

1 **Reduction of protein disulfide isomerase results in open conformations and**
2 **stimulates dynamic exchange between structural ensembles**

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1 **Abstract**

2 Protein disulfide isomerase (PDI) is a ubiquitous redox-regulated enzyme that interacts
3 with hundreds of client proteins intracellularly and extracellularly. It comprises two redox-
4 sensitive domains, each hosting the conserved catalytic motif CxxC, two redox-insensitive
5 protein-binding domains, and three linkers. Snapshots of oxidized and reduced PDI have
6 been obtained by X-ray crystallography. Yet, how PDI's structure dynamically changes in
7 response to the redox microenvironment and ligand binding remain unknown. Here, we
8 used multiparameter confocal single-molecule Förster resonance energy transfer
9 (smFRET) and multiple FRET pairs to track the movements of the two catalytic domains
10 with high temporal resolution. Our studies document that, at equilibrium, PDI visits three
11 structurally distinct conformational ensembles, two "open" (O_1 and O_2) and one "closed"
12 (C). We show that the redox environment dictates the time spent in each ensemble and
13 the rate at which they exchange. While oxidized PDI samples O_1 , O_2 and C more evenly
14 and in a slower fashion, reduced PDI predominantly populates O_1 and O_2 , and exchanges
15 between them more rapidly, on the sub-millisecond timescale. These findings were not
16 expected based on crystallographic data. Using mutational analyses, we further
17 demonstrate that the two active sites are structurally nonequivalent and that ligands
18 targeting the active sites of reduced PDI shift the equilibrium towards closed
19 conformations of the enzyme. This work introduces a new structural framework that
20 challenges current views of PDI dynamics, helps rationalize the multifaced role of PDI in
21 biology and may assist drug development.

1 Introduction

2 Protein disulfide isomerase (PDI) is an archetypal oxidoreductase responsible for
3 oxidative protein folding in eukaryotes (1, 2). It interacts with hundreds of client proteins
4 catalyzing the formation, rupture, and isomerization of disulfide bonds (1, 3). Since
5 disulfide bonds are essential for achieving tertiary and quaternary structures of proteins
6 but also have important functional roles, its enzymatic activity is essential for life.

7 PDI comprises 508 amino acids organized in four thioredoxin domains arranged in the
8 order **a**, **b**, **b'** and **a'**, followed by an acidic C-terminal tail (**Figure 1A**) (1, 3). Domains **a**
9 (res 18-133) and **a'** (res 137-232) contain the conserved catalytic motif CxxC, whereas
10 the **b** (res 235-348) and **b'** (res 370-479) domains are redox-insensitive; they participate
11 in substrate and cofactor recruitment, not in catalysis. Three linkers connect the four
12 thioredoxin domains.

13 While mostly located in the endoplasmic reticulum (ER) (1), PDI can also be found
14 outside the cells, where it plays key regulatory roles in several enzymatic cascades, most
15 notably in the coagulation cascade (4-6). However, in contrast to intracellular PDI, which
16 primarily works as a foldase (1, 7), extracellular PDI mostly works as a reductase or
17 oxidase (4, 8). That is, PDI facilitates the rupture or formation of specific types of disulfide
18 bonds in target proteins, known as allosteric disulfide bonds (9), thus modulating their
19 function by inducing local or global structural rearrangements. Relevant examples of
20 allosteric disulfide bonds regulated by PDI are the ones in the coagulation activator tissue
21 factor (10), in the Antiphospholipid Syndrome autoantigen β_2 GPI (11), and in the
22 membrane receptors α IIb β 3 (12) and GpIb α (13), which control platelet activation and
23 aggregability.

24 Because of the motif CxxC, the catalytic activity of PDI is critically regulated by the
25 microenvironment via cysteine modifications, i.e., oxidation (S-S) or reduction (-SH) (1).
26 In the ER, there are several systems controlling the redox balance so that PDI is mostly
27 oxidized (14). However, in the circulation, such systems are not readily available.
28 Consequently, PDI's redox state can vary quite significantly. Hence, understanding how
29 the structure of PDI responds to changes in the redox milieu is particularly important for
30 the field of thrombosis and hemostasis as this knowledge could help to define the
31 mechanistic basis of its extracellular function as well as to design compounds capable of
32 targeting redox-specific activities of extracellular PDI for safe anticoagulation.

33 Over the past two decades, structural, computational, and biophysical studies have
34 provided solid evidence for PDI's flexibility by documenting large-scale redox-dependent
35 and redox-independent movements of the two catalytic domains (15-21). This led to the
36 hypothesis that PDI operates as a dynamic clamp, which is capable of opening and
37 closing in response to different stimuli. Testing this structure-based hypothesis, however,
38 has been challenging due to several technical limitations. Ensemble methods, although
39 easily accessible, are difficult to interpret on a structural basis since the signal is averaged
40 over multiple conformations, preventing direct identification of distinct functional states.

1 Multidimensional NMR experiments are greatly complicated by the relatively large size of
2 PDI. Finally, X-ray crystallography and cryo-electron microscopy, while providing very
3 detailed information, offer a limited number of structural snapshots. X-ray crystallography
4 may also impose constraints on structural variability.

5 Recently, pioneering single-molecule studies of PDI have started to emerge in the
6 literature. Most notably, Okumura et al. applied High-Speed Atomic Force Microscopy
7 (HS-AFM) to study PDI conformational dynamics after tethering the protein onto mica
8 sheets (20). In the meantime, our group developed a method to incorporate unnatural
9 amino acids into PDI (22), thus opening the door for single-molecule Förster resonance
10 energy transfer (smFRET) investigations of PDI in solution. In this study, we provide a
11 detailed characterization of the conformational dynamics of PDI in solution using
12 multiparameter confocal smFRET. We chose this setup over other single-molecule
13 approaches, such as total internal reflection, because it enables identification and
14 quantification of large-scale dynamics with high temporal resolution (ns-ms) while
15 minimizing the probability of structural perturbations caused by immobilization of proteins
16 onto a surface (23-25). Our work reveals unanticipated movements of the **a** and **a'**
17 catalytic domains in response to the redox environment and ligand binding and offers a
18 new structural framework that helps rationalize the multifaced role of PDI in biology and
19 may assist drug development efforts.

20

21 **Results**

22 **Experimental design.** To perform smFRET experiments, donor and acceptor
23 fluorophores must be site-specifically introduced into the protein of interest without
24 perturbing its structure and, ideally, its biological function. Positions 57 and 88 in the **a**
25 domain and 401 and 467 in the **a'** domain were selected based on the currently available
26 X-ray structural data of oxidized (**Figure 1B, top panel**) and reduced (**Figure 1B, bottom**
27 **panel**) PDI (16) to obtain four combinations of labeling positions, two linear (i.e., 57/401
28 and 88/467) and two diagonal (i.e., 57/467 and 88/401). Residues K57 and K401 are
29 located one position downstream of the active site cysteines C56 and C400 in the **a** and
30 **a'** domain. Residues S88 and K467 are located on the opposite side of the catalytic
31 domains. These four FRET pairs were designed to measure large-scale hinge bending
32 movements of the **a** and **a'** domains reported by the structures and to follow the
33 positioning of the active sites relative to each other. The four FRET pairs were also
34 designed such as we expect significantly higher values of energy transfer ($\Delta_{\text{FRET}} > 0.2$)
35 while transitioning from the oxidized (lower FRET) to the reduced state (higher FRET), as
36 reported in **Figure 1C**.

37

38 **Site-specific labeling of catalytically active PDI.** Given that PDI's active sites contain
39 four cysteine residues, donor (Atto550) and acceptor (Atto647N) fluorophores were
40 introduced at the desired positions using biorthogonal chemistry by following a procedure

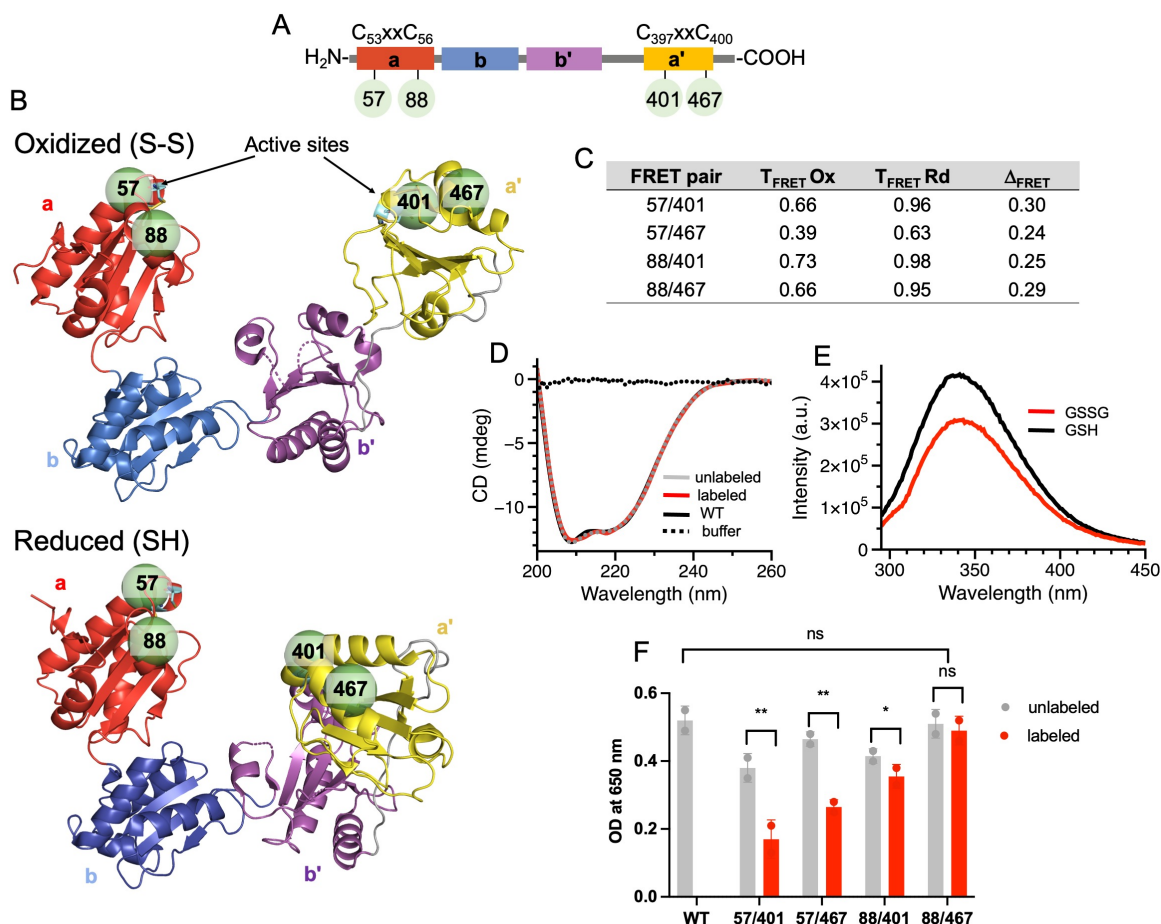


Figure 1. Design, structural and functional integrity of labeled proteins. A) Domain structure of human PDI. PDI comprises 508 AA organized in four domains, **a** (red), **b** (blue), **b'** (magenta) and **a'** (yellow), connected by linkers (gray). Domains **a** and **a'** contain the active sites CxxC. **B)** Top view of the X-ray crystal structures of oxidized (S-S, top panel, 4el1) and reduced (SH, bottom panel, 4ekz) PDI documenting a U-shape architecture and movement of the **a'** domain (yellow) toward the **b'** domain (magenta) upon reduction of the active sites. Shown as dotted lines are the distances between the active sites. The green spheres represent residues K57, S88, K401 and K467 selected for smFRET studies. **C)** Theoretical values of energy transfer for oxidized ($T_{\text{FRET Ox}}$) and reduced PDI ($T_{\text{FRET Rd}}$) estimated with the software FPS after attaching Atto-550 and Atto-467N dyes ($R_0=65\text{\AA}$) at the specified positions. The difference $T_{\text{FRET Ox}}-T_{\text{FRET Rd}}$ is shown as Δ_{FRET} . **D)** Far-UV CD of PDI 88/467 before (gray) and after (red) labeling compared to PDI wild-type (WT, black). **E)** Reactivity of PDI 88/467 towards oxidized (GSSG, red) and reduced (GSH, black) glutathione probed by intrinsic fluorescence spectroscopy. **F)** Insulin assay testing the reductase activity of proteins before (gray) and after (red) labeling. PDI wild type (WT) served as a control. Each reaction was continuously monitored for 60 min at 650 nm in duplicate. The intensity at 650 nm after 40 min was used as readout of catalytic efficiency. Progress curves are shown in **Figure S1**. (** $p<0.001$), * $p<0.01$, n.s. not significant).

1 recently developed and validated in our laboratory (22). After purification, doubly labeled
 2 PDI 57/401, PDI 57/467, PDI 88/401 and 88/467 were properly folded, as documented
 3 by far-UV CD (**Figure 1D** and **Figure S1**) and responded well to redox stimulation, as
 4 probed by tryptophan fluorescence spectroscopy (**Figure 1E** and **Figure S1**). Similar
 5 spectral variations induced by GSSG and GSH were found in previous studies for PDI
 6 wild-type (26). Importantly, doubly labeled PDI variants remained active when tested for

1 their ability to reduce insulin to a degree consistent with what was expected based on the
2 positioning of the dyes (**Figure 1G** and **Figure S1**). In fact, the loss of enzymatic activity
3 for doubly labeled PDI 57/401 (67%), PDI 57/467 (49%) and PDI 88/401 (32%) compared
4 to unlabeled proteins, PDI wild-type and doubly labeled PDI 88/467 was anticipated and
5 likely arises from the proximity of residue 57 and residue 401 to the active site cysteines
6 56 and 400, which interferes with substrate processing.

7 To rule out position-dependent interactions of the dyes with the protein, we measured
8 steady-state anisotropy and quantum yield for singly labeled donor and acceptor PDI
9 molecules. The values measured for the eight variants are reported in **Table 1**. They are
10 consistent with freely rotating dyes attached to PDI.

11 Taken together, these results indicate that, after purification, fluorescently labeled PDI
12 molecules are properly folded and catalytically active, thus suitable for smFRET studies.

13
14 **Conformational dynamics of oxidized and reduced PDI monitored by smFRET.**
15 smFRET studies of PDI were performed using a confocal microscope equipped with pulse
16 interleaved excitation, as detailed in the experimental section. This methodology, in
17 addition to enabling simultaneous acquisition of fluorescence intensity and fluorescence
18 lifetime, facilitates isolation and, therefore, analysis of molecules containing the proper
19 donor:acceptor ratio (stoichiometry, $S=0.5$) while discarding donor only ($S=1$) and
20 acceptor only ($S=0$) species, which are irrelevant for our goal (**Figure S2**). Given that R_0
21 of the FRET couple Atto-550/Atto-647N is $\sim 65\text{\AA}$, interprobe distances from $\sim 45\text{\AA}$ ($E=0.9$)
22 to $\sim 90\text{\AA}$ ($E=0.10$) are measured in this study.

23 The 1D FRET efficiency plots of PDI 57/401, PDI 57/467, PDI 88/401 and PDI 88/467
24 obtained after size exclusion chromatography (SEC) purification, and therefore under
25 conditions in which the active site cysteines are oxidized (22), are reported in the top
26 panels of **Figure 2A**, **Figure 2B**, **Figure 2C** and **Figure 2D**, respectively. The
27 corresponding 2D plots of FRET efficiency vs Stoichiometry (S) are reported in **Figure**
28 **S3** of the supplementary materials.

29 Oxidized PDI 57/401 and PDI 88/401 were found to adopt a unimodal distribution,
30 which was skewed toward high FRET. For both variants, the mean FRET ($E_{ave,ox}$) was
31 0.82 ± 0.16 . In contrast, oxidized PDI 57/467 and PDI 88/467 displayed broader FRET
32 distributions, spanning almost the entire FRET range. This resulted in lower FRET values
33 ($E_{ave,ox}=0.61$ for PDI 57/467 and $E_{ave,ox}=0.66$ for PDI 88/467) and larger standard
34 deviations (0.24 for PDI 57/467 and 0.22 for PDI 88/467). The differences between these
35 variants are clearly visible by inspecting the plots in **Figure 2**. The values of $E_{ave,ox}$ and S
36 are summarized in **Table 2**.

37 To transform oxidized PDI into reduced PDI we added the reducing agent dithiothreitol
38 (DTT). When 1 mM DTT was added to oxidized PDI, the FRET signal shifted towards
39 lower values for all the FRET pairs (**Figure 2A**, **Figure 2B**, **Figure 2C** and **Figure 2D**,
40 **bottom panels**, and **Table 2**). The greatest effect was seen for PDI 88/467 ($\Delta E_{ave,(ox-}$

1 $rd)=0.13)$ followed by PDI 57/467 ($\Delta E_{ave,(ox-rd)}=0.07$). Smaller variations were measured for
 2 PDI 88/401 ($\Delta E_{ave,(ox-rd)}=0.03$) and PDI 57/401 ($\Delta E_{ave,(ox-rd)}=0.02$). Moreover, PDI 57/467
 3 (**Figure 2B**) and PDI 88/467 (**Figure 2D**) displayed more homogeneous distributions
 4 characterized by a significantly smaller standard deviation compared to the oxidized form.
 5 The changes observed in the presence of DTT were neither dye nor DTT specific since
 6 similar results were obtained by labeling PDI 88/467 with a different combination of dyes
 7 and by using GSH as an alternative source of reducing equivalents (**Figure S4**).
 8 Moreover, the effect of DTT on PDI 88/467 was dose-dependent and saturable, as shown
 9 in **Figure 2E**. Finally, the changes induced by DTT were also consistent with our previous
 10 results obtained with the FRET pair 42/467 (22), which reports an even more pronounced
 11 high to low FRET transition in the presence of DTT ($\Delta E_{ave,(ox-rd)}=0.31$). We conclude that
 12 addition of DTT triggers a profound structural reorganization forcing the catalytic domains
 13 to move away from each other. Interestingly, the structural effect elicited on PDI by DTT
 14 were qualitatively different from what has been previously reported for the thiol-enzyme
 15 quiescin-sulfhydryl oxidase (QSOX) using smFRET (27), implying different sensing
 16 mechanisms between families of oxidoreductases.

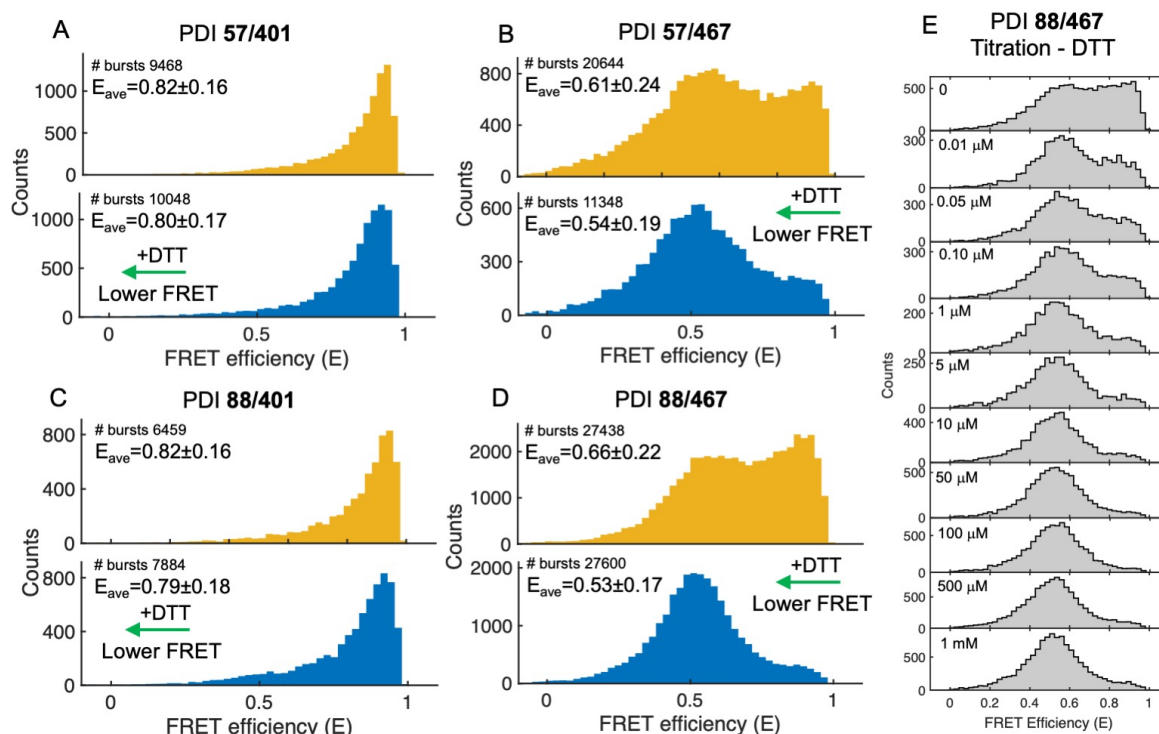


Figure 2. smFRET studies of oxidized and reduced PDI. 1D FRET efficiency histograms of PDI 57/401 (A), PDI 57/467 (B), PDI 88/401 (C) and PDI 88/467 (D) obtained in the absence (yellow, top panel) and presence (cyan, bottom panel) of 1 mM DTT in Tris 20 mM pH 7.4, 150 mM NaCl, 2 mM EDTA, 0.003% Tween 20. PDI's concentration was 50-100 pM. Collection time was ~40 minutes per sample. Molecules with $0.25 < S < 0.75$ were selected. Shown are the number of bursts and mean FRET (E_{ave}) \pm STDEV. Note how, in the presence of DTT, the signal shifts towards lower FRET (green arrow). (E) 1D FRET efficiency histograms of PDI 88/467 collected at increasing concentrations of DTT (0-1 mM). To ensure equilibrium, samples were measured after incubating PDI 88/467 and DTT for 40 minutes at room temperature (20°C).

1 **Oxidized and reduced PDI undergo rapid conformational dynamics.** Data in **Figure**
2 **2** document significant differences between the FRET pairs. They also provide
3 preliminary evidence that multiple conformations of oxidized PDI exist at equilibrium, and
4 that PDI 57/467 and PDI 88/467, but not PDI 57/401 nor PDI 88/401, are capable of
5 efficiently visualizing them when labeled with the FRET pair Atto550/647N.

6 By taking advantage of the way photons are collected and stored in our experiments
7 (i.e., time-correlated single photon counting or TCSPC), we constructed 2D plots in which
8 the transfer efficiency of oxidized and reduced PDI was graphed versus the fluorescence
9 lifetime of the donor in the presence of the acceptor ($\tau_{D(A)}$) of each molecule. In these
10 plots, as demonstrated elsewhere (23-25, 28-30), FRET populations that represent
11 conformational states (or ensembles) that either do not exchange or exchange at a rate
12 ~ 10 times slower or ~ 10 times faster than the molecules' diffusion time lie on the so-called
13 "static" FRET line, which is the line that describes the theoretical relationship between the
14 values of $\tau_{D(A)}$ and the values of energy transfer. By contrast, FRET populations that
15 represent conformational states undergoing dynamic exchange during the observation
16 time deviate from the "static" FRET line and lie on the "dynamic" FRET line, which
17 connects two exchanging states. Because of the very significant effect induced by DTT
18 (**Figure 2D**) and pristine catalytic activity (**Figure 1F**), we selected PDI 88/467 for our in-
19 depth biophysical analyses. However, similar considerations are applicable and remain
20 valid for the other FRET variants, whose results are reported and briefly discussed in
21 **Figure S5** of the supplementary materials.

22 For both oxidized (**Figure 3A**) and reduced PDI 88/467 (**Figure 3B**), we observed two
23 main populations of molecules, connected by a bridge. These two populations were
24 characterized by fluorescence lifetime values centered at ~ 0.25 ns and ~ 1.59 ns,
25 corresponding to high-FRET and medium-FRET. For simplicity, we called these two
26 populations closed and open, respectively.

27 In contrast to the closed population, the center of the open population did not reside
28 on the static FRET line but was instead slightly shifted toward the right. This was
29 particularly evident for oxidized PDI 88/467. Since the dyes are freely rotating in solution
30 thus not theoretically affecting protein dynamics, we hypothesized that, in addition to C,
31 PDI visits multiple FRET states within the open ensemble that exchange in the millisecond
32 timescale. This is because PDI molecules remain, on average, ~ 0.5 ms in the observation
33 volume.

34 To test this hypothesis, we performed subpopulation specific fluorescence lifetime
35 analysis, a methodology that has proven useful to define the number of species at
36 equilibrium that are faster than diffusion (23, 25, 31). Since we hypothesized
37 heterogeneity within the open ensemble, we selected bursts from the FRET interval 0.4-
38 0.6, which is highlighted in magenta. If multiple PDI species were present at equilibrium,
39 we expected more than one relaxation would be necessary to fit the lifetime plots. For
40 both oxidized and reduced PDI 88/467 (**Figure 3C** and **Table 3**), the lifetime decay could

- 1 not be fit with one exponential (1 exp, $\chi^2=9.69$) but instead required a double exponential
- 2 function (2 exp, $\chi^2=1.31$). The addition of a third relaxation did not significantly improve
- 3 the fit ($\chi^2=1.28$). This result agrees with our hypothesis and documents the existence of

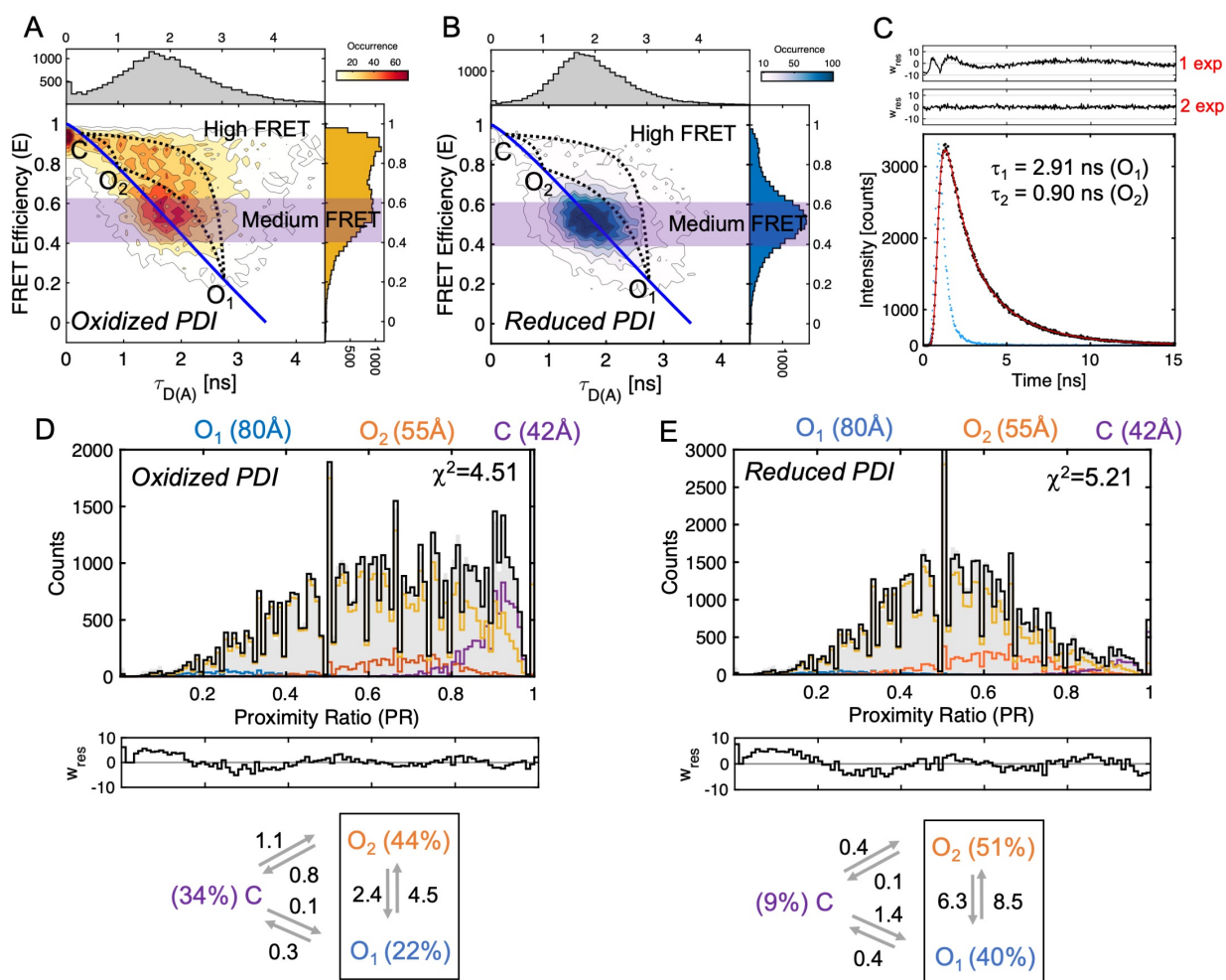


Figure 3. Dynamics of oxidized and reduced PDI. 2D plots of FRET efficiency versus lifetime of the donor in the presence of the acceptor $\tau_{D(A)}$ for **(A)** oxidized and **(B)** reduced PDI 88/467 documenting the dynamic exchange between closed (high FRET) and open (medium FRET) ensembles. The solid blue line describes the theoretic relationship between FRET and lifetime (“static FRET line”). Systematic deviations from this relationship highlighted by the dotted lines track the trajectory of single molecules that are exchanging between C, O_1 and O_2 while passing through the confocal volume. The magenta regions indicate the molecules selected for the lifetime analysis (0.4-0.6) shown in **panel C**. **C)** Subpopulation specific fluorescence lifetime of oxidized PDI 88/467. Data points are in black. The red line represents the best fit obtained with a double exponential function ($\chi^2=1.33$). The value of lifetime of each population is shown in the plot. It is also reported in **Table 3** together with the amplitude for each population. The instrumental response function is shown in blue. Weighted residuals for one (1 exp) and two exponential (2 exp) fit are shown above the graph. PDA analyses of oxidized **(D)** and reduced **(E)** PDI 88/467 obtained with a dynamic three-state model. C, O_1 and O_2 sates are shown in purple, orange and blue, respectively while the exchange between them is represented by the yellow line. The black line represents the global fit. Weighted residuals are shown below each plot together with a diagram that summarizes the kinetic scheme, the rate constants and fraction of each population at equilibrium. Note how the residuals show a larger deviation toward lower values of PR. Such deviation is most likely due to acceptor fluorophore that goes into a dark, non-FRET state.

1 two states within the open ensemble, which we called O_1 and O_2 . Additionally, we found
2 that the ratio f_2/f_1 between the amplitudes f_2 for τ_2 and f_1 for τ_1 was ~ 1.2 in both oxidized
3 and reduced PDI. We concluded that O_2 is more represented at equilibrium, regardless
4 of the redox state.

5 Previous studies have suggested that oxidized and reduced PDI are structurally
6 distinct (16, 20, 32). Despite the macroscopic differences between the FRET profiles, we,
7 however, measured values of τ_1 and τ_2 that are very similar, within experimental error
8 (**Table 3**). This indicates that very similar, perhaps identical, conformational states exist
9 in both oxidized and reduced PDI. Given PDI's flexibility, we propose that the redox
10 microenvironment modulates PDI by a conformational selection mechanism rather than
11 forming new macroscopic species.

12
13 **Connectivity between the ensembles and rate of interconversion.** By having
14 identified the minimum number of macroscopic states at equilibrium, we next defined the
15 connectivity between them (23, 29). To this end, using the previously determined values
16 of lifetime of 0.25 ns for C, 0.91 ns for O_2 and 2.75 ns for O_1 , which, using the equation
17 $E=1-(\tau_{D(A)}/\tau_D)$, a $\tau_D=3.5$ ns and an $R_0=65\text{\AA}$, correspond to $E_1=0.93$ (or 42\AA) for C, $E_2=0.73$
18 (or 55\AA) for O_2 and $E_3=0.22$ (or 80\AA) for O_1 , we drew the corresponding dynamic FRET
19 lines (dotted lines) in **Figure 3A** and **Figure 3B**. These lines were drawn according to
20 previous work in the field (23-25, 30, 33). Although less evident for reduced PDI because
21 of the low intensity of C, we found bursts lying on all three lines indicating dynamic
22 exchange between the FRET states. This led us to propose a triangular kinetic scheme
23 for both reduced and oxidized PDI, implying that, in solution, the three ensembles
24 spontaneously exchange to one another.

25 To quantify the abundance of each ensemble at equilibrium and determine the rates
26 at which they interconvert, we performed photon distribution analysis (PDA) (25, 33, 34).
27 Given the results of our previous experiments, we chose a three-state dynamic model.
28 Datasets for oxidized and reduced PDI 88/467 binned at 1, 0.75, 0.5 and 0.25 ms were
29 globally fit after fixing the value for each state to 42\AA , 55\AA and 80\AA , which are the
30 experimentally determined values for C, O_2 and O_1 (**Figure S6**) and restricting the value
31 of sigma (σ) to 0.045. Sigma defines the width of a shot-noise limited distribution and was
32 experimentally determined in our system using fluorescently labeled double stranded
33 DNA constructs with different lengths (**Figure S7**). The value of 0.045 also agrees with
34 the results of recent studies aimed at comparing the accuracy and reproducibility of
35 smFRET data among multiple laboratories (35). Representative results obtained with
36 datasets binned at 0.5 ms are shown in **Figure 3D** and **Figure 3E** for oxidized and
37 reduced PDI 88/467, respectively. The rate constants measured by PDA are reported in
38 **Table 4** and summarized in the scheme located below each plot.

39 The most notable difference between the two redox states identified by PDA concerns
40 the distribution of the three ensembles at equilibrium. In the presence of DTT (**Figure**

1 **3E)**, C was minimally populated (~9%) whereas O₁ and O₂ accounted for ~40% and
 2 ~51%, respectively. By contrast, oxidized PDI spent similar amount of time in C and O₁
 3 but preferred O₂. The fact that O₂ dominates agrees with our previous analysis and
 4 suggests that O₂ is the preferred state adopted by unbound PDI in solution, regardless of
 5 the redox state.

6 Other differences between the two redox states concerned the magnitude of the rate
 7 constants. We found that the rate at which O₂ converts to C ($k_{2,3}$) was ~8 time faster for
 8 oxidized PDI compared to reduced PDI. In contrast, the rate at which C converts to O₁
 9 ($k_{3,1}$) was ~9 times slower in oxidized PDI compared to reduced PDI. Faster O₂→C
 10 conversion and slower C→O₁ conversion explain why more C is present in oxidized PDI
 11 compared to reduced PDI. We also found that the transition O₁↔O₂ was the fastest of
 12 the catalytic cycle, and significantly faster (~6 fold) than diffusion, especially for reduced
 13 PDI. This latter observation is important for two reasons. First, it explains why O₁ and O₂
 14 cannot be individually visualized in the 2D plots of FRET efficiency versus lifetime but
 15 instead merge to form a broad ensemble. Second, it predicts that, when PDI dwells in
 16 either O₁ or O₂, transition to C is energetically more expensive, especially when PDI is
 17 reduced. From a structural standpoint, this indicates that O₁ and O₂ may be alike, yet
 18 significantly different from C.

19 To further confirm that O₁ and O₂ exchange rapidly, we performed species selected
 20 filtered fluorescence correlation spectroscopy (fFCS). In this method, as described by
 21 Felekyan et al. (36), auto-correlation and cross-correlation functions are calculated for
 22 two species of interest to determine the presence of dynamic exchange between them
 23 and the interconversion rates. fFCS analysis was performed between O₁ (0.17<E<0.25)
 24 and O₂ (0.65<E<0.75) in oxidized and reduced states. The results are shown in **Figure**
 25 **4A** and **Figure 4B**.

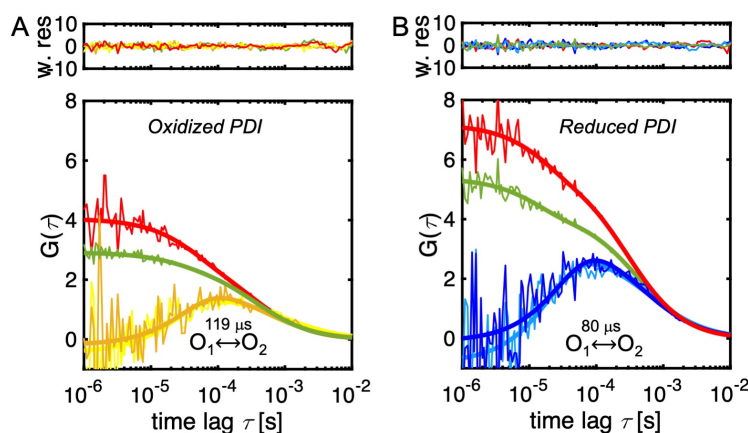


Figure 4. Rapid exchange between O₁ and O₂ ensembles monitored by fFCS. Auto-correlation (red and green) and cross-correlation curves (yellow and blue) of O₁ and O₂ ensembles for oxidized (**A**) and reduced (**B**) PDI 88/467. The solid lines represent the best fit model obtained by globally fitting the four curves, which enables extraction of the interconversion time, expressed in microseconds. Randomly distributed weighted residuals are shown above each plot. Best fit parameters are $\tau_{R,ox} = 119 \pm 12 \mu\text{s}$; $\tau_D = 469 \mu\text{s}$ (fixed, diffusion), $\chi^2=1.11$; $\tau_{R,rd} = 80 \pm 9 \mu\text{s}$; $\tau_D = 469 \mu\text{s}$ (fixed, diffusion), $\chi^2=1.25$.

1 The presence of a bell-shaped cross-correlation function between O_1 and O_2
2 documents rapid exchange occurring on a time scale comparable or faster than the
3 diffusion time. Global fitting of the four correlation curves (two sACFs and two sCCFs)
4 required, in addition to the diffusion term (τ_D), an additional relaxation term, τ_R , providing
5 conclusive evidence of fast dynamics. After fixing the diffusion term to 469 μs (see
6 methods), the values of τ_R calculated for oxidized and reduced PDI 88/467 were 119 ± 12
7 μs and 80 ± 9 μs , respectively. These values are in reasonable agreement with the rate
8 constants measured by PDA for the $O_1 \leftrightarrow O_2$ exchange ($\tau_R = (k_{1,2} + k_{2,1})^{-1}$), which are 145
9 μs for oxidized PDI and 67 μs for reduced PDI, respectively. Thus, fFCS successfully
10 visualized rapid exchange between O_1 and O_2 and confirmed that one of the main
11 differences between oxidized and reduced PDI is the ability of O_1 and O_2 to exchange
12 faster in reduced PDI but slower in oxidized PDI.

13
14 **Nonequivalent structural role of the active sites.** PDI has two active sites, one in the
15 N-terminal **a** domain (C53/C56) and another one in the C-terminal **a'** domain
16 (C397/C400). To address how the four catalytic cysteines control the newly discovered
17 conformational equilibrium, they were mutated to the redox-insensitive amino acid alanine
18 (A) to generate the three new constructs, namely the quadruple mutant PDI
19 88/467/C53A/C56A/C397A/C400A (PDI-AA/AA), and the double mutants PDI
20 88/467/C53A/C56A (PDI-AA/CC) and PDI 88/467/C397A/C400A (PDI-CC/AA). After
21 verifying that the mutants had activity profiles consistent with what was previously
22 reported in the literature for the wild-type background (37) (**Figure S8**), smFRET
23 measurements were collected in the absence and presence of DTT. PDA analysis was
24 used to quantify the species at equilibrium as described previously. Results of PDA
25 analysis are reported in **Table 4**. To facilitate comparison between PDI 88/467 wild-type
26 and mutants, 1D FRET efficiency plots are shown in the main text (**Figure 5**). 2D FRET
27 efficiency vs. lifetime plots are shown in the supplementary materials (**Figure S9**).

28 A first important finding was that, in the absence of DTT, the active site variants were
29 similar to each other and also similar, yet not identical, to oxidized PDI 88/467 (**Figure 5**,
30 **top row**). This data indicates that the catalytic cysteines are not required for initiating
31 large-scale domain movements such as those monitored here by smFRET. These
32 domain motions must, therefore, occur spontaneously, favored by the flexibility of the
33 protein fold. It is important to point out, however, that, even though the equilibrium
34 distribution of C, O_1 and O_2 remained mostly unchanged, the rates at which the three
35 states exchanged slightly decrease compared to PDI 88/467 (**Table 4**), indicating that the
36 catalytic cysteines are important for protein dynamics.

37 Another important observation was that the active site mutants, while similar in the
38 oxidized state, behaved differently in the presence of DTT (**Figure 5, bottom row**).
39 Specifically, PDI-AA/AA was insensitive to the addition of DTT; PDI-CC/AA behaved just
40 like PDI 88/467; and PDI-AA/CC was in between PDI-AA/AA and PDI-CC/AA insofar as

1 it partly responded to the addition of DTT, which led to a significant twofold accumulation
 2 of C (**Figure 5C, bottom row**). Importantly, this effect was not due to a reduced reactivity
 3 of the mutant toward DTT, rather to changes in protein dynamics caused by the mutations.
 4 This is because C never disappeared, even at very high (10 mM) concentrations of DTT
 5 (**Figures 5D and 5E**). We concluded that: 1) the active site cysteines are responsible for
 6 sensing the redox microenvironment and 2) the N- and C-terminal active sites are
 7 nonequivalent in the context of PDI dynamics.

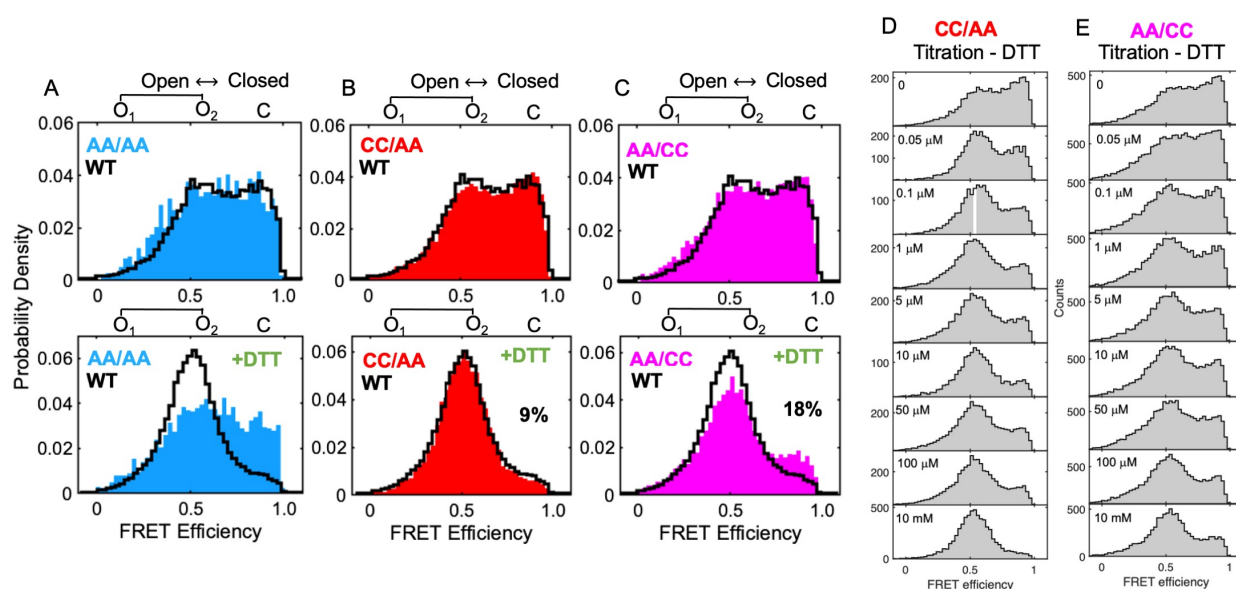


Figure 5. Structural nonequivalence of the active sites. Normalized 1D FRET efficiency histograms of (A) PDI 88/467 C53A/C56A/C397A/C400A (AA/AA, blue), (B) PDI 88/467 C397A/C400A (CC/AA, red) and (C) PDI C53A/C56A (AA/CC, magenta) overlaid to PDI WT (black) before (top panel) and after (bottom panel) the addition of 1 mM DTT. Note how PDI AA/AA is similar to oxidized PDI 88/467 wild-type (WT) and insensitive to DTT and how the mutations C53A and C56A led to a macroscopic accumulation of C, which, according to PDA analysis (**Table 4**) increased 2-times, from 9% to 18%. 1D FRET efficiency histograms of PDI 88/467 C397A/C400A (CC/AA) (D) and PDI C53A/C56A (AA/CC) (E) collected at increasing concentrations of DTT (0-10 mM), covering 4 orders of magnitudes.

8
 9 **Active site ligation stabilizes closed conformations of PDI.** To further investigate the
 10 role of the active sites in controlling the allosteric equilibrium, we took advantage of their
 11 reactivity toward the commercially available inhibitor 16F16 (38), which contains a
 12 chloroacetamide electrophile for covalent modification of PDI. In contrast to commonly
 13 used alkylating agents such as N-ethylmaleimide (NEM) and diamide, 16F16 is more
 14 potent and specifically react with the active site cysteines C53 and C397 (39).
 15 Furthermore, at the concentration used in this study, 16F16 does not quench the
 16 fluorescence intensity of the Atto dyes, which was significantly compromised with mM
 17 concentrations of NEM and diamide. The results of this experiment are shown in **Figure**
 18 **6A** and **Figure 6B**. Starting from a solution of oxidized PDI 88/467, we added, in a
 19 sequential order, 50 μM DTT and then, after 70 min, 50 μM 16F16. Addition of DTT and
 20 16F16 are indicated with red arrows. This design enabled us to follow in real-time PDI

1 conformational cycle. We found that addition of 16F16 to reduced PDI shifted the
2 equilibrium toward the closed ensemble in a time-dependent fashion. Since 16F16 did
3 not change the FRET profile of oxidized PDI (*data not shown*), we interpreted this as
4 evidence that binding of 16F16 followed by alkylation of the catalytic cysteines stabilizes
5 closed conformations of PDI. Similar results were obtained with another commonly used
6 irreversible active site inhibitor of PDI, namely PACMA-31 (**Figure 6C**) (40), arguing for a
7 general mechanism of this class of compounds.

8 To independently validate this observation, we performed SEC experiments using PDI
9 wild-type free and bound to 16F16 and PACMA-31 (**Figure 6D**). The retention volume of
10 PDI was delayed of ~0.4 ml in the presence of 16F16 and PACMA-31 compared to
11 unbound PDI. Since proteins with smaller hydrodynamic radius have larger retention
12 volumes, this result supports the compaction model upon ligation inferred by smFRET
13 data.

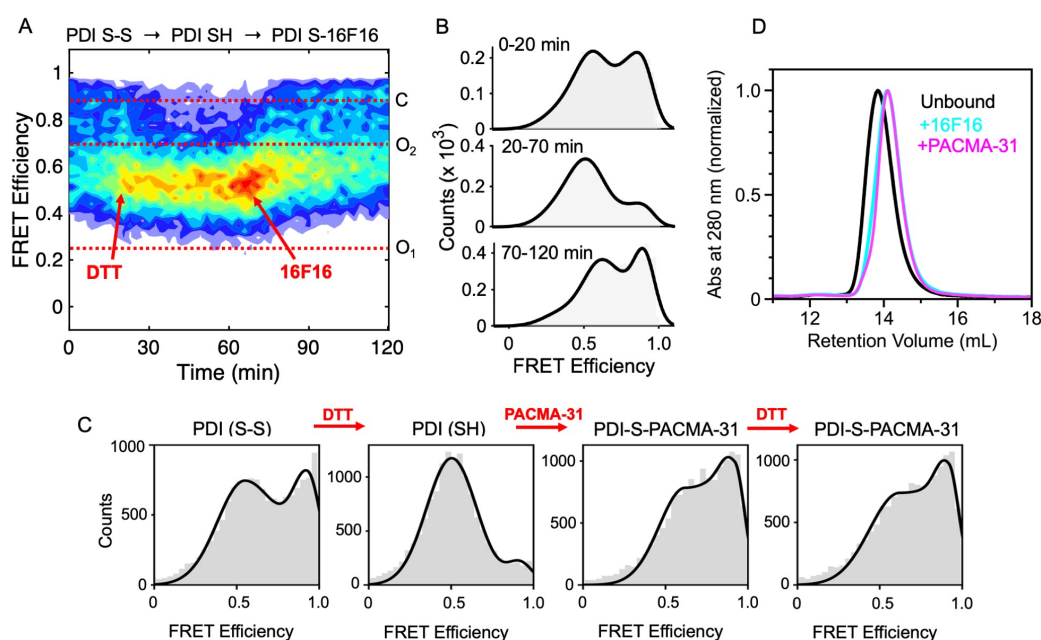


Figure 6. Active site ligation stabilizes closed conformations of PDI. A solution of PDI 88/467 (50 μM) was continuously monitored for 120 min under different experimental conditions. Addition of 50 μM DTT and 50 μM 16F16 is indicated with red arrows. The horizontal dotted lines identify the mean FRET efficiency value of C, O₁ and O₂. **B**) FRET efficiency histograms of PDI 88/467 at three different time intervals monitoring key steps of the reaction of PDI 88/467 with 16F16. **C**) FRET histograms of PDI 88/467 (100 μM , TBSE-T) in the absence and presence of DTT (1 mM) before and after the addition of 50 μM PACMA-31. Note how PACMA-31, like 16F16, shifts the conformational equilibrium towards the closed ensemble. Further addition of DTT is inconsequential. This is because PACMA-31 reacts irreversibly with the active site thiol groups of PDI to form a covalent adduct. **D**) SEC analysis of PDI free and bound to 16F16 (cyan) and PACMA-31 (magenta).

14

15 Discussion

16 This study reports a detailed biophysical characterization of PDI's dynamics in solution
17 and identifies several new features of this allosteric enzyme that were not known before.

1 Using a combination of four novel FRET pairs located in the **a** and **a'** catalytic domains
2 and three active site mutants, we discovered that PDI visits, on the sub-millisecond
3 timescale, three major conformational ensembles at equilibrium, O_1 , O_2 and C , whose
4 distribution is regulated by a variety of factors, namely the redox microenvironment
5 (**Figure 2**), the presence of active site cysteines (**Figure 5**) and active site ligands (**Figure**
6 **6**). Importantly, the identification of these ensembles is fully consistent with previous
7 structural, biophysical, and biochemical data documenting structural flexibility of the
8 protein fold (16, 18-20, 32). It thus represents an important step forward for achieving a
9 deeper mechanistic understanding of how this enzyme works under physiologically
10 relevant conditions.

11 While PDI's flexibility was expected, the discovery that the microenvironment
12 modulates PDI by a conformational selection mechanism is conceptually new. As such,
13 this finding enables us to propose a new model of PDI dynamics whereby environmental
14 factors commonly found in cells and in the circulation, such as high levels of levels of
15 oxidative stress and chemical modifications of catalytic cysteines (i.e., sulfenylation, S-
16 nitrosylation and acylation) affect the solution structure of PDI by shifting this equilibrium
17 without forming new macroscopic species. Selection between pre-existing PDI
18 ensembles provides the structural basis for understanding how PDI activity is regulated
19 by conformational modulation.

20 Also new and illuminating is the finding that, despite undergoing large conformational
21 changes, O_1 , O_2 and C , interconvert very rapidly. Energetically, this indicates that the
22 free-energy landscape of PDI is characterized by low basins and shallow minima. To
23 visualize this, we calculated free-energy barriers for transition between the ensembles
24 using the Arrhenius equation and the reaction rate constants reported in **Table 4 (Figure**

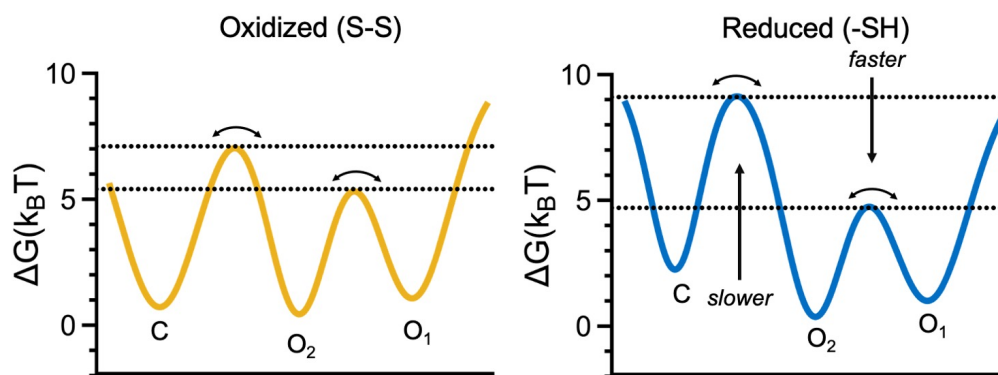


Figure 7. Conformational landscape of PDI inferred by smFRET. Free energy profiles of oxidized (left, yellow) and reduced (right, blue) PDI obtained using data reported in **Table 4**. Barrier heights corresponding to $C \rightarrow O_2$ and $O_1 \rightarrow O_2$ (horizontal lines) for oxidized and reduced PDI were calculated using the Arrhenius equation with a pre-exponential factor of 10^5 s^{-1} . k_B is the Boltzmann constant and T is the temperature. The distributions were arbitrarily drawn using a combination of Gaussian distributions. Note how in the presence of DTT the free-energy barrier increases for the $C \leftrightarrow O_1/O_2$ transition (slower transition) whereas it decreases for the $O_1 \leftrightarrow O_2$ transition (faster transition) leading to redistribution of the conformational ensembles.

1 **7).** Quite remarkably, these calculations yielded Gibbs free-energy values (ΔG) lower than
2 $10K_B T$, which is the energy required to form/break less than two hydrogen bonds ($6.7K_B T$
3 is the energy calculate for one hydrogen bond using the same pre-exponential factor used
4 by us and others (41)). Considering the magnitude of the conformational changes
5 monitored by smFRET and the low free-energy barriers required for transitioning between
6 the states, we propose that, in solution, PDI's flexibility arises from rapid relocations of
7 the domains mediated by the linkers. To satisfy these energetic requirements, the linkers,
8 however, must be free to move, thus only weakly interacting with the surrounding
9 domains. While more studies are needed to validate this model, recent results obtained
10 in our laboratory with the FRET pair 308/467 (22), in which dyes are located across linker
11 3, also known as the x-linker, supports this view. In fact, PDI 308/467 not only displays
12 multiple FRET states at equilibrium but also displays kinetic features that are similar, yet
13 not identical, to the one reported here for FRET pairs located in the **a** and **a'** domains.
14 Considering these new findings, alternative models predicting the x-linker to mediate PDI
15 dynamics by binding and dissociating with a hydrophobic pocket in **b'** (42-44) should be
16 reconsidered.

17 Another interesting observation emerging from our smFRET analysis of PDI was that
18 the FRET profile of the redox-insensitive variant PDI AA/AA was similar to the FRET
19 profile of oxidized PDI, not reduced PDI. This result was unexpected based on previous
20 literature (16, 20) and indicates that, while active site thiols are necessary to drive
21 conformational changes in PDI, the presence of disulfide bonds is not. While the structural
22 basis behind this observation cannot be inferred by these studies, because of the different
23 pKa values between the two cysteine residues of the catalytic motif (1), we speculate that
24 protonation of the resolving cysteine may be key to initiate this process.

25 Finally, PDI interacts with many substrates intracellularly and extracellularly. The
26 mechanisms of substrate recognition and release are not fully understood. To date, the
27 most popular model for PDI-assisted catalysis is based on X-ray crystal data (16) and
28 envisions oxidized PDI adopting a flexible open form, which is primed for substrate
29 binding. After transferring the disulfide bond to the substrate, reduced PDI is then believed
30 to become more compact and rigid, thus favoring substrate release (16, 20, 32).
31 Evaluation of PDI by smFRET led to identification of new structural features that challenge
32 this model. In contrast with what was predicted by X-ray crystallography, our data indicate
33 that residues 57/467 and residues 88/467 spend significantly more time away from each
34 other in reduced PDI compared to oxidized PDI. In solution, the catalytic domains of
35 reduced PDI may therefore visit conformations that are significantly more open than what
36 has been captured by X-ray crystallography. At the same time, residues 57/467 and
37 residues 88/467 spend significantly more time close to each other in oxidized PDI
38 compared to reduced PDI. On these bases, we propose an alternative conformational
39 cycle for PDI whereby oxidized PDI can adopt very compact conformations upon
40 substrate binding and, therefore, substrate release is facilitated by opening, not closing,

1 of the structure. This mechanism agrees well with findings in **Figure 6** documenting that
2 active site ligation favors closed conformations of PDI. It could also explain how reduced
3 PDI, which is, on average, more open than oxidized PDI, can easily interact and process
4 with very bulky substrates such as clotting factors.

5

6 **Materials and Methods**

7 **Protein production and purification.** The cDNA of human PDI (residues 18-479) was
8 cloned into a pBAD vector expression system (ThermoFisher) and modified to include an
9 N-terminal 6 his-tag and a C-terminal Avitag. Genetic incorporation of the unnatural amino
10 acidic N-Propargyl-L-Lysine (Prk) (SiChem) at positions 57, 88, 401 and 467 was
11 obtained using the AMBER suppressor pyrrolysine tRNA/RS system from
12 *Methanosarcina mazei*. Mutations C53A, C56A, C397A, C400A in the 88/467 background
13 were generated using the Quickchange Lightning kit (Agilent) with appropriate primers.
14 Sequence verified PDI variants (Genewiz) were expressed in Top10 cells and purified
15 following recently published procedures (22).

16

17 **Protein labeling.** Site-specific labeling was achieved as detailed elsewhere (22). Briefly,
18 a solution of 25 μ M of PDI in 1x phosphate buffer saline (PBS) pH 7.4 (Corning) was
19 reacted with 4x molar excess of azide dyes (donor, acceptor or donor/acceptor mixtures)
20 (Sigma-Aldrich) in the presence of 150 μ M copper sulfate (CuSO_4), 750 μ M tris-
21 hydroxypropyltriazolylmethylamine (THPTA), and 5 mM sodium ascorbate. The reaction
22 mixer was left on slow rotisserie for 1 hour 30 minutes at room temperature, then 30
23 minutes on ice. The reactions were stopped by adding 5mM EDTA. Monomeric PDI was
24 successfully separated by protein aggregates by size exclusion chromatography (SEC),
25 using a Superdex 200 10/300 column (Cytiva) equilibrated with Tris 20 mM (pH 7.4), 150
26 mM NaCl, 2 mM EDTA. The quality of each protein preparation was assessed by
27 NuPAGE Novex 4–12% Bis-Tris protein gels (ThermoFisher). Gels were stained with
28 Coomassie Brilliant Blue R-250 (ThermoFisher) and scanned on a Typhoon imager
29 (Cytiva) at 532 nm and 633 nm to verify specific incorporation of the fluorescent dyes.
30 Total protein concentration was determined by reading the absorbance at 280, using a
31 molar coefficient adjusted for the amino acidic sequence of each variant. The
32 concentration of Atto-550 and Atto-647N was calculated by reading the absorbance at
33 550 nm and 640 nm, respectively. Typical labeling efficiencies were 90%.

34

35 **Circular Dichroism (CD).** Far-UV CD spectra were recorded on Jasco J-715
36 spectropolarimeter equipped with a water-jacketed cell holder, connected to a water-
37 circulating bath, as done before (22). Spectra were collected for unlabeled and labeled
38 protein in PBS with 2mM EDTA at a concentration of 0.12 mg/ml. The final spectra
39 resulted from the average of five accumulations after base line subtraction.

40

1 **Intrinsic Fluorescence Assay.** Intrinsic fluorescence spectra (tryptophan) were
2 performed in a reaction volume of 200 μ l with 0.2 μ M of PDI in 20 mM Tris-HCl buffer
3 containing 150 mM NaCl (pH 7.4) and either 1mM GSH or 1mM GSSG were incubated
4 for 1hr at room temperature. Emission spectra were recorded at 295–450 nm with
5 excitation at 280 nm using a FluoroMax-4 (Horiba).

6
7 **Insulin reductase assay.** PDIs (400 nM) were solubilized in PBS and then added to a
8 solution containing 0.2 mM human insulin (Sigma-Aldrich), 2 mM EDTA and 325 μ M DTT.
9 The reaction was monitored at 650 nm (turbidity due to precipitation of the product) for
10 1 h at 25 °C using a Spectramax i3 (Molecular Devices). Statistical analysis was
11 performed using unpaired t-test in Prims 9.0.

12
13 **Determination of Anisotropy and Quantum Yield.** Four singly labeled PDI constructs
14 (i.e., K57U, S88U, K401U and K467U) were expressed, labeled with either Atto-550 or
15 Atto-647N and purified as described before for anisotropy and quantum yield
16 determination. Anisotropy was recorded in 1x PBS with 2 mM EDTA buffer using
17 Fluorolog-3 (Jobin-Yvon). The Atto-550 labeled proteins (50 nM) were excited at 540 nm
18 and emission was monitored at 580 nm. The Atto-647N labeled proteins (50nM) were
19 excited at 640 nm and emission was monitored at 680 nm, excitation and emission slits
20 were set at 1 and 14 nm, respectively. The donor quantum yield was measured in bulk
21 fluorescence assays in a FluoroMax-4 (Jobin–Yvon) for each donor position, in reference
22 to the quantum yield of Rhodamine 110 (89.87+/-0.91). The emission spectra of PDI
23 labeled with only a donor at positions 57, 88, 401 and 467 were collected at five
24 concentrations under the same excitation conditions (532 nm) in the buffer used for
25 smFRET experiments. The quantum yield was found from the ratio between the dye's
26 integrated emission spectrum and its absorbance at 532 nm. The overlap between the
27 donor emission spectrum and the acceptor absorbance spectrum is defined as:

28
$$J(\lambda) = \int_0^{\infty} F_D(\lambda) \varepsilon_A(\lambda) \lambda^4 d\lambda$$

29 Where $F_D(\lambda)$ is the normalized donor emission spectrum, and ε_A is the acceptor's
30 absorbance spectrum, measured for PDI labeled with an acceptor at position at position
31 57, 88, 401 and 467 respectively.

32
33 **Single-molecule FRET measurements.** FRET measurements of freely diffusing single
34 molecules were performed with a confocal microscope MicroTime 200 (PicoQuant) using
35 published procedures (22, 45, 46). Excitation laser light from 532 nm and 638 nm lasers
36 was used to excite the donor and acceptor fluorophores, respectively. A Pulsed
37 Interleaved Excitation (PIE) setup was used with a pulse rate of 20 MHz to alternate the
38 donor and acceptor excitation. PIE reports the status of both donor and acceptor
39 fluorophores by sorting molecules based on relative donor:acceptor stoichiometry (S) and

1 apparent FRET efficiency (E), as described before (24, 30, 47, 48). A dichroic mirror
2 (ZT405/488/532/640rpc-XT, Chroma) reflecting at 532 and 638 nm guided the light to a
3 high numerical aperture apochromatic objective (60x, N.A. 1.2, water immersion,
4 Olympus) that focused the light to a confocal volume of 1.0 fl. Fluorescence from excited
5 molecules was collected with the same objective and focused onto a 50- μ m diameter
6 pinhole. The donor and acceptor emissions were separated via a dichroic filter with a
7 dividing edge at 620 nm (620DCXR, Chroma). Suited bandpass filters (HQ580/70m,
8 Chroma and HQ690/70m, Chroma) were inserted to eliminate the respective excitation
9 wavelength and minimize spectral crosstalk. The fluorescence was detected with two
10 single-photon avalanche diode detectors (τ -SPAD, Perkin Elmer) using Time-correlated
11 Single Photon Counting with the TimeHarp 200 board (HydraHarp 400, PicoQuant). Data
12 were stored in the Time-tagged Time-resolved Mode as a PTU file format.

13 Measurements were performed 25 μ m deep in the solution using a laser power of \sim 15
14 μ W. Total acquisition time was \sim 40 minutes per sample. Data collection was repeated for
15 a minimum of four times using the same sample as well as new protein samples from at
16 least one different preparation. Identical results were obtained in all cases, indicating
17 stability of the protein sample during data collection and reproducibility. Concentration
18 was 50-100 pM of labeled protein solubilized in 200 μ l of 20 mM Tris, 150 mM NaCl, 2
19 mM EDTA, 0.003% Tween 20, pH 7.4 (TBSE-T) for oxidized PDI and TBSE-T with 1 mM
20 DTT for reduced PDI. DTT titrations were performed by preincubating oxidized PDI with
21 the desired concentration of DTT for 40 minutes at room temperature before data
22 collection to ensure equilibrium. However, similar results were obtained by adding
23 increasing concentrations of DTT to the same protein sample, implying fast reactivity of
24 DTT towards the enzyme. The PDI inhibitors 16F16 (Sigma-Aldrich) and PACMA-31
25 (Sigma-Aldrich) solubilized in DMSO were added to the solution at a final concentration
26 of 50 μ M. The inhibitory effect of 16F16 and PACMA-31 was verified in the insulin
27 reductase assay, as detailed above. Data recording was performed using the Sympho-
28 Time Software 64, version 2.3 (PicoQuant, Berlin).

29
30 **Single-molecule FRET analysis.** Data analysis was carried out with the Matlab-based
31 software PAM (49) using a customized profile optimized for our microscope. Signals from
32 single molecules were observed as bursts of fluorescence. Bursts with more than 40
33 counts were searched with the All Photon Burst Search (APBS) algorithm. Integration
34 time was set to 0.5 ms. Appropriate corrections for direct excitation of the acceptor at the
35 donor excitation wavelength (DE), leakage of the donor in the acceptor channel (Lk), and
36 the instrumental factor (γ) were determined experimentally using a mixture of double-
37 stranded DNA models with known FRET efficiency and stoichiometry labeled with dyes
38 Atto-550 and Atto-647N. These are: DE=0.05, Lk=0.08, γ =0.85.

39 A plot of the stoichiometry versus the ALEX-2CDE filter was used to determine the
40 required upper threshold that removes donor-only (S=1) and acceptor-only (S=0)

1 molecules. In general, only molecules within the range $S = 0.25\text{--}0.75$ were considered in
2 the final analysis. Doubly labeled photobleached molecules were further eliminated using
3 the ALEX-2CDE (<14) and $|TDX\text{-TAA}| (<0.5)$ filters as described before by Tomov et
4 al.(50) and Kudryavtsev et al.(24), respectively. These stringent filters guarantee
5 elimination of unwanted signal, as described before (24).

6 Lifetime was calculated using PAM after correction for instrument response factor
7 (IRF). For the whole dataset, a double exponential decay function was used for the donor
8 channel whereas a single exponential decay function was used for the acceptor channel
9 (49). Static and dynamic FRET lines were generated using PAM following previously
10 published methods (24, 25, 30) and using an apparent linker length of 5 Å.

11 Subpopulation specific fluorescence lifetime analysis was also performed using PAM.
12 However, for this type of analysis, the region of interest was first selected in the
13 BurstBrowser module. Data were then systematically fit with one, two and three
14 exponential functions to identify the best fit. Decisions were made based on analysis of
15 the weighted residuals. Donor only and acceptor only species were also selected to verify
16 that, in contrast to the FRET interval belonging to the open ensemble, they satisfactory fit
17 a single exponential decay.

18 Theoretical FRET values were obtained by coarse-grained simulations using the
19 FRET-restrained positioning and screening (FPS) software (51). The dye dimensions
20 were estimated to be 7.8, 4.5, and 1.5 Å for Atto-550 and 7.15, 4.5 and 1.5 Å for Atto-
21 647N after minimization of their chemical structure using Maestro (Schrödinger). The
22 linker lengths and widths used were 18 and 4.5 Å for both dyes. After performing
23 accessible volume (AV) simulations, the corresponding mean transfer efficiency was
24 calculated by assuming rapid fluctuations of the interdye distance occurring on time
25 scales similar to the fluorescence lifetime of the donor (~ 3.4 ns in the absence of the
26 acceptor). This assumption is justified based on the anisotropy values reported in **Table**
27 **1** obtained for the labeled proteins.

28
29 **Dynamic Photon Distribution Analysis (PDA).** PDA analysis was performed using the
30 PDAfit module built in PAM. Proximity histograms were reconstructed by binning the
31 same dataset at 0.25, 0.5, 0.75, and 1 ms. Histogram library with a grid resolution for
32 $E=100$ and a minimum number of photons of 10 per bin were chosen. The datasets were
33 then fit using a dynamic three-state model. Distances calculated from lifetime analysis
34 were fixed. The width of the distance distribution was also fixed at $\sigma=0.045$. This was
35 determined from the measurement of several static double-stranded doubly labeled DNA
36 (**Figure S6**). To assess robustness of the fit, PDA was repeated by systematically varying
37 the initial value of the rate constants to 1, 0.5 and 0.75 ms^{-1} (min 0, max 10) while keeping
38 the other settings identical. The results in **Table 4** represent the average of these three
39 independent determinations.

40

1 **Species Selected Filtered FCS (fFCS).** Data were collected using the same setup
2 described before in which we added two SPAD detectors (Excelitas Technologies) for a
3 total of two parallel and two perpendicular detectors and increased the laser power to ~30
4 μ W. Briefly, the light was simultaneously split (50:50) and rotate by a polarizing cube.
5 While the configuration of the perpendicular path is described before, the configuration of
6 the parallel path is the following: dichroic filter ZT633rdc-UF1 (Chroma), donor emission
7 filter ET585/65m (Chroma), and acceptor emission filter ET700/75 (Chroma). Fine-tuning
8 of the system was performed such as very similar fluorescent intensity values (5%
9 difference) were obtained for the two sets of detectors. FRET efficiency histograms and
10 values of lifetime obtained for the 2- and 4-SPADs setups were identical.

11 Species selected filtered-Fluorescence Correlation Spectroscopy analysis was done
12 using BurstBrowser module from PAM software. Microtime patterns for O_1 and O_2 states
13 were obtained using FRET efficiency thresholds around the mean lifetime values obtained
14 for O_1 ($E=0.17$ to 0.25) and O_2 ($E=0.65$ to 0.75) states. Signals from selected FRET
15 efficiency region were cross-correlated after generating the appropriate TCSPC filters for
16 the parallel and perpendicular channels. This eliminates the dead-time of TCSPC
17 hardware and SPAD detectors. Four correlations functions, two auto correlation functions
18 and two cross correlations functions between the species O_1 and O_2 were generated. The
19 four curves were globally fitted using a single-component diffusion and single exponential
20 kinetic term, as described by Felekyan et al. (36) and letting the amplitude for cross-
21 correlation assume negative values. fFCS fit was carried out in FCSfit module from PAM.
22 The diffusion time was fixed to 469μ s. This value was obtained from independent FCS
23 measurements of reduced and oxidized PDI molecules at nanomolar concentrations. The
24 ratio of the axial and lateral size of the confocal volumes were globally fixed, $\rho=4.6$. This
25 was obtained from independent FCS measurements using singly labeled calibration
26 samples such as double strand DNA or singly labeled PDI molecules at nanomolar
27 concentrations. Capabilities of fFCS was tested using Holliday Junctions, as described
28 elsewhere (36).

29
30 **Size exclusion chromatography analyses.** 100μ L (100μ g) of a solution of PDI
31 unbound and treated with 100μ M 16F16 or 100μ M PACMA-31 after reduction with DTT
32 for 90 minutes at room temperature were loaded into a Superdex 200 HR 10/300 (Cytiva,
33 USA) at a flow rate of 0.5 ml/min that was equilibrated with in Tris 20 mM , 150 mM NaCl
34 at $\text{pH } 7.4$, 5 mM EDTA . Absorbance was monitored at 280 nm using an ÄKTApurifier
35 system (Cytiva, USA).

36
37 **Data availability.** All data are contained in the manuscript. PTU files are made available
38 upon reasonable request by contacting the authors.

39

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8
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10 the research; M.C. and N.P. analyzed the data; M.C., R.F. and N.P. drafted the early
11 version of the manuscript; N.P. wrote the final version of the manuscript; M.C., R.F. and
12 N.P. edited the manuscript. All authors reviewed the manuscript.

13
14 **Conflict of interest.** The authors declare that they have no conflicts of interest with the
15 contents of this article.

16

Table 1. Anisotropy and quantum yield (Φ) values for singly labeled PDI mutants.

	Atto-500		Atto-647N	
	Anisotropy	Quantum yield	Anisotropy	Quantum yield
K57U	0.23±0.03	0.77±0.05	0.24±0.03	0.63±0.05
K88U	0.19±0.02	0.79±0.05	0.18±0.01	0.65±0.03
K401U	0.22±0.01	0.78±0.02	0.22±0.01	0.64±0.02
K467U	0.21±0.02	0.79±0.03	0.21±0.02	0.65±0.02

Experimental conditions are 100 mM potassium phosphate (pH 7.4), 2 mM EDTA, at 25°C. For anisotropy determination, the concentration of PDI was 10 nM, ex 540/em 580 for Atto-550 and ex640/em680 for Atto-647N, ex/em slits 1 and 14 nm, respectively. The results represent the average of two independent determinations. For quantum yield determination Rhodamine 110($\Phi=0.89\pm0.02$) in ethanol was used as a standard, for free dyes in buffer, Atto-550($\Phi=0.79\pm0.02$) and Atto-647N ($\Phi=0.64\pm0.02$) were also experimentally determined.

Table 2. Summary of FRET (E) and Stoichiometry values (S) for the PDI variants measured in the absence (top) and presence (bottom) of DTT.

	Average E	STD E	Average S	STD S
57/401	0.82	0.16	0.48	0.094
57/467	0.61	0.24	0.50	0.104
88/401	0.82	0.16	0.50	0.096
88-467				
WT	0.66	0.22	0.52	0.098
AAAA	0.64	0.22	0.51	0.099
AACC	0.65	0.22	0.53	0.098
CCAA	0.67	0.21	0.51	0.099

	Average E	STD E	Average S	STD S
57/401	0.80	0.17	0.48	0.085
57/467	0.54	0.19	0.51	0.100
88/401	0.79	0.18	0.50	0.095
88-467				
WT	0.53	0.17	0.52	0.090
AAAA	0.64	0.22	0.51	0.098
AACC	0.56	0.21	0.50	0.090
CCAA	0.54	0.16	0.51	0.085

Average FRET and Stoichiometry values and corresponding errors were determined using the BurstBrowser module in PAM.

Table 3. Subpopulation specific (0.4-0.6) fluorescence lifetime analysis of oxidized and reduced PDI 88/467

	τ_1 (ns)	f1	τ_2 (ns)	f2	χ^2
oxidized 88-467					
1 exp	2.23 ± 0.08	1	-	-	9.69
2 exp	2.91 ± 0.15	0.44	0.90 ± 0.06	0.56	1.32
reduced 88-467					
1 exp	2.04 ± 0.08	1	-	-	14.58
2 exp	2.72 ± 0.15	0.42	0.91 ± 0.06	0.58	1.32

Values of lifetime are indicated by τ . The fraction of each population (0-1) is indicated by **f**. The quality of the fit is expressed by the value of χ^2 . The same dataset was fit with one, two and three exponential functions using the lifetime fit module in PAM. Satisfactory fit was attained for both oxidized and reduced PDI with a two exponential decay model. Since no further improvement was observed with a three exponential models, this result was discarded and not presented in the Table.

Table 4. PDA analysis of oxidized (top) and reduced (bottom) PDI

Rates (ms ⁻¹)	WT	AA/AA	CC/AA	AA/CC
k_{1,2}	4.50 ± 0.81	2.14 ± 0.14	4.43 ± 0.05	2.73 ± 0.36
k_{1,3}	0.32 ± 0.31	0.63 ± 0.23	0.34 ± 0.13	0.26 ± 0.28
k_{2,1}	2.38 ± 0.36	1.59 ± 0.13	2.39 ± 0.09	1.51 ± 0.11
k_{2,3}	0.78 ± 0.26	1.03 ± 0.09	0.67 ± 0.06	0.68 ± 0.12
k_{3,1}	0.15 ± 0.11	0.66 ± 0.15	0.12 ± 0.02	0.48 ± 0.24
k_{3,2}	1.07 ± 0.24	0.95 ± 0.11	0.94 ± 0.06	0.66 ± 0.24
% state				
O₁ (80 Å)	22 ± 1	29 ± 1	22 ± 1	26 ± 1
O₂ (55 Å)	44 ± 3	36 ± 2	43 ± 1	42 ± 2
C (42 Å)	34 ± 1	35 ± 2	35 ± 1	32 ± 1
χ²(global)	5.5	6.2	5.2	4.9

Rates (ms ⁻¹)	WT	AA/AA	CC/AA	AA/CC
k_{1,2}	8.49 ± 1.95	2.12 ± 0.15	9.35 ± 0.30	4.33 ± 1.29
k_{1,3}	0.36 ± 0.33	0.39 ± 0.34	0.99 ± 0.66	1.03 ± 1.04
k_{2,1}	6.28 ± 1.07	1.45 ± 0.39	7.50 ± 1.95	3.52 ± 0.32
k_{2,3}	0.11 ± 0.06	0.75 ± 0.59	0.75 ± 1.19	0.27 ± 0.09
k_{3,1}	1.39 ± 0.84	0.48 ± 0.17	3.95 ± 4.47	0.79 ± 0.19
k_{3,2}	0.40 ± 0.21	0.97 ± 0.23	2.05 ± 2.72	0.50 ± 0.50
% state				
O₁ (80 Å)	40 ± 1	28 ± 1	42 ± 1	37 ± 3
O₂ (55 Å)	51 ± 3	37 ± 2	49 ± 3	45 ± 6
C (42 Å)	9 ± 2	35 ± 1	9 ± 2	18 ± 3
χ²(global)	4.5	5.1	4.2	5.2

PDA was performed on dataset binned at 0.25, 0.5, 0.75 and 1 ms. Photons from each burst were used to build a proximity ratio (PR) histogram. The resulting histogram was then fitted using a Monte Carlo approach for simulating the burst-wise histogram using a dynamic three-state model. To assess robustness of the fit, PDA was repeated by systematically varying the initial value of the rate constants to 1, 0.5 and 0.75 ms⁻¹ (min 0, max 10) while keeping the other settings identical. The results in the tables represent the average of these three independent determinations.

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Supplementary Materials

Figure S1. Structural and functional characterization of the FRET variants

Figure S2. 2D FRET efficiency vs Stoichiometry plot of reduced PDI 88/467 before cleanup

Figure S3. 2D FRET efficiency vs Stoichiometry plots of PDI 57/401, PDI 57/467, PDI 88/401 and PDI 88/467

Figure S4. Control experiments to characterize PDI 88/467

Figure S5. 2D FRET efficiency vs lifetime plots of PDI 57/401, PDI 57/467 and PDI 88/401.

Figure S6. PDA analysis of PDI 88/467

Figure S7. Analysis of static double-stranded DNA constructs

Figure S8. Reductase activity of the PDI 88/467 and active site mutants

Figure S9. 2D FRET efficiency vs lifetime plots of active site variants under non-reducing and reducing conditions

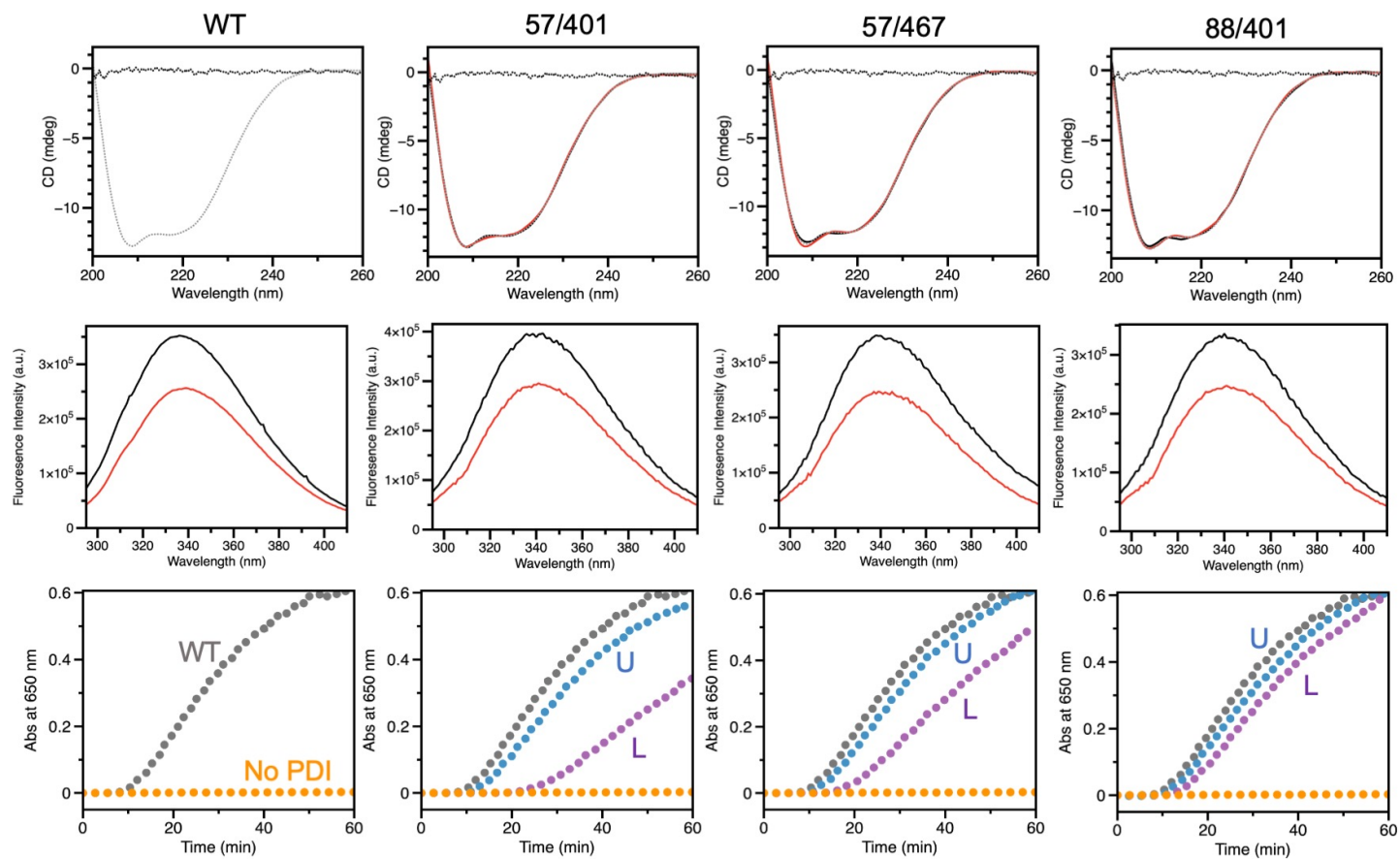


Figure S1. Structural and functional characterization of the FRET variants. Shown are far-UV CD spectra (top row), response to GSSG (red) and GSH (black) monitored by intrinsic fluorescence (center row) and progress curves for insulin reductase activity assay (bottom row) of PDI wild-type and variants. The labels U and L indicate unlabeled and doubly labeled protein samples, respectively. Results for the variant 88/467 are reported in **Figure 1** of the manuscript.

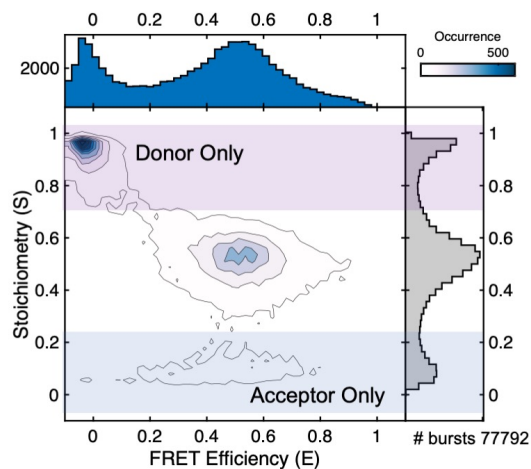


Figure S2. 2D FRET efficiency vs Stoichiometry plot of reduced PDI 88/467 before cleanup. Highlighted are Donor only ($S > 0.75$, magenta) and Acceptor only ($S < 0.25$, blue) populations. These species were discarded as they are not relevant to our analysis. On average, doubly labeled species account for 18-25% of the total.

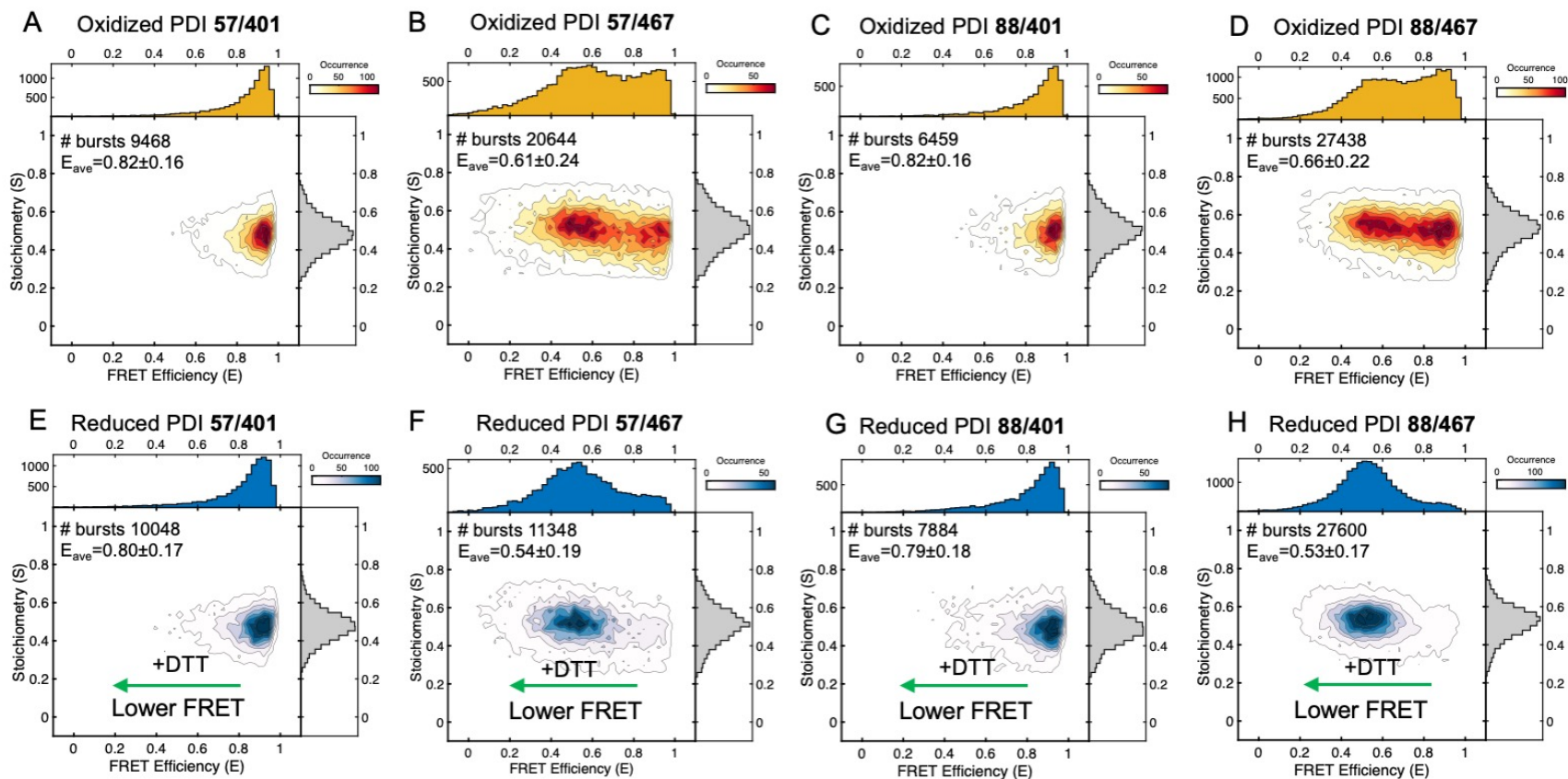


Figure S3. 2D FRET efficiency vs Stoichiometry plots of PDI 57/401, PDI 57/467, PDI 88/401 and PDI 88/467 under non-reducing (top, yellow) and reducing conditions (bottom, blue). Note how addition of DTT, while shifting E_{ave} towards lower FRET, does not affect stoichiometry.

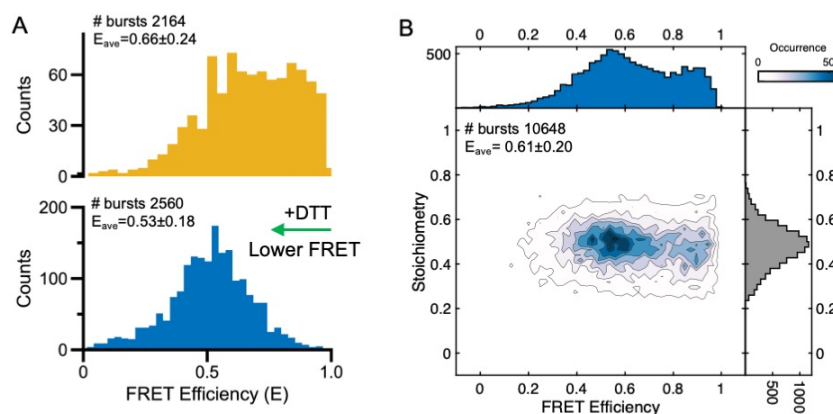


Figure S4. Control experiments to characterize PDI 88/467. **(A)** PDI 88/467 labeled with sulfo-Cy3/sulfo-Cy5 azide (Lumiprobe) under non reducing (top, yellow) and reducing (bottom, blue) conditions. PDI 88/467 labeled with Cy dyes displays similar high to low FRET transition in the presence of DTT compared to PDI 88/467 labeled with Atto dyes. **(B)** PDI 88/467 labeled with Atto dyes in the presence of 1 mM GSH. GSH is less potent than DTT when used at the same concentration.

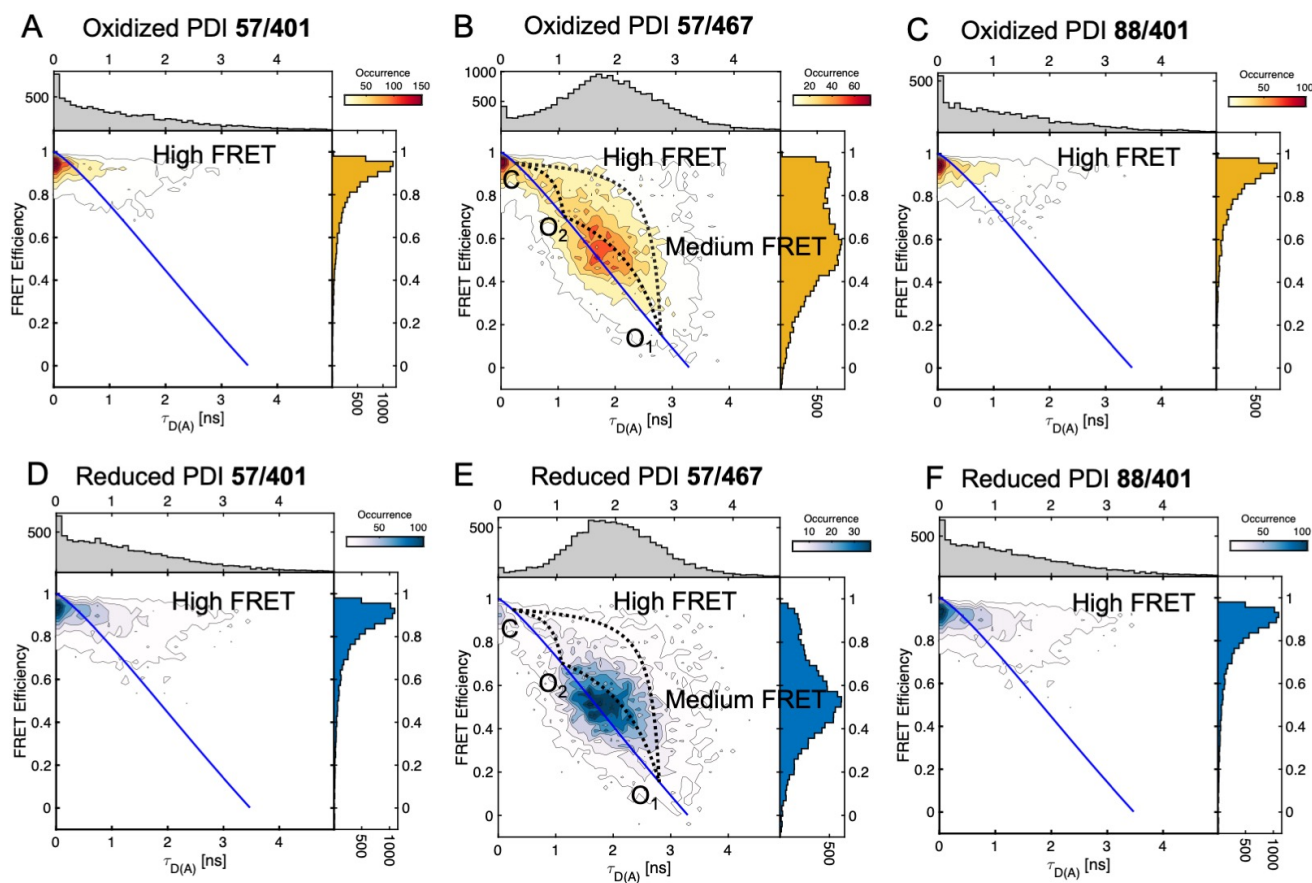


Figure S5. 2D FRET efficiency vs lifetime plots of PDI 57/401, PDI 57/467 and PDI 88/401 under non-reducing (top, yellow) and reducing (1 mM DTT) conditions (bottom, blue). Static FRET lines (solid blue lines) are shown in each plot. Due to high FRET, PDI 57/401 (**A** and **D**) and PDI 88/401 (**B** and **E**) show only a hint of dynamics, which manifests as a small but significant deviation of the high FRET ensemble towards the right of the static FRET line. Also evident in these plots is the shift toward lower FRET induced by DTT. PDI 57/467 (**C** and **F**), in contrast to PDI 57/401 and PDI 88/401, but similar to PDI 88/467 (**Figure 3** of the main text), shows a very clear dynamic signature documenting dynamic exchange between closed (high FRET, C) and open (medium FRET, O) ensembles. These two ensembles are characterized by mean fluorescence lifetime values of ~ 0.25 and ~ 1.8 ns, respectively. The open ensemble of PDI 57/467, similar to PDI 88/467, is shifted toward the right of the static FRET line indicating fast dynamics between open states. Using the same methodology described in the main text, we identified O₁ (1.1 ± 0.2 ns) and O₂ (2.8 ± 0.3 ns), which are shown in the plot along the dynamic FRET lines (black dotted lines) that connect them.

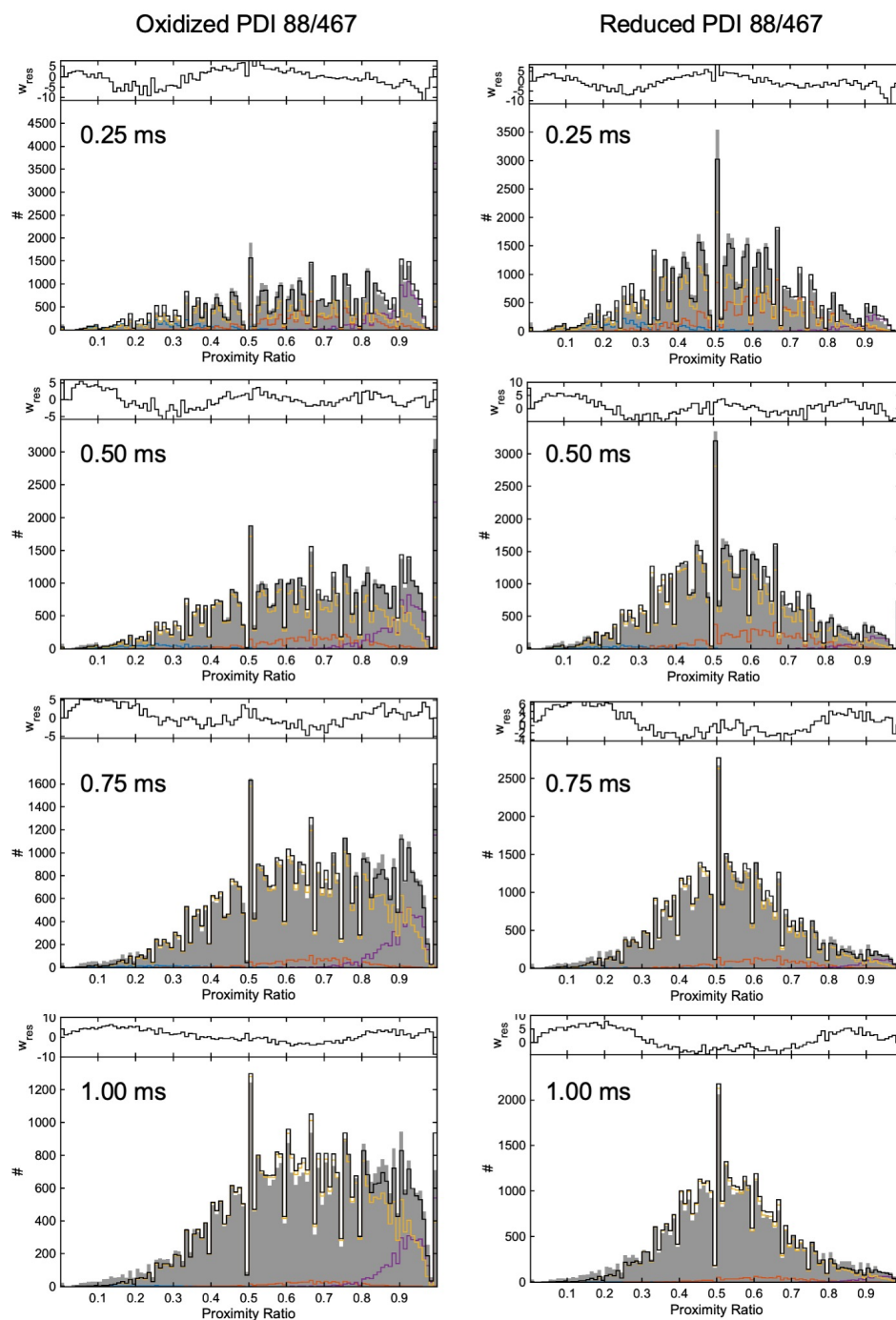


Figure S6. PDA analysis of PDI 88/467. PDA was performed on dataset binned at 0.25, 0.5, 0.75 and 1 ms. Photons from each burst were used to build a proximity ratio (PR) histogram. The resulting histogram was then fitted using a Monte Carlo approach for simulating the burst-wise histogram using a dynamic three-state model. To assess robustness of the fit, PDA was repeated by systematically varying the initial value of the rate constants to 1, 0.5 and 0.75 ms^{-1} (min 0, max 10) while keeping the other settings identical. Corresponding weighted residuals are shown above each plot.

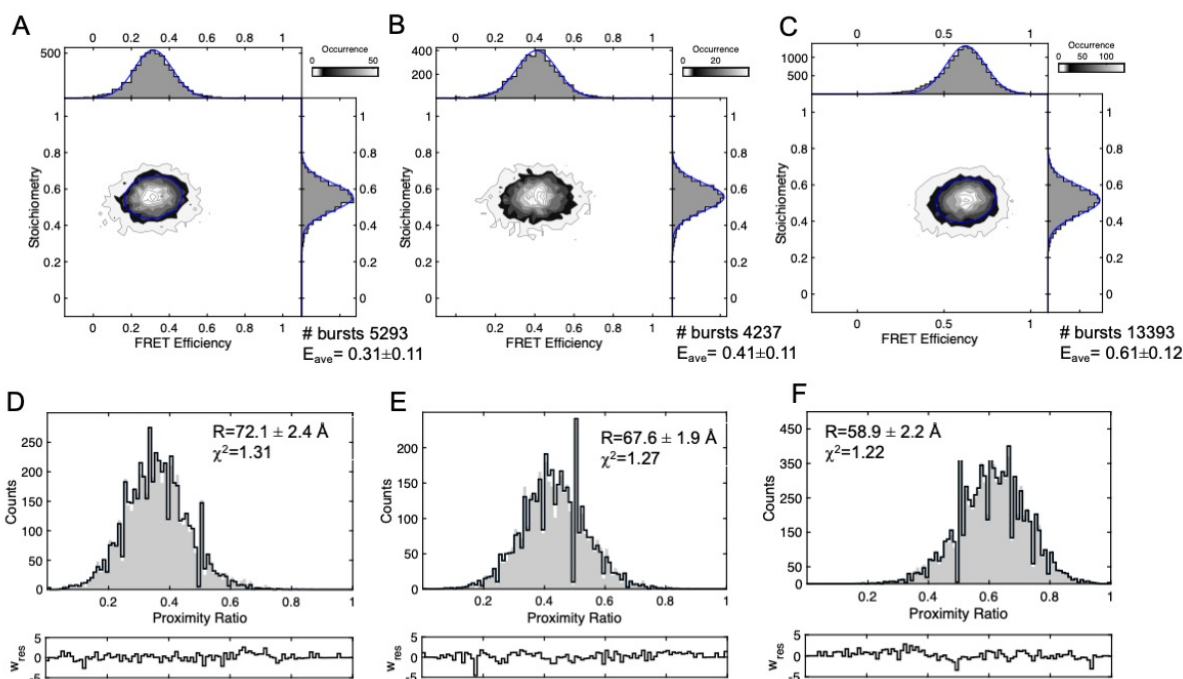


Figure S7. Analysis of static double-stranded DNA constructs. 2D plots (**A**, **B** and **C**) and PDA (**D**, **E** and **F**) analysis of DNA duplexes with probes separated by 19 (**A**), 17 (**B**) and 14 (**C**) base pairs. Single-stranded DNA molecules were purchased (IDT Inc., Coralville, LA) and fluorescent dyes (Atto550/647N) were attached to amino dT residues obtained by substituting T to iAmMC6T. dsDNA molecules were formed by hybridization. Experimental conditions are 100 pM in TBS-Tween 0.01%. FRET histograms best fit to a one Gaussian distribution (blue). Note how the standard deviation for static species is significantly smaller compared to values obtained in this work for PDI (**Table 1**), supporting the view that PDI adopts multiple conformations in solution. PDA was performed on dataset binned at 1 ms. Photons from each burst were used to build a proximity ratio histogram. The resulting histogram was then fitted using a Monte Carlo approach for simulating the burst-wise histogram using one Gaussian. Corresponding weighted residuals are shown below each plot.

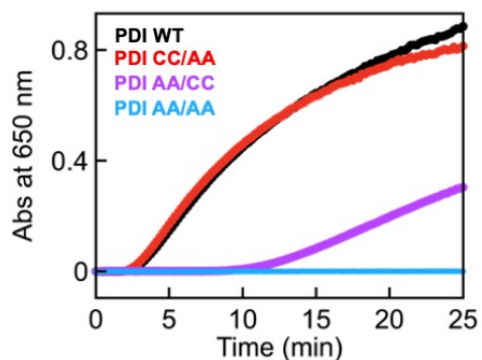


Figure S8. Reductase activity of the PDI 88/467 and active site mutants. Reductase activity of PDI 88/467 (WT, black) and active site variants PDI 88/467 C53A/C56A/C397A/C400A (AA/AA, blue), PDI 88/467 C397A/C400A (CC/AA, red) and PDI C53A/C56A (AA/CC, magenta) monitored by the insulin assay. Note how the catalytic activity of PDI CC/AA is similar to PDI WT but different from PDI AA/CC, whose catalytic activity is compromised. Among the two active sites, the one in the a domain is the most important for insulin reduction. PDI AA/AA is catalytically inactive, as expected, since no longer contains cysteine residues in the active sites.

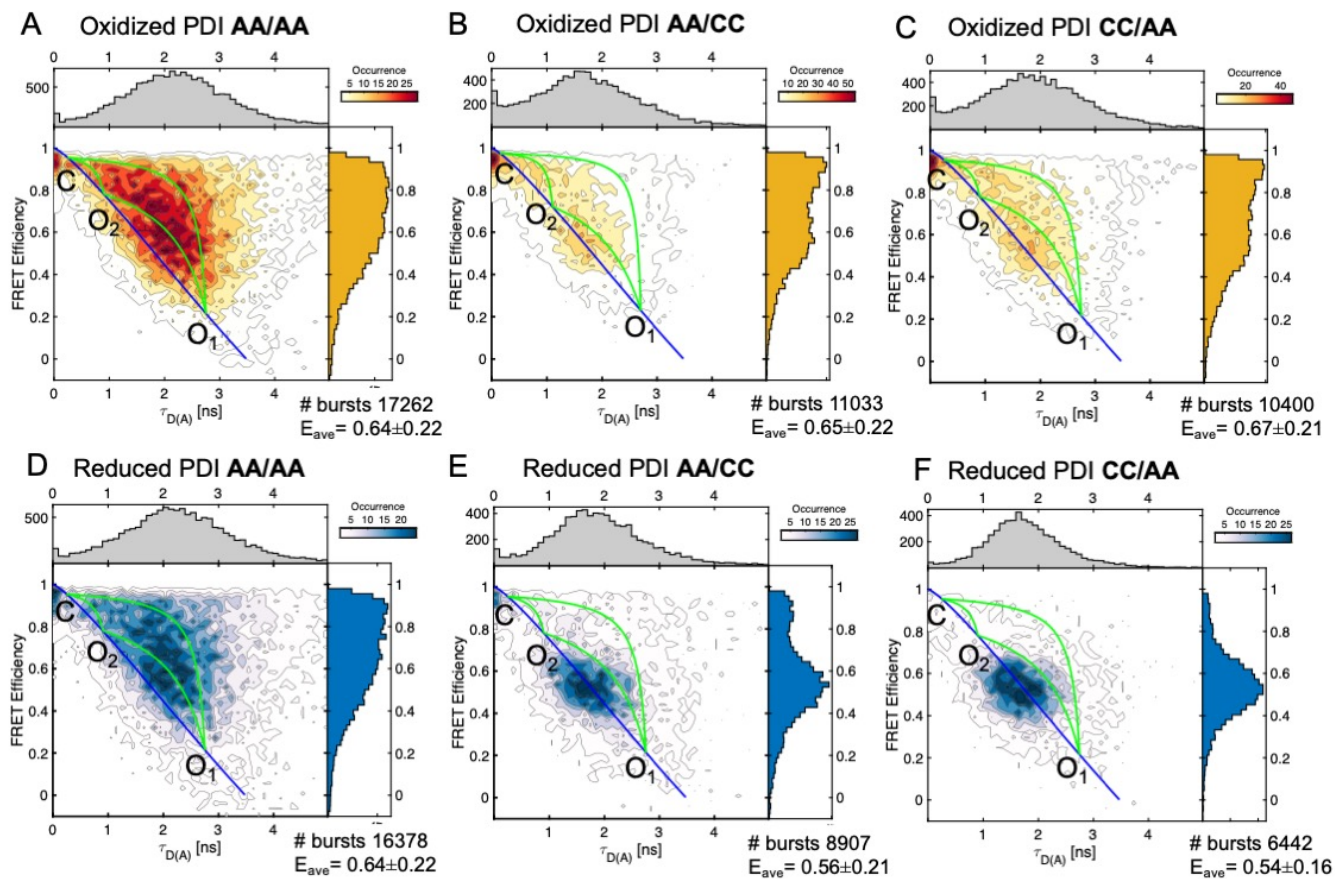


Figure S9. 2D FRET efficiency vs lifetime plots of active site variants under non-reducing (top, yellow) and reducing conditions (bottom, blue). Shown are static (solid blue lines) and dynamic (solid green lines) FRET lines connecting the FRET states. The lines were drawn as described in the main text. The position of C, O₁ and O₂ is indicated. The fraction of each population was obtained by PDA and is reported in **Table 4**.