Supplement S4: Difficulty ratings and motor imagery ratings during home training

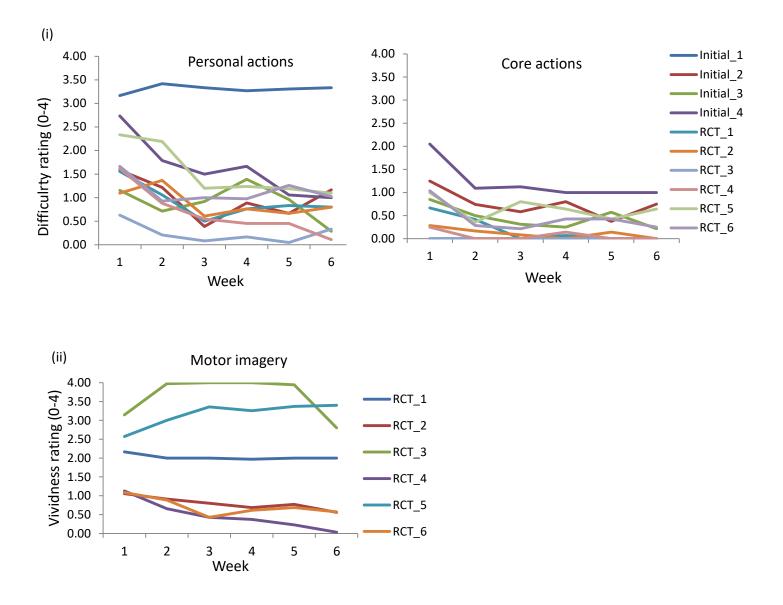


Figure S4. Average weekly ratings during the six-week intervention for (i) difficulty of personal and core actions in the initial testing and pilot RCT; (ii) motor imagery in the pilot RCT.