A critical role of stable grain filling rate in maximizing rice yield revealed by whole plant carbon nitrogen interaction modeling

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ABSTRACT

Crop yield is co-determined by potential size of the harvest organ, photosynthetic potential of source organs, and pattern of partitioning and use of photosynthates among sink organs. Given a sufficient potential size of the harvest organ at flowering, how to fully fill them remains a central challenge in crop breeding for high yields. Here, we develop a kinetic model of rice grain filling, scaling primary biochemical and biophysical processes to whole-plant carbon and nitrogen dynamics. Predicted post-anthesis physiological and agronomic behaviors validate experimental observations under six endogenous and external perturbations. By large scale *in silico* screening, we show here that a stable grain filling rate from flowering to harvest is required to maximize grain yield, which is validated here in two independent super-high yielding rice cultivars (~21 t ha⁻¹ rough rice yield at 14% moisture). On the other hand, we show grain yields in an elite rice cultivar may increase by about 30-40% by stabilizing its grain filling rate. Intriguingly, we have found that the sum of grain filling rates around 15 and 38 days after flowering largely determines grain yield, and have further developed a novel *in situ* approach quantifying grain filling rates and grain yield precisely with the measurements of ear respiratory rates ($r > 0.93$). Potential post-anthesis molecular targets to maximize rice yield include delaying leaf senescence, enhancing leaf sucrose synthesis and export, limiting root growth, strengthening stem starch synthesis, accelerating endosperm starch synthesis, and moderating endosperm cell division. Our study provides an effective computational framework for post-anthesis crop physiology research and ideotype design.

INTRODUCTION

To meet the increasing global food demand, there is a tremendous need to greatly increase crop yields (Long, Marshall-Colon, & Zhu, 2015; Ray, Mueller, West, & Foley, 2013). With the identification of a number of superior alleles controlling grain yield/quality related traits, and the great advances in genome editing technology, molecular breeding by rational design is becoming a new important route for accelerated crop improvement (Peleman & van der Voort, 2003; Qian, Guo, Smith, & Li, 2016; Van Der Straeten et al., 2020; H. Yu et al., 2021). However, a dilemma presented is that in crop breeding practice, incorporation of superior alleles into a germplasm does not always lead to higher yield. This is because these superior alleles may not improve the most limiting factor(s) of the given germplasm, or even create new limiting factors (Garcia-Molina & Leister, 2020; Uga, 2021). Thus, a key remaining issue is a mechanistic understanding and quantification of the idealized morphological and physiological traits of a plant variety, known as crop ideotype (Donald, 1968), as an objective during rational crop improvement (Bailey-Serres, Parker, Ainsworth, Oldroyd, & Schroeder, 2019; Tian-Gen Chang, Chang, Song, Perveen, & Zhu, 2019; Paul, Watson, & Griffiths, 2019; Rötter, Tao, Höhn, & Palosuo, 2015; Uga, 2021).

Crop yield is co-determined by 1) canopy photosynthesis, which reflects the “source capacity”, 2) the potential size of all fertile spikelets, which reflects the “sink capacity”, and 3) the whole-plant source sink relationship (Z. Li, Pinson, Stansel, &

Paterson, 1998; Xing & Zhang, 2010; S.-M. Yu, Lo, & Ho, 2015). To increase the canopy photosynthesis of rice, a staple crop feeding half of the world population, improving plant morphology has been extensively explored in studies of genetics, and through modeling and breeding during the past 60 years (Shaobing Peng, Khush, Virk, Tang, & Zou, 2008; Q. F. Song, Zhang, & Zhu, 2013; Yonghong Wang & Li, 2008; Yuan, 2017). Recently, much progress has also been made in increasing rice canopy photosynthesis by genetically improving leaf photosynthetic rate, including engineering photosystems (J.-H. Chen et al., 2020; Khan et al., 2020; Xia Li et al., 2020; Soda et al., 2018), Rubisco (Yoon et al., 2020), photorespiratory bypass (Shen et al., 2019), stomatal conductance (Yin Wang et al., 2014) and photosynthetic related transcription factors (Ambavaram et al., 2014; Perveen et al., 2020; Shen et al., 2019; Yin Wang et al., 2014; Yoon et al., 2020). To enhance potential size of all fertile spikelets, rice geneticists and breeders have made great strides in developing rice lines bearing more ears (up to 30 per plant), or more spikelets (up to 400 per ear), or larger grains (up to 40 mg per spikelets) (Ashikari et al., 2005; X. Huang et al., 2010; Xueyong Li et al., 2003; Makino et al., 2020). Some of these rice lines have very high yield potential (Okamura et al., 2018; Sheehy, Dionora, & Mitchell, 2001). However, the filled-grain ratio of these rice lines is usually low (<85%) and hence leads to a large yield gap, i.e., large difference between the observed and the potential yields (Kato, 2004; Okamura et al., 2018; Sheehy et al., 2001; Shen et al., 2019; J. Yang & Zhang, 2010; Yoshinaga, Takai, Arai-Sanoh, Ishimaru, & Kondo, 2013).

82 Given certain canopy photosynthetic capacity and large potential grain sink size at
83 flowering, designing a physiological ideotype to fill spikelets as much as possible
84 before harvest remains a central challenge to narrow the rice yield gap (Okamura et
85 al., 2018; S Peng, Cassman, Virmani, Sheehy, & Khush, 1999; Sheehy et al., 2001; J.
86 Yang & Zhang, 2010). Grain filling is determined by post-anthesis whole-plant source
87 sink relationship, which reflects the interplay between biochemical and biophysical
88 activities in source, sink and transport organs (Fujita et al., 2013; Q. Wang et al.,
89 2018; Wei et al., 2018; J. Yang & Zhang, 2010). Over the past decades, a large amount
90 of descriptive data has accumulated on the dynamics of plant physiological status
91 during rice grain filling under different environmental conditions, experimental
92 perturbations and genetic manipulations. However, results from individual field
93 experiments have been often disparate or even conflicting. For example, by removing
94 part of spikelets on an ear, the percentage of filled grains had significantly increased,
95 which suggested that poor grain filling might be due to a limitation of carbohydrates
96 (Kato, 2004); whereas, soluble sugars were found to be higher in the usually poorly
97 filled inferior spikelets at the early grain-filling stage, demonstrating that
98 carbohydrates might not be the limiting factor for this process (J. Yang, Zhang, Wang,
99 Liu, & Wang, 2006). In another case, based on the correlation between grain filling
100 parameters and yield components in 15 different genotypes, it was concluded that the
101 grain filling rate was much more important than the grain filling duration (Jones,
102 Peterson, & Geng, 1979); however, observations from six field-grown tropical
103 irrigated rice, in another study, demonstrated that the grain filling duration, instead of

the grain filling rate, was significantly positively correlated with the grain yield (W. Yang, Peng, Dionisio-Sese, Laza, & Visperas, 2008). Other debates on gaining higher yield during grain filling include whether plants should have higher or lower root:shoot ratio (Ma, Li, Xu, & Huang, 2010; Nada & Abogadallah, 2016), more or less leaf nitrogen remobilization (Lee et al., 2020; Shin et al., 2020; Q. Wang et al., 2018; J. Yu, Zhen, Li, Li, & Xu, 2019), higher or lower biomass at the flowering stage (Dingkuhn, Schnier, De Datta, Dorffling, & Javellana, 1991; Kar & Kumar, 2014), and more pre-anthesis stored non-structural carbohydrates or higher post-anthesis photosynthesis (Laza, Peng, Akita, & Saka, 2003; Liu et al., 2020). These contrasting opinions reflect the complexity of interplay between source, sink and transport organs. Therefore, a comprehensive framework of source sink relationship is needed to achieve consensus on 1) what is the biochemical and biophysical basis of source sink coordination, 2) what are the key factors controlling source sink coordination, and 3) how to coordinate source and sink activities for a physiological ideotype to realize the attainable yield projected based on canopy photosynthetic potential (T-G. Chang & Zhu, 2017; Fernie et al., 2020; Paul et al., 2019; Shaobing Peng et al., 2008; Rossi, Bermudez, & Carrari, 2015; White, Rogers, Rees, & Osborne, 2015).

Systems modeling is recognized as a promising means to understand the growth of plants and guide the design of crop ideotype (T-G. Chang & Zhu, 2017; Fernie et al., 2020; Hammer, Messina, Wu, & Cooper, 2019; Marshall-Colon et al., 2017). A few attempts on building a plant-level mechanistic model have been made for wheat

(Barillot, Chambon, & Andrieu, 2016), Arabidopsis (Chew et al., 2014) and barley (Grafahrend-Belau et al., 2013), which aim to simulate plant growth of certain germplasms under certain conditions or perturbations. However, these models usually have many parameters, and difficulties are encountered when we attempt to perform large scale *in silico* simulation for plant ideotype design under multiple scenarios. How to keep biological reality and parsimony in a mechanistic model simultaneously to guide future crop improvement remains a major challenge in the current crop systems modeling community (Hammer et al., 2019). To fill this gap, we have built a kinetic model of rice grain filling based on modeling whole plant carbon nitrogen interaction. We have then validated this model by simulating plant physiological behaviors under both normal conditions and six different external/endogenous perturbations during rice grain filling. By *in silico* evolutionary experiments, we have further identified both molecular targets and macro-physiological features of rice grain filling for high yield. In particular, a stable grain filling rate is found to be necessary to achieve rice yield potential under different photosynthetic capacities. We have further predicted and validated a novel *in situ* approach quantifying grain filling pattern and grain yield precisely with the measurements of ear respiratory rates. Overall, our current study provides an effective computational framework for post-anthesis crop physiology research and crop ideotype design.

RESULTS

A theoretical framework of rice grain filling

The construction of a kinetic model of whole plant carbon nitrogen interaction during rice grain filling

Carbon and nitrogen metabolism is the basis of plant growth and development (Zhang, Zhou, Burnap, & Peng, 2018). To predict grain yield formation directly from the molecular processes in different source, sink and transport organs, we develop here a kinetic model of Whole plAnt Carbon Nitrogen Interaction (WACNI; **Figure 1a**). In contrast to methods that had only considered phloem sucrose transport from leaf to grain (Seki et al., 2014), or relied on preset sink growth pattern (X Yin & van Laar, 2005), our model considers both carbon and nitrogen, and kinetically simulates rates of major basic biochemical and biophysical processes in a plant using ordinary differential equations.

The model comprises of six modules, which are the root, the leaf, the grain, the stem (including culm and sheath), the vascular transport system (xylem and phloem), and the respiration. Each module comprises a few previously well-established sub-models; and new sub-models are developed where no established sub-models are available (**Supplementary methods; Supplementary Table 1**). Fourteen types of biochemical and biophysical processes involved in different source, sink and transport organs are mathematically represented in the model; these processes include assimilation, transport, and utilization of six representative primary metabolites, i.e., triose phosphate (TP), sucrose (Suc), starch, inorganic nitrogen (I-N, including NH_4^+ and NO_3^-), free forms of organic nitrogen (O-N, including amino acids and amides), and

proteins (**Figure 1a**). The model further incorporates known interactions between these metabolites and plant developmental processes, such as root growth, grain volume growth (endosperm cell division), grain filling (starch and protein synthesis in endosperm), root senescence, and leaf senescence (see details in **Supplementary methods**). Inputs for the model include the apparent kinetic parameters of each process, initial metabolite concentrations, and initial carbon mass and nitrogen mass in different organs at the flowering stage. A large volume of literature on rice was surveyed to generate a comprehensive parameter dataset of natural variation; and the default value of each parameter was determined empirically from the above generated dataset to form a virtual rice plant (**Supplementary Table 2**).

Characterizing plant physiological dynamics and carbon/nitrogen budget from flowering to harvest using the model

Firstly, the simulated physiological behaviors of the virtual rice plant successfully mimicked the real-world rice plants reported previously in multiple studies, including those on root weight (**Figure 1b**, $r=0.968$; r , Pearson correlation coefficient, the same below), leaf area (**Figure 1c**, $r=0.979$), rates of canopy photosynthesis (**Figure 1d**, $r=0.964$), grain respiratory rate (**Figure 1e**, $r=0.875$), grain dry weight (**Figure 1f**, $r=0.987$) and stem non-structural carbohydrates (**Figure 1g**, $r=0.996$).

Moreover, based on the virtual rice plant, a plant-level comprehensive carbon and nitrogen budget throughout the whole grain filling period was simulated (**Figure 1h**).

For the carbon budget of a rice plant (with 12 tillers and 160 spikelets per tiller, in a canopy where plant spacing is 20×20 cm), it was predicted that total photosynthetic carbon intake through leaves amounting to 2328 mmol in 50 days from flowering to harvest, of which 1764 mmol was partitioned to sink organs and 504 mmol was lost through leaf respiration. Furthermore, 21.6% of the post-anthesis photosynthetically fixed carbon was predicted to be respired by the leaf itself and 52.1% by the entire plant (see detailed procedures for the calculation of values here and hereafter in **Materials and methods**), which were close to the previous estimates of ~20% and 40-60% in cultivated plants, respectively (Tcherkez & Ribas-Carbó, 2012; Whitfield, Connor, & Hall, 1989). The apparent contribution of pre-anthesis stem non-structural carbohydrate storage to grain yield, i.e., the ratio between the loss of stem dry weight during grain filling and the grain yield at harvest, was predicted to be 27.3%, which coincides with the observed values in the range of 0-40% (Yoshida, 1981). However, the actual contribution of pre-anthesis stem non-structural carbohydrate storage to grain yield, i.e., the ratio between carbohydrates produced by the remobilization of pre-anthesis stem storage and the sum of carbohydrates from remobilization and from post-anthesis photosynthesis, was much lower (12.0%). This notion also coincides with a recent field study on 12 rice cultivars from the three main rice varietal groups in China (Wei et al., 2018).

As for the nitrogen budget during grain filling, it was predicted that total nitrogen intake through root amounting to 20 mmol, accounting for 29.0% of the whole

growing season nitrogen uptake, which is close to the reported value of about 30% (Ida, Ohsugi, Sasaki, Aoki, & Yamagishi, 2009). Furthermore, the nitrogen harvest index, defined as the ratio between the amount of nitrogen stored in the grain at harvest and the total plant nitrogen uptake during the whole growing season, was 62.8%, which is in the known range of 30-77% based on a large scale survey on irrigated lowland rice in tropical and subtropical Asia (Witt et al., 1999).

Predicting plant physiological and agronomic responses to external perturbations during grain filling

In this section, rice plant physiological and agronomic responses to various external perturbations (e.g., different soil nitrogen application rates, incident light intensities and air CO₂ concentrations) were studied *in silico* and compared to observations *in vivo*.

Carbon and nitrogen dynamics in leaves and grains during grain filling can be reproduced in silico without re-allocation of enzyme activities across different nitrogen regimes

Our model successfully reproduced carbon and nitrogen dynamics in leaves and grains throughout the grain filling period for all nitrogen treatments ranging from no nitrogen to high nitrogen, including the grain dry weight gain (**Figure 2a-d**, $r=0.971-0.998$), the leaf nitrogen concentration dynamics (**Supplementary Figure 1a-d**, $r=0.970-0.992$) and the grain nitrogen concentration dynamics (**Supplementary**

Figure 1e-h, $r=0.956-0.991$). It is worth mentioning here that these predictions were made without adapting model parameters representing activities of metabolic and transport processes to different nitrogen regimes. Thus, these accurate predictions indicate that even if the activities of enzymes may change under different nitrogen application rates in the above study, these potential changes are not the major players in determining carbon and nitrogen dynamics in leaves and grains during grain filling.

Low light during early grain filling period affects grain weight gain pattern but does NOT compromise rice yield potential

For grain filling under different light regimes, an increased penalty for grain dry weight 10 days after flowering was predicted, as well as at harvest, when 25%, 50% or 75% of the solar irradiance was shaded during the first 10 days after flowering (**Figure 2e-h**, $r=0.987-0.996$). In addition, our model correctly predicted an acceleration of grain filling beyond 10 days after flowering when extra light penetrates into the canopy as a result of plant thinning (**Supplementary Figure 2b-d**, $r=0.994-0.999$), supporting the idea that short-term impaired grain filling by low light-induced shortage of assimilates can almost be fully compensated if sufficient resource is provided later (Kobata, Sugawara, & Takatu, 2000).

Inhibited root nitrogen uptake capacity during grain filling under elevated air CO₂ concentration underlies reduced plant nitrogen budget

For post-anthesis rice plants grown under different atmospheric CO₂ concentrations

and soil nitrogen application rates, our model successfully reproduced the enhancement of grain yield with increasing nitrogen application rate under both ambient CO₂ level and free air CO₂ enrichment (FACE; the white bars in **Figure 2i**; $r=0.992$ is between the white bars and the red/striped bars). However, when plants with the same nitrogen application rates were compared, our model predicted higher total root nitrogen uptake during the grain filling period of plants grown under FACE than that of plants grown under ambient CO₂ concentration (the white bars in **Figure 2j**), which is inconsistent with the experimental observations (the red/striped bars in **Figure 2j**; $r=0.318$ is between the white bars and the red/striped bars). Earlier, it was shown that the maximum nitrogen uptake rate per root dry weight under FACE was reduced by 31-41% from the flowering stage to the harvest stage compared to that of plants grown under ambient CO₂ concentration (Shimono & Bunce, 2009). Following this observation, if mean percentage reduction of maximum root nitrogen uptake rate, of 36%, was set under FACE in the model, the response pattern of root nitrogen uptake under FACE, during the grain filling period, could be explained much better (see the grey bars in **Figure 2j**; $r=0.713$ is between the grey bars and the red/striped bars). These results highlight the important role of root nitrogen uptake activity in affecting plant nitrogen budget under FACE during grain filling.

Predicting plant physiological and agronomic responses to endogenous perturbations during grain filling

In this section, we present our data on plant physiological and agronomic responses of

rice to various endogenous perturbations in source, transport and sink organs.

Prolonged leaf functional duration benefits grain yield with a slight reduction in grain nitrogen concentration by enhancing later-stage photosynthesis

We first simulated impacts on grain yield related traits when senescence of the major carbon source, leaf, was perturbed. Based on the work of Liang et al. (2014), three scenarios were examined, and we indeed showed: (i) the enhanced leaf protein degradation activity mimicking a dominant premature leaf senescence mutant, prematurely senile 1 (the “*psl-D* mutant” group in **Figure 2k-m**); (ii) the medium leaf protein degradation activity mimicking the wild type plant (the “WT” group in **Figure 2k-m**); and (iii) the reduced leaf protein degradation activity mimicking the NAC-like, activated by *apetala3/pistillata* (*OsNAP*) gene RNAi plant (the “*OsNAP* RNAi” group in **Figure 2l-m**). A faster leaf nitrogen loss in the first scenario was predicted due to accelerated leaf protein degradation rate, mimicking the observed faster decrease in chlorophyll content of the *psl-D* mutant (**Figure 2k**). Compared to WT, an increase of grain yield at the expense of a slight decrease in grain nitrogen concentration for the *OsNAP* RNAi plant, as well as the opposite for the *psl-D* mutant, was predicted, coinciding well with the experimental observations (**Figure 2l, m**). A comprehensive characterization of source, sink and transport activities in these plants further suggested that the enhanced grain yield of the *OsNAP* RNAi plant was mainly contributed by the higher canopy photosynthesis in the later grain filling period with higher leaf nitrogen concentration, whereas the slightly reduced grain

nitrogen concentration was mainly attributed to the decreased nitrogen concentration in the phloem with less leaf nitrogen remobilization (**Supplementary Figure 3; Figure 2k**).

Phloem-to-grain sucrose unloading capacity is NOT necessarily positively correlated with grain yield

We then simulated consequences of perturbing metabolite transport. E. Wang et al. (2008) had reported that a gene, GRAIN INCOMPLETE FILLING 1 (*GIF1*), which encodes a cell-wall invertase, is required for sucrose transport to the grain. In agreement with the experimental result, grain dry weight gain was predicted to be slower for the *gif1* mutant, which had a decreased maximum phloem-to-grain sucrose unloading rate ($v_{m\_grain\_Suc\_ul}$; **Figure 2n**). Furthermore, it was predicted that although the grain yield was impaired in the *gif1* mutant, its straw weight (a sum of weight of leaves and stems) was higher, which compensated for the decrease of grain yield and led to a similar aboveground plant biomass of the *gif1* mutant with that of the WT at harvest (the white bars in **Figure 2o**). Although relevant data was not reported in the original paper, results from our field experiments using seeds provided by the authors has confirmed this prediction (**Figure 2o**). Namely, accumulation of photosynthates during grain filling was not impaired in the *gif1* mutant. Decrease of grain yield in the *gif1* mutant may be the result of sink-size limitation, as the dry weight of a single grain had decreased in the *gif1* mutant (E. Wang et al., 2008). To test this hypothesis, we generated a hypothetical “new *gif1* mutant” with the same grain sink size to that of

WT. As a result, this “new *gif1* mutant” gained a similar grain yield to that of WT, although with a slower grain filling rate (dashed line in **Figure 2n**). Additionally, although E. Wang et al. (2008) had proposed that overexpressing the *GIF1* gene might increase the yield potential through improved grain-filling, the grain yield of *GIF1* overexpression plants was not presented. Using our model, we predicted that when plants were sink limited, increasing $v_{m\_grain\_Suc\_ul}$ must enhance both the grain filling rate and the grain yield, whereas decreasing $v_{m\_grain\_Suc\_ul}$ must impair the grain filling rate, as well as the grain yield (**Supplementary Figure 4**). Nevertheless, when plants are source limited, increasing $v_{m\_grain\_Suc\_ul}$ might not increase yield, but even decrease it, mainly due to a faster sink growth induced accelerated leaf nitrogen remobilization, and consequently earlier leaf senescence (**Supplementary Figure 5**). Consistent with this notion, overexpression of *PbSWEET4*, a sugar transporter gene in pear, is known to cause early senescence in leaves (Ni et al., 2020). Similarly, overexpression of *OsSWEET5* in rice, which encodes a sugar transporter protein in leaves, stem, root and floral organs, has been shown to cause precocious leaf senescence (Zhou et al., 2014).

Enhanced endosperm ADP-glucose pyrophosphorylase activity cannot fully explain the mechanism for rice with ectopic expression of Sh2r6hs to gain increased grain yield

We finally simulated consequences of altering the activity of grain storage metabolism. Endosperm-specific ectopic expression of a modified maize ADP-

glucose pyrophosphorylase (AGPase) large subunit sequence (*Sh2r6hs*) had been shown to enhance the activity of starch synthesis in the endosperm of both wheat and rice (Eric D Smidansky et al., 2002; E. D. Smidansky, Martin, Hannah, Fischer, & Giroux, 2003). Compared to that in WT, the predicted changes of the grain yield, the grain nitrogen concentration and the aboveground plant biomass of the *in silico* *Sh2r6hs* transgenic plant (the white bars in **Figure 2p**) matched the experimental observations (the red/striped bars in **Figure 2p**). Further, we noted that although the *Sh2r6hs* was expressed under the control of an endosperm-specific promoter, the size of the transgenic plant at flowering was shown to differ from that of WT. Thus, we asked whether the increase of the grain yield was mainly caused by the increased rate of maximum grain starch synthesis ($v_{m\_grain\_Star\_syn}$) during grain filling, or was it mainly caused by the plant size change at the flowering stage. To answer this question, we simulated three different scenarios for the *Sh2r6hs* transgenic plant: (i) we changed its $v_{m\_grain\_Star\_syn}$ during grain filling only (the black bars in **Figure 2p**); (ii) we changed its plant size at the flowering stage only (the grey bars in **Figure 2p**); (iii) we changed both (the white bars in **Figure 2p**). As a result, simulations matched experimental observations for both the second and the third scenarios, but not for the first scenario (**Figure 2p**). These data demonstrate that the increased grain yield in the *Sh2r6hs* transgenic plant is mainly contributed by a change of the plant size at the flowering stage, rather than being mainly contributed by the ~50% enhancement of the maximum activity of endosperm starch synthesis during grain filling. In support of this notion, there is increasing evidence that crop yield responses are largely

determined by the role of AGPase in affecting vegetative tissues and the number of grains formed at flowering (Fahy et al., 2018; Hannah et al., 2012; Saripalli & Gupta, 2015).

***In silico* design of rice grain filling ideotype for super-high yield**

Influences of capacities of reaction and diffusion processes on grain yield and yield-related agronomic traits are diverse

To systematically explore the influences of basic reaction and diffusion processes on post-anthesis physiology, we performed sensitivity analysis on 28 parameters controlling the maximum rate of reaction and diffusion processes. We classified these 28 parameters into four categories, based on the predicted response patterns of grain yield to parameter changes. Specifically, (i) eleven parameters that increase grain yield, when they increase from 0.1-fold to 10-fold of their default values, were termed as universal yield enhancers (UYEs); (ii) four parameters that decrease grain yield, when they increase from 0.1-fold to 10-fold of their default values, were termed as universal yield inhibitors (UYIs); (iii) six parameters that non-linearly affect grain yield were termed as “conditional yield enhancers” (CYEs); (iv) seven parameters having negligible influence on grain yield were termed as “weak yield regulators” (WYRs) (see grain yield response to typical UYE, UYI, CYE and WYR in **Figure 3a-d**, respectively; see grain yield response to all parameters in **Supplementary Figure 6**). Besides grain yield, responses of other seven major agronomic traits, i.e., grain nitrogen concentration, photosynthesis, root nitrogen uptake, grain filling rate, grain

filling duration, harvest index, and nitrogen harvest index, upon 0.1-fold to 10-fold change of the 28 parameters, are documented in details in **Supplementary Figures 7-13**.

Designing rice physiological ideotype for super-high yield

To search for optimal combinations of parameter values maximizing grain yield, we combined our model with a genetic algorithm. Briefly, we first randomly varied the values of model parameters in a range from 50% to 200% to their default values to generate five independent populations; then, we “evolved” these five populations using high grain yield as the selection target (**Supplementary Figure 14**). The top 1% individuals ranking by grain yield in each population were then merged to form an elite plant group with 500 rice individuals (the “Elite” group in **Figure 3** and **Supplementary Figures 15-16**). In general, for individuals in the elite group, the parameter values of UYEs were up-tuned (**Figure 3e**), the parameter values of UYIs were down-tuned (**Figure 3f**), but the parameter values of CYEs and WYRs showed no specific pattern (**Figure 3g, h**). Further, the initial partitioning of carbon and nitrogen among organs at the flowering stage for the elite individuals was distinct from the default values. As an example, the grain number increased while the root size decreased dramatically for elite individuals (**Supplementary Figure 15**). Finally, as compared to the control individuals, the *in silico* optimization resulted in a remarkable (54%) increase of grain yield, at the expense of a 37% decrease in grain nitrogen concentration (**Figure 3i-j**).

412

413 Elite individuals show distinct patterns of macroscopic physiological changes

414 compared to other individuals. For example, the rate of single-grain filling in the elite

415 individuals was relatively low during the first 7 days after flowering, and was

416 moderate in 7 to 25 days after flowering; remarkably, it decreased at much slower

417 pace, starting around 20 days after flowering to the harvest stage, when compared to

418 the control and most other individuals (**Figure 3k**). This stable grain filling rate

419 resulted in a nearly linear grain yield gain for the elite individuals rather than the

420 sigmoid curves, as observed for the control and most other individuals

421 (**Supplementary Figure 16**). Furthermore, the grain nitrogen concentration was

422 lower for elite individuals (**Figure 3l**), and they had slower rate of decrease in both

423 leaf area and photosynthetic rate (**Figure 3m-n**), a feature commonly known as *stay*

424 *green* (Thomas & Ougham, 2014). Although elite individuals had much smaller root

425 mass throughout the grain filling period (**Figure 3p**), some elite individuals had

426 similar root nitrogen uptake as the control individual did (**Figure 3o**), as a result, we

427 suggest, of their higher maximum root nitrogen uptake rate ($v_{m\_root\_N\_upt}$ in **Figure 3e**).

428 Finally, elite individuals used up most of the stem non-structural carbohydrate at

429 harvest (**Figure 3q**), as well as maintained a low level of organic nitrogen

430 concentration in phloem ($[O-N]_{phloem}$) from around 10 days after flowering to the

431 harvest stage (**Figure 3r**).

432

433 **Stable grain filling rate is required to achieve rice yield potential under different**

photosynthetic capacities

An inherent relation between grain filling rate, grain respiratory rate and grain yield

The simulations, presented above, show that to gain super-high yield, grain filling rate, both on a grain basis and on a land area basis, should not be too high or too low in the early grain filling period, whereas they should be maintained in the mid-grain filling period and decrease as slowly as possible in the late grain filling period (**Figure 3g; Figure S16**). To confirm this notion, we grew distinct rice lines in different eco-zones (in total:14 groups; **Supplementary Figure 17**). The rice lines used in this research included *japonica*, *indica* inbred rice cultivars, as well as hybrid rice cultivars, and produced dried brown grain yield of 5 to 15 t ha⁻¹ (**Supplementary Figure 17**). Intriguingly, both the distinct super-high yielding rice cultivars had almost identical grain yield gain pattern to that predicted by *in silico* analysis (**Figure 4a**). To further explore the connection between the rate of grain filling and the grain yield, we studied the relation between mean/instantaneous grain filling rates and the grain yield, using all 50,000 rice individuals from the above mentioned five *in silico* evolutionary populations, and examined these findings using all 14 groups of field data. We found : (i) mean grain filling rates of ≤ 15 days after flowering were negatively or hardly correlated with the grain yield, whereas the same rates ≥ 22 days after flowering were significantly positively correlated with the grain yield (**Figure 4b, c**, $r > 0.68$, $P < 0.01$); (ii) instantaneous grain filling rate at 36 days after flowering were strongly positively correlated with the grain yield (**Figure 4d**, $r = 0.89$); (iii) a sum of instantaneous grain filling rates at 15 and 38 days after flowering accurately

predicted the grain yield (**Figure 4e**, $r=0.96$).

Given the close association between the grain filling rate and the grain yield, how should we quantify grain filling rate *in situ*? Again, from the *in silico* simulation, we noticed a similar change pattern of the grain filling rate and the grain respiratory rate beyond 10 days after flowering, when active grain filling takes place (filled grey circles in **Figure 4f**). To test this finding, we measured respiratory rates of an intact ear at 12, 17 and 21 days after flowering in *Nipponbare*, a rice cultivar grown under two nitrogen conditions, using a custom-built cuvette (Tian-Gen Chang et al., 2020). Here, we observe that the correlation between the rates of grain respiration and grain filling is indeed extremely strong (**Figure 4f**, $r=0.996$). Given the strong correlation between the grain respiratory rate and the grain filling rate, logically, the sum of grain respiratory rates at 15 and 38 days after flowering should predict the grain yield as what has been proven for grain filling rates (**Figure 4e**). In agreement of the above, a strong correlation between ear respiratory rates at 15 and 38 days after flowering and ear dry weight at harvest was consistently found (**Supplementary Figure 18**, $r=0.933$).

Maximizing grain yield under different photosynthetic capacities

We further asked as to what could be the upper limits of grain yield for rice with different photosynthetic capacities at flowering and different grain filling durations. To answer this question, we studied the relation between grain yield and potential

photosynthate accumulation from the time of flowering to harvest, using the 50,000 *in silico* rice individuals (**Figure 4g**). Knowing that the potential photosynthate accumulation is an integration of daily potential gross photosynthesis throughout the grain filling period, we identified 156 individuals with highest yields under different levels of potential photosynthate accumulation (the “Efficient” group in **Figure 4g**). We further deduced an expression converting potential photosynthate accumulation x to potential grain yield Y using these efficient individuals: $Y=0.50x+1.94$ (**Figure 4g**). Based on this calculation, the grain yields could be increased to reach the potential grain yields for the elite *japonica* rice cultivar under low nitrogen (by 29%) and high nitrogen (by 38%) conditions (**Figure 4g**).

We further studied the key physiological features of the efficient individuals (**Supplementary Figure 19**). As the efficient individuals have very different grain yields from each other, we normalized the grain filling duration and the potential grain yield to 1. Remarkably, the efficient individuals, as well as the elite individuals, had a stable grain filling rate from flowering to harvest, whereas, as expected, the randomly generated *in silico* individuals and the field-grown rice cultivar did not show this grain filling pattern (**Figure 4h**).

DISCUSSION

Despite the descriptive research of source sink interaction in single cells or organs, the plant level coordination of processes in different source, transport and sink organs has

been less studied, most likely, due to difficulties in interpretation of data in such a complex network (Sonnewald et al., 2020). Crop systems models have been used, in the past, in designing agronomic practices (Deng et al., 2012; Y. Wang et al., 2017), testing hypotheses regarding the responses of crops to climate change (Chenu et al., 2017; Q. Song, Srinivasan, Long, & Zhu, 2019), guiding selection of traits for breeding (Tuberosa, 2012) and assessing different strategies to adapt to future climate change (B. Peng, Guan, Tang, Ainsworth, & Zhou, 2020). Here, we have introduced WACNI, a new computational model of rice grain filling. Although as a highly simplified theoretical framework, it is remarkable that the *in silico* model reproduces major physiological changes *in vivo* under different conditions and perturbations (**Figures 1, 2; Supplementary Figures 1, 2**), thus providing a comprehensive view of rice grain filling. A few distinct features of the model may underlie its superior performance under multiple scenarios. First of all, the model simulates plant level physiological dynamic changes during grain filling, as an emergent property, from basic biochemical and biophysical processes of carbon and nitrogen in different plant organs. This *bottom-up* mechanistic approach clearly differs from the approaches using either preset rules on the relation between the source and sink organs, or the empirical correlation derived from the measured data. Concurrently, a comprehensive survey was conducted on the natural variation of the morphological and physiological traits in rice from a large amount of studies rather than from a single source, thus enabling an unbiased estimation of the model parameters (**Supplementary Table 2**). Last but not least, although being simplified, the model essentially embraces all plant

organs, major primary metabolism of both carbon and nitrogen, and long-established feed-back and feed-forward regulations of activities in source and sink organs, thus allowing it to largely reproduce the complicated source sink interactions during rice grain filling (see **Supplementary methods**). Currently, the model has not been thoroughly parameterized for specific rice cultivars due to the incompleteness of data. The cultivar-specific parameterization will be greatly facilitated by the emerging of comprehensive datasets on whole plant level metabolic fluxes based on fluxomics (Salon et al., 2017). In addition, since many processes described in the model are rather generic among plants, the model may be adapted for other plants, especially for other cereal crops, such as wheat and maize. Finally, the framework presented here may support future development of more sophisticated crop systems models characterizing plant signal transduction and regulation (S.-M. Yu et al., 2015), or elaborating 3D structures and functions of roots and shoots (Tian-Gen Chang, Zhao, et al., 2019; Postma et al., 2017; Watanabe et al., 2005).

With the theoretical framework, we may, indeed, revisit the potential targets for higher crop yield during grain filling that have been discussed for over four decades, such as functional *stay green* of leaves, higher phloem-to-grain sucrose unloading rate, higher leaf sucrose export rate, higher endosperm starch synthesis activity, more efficient remobilization of stem starch reserves, higher grain filling rate, and longer grain filling duration (Braun, Wang, & Ruan, 2014; Fahy et al., 2018; Jones et al., 1979; Saripalli & Gupta, 2015; Thomas & Howarth, 2000; W. Yang et al., 2008). In

brief, our theoretical framework helps us predict non-intuitive plant physiological and agronomic responses when parameters controlling plant morphology and metabolism are changed by endogenous or external factors or both; evaluate the impacts on plant physiological dynamics of each of the multiple changes in plant morphology and physiology produced by a single endogenous or external perturbation; and identify the major mechanism underlying grain yield response (**Figure 2; Supplementary Figures 1-5**). All these results demonstrate the promise of mechanistic modelling of providing more in-depth insight into biological mechanisms, rather than merely serving as a plant growth simulator.

By linking basic biochemical and biophysical processes to plant physiological changes all the way up to agronomic traits, our framework offers an opportunity to design grain filling ideotype for maximizing crop yield. Given a gross canopy photosynthesis capacity of $\sim 1750 \text{ mmol m}^{-2} \text{ d}^{-1}$ (**Figure 3n**, $\sim 70 \text{ mmol per plant d}^{-1}$ and 25 plants m^{-2}) at flowering, an optimization of source sink and transport related processes *in silico* results in a standard yield of up to 21 t ha^{-1} (“rough” rice, which has 14% moisture content and 20% husk weight (Ahmaruzzaman & Gupta, 2011; Yoshinaga et al., 2013)). In such a rice line, a balanced source sink relationship is realized from re-allocation of the initial partitioning of carbon and nitrogen among organs and the fine-tuning of capacities of different basic metabolic processes (**Figure 3e-h; Supplementary Figure 15**). The optimal grain filling pattern leading to the standard rice yield of 21 t ha^{-1} , designed *in silico*, is validated *in vivo* by using state-

of-the-art high-yield cultivars (China super hybrid rice cultivar *Y-Liang-You 900* and *Chao You 1000*)(Cheung, 2014; M. Huang et al., 2017) and growing them in one of the most suitable eco-zones for super-high yield of rice (Yongsheng county, Yunnan province, China)(Z. Chen, Wang, Wen, & Wang, 2007) (**Figure 4a**). We emphasize that 21 t ha⁻¹ is not the ultimate limit of rice yield, since, e.g., a further increase in canopy photosynthesis at flowering and extension of grain filling duration may lead to higher yields.

More generally, for maximizing grain yields with different photosynthetic capacities at flowering, stable grain filling rate, slower decrease of photosynthetic capacity, and full use of stem non-structural carbohydrates are essential macro-physiological features (**Figure 3k-r; Supplementary Figure 19**). Potential common post-anthesis molecular targets include delaying leaf senescence (decreasing $v_{m\_leaf\_Pro\_deg}$ and $v_{m\_leaf\_ON\_1}$), enhancing leaf sucrose synthesis and export (increasing $v_{m\_leaf\_Suc\_1}$ and $v_{m\_leaf\_Suc\_syn}$), limiting root sucrose consumption (increasing $R_{phloem\_leaf\_root}$ and decreasing $v_{m\_root\_Suc\_ul}$), strengthening stem starch synthesis (increasing $v_{m\_stem\_Star\_syn}$), accelerating endosperm starch synthesis (increasing $v_{m\_grain\_Star\_syn}$), and moderating endosperm cell division (fine-tuning $v_{m\_grain\_grow}$) (**Supplementary Figure 20; Figure 3e-h**). Mining more genes and quantitative trait loci (QTLs) related to these molecular targets (**Supplementary Table 3**), stacking superior alleles of these genes and QTLs using advanced genomics technology (Qian et al., 2016), and developing smart and precision crop cultivation route (Saiz-Rubio & Rovira-Más,

2020) are promising approaches to realize the designed physiological ideotype. Theoretically, optimizing grain filling patterns in an elite rice cultivar under different nitrogen treatments may increase its grain yield by about 30-40% (**Figure 4g, h**), implying the huge potential of coordinating source sink relationship during grain filling for higher yield. Given the fact that it is no longer an obstacle to create sufficient amount of spikelets at flowering (Kato, 2004; Okamura et al., 2018; S Peng et al., 1999; Qian et al., 2016; J. Yang & Zhang, 2010), optimizing grain filling pattern is a major task for greater yield in the future beyond the current focus of improving canopy photosynthesis. In this aspect, measuring ear respiratory rates, especially around 15 and 38 days after flowering, can serve as a novel efficient approach for field *in situ* phenotyping of grain filling pattern and grain yield (**Figure 4f; Supplementary Figure 18**). In view of rapid advances in rice functional genomic and genome editing technologies (Y. Li et al., 2018; Nadakuduti & Enciso-Rodríguez, 2021), greater understanding of carbon and nitrogen fluxes between different organs and plant physiological changes during grain filling could pave the way for rational design of high-yield crops.

Materials and methods

Model development

The model developed here is depicted diagrammatically in **Figure 1a**. Essentially, after the reaction diagrams were established, differential equations, rate equations, and algebraic equations representing conserved quantities were developed. The model was implemented in MATLAB and solved using ode15s (the MathWorks Inc., Natick, MA, USA). The model computed changes in the metabolite concentrations by the differences between rates of fluxes generating and consuming metabolites. Fourteen different types of primary biochemical/biophysical processes were incorporated in the model (**Figure 1a**). The rate equations of these processes in different root, leaf, grain, and stem organs were described in detail in **Supplementary methods**.

Model parameterization

The maximum velocities ($v_{\max}$) for processes simulated in the model were derived from a vast amount of genetic, molecular, biochemical and plant physiological research in rice; while most of the apparent Michaelis-constants (K_m) and equilibrium constants (K_e) were estimated based on initial metabolite concentrations in each organ. A detailed description of the parameters, their values, and the comprehensive parameterization procedures used are documented in **Supplementary Table 2**.

Model performance on multiple datasets

Simulating typical plant physiological changes during rice grain filling

(Figure 1b-g)

The model was validated by comparing the relative changes of physiological traits in different organs during the grain filling period between model predictions with default parameter settings and the experimental data obtained from literature under normal conditions (**Figure 1b-g**). Specifically, the dynamic change of root weight (**Figure 1b**) was extracted from *Table 2* in Tang et al. (2010), and the average values of seven combinations of two-line hybrid rice were used; the dynamic change of leaf area (**Figure 1c**) was extracted from *Figure 1(d)* in Haque, Pramanik, Biswas, Iftekharuddaula, and Hasanuzzaman (2015), and the average values of three hybrid and inbred varieties in 2008-2009 were used; the dynamic change of canopy photosynthesis (**Figure 1d**) was extracted from *Fig. b* in Q. Zhao, Huang, and Ling (2001), and the average values of treatments F1-F7 were used; the dynamic change of grain respiration (**Figure 1e**) was extracted from *Fig. 3* in J. Chen, Wang, Chen, Wang, and MO (2006), and the average values of cultivars *Dali* and *IR36* in the control groups were used; the dynamic change of grain dry weight (**Figure 1f**) was extracted from *Fig. 2* in Wei et al. (2018), and the average values of cultivars Yongyou 13/17 grown in 2013 were used; the dynamic change of stem non-structural carbohydrates (**Figure 1g**) was extracted from *Fig. 4B* in J. Yang, Zhang, Wang, Zhu, and Wang (2001), and the average values of normal nitrogen with well-watered and water deficit stressed treatments of cultivar *Yangdao 4* were used. All the extracted experimental data are tabulated in **Supplementary Datasets 2**.

Simulating plant carbon and nitrogen allocation during rice grain filling

(Figure 1h)

Specifically, plant total dry mass at flowering (PTM0) is calculated as:

$$\text{PTM0} = \text{RW0} + \text{SSW0} + \text{SStar0} + \text{SPro0} + \text{LA0} / \text{SLA} + \text{LPro0} + \text{GN0} \cdot \text{HW} + \\ \text{RV0} \cdot 342 \cdot c_{\text{root\_Suc}} + \text{SV0} \cdot 342 \cdot c_{\text{stem\_Suc}} + \text{LV0} \cdot 342 \cdot c_{\text{leaf\_Suc}} + \text{PV0} \cdot 342 \cdot c_{\text{phloem\_Suc}}$$

where, RV0, LV0 and PV0 are root volume, leaf volume and phloem volume, respectively; c_{x_y} are the concentration of metabolite y in organ x (mol m^{-3}). Other parameters are defined in **Supplementary Table 2**.

Plant total nitrogen content at flowering (PTN0) is calculated as:

$$\text{PTN0} = \text{RW0} \cdot c_{\text{root\_strucN}} + \text{SSW0} \cdot c_{\text{stem\_strucN}} + \text{LA0} / \text{SLA} \cdot c_{\text{leaf\_strucN}} + \\ \text{RV0} \cdot (c_{\text{root\_ON}} + c_{\text{root\_IN}}) + \text{SV0} \cdot c_{\text{stem\_ON}} + \text{LV0} \cdot (c_{\text{leaf\_ON}} + c_{\text{leaf\_IN}}) + \\ \text{PV0} \cdot c_{\text{phloem\_ON}} + \text{XV0} \cdot (c_{\text{xylem\_ON}} + c_{\text{xylem\_IN}}) + \\ (\text{SPro0} + \text{LPro0}) / 6.25 / 14$$

where, c_{x_strucN} are concentration of structural nitrogen in organ x (mol g^{-1}). The factor 6.25 converts protein dry mass (g) to nitrogen dry mass (g) (Krul, 2019), and the factor 14 converts nitrogen dry mass (g) to nitrogen mole mass (mol; the same below). With default model parameter values, PTN0 amounts to 49 mmol per plant.

For carbon budget from flowering to harvest, we have:

- the ratio between the post-anthesis respiration of the leaf and the post-anthesis photosynthesis = $504 / 2328 \cdot 100\% = 21.6\%$;
- the ratio between the post-anthesis respiration of the entire plant and the post-anthesis photosynthesis = $[420 + 504 + 84 + 204] / 2328 \cdot 100\% = 52.1\%$;

- the “apparent contribution” of pre-anthesis stem non-structural carbohydrate storage to grain yield, i.e., the ratio between the loss of stem dry weight during grain filling and the grain yield at harvest = $[240+84]/[1608-420]*100\% = 27.3\%$;
- the actual contribution of pre-anthesis stem non-structural carbohydrate storage to grain yield, i.e., the ratio between carbohydrates produced by remobilization of pre-anthesis stem storage and the sum of carbohydrates from remobilization and post-anthesis photosynthesis = $240/[1764+240]*100\% = 12.0\%$;
- the actual contribution of post-anthesis photosynthetically fixed carbon to grain filling = $1764/[1764+240]*100\% = 88.0\%$.

For nitrogen budget from flowering to harvest, we have:

- the ratio between post-anthesis root nitrogen uptake and whole growing season nitrogen uptake = $20/[20+49]*100\% = 29.0\%$;
- the ratio between the amount of nitrogen stored in the grain at harvest and the total plant nitrogen uptake during the whole growing season = $43.3/[20+49]*100\% = 62.8\%$.

Simulating the effects of various endogenous and external perturbations on rice grain filling and yield (Figure 2)

The model was further applied to study effects of various endogenous and external perturbations on rice grain filling and yield; and, the experimental data were collected from multiple sources (**Supplementary Datasets 2**). The detailed model parameterization procedures in different case studies are documented in **Supplementary methods**.

Sensitivity analysis of model parameters (Figure 3a-d; Supplementary Figures 6-13)

During parameter sensitivity analysis, 26 model parameters controlling capacities of biochemical processes ($v_{\max\_}$) and two parameters controlling phloem resistance ($R_{\text{phloem\_leaf\_root}}$ and $R_{\text{phloem\_leaf\_grain}}$) were perturbed within [0.1, 10] fold to their default values individually. Grain number per ear was set to 190 for each group to allow sufficient sink size. Grain yield and values of other seven agronomic traits were calculated for each simulation. The agronomic traits are whole grain-filling season total canopy photosynthesis, whole grain-filling season total root nitrogen uptake, grain filling duration, grain nitrogen concentration at harvest, average grain filling rate from flowering to harvest, dry matter harvest index and nitrogen harvest index. The grain filling duration (GFD) is determined as the time interval between the flowering day and the day when total grain dry weight (TGDW_1) reaches 95% of its value at the end of the simulation. The average grain filling rate (GFR) is calculated as:

$$\text{GFR} = \frac{\text{TGDW}_1}{\text{GFD}}$$

Identification of optimal parameter combinations to maximize grain yield using a genetic algorithm (Figures 3e-r, 4; Supplementary Figures 14-16, 19, 20)

A genetic algorithm was used to identify the optimal value combinations of parameters to maximize grain yield. In brief, the algorithm mimics the process of

natural biological evolution. The above mentioned 28 molecular biochemical and biophysical parameters, together with partitioning of initial mass among root weight, leaf area and grain number, were “perturbed” independently by randomly multiplying a scaling coefficient ranging from 0.5 to 2. Grain yield was used as the selection pressure in the algorithm.

To avoid a local optimum at the end of the evolution, five independent evolutionary populations were constructed with the following environmental variables: ambient CO₂ concentration of 400 μbar; soil I-N concentration of 0.14 mol m⁻³; and grain-filling season of 50 days; for light intensity, air temperature and humidity, see **Supplementary Figure 21**. Each of the evolutionary populations included 100 generations with 100 individuals in each generation. As mentioned above, each parameter was restricted to vary between 0.5 to 2-fold of its default value. For the sake of comparison between lines, we restricted the total plant equivalent carbon and nitrogen at flowering to be the same for all individuals in the evolutionary populations. Specifically,

- Total plant equivalent carbon at flowering is a constant:

$$\frac{\Delta SStar0}{\eta_{store}} + \frac{\Delta RW0 + \Delta LA0 / SLA + \Delta GN0 \cdot HW}{\eta_{grow}} = 0$$

where parameters are defined in **Supplementary Table 2**.

- Total leaf nitrogen at flowering is a constant:

$$\Delta LP0 + [\Delta LA0 / SLA \cdot c_{leaf\_strucN} + \Delta LV0 \cdot (c_{leaf\_ON} + c_{leaf\_IN})] \cdot 6.25 \cdot 14 = 0$$

where, c_{leaf_ON} and c_{leaf_IN} are concentrations of leaf organic nitrogen and inorganic

nitrogen, respectively; $c_{\text{leaf\_strucN}}$ is nitrogen concentration in leaf structural matter

(mol g⁻¹).

● Total nitrogen in root, stem and grain at flowering is a constant:

$$\Delta\text{SPro0} + [\Delta\text{RW0} \cdot c_{\text{root\_strucN}} + \Delta\text{RV0} \cdot (c_{\text{root\_ON}} + c_{\text{root\_IN}}) + \Delta\text{GN0} \cdot \text{HW} \cdot c_{\text{husk\_strucN}}] \cdot 6.25 \cdot 14 = 0$$

where, $c_{\text{root\_ON}}$ and $c_{\text{root\_IN}}$ are concentrations of root organic nitrogen and inorganic

nitrogen, respectively; $c_{\text{root\_strucN}}$ and $c_{\text{husk\_strucN}}$ are nitrogen concentrations in root and

husk structural matter (mol g⁻¹), respectively.

Field experiments

Plant biomass and grain yield of the wild type and gif1 mutant (Figure 2o)

The *gif1* mutant was provided by courtesy of Dr. Zuhua He. The mutant is originated from the gamma radiation–induced mutant population of a *japonica* rice cultivar *Zhonghua 11* (E. Wang et al., 2008). The wild type *Zhonghua 11* and *gif1* mutant were planted in rows 20 cm apart and cultivated in standard paddy conditions at the experimental station in Songjiang district, Shanghai, China (latitude 30°56'44" N, 121°8'1" E). Plant biomass and grain yield of the wild type and *gif1* mutant were measured at harvest.

Grain filling and yield of rice cultivars grown in different ecozones (Figure 4;

Supplementary Figure 17)

Shanghai, 2020

Four different rice cultivars, two *japonica* inbred rice cultivars *Nipponbare (NIP)* and *Xiu-Shui 134 (XS134)*, an *indica* inbred rice cultivar *9311*, and an *indica* hybrid rice cultivar *Y-Liang-You 900 (Y900)*, were grown with a planting space between hills of

0.20 × 0.20 m and cultivated under high and low nitrogen treatments at the experimental station in Songjiang district, Shanghai in 2020. For the high-nitrogen (HN) treatment, nitrogen fertilizer was applied at a rate of 152 kg ha⁻¹; potassium (K₂O) was applied at a rate of 180 kg ha⁻¹. Phosphate (P₂O₅) was applied at a rate of 55 kg ha⁻¹. For the low-nitrogen (LN) treatment, nitrogen, potassium and phosphate fertilizers were applied at a rate of 55 kg ha⁻¹.

At flowering, 200 tillers with ears of similar length were labeled from four plots for each rice cultivar grown in each treatment. Fifteen labeled tillers were then randomly sampled, dried and weighed every 3-7 days from flowering to harvest. At harvest, 30 plants were randomly sampled for each rice cultivar grown in each treatment, and the dried straw biomass and ear biomass were measured separately. The dried rough grain yield is calculated as:

$$\text{Rough grain yield (t ha}^{-1}\text{)} = \frac{\text{Ear yield (g per plant)} \cdot \text{Plant density (m}^{-2}\text{)} \cdot 10^4 \text{ (m}^2 \text{ ha}^{-1}\text{)}}{10^6 \text{ (g t}^{-1}\text{)}}$$

The dried brown grain yield is calculated as:

$$\text{Brown grain yield (t ha}^{-1}\text{)} = \text{Rough grain yield (t ha}^{-1}\text{)} \cdot 80\%$$

Hunan, 2020

Three high-yield *indica* hybrid rice cultivars, *Liang-You-Pei-Jiu* (LYP9), *Y900*, and *Chao You 1000* (C1000), were grown with a planting space between hills of 0.20 × 0.30 m and cultivated in standard paddy conditions at the experimental station in Longhui county, Hunan province, China (latitude 27°32'30" N, 110 °56'27" E) in 2020. Nitrogen fertilizer was applied at a rate of 300 kg ha⁻¹; potassium (K₂O) was applied at a rate of 150 kg ha⁻¹; phosphate (P₂O₅) was applied at a rate of 300 kg ha⁻¹.

At flowering, 250 tillers with ears of similar length were labeled from five plots for each rice cultivar. Fifteen labeled tillers were then randomly sampled every 4 days from flowering to harvest. At harvest, 30 plants were randomly sampled and dried for each rice cultivar, and then the straw biomass and ear biomass were measured separately. The dried rough and brown grain yields are calculated as described above.

Yunnan, 2020

The same three high-yield *indica* hybrid rice cultivars were used as in Longhui, Hunan. Plants were grown with a planting space between hills of 0.20×0.30 m and cultivated in standard paddy conditions at the experimental station in Yongsheng county, Yunnan province, China (latitude $26^{\circ}27'31''$ N, $100^{\circ}40'47''$ E) in 2020. Nitrogen fertilizer was applied at a rate of 330 kg ha^{-1} ; potassium (K_2O) was applied at a rate of 165 kg ha^{-1} ; phosphate (P_2O_5) was applied at a rate of 330 kg ha^{-1} . Other information and measurements were the same as that in Hunan, 2020.

Fitting grain filling pattern

To obtain mean grain filling rate during first i days after flowering, and instant grain filling rate on i day after flowering, we fitted dry weight gain with time of an ear (W) of rice cultivar *Nipponbare* using a beta growth function (Xinyou Yin, Goudriaan, Lantinga, Vos, & Spiertz, 2003):

$$W = W_{\max} \left(1 + \frac{t_e - t}{t_e - t_m}\right) \left(\frac{t}{t_e}\right)^{\frac{t_e}{t_e - t_m}}, 0 \leq t_m < t_e$$

where, $W_{\max}$ is the final dry weight of an ear, which is reached at time t_e ; t_m is the time when maximum instant grain filling rate is reached.

For other rice cultivars with heavy ears with numerous spikelets, superior grains and

inferior grains were filled asynchronously (J. Yang & Zhang, 2010; J. Yang et al., 2006); thus, we fitted dry weight gain with time of an ear (W) of these cultivars using a combination of two beta growth functions:

$$W = W_{\max 1} \left(1 + \frac{t_{e1} - t}{t_{e1} - t_{m1}}\right) \left(\frac{t}{t_{e1}}\right)^{\frac{t_{e1}}{t_{e1} - t_{m1}}} + W_{\max 2} \left(1 + \frac{t_{e2} - t}{t_{e2} - t_{m2}}\right) \left(\frac{t}{t_{e2}}\right)^{\frac{t_{e2}}{t_{e2} - t_{m2}}}, 0 \leq t_{m1} < t_{e1}, t_{m1} < t_{m2} < t_{e2}, t \leq t_{e1}$$

$$= W_{\max 1} + W_{\max 2} \left(1 + \frac{t_{e2} - t}{t_{e2} - t_{m2}}\right) \left(\frac{t}{t_{e2}}\right)^{\frac{t_{e2}}{t_{e2} - t_{m2}}}, t_{e1} < t \leq t_{e2}$$

The mean grain filling rate during the first i days after flowering ($\bar{R}(0-i)$) is defined as:

$$\bar{R}(0-i) = \frac{W(i) - W(0)}{i}$$

where, $W(i)$ is dry weight of an ear on i th day after flowering. The instant grain filling rate on the i^{th} day after flowering ($R(i)$) is defined as:

$$R(i) = W(i+1) - W(i)$$

Grain respiratory rate during grain filling and the grain dry weight of an entire ear at harvest (Figure 4f; Supplementary Figure 18)

Shanghai, 2016

Seven rice cultivars were grown, in 2016, for experiments: *Y900*, *C1000*, *Shan-You 63* (*SY63*), *9311*, *XS134*, *Yong-You 538* (*YY538*) and *Yong-You 17* (*YY17*). Detailed experimental setup was described previously (Tian-Gen Chang et al., 2020). In brief, twenty tillers bearing ears with similar length were labeled at flowering for each cultivar. Respiratory rate of an entire ear was measured from flowering to harvest at a time interval of 4-15 days. Each measurement consisted five biological replicates. Five labeled ears were sampled, dried and weighed at harvest for each cultivar to

determined the ear weight.

Shanghai, 2020

Rice cultivar *Nipponbare*, grown under low nitrogen and high nitrogen conditions as described above, was used. For each nitrogen condition, respiratory rates of five labeled ears were determined at 12, 17 and 21 days after flowering using the same protocol as described above.

Canopy photosynthesis, grain filling pattern and grain yield of rice cultivar XS134

(Figure 4g, h; Supplementary Figure 22)

Shanghai, 2015

Detailed field managements and measurements were described earlier (Tian-Gen Chang, Zhao, et al., 2019). In brief, plants of rice cultivar *XS134* were grown with a planting space between hills of 0.20 × 0.20 m and cultivated under low and high nitrogen conditions at the experimental station in Shanghai. Weather data, including photosynthetically active radiation (PAR), relative humidity and air temperature, were recorded every 10 minutes for the whole grain filling season (**Supplementary Datasets 3**).

At flowering, 100 tillers with ears of similar length were labeled for each treatment. Five labeled tillers were then randomly sampled every 5-6 days from flowering (September 12) to harvest (October 29). The samples were dried and the leaf biomass, stem biomass and ear biomass were measured separately.

Canopy-level gas exchange was measured with the Canopy Photosynthesis and Transpiration Measurement System (CAPTS), which comprises transparent chambers,

sensors, and a control unit for data logging and storage (Q. Song, Xiao, Xiao, & Zhu, 2016). For each treatment, the canopy photosynthetic rates were recorded every 10 min for 3 independent plots at one day after flowering. At harvest, all plants covered by the chambers were harvested and threshed manually. The grains were then dried in an oven to determine the rough grain yield (kg m^{-2}). The dried brown grain yield was then calculated as above described.

The measured diurnal net canopy photosynthetic rate (A_{cn}) was fitted over incident solar photosynthetically active radiation (PAR) intensity (I) using the following equation:

$$A_{\text{cg}} = \frac{\Phi_{\text{CO}_2} \cdot I + A_{\text{max}} - \sqrt{(\Phi_{\text{CO}_2} \cdot I + A_{\text{max}})^2 - 4\Phi_{\text{CO}_2} \cdot I \cdot A_{\text{max}} \cdot \theta}}{2 \cdot \theta}$$

$$A_{\text{cn}} = A_{\text{cg}} - R_{\text{d}}$$

where, Φ_{CO_2} is the maximum canopy apparent photosynthetic CO_2 quantum yield, A_{max} is the maximum canopy photosynthetic rate, θ is an empirical coefficient (Supplementary Figure 22).

Daily total accumulated gross photosynthesis ($A_{\text{cg tot}}$) was calculated based on PAR at different time (t) of a day:

$$A_{\text{cg tot}} = \int_{t=0}^{t=24} \frac{\Phi_{\text{CO}_2} \cdot I(t) + A_{\text{max}} - \sqrt{(\Phi_{\text{CO}_2} \cdot I(t) + A_{\text{max}})^2 - 4\Phi_{\text{CO}_2} \cdot I(t) \cdot A_{\text{max}} \cdot \theta}}{2 \cdot \theta} dt$$

where, $I(t)$ is incident solar PAR intensity at time t .

The potential photosynthate accumulation ($A_{\text{c\_flowering} \rightarrow \text{harvest}}$) is an integration of daily gross photosynthesis for all days (D) from flowering to harvest:

$$A_{c\_flowering? harvest} = \int_{D=flowering}^{D=harvest} \int_{t=0}^{t=24} \frac{\Phi_{CO_2} \cdot I(D, t) + A_{max} - \sqrt{(\Phi_{CO_2} \cdot I(D, t) + A_{max})^2 - 4\Phi_{CO_2} \cdot I(D, t) \cdot A_{max}}}{2 \cdot \theta} dt dD$$

where, $I(D, t)$ is incident solar PAR intensity at time t on day D .

Data and software availability

Experimental data extracted from literature, used in model-data comparison, are tabulated in **Supplementary Datasets 2**. Source codes used for this study, together with the operation commands, are freely available for non-commercial use at <https://github.com/rootchang/WACNI-rice.git>.

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Author contributions

X.Z. and T.C. designed the study; T.C. designed the model and the computational framework and analysed the data; Z.W., Z.S., T.C., H.Z., Y.X., S.C., M.Q., Q.S., F.C. and F.M. carried out the field experiments; T.C. and X.Z. drafted the manuscript; all authors provided critical feedback and helped shape the research, analysis and manuscript.

Competing interests

The authors declare no competing financial interests.

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Figure 1. Characterizing plant physiological dynamics and carbon/nitrogen budget from flowering to harvest using a kinetic model WACNI.

(a) Schematic illustration of the model. The 14 groups of simulated processes are: 1, root nitrogen uptake; 2, root nitrogen assimilation; 3, root growth; 4, root senescence; 5, leaf CO₂ and nitrogen assimilation; 6, leaf triose phosphate, sucrose and starch interconversion; 7, leaf organic nitrogen and protein interconversion; 8, leaf senescence; 9, grain volume growth (cell division); 10, grain starch and protein synthesis; 11, stem sucrose and starch, organic nitrogen and protein interconversion; 12, phloem long distance transport; 13, transporter-dependent short distance transport; 14, symplastic diffusion between phloem and stem.

(b-g) Plant physiological dynamics and carbon/nitrogen budget during grain filling. **b**, root dry weight (data from (Tang et al., 2010)); **c**, leaf area (data from (Haque et al., 2015)); **d**, diurnal canopy photosynthesis (data from (Q. Zhao et al., 2001)); **e**, grain respiratory rate (data from (J. Chen et al., 2006)); **f**, grain dry weight (data from (Wei et al., 2018)); **g**, stem non-structural carbohydrate content (data from (J. Yang et al., 2001)). The filled circles are measured data, the solid lines are simulated data. **h**, plant carbon and nitrogen budget throughout the grain filling period. The simulated data was from a virtual rice plant generated using default model parameter values (see details in Supplementary Table 2).

1232 Abbreviations: Suc, sucrose; TP, triose phosphate; I-N, inorganic nitrogen; O-N, free-
 1233 form organic nitrogen; TN, total mobile nitrogen, including I-N, O-N and protein;
 1234 HATS, high-affinity nitrogen transport system; LATS, low-affinity nitrogen transport
 1235 system; CBB, Calvin–Benson–Bassham cycle; R_d , dark respiration; C, carbon; N,
 1236 nitrogen.
 1237

Figure 2. Predicting plant physiological and agronomic responses to external and endogenous perturbations during grain filling.

(a-d) Grain filling under different nitrogen application rates. a, no nitrogen; b, low level nitrogen; c, medium level nitrogen; and d, high level nitrogen. The dynamic changes of leaf and grain nitrogen concentrations are shown in **Supplementary Figure 1**. The filled squares are measured data from Y. Zhao et al. (2015), the solid

lines are simulated data. Data were normalized by dividing by the final grain weight in the “medium nitrogen” group.

(e-h) Grain filling under different light regimes. **e**, normal condition; conditions of shading 25% (**f**), 50% (**g**), and 75% (**h**) of the solar radiation during the first 10 days after flowering. Results on shading treatments followed by spacing are shown in **Supplementary Figure 2**. The filled circles are measured data from Kobata et al. (2000), the solid lines are simulated data. Data were normalized by dividing by the final grain weight under normal condition.

(i-j) Grain yield and root nitrogen uptake during grain filling for plants grown under different air CO₂ concentrations and soil nitrogen application rates. The red/striped bars are measured data from Kim, Lieffering, Miura, Kobayashi, and Okada (2001), the white bars are simulated data, the grey bars are simulated data with the additional assumption of the maximum root nitrogen uptake rate under FACE conditions being 64% of that under ambient conditions. Data were normalized by dividing by the values in the “MN” group.

(k-m) Grain yield, GNC and dynamic change of LNC of the wild type (WT), the *OsNAP* gain-of-function mutant (*psl-D*) with faster leaf senescence, and the *OsNAP* RNAi with slower leaf senescence. The black lines in panel a are simulated values for WT and yellow lines for *psl-D* mutant. Data were normalized by dividing by the values of WT at flowering (for LNC) or at harvest (for grain yield and GNC).

(n-o) Grain filling and agronomic traits of the wild type (WT) and the *gif1* mutant with impaired grain sucrose unloading. Data were normalized by dividing by the values of WT at harvest. The dashed blue line in panel n illustrates predicted grain filling of a hypothetical “new *gif1* mutant” with the same grain sink size to that of WT. Experimental data in panel o are mean $\pm$ sd (n=10); and the *p*-values show the probability between the difference of mean values in the *gif1* mutant and in the WT, and were calculated from two-tailed *t*-test.

(p) Grain yield, GNC and aboveground plant biomass of the *Sh2r6hs* transgenic plant with enhanced endosperm ADP-glucose pyrophosphorylase activity. The grey bars are simulated values by changing only the plant size at the flowering stage for the *Sh2r6hs* transgenic plant; the black bars are simulated values by changing only $v_{m\_grain\_Star\_syn}$ during grain filling; the white bars are simulated values by changing both the plant size and $v_{m\_grain\_Star\_syn}$.

Abbreviations: DAF, days after flowering; FACE, free air CO₂ enrichment; GNC, grain nitrogen concentration; HN, high nitrogen; GW, grain dry weight; LNC, leaf nitrogen concentration; LN, low nitrogen; MN, medium nitrogen; N.M., not measured..

Figure 3. Designing rice physiological ideotype for super-high yield.

(a-d) Predicting and grouping the effects of manipulating capacities of reaction and diffusion processes on grain yield and yield-related agronomic traits. **a**, leaf sucrose loading capacity ($v_{m\_leaf\_Suc\_l}$) shows a universal yield enhancer which can monotonically increase grain yield when its value ranges from [0.1, 10]-fold to its default value. **b**, leaf protein degradation capacity $v_{m\_leaf\_Pro\_deg}$ shows a universal yield inhibitor which can monotonically decrease grain yield. **c**, grain growth capacity $v_{m\_grain\_grow}$ shows a conditional yield enhancer which can non-linearly influence grain yield. **d**, root organic nitrogen unloading capacity $v_{m\_root\_ON\_ul}$ shows a weak yield regulator which has negligible effects on grain yield.

(e-h) Distribution of biochemical and biophysical parameter fold changes for *in silico* elite rice individuals with super-high yield (n=500). The parameters include universal yield enhancers **(a)**, universal yield inhibitors **(b)**, conditional yield enhancers **(c)** and weak yield regulators **(d)**. The yellow dots illustrate parameter values for the highest yielding individual among elite individuals. The parameter fold change was calculated by dividing by the default value of a parameter.

(i-j) Comparison of grain yield per plant **(i)** and grain nitrogen concentration **(j)** for elite individuals (Elite) and the control individual with default parameter values (Ctrl).

(k-r) Comparison of macroscopic trait changes of the control individual, elite individuals, the highest yielding individual (Best), and all individuals (All) generated during *in silico* evolution. Macroscopic traits include single-grain filling rate **(k)**, grain nitrogen concentration **(l)**, leaf area **(m)**, photosynthetic rate **(n)**, total accumulated root nitrogen uptake **(o)**, root weight **(p)**, amount of stem non-structural carbohydrates (NSC; **q**), and phloem organic nitrogen concentration ([O-N]_{phloem}; **r**). Parameter values for elite individuals are listed in **Supplementary Datasets 1**.

Figure 4. Stable grain filling rate is required to achieve rice yield potential under different photosynthetic capacities.

(a) Grain filling pattern of the *in silico* elite individuals (Elite) and two hybrid rice cultivars *Y-Liang-You 900* (Y900) and *Chao You 1000* (C1000) grown in Yongsheng county, Yunnan province, China that reach super-high dried brown grain yield of about 15 t ha⁻¹.

(b-c) Relation between mean grain filling rates during the first *i* days after flowering and the grain yield. b, Pearson correlation coefficients between mean grain filling rate during the first *i* days after flowering and grain yield. The correlations were

significant at a level of $P < 0.01$ from 22 days after flowering till harvest. **c**, an illustration of correlation between the mean grain filling rate during the first 22 days after flowering and grain yield.

(d-e) Relation between instantaneous grain filling rates and the grain yield. **d**, correlation between instantaneous grain filling rate on the 36th day after flowering and grain yield. **e**, correlation between grain yield and a sum of instantaneous grain filling rates on the 15th and 38th day after flowering .

(f) Relation between instantaneous grain filling rates and grain respiratory rates (mean $\pm$ sd, $n=5$). For the “Simulation” group, data from the *in silico* control individual were used.

(g) Relation between potential photosynthate accumulation from flowering to harvest and grain yield. The potential photosynthate accumulation is an integration of daily potential gross photosynthesis throughout the grain filling period; and daily potential gross photosynthesis is calculated based photosynthetic capacity at the flowering stage. The *in silico* “Elite” and “All” individuals were defined in **Figure 3**; and the *in silico* “Efficient” individuals refer to individuals having highest grain yields with different potential photosynthate accumulation. Experimentally, the *japonica* rice cultivar *Xiu-Shui 134* grown under low nitrogen (*XS134-LN*) and high nitrogen (*XS134-HN*) treatments in 2015 were shown (mean $\pm$ sd, $n=5$).

(h) Grain filling pattern of the *in silico* and *in vivo* rices. Grain filling duration and the potential grain yield are normalized to 1 for all rice individuals. The potential grain yields were calculated based on potential photosynthate accumulation using the equation shown in panel g. The filled regions represent different groups of *in silico* individuals with 95% confidence intervals (mean $\pm$ 1.96sd). The *in silico* “Random” individuals refer to individuals in the first generations of five evolutionary populations which were generated by randomly varying the values of the parameters. Experimentally, the grain filling patterns of the *XS134-LN* and *XS134-HN* treatments in 2015 were shown (mean $\pm$ sd, $n=5$).