Title

Structural comparison of GLUT1 to GLUT3 reveal transport regulation mechanism in Sugar Porter family

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15 Running Title

Structural and comparative analysis of GLUT1 and GLUT3

Keywords

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20 kinetics

Summary Blurb

New structure of GLUT1 compared to GLUT3 explain different substrate affinities. The result provide a functional rationale for key structural motifs that define the universal Sugar Porter family.

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Abstract

The human glucose transporters GLUT1 and GLUT3 have a central role in glucose uptake as canonical members of the Sugar Porter (SP) family. GLUT1 and GLUT3 share a fully conserved substrate-binding site with identical substrate coordination, but differ significantly in transport affinity
30 in line with their physiological function. Here we present a 2.4 Å crystal structure of GLUT1 in an inward open conformation and compare it with GLUT3 using both structural and functional data. Our work shows that interactions between a cytosolic "Sugar Porter motif" and a conserved "A motif" stabilize the outward conformational state and increases substrate apparent affinity. Furthermore, we identify a previously undescribed Cl⁻ ion site in GLUT1 and an endofacial lipid/glucose binding site
35 which modulate GLUT kinetics. The results provide a possible explanation for the difference between GLUT1 and GLUT3 glucose affinity, imply a general model for the kinetic regulation in GLUTs and suggest a physiological function for the defining SP sequence motif in the Sugar Porter family.

Introduction

In humans, GLUT proteins are responsible for cellular glucose uptake. Basal cellular glucose uptake is mediated by GLUT1 (Mueckler et al, 1985), while GLUT3 is specifically highly expressed in neurons and other tissues with high energy demand (Simpson et al, 2008). In line with its physiological role, GLUT3 has been shown to have an increased glucose affinity (~3 mM) in comparison to GLUT1 (~10-20 mM) (Burant & Bell, 1992; Nishimura et al, 1993; Maher et al, 1996; Bentley et al, 2012; De Zutter et al, 2013); however the affinity disparity cannot be explained by differences in their glucose binding sites, as they are structurally identical (Deng et al, 2014; Deng et al, 2015).

GLUTs belong to the Sugar Porter (SP) family, which as the largest branch of the Major Facilitator Superfamily (MFS), is found in all kingdoms of life (Baldwin, 1993). MFS proteins share a common fold comprising of 12 transmembrane helices (M1-M12) with a two-fold pseudo-symmetry between the N-domain (M1-6) and the C-domain (M7-12). They are also defined by a signature motif, the "A motif", in with a consensus sequence of Gx₃[D/E][R/K]xGx[R/K][K/R] (Nishimura et al, 1993). Due to the pseudo-symmetry, the A motif is found twice, located in the cytosolic loop connecting M2 and M3 of the N-domain and in the cytosolic loop connecting M8 and M9 of the C-domain. In GLUT1 the A motif takes the form G₈₄LFVNRFGRR₉₃ and L₃₂₅FVVERAGRR₃₃₄. The A motif is believed to be a key determinant of transport kinetics (Jiang et al, 2013; Nomura et al, 2015; Zhang et al, 2015; Cain et al, 2000), and it may also modulate transport by direct lipid interactions (Martens et al, 2018). Within the MFS superfamily, the SP family have a family-defining sequence, the "SP motif" located, also in duplicate, on both the cytosolic side of the N-domain directly after M6 and in the C-domain directly after M12. The SP motif takes the form of P₂₀₈ESPR₂₁₂ and P₄₅₃ETKG₄₅₇ in these two locations in the GLUT1 protein (Fig S1) (Baldwin, 1993). The importance of the SP motif has been demonstrated through mutational studies, and is highlighted by its strong conservation in the SP family (Seyfang & Landfear, 2000; Sun et al, 2012), however, the functional role of the SP motif has not yet been established (Fig S1).

Sugar Porter proteins alternate between inward facing and outward facing conformations with respect to the central substrate binding site, and the transition between these two states define sugar transport (Fig 1A). When the transporter is in the outward facing conformation (C_{out}), extracellular sugar can bind to the central binding site ($C_{out}S$), and be transported to the inside the cell ($C_{in}S$) as dictated by the concentration gradient across the membrane. The following conformational transition from the substrate-free inward conformation (C_{in}) to the substrate-free outward conformation (C_{out}) is needed to reset the transporter, and has been experimentally shown to be the rate-limiting step in GLUTs, consistent with thermodynamic models (Lowe & Walmsley, 1986; Wheeler & Whelan, 1988; Zhang & Han, 2016). During transport, the A motif has been found to control the degree of stabilization of the outward conformation (Jiang et al, 2013; Zhang et al, 2015).

GLUT1 and GLUT3 allow for a useful comparison to understand GLUT and SP protein kinetics, given their different kinetic properties, despite possessing identical substrate-binding pockets. However, few studies have directly compared the determinants of GLUT1 and GLUT3 kinetics (Burant & Bell, 1992; Maher et al, 1996). Large variations between published studies can be attributed to the assay type and substrate used to measure transport (discussed in e.g. Maher et al, 1996). It is also important to consider the protein/lipid environment, as GLUT proteins are highly sensitive to lipid compositions in the membrane (Wheeler et al, 1998; Hresko et al, 2016). A comparative study of the two proteins requires identical experimental setups, alongside high-resolution structural information. To this end, we report a 2.4 Å resolution structure of human GLUT1 that reveals two previously unknown features: a chloride-ion binding site between the SP and A motifs of the N domain, and an intracellular glucose and/or lipid-binding site at this SP motif. We present a direct biochemical comparison between GLUT1 and GLUT3 in identical experimental setups to examine and revalidate the differences between the two proteins. Based on the structural data, we pinpoint key elements of the cytosolic domain that modulate transport kinetics. These elements reside within the A and SP motifs of the N-domain and they provide a functional framework to better understand the role of these motifs in all SP and MFS proteins. The results provide a model which can explain the kinetic differences between GLUT1 and GLUT3, and furthermore suggests their transport regulation by a structural framework found in the SP motif that can interact with lipids and/or intracellular sugar. We confirm this new model by mutational analysis and identify a single point mutation in the SP motif that can convert GLUT1 into a transporter with GLUT3-like kinetics and vice-versa.

RESULTS

Affinity and selectivity comparisons between GLUT1 and GLUT3

In order to directly compare the kinetics of human GLUT1 and GLUT3 we expressed both proteins in parallel in *Xenopus* oocytes and measured 2-deoxyglucose (2-DG) uptake (Fig 1B). Michaelis-Menten analysis of substrate saturation kinetics using GLUT1 result in a K_m for 2-DG uptake of 9.5 mM (Fig 1C), comparable with previous reports in the literature (Burant & Bell, 1992; Bentley et al, 2012). The uptake is inhibited by the GLUT inhibitor cytochalasin B. In the same experimental setup, GLUT3 has a K_m value of 2.6 mM and also displays cytochalasin B inhibition (Fig 1D). These kinetics are akin to the values obtained in rat primary cerebral granule neurons reported previously (Maher et al, 1996). Protein levels of GLUT1 and GLUT3 in the oocyte membranes were detected by western blot using an identical engineered epitope (derived from GLUT1) for both proteins. The results show that expression levels are comparable (Fig S2A) and that kinetic parameters of GLUT3 are not affected by the introduced epitope (Fig S2B). While levels are comparable, we find that Western Blots were not accurate enough to allow us to confidently determine exact protein levels. We therefore assess the V_{max} levels per oocyte, and estimate the V_{max} of GLUT1 to be 4920 pmol/oocyte/30min, and the V_{max} of GLUT3 to be 2-fold lower at 2537 pmol/oocyte/30min. Notably, in contrast to an older study that

calculated a higher turnover for GLUT3 compared to GLUT1 (Maher et al, 1996), our results support a more recent study that calculated GLUT3 has a lower turnover than GLUT1 (De Zutter et al, 2013). GLUT1 and GLUT3 substrate selectivity was screened in an identical setup to above, with a competition assay. The takeaway message is that glucose and mannose strongly compete with 2-DG uptake in both transporters (Fig 1E and F). Other sugars also compete for uptake, but to a lesser extent, in accordance with previous literature (Burant & Bell, 1992; Deng et al, 2015). The similarities in selectivity are consistent with the structural conservation of two substrate binding-sites and hence reinforce the idea that other regions of the proteins must be responsible for conferring the difference in substrate affinity and transport capacity between GLUT1 and GLUT3.

High resolution GLUT1 structure reveals a novel chloride binding site

We subsequently solved the crystal structure of human GLUT1 to 2.4 Å resolution (R_{free} 22.9%) (Table S1 and Fig S3-S4). The overall structure adopts an inward-open conformation that is almost identical to the 3.2 Å model published previously (RMSD_(CA) 0.4 Å) (Fig S5A) (Deng et al., 2014). The structure consists of residues 9-455 (of 492 residues total) and contains the N-domain, the cytosolic ICH domain (ICH1-ICH4) and C-domain (Fig 2A). The high quality of the electron density map, compared to earlier studies, allows for the identification of several new ligands and 13 water molecules in the structure, alongside well-defined side chains (Fig S4).

GLUT1 crystals were grown in the presence of glucose and the detergent Nonyl-β-D-Glucoside (NG), which has a glucose head-group. In our maps, we clearly observe an NG molecule in the central sugar-binding pocket in the N-domain (Fig 2A and B and Fig S3-S4), despite having a 6-fold molar excess of glucose present (40 mM vs 6.5 mM). The entirety of the NG density is well defined, although there is less density for the tail, which could reflect its flexibility or that the site is occupied by a mixture of NG and glucose molecules. Indeed, occupancy refinement using a mixed ligand model yields a reproducible 40/60% ratio between glucose and NG. Only residues from the C-terminal domain are part of the glucose headgroup coordination, seven polar interactions are established through residues from M7, M8 and M10. When compared with the high resolution glucose bound GLUT3 structure (PDB 4ZW9, 1.5 Å) (Deng et al., 2015), we can confirm the atomic interactions are structurally identical between the proteins (Fig S5B). Next to the glucose headgroup, we also observe an additional tubular density close to the binding site that fits with a PEG molecule, derived from the experimental setup (Fig 2, Fig S4). The position of this PEG molecule matches previously identified inhibitor positions in GLUT1 (Fig S6).

The two SP motifs are located directly below the two A motifs in the N- and C-domain of GLUT1 (Fig 2C and D). An unexpected density feature was present in the electron density map. There was a very strong spherical density (9.1 sigma peak) between the SP motif and the A motif of the N-domain,

that could not be explained by a water molecule. The coordinating atoms indicate a negatively charged species such as a chloride ion, so we devised a follow-up experiment exploiting the strong
150 anomalous scattering from bromide, a heavier chemical congener of chloride. By replacing Cl⁻ with Br⁻ in the crystal it is possible to search for anomalous density peaks to identify bromide ion positions which will reveal the original chloride position in the previous dataset (Ekberg et al, 2010). This experiment lead to a single strong anomalous peak (7.3 sigma) at the position of the spherical density, allowing us to unequivocally identify this peak as a Cl⁻ ion (Fig 3) positioned between the SP and A
155 motif in the N-domain.

The chloride ion is coordinated by several residues of the A-motif in the N-domain including the backbones of Arg92, Arg93, and Glu209, with hydrogen bonds ranging in distance from 3.2 – 3.6 Å (Fig 3B, Fig 4). It is worth noting that human intracellular chloride concentrations range from 4-100 mM, depending on cell type and measurement method, which is comparable with the concentration in
160 the experiment (100-200 mM), supporting the notion that this identified site could have a physiological role.

The role of the SP motif found in the N-domain

The identification of a chloride binding site highlights a key change between the inward- and outward
165 conformation found in the SP motif of the N-domain (Fig 4). All structurally characterized members in the SP family show a well-defined and precisely-positioned conformation for the glutamate residue of the sugar porter motif in the N domain (E209 in GLUT1) (Fig S7). This essential glutamate interacts with the A motif in the outward conformation, but flips out and away from the A motif in the inward conformation. It is well established that residues of the A-motif stabilize GLUT proteins in an
170 outward conformation, ready to receive glucose, via inter-TM salt bridges. Disruption of these networks triggers favorable formation of the inward state (Martens et al, 2018). When expanding the analysis to other Sugar Porter structures available, a consistent picture emerges: In the outward-facing conformation, the glutamate residue of the human GLUT3 SP motif (Deng et al, 2015), rat GLUT5 (Nomura et al, 2015) and the *Arabidopsis* proton symporter STP10 (Paulsen et al, 2019) interacts with
175 the A motif, establishing hydrogen bonds with amide groups from the last 2 residues (R92 and R93 in GLUT1) of the A motif (Fig S7A). We name this interaction network, found only in outward conformations of SP proteins, the "SP-A network".

In our inward-facing conformation of human GLUT1, alongside bovine GLUT5 (Nomura et al, 2015) and the bacterial sugar/proton symporters Xyle (Wisedchaisri et al, 2014) and GlcPse (Iancu et al,
180 2013), the glutamate residue is pointing away from the A motif, towards the cytosol (Fig S7B). The position of the acid group of the glutamate in the SP-A network is replaced by the identified Cl⁻ ion in the GLUT1 structure (Fig 4A). Notably, a similar strong peak is observed in the same site in the bovine GLUT5 electron density map (Nomura et al, 2015). This suggests a mechanism where the glu-

tamate residue in the SP-A network competes with a Cl^- ion for interaction with the A motif, while the glutamate interaction to the A motif stabilizes the outward conformation.

We set forth to explore our hypothesis by removing the acid group of the relevant glutamates of both GLUT1 (E209Q) and GLUT3 (E207Q) (Fig 4). These mutations should weaken the interaction with the A motif in the outward conformation and fail to compete with the Cl^- ion. As a result, the outward-facing conformation should be disfavored and transport affinity should correspondingly decrease, as the protein will stabilize in the inward conformation. Oocyte uptake revealed a reduced 2-DG uptake due to a ~2-fold decrease in apparent binding affinity compared to the wild-type protein (Fig 4B and C). According with our model, $V_{\max}$ values, which can be defined as the frequency of the interconversion between the outward and the inward conformations, should decrease. This effect is seen using the GLUT3 (E207) mutant but not the GLUT1 (E209Q) mutant. The western blot did show protein expression levels were higher for the mutants compared to WT proteins (Fig S8), restricting our $V_{\max}$ analysis. However, both mutations support our hypothesis that the role of the glutamate's acidic group is to interact with the A motif to stabilize the outward conformation.

Ligand interaction with the SP motif of the N domain

We observe an additional strong density on the cytosolic side of GLUT1 interacting with the N-domain SP motif. The main part of this density matches a glucose, but at a lower density threshold additional density appears that fits an aliphatic tail, so in line with our central binding site modeling, we modeled this as an NG molecule (Fig 3A and Fig S4). While the observed density could be an experimental artifact, in a possible physiological context this could also reflect lipid headgroup and/or a substrate molecule binding to a potential allosteric binding site, since the interaction is to the PS motif, a highly conserved region of SP proteins. Indeed, the D-glucopyranoside headgroup in this "secondary site" establishes polar interactions with Arg93, Asn94, Glu209, Arg218, and Arg223 from both the N-domain SP motif, ICH1-2 and M3 residues (Fig 3A). The headgroup thus supports the charged network of the conserved cytosolic residues, which in turn moves the SP motif residues away from the A motif residues and stabilizes the inward-open conformation of GLUT1. We note that another structure of GLUT3 (PDB 5C65) contains two OGN molecules near this site, but they do not interact with the conserved residues of the SP motif, and their position are more embedded towards the bilayer center suggesting a default lipid/detergent interaction and not D-glucopyranoside headgroup coordination, as in our data. To help evaluate whether the secondary site density was derived from our specific experimental setup, we analyzed the previously published 3.2 Å GLUT1 dataset (Deng et al, 2014), where we also observe a clear density in the map at this site, supporting that a glucose molecule interacts with the SP motif in the N-domain under different experimental conditions.

GLUT1 and GLUT3 kinetics can be exchanged with a single point mutation in C-domain SP motif.

Given the disparities between GLUT1 and GLUT3 kinetics, we sought to identify a possible cause using our high-resolution GLUT1 structure, compared to GLUT3, with the SP-A network in mind.

225 The N domain SP-A interactions are identical between GLUT1 and GLUT3, so we decided to investigate the homologous SP-A network in the C-domain.

The A and SP motifs are almost identical between the N- and C-domains of GLUT1 and GLUT3 (RMSD(CA) < 0.8 Å), with a notable difference being that Lys456 of GLUT1 is replaced with Arg454 in Glut3 (Fig 5A and Fig S9). Unlike the SP motif in the N domain, part of the C-domain SP motif is
230 disordered. In the high resolution outward facing GLUT3 structure, Arg454 is part of the SP-A network together with Glu452 (Fig 5A). However, the outward-facing conformation of another GLUT3 structure (PDB ID 5C65, 2.65 Å) has the Arg454 pointing out into the solvent, suggesting that binding of Arg454 to the A motif, while clearly possible, might not be a key aspect of the C-terminal SP-A network.

235 The Lys456 residue is not resolved in the GLUT1 structures, but in the inward conformation of the GLUT1 bacterial homologue XyleE, the equivalent residue is establishing a salt bridge with an acidic residue from the A motif (Fig S10).

Based on the difference between GLUT1 and GLUT3 SP-motifs, we made the very mild mutant GLUT1 K456R which we speculated would improve substrate affinity by mimicking the GLUT3
240 isoform perhaps by destabilizing the inward conformation via SP-A network favoritism. We tested this mutant and in support of our model, the K_m values increased by 2-fold higher apparent affinity (4.2 mM) and there was a 2.5-fold decrease in V_{max} , very similar to that of native GLUT3 (Fig 5B). To further support the hypothesis, the invert mutation R454K was created in GLUT3. The transport affinity of the mutant was strongly affected with a 6-fold lower apparent affinity than native GLUT3,
245 (K_m 17 mM) (Fig 5C), again supporting the model. Mutant protein expression levels were found to be equal or higher than the WT protein for all the C-terminal mutants (Fig S8).

We speculate that the arginine in GLUT3, but not the lysine in GLUT1, is able to bind to the A motif in the outward conformation, leading to a stabilization of the outward conformation for GLUT3 compared to GLUT1. This is supported by the high-resolution GLUT3 structure solved in a lipid
250 bilayer, but the alternative GLUT3 structure solved in a detergent environment show that Arg454 is not necessary for stabilization of the GLUT3 outward conformation, and future alternative models are possible.

DISCUSSION

255 We have shown that in an identical experimental setup, GLUT3 has a 3-fold higher transport apparent affinity and a lower turnover than GLUT1, but has similar substrate selectivity. The 2.4 Å resolution structure of GLUT1 allows us to identify several features, including a glucoside-detergent, NG, found

in the central sugar-binding site, several water molecules and a PEG molecule bound to a promiscuous binding-pocket suggested to be the binding site of endofacial inhibitors (Kapoor et al, 2016). It also reveals two previously undescribed features in the N-domain: 1) A chloride-ion binding site, unique for the inward conformation, between the SP and A motifs. 2) An intracellular glucose and/or lipid-binding site at the SP motif with a NG molecule bound.

We describe a stabilizing SP-A network found in outward conformations in both N- and C-domain in GLUTs, but also more generally in Sugar Porter proteins. We show that in the N-domain, disruption of the SP-A network destabilizes the outward conformation, and leads to reduced transport affinities. The SP motif acidic residue has a very subtle, but well-defined role in generating this stabilizing SP-A network. We note that GLUT3 residue E207 stabilises the SP-A network to secure an outward state in a previously published structure (Deng et al, 2015). We have described that at the same position in GLUT1, a chloride ion replaces the acidic group in the inward conformation of the N-domain. When we mutate the glutamate residue of the SP-motif to neutralize the acidic group, uptake assays show a significantly increased K_m value.

It has previously been shown that the A motif strongly influences conformational equilibrium, and that manipulations of the A motif results in kinetic changes in Major Facilitators (Sato & Mueckler, 1999; Jiang et al, 2013; Zhang et al, 2015). The lipid phosphatidylethanolamine has been suggested to interact with the A motif in other MFS proteins to modulate transport kinetics (Martens et al, 2018). We observe a similar type of interaction here between a glucose or detergent molecule and the SP motif, supporting the idea of endofacial regulation by intracellular modulators.

We further analyzed the GLUT1 C-domain SP motif and identified Lys456 as a key residue in kinetic modulation. By introducing the GLUT1 K456R mutation, mimicking GLUT3, GLUT1 kinetics became GLUT3-like. Conversely, the GLUT3 R454K mutation decreased apparent affinity to similar levels as GLUT1. The conservative modification from Arg to Lys (and vice-versa) illustrate that a precisely tuned interaction network is crucial for transport activity, as previously seen in Major Facilitator motifs (Jiang et al, 2013).

Based on our results, we suggest a model for kinetic control of the GLUT transport cycle (Fig 6). The A and SP motifs act as molecular switches which together with intracellular modulators control the activation energy between different conformational states, and in particular the rate-limiting step from empty inward to empty outward conformation. It is likely that the N- and C-domain SP-A networks have slightly different properties. We believe the N-domain SP motif glutamate residue has the most prominent role, as this residue forms hydrogen bonds with the A motif backbone residues, creating the SP-A network in the outward conformation to stabilize it. During the transition to the inward conformation, the SP-A network is broken by the glutamate flipping away from the A motif. In this transition, a chloride ion replaces the glutamate residue while an intracellular modulator neutralizes the charged network of the cytosolic residues in the N-domain. This modulator could be a lipid or glucose in a physiological context. This helps to stabilize the inward conformation and thus these

295 intracellular modulators indirectly reduce substrate affinity by keeping the transporter in the inward conformation.

While we were able to identify intracellular modulators that interact with the N-domain SP-A network, no such modulators could be identified in the C-domain SP-A network. Although we do not exclude the possibility of intracellular modulators playing a role in this network, it is worth noting
300 that the GLUT1 M9 transmembrane helix next to the A motif promotes oligomerization (De Zutter et al, 2013). It is possible that GLUT oligomerization could influence the kinetics of transport between monomers in a higher oligomeric state through this interaction.

Our findings suggest that a physiological function of the SP motif is to modulate the kinetics of transport by interacting with the A motif, and function as a structural element that can respond to
305 intracellular modulators such as glucose and lipids. The possible intermittent use of chloride during the transport cycle, allows for further fine-tuning of this conformationally sensitive network. This role might expand beyond the SP family. We have analyzed the sequences of all known MFS proteins listed in the TCDB database (Saier et al, 2014) and out of 99 MFS families currently found in the database (including the SP family), we have identified four additional MFS families that also have an
310 SP sequence motif similar to the SP family: The Phosphate: H⁺ Symporter (PHS) family, the Organic Cation Transporter (OCT) family, the Vesicular Neurotransmitter Transporter (VNT) family and the Plant Copper Uptake Porter (PI-Cu-UP) family. We predict that these families are closely related to the SP family, and share elements of the same regulatory mechanism.

In conclusion, we have identified molecular switches that modulate glucose transport in GLUTs, and
315 can explain the differences in affinity between GLUT1 and GLUT3. We have presented a model that rationalizes how these switches work, which also provides a mechanistic function for the defining SP motif in the Sugar Porter family. We suggest that the SP motif is a prime candidate for future work to probe and modify transport kinetics in both human GLUT transporters and other SP family members needed for metabolic uptake of sugars in all organisms.

Materials and Methods

Protein expression and membrane isolation

For protein expression in *Saccharomyces cerevisiae*, the GLUT1 gene (UniProt: P11166) with a C-terminal deca-histidine tag and a thrombin cleavage site was cloned into an expression plasmid, based on p423_GAL1(Mumberg et al, 1994) (Lyons et al, 2016). Sequence-verified clones were transformed into chemically competent *S. cerevisiae* cells (DSY-5 strain, vendor Gentaur cat# P04003) and plated onto a SD/-His synthetic medium plate and incubated at 30 °C, for 3 days. Freshly grown colonies are inoculated in 10 ml of synthetic medium without histidine, SD-His, (sunrise) and incubated with shaking at 180 rpm at 30° C. The following day, the 10 ml culture was inoculated into 1 L of SD/-His synthetic medium, grown overnight and then used in a culture-vessel to grow to high density. After harvest, the yeast pellet was re-suspended in Lysis-buffer (100 mM Tris pH 7.5, 600 mM NaCl, 1.2 mM phenylmethylsulfonyl fluoride (PMSF) and lysed by running 5x1 min cycles on a bead-beating disrupter with 0.5 mm glass beads. The cell-lysate was centrifuged for 20 min at 20.000 g, followed by isolation of membranes by ultracentrifugation at 200.000 g for 150 min. The membranes were homogenized and stored at -80° C.

Protein Purification

Frozen membrane aliquots were thawed on ice and re-suspended in solubilization-buffer (50 mM Tris-HCl pH 7.5, 250 mM NaCl, 5 % glycerol) with 1 % (w/v) n-dodecyl- β -d-maltoside (DDM) and 0.1 % (w/v) Cholesteryl hemisuccinate (CHS). After incubation for 30 minutes at 4° C, insoluble material was removed by filtration using a 1.2 μ m filter. Imidazole, to a final concentration of 20 mM, was added to the supernatant which was loaded onto a 5 ml Ni-NTA column (GE Healthcare). After loading, the column was washed with 10 column volumes (CV) of W60 buffer (Solubilization buffer with 0.1 % (w/v) DDM, 0.01 % (w/v) CHS and 60mM Imidazole pH 7.5), followed by 10 CV G-buffer (20 mM MES pH 6.5, 250 mM NaCl, 10 % (v/v) Glycerol, 0.2 % (w/v) NG, 0.02 % (w/v) CHS, 0.5 mM tris (2-carboxyethyl) phosphine (TCEP), 40 mM D-glucose). Protein was eluted by circulating G-buffer containing bovine thrombin and 20 mM imidazole at 19° C for ~16 hours, followed by a 3 CV wash with G-buffer supplemented with 40 mM glucose. The sample was concentrated using a 20 mL concentrator with 100 kDa-cut off (Amicon) and further purified by size exclusion chromatography on an Enrich 650 10/300 column (Bio-rad) in G-buffer. The composition of the G buffer was optimized through a thermostability assay (Tomasiak et al, 2014). Selected peak fractions were pooled and directly used for crystallization trials at ~5 mg/mL. Protein purity was followed through all steps of the purification via SDS gel electrophoresis with InstantBlue Coomassie staining (Expedeon).

Crystallization

Crystals were grown at 17° C by vapor diffusion in 0.6+0.6 µL hanging drops with a reservoir containing 42-46 % polyethylene glycol 400, 100-200 mM MgCl₂ and 100 mM Mops pH 7.4. Cubic crystals, with a final size around 100 x 100 x 100 µm, were obtained after 1-3 days of crystal growth. For anomalous experiments to confirm the Cl⁻ site, crystals were grown using an identical protocol, but exchanging the reservoir solution MgCl₂ to MgBr₂, before mixing the 0.6+0.6 µL drop.

Data Processing

Data was collected at the Diamond Light Source beamlines i24 and i04, processed and scaled in space group C2 using XDS (Kabsch, 2010). Complete datasets were obtained from single crystals, but an improved dataset was obtained by averaging data from two separate datasets collected sequentially from a single large crystal. The structures were solved by molecular replacement in PHASER (McCoy et al, 2007) using PDB model 4PYP (Deng et al, 2014). Rfree flags were transferred from 4PYP and extended to the resolution of the dataset. COOT (Emsley et al, 2010) and Namdinator (Kidmose et al, 2019) were used for model building, and refinement was done in phenix.refine (Adams et al, 2010) using a refinement strategy of individual sites, individual ADP and group TLS (3 groups) against a maximum likelihood (ML) target using reflections in the 42-2.4 Å range. This yielded an R(work) of 20.4% and R(free) of 22.9%. Residues 1–8 and 456–492 were not visible in density maps and were omitted from the final model. MolProbity (Chen et al, 2010) was used for structure validation and gave a Ramachandran plot with 97.1% of residues in favored regions and 0.2% residues in disallowed regions.

Crystals grown with MgBr₂ diffracted to 3.2 Å. Data was collected at the wavelength near the bromine K-absorption edge (0.9184 Å) to maximize the anomalous signal, and after processing a dataset to 4.0 Å in XDS, the anomalous difference Fourier map was calculated using FFT (Winn et al, 2011). The map showed one single strong anomalous peak (7.3 sigma) confirming the Cl⁻ site. Structural figures were prepared using PyMOL 1.5.0.4 (The PyMOL Molecular Graphics System (Schrödinger LLC, 2012)). Sequence alignments were constructed with PROMALS3D (Pei et al, 2008), followed by manually refining gaps based on the observed structure. Alignments were visualized using ALINE (Bond & Schüttelkopf, 2009). SP motifs in the Major Facilitator Superfamily were identified using MEME (Bailey et al, 2006) based on all MFS sequences from TCDB, excluding the SP family (883 sequences total in 98 MFS families, not including SP family sequences) (Saier et al, 2014).

Oocyte transport assays

Human GLUT1 and GLUT3 (UniProt: P11169) were cloned into the pNB1-U vector (Nour-Eldin et al, 2006). All mutations were created using the quick-change lightning site directed mutagenesis kit according to the manufacturer's instructions (Agilent Technologies). The GLUT3 chimera was

generated by amplifying the C-terminal residues 450-492 of GLUT1 and clone them after residue 447 of GLUT3.

For cRNA preparation, the genes cloned in the pNB1-U vector were first amplified by PCR using standard primers containing the 5' and 3' UTRs: Fw

395 (TTAACCTCACTAAAGGGTTGTAATACGACTCACTATAGGG) and Rv (TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTATACTCAAGCTAGCCTCGAG), and then

analyzed and purified on a 1% agarose gel. RNA was synthesized using the mMESSAGE mMACHINE T7 Transcription Kit (ThermoFisher). Needles for RNA injection were made using the

400 PC-10 Micropipette Puller Narishige. Oocytes from *Xenopus laevis* were purchased from EcoCyt Bioscience (Castrop-Rauxel, Germany). For expression, ~25 ng of RNA was injected into oocytes, using the Nanoject III (Drummond scientific). Prior to uptake assays, oocytes were incubated at 16 °C

for 3 days in ND-96 buffer (82.5 mM NaCl, 2 mM KCl, 1 mM MgCl₂, 1 mM CaCl₂, 5 mM HEPES, pH 7.5) with 10 IU/mL streptomycin (Invitrogen). Uptake assays were performed using

concentrations of 2-deoxy-D-glucose (Sigma) ranging from 0 to 50 mM in ND-96 buffer.

405 Radioactively labelled deoxyglucose ([³H]-2-DG) was added to each sugar solution at a concentration of 5 µCi/mL (PerkinElmer). In concentration-dependent assays, each group of five oocytes was incubated with the reaction buffer for 30 minutes. The reaction was stopped by adding ice-cold ND-96

buffer supplemented with 100 µM Phloretin. For control assays, oocytes were incubated with 20 µM of cytochalasin B in ND-96 buffer for 5 minutes before the uptake assay. In competition assays, the

410 reaction buffer was composed of 5 µCi/mL [³H]-2-DG, 5 mM deoxy-glucose and 20 x fold higher concentration of the competing sugar. Each oocyte was treated as a single experiment. Oocytes were transferred individually to a scintillation vial and disrupted by the addition of 100 µl of a 10 % SDS

solution followed by immediate vortexing. 3 ml of EcoScint™ H scintillation fluid (National Diagnostics) was added to each sample and radioactivity was quantified using a Tri-Carb 5110TR

Liquid Scintillation Counter (Perkin Elmer). Before analysis, the measured sugar uptake was corrected for unspecific uptake as follows: Water-injected oocytes were exposed to the same 2-DG

415 concentration and time as the GLUT- injected oocytes. This uptake was subtracted before calculating uptake. Experiments were performed at least in triplicates and data was analyzed with Graph Pad Prism 7. Michaelis-Menten fitting was used for curve-fitting analysis and kinetic parameters

determination. Error bars represent the standard deviation (SD).

420

Quantification of protein in oocyte membranes by Western Blot

Preparation of total and plasma membrane sections from oocytes was achieved as described previously (Leduc-Nadeau et al, 2007). For total membranes, five oocytes were rinsed in ND-96

425 buffer and homogenized in 1 ml of the same solution, supplemented with PMFS (Sigma-Aldrich) by hand with a P200 pipettor. The homogeneous solutions were centrifuged at 16,000 g for 20 min at 4°C to pellet down total membranes. The membrane pellets were resuspended in 10 µl ND-96 buffer with

1 % (v/v) Triton X-100 and frozen until use. For plasma membranes, oocytes were incubated for 10 min in MBS buffer supplemented with 0.005 % subtilisin A (Sigma-Aldrich) under very mild
 430 agitation to partially digest the vitelline membranes. The oocytes were then polymerized at 4° C with 1 % ludox and with 0.1 % polyacrylic acid (Sigma-Aldrich). The oocytes were homogenized by hand with a P200 pipettor in an Eppendorf tube with 0.5 ml of cold HbA (5 mM MgCl₂, 5 mM NaH₂PO₄, 1 mM EDTA, 80 mM sucrose, and 20 mM Tris pH 7.4). The homogenates were diluted to a total volume of 1.5 ml with HbA and centrifuged at 16 g for 30 s at 4° C. This last step was repeated 3
 435 times. Finally, to pellet the purified plasma membranes, the samples were centrifuged at 16,000 g for 20 min.

Prior to western-blotting, proteins from the membrane preparations were separated according to their size by SDS-PAGE gel. Proteins were transfer to a PVDF-membrane (Millipore), using a semi-dry system (Bio-Rad). First the PVDF membrane was incubated for 60 seconds with 100% of MeOH. The
 440 filter paper, membrane and gel were then incubated for 10 min in transfer buffer (25 mM Tris-HCL pH 8.3, 150 mM glycine, 10 % (v/v) methanol). Blotting was performed at room temperature at 18V for 30 min. The PVDF membrane was blocked in 5 % skimmed milk (w/v) in TBS-T (10 mM Tris-HCL pH 8.0, 150 mM NaCl, 0.05 % (w/v) Tween-20 for 1 h at room temperature, with rotation. The membrane was incubated with the primary antibody (anti-GLUT1 Monoclonal antibody, 1:5000)
 445 (Abcam) overnight with rotation. The following day, the membrane was washed with TBS-T 3x for 10 minutes, prior to secondary antibody incubation (α -mouse HRP, 1:1000) (Sigma). The secondary antibody was incubated for 1 hour at room temperature, with rotation. The wash was repeated two times and bound antibody was detected using a chemiluminescent substrate solution (Thermo Scientific).

450 **Data Availability**

Coordinates and structure factors for GLUT1 have been deposited in the Protein Data Bank with the accession number 6THA.

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Author Contributions

T.F.C. did purification and crystallization experiments, collected and processed crystallographic data,
465 yeast complementation assays and oocyte transport assays. P.A.P. did purification and crystallization experiments, collected and processed crystallographic data. K.M.F analyzed the data. B.P.P. supervised the project. T.F.C., K.M.F and B.P.P. wrote the paper.

Conflict of Interest

470 The authors declare no competing interests.

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Figures

Figure 1 - Comparison between GLUT1 and GLUT3.

(A) Schematic model for transport by GLUTs, alternating between two major conformations with the substrate binding site exposed to the inside and outside of the cell. Transition between these conformations leads to sugar transport across the membrane following the substrate concentration gradient. (B) Uptake of 2-DG into GLUT1-injected *Xenopus* oocytes (circle), GLUT3-injected oocytes (squares) or water-injected oocytes (open triangles) at an initial outside concentration of 5 mM 2-DG. For both proteins, 2-DG uptake was linear in the range of 90 minutes. Data for all assays are mean $\pm$ SD of three or more replicate experiments. (C) Determination of the kinetic parameters for the transport of 2-DG of GLUT1. The data was fitted using the Michaelis-Menten non-linear fit, yielding a $K_m = 9.5 \pm 1.0$ mM and $V_{max} = 5988 \pm 226$ pmol/ oocyte/ 30 min. Sugar uptake was inhibited in GLUT1-injected oocytes exposed to cytochalasin B. (D) Determination of the kinetic parameters for the transport of 2-DG of GLUT3. The data was fitted using the Michaelis-Menten non-

linear fit, yielding a $K_m = 2.6 \pm 0.4$ mM and $V_{max} = 2731 \pm 94$ pmol/ oocyte/ 30 min. Sugar uptake was inhibited in GLUT3-injected oocytes exposed to cytochalasin B. **(E)** Substrate selectivity of GLUT1 determined by competition assay in oocytes exposed to 5 mM 2-DG and 20x fold of the competing sugar, for 15 minutes. **(F)** Substrate selectivity of GLUT3 determined by competition assay in oocytes exposed to 5 mM 2-DG and 20x fold of the competing sugar, for 15 minutes.

Data information: In **(B-F)** Data for all assays are mean $\pm$ SD of three or more replicate experiments. In **(E,F)** ns: No significant; *: $P \leq 0.05$; **: $P \leq 0.01$; and ***: $P \leq 0.001$ by Student's t test. P value is shown for ns and *.

605

Figure 2 - Crystal structure of GLUT1 reveals new ligands.

(A) The overall structure of GLUT1 in the inward-open conformation. The structure represents a bound state with an NG molecule (shown as sticks) in the central cavity formed between the N-domain (blue) and the C-domain (brown), followed by a PEG molecule (shown as sticks). In close proximity with the ICH domain (yellow) another NG molecule (shown as sticks) was found, as well as a chloride ion (shown as a sphere). Selected residues are shown as sticks. Black lines depict the approximate location of the membrane. (B) Coordination of the glucose moiety in the central cavity by residues from C-domain. Hydrogen bonds are represented by yellow dashes (2.6-3.6 Å distances). The omit Fo-Fc density for NG and PEG is contoured in green at 3σ. (C) Side view of GLUT1 shows the localization of the N-domain SP motif directly underneath the A-motif from the M2-M3 loop. Signature motifs are shown as spheres. (D) Side view of GLUT1 shows the localization of the C-domain SP motif directly underneath the A-motif from the M8-M9 loop. Signature motifs are shown as spheres.

Figure 3 - Intracellular binding of Chloride and NG stabilize the inward-open conformation.

(A) Intracellular NG is coordinated by residues from the SP and A motifs. A chloride ion (shown as spheres) neutralizes the A-motif. Hydrogen bonds are represented by yellow dashes (2.6-3.6 Å distances). The omit Fo-Fc density for NG is contoured in green at 3σ . (B) Coordination of the chloride ion by residues of the A-motif. The Fo-Fc electron density, shown in green mesh, is contoured at 4σ (top). The anomalous signal for the chemical chloride congener, bromide, shown in magenta mesh, is contoured at 4σ (bottom).

625

Figure 4 - The N-domain SP-A network between inward and outward states.

(A) Sequence alignment between GLUT1 and GLUT3 of the N-domain A motif (blue) and the N-domain SP motif (yellow). Residues involved in GLUT1 deficiency syndrome are colored in red. N-domain SP-A network in the inward conformation represented by the GLUT1 structure (left) and the outward conformation represented by the GLUT3 structure (PDB 4ZW9) (right). Selected residues are shown as sticks and hydrogen bonds are represented by yellow dashes (2.6-3.6 Å distances). (B) GLUT1 E209Q: $K_m = 17 \pm 3.4$ mM and $V_{max} = 6473 \pm 528$ pmol/ oocyte/ 30 min. (C) GLUT3 E207Q: $K_m = 6.2 \pm 1.2$ mM and $V_{max} = 1418 \pm 88$ pmol/ oocyte/ 30 min.

Data information: In (B, C) Michaelis-Menten analysis of 2-DG uptake in oocytes. Data represent the mean $\pm$ SD of three or more replicate experiments.

Figure 5 - The C-domain SP-A network between inward and outward states.

(A) Sequence alignment between GLUT1 and GLUT3 of the C-domain A motif (brown) and the C-domain SP motif (yellow). Residues involved in GLUT1 deficiency syndrome are colored in red. C-domain SP-A network in the inward conformation represented by the GLUT1 structure (left) and the outward conformation represented by the GLUT3 structure (PDB 4ZW9) (right). Selected residues are shown as sticks and hydrogen bonds are represented by yellow dashes (2.6-3.6 Å distances). (B) K456R: $K_m = 4.2 \pm 0.6$ mM and $V_{max} = 2427 \pm 90$ pmol/ oocyte/ 30 min. (C) R454K: $K_m = 17 \pm 3.3$ mM and $V_{max} = 2638 \pm 234$ pmol/ oocyte/ 30 min.

Data information: In (B, C) Michaelis-Menten analysis of 2-DG uptake in oocytes. Data represent the mean $\pm$ SD of three or more replicate experiments.

Figure 6 - Model for kinetic control of the transport cycle based on the SP-A network.

The SP-A network stabilizes the outward conformation where glucose binds from the extracellular side to the central substrate binding site. Glucose binding leads to closure of the binding site towards the extracellular side and the SP motif glutamate flips away from the A-motif, interchanged by a chloride ion. The disruption of the SP-A network opens the central cavity to the intracellular side and a cytosolic exit pathway for glucose is created. Direct interactions between glucose/lipids with the SP and A motifs can stabilize the inward conformation.

Supplementary Figures

Figure S1 - Multiple sequence alignment between human GLUT1 and other structurally characterized members of the Sugar Porter family.

Alignment between human GLUT1 (UniProt P11166), GLUT2 (UniProt P11168), GLUT3 (UniProt P11169), GLUT4 (UniProt P14672), rGLUT5 (UniProt P43427), bGLUT5 (UniProt P58353), atSTP10 (UniProt Q9LT15), Xyle (UniProt P0AGF4) and GlcPse (UniProt A0A0H2VG78). Conserved residues are highlighted with gray-scale, where black is perfectly conserved. Alpha helices as found in GLUT1 are represented above the sequence as colored tubes. Residues highlighted in blue and brown are the N-domain and C-domain A motifs, respectively. The SP motifs in both domains are highlighted in yellow. In green are residues that create the central substrate binding-site, perfectly conserved between GLUT1-4.

675 **Figure S2 - Expression of GLUT1 and GLUT3 chimera in *Xenopus* oocytes.**

(A) Western blot analysis between GLUT1-injected oocytes, GLUT3 chimera C1-injected oocytes and water-injected oocytes, from total membrane and plasma membrane preparations. β -integrin is used as a plasma membrane loading control and calnexin as an ER control. (B) Michaelis-Menten analysis of 2-DG uptake between GLUT1 and GLUT3 chimera C1 in *Xenopus* oocytes. The data was fitted using the Michaelis-Menten non-linear fit, yielding a $K_m = 8.6 \pm 0.8$ mM and $V_{max} = 4920 \pm 155$ pmol/oocyte/ 30 min for GLUT1 and $K_m = 3.3 \pm 0.5$ mM and $V_{max} = 2537 \pm 99$ pmol/oocyte/ 30 min for GLUT3-C1. Data represent the mean $\pm$ SD of three or more replicate experiments.

680

Figure S3- Purification and crystallization of human GLUT1.

(A) Size exclusion profile of GLUT1 in 0.2 % NG/ 0.02% CHS and the SDS-PAGE correspondent to the protein fraction obtained (P: pool from Ni-NTA; L: SEC load; M: Size marker; *: Peak fractions). Crystal experiments were set up using the peak fractions (~5 mg/ml concentration) directly. **(B)** GLUT1 crystals. **(C)** Asymmetric unit and crystal packing of GLUT1. The unit cell is highlighted in red. The asymmetric unit contains one molecule of GLUT1. **(D)** Backbone representation of GLUT1 and ligands colored by atomic displacement factor (B-factor) with a rainbow gradient from low/blue (57.3 Å²) to high/red (206.8 Å²).

695 **Figure S4 - Electron density of the 2.4 Å crystal structure of GLUT1.**

Weighted 2Fo-Fc electron density map countered at 1.0 σ colored in blue with the final model overlaid and amino acid side chains shown as sticks. Maps are shown for individual helices and ligands.

Figure S5 - Superposition between GLUTs.

(A) Superposition between the GLUT1 (WT, this work, color coded as in Fig. 2) and GLUT1 (N45T/E329Q, PDB 4PYP) show that the models are virtually identical along the backbone, despite the improved resolution. **(B)** Comparison between GLUT1 and GLUT3 structures. The human GLUT1 structure (this work) was solved in the inward-open conformation, while the GLUT3 structure (PDB 4ZW9) was solved in the outward-open conformation. Superimposition of GLUT1 and GLUT3, relative to their C domains show identical sugar coordination and highlight the movement of the N domain. Residues are labeled according to GLUT1 sequence.

Figure S6 - The PEG binding site.

(A) A PEG molecule (red) was identified just below the central binding-site of glucose. The PEG molecule binds through interactions with Trp388, Trp412, Ile404, Thr137 and Ser80.

(B) PEG binding is similar to the binding of endofacial inhibitors 1 (PDB 5EQG) and 2 (PDB 5EQH) previously characterized for GLUT1, while the previously characterized cytochalasin B (PDB 5EQI) binding mode differs. The inhibitors are shown as sticks and colored in red while protein is shown as cartoon and colored in gray. Investigation of the inhibitor density found in 5EQG and 5EQH, suggest the electron density could fit a PEG molecule as well. Interestingly, an older structure of GLUT1 (Deng et al, 2014) also has unmodeled density in this region that could accommodate a PEG molecule in the same position.

Figure S7 - The SP motif glutamate residue in known SP proteins structures.

(A) Outward-open conformation structures of GLUT3 (PDB 4ZW9), rGLUT5 (PDB 4YBQ) and atSTP10 (PDB 6H7D) were superimposed relative to their N domains (left) or C domains (right). The glutamate residues (shown as sticks) in both N (bottom left) and C (bottom right) domains motifs are pointing towards the A-motif, interaction with it in an SP-A network. (B) Inward-open conformation structures from GLUT1 (this work), the GlcPse (PDB 4LDS) and bGLUT5 (PDB 4YB9) were superimposed relative to their N domains (left) or C domains (right). The glutamate residues (shown as sticks) in both N (bottom left) and C domains (bottom right) motifs point away from the A motif, with the exception of the C domain glutamate of the GlcPse (bottom right).

Figure S8 - Expression of GLUT mutants in *Xenopus* oocytes.

(A) Western blot analysis between GLUT1-injected oocytes, GLUT1 mutants and water-injected oocytes, from total membrane and plasma membrane preparations. β -integrin is used as a plasma membrane loading control and calnexin as an ER control. (B) Western blot analysis between GLUT3-injected oocytes, GLUT3 mutants and water-injected oocytes, from total membrane and plasma membrane preparations. β -integrin is used as a plasma membrane loading control and calnexin as an ER control.

Figure S9 - Conservation of the N-domain and C-domain A motifs.

(A) Superposition of the GLUT1 N-domain A-motif (blue) with the C-domain A-motif (brown), shown as cartoon representation. (B) Superposition of the GLUT1 N-domain A-motif (blue) with the GLUT3 N-domain A-motif (pink), shown as cartoon representation. (C) Superposition of the GLUT1 C-domain A-motif (brown) with the GLUT3 C-domain A-motif (pink), shown as cartoon representation.

Figure S10 - The N-domain SP-A network of the GLUT1 bacterial homologue.

Sequence alignment between GLUT3 (UniProt P11169) and XylE (UniProt P0AGF4) of the C-domain A motif and the C-domain SP motif. Conserved residues are highlighted in bold. The residues belonging to the A motif and the SP motif are colored in blue. C-domain SP-A network in the inward conformation represented by the XylE structure (PDB 4JA4) (left) and the outward conformation represented by the GLUT3 structure (PDB 4ZW9) (right). Selected residues are shown as sticks and hydrogen bonds are represented by yellow dashes (2.6-3.6 Å distances).

Table S1. Statistics for Crystallographic Data Collection and Structure Refinement.

Name Type	hGLUT1 native	hGLUT1 bromide
Data Collection		
Space group	C2	C2
Cell dimensions		
a, b, c (Å)	120.0, 102.2, 69.0	119.4, 102.7, 67.2
alpha, beta, gamma (deg)	90.0, 98.9, 90.0	90.0, 99.9, 90.0
Monomers per asym. unit.	1	1
Wavelength (Å)	0.9686	0.9188
Number of reflections measured	229827	35341
Number of unique reflections	32166	13041
Resolution (Å)	48-2.4 (2.5-2.4) ^a	77-4.0 (4.1-4.0) ^a
R _{meas} (%)	12.3 (238.0)	7.1 (20.8)
Mean I/σ(I)	7.2 (0.7)	12.7 (6.4)
CC(1/2)	99.8 (44.4)	99.8 (54.3)
Completeness (%)	99.9 (100.0)	97.9 (96.6)
Redundancy	7.1 (7.6)	2.7 (2.7)
Refinement		
Resolution (Å)	41.7-2.4 (2.48-2.40)	
No. reflections (work/free)	32117/3161	
R _{work} (%)	20.44	
R _{free} (%)	22.94	
No. of Atoms		
Protein	3478	
Ligands	65	
Waters	13	
Average B Factors (Å ²)		
Overall	106.0	
Protein	105.9	
Ligands	114.1	
Waters	91.8	
RMSD		
Bond lengths (Å)	0.004	
Bond angles (deg)	0.65	
Ramachandran Plot Statistics		
Favored regions	97.1	
Allowed regions	2.7	
Disallowed regions	0.2	
Deposited model (PDB id)	6THA	

^aHighest resolution shell is shown in parenthesis.

Table S1 - Data collection and refinement statistics.