

1 Synchronous brain dynamics establish brief states of communality in 2 distant neuronal populations

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20 Declaration of Interests

21 The authors declare no competing interests.

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25 Author contributions

26 C.M.M and M.S. designed research, M.S. performed research, M.S. analyzed data, C.M.M. and M.S.
27 wrote the paper

28 Abstract

29 Intrinsic brain dynamics co-fluctuate between distant regions in an organized manner during rest,
30 establishing large-scale functional networks. We investigate these brain dynamics on a millisecond
31 time scale by focusing on Electroencephalographic (EEG) source analyses. While synchrony is thought
32 of as a neuronal mechanism grouping distant neuronal populations into assemblies, the relevance of
33 simultaneous zero-lag synchronization between brain areas in humans remains largely unexplored.
34 This negligence is due to the confound of volume conduction, leading inherently to temporal
35 dependencies of source estimates derived from scalp EEG (and Magnetoencephalography, MEG),
36 referred to as spatial leakage. Here, we focus on the analyses of simultaneous, i.e., quasi zero-lag
37 related, synchronization that cannot be explained by spatial leakage phenomenon. In eighteen
38 subjects during rest with eyes closed, we provide evidence that first, simultaneous synchronization is
39 present between distant brain areas and second, that this long-range synchronization is occurring in
40 brief epochs, i.e., 54-80 milliseconds. Simultaneous synchronization might signify the functional
41 convergence of remote neuronal populations. Given the simultaneity of distant regions, these
42 synchronization patterns might relate to the representation and maintenance, rather than processing
43 of information. This long-range synchronization is briefly stable, not persistently, indicating flexible
44 spatial reconfiguration pertaining to the establishment of particular, re-occurring states. Taken
45 together, we suggest that the balance between temporal stability and spatial flexibility of long-range,
46 simultaneous synchronization patterns is characteristic of the dynamic coordination of large-scale
47 functional brain networks. As such, quasi zero-phase related EEG source fluctuations are
48 physiologically meaningful if spatial leakage is considered appropriately.

49 Significance

50 Synchrony is suggested as a mechanism for coordinating distant neuronal populations. Yet,
51 simultaneous (i.e., zero-lag) synchronization between remote brain regions in humans is difficult to
52 demonstrate, because volume conduction in EEG/MEG recordings causes spurious zero-lag relations.
53 Here, we investigate actual zero-lag relations and systematically compare them to the residual bias
54 due to spatial smoothness of EEG source estimates. We indeed report simultaneous synchronization
55 between distant brain regions. These synchronization patterns manifest variably in time. We suggest
56 that simultaneous synchronization is relevant when studying the dynamic, large-scale functional
57 architecture in humans.

58 Introduction

59 Brain activity spontaneously fluctuates during rest, when no specific task is instructed. Intriguingly,
60 these fluctuations are correlated between distant brain regions, forming large-scale functional
61 networks that are assumed to reflect spontaneous information integration during internal mentation
62 (Raichle et al., 2001; Greicius et al., 2003; Smith et al., 2009; Brookes et al., 2011; Engel et al., 2013),
63 i.e., the basis of thinking. While functional magnetic resonance imaging (fMRI) was crucial for the
64 discovery and investigation of resting-state networks, the low time resolution of BOLD variations does
65 not allow us to study the neurophysiological mechanisms leading to these spontaneous co-
66 fluctuations of spatially distinct brain areas. Intracranial local field potential recordings or scalp
67 electro-/magnetoencephalography (EEG/MEG) are adequate for this purpose, as they record neuronal
68 activity at their inherent time-scale, i.e. in the millisecond range (Roelfsema et al., 1997; Miller et al.,
69 2009; Baker et al., 2014; Fox et al., 2018; Vidaurre et al., 2018). Such studies revealed an essential key
70 neuronal mechanism underlying information integration between different brain regions: Synchrony
71 (Singer, 1999; Varela et al., 2001). Many studies have demonstrated that neuronal synchronization
72 between brain areas is an important mechanism for the coordination of neuronal processing in
73 anatomically distributed neuronal circuits (Engel et al., 1991; Contreras and Steriade, 1996; Roelfsema
74 et al., 1997; Destexhe et al., 1999; Womelsdorf et al., 2007). A fundamental question is whether
75 synchronous co-fluctuations between areas are simultaneous or time-lagged (Engel et al., 1991;
76 Contreras and Steriade, 1996; Roelfsema et al., 1997; Destexhe et al., 1999; Fries, 2005; Womelsdorf
77 et al., 2007; Siegel et al., 2008; Bosman et al., 2012; Van Kerkoerle et al., 2014). Because of delays due
78 to axonal conduction and synaptic transmission, time-lagged fluctuations are necessarily appearing
79 when the activation of one region is causally related to the activation of the other region, i.e. when
80 one area transfers information to the other. Simultaneity, on the other hand, indicates a gathering of
81 different brain areas converging into a functional unit to collectively maintain certain information
82 without causal interactions between them. Such communality can be established spontaneously by
83 dynamic recurrent connections or can be driven by a pacemaker (e.g., the thalamus) (Vicente et al.,
84 2008; Gollo et al., 2014). Undoubtedly, both mechanisms (time-lagged and simultaneous fluctuations)
85 take place in the brain to processes, integrate and maintain the information, as numerous intracranial
86 recordings in animals and humans have shown (Contreras and Steriade, 1996; Roelfsema et al., 1997;
87 Womelsdorf et al., 2007; Siegel et al., 2008; Hipp et al., 2011). Unfortunately, simultaneous activity,
88 which imposes zero-lag related signals are primarily ignored in EEG/MEG network analyses to avoid
89 spurious phase relations resulting from volume conduction (Nolte et al., 2004; Stam et al., 2007; Hipp
90 et al., 2012; Marzetti et al., 2013; Colclough et al., 2015). EEG/MEG source reconstruction (Michel et
91 al., 2004; Michel and Murray, 2012; He et al., 2018) is, to some extent, able to overturn volume

92 conduction effects. Yet, the limited spatial resolution of EEG/MEG source reconstruction techniques
93 leads to spurious temporal relations (Palva et al., 2018; He et al., 2019). To correct for these spatial
94 leakage effects, orthogonalization of source signals is a standard method. However, this method also
95 discards genuine simultaneous dynamics and therefore is insensitive to detect such.

96 In this work, we aim to investigate simultaneous synchronization, i.e., quasi zero-lag relations between
97 distant brain areas using high-density EEG source imaging (Michel et al., 2004; Michel and Murray,
98 2012; He et al., 2018). To consider and correct for spatial leakage effects, we systematically compare
99 actual with surrogate data having identical spatial properties in their source reconstruction.

100 In summary, we demonstrate that physiologically meaningful quasi zero-lag synchrony between
101 distant brain areas exists that cannot be explained by spatial leakage phenomena. We suggest that
102 brief epochs of simultaneous synchronization signify functional convergence of distant neuronal
103 population dynamics into distinct re-occurring states.

104 **Methods**

105 *EEG recordings*

106 High-density EEG was recorded using an electrode net (Geodesic Sensor Net, Electrical Geodesics Inc.,
107 Eugene, OR, USA) consisting of 256 electrodes that are interconnected by thin rubber bands. Each
108 electrode includes a small sponge soaked with saline water to establish direct electrical contact with
109 the participants' scalp. EEG was sampled at 1 kHz, referenced to the vertex.

110 Participants (N=18, 30 ± 5 years, seven male) sat comfortably in an upright position in a darkened,
111 electrically shielded room and were instructed to keep their eyes closed and relax for four to six (5.42
112 ± 0.95) minutes avoiding drowsiness. The local ethical committee, following the declaration of
113 Helsinki, approved the study. Participants provided written, informed consent for their participation.

114 *EEG preprocessing*

115 EEG recordings were band-pass filtered between 1-40 Hz offline, and electrodes covering cheeks and
116 nape were excluded. Time epochs contaminated with apparent artifacts were marked and excluded
117 from further analyses. Noisy or bad electrodes were excluded from Independent Component Analysis
118 (ICA) (Jung et al., 2000), which was used to remove stereotypical artifact components containing
119 saccades, eye blinks, and cardiac artifacts. Afterward, the initially excluded channels were spline
120 interpolated in space, resulting in 204 channels. The recordings were re-referenced to the common
121 average and down-sampled to 125 Hz for further analysis.

122

123 *EEG source imaging and functional network reconstruction*

124 We applied EEG source reconstruction using forward models based on realistic head geometry and
125 conductivity data with consideration of skull thickness, i.e., Locally Spherical Model with Anatomical
126 Constraints (LSMAC) (Brunet et al., 2011; Michel and Brunet, 2019). The grey matter was defined
127 based on the MNI anatomical template model. The inverse solution space consisted of 5004 points
128 equally distributed in this grey matter volume. The linear distributed inverse solution LAURA (Grave
129 de Peralta Menendez et al., 2004) was used to calculate the current density distribution for each
130 solution point at each moment in time. Dipole orientations were set to the first left singular vector of
131 the xyz (3D) components in the resolution matrix of each source pointing outside of the brain to avoid
132 sign ambiguities.

133 Functional networks were defined as spatial patterns co-varying with fluctuations in selected regions
134 of interest (ROI) defined in an atlas parcellation (Schaefer et al., 2017). We chose the posterior
135 cingulate cortex (PCC) and the supplementary motor area (SMA) as two exemplary seed regions based
136 on previous literature focusing on functionally distinct key regions (Seeley et al., 2007; Raichle, 2010;
137 Engel et al., 2013). The signal representing the activities in each ROI was defined as the first principal
138 component of all dipoles within the given ROI (Rubega et al., 2018). Then, we calculated their signal
139 envelope as the magnitude of the analytic signal using the Hilbert transform. To capture well-
140 pronounced spatial patterns that include these key regions, we thresholded the signal envelope at the
141 mean plus standard deviation following previous work (Tagliazucchi et al., 2012). The network
142 patterns were then determined by sites that covary with this seed signal. To illustrate the resulting
143 spatial patterns, they were spatially thresholded using watershed transform, and the local maxima
144 positively co-varying with the respective ROI are shown (Fig. 1).

145 *Surrogate data and spatial leakage estimation*

146 To systematically assess the bias introduced by spatial leakage we used surrogate data, which we
147 derived from the actual data. To do so, we temporally shifted the source reconstructed signals of the
148 actual data randomly in time for every solution point individually for each subject. That way, the initial
149 source dynamics of the surrogate data are the same as the actual source estimates, but the temporal
150 relations between solution points are demolished. To introduce spatial leakage, we then applied the
151 same forward model as used for analyzing actual data to generate surrogate EEG. Afterwards, we
152 applied the identical processing pipeline to this surrogate data, i.e. filtering scalp data and source
153 estimation using the same inversion kernel as in the analyses of the actual EEG data. Because we used
154 identical forward model and inverse method for analyzing actual and surrogated data, the spatial
155 properties of the source estimates are the same. That way, there are no actual correlations between

156 the sources given the introduced random time shifts. Therefore, the resulting inter-areal correlation
157 values in the surrogate source estimates are due to spatial leakage between selected areas. This
158 procedure provides bias estimates caused by spatial leakage for every connectivity metric, i.e.
159 correlation, phase-locking value (PLV) and coherence for each individual subject. These bias estimates
160 can be subtracted from the metrics of actual data as suggested previously (Ghuman et al., 2011; Palva
161 and Palva, 2012) and used for statistical comparison.

162 *Synchrony between network nodes*

163 We investigated the correlation, lag, phase locking and coherence between network nodes. Between
164 each pair, we determined the correlation for different lags of the signals using cross-correlation. To
165 perform frequency-specific analyses, we applied wavelet transform (Morlet et al., 1982) for time-
166 frequency (TF) decomposition (1–40 Hz, 1 Hz steps). Parameters for the mother wavelet were set to
167 the full width at half maximum of three seconds for the Gaussian kernel at a center frequency of 1 Hz.
168 PLV and coherence was computed for every frequency bin and are reported as magnitudes herein and
169 for the latter as real and imaginary part of the coherency (Lachaux et al., 1999; Lachaux et al., 2002)
170 to compare with previous literature (Nolte et al., 2004). Simultaneous synchrony is indicated as peak
171 correlation at zero-lag in the cross-correlogram and the real part of coherency. The time-varying phase
172 in each ROI was computed using Hilbert transform in order to determine phase differences between
173 regions for every time point. The distribution of these phase differences were illustrated as polar
174 histograms. The cosine of these phase differences $\Delta\phi$ was used as instantaneous measure of
175 simultaneous synchronization, which is 1 for zero phase difference (Deco and Kringelbach, 2016;
176 Cabral et al., 2017). The duration of phase synchrony, which is centered around zero phase lag was
177 determined by epochs of $\cos(\Delta\phi)$ exceeding 0.5. Very short epochs smaller than 24ms, i.e. 3 time
178 samples, were not considered as stable and therefore ignored for computing the average duration. All
179 metrics were statistically compared to results derived from surrogate data. Paired comparisons were
180 carried out using the Wilcoxon signed-rank test, which were Bonferroni corrected for multiple
181 comparisons.

182 **Results**

183 *Large-scale brain dynamics form briefly stable functional networks*

184 We found bilateral, symmetric posterior regions in the extrastriate cortex and inferior parietal lobe
185 (IPL) to co-vary with the PCC's source signal. In contrast, we found anterior areas of the bilateral
186 prefrontal cortex and the thalamus to co-vary with the SMA (Fig. 1a-b). To rule out a potential source
187 imaging bias that might cause these patterns, we performed the same analyses on the surrogate data.
188 Importantly, we found no distant spatial local maxima forming a network pattern in the surrogate

189 data. Merely the respectively selected regions were present, meaning we did not observe co-varying
190 regions using surrogate data (Fig. 6).

191 The phase relations between nodes of these functional network patterns in the real data vary
192 considerably in time. We observe epochs in which the phase differences remain small, meaning these
193 two nodes fluctuate synchronously at these time points (Fig. 1c-d). The durations of these epochs are
194 in the range between 54.1 and 79.1 milliseconds on average depending on the constellation. The
195 durations of all pairs belonging to the same functional network are significantly longer than respective
196 periods computed from surrogate data. The detailed duration of each pair and their respective p-
197 values are listed in Table 1.

198 *Simultaneous synchronization is present between distant neuronal populations*

199 We identified functional network patterns that are composed of distinct nodes that are symmetric in
200 both hemispheres (Fig. 1). This finding already indicates that these distant regions co-vary on a highly
201 resolved time scale. To directly test if the correlation between these nodes is significantly larger than
202 the spatial leakage bias, we focused on the analyses of pairwise nodes for each network pattern. To
203 provide more detail about these interactions, we investigated different time lags and frequency
204 components. For the PCC based network, we focused on posterior bilateral IPL regions. The cross-
205 correlation between pairs of these network nodes peaks at zero-lag with values ranging between 0.1
206 and 0.28, which is significantly higher than the spatial leakage bias observed in the surrogate data.
207 The detailed values are listed in Table1. Interestingly, the interhemispheric zero-lag correlation was
208 highest in this posterior network. The frequency-specific PLV reached its maximum for this pair at
209 11Hz with a value of 0.34. In this case, the real part of the coherency is considerably higher than its
210 imaginary part (Fig.2).

211 For the SMA based network, we further examined the relation of the SMA to regions in the bilateral
212 PFC and to the thalamus. The cross-correlation between these regions peaks at zero-lag with a value
213 of ranging between 0.24 and 0.32, which is significantly higher than the spatial leakage bias observed
214 in the surrogate data. The frequency-specific PLV reached its maximum at 10Hz with a value of 0.42
215 for the interhemispheric PFC connection. Again, the real part of the coherency is higher than its
216 imaginary part (Fig.3). These results show that actual zero-phase relations, indicating simultaneous
217 synchronization, are present between relatively distant regions.

218 For direct visual comparison of actual with surrogate data we also show the uncorrected metrics
219 overlaid with the bias estimates in Fig.4 and Fig.5. These bias estimates are the higher, the closer a
220 node pair is, but also the lower the spatial resolution between these areas is. For example, the zero-

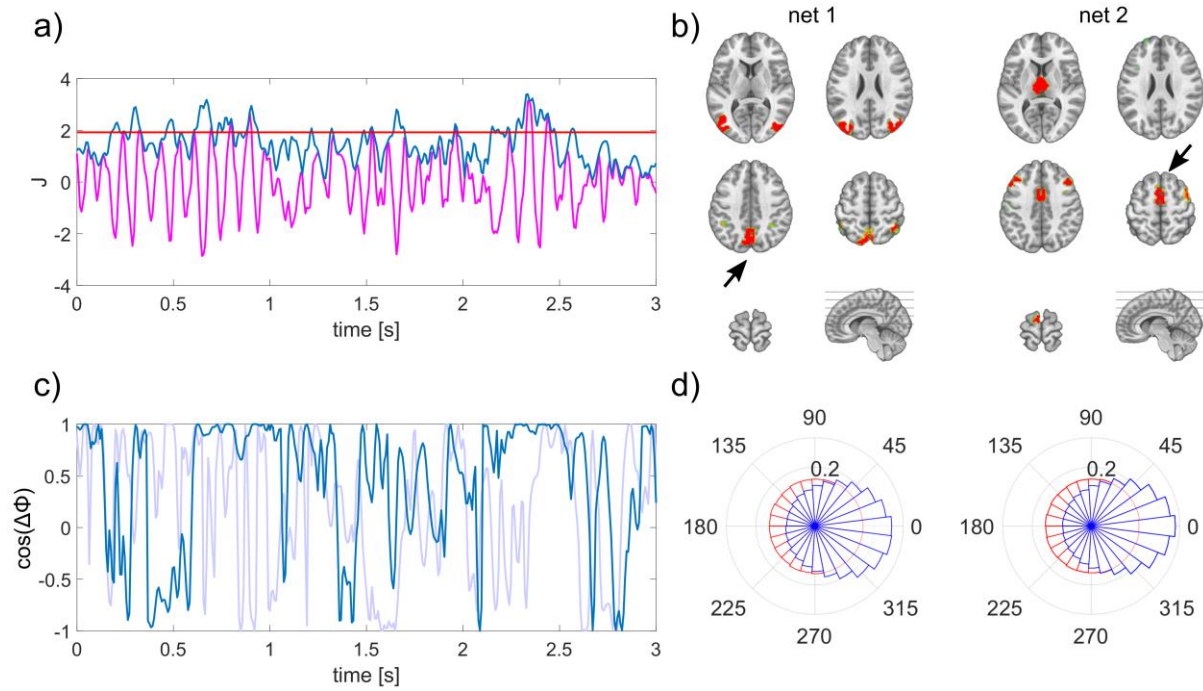
221 lag correlation peak of the surrogate data is higher for the intrahemispheric pairs (Fig.4b, top and
222 bottom row), than the bias of the more distant interhemispheric pair (Fig.4b middle row). This is
223 analogously the case for the PLV relations in Fig.4c. The same applies for comparing the top three rows
224 in Fig.5c-d for the SMA based network. The bias due to spatial leakage is maximal between SMA and
225 the thalamus, which is plausible given the low spatial resolution in subcortical areas (Fig.5, bottom
226 row). In addition, spatial leakage is biasing the phase distribution of the surrogate data towards zero,
227 i.e. right in the plots of Fig.4d and Fig.5d. In other terms, the phase distribution is not circular any
228 more, but biased due to spatial leakage, which is best visible in Fig.5d, bottom row (displayed in red).
229 Yet, for the actual recordings, the phase bin centered around zero exceeds this bias significantly
230 (displayed in blue).

231

	r	p _r	PLV	p _{PLV}	Dur [ms]	p _{Dur}
left IPL - PCC	0.20	0.0038	0.22	0.0011	69.9	0.0007
left IPL - right IPL	0.28	0.0007	0.28	0.0007	79.1	0.0007
right IPL - PCC	0.10	0.0123	0.15	0.0007	66.2	0.0024
left PFC- SMA	0.24	0.0012	0.34	0.0007	57.1	0.0038
left PFC - right PFC	0.31	0.0007	0.37	0.0007	54.1	0.0020
right PFC – SMA	0.26	0.0012	0.34	0.0007	61.9	0.0009
SMA – thalamus	0.32	0.0020	0.34	0.0012	75.8	0.0011

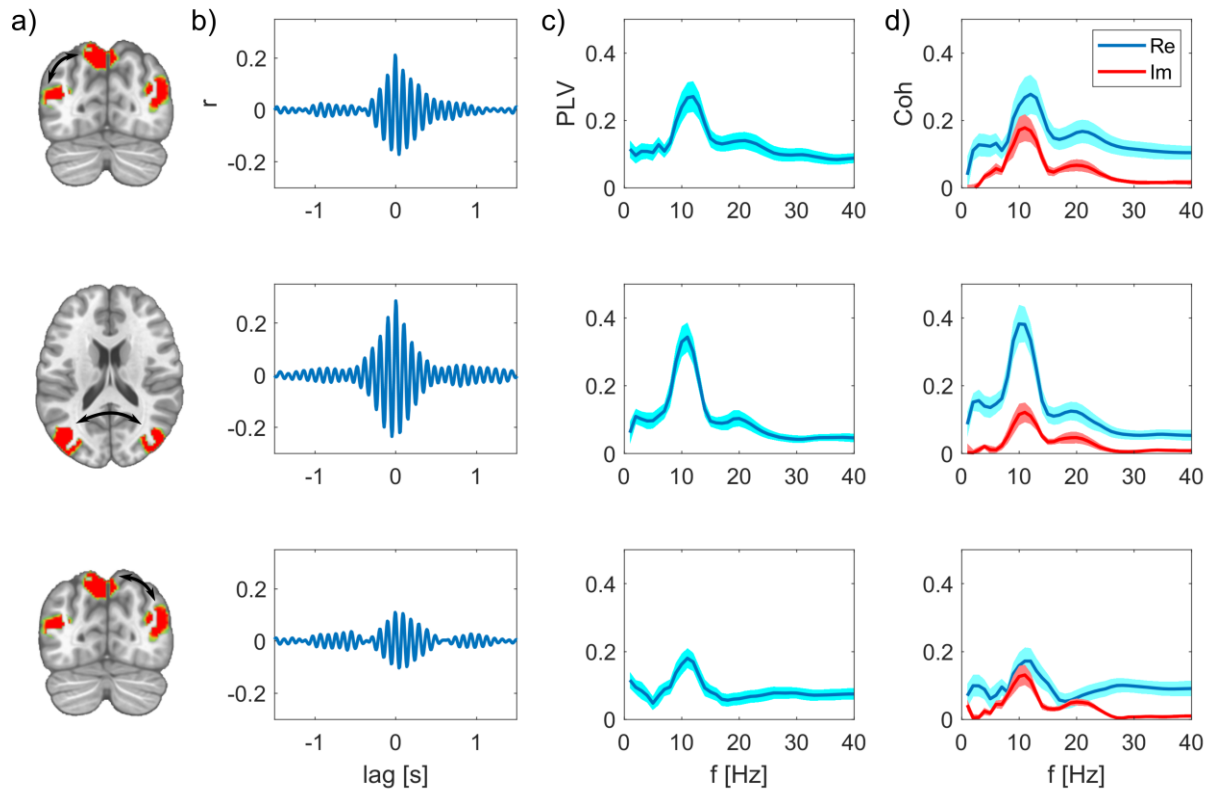
232 Table 1. Correlation, PLV in the alpha range (8-12 Hz) and duration of each pair with respective p-
233 values (Wilcoxon sign rank test, Bonferroni corrected)

234



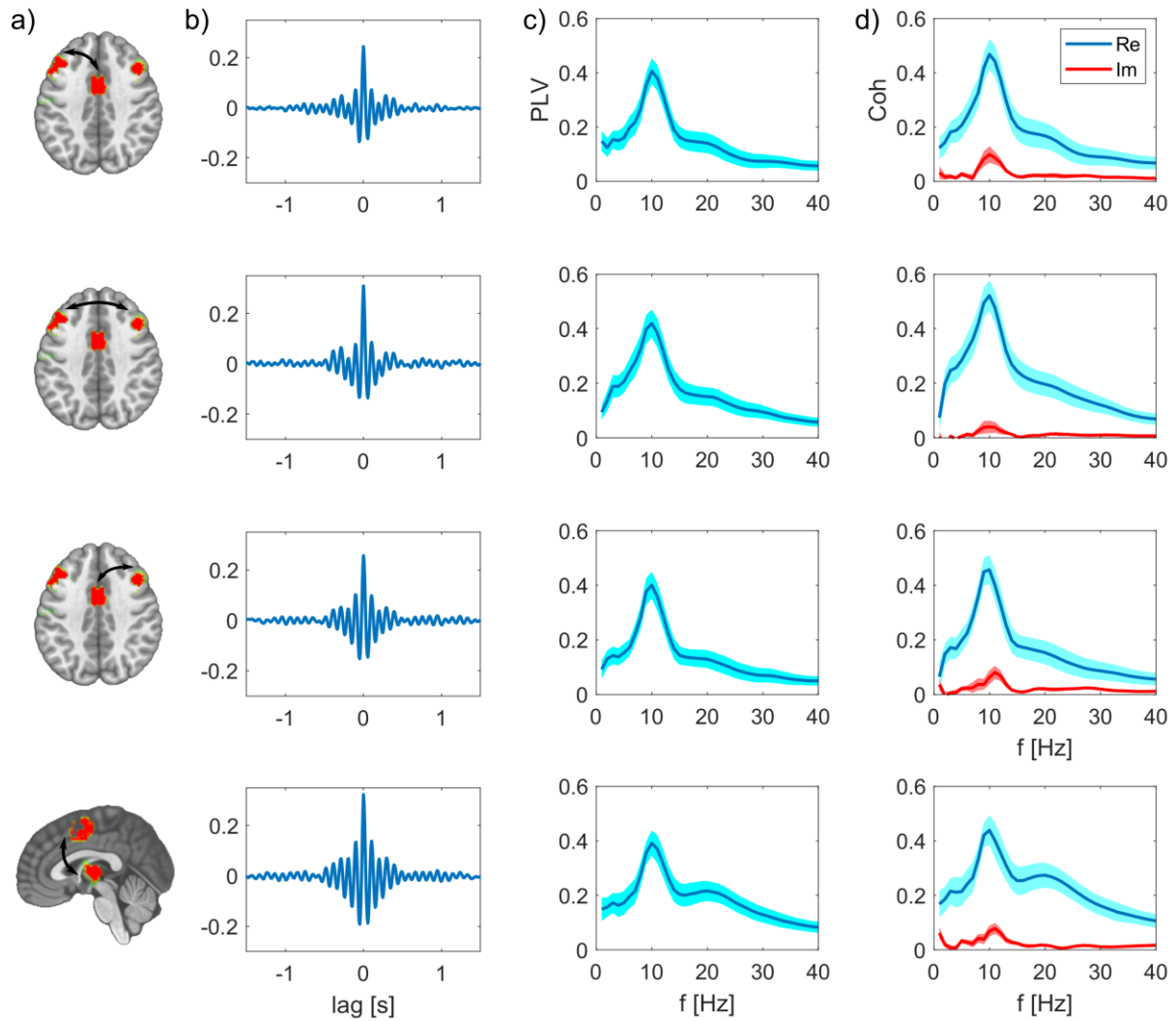
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236 Figure 1. Derivation and characterization of EEG source reconstructed networks. a) The envelope
237 (blue) of source estimated activity (magenta) is thresholded to define periods of well-pronounced
238 activity within a specific region of interest (here PCC). b) Nodes of the network co-varying with the
239 PCC (net 1) during periods defined as indicated in a) and with the SMA (net 2) as region of interest
240 marked with black arrows. c) Exemplary time course of instantaneous phase locking between lateral
241 posterior regions of net 1, matching the time period shown in a) in magenta; surrogate phase locking
242 is shown in light blue. d) Polar histograms of the group, displaying the distribution of interhemispheric
243 phase differences between lateral posterior (net 1) and anterior (net 2) regions as illustrated in b) in
244 blue; surrogate phase differences in red. The radius for each phase bin displays the probability density
245 function estimate of the respective phase differences.



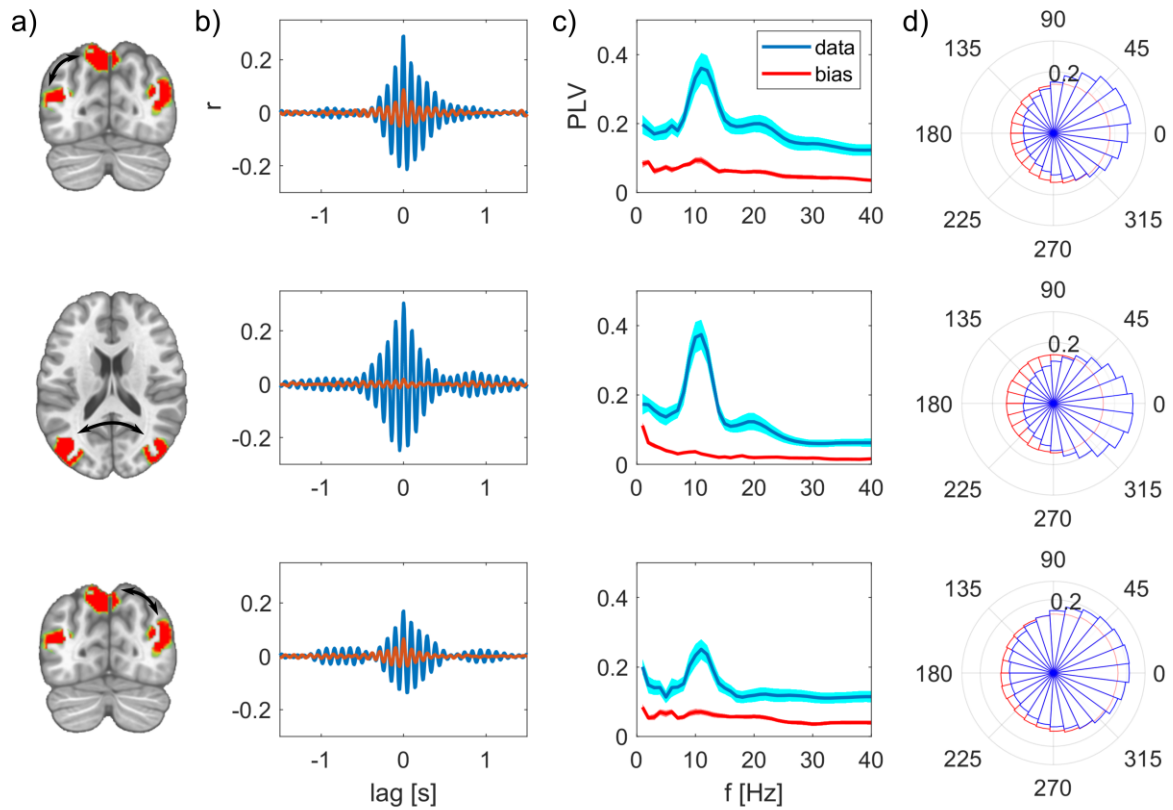
246

247 Figure 2. Synchrony between the nodes of the PPC network after subtracting spatial leakage bias. a)
248 Nodes of the network, edges are indicated as arrows. b) Cross-correlations between these two nodes
249 are respectively maximal at zero lag. c) PLV as function of frequency, group mean \pm SEM. d) Real and
250 imaginary part of the coherency, group mean \pm SEM.



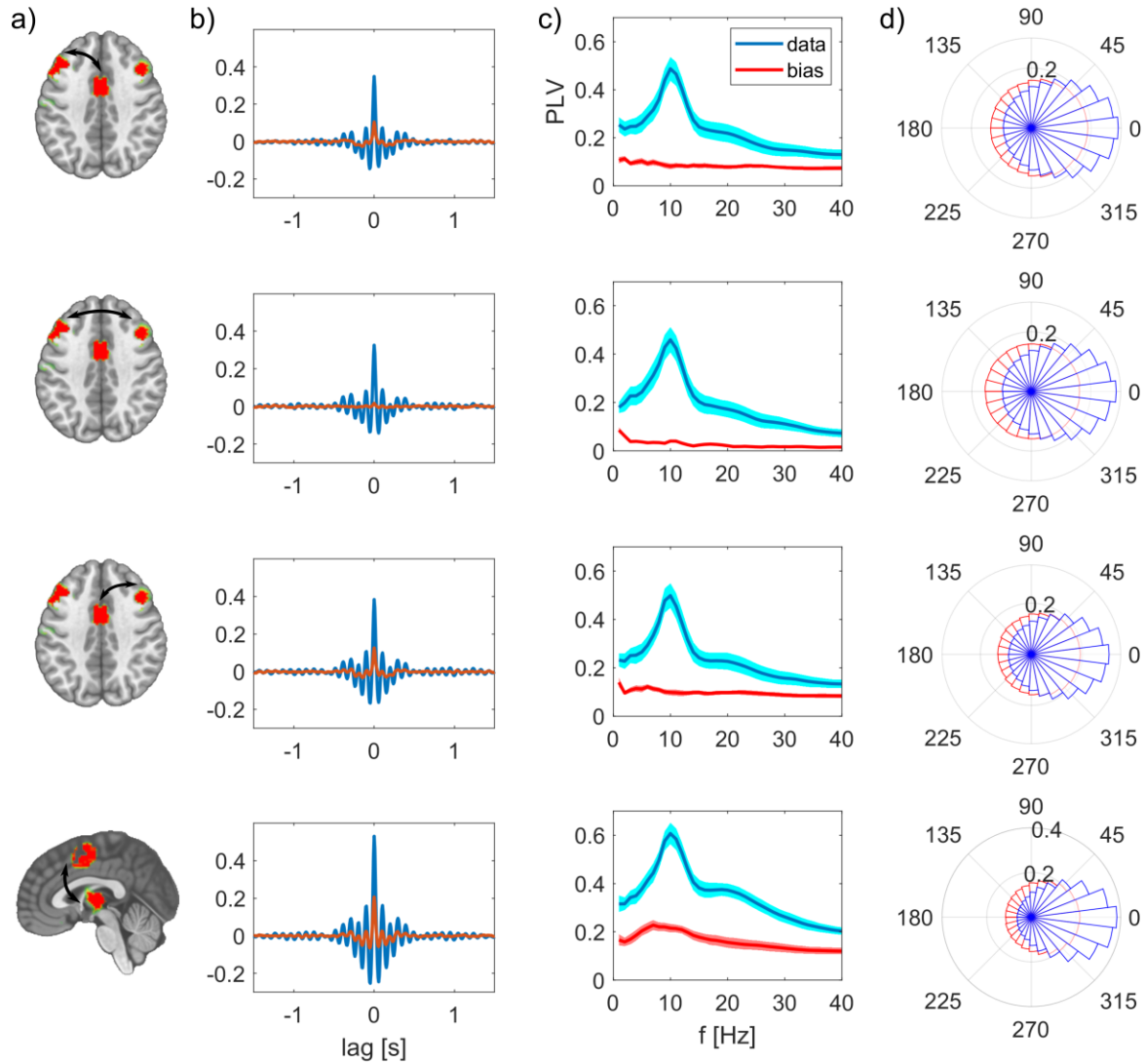
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252 Figure 3. Synchrony between the nodes of the SMA network after subtracting spatial leakage bias. a)
253 Nodes of the network, edges are indicated as arrows. b) Cross-correlations between these two nodes
254 are respectively maximal at zero lag. c) PLV as function of frequency, group mean \pm SEM. d) Real and
255 imaginary part of the coherency, group mean \pm SEM.



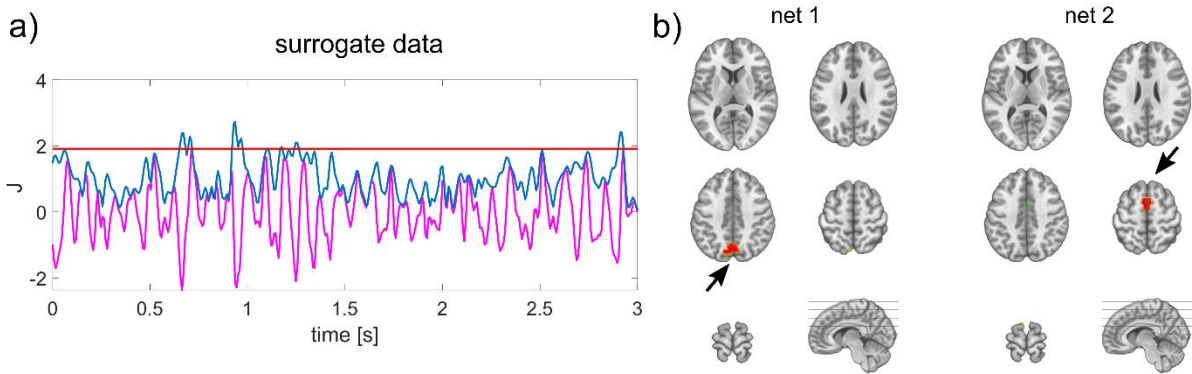
256

257 Figure 4. Synchrony between the nodes of the PPC network, uncorrected measures in comparison to
258 spatial leakage bias. a) Nodes of the network, edges are indicated as arrows. b) Cross-correlation
259 between these two nodes, actual (uncorrected) data is shown in magenta, bias in surrogate data in
260 red. c) PLV as function of frequency, group mean \pm SEM. d) Polar histograms showing the distribution
261 of phase differences for actual data in blue and surrogate data in red. The radius for each phase bin
262 displays the probability density function estimate of the respective phase differences.



263

264 Figure 5. Synchrony between the nodes of the SMA network, uncorrected measures in comparison to
265 spatial leakage bias. a) Nodes of the network, edges are indicated as arrows. b) Cross-correlation
266 between these two nodes, actual (uncorrected) data is shown in magenta, bias in surrogate data in
267 red. c) PLV as function of frequency, group mean \pm SEM. d) Polar histograms showing the distribution
268 of phase differences for actual data in blue and surrogate data in red. For every constellation in this
269 network, the most frequent phase difference is zero. The radius for each phase bin displays the
270 probability density function estimate of the respective phase differences.



271

272 Figure 6. Absence of distant co-varying sites in surrogate data. a) The envelope (blue) of source
273 estimated surrogate data (magenta) is thresholded to define periods of well-pronounced activity
274 within a specific region of interest (here PCC). b) No distant local maxima were identified co-varying
275 with the PCC (net 1), or with the SMA (net 2) marked with black arrows.

276 Discussion

277 In this work, we investigate synchronous EEG source dynamics between distant brain regions. The
278 functional network patterns we reconstruct revealed spatially well-separated remote brain regions.
279 Investigating the temporally highly resolved phase relations indicating long-range synchronization, we
280 actually observe quasi zero-lag related fluctuations between these distant regions. By comparing
281 these results systematically to surrogate data with identical spatial properties in their source
282 reconstruction, we demonstrate that the observed effects cannot be explained by spatial leakage
283 phenomena.

284 *Large-scale brain dynamics form briefly stable functional networks*

285 In the reconstruction of functional network patterns, we focused on two key brain regions, i.e., the
286 PCC and SMA. The PCC based network is composed of bilateral posterior areas of the extrastriate
287 cortex and inferior parietal lobes. This network resembles the posterior subdivision of the default
288 mode network that was previously reported using MEG recordings (Hipp et al., 2012; Vidaurre et al.,
289 2018). The SMA based network is composed of the bilateral prefrontal cortex and the thalamus, which
290 are regions associated with the anterior part of the control network (Seeley et al., 2007; Raichle, 2010).
291 We included analyses of thalamic signals because recent work (Krishnaswamy et al., 2017; Seeber et
292 al., 2019) demonstrated the detectability of subcortical activities using EEG source imaging.

293 However, we did not find a one to one correspondence between the network patterns we observed
294 herein and the M/EEG amplitude correlation-based networks (Brookes et al., 2011; Samogin et al.,
295 2019) that were related to the well-known fMRI resting-state networks (Smith et al., 2009; Raichle,
296 2010). This discrepancy might stem from the different time-scale of co-variation, i.e., the temporal
297 precision, and coupling measure, which define these functional networks. In this work, phase relations
298 are relevant, since we were aiming for high temporal precision reflecting long-range synchrony. In
299 contrast, in fMRI and M/EEG amplitude envelope-based analyses, the temporal alignment on a second
300 scale is sufficient for capturing correlated activities. Phase coherence and amplitude envelop
301 correlation are two types of coupling measures suggested to reflect distinct mechanisms related to
302 different functions (Engel et al., 2013).

303 We report the nodes of these network patterns synchronizing in brief time intervals, typically in the
304 range of 54 and 80 milliseconds. These briefly stable epochs and their duration are in good agreement
305 with previously reported time epochs for the EEG microstates (Michel and Koenig, 2018) and transient
306 states derived from MEG recordings using Hidden Markov Models (HMM) (Vidaurre et al., 2018).
307 However, the HMM states are derived from orthogonalized signals (Colclough et al., 2015) that
308 discards zero-phase relations. EEG microstates are defined as stable topographies. If a particular

309 source network configuration maintains quasi-zero phase relations for a certain period, that
310 necessarily leads to a stable topography of the scalp potential field. Therefore, the brief manifestation
311 of specific quasi zero-lag related network patterns we describe in this work can be seen as the
312 underlying source dynamics of the microstates.

313 The temporal dynamics of these briefly stable epochs are characteristic for metastability, i.e., signified
314 by a counterbalance between integrated, i.e. synchronous, and segregated epochs (Tognoli and Kelso,
315 2014; Deco et al., 2015). In terms of large-scale brain dynamics that means specific nodes of a network
316 pattern are converging into synchrony, i.e. quasi zero-lag relationships, for brief epochs. These
317 integrated, highly synchronous states fall abruptly apart, i.e. segregate, before the next integrated
318 state is established. In that way, it is possible to develop dynamic representations flexibly since distinct
319 states can be installed in different spatial configurations (Tononi and Edelman, 1998; Deco and
320 Kringelbach, 2016; Ju and Bassett, 2020).

321 *Simultaneous synchronization is present between distant neuronal populations*

322 The fact that we observe spatially well-separated, co-varying sites as network patterns is the first
323 indicator that these distant regions are functionally related at a millisecond time scale. These distant
324 sites are absent when repeating these analyses with surrogate data (Fig.6). In addition to this spatial
325 assessment, the functional results, e.g. PLVs, we describe herein significantly exceed the bias due to
326 spatial leakage, which we derive from surrogate data. As expected, these bias estimates are the
327 higher, the closer two areas are and the lower the spatial resolution at these sites is. Surprisingly, we
328 found the interhemispheric interactions to be higher than the intrahemispheric interactions. Because
329 the distance between respective regions is larger for the interhemispheric than the intrahemispheric
330 pairs, this result cannot be an effect of spatial leakage. These findings together with the cross-
331 correlation peak at zero lag signify genuine simultaneous synchronization between these distant
332 regions.

333 The finding of long-range, simultaneous synchronization is in line with previous literature showing
334 physiologically relevant, zero-lag relations (Engel et al., 1991; Contreras and Steriade, 1996; Roelfsema
335 et al., 1997) in animals. Recently, a study using intracranial recordings showed interhemispheric zero-
336 lag synchronization in the human brain (O'reilly and Elsabbagh, 2020). Most of the previous studies
337 investigating synchrony between distant areas were focusing on gamma oscillations (>30 Hz) induced
338 by specific tasks (Engel et al., 1991; Roelfsema et al., 1997; Womelsdorf et al., 2007; Siegel et al., 2008;
339 Van Kerkoerle et al., 2014). These gamma oscillations were found to facilitate feedforward processing,
340 while mid-frequencies were related to feedback effects from higher areas (Von Stein et al., 2000;
341 Bosman et al., 2012; Van Kerkoerle et al., 2014). Given these differences in task-induced and resting-

342 state signals, it is plausible that the simultaneous fluctuations we describe here represent intrinsic
343 synchrony during minimal sensory input. The finding of quasi zero-phase relations between distant
344 areas might signify functional convergence in these regions during rest, in contrast to sensory-driven
345 time-lagged oscillations induced by a specific task. In that sense, quasi zero-phase relations in
346 distributed areas might relate to the representation and maintenance, rather than the processing of
347 information. This long-range synchronization is briefly stable, not persistently, indicating flexible
348 spatial reconfiguration pertaining to the establishment of particular, re-occurring states. Taken
349 together, we suggest that the balance between temporal stability and spatial flexibility of long-range,
350 simultaneous synchronization patterns is characteristic of the dynamic coordination of large-scale
351 functional brain networks. As such, quasi zero-lag related EEG source fluctuations are physiologically
352 meaningful if spatial leakage is considered appropriately, and should not be excluded in the analysis
353 of functional connectivity using EEG/MEG source imaging.

354

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