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# 2 Cell Adhesion-Dependent Biphasic Axon Outgrowth Elucidated by

- 3 Femtosecond Laser Impulse
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#### 23 Abstract

24 Axon outgrowth is promoted by the mechanical coupling between the dynamic actin cytoskeleton 25 and adhesive substrates via clutch and adhesion molecules in the axonal growth cone. In this study, 26 we utilized a femtosecond laser-induced impulse to break the coupling between an axonal growth 27 cone and an adhesive substrate, enabling us to evaluate the strength of the binding between 28 proteins in the growth cone and a laminin substrate, and also determine the contribution of 29 adhesion strength to axon outgrowth. We found that the adhesion strength of axonal L1 cell 30 adhesion molecule (L1CAM)-laminin binding increased with the density of the laminin substrate. In 31 addition, fluorescent speckle microscopy revealed that the retrograde flow of actin filaments in the 32 axonal growth cone was dependent on the laminin density such that the flow speed reduced with 33 increasing L1CAM-laminin binding. However, axon outgrowth did not increase monotonically with 34 increased L1CAM-laminin binding but rather exhibited biphasic behavior, in which the outgrowth 35 was suppressed by excessive L1CAM-laminin binding. Our quantitative evaluations of the adhesion 36 strength suggest that the biphasic outgrowth is regulated by the balance between traction force 37 and adhesion strength as a result of changes in the number of L1CAM-laminin interactions. These 38 results imply that adhesion modulation is key to the regulation of axon guidance.

#### 39 Significance Statement

40 There is a lack of a method to evaluate an adhesion strength of axonal growth cone. We evaluated 41 the adhesion strength of axonal growth cones to a substrate by utilizing the force applied from a 42 femtosecond laser impulse. This study shows that the adhesion strength between the growth cone 43 and substrate is strengthened by L1CAM-laminin binding. Axon outgrowth did not increase 44 monotonically with increased L1CAM-laminin binding but rather exhibited biphasic behavior, 45 indicating that existence of suitable adhesion strength for axonal growth. Our findings suggest that 46 the balance between growth cone adhesion strength and the traction force transmitted via 47 cytoskeletal flow is a key factor in axon guidance.

## 49 Introduction

50 During neuronal development, axons elongate and form functional connections with other neurons 51 and relevant cells. The growth cone located at the tip of an elongating axon senses chemical 52 ligands in the external environment and undergoes directional migration (1-3). The traction force 53 underlying growth cone migration is regulated by modulation of the coupling efficiency between 54 actin filament (F-actin) retrograde flow and adhesive substrates via clutch and cell adhesion 55 molecules (4, 5). Thus, the traction force transmitted to the substrate through the F-actin-adhesion 56 coupling promotes axon outgrowth (1, 6).

We previously identified shootin1a and cortactin as clutch molecules for growth cone migration (7, 8). These molecules mediate the linkage between F-actin retrograde flow and the cytoplasmic domain of L1 cell adhesion molecule (L1CAM) (9). The extracellular domain of L1CAM interacts with adhesive ligands such as laminins in the extracellular matrix (10-12). L1CAM linked to the F-actin flow undergoes gripping (stop) and slipping (retrograde flow) on the substrate. It is the balance between these grip and slip states that regulates growth cone migration (12).

63 Our investigation focuses on the mechanism by which the interaction between L1CAM and 64 laminin generates force. The challenge is to quantify key processes of growth cone migration, for 65 which the adhesion strength via L1CAM-laminin binding is fundamental. However, it is difficult to 66 quantify adhesion strength by conventional methods. For instance, the shear flow assay (13, 14) is 67 not suitable for evaluating local adhesion at the interface between a growth cone and the substrate, 68 whereas it is difficult to apply single-cell force spectroscopy (15, 16) to evaluate force without 69 disturbing the adhesion required for axon outgrowth. We thus developed a method utilizing a 70 femtosecond laser-induced impulsive force, which we used to quantify adhesions between 71 leukocytes and endothelial cells, among epithelial cells, and between neurons and mast cells (17, 72 18). A near-infrared femtosecond laser focused through a lens objective into a water solution 73 generates stress and shock waves at the laser focal point. These waves propagate out spherically 74 and act as an impulsive force on nearby cells. The force is localized to a diameter of 1-10 µm and 75 breaks intercellular adhesions at a single-cell resolution. We also developed a method to quantify 76 the magnitude of the impulsive force by using atomic force microscopy (AFM) (19), enabling us to 77 quantify the strength of intercellular adhesions on the basis of the force needed to break the 78 connection (17, 18, 20).

In this work, we applied our previously established methods for generating laser-induced impulsive force (7, 12) to investigate the contribution of L1CAM-laminin binding to axon outgrowth. The specific interaction between laminin and L1CAM was confirmed by L1CAM knockdown in neurons. The strength of L1CAM-mediated adhesion was confirmed to be dependent on the density of laminin on the substrate. In addition, we used fluorescent speckle microscopy to observed the motions of F-actin and L1CAM in the axonal growth cone and then further assessed the contribution

85 of L1CAM-laminin binding to F-actin-substrate coupling. These experiments demonstrated that

86 cytoskeletal dynamics in the axon growth cone are also dependent on the density of laminin on the

- substrate, revealing L1CAM-laminin binding as a mechanism for the regulation of axonal growth.
- 88

#### 89 Results

#### 90 Adhesion breaking by a femtosecond laser-induced impulsive force

91 Hippocampal neurons cultured for 3 days on a glass-bottom dish coated with 10 µg/ml laminin were 92 placed on an inverted microscope equipped with a femtosecond laser irradiation system. The 93 single-shot femtosecond laser pulses were focused in the vicinity of axonal growth cones to assess 94 the adhesion breaking threshold (Fig. 1A). The force was estimated by measuring the distance 95 from the growth cone at which the laser pulse broke the adhesion to the substrate. For example, 96 the laser with a pulse energy of 700 nJ was initially focused at a position 20 µm from a targeted 97 growth cone. After the first pulse irradiation, the focal point was moved closer to the target in 5 µm 98 steps via an electrical stage until adhesion was broken; the distance between the growth cone and 99 the final laser focal position was recorded.

100 Representative images before and after laser pulse irradiation are shown in Fig. 1B. The 101 step-by-step approach of the laser pulse induces slight displacement of the growth cone (right 102 image in Fig 1B; Video S1). This observation indicates that growth cones can be selectively 103 detached from the substrate by the laser-induced impulsive force. We assessed whether the 104 adhesion breaking process induced cell damage by using the fluorescent dye FM1-43 to mark sites 105 of membrane repair (21). Significant increase in fluorescence did not occur when the laser was 106 focused at the threshold distance for adhesion breaking (Fig. 1B), indicating that the impulsive force 107 used to break growth cone adhesion does not damage the cell membrane.

108

## 109 Quantification of the adhesion breaking force

We evaluated the threshold distance (*R*) to break growth cone adhesion to the glass surface coated with 10  $\mu$ g/ml laminin at different laser pulse energies (*L*) (Fig. 2A). As the impulsive force near the growth cone increases with *L*, the positive correlation between *R* and *L* indicates that *R* increases with an increasing impulsive force. We quantified the threshold for breaking the adhesion by using our previously established AFM method (22) in which an AFM cantilever replaces the tip of the growth cone and the impulsive force loaded on the cantilever is estimated from its bending

116 movement (17). From the estimation, the impulsive force  $F_0$  generated at the laser focal point is 117 related to *L* as follows:

118  $F_0 = -0.003573L^2 + 0.644L - 1.5758.$  [1]

119 Assuming that  $F_0$  propagates spherically in the vicinity of the laser focal point, the impulsive force 120 as a unit of pressure (*P*) is expressed by the following equation:

121 
$$P(kPa) = \frac{F_0(\mu N) \times 10^3}{4 \pi R^2 (\mu m^2)}$$
. [2]

Figure 2B shows a histogram for pressures calculated with Eq. [2] for each data point in Fig. 2A; the distribution was almost Gaussian. The mean value of the minimum pressure to break growth cone adhesion to a 10  $\mu$ g/ml laminin substrate was 4.5 kPa, comparable with the breaking threshold reported in our previous study (22).

126

## 127 Adhesion strength of the growth cone depends on L1CAM-laminin binding

Fluorescent dye-conjugated laminin was used to assess the density of laminin on the substrate (Fig. 2C). The intensity of fluorescence (*I*) increased with the concentration (*C*) of laminin used to coat the glass until reaching saturation (Fig. 2D). This relationship is described by the following equation:

132  $I = I_{max} (1 - e^{-C/k}).$  [3]

We assumed that (i) *I* is proportional to the number of laminin molecules attached to substrate N; (ii) N has a maximum that determines  $I_{max}$ ; and (iii) the attachment rate *k* depends on the coating period (12 h in this experiment). In addition, we neglected the dissociation of laminin from the substrate because *I* was not significantly different after replacing the medium to one without laminin for the laser irradiation experiment. We defined the coverage rate (*A*) of laminin as an index of laminin density on the substrate using the following equation:

139  $A = 1 - e^{-C/k}$ , [4]

An *A* of 1 means that the laminin attached maximumly on the substrate. *k* was estimated by leastsquares fitting with Eq. [3] and the data in Fig. 2D to obtain *A* on the substrate coated with laminin solution at concentration *C*.

The breaking threshold was evaluated according to *A* (red in Fig. 3) and compared with that determined after knockdown of L1CAM (blue in Fig. 3). The threshold increased with *A* for the control sample (Fig. 3B) but not for the L1CAM-knockdown samples, which maintained thresholds that matched those shown by controls at the low coverage rate (A = 0.01). These findings indicate that the adhesion strength between the growth cone and substrate is strengthened by L1CAMlaminin binding. The offset threshold (~2.5 kPa) likely reflects laminin-independent adhesive interactions.

150 The nearly linear increase in adhesion strength with increasing *A* in the control samples 151 (Fig. 3B), despite the variability as a result of individual differences among the cells, suggests that

the adhesion strength due to the L1CAM-laminin binding is proportional to the laminin density on the substrate. Furthermore, as the adhesion strength is integral to the individual binding strength between L1CAM and laminin, the adhesion strength reflects the number of L1CAM-laminin interactions. Thus, the increase in the breaking threshold with *A* may reflect the increase in the number of the L1CAM-laminin interactions that occur with increased laminin density. This relationship is presumably satisfied until the L1CAM sites available for binding are saturated.

158

# 159 L1CAM-laminin binding promotes F-actin-adhesion coupling

160 The contribution of the laminin coverage rate *A* to F-actin-adhesion coupling was investigated next 161 by visualizing F-actin retrograde flow and L1CAM molecules in filopodia at the growth cone. F-actin 162 dynamics were observed by the motion of fluorescent actin speckles tagged with HaloTag (Fig. 163 4A; Video S2; Video S3; Video S4) which were observed moving along filaments toward the leading 164 edge of the growth cone. The speed at which they moved decreased linearly with increasing *A*, 165 slowing from 3.70 µm/min at an *A* of 0.06 to 2.29 µm/min at an *A* of 0.99 (Fig. 4B). These data 166 suggest that *A* promotes the cytoskeletal-adhesion coupling.

167 The dynamics of L1CAM-laminin binding were evaluated as grip and slip motions of 168 L1CAM-HaloTag as shown in Fig. 4C (Video S5; Video S6; Video S7). The ratios of grip and slip 169 states increased and decreased, respectively, with increasing *A* (Fig. 4D). Consistent with this, the 170 speed at which HaloTag traveled (i.e., flow speed) decreased (Fig. 4E) while the duration spent in 171 the grip phase increased (Fig. 4F) with increasing *A*. The differences between slip and grip states 172 were proportionate to *A* in the range of 0.06 to 0.99.

173 L1CAM-laminin binding promotes the L1CAM grip state, transmitting the traction force to 174 the substrate (12). With increased cytoskeletal-adhesion coupling, F-actin flow slows and the 175 traction force transmitted to the substrate for growth cone migration increases (4, 23). Therefore, 176 the linear associations described above support the result from the adhesion breaking test, i.e., the 177 number of the L1CAM-laminin interactions, reflective of the adhesion strength of the growth cone, 178 are nearly proportional to A. Conversely, the dissociation of L1CAM-laminin interactions disrupts 179 cytoskeletal-adhesion coupling such that the force of retrograde flow is no longer transmitted to the 180 substrate (12). The grip and slip motions observed in this study indicate that L1CAM-laminin binding 181 is not static but changes dynamically. Thus, when the average number of L1CAM-laminin 182 interactions between the growth cone and substrate is increased, the grip state is prolonged.

183

# 184 L1CAM-laminin binding results in biphasic axon outgrowth

Axon outgrowth also depends on *A*, as shown in Fig. 5. Axon lengths were the longest (>170 μm)
 when neurons were cultured under conditions where the laminin coverage rate (*A*) was between

187 0.45 and 0.78. However, the lengths of axons from L1CAM knockdown neurons were not affected

by A (blue bars in Fig. 5B), with shorter axons overall. These data suggest not only that axon
outgrowth is regulated by L1CAM binding to the laminin substrate but also that this regulated
outgrowth is biphasic.

191

#### 192 Discussion

193 In an earlier study, we measured the traction force needed to translocate axonal growth cones on 194 a laminin-coated substrate (8.2  $\pm$  2.2 pN/µm<sup>2</sup>) (12). The traction force is transmitted from F-actin 195 retrograde flow; transmission is effective when the binding forces of the clutch and adhesion 196 molecules between F-actin and substrate are higher than the traction force. The force to break the 197 adhesion between the growth cone and substrate was on the order of kilopascals of pressure. 198 Since the unit of force for traction  $(pN/\mu m^2)$  corresponds to pascals (Pa = N/m<sup>2</sup>), the breaking force (>kPa) is >100 times stronger than the traction force in comparison with the average (~8 Pa). Thus, 199 200 the adhesion between the growth cone and the substrate is strong enough to transmit the force of 201 F-action retrograde flow to the substrate.

202 The number of L1CAM-laminin interactions is an important factor for transmitting the force 203 of F-actin retrograde flow to the substrate. With few interactions, F-actin is not coupled to the 204 adhesive substrate through clutch molecules (e.g., shootin1a and cortactin) and L1CAM. As a 205 result, the force of retrograde flow is not effectively transmitted to the substrate to produce sufficient 206 traction for axon outgrowth. This was demonstrated by the short axon lengths of neurons cultured 207 on the substrate with low laminin density. By contrast, retrograde flow slows as the laminin density 208 increases, indicating greater cytoskeletal-adhesion coupling that promotes transmission of the 209 force from the flow to the traction force for growth cone migration. Our results indicate that laminin 210 concentrations resulting in an A between 0.45 and 0.78 are optimal for providing suitable traction 211 force.

212 Interestingly, we observed a decrease in axon growth at a high laminin density, suggesting 213 that excessive L1CAM-laminin binding suppresses axon outgrowth. This biphasic behavior was 214 also reported for integrin-ligand binding (24-26). Those studies investigated the migration of 215 fibroblast and muscle cells when using various concentrations of substrate ligands, integrin 216 expression levels, and integrin-ligand binding affinities. Cell adhesion strength was evaluated by 217 share-stress flow assay and compared with the migration speed. With strong adhesion, the cells 218 spread and extended lamellae, but the cell body did not move. The suppression of migration was 219 attributed to the inability of cells to overcome adhesion to the substrate (26-28). For axons, 220 outgrowth is promoted not only by the traction force at the forward side but also by detachment of 221 the back side. Thus, the decrease in growth we observed may be attributable to a lack of 222 detachment as a result of excessive L1CAM-laminin interactions. The cytoskeletal-adhesion 223 coupling that generates traction force is enhanced with increasing A; thus the balance between the

traction force with the cytoskeletal-adhesion coupling and growth cone adhesion is key for regulating the axon guidance.

226 Notably, axon outgrowth was suppressed when A increased from 0.78 to 0.99, an 227 estimated proportional increase in adhesion strength of ~20%. This result indicates that the 228 modification of outgrowth is on the order of 10% of the modification in the adhesion strength as a 229 result of the number of L1CAM-laminin interactions. Our data therefore suggest that these 230 interactions are responsible for adhesion to the substrate and thus for the regulation of axon 231 guidance. This regulation is key for growth cone migration and axon outgrowth through the 232 extracellular matrix in brain, thereby contributing to the formation of network connections with other 233 neurons and relevant cells.

234

## 235 Conclusion

236 This investigation utilized femtosecond laser impulses to quantitatively evaluate the adhesion 237 strength between axonal growth cones and a laminin substrate. The data show that the strength of 238 the L1CAM-laminin interactions increases with the laminin density. Notably, axon outgrowth does 239 not increase monotonically with increased L1CAM-laminin binding but instead exhibits biphasic 240 behavior, in which outgrowth is suppressed in the presence of high amounts of L1CAM-laminin 241 binding. This biphasic outgrowth is regulated by altered adhesion caused by changes in the number 242 of binding interactions on the order of 10%. These results suggest that the balance between the 243 traction force from the cytoskeletal-adhesion coupling and growth cone adhesion is one of the keys 244 to regulating axon guidance. Future studies on the biphasic regulation of axon outgrowth should 245 seek to further elucidate the guidance mechanism.

#### 247

## 248 Materials and Methods

249

## 250 Preparation of cell culture substrate

251 For each experiment, a 35 mm glass-bottom dish (Matsunami, Osaka, Japan) was coated with 100 252 µg/ml poly-lysine (FUJIFILM WAKO Pure Chemical Corporation) at 37°C for 12 h. After washing, 253 the plate was coated with laminin (laminin 1; FUJIFILM WAKO Pure Chemical Corporation) in 254 phosphate-buffered saline (PBS) at 37°C for 12 h. The surfaces were washed three times with 255 PBS. The laminin density on the dish was modified by altering the concentration of the deposited laminin solution (0.01-100 µg/ml). The laminin density was evaluated by coating the dish with 256 257 laminin conjugated to a fluorescent dye (green fluorescent HiLyte 488; Cytoskeleton), which was 258 observed under a confocal laser scanning microscope (Zeiss LSM710; excitation, 488 nm; 259 emission, 510 nm). The fluorescence intensity was estimated as an area integration ( $15 \times 15 \mu$ m) 260 of the substrate fluorescence.

261

#### 262 Cell culture

Hippocampal neurons were prepared from embryonic day 18 rats and seeded on glass-bottom
dishes. To induce axon outgrowth, neurons were cultured in neurobasal medium (Thermo Fisher
Scientific) containing B-27 supplement (Thermo Fisher Scientific) and 1 mM glutamine for 3 days.
All relevant aspects of the experimental procedures were approved by the Institutional Animal Care
and Use Committee of Nara Institute of Science and Technology.

268

## 269 Femtosecond laser irradiation system

270 The cultures were imaged on an inverted microscope (IX71; Olympus) utilizing femtosecond laser 271 pulses from a regeneratively amplified Ti:Sapphire femtosecond laser (800 ± 5 nm, 100 fs, <1 272 mJ/pulse, 32 Hz) (Solstice Ace; Spectra-Physics). The pulse was focused near the growth cone 273 (Fig. 1A) through a 100× lens objective (UMPlanFI, numerical aperture [NA], 1.25; Olympus). The 274 irradiation was controlled by a mechanical optical shutter ( $\Sigma$ -65GR; Sigma Koki). The laser pulse 275 energy was tuned by a half-wave ( $\lambda/2$ ) plate and dual polarizers. A single femtosecond pulse (50– 276 1,000 nJ/pulse) was applied near the growth cone, and adhesion breaking was monitored by a 277 charge-coupled-device (CCD) camera.

278

## 279 Evaluation of cell damage by FM1-43 dye

A cell-impermeant lipophilic dye (FM1-43; Thermo Fisher Scientific) was used to evaluate cell damage induced by the adhesion breaking process. The fluorescent dye is incorporated into inner membrane lipids after a cell membrane breaks. The dye was added to the culture medium at a

concentration of 2.5 mM 30 min before the laser irradiation and was then visualized using a confocal
 laser scanning microscope system (excitation: 473 nm, emission: 580 nm, FV300; Olympus)
 coupled to the inverted microscope used for laser irradiation experiments.

286

## 287 Impulsive force measurement system using AFM

288 AFM was used to guantify the force needed to break the adhesion, as described previously (17). 289 An AFM cantilever (thickness, 4.0 µm; length, 125 µm; width, 30 µm; force constant, 42 N/m; 290 resonance frequency, 330 Hz in air) (TL-NCH-10; Nano World, Neuchatel, Switzerland) was 291 attached to the AFM head (Nano Wizard 4 BioScience; JPK Instruments, Berlin, Germany) and 292 placed in pure water on the microscope stage. The laser pulse was focused 10 µm away from the 293 top of the cantilever. The transient oscillation of the cantilever induced by the laser pulse irradiation 294 was detected by an oscilloscope. The magnitude of the cantilever movement was estimated from 295 the oscillation.

296

# 297 L1CAM knockdown experiment

L1CAM knockdown neurons were prepared by using a Block-iT Pol II miR RNAi expression kit (Invitrogen). The targeting sequence of L1CAM miRNA #1, 5'-GTGGAGGAAGGAAGGAGAATCAGTA-3', corresponds to nucleotides 439 to 459 in the coding region of rat L1CAM was reported previously (12). Hippocampal neurons were transfected with the miRNA expression vector and incubated for 20 h. The cells were then collected and cultured on the laminin-coated glass-bottom dishes. In this system, GFP is expressed with the L1CAM miRNA, enabling the growth cones of transfected cells to be visualized and monitored.

305

## 306 Fluorescent speckle microscopy

The retrograde flow of F-actin and slip and grip motions of L1CAM were investigated by fluorescent speckle microscopy. HaloTag-actin and L1CAM-HaloTag were expressed in hippocampal neurons. To introduce HaloTag tetramethylrhodamine (TMR) to L1CAM-HaloTag and HaloTag-actin, hippocampal neurons were incubated with HaloTag TMR ligand (Promega) at a 1:1,500 dilution in L15 medium containing B27 supplement and 1 mM glutamine for 1 h at 37°C. The medium was then replaced with fresh L15 medium. The preparation method of HaloTag-actin is specified in the literature (12).

HaloTag-actin speckles were observed at 37°C using a fluorescence inverted microscope (Axio Observer A1; Carl Zeiss) equipped with a C-apochromat 63× NA 1.20 lens objective (Carl Zeiss), an illumination laser (561 nm), and an EM-CCD camera (Ixon3; Andor). Fluorescent L1CAM-HaloTag speckles in growth cones were observed using total internal reflection fluorescence (TIRF) on an inverted microscope (IX81; Olympus) equipped with a TIRF lens

319 objective (UAPON 100×OTIRF NA 1.49; Olympus), an illumination laser (488 nm), and a scientific

- 320 complementary metal-oxide semiconductor (sCMOS) camera (ORCA Flash4.0LT; HAMAMATSU).
- 321 The flow speed of F-actin and slip speed of L1CAM were analyzed by monitoring the fluorescence
- 322 signals of the HaloTags at 5 s intervals. L1CAM puncta that were visible for at least 10 s (two
- intervals) were analyzed; immobile ones were defined as L1CAM in stop (grip) phase, while those
   that flowed retrogradely were defined as in flow (slip) phase.
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# 326 Evaluation of neurite length by immunofluorescence staining

- Axon length was evaluated by immunofluorescence imaging. Neurons were cultured for 3 days on the laminin-coated dishes, fixed with 3.7% formaldehyde in PBS overnight at 4°C, treated for 15 min with 0.05% Triton X-100 in PBS at 4°C, and then incubated with 10% fetal bovine serum in PBS overnight at 4°C. The cells were then incubated with an anti-GFP antibody (Invitrogen), as described by Toriyama et al. (24), and observed with a confocal laser scanning microscope (excitation, 488 nm; emission, 510 nm; LSM 710). The lengths of all axons of 50 cells were measured for each coverage rate.
- 334

## 335 Statistical analysis

- 336 Differences in means were analyzed by the paired t-test. The results of the t-test were considered337 significant when P < 0.05.</li>
- 338

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447 Figure 1. Observation of adhesion breaking of an axonal growth cone by femtosecond laser-448 induced impulsive force. (A) Schematic of the spatial relation between the femtosecond laser 449 pulse and targeted axonal growth cone of a neuron cultured in a dish coated with 10 µg/ml laminin. 450 The laser focal point was sequentially moved closer to the growth cone, as indicated by an arrow. 451 (B) Representative results of adhesion breaking of a growth cone. Top and bottom panels are 452 differential interference contrast (DIC) and fluorescence images before (left) and after (right) the final pulse irradiation, which induces the detachment of the growth cone. Before the final irradiation, 453 454 the pulse was sequentially focused closer to the growth cone, indicated as cross points (laser focal point) on the arrowed line in the top right image. The white silhouettes in the bottom fluorescence 455 microphotographs are weak fluorescence from FM1-43 dye used to evaluate damage of the growth 456 457 cone. Scale bar, 10 µm.

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463 Figure 2. Quantitative evaluation of breaking force for growth cone adhesion by using 464 femtosecond laser impulsive force. (A) Pulse energy L dependence of threshold distance R to 465 break the growth cone adhesion on a glass substrate coated with a 10 µg/ml laminin solution, corresponding to an A of 0.45 (see Eq. [4]). n = 36. (B) Histogram of the adhesion breaking 466 467 threshold. The vertical axis N is number of cells. The threshold was calculated independently by 468 substituting data from panel A into Eq. [2]. (C) Images of fluorescent dye-conjugated laminin on the 469 substrate. Concentrations of the laminin solution used for the coating are indicated at the top. Scale 470 bar, 10 µm. (D) Fluorescence intensity as a function of the laminin concentration. The fluorescence 471 intensities were measured on substrates coated with laminin solutions with concentrations of 0.01,

- 472 0.1, 1, 10, 50, and 100  $\mu$ g/ml. The fitting curve was calculated by Eq. [3], where  $I_{max} = 25.5$  and k =
- 473 16.6. n = 50 for each concentration. Data are means  $\pm$  SDs from three independent experiments.



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#### 478 Figure 3. Adhesion breaking of growth cone on a laminin-coated substrate.

479 (A) Representative results of the adhesion breaking threshold. The coverage rate of laminin (*A*) is 480 indicated at the top. The vertical axis *N* is number of cells. Red and blue histograms are for control 481 neurons and L1CAM knockdown neurons. (B) Means and SDs of the breaking threshold. Control 482 neurons: n = 41, 35, 36, 12, and 25 signals for A = 0.01, 0.06, 0.45, 0.78, and 0.99, respectively. 483 L1CAM knockdown neurons: n = 18, 44, 34, 20, and 19 signals for A = 0.01, 0.06, 0.45, 0.78, and 484 0.99, respectively. \*p < 0.05, \*\*p < 0.01 (two-tailed Student's *t* test), n.s., not significant.

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489 Figure 4. Molecular dynamics of F-actin and L1CAM in the axonal growth cone detected by 490 fluorescence speckle microscopy. (A) Fluorescence speckle images of the HaloTag-actin in a 491 filopodium extended from an axonal growth cone. The coverage rate of laminin (A) is indicated at 492 the top. Kymographs (right) depict HaloTag-actin behavior in boxed region in the image on the left. 493 Slope of the yellow dashed line corresponds to retrograde flow speed of the F-actin. Time interval 494 between frames, 5 s. Scale bar, 5  $\mu$ m. (B) Retrograde flow speed of F-actin. n = 125, 160, and 130 495 signals for A = 0.06, 0.45, and 0.99, respectively. (C) Fluorescence speckle images of L1CAM-496 HaloTag in a filopodium. Kymographs (right) depict L1CAM-HaloTag behavior in a boxed region in 497 the image on the left. Dashed pink and blue lines connect L1CAM in grip and slip states, 498 respectively. Time interval between frames, 5 s. Scale bar, 5 µm. Ratios (D) and flow speeds (E) 499 of the grip and slip states of L1CAM-HaloTag in filopodia obtained from the kymograph analyses. n = 261, 450, and 197 signals for A = 0.06, 0.45, and 0.99, respectively. (E) Flow speed of L1CAM-500 501 HaloTag in the slip state. The speed corresponds to slopes of dashed blue lines in panel C. (F)

- 502 Durations of L1-HaloTag grip. White, red, and blue bars represent data for *A* = 0.06, 0.45, and 0.99,
- 503 respectively. Data are means  $\pm$  SDs; \*\*p < 0.01.

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## 509 Figure 5. Elongation of neurites on laminin-coated substrate.

510 (A) Confocal images of neurons visualized with a GFP antibody. The coverage rate of laminin (*A*) 511 is indicated on the left. Scale bar, 100  $\mu$ m. (B) Mean values and SDs of axon length. Control 512 neurons: *n* = 91, 28, 79, 60, and 71 signals for *A* = 0.01, 0.06, 0.45, 0.78, and 0.99, respectively; 513 L1CAM knockdown neurons: *n* = 43, 49, 73, 103, and 48 signals for *A* = 0.01, 0.06, 0.45, 0.78, and 514 0.99, respectively. \**p* < 0.05, \*\**p* < 0.01. n.s., not significant.

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