Integrated light and electron microscopy continuum resolution imaging of 3D cell cultures

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Summary

3D cell cultures, in particular organoids, recapitulate tissue architectures and are emerging model systems to investigate healthy or diseased tissues and organs. Understanding the complex cellular sociology of organoid requires the integration of diverse imaging modalities covering different spatial and temporal resolutions. Here, we present an integrated multi-scale 3D imaging approach that traverses from millimeter-scale live-cell light microscopy to nanoscale volume electron microscopy. Performing the 3D cell culture in a single carrier amenable to all imaging steps provides a continuum resolution view of the same organoid. Our approach allows us to follow organoid growth, probe their morphology with fluorescent markers, identify cells of interest and analyze their ultrastructure. We demonstrate this workflow on mouse and human derived 3D cell cultures. The continuum resolution imaging pipeline is thus suited to foster both basic and translational organoid research by simultaneously exploiting the advantages of light and electron microscopy.
Introduction

Cell culture systems are indispensable tools to understand diverse cellular functions in a wide range of fundamental and pre-clinical research. When modelling tissue-specific processes or multifaceted diseases like cancer, conventional two-dimensional (2D) cell cultures fail to fully recapitulate the tissue complexity and the cellular heterogeneity of the normal and cancerous tissue (Baker and Chen, 2012; Debnath and Brugge, 2005). Conversely, three-dimensional (3D) cell cultures can deliver more accurate representations of cell-cell and cell-extracellular matrix (ECM) interactions (Simian and Bissell, 2017), cell communication (Kretzschmar and Clevers, 2016) and cell division (Knouse et al., 2018). 3D culture cancer models allow studying tumour microenvironment, cell heterogeneity, and cell invasion (Kapałczyńska et al., 2016; Zanoni et al., 2020) as well as the effect of anti-cancer drugs (Lancaster and Huch, 2019). 3D cell cultures are also amenable to the vast majority of cell and molecular biology technologies used for 2D cultures. Thus, patient or cell line derived 3D culture systems have the potential to bridge the gap between reductionist 2D models and organismal models that are more expensive and inaccessible for many imaging or high-throughput methods. 3D cultures can be established by (i) anchorage-independent cell suspensions, (ii) scaffold-based approaches by embedding in natural or synthetic ECM, (iii) tissue slices, or (iv) air-liquid interfaces (Koledova, 2017; Shamir and Ewald, 2014). Commonly, 3D cultures are derived from immortalized cell lines, induced pluripotent stem cells (iPSs), embryonic stem cells (ESCs), or primary cells dissociated from animal or human tissues. The cells are seeded in a support matrix, typically consisting of a laminin-rich hydrogel termed Matrigel (Hughes et al., 2010). Cell lines cultured in 3D matrices form spheroids, while organoids are derived from stem cells or primary cells originating from healthy or diseased tissues (Fatehullah et al., 2016; Simian and Bissell, 2017).

Imaging is a powerful tool to study 3D cell culture complexity and to reveal processes that reflect intricate behaviour within whole organisms. Bright-field microscopy enables long-term imaging of organoid development at a micrometer scale with minimal phototoxicity (Hof et al., 2021). Confocal and light-sheet microscopy permit the study of specific cellular processes by using fluorescent reporters for cell types, organelles, or proteins (Day and Davidson, 2009), antibody labelling of antigens (Im et al., 2019), or cell-permeable dyes (Ettinger and Wittmann, 2014). However, due to the inherent opaque nature of organoids, optical clearing procedures are often necessary to render large multicellular samples transparent and thus amenable to light microscopy imaging (Tomer et al., 2014). Clearing procedures, on the other hand, require chemical fixation that degrades the fluorescent signal over-time (Ertürk et al., 2012), largely limiting live-cell imaging and post-fixation fluorescence-based imaging. Moreover, to ensure effective fluorescent labelling, organoids must be extracted from the Matrigel (Dekkers et al., 2019) thus preventing post clearing image correlation. Most importantly, diffraction-limited imaging modalities cannot visualize ultrastructural detail within cells. For this purpose, researchers generally rely on 2D imaging of ultrathin sections examined at high magnifications by transmission electron microscopy (TEM) (Knott and Genoud, 2013). Such data are often associated with low throughput, sectioning artifacts and limited field of view on the specimen. The biggest limitation of this technique, when imaging 3D cell cultures, is the lack of volumetric information that is essential to thoroughly appreciate multicellular organisation in space. Conversely, focused ion beam-scanning electron microscopy (FIB-SEM) is an ideal solution...
to this problem because of its marked different micromachining principle. This method involves progressive specimen slicing by FIB surface ablation, followed by SEM imaging (Giannuzzi and Stevie, 2005; Heymann et al., 2006). FIB-SEM thus generates a series of images that can cover a relatively wide field of view at nanometer-scale resolution, and extensive z-slicing yields volumes of 3D ultrastructural information (Heymann et al., 2006; Narayan and Subramaniam, 2015). However, none of the imaging methods alone can provide a comprehensive understanding of cells in the context of the complex multicellular environment of an organoid, prohibiting integration of structural and functional data across different spatial and temporal scales. While correlative approaches that combine the power of light and electron-based imaging modalities have been extensively applied for 2D cultures (Arnold et al., 2016; Kukulski et al., 2011), technical shortcomings limit their implementation in organoid research. The major challenge stems from the diverse requirements these imaging modes have, which are rarely met by one single specimen preparation.

Modern electron microscopy (EM) specimen preparation relies on cryogenic sample fixation, that uses low temperatures to stabilize the sample under fully hydrated physiological conditions. To obtain optimal preservation of fine ultrastructure, freezing must retain the water molecules in an amorphous solid state in a process called vitrification (Dubochet and McDowall, 1981). For objects up to 400 microns thick, including 3D cell cultures, vitrification is achievable by high-pressure freezing (HPF) (Moor, 1987). Here, samples that are sandwiched between two metal disks, commonly known as planchets or HPF carriers. The specimen is then pressurized to 2000 bar followed by cooling with liquid nitrogen within 200 milliseconds. Next, the cryo-fixed samples are subjected to freeze-substitution (Kellenberger, 1987) and infiltrated with embedding resin, which is then polymerized while the samples are stained with heavy metals to provide contrast in EM imaging (Biel et al., 2003). A milde variation of this procedure preserves endogenous fluorescent signal in the sample, while still providing sufficient contrast for FIB-SEM imaging (Ronchi et al., 2021). This enables precise targeting of specific regions of interest (ROI) in large sample volumes by fluorescence imaging after embedding. Such preparation methods are easily applicable for specimens that are amenable to manual handling for cryo-fixation, including small model organisms or dissected tissues. However, the fragility of 3D organoids grown in soft matrices precludes such manipulation.

It is therefore beneficial to perform the 3D cell cultures in sample carries that are directly suited for cryo-fixation. Here, we show that it is possible to culture 3D cell systems in HPF carriers, and develop a seamless workflow to image the cultures from their initial development to high-resolution FIB-SEM. This establishes a multiscale 3D imaging pipeline in which the same organoid is tracked across the different modalities and scales. We applied the developed pipeline to mouse primary mammary gland organoids, human breast cancer spheroids, and patient-derived colorectal cancer organoids.

Results

Establishing a multiscale imaging pipeline

In multimodal imaging pipelines, EM has the most stringent requirements for specimen preparation due to its high resolving power. HPF is the only approach to preserve the native structure of multicellular samples. We employed common biocompatible gold-coated copper
HPF carriers as a readily available support, and show that it is suitable for long-term 3D cell culture and all subsequent imaging modalities (Fig 1A). We used 200 μm deep HPF carriers featuring a 0.6 mm³ sample volume and 3.14 mm² surface area that is exposed to the culture medium. This results in a surface-to-volume ratio that is about 8 times larger than conventional 3D cell culture gels in tissue culture (TC) dishes, and was therefore not expected to hinder efficient diffusion of oxygen and nutrients to the organoids. We performed the 3D culture directly in HPF carriers by pipetting in the recess 1-2 μl of cell suspension mixed with Matrigel. We then placed the carriers in multi-well TC-dishes supplied with the culture medium. To aid handling and to prevent floating of the small carriers, we fixed the carriers with a droplet of Matrigel to 18 mm glass coverslips. With this setup, we could directly monitor the 3D cell culture growth by stereo-microscopy up to a period of 24 days and correlate it with subsequent live-cell confocal imaging. Next, we performed high-pressure freezing at chosen time points of culture. Freeze-substitution, Lowicryl HM20 resin embedding and heavy metal staining that retained fluorescence signal in the specimen were carried out in preparation for room temperature FIB-SEM (Ronchi et al., 2021). The resin block was then imaged by confocal fluorescence microscopy to relocate features previously identified in the specimen by live-cell imaging and define ROIs. We generated landmarks on the resin block surface by two-photon laser to facilitate identification of the ROIs in the subsequent FIB-SEM, and guide their high-resolution imaging (Ronchi et al., 2021). We then acquired FIB-SEM data of the targeted areas, resulting in an integrated imaging pipeline covering all spatial scales from 10⁻³ to 10⁻⁹ m. Depending on the amount of image data required, the pipeline may require up to 10 days, with the freeze-substitution being the longest step for sample preparation (Fig 1B).

The transfer of very delicate samples, such as organoids, into HPF carriers is a cumbersome procedure which requires organoids removal from the ECM (TRIFFO et al., 2008). This may alter their morphology and prevents image registration pre and post cryo-fixation. By establishing 3D cultures directly in HPF carriers, 3D cell culture, sample handling and all imaging steps require minimal manual intervention.

**HPF carriers are compatible with diverse 3D cell culture models**

To validate the compatibility of the developed pipeline for organoid research, we examined three diverse types of 3D cell cultures. These included models of primary healthy and tumorigenic epithelia derived from mouse, patient derived human colorectal cancer, and a tumour cell line. We established a culture of primary mouse mammary organoids (Havas et al., 2017; Jechlinger et al., 2009) from single-cell suspensions derived from transgenic mice carrying H2B-mCherry as a nuclear fluorescent marker (Fig 2A). Within 14 days, the cells formed luminal sphere-shaped cystic structures in both HPF carriers and TC dishes (Fig 2A, B). To assist imaging by different light microscopes, we marked with blunt-tip tweezers the bottom of the HPF carriers prior to Matrigel deposition (Fig 2A). The fluorescent signal of the transgenic H2B-mCherry reporter allowed us to inspect the organoids distribution and morphology (Fig 2C). Primary mammary organoids grown in the HPF carriers displayed the expected single layer of epithelial cells arranged around a lumen, comparable with standard culture conditions (Fig 2C) (Alladin et al., 2020). Immunostaining of tissue-specific differentiation markers on fixed samples directly in the HPF carriers showed that the organoids are predominantly composed of luminal mammary epithelial cells expressing Keratin-8 (K8) and a few basal/myoepithelial mammary epithelial cells expressing Keratin-14 (K14) (Fig 2 D). In addition, we performed immunofluorescent staining for the apical-basal cell polarity marker epithelial Cadherin (E-CAD) and the tight-junction protein Zonula occludens-1 (ZO-1) which
localized in the apical cell membrane on organoids cultured in HPF carriers and TC dishes. These showed that the lumen is lined by the apical membrane of the polarized epithelial cells, while the basal side faces ECM in both HPF carriers (Fig. 2E) and TC dishes cultures (Fig. 2F). These data confirm that characteristics of polarized epithelia are preserved in HPF carriers. Moreover, activation of oncogene expression by doxycycline addition in the HPF carriers was reminiscent of the tumour-induced organoids grown on the dishes (Alladin et al., 2020) (Fig. S1).

Patient-derived colorectal cancer organoids grow within a week as irregularly-shaped clusters (Fig 2G). These organoids too display similar morphology when grown in HPF carriers and in standard 3D gels on TC dishes (Fig 2G,H). Fluorescence live-cell confocal imaging of patient-derived organoids in HPF carriers stained with nuclear dye Hoechst-33342 showed multiple cell layers with small lumina (Fig 2I). The organoids expressed E-CAD and the Cytokeratin-20 (CK20) marker specific for colon tissue (Kummar et al., 2002) (Fig 2J). Immunofluorescent staining in both HPF carriers (Fig 2K) and TC dishes (Fig 2L) for E-CAD and ZO-1 showed that the expected apical-basal cell polarity is recapitulated in both culture conditions.

Human breast cancer cells BT-474 are a cell line which develops as regularly-shaped spheroids when embedded in Matrigel and cultured in HPF carriers for up to 14 days (Fig 2M). Confocal live-cell imaging confirmed that these spheroids form as a solid sphere without a lumen in HPF carriers (Fig 2N) and do not display apical-basal cell polarity when probed by immunofluorescent staining of E-CAD and ZO-1 (Fig 2O) (Florian et al., 2019).

These results demonstrate that primary mouse mammary gland organoids, patient-derived colorectal cancer organoids and human breast cancer spheroids grown in HPF carriers display morphologies, cellular composition, and cell polarity similar to those grown on TC dishes. Therefore, HPF carriers are applicable for a range of 3D cell cultures, and are compatible with confocal microscopy performed on live and fixed organoid samples as the first step in a multiscale imaging pipeline.

**Small molecule live dyes for correlative imaging of 3D cell cultures**

Genetically accessible cell lines or animal models are frequently used to generate 3D cell cultures, allowing the introduction of fusion proteins as fluorescent reporters. Genetic tagging is however difficult to obtain in human-derived organoids. In figure 2, we demonstrated the broad applicability of organoid cell culture in HPF carriers on organoids derived from transgenic mice with or without fluorescent reporters, and with two widely studied human-derived systems. In organoids devoid of transgenic fluorescent reporters, we employed cell-permeable fluorescent dyes (hereafter live dyes) to visualize specific cellular structures by fluorescence confocal microscopy. Small-molecule live dyes are often incompatible with many fixation procedures. Specifically in EM preparations, they are washed off by organic solvents during chemical fixation and dehydration, unless they are supplied during the embedding step (Biel et al., 2003), which in turn prevents the correlation with pre-embedding live-cell imaging. However, mass spectrometry studies showed that live dyes may be resilient to the freeze substitution (Pfeiffer et al., 2000). Thus, we tested four live dyes with different chemical and physical properties: Hoechsts-33342, SiR-actin, FM4-64 and BODIPY 493/503. We used a combination of Hoechst-33342 to mark cell nuclei and one of the 3 different dyes. All live dyes infiltrated organoids grown in HPF carriers, allowing live imaging of cell nuclei, of SiR-actin stained cortex in human BT474 spheroids (Fig 3, Fig S2A-C) and in mammary gland organoids...
(Fig S2D-F), of BODIPY 493/503 stained lipid droplets in mammary gland tumor organoids (Fig S2G-I), and of cell membranes stained with FM4-64 in patient-derived colorectal cancer organoids (Fig S2J-L). Furthermore, the live dyes were largely preserved in the gentle freeze-substitution procedure used here: in agreement with their chemical properties, hydrophilic dyes were not affected by freeze substitution (Hoechst-33342, SiR-actin, Fig 3B,C) allowing detection of fluorescence before and after freeze substitution. The fluorescence signal of the membrane marker FM4-64 appeared diffuse after freeze-substitution, but permitted discerning cell boundaries (Fig 3D,E). The hydrophobic lipid droplet marker BODIPY 493/503 was removed during the washing step with organic solvents in freeze substitution (Fig 3F). Conversely, HPF alone (Fig 3G) did not affect the fluorescence signal of lipophilic live dyes, as determined by direct imaging of the HPF samples with a cryo-confocal microscope (Fig 3H,I). Thus, live dyes present an alternative for genetic tagging in fluorescence-based correlative imaging in 3D cultures.

FIB-SEM volume imaging of 3D organoids
Following localization of ROIs in the resin block by confocal imaging and generation of surface landmarks by two-photon laser branding in the same microscope, we performed FIB-SEM volume imaging on selected organoids. It is well known that effective vitrification by HPF varies from sample to sample. The embedding ECM or medium, sample size, and even the metabolic state of different cells within the same specimen affect the quality of vitrification (Sitte et al., 1987). Ice crystals growth can induce organelles collapse, segregation of compartments and aggregation of macromolecules. Our EM data showed that organoids display a different freezing behaviour from their embedding medium, the Matrigel mix, which reveals fiber-like features (Fig 4A, Movie 1). Fully grown primary mouse mammary organoids developed in 6-8 days in culture, during which cells polarized and self-arranged in mono-layered acini. Before reaching this stage, cells are intertwined in several layers within crowded acini (lumen up 15-20% of the whole organoid volume) (Fig 4A, Movie 1). FIB-SEM data of organoid at this stage of growth generally showed good ultrastructural preservation with fine details of centrioles, mitochondria and condensed chromatin (Fig 4B). Conversely, in monolayer organoids, the lumen comprises the majority (up to 60%) of the organoid volume (Fig 2C, Fig S2E, Fig 4C). The polarized cells displayed typical freezing damage in nuclei, and commonly in the cytosol, with prominent freeze substitution artifacts at cell-cell and cell-ECM interfaces (Fig 4C,D).

Despite the inherent heterogeneity of freezing quality expected in HPF, the preservation of the cellular ultrastructure seemed to improve with increased local density of cells within the organoids and reduced size of the lumen. To provide a semi-quantitative description of the freezing quality, we prepared thin sections from the HPF 3D cultures for TEM imaging allowing larger scale imaging. We prepared thin sections from HPF carriers with 3D cultures of doxycycline-induced tumorigenic (Mouse Ind), and healthy (Mouse NI) primary mouse mammary organoids, human spheroids (BT474) and patient-derived colorectal cancer organoids (Fig 4E,F). After freeze-substitution and resin embedding (see material and methods section for details) we cut sections orthogonally with respect to the HPF carrier surface aiming for organoids located in the bulk of Matrigel (Fig S3A). We performed TEM imaging of 6-10 organoids per sample type. This allowed us to score the quality of structural preservation in relation to the organoid morphology, by exploiting the marked differences of organoid architecture and cell packing (Fig 4E,F). We estimated the cellular packing as the ratio between the organoids total cytosol area divided by the number of cells, approximated by counting the nuclei in the TEM sections. Our thin sectioning TEM survey shows that more
compact organoids (human colorectal cancer and breast cancer spheroids) show better ultrastructural preservation with a minimum of 60%, a median of 83% for the colorectal organoids and 75% for breast cancer spheroids (Fig 4.E,F). Conversely, we obtained lower success in high-pressure freezing primary mouse mammary organoids with large lumina, varying between 23% and 17% of median ultrastructural preservation (Fig 4E,F). This is consistent with reports of shrinkage/collapse of mono-layered or cystic organoids with large lumina during optical clearing procedures for light microscopy applications (Dekkers et al., 2019).

Human colorectal cancer organoids grow as large and compact structures. They protrude into the Matrigel with multiple branches featuring one lumen (Fig S3). Unlike the mouse organoids, colorectal organoids show better preserved cell ultrastructure and a much larger number of cells with little or no freezing damage (Fig S3). The human breast cancer spheroid represented the densest system without a lumen and exhibited minimal freezing damage (Fig S4). Damage was constrained to the center of the sample, as expected from theoretical considerations of heat transfer during HPF. Structural damage was confined to cell nuclei, and occasional cytosolic segregation was restricted to one or two cell layers at the spheroid center (Fig S4). Overall, our data suggest that more compact organoids suffer less freeze damage despite the use of an identical embedding matrix and carrier dimensions (Fig 4.F).

Achieving optimal structural preservation during HPF is generally optimized for each specimen type (Möbius et al., 2010). This typically consists of embedding or infiltrating the sample with release agents like 1-hexadecene or lecithin, and cryo-protectants, such as glycerol, dimethyl sulfoxide, bovine serum albumin, yeast paste, fish gelatin, polyvinylpyrrolidone, Dextran, sucrose, or Ficoll. These compounds work by directly inhibiting the nucleation of ice crystals or increasing the sample cooling rates by suppressing the heat released in the crystallization process (McDonald et al., 2007). We therefore sought to improve the vitrification of the least preserved 3D culture sample encountered, namely luminal mouse mammary organoids, by introducing cryo-protectants prior to cryo-fixation. We found that simply dipping the HPF carriers for 1 minute before HPF in Cellbanker 2 (a common freezing medium, see material and methods section for details) or in 20% Ficoll (70.000 MW) dissolved in cell culture medium, greatly improved the sample quality after HPF (Fig S5).

In summary, Matrigel-embedded organoids are challenging samples for successful high-pressure freezing because of the high water content within the embedding medium. On the other hand, Matrigel provides the necessary physiological environment to perform 3D cell cultures. We found that organoids with higher cellular packing are more resilient against freeze damage and provide adequate ultrastructural preservation. Moreover, we show that different organoid systems require optimisation that can be achieved by careful selection of additives prior to high-pressure freezing.

**Multimodal imaging of 3D organoids with continuum spatial resolution**

Using the HPF carriers as a container for 3D cell culture allowed minimal manual intervention during their development and facilitated seamless correlation of all the described modalities to achieve continuum resolution imaging from millimeter to nanometer scale. By performing the 3D cell culture of human breast cancer spheroids directly in HPF carriers, we monitored organoid growth by stereo microscopy (Fig 5A). Each carrier was stained using live dyes, tracked and transferred into 35 mm glass-bottom dishes for the acquisition of live-cell confocal
volumes (Fig 5B,C). We inspected the overall architecture of 3D cell culture and selected a specific organoid for higher resolution imaging. Subsequently, the samples were high-pressure frozen and processed with a gentle freeze-substitution protocol to preserve the fluorescence signal (Fig 5D-F). The specific organoids or cells of interest were brought closer to the resin block surface by iterative confocal imaging and subsequent trimming of the excess of resin by ultramicrotomy (Ronchi et al., 2021). Two-photon laser surface branding of the resin surface aided the targeting for FIB-SEM data acquisition with micrometer precision (Fig 5E). We identified the surface branded targets in the SEM, performed metal deposition and trench preparation following established protocols (Fig 5 G-J). FIB-SEM data was acquired with a sampling of 8x8 nm/pixel at the image plane, and 10 nm FIB slicing representing sampling along the third dimension (Fig 5 K-L, Movie 2). The correlation across all imaging steps enabled overlay of the fluorescence with the FIB-SEM data (Fig 5 K-M).

Discussion

We describe an integrated multiscale imaging pipeline across optical and electron microscopes that enables easy and seamless correlative investigations in the emerging 3D cell culture model systems. Performing 3D cell culture directly in HPF carriers presented several advantages. First, it avoids manual transfer of the delicate samples from standard TC dishes to specialised carriers for cryo-fixation. This guarantees that the sample remains unperturbed from the beginning of cell seeding until high-pressure freezing. Second, performing 3D cell culture directly in HPF carriers avoids the need of dedicated carriers (Hötte et al., 2019) and additional embedding or mounting for confocal and light-sheet imaging (Huang et al., 2021). Therefore, the use of HPF carriers enabled us to correlate the growth of the 3D cell culture (stereo-microscopy), the identification of cellular structures of interest (live-cell fluorescence confocal imaging), with the subsequent post-embedding imaging and two-photon laser branding, to ultimately guide FIB-SEM volume imaging.

Because the water phase transition at supercooling rates is not yet completely understood, one has to optimize the freezing conditions for each sample type. ECM-embedded 3D cell cultures, especially cystic organoids with large lumina, are among the most difficult samples to vitrify. We found that supplementing the culture medium with ready-to-use Cellbanker 2 or 20% Ficoll greatly improved the quality of the cryo-fixation for mouse primary luminal mammary gland organoids that showed the most serious freezing artifact. These protocols could serve as useful reference for ultrastructural studies on cystic or monolayered organoids.

HPF carriers provide a high surface area/volume ratio, which allows infiltration of the live 3D cultures with diverse small molecules (100 to 1000 Da molecular weight). We could infiltrate small molecules like the drug doxycycline (Fig S1) and commonly used live dyes (Fig S2). We further establish that a number of live dyes are resilient to freeze-substitution. Rochi et al., (Ronchi et al., 2021) recently demonstrated that it is possible to exploit the fluorescent signal of transgenic fusion proteins to target FIB-SEM acquisitions. However, the production of transgenic fluorescently-tagged reporters can be impractical, such in the case of patient-derived samples. Therefore, small molecule live dyes can be used to identify specific phenotypes (Day and Davidson, 2009) paving the way to study culture systems that are not easily accessible to genetic engineering. Therefore, 3D cell cultures performed in HPF carriers
are amenable to drug screening and treatment, with the advantage of being directly accessible to imaging by both light and electron microscopy. Because of the unspecific and broad-spectrum binding of the uranyl-acetate stain, FIB-SEM can visualise the vast majority of subcellular components at nanometer resolution. Future efforts for integrating such imaging approaches into high-throughput platforms being developed for organoid research will facilitate expanding organoid phenotyping to the ultrastructural level and aid in deriving mechanistic understanding of tissue-specific processes or drug effects. With these developments, we envision that patient-derived tumour organoids will become amenable to ultrastructural analysis to study multicellular interactions during drug treatment. This has the potential to achieve a deeper understanding of drug resistance, e.g. via loss of polarity/epithelial-mesenchymal transition (Croix and Kerbel, 1997; Dongre and Weinberg, 2019; van Staalduinen et al., 2018) and therapies modulating cell-cell contacts (Vucetic et al., 2020). Co-cultures of patient-derived colorectal carcinoma organoids have also been used to interrogate the effects of anaerobic microbiota on tumor progression (Pleguezuelos-Manzano et al., 2020). The use of fluorescently marked patient-derived organoids together with differentially marked associated taxa allows now the ultrastructural investigation on detrimental tissue/bacteria interactions (Schmidt et al., 2018) as well as the detrimental loss of epithelial barrier integrity (Yu, 2018).

In summary, our integrated imagining pipeline achieves a resolution continuum from the millimeter to nanometer scale, and is applicable to commonly used 3D cell cultures. While sample-specific optimization will be required to achieve optimal ultrastructural preservation for different organoid types, the developed pipeline and protocols could be easily adopted by EM labs that routinely practice HPF and FIB-SEM volume imaging, broadening their capability to the study of 3D cultures. We envision that the continuum resolution pipeline further establishes the basis for applications in full cryogenic regime with the aim to expand the resolution range to the molecular scale.

Acknowledgments

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Ethics

The use of animals in this study was approved by the Institutional Animal Care and Use Committee (approval # MJ160070). Animals were treated at the EMBL in agreement with National and International laws and policies. All effort were made to minimize animal numbers.
in accordance with Russell and Burch's (1959) principle of (3Rs) reduction and highest ethical standards. Patient biosamples were provided by the Lung Biobank Heidelberg, member of the biomaterial bank Heidelberg (BMBH) in accordance with the regulations of the BMBH and the approval of the ethics committee of the University of Heidelberg (study S-270/2001 - biobank vote).

Authors contributions
EDI: Conceptualization, methodology, Validation, Formal analysis, Investigation, Data curation, Writing – original draft, Visualization, Project administration. MGM: Methodology, Validation, Investigation, Data curation, Project administration. SG: Methodology, Validation, Formal analysis, Investigation, Data curation, Visualization, Project administration. IZ: Validation, Investigation, Data curation. PR: Validation, Investigation, Data curation. YS: Supervision, Funding Acquisition, Project administration. MJ: Conceptualization, Supervision, Funding Acquisition, Project administration. JM: Conceptualization, Supervision, Funding Acquisition, Project administration. All the authors contributed to reviewing and editing the manuscript.

Competing interests
All authors declare no conflict of interest.
Figures

Figure 1. 3D cell cultures in HPF carriers enable continuous correlative imaging from the millimeter to the nanometer scale. A, a multiscale imaging pipeline of 3D cell cultures in HPF carriers encompasses millimeter-scale stereo light microscopy, 3D confocal fluorescence microscopy prior to and following cryo-fixation, and nanometer-scale FIB-SEM volume imaging. Asterisks indicate single cells that can be targeted and followed throughout the imaging pipeline. B, timeline of 3D cell culture together with sample preparation and imaging regime.
Figure 2. Preservation of 3D multicellular morphologies in HPF carriers. A-F, Comparison of primary mouse mammary organoids growth in HPF carriers (A) and standard tissue culture (TC) dishes (B) at the indicated time points of the culture. Asterisks and arrowheads, respectively, indicate marks of the HPF carriers and a single organoids. C, a confocal plane of an organoid from (A) expressing mCherry-tagged histone H2B. D, immunostaining in HPF carriers with tissue-specific markers: luminal Keratin-8 (K8) and basal/myoepithelial Keratin-14 (K14); cell nuclei stained with DAPI. E, F, immunostaining of tissue-specific markers: the cell-adhesion protein epithelial cadherin (E-CAD, cyan), tight junctions (ZO-1), and cell nuclei (DAPI) of organoids grown in HPF carriers (E) and in TC-dishes (F). Insets: details of cell-cell interfaces. G, H, comparison of patient-derived colorectal cancer organoids growth at the indicated time points of the culture in HPF carriers and TC dishes, respectively. Arrowheads indicate growth of a single organoid. I, a confocal plane of an organoid from (G) with cell nuclei labelled with Hoechst-33342. J, immunostaining in HPF
carriers with tissue-specific markers: E-cadherin (E-CAD) and Cytokeratin-20 (CK20), a colon cell marker; cell nuclei stained with DAPI (white). K, L, immunostaining of tissue-specific polarity markers E-cadherin (E-CAD, cyan), tight junctions (ZO-1, magenta), and cell nuclei (DAPI, white) of patient-derived organoids grown in HPF carriers (K) and in TC-dishes (L). Insets: details of cell-cell interfaces. M, human breast cancer spheroids growth in HPF carriers at the indicated time points. Arrowheads indicate growth of a single organoid. N, a confocal plane of a spheroid from (M) with nuclei marked with Hoechst-33342. O, immunostaining of tissue-specific markers: E-cadherin (E-CAD, cyan), tight junctions (ZO-1, magenta), and cell nuclei (DAPI, white) of spheroids grown in HPF carriers. Insets: details of cell-cell interfaces.
Figure 3. Preservation of fluorescent live dyes in cryo-fixation and freeze-substitution.

A, schematic representation of a BT474 human breast cancer spheroid. Locations of confocal imaging data before (red, B) and after (blue, C) freezing and freeze-substitution are indicated. B, maximum intensity projection of the live spheroid confocal volume stained with live dyes for detection of cell nuclei (Hoechst-33342, grayscale) and F-actin (SiR-actin, cyan). C, a confocal plane of the exposed resin block surface. D-F, primary mouse mammary organoids after freeze-substitution with membrane and nuclear live dyes (FM4-64 in magenta, Hoechst-33342 in grayscale, respectively) in confocal plane (D), and single organoids (E). F, Tumor-induced mouse mammary organoid with nuclear (Hoechst-33342, greyscale) and lipid-droplet (BODIPY 497/503, green) live dyes. G-I, light microscopy at cryogenic temperature of patient-derived organoids (white arrows) cultured in HPF carriers before (G) and after (H) high-
pressure freezing. I, a cryo-confocal image of an organoid in (H) with nuclear (Hoechst-33342, grayscale) and membrane (FM4-64, magenta) live dyes.
Figure 4. FIB-SEM of 3D cell cultures grown in HPF carriers. Examples of FIB-SEM slices of primary mouse mammary organoids. Multilayer organoids after seven days of culture (A) with details (inset) of Matrigel (arrowheads) versus cytoplasm (black asterisk) characteristic freezing. A well-preserved cell (B) with condensed chromatin (white arrow), a centriole (black arrow), and mitochondria (red arrows). Monolayer organoids (C, D) show freezing damage (black arrow) and extensive cracks (red arrow), with membrane detachment (black asterisks). E, Quantification of HPF efficiency by thin sections TEM and its correlation with cell density within organoid (F) for the four 3D culture types embedded in Matrigel: human breast spheroids (BT474), human colorectal cancer organoids (Colon), doxycycline-induced tumorigenic (Mouse Ind), and healthy (Mouse NI) primary mouse mammary gland organoids.
Figure 5. Correlative imaging of 3D cell culture from the millimeter to the nanometer scale. A, stereomicroscopy of BT474 human breast cancer spheroid cultured in HPF carrier. Confocal slice (B) and 3D rendering (C) of the indicated spheroid in A. Cell nuclei (Hoechst-33342, magenta) and F-actin (SiR-actin, cyan). D. Maximum intensity projection tiled scan of the specimen from A after freeze-substitution. Frame indicates the spheroid imaged in B, C, and enlarged in E, F, E. Confocal plane after freeze substitution. Surface laser brandings were introduced at positions of interest (white asterisks) to guide FIB-SEM volume imaging (magenta asterisk). Cell nuclei (Hoechst-33342, magenta) and F-actin (SiR-actin, cyan). F, 3D
rendering of E, G, SEM view of the organoid in E; brandings (H, white asterisks) and FIB-SEM target (magenta asterisk) before (I) and after trench milling (J) with details of the organoid outer edge (white dash) next to the embedding Matrigel (white star). The white triangle indicates the protective platinum layer above the milling volume. Red and white arrows point to the milling direction and the milling progression, respectively. K, Correlated light and electron volume imaging of targeted cells from the organoid in J (magenta asterisk in E and H) next to embedding Matrigel (white star). x,y directions are relative to the SEM imaging plane, orthogonal to the volume (z) highlighted by the correlated fluorescence post-embedding. L, Enlarged view (direction parallel to y in K) of two nuclei from K with well-preserved ultrastructural details (M) of a nucleus (black arrow) and mitochondria (white arrow). SEM images are displayed in negative contrast to aid comparison with fluorescent signal.
Materials and Methods

Animal experimentation
Animals are treated at the European Molecular Laboratory in agreement with National and International laws and policies. All efforts are made to use the minimal number of animals as possible in accordance with Russell and Burch's (1959) principle of (3Rs) reduction and highest ethical standards. The IACUC (Institutional Animal Care and Use Committee) approved the work with these mice (approval # MJ160070).

Animals
TetO-MYC/ MMTV-rtTA (D'Cruz et al., 2001) and TetO-Neu/ MMTV-rtTA (Moody et al., 2002) mouse strains were bred to obtain TetO-MYC/ TetO-Neu/ MMTV-rtTA animals. A reporter R26-H2B-mCherry mouse strain line (Abe et al., 2011) (RIKEN, CDB0239K) was crossed in to establish the experimental line TetO-MYC/ TetO-Neu/ MMTV-rtTA/ R26-H2B-mCherry in FVB background. The housing of all animals used in this study was performed in the Laboratory Animal Resources facility at EMBL Heidelberg, according to the guidelines and standards of the Federation of European Laboratory Animal Science Association (FELASA).

3D Cultures
Every sample type described hereafter shares, in both HPF carries and standard TC dishes, culture conditions as well as sample manipulation, only differing in the volume of the Matrigel and the carrier on which they are seeded.

Primary mouse mammary organoids
Mammary glands were dissected from 7-9 weeks old female virgin mice and collected in a 15 ml falcon. For dissociation of the tissue, the mammary glands were digested overnight at 37 ºC and 5% CO₂ in a loosely capped 50 ml falcon with 5 ml of DMEM/F12 (Lonza) supplemented with 25 mM HEPES, 1% Penicillin Streptomycin solution (ThermoFisher), 750 units of Collagenase Type III (Worthington Biochemical Corporation) and 20 µg of Liberase TM (Roche). After 16 hours digestion, cells were washed with DMEM/F12 (Lonza) supplemented with 25 mM HEPES, 1% Penicillin Streptomycin solution (ThermoFisher). Pellet was then trypsinized with 5 ml of 0.25% Trypsin-EDTA (ThermoFisher) to obtain single cells following the published protocol (Jechlinger et al., 2009). To generate 3D cultures, we prepared in ice a master mix of Matrigel Growth Factors Reduced (Corning, 356231), Rat Collagen I (RnDSystems, 3447-020-01), and PBS following 4:1:1 proportion. We combined the cell suspension and matrix mix to obtain a concentration of 30,000 cells/100 µl of master mix. We seeded a volume of 4 µl in the 200 µm deep HPF carriers, previously sterilised with 70% Ethanol and fixed with Matrigel (Corning), to an 18 mm glass coverslip. Then, each carrier was placed into a well of a 24-well plate (Corning) to allow the gels to polymerize at 37 ºC with 5% CO₂. After polymerization, we supplied gels with 1 ml of Mammary Epithelial Cell Growth Medium (Promocell, c-21010) supplemented with Mammary Epithelial Cell Growth supplement (Sciencell, 7652) and incubated at 37 ºC in a humidified atmosphere with 5% CO₂. For induction of oncogene expression in the organoids, Doxycycline Hyclate (Sigma, D9891) was diluted into the growth medium at 600 ng/ml after 4 days of 3D cell culture. Growth media were exchanged every other day in both conditions.
**Human colorectal cancer organoids**

Biosamples were provided by Lungbiobank Heidelberg member of the biomaterial bank Heidelberg (BMBH) in accordance with the regulations of the BMBH and the approval of the ethics committee of the University of Heidelberg (study S-270/2001 - biobank vote). Metastatic lesion from a patient diagnosed with metastatic colorectal cancer was surgically removed and dissected from lung tissue. A tumor fragment of a minimum of 100 mm$^2$ was used for the establishment of primary organoid culture. Briefly, tissue was mechanically dissociated using scalpel followed by pipetting through a 10 ml pipette in a basal medium Advanced DMEM/F12 (Gibco), Primocin 50 µg/ml (Invivogen), 1% GlutaMAX (Gibco), 1% HEPES (Gibco), 1% Penicillin Streptomycin solution (Gibco), N-Acetylcysteine 1.25 mM (Sigma) supplemented with 1% B27 supplement (Gibco). Next, the cell suspension was enzymatically digested for 2 hours at 37 ºC in basal medium supplemented with Liberase DH (final concentration 0.28 Wünsch units/ml). The cell suspension was then filtered through 100 µm and 40 µm cell strainer. Single cells were seeded in Growth-Factor Reduced Matrigel (Corning) mixed with PBS (4:1) adjusted to a concentration of 17,000 cells/µl and cultured in culture medium (Advanced DMEM/F12 (Gibco) Primocin 50µg/ml (Invivogen), 1% GlutaMAX (Gibco), 1% HEPES (Gibco), penicillin 100 U/ml and streptomycin 100 µg/ml (Gibco), N-Acetylcysteine 1.25 mM (Sigma) supplemented with 1% B27 supplement (Gibco), 50 ng/ml Epidermal Growth Factor (EGF) (Peprotech), 100 ng/ml Noggin (Peprotech) and 500 nM A83-01 (Tocris Bioscience). Organoids were passaged with Gentle Cell Dissociation Reagent (StemCell Technologies) according to manufacturer instructions. For imaging experiments, organoids from passage 4-10 were seeded on the HPF carriers using 2 µl of organoid suspension in Matrigel/PBS (6:1).

**BT474 cell spheroids**

BT474 human cell line was obtained from American Type Culture Collection. Cells were grown in DMEM 1x 4.5 g/L D-glucose FluoroBrite (Gibco) medium supplemented with 10% inactivated FBS (Gibco), 1% HEPES 1 M (Gibco), 1% Sodium Pyruvate 100 mM (Gibco), 1% MEM NEAA 100X (Gibco), 1% L-Glutamine 200mM (Gibco), 1% Penicillin Streptomycin solution (Gibco) and passaged using 0,05% Trypsin-EDTA (Gibco). For spheroid formation and imaging experiments, cells were seeded on the HPF carriers in Growth-Factor Reduced Matrigel (Corning) mixed with PBS (6:1) at 500 cells/µl.

**Immunofluorescent staining**

Organoid cell culture was performed in HPF carriers (Wohlwend GmbH) which were then transferred to a deactivated clear glass vial (Waters,186000989DV), and fixed with 4% PFA for 5 minutes followed by three washes of PBS. To prevent nonspecific antibody binding, the HPF carriers were incubated with 10% goat serum for 2 hours at room temperature. Primary antibody incubation was performed overnight at 4 ºC. Afterward, HPF carriers were washed with PBS three times for 10 minutes, and incubated with secondary antibodies and DAPI (Thermo Fisher, 62248, 1:1000). Samples were mounted using Prolong Gold with DAPI (Thermo Fisher, P36931). The following antibodies were used in this study: c-MYC (Cell Signaling Technologies, 5605, 1:800), ZO-1 (Thermo Fisher, 61-7300, 1:400), E-cadherin (Thermo Fisher, 13-1700, 1:200), Alpha6-integrin (Millipore, MAB1378, 1:100), Cytokeratin 8 (Troma-I, DSHB, 1:100), Cytokeratin 14 (Invitrogen, MA5-11599, 1:200) Cytokeratin 20 (Abcam, ab76126, 1:200), Alexa 488 (Invitrogen, A11034, 1:800), Alexa 568 (Invitrogen, A11031, 1:800), Alexa 647 (Invitrogen, 21247, 1:800). Mounts were imaged in HPF carriers on a Leica SP5 confocal microscope using a 63x 1.2 NA water immersion lens and the LAS.
AF imaging software. HPF carriers were mounted facing the objective on top of a Nunc LabTek II chambered 1.5 borosilicate cover glass.

**Stereomicroscopy and widefield transmission imaging**

The 3D cell cultures in HPF carriers were maintained in 24-well plates and imaged in a Leica M125 C Stereomicroscope in dark field mode to enhance the HPF carriers contrast against the background. 3D cell culture grown in gels in TC-dishes over the time-course of the experiment were imaged using the widefield high-throughput Olympus ScanR microscope in transmission mode. Each well of the 24-well plate was imaged using 9 ROIs per well, with 21 Z-stacks (100 µm of scanning step in Z). Images were acquired with 4x UplanSApo 0.16 NA Air objective in an environmental chamber at standard cell culture conditions (37 °C, 5% CO₂). Projections of z-stacks and image stitching were done using Fiji software (Schneider et al., 2012).

**Live-cell confocal imaging**

For live cell imaging, HPF carriers were washed with PBS once, transferred to a 35 mm or 10 mm diameter cell culture dish (Greiner Bio One International, catalog number 627860, Kremsmünster, Austria). For samples devoid of genetic fluorescent tags, the HPF carriers were incubated for 20 minutes with the desired live dyes diluted in the growth medium to the following final concentrations: SiR-actin 100 µM (Spyrochrome AG, catalog number SC001, Stein am Rhein-Switzerland), Hoechst-33342 10 µM (Thermo Fisher Scientific, Waltham, MA USA, catalog number H1399), FM4-64 2 µM (Thermo Fisher Scientific, Waltham, MA USA, catalog number T13320) and BODIPY 493/503 1 µM (Thermo Fisher Scientific, Waltham, MA, catalog number D3922). The culture dish was immersed in a drop of deionized water. HPF carriers were flipped with the recess facing the microscope objective lens. Live cell imaging was performed at 37 °C and 5% CO₂ with a Zeiss LSM 780 NLO (Jena, Germany) equipped with a LD LCI Plan-Apochromat 25x 0.8 NA water immersion objective. To image the whole HPF carrier volume and locate single organoids, we first detected cell nuclei marked with Hoechst-33342 and acquired z-stacks with 6x6 tiles of 512² pixels with 10% overlap, and 10 µm z-step. The final montage was stitched using ZEN-black software. For single organoids, we acquired z-stacks of 1024² pixels at different z-steps ranging from 1.0 or 1.8 µm.

**High-pressure freezing, freeze-substitution, and two-photon laser branding**

We followed the procedure described in (Ronchi et al., 2021). Briefly, we high pressure froze 3D cell cultures in HPF carriers with a high-pressure freezer HPM 010 (AbraFluid). Before high-pressure freezing mouse organoids with cryo-protecting chemicals, the HPF carriers containing the 3D cell cultures were dipped for one minute either directly in Cellbanker 2 cryo-preserving medium (catalog number 11891, AMSBIO, Cambridge - US) or in 20% Ficoll 70.000 MW (catalog number F2878, Sigma, Merck KGaA, Darmstadt, Germany) diluted in Mammary Epithelial Cell Growth Medium (Promocell, c-21010). Next we performed freeze-substitution with 0.1% uranyl acetate (UAc) in acetone. After 72h incubation at -90 °C, the temperature was increased to allow the reaction of uranyl-acetate with the biological material. We then rinsed the samples with pure acetone before infiltration of the resin lowicryl HM20 (Polysciences). Finally, we polymerized the resin with UV at -25 °C. The resin-embedded samples were then transferred in 35 or 10 mm cell culture dish (Greiner Bio One International 627860, Kremsmünster, Austria) with water as immersion medium and imaged at an inverted Zeiss LSM 780 NLO microscope (Jena, Germany) equipped with a 25x Plan-Apochromat 25x 0.8 NA Imm Korr DIC multi immersion objective lens. Surface branding was performed with
the 2-photon Coherent Chameleon Ultra II Laser (Santa Clara, USA) of the Zeiss LSM 780 NLO microscope and the “bleaching” function of ZEN black software.

**Cryo-Confocal microscopy**

Confocal stack acquisition under cryo-conditions was carried out with Leica TCS SP8 upright microscope (Leica microsystems CMS GmbH, Mannheim, Germany), controlled by Leica Application Suite X 3.5.5.19976 software. The microscope was equipped with cryo-stage, insulated HC PL APO 50x 0.90 NA DRY objective, and Leica DFC365 FX camera. The high-pressure frozen organoids in HPF carriers were inserted into the cartridge (Leica microsystems CMS GmbH, Mannheim, Germany) with sample side facing the objective. All sample loading and transfer operations were conducted under cryo-conditions, in liquid nitrogen vapor phase, using a dedicated loading/transfer unit (Leica microsystems CMS GmbH, Mannheim, Germany). The loading and transfer steps were carried out in a humidity-controlled room (10%) to minimize ice contamination on the sample. After the sample was deposited on the microscope stage pre-cooled to -195° C, we determined the approximate z-position of the sample surface in wide-field illumination mode. Using Matrix MAPS+CLEM2 application within the Matrix Screener module, we acquired 100 microns deep (steps of 2 μm) z-stack tiles (x/y with 20% overlapping) to produce a stitched 3D overview image of the whole carrier at the desired wavelengths (Leica Application Suite X 3.5.5.19976). This helped to determine ROIs for subsequent confocal stacks acquisition. Confocal stacks were acquired in two channels: 405 nm at 50% power Diode laser (HyD1 detector 410 nm - 504 nm) and 552 nm at 50% power OP SL laser (HyD 3 detector 660 nm - 778 nm). Pinhole 1 AU, zoom 1, pixel format 1056x1056, pixel size in xy = 0.22 μm, in z = 0.372 μm, bidirectional scan at 200 Hz. Z-stack of 50 μm depth were acquired with a z-step system optimized for the 405 nm wavelength. Confocal stacks were processed with the Lightning deconvolution software module (Leica Application Suite X 3.5.5.19976) at default settings and a number of iterations set to 5 for both channels.

**FIB-SEM**

After confocal imaging and branding for targeting, the blocks were mounted on a SEM stub using silver conductive epoxy resin (Ted Pella). After mounting, the blocks were gold sputtered with a Quorum Q150R S coater. FIB/SEM imaging was performed on a Zeiss CrossBeam XB540 or XB550. Briefly, a platinum coat was deposited over the area marked by the laser branding. Auto-tuning marks were milled on the platinum surface and highlighted with carbon. Large trenches were milled with 30 nA FIB current and surface polished with 7 nA or 15 nA currents. Precise milling during the run was achieved with currents of either 700 pA or 1.5 nA. For all experiments, the SEM imaging was done with an acceleration voltage of 1.5 kV and a current of 700 pA, using a back-scattered electron detector. For single cells within organoids, data were acquired either at 8 nm isotropic or 8x8x10 nm (x,y,z) sampling. For the acquisition of entire organoids, voxels of 15x15x20 nm were found to be the best compromise between the achievable resolution/field-of-view ratio and milling stability.

**Thin sectioning TEM**

Blocks prepared as described above were sectioned with an ultramicrotome (Leica UC7) and 70 nm sections were collected on formvar coated slot grids. Organoid TEM images were acquired without post-staining using a Jeol 2100 Plus operated at 120 kV. The organoids were identified at 400X mag (32 nm pixel size). Subsequently, single organoids were imaged by fitting a montage of tiles at 2000X mag (6.7 nm pixel size) using SerialEM (Schorb et al., 2019).
The montages were stitched with the command justblend and, where necessary, manually corrected with Midas both implemented in Imod (Kremer et al., 1996).

Data processing and rendering
Unless otherwise specified, all microscopy data were processed with Fiji (Schneider et al., 2012). The contrast of electron microscopy data was enhanced using the Fiji plugin Enhance Local Contrast (CLAHE) using the following parameters: blocksize 63, 256 histogram bins and maximum slope of 3.0. When necessary, before contrast enhancement, FIB-SEM volumes were corrected for curtaining effect applying wavelet decomposition (Münch et al., 2009) implemented in the freely available software SerialFIB (Klumpe et al., 2021). Here we used coif3 type vertical wavelets with a decomposition sigma level of 8 and a sigma gaussian for vertical stripes dampening of 6. In movie 3, we show wavelet decomposition effectiveness using the particularly severe curtaining in the dataset shown in Video 1 in Ronchi et al., (Ronchi et al., 2021). Movies were made with Fiji and synchronized with the macro by Patrice Malscalchi (https://github.com/AiviaCommunity/ImageJ-Macros-Utilities). For light microscopy data 3D rendering, Imaris 9.6.0 with either “blend” or “shadow projection” rendering modes was used. All schematics were created with Biorender (Biorender.com) and Adobe illustrator.

References


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