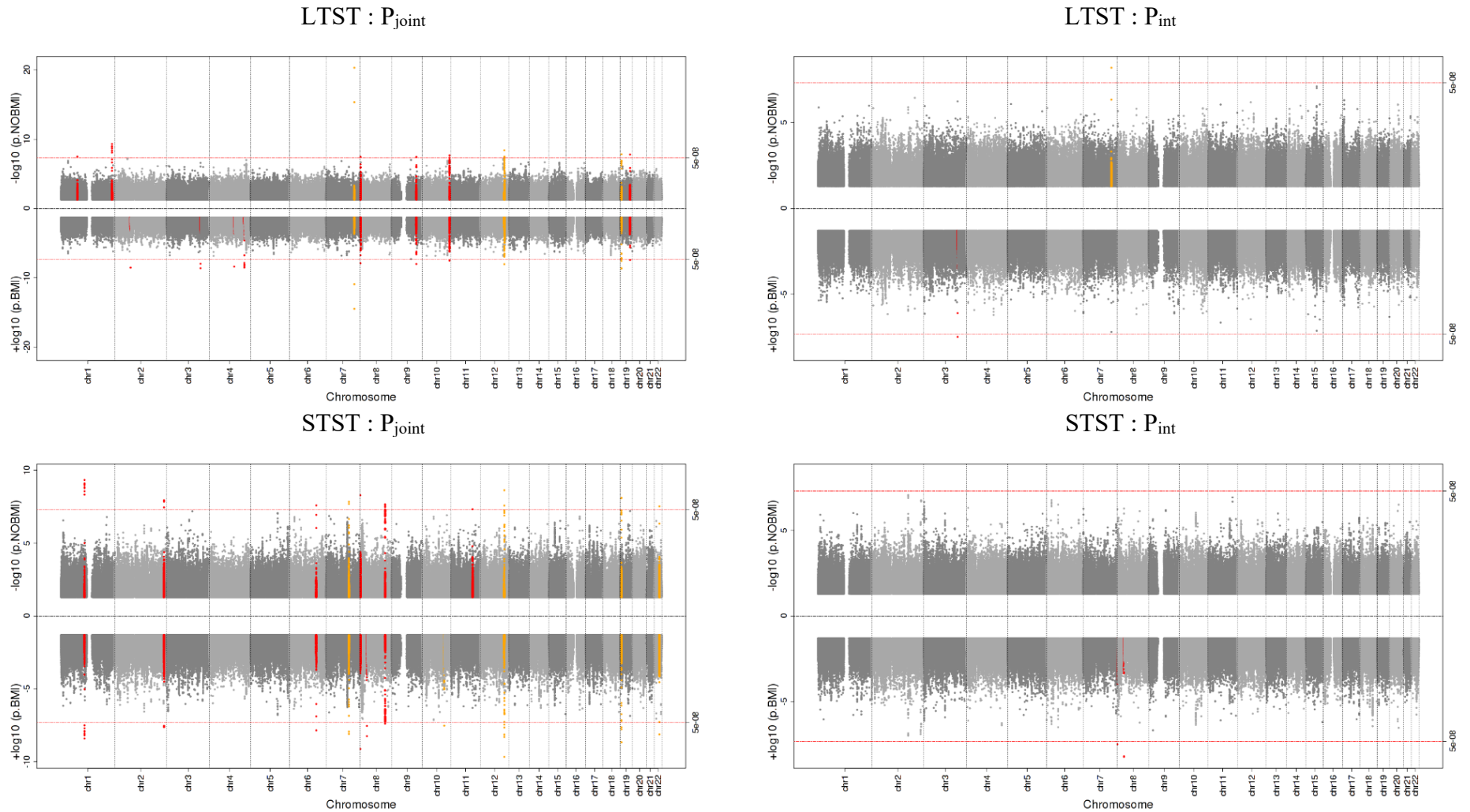


STST-PP



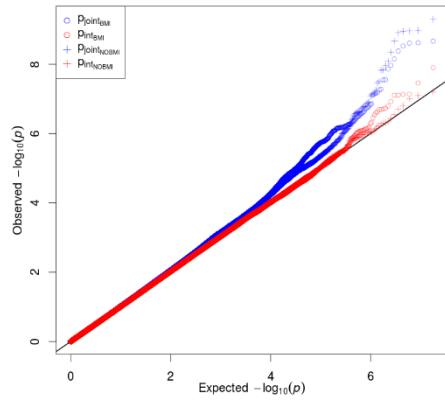
Supplementary Fig. 11. Miami plots of genome-wide gene-sleep interaction analyses in stage 1+2 EUR group.

Upper panel are results without adjusting for BMI, lower panel are results adjusted for BMI. The minimum p-values across four BP traits were used to generate each plot. The orange points correspond to significant loci ($P < 5 \times 10^{-8}$) overlapped with previously reported BP loci (distance $< 1\text{Mb}$), and the red points correspond to novel significant loci.

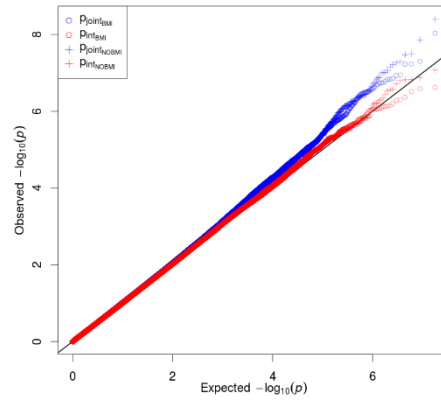


Supplementary Fig. 12. QQ plots of genome-wide gene-sleep interaction analyses in stage 1+2 EUR group.

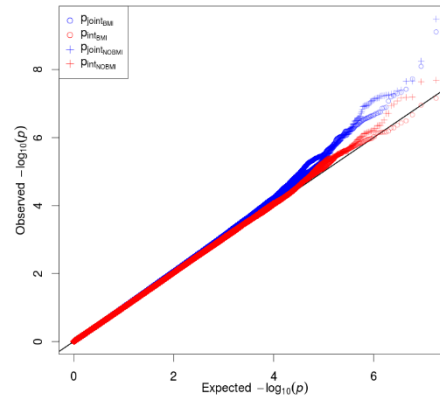
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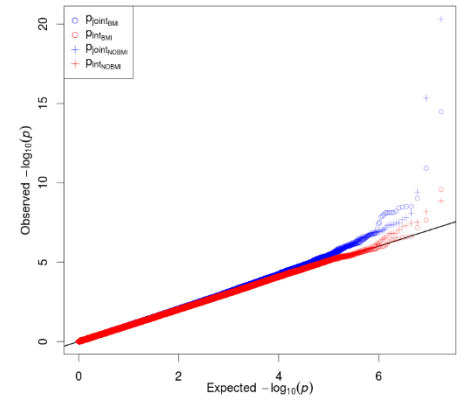
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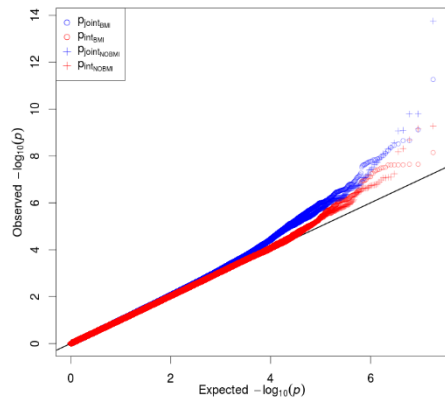
LTST-MAP



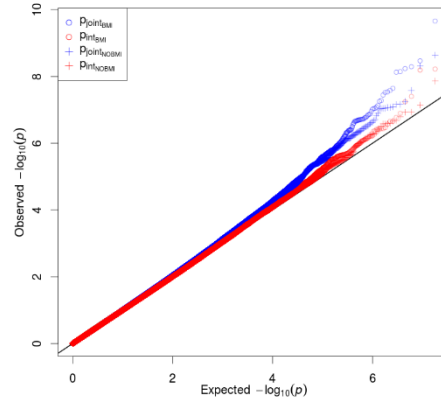
LTST-PP



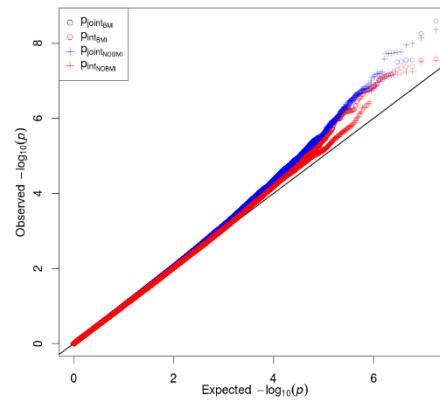
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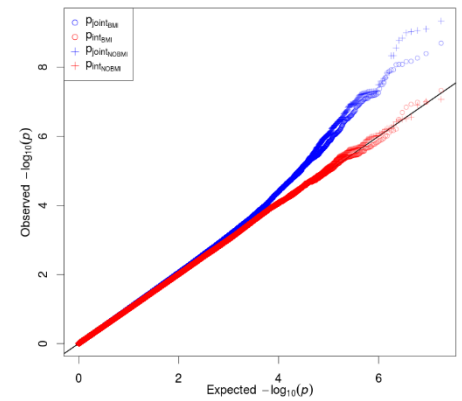
STST-DBP



STST-MAP

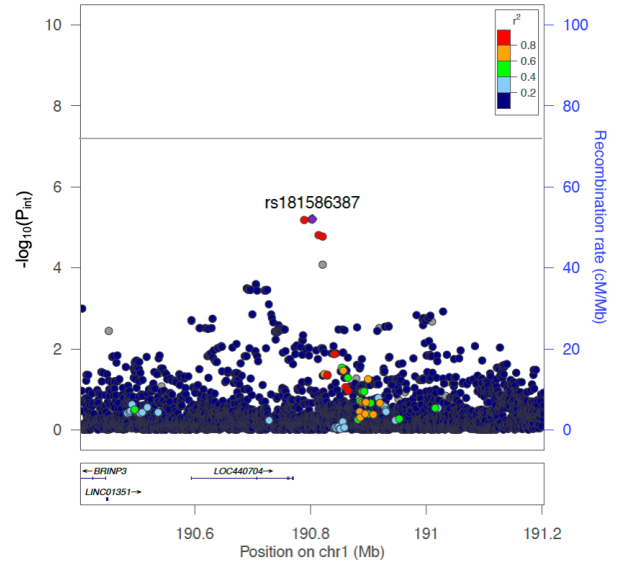
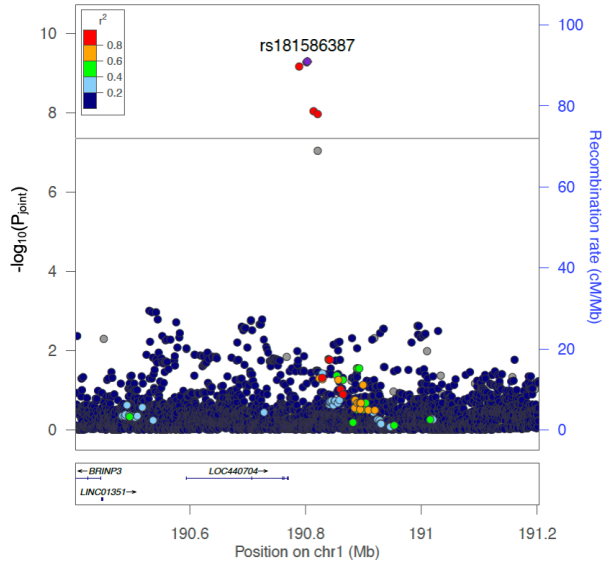


STST-PP

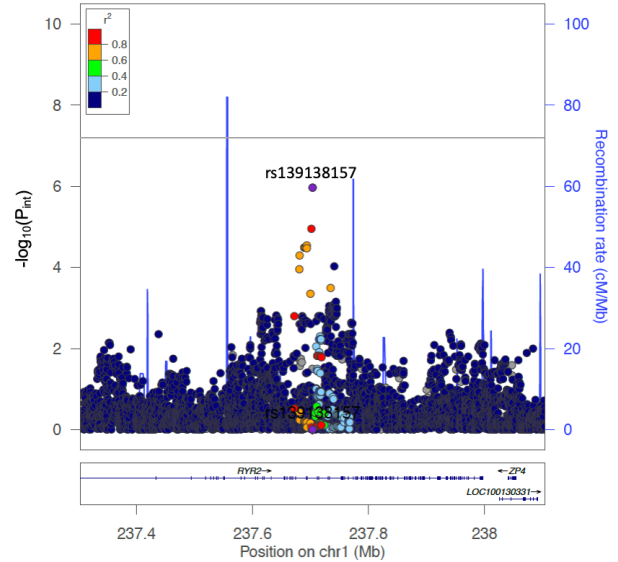
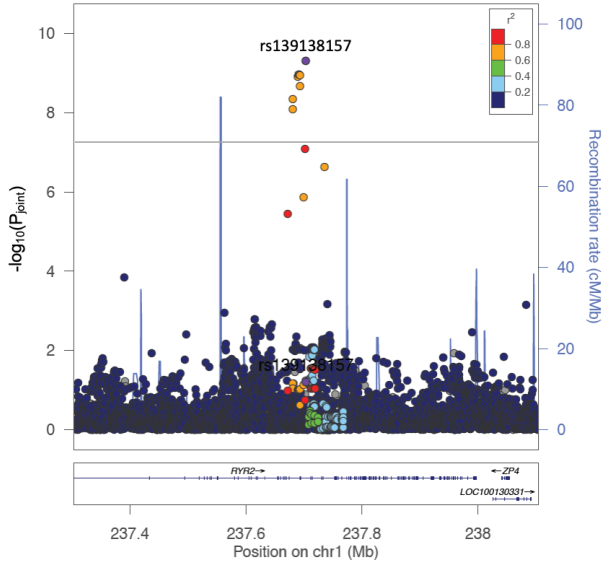


Supplementary Fig. 13. Regional association plots of P_{joint} and P_{int} for 20 novel loci in stage 1+2 analyses (Supplementary Table 10).

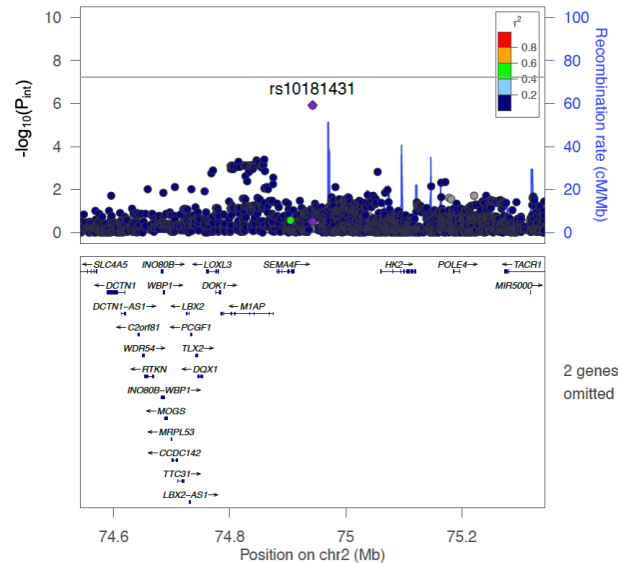
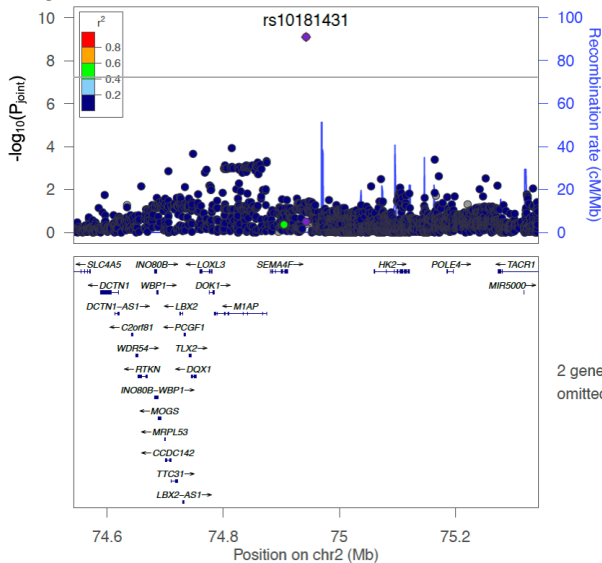
Locus 1. LTST- PP



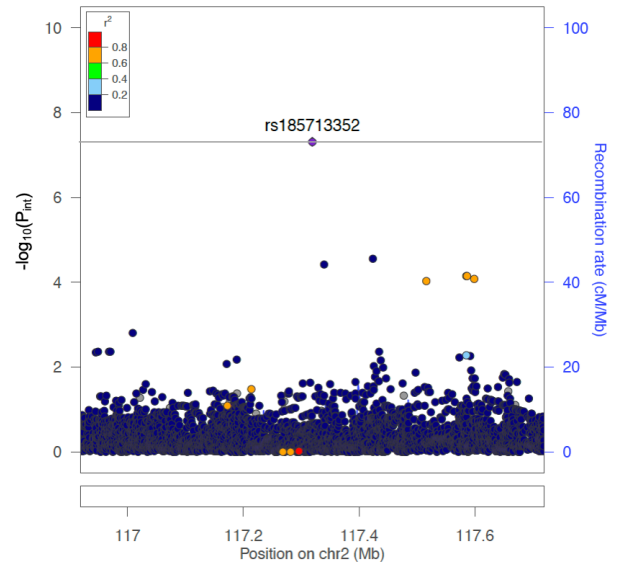
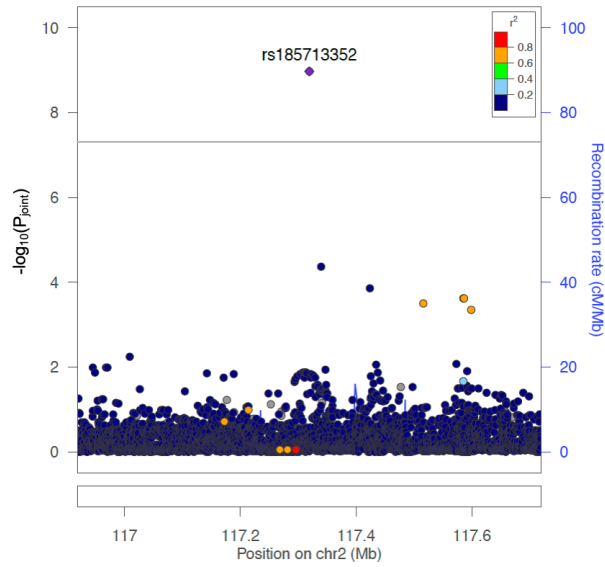
Locus 2. LTST- SBP



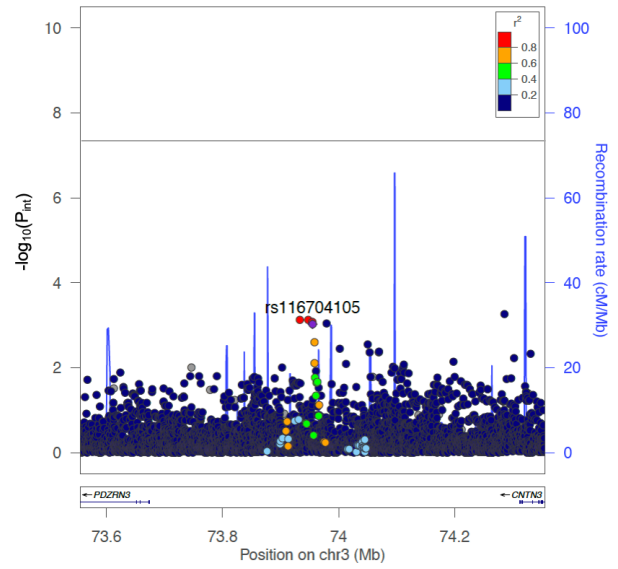
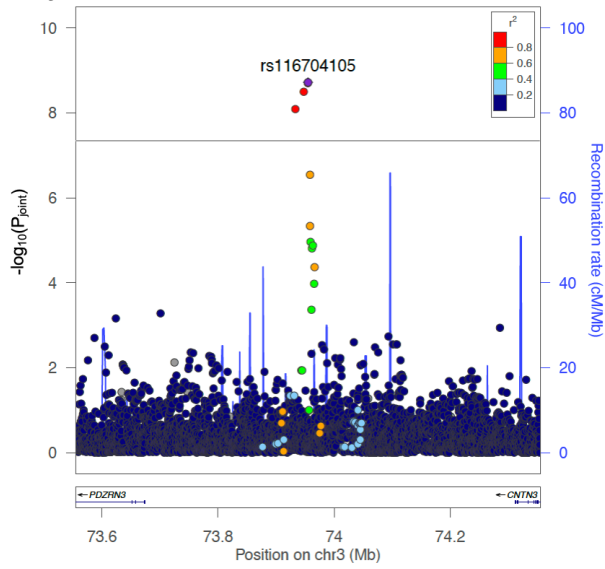
Locus 3. LTST- MAP



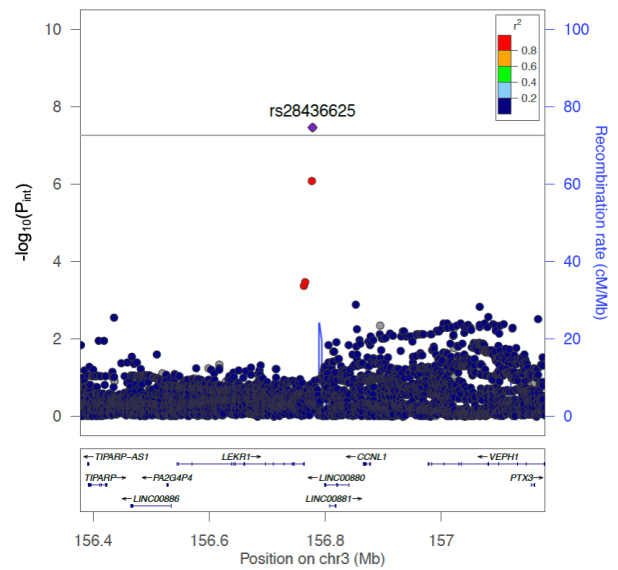
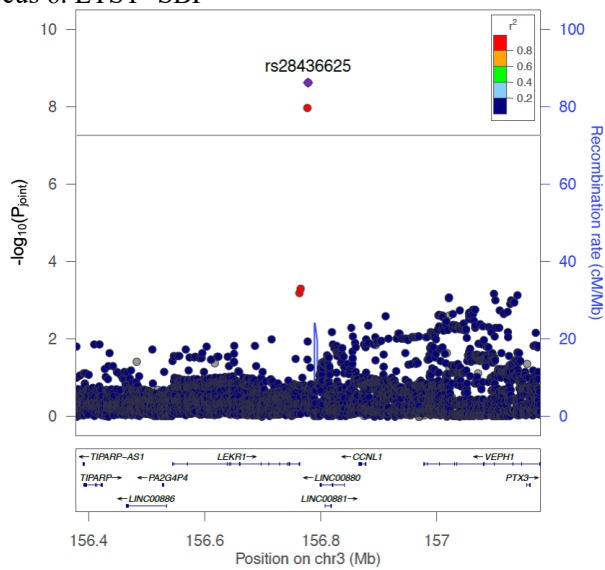
Locus 4. LTST- PP



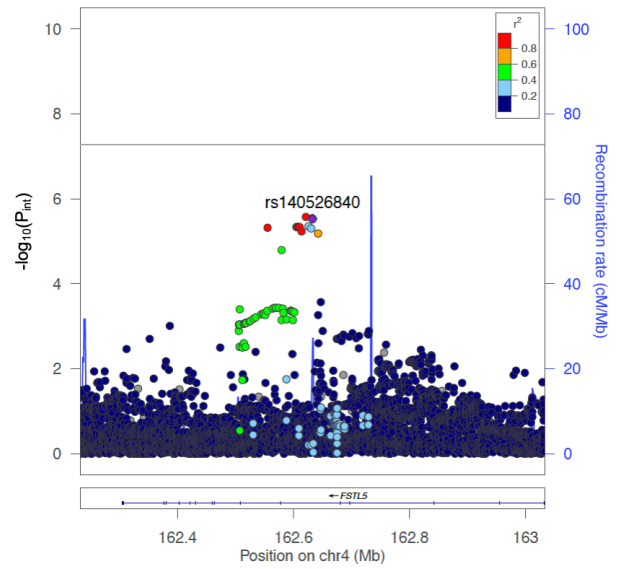
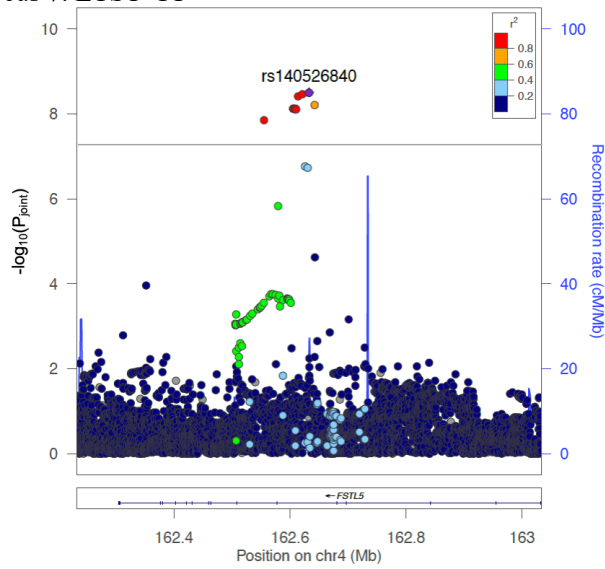
Locus 5. LTST- SBP



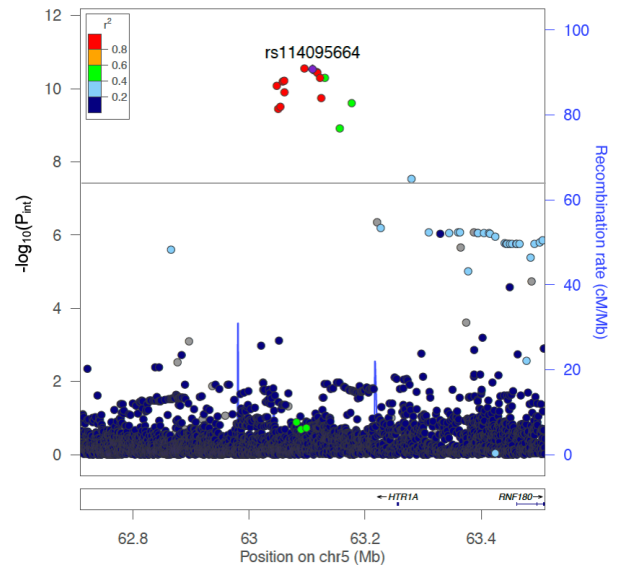
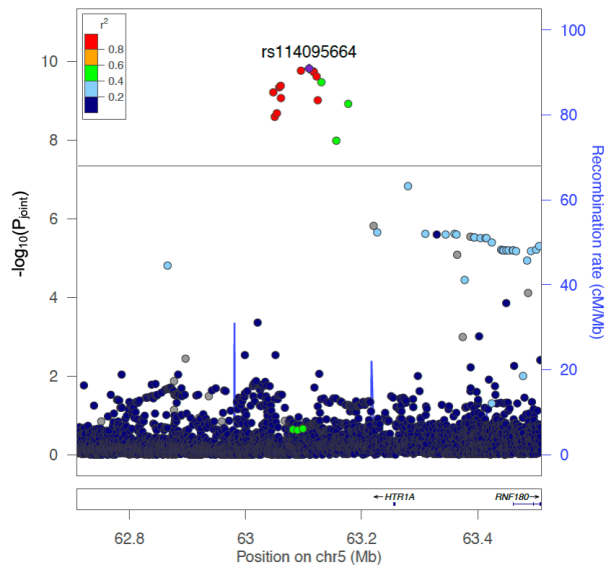
Locus 6. LTST- SBP



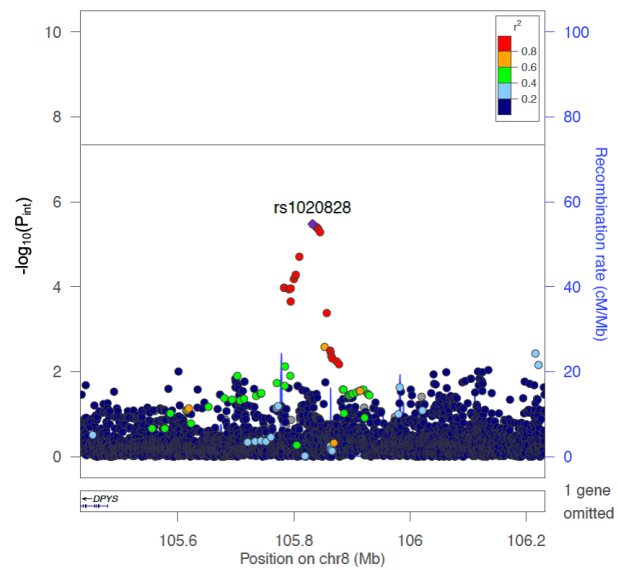
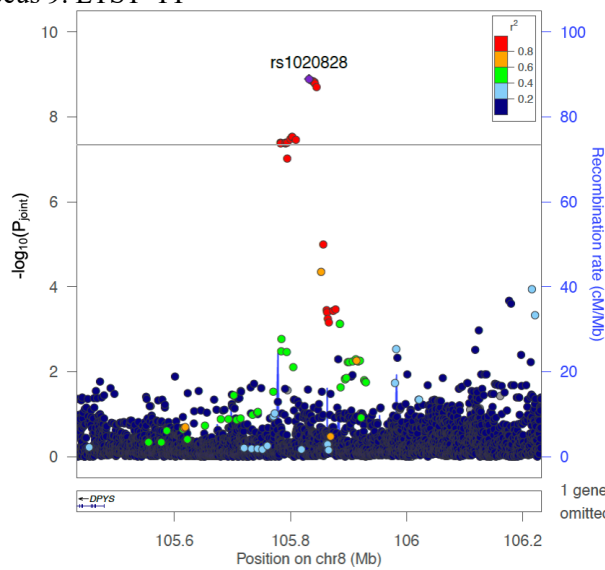
Locus 7. LTST- PP



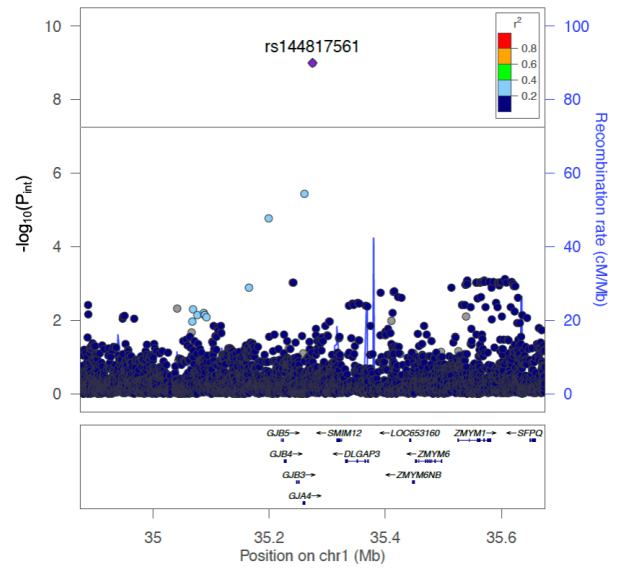
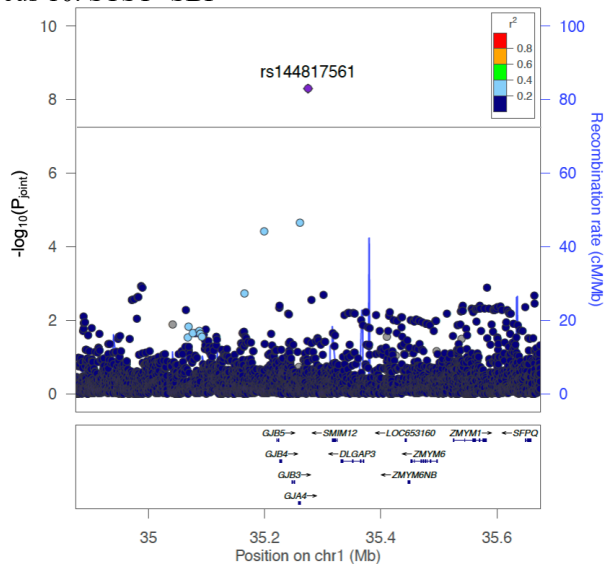
Locus 8. LTST- DBP



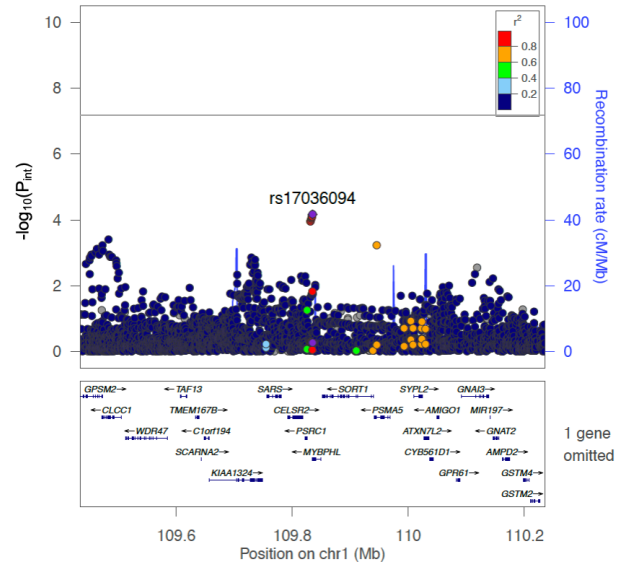
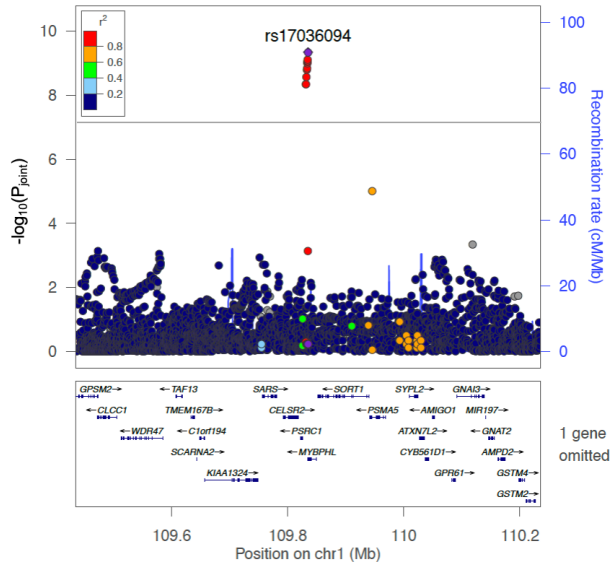
Locus 9. LTST- PP



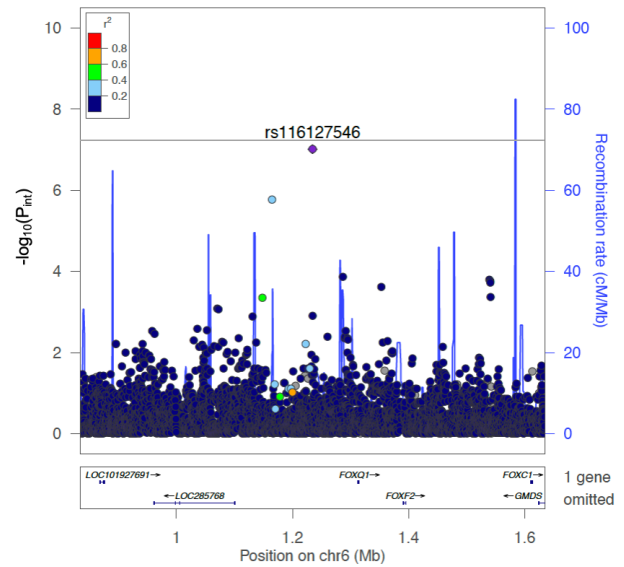
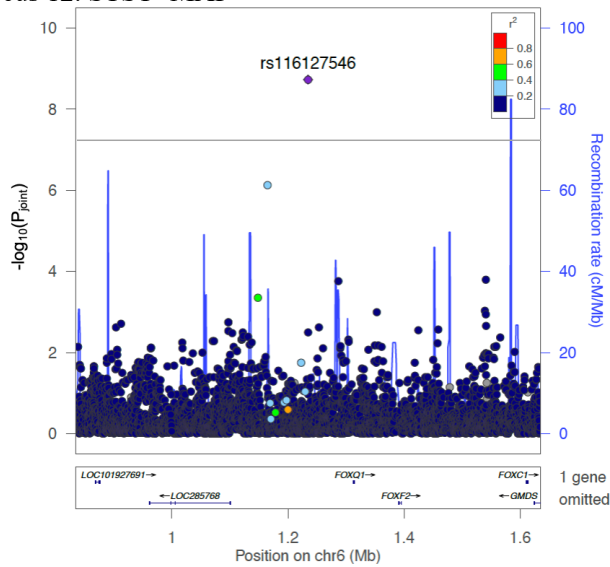
Locus 10. STST- SBP



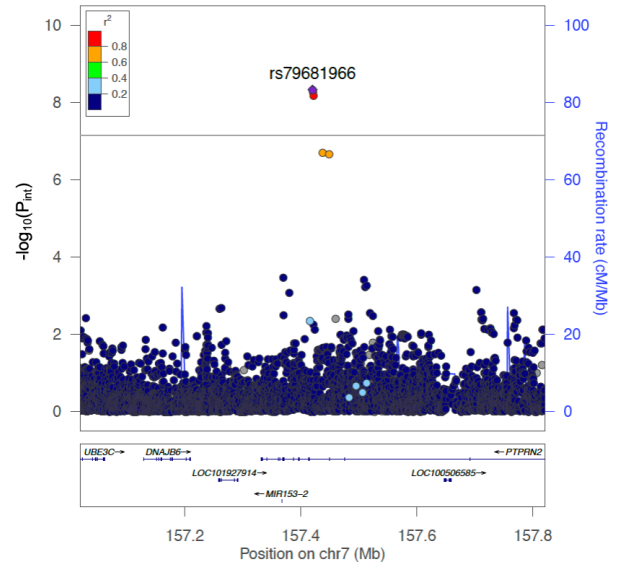
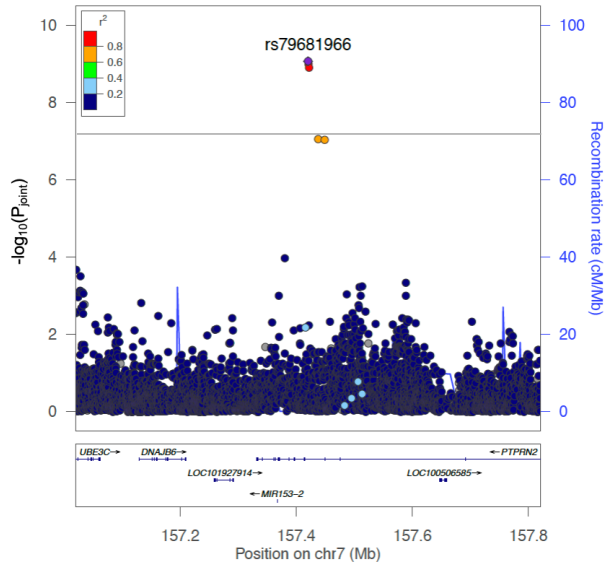
Locus 11. STST- PP



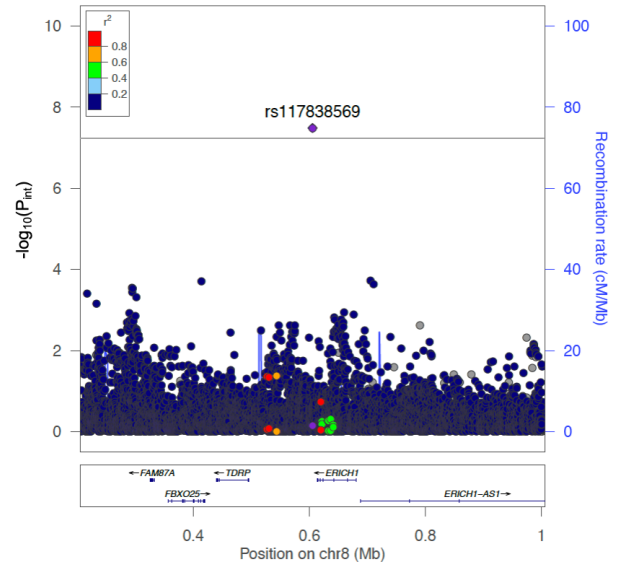
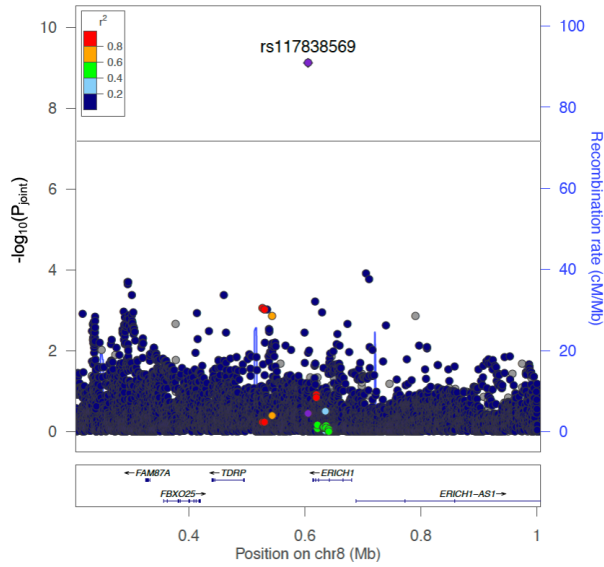
Locus 12. STST- MAP



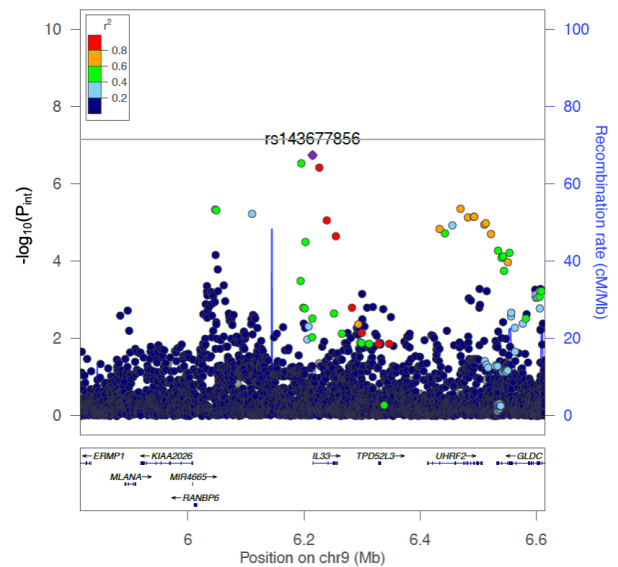
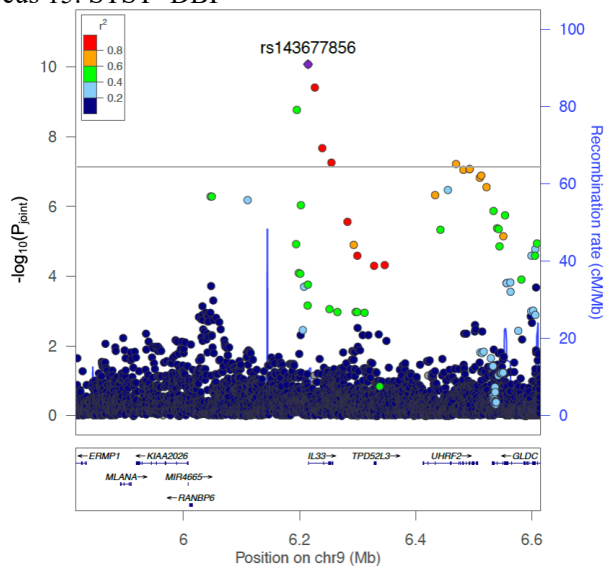
Locus 13. STST- PP



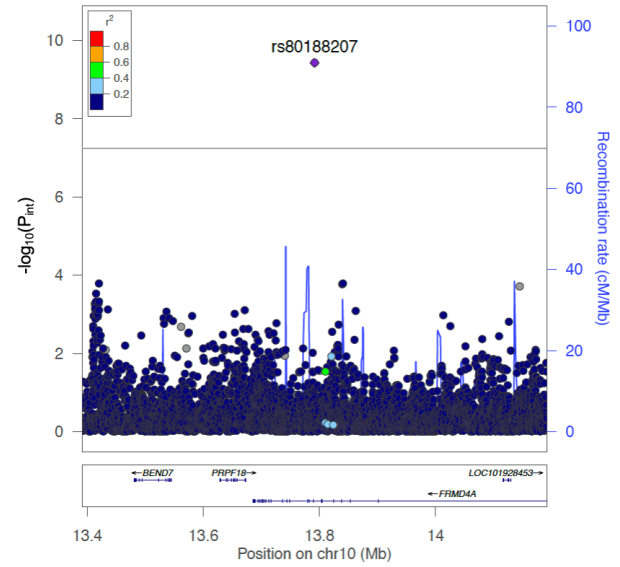
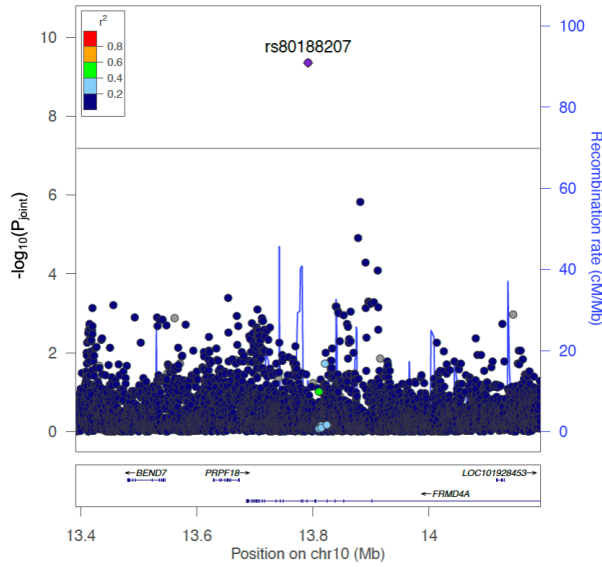
Locus 14. STST- SBP



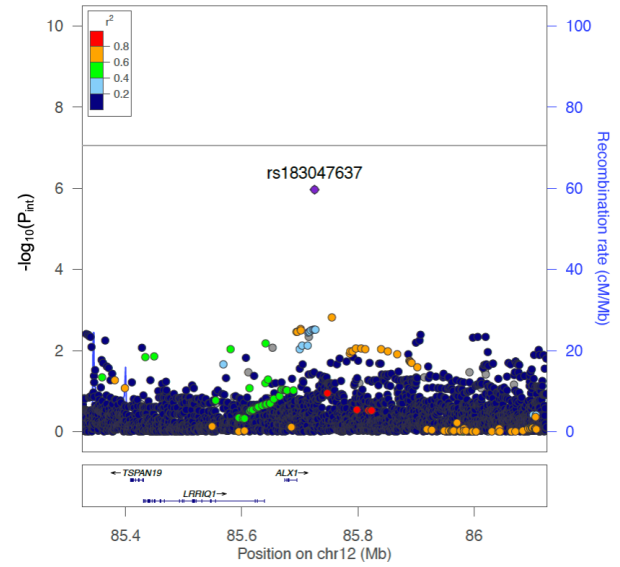
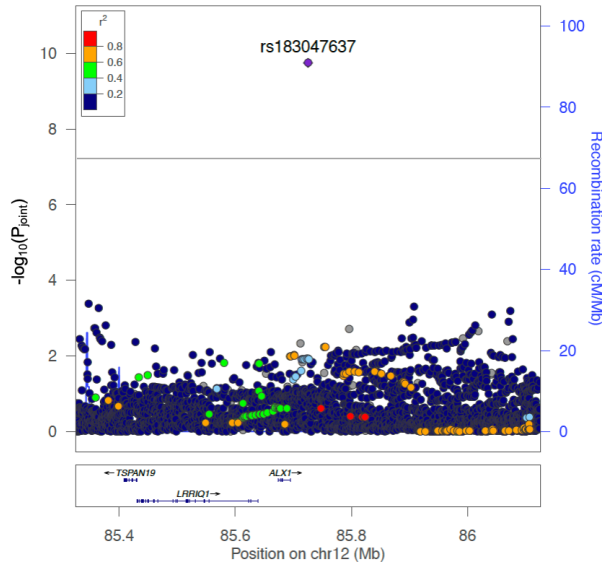
Locus 15. STST- DBP



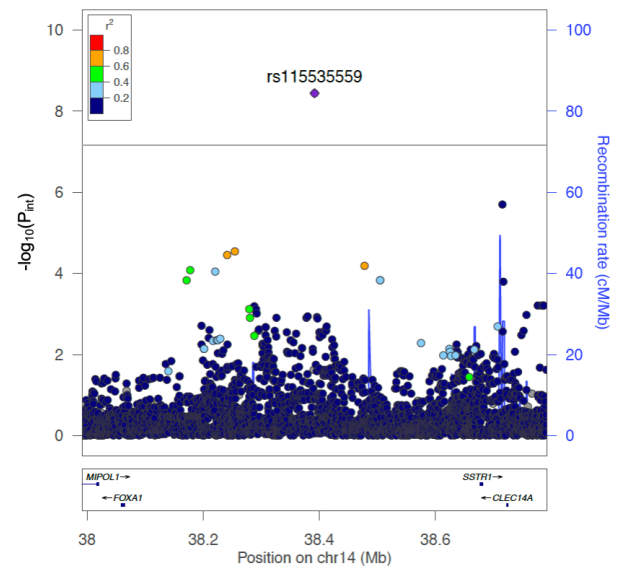
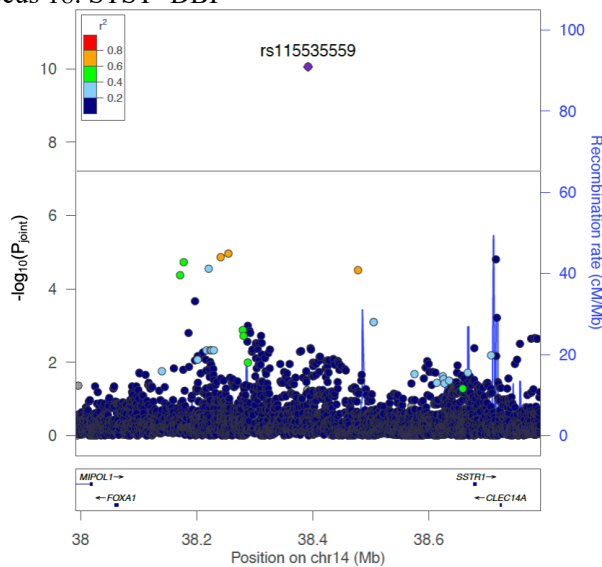
Locus 16. STST- MAP



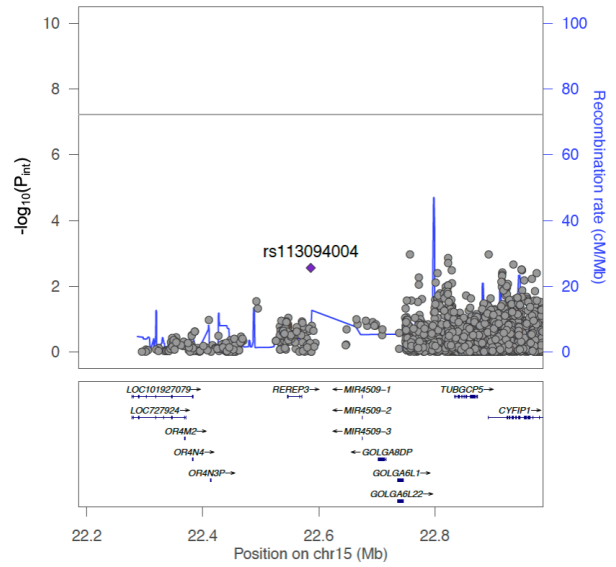
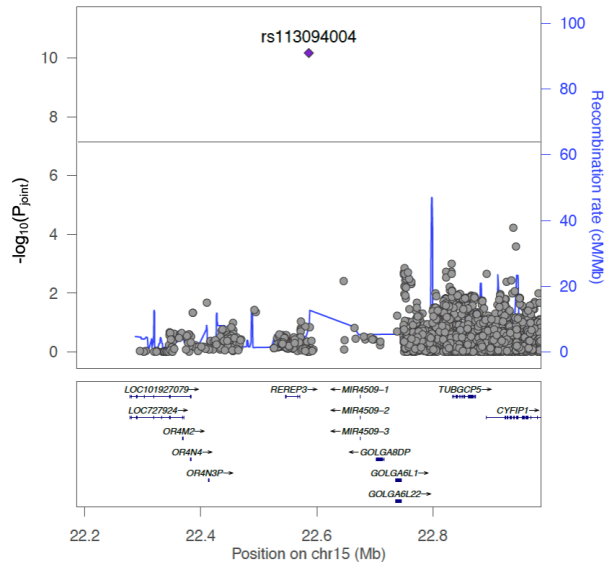
Locus 17. STST- PP



Locus 18. STST- DBP



Locus 19. STST- SBP



Locus 20. STST- PP

