Variance in within-pair reproductive success influences the opportunity for selection annually and over the lifetimes of males in a multi-brooded songbird

Ryan R. Germain^{1,2,3*}, Michael T. Hallworth^{4,5}, Sara A. Kaiser¹, T. Scott Sillett⁴, and Michael S. Webster^{1,2}

¹ Cornell Lab of Ornithology, Cornell University, Ithaca, NY, USA

² Department of Neurobiology and Behavior, Cornell University, Ithaca, NY, USA

³ Current address: Department of Biology & GLOBE Institute, University of Copenhagen, Copenhagen, Denmark

⁴ Migratory Bird Center, Smithsonian Conservation Biology Institute, National Zoological Park, Washington, DC, USA

⁵ Current address: Northeast Climate Adaptation Science Center, University of Massachusetts Amherst, Amherst, MA, USA

*Corresponding author: ryan.r.germain@gmail.com

Running Title: Within-pair success and selection

Abstract

In socially monogamous species, male reproductive success consists of ‘within-pair’ offspring produced with their socially-paired mate(s), and ‘extra-pair’ offspring produced with additional females throughout the population. Both reproductive pathways offer distinct opportunities for selection in wild populations, as each is composed of separate components of mate attraction, female fecundity, and paternity allocation. Identifying key sources of variance and covariance among these components is a crucial step towards understanding the reproductive strategies that males use to maximize fitness both annually and over their lifetimes. We use 16 years of complete reproductive data from a population of black-throated blue warblers (*Setophaga caerulescens*) to partition variance in male annual and lifetime reproductive success, and thereby identify if the opportunity for selection varies over the lifetimes of individual males and what reproductive strategies likely favor maximum lifetime fitness. The majority of variance in male reproduction was attributable to within-pair success, but the specific effects of individual components of variance differed between total annual and total lifetime reproductive success. Positive overall lifetime covariance between within-pair and extra-pair components indicates that males able to maximize within-pair success, particularly with double-brooding females, likely achieve higher overall lifetime fitness via both within-pair and extra-pair reproductive pathways.

Introduction

Sexual selection represents the evolutionary processes that result from differences in mating or fertilization success within a population (Andersson 1994). The opportunity, or potential, for such selection to operate represents the ‘upper limit’ of selection in a population, and is proportional to the population-wide variance in mating and/or reproductive success; if variance is low (e.g. all individuals have similar numbers of mates and offspring) then selection will be weak, whereas if variance in reproductive output is high (e.g. few individuals monopolize mating opportunities and produce many offspring), selection potentially can be strong (Crow 1958, 1991; Emlen and Oring 1977; Wade and Arnold 1980; Jones 2009; Shuster 2009). However, an individual’s total reproductive success (T_{RS}) is the result of several underlying sources of life-history variation, each of which may have different population-wide variances or may co-vary with different ecological and/or social factors, and hence represent distinct avenues through which selection may operate (Webster et al. 1995; Whittingham and Dunn 2004; Freeman-Gallant et al. 2005; Dolan et al. 2007; Lawler 2007; Lebigre et al. 2012). Determining where the greatest sources of variance and covariance exist among these life-history components is a key method to identifying the reproductive strategies that may enable individuals to maximize fitness annually and over their lifetimes (Kakauer et al. 2011).

Male T_{RS} is comprised of two pathways in socially monogamous yet genetically promiscuous species: ‘within-pair’ offspring produced by their social mate(s) (i.e. females with which they share reproductive duties such as territory defense and parental care), and additional ‘extra-pair’ offspring produced throughout the population by females socially paired to other males (Birkhead and Møller 1995; Webster et al. 1995; Whittingham et al. 2006). Both within-pair and extra-pair reproductive success (W_{RS} , E_{RS}) are themselves comprised of components of

mate attraction (i.e. pre-copulatory) and paternity (i.e. post-copulatory) success, as well as by the fecundity of a male's within-pair and extra-pair mates (Figure 1). Many studies have sought to identify sources of variance among mate attraction and paternity success in different taxa (e.g. Gibson and Guinness 1980; Lane et al. 2009; Vedder et al. 2011; Losdat et al. 2015; Evans and Garcia-Gonzalez 2016), but less emphasis has been placed on the importance of female fecundity in driving variation in male T_{RS} . In particular, the ability of some females in a population to produce multiple broods or litters of offspring within a given breeding season has the potential to markedly increase overall variance in male W_{RS} by increasing the number of within-pair offspring they can potentially sire (e.g. Nagy and Holmes 2005b; Kaiser et al. 2017). Alternatively, if the extra-pair pathway is of primary importance for driving variance in total reproductive success in such populations, multi-brooding should not affect variance in W_{RS} , but rather allow some males to capitalize on additional opportunities to gain extra-pair success with multi-brooding females throughout the population, leading to greater variance in E_{RS} than in W_{RS} (e.g. Webster et al. 2007; Lebigre et al. 2012; Losdat et al. 2015). Thus, quantifying the relative influence of component sources of within-pair and extra-pair female fecundity (i.e. number of broods or litters, number of offspring per brood or litter) on male T_{RS} has the potential to highlight the life-history traits which may influence independent opportunities for selection to operate in wild populations.

Much work has focused on the role that E_{RS} can play in driving the opportunity for selection in free-living, socially monogamous populations (e.g. Yezerinac et al. 1995; Dolan et al. 2007; Webster et al. 2007; Balenger et al. 2009; Vedder et al. 2011; Lebigre et al. 2013), while other authors suggest that many of the purported effects of E_{RS} on the opportunity for selection may be inflated by incomplete sampling of potential extra-pair sires (Whittingham and Dunn 2004; Freeman-Gallant et al. 2005; Albrecht et al. 2007), or may vary with annual

variation in social-environmental factors such as population density (Møller and Birkhead 1993; Taff et al. 2013). However, the majority of field-based studies investigating the opportunity for selection are conducted over relatively short timescales and are thus limited to decomposing variance in annual reproductive success only. Given within-individual heterogeneity in annual reproduction, individual strategies to maximize annual or lifetime reproductive success may differ, depending on socio-environmental context or individual phenotype. If selection acted consistently over the lifetimes of individuals, we would observe little variation among years in the effects of individual components of W_{RS} and E_{RS} on total variance in annual reproductive success (T_{ARS}). Similarly, under consistent selection, individual components of W_{RS} and E_{RS} would exhibit consistent effects on T_{ARS} and total variance in lifetime (T_{LRS}) reproductive success, as well as realized mean annual and lifetime reproductive success in the population ($\overline{ARS}$ and $\overline{LRS}$, respectively). If, however, individual males trade off shorter- versus longer-term reproductive success, the effects of individual components of variance in W_{RS} and E_{RS} would exhibit opposing patterns between annual and lifetime reproductive success. Therefore, evaluating how components of reproduction that affect overall variance in T_{ARS} and T_{LRS} may differ, and quantifying how such components actually affect realized $\overline{ARS}$ and $\overline{LRS}$, are crucial to our understanding of how the opportunity for selection operates in wild populations.

For males of many species, particularly those that engage in bi-parental care, reproductive gains through extra-pair mating may be offset by losses in within-pair paternity, resulting in a negative covariance (and hence a reproductive trade-off) between W_{RS} and E_{RS} . For instance, seeking extra-pair copulations may come at the expense of losing within-pair paternity through reduced mate-guarding (Westneat and Stewart 2003; Kokko and Morrell 2005; Dias et al. 2009; Harts et al. 2016; Reitsma et al. 2018). In contrast, some studies find positive overall

covariance between W_{RS} and E_{RS} , indicating that males with a higher propensity for acquiring extra-pair mates and/or siring extra-pair young are also more likely to have higher within-pair success (Yezerinac et al. 1995; Albrecht et al. 2007; Ferree and Dickinson 2014; Reid et al. 2014). We currently have a poor understanding of where potential sources of such trade-offs exist in wild populations, in part due to the data requirements needed to accurately quantify covariance among individual components of W_{RS} and E_{RS} . Co-variances have the potential to dramatically shape the evolutionary dynamics of reproductive systems (Lebigre et al. 2013; Reid et al. 2014). Evaluating sources of covariance among individual components of W_{RS} and E_{RS} is therefore a key facet of identifying potential sources of reproductive trade-offs and thus quantifying the overall opportunity for sexual selection to operate.

Here, we use 16 years of detailed breeding observations and genetic paternity data from a longitudinal study of black-throated blue warblers (*Setophaga caerulescens*) to identify the contributions of components of W_{RS} and E_{RS} , as well as their covariances, to the opportunity for selection in this socially monogamous, multi-brooded songbird. We decompose T_{ARS} and T_{LRS} to their component sources of (co)variance to identify which sources represent the greatest overall opportunity for selection to operate in this system, both annually and over the lifetimes of individual males. Secondly, we test for the presence of reproductive trade-offs between components of W_{RS} and E_{RS} . If strong sources of negative covariance exist among components of W_{RS} and E_{RS} , it would suggest that selection favors males trading off one reproductive pathway for the other. If, however, there is non-negative covariance between W_{RS} and E_{RS} , it would suggest that males which employ reproductive strategies that achieve higher success in one pathway experience higher overall fitness on average, and that selection favors males which are capable of capitalizing on multiple facets of reproductive success.

133

134 **Material and Methods**

135 *Population monitoring and focus on selection in males*

136 We monitored an individually marked population of black-throated blue warblers over 16 years
 137 (1999-2015) at the Hubbard Brook Experimental Forest (3,160ha) in New Hampshire, USA
 138 (43°56'N, 71°45'W). The breeding ecology of this long-term study population is described in
 139 detail elsewhere (e.g. Rodenhouse et al. 2003; Sillett et al. 2004; Holmes 2011; Kaiser et al.
 140 2017). In brief, black-throated blue warblers are migratory, territorial songbirds found in
 141 relatively high densities at our study site. Arrival and the onset of breeding typically occurs in
 142 early May (Holmes et al. 2017), and males defend 1-4 ha territories until breeding ends in
 143 August (Sillett et al. 2004). Each season, adult males (socially-paired and unpaired) and females
 144 are captured in mist nets, marked with a unique combination of three colored leg bands and one
 145 aluminium U.S. Geological Survey (USGS) leg band, and blood sampled (~70 µl) from the
 146 brachial vein. All nesting attempts are monitored on three study plots (35-85 ha). Nestlings are
 147 banded with one USGS leg band and blood sampled (~30 µl) on day 6 after hatching, and then
 148 monitored daily until nest departure (i.e. fledge date, approx. 9 days after hatching; Holmes et al.
 149 2017).

150 Our current study focused on the opportunity for selection in males, since sexual
 151 selection tends to operate more strongly among males than among females in many animal
 152 populations (Bateman 1948; Wade 1979; Arnold and Duvall 1994; Shuster 2009; but see
 153 Clutton-Brock 2007). Females are often the choosier sex because they are energetically limited
 154 in the number of offspring they can produce (i.e. fecundity) and show relatively little among-
 155 individual variation in reproductive success compared to males (e.g. Hoogland and Foltz 1982;

Freeman-Gallant et al. 2005; Lebigre et al. 2012). In contrast, male reproductive success is often limited by the number of potential mates they can attract and by the number of offspring that they sire throughout the population, leading to greater variance in T_{RS} as some males attract numerous females and/or sire many offspring while others have low mating or siring success (e.g. Cerchio et al. 2005; Freeman-Gallant et al. 2005; Webster et al. 2007; Lebigre et al. 2012; Dubuc et al. 2014). Decomposing the potentially complex components of variance in female reproductive success is an important topic of consideration in its own right; however, such analyses are beyond the scope of our current study and, given lower variance compared to males, will likely be further informed by first identifying the components of female fecundity which may influence variation in male within-pair and extra-pair reproductive success (below).

Genetic paternity assignment and calculation of annual/lifetime reproductive success

Detailed methods regarding genetic paternity assignment for this system are described by Kaiser et al. (2017). Briefly, we genotyped 4097 offspring and >95% of all adults in the study area (including candidate males adjacent to plot boundaries) at six highly polymorphic microsatellite loci using Genemapper v.4.1 (Applied Biosystems). We conducted parentage analyses for each year and study plot separately using CERVUS v3.0 (Kalinowski et al. 2007), which uses a maximum likelihood-based approach to infer parentage. The above methods resulted in a combined probability of paternal exclusion of 0.999 (Kaiser et al. 2017).

We define a male's annual reproductive success as the total number of fledglings that he sired in a given year. Within-pair success represents the number of sired offspring fledged from nesting attempts by his social female(s) on his territory, while extra-pair success represents all other fledged offspring that he sired within the population that year. Lifetime reproductive

success is defined as a male's summed annual reproductive success over his lifetime as a breeder in the population. An individual male was classified as dead/no-longer breeding if they were no longer observed in the population (e.g. defending a territory or mating/caring for offspring) and if no further offspring were genetically assigned to the focal male in any subsequent year. Genetic paternity data were not available before 1999 and after 2016 at the time of analysis; therefore we excluded $n = 11$ males that were breeders before 1999 and $n = 21$ males that survived beyond 2016 from analyses of lifetime reproductive success to avoid underestimating this metric for males that may have produced offspring outside of the study period.

Statistical analyses

All analyses were performed in R 3.5.1 (R Development Core Team 2018). Our initial dataset consisted of 1108 observations of male annual reproductive success (i.e. 'male-years') from 1999-2015. For all analyses, we excluded observations from males that produced either within-pair or extra-pair offspring with females on territories that were part of brood manipulation ($n = 50$) or food supplementation ($n = 79$) experiments. To ensure that our analyses included the most accurate information possible on extra-pair reproductive success, we also excluded males that had a higher likelihood of siring unsampled extra-pair offspring outside of the study area ($n = 210$ males with territories located within 210m [the equivalent of ~3 territory lengths] of the plot boundaries, Kaiser et al. 2017). Results remained qualitatively similar between the reduced and full dataset (e.g. variance decomposition results changed by <1% for total annual reproductive success).

We first decomposed population-wide variance in T_{ARS} and T_{LRS} over the entire study period to identify the components of variance in annual and lifetime reproductive success that

present the greatest opportunity for selection to operate. Variance in total reproductive success (T_{RS} , here representing either total annual [T_{ARS}] or lifetime [T_{LRS}] reproductive success) is the sum of variances of a male's within-pair reproductive success (W_{RS}) and extra-pair reproductive success (E_{RS}) success, as well as $2\times$ their associated covariance:

$$\text{Var}(T_{RS}) = \text{Var}(W_{RS}) + \text{Var}(E_{RS}) + 2 \text{Cov}(W_{RS}, E_{RS}).$$

Following Webster et al. (1995), T_{RS} can be further partitioned into separate components of pairing success (i.e. number of mates, M), female fecundity, and paternity (P) allocation (and their associated covariances), which act multiplicatively to equal either W_{RS} or E_{RS} for an individual male (Figure 1). However, our variance decomposition differs from Webster et al. (1995) in that here we further partition female fecundity into two parts: the number of broods (B) produced per female, given that some females in our population will double-brood under favorable environmental conditions (Nagy and Holmes 2005a; Kaiser et al. 2015), and female fecundity per brood (i.e. the number of offspring produced per brood, F). For ease of interpretation, we present each component of variance or covariance as the population wide (co)variance of the component itself (e.g. M_w represents variance in within-pair pairing success, and $\text{Cov}(M_w, M_e)$ represents the covariance between within-pair and extra-pair pairing success), but see Supporting Information S1 for full descriptions of how each variance component was calculated. Males that had zero success in one component of W_{RS} or E_{RS} were not included in analyses of downstream variance decomposition to avoid conflating variance estimates (following Webster et al. 1995; Freeman-Gallant et al. 2005). Note that this method of variance decomposition also estimates remainder terms, where the total remainder (D_T) is equal to $D_w + D_e + D_{we}$, which are each calculated by subtracting the summed variance of each individual component from the overall variance in W_{RS}/E_{RS} /their covariance; e.g. $D_w = \text{Var}(W_{RS}) - (\text{Var}[M_w]$

+ $\text{Var}[B_w] + \text{Var}[F_w] + \text{Var}[P_w] + \text{Cov}[M_w, B_w] + \text{Cov}[M_w, F_w] + \text{Cov}[M_w, P_w] + \text{Cov}[B_w, F_w] +$
 $\text{Cov}[B_w, P_w] + \text{Cov}[F_w, P_w]$). These remainder terms capture multivariate skewness expressed in
the higher order moments of the distributions of each component of reproductive success, such
that total variance in T_{ARS} and T_{LRS} is not a simple sum of the component variances and
covariances (Bohrnstedt and Goldberger 1969; Webster et al. 1995; Dolan et al. 2007; Lawler
2007).

We identified components of (co)variance in both T_{ARS} and T_{LRS} that constituted a
substantial percentage (arbitrary cut-off of $\geq 10\%$) of the total variance across the full study
period. For T_{ARS} , we further conducted time-series analyses to evaluate whether these key
components in annual reproductive success consistently provided the greatest opportunity for
sexual selection in each year of study (i.e. under varying socio-environmental conditions such as
population density or population age-structure). To do so, we replicated our variance
decomposition (above) for each individual year in the study period, extracted the percent of total
variance in T_{ARS} attributed to each key component, as well as overall (co)variance in W_{RS} and
 E_{RS} , and both visually inspected time series plots for presence of lags and conducted
Kwiatkowski-Phillips-Schmidt-Shin (KPSS) tests to determine if each time series was trend
stationary (i.e. lack of overall significant positive/negative trend over the study period).

Lastly, we determined the relative effect of each key component of W_{RS} and E_{RS} on mean
annual and lifetime reproductive success ($\overline{ARS}$ and $\overline{LRS}$) in the population using generalized
mixed effects models and a model averaging approach. For $\overline{ARS}$, we constructed a global mixed
model (Poisson distribution) which included male identity and year as random effects, and M_w ,
 B_w , P_w , M_e , B_e as fixed effects (see Table 1 for justification) as well as the interaction between B_w
and B_e , to represent the covariance between these two components that explain a substantial

portion of variance in T_{ARS} (Table 1). All fixed effects were standardized to mean = 0, SD = 1 to reduce any influence of measurement scale on model results and to allow direct comparison of model coefficients (White and Burnham 1999). We ran all possible combinations of these fixed effects ($n = 40$ models total) and selected a subset with a difference in Akaike Information Criterion ($\Delta AIC \leq 7$) from the best-fitting model. We chose a cutoff of $\Delta AIC \leq 7$ to ensure that estimates of the relative influences of each predictor on $\overline{ARS}$ were as conservative and inclusive as possible (Burnham and Anderson 2002). We then averaged parameter estimates for each predictor included in this subset of models to create one representative (full-average) estimate of the relative effects of each component on $\overline{ARS}$ (Burnham and Anderson 2002; Germain and Arcese 2014; Germain et al. 2015, 2018). Statistical significance for each fixed effect was assessed by whether 95% confidence intervals (CIs) overlapped zero.

We repeated this approach for $\overline{LRS}$, constructing a global mixed model (Poisson distribution) which included male identity and male longevity (years breeding in the population) as random effects, and M_w , B_w , F_w , P_w , M_e , B_e , F_e , and P_e as fixed effects, as well as the interactions between $M_w \times F_w$, $M_e \times F_e$, $M_w \times M_e$, $M_w \times F_e$, $M_w \times P_e$, $B_w \times B_e$, $B_w \times P_e$, $F_w \times M_e$, and $F_e \times F_w$ to represent covariances among these key components of variance in T_{LRS} (see Table 2 for justification). We again ran all possible combinations of these fixed effects ($n = 4458$ models), selected those within $\Delta AIC \leq 7$ of the best-fitting model, and averaged parameter estimates for each predictor included in this subset (as above).

Results

Male black-throated blue warblers exhibited considerable variation in both within-pair (mean = 1.7 young sired $\pm$ 1.9SD, range = 0–9) and extra-pair (mean = 1.1 young sired $\pm$ 1.5SD, range = 0–9) annual reproductive success, leading to substantial variation in the total number of offspring produced annually (mean = 2.8 $\pm$ 2.3SD, range = 0–14; Figure 2a). Similarly, males varied in the number of within-pair (mean = 2.76 $\pm$ 3.2SD, range = 0–23) and extra-pair (mean = 1.77 $\pm$ 2.4SD, range = 0–14) offspring produced over their lifetimes. Hence, the Hubbard Brook population had relatively large variance in lifetime reproductive success (mean = 4.54 $\pm$ 4.7SD, range = 0–28), where most males produced few offspring and a small proportion produced many (Figure 2b).

Within-pair and extra-pair components likewise varied throughout the population. Males had a higher mean number of within-pair mates (mean = 0.94 $\pm$ 0.41SD, range = 0–2) but exhibited a broader range in their number of extra-pair mates (mean = 0.69 $\pm$ 0.79SD, range = 0–5) within a given year. While the number of broods produced by within-pair (mean = 1.12 $\pm$ 0.51SD, range = 0–2) and extra-pair females (mean = 1.35 $\pm$ 0.45SD, range = 0–2) were similar, fecundity per brood was slightly lower for within-pair females (mean = 2.8 $\pm$ 1.08SD, range = 0–4) than extra-pair females (mean = 3.02 $\pm$ 0.85SD, range = 1–4.75), but note that sampling methodology requires a male to successfully sire one offspring to be included in analysis of extra-pair success. This is also reflected in the slight difference in range between the proportion of offspring sired per within-pair (mean = 0.58 $\pm$ 0.41SD, range = 0–1) and extra-pair (mean = 0.46 $\pm$ 0.25SD, range = 0.11–1) brood.

The opportunity for selection in Annual Reproductive Success

Decomposition of the total opportunity for selection in annual reproductive success revealed that the majority of variance (~64%) in T_{ARS} was attributable to variance calculated

from the within-pair pathway, of which within-pair paternity success (P_w) constituted the greatest proportion (26.4%, Table 1). Both the number of within-pair mates (M_w) and number of broods produced by within-pair mates (B_w) also each accounted for roughly 10% of T_{ARS} , suggesting multiple distinct components of selection within the W_{RS} pathway of annual reproductive success (Table 1). In contrast, the ~42% of variance in T_{ARS} attributable to the extra-pair pathway (E_{RS}) was almost entirely accounted for by the number of extra-pair mates the male acquired (M_e , 39.6%; Table 1). Overall covariance between W_{RS} and E_{RS} was slightly negative (-6.2% of total variance in T_{ARS}), with only the positive covariance between the number of broods by within-pair and extra-pair females ($\text{Cov}[B_w, B_e]$) accounting for a substantial proportion of variance in T_{ARS} (10.6%, Table 1).

Variance in T_{ARS} varied dramatically across the 16-year study, indicating that the overall opportunity for selection differed among years (Figure 3a). Despite this, variance in T_{ARS} was trend stationary (KPSS trend = 0.13, $p = 0.08$), indicating no significant trend in the change in variance over the study period. The percent of T_{ARS} attributable to variance in W_{RS} likewise varied considerably, but also remained trend stationary (KPSS trend = 0.13, $p = 0.07$) and accounted for more total variance than E_{RS} in each year of study (Figure 3b). Among components of variance in within-pair reproductive success (Figure 3b), both number of within-pair mates (M_w) and number of within-pair broods (B_w) alternated above and below 10% of variance in T_{ARS} , and while M_w exhibited no obvious trend (KPSS trend = 0.11, $p = 0.1$), variance in B_w exhibited a non-significant negative trend over the study period (KPSS trend = 0.15, $p = 0.05$, Figure 3b). Similarly, the proportion of within-pair offspring sired (P_w), which consistently accounted for the largest percentage of T_{ARS} among within-pair components, also exhibited a non-significant negative trend (KPSS trend = 0.14, $p = 0.05$), due to high within-pair variance during the early portion of the study. Both E_{RS} and its main component, the number of extra-pair mates acquired,

consistently accounted for ~40% of T_{ARS} and both were trend stationary (E_{RS} – KPSS trend = 0.05, $p = 0.1$; M_e – KPSS trend = 0.10, $p = 0.1$). In contrast, the overall covariance between W_{RS} and E_{RS} varied from -73% to 28% of total variance in T_{ARS} over the study period, where negative values indicate a trade-off between within-pair and extra-pair reproductive success, and which may counter-act high proportions of variance ascribed to W_{RS} or E_{RS} in particular years (e.g., 2000, 2001; Figure 3d). Despite this wide range of variance in T_{RS} attributed to $Cov(W_{RS}, E_{RS})$, the overall covariance between within-pair and extra-pair reproductive success remained trend stationary (KPSS trend = 0.07, $p = 0.1$), as did its main constituent component, the covariance between within-pair and extra-pair number of broods (KPSS test = 0.08, $p = 0.1$).

Our global model (i.e. including all investigated predictor variables) of the effects of each key component on $\overline{ARS}$ was a good fit to the data ($R^2 = 0.43$). Our model subset included six models with $\Delta AIC \leq 7$ from the best-fitting model. All five fixed effects and the interaction between B_w and B_e were included in our final averaged model. Of these, M_w , B_w , P_w , and M_e had significant, positive effects on $\overline{ARS}$ (Figure 4), indicating that males achieved the highest annual reproductive success by pairing with multiple double-brooded females, securing within-pair paternity, and mating with multiple extra-pair females (See Supporting Information S2 for full parameter estimates from final averaged model and all models in top subset).

The opportunity for selection in Lifetime Reproductive Success

Decomposition of the opportunity for selection in lifetime reproductive success revealed that, similar to T_{ARS} , substantially more variance in T_{LRS} was attributable to variance in within-pair reproductive success than to variance in extra-pair success (46.7% versus 26.7%,

respectively, Table 2). Indeed, every individual component of W_{RS} contributed a substantial (>10%) proportion of total variance in T_{LRS} , and the covariance between M_w and F_w accounted for over 50%. Similarly, although M_e again contributed the most of any single component to variance in E_{RS} , F_e and P_e also accounted for $\geq 10\%$ of total variance. The covariance between M_e and F_e contributed to almost 100% of variance in T_{LRS} , indicating that the interaction between these two components is a strong driver of variance in male lifetime reproductive success (Table 2). Several components of within-pair/extra-pair covariances contributed to more than 10% of the total positive or negative variance in T_{LRS} , suggesting the potential for both synergistic and trade-off effects between individual components of each pathway. However, overall covariance between W_{RS} and E_{RS} was positive and accounted for as much total variance in T_{LRS} as E_{RS} itself (~27%), indicating that there is no overall trade-off between the within-pair and extra-pair pathways in terms of male lifetime reproductive success in this system. Despite the strong potential for these listed sources of (co)variance to affect overall population-wide variance in male T_{LRS} , large, negative sources of (co)variance (D_w , D_e , D_{we} , D_T , Table 2) were unaccounted for in our decomposition. Although the biological significance of such remainder terms is difficult to interpret without knowledge of how higher-order moments of the distribution of each within-pair and extra-pair component affect lifetime reproductive success (e.g. multivariate skewness: Bohrnstedt and Goldberger 1969; Lawler 2007), their relatively large, negative values suggest that some amount of realized variation in T_{LRS} is not captured by decomposing variance to its within-pair and extra-pair components and their associated covariances.

Our global model of the effects of each key component on mean lifetime reproductive success was an extremely good fit to the data ($R^2 = 0.86$). A total of 147 models were included in the subset of models within $\Delta AIC \leq 7$ from the best-fitting model, which included all fixed effects and all interaction terms. We detected significant, positive effects of B_w , F_w , P_w , B_e , F_e , P_e

on $\overline{LRS}$, and significant negative effects from the interactions between $M_w \times F_w$, and $M_e \times F_e$, indicating that males in this population achieve the highest lifetime reproductive success by pairing with fewer double-brooded females that produced more offspring per brood and allocated more within-pair paternity to the focal male, and by mating with fewer double-brooding extra-pair females that likewise produced more offspring per brood and allocated more paternity towards the focal male. All other terms had CIs that overlapped zero (Figure 5), and were not considered to have statistically significant effects on $\overline{LRS}$ (see Supporting Information S3 for full parameter estimates from final averaged model and all models in top subset).

Discussion

Quantifying the opportunity for selection among different components of individual reproductive success is a key method for determining the evolutionary dynamics of mating systems within wild animal populations (Webster et al. 1995; Reid et al. 2014; Losdat et al. 2015). By identifying where the greatest opportunities for selection exist among various components of reproduction, and determining how the effects of these components may change annually or over the lifetimes of individual males, we can elucidate the reproductive strategies that males employ to maximize reproductive success as well as determine how such strategies may change over time. In a free living, multi-brooded songbird population, we found that among-individual variation in within-pair components of reproductive success consistently accounted for more of the total overall variance in both annual and lifetime reproductive success than did extra-pair components of variance (Table 1, Table 2, Figure 3). Several of these within-pair components were likewise associated with higher mean annual (Figure 4) and lifetime (Figure 5) reproductive success, and generally exhibited non-negative covariance with extra-pair

components, suggesting that allocating resources towards attracting and defending access to socially-paired mates is likely a key tactic for maximizing annual and lifetime fitness in species which exhibit environmentally-mediated multiple brooding.

The majority of variance in total annual reproductive success (T_{ARS}) was accounted for by four individual components of variance and one component of covariance which each explained $\geq 10\%$ (Table 1). Although the percentage of T_{ARS} accounted for by W_{RS} did vary somewhat from year-to-year in our study (Figure 3b), the influences of each individual component of W_{RS} were relatively stable over the longer-term, indicating that individual behavioral strategies aimed at maximizing annual reproductive success are likely under consistent selection in this population. This finding contrasts with previous work indicating that the influence of particular variance components on the opportunity for selection can co-vary with socio-environmental factors like annual breeding density over shorter time periods (e.g. Møller and Birkhead 1993; Taff et al. 2013; Evans and Garcia-Gonzalez 2016). The overall covariance between W_{RS} and E_{RS} was slightly negative for T_{ARS} (Table 1) and tended to be negative in most years (Figure 3d); however, the positive covariance between the number of broods produced by a male's socially-paired mate(s) and his extra-pair mate(s) ($\text{Cov}[B_w, B_e]$) was relatively consistent in accounting for $\geq 10\%$ of total variance in T_{ARS} , and was never negative over the 16 year study (Figure 3d). This indicates that while the opportunity for selection to operate on synergistic effects of multiple brooding among within-pair and extra-pair mates can vary somewhat annually, males never experienced a trade-off between the number of broods their socially-paired and extra-pair mates produced. While future studies will need to pinpoint the precise spatial and/or environmental variables which drive the positive covariance between within-pair and extra-pair double brooding, our results indicate that this covariance makes a relatively small but important contribution towards driving the opportunity for selection in this system.

In practice, all four key individual components of variance in T_{ARS} (i.e. M_w , B_w , P_w , and M_e) had significant, positive effects on mean annual reproductive success ($\overline{ARS}$) in our study population (Figure 4). Previous work from this population likewise indicates that greater investment in aspects of within-pair reproduction results in a higher reproductive net-gain for individual males, and that ‘high quality’ males on food-rich territories tend to invest in behaviors that enhance W_{RS} (e.g. increased mate-guarding and territorial defense) over those that enhance E_{RS} (e.g. extra-territorial forays; Kaiser et al. 2015, 2017). Food limitation appears to be the proximate mechanism behind such territorially-driven variation in mating strategies at Hubbard Brook, as females nesting in food-rich territories are more likely to double brood than those occupying food-limited habitat, with little loss in terms of individual energetic balance or lifespan (Holmes et al. 1996; Nagy and Holmes 2005a; Kaiser et al. 2015, 2017; Lany et al. 2016;). Taken together, our results indicate that securing a high-quality breeding territory is the key strategy for males in this population to maximize annual reproductive success via the within-pair pathway, and that doing so does not necessarily limit their ability to also achieve some E_{RS} through mating with multiple extra-pair females. Indeed, doing so may occasionally result in a higher reproductive net gain via the positive covariance between within-pair and extra-pair female brooding (Table 1, Figure 3). With warming temperatures, earlier springs and longer breeding seasons increase the frequency of double-brooding in our study species and other opportunistically double-brooding passerine birds (Townsend et al. 2013; Both et al. 2019), which may explain the near-significant negative trend in B_w over our study (i.e. more double-brooding females will decrease overall variance in B_w ; Figure 3). Increased growing season length with earlier leaf-out date and later leaf senescence, documented at Hubbard Brook (Richardson et al. 2006) and elsewhere (Ibáñez Inés et al. 2010; Fridley 2012) could therefore translate to higher realized annual reproductive success for males able to capitalize on both

maximizing W_{RS} among their double-brooding socially-paired mate(s) and gaining additional E_{RS} with extra-pair females throughout the population.

Within-pair components of variance also accounted for the majority of variance in total lifetime reproductive success (T_{LRS}), as we found for T_{ARS} , but the relative influences of within-pair and extra-pair sources of (co)variance on the opportunity for selection differed somewhat between annual and lifetime reproduction (Table 2). Further, more individual components of T_{LRS} accounted for $\geq 10\%$ of variance than those of T_{ARS} . Several of these individual components accounted for over half (to almost all) of the total variance in T_{LRS} before taking negative covariance terms and remainder (D) terms into account (Table 2). Indeed, a striking feature of our variance decomposition of T_{LRS} is that several covariance terms, most notably between individual within-pair and extra-pair components, accounted for substantial proportions of variance, with the overall covariance between W_{RS} and E_{RS} accounting for as much of the total variance as overall extra-pair variance (Table 2). This highlights that potential synergies and tradeoffs among individual reproductive components may play a much larger role in influencing reproductive success over a male's lifetime than within a single breeding season. In particular, positive within-pair/extra-pair covariances in the opportunity for selection, as observed here, indicate that there are large potential lifetime fitness benefits for males able to capitalize on mating with extra-pair females while still investing in behaviors that enhance W_{RS} with their socially-paired mate(s). Previous research from this and other systems indicate that local breeding synchrony likely plays a role in the ability of males to copulate with extra-pair female neighbours while maintaining their own within-pair reproductive success (Stutchbury and Neudorf 1998; Chuang et al. 1999; Webster et al. 2001; Stewart et al. 2010). By mating with synchronously fertile females on nearby adjacent territories, males of some species can reduce the risk of losing within-pair paternity of their own offspring via reduced mate guarding while

seeking potential extra-pair mates over greater distances throughout the population (Kempnaers 1997; Weatherhead 1997; Reitsma et al. 2018). In our system, males on food-rich territories with double-brooding females may have increased access to neighboring females that likewise double-brood given greater food resources (Holmes et al. 1996; Nagy and Holmes 2005b), increasing the overall availability of both within-pair and extra-pair offspring for the focal male to sire. Future work investigating environmental drivers of the opportunity for selection should thus consider the role of local breeding synchrony as it relates to positive covariances between the W_{RS} and E_{RS} pathways.

Unlike our analysis of annual reproductive success, male lifetime reproductive success was more strongly influenced by female breeding quality and paternity allocation than by the number of mates a male acquired. Of the components of (co)variance found to have a substantial influence on the opportunity for sexual selection in lifetime reproductive success, six had significant, positive effects on $\overline{LRS}$ in the population (Figure 5). Surprisingly, neither the number of within-pair nor number of extra-pair mates had any significant effect on $\overline{LRS}$, contrary to our results for $\overline{ARS}$ (Figure 4). Instead, all individual components of variance related to female fecundity (B_w , F_w , B_e , F_e) and male siring success (P_w , P_e) had significant positive effects on $\overline{LRS}$. Further, the interaction between number of within-pair mates and their fecundity per brood, as well as the interaction between number of extra-pair mates and fecundity per brood of those mates were found to have significant negative effects on $\overline{LRS}$ (Figure 5), indicating that male black-throated blue warblers experience a lifetime trade-off in terms of the number and the quality of their mates through both the W_{RS} and E_{RS} pathways. These results are consistent with the hypothesis that males with multiple within-pair and/or extra-pair mates suffer reproductive losses annually compared to monogamous males (e.g. Dunn and Robertson 1993; Poirier et al.

2004; Reitsma et al. 2018). However, such patterns of negative covariance and lower reproductive success are not widely reported over the lifetimes of breeding males, in particular when contrasted with the apparent positive effects of more within-pair and extra-pair mates within a single breeding season. Taken together, our results suggest that males in this population may sacrifice short-term reproductive gains (i.e. higher $\overline{ARS}$ via more within-pair and/or extra-pair mates) for longer-term fitness benefits (represented by higher $\overline{LRS}$).

Standardized variance, commonly denoted I_s and which traditionally represents the metric of comparing the opportunity for selection among studies, was moderate for male annual reproductive success in our population, but relatively high for lifetime reproductive success (Table 1, Table 2). This is reflected by the greater degree of reproductive skew among males in terms of lifetime reproduction (Figure 2), where certain males in our population achieve exceptionally high output of within-pair and/or extra-pair offspring. Standardized variance in T_{ARS} was comparable to other species where within-pair success appears to play a larger role than extra-pair success in the opportunity for selection (e.g. savannah sparrows – Freeman-Gallant et al. 2005; roe deer – Vanpé et al. 2008), and considerably lower than among species where polygynous (i.e. extra-pair) mating drives the opportunity for selection in annual reproduction (e.g. fruit bats – Storz et al. 2001; sand gobies – Jones et al. 2001). Likewise, standardized variance in T_{LRS} was again lower than comparable studies where extra-pair reproduction drives variance in male fitness over their lifetimes (e.g. red-backed fairy wrens – Webster et al. 2007; song sparrows – Lebigre et al. 2015), but higher than estimates of standardized variance among primarily monogamous populations (e.g. California mouse – Ribble 1992; prairie voles – Shuster et al. 2019). Thus, while overall variance in male reproductive success in our population may be less skewed than observed in systems with higher rates of extra-pair paternity, our results

indicate that the potential fitness benefits of males allocating more resources to securing W_{RS} , in tandem with opportunistically seeking E_{RS} , leads to a greater overall opportunity for selection than expected if male time/energy were directed to their within-pair mates alone.

Overall, our results suggest that variance in within-pair reproductive success clearly drives the opportunity for selection in this multi-brooded population. Our ability to quantify annual variation in the effects of W_{RS} and E_{RS} as well as compare drivers of variance in T_{ARS} and T_{LRS} using this long-term dataset provides unique insight into how the opportunity for selection operates annually and over the lifetimes of males in a multi-brooded, socially monogamous but genetically polygynous species. While the components of (co)variance which most strongly affect both the opportunity for selection and realized reproductive success differed somewhat between short (i.e. annual) and longer (i.e. lifetime) timescales, components of W_{RS} consistently accounted for more total variance in T_{ARS} and T_{LRS} , and had greater contributions to higher mean annual and lifetime reproductive success, than did components of E_{RS} . The potential for annual reproductive tradeoffs between within-pair and extra-pair components of variance were outweighed by the overall positive covariance between W_{RS} and E_{RS} . Thus, males able to maximize W_{RS} likely achieve higher overall lifetime fitness via both the within-pair and extra-pair reproductive pathways. This finding differs from comparable studies where greater extra-pair reproductive success among males is either uncorrelated with or can come at the expense of within-pair success (i.e. minimal or negative covariance; Webster et al. 1995; Freeman-Gallant et al. 2005; Webster et al. 2007; Lebigre et al. 2012; Taff et al. 2013), and thus hints at a potential ‘winner take all’ style of mating system within this socially monogamous yet genetically polygynous species. Minimal observed effects of annual variation in socio-environmental factors on the influences of components of W_{RS} indicate that consistent selection pressures may offer some males (e.g. those on food-rich territories, Kaiser et al. 2015, 2017) the opportunity to

capitalize on long-term reproductive benefits (e.g. double-brooding by their socially-paired female), even if such benefits result in short term losses in annual reproductive success via reduced effort in seeking additional mates. In contrast, males on food-poor territories may experience more selective pressure to allocate resources towards extra-pair reproduction given their lower probability of within-pair success (Kaiser et al. 2015, 2017), leading to greater variance in components of E_{RS} in this subset of males. While our current study does not directly determine which phenotypic or ecological traits are influenced by the opportunity for selection (e.g. secondary sexual signals, competitive ability for territories), future studies should seek to determine if and how the opportunity for selection differs between high vs. low-quality territories in this and other systems, particularly as changing climate conditions alter breeding-season length and potentially reduce population-wide variance in key components of reproduction such as the ability of females to initiate multiple broods. Such studies, especially with regard to variance in reproduction among females, will not only provide unique insight into how habitat type can influence selection and the lifetime fitness, but also advance our understanding of how changing socio-environmental conditions can ultimately alter the mating systems of wild populations in seasonal environments.

Author contributions

R.R.G. and M.S.W. conceived the study, and R.R.G. conducted statistical analyses and wrote the manuscript with input from all authors. M.T.H, S.A.K, T.S.S. and M.S.W. collected data, and S.A.K. conducted parentage assignment.

549 **Acknowledgements**

550 We thank the many undergraduates and field technicians that contributed towards data
 551 collection, G.J. Colbeck, E.R.A. Cramer, and S. Bartos-Smith for assistance in the laboratory and
 552 with genotyping, and R.T. Holmes, M.P. Ayers, and N.L. Rodenhouse for logistic support. This
 553 research is a contribution of the Hubbard Brook Ecosystem Study, part of the Long-Term
 554 Ecological Research network supported by the National Science Foundation (grants awarded to
 555 Cornell University [0640470], the Smithsonian Institution [0640732] and Wellesley College
 556 [064082300]). R.R.G was supported by a postdoctoral grant from the Natural Sciences and
 557 Engineering Research Council of Canada.

558

559 **Data Accessibility**

560 All data underlying these analyses will be uploaded to Dryad upon acceptance

561

562 **Additional Files**

563 Supporting Information: Supporting Information sections S1-S3

Literature Cited

- Albrecht, T., J. Schnitzer, J. Kreisinger, A. Exnerová, J. Bryja, and P. Munclinger. 2007. Extrapair paternity and the opportunity for sexual selection in long-distant migratory passerines. *Behav. Ecol.* 18:477–486.
- Andersson, M. 1994. Sexual selection. Princeton University Press, Princeton, NJ.
- Arnold, S. J., and D. Duvall. 1994. Animal mating systems: a synthesis based on selection theory. *Am. Nat.* 143:317–348.
- Balenger, S. L., L. Scott Johnson, H. L. Mays Jr, and B. S. Masters. 2009. Extra-pair paternity in the socially monogamous mountain bluebird *Sialia currucoides* and its effect on the potential for sexual selection. *J. Avian Biol.* 40:173–180.
- Bateman, A. J. 1948. Intra-sexual selection in *Drosophila*. *Heredity* 2:349–368.
- Birkhead, T. R., and A. P. Møller. 1995. Extra-pair copulation and extra-pair paternity in birds. *Anim. Behav.* 49:843–848.
- Bohrnstedt, G. W., and A. S. Goldberger. 1969. On the exact covariance of products of random variables. *J. Am. Stat. Assoc.* 64:1439–1442.
- Both, C., R. Ubels, and P.-A. Ravussin. 2019. Life-history innovation to climate change: can single-brooded migrant birds become multiple breeders? *J. Avian Biol.* 50:e01951.
- Burnham, K., and D. Anderson. 2002. Model Selection and Multi-Model Inference: A Practical Information-Theoretic Approach. Springer, New York, NY.
- Cerchio, S., J. K. Jacobsen, D. M. Cholewiak, E. A. Falcone, and D. A. Merriwether. 2005. Paternity in humpback whales, *Megaptera novaeangliae*: assessing polygyny and skew in male reproductive success. *Anim. Behav.* 70:267–277.
- Chuang, H. C., M. S. Webster, and R. T. Holmes. 1999. Extrapair Paternity and Local Synchrony in the Black-Throated Blue Warbler. *Auk* 116:726–736.

588 Clutton-Brock, T. 2007. Sexual selection in males and females. *Science* 318:1882–1885.

589 Crow, J. F. 1991. Fitness variation on natural populations. Pp. 91–97 *in* *Evolution and Animal*
590 *Breeding Systems*. C.A.B. International, Wallingford.

591 Crow, J. F. 1958. Some possibilities for measuring selection intensities in man. *Hum. Biol.* 30:1–
592 13.

593 Dias, R. I., P. Salles, and R. H. Macedo. 2009. Mate guarding and searching for extra-pair
594 copulations: Decision-making when interests diverge. *Ecol. Inform.* 4:405–412.

595 Dolan, A. C., M. T. Murphy, L. J. Redmond, K. Sexton, and D. Duffield. 2007. Extrapair
596 paternity and the opportunity for sexual selection in a socially monogamous passerine.
597 *Behav. Ecol.* 18:985–993.

598 Dubuc, C., A. Ruiz-Lambides, and A. Widdig. 2014. Variance in male lifetime reproductive
599 success and estimation of the degree of polygyny in a primate. *Behav Ecol.* 25:878–889.

600 Dunn, P. O., and R. J. Robertson. 1993. Extra-pair paternity in polygynous tree swallows. *Anim.*
601 *Behav.* 45:231–239.

602 Emlen, S. T., and L. W. Oring. 1977. Ecology, sexual selection, and the evolution of mating
603 systems. *Science* 197:215–223.

604 Evans, J. P., and F. Garcia-Gonzalez. 2016. The total opportunity for sexual selection and the
605 integration of pre-and post-mating episodes of sexual selection in a complex world. *J.*
606 *Evol. Biol.* 29:2338–2361.

607 Ferree, E. D., and J. L. Dickinson. 2014. Male western bluebirds that sire extrapair young are
608 also successful within-pair mates. *Anim. Behav.* 90: 11–19

609 Freeman-Gallant, C. R., N. T. Wheelwright, K. E. Meiklejohn, S. L. States, and S. V. Sollecito.
610 2005. Little effect of extrapair paternity on the opportunity for sexual selection in
611 savannah sparrows (*Passerculus sandwichensis*). *Evolution* 59:422–430.

612 Fridley, J. D. 2012. Extended leaf phenology and the autumn niche in deciduous forest invasions.
613 *Nature* 485:359–362.

614 Gibson, R. M., and F. E. Guinness. 1980. Differential reproduction among red deer (*Cervus*
615 *elaphus*) stags on Rhum. *J. Anim. Ecol.* 49:199–208.

616 Germain, R. R., and P. Arcese. 2014. Distinguishing individual quality from habitat preference
617 and quality in a territorial passerine. *Ecology* 95:436–445.

618 Germain, R. R., R. Schuster, K. E. Delmore, and P. Arcese. 2015. Habitat preference facilitates
619 successful early breeding in an open-cup nesting songbird. *Funct. Ecol.* 29:1522–1532.

620 Germain, R. R., R. Schuster, C. E. Tarwater, W. M. Hochachka, and P. Arcese. 2018. Adult
621 survival and reproductive rate are linked to habitat preference in territorial, year-round
622 resident Song Sparrows *Melospiza melodia*. *Ibis* 160:568–581.

623 Harts, A. M. F., I. Booksmythe, and M. D. Jennions. 2016. Mate guarding and frequent
624 copulation in birds: A meta-analysis of their relationship to paternity and male
625 phenotype. *Evolution* 70:2789–2808.

626 Holmes, R. T. 2011. Avian population and community processes in forest ecosystems: Long-
627 term research in the Hubbard Brook Experimental Forest. *Forest Ecol. Manag.* 262:20–
628 32.

629 Holmes, R. T., S. A. Kaiser, N. L. Rodenhouse, T. S. Sillett, M. S. Webster. 2017. Black-
630 throated Blue Warbler (*Setophaga caerulescens*), version 3.0. In: *Birds of North America*
631 (P. Pyle, and M. A. Patten, eds). Cornell Lab of Ornithology, Ithaca, NY, USA.

632 Holmes, R. T., P. P. Marra, and T. W. Sherry. 1996. Habitat-specific demography of breeding
633 black-throated blue warblers (*Dendroica caerulescens*): implications for population
634 dynamics. J. Anim. Ecol. 65:183–195.

635 Hoogland, J. L., and D. W. Foltz. 1982. Variance in male and female reproductive success in a
636 harem-polygynous mammal, the black-tailed prairie dog (Sciuridae: *Cynomys*
637 *ludovicianus*). Behav. Ecol. Sociobiol. 11:155–163.

638 Ibáñez Inés, Primack Richard B., Miller-Rushing Abraham J., Ellwood Elizabeth, Higuchi
639 Hiroyoshi, Lee Sang Don, Kobori Hiromi, and Silander John A. 2010. Forecasting
640 phenology under global warming. Philos. T. Roy. Soc. B. 365:3247–3260.

641 Jones, A. G. 2009. On the opportunity for sexual selection, the Bateman gradient, and the
642 maximum intensity of sexual selection. Evolution 63:1673–1684.

643 Jones, A. G., D. Walker, C. Kvarnemo, K. Lindström, and J. C. Avis. 2001. How cuckoldry can
644 decrease the opportunity for sexual selection: data and theory from a genetic parentage
645 analysis of the sand goby, *Pomatoschistus minutus*. Proc. Nat. Acad. Sci. 31:9151–29156.

646 Kaiser, S. A., B. B. Risk, T. S. Sillett, and M. S. Webster. 2017. Ecological and social factors
647 constrain spatial and temporal opportunities for mating in a migratory songbird. Am. Nat.
648 189:283–296.

649 Kaiser, S. A., T. S. Sillett, B. B. Risk, and M. S. Webster. 2015. Experimental food
650 supplementation reveals habitat-dependent male reproductive investment in a migratory
651 bird. Proc. R. Soc. B. 282:20142523.

652 Kalinowski, S. T., M. L. Taper, and T. C. Marshall. 2007. Revising how the computer program
653 CERVUS accommodates genotyping error increases success in paternity assignment.
654 Mol. Ecol. 16:1099–1106.

655 Kempnaers, B. 1997. Does Reproductive Synchrony Limit Male Opportunities or Enhance
656 Female Choice for Extra-Pair Paternity? *Behaviour* 134:551–562.

657 Kokko, H., and L. J. Morrell. 2005. Mate guarding, male attractiveness, and paternity under
658 social monogamy. *Behav Ecol* 16:724–731.

659 Krakauer, A. H., M. S. Webster, E. H. Duval, A. G. Jones, and S. M. Shuster. 2011. The
660 opportunity for sexual selection: not mismeasured, just misunderstood. *J. Evol. Biol.*
661 24:2064–2071.

662 Lane, J. E., S. Boutin, M. R. Gunn, and D. W. Coltman. 2009. Sexually selected behaviour: red
663 squirrel males search for reproductive success. *J. Anim. Ecol.* 78:296–304.

664 Lawler, R. R. 2007. Fitness and extra-group reproduction in male Verreaux’s sifaka: An analysis
665 of reproductive success from 1989–1999. *Am. J. Phys. Anthropol.* 132:267–277.

666 Lebigre, C., P. Arcese, and J. M. Reid. 2013. Decomposing variation in male reproductive
667 success: age-specific variances and covariances through extra-pair and within-pair
668 reproduction. *J. Anim. Ecol.* 82:872–883.

669 Lebigre, C., P. Arcese, R. J. Sardell, L. F. Keller, and J. M. Reid. 2012. Extra-pair paternity and
670 the variance in male fitness in song sparrows (*Melospiza melodia*). *Evolution* 66:3111–
671 3129.

672 Losdat, S., P. Arcese, and J. M. Reid. 2015. Double decomposition: decomposing the variance in
673 subcomponents of male extra-pair reproductive success. *J. Anim. Ecol.* 84:1384–1395.

674 Møller, A. P., and T. R. Birkhead. 1993. Cuckoldry and sociality: a comparative study of birds.
675 *Am. Nat.* 142:118–140.

676 Nagy, L. R., and R. T. Holmes. 2005a. Food limits annual fecundity of a migratory songbird: an
677 experimental study. *Ecology* 86:675–681.

678 Nagy, L. R., and R. T. Holmes. 2005b. To double-brood or not? Individual variation in the
679 reproductive effort in Black-Throated Blue Warblers (*Dendroica Caerulescens*). Auk
680 122:902–914.

681 Poirier, N. E., L. A. Whittingham, and P. O. Dunn. 2004. Males achieve greater reproductive
682 success through multiple broods than through extrapair mating in house wrens. Anim.
683 Behav. 67:1109–1116.

684 R Development Core Team. 2018. R: A Language and Environment for Statistical Computing. R
685 Foundation for Statistical Computing, Vienna, Austria.

686 Reid, J., P. Arcese, L. Keller, and S. Losdat. 2014. Female and male genetic effects on offspring
687 paternity: additive genetic (co)variances in female extra-pair reproduction. Evolution
688 68:3357–2370.

689 Reitsma, L. R., J. A. Jukosky, A. J. Kimiatek, M. L. Goodnow, and M. T. Hallworth. 2018.
690 Extra-pair paternity in a long-distance migratory songbird beyond neighbors’ borders and
691 across male age classes. Can. J. Zool. 96:49–54.

692 Ribble, D. O. 1992. Lifetime reproductive success and its correlates in the monogamous rodent,
693 *Peromyscus californicus*. J. Anim. Ecol. 61:457–468.

694 Richardson, A. D., A. S. Bailey, E. G. Denny, C. W. Martin, and J. O’keefe. 2006. Phenology of
695 a northern hardwood forest canopy. Glob. Change Biol. 12:1174–1188.

696 Rodenhouse, N., T. Sillett, P. Doran, and R. Holmes. 2003. Multiple density–dependence
697 mechanisms regulate a migratory bird population during the breeding season. Proc. R.
698 Soc. B. 270:2105–2110.

699 Shuster, S. M. 2009. Sexual selection and mating systems. PNAS 106 Suppl 1:10009–16.

700 Shuster, S. M., R. M. Willen, B. Keane, and N. G. Solomon. 2019. Alternative mating tactics in
701 socially monogamous prairie voles, *Mircotus ochrogaster*. *Front. Ecol. Evol.* 7:
702 2019.00007

703 Sillett, T. S., N. L. Rodenhouse, and R. T. Holmes. 2004. Experimentally reducing neighbor
704 density affects reproduction and behavior of a migratory songbird. *Ecology* 85:2467–
705 2477.

706 Stewart, S. L. M., D. F. Westneat, and G. Ritchison. 2010. Extra-pair paternity in eastern
707 bluebirds: effects of manipulated density and natural patterns of breeding synchrony.
708 *Behav Ecol Sociobiol* 64:463–473.

709 Storz, J. F., H. R. Bhat, and T. H. Kunz. 2001. Genetic consequences of polygyny and social
710 structure in an Indian fruit bat, *Cynopterus sphinx*. II. Variance in male mating success
711 and effective population size. *Evolution* 55:1224–1232.

712 Stutchbury, B. J. M., and D. L. Neudorf. 1998. Female control, breeding synchrony, and the
713 evolution of extra-pair mating systems. *Ornithol. Mono.* 103–121.

714 Taff, C. C., C. R. Freeman-Gallant, P. O. Dunn, and L. A. Whittingham. 2013. Spatial
715 distribution of nests constrains the strength of sexual selection in a warbler. *J. Evol. Biol.*
716 26:1392–1405.

717 Townsend, A. K., T. S. Sillett, N. K. Lany, S. A. Kaiser, N. L. Rodenhouse, M. S. Webster, and
718 R. T. Holmes. 2013. Warm springs, early lay dates, and double brooding in a North
719 American migratory songbird, the black-throated blue warbler. *PLOS ONE* 8:e59467.

720 Vanpé, C. V., P. Kjellander, M. Galan, J-F. Cosson, S. Aulagnier, O. Liberg, A. J. M. Hewison.
721 2008. Mating system, sexual dimorphism, and the opportunity for sexual selection in a
722 territorial ungulate. *Behav. Ecol.* 19:309–316.

- Vedder, O., J. Komdeur, M. van der Velde, E. Schut, and M. J. L. Magrath. 2011. Polygyny and extra-pair paternity enhance the opportunity for sexual selection in blue tits. *Behav Ecol Sociobiol* 65:741–752.
- Wade, M. J. 1979. Sexual selection and variance in reproductive success. *Am. Nat.* 114:742–747.
- Wade, M. J., and S. J. Arnold. 1980. The intensity of sexual selection in relation to male sexual behaviour, female choice, and sperm precedence. *Anim. Behav.* 28:446–461.
- Weatherhead, P. J. 1997. Breeding synchrony and extra-pair mating in red-winged blackbirds. *Behav Ecol Sociobiol* 40:151–158.
- Webster, M. S., H. C. Chuang-Dobbs, and R. T. Holmes. 2001. Microsatellite identification of extrapair sires in a socially monogamous warbler. *Behav Ecol* 12:439–446.
- Webster, M. S., S. Pruett-Jones, D. F. Westneat, and S. J. Arnold. 1995. Measuring the effects of pairing success, extra-pair copulations and mate quality on the opportunity for sexual selection. *Evolution* 49:1147–1157.
- Webster, M. S., K. A. Tarvin, E. M. Tuttle, and S. Pruett-Jones. 2007. Promiscuity drives sexual selection in a socially monogamous bird. *Evolution* 61:2205–2211.
- Westneat, D. F., and I. R. K. Stewart. 2003. Extra-pair paternity in birds: causes, correlates, and conflict. *Annu. Rev. Ecol. Syst.* 34:365–396.
- White, G., and K. Burnham. 1999. Program MARK: survival estimation from populations of marked animals. *Bird Study* 46:120–139.
- Whittingham, L. A., and P. O. Dunn. 2004. Effects of extra-pair and within-pair reproductive success on the opportunity for selection in birds. *Behav. Ecol.* 16:138–144.
- Whittingham, L. A., P. O. Dunn, and M. K. Stapleton. 2006. Repeatability of extra-pair mating in tree swallows. *Mol. Ecol.* 15:841–849.

747 Yezerinac, S. M., P. J. Weatherhead, and P. T. Boag. 1995. Extra-pair paternity and the
748 opportunity for sexual selection in a socially monogamous bird (*Dendroica petechia*).
749 Behav Ecol Sociobiol 37:179–188.
750

Table 1: Decomposition of variance in total annual reproductive success (T_{ARS}) of black-throated blue warblers across 16 years of study. For each row, variance terms (see Figure 1 for definitions) represent the focal component of (co)variance in T_{ARS} , but note that actual calculation of each term involves population-wide means for additional components (see Supporting Information S1 and Webster et al. 1995 for further details). D denotes remainder terms for within-pair, extra-pair, and covariance pathways, where $D_T = D_w + D_e + D_{we}$. Values depict the absolute variance in each component, as well as standardized variance (i.e. divided by population mean $T_{ARS}^2 = 8.713$), and the percentage of total variance in T_{ARS} attributable to each term (i.e. divided by $\text{Var}[T_{ARS}]$). Crosses (†) denote variance terms which fall above our cutoff of contributing >10% of total variance in T_{ARS} .

Source	Variance term	Absolute variance	Standardized variance	% total variance
Total variance in ARS	T_{ARS}	5.467	0.677	100
Within-pair terms	M_w	0.544	0.067	10.0 [†]
	B_w	0.591	0.073	10.8 [†]
	F_w	0.426	0.053	7.8
	P_w	1.443	0.179	26.4 [†]
	$Cov(M_w, B_w)$	0.018	0.002	0.3
	$Cov(M_w, F_w)$	-0.030	-0.004	-0.5
	$Cov(M_w, P_w)$	-0.035	-0.004	-0.6
	$Cov(B_w, F_w)$	-0.027	-0.004	-0.5
	$Cov(B_w, P_w)$	-0.059	-0.007	-1.1
	$Cov(F_w, P_w)$	0.191	0.024	3.5
Total within-pair variance	W_{RS}	3.487	0.432	63.8
	D_W	0.425	0.053	7.7
Extra-pair terms	M_e	2.166	0.269	39.6 [†]
	B_e	0.180	0.022	3.3
	F_e	0.130	0.016	2.4
	P_e	0.482	0.060	8.8
	$Cov(M_e, B_e)$	0.014	0.002	0.3
	$Cov(M_e, F_e)$	0.025	0.003	0.5
	$Cov(M_e, P_e)$	-0.075	-0.009	-1.4
	$Cov(B_e, F_e)$	0.005	0.001	0.1
	$Cov(B_e, P_e)$	-0.242	-0.030	-4.4
	$Cov(F_e, P_e)$	-0.196	-0.024	-3.6
Total extra-pair variance	E_{RS}	2.319	0.288	42.4
	D_E	-0.17	-0.022	-4.5
Within-pair and extra-pair covariances	$Cov(M_w, M_e)$	-0.419	-0.052	-7.7
	$Cov(M_w, B_e)$	0.099	0.012	1.8
	$Cov(M_w, F_e)$	-0.009	-0.001	-0.2
	$Cov(M_w, P_e)$	-0.484	-0.060	-8.9
	$Cov(B_w, M_e)$	0.023	0.003	4.2
	$Cov(B_w, B_e)$	0.579	0.072	10.6 [†]
	$Cov(B_w, F_e)$	0.008	0.001	0.2
	$Cov(B_w, P_e)$	-0.389	-0.048	-7.1
	$Cov(F_w, M_e)$	0.121	0.015	2.2
	$Cov(F_w, B_e)$	-0.044	-0.005	-0.8
	$Cov(F_w, F_e)$	0.063	0.008	1.2
	$Cov(F_w, P_e)$	-0.096	-0.012	-1.8
	$Cov(P_w, M_e)$	0.090	0.011	1.6
	$Cov(P_w, B_e)$	0.071	0.009	1.3
	$Cov(P_w, F_e)$	-0.025	-0.003	-0.4

	$Cov(P_w, P_e)$	-0.097	-0.012	-1.8
Total WP and EP covariance	$Cov(W_{RS}, E_{RS})$	-0.339	-0.042	-6.2
	D_{WE}	0.170	0.020	-0.6
Remainder	D_T	0.425	0.051	3.9

761

762

Table 2: Decomposition of variance in total lifetime reproductive success (T_{LRS}) of black-throated blue warblers across 16 years of study. For each row, variance terms (see Figure 1 for definitions) represent the focal component of (co)variance in T_{LRS} , but note that actual calculation of each term involves population-wide means for additional components (see Supporting Information S1 and Webster et al. 1995 for further details). D denotes remainder terms for within-pair, extra-pair, and covariance pathways, where $D_T = D_w + D_e + D_{we}$. Values depict the absolute variance in each component, as well as standardized variance (i.e. divided by population mean $T_{LRS}^2 = 20.57$), and the percentage of total variance in T_{LRS} attributable to each term (i.e. divided by $\text{Var}[T_{LRS}]$). Crosses (†) denote variance terms which fall above our cutoff of >10% total variance in T_{LRS} .

Source	Variance term	Absolute variance	Standardized variance	% total variance
Total Variance	T_{LRS}	21.77	1.058	100
Within-pair terms	M_w	5.766	0.280	26.5 [†]
	B_w	5.331	0.259	24.5 [†]
	F_w	7.672	0.373	35.2 [†]
	P_w	6.140	0.299	28.2 [†]
	$Cov(M_w, B_w)$	1.718	0.084	7.8
	$Cov(M_w, F_w)$	12.383	0.602	56.9 [†]
	$Cov(M_w, P_w)$	0.539	0.026	2.5
	$Cov(B_w, F_w)$	-0.213	-0.010	-1.0
	$Cov(B_w, P_w)$	-0.165	-0.008	-0.8
	$Cov(F_w, P_w)$	0.908	0.044	4.2
Total within-pair variance	W_{RS}	10.171	0.494	46.7
	D_W	-29.908	-1.455	-137.3
Extra-pair terms	M_e	19.627	0.954	90.1 [†]
	B_e	1.216	0.059	5.6
	F_e	7.345	0.357	33.7 [†]
	P_e	3.336	0.162	15.3 [†]
	$Cov(M_e, B_e)$	0.318	0.016	1.5
	$Cov(M_e, F_e)$	21.767	1.047	99.9 [†]
	$Cov(M_e, P_e)$	-1.491	-0.072	-6.8
	$Cov(B_e, F_e)$	0.259	0.013	1.2
	$Cov(B_e, P_e)$	-1.752	-0.085	-8.1
	$Cov(F_e, P_e)$	-1.773	-0.086	-8.1
Total extra-pair variance	E_{RS}	5.806	0.282	26.7
	D_E	-43.046	-2.083	-197.6
Within-pair and extra-pair covariances	$Cov(M_w, M_e)$	12.860	0.625	59.1 [†]
	$Cov(M_w, B_e)$	0.394	0.019	1.8
	$Cov(M_w, F_e)$	8.264	0.402	37.9 [†]
	$Cov(M_w, P_e)$	-3.141	-0.145	-14.4 [†]
	$Cov(B_w, M_e)$	0.478	0.023	2.2
	$Cov(B_w, B_e)$	3.648	0.177	16.8 [†]
	$Cov(B_w, F_e)$	0.389	0.019	1.8
	$Cov(B_w, P_e)$	-2.627	-0.128	-12.1 [†]
	$Cov(F_w, M_e)$	15.835	0.770	72.7 [†]
	$Cov(F_w, B_e)$	-0.432	-0.021	-2.0
	$Cov(F_w, F_e)$	10.395	0.505	47.7 [†]
	$Cov(F_w, P_e)$	-0.319	-0.015	-1.5
	$Cov(P_w, M_e)$	1.101	0.053	5.1
	$Cov(P_w, B_e)$	-0.166	-0.008	-0.8
	$Cov(P_w, F_e)$	0.379	0.018	1.7

	$Cov(P_w, P_e)$	-0.484	-0.024	-2.2
Total WP and EP covariance	$Cov(W_{RS}, E_{RS})$	5.792	0.278	26.6
	D_{WE}	-40.782	-1.991	-187.2
Remainder	D_T	-113.0736	-5.529	-522.1

Figure 1: Conceptual diagram depicting the components of within-pair (WP) and extra-pair (EP) reproductive success, which combine to determine an individual male's total reproductive success. Arrows indicate the effects that any potential environmental and/or phenotypic traits can have on WP and EP components (including the number of broods and fecundity per brood of his WP and EP female mates), and hence on total reproductive success. Italic terms (in parentheses) denote abbreviations used for each component of variance. Note that components of within-pair and extra-pair pathways are multiplicative, whereas WP and EP success themselves are additive components of total annual reproductive success (adapted from Webster et al. 1995).

Figure 2: Total number of within-pair (black bars) and extra-pair (white bars) offspring produced by male black-throated blue warblers a) annually ($n = 769$ male-years) and b) over their complete breeding lifetime ($n = 572$ males). In each panel, insert (grey bars) depicts total number of offspring (within-pair and extra-pair) produced by these same males.

Figure 3: Time series plots depicting a) yearly variance in total annual reproductive success (T_{ARS}) across a population of black-throated blue warblers, and yearly decompositions of the percent of total variance in T_{ARS} attributable to b) within-pair reproductive success (W_{RS}), c) extra-pair reproductive success (E_{RS}), and d) the covariance between within-pair and extra-pair reproductive success [$Cov(W_{RS}, E_{RS})$]. For panels b, c, and d, colored dashed, dotted, and dot-dashed lines represent the yearly percentage of total variance in T_{ARS} attributable to constituent components of W_{RS} , E_{RS} , and $Cov(W_{RS}, E_{RS})$ found to represent ‘substantial variance’ ($\geq 10\%$) across the study period (see Table 1), depicted as solid grey lines. For panel d, dashed gray line represents the transition from positive to negative covariance. Note different y-axis scales for panels a) and d).

Figure 4: Effects plots from averaged generalized mixed-effects models testing the relative influence of each key component of (co)variance on mean annual reproductive success ($\overline{ARS}$). Points represent parameter estimates from final averaged model while whiskers depict 95% CIs. Dotted line represents 0, and parameter are considered significant if CIs do not overlap zero. M , B , and P refer to variance in number of mates, number of broods per mate, and proportion of young sired per brood for within-pair (w) or extra-pair (e) mates, respectfully. Full results from averaged model and all models in top subset are provided in Supporting Information S2.

Figure 5: Effects plots from averaged generalized mixed-effects models testing the relative influence of each key component of (co)variance on mean lifetime reproductive success ($\overline{LRS}$). Points represent parameter estimates from final averaged model while whiskers depict 95% CIs. Dotted line represents 0, and parameters are considered significant if CIs do not overlap zero. M ,

B , F , and P refer to variance in number of mates, number of broods per mate, fecundity per brood, and proportion of young sired per brood for within-pair (w) or extra-pair (e) mates, respectfully. Full results from averaged model and all models in top subset are provided in Supporting Information S3.