1	Induction of mitochondrial heat shock proteins and mitochondrial biogenesis in
2	endothelial cells upon acute methylglyoxal stress: Evidence for hormetic
3	autofeedback
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5	Acute methylglyoxal stress induces hormetic autofeedback in endothelial cells
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#### 30 Abstract

Increased metabolic flux produces potentially harmful side-products, such as reactive 31 dicarbonyl and oxygen species. The reactive dicarbonly methylglyoxal (MG) can impair 32 33 oxidative capacity, which is downregulated in type 2 diabetes. Heat shock proteins (HSPs) of 34 subfamily A (Hsp70s) promote ATP-dependent processing of damaged proteins during MG exposure which also involve mitochondrial proteins. Since the protection of mitochondrial 35 36 proteins could promote higher production of reactive metabolites due to increased 37 substrate flux, tight regulation of HspA-mediated protein handling is important. We hypothesized that stress-inducible HspAs (HspA1A/HspA1B) are pivotal for maintaining 38 39 mitochondrial biogenesis during acute MG-stress. To analyze the role of stress-inducible 40 HspA1A/HspA1B for maintenance of mitochondrial homeostasis during acute MG exposure, we knocked out HSPA1A/HSPA1B in mouse endothelial cells. HSPA1A/HSPA1B KO cells 41 42 showed upregulation of the mitochondrial chaperones HspA9 (mitochondrial Hsp70/mortalin) and HspD1 (Hsp60) as well as induction of mitochondrial biogenesis upon 43 44 MG exposure. Increased mitochondrial biogenesis was reflected by elevated mitochondrial branching, total count and area as well as by upregulation of mitochondrial proteins and 45 corresponding transcription factors. Our findings suggest that mitochondrial HspA9 and 46 47 HspD1 promote mitochondrial biogenesis during acute MG stress, which is counterregulated by HspA1A/HspA1B to prevent mitochondrial overstimulation and to maintain balanced 48 49 oxidative capacity under metabolic stress conditions. These data support an important role of HSPs in MG-induced hormesis. 50

## [Hier eingeben]

## 51 **1. Introduction**

During increased metabolic flux, reactive side-products are inevitably produced, such as 52 reactive dicarbonyls from glycolysis or reactive oxygen species (ROS) from oxidative 53 54 phosphorylation. The concept of hormesis, meaning that low doses of a substance are 55 beneficial whereas high doses are toxic, is well defined for a broad spectrum of metabolites (1). Next to physical and chemical agents, intrinsic metabolites were shown to induce 56 57 hormetic reactions in model organisms but also in humans. Accordingly, beneficial effects 58 achieved by physical training were diminished by simultaneous supplementation of antioxidants, possibly via scavenging of ROS thereby inhibiting ROS-induced mitohormesis 59 60 (2). Moreover, mitochondrial adaptation to increased substrate flux and ROS-production was 61 shown to counteract the development of steatosis and steatohepatitis in non-alcoholic fatty 62 liver disease (NAFLD) (3). The reactive dicarbonyl methylglyoxal (MG) was described to 63 induce a hormetic reaction by increasing cell survival to different stressors in yeast cells (4) and healthy aging in C. elegans (5). However, it stays unclear, if MG-induced hormesis is also 64 65 relevant in the mammalian system and if it also involves mitochondrial capacity.

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Under physiological conditions, MG is predominantly formed as a spontaneous by-product 67 from the intermediates glyceraldehyde 3-phosphate and dihydroxyacetone phosphate 68 69 (triosephosphates) during glycolysis (6, 7). MG can react with and thereby modify proteins, lipids, and DNA, resulting in the formation of advanced glycation endproducts (AGEs) (8). 70 71 Regarding protein modifications, the most abundant adduct is the modification of arginine 72 residues, also called hydroimidazolone or MG-H1 (7, 8). Posttranslational modifications of proteins lead to conformational changes, impaired function, and increased risk of 73 aggregation. MG and AGEs have been shown to be involved in the development and 74

75 progression of diabetic complications, such as diabetic nephropathy (9-12) or cardiovascular disease (13, 14). AGEs also contribute to reduced oxidative capacity, which is a hallmark of 76 77 diabetic complications, and has been shown to relate to insulin resistance and NAFLD (15). 78 Also, MG has been linked to mitochondrial dysfunction, which is supported by the 79 identification of MG-modifications within the mitochondria (16-19). Micro- and macrovascular damage is one of the major drivers of diabetic complications and is 80 81 characterized by endothelial disruption. However, the exact mechanisms linking increased 82 AGE formation and mitochondrial dysfunction in endothelial cells is still to be unraveled.

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84 Heat shock proteins (HSPs) are critical for diverse cellular housekeeping functions, including refolding misfolded or damaged proteins (20, 21). Modified proteins cannot be solely 85 86 removed by molecular chaperones or HSPs but require further components of the protein 87 quality control (PQC), like the proteasome or autophagy. However, HSPs can prevent the aggregation of modified proteins and play a central role in protecting cells from proteotoxic 88 89 stress (22). The HspA/Hsp70 family comprises ATP-dependent chaperones with several 90 members, sharing similar structure and function (23). The stress-inducible members HspA1A and HspA1B are predominantly expressed in the cytosol, highly homologous and can fully 91 92 compensate each other reflecting mutual regulation of HSPs. The constitutively expressed 93 cytosolic member HspA8 or Hsc70 is essential for housekeeping functions (24). HspA9, also called mtHsp70 or mortalin, is a compartment-specific member and exclusively expressed in 94 the mitochondria. While mitochondrial HSPs can be upregulated upon the mitochondrial 95 unfolded protein response (mtUPR) (25) or during mitochondrial biogenesis (26), complete 96 97 knockout of HspA8 or HspA9 is lethal (27). In the absence of ATP, HspA family members strongly bind to misfolded proteins and are released upon ATP binding to the N-terminal 98

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99 region. ATP-binding, hydrolysis (for example by members of the Dnaj/Hsp40 family) and 100 removing of ADP is facilitated by co-chaperones or small heat shock proteins (28). This cycle 101 of binding and release of the misfolded protein is repeated until complete refolding is 102 achieved (29). Therefore, regulation of the cellular energy level and of mitochondrial 103 biogenesis are critical for efficient functioning of the PQC. Furthermore, mitochondrial dynamics including fission and fusion are essential for mitochondrial PQC and homeostasis 104 105 (30). Fusion contributes to mitochondrial elongation and maintains cellular oxidative 106 capacity (31) whereas fission can induce a highly fragmented mitochondrial network resulting in decreased ATP production (32). Therefore, the cellular ATP-levels are highly 107 108 dependent on the overall mitochondrial mass and interconnection. However, it is still 109 unclear how the cell regulates or compensates increased ATP-demand upon rising 110 proteotoxic stress.

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112 In line with this, patients with type 2 diabetes show decreased levels of the key-regulator of 113 mitochondrial biogenesis Ppargc1a (Peroxisome proliferator-activated receptor gamma 114 coactivator 1-alpha) (33) and Ppargc1a responsive genes involved in oxidative 115 phosphorylation (34).

The HspA family is found to be involved in many disease conditions, including type 1 and type 2 diabetes (T2D) (35, 36). Single nucleotide polymorphisms (SNPs) of HSPA1A/HSPA1B have been linked to the development of diabetic nephropathy in T2D (37-39). Furthermore, decreased expression of skeletal HspA1A/HspA1B has been shown to be associated with insulin resistance (40, 41). A negative correlation with age has been reported for HspA1A/HspA1B in T2D (42). Apart from HspA1A/HspA1B, the mitochondrial expressed HspD1 (Hsp60) and the small HspB1 (Hsp27) have also been linked to micro- and

macrovascular complications in T2D (43-45). So far, the role of HSPs in preventing accumulation of MG-modified proteins and preserving mitochondrial homeostasis under acute MG stress is still unknown.

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127 To understand the role of HSPs for maintenance of mitochondrial homeostasis during rising proteotoxic stress, and the mutual regulation of different HSPs, we analyzed the effect of 128 acute MG-exposure on mitochondrial biogenesis and HSPs in mouse cardiac endothelial cells 129 (MCECs). We hypothesized that this would aggravate accumulation of MG-modified proteins 130 and disrupt mitochondrial homeostasis upon acute MG-stress. Furthermore, we questioned 131 132 if induction of MG-driven hormesis would be diminished in the absence of stress-inducible HSPA1A/HSPA1B, as the yeast homologue of HSPA1A/HSPA1B was shown to be a key 133 mediator of the MG-induced defense response (4). 134

#### 135 **2. Material and Methods**

## 136 2.1 Cell culture

An immortalized mouse cardiac endothelial cell (MCEC) line was obtained from Cellutions Biosystems (#CLU510). Cells were cultivated in DMEM (Gibco, #31885023) supplemented with 5% FCS (Sigma, #F4135), 1% penicillin (10,000 Units/ml) (Gibco), 1% streptomycin (10 mg/ml) (Gibco), 1% amphotericin B (250 µg/ml) (Gibco) and 1 mM HEPES (Gibco) in a humidified atmosphere at 37 °C and 5% CO<sub>2</sub>. Cells were grown to full confluency and then passaged with 0.05% Trypsin (Gibco) in gelatin-coated (0.5% in PBS for 15 minutes) cell culture flasks. All cell lines were regularly tested for mycoplasma contamination.

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## 145 2.2 Generation of HSPA1A/HSPA1B knockout cell line

1x10<sup>6</sup> cells were transfected (Neon Transfection System, Invitrogen) with two vectors from 146 147 Sigma-Aldrich, targeting the two stress-inducible Hsp70 variants Hspa1a (Gene ID: 193740; targeting sequence of the gRNA: TGTGCTCAGACCTGTTCCG) and Hspa1b (Gene ID: 15511; 148 149 targeting sequence of the gRNA: CGGTTCGAAGAGCTGTGCT). Both vectors contained one of 150 the respective gRNA target sequences, the Cas9 endonuclease gene and a fluorescent reporter gene (GFP for Hspa1a and RFP for Hspa1b). Fluorescence activated cell sorting 151 152 (FACS) was performed to detect and isolate GFP and RFP expressing cells. Clones were 153 cultured and genome, mRNA and protein analysis were performed to confirm successful knockout of HSPA1a/HSPA1B. Cell clones AD4 and BE12 were confirmed as full double 154 knockout clones of both genes on the genome, mRNA and protein level. The third clone BH9 155 was confirmed as a full double knockout clone on the mRNA and protein level. 156

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#### 158 2.3 Methylglyoxal treatment

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159 75,000 cells/cm<sup>2</sup> were seeded in a gelatin-coated (0.5% in PBS for 15 minutes) cell culture dish (T75-flask or 60mm petri dish or 96-well plate). The next day, cells were washed with 160 161 PBS and replaced with medium containing 0.1% FCS (assay medium) for 1 hour. Then, 162 methylglyoxal (Sigma-Aldrich) was added to the assay medium to a concentration of 500  $\mu$ M 163 and added to the cells. Only assay medium was added to the control. For RNA measurements (RT-qPCR and mRNA-Seq) the cells were harvested after 12 hrs, for protein 164 measurements (Fluorescence microscopy and Western blotting) cells were fixed or 165 166 harvested after 24 hrs.

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## 168 *2.4 Immunocytochemistry and Fluorescence microscopy*

169 For immunofluorescent staining, cells were fixed with 4% paraformaldehyde solution for 20 170 min at RT and permeabilized with 0.1% Triton X-100 for 8 min. Then, blocking was 171 performed with 3% BSA in PBS for 60 min. All primary antibodies were added in blocking 172 buffer in dilutions of 1:50 - 1:300 and incubated overnight at 4 °C. All secondary antibodies 173 were added in blocking buffer in a dilution of 1:1000 and incubated for 2 hrs at RT. Nuclear counterstaining was performed with Hoechst 33342 (#H3570, Molecular Probes) with a 174 working solution of  $1 \mu g/mL$  in PBS for 1 min 30 sec at RT. Between all steps, the cells were 175 176 washed three times for 5 min with  $1 \times PBS$  at RT. A list of all antibodies can be found in the supplementary material (Supplementary material Table S1). 177

For the acquisition of the images, the automated screening widefield microscope IX81 from Olympus was used, with the ScanR acquisition software. The images were taken with a 60X objective and the following filters: DAPI filter (absorption maximum: 358 nm; emission maximum: 461 nm; for detection of cell nuclei stained with Hoechst 33342); GFP filter (absorption maximum: 395 nm; emission maximum: 475 nm), Cy3 filter (absorption

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maximum: 550 nm; emission maximum: 570 nm), and Cy5 filter (absorption maximum: 650
nm; emission maximum: 670 nm). Image analysis was performed using the Java-based image
processing program ImageJ (http://imagej.nih.gov/ij/) and KNIME software
(www.knime.org).

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188 2.5 RNA isolation and Reverse-transcription quantitative PCR (RT-qPCR)

RNA isolation was performed with the RNeasy Mini Kit (Qiagen) according to the manufacturer's protocol. cDNA transcription was performed with the High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems) according to the manufacturer's protocol. RTqPCR was performed using PowerUp<sup>™</sup> SYBR<sup>™</sup> Green Master Mix (Applied Biosystems) on a StepOnePlus<sup>™</sup> Real-Time PCR System (Applied Biosystems).

Signals of amplified products were verified using melting curve analysis and mRNA levels
were normalized to Hypoxanthine-guanine phosphoribosyl transferase (Hprt, Gene ID:
15452). The fold-changes in gene expression levels were calculated using the ΔΔCt method.
Primer sequences used for analyzing mRNA can be found in the supplementary material
(Supplementary material Table S1).

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200 2.6 MG-H1 clearance assay

201 24 hrs after treatment (see 2.3), MG-containing assay medium was removed, the cells were 202 washed with PBS three times and assay medium was added to the cells. The plates were 203 fixed at 0, 24 and 48 hrs after MG removal and stained according to 2.4. The plates were 204 measured on an Odyssey DLx Imaging system (LI-COR) and analyzed using Image Studio<sup>™</sup> 205 Lite (https://licor.com/bio/image-studio-lite/).

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## 207 2.7 Mitochondrial network analysis (imageJ plugin)

208 Mitochondrial network analysis was performed with a self-made imageJ plugin/macro. For this, images were acquired as z-stacks of a total of 30 layers with a step size of 200 nm, 209 210 followed by deconvolution using the Huygens professional software (https://svi.nl/HomePage). Settings that can be modified were image processing 211 (background subtraction), thresholding, size and shape discrimination, binary image 212 213 processing and mitochondria network branching analysis. The images were first converted to 214 a binary mask and then skeletonized. The skeletonized images were then analyzed regarding 215 number, size, and signal intensity of the particles. For the mitochondrial signal, locations 216 with three or more neighboring pixels were counted as branches/junctions. A more detailed 217 depiction of the complete workflow can be found in the supplementary material 218 (Supplementary Text S2).

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#### 220 2.8 Western blotting

221  $20 \mu g$  protein of the cell lysates (see 2.8) were mixed with 4x Laemmli buffer and heated to 222 95°C for 5 min. The separation was done in a Mini-PROTEAN® TGX (Bio-Rad) precasted gel (4-20% acrylamide) at 150V for 75 min. Proteins were transferred on a nitrocellulose 223 224 membrane in a Trans-Blot<sup>®</sup> Turbo<sup>™</sup> Transfer System (Bio-Rad) and blocked with 5% non-fat 225 dry milk in PBS or protein-fee blocking buffer (Pierce) containing 5% goat serum for 1 hour at RT. When necessary, endogenous biotin sites were blocked with the avidin/biotin blocking 226 227 kit from Linaris following the manufacturer's protocol. Membranes were incubated with the primary antibody in blocking buffer at 4 °C overnight, and incubated with the secondary 228 229 antibody in blocking buffer for 1 hour at RT. Between all steps, the membranes were washed 230 three times for 10 min with  $1 \times TBS$ -Tween20 (0.1% (v/v)) at RT. The bands were detected on

231	a ChemiDoc imaging system	(Bio-Rad	) with FCL detection	reagent	(GF Healthcare)	or on an
201	a chemiboe maging system	(DIO Mau		reagent		

- 232 Odyssey DLx Imaging system (LI-COR) and analyzed using imageJ (http://imagej.nih.gov/ij/)
- 233 or Image Studio<sup>™</sup> Lite (https://licor.com/bio/image-studio-lite/).
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233 2.3 Statistical analysis
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- 236 Experimental results are expressed as mean ± standard deviation or, where stated, as mean
- 237 ± standard error of the mean. Depending on the experimental setup, statistical significance
- 238 was analyzed using ordinary one-way or two-way ANOVA. The analysis was performed with
- 239 GraphPad Prism software (https://www.graphpad.com/) and p-values < 0.05 were
- 240 considered statistically significant.

#### 241 **3. Results**

3.1 MG-H1 accumulation is higher in HSPA1A/HSPA1B KO compared to WT cells upon acute
MG-stress.

244 To understand the role of stress-inducible HspA1A/HspA1B for processing of MG-modified 245 proteins and MG-H1 accumulation, we generated HSPA1A/HSPA1B knockout MCECs using Crispr-Cas9 technology as shown in Fig S1. After 24 hrs of incubation with 500  $\mu$ M MG, 246 247 HSPA1A/HSPA1B KO cells had higher MG-H1 levels as compared to WT cells (Fig 1A, Fig 1B). 248 To analyze the capacity of both cell lines to clear MG-H1, medium was changed after 24 hrs 249 and MG-H1 concentrations were measured after 24, 48 and 72 hrs. Compared to WT cells, 250 HSPA1A/HSPA1B KO cells initially accumulated higher MG-H1 levels (Fig 1C). However, after 251 changing the medium at 24 hrs to MG-free DMEM, both WT and HSPA1A/HSPA1B KO cells 252 were able to clear MG-H1 adducts to a similar degree, reaching levels close to untreated 253 controls after 48 hrs (Fig 1C).

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255 3.2 MG-stress induces mitochondrial heat shock proteins which is counteracted by 256 HspA1A/HspA1B.

As the PQC and HSP system is tightly regulated, the effective MG-H1 clearance in 257 258 HSPA1A/HSPA1B KO cells could be achieved by compensatory upregulation of other HSPs. 259 Therefore, we looked at levels of mRNA encoding different HSP subgroups that might me 260 upregulated to compensate the loss off HSPA1A/HSPA1B. We found a decrease in HspA8 and 261 HspB1 mRNA levels upon acute MG-stress in HSPA1A/HSPA1B KO cells (Fig S2A,B). In WT 262 cells, mRNA encoding HspB1 and HspA5 was downregulated after short-term MG exposure 263 (Fig S2B). Hsp90AA1 was slightly increased after MG-stress in both, WT and HSPA1A/HSPA1B 264 KO cells. Dnajb1 (DnaJ homolog subfamily B member 1) mRNA was only upregulated

HSPA1A/HSPA1B KO cells and HspH1 only in WT cells after acute MG exposure (Fig S2A,B).
mRNAs encoding the mitochondrial chaperones HspA9 and HspD1 were both induced upon
acute MG-stress in WT as well as in HSPA1A/HSPA1B KO cells (Fig S2C). The co-chaperone of
HspD1, Hsp10, showed no changes in mRNA expression upon MG-stress (Fig S2C). mRNA
encoding Hsf1 (heat shock factor 1) dropped in HSPA1A/HSPA1B KO cells after short-term
MG exposure (Fig S2D).

As mRNA levels encoding HspA9 and HspD1 were induced upon acute MG-stress, we also analyzed HspA9 and HspD1 protein expression after short-term MG exposure. In WT and HSPA1A/HSPA1B KO cells, HspA9 and HspD1 were exclusively expressed in the mitochondria and upregulated upon MG-stress (Fig 2A). However, induction of HspA9 (Fig 2B) and HspD1 (Fig 2C) was higher in HSPA1A/HSPA1B KO cells.

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277 3.3 MG-stress induces mitochondrial biogenesis which is counteracted by HspA1a/HspA1B.

The immunofluorescence (IF) stainings of MG-stressed cells suggested changes of mitochondrial network upon MG-stress. Therefore, we complemented IF imaging for Cox1 (cytochrome c oxidase subunit 1) followed by a fully computed mitochondrial network analysis. Total Cox1 signal increased after acute MG-stress and was even stronger in HSPA1A/HSPA1B KO as compared to WT cells (Fig 2D). The same applied for mitochondrial count, mitochondrial branching, and mitochondrial total area (Fig 2E).

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3.4 Acute MG exposure reduces mitophagy and induces the mitochondrial unfolded protein
response.

We next questioned the underlying mechanisms leading to induction of HspA9, HspD1 and mitochondrial mass upon MG-stress. Therefore, we looked at key-regulators of

289 mitochondrial fusion, fission, mitophagy and the mitochondrial unfolded protein response 290 (mtUPR). mRNA encoding fusion proteins Mfn2 (Mitofusin-2) and Opa1 (Dynamin-like 120 291 kDa protein, mitochondrial) were unchanged, whereas mRNA encoding Mfn1 (Mitofusin-1) 292 was downregulated in WT and upregulated in HSPA1A/HSPA1B KO cells upon acute MG-293 stress (Fig 3A). The fission protein Drp1 (Dynamin-1-like protein) was induced in both cell lines, whereas Fis1 (mitochondrial fission 1 protein) was reduced in both cell lines on mRNA 294 295 level after short-term MG exposure (Fig 3B). Proteins involved in mitophagy, namely Parkin, 296 Pink1 (PTEN-induced kinase 1) and Bnip3 (BCL2/adenovirus E1B 19 kDa protein-interacting 297 protein 3), were decreased on mRNA level upon MG-stress (Fig 3C). Components of the 298 TIM23 complex, Timm17a (Mitochondrial import inner membrane translocase subunit 299 Tim17-A) and Timm23 (Mitochondrial import inner membrane translocase subunit Tim23), 300 were increased in HSPA1A/HSPA1B KO cells as markers of mitochondrial biogenesis or 301 mtUPR (Fig 3D). Mitokines are known to be changed in mitochondrial stress conditions, 302 therefore we also looked at mRNA levels encoding Fgf21 (Fibroblast growth factor 21) and 303 Gdf15 (Growth/differentiation factor 15). We found that Fgf21 mRNA levels were decreased 304 in both cell lines upon MG-stress, whereas Gdf15 was strongly induced in HSPA1A/HSPA1B KO cells (Fig 3E). 305

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307 3.5 Transcription factors involved in mitochondrial biogenesis are predominantly changed in
 308 HSPA1A/A1B KO cells upon MG-stress.

To identify the transcription factors involved in induction of mitochondrial biogenesis, we looked at mRNA levels of Ppargc1a and Ppargc1b (Peroxisome proliferator-activated receptor gamma coactivator 1-beta), as they are known to be co-regulators of Nrf1 (Nuclear factor erythroid 2-related factor 1) and Nrf2 (Nuclear factor erythroid 2-related factor 2),

which promote the expression of Tfam (mitochondrial transcription factor A) (26, 46, 47). 313 314 We found that Ppargc1a and Ppargc1b are downregulated upon MG-stress in WT cells (Fig 315 4A). In HSPA1A/HSPA1B KO cells only Ppargc1a mRNA was downregulated (Fig 4A). Nrf2 316 mRNA levels were unchanged, whereas Nrf1 expression increased in HSPA1A/HSPA1B KO cells but not in WT cells after acute MG exposure (Fig 4B). For transcription of mtDNA, the 317 318 transcription factors Tfam and Tfb2m (mitochondrial transcription factor B2) are needed 319 (48). Both were significantly upregulated in HSPA1A/HSPA1B KO but not in WT cells upon 320 acute MG-stress (Fig 4C).

## 321 4. Discussion

We found that acute MG-Stress induces the expression of mitochondrial HspA9 and HspD1 as well as mitochondrial biogenesis, both of which are counterregulated by stress-inducible HspA1A/HspA1B. These data suggest a prominent role of tight regulation of mitochondrial biogenesis by HSPs during acute MG-stress.

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Increased MG-accumulation in endothelial cells has been linked to induction of the unfolded
 protein response (49). To show that mitochondrial homeostasis is of importance for securing
 ATP-dependent processes of the PQC, we knocked out HSPA1A/HSPA1B in mouse cardiac
 endothelial cells to increase proteotoxic and mitochondrial stress under acute MG exposure.
 Our hypothesis was, that loss of HSPA1A/HSPA1B would lead to increased MG-H1
 accumulation, toxicity, and mitochondrial dysfunction upon MG-stress.

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We found that HSPA1A/HSPA1B KO cells accumulate higher MG-H1 levels as compared to WT cells, however MG-H1 clearance was highly efficient in the KO cells after the medium was changed. Indeed, MG-H1 concentrations in HSPA1A/HSPA1B KO cells dropped to the same level as in WT cells after further 24 hrs (Fig 1C). This might explain why we did not observe a significant increase in MG-toxicity in the HSPA1A/HSPA1B KO cells as compared to WT cells (data not shown). To identify compensatory mechanisms that would enable the HSPA1A/HSPA1B KO cells to clear MG-H1, we analyzed the expression levels of other HSPs.

341

Here we found the mitochondrial heat shock proteins HspA9 and HspD1 to be the strongest induced HSPs upon acute MG-stress, both on mRNA and protein levels (Fig 2A, B, C, Fig S2C). Upregulation of HspA9 and HspD1 was present in WT and HSPA1A/HSPA1B KO cells,

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however induction on protein level was pronounced in HSPA1A/HSPA1B KO cells upon MGstress (Fig 2B, C). We first interpreted the induction of HspA9 and HspD1 expression as activation of the mtUPR due to rising proteotoxic stress. Therefore, we hypothesized that acute MG-stress would lead to disruption of mitochondrial homeostasis, which would be pronounced in the absence of HSPA1A/HSPA1B.

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351 However, we found an increase in total mitochondria count, mitochondrial area, and 352 mitochondrial branching (Fig 2E) after acute MG exposure. These changes were again even 353 stronger in HSPA1A/HSPA1B KO cells and accompanied by downregulation of mRNA 354 encoding proteins involved in fission and mitophagy (Fig 3B, C). Overall, these changes 355 suggested that cells initiate mitochondrial biogenesis upon MG-stress, which was generally 356 pronounced in the absence of HSPA1A/HSPA1B. The induction of mitochondrial biogenesis 357 was further supported by the upregulation of transcription factors Nrf1, Tfam and Tfb2m in HSPA1A/HSPA1B KO cells, which are known mediators of mitochondrial biogenesis. We 358 359 explained the increasing mitochondrial mass as a compensatory cellular mechanism to 360 supply sufficient ATP levels for effective clearance of modified proteins under acute MG-361 stress. Hence, HSPA1A/HSPA1B KO cells would need stronger induction of mitochondrial 362 biogenesis as they initially accumulate higher MG-H1 concentrations and have a higher 363 demand in preventing aggregation of misfolded and damaged proteins. Therefore, the hormetic autofeedback induced by MG results in acute stimulation of mitochondrial 364 biogenesis which is counterreagulated by HspA1A/HspA1B thereby preventing from 365 mitochondrial overstimulation and exhaustion. 366

367

If upregulation of mitochondrial mass would be a central defense mechanism to handle 368 369 rising proteotoxic stress, induction of HspA9 could also be explained by increased 370 translocation of proteins into the mitochondrial matrix during mitochondrial biogenesis, as it 371 is the central subunit of the PAM (presequence translocase-associated motor) (50). Also, 372 HspA9 could mirror the need for increased oxidative stress defense, as it has been described to play a key role in tumor survival especially under oxidative stress (51). HspA9 has been 373 374 shown to mediate hypoxia induced preconditioning by preserving the activity of Cox1 and 375 hence decreasing mitochondrial reactive oxygen species (ROS) production (52). 376 Furthermore, downregulation of HspA9 resulted in increased autophagy and decreased 377 pexophagy (53), which might explain why we observed a decrease in mitophagy upon 378 upregulation of HspA9 via MG-stress.

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380 HspD1 together with Hsp10 assists folding of proteins in the mitochondrial matrix including 381 proteins involved in the synthesis of mitochondrial proteins, the respiratory chain and the 382 mitochondrial PQC (54). Induction of HspD1 upon MG-stress could therefore indicate 383 increased mitochondrial biogenesis as well as activation of the mtUPR. Interestingly, heterozygous HspD1 KO mice have been described to exhibit an altered adipose tissue 384 385 metabolism with mitochondrial dysfunction and altered autophagy as well as local insulin 386 resistance (55). HspD1 could therefore play a central role in maintaining mitochondrial function under increased metabolic stress conditions. 387

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As mitochondrial dysfunction as well as mtUPR have been linked to Fgf21 and Gdf15, we looked at changes on mRNA levels after acute MG exposure. Both have been shown to be elevated in patients with metabolic syndrome and to be attenuated by exercise intervention

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(56). However, data on Fgf21 and Gdf15 action are still inconclusive as they seem to prolong lifespan in model organisms (57, 58). Here, we found that Fgf21 was downregulated in WT and HSPA1A/HSPA1B KO cells upon acute MG-stress, whereas Gdf15 was dramatically induced in HSPA1A/HSPA1B KO cells. Therefore, both mitokines might signal mitochondrial changes under increased metabolic stress to other tissues possibly mediating adaptive mechanisms.

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399 Taken together we found that acute MG-stress, as observed during increased metabolic flux, 400 leads to induction of compensatory mechanisms, which consist of upregulation of the 401 mitochondrial chaperones HspA9 and HspD1 as well as induction of mitochondrial 402 biogenesis. These defense mechanisms were even pronounced in the absence of 403 HSPA1A/HSPA1B, possibly because HSPA1A/HSPA1B KO cells initially accumulate higher MG-404 H1 levels upon MG-stress. To provide effective PQC and functioning of the ATP-dependent 405 HspAs, cells must secure oxidative capacity which is maintained through mitochondrial 406 biogenesis. However, mitochondrial dynamics need tight regulation as overstimulation of 407 mitochondrial biogenesis would also increase oxidative stress and disturb mitochondrial homeostasis. Therefore, permanent induction of these compensatory mechanisms might 408 409 lead to exhaustion and dysbalance of mitochondrial homeostasis as it is observed in diabetic 410 complications. We found that stress-inducible HspA1A/HspA1B counteract this overstimulation of the MG-induced hormetic autofeedback during increased metabolic-411 412 stress.

413

414 **5.** Conclusion

Acute MG-stress induces mitochondrial HSPs as well as mitochondrial biogenesis in 415 416 endothelial cells supporting the hypothesis of MG-induced hormesis. Tight regulation by 417 HspA1A/HspA1B counteracts overstimulation of mitochondrial HspA9 and HspD1 as well as mitochondrial biogenesis. Therefore, HspA1A/HspA1B play a central role in maintaining the 418 positive effects achieved by the MG-induced hormetic autofeedback and in prevention of 419 420 mitochondrial exhaustion. Understanding of the HSP-regulated hormesis effects on 421 mitochondrial content might reveal novel targets for the prevention and treatment of 422 diabetic complications.

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425

## 426 Author contributions

- 427 Conceptualization: J.Z., S.H.; Methodology: R.B., T.F., R.M., M.F.; Investigation: R.B., T.F.,
- 428 C.R.; Writing original Draft: J.Z., R.B.; Writing Review & Editing: T.F., M.M., S.H., J.S.;
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- 441 manuscript.
- 442
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**Fig 1.** MG-H1 accumulation is higher in HSPA1A/HSPA1B KO compared to WT cells upon acute MG-stress. Immunofluorescence staining with an anti-MG-H1 antibody of WT and HSPA1A/HSPA1B KO cells was performed after MG-treatment with 500  $\mu$ M for 24 hrs (A) and quantified in (B). (C) MG-H1 clearance was monitored after 24 hrs MG-treatment in HSPA1A/HSPA1B KO vs. WT cells. Results are shown as means  $\pm$  SD of at least 3 independent experiments. Two-way ANOVA with Šídák's multiple comparisons test was performed for statistical analysis, \*p<0.05, \*\*p<0.01, \*\*\*p<0.001.

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9 Fig 2. MG-stress induces mitochondrial heat shock proteins and mitochondrial biogenesis. 10 WT and HSPA1A/A1B KO cells were treated with MG for 24 hrs, probed for the mitochondrial 11 HSPs HspA9 and HspD1, analyzed by IF imaging (A) and quantified (B, C). For analysis of 12 changes in mitochondrial morphology upon MG-stress, WT and HSPA1A/A1B KO cells were 13 probed with an anti-Cox1 antibody, imaged via IF, followed by a fully computed analysis of 14 mitochondrial network parameters. (D) Quantification of Cox1 signal. (E) Quantification of mitochondrial count, branching and total area. Results are shown as means + SD of at least 15 16 3 independent experiments. Two-way ANOVA with Šídák's multiple comparisons test was 17 performed for statistical analysis, \*p<0.05, \*\*p<0.01, \*\*\*p<0.001.

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Fig 3. Acute MG exposure reduces mitophagy and induces the mitochondrial unfolded protein response. WT and HSPA1A/A1B KO cells were treated for 12 hrs with 500 μM MG before mRNA analysis. (A) Levels of mRNA encoding fusion proteins Mfn1, Mfn2, Opa1. (B) Levels of mRNA encoding fission proteins Drp1 and Fis1. (C) mRNA expression levels of mitophagy mediators Parkin, Pink1 and Bnip3. (D) mRNA expression of the key components of the TIM23 complex, Timm17a and Timm23. (E) Levels of mRNA encoding the mitokines Fgf21 and Gdf15. Results are shown as means  $\pm$  SD of at least 3 independent experiments.

Two-way ANOVA with Šídák's multiple comparisons test was performed for statistical
analysis, \*p<0.05, \*\*p<0.01, \*\*\*p<0.001.</li>

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Fig 4. Transcription factors involved in mitochondrial biogenesis are predominantly changed in HSPA1A/A1B KO cells upon MG-stress. Levels of mRNA encoding transcription factors regulating mitochondrial biogenesis were analyzed in WT and HSPA1A/A1B KO cells after 12 hrs incubation with 500 μM MG. (A) mRNA expression of Ppargc1a and Ppargc1a, (B) of Nrf1 and Nrf2, (C) of Tfam and Tfb2m. Results are shown as means ± SD of at least 3 independent experiments. Two-way ANOVA with Šídák's multiple comparisons test was performed for statistical analysis, \*p<0.05, \*\*p<0.01, \*\*\*p<0.001.</p>

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