

1 **Non-breeding waterbirds benefit from protected areas when adjusting their** 2 **distribution to climate warming**

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78 **Running head:** Protected areas and distribution changes

79 **Keywords:** Colonization; Community adjustment; Community Temperature Index; Extinction; Range
80 shift; Wetlands

81 **Abstract:**

82 Climate warming is driving changes in species distributions, although many species show a so-called
83 climatic debt, where their range shifts lag behind the fast shift in temperature isoclines. Protected
84 areas (PAs) may impact the rate of distribution changes both positively and negatively. At the cold
85 edges of species distributions, PAs can facilitate species distribution changes by increasing the
86 colonization required for distribution change. At the warm edges, PAs can mitigate the loss of
87 species, by reducing the local extinction of vulnerable species. To assess the importance of PAs to
88 affect species distribution change, we evaluated the changes in a non-breeding waterbird
89 community as a response to temperature increase and PA status, using changes of species
90 occurrence in the Western-Palearctic over 25 years (97 species, 7,071 sites, 39 countries, 1993–
91 2017). We used a community temperature index (CTI) framework based on species thermal affinities
92 to investigate the species turn-over induced by temperature increase. In addition, we measured
93 whether the thermal community adjustment was led by cold-dwelling species extinction and/or
94 warm-dwelling species colonization, by modelling the change in standard deviation of the CTI (CTI_{sd}).
95 Using linear mixed-effects models, we investigated whether communities within PAs had lower
96 climatic debt and different patterns of community change regarding the local PA surface. Thanks to
97 the combined use of the CTI and CTI_{sd}, we found that communities inside PAs had more species,
98 higher colonization, lower extinction and the climatic debt was 16% lower than outside PAs. The
99 results suggest the importance of PAs to facilitate warm-dwelling species colonization and attenuate
100 cold-dwelling species extinction. The community adjustment was however not sufficiently fast to
101 keep pace with the strong temperature increase in central and northeastern Western-Palearctic
102 regions. Our study underlines the potential of the combined CTI and CTI_{sd} metrics to understand the
103 colonization-extinction patterns driven by climate warming.

104 **Introduction**

105 Global warming is one of the major causes of biological changes among the growing cocktail of
106 anthropic pressures on the natural world (Monastersky 2014). There are several studies
107 documenting global species distribution shifts towards the poles (Parmesan & Yohe 2003, Chen et al.
108 2011) which are driven by colonization at the leading distribution edge and extinction at the trailing
109 edge (Thomas and Lennon 1999, Franco et al. 2006). However, distribution changes have mostly
110 been insufficient to track the thermal isocline shifts, leading to climatic 'debt' in species distributions
111 (Chen et al. 2011, Devictor et al. 2012). Furthermore, the pressures from climate change may be
112 exacerbated by other factors interacting with colonization and extinction processes (Hill et al. 2001,
113 Brook et al. 2008), like habitat fragmentation (Opdam and Wascher 2004, Hill et al. 2001) or land-use
114 change (Auffret and Thomas 2019, Gaget et al. in press). However, some of these interactions may
115 be positive, for example, protected areas may positively alter species ability to respond to climate
116 change (Thomas et al. 2012).

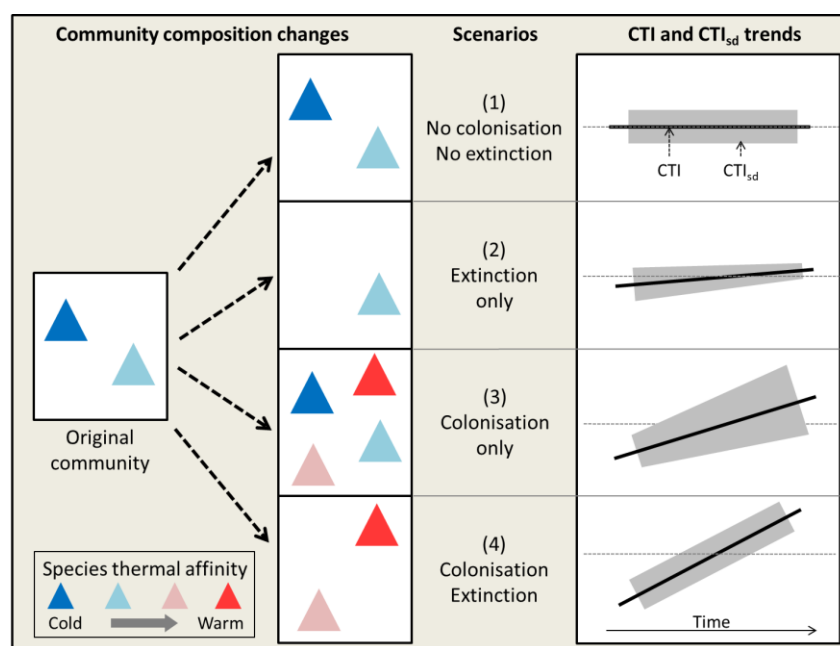
117 Protected areas (hereafter, PAs) are expected to facilitate species distribution shifts in response to
118 climate warming by reducing anthropic pressures on ecosystems (Monzón et al. 2011). PAs are one
119 of the most efficient solutions to protect ecosystem of high biological importance (Godet and
120 Devictor 2018). At the leading edge of species distributions, colonization may occur more likely in
121 PAs (Hiley et al. 2013, Gillingham et al. 2015, Lehikoinen et al. 2019, Peach et al. 2019), particularly
122 with large PA surface (Gaüzère et al. 2016), promoting range expansion (Thomas et al. 2012, Pavón-
123 Jordán et al. 2015). Conversely, species extinction at the trailing edge can be reduced within PAs
124 (Gillingham et al. 2015, Lehikoinen et al. 2019, Peach et al. 2019). In view of these contrasting
125 patterns, it is important to evaluate in a comprehensive framework the effects of PAs on species
126 distributions throughout the overall community of species.

127 Temperature driven shifts in species distributions will reshuffle community structure, with
128 colonization of warm-dwelling species and/or extinction of cold-dwelling species (Devictor et al.

129 2008). Community adjustment to climate warming can be assessed with the intuitive community
130 temperature index (hereafter, CTI), based on the average species thermal affinities in a community
131 (Devictor et al. 2008). The CTI allows us to identify how local conditions such as site protection
132 influence the community adjustment to warming (Gaüzère et al. 2016, Santangeli et al. 2017), and
133 quantify any delay in tracking climate warming, namely the climatic debt (Devictor et al. 2012). In
134 addition to the average community response measured with the CTI, the variance of the response
135 provides a complementary indicator with which to investigate the species colonization-extinction
136 processes (Fig. 1, Gaüzère et al. 2019).

137 Here, we investigated the community adjustment of non-breeding waterbirds to climate warming
138 throughout the Western-Palearctic over 25 years and whether the patterns of change differed within
139 and outside of PAs. This region, extending from the Mediterranean biodiversity hotspot to the Arctic,
140 faces substantial anthropic pressures (IPCC 2014, IPBES 2018a, 2018b). Despite great conservation
141 efforts, wetlands in this region have suffered drastic damages (Dixon et al. 2016) and many
142 waterbird populations have been declining for decades (Gardner & Davidson 2011). Because of this,
143 waterbirds have been targeted with a large-scale monitoring program, the International Waterbird
144 Census (IWC, Delany 2010), which provides unique data to investigate the effectiveness of
145 conservation strategies at continental scale (Pavón-Jordán et al. 2015, Amano et al. 2018). We
146 expect that in response to climate warming, warm-dwelling waterbirds will colonize more in PAs and
147 cold-dwelling species may be more resilient within PAs, as they usually contain good quality habitat
148 (Lawson et al. 2014). Despite numerous studies on waterbird distribution changes in response to
149 climate warming (e.g. Maclean et al. 2008, Lehikoinen et al. 2013, Pavón-Jordán et al. 2019),
150 including conservation measures (Johnston et al. 2013, Pavón-Jordán et al. 2015, Gaget et al. 2018,
151 Marion and Bergerot 2018), assessments of differences in waterbird distribution changes at
152 community level inside and outside PAs are still lacking.

153 We analyzed an extensive dataset on waterbird occurrence (97 species) across 39 countries (7,071
 154 sites), within the CTI framework (Devictor et al. 2008) and the related community thermal standard
 155 deviation (hereafter CTI_{sd} , Fig. 1) to i) evaluate whether the community adjustment to climate
 156 warming was higher, and the climatic debt lower, inside PAs, ii) identify whether within PAs there
 157 are more colonization of warm-dwelling species and fewer extinction of cold-dwelling species, and
 158 iii) investigate whether the community adjustment to climate warming was improved where local PA
 159 surface was larger.



160

161 Figure 1: Schematic models of the four theoretical species colonization and/or extinction scenarios
 162 depending of their thermal affinities in response to climate warming and subsequent trends of
 163 community temperature index (CTI, i.e., thermal average) and CTI standard deviation (CTI_{sd} , i.e.,
 164 thermal standard deviation) over time (see Gauzere et al. 2019). Species are represented by colored
 165 triangles: blue to red correspond to cold- and warm-dwelling species, respectively. The different
 166 scenarios are, (1) 'No colonization-No extinction' causes no CTI and CTI_{sd} changes; (2) 'Extinction
 167 only' causes CTI increase and CTI_{sd} decrease by the loss of cold-dwelling species; (3) 'Colonization
 168 only' causes CTI and CTI_{sd} increase by the gain of warm-dwelling species; (4) 'Colonization-Extinction'

169 causes CTI increase by the species thermal turn-over, but no CTI_{sd} directional change. The code for
170 simulations is in Appendix 1.

171 **Material and methods**

172 **Study area and waterbird monitoring**

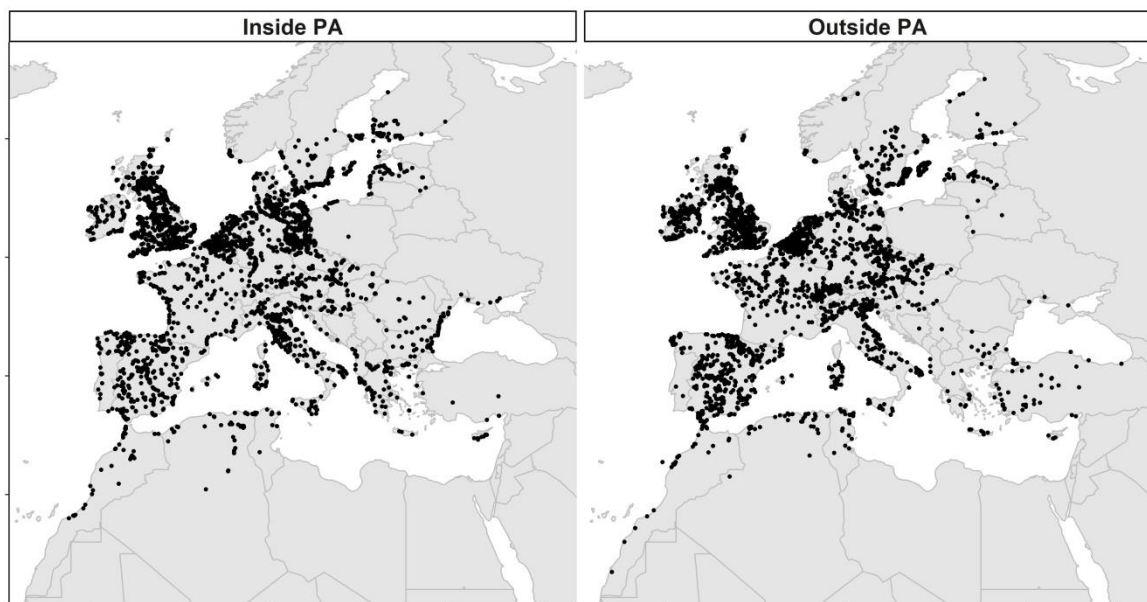
173 We used International Waterbird Census (IWC) data from almost all of the Western-Palearctic (39
174 countries, Fig. 2, Appendix 2) from 1993–2017. The IWC monitors non-breeding waterbirds with a
175 single count each year by ornithologists, professional or citizen scientists, in January and is
176 coordinated by Wetlands International (www.wetlands.org, see Delany (2010) for the protocol). To
177 ensure a long-term survey of community changes, we filtered the original data down to information
178 from the 7,071 sites included in the study (Fig. 2) that each have at least five counts, with one count
179 in each decade (1990s, 2000s and 2010s; 16.6 ± 5.6 counts per site) and at least two species per
180 count ($n = 117,325$ counting events, Appendix 2). We included the 97 non-vagrant waterbird species
181 overwintering in the Western-Palearctic (Appendix 3) listed in the African-Eurasian Migratory
182 Waterbird Agreement (AEWA, <http://www.unep-aewa.org>).

183

184 **Protected areas and temperature data**

185 Site protection was reported for 3,374 sites from the World Database on Protected Areas (IUCN,
186 UNEP-WCMC 2019), the Natura 2000 and the CDDA databases (www.eea.europa.eu) (Fig. 2). Sites
187 were considered as protected when their coordinates were included in the polygon of a protected
188 area designated before 2017. When polygon data were absent (12% of the cases), a circular buffer
189 was created based on the PA size reported in the World Database on Protected Areas (note that
190 100% concordance of site protection status was found by creating a circular area on the subset of
191 PAs with polygons). The sites inside ($n = 3,374$) and outside ($n = 3,697$) PAs had a similar number of

192 counts (in average (\pm SD) 16.8 ± 5.7 and 16.4 ± 5.7 , respectively) and a similar spatial distribution (in
193 average (\pm SD) Lat. 49.8 ± 6.2 , Lon. 7.0 ± 9.1 and Lat. 50.3 ± 6.1 , Lon. 5.2 ± 9.0 , respectively, Fig. 2).
194 The HadCRUT4 dataset (Morice et al. 2012) that has a spatial resolution of 0.5° was our source of
195 temperature data. Yearly winter temperatures were computed each winter as the average of the
196 mean monthly temperatures of November, December and January.



197

198 Figure 2: Map of the study area including 7,071 monitoring sites inside a protected area (PA, n =
199 3,374) and outside (n = 3,697), in 39 Western-Palearctic countries.

200

201 **Community temperature indices**

202 Winter species temperature indices (STI) were computed as the species thermal affinity across the
203 non-breeding species distribution following Gaget et al. (2018) (adapted for non-breeding waterbirds
204 from Devictor et al. (2008)). The winter STI is the long-term average January temperature
205 (WorldClim database, 1950-2000, <http://worldclim.org/>) experienced by the species across the non-
206 breeding (overwintering) distribution (extracted from www.birdlife.org 2015). Sub-species with

207 distributions in Sub-Saharan African were removed to avoid an overestimation of the temperature
208 experienced by the studied populations (Appendix 3).

209 The CTI and CTI standard deviation (CTI_{sd}) were computed following Devictor et al. (2008) and
210 Gaüzère et al. 2019 on species occurrence (presence/absence). The CTI is the average STI of the
211 species present in the community per count event (see Appendix 4). The CTI_{sd} is the standard
212 deviation of the species STI present in the community per count event, quantifying the STI
213 heterogeneity in the community. Thus, the CTI increases over the years when there are more warm-
214 dwelling species or fewer cold-dwelling species. The CTI_{sd} increases over the years when the thermal
215 affinities of the community become more heterogeneous (Fig. 1). Occurrence data were used
216 instead of abundance data to make it easier to interpret the processes of colonization-extinction,
217 but usually produce similar CTI trends (e.g. Devictor et al. 2008, Gaget et al. 2018).

218

219 **Data analysis**

220 *Protected areas, CTI, CTI_{sd} and climatic debt*

221 Temporal changes of temperature, CTI and CTI_{sd} depending of the PA status were assessed with
222 generalized linear mixed effects models (GLMM, Gaussian error distribution). The explanatory terms
223 were the *year* (continuous variable from 1993-2017), the site *protection status* (Inside or Outside)
224 and the interaction *year* \times *protected status*. The *site identity* was added as a random effect on the
225 intercept in the CTI and CTI_{sd} models. The spatial autocorrelation was taken into account by including
226 the site geographical coordinates as an exponential spatial correlation structure in the model (Gaget
227 et al. 2018). The linear model was:

$$228 \quad T_{i,j} \sim \mu + year_i \times PA_j + site_j + \varepsilon_{i,j}$$

229 where T_{ij} was the temperature, CTI, or CTI_{sd} , in year i at site j , μ was the intercept, PA was the site
230 protection status of site j , η_j was the random intercept per site that follows a Gaussian distribution
231 with mean of zero and variance σ^2 , and ϵ was the residual variance for each observation under a
232 Gaussian distribution and an exponential spatial correlation. In order to visually assess whether it
233 was appropriate to model inter-annual changes as a linear effect, we generated and plotted mean
234 annual values (\pm 95% CI) by using the same model, but changing year to a categorical variable.

235 We looked for evidence of climatic debt accumulated by the waterbird communities by assessing the
236 difference between the linear trends of temperature and CTI, following Devictor et al. (2008). First
237 we investigated the latitudinal gradients in temperature and CTI with a GLMM (Gaussian error
238 distribution), using the latitude as a fixed effect. The latitudinal gradient was converted to kilometres
239 by dividing it by 111.128, i.e., the average number of kilometres per 1 decimal degree temperature
240 over the whole study area. Then the temporal temperature change ($^{\circ}\text{C yr}^{-1}$) was converted to a
241 velocity of temperature change in kilometres (km yr^{-1}) by using the latitudinal temperature gradient
242 ($^{\circ}\text{C km}^{-1}$) from South to North of the study area. The same was done with the CTI. Lastly, the climatic
243 debt was obtained by subtracting the velocity of the CTI change from the velocity of the
244 temperature change over the study period.

245 In addition, we assessed the temporal trend of cold- and warm-dwelling species inside vs. outside
246 PAs. Species were classified in two categories as 'cold-dwelling' or 'warm-dwelling' following their
247 STI in relation to the individual site, i.e., cooler or warmer than the mean CTI of the site's time series,
248 respectively. Then, the number of cold and warm-species was summed per survey. We used these
249 two simplified categories to control the accuracy of the community thermal changes assessed with
250 CTI and CTI_{sd} . The temporal changes in number of cold- and warm-dwelling species were assessed
251 using in a GLMM (Poisson error distribution) with fixed effects of year, the thermal-dwelling
252 category (cold or warm), the site PA status (Inside or Outside) and their three-way interactions. The
253 site identity was added as a random factor. The spatial autocorrelation was taken into account by

254 including the site geographical coordinates as an exponential spatial correlation structure in the
255 model.

256

257 *Community changes in response to protected area surface*

258 We investigated whether the local CTI, climatic debt and CTI_{sd} trends were correlated with the local
259 PA surface. First, a moving-window approach was used to investigate the spatio-temporal changes of
260 temperature, CTI, climatic debt and CTI_{sd}. The study area was divided in 1,032 cells of 5°×5°
261 resolution (c. 500x500 km) spaced from each other by one latitudinal or longitudinal degree. We
262 performed one GLMM per cell per response variable (temperature, CTI and CTI_{sd}), to investigated
263 their change over years using the same model structure as before. Temperature, CTI and climatic
264 debt spatio-temporal changes were given in km yr⁻¹, and in °C yr⁻¹ for the CTI_{sd}. Note that each cell
265 included both protected and not protected sites and at least 15 sites (mean of 175 sites), to avoid
266 cells with a small number of sites at the edge of the study area.

267 Then, we investigated the relationship between the PA surface per cell and the CTI spatial shift, CTI_{sd}
268 and climatic debt trends, estimated from the models above. One generalised linear model (GLM,
269 Gaussian error distribution) was used per response variable with fixed effects the PA surface (sum of
270 the PA surfaces per cell, log transformation assuming a non-linear relation) and the temperature
271 spatial shift plus their interaction to control for the climate warming pressure. To investigate the
272 geographical PA surface repartition in the Western-Palearctic, we also assessed in a GLM whether PA
273 surface increased with latitude, longitude and their interaction.

274 All the statistical analyses were performed with R 3.4.3 (R Core Team 2017), using the 'glmmTMB'
275 package (Magnusson et al. 2017) for the GLMM and GLM.

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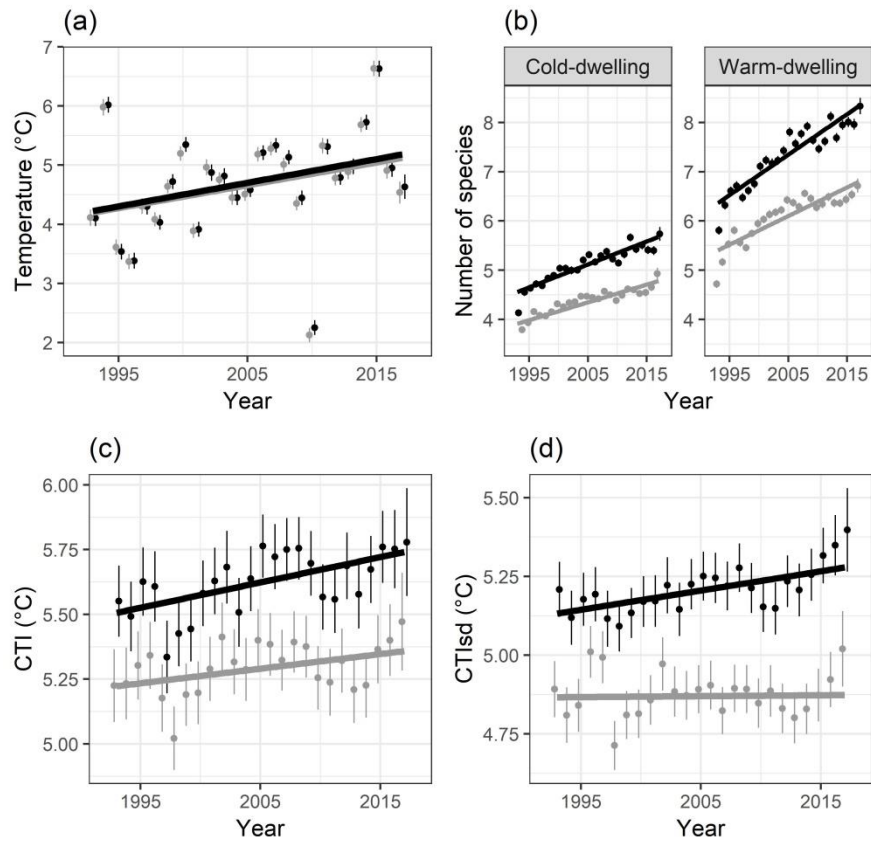
277 **Results**

278 *Protected areas, CTI, CTI_{sd} and climatic debt*

279 The temperature increased by 0.04°C per year ($P < 0.001$) without significant difference between
280 inside and outside PA ($P = 0.2$, Table 1, Fig. 3a). The CTI increased faster inside PAs than outside,
281 about 0.010°C yr⁻¹ to 0.006°C yr⁻¹, respectively (Table 1, Fig. 3c). CTI_{sd} increase was significant inside
282 PAs, but not significant outside PAs (Table 1, Fig. 3d). Therefore, within PAs, the results matched
283 scenario 3 (Fig. 1; colonization only), whereas outside PAs the results matched scenario 4 (Fig. 1;
284 colonization and extinction).

285 Temporal changes in CTI lagged behind changes in temperature. The temperature latitudinal
286 gradient was about -0.38°C per decimal degree (SE = 0.005, $Z = -78.75$, $P < 0.001$) and -0.31°C (SE =
287 0.004, $Z = -69.56$, $P < 0.001$) for the CTI. The temperature increase was equivalent to a latitudinal
288 shift of 11.4 km yr⁻¹ (285 km in 25 years). The temporal CTI trend was equivalent to a shift 43% larger
289 inside PAs than outside, with about 3.5 km yr⁻¹ inside the PAs (87 km over 25 years) and 2.0 km yr⁻¹
290 outside (50 km over 25 years). Consequently, the climatic debt was about 7.9 km yr⁻¹ inside the PAs
291 and 9.4 km yr⁻¹ outside (198 km and 235 km over 25 years, respectively).

292 The number of cold- and warm-dwelling species both increased significantly over the study period,
293 but the trends and average numbers of species were significantly greater inside PAs (Table 1, Fig.
294 3b). Warm-dwelling species were more numerous and their number increased faster than the cold-
295 dwelling species (Table 1). Inside PAs, the warm-dwelling species increased also faster than the cold-
296 dwelling species (Table 1). This suggests that, both inside and outside PAs fit between scenarios 3
297 and 4 – with more colonization than extinction.



298

299

300 Figure 3: Temporal trends inside PA (black) and outside PA (grey) of the (a) temperature, (b) number
 301 of cold- and warm-dwelling species, (c) community temperature index (CTI) and (d) standard
 302 deviation of the CTI (CTI_{sd}). Mean (\pm 95% CI) are represented by points.

303 Table 1: Temporal trends of the temperatures, community temperature index (CTI) and standard
 304 deviation of the CTI (CTI_{sd}) and number of cold- and warm-dwelling species regarding the protected
 305 area (PA) site status. Base line is sites outside PA and cold-dwelling species. Years were standardized
 306 to zero mean (std.) in the thermal-dwellers model and interactions are notified by ‘:’.

Variable	Parameter	Coefficient	SE	Z-value	P-value
Temperature	Intercept	-72.660	1.364	-53.290	< 0.001
	Year	0.039	0.001	56.750	< 0.001
	PA	2.704	1.957	1.380	0.167
	Year:PA	0.001	0.001	1.400	0.160
CTI	Intercept	-6.030	1.696	-3.554	< 0.001
	Year	0.006	0.001	6.676	< 0.001
	PA	7.972	2.435	3.274	< 0.001
	Year:PA	0.004	0.001	3.412	< 0.001
CTI _{sd}	Intercept	4.294	1.602	2.680	0.007
	Year	0.000	0.001	0.360	0.719
	PA	11.310	2.300	4.920	< 0.001

	Year:PA	0.006	0.001	5.066	< 0.001
	Intercept	1.466	0.012	125.070	< 0.001
	Year(std.)	0.057	0.002	33.560	< 0.001
	PA	0.163	0.017	9.600	< 0.001
Cold- and warm-dwellers	Dweller	0.338	0.002	154.600	< 0.001
	Year(std.):PA	0.005	0.002	2.360	0.018
	Year(std.):Dweller	0.008	0.002	3.820	< 0.001
	PA:Dwellers	0.022	0.003	7.360	< 0.001
	Year(std.):PA:Dweller	0.006	0.003	1.960	0.049

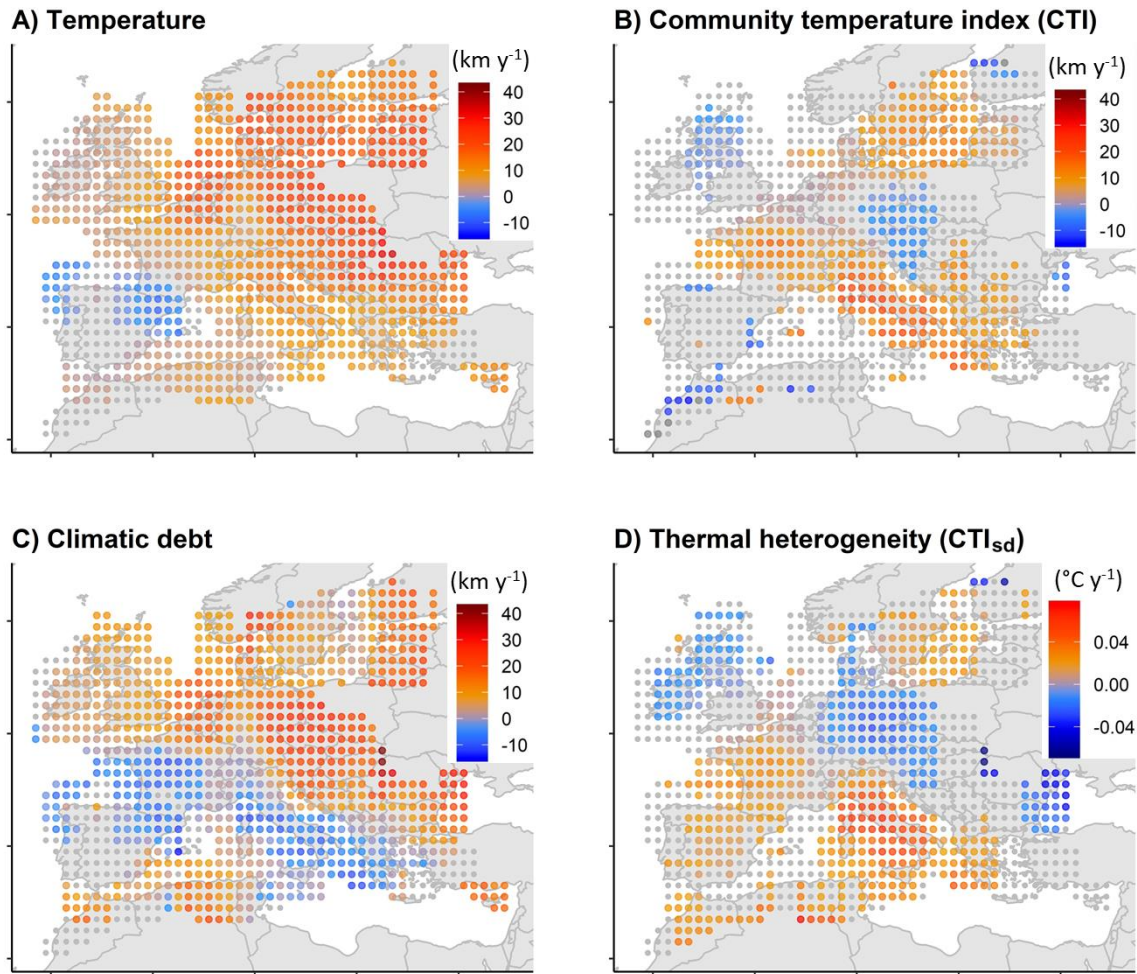
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308

309 *Community changes in response to protected area surface*

310 The temperature increased significantly in 80% of the study area, with the exception of the northern
 311 half of the Iberian Peninsula (Fig. 4A). The CTI significantly increased in 37% of the cells (384/1,032),
 312 mostly from South Balkans to West France and around the Baltic Sea (Fig. 4B). Consequently, there
 313 was climatic debt in 66% of the area, mostly in the northern half of Europe (Fig. 4C). Lastly, the CTI_{sd}
 314 trend was significantly positive in 39% of the cells, mainly in the East and the South, but also around
 315 the Baltic Sea (Fig. 4D).

316 The CTI spatial shift increased with PA surface and temperature spatial shift ($P \leq 0.001$) but without a
 317 significant interaction (Table 2). Consequently, the climatic debts accumulated were smaller where
 318 there was more PA surface and greater where the temperature spatial shift was faster ($P \leq 0.001$)
 319 (Table 2). The temporal CTI_{sd} trends did not change with PA surface ($P = 0.3$), but increased less
 320 where the temperature spatial shift was faster ($P < 0.001$, Table 2). However, the CTI_{sd} trends
 321 decreased when both PA surface and temperature spatial shift increased as demonstrated by a
 322 negative interaction between temperature spatial shift and PA surface (Table 2). The PA surface
 323 areas were greater in southwest and northeast, as the PA surface decreased with the longitude ($\beta = -$
 324 0.266 , $P < 0.001$) but not with the latitude ($\beta = -0.067$, $P < 0.14$), with a positive and significant
 325 interaction ($\beta = 0.274$, $P < 0.001$, Appendix 5).



326

327 Figure 4: Spatio-temporal trends from 1993-2017 of (A) temperature, (B) community temperature
 328 index CTI, (C) climatic debt and (D) thermal heterogeneity CTI_{sd} . Trends are represented by points
 329 located at the centre of the corresponding cell ($5^{\circ} \times 5^{\circ}$ resolution). Coloured points denote a
 330 significant trend ($P < 0.05$, positive 'red', negative 'blue') while colour gradient indicates the trend
 331 intensity (not significant trend in grey).

332

333 Table 2: Spatial effect of protected area surface (log transformed) and interaction with the
 334 temperature spatial shift on the CTI spatial shift, climatic debt and CTI_{sd} , per cell of $5^{\circ} \times 5^{\circ}$. Interacting
 335 effects denoted by '·'.

Variable	Parameter	Coefficient	SE	Z-value	P-value
CTI spatial shift	Intercept	3.086	0.203	15.220	< 0.001
	PA surface	0.666	0.204	3.268	0.001
	Temperature spatial shift	1.074	0.205	5.252	< 0.001

	PA surface : Temperature spatial shift	0.130	0.250	0.517	0.605
Climatic debt	Intercept	168.688	5.069	33.280	< 0.001
	PA surface	-16.658	5.094	-3.270	0.001
	Temperature spatial shift	167.104	5.112	32.690	< 0.001
	PA surface : Temperature spatial shift	-3.233	6.256	-0.520	0.605
CTI _{sd}	Intercept	0.007	0.001	13.220	< 0.001
	PA surface	0.001	0.001	1.111	0.267
	Temperature spatial shift	-0.005	0.001	-9.822	< 0.001
	PA surface : Temperature spatial shift	-0.002	0.001	-2.799	0.005

336

337

338 Discussion

339 *Community adjusts faster to climate warming inside protected areas*

340 This study represents one of the first empirical and international assessments addressing difference
 341 in community changes in response to climate warming within PAs on a continental scale. We found
 342 that the CTI faster increase inside PAs compared to outside areas was driven mainly by colonization
 343 from warm-dwelling species, which is consistent with other studies on birds and other taxonomic
 344 groups (Thomas et al. 2012, Gillingham et al. 2015). Indeed, when looking at finer spatial scale, the
 345 CTI increase was more positive where PA surfaces were larger, suggesting a positive relationship of
 346 PA coverage on community thermal changes (Gaüzère et al. 2016).

347 Overall, we find that non-breeding waterbirds in the Western-Palearctic show a climatic debt, but
 348 this debt is 16% lower inside PAs. Communities inside PAs had higher colonization, lower extinction
 349 and lower climatic debt. Moreover, PAs supported higher waterbird species richness, which is
 350 consistent with the PA designation on wetlands of high biological importance, e.g. by the Ramsar
 351 Convention and the European Union's Nature Directives. Therefore PAs are not only important to
 352 reduce the direct anthropic pressures (Godet & Devictor 2018) but also are associated with reduced

353 climatic debt. Such conservation benefit was expected by international conservation policies
354 (Trouwborst 2009, 2011, 2012), which use PAs and species protection status as the main
355 conservation measures to buffer the negative impacts of climate change, in order to reduce
356 ecosystem pressures and promote species adaptation to climate change (Trouwborst 2011, 2012).
357 The Western-Palearctic falls under several of these international conventions, such as the Ramsar,
358 Bern and Bonn Conventions, and the benefits provided by habitat and species protection (Gamero et
359 al. 2017, Pavón-Jordán in Rev.) seem effective to facilitate the species adjustment to climate
360 warming (Gaget et al. 2018). For example, both the Great Cormorant (*Phalacrocorax carbo*) and the
361 Great Egret (*Ardea alba*) had declining populations in Europe until their designation as protected
362 species by the Bern Convention (19.IX.1979) and the Birds Directive (79/409/EEC) in 1979. After that,
363 a fast population recovery occurred notably by a northward expansion (Hiley et al. 2013, Ławicki
364 2014, Marion & Bergerot 2018).

365 Species richness of non-breeding waterbird increased over the study area, particularly inside PAs, in
366 line with recent general positive trends of Western-Palearctic waterbird populations (Amano et al.
367 2018). Furthermore, inside – but not outside – PAs the variation in CTI (CTI_{sd}) increased over time,
368 and we find a general increase in CTI of both cold- and warm-dwelling species over time. These
369 findings suggest that inside PAs, species with high thermal affinity colonized the community, but at
370 the same time species with low thermal affinity were less likely to be locally extinct. In other words,
371 PAs can act as refuge by improving species resilience against climate warming (Santangeli et al. 2017,
372 Berteaux et al. 2018), likely by ensuring ecological requirements needed for species persistence
373 despite the proximity with the thermal niche edge.

374

375 *Heterogeneity of temperature and community changes*

376 The intensity of the winter temperature warming increased over a southwest-northeast gradient,
377 driving the community adjustment through a similar gradient of intensity, although not perfectly
378 (Fig. 4). The thermal isocline shift towards the northeast is related to the continental shape and the
379 oceanic influence of the Gulf Stream (IPCC 2014). Interestingly, the non-significant temperature and
380 CTI trends in the southwest of the Western-Palearctic resulted in negligible climatic debts.
381 Conversely, the climatic debt increased in the northeastern countries where strong temperature
382 warming occurred (Fig. 4), which non-breeding waterbirds were not able to fully track.

383 Temperature was likely not the only aspect of the physical environment that constrained species'
384 distributions. The local pattern of CTI changes contrasted with the expected relative increase of
385 warm-dwelling species. While several other factors are likely to have affected species' distributions,
386 the CTI focuses on species assemblage changes in response to temperature changes, but its trend
387 can also be affected by other drivers of population change (Bowler & Böhning-Gaese 2017). For
388 example, in the UK, despite a species-specific west-east waterbird redistribution (Austin & Rehfisch
389 2005), the CTI changes were likely altered by the recent increase of geese and the decrease of
390 waders (Frost et al. 2019), which have low and high STIs, respectively (Appendix 3). Consequently,
391 the subsequent community reshuffling may jeopardize the detection of a community thermal
392 adjustment, if it exists (Bowler & Böhning-Gaese 2017). Similarly, the absence of CTI increase in
393 Central Europe and in the Netherlands despite the temperature increase should encourage species-
394 specific investigations (e.g. Pavón-Jordán et al. 2015). Such unexpected population changes, under
395 the hypothesis of a community adjustment to climate warming, increase the theoretical mismatch
396 between community and temperature changes (Kerbiriou et al. 2009, Galewski and Devictor 2016).

397 Although milder climate conditions reduce ice and snow in the northern regions and enhance
398 northward range expansion (Brommer 2008, Schummer et al. 2010), the community adjustment to
399 climate warming was not particularly strong in northern Europe (Fig. 4). This may be the result of
400 average temperatures not accurately reflecting the thermal conditions that affect species'

401 distribution. For example, in the northern regions, severe cold spells may cause potential large
402 mortality, this limiting species distribution changes (Gunnarsson et al. 2012).

403 Considering the strong waterbird distribution change in northern Europe (Brommer 2008,
404 Lehtikoinen et al. 2013), the lack of CTI increase also suggests some limits of the CTI framework. The
405 CTI measures changes of species assemblages (Devictor et al. 2008) and could be sensitive to the
406 number of species already present in the community. Indeed, when there are few species at the
407 beginning of the monitoring, because of ice cover for example, the CTI trend should be more
408 sensitive to the species arrivals. We acknowledge that we didn't take into account for this potential
409 uncertainty. Consequently, our ability to measure species distribution change is challenged in these
410 ice-dominated regions, where the community adjustment to climate warming is likely
411 underestimated (Fox et al. 2019).

412

413 *Perspectives for research and conservation*

414 Indicators are essential tools to synthesize population dynamics and inform public policies (Tittensor
415 et al. 2014). The CTI is an intuitive indicator with which to measure and communicate the impact of
416 climate warming on communities (Devictor et al. 2012, Gaüzère et al. 2019). Here, we go one step
417 further and used the CTI_{sd} to identify the colonization-extinction patterns in response to climate
418 warming (see also Appendix 1). With these simple indicators, we identified that the community
419 adjustment to temperature was mainly due to colonization by the warm-dwelling species inside PAs,
420 while outside PAs the extinction of the most cold-dwelling species was nearly equivalent to the
421 colonization by warm-dwelling species (Fig. 3d).

422 This study relied on an international coordinated monitoring program, allowing us to investigate
423 whether community adjustment to climate warming was higher in PAs. The IWC is a monitoring
424 scheme that aims to ensure waterbird counts (full check-lists) in both protected and unprotected

425 areas (Delany 2010). However, we acknowledge that PAs were not randomly distributed (Fig. 2), and
426 that such non-randomness could induce spatial aggregation between PA density and CTI changes.
427 Nevertheless, when looking at the spatio-temporal changes (Fig. 4), spatial aggregation was
428 moderate. In particular, the CTI trends were heterogeneous even between areas with high PA
429 density (Fig. 2), e.g. in the Netherlands or southern UK. More emphasis should be given to
430 investigate how PA characteristics, e.g. management plans, influence at a local scale community
431 adjustment to climate warming (Monzón et al. 2011).

432 Non-breeding waterbirds have high capacity to respond to climate warming by a distribution change
433 (Maclean et al. 2008, Lehikoinen et al. 2013, Pavón-Jordán et al. 2019) even more than other groups
434 of birds (Brommer 2008). Our study reveals a faster average distribution shift, 2.0 to 3.5 km yr⁻¹, in
435 comparison to the European common breeding birds (2.1 km yr⁻¹, Devictor et al. 2012) and other
436 taxa (1.8 km yr⁻¹, Chen et al. 2011). Indeed, most of the Western-Palearctic waterbirds are migratory,
437 spending energy and facing multiple threats during migration. Shortening their migration routes, by
438 overwintering at more northern latitudes, could be advantageous, by decreasing the migration cost
439 and benefits their fitness (Gilroy 2017, Reneerkens et al. 2019).

440 These rapid distributional changes that we found bring into question the future effectiveness of the
441 PA networks, because of the locations of these sites potentially do not match the future
442 distributions of waterbird species (Araújo et al. 2004). In the Western-Palearctic, the PA network
443 covers 45% of the inland wetlands (Bastin et al. 2019) and even if the number of PAs increases in the
444 northeast, the network still does not cover all the wetlands important for waterbird conservation
445 (Pavón-Jordán et al. 2015, Pavón-Jordán in Rev.). In the future, PAs can maintain their conservation
446 value if the extinction of conservation concern species is compensated by the colonization of other
447 species of conservation concern (Hole et al. 2009, Johnston et al. 2013). From that perspective, our
448 results are encouraging, as they indicate the PAs would still remain important for waterbird
449 conservation in the future, since waterbird colonization was greater, and extinction lower, inside a

450 PA compared to outside. However, more studies are needed to understand the mechanisms by
451 which PAs have buffered against climate change, and to evaluate the current and future
452 completeness of the PA network particularly for conservation concern species (Pavón-Jordán et al.
453 2015).

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463

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- 618
- 619

620 Appendix 1. Colonization and extinction patterns revealed by the CTI_{sd}

621 *1. Simulations of the species extinction/colonization in response to temperature increase and*
622 *subsequent changes of Community Temperature Index (CTI) and standard deviation (CTI_{sd}) over time.*

623 Following the Figure 1, four scenarios were simulated (Rcode below). The scenarios were: (1) 'No
624 colonization-No extinction'; (2) 'Extinction only'; (3) 'Colonization only'; (4) 'Colonization-Extinction'.

625 For each of the four scenarios, we simulated an occurrence matrix for 100 species considered in
626 three temperature dwelling classes over 25 years (from 1 to 25) and 100 sites. We attributed
627 different Species Temperature Index (STI) values to the species from a random simulation of STI
628 values based on a Gaussian distribution of mean 0 and SD 10. Twenty five species were considered
629 as extreme cold-dwelling species with STI inferior to -5°C , 50 species were considered as slight cold-
630 or warm-dwelling species with STI between -5°C and 5°C and 25 species were considered as extreme
631 warm dwelling species with STI superior to 5°C . Species occurrence were simulated from a binomial
632 distribution with different probabilities between the extreme cold-dwelling ($p=0.25$ or $p=0.25$ -
633 year/100, if extinction), slight cold- or warm-dwelling species ($p=0.75$) and extreme warm-dwelling
634 species ($p=0$ or $p=\text{year}/100$, if colonization). From the 100 original species pool, 1 to 90 species were
635 randomly removed in order to simulated different environmental filters. We computed the CTI and
636 CTI_{sd} values per year per site (see Methods). We used generalized linear mixed effects models
637 (GLMM, Gaussian error distribution) with the CTI or CTI_{sd} as the response variable, the year as the
638 explanatory term and the site in random effect. Finally, the estimate temporal slope and its p-value
639 were collected. We simulated the four scenarios 100 times following this process (Rcode below).

640 Rcode used for the simulations:

```
641 library(glmmTMB);library(dplyr);library(effects);library(ggplot2);library(ggpubr)
642 CTIcalc<-function(x){sum(log(x+1)*STI/sum(log(x+1)))}
643 CTIsdcalc_occ<-function(x){ a<-STI*x;a[a==0]<-NA;sd(a,na.rm=T)}
644
645 M_CTItot=as.data.frame(matrix(nr=4,nc=2));M_CTIsd=as.data.frame(matrix(nr=4,nc=2))
646 M_Simul_CTItot=NULL;M_Simul_CTIsd=NULL
647
648 # STI simulations
649 for(s in 1:100){
650   STI<-as.data.frame(sort(rnorm(1000, mean = 0, sd = 10)))
651   STIwarm<-sort(sample(STI[STI>5], 25))
652   STImid<-sort(sample(STI[STI>(-5)&STI<5], 50))
653   STIcold<-sort(sample(STI[STI<(-5)], 25))
654
655   L_model_occ<-list()
656   for(model in 1:4){
657     warm=cold<-as.data.frame(matrix(nc=25,nr=25*100))
658     mid<-as.data.frame(matrix(nc=50,nr=25*100))
```

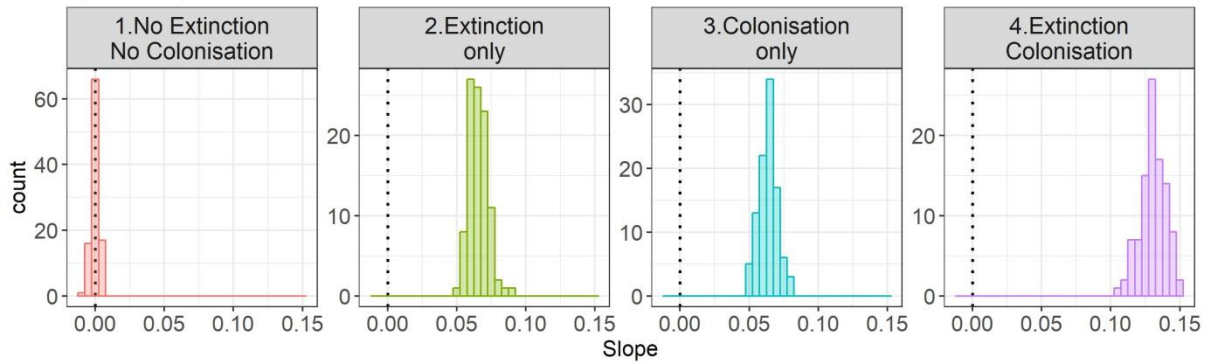
```
659   colnames(warm)<-rep(paste0("warm",1:25)); colnames(mid)<-rep(paste0("mid",1:50));colnames(cold)<-
660 rep(paste0("cold",1:25))
661   mid$site<-warm$site<-cold$site<-sort(rep(paste0("site",1:100),25))
662   mid$year<-warm$year<-cold$year<-rep(1993:2017,100)
663   site<-unique(warm$site)
664   tempo_mid=tempo_warm=tempo_cold<-NULL
665
666   #Cold-dwelling species occurrence
667   tempo<-NULL
668   for(i in 1:100){
669     tempo<-subset(cold[,1:25],cold$site==site[i])
670   for(k in 1:25){
671     for(j in 1:25){
672       proba_cold<-c(0.25,(0.25-j/100),0.25,(0.25-j/100))
673       proba<-proba_cold[model]
674       proba[proba<0]<-0
675       tempo[j,k]<-rbinom(1,1,prob=proba)
676     } }
677   tempo_cold<-rbind(tempo_cold,tempo) }
678
679   #Slight cold- and warm-dwelling species occurrence
680   tempo<-NULL
681   for(i in 1:100){
682     tempo<-subset(mid[,1:50],mid$site==site[i])
683   for(k in 1:50){
684     for(j in 1:25){
685       tempo[j,k]<-rbinom(1,1,prob=0.75)
686     } } tempo_mid<-rbind(tempo_mid,tempo) }
687
688   #Warm-dwelling species occurrence
689   tempo<-NULL
690   for(i in 1:100){
691     tempo<-subset(warm[,1:25],warm$site==site[i])
692   for(k in 1:25){
693     for(j in 1:25){
694       proba_warm<-c(0,0,(j/100),(j/100))
695       proba<-proba_warm[model]
696       proba[proba<0]<-0
697       tempo[j,k]<-rbinom(1,1,prob=proba)
698     } }
699   tempo_warm<-rbind(tempo_warm,tempo) }
700
701   #Random species exclusion
702   warm[,1:25]<-tempo_warm;tab_cti<-as.data.frame(cbind(tempo_cold,tempo_mid,warm))
703   tab_cti=tempo=NULL
704   for(i in 1:100){
705     tempo<-subset(tab_cti[,1:100],tab_cti$site==site[i])
706     tempo[,c(sample(1:100,sample(1:90,1),replace=F))]<-0
707     tab_cti<-rbind(tab_cti,tempo) }
708
709   #Model
710   tab_cti$site<-tab_cti1$site;tab_cti$year<-tab_cti1$year
711   STI<-c(STIcold,STImid,STIwarm)
712   tab_cti$CTItot<-apply(tab_cti[,1:100],1,CTIcalc); tab_cti$CTIsd<-apply(tab_cti[,1:100],1,CTIsdcalc_occ)
713   L_model_occ[[model]]<-tab_cti
714   CTI_year<-glmmTMB(CTItot~year+(1|site), family=gaussian(link = "identity"),data=L_model_occ[[model]])
715   CTI_year_sd<-glmmTMB(CTIsd~year+(1|site), family=gaussian(link = "identity"),data=L_model_occ[[model]])
```

```

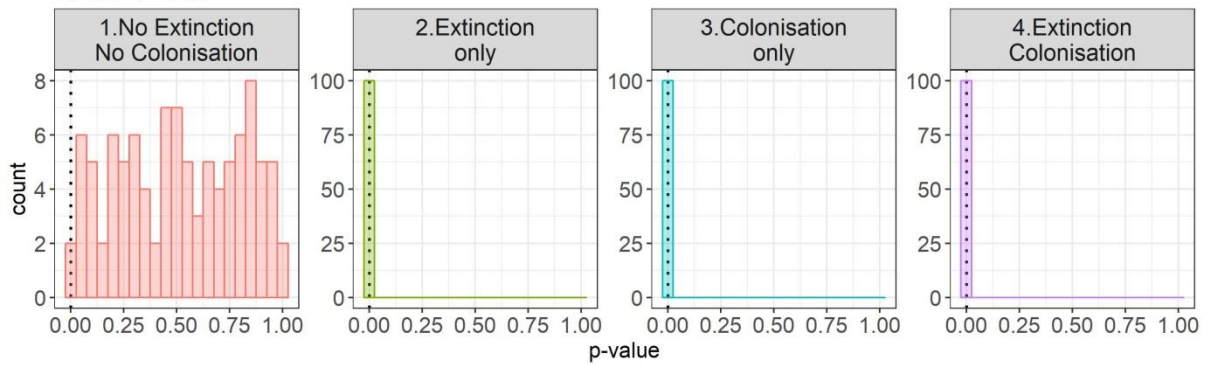
716 M_CTItot[model,1:2]<-summary(CTI_year)$coefficients$cond[c(2,8)]
717 M_CTIsd[model,1:2]<-summary(CTI_year_sd)$coefficients$cond[c(2,8)]
718 M_Simul_CTItot<-rbind(M_Simul_CTItot,M_CTItot)
719 M_Simul_CTIsd<-rbind(M_Simul_CTIsd,M_CTIsd) }
720
721 M_Simul_CTI<-as.data.frame(cbind(M_Simul_CTItot,M_Simul_CTIsd))

```

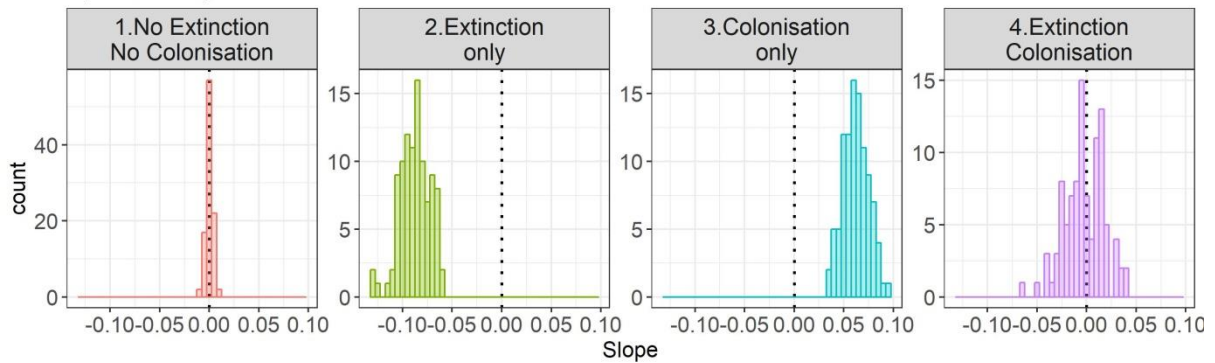
A) CTI - Slope



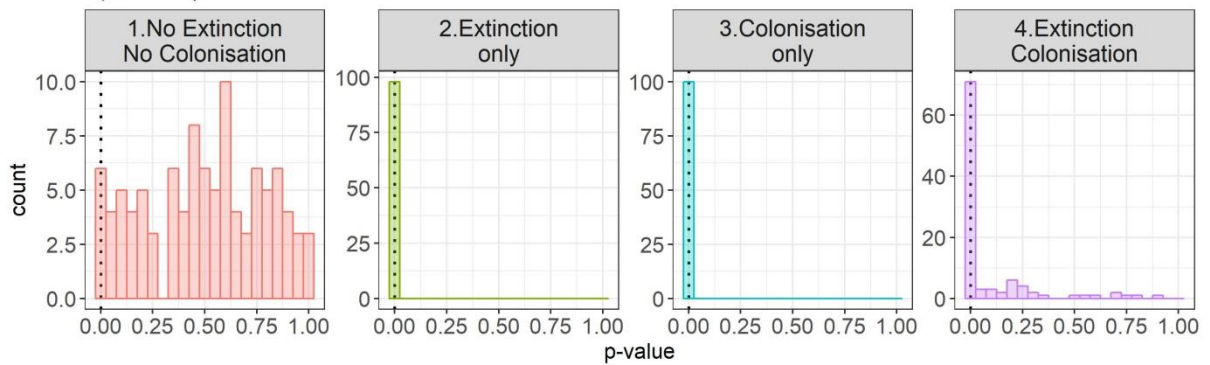
B) CTI - p-value



C) CTIsd - Slope



D) CTIsd - p-value



723 Figure S1a: Histograms of the model outputs per scenario. A) CTI estimated slope, B) p-value
724 corresponding to the CTI slope, C) CTI_{sd} estimated slope, D p-value corresponding to the CTI_{sd}
725 slope. The scenarios of community changes in response to temperature increase were: (1) 'No
726 colonization-No extinction'; (2) 'Extinction only'; (3) 'Colonization only'; (4) 'Colonization-Extinction'.

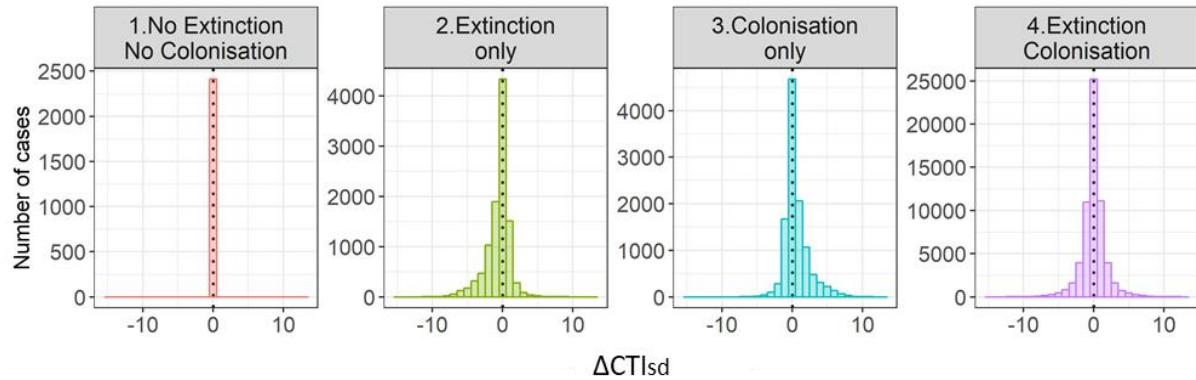
727

728 *2. Empirical observation of waterbird species extinction/colonization in response to temperature*
729 *increase and subsequent changes of Community Temperature Index average (CTI) and standard*
730 *deviation (CTI_{sd}) over time.*

731 We highlighted the ability of the CTI_{sd} to be an indicator of colonization and extinction processes in
732 response to climate warming. Indeed, community changes in response to temperature increase
733 should result in four scenarios: (1) 'No colonization-No extinction' causes no CTI and CTI_{sd} changes;
734 (2) 'Extinction only' causes CTI increase and CTI_{sd} decrease by the loss of cold-dwelling species; (3)
735 'Colonization only' causes CTI and CTI_{sd} increase by the gain of warm-dwelling species; (4)
736 'Colonization-Extinction' causes CTI increase by the species thermal turn-over, but no CTI_{sd}
737 directional change (Fig. 1). We classified the count events in the four scenarios of colonization
738 and/or extinction events, following what happening between the monitoring year and the next one
739 (e.g., if between the counts i and $i+1$ only one species colonized the site, the count i correspond to
740 the scenario (3) 'Colonization only'). For each count event, we measure the change of CTI_{sd} from a
741 monitoring year and the next one (i.e., ΔCTI_{sd}), which is supposed to be superior, inferior or equal to
742 zero depending of the four colonization/extinction scenarios in response to temperature increase.
743 We used a GLMM per scenarios (Gaussian error distribution) to investigate if the ΔCTI_{sd} values
744 correspond to the expected patterns following the four scenarios. Site was added in random factors.

745 Conformely to the expectation under a community adjustment to climate warming, the ΔCTI_{sd} values
746 was null in case of no extinction and no colonization ($\beta = 0.000$, $P = 1$), significantly negative in case
747 of extinction only ($\beta = -0.582$, $P < 0.001$), significantly positives in case of colonization only ($\beta =$
748 0.590 , $P < 0.001$), and not significantly different from zero in case of extinction and colonization ($\beta =$
749 -0.005 , $P = 0.5$) (Fig. S1b).

750



751

752 Figure S1b: Histograms of the ΔCTI_{sd} values over the four scenarios of community changes in
753 response to climate warming: (1) 'No colonization-No extinction' causes no CTI_{sd} changes, (2)
754 'Extinction only' causes CTI_{sd} decrease by the loss of cold-dwelling species, (3) 'Colonization only'
755 causes CTI_{sd} increase by the gain of warm-dwelling species, (4) 'Colonization-Extinction' causes no
756 CTI_{sd} directional change (Fig. 1). The dotted line is positioned on the zero to signify the absence of
757 CTI_{sd} change.

758 Appendix 2. Details of the monitoring per country

Country	Number of sites	Average number of monitoring years	Average covered period	Number of sites included in a protected area	Total waterbird abundance (million)	Monitoring changes
Albania	13	14.6	22.8	10	2.67	No
Algeria	75	15.7	22.0	42	4.08	No
Austria	174	20.4	22.8	68	2.76	No
Belarus	4	8.3	20.5	1	0.10	No
Belgium:Flanders	472	19.8	22.6	234	5.83	Yes
Belgium:Wallonia	180	13.0	15.9	48	0.71	No
Bosnia & Herzegovina	1	11.0	16.0	0	0.02	No
Bulgaria	46	18.7	22.2	36	6.90	No
Croatia	32	11.5	21.5	26	1.50	No
Cyprus	12	15.8	22.4	8	0.27	No
Czechia	215	15.7	22.3	60	2.38	No
Denmark	48	22.1	23.5	35	6.21	Yes
Estonia	4	19.0	19.5	3	0.06	No
Finland	172	15.9	21.5	101	0.89	No
France	291	22.3	23.3	137	52.60	No
Germany	1057	15.6	19.1	749	35.02	No
Greece	92	13.0	19.2	72	8.26	No
Hungary	25	17.1	20.9	19	2.91	No
Ireland	255	14.4	19.3	61	6.02	Yes
Italy	458	17.9	20.7	241	32.84	No
Latvia	144	13.5	22.1	71	0.82	No
Lithuania	5	13.6	22.2	4	0.78	No
Montenegro	1	22.0	24.0	1	2.90	No
Morocco	65	11.9	21.6	36	6.66	No
Netherlands	173	23.8	22.9	59	98.62	No
North Macedonia	2	13.5	20.0	2	0.55	No
Norway	57	16.6	23.5	28	0.36	No
Poland	12	10.5	21.5	10	0.22	No
Portugal	13	17.3	22.5	11	2.66	No
Romania	34	11.1	17.5	34	1.75	Yes
Serbia	2	5.5	20.5	0	0.07	No
Slovakia	80	10.8	14.5	39	0.82	No
Slovenia	2	16.5	20.5	2	0.04	No
Spain	780	13.5	19.2	351	23.63	No
Sweden	705	17.6	22.7	243	8.64	Yes
Switzerland	100	22.6	23.2	24	13.40	No
Tunisia	31	10.9	22.9	11	3.27	No
Turkey	45	7.8	19.1	5	8.65	No
Ukraine	11	9.7	17.7	8	1.70	No
United Kingdom	1615	18.0	21.1	660	50.07	Yes

759 Appendix 3. Additional species information.

760 The winter STI is the long-term average January temperature (WorldClim database, 1950-2000,
761 <http://worldclim.org/>) experimented by the species across its non-breeding (overwintering)
762 distribution (extracted from www.birdlife.org 2015) only inside the African-Eurasian region defined
763 by the African-Eurasian Migratory Waterbird Agreement (AEWA, <http://www.unep-aewa.org>). We
764 removed the distribution of the sub-species resident in sub-Saharan Africa to avoid an
765 overestimation of the thermal affinity tolerated by the studied populations (Involved species: *Ardea*
766 *alba*, *Ardea cinerea*, *Botaurus stellaris*, *Gallinula chloropus*, *Phalacrocorax carbo*, *Podiceps cristatus*,
767 *Podiceps nigricollis*, *Porphyrio porphyrio* and *Tachybaptus ruficollis*). Species considered as vagrant
768 when their overwintering distribution was not included in the AEWA area and in the Western-
769 Palearctic with a minimum threshold of 500 individuals over the 25 years.

770 Table S2: List of the species with their species temperature index (STI) and the number of sites
771 occupied at least once.

Scientific name	STI	Number of sites occupied
<i>Actitis hypoleucos</i>	23.16	1274
<i>Anas acuta</i>	16.90	2696
<i>Anas clypeata</i>	14.91	4929
<i>Anas crecca</i>	12.72	6854
<i>Anas penelope</i>	16.53	1642
<i>Anas platyrhynchos</i>	-0.02	3770
<i>Anas strepera</i>	11.73	734
<i>Anser albifrons</i>	2.53	93
<i>Anser anser</i>	4.47	1229
<i>Anser brachyrhynchus</i>	2.02	2246
<i>Anser erythropus</i>	2.43	6239
<i>Anser fabalis</i>	-2.51	586
<i>Ardea alba</i>	5.41	4994
<i>Ardea cinerea</i>	4.32	5303
<i>Arenaria interpres</i>	17.86	1696
<i>Aythya ferina</i>	11.34	744
<i>Aythya fuligula</i>	10.45	857
<i>Aythya marila</i>	0.43	577
<i>Aythya nyroca</i>	9.77	1444
<i>Botaurus stellaris</i>	17.73	182
<i>Branta bernicla</i>	2.86	853
<i>Branta leucopsis</i>	1.69	4057
<i>Branta ruficollis</i>	1.10	539
<i>Bubulcus ibis</i>	22.96	1297
<i>Bucephala clangula</i>	-1.11	420
<i>Calidris alba</i>	18.86	254
<i>Calidris alpina</i>	11.83	467
<i>Calidris canutus</i>	19.08	550
<i>Calidris maritima</i>	-2.48	498
<i>Calidris minuta</i>	22.77	697
<i>Charadrius alexandrinus</i>	19.20	630

<i>Charadrius hiaticula</i>	22.11	1103
<i>Ciconia ciconia</i>	22.95	707
<i>Clangula hyemalis</i>	-2.50	2258
<i>Cygnus columbianus</i>	2.44	5300
<i>Cygnus cygnus</i>	-1.49	1796
<i>Cygnus olor</i>	1.27	5837
<i>Egretta garzetta</i>	21.26	65
<i>Fulica atra</i>	5.86	2653
<i>Fulica cristata</i>	22.59	4535
<i>Gallinula chloropus</i>	5.61	862
<i>Gallinago gallinago</i>	18.58	944
<i>Gavia arctica</i>	0.76	581
<i>Gavia stellata</i>	3.05	949
<i>Grus grus</i>	14.72	379
<i>Haematopus ostralegus</i>	15.34	549
<i>Himantopus himantopus</i>	22.13	4140
<i>Larus minutus</i>	3.70	172
<i>Larus argentatus</i>	4.58	3413
<i>Larus audouinii</i>	11.45	2046
<i>Larus canus</i>	1.62	207
<i>Larus fuscus</i>	18.58	1707
<i>Larus genei</i>	11.90	607
<i>Larus marinus</i>	-2.49	4695
<i>Larus melanocephalus</i>	9.31	478
<i>Larus ridibundus</i>	6.58	596
<i>Limosa lapponica</i>	19.23	4323
<i>Limosa limosa</i>	21.01	3760
<i>Marmaronetta angustirostris</i>	5.95	87
<i>Melanitta fusca</i>	0.67	904
<i>Melanitta nigra</i>	2.28	838
<i>Mergellus albellus</i>	-1.58	2396
<i>Mergus merganser</i>	-0.40	3945
<i>Mergus serrator</i>	-1.08	1911
<i>Phalacrocorax pygmeus</i>	2.74	286
<i>Netta rufina</i>	5.35	1208
<i>Numenius arquata</i>	18.89	1738
<i>Numenius phaeopus</i>	22.06	228
<i>Nycticorax nycticorax</i>	23.47	218
<i>Oxyura leucocephala</i>	1.27	168
<i>Pelecanus crispus</i>	8.37	116
<i>Pelecanus onocrotalus</i>	22.01	71
<i>Phalacrocorax aristotelis</i>	2.30	499
<i>Phalacrocorax carbo</i>	3.70	6160
<i>Philomachus pugnax</i>	22.96	465
<i>Phoenicopterus roseus</i>	20.58	440
<i>Platalea leucorodia</i>	17.95	192
<i>Plegadis falcinellus</i>	23.14	1269
<i>Pluvialis apricaria</i>	5.36	692

<i>Pluvialis squatarola</i>	18.84	742
<i>Podiceps auritus</i>	3.39	4742
<i>Podiceps cristatus</i>	3.25	798
<i>Podiceps grisegena</i>	2.27	1256
<i>Podiceps nigricollis</i>	6.63	253
<i>Porphyrio porphyrio</i>	8.20	1810
<i>Rallus aquaticus</i>	4.52	563
<i>Recurvirostra avosetta</i>	22.04	1094
<i>Somateria mollissima</i>	-7.53	3114
<i>Tachybaptus ruficollis</i>	3.54	4917
<i>Tadorna ferruginea</i>	8.88	500
<i>Tadorna tadorna</i>	4.30	2444
<i>Sterna sandvicensis</i>	12.38	422
<i>Tringa erythropus</i>	21.03	473
<i>Tringa nebularia</i>	23.16	748
<i>Tringa ochropus</i>	21.10	1475
<i>Tringa totanus</i>	15.48	1412
<i>Vanellus vanellus</i>	4.52	2933

772

773

774 Appendix 4: Additional monitoring information and CTI correction.

775

776 The International Waterbird Census (IWC) started for some species in the 1960s, but had
777 comprehensive species coverage by the end of the 1980s. To be cautious, we started the study
778 period in 1993. However, in some countries gulls and shags were not included directly in the IWC.
779 The full waterbird species census was performed later in Romania (1999), Belgium (Flandre, 2000),
780 Denmark (2001), United Kingdom (2002), Ireland (2002) and Sweden (still not full). As a change in
781 species monitored can artificially affect the community changes, we took these dates into account in
782 the analyses.

783 The community temperature index (CTI) was corrected to account for the monitoring changes in
784 countries where the full waterbird species census started after the beginning of the study period
785 (countries listed above). In these countries, the CTI values before the year(s) of monitoring change
786 were centred per site (not reduced) and added to the average site CTI value of the years after the
787 monitoring change. Hence, the addition of new species after the monitoring change doesn't strongly
788 affect the CTI values (Appendix 4, Table S1). Note that under the hypothesis of a CTI increase over
789 years, the CTI correction leads to an overestimation of the site CTI average before the monitoring
790 change. Regarding the CTI_{sd} no adaptation was done.

791

792 Table S1: Summary of the variance minimum (Min.) median, mean and maximum (Max.) between
793 the original CTI computed without and with correction.

Variable	Min.	Median	Mean	Max.
CTI uncorrected	-5.014	5.392	5.514	22.544
CTI corrected	-5.014	5.382	5.516	22.544

794

795 We performed models with the full dataset and the data subset to control the potential differences.
796 We used the same model framework as in the Methods section to evaluate the change of CTI, CTI_{sd} ,
797 number of cold-dwelling species and number of warm-dwelling species. As a result, the models
798 outputs were fairly similar between the two dataset, at the exception that warm-dwelling species
799 did not significantly increased more than cold-dwelling species inside PAs (Appendix 4, Table S2).

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804

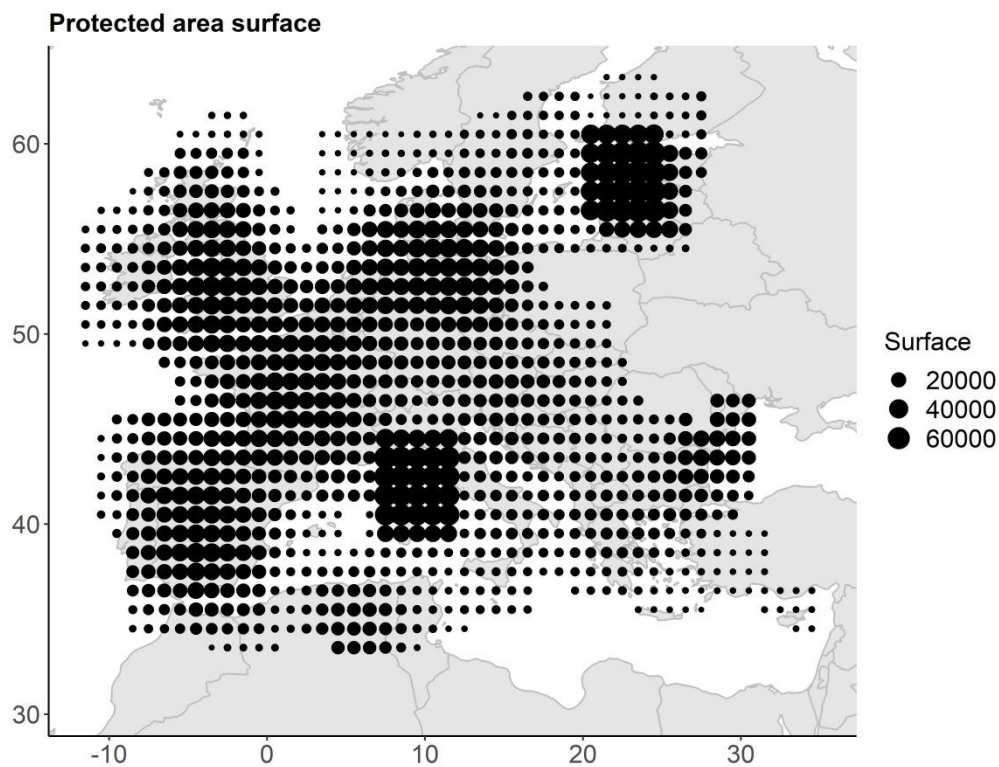
805 Table S2: Comparison of the models with the full dataset and the subset of data with the full species
 806 monitoring. Protected area (PA) effect on temporal trends of the community temperature index
 807 (CTI) and standard deviation of the CTI (CTI_{sd}), number of cold- and warm-dwelling species. Base line
 808 is sites outside PA and cold-dwelling species. Years were standardized to zero mean (std.) in the
 809 thermal-dwellers model and interactions are notified by ‘:’.

Dataset	Variable	Parameter	Coefficient	SE	Z-value	P-value	
Full dataset	CTI	Intercept	-6.030	1.696	-3.554	< 0.001	
		Year	0.006	0.001	6.676	< 0.001	
		PA	7.972	2.435	3.274	< 0.001	
		Year:PA	0.004	0.001	3.412	< 0.001	
	CTI _{sd}	Intercept	4.294	1.602	2.680	0.007	
		Year	0.000	0.001	0.360	0.719	
		PA	11.310	2.300	4.920	< 0.001	
		Year:PA	0.006	0.001	5.066	< 0.001	
	Cold- and Warm-dwellers	Dweller	Intercept	1.466	0.012	125.070	< 0.001
			Year(std.)	0.057	0.002	33.560	< 0.001
			PA	0.163	0.017	9.600	< 0.001
			Year(std.):PA	0.005	0.002	2.360	0.018
			Year(std.):Dweller	0.008	0.002	3.820	< 0.001
			PA:Dwellers	0.022	0.003	7.360	< 0.001
Year(std.):PA:Dweller			0.006	0.003	1.960	0.050	
Year(std.):PA:Dweller			0.006	0.003	1.960	0.050	
Subset with full species monitoring	CTI	Intercept	0.098	2.241	0.044	0.965	
		Year	0.003	0.001	2.563	0.010	
		PA	15.302	3.123	4.900	< 0.001	
		Year:PA	0.008	0.002	4.930	< 0.001	
	CTI _{sd}	Intercept	2.396	2.051	1.168	0.243	
		Year	0.001	0.001	1.290	0.197	
		PA	8.743	2.858	3.059	0.002	
		Year:PA	0.004	0.001	3.153	0.002	
	Cold- and Warm-dwellers	Dweller	Intercept	1.473	0.012	124.750	< 0.001
			Year(std.)	0.049	0.002	26.090	< 0.001
			PA	0.166	0.017	9.720	< 0.001
			Year(std.):PA	0.008	0.003	3.060	0.002
			Year(std.):Dweller	0.014	0.002	6.020	< 0.001
			PA:Dwellers	0.024	0.003	7.460	< 0.001
Year(std.):PA:Dweller			0.005	0.003	1.620	0.104	
Year(std.):PA:Dweller			0.005	0.003	1.620	0.104	

810

811

812 Appendix 5: Protected area surfaces in the study area. Protected area surface (km²) is represented
813 by points located at the centre of the corresponding cell (5°×5° resolution), which include both
814 protected and not protected sites and at least 15 sites. The protected area surface corresponds to
815 the sum of the PA surfaces per cell. The size of the points indicates the protected area surface size.



816

817