SOX7 deficiency causes ventricular septal defects through its effects on endocardial-to-mesenchymal transition and the expression of Wnt4 and Bmp2

Andrés Hernández-García¹, Sangbae Kim¹, Yumei Li¹, Bum Jun Kim¹, Hitisha P. Zaveri¹, Valerie K. Jordan², M. Cecilia Ljungberg³, Rui Chen¹, Rainer B. Lanz⁵,⁶, Daryl A. Scott¹,²,*

1) Department of Molecular and Human Genetics, Baylor College of Medicine, Houston, TX, USA
2) Department of Molecular Physiology and Biophysics, Baylor College of Medicine, Houston, TX, USA
3) Department of Pediatrics, Baylor College of Medicine, Houston, TX, USA
4) Jan and Dan Duncan Neurological Research Center at Texas Children’s Hospital, Houston, Texas, USA
5) Department of Molecular & Cellular Biology, Baylor College of Medicine, Houston, TX, USA
6) Quantitative and Computational Biosciences, Baylor College of Medicine, Houston, TX, USA

* Author for correspondence (dscott@bcm.edu), ORCID ID = 0000-0003-1460-5169

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SUMMARY STATEMENT

In the developing atrioventricular canal, SOX7 promotes endocardial-to-mesenchymal transition (EndMT) by positively regulating Wnt4 and Bmp2 expression. SOX7 deficiency leads to the development of hypocellular endothelial cushions and ventricular septal defects.
ABSTRACT

SOX7 is located in a region on chromosome 8p23.1 that is recurrently deleted in individuals with septal defects. Sox7/- embryos die of heart failure around E11.5 due to defects in vascular remodeling. These embryos have hypocellular endocardial cushions with severely reduced numbers of mesenchymal cells. We also observed a ventricular septal defect in a rare Sox7flox/-;Tie2-Cre embryo that escaped early lethality. This led us to hypothesize that SOX7 plays a critical developmental role in the endocardium of the atrioventricular (AV) canal. We subsequently used AV explant studies to show that SOX7 deficiency leads to a severe reduction in endocardial-to-mesenchymal transition (EndMT). Since SOX7 is a transcription factor, we hypothesized that it functions in the endocardium by regulating the expression of EndMT-related genes. To identify these genes in an unbiased manner, we performed RNA-seq on pooled E9.5 hearts tubes harvested from Sox7/- embryos and their wild-type littermates. We found that Wnt4 transcript levels were severely reduced, which we confirmed by RNA in situ hybridization. Previous studies have shown that WNT4 is expressed in the endocardium and promotes EndMT by acting in a paracrine manner to increase the expression of BMP2 in the myocardium. Consistent with these findings, we found that Bmp2 transcript levels were diminished in Sox7/- embryonic hearts. We conclude that SOX7 promotes EndMT in the developing AV canal by modulating the expression of Wnt4 and Bmp2. These data also provide additional evidence that haploinsufficiency of SOX7 contributes to the congenital heart defects seen in individuals with recurrent 8p23.1 microdeletions.
INTRODUCTION

8p23.1 microdeletion syndrome is caused by a non-allelic homologous recombination mediated by low-copy repeats flanking an ~3.4 Mb region of DNA (Wat et al., 2009). Recurrent deletions of this region are associated with a variety of neurodevelopmental phenotypes, dysmorphic features, a high incidence of congenital heart defects (CHD) and congenital diaphragmatic hernia (Devriendt et al., 1999; Lopez et al., 2006; Shimokawa et al., 2005; Slavotinek et al., 2005). Haploinsufficiency of GATA4, one of the genes located in this region, is sufficient to cause CHD (Garg et al., 2003; Okubo et al., 2004). However, published reports suggested that the spectrum of cardiac defects seen in individuals with 8p23.1 deletions is more severe than that seen in individuals with heterozygous pathogenic variants in GATA4 (Wat et al., 2009). This led to the hypothesis that haploinsufficiency of other genes on chromosome 8p23.1 may also be contributing to the development of CHD.

SOX7 is located with GATA4 in the recurrently deleted region on chromosome 8p23.1 and has been hypothesized to contribute to the development of CDH associated with deletions of this region (Wat et al., 2009). Animal models provide support for the role of SOX7 in cardiovascular development. In Xenopus, injection of RNAs encoding Sox7 leads to the nodal-dependent expression of markers of cardiogenesis in animal cap explants, while injection of morpholinos directed against Sox7 lead to a partial inhibition of cardiogenesis in vivo (Zhang et al., 2005). In Zebrafish, simultaneous knockdown of Sox7 and Sox18 leads to a severe loss of the arterial identity of the presumptive aorta leading to dysmorphogenesis of the proximal aorta, the development of arteriovenous shunts, and a lack of circulation in the trunk and tail (Herpers et al., 2008; Pendeville et al., 2008). In mice, ablation of Sox7 resulted in defects in vascular remodeling. Specifically, Sox7−/− embryos die around E11.5 with dilated pericardial sacs and
failure of yolk sac remodeling suggestive of cardiovascular failure (Wat et al., 2012). However, these studies have failed to demonstrate a clear association between decreased expression of SOX7 and the development of the types of CHD typically seen in individuals with 8p23.1 microdeletion syndrome.

Here we show that SOX7 deficiency in mice leads to the development of hypoplastic endocardial cushions and ventricular septal defects caused by a lack of endocardial-to-mesenchymal transformation (EndMT) in the developing atrioventricular (AV) canal. We go on to show that SOX7 modulates the expression of Wnt4 in the endocardium and, secondarily, Bmp2 in the myocardium; two genes previously shown to be required for EndMT in the AV canal. These data also provide additional evidence that haploinsufficiency of SOX7 contributes to the congenital heart defects seen in individuals with recurrent 8p23.1 microdeletions.

RESULTS

SOX7 deficiency leads to disruption of ventricular septation

Sox7−/− mouse embryos die around E11.5 (Wat et al., 2012), a time point that does allow evaluation of the development of the AV septum. In an effort overcome this limitation, we attempted to generate Sox7⁰/⁰;Tie-2 Cre embryos in which one Sox7 allele was ablated systemically and the other was selectively ablated in endothelial cells, including the endocardium, using a transgenic Tie2-Cre (Kisanuki et al., 2001) which does not affect the expression of the Tie2 (previously known as Tek). Although the majority of these embryos died prior to E15.5, we were able to harvest two rare survivors at this time point. One of these
embryos had normal cardiac anatomy, but the other had a ventricular septal defect not seen in Sox7\textsuperscript{flox/−} control littermates (Fig. 1A, B).

SOX7 deficiency leads to hypocellular AV endocardial cushions

Septal defects are the most common form of CHD associated with 8p23.1 microdeletions (Wat et al., 2009). Since the mesenchymal cells of the AV endocardial cushions will ultimately form the AV septum and its associated valves (Anderson et al., 2003), we looked for difference in the development of the endocardial cushions in E10.5 Sox7\textsuperscript{−/−} embryos when compared to their wild-type littermates. Examination of sagittal sections through the AV endocardial cushions of Sox7\textsuperscript{−/−} embryos revealed normal separation of the endocardium from the underlying myocardium. Furthermore, the size of the AV endocardial cushions in Sox7\textsuperscript{−/−} embryos were comparable to those of their wild-type littermates (Fig. 1C-E). In contrast, the AV endocardial cushions of Sox7\textsuperscript{−/−} embryos were had severely reduced numbers of mesenchymal cells when compared to those of their wild-type littermates.

SOX7 deficiency leads to a decrease in EndMT

During septal development, a subset of endocardial cells in the AV canal undergo EndMT to form mesenchymal cells, which migrate into the cardiac jelly between the endocardium and the myocardium (Armstrong and Bischoff, 2004; Markwald et al., 1981). Hence, decreased levels of EndMT can lead to development of hypocellular AV endocardial cushions. To determine if a defect in EndMT could underlie the hypocellularity of the AV endocardial cushions seen in Sox7\textsuperscript{−/−} embryos, we performed collagen gel AV canal explant studies. Briefly, the AV canals of Sox7\textsuperscript{−/−} embryos and their wild-type littermates were harvested at E9.5, and the number of migrating
mesenchymal cells emanating from the explants were counted after 48 hours of collagen gel culture. These studies revealed a significantly reduced numbers of migrating mesenchymal cells associated with $Sox7^{-/-}$ explants compared to wild type explants ($P < 0.0001$, Fig 2). This suggest that a defect in EndMT is likely to be a major contributor to the development of the hypocellular AV endocardial cushions caused by ablation of $Sox7$.

RNA-seq analysis reveals alterations in genes associated with epithelial-to-mesenchymal transition with down-regulation of $Wnt4$ and $Bmp2$

Since $Sox7$ encodes a DNA binding transcription factor, it is reasonable to assume that it regulates the transcription of key genes during heart development (Takash et al., 2001; Taniguchi et al., 1999). To identify Sox7 target genes in an unbiased manner, we compared the RNA-seq transcriptomes of pooled heart tubes from $Sox7^{-/-}$ embryos harvested at E9.5 and those to those of their wild-type littermates. Using the Bioconductor DESeq2 package, we found 722 differentially expressed genes ($p$-value < 0.001 and absolute fold change > 2; Supplemental Table 1). We then queried the Molecular Signature Database (MSigDB) with Gene Set Enrichment Analysis software (Mootha et al., 2003; Subramanian et al., 2005) to determine whether the $Sox7^{-/-}$ differentially expressed genes show statistically significant, concordant differences between biological states. Figure 3A shows ranked overlaps with the MSigDB Hallmark gene sets, which summarize and represent well-defined phenotypes. Ingenuity Canonical Pathway analysis also revealed enrichments for the canonical pathways ‘Glycolysis’, ‘Nitric Oxide Signaling in the Cardiovascular System’, and ‘Regulation of the Epithelial-Mesenchymal Transition Pathway’. Overlapping genes for each Hallmark gene set are shown in
Supplemental Table 2. ‘Cardiovascular System Development and Function’ was the top enrichment (p-value 3.42e-16) for disease and function annotations.

Among the differentially expressed genes with known roles in EndMT, we noted that Wnt4 expression was downregulated (Figure 3B). WNT4 is expressed in the endocardium and promotes EndMT by acting in a paracrine manner to increase the expression of BMP2 in the myocardium (Wang et al., 2013). Consistent with these findings, we found that Bmp2 transcript levels were also diminished in Sox7−/− embryonic hearts, although to a lesser degree (Figure 3B).

**Wnt4 and Bmp2 transcript levels are decreased in the atrioventricular canals of Sox7−/− mice**

To confirm the downregulation of Wnt4 and Bmp2, we compared their transcript level in the AV canals of Sox7−/− and wild-type embryos at E9.5 by RNA in situ hybridization (RNA-ISH). Both Wnt4 and Bmp2 transcript levels were reduced in AV canal sections obtained from E9.5 Sox7−/− embryos compared to those obtained from their wild-type littermates (Figure 4).

**DISCUSSION**

CHD is present in over 1% of all newborns and are the leading cause of birth-defect-related deaths (Gilboa et al., 2010; Jenkins et al., 2007; Pierpont et al., 2007a). The majority of CHD cases in the general population are thought to be caused by multiple genetic and environmental factors interacting in a multifactorial mode of inheritance (Pierpont et al., 2007b). These types of interactions can be difficult to study in the general population due to their complexity. One means of reducing this complexity is to study microdeletions in which the major CDH candidate genes are limited based on their location within a specific region.
8p23.1 microdeletion syndrome is associated with a high incidence of CDH with septal defects being particularly common (Wat et al., 2009). Although haploinsufficiency of \textit{GATA4} is sufficient to cause CHD (Garg et al., 2003; Okubo et al., 2004; Pehlivan et al., 1999; Reamonn-Buettner and Borlak, 2005; Sarkozy et al., 2005), clinical data suggests that haploinsufficiency of at least one additional gene in this region promotes the development of CDH. Haploinsufficiency of \textit{SOX7} has been previously hypothesized to contribute to the development of CDH associated with 8p23.1 microdeletions (Wat et al., 2009). Here we use mouse models to elucidate the morphogenetic and molecular mechanisms by which \textit{SOX7} deficiency causes septal defects in mice.

**SOX7 deficient embryos have hypocellular AV cushions and develop ventricular septal defects due to decreased levels of EndMT**

The development of the AV cushions, which will ultimately give rise to the atrioventricular septum and its associated valves, requires multiple steps including cell commitment, deposition of the cardiac jelly, delamination of the endocardium, EndMT and mesenchymal cell proliferation (Combs and Yutzey, 2009; Eisenberg and Markwald, 1995; Kaneko et al., 2008; Lin et al., 2012; Rivera-Feliciano and Tabin, 2006). We have shown that \textit{Sox7}^{-/-} embryos at E10.5 have progressed successfully to the stage at which the endocardium separates from the underlying myocardium, and the size of the AV endocardial cushions in these embryos are comparable to those of their wild-type littermates (Figure 1C, D). However, the cushions are nearly devoid of mesenchymal cells, suggesting a defect in EndMT (Figure 1C-E).

A severe defect in EndMT was confirmed in collagen explant studies in which there was a dramatic reduction in the number of migrating mesenchymal cells in \textit{Sox7}^{-/-} heart tube explants.
compared to explants from wild-type embryos (Figure 2). This leads us to conclude that the ventricular septal defects associated with SOX7 deficiency (Figure 1A, B) are due to an underlying defect in EndMT. This data provides additional support in favor of the hypothesis that haploinsufficiency of SOX7 is likely to contribute to the development of septal defects in humans with 8p23.1 deletion syndrome (Wat et al., 2009).

**SOX7 regulates EndMT through its effects on Wnt4 and Bmp2 transcription.**

Since SOX7 is an endocardially expressed DNA binding transcription factor (Takash et al., 2001; Taniguchi et al., 1999; Wat et al., 2012), and its deficiency causes a severe defect in EndMT (Figure 2), we hypothesized that it functions in a cell autonomous fashion to regulate the transcription of genes that regulate EndMT. RNA-seq performed on E9.5 heart tubes (Figure 3B) and RNA-ISH studies (Figure 4) revealed decreased expression of Wnt4 and, to a lesser extent, Bmp2. During the development of the AV endocardial cushions, WNT4 is expressed in the endocardium and acts as a paracrine factor to upregulate Bmp2 expression in the adjacent myocardium (Wang et al., 2013). In turn, BMP2 functions to induce EndMT in the AV canal (Ma et al., 2005). In humans, homozygous loss-of-function variants in WNT4 have been reported to cause autosomal recessive 46,XX sex reversal with dysgenesis of kidney, adrenals, and lungs (SERKAL syndrome) whose features also include ventricular septal defects (Mandel et al., 2008). Similarly, heterozygous variants in BMP2 cause short stature, facial dysmorphism, and skeletal anomalies with or without cardiac anomalies (SSFSC syndrome) that include ventricular septal defects (Tan et al., 2017). We conclude that SOX7 modulates EndMT in the developing AV canal by modulating the expression of Wnt4 and its downstream target gene, Bmp2 (Figure 5).
MATERIALS AND METHODS

Mouse models

Generation of mice bearing Sox7 conditional (flox) and null alleles were described previously (Wat et al., 2012). Briefly, the second exon of Sox7, which encodes half of SOX7's HMG-box DNA binding domain and the entire SOX7 activation domain was flanked by loxP sites to generate the flox allele. In the presence of Cre, the second exon and the 3’ untranslated region are excised generating a null allele.

All mice in our study were maintained on a C57BL/6 background. All experiments using mouse models were conducted in accordance with the recommendations in the Guide for the Care and Use of Laboratory Animals of the National Institutes of Health (NIH). The associated protocols were approved by the Institutional Animal Care and Use Committee of Baylor College of Medicine (Animal Welfare Assurance #A3832-01).

Histology

For standard histology, embryos were fixed in buffered Formalde-Fresh Solution (Fisher) or 4% buffered paraformaldehyde (PFA). After fixation the specimens were washed in PBS, dehydrated in ethanol, embedded in paraffin and sectioned at 10 µm. Series of sections were then stained with hematoxylin and eosin (H&E).

Collagen gel explant assays

Collagen gel explant assays were performed as described by Xiong et al. (Xiong et al., 2012). Briefly, collagen gels were prepared from a type I rat-tail collagen stock at ~4mg/ml (Corning).
The solution was diluted with 1x PBS and buffered with 1 N NaOH. Collagen gels were soaked with culture medium containing OptiMEM-I (Gibco), 1% FBS (Thermo Fisher Scientific), 100 U/ml penicillin (Thermo Fisher Scientific) and 100 µg/ml streptomycin (Thermo Fisher Scientific) overnight at 37°C, and were allowed to solidify inside a 5% CO2 incubator at 37°C.

The culture medium was removed from the gels prior to the dissection of the AV canals.

E9.5 embryos with 20-25 pairs of somites, were harvested in cold PBS. After elimination of the pericardial sac, the AV canals were dissected and placed with the endocardium facing downwards on the surface of a collagen gel. Explants were incubated in 5% CO2 at 37°C. Images were acquired at 48 hours of culture using an Axiovert 40 CFL inverted microscope equipped with an AxioCam digital camera and imaging system (Carl Zeiss Microscopy).

Migratory mesenchymal cells (hypertrophied, elongated spindle-shaped morphology, and growing out from the explant marginal area) were counted from explants obtained from five wild-type and seven Sox7−/− embryos. An unpaired two-tailed Student's t-test was used to compare the numbers of migratory mesenchymal cells generated from explants of different genotypes.

E9.5 heart tube RNA isolation and RNA-seq analysis

Heart tubes were isolated from Sox7−/− embryos and their C57BL/6 wild-type littermates at E9.5. Briefly, heart tubes were micro dissected at the distal part of the outflow tract before it opens within the region of the aortic sac. Next, a lower slice was performed at the end of the common atrial chamber to obtain a heart segment including the endocardial cushions and the AV canal. Cephalic and tail poles were saved for genotyping. RNA was obtained from pools of approximately 30-50 heart tubes of each genotype using an RNeasy Plus Micro Kit (QIAGEN)
according to manufacturer’s instructions. RNA from two pooled Sox7<sup>−/−</sup> samples and one pooled wild-type sample were used for RNA-seq analyses.

Bulk RNA-Seq were performed at the Department of Molecular and Human Genetics Functional Genomics Core at Baylor College of Medicine. RNAseq libraries were made using a KAPA stranded mRNA-seq kit (KK8420). Briefly, poly-A RNA was purified from total RNA using Oligo-dT beads, fragmented to a small size, after which first strand cDNA was synthesized. Second strand cDNA was synthesized and marked with dUTP. The resultant cDNA was used for end repair, A-tailing and adaptor ligation. Finally, libraries were amplified for sequencing using the Novaseq platform (Illumina). The strand marked with dUTP was not amplified, allowing strand-specific sequencing.

**RNA in situ hybridization**

Embryos (E9.5) were collected, washed in cold PBS, and fixed overnight in 4% PFA. After washing, the embryos were cryoprotected sequentially in PBS buffered 15% and 30% sucrose solutions, embedded in OCT (Tissue-Tek), and snap frozen. RNA in situ hybridization was performed on serial 10 and 12 µm thick sections cuts on a Leica CM3050 S cryostat. Sections were probed with digoxigenin-labelled sense and anti-sense mRNA probes. The Wnt4 probe included a 800 bp sequence based on NM_009523.2 flanked by forward 5’-CAGCATCTCCGAAGAGGAGAC-3’ and reverse 5’-CTTTAGATGTCTTGTTGCAG-3’ sequences. The Bmp2 probe included a 259 bp region sequence based on NM_007553.1 flanked by forward 5’-GATCTTCCGGGAACAGATACAG-3’ and reverse 5’-CACCTGGGTTCTCCTAAAATG-3’ sequences as previously described in the Allen Brain Atlas (Lein et al., 2007). In situ hybridization was performed by the RNA In Situ Hybridization
Core at Baylor College of Medicine using an automated robotic platform and a previously described protocol (White et al., 2014; Yaylaoglu et al., 2005). Images were acquired using a Leica DM4000 microscope equipped with a Leica DMC 2900 camera.

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RNA-ISH was performed in the RNA In Situ Hybridization Core at Baylor College of Medicine. RNA-seq was performed in the Department of Molecular and Human Genetics Functional Genomics Core at Baylor College of Medicine.

COMPETING INTERESTS

Authors have no competing interests to declare.

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DATA AVAILABILITY

Primary RNA-seq data will be made available in the Short Reach Archive.

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**FIGURE LEGENDS**

Figure 1. SOX7 deficiency causes ventricular septal defects and hypocellular AV cushions.
A-B) One of two rare *Sox7* flox/flox;Tie-2 Cre embryos harvested at E15.5 had a ventricular septal defect (black arrow in B). C-D) At E10.5, the AV endocardial cushions of wild-type embryos are filled with mesenchymal cells (*). In contrast, the AV endocardial cushions of *Sox7*+/- embryos harvested at E10.5 are hypocellular (*). E) The normalized mesenchymal cell densities of wild-type and *Sox7*+/- embryos were calculated based on 6-8 sagittal sections through the heart obtained from each of three embryos of each genotype. *Sox7*+/- embryos have significantly
reduced mesenchymal cell density in their AV canals compared to wild-type embryos (P < 0.0001). Error bars represent the standard error of the mean. LV= left ventricle, RV = right ventricle.

Figure 2. Ablation of Sox7 leads to a decreased in EndMT. A) Collagen gel AV canal explants from E9.5 wild-type embryos generated a large number of migrating mesenchymal cells (marked by purple crosses). B-C) In contrast, collagen gel AV canal explants from Sox7−/− embryos generated a significantly reduced number of migrating mesenchymal cells (P < 0.0001) suggesting that SOX7 deficiency causes a severe defect in EndMT. Figures and are representative images from explants obtained from five wild-type and seven Sox7−/− embryos generated in crosses of Sox7+/- mice on a C57BL/6 background. Error bars represent the standard error of the mean.

Figure 3 RNA-seq analyses of E9.5 wild-type and Sox7−/− heart tubes reveals perturbations in genes involved in epithelial to mesenchymal transition and a decrease in Wnt4 and Bmp2 transcripts. A) MSigDB Hallmark gene set enrichments for 722 genes that were differentially expressed with p-value < 0.001 and absolute fold change > 2. B) Volcano scatter plot representation of differentially expressed genes. We found significantly decreased levels of Wnt4 expression levels were significantly decreased. To a lesser extent, the expression level of WNT4’s downstream target, Bmp2, was also decreased.

Figure 4. SOX7 deficiency leads to decreased expression of Wnt4 and Bmp2 in the developing AV canal at E9.5. A, A’) RNA-ISH performed on sections obtained from E9.5 wild-
type embryos demonstrates that $Wnt4$ is expressed in the endocardium covering the AV endocardial cushions (blue arrow in A’). B, B’) $Sox7^{-/-}$ embryos show reduced levels of $Wnt4$ transcripts in the AV endocardium when compared to wild-type embryos (blue arrow in B’). C, D) $Bmp2$ transcripts are detected in the myocardium of the AV canal with reduced levels being seen in $Sox7^{-/-}$ embryos (red arrow in D) compared to wild-type controls (red arrow in C). Figures are representative images from RNA-ISH studies performed on sections obtained from four embryos of each genotype that were generated in crosses of $Sox7^{+/-}$ mice on a C57BL/6 background.

**Figure 5: The role of SOX7 in the development of the AV endocardial cushions.** SOX7 functions in the endocardium to positively regulate the expression of $Wnt4$. WNT4 acts as a paracrine factor to upregulate $Bmp2$ expression in the myocardium (Wang et al., 2013). BMP2 then functions to induce EndMT in the AV canal (Ma et al., 2005). In $Sox7^{-/-}$ embryos, a defect in EndMT leads to the development of hypocellular AV endocardial cushions and ventricular septal defects.
The figure shows immunohistochemical staining of Wnt4 and Bmp2 in WT and Sox7^-/- mice. The images indicate that Wnt4 is expressed in WT mice, while Bmp2 is expressed in Sox7^-/- mice. The blue arrows highlight specific regions of interest in the images.
SOX7 → WNT4 → Paracrine → BMP2

Endocardium

Myocardium

Endothelial-to-Mesenchymal Transition