

1 The truncate soft-shell clam, *Mya truncata*, as a biomonitor of municipal wastewater exposure
2 and historical anthropogenic impacts in the Canadian Arctic.

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14 **Abstract**

15 Municipal wastewater is a large source of pollution to Canadian waters, yet its effects on
16 Arctic marine ecosystems remains relatively unknown. We characterized the impacts of
17 municipal wastewater from a growing northern community, Iqaluit, Nunavut on the Arctic
18 truncate soft-shell clam, *Mya truncata*. Clams were sampled from six locations that varied in
19 proximity to the wastewater treatment plant and shell biogeochemical analysis revealed that
20 clams nearest the wastewater treatment plant had slower growth rates, lower carbon and oxygen
21 stable isotope ratios, and elevated concentrations of copper and lead. A parallel analysis on
22 mRNA expression profiles characterized *M. truncata*'s physiological response to wastewater
23 effluent. Clams nearest the wastewater treatment plant had significantly lower mRNA expression
24 of genes associated with metabolism, antioxidants, molecular chaperones, and phase I and II
25 detoxification, but had heightened mRNA expression in genes coding for enzymes that bind and
26 remove contaminants. These results demonstrated a biological response to Iqaluit's wastewater
27 effluent and highlight *M. truncata*'s potential to act as a biomonitor of municipal wastewater
28 along Canadian Arctic coastlines.

29 **Keywords:** Frobisher Bay, Bivalve growth, Sclerochronology, Trace element, Stable Isotope,
30 mRNA

31 **Introduction**

32 The discharge of municipal wastewater into aquatic ecosystems is a global practice and
33 despite increasingly strict governmental guidelines, wastewater effluent contains a myriad of
34 substances that may impact aquatic organisms (Gunnarsdóttir et al., 2013). Wastewater
35 management is even more challenging in the Arctic as the harsh environment dictates the design,
36 accessibility, construction, and operation of wastewater treatment plants (WWTP) (Daley et al.,
37 2015). Local wastewater contamination in the Arctic has received little attention relative to long-
38 range contaminants, but recent studies have shown that low water temperatures can reduce the
39 breakdown of contaminants and deteriorate the quality of an already fragile coastal environment
40 (Gunnarsdóttir et al., 2013). Wastewater effluent often consists of a high input of organic matter,
41 detergents, pharmaceuticals, personal care products, polycyclic aromatic hydrocarbons (PAHs),
42 surfactants, and trace metals; which could have strong influences on primary production, salinity,
43 water temperature, and the overall structure of the coastal Arctic marine ecosystem
44 (Falfushynska et al., 2014; Medeiros et al., 2008). Conventional monitoring of wastewater
45 impacts on aquatic systems remains inadequate in the Arctic and this necessitates the use of
46 environmental proxies like biomonitors to quantify the bioavailability of contaminants and assess
47 the significance of contaminant exposure within the aquatic environment (Hatje, 2016; Phillips
48 and Segar, 1986).

49 The Arctic truncate soft-shell clam, *Mya truncata*, has a wide northern distribution range
50 and is long-lived, sessile, filter-feeding, and typically abundant in northern benthic communities
51 (Sleight et al., 2018, 2016). These characteristics highlight the potential to establish this clam
52 species as a biomonitor for investigating environmental variability in remote Arctic ecosystems.
53 Moreover, this clam's capability for contaminant accumulation is of great concern as these

54 bivalves are recreationally harvested and serve as a culturally important natural food for northern
55 Indigenous peoples (AMAP, 1998; Wakegijig et al., 2013).

56 The shells of the truncate soft-shell clam, and bivalves in general, retain an ontogenetic
57 record of growth in the form of concentric growth lines that form in equal duration in
58 undisturbed conditions (Schöne and Surge, 2012). As these bivalves grow, their shells increase in
59 size and thickness by means of calcium carbonate deposition onto the organic matrix, a process
60 termed biomineralization (Schöne and Surge, 2012). In addition to the building blocks required
61 for biomineralization (i.e., calcium, bicarbonate, organic molecules), trace elements and stable
62 isotopes present in the ambient water at the time of growth are also incorporated into the shell
63 (Gillikin et al., 2005). As a result, the long lifespan of these clams provides a medium to track
64 historical changes in environmental conditions through growth patterns, stable isotopes, and
65 trace element signatures in the shell. This information is beneficial in remote ecological systems
66 where historical records are not readily available and can be used to interpret spatial and
67 temporal temperature, salinity, ocean productivity, and contamination patterns during the periods
68 of growth (Jones and Quitmyer, 1996).

69 Molecular biomarkers (i.e., messenger RNA (mRNA) transcripts) can provide sensitive
70 expression profiles to assess the shorter-term physiological impacts of pollutants from
71 wastewater effluent on organisms (Li et al., 2013). Heat shock proteins (HSPs) are a highly
72 conserved family of molecular chaperones, typically recruited as first responders to cellular
73 stress (Fabbri et al., 2008). These HSP mRNA transcripts are induced by a variety of stimuli
74 within wastewater effluent, rendering them indicators of the general health condition for the
75 organism (Fabbri et al., 2008). Wastewater contaminants have also been shown to impact the
76 metabolic rate of organisms and previous studies have observed changes in enzymes involved in

77 ATP production under anaerobic conditions (i.e., lactate dehydrogenase (LDH)) as well as
78 enzymes involved in ATP production under aerobic conditions (i.e., citrate synthase (CS))
79 (Ransberry et al., 2015; Sifi and Soltani, 2019). Both of these metabolic enzymes, LDH and CS,
80 have been used as biomarkers of the general physiological condition and used to evaluate the
81 impacts of oxidative stress on organisms (Ransberry et al., 2015; Sifi and Soltani, 2019).
82 Likewise, manganese superoxide dismutase (MnSOD) can provide another measure for
83 estimating responses to hypoxic environmental conditions (Veldhoen et al., 2009). Prolonged
84 hypoxia could induce the production of reactive oxygen species (ROS) leading to cellular
85 damage, oxidative stress, and impaired energy production (Veldhoen et al., 2009). Accordingly,
86 MnSOD acts as an antioxidant, recruited to inhibit the production of ROS (Meistertzheim et al.,
87 2007).

88 Wastewater contamination has also been shown to induce the xenobiotic response in
89 invertebrates and typically acts in a phased response pattern (Lüdeking and Köhler, 2002). The
90 first phase (phase I) involves biotransformation enzymes like Cytochrome P450's (e.g.,
91 CYP1A1) that modify contaminants by adding a functional group ensuring that the xenobiotics
92 are more hydrophilic and are more easily biotransformed by phase II enzymes (Goksøyr, 1995;
93 Morel et al., 1999). Phase II involves biotransformation enzymes like glutathione-S-transferases
94 (GST) and glutamine synthetase (GS) that catalyze the binding of xenobiotics with endogenous
95 substrates. The GST enzymes are highly conserved and not specific in binding electrophilic
96 xenobiotics and organic contaminants, while GS specifically binds to nitrogen and ammonia and
97 is highly regulated during xenobiotic exposure (Bao et al. 2013; Bonnafé et al. 2015). The final
98 phase III biotransformation is crucial to the excretion of xenobiotics and prevents xenobiotics
99 from entering the cytoplasm of a cell (Lüdeking and Köhler 2002; Bonnafé et al. 2015).

100 Therefore, phase III transporters like the ATP-binding cassette (ABC) proteins and the multidrug
101 resistance proteins (MDRP) are often used as biomarkers of exposure to xenobiotics (Lüdeking
102 and Köhler 2002; Bonnafé et al. 2015). Changes in the expression patterns of these mRNA
103 transcripts can be a result of a physiological response to an environmental stressor and
104 subsequently, can provide a relative measure of contamination from the WWTP and act as an
105 early warning system against prospective environmental changes (Etteieb et al., 2019; Kültz,
106 2005).

107 The results of climate change are causing people to aggregate in larger cities in northern
108 regions, and as a result, there will be a greater impact of municipal wastewater effluent on Arctic
109 marine systems in the future. In this study, we investigated the effects of primary treated
110 municipal wastewater on the Arctic truncate soft-shell clam using a combination of endpoints
111 including growth metrics, biogeochemical records (i.e., trace elements and stable isotopes), and
112 mRNA expression profiles measured along a gradient in proximity to Iqaluit's WWTP in
113 Frobisher Bay, Nunavut, Canada. As the largest city in the Eastern Canadian Arctic, the impacts
114 of wastewater effluent on marine organisms will likely be greatest near Iqaluit. The objective of
115 this study was to determine the potential for the truncate soft-shell clam as a biomonitor for
116 wastewater impacts in Arctic ecosystems by integrating long- and short-term physiological
117 responses through sclerochronology and mRNA expression profiles. We hypothesized that
118 continuous effluent from the WWTP would be a significant source of contamination to the Arctic
119 ecosystem causing the truncate soft-shell clam to physiologically respond to the effluent,
120 supporting its potential use as a biomonitor of wastewater in Northern Canada.

121 **Material and methods**

122 **Sampling**

123 A total of 292 *M. truncata* specimens were hand-collected from six sampling sites (Fig.
124 1) in August 2019, using trowels during extreme low tide (<1 m) from Inner Frobisher Bay (63°
125 42' 36" N, 68° 30' 0" W). All collections were done with the support of the Amaruq Hunters and
126 Trappers Association and under a license approved by Fisheries and Oceans Canada (Licence
127 No: S-19/20-1040-NU). Each sampling site was chosen for its proximity to the WWTP (Fig. 1).
128 Study sites included the WWTP, Tundra Ridge (3 km away from the WWTP), Apex (5 km away
129 from the WWTP), Monument Island (5 km from the WWTP), Aupalajat (5 km away from the
130 WWTP), and Kituriaqannigituq (15 km away from the WWTP). The WWTP collection site is
131 located on the tidal flats and receives primary treated, year-round continuous municipal
132 wastewater discharge. Aupalajat and Kituriaqannigituq were chosen as sites out of direct
133 exposure from the wastewater outflow, protected by geographic barriers (i.e., Peterhead Inlet)
134 and distance from the community (e.g., 15 km southwest), respectively.

135 Shell length measurements were taken upon collection and were considered the
136 maximum anterior – posterior dimension and measured with a pair of digital calipers (0.01mm;
137 Mastercraft, Vonore, USA). Individuals chosen for sclerochronological sampling (n = 189) were
138 placed in 4°C temperature controlled 30L holding tanks for a maximum of 3 days with a
139 recirculating artificial saltwater system at 100 gallons per hour before soft tissue was excised and
140 shells were cleaned, air-dried, and weighed to the nearest gram (Instant Ocean Sea Salt;
141 AquaClear Power Filter; Blacksburg, USA). These clams were held in tanks to allow for time
142 sensitive mRNA samples to be processed. Seventy clams were also sampled for tissue specific
143 mRNA patterns. Clams were opened by slicing their anterior and posterior adductor muscles and
144 gill and mantle tissue were excised from each individual and immediately placed in 1 mL of

145 RNAlater (ThermoFisher, Waltham, USA). Tissues were stored and transported at -20°C from
146 Iqaluit, NU to the University of Manitoba, Winnipeg, MB where they were stored at -80°C.

147 **Growth pattern analysis**

148 The age and internal growth bands in the shell were measured on the left chondrophore, a
149 cavity that supports the internal hinge and yields the most distinct bands in *Mya* spp. An annual
150 periodicity was assumed based on a previous study by MacDonald and Thomas (1980). Left
151 shells were filled with epoxy resin (Varathane, Vernon Hills, USA) and sectioned from the umbo
152 to the shell margin along the axis of maximal growth with a low-speed precision diamond saw
153 continuously cooled in deionized water (Buehler, Uzwil, Switzerland). Once cut in half, the side
154 of the valve containing the nucleus of the umbo was re-embedded in a thin layer of resin. The
155 embedded halves were then ground and polished using a standard lapidary wheel (CrystalMaster,
156 Green Meadows, USA) with a sequence of 350-, 600-, 1200- grit silicon carbide wet-table paper
157 and finished with a polishing pad coated in 0.3 µm alumina suspension (MicroPolish, Buehler,
158 Uzwil, Switzerland). The cross sections were etched and stained using a 100:100:1 mixture of
159 25% glutaraldehyde, 10% acetic acid, and amido black stain and left for 10 min before extracting
160 the shells and rinsing three times in deionized water and air drying (Sigma Aldrich, St. Louis,
161 USA).

162 To analyze the growth patterns, the chondrophores were imaged using a digital camera
163 mounted on a dissecting microscope (Leica EZ4W, Wetzlar, Germany). The widths of the
164 growth bands were measured digitally using the software Image J (Abràmoff et al., 2004). Band
165 widths were measured independently by two people. Any disagreement between the two
166 measurements was consistently due to pseudo growth bands grouped closely together. In the rare
167 instance that both readers could not agree, the annual readings were discarded.

168 **Stable isotope analysis**

169 Stable isotope analysis was performed on the two oldest specimens from each sampling
170 location. Sample sizes ($n = 2$) were chosen to display intrashell variability that is lost with
171 averaged values and replicate samples were taken within the individuals ($n = 33-48$). The
172 periostracum was first removed using a rotary tool (Black & Decker, Towson, USA). Carbonate
173 powder samples (50-100 μg each) were then taken at intervals of 0.2-0.6 mm along the axis of
174 maximal growth, using a dremel drill (DremelTM, Wisconsin, USA) and later analyzed at the
175 Manitoba Isotope Research Facility at the University of Manitoba. Stable oxygen ($\delta^{18}\text{O}$) and
176 stable carbon ($\delta^{13}\text{C}$) isotopes were evaluated by a CostechTM 4101 Element Analyzer (Costech
177 Analytical Technologies Inc., Valencia, USA) coupled to a Thermo FinniganTM Delta V plus
178 isotope-ratio mass spectrometer via an open split interface (ThermoFinnigan, San Jose, USA).
179 Isotopes were normalized against calibrated international calcite standards, NBS-18 and -19
180 taken at the beginning, middle and end of each run. To check the quality of analysis
181 performance, isotopes were calibrated against an internal calcite standard, and analysed together
182 with unknown samples within this dataset ($\delta^{18}\text{O} = \pm 0.07\text{‰}$; $\delta^{13}\text{C} = \pm 0.06\text{‰}$). Shell results are
183 reported in δ -notation for $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ and in per-mille (‰) versus VPDB (Vienna Pee Dee
184 Belemnite Standard). Analytical precision (1σ) was $\pm 0.08\text{‰}$ and $\pm 0.05\text{‰}$ for $\delta^{13}\text{C}$ and $\delta^{18}\text{O}$,
185 respectively.

186 The $\delta^{18}\text{O}$ ratio of seawater ($\delta^{18}\text{O}_{\text{seawater}}$) was estimated using Ganssens equation and
187 reported in ‰ versus VSMOW (Vienna Standard Mean Ocean Water; Witbaard et al., 1994).
188 Salinity (psu) was sourced from multiple datasets across time (Supplementary Table S1) to
189 reconstruct more reliable environmental conditions experienced by *M. truncata* due to scarce
190 Arctic records (Bannister et al., 2013; Fisheries and Oceans Canada, 2019, 2018; Spares et al.,

191 2012) and constants were based on cold water geographical regions (i.e., North Atlantic;
192 Witbaard, 1997):

193
194 (1)
$$\delta^{18}\text{O}_{\text{seawater}} = 0.417 * \text{salinity} - 14.555$$

195
196 Seawater temperatures ($^{\circ}\text{C}$) were then reconstructed from $\delta^{18}\text{O}_{\text{shell}}$ (VPDB) and
197 $\delta^{18}\text{O}_{\text{seawater}}$ (VSMOW) values. Constants were defined based on all marine aragonitic molluscs
198 and the subtraction of 0.2‰ adjusted the water and carbonate $\delta^{18}\text{O}$ measurements to account for
199 the fractionation between water and aragonite and the different scales $\delta^{18}\text{O}$ was measured on
200 (i.e., VPDB versus VSMOW). This modified equation was empirically derived for aragonitic
201 bivalves and yields a temperature relationship precise to 1°C accuracies in water greater than
202 -10‰ (VSMOW) (Grossman and Ku, 1986):

203
204 (2)
$$T(^{\circ}\text{C}) = 20.6 - 4.34[\delta^{18}\text{O}_{\text{shell}} - (\delta^{18}\text{O}_{\text{seawater}} - 0.2)]$$

205
206 **Trace element analysis**

207 Chondrophores from the right shell were mounted in 0.25-inch-thick epoxy mounts;
208 ground and polished to obtain best analytical results. Chondrophores were cleaned in 10 min
209 intervals to eliminate any external contamination using an ultrasonication cleaning bath
210 (Bransonic Ultrasonic Cleaner; Brookfield, USA), an acetone bath ($\geq 99.5\%$ Acetone; Sigma-
211 Aldrich, St. Louis, USA), a deionized water bath and finally another acetone bath, all conducted
212 on a platform rocker (Vari-mix, ThermoFisher, Waltham, USA). These were left to dry overnight
213 with filtered air passing over the samples.

214 Trace elemental concentrations – ^{138}Ba , ^{25}Mg , ^{55}Mn , ^{75}As , ^{86}Sr , ^{95}Mo , ^{107}Ag , ^{111}Cd , ^{118}Sn ,
215 ^{202}Hg , ^{208}Pb , ^{238}U , ^7Li , ^{23}Na , ^{47}Ti , ^{56}Fe , ^{60}Ni , ^{63}Cu , ^{66}Zn – in chondrophores were analyzed using

216 laser ablation inductively coupled plasma mass spectrometry (LA ICP-MS) on a New Wave UP-
217 213 laser ablation system (Merchantek, Fremont, USA) connected to an Element 2 high
218 resolution ICP-MS (ThermoFinnigan, San Jose, USA). A total of 46 chondrophores (n = 7-8
219 chondrophores per location) were analyzed over 15 analytical sessions using both medium and
220 low frequencies. Each ablation chamber held three resin-embedded chondrophores from different
221 locations to avoid potential batch effects and machine drift for each sample series. The United
222 States Geological Survey (USGS) carbonate reference material MACS-3 was ablated in
223 duplicate and used as an external calibrator for marine carbonate-like minor elements (Pearce et
224 al., 1997). A secondary external reference, NIST610, was ablated in duplicate to check quality
225 and monitor machine drift (Pearce et al., 1997). MACS-3 and NIST610 were run at the
226 beginning of each ablation chamber sample change, allowing for any correction during analysis.
227 Specifications concerning LA-ICP-MS parameters and precision/accuracy can be found as a
228 supplementary table (Supplementary Table S2). Data reduction (i.e., mapping, subtracting
229 background, calculations of concentrations and limit of detection (LOD)) used *Igor Pro* graphing
230 software (Wavemetrics Incorporated, Portland, USA) with an Iolite v3.7 package for LA ICP-
231 MS following procedures described by Paton et al. (2011). Background signatures were
232 subtracted, and calcium (^{43}Ca) counts per second were used as an internal standard that
233 normalized each element. Those elements with values that fell below the LOD or equal to below
234 zero, were eliminated. By recording the start time, location and direction of the trace element
235 scans, we were able to calibrate elemental results to calendar years within each growth line using
236 ImageJ (Abràmoff et al., 2004).

237 **mRNA expression**

238 Total RNA was isolated from the gill and mantle tissues using the RNeasy Plus Mini
239 Prep Kit following manufacturer's protocols (Qiagen, Hilden, Germany). Total RNA
240 concentration and purity were assessed using a NanoDrop One spectrophotometer
241 (ThermoFisher, Waltham, USA) and RNA integrity was further examined by gel electrophoresis.
242 Total RNA samples were stored at -80°C until further use. All samples were diluted to 1 µg of
243 total RNA and were used to synthesize cDNA using a QuantiTect Reverse Transcription Kit
244 (Qiagen, Hilden, Germany) in accordance with manufacturer protocols. cDNA was stored at -
245 20°C until gene expression analysis.

246 A total of ten candidate genes that may represent a cellular response to wastewater
247 effluent and two reference genes were selected for gene expression analysis (Table 1). Gene-
248 specific primers for unique exon regions were designed from sequences from the assembled
249 reference transcriptome (Sleight et al. 2018) for *M. truncata* on the mollusc database
250 (<https://ensembl.molluscdb.org/index.html>). Primer Express v3.0.1 (ThermoFisher, Waltham,
251 USA) was then used to produce single amplicons with a size greater than 100 bp, an annealing
252 temperature of approximately 60°C, and a GC content of approximately 56%. Forward and
253 reverse primers were synthesized by Integrated DNA Technologies (IDT; Coralville, IA, USA).

254 Primer efficiencies (90-110% accepted) were assessed by using a 1:5 dilution standard
255 curve for each primer set using pooled cDNA (Table 1). For a single reaction, primer mix was
256 made using 0.5 µL of forward and reverse primers diluted to a concentration of 60 µM each
257 using UltraPure water (ThermoFisher, Waltham, USA). This primer mix was further diluted with
258 0.9 µL of UltraPure water then combined with 6 µL of PowerUp™ SYBR™ Green
259 (ThermoFisher, Waltham, USA) following the manufacturer's guidelines, together making the
260 PCR master mix. All qPCR reactions were completed using a QuantStudio 5 Real-Time PCR

261 System (ThermoFisher, Waltham, USA) on 384 well-plates and were run under the same two-
262 step cycling conditions: 2 min at 50°C, 2 min at 95°C, followed by 40 cycles of 15 s at 95°C, 15
263 s at 60°C and 1 min at 72°C. Melt curve parameters consisted of denaturation for 15 s at 95°C
264 and 1 min decrease to 60°C changing at a rate of 1.6°C s⁻¹, followed by a gradual increase to
265 95°C for 15 s rising at a rate of 0.15°C s⁻¹. Twelve genes were run over three 384-well plates for
266 each tissue and each plate included no template controls.

267 All expression data were normalized to the two reference genes, RPL18a and RPS4.
268 These reference genes showed no significant differences across sampling locations and were
269 considered stable across treatments when the cycle threshold (Ct) coefficient of variation was
270 less than 25% (Hellemans et al., 2007). Relative changes in the expression of genes of interest
271 were analyzed based on the 2^{-ΔΔCt} method (Livak and Schmittgen, 2001).

272 273 **Statistical analysis**

274 *Growth Pattern Analysis*

275 The ontogenetic growth patterns displayed by the truncate soft-shell clams were
276 detrended and standardized for each sample location. Upon comparing four common
277 dendrochronology methods: smoothing spline, modified negative exponential (NE) curve, simple
278 horizontal line or the modified Hegershoff curve; the detrending method with the lowest
279 coefficient of variation within the timeseries was the negative exponential curve (Bunn, 2008).
280 Thus, the primary ontogenetic growth signal was removed by applying an NE detrending curve:

$$281 \quad (3) \quad f(x) = y_0 + a * e^{bx}$$

282
283
284 Where $f(x)$ is shell length (mm), y_0 is the shell length at $f(\infty)$, x represents the age (year),
285 a is the intercept or length at first year of life, and b is the slope or rate of change in shell growth.

286 y_0 , a and b are empirical constants which must be calculated for each species (Bunn, 2008). Any
287 years that had less than three growth measurements were eliminated from this data set. Slopes (b)
288 from the NE curves were then statistically compared between sampling locations using the R
289 package emmeans (Searle et al., 1980) with a one-way analysis of variance (ANOVA) and
290 pairwise comparisons were conducted using a Tukey's Honest Significant Difference (HSD)
291 post-hoc test. All growth standardization and analyses were conducted using the
292 dendrochronology R package, dplR (Bunn, 2008).

293 *Stable Isotopes*

294 Isotope replicates were pooled for each shell and a Pillai's Trace one-way multivariate
295 analysis of variance (MANOVA) was conducted to determine the effects of sampling location on
296 $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ stable isotope ratios. Follow-up univariate ANOVAs were used to assess if there
297 was a significant difference in $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ between sampling locations. Individual mean
298 comparisons across all six sampling sites and between $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ were analysed using
299 Tukey's HSD post-hoc test. The sea water temperature derived from $\delta^{18}\text{O}$ (VSMOW; Equation
300 2) was analysed with a one-way ANOVA and significance between locations was determined
301 using Tukey's HSD post-hoc test.

302 *Trace elements*

303 A multivariate principal components analysis (PCA) was conducted on the trace element
304 data between sample locations and years to examine overall spatial and temporal trends.
305 Differences between PC individual scores were statistically compared between location and year
306 by a two-way ANOVA and multiple pairwise comparisons was computed by Tukey's HSD post-
307 hoc test. All multivariate analyses were performed using the R package FactorMineR (Lê et al.,
308 2008). Furthermore, a cross-correlation function (CCF) was computed to assess the relationships
309 (r) between growth rate and specific trace element signatures, Mn, and Sr. Mn and Sr are

310 typically sensitive to biological influences like biomineralization rather than anthropogenic
311 contamination sources. Thus, the CCF function was utilized to determine if their rate of uptake
312 was dictated by ontogeny (Carré et al., 2006). This CCF function identifies how far the two time
313 series are offset or ‘lagged’ (i.e., the number of years that naturally separate their correlation).

314 *mRNA expression*

315 Differences in relative mRNA abundance between sample locations were evaluated using
316 a one-way ANOVA, followed by Tukey’s HSD post-hoc test for multiple comparisons for each
317 tissue. A PCA was conducted to visualize the overall relationships between mRNA expression
318 and sampling locations for each tissue type using FactorMineR (Lê et al. 2008). One-way
319 ANOVAs were used to detect significant differences in individual PCA scores between sample
320 locations and multiple pairwise comparisons were assessed using Tukey’s HSD post-hoc tests.
321 All statistical analyses were assessed with the level of significance (α) of 0.05 and analyses were
322 performed using the statistical computing software, R v3.6.3 (R Core Team, 2020).

323 **Results**

324 **Analysis of Growth Variations**

325 *M. truncata* specimens ranged from 4-32 years of age and between 26-90 mm in length
326 (maximum anterior to posterior length). Sample size began to decline at eight years of age on the
327 NE detrending curve and only eight specimens reached between 24 to 32 years of age (Fig. 2).
328 *M. truncata* displays an ontogenetic growth pattern, where the growth rate declines with age
329 following the shape of an exponential decay curve (Table 2; Román-González et al., 2017). This
330 rate of change (b) in shell growth demonstrated significant differences between locations (one-
331 way ANOVA: $F_{5,105} = 82.6$, $P < 0.001$; Fig. 2). Comparisons between groups revealed that the
332 shell growth rate at the WWTP was significantly slower than at Apex, Monument Island, and
333 Kituriaqannigituq (TukeyHSD: $b = -0.01$, $P < 0.05$; Fig. 2). Tundra Ridge also displayed

334 significantly slower growth rates than Apex (TukeyHSD: $b = -0.02$, $P < 0.05$; Fig. 2). Data on
335 the standardized growth index are provided within the supplementary figures (Supplementary
336 Fig. S1).

337 **Stable Isotopes Signatures**

338 The average shell stable oxygen isotope profiles ($\delta^{18}\text{O}$) from each site ranged from 1.2-
339 1.8‰ and the average shell stable carbon isotope profiles ($\delta^{13}\text{C}$) from each site ranged from 1.3-
340 2.1‰ (Table 3). Mean isotope ratios were significantly different among the six sample locations
341 (Pillai's trace MANOVA: $F_{10,268} = 12.5$, $P < 0.001$; Fig. 3) and follow up univariate analysis
342 displayed significant differences in $\delta^{18}\text{O}$ (univariate ANOVA: $F_{5,163} = 70.7$, $P < 0.001$) and $\delta^{13}\text{C}$
343 (univariate ANOVA: $F_{5,163} = 70.2$, $P < 0.001$) between sampling locations. The clams near the
344 WWTP had a distinct covariation with $\delta^{13}\text{C}$ and $\delta^{18}\text{O}$ ratios, demonstrating significantly lower
345 isotopic ratios than any other site (TukeyHSD: $P < 0.001$; Fig. 3). A hierarchy formed with $\delta^{13}\text{C}$
346 ratios displaying: Monument Island and Tundra Ridge $>$ Apex and Aupalajat $>$ WWTP, and
347 Kituriaqanniguituq showing no significant differences from any of the sites (Fig. 3).

348 Using shell $\delta^{18}\text{O}$ (VPDB) and estimated seawater $\delta^{18}\text{O}$ (VSMOW) (Equation 2), we
349 found a statistically significant difference (one-way ANOVA $F_{5,165} = 13.66$, $P < 0.001$;
350 Supplementary Fig. S2) in reconstructed average temperatures ($^{\circ}\text{C}$) at each location: WWTP
351 (0.62 ± 0.20), Tundra Ridge (-0.68 ± 0.20), Apex (-1.17 ± 0.15), Monument Island ($-0.39 \pm$
352 0.27), Aupalajat (-1.63 ± 0.26) and Kituriaqanniguituq (-0.90 ± 0.20). Pairwise comparisons
353 determined that the WWTP (TukeyHSD: $P < 0.01$) had significantly higher temperatures than all
354 other sites and Aupalajat was significantly lower than all other locations (TukeyHSD: $P < 0.05$).

355 **Trace Element Profiles**

356 Generally, most elements exhibited significant patterns between sampling locations and
357 time, but Mo, Ag, Cd, Sn, Li, and Zn did not differ temporally nor spatially and therefore, only
358 those exhibiting significant patterns will be discussed herein. The first two dimensions of the
359 PCA for the entire set of trace elements explained 37% of the total variance (Fig. 4). The
360 variables driving separation of sites on PC1 (19.5% variance explained) were Cu, Pb, Mg, and Fe
361 ranked in decreasing order of effect. Among individual profiles, these four elements consistently
362 displayed higher overall concentrations at the WWTP and Tundra Ridge and the clams from
363 these sites were on the positive end of PC1. Clams from Monument Island were on the negative
364 side of PC1 with Aupalajat, Apex, and Kituriaqannigituq clustering in the middle. PC1 explained
365 significant differences between locations but not between years (two-way ANOVA: $F_{5, 91} = 30.7$,
366 $P < 0.001$; Fig. 4). Arsenic (As), Sr, Mn, Ba, and Na variables (ranked highest to lowest in their
367 effect) were responsible for the spatial (two-way ANOVA: $F_{5,91} = 7.7$, $P < 0.001$; Fig. 4) and
368 temporal (two-way ANOVA: $F_{19,83} = 18.3$, $P < 0.001$; Fig. 4) separation on PC2 (17.5% variance
369 explained). Temporally, seven groups were formed, showing a ranked chronology with year
370 2000 on the positive side of PC2, to year 2019 being on the negative side of PC2 (TukeyHSD: P
371 < 0.05 ; Fig. 4). Along PC2, sample locations were split into two groups, with Monument Island,
372 Apex, Aupalajat, and Kituriaqannigituq on the negative end of PC2 while Tundra Ridge and the
373 WWTP were on the positive end of PC2 (TukeyHSD: $P < 0.05$; Fig. 4).

374 The relationship between growth rate, Sr, and Mn were compared and these two elements
375 followed opposite patterns over time as Sr had a marked increase in concentration and Mn had a
376 decline in concentration over time within each sampling location. Cross-correlation analysis
377 found a significant negative relationship between Sr and growth rate at all sites (CCF: $r = -0.42$

378 to -0.81, $P < 0.05$; Table 4) except the WWTP (CCF: $r = 0.37$; Table 4). Similarly, Mn displayed
379 a positive relationship with growth rate at all sites (CCF: $r = 0.57$ to 0.78 , $P < 0.05$; Table 4)
380 except the WWTP which displayed a negative relationship (CCF: $r = -0.16$; Table 4).

381 **mRNA Expression Profiles**

382 *Gill mRNA Abundance*

383 We identified whether the abundance of select genes were significantly different among
384 the six sampling locations. The first two PC dimensions explained 45.4% of total variance in the
385 overall gill expression among sampling locations (Fig. 5). PC1 (29.1% variance explained) was
386 driven by the cellular stress response genes GS, HSP90, GST, and LDH and the phase III
387 xenobiotic response ABCA1 (one-way ANOVA: $F_{5,51} = 4.6$, $P < 0.01$; Fig. 5). The abundance of
388 all five mRNA transcripts were low at the WWTP and Kituriaqanniguituq and elevated at
389 Aupalajat with varying degrees of expression (TukeyHSD: $P < 0.05$; Supplementary Fig. S3).
390 Due to these similar expression patterns, PC1 had Kituriaqanniguituq, the WWTP, Apex, and
391 Tundra Ridge on the negative side of the PC1 axis and Aupalajat on the positive side of the PC1
392 axis (TukeyHSD: $P < 0.05$; Fig. 5). Monument Island individuals were mixed between the two
393 groups. PC2 (16.3% variance explained) was primarily driven by genes MDRP1 and MnSOD
394 (one-way ANOVA: $F_{5,51} = 5.0$, $P < 0.001$; Fig. 5). MnSOD displayed a similar expression
395 pattern with Monument Island and the WWTP having low abundance but Kituriaqanniguituq
396 having the highest expression (TukeyHSD: $P < 0.01$; Supplementary Fig. S3). MDRP1 exhibited
397 significantly different abundance among sampling locations (one-way ANOVA: $F_{5,51} = 5.3$, $P <$
398 0.01 ; Supplementary Fig. S3) with a 3-fold increase in expression at the WWTP compared to all
399 other locations (TukeyHSD: $P < 0.001$; Supplementary Fig. S3). Three groups formed in
400 pairwise analysis of PC2 significantly separating the WWTP on the negative side of the PC2 axis
401 and Kituriaqanniguituq on the positive side of the PC2 axis (TukeyHSD: $P < 0.001$; Fig. 5).

402 *Mantle mRNA Abundance*

403 Mantle tissues examined had a lower abundance of mRNA and displayed less
404 significance in expression among sampling locations than the gill. The first two PC axes
405 explained 41.9% of the total variance in genes expressed in the mantle among sampling locations
406 (Fig. 6). The significant separation between sampling location on PC1 (24.4% variance
407 explained) was primarily driven by the cellular stress response gene LDH and phase II
408 xenobiotic response gene GS (one-way ANOVA: $F_{5,50} = 6.8$, $P < 0.001$; Fig. 6). LDH expression
409 was highest at Apex and lowest at Kituriaqanniguituq (TukeyHSD: $P < 0.05$; Supplementary Fig.
410 S4). Similarly, the highest abundance of GS was displayed at the WWTP, Apex, and Aupalajat
411 and had the lowest expression at Kituriaqanniguituq (TukeyHSD: $P < 0.05$; Supplementary Fig.
412 S4). These significant differences led to Kituriaqanniguituq separating on the negative end of PC1
413 and Apex, the WWTP, and Aupalajat on the positive side of PC1 (TukeyHSD: $P < 0.05$; Fig. 6).
414 The PC2 axis (17.5% variance explained) was primarily driven by the genes CYP1A1 and
415 MDRP1 and while these genes showed significant patterns between sample locations, there was
416 no significant separation of sites along PC2. The phase III biotransformation gene MDRP1 was
417 highly expressed at the WWTP and exhibited a gradual decline in expression with increasing
418 distance from the wastewater effluent source having its lowest abundance at Monument Island,
419 Kituriaqanniguituq, and Aupalajat (one-way ANOVA: $F_{5,41} = 3.4$, $P < 0.05$; Supplementary Fig.
420 S4).

421 **Discussion**

422 This study explicitly examined the effects of municipal wastewater on the Arctic truncate
423 soft-shell clam using a combination of endpoints including growth metrics, biogeochemical
424 records (i.e., trace elements and stable isotopes), and mRNA abundance profiles to interpret the
425 impacts of wastewater contamination in Inner Frobisher Bay. The municipal wastewater

426 treatment plant in Iqaluit discharges approximately $1.2 \times 10^6 \text{ m}^3$ of municipal wastewater into
427 Frobisher Bay each year (Neudorf et al., 2017). This volume is set to increase as Iqaluit has seen
428 a dramatic population increase, rising 15.6% between 2011 and 2016 (Statistics Canada, 2017).
429 The raw effluent consistently exceeds the federally regulated maximum for biological oxygen
430 demand (BOD), total suspended solids (TSS), total and fecal coliform concentrations, and
431 numerous studies have documented the presence of ammonia (City of Iqaluit, 2019), phosphate,
432 phosphorus, and metals (e.g., Al, Ba, Cd, Cu, Fe, Mn, Hg, Ag, Sr, and Zn; Daley et al., 2015;
433 Krumhansl et al., 2015; Nunami Stantec, 2015). The impact of this discharge on organisms in the
434 Arctic environment is largely unknown. We found evidence of reduced growth rate, elemental
435 accumulation in the shell, and covariant depleted stable isotopes in clams sampled near the
436 WWTP suggesting that the wastewater effluent is a source of contamination to the aquatic
437 environment. Furthermore, detailed sclerochronological record of isotopes and elements
438 substantiated the truncate soft-shell clam's potential to be an Arctic biomonitor species. Finally,
439 the decrease in abundance of mRNA transcripts of molecular chaperones, antioxidants,
440 metabolic biomarkers, and phase I and II biotransformation enzymes concurrently happened
441 alongside an increase in the expression of phase III xenobiotic defense genes and the nitrogen
442 specific binding enzyme, which suggested that these bivalves were physiologically responding to
443 the chronic contamination source.

444 **Growth Metrics and Stable Isotopes**

445 Growth rate is a common metric used to assess physiological responses to contamination
446 sources in bivalves (Nobles and Zhang, 2015; Sabatini et al., 2011). Previous studies have found
447 growth impairment in bivalves upon chronic exposure to wastewater effluent sources in a wide
448 array of environments, using diverse wastewater treatment methods (i.e., primary to tertiary;

449 Gangloff et al., 2009; Goudreau et al., 1993; Nobles and Zhang, 2015). The present study agrees
450 with these previous observations as the relative growth rate of the truncate soft-shell clam was
451 significantly lower at the two sites nearest the WWTP (i.e., WWTP and Tundra Ridge) compared
452 to more distant locations. Krumhansl et al. (2015) also found altered community structure in
453 benthic fauna 580 m away from the WWTP in Iqaluit. Benthic sediments were anoxic due to
454 nutrient enrichment and had visible reductions in species diversity, density, richness, and
455 evenness. Our study builds on these findings, showing the alteration of softshell clam physiology
456 and growth nearly 3 km away at Tundra Ridge, highlighting concerns for the range of impact
457 from the WWTP. Numerous factors have been shown to impact the growth rate of bivalves, but
458 the isotopic reconstruction of heightened temperature, lower salinity, and elevated organic matter
459 confined to the WWTP site in our study supports the notion that these environmental variations
460 are likely anthropogenically-driven (Brown, 1978; Schöne and Surge, 2012).

461 Elevated water temperatures are common in the receiving waters of wastewater effluent
462 (Francy et al., 1996; Tuncay, 2016). Iqaluit's effluent has previously been recorded to be as
463 warm as 15°C discharging into the ~1.9°C receiving waters (in 2013 and 2014 Neudorf et al.,
464 2017). This supports the higher average reconstructed sea temperatures (via $\delta^{18}\text{O}$ VSMOW) in
465 this study and could influence the reduced growth in these organisms. While these organisms
466 could achieve maximal growth within an ideal temperature range, minor increases beyond this
467 range could depress these growth rates (Nobles and Zhang, 2015; Talmage and Gobler, 2011).
468 The reconstructed sea temperatures only reflect ambient temperatures during active growth and
469 therefore do not represent temperature for the entire year.

470 Many studies have recorded the utility of covarying trends of $\delta^{13}\text{C}$ and $\delta^{18}\text{O}$ recorded in
471 bivalve shells and the depleted ratios found in the clams nearest the WWTP detected in the

472 present study could be indicative of brackish water and increased organic matter (Jones and
473 Quitmyer, 1996). The distinctive pattern of elevated organic matter near the wastewater outfall is
474 further supported by the incorporation of Ba in the shell. Ba is often used to discern ocean
475 productivity and nutrient dynamics, thus, its higher concentration paired with the reproducible
476 seasonality at the WWTP, Apex, and Tundra Ridge provides a potential record of the WWTP
477 discharging nutrient enriched effluent to the area (Putten et al., 2000; Stecher et al., 1996).

478 In the present study, the incorporation of Sr and Mn into the shell are under the strong
479 biological influence of biomineralization rates rather than anthropogenic sources. Therefore, the
480 rate of Sr and Mn elemental incorporation is dictated by ontogeny and metabolism. The rate of
481 uptake is dependent on the size of ions as well as the organisms affinity for calcium uptake over
482 other elements (Carré et al., 2006; Ferrier-Pagès et al., 2002). In this study, Sr showed strong
483 negative correlations while Mn displayed strong positive correlations with growth rate at all sites
484 except the WWTP. This irregular pattern from the WWTP could be explained by the overall
485 slower growth rate or site-specific differences in sea temperature, nutrient availability, salinity,
486 or toxicity.

487 **Trace Elements**

488 The temporal progression of elements in the shells of individuals nearest the wastewater
489 effluent source display the benefit of primary treatment by containing higher concentrations of
490 Mn, Na, and Ti from 2000-2010 to incorporating higher concentrations of Cu, Pb, and Mg in
491 later years, 2010-2018. These temporal trends can therefore potentially be attributed to two
492 things. The first is the implementation of primary treatment in 2006, which included the
493 installation of a Salsnes filter that eliminates elements already low in concentrations from being
494 released into the receiving waters and has been shown to remove approximately 50% of TSS in

495 wastewater effluent (Nunami Stantec, 2015). The increased concentration of Cu, Pb, and Mg
496 between 2010 and 2018 may be a result of a rising population (15.6% increase; Statistics
497 Canada, 2017) eliciting more effluent volume and thereby causing elements most common to
498 wastewater discharge to be at higher concentrations. In general, metals like Pb and Cu do not
499 show any predictable variance with respect to environmental and biological controls and hence
500 their variability can be linked to local contamination sources (Price and Pearce, 1997).

501 **mRNA Expression Patterns**

502 Given the evidence of metal accumulation and isotopic change in clams near the WWTP,
503 we expected to see physiological responses to these contaminants and modifications in mRNA
504 abundance related to the xenobiotic response (i.e., phase I, II and II biotransformation
505 biomarkers) and cellular stress response (i.e., molecular chaperones, antioxidants, metabolic
506 regulators). When exposed to contamination, xenobiotics have been shown to greatly enhance
507 the abundance of CYP1A1 (Viarengo et al., 2007); an enzyme regularly recruited to ensure
508 xenobiotics are more easily removed from the cell (Goksøyr, 1995). This study displayed
509 opposite results as CYP1A1 had a lower expression near the WWTP. However, a negative
510 feedback loop occurs in that as CYP1A1 activity increases, so does the production of its by-
511 products, ROS and hydrogen peroxide (Morel et al., 1999). The resulting hydrogen peroxide may
512 act to repress CYP1A1 at the transcriptional level to ultimately prevent ROS production and
513 oxidative stress (Barouki and Morel, 2001; Morel and Barouki, 1998). This mechanism is a
514 possible cause for the decreased CYP1A1 activity at the four sites nearest the wastewater
515 effluent source relative to the two sites shielded from direct wastewater exposure (i.e., Aupalajat
516 and Kituriaqannigituq).

517 The phase II biotransformation enzyme GST operates to bind xenobiotics by conjugating
518 glutathione, acting as a first step towards their elimination from the cell (Bonnafé et al., 2015).
519 The reduced abundance of GST mRNA transcripts near the WWTP is supported by numerous
520 other studies on bivalves demonstrating a decrease in GST expression when exposed to chronic
521 wastewater (Ballesteros et al., 2009; Bonnafé et al., 2015; Lüdeking and Köhler, 2002). One
522 hypothesis suggests that this low expression is a result of excess metabolites produced by
523 CYP1A1 competing with GST endogenous substrates (Bonnafé et al., 2015).

524 Another phase II enzyme in the xenobiotic response is GS, which specifically binds to
525 nitrogen and ammonia and plays an essential role in the metabolism of nitrogen (Bao et al.,
526 2013). GS binds to ammonia to synthesize glutamine, an amino acid heavily involved in the
527 immune system of bivalves (Hanson and Dietz, 1976). Its increased expression has been linked
528 to increased protein catabolism, amino acid turnover, nitrogen detoxification, and nitrogen
529 pollution (Tanguy et al., 2005; Thomsen et al., 2016). We found greater expression of GS
530 activity at the WWTP, Apex, and Aupalajat, which could be related to both nitrogen pollution
531 and increased production of nitrogenous waste products. P-glycoproteins (P-gp) like MDRP1 and
532 ABCA1 contribute to the removal of xenobiotics out of the cell through ATP-dependent pumps
533 to prevent intracellular toxicity (Smital et al., 2000; Veldhoen et al., 2009). In both tissue types,
534 MDRP1 was significantly upregulated at the WWTP, which may be due to the increased need to
535 eliminate xenobiotics from the cell (Lüdeking and Köhler, 2002).

536 Heat shock proteins are used to measure a vast array of physiological stress in bivalves
537 and more specifically, HSP90 is recruited to maintain homeostasis and protect the cell against
538 xenobiotics (Fabbri et al., 2008). In this study, the low abundances of HSP90 in the gills of clams
539 nearest the WWTP suggests that expression is more related to oxidative stress than other stimuli

540 as chronic exposure to contamination could inhibit its function (Fabbri et al., 2008; Foster and
541 Fulweiler, 2019). The conditions of oxidative stress at the WWTP is further supported by the
542 expression pattern of MnSOD, a chief ROS scavenging enzyme (Holley et al., 2011). Excess
543 contaminants and metal exposure have been shown to interfere with ROS defense mechanisms
544 like MnSOD, especially in cold water environments (Cossu et al., 2000; Ransberry et al., 2015).
545 Thus, the low abundance of MnSOD displayed at the WWTP is potentially a response to
546 contamination. Interestingly, the Kituriaqannigituq reference site also had low expression of
547 HSP90 and MnSOD, which suggests potential oxidative stress and hypoxic conditions in that
548 region. Lactate dehydrogenase is another gene that could support the presence of hypoxic
549 conditions and the potential impact on metabolic rates. The reduced LDH expression displayed
550 in the present study could reflect a possible decrease in overall biosynthetic activities under
551 chronic exposure conditions and ultimately result in the decreased capacity for anaerobic ATP
552 production under hypoxic conditions (Sifi and Soltani, 2019; Sonawane, 2017). Further
553 investigation on the environmental conditions and mitochondrial capacity of the truncate soft-
554 shell clam is required, but an inhibition of LDH could indicate a reduction in metabolic capacity,
555 potentially associating this physiological response to the reduced growth seen in soft-shell clams
556 nearest the WWTP site.

557 **Conclusion**

558 We present an empirical assessment of *Mya truncata* as a biomonitor of municipal
559 wastewater in remote Arctic communities. As northern communities continue to grow, the
560 ecological implications of chronic wastewater introductions to coastal marine systems will also
561 increase. Over time, wastewater effluent could disrupt the ecological processes and physiological
562 function of Arctic marine organisms. We show that the truncate soft-shell clam has already

563 displayed modified physiological function in response to wastewater exposure near Iqaluit, the
564 largest city in Eastern Arctic Canada. Having a relevant organism to assess the impact of
565 contaminants on Arctic marine systems will be extremely useful for monitoring the effects of
566 wastewater effluent in ecosystems where conventional monitoring programs are challenging.

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809

810 **Tables**

811 **Table 1.** Primer sequences used to quantify mRNA transcript abundance of genes associated
 812 with stress, metabolism, and contaminant exposure in *Mya truncata* using qPCR. The Gene_ID's
 813 are from the assembled reference transcriptome in Sleight et al. (2018) and the sequences were
 814 downloaded from the MolluscDB (<https://ensembl.molluscdb.org/index.html>).

| Gene | Gene Name | Gene_ID | Effcy (%) | Primer Sequence |
|--------|--|-------------------|-----------|---|
| RPL18a | 60S ribosomal protein L18a | DN129185_c0_g2_i1 | 101.7 | F: CACAGCCAAGTCACGTTTCTG R: GCCCAGTGTCTCCTTTCATCTTC |
| RPS4 | 40S ribosomal protein S4 | DN133274_c1_g2_i1 | 98.1 | F: CGGTAAGGGCGTGAAACTGA R: TGCGACTTGACGGCCATT |
| HSP60 | Heat shock protein 60 | DN157452_c1_g1_i2 | 103.0 | F: TGCACCTTGTGTTGCTGTGTGA R: TCAAGGGCAGGGAGTATGGA |
| HSP90 | Heat shock protein 90 | DN148936_c2_g2_i2 | 95.3 | F: CGACATCACCCACAGAGGAGTATG R: GAGATGGTCCCTCCAGTCGTT |
| MnSOD | Manganese Superoxide Dismutase | DN148890_c0_g1_i2 | 107.9 | F: CCGGATCTCGACATGTGCTA R: AGTGGTACGTGACCGGTGGTA |
| CS | Citrate Synthase | DN156644_c3_g4_i1 | 103.4 | F: GTTCAGCGCAGCCATCACA R: CCGTCAGCGTAAGCTTTAGCA |
| LDH | D-Lactate Dehydrogenase | DN157111_c1_g1_i3 | 104.7 | F: GCAGGCCTCAAAGAGCAAAC R: TCTGACCCCCCATTCATCTG |
| CYP1A1 | Cytochrome P450 1A1 | DN125127_c1_g1_i1 | 105.1 | F: CAGAACGCTTCCTGGACCAA R: ATTGAGTCTGAGCGGGTGTG |
| GSTO | Glutathione S-transferase Omega 1 | DN136940_c0_g1_i1 | 96.2 | F: CAGCATGCCTTTGACGTTGA R: TGGTGTGGGTTTCGGGATAAG |
| GS | Glutamine Synthetase | DN157620_c1_g1_i3 | 89.3 | F: ACGAAGCGAAGAGCGAGATC R: TGCCAGGAGGGTGTACTCTTG |
| MDRP1 | Multidrug resistance protein 1 | DN119073_c0_g1_i1 | 90.5 | F: CCATCCAGAACGCTGACAAA R: GACGACCCTGTTCTGTGACAAAC |
| ABCA1 | ATP-binding cassette sub-family A member 1 | DN161260_c0_g1_i1 | 101.6 | F: GTCTCCCGCATAAACGTAACG R: CCACTGACAACCTCCGCTTCA |

815

816 **Table 2.** Resolved negative exponential detrending curve equations for *Mya truncata* shell
 817 growth (mm) at six sampling locations in Inner Frobisher Bay, Nunavut, Canada (Equation 2.3).
 818 CV represents the coefficient of variation.

| Site | Intercept (<i>a</i>) | Slope (<i>b</i>) | R ² value | F-statistic | CV (%) |
|-------------------|------------------------|--------------------|----------------------|-------------|--------|
| Apex | 118.88 | -0.06 | 0.90 | 117.1 | 8.7 |
| Aupalajat | 32.6 | -0.04 | 0.83 | 80.46 | 10 |
| Monument Island | 66.2 | -0.03 | 0.70 | 33.37 | 15.6 |
| Kituriaqannigituq | 59.4 | -0.03 | 0.69 | 49.97 | 3.2 |
| Tundra Ridge | 31.6 | -0.02 | 0.49 | 15.47 | 6.8 |
| Wastewater | 16.6 | -0.01 | 0.18 | 4.667 | 13.2 |

819
 820 **Table 3.** Summary of stable isotope parameters from *Mya truncata* shells for each sample
 821 location in Inner Frobisher Bay, Nunavut, Canada. For each location, n represents the number of
 822 samples analyzed and s.e.m. is the standard error to the mean.

| Location | δ ¹³ C (n) | δ ¹⁸ O (n) | δ ¹³ C mean ± s.e.m | δ ¹⁸ O mean ± s.e.m. |
|-------------------|-----------------------|-----------------------|--------------------------------|---------------------------------|
| Tundra Ridge | 29 | 30 | 1.98 ± 0.06 | 1.65 ± 0.04 |
| Monument island | 26 | 22 | 1.92 ± 0.04 | 1.65 ± 0.04 |
| Aupalajat | 35 | 33 | 1.71 ± 0.05 | 1.81 ± 0.05 |
| Kituriaqannigituq | 24 | 23 | 1.70 ± 0.09 | 1.66 ± 0.04 |
| Apex | 25 | 25 | 1.63 ± 0.07 | 1.74 ± 0.03 |
| Wastewater plant | 33 | 33 | 1.38 ± 0.05 | 1.31 ± 0.04 |

823

824 **Table 4.** Pearson cross correlation values (r) and significance between strontium (Sr), manganese
825 (Mn), and growth rate (GR) for *Mya truncata* shells in each sampling location in Inner Frobisher
826 Bay, Nunavut, Canada. Lag represents the number of years that naturally separate the two time
827 series ($\alpha < 0.05$) and n.s. indicates no significance found.

| Site | Relationship | r | Lag (yrs) | p-value |
|-------------------|--------------|-------|-----------|---------|
| Aupalajat | Sr:GR | -0.69 | 1 | <0.05 |
| | Mn:GR | 0.78 | 0 | <0.01 |
| Kituriaqannigituq | Sr:GR | -0.42 | 0 | n.s. |
| | Mn:GR | 0.68 | 0 | <0.05 |
| Wastewater | Sr:GR | 0.37 | -4 | n.s. |
| | Mn:GR | -0.16 | -9 | n.s. |
| Tundra Ridge | Sr:GR | -0.81 | 0 | <0.01 |
| | Mn:GR | 0.57 | -2 | <0.05 |
| Monument Island | Sr:GR | -0.65 | -1 | <0.05 |
| | Mn:GR | 0.63 | -1 | <0.05 |
| Apex | Sr:GR | -0.69 | -1 | <0.01 |
| | Mn:GR | 0.7 | -2 | <0.05 |

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829

830 **Figure Captions**

831 **Figure 1.** Location of Iqaluit's wastewater effluent source and *Mya truncata* sampling locations
832 in Inner Frobisher Bay, Nunavut, Canada. Inset shows area of study within Canada. This map
833 was generated using ArcMap v10.7 with data from the National Atlas of Canada (National Atlas
834 of Canada, 2020).

835 **Figure 2.** Raw ontogenetic shell growth (mm) over time (years) with detrending negative
836 exponential curves for *Mya truncata* organisms in each of the six sampling locations in Inner
837 Frobisher Bay, Nunavut, Canada. NE detrending curve equations can be found in Table 2 and
838 follows an exponential decay pattern with $y = 0$ as an asymptote. Lowercase letters denote
839 statistical significance between the slopes of sampling sites ($\alpha < 0.05$) as determined by a one-
840 way ANOVA and Tukey's HSD post-hoc test.

841 **Figure 3.** Average *Mya truncata* shell $\delta^{18}\text{O}$ versus $\delta^{13}\text{C}$ isotope ratios ($\text{‰ VPDB} \pm \text{s.e.m.}$) for
842 each respective sampling location in Inner Frobisher Bay, Nunavut, Canada. One-way
843 MANOVA and Tukey's HSD post-hoc tests were conducted to determine effect of sampling
844 location on $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ stable isotopes ($\alpha < 0.05$).

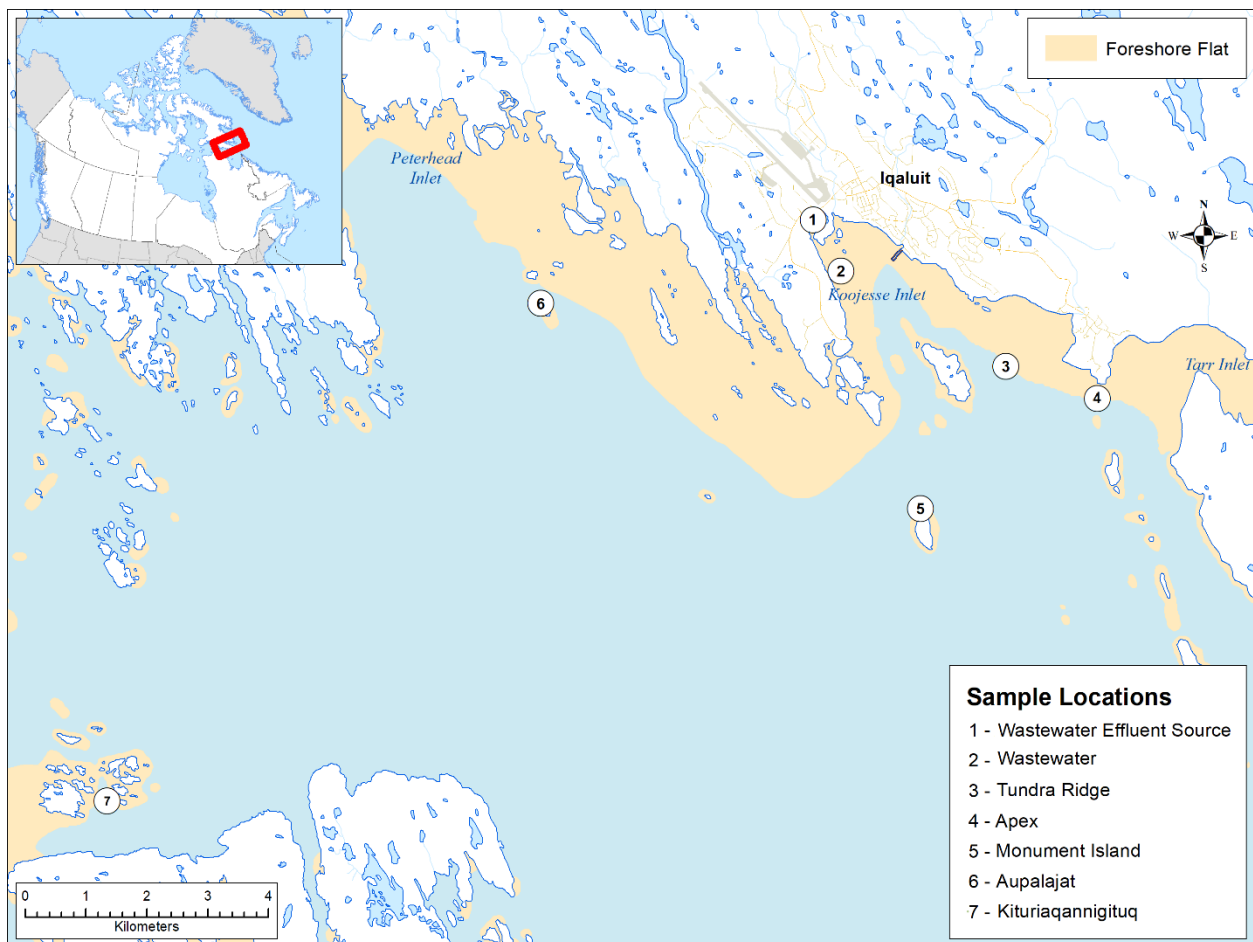
845 **Figure 4.** Principal components analysis biplot of trace elements found in the shells of *Mya*
846 *truncata* organisms characterized by year and location. Years range from 2000 – 2019 and
847 locations include the six sampling locations within Inner Frobisher Bay, Nunavut, Canada. X-
848 axis represents PC1 (19.5% variance) while the Y-axis represents PC2 (17.5% variance).

849 **Figure 5.** Principal components biplot analysis on the gill gene expression for *Mya truncata*
850 organisms from the six sampling locations in Inner Frobisher Bay, Nunavut, Canada. The X-axis

851 represents PC1 (29.1% variance), while the Y-axis represents PC2 (16.3% variance). Larger
852 symbols indicate the mean for that sample site.

853 **Figure 6.** Principal components biplot analysis on the mantle gene expression for *Mya truncata*
854 organisms from the six sampling locations in Inner Frobisher Bay, Nunavut, Canada. The X-axis
855 represents PC1 (24.4% variance), while the Y-axis represents PC2 (17.5% variance). Larger
856 symbols indicate the mean for that sample site.

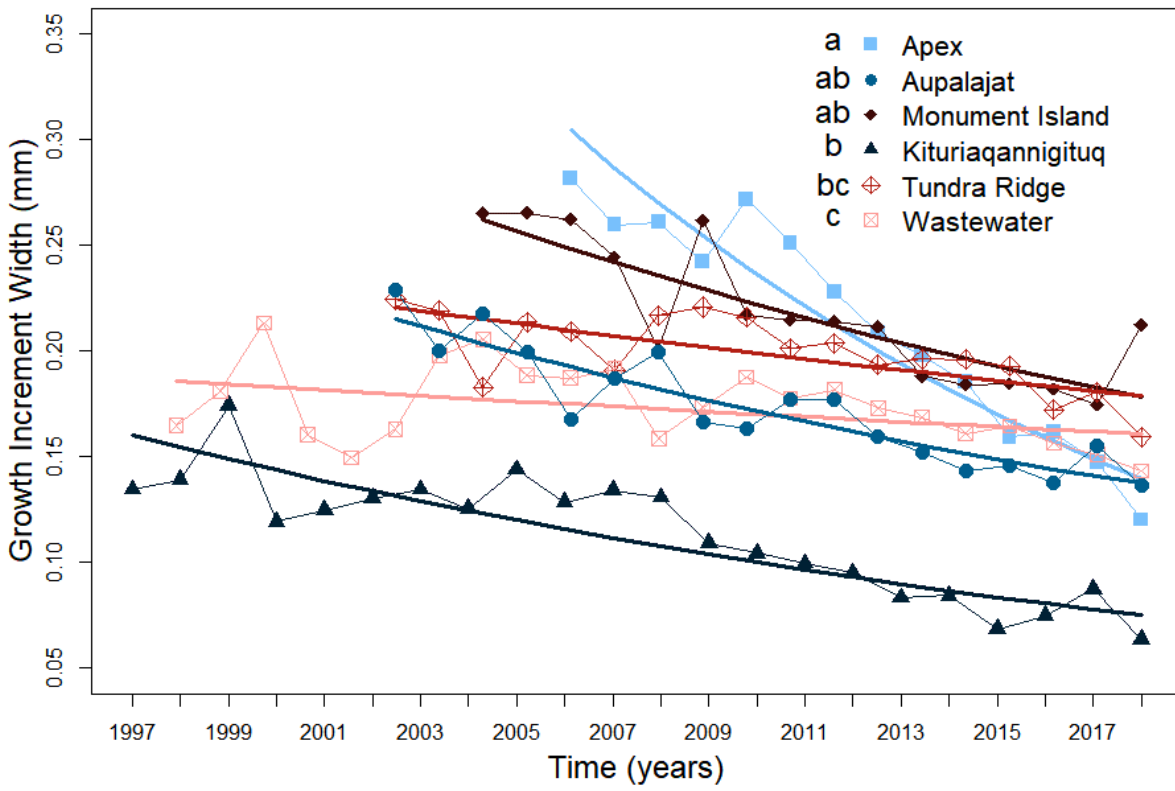
857 **Figure 1.**



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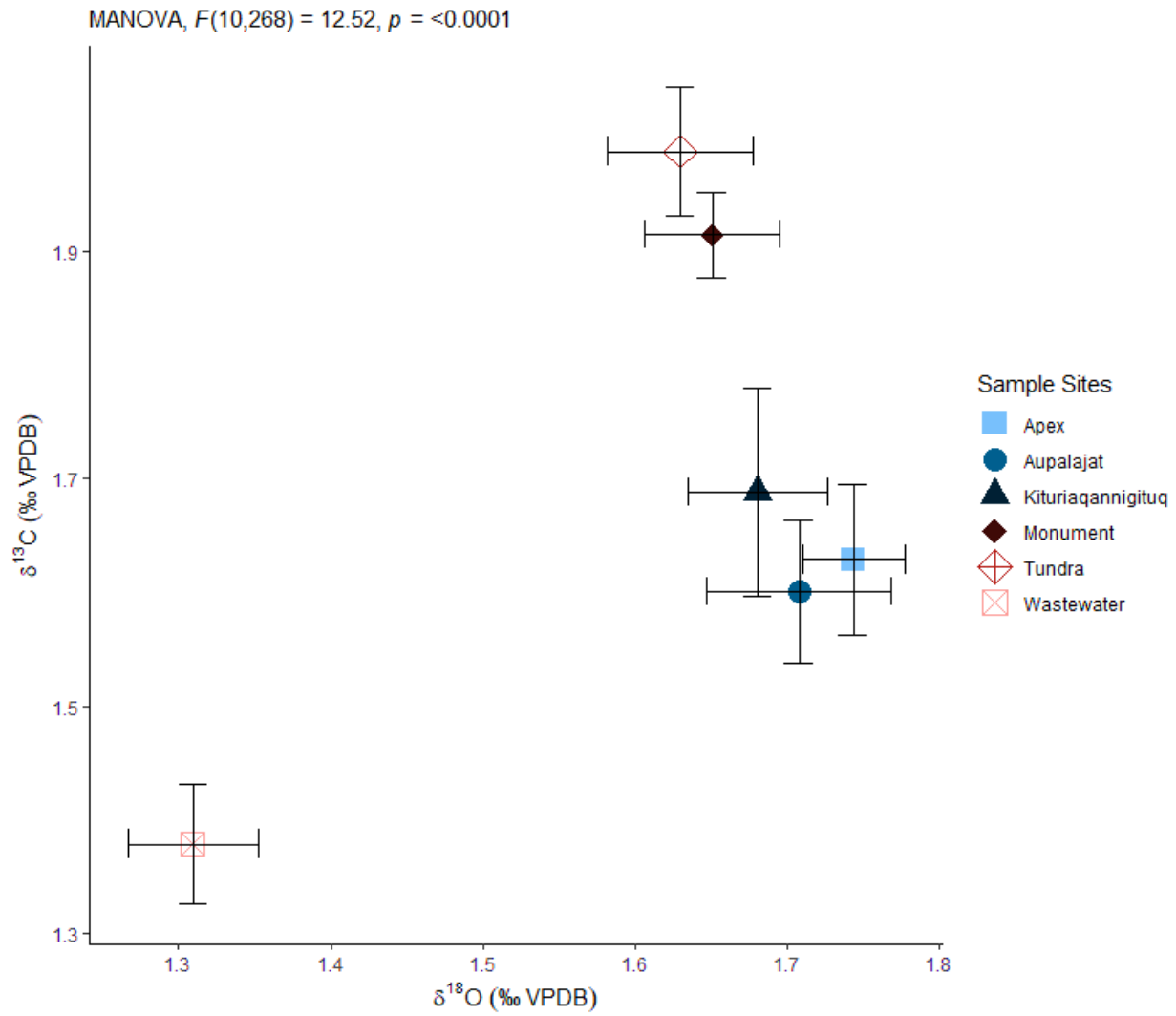
860 **Figure 2.**



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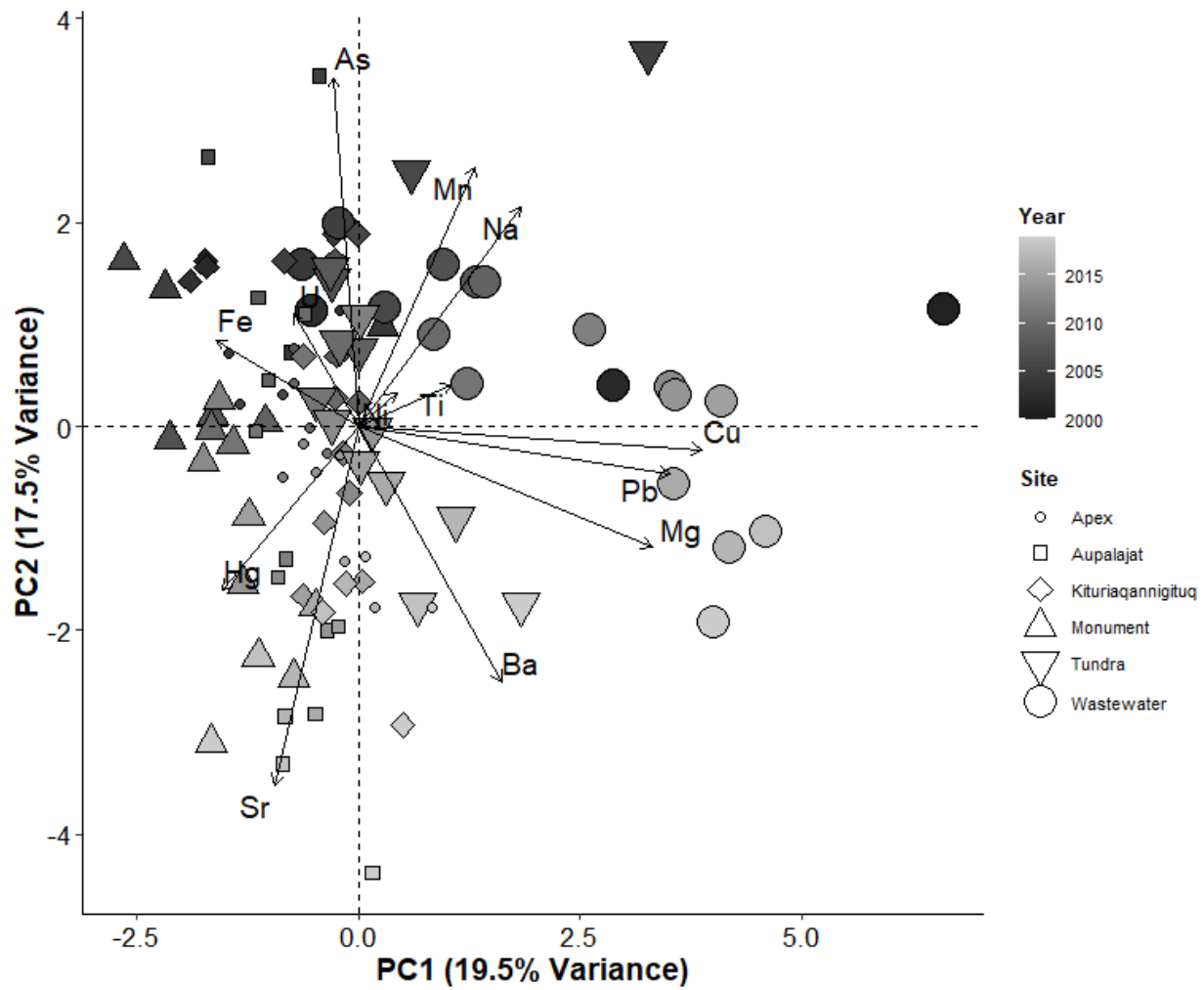
863 **Figure 3.**



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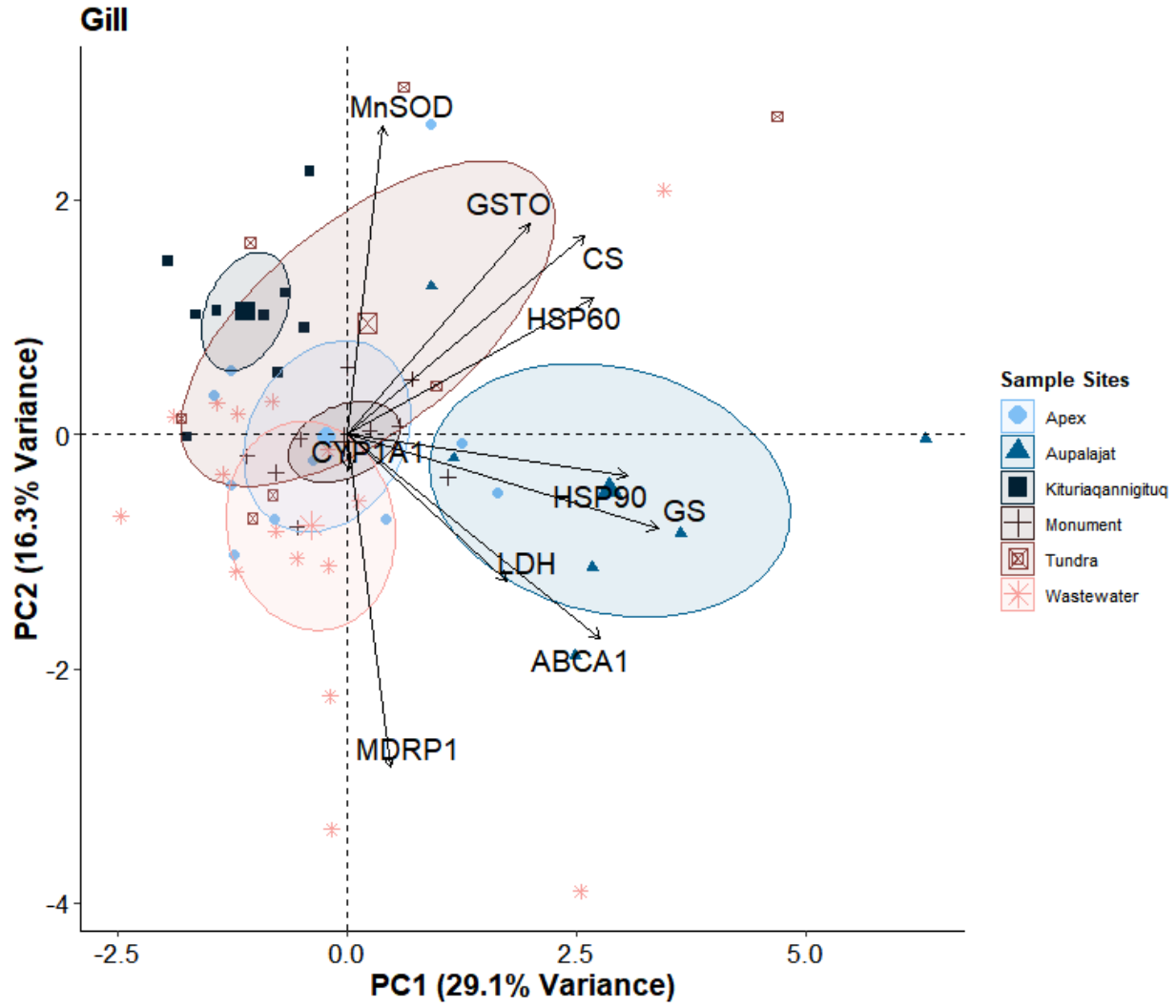
866 **Figure 4.**



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869 **Figure 5.**

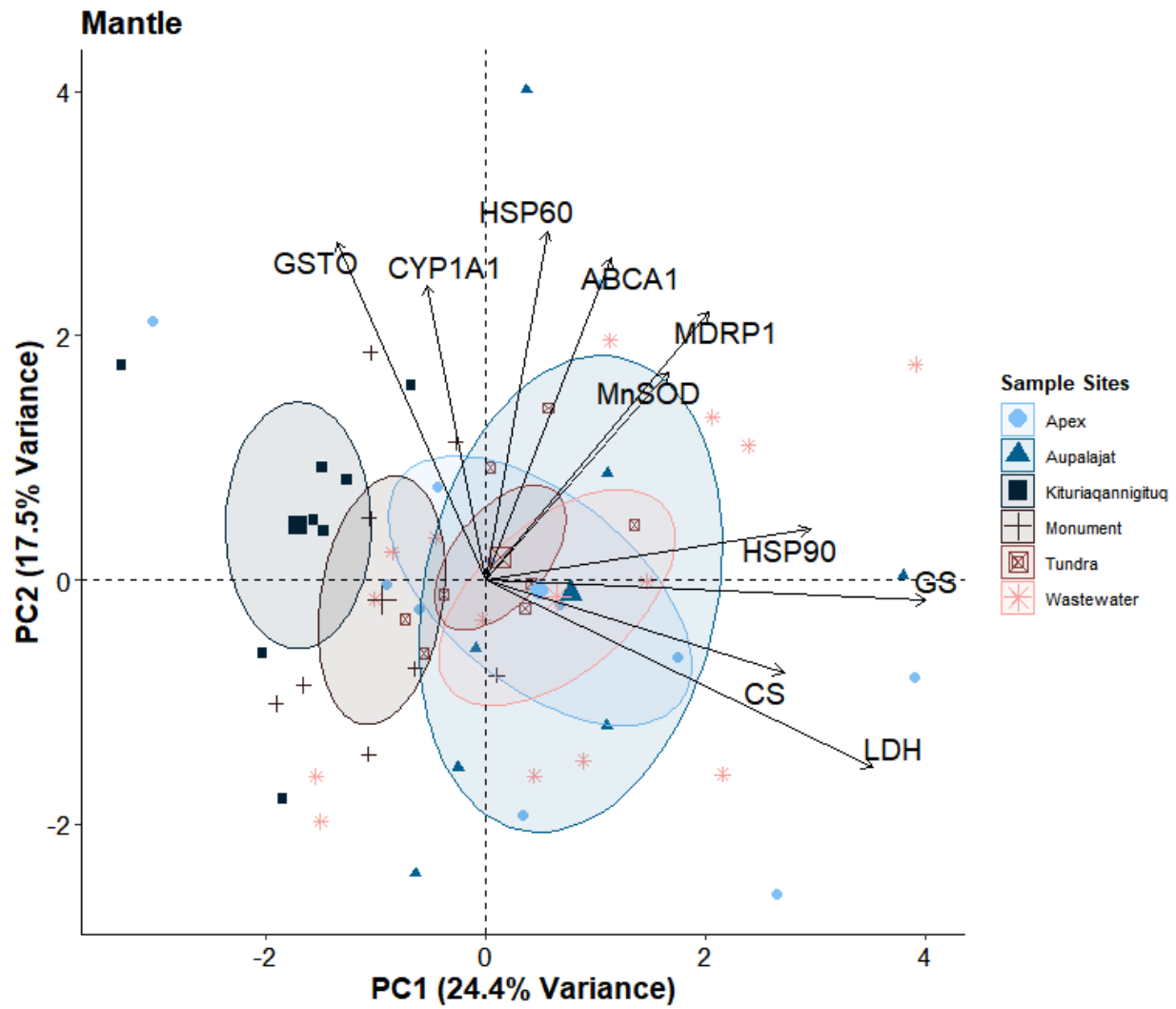


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873 **Figure 6.**



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