Oxytocin promotes epicardial cell activation and heart regeneration after cardiac injury

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ABSTRACT

Cardiovascular disease (CVD) is one of the leading causes of mortality worldwide, and frequently leads to massive heart injury and the loss of billions of cardiac muscle cells and associated vasculature. Critical work in the last two decades demonstrated that these lost cells can be partially regenerated by the epicardium, the outermost mesothelial layer of the heart, in a process that highly recapitulates its role in heart development. Upon cardiac injury, mature epicardial cells activate and undergo an epithelial-mesenchymal transition (EMT) to form epicardial-derived progenitor cells (EpiPCs), multipotent progenitors that can differentiate into several important cardiac lineages, including cardiomyocytes and vascular cells. In mammals, this process alone is insufficient for significant regeneration, but it may be possible to prime it by administering specific reprogramming factors, leading to enhanced EpiPC function. Here, we show that oxytocin (OXT), a hypothalamic neuroendocrine peptide, induces epicardial cell proliferation, EMT, and migration in a mature-like model of human induced pluripotent stem cell (hiPSC)-derived epicardial cells. In addition, we demonstrate that OXT is released from the brain into the bloodstream after cardiac cryoinjury in zebrafish, eliciting significant epicardial activation and promoting heart regeneration. Oxytocin signaling is also critical for proper epicardium and myocardium development in zebrafish embryos. The above processes are significantly impaired when OXT signaling is inhibited chemically and genetically through RNA interference. Mechanistically, RNA sequencing analyses suggest that the transforming growth factor beta (TGF- β) pathway is the primary mediator of OXT-induced epicardial activation. Our research reveals for the first time a primarily brain-controlled mechanism that induces cellular reprogramming and regeneration of the injured heart, a finding that could yield significant translational advances for the treatment of CVD.

KEYWORDS: Heart Regeneration, Epicardium, Oxytocin, Zebrafish, Cell Reprogramming, Stem Cells, Induced Pluripotent Stem Cells, Epicardium-Derived Stem Cells

INTRODUCTION

Cardiovascular disease (CVD) is the leading cause of mortality in the United States and the rest of the developed world (Virani et al., 2020). These diseases often lead to severe cardiac events, such as a myocardial infarction (MI), which can result in the death of more than 25% of cardiac myocytes, the chief contractile cells of the adult heart. If left untreated, this condition can lead to heart failure (Laflamme & Murry, 2011). Cardiomyocytes (CMs) are terminally differentiated cells, and as such, their innate regenerative capacity is extremely limited and insufficient to restore function to lost myocardium. Instead, the injured heart typically resorts to wound repair, replacing dead cells with fibrotic scar tissue (Bergmann et al., 2009; Fan et al., 2012). Therefore, the ability to induce heart regeneration, which results in growth and proliferation of endogenous diseased cells (and subsequent restoration of cardiac function), would be paramount in the discovery of new therapeutic strategies for the successful treatment of MI and other types of CVD (Laflamme & Murry, 2011; Uygur & Lee, 2016).

The epicardium is the outermost mesothelial layer of the heart that serves a structural and protective role in healthy individuals (Riley, 2012). While its activity level decreases as development proceeds, in adults, it becomes activated upon injury and recapitulates its embryonic phenotype (Peralta et al., 2014; Simões & Riley, 2018). Upon activation, a subset of epicardial cells migrate into the subepicardial space and undergo epithelial-mesenchymal transition (EMT) to form epicardium-derived progenitor cells (EpiPCs). These EpiPCs are multipotent cardiac progenitors (the only widely accepted source) that contribute to multiple different cell lineages in the heart and can aid in the healing and repair process (Quijada et al., 2020; Rao & Spees, 2017; Smits et al., 2018). While there is evidence to suggest that EpiPCs can differentiate into cardiomyocytes during development (Cai et al., 2008; Zhou et al., 2008), whether this process occurs in adult EpiPCs is a matter of ongoing debate. Adult epicardial cells also secrete paracrine factors to modulate heart repair and regeneration post-MI (Wei et al., 2015; Zhou et al., 2011). Therefore, the activated epicardium might be the key to unlocking cardiac regeneration pathways in humans.

The brain plays a central role in several energetically demanding processes that serve to maintain body homeostasis (Dampney, 2016; Guyenet & Bayliss, 2015; Morrison, 2016; Roh et al., 2016). In addition, the brain-heart signaling axis regulates heart rate, blood pressure, and systolic and diastolic function (Dampney, 2016; Palma & Benarroch, 2014). The neural endocrine structures, such as the hypothalamus and pituitary, play a particularly important role in maintaining normal cardiovascular function through the release of various hormones (Gordan et al., 2015; Rhee & Pearce, 2011). Therefore, it stands to reason that a process as biologically and energetically demanding as heart regeneration does not happen cell-autonomously and might be under central hormonal control. In fact, there is evidence that several hormones such as estrogen (Xu et al., 2020), thyroid hormones (Hirose et al., 2019), and cortisol (Sallin & Jaźwińska, 2016) affect cardiac regeneration. In addition, a recent study indicates that damage to the hypothalamus inhibits endogenous regenerative processes in vertebrates (Zhang et al., 2018). These findings, combined with the fact that injury-induced epicardial activation can be primed by specific signaling factors (Smart et al., 2011), led us to hypothesize that after cardiac injury, one or more neuroendocrine hormones are released from the hypothalamus into the bloodstream to facilitate heart regeneration. Proper identification and characterization of these hormones will be critical in advancing the translational potential of cardiac regeneration research.

Here, we present evidence that oxytocin (OXT), a nine amino acid neuropeptide produced by the hypothalamus and released by the posterior pituitary, may be the missing link in achieving sufficient EpiPC proliferation, activation, and migration to fully regenerate the lost myocardium in the injured heart. We utilize both *in vitro* and *in vivo* injury models to identify and describe the direct involvement of OXT in these processes. First, we differentiate and characterize a mature-like model of human iPSC-derived epicardial cells (hEpiCs) and show that the peptide induces proliferation and activation in these cells by acting through its receptor (OXTR). We then show that oxytocin is released from the brain after cardiac cryoinjury in zebrafish, a process that is critical for heart regeneration and epicardial activation. In addition, inhibition of OXT signaling delays regeneration of adult hearts and epicardium formation in zebrafish embryos. RNA sequencing (RNA-seq) analyses suggest that the TGF- β pathway is the primary mediator of OXT-induced epicardial activation. The findings of this study reveal a novel role for the brain-heart signaling axis in regulating cardiac regeneration and elucidate the critical importance of the epicardium in this process.

MATERIALS AND METHODS

Stem cell culture. Human iPSCs (hiPSC-L1) were cultured on 6 well plates coated with growth factor-reduced Matrigel (Corning) in an incubator at 37°C, 5% CO₂. Stem cells were maintained in Essential 8 Flex medium (E8 Flex; Thermo Fisher Scientific) containing 1% penicillin/streptomycin until ~70% confluency was reached, at which point cells were split into new wells using ReLeSR passaging reagent (Stem Cell Technologies) with 2 μ M ROCK inhibitor (Thiazovivin/TZV; Selleck Chemicals) added to prevent cells from undergoing apoptosis while in suspension. All hiPSC lines were periodically validated for pluripotency and genomic stability.

hiPSC differentiation to hEpiCs. hiPSCs were differentiated to epicardial monolayers using a modified version of a previously described protocol (Bao et al., 2016, 2017). Cells were dissociated using Accutase (Innovative Cell Technologies), re-plated on Matrigel coated plates, and incubated overnight in E8 Flex + 2 μ M TZV. Once hiPSC monolayers reached ~90% confluency, epicardial differentiation was started via the addition of 12 μ M CHIR99021 (Selleck Chemicals) in RPMI/B-27 minus insulin (Gibco; Day 0) for 24 hours. On Day 3, cells were exposed to 2 μ M Wnt-C59 (Selleck Chemicals) in RPMI/B-27 minus insulin for 48 hours. On Day 6, cardiac progenitors were then re-plated in RPMI/B-27 (Gibco) with 100 μ g/mL Vitamin C (Vit. C) using Accutase and TZV. Cells were directed down the epicardial lineage by the consecutive addition of 9 μ M CHIR99021 on Days 7 and 8 and maintained in RPMI/B-27/Vit. C until passage. On day 12, hEpiCs were again re-plated using Accutase and TZV and 2 μ M SB431542 (TGF- β receptor inhibitor; Selleck Chemicals) was added to the media to prevent cells from spontaneously undergoing EMT. Epicardial cells were cultured long-term in RPMI/B-27/Vit. C + 2 μ M SB431542 and split when full confluency was reached. In order to ensure that hEpiCs were as mature as possible for experiments, Vitamin C and SB431542 were entirely removed from the culture system 5 days prior to sample collection. OXT and other compounds were then added directly to the media 2 days later, for a total exposure time of 3 days, unless otherwise indicated. Automated cell counting was conducted using the Cytation 3 and Cytation 5 Cell Imaging Multi-Mode Readers (Biotek).

hiPSC lentiviral transduction. Bacteria carrying the plasmid for shRNA-mediated knockdown of OXTR and a scrambled plasmid (both designed with VectorBuilder) were grown on LB agar plates and isolated colonies were expanded in LB broth, both containing ampicillin. The

plasmids carried an ampicillin resistance cassette, allowing for their growth. Plasmid DNA was isolated from the bacteria by midiprep (Zymo Research), and purified DNA was transfected into 40% confluent HEK293T cells using Lipofectamine (Invitrogen). Lentiviral packaging plasmids (pVSVg, psPAX2) were also transfected at this time, thereby allowing the generation of a functional lentivirus containing the shRNA molecules of interest. Viral supernatant was collected and concentrated after 48 hours and transduced directly into hiPSCs at low to mid-confluency along with 8 µg/mL polybrene (Fisher Scientific). Because all plasmids contained puromycin-resistance cassettes, the stem cell media was changed the next day to E8 Flex containing 0.5 µg/mL puromycin (Thermo Fisher Scientific) to facilitate colony selection. hiPSCs were maintained in puromycin for 3-5 days and surviving monoclonal colonies were re-plated and expanded to generate two new hiPSC lines. The extent of *OXTR* knockdown was then quantified by qRT-PCR in hEpiCs.

Zebrafish cardiac cryoinjury. Adult zebrafish hearts were subjected to cardiac cryoinjury as described previously (González-Rosa et al., 2011; González-Rosa & Mercader, 2012). Briefly, fish were anesthetized with 0.65 mM tricaine (MS-222) and placed on a wet sponge ventral side up under a stereomicroscope (Leica). The chest cavity was opened by cutting through the pericardium until the point where the beating heart was clearly visible. In order to induce cryoinjury, a liquid nitrogen cooled metal probe was gently placed on the apex of the ventricle for ~45 seconds. Sham operations were carried out by simply opening the chest cavity without injury. Fish were closely monitored for the first 2 hours after surgery and twice daily thereafter until ready for organ collection. Pharmacological inhibition of oxytocin signaling was achieved by injecting 2-3 µL of water or 1 µM L-368,899 (a non-peptide *OXTR* antagonist) directly into the intrathoracic cavity, as described previously (Bise & Jaźwińska, 2019). Initial injections were administered 24 hours after cryoinjury with repeat injections every other day throughout the experiment. All zebrafish were maintained in a dedicated facility between 27-28°C on a 14-hour light/10-hour dark cycle. Equal numbers of male and female fish were used for cryoinjuries.

Zebrafish embryo experiments. One female and one male adult fish were placed in specialized breeding tanks with a partition between them the night before experiments. The partition was removed early the next morning and fish were given ~15 minutes to breed. Fertilized embryos were collected and placed in embryo medium containing 4.96 mM NaCl, 0.179 mM KCl, 0.329 mM CaCl₂ • 2H₂O, and 0.401 mM MgCl₂ • 6H₂O dissolved in water. The appropriate concentration of atosiban (competitive *OXTR* antagonist) was added directly to the medium and embryos were stored in an incubator at 28°C for the duration of the experiment. Dead embryos and discarded chorions were removed daily. Developing fish were imaged at 24-, 48-, and 72-hours post-fertilization (hpf) with the Leica M165 FC stereomicroscope with a DFC7000 T fluorescence camera so that epicardium and myocardium formation could be observed in real time. Epicardial cell number was counted manually at 48 and 72 hpf.

Gene expression analysis. Total RNA was extracted from samples using the RNeasy Mini Kit (Qiagen). Cells were lysed directly in their culture wells and tissues were lysed and homogenized using the Bead Mill 4 Homogenizer (Fisher Scientific). Once extracted, RNA was quantified using a NanoDrop (Mettler Toledo), with a concentration of at least 10 ng/µL being required to proceed with reverse transcription. cDNA was synthesized using the Quantitect Reverse Transcription Kit (Qiagen) and stored at -20°C for further use. Primers for qRT-PCR were designed using the Primer Quest tool (Integrated DNA Technologies) and SYBR Green (Qiagen) was used as the DNA intercalating dye. qRT-PCR plates were run

using the QuantStudio 5 Real-Time PCR system (Applied Biosystems) with a total reaction volume of 20 μ L. Expression levels of genes of interest were normalized to *HPRT1* levels and fold change values were obtained using the $2^{-\Delta\Delta CT}$ method. At least 3-5 independent samples were run for each gene expression assay.

Immunofluorescence. hEpiC samples were first transferred onto Millicell EZ slides (MilliporeSigma), fixed in 4% paraformaldehyde (PFA) solution, and washed with PBS + 1.5 g/L glycine. Zebrafish tissue samples were extracted, washed in PBS + 0.5 mM EDTA solution, and fixed in 4% PFA for one hour. After fixation, organs were washed with PBS-glycine and transferred into a PBS + 30% sucrose solution for at least 48 hours. Samples were then embedded in Optimal Cutting Temperature (OCT) compound (Electron Microscopy Sciences), frozen in a mold, and sectioned at 10 μ m thickness using the Leica CM3050 S cryostat. Sectioned tissue was stored at 4°C for further use. Once ready for staining, antigen retrieval was performed by immersing slides in a sodium citrate buffer (10 mM sodium citrate, 0.05% Tween 20, pH 6.0) for ~45 minutes at 95-100°C. All samples (cells and tissues) were blocked and permeabilized with 10% normal donkey serum, 0.5% bovine serum albumin (BSA), and 0.5% Triton X-100 in PBS for 1 hour at room temperature. After washing, primary antibodies were diluted in antibody solution (1% normal donkey serum, 0.5% BSA, 0.5% Triton X-100 for tissues, 0.05% Triton X-100 for cells, all dissolved in PBS), added to the samples, and incubated overnight at 4°C. The next day, cells and tissues were washed, and secondary antibodies were diluted in antibody solution (with 0.05% Triton X-100) and added for 2 hours at room temperature. 4',6-diamidino-2-phenylindole (DAPI, Thermo Fisher Scientific) was then added immediately at a concentration of 1:1000 to label DNA. Stained slides were washed 3 times in PBS and No.1 coverslips (VWR) were added using ProLong Gold Antifade Mountant (Thermo Fisher Scientific).

Histology. Masson's trichrome staining was carried out using a kit from IMEB Inc. and following manufacturer's instructions. Briefly, sectioned tissue was immersed in Bouin's solution for ~50 minutes at 56-64°C to improve staining quality and washed in tap water until the yellow color was fully removed from the hearts. Slides were then stained with Biebrich's scarlet/acid fuchsin solution for 7 minutes, washed in deionized (DI) H₂O, and immersed in phosphomolybdic/phosphotungstic acid solution for 18 minutes to decolorize fibrous tissue. Slides were then transferred directly to aniline blue solution for 12 minutes to stain collagen fibers, washed in DI H₂O, and immersed in 1% acetic acid for 3 minutes to stabilize the staining. After washing, tissue was dehydrated by successive exposure to 95% ethanol, 100% ethanol, and xylene and coverslips were added using Eukitt quick-hardening mounting medium (Sigma-Aldrich).

Confocal microscopy and image analysis. All samples were imaged using the Zeiss LSM880 NLO Confocal Microscope system or the Nikon A1 Confocal Laser Microscope. Images were analyzed and prepared for publication using Fiji software. Cell counts were performed manually using the "Wand" tool and automatically using the "Threshold" and "Analyze Particles" tools. Individuals who conducted manual cell counting were blinded to experimental conditions and at least 5 images were analyzed for each group.

RNA sequencing. RNA was extracted from 3 control and 3 hEpiC samples treated with 100 nM OXT as described above. RNA was quantified using a Qubit Fluorometer (Thermo Fisher Scientific) and samples were sent to the MSU Genomics core, where their quality was tested using the Agilent 2100 Bioanalyzer. Samples were sequenced using an Illumina HiSeq 4000.

For RNA-seq sample processing, a pipeline was created in Galaxy. Briefly, sample run quality was assessed with FASTQC and alignment to hg38 was carried out using HISAT2. Counts were obtained using featureCounts and differential expression analysis was performed with EdgeR. Further downstream bioinformatic analysis was performed using Phantasus 1.11.0 (artyomovlab.wustl.edu/phantasus), ToppGene Suite (<http://toppgene.cchmc.org>), and Enrichr (<https://maayanlab.cloud/Enrichr/>).

Statistical analysis. All graphs were made using GraphPad software. Statistical significance was evaluated with a standard unpaired Student's t-test (2-tailed) when comparing two groups or with a 1-way ANOVA with Tukey's or Dunnett's post-test for multiple comparison analysis. Regardless of the test used, a P-value of less than 0.05 was considered statistically significant. All data are presented as mean $\pm$ SD or SEM and represent a minimum of 3 independent experiments with at least 3 technical replicates unless otherwise stated. For RNA-seq analysis, a false discovery rate (FDR) was used to determine statistical significance.

RESULTS

Establishing human iPSC-derived epicardial progenitor and mature-like epicardial cell cultures. To produce mature-like epicardial cells from human iPSCs (hEpiCs) we started by deriving epicardial progenitor cells using a 3-step Wnt modulation strategy (Bao et al., 2016, 2017) (**Figure 1A**). After 12 days of culture, hEpiCs display classic epithelial morphology (**Figure 1B**), express epicardial progenitor markers WT1 and TCF21 (**Figure 1C-E**), and show increased *WT1* and *CDH1* (epithelial cadherin) levels as they age (**Figure 1F, G**), suggesting an increase in epicardial nature. These cells can be routinely maintained and cultured in medium containing Vitamin C and SB431542 (a TGF- β receptor inhibitor), allowing them to retain their epithelial morphology for at least 20 passages; however, we found that these compounds prevent hEpiC maturation. As the epicardium develops and ages, its resident cells transition from a highly proliferative, migratory, and transcriptionally active nature to a more mature, quiescent phenotype. In the mouse heart, key genes involved in epicardial activation are barely detectable by 3 months of age (Smart et al., 2011; Smits et al., 2018; Zhou et al., 2011). We hypothesized that removing Vitamin C and SB431542 from the hEpiC media for a short time would allow the cells to mature without undergoing EMT. Indeed, we found that hEpiC cell counts were 2-fold higher when cultured in media containing these compounds compared to when they were absent (**Figure 1H**). In addition, removal of SB431542 from the media five days prior to sample collection led to hEpiC transcriptional maturation, as shown by a decrease in progenitor and EMT markers (*WT1*, *TCF21*, *NT5E*) and an increase in mature epithelial marker *CDH1* (**Figure 1I**). Therefore, all experiments with epicardial cells were performed using this final media formulation to ensure that hEpiCs resemble epicardial cells in the adult heart as much as possible.

Oxytocin induces human epicardial cell activation to a progenitor-like state. Because the brain is critical for maintenance of body homeostasis (Dampney, 2016; Guyenet & Bayliss, 2015; Morrison, 2016; Roh et al., 2016) and damage to the hypothalamus inhibits limb regeneration in vertebrates (Zhang et al., 2018), we hypothesized that the brain neuroendocrine system is also involved in the process of heart regeneration. To identify potential new neuroendocrine hormones involved in epicardial activation and possibly heart regeneration, we screened fifteen endogenous candidates in hEpiCs with two main criteria in mind: 1) Being involved in the physiological response to stress and 2) Being produced and secreted by neuroendocrine tissue (see **Supplementary Table 1**). We identified 15

candidates and screened each of them for their proliferative effects by adding them to mature hEpiCs in culture. After 3 days, the percentage of phosphorylated histone H3 (H3P) positive cells was measured as a putative marker of proliferation. Oxytocin (OXT), a neuroendocrine peptide released by the neurohypophysis, had the strongest proliferative effects (~3-fold versus control) and was selected for further downstream analysis (**Figure 2A**). We then exposed hEpiCs to different OXT concentrations in the physiological range and assessed cellular proliferation levels by two alternative methods, Ki67 staining and direct cell number counts. We found that the percentage of hEpiCs double-positive for both WT1 and Ki67 increased by ~50% three days after addition of OXT (**Figure 2B, C**). Automated direct cell counting using DAPI staining produced similar results and indicated that the absolute number of epicardial cells doubled with oxytocin exposure (**Figure 2D**). No multinucleated cells were observed. We compared the effect of OXT to that of thymosin β 4, a short peptide that has been shown to elicit strong epicardial activation *in vitro* and epicardial-mediated heart regeneration *in vivo* in mice (Smart et al., 2007, 2011; Y. L. Wang et al., 2021). 100 nM oxytocin again caused a ~50% increase in hEpiC proliferation compared to control cells, an effect that was 2-fold greater than that of the most potent thymosin β 4 dose (**Figure 2E**). OXT also induced hEpiC epithelial-to-mesenchymal transition (EMT), as determined by an increase in gene expression for EMT markers *WT1*, *TCF21*, and *SNAI1* without a corresponding increase in epithelial marker *CDH1* (**Figure 2F**). Taken together, these data suggest that oxytocin induces epicardial cell activation to a progenitor-like state.

Oxytocin exerts its pro-regenerative effects through the oxytocin receptor (OXTR). We sought to gain some mechanistic insight as to how OXT causes its effects *in vitro*. There is only one oxytocin receptor in humans (OXTR), and it is a G-protein coupled receptor (GPCR) (Gimpl & Fahrenholz, 2001). We first conducted a dose-response experiment and quantified epicardial cell proliferation at each concentration. As expected, OXT had a concentration-dependent effect on hEpiC proliferation, with a maximal response (>2-fold increase in epicardial cell counts) occurring at 100 nM and an EC₅₀ at ~300 pM (**Figure 3A and Supplementary Figure 1A**). Gene expression analysis showed that *OXTR* expression increased 20-30 fold in hEpiCs compared to undifferentiated hiPSCs (**Figure 3B**). Immunostaining and confocal imaging confirmed that OXTR is present on the cell membrane and in the cytoplasm of hEpiCs (**Figure 3C**). While the cells clearly expressed OXTR, it should be noted that they did not express OXT as assessed by qRT-PCR (data not shown). In addition to binding its own receptor, oxytocin can also bind to the arginine vasopressin (AVP) receptors in humans, albeit with lower affinity than to OXTR (Gimpl & Fahrenholz, 2001), however hEpiCs did not express any of the three AVP receptor isoforms (data not shown). These data led us to believe that oxytocin acts through OXTR to induce epicardial activation. We created a knockdown *OXTR* hiPSC line using an shRNA-lentivirus targeting *OXTR*. This procedure resulted in a >90% knockdown in *OXTR* expression compared to scrambled epicardial cells (**Supplementary Figure 1B**) and did not affect the ability of hiPSCs to differentiate into hEpiCs (**Supplementary Figure 1C**). Exposure to 100 nM OXT led to strong hEpiC activation in scrambled cells, with an even greater response to LIT-001, a recently characterized and very potent non-peptide OXTR agonist (Frantz et al., 2018; Hilfiger et al., 2020) (**Supplementary Figure 1D**). These findings were confirmed when we stained the cells for proliferation marker Ki67. We observed a ~40% increase in proliferating hEpiCs in the scrambled line and a slight (~25%) decrease in proliferation in the sh*OXTR* line after OXT addition (**Figure 3D, E**). We next carried out qRT-PCR gene expression analyses to determine if EMT was also affected by *OXTR* knockdown. We observed a 2 to 4-fold increase in hEpiC activation (*WT1*, *TCF21*, and *SNAI1* marker expression) in scrambled cells, but these

effects were entirely prevented in knockdown hEpiCs (**Figure 3F, G**). We concluded that oxytocin acts through the OXTR to induce human epicardial cell activation *in vitro*.

Oxytocin acts through the TGF- β signaling pathway to induce epicardial activation. To obtain additional clues related to the potential mechanism of action driving the effects of oxytocin, we performed RNA-seq on hEpiCs in control and OXT-treated conditions as described above. RNA was collected for transcriptomic differential gene expression analysis after 3 days of OXT exposure. We found that oxytocin induced significant widespread gene expression changes (**Figure 4A**). Computational analysis using gene ontology identified upregulated and downregulated clusters consistent with our previous observations on the effects of oxytocin (dedifferentiation to a progenitor-like state, increased proliferation, EMT) (**Figure 4B, C**). Of particular interest was the upregulation of TGF- β /BMP pathway biological processes, as well as developmental ones (**Figure 4B**). Among downregulated processes, a series of metabolic functions well-ascribed to the epicardium were identified, again consistent with our proposed model of mature epicardial cells becoming epicardial progenitors upon OXT treatment. Leading genes driving the TGF- β pathway activation were ligands *LEFTY2*, *GDF15*, and *INHBB*, and the BMP pathway activator *TMEM100* (**Figure 4D**). Overall, these data suggest that oxytocin, through the activation of OXTR, can promote the expression of proteins involved in TGF- β and BMP signaling in the epicardium, leading to increased epicardial progenitor cell pools.

Oxytocin signaling plays a role in the formation and migration of the proepicardial organ (PEO) during heart development. Our data suggest that OXT might play an important and overlooked role in epicardial function. We hypothesized that this may be reflected during heart development too, however, very little information is available in this context. We therefore sought to determine if *oxtr* (the zebrafish ortholog to mammalian OXTR) inhibition would have deleterious effects on epicardium formation during heart development. The epicardium derives from an extra-cardiac cell cluster originating in the splanchnic mesoderm called the proepicardial organ (PEO). Once the PEO forms, it contributes new cells to the developing heart by migration into the epicardial and subepicardial spaces. These cells undergo EMT to form EpiPCs, which go on to differentiate into mature EpiCs and other cardiac cell types (Quijada et al., 2020; Simões & Riley, 2018). We bred double transgenic *myl7-DsRed2/tcf21-nls-eGFP* zebrafish embryos with a *dsRed2* reporter in cardiomyocytes and an enhanced green fluorescent protein (EGFP) tag attached to a nuclear localization signal for *tcf21*, a well-established EpiPC marker (Kikuchi et al., 2010; J. Wang et al., 2011). This method allowed us to visualize the development of the epicardium and myocardium in real time via fluorescence microscopy. We dissolved different concentrations of atosiban, a competitive OXTR antagonist, into zebrafish embryo medium and imaged epicardium formation at different time points, quantifying the number of *tcf21*-positive (green) cells covering the myocardium (red) (**Figure 5A**). We observed a dose-dependent decrease in the number of epicardial cells covering the ventricle (**Figure 5B**) and atrium (**Figure 5C**) at 72 hours post-fertilization (hpf), with 100 μ M atosiban resulting in a maximal decrease of ~2-3-fold. Thus, oxytocin receptor inhibition significantly disrupts the formation of the epicardium in zebrafish. This delay could be due to defects in proepicardial cell migration to the surface of the developing heart, as it appears that the proepicardial cluster is much farther from the myocardium in the atosiban-treated embryos than in control embryos (**Figure 5A**). Alternatively, it could be due to a defect in epicardial cell proliferation, as several of our results suggest that OXTR inhibition adversely affects this process *in vitro* in human cells.

Oxytocin signaling is necessary for heart regeneration *in vivo*. The zebrafish is a powerful naturally regenerating organism popular for heart regeneration studies (Aguirre et al., 2014; Jopling et al., 2010; Poss et al., 2002). We decided to test if the role OXT plays in epicardial activation was conserved during zebrafish heart regeneration using a well-established cardiac cryoinjury model (González-Rosa et al., 2011; González-Rosa & Mercader, 2012) (**Figure 6A**). After cryoinjury, we observed an 18-fold increase in *oxyt* mRNA levels in zebrafish brains at 3 dpi (days-post injury) and lasting until at least 7 dpi (**Figure 6B**), suggesting that a burst of oxytocin is released from the brain into the bloodstream after cardiac injury over a prolonged period. To determine the functional significance of this oxytocin burst, we used a specific OXTR inhibitor (L-368,899, a non-peptide OXTR antagonist), and injected it directly into the thoracic cavity of the fish after cryoinjury. The size of the injured myocardial area was assessed by Masson's trichrome staining at different timepoints after injury in control and L-368,899 treated hearts. Notably, the difference in scar size between control and treated animals increased as more time passed after cryoinjury. Inhibitor-treated animals displayed a modest increase in injured myocardium (~1.25-1.5 fold) at 3 and 7 dpi and a ~2-fold statistically significant increase at 14 dpi. In addition, injured hearts treated with L-368,899 had more myocardial fibrosis accumulation than control hearts at 14 dpi (**Figure 6E**). Taken together, these data suggest that oxytocin signaling is necessary for proper heart regeneration. Because one hallmark of epicardial activation after cardiac injury *in vivo* is upregulation of WT1 and TCF21 levels (Quijada et al., 2020; Smits et al., 2018), we next collected cryoinjured hearts to quantify the expression of these markers. Both *wt1b* and *tcf21* increased significantly after injury, with peak mRNA levels at 3 dpi (**Figure 7A**) and expression patterns very consistent with the brain release of *oxyt* (**Figure 6B**). In addition, immunofluorescence for *tcf21* showed an increase in the number of activated epicardial cells at 3 dpi, particularly EpiPCs migrating into the damaged tissue (**Figure 7B**). Intrathoracic L-368,899 injections performed after cryoinjury showed that treated zebrafish hearts had >2-fold lower expression of *wt1b* and *tcf21* compared to control hearts (**Figure 7C**). Immunofluorescence for proliferating epicardial cells (h3p⁺/wt1b⁺) confirmed this finding, as the percentage of double positive nuclei decreased nearly 2-fold after treatment with L-368,899 (**Figure 7D, E**). In addition, expression of EMT markers also decreased, as revealed by *snai1a* and *snai2* mRNA levels (~40-50% reduction) (**Figure 7F**). Therefore, *oxtr* inhibition prevents the robust activation of the epicardium that would normally occur after cardiac injury. We also wondered whether blocking OXT signaling with L-368,899 would have a similar effect on the expansion and proliferation of other cardiac cell types during regeneration, possibly through indirect pathways related to epicardial secretion of pro-regenerative molecules (Lavine et al., 2005; Li et al., 2011). Immunofluorescence for h3p and myh1e (myosin heavy chain isoform 1E, used as a marker for cardiomyocytes) revealed a ~2-fold decrease in proliferating CMs after drug treatment (**Supplementary Figure 2**), thereby recapitulating the effects seen in zebrafish EpiPCs.

DISCUSSION

Oxytocin is a hypothalamic neuroendocrine hormone best known for its functions in parturition, lactation, and social bonding. However, it also plays other less known physiological roles, including in the cardiovascular system, where it lowers blood pressure, induces negative inotropic and chronotropic effects, and serves as an anti-inflammatory and anti-oxidant (Garrott et al., 2017; Gutkowska et al., 2014; Jankowski et al., 2020). Many of these actions are carried out by OXT-mediated release of atrial natriuretic peptide (ANP) and nitric oxide (NO) (Jankowski et al., 2020), which have well-characterized cardioprotective effects (Jones & Bolli, 2006; Nishikimi et al., 2006) and may themselves contribute to heart regeneration (Kook et al.,

2003; Rochon et al., 2020). Notably, OXT also induces differentiation of cardiomyocytes from embryonic stem cells (Paquin et al., 2002). Recent studies suggest that damage to neuroendocrine structures, such as the hypothalamus, strongly inhibits endogenous regenerative processes in vertebrates (Zhang et al., 2018), suggesting that critical pro-regenerative factors are released from this brain region. In addition, acute myocardial infarction activates OXT-releasing neurons in the paraventricular nucleus of the rat hypothalamus (Roy et al., 2019). The above studies, combined with ample evidence to suggest that epicardial activation can be primed by specific signaling factors, such as thymosin β 4 (Smart et al., 2007, 2011), suggest that oxytocin may be the critical factor in achieving sufficient EpiPC activation and differentiation to regenerate the lost myocardium after cardiac injury.

Here, we have shown that OXT induces a pro-regenerative phenotype *in vitro*. When mature-like hEpiCs are exposed to 100 nM OXT, they increase their proliferation rates (**Figure 2B-D**) and adopt an embryonic gene expression profile (**Figure 2F**), two hallmarks of epicardial activation. Notably, oxytocin induces an even greater proliferative response than thymosin β 4 (**Figure 2E**). It appears as though the peptide acts through its receptor to exert its effects as the increases in hEpiC proliferation and activation that are seen in scrambled cells are completely abolished, if not reversed, in *OXTR* knockdown epicardial cells (**Figure 3D-G**). Although OXT is also able to bind to AVP receptors with lower affinity (Gimpl & Fahrenholz, 2001), it does not appear as if this signaling pathway plays a role in our model, as hEpiCs do not even express these receptors. It is also likely that the pro-regenerative effects of oxytocin are not just limited to one cardiac cell type, as we found similar increases in proliferation when we exposed hiPSC-derived cardiomyocytes to OXT (data not shown), suggesting that it has a global effect on heart regeneration. Although our findings using two dimensional monolayers are encouraging, we acknowledge that producing similar results with three dimensional cardiac organoids would be of even greater translational value. To that end, current efforts are utilizing our recently described human heart organoid (hHO) model to elucidate the effects of oxytocin signaling on epicardial development and regeneration in a “miniature heart”. These 3D structures self-organize into beating spheroids complete with cardiac-chamber like features, the entire array of cell types found in the heart, vascularization, and cardiac functional activity (Lewis-Israeli, Volmert, et al., 2021; Lewis-Israeli, Wasserman, et al., 2021). We have successfully differentiated our *OXTR* knockdown hiPSCs to hHOs and are exploring multiple injury and toxicity models, including cryoinjury, hypoxia induction, and anthracycline-induced cardiotoxicity. While preliminary results suggest that oxytocin signaling is required for proper epicardial activation after hHO cryoinjury (data not shown), we will continue to characterize the effects on epicardial cell and cardiomyocyte proliferation and migration. We will also study the fibrotic injury response by cryosectioning and staining the organoids to fully elucidate the effects of *OXTR* knockdown on cardiac regeneration in a dish.

In order to further demonstrate the importance of oxytocin signaling to heart regeneration, we have also applied our findings to zebrafish, one of the most powerful naturally regenerating animal models known (Beffagna, 2019; Jopling et al., 2010; Poss et al., 2002). Several seminal studies of the last ~20 years have shown that the epicardium plays a crucial role in zebrafish heart regeneration (Cao et al., 2016; Cao & Poss, 2018; Kikuchi et al., 2011; Lepilina et al., 2006), therefore it is the perfect model system with which to expand our studies *in vivo*. Here, we have demonstrated that pharmacological inhibition of OXT signaling significantly slows cardiac regeneration after cryoinjury, as seen by increased fibrosis accumulation and myocardial injury area when zebrafish are treated with L-368,899 (**Figure 6C-E**). In addition,

OXTR inhibition prevents the proliferative response of both epicardial cells and cardiomyocytes that is normally seen after cryoinjury (**Figure 7D, E and Supplementary Figure 2**). Future studies will explore the effects of OXTR inhibition on other cardiac cell types, including endothelial cells, cardiac fibroblasts, and immune cells. Our data also suggest that OXT signaling is required for proper epicardial activation, as L-368,899 treatment decreases the cardiac expression of several genes that are involved in EpiPC expansion and EMT (**Figure 7C, F**). Although this antagonist is specific for the oxytocin receptor (Pettibone et al., 1993), in order to fully demonstrate that the above phenotype is not due to off-target effects, we intend to generate an *oxtr* knockout zebrafish line through CRISPR-Cas9. To accomplish this task, we will utilize a “codon-optimized” Tol2 transposase-based system to ensure that the CRISPR reagents are effectively delivered into the host genome (Kawakami, 2007; Kwan et al., 2007; Mackey et al., 2020). Growing the knockout animals to adulthood and subsequently performing cryoinjuries will allow us to study the effects of oxytocin signaling on zebrafish heart regeneration with even greater precision.

Our hypothesis is that oxytocin is released from the brain into the bloodstream after cardiac injury to facilitate epicardial activation and heart regeneration. Here, we have demonstrated that *oxtr* mRNA levels increase ~20-fold in zebrafish brains 3 days after cardiac cryoinjury (**Figure 6B**), with a corresponding increase seen in *wt1b* and *tcf21* expression in the injured hearts (**Figure 7A**). While this is an encouraging correlational finding, it is possible that the increase in epicardial activation could be due to local effects, as the heart is able to produce some OXT on its own (Gutkowska et al., 2000; Jankowski et al., 1998). In order to confirm that our results are due to hypothalamic OXT release, we could utilize the Nitroreductase/Metronidazole (NTR/Mtz) system (Curado et al., 2007, 2008) to selectively ablate cells of paraventricular nucleus (PVN), the main site of OXT production. By preventing the brain from synthesizing oxytocin, we could more thoroughly elucidate how important systemic hormone release is to heart regeneration. However, it should be noted that after cardiac cryoinjury, the zebrafish brain increases its expression of *oxtr* 10-fold when treated with L-368,899, suggesting a compensatory OXT release (data not shown). If this is truly the case, and heart regeneration is still adversely affected after OXTR inhibition, then it is likely that the epicardial regeneration process depends on brain-derived oxytocin to a large extent. It will also be necessary to confirm that this *oxtr* mRNA is indeed translated to protein and released into circulation, so future efforts will utilize ELISA assays to detect OXT peptide in cryoinjured zebrafish blood samples. In addition, we will also collect media samples from hHOs after cryoinjury and use ELISA or LC-MS to directly quantify OXT levels.

In conclusion, we show here that oxytocin is an important activator of EpiPCs and is necessary for heart regeneration and proper epicardium development. We demonstrate that OXT induces reprogramming of human epicardial cells into an epicardial progenitor state by activating the OXTR. These effects are mediated through the TGF- β pathway and its associated downstream effectors. Overall, our results establish a previously uncharacterized link between OXT release after cardiac injury and heart regeneration and provide evidence to support the notion that cardiac regeneration is, at least partially, under neuroendocrine control. These findings offer exciting translational potential, as oxytocin or one of its agonists could be used in the clinic to aid in the recovery from severe cardiac events, such as an MI, and prevent progression to heart failure in the future.

AUTHOR CONTRIBUTIONS

A.H.W. and A.A. designed all experiments and conceptualized the work. A.H.W. performed all experiments and data analysis. M.V. performed zebrafish experiments. A.R.H. performed cell culture and zebrafish husbandry and experiments. Y.R.L.-I. acquired *in vitro* data. M.D.D. and A.L.M. acquired and analyzed molecular biology data. A.H.W. prepared all figures and A.H.W. and A.A. wrote the manuscript.

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DISCLOSURES

The authors declare no conflicts of interest.

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FIGURE LEGENDS

Figure 1: Differentiation of Mature-Like Epicardial Cell Cultures from hiPSCs. **A)** Schematic of protocol used for hEpiC differentiation. **B)** Brightfield images of hEpiCs through four passages showing the gradual accumulation of the classic epithelial cell “cobblestone” morphology. **C)** qRT-PCR data for epicardial markers *WT1* and *TCF21* in hiPSCs and hEpiCs. **D-E)** Confocal immunofluorescent images (D) and quantification (E) showing nearly 100% epicardial differentiation efficiency from hiPSCs. In (D), epicardial cells are labeled with *TCF21* (green), nuclei with DAPI (blue); n=10 images, scale bar: 100 μ m. **F-G)** Time course qRT-PCR data for *WT1* (F) and *CDH1* (G) throughout hEpiC differentiation, suggesting an increase in epicardial nature over time. **H)** Absolute counts of DAPI-labeled nuclei after exposure to different combinations of Vitamin C and SB431542. **I)** qRT-PCR data for hEpiCs in the presence or absence of SB431542 (SB), showing an increase in maturity when this compound is removed from the media.

Figure 2: Oxytocin Induces Proliferation and Activation of hiPSC-Derived Epicardial Cells. **A)** Screening results for 15 candidate neuroendocrine peptides, shown as the percentage of hEpiCs expressing H3P after exposure to each compound. **B-C)** Confocal immunofluorescent images (B) and quantification (C) of proliferating hEpiCs after 3 day OXT exposure. In (B), epicardial cells are labeled with *WT1* (red), epithelial membranes are labeled with *TJP1* (magenta), proliferating cells (arrowheads) are labeled with *Ki67* (green), nuclei are labeled with DAPI (blue); n=10 images, scale bar: 25 μ m. **D-E)** Absolute counts of DAPI-labeled epicardial cell nuclei after 3 day exposure to OXT (D) or thymosin β 4 (E), a compound previously shown to induce epicardial activation. **F)** qRT-PCR data for epicardial cells exposed to OXT, showing an increase in EpiPC (*WT1*, *TCF21*), EMT (*SNAI1*), and mesenchymal (*NT5E*) markers, without a corresponding increase in epithelial (*CDH1*) markers.

Figure 3: OXTR Knockdown Decreases Proliferation and Activation of hiPSC-Derived Epicardial Cells. **A)** Dose-response data for hEpiCs exposed to different concentrations of OXT over the course of 3 days, expressed as number of nuclei at each concentration. **B)** Time course qRT-PCR data for *OXTR* in hEpiCs. **C)** Confocal immunofluorescent images for *OXTR* (green) and DAPI (blue), showing oxytocin receptor expression on the cell membrane and in the peri-nuclear region; Scale bar: 25 μ m. **D-E)** Confocal immunofluorescent images (D) and quantification (E) of proliferating hEpiCs in both cell lines in the presence and absence of OXT at day 25 of differentiation. In (D), epicardial cells are labeled with *WT1* (red), epithelial membranes are labeled with *TJP1* (magenta), proliferating cells are labeled with *Ki67* (green), nuclei are labeled with DAPI (blue); n=10 images, scale bar: 50 μ m. **F-G)** qRT-PCR data for scrambled (F) and shOXTR (G) hEpiCs, showing an increase in epicardial activation in control cells that is prevented after *OXTR* knockdown. V: vehicle.

Figure 4: Transcriptome Analysis of OXT-Treated Epicardial Cells. **A)** Volcano plot showing differentially expressed genes between control and OXT-treated hEpiCs, as determined by RNA sequencing; Blue dots correspond to genes with a fold change ≥ 1.4 and a p-value ≤ 0.05 . **B-C)** Gene ontology analysis showing upregulated and downregulated biological processes (B) and molecular functions (C) after oxytocin exposure in hEpiCs. **D)** Relative mRNA expression of ligands for the TGF- β pathway and activators of BMP signaling in control and OXT-treated hEpiCs.

Figure 5: Oxytocin Signaling is Necessary for Proper Epicardium Development. A-C) Fluorescent images (A) and epicardial cell counts per heart chamber (B-C) of developing zebrafish embryos at 72 hpf treated with different concentrations of atosiban. In (A), proepicardial and epicardial cells are labeled with GFP (green dots, arrowheads), myocardium is labeled with DsRed2 (red), dashed lines demarcate proepicardial organ; $n \geq 8$ embryos per condition; A: Atrium, PE: Proepicardium, V: Ventricle.

Figure 6: Oxytocin Signaling is Necessary for Proper Heart Regeneration. A) Example of a freshly cryoinjured zebrafish heart, dashed lines demarcate injured area. **B)** Time course qRT-PCR data for *oxy* in zebrafish brains after cardiac cryoinjury. **C-D)** Masson's trichrome staining (C) and quantification (D) of cryoinjured zebrafish hearts at 3, 7, and 14 dpi treated with and without 1 μ M L-368,899. In (C), myocardium is stained red, collagen is stained blue, dashed lines demarcate injured area, which is quantified in (D); $n=3-5$ hearts per time point. **E)** Representative images of cryoinjured zebrafish myocardium (red) at 14 dpi showing more fibrosis accumulation (blue) after OXTR inhibition; BA: Bulbus Arteriosus, IA: Injured Area, V: Ventricle.

Figure 7: Inhibition of Oxytocin Signaling Prevents Epicardial Activation After Cardiac Injury. A) Time course qRT-PCR data for *wt1b* and *tcf21* in zebrafish hearts after cardiac cryoinjury; $*P < 0.05$ versus sham operated heart. **B)** Confocal immunofluorescent images of cryoinjured zebrafish hearts at 3 dpi showing epicardial activation after cardiac injury. Epicardial cells are labeled with TCF21 (green), cardiomyocytes are labeled with TNNT2 (red), nuclei are labeled with DAPI (blue); First images are low magnification (scale bar: 50 μ m), last 4 images are high magnification of the area demarcated by the dashed white box (scale bar: 25 μ m). **C)** qRT-PCR data for *wt1b* and *tcf21* in cryoinjured zebrafish hearts at 3 dpi treated with and without 1 μ M L-368,899 (L-368). **D-E)** Confocal immunofluorescent images (D) and quantification (E) of proliferating epicardial cells in cryoinjured zebrafish hearts 3 days after cardiac cryoinjury. In (D), epicardial cells are labeled with WT1 (red), proliferating cells are labeled with H3P (green), nuclei are labeled with DAPI (blue); First images are low magnification (scale bar: 50 μ m), last 4 images are high magnification of the area demarcated by the dashed white box (scale bar: 25 μ m); $n=8$ images. **F)** qRT-PCR data for *snai1a* and *snai2* in cryoinjured zebrafish hearts at 3 dpi treated with and without 1 μ M L-368,899 (L-368).

Figure 1

Figure 2

Figure 3

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Figure 4

Figure 5

Figure 6

Figure 7