Hypersensitivity to uncertainty is key feature of subjective cognitive impairment

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Abstract

With an increasingly ageing global population, more people are presenting with concerns about their cognitive function, but not all have an underlying neurodegenerative diagnosis. Subjective cognitive impairment (SCI) is a common condition describing self-reported deficits in cognition without objective evidence of cognitive impairment. Many individuals with SCI suffer from depression and anxiety, which have been hypothesised to account for their cognitive complaints. Despite this association between SCI and affective features, the cognitive and brain mechanisms underlying SCI are poorly understood. Here, we show that people with SCI are hypersensitive to uncertainty and that this might be a key mechanism accounting for their affective burden. Twenty-seven individuals with SCI performed an information sampling task, where they could actively gather information prior to decisions. Across different conditions, SCI participants sampled faster and obtained more information than matched controls to resolve uncertainty. Remarkably, despite their ‘urgent’ sampling behaviour, SCI participants were able to maintain their efficiency. Hypersensitivity to uncertainty indexed by this sampling behaviour correlated with the severity of affective burden including depression and anxiety. Analysis of MRI resting functional connectivity revealed that both uncertainty hypersensitivity and affective burden were associated with stronger insular-hippocampal connectivity. These results suggest that altered uncertainty processing is a key mechanism underlying the psycho-cognitive manifestations in SCI and implicate a specific brain network target for future treatment.

1 Introduction

2 With an ageing population, an increasing number of people are seeking medical advice for concerns
3 about cognitive decline (Deary et al., 2009; Harada et al., 2013). While in some individuals these
4 complaints might be related to a progressive pathological process such as Alzheimer’s disease, they
5 can also be expressed by people without an underlying neurodegenerative disorder (McWhirter et al.,
6 2020). When objective clinical evidence of significant cognitive impairment is not evident alongside
7 self-reported cognitive complaints, individuals are categorised as having subjective cognitive impair-
8 ment/decline (SCI/D) (Jessen et al., 2014, 2020; Reid and MacLulich, 2006). Although most follow a
9 relatively benign course, a small proportion develops objective cognitive impairment and subsequently
10 progress to dementia (Arvanitakis et al., 2018; Kryscio et al., 2014; Mendonça et al., 2016). Neverthe-
11 less, it remains unclear what drives subjective cognitive complaints in those people who do not have
12 evidence of underlying neurodegeneration. Understanding the mechanisms of cognitive, behavioural,
13 and psychiatric manifestations in SCI is thus crucial to improve clinical outcomes and enhance under-
14 standing of presentation of people who present with cognitive concerns.

15 A wealth of evidence suggests a particularly high prevalence of a range of mental health problems
16 associated with SCI, in particular affective disorders such as anxiety and depression (Hill et al., 2016;
17 Hohman et al., 2011; Pavisic et al., 2021; Reid and MacLulich, 2006). Similarly, people who pri-
18 marily suffer from these psychiatric disorders often report sub-optimal cognitive performance, further
19 emphasising the intertwined relationship between affective burden and subjective cognitive experience
20 (Millan et al., 2012). Moreover, treating anxiety and depression may improve subjective cognitive com-
21 plaints in individuals with SCI (Allott et al., 2020). Despite the association between SCI and affective
22 burden being increasingly recognised, little is understood about the underlying cognitive mechanisms
23 and brain networks involved.

24 A rich body of theoretical and empirical work suggests that affective dysregulation might be
25 related to uncertainty processing and related behaviours (Bishop and Gagne, 2018; Carleton, 2016;
26 Grupe and Nitschke, 2013; Gu et al., 2020). People who express higher levels of anxiety and depres-
27 sion often report higher levels of intolerance to uncertainty (Boelen et al., 2016; Boswell et al., 2013;
28 Carleton et al., 2012; McEvoy and Mahoney, 2011; Saulnier et al., 2019). Mechanistically, intoler-
29 ance to uncertainty might be reflected in several cognitive and behavioural processes underpinning

1 goal-directed behaviour when people decide and act under uncertainty (Grupe and Nitschke, 2013).
 2 For example, when someone is crossing the road, they make their decision based on how confident
 3 they are that the environment is safe (i.e., they have an assessment of how uncertain the environment
 4 is for their intended action) (Bach and Dolan, 2012; Gottlieb and Oudeyer, 2018). If uncertainty is
 5 high, agents often try to reduce it by gathering information to inform their decision (e.g., checking
 6 passing cars and traffic lights and looking for a safer place to cross). People who are more sensitive
 7 to uncertainty might have an exaggerated estimation of uncertainty or preparedness when required to
 8 face it, eventually affecting their decisions and outcomes (Grupe and Nitschke, 2013). Similarly, un-
 9 certainty sensitivity might affect self evaluation of cognitive abilities (e.g., having lower confidence
 10 in recollection) amplifying memory complaints and subsequent emotional reaction (Fitzgerald et al.,
 11 2017; Nelson, 1990). Such a framework, which involves estimation, valuation, preparation, and learn-
 12 ing under uncertainty allows a detailed investigation of the psychopathology of affective dysfunction
 13 (Gottlieb and Oudeyer, 2018; Grupe and Nitschke, 2013; Sharot and Sunstein, 2020).

14 Investigation of the dynamics of how people decide and act under uncertainty might hold an
 15 important key to understanding the relationship between SCI and affective dysfunction. This might be
 16 challenging to achieve using classical behavioural paradigms, e.g., beads task or variants of it (Phillips
 17 et al., 1966). These paradigms often involve randomly drawing samples from a distribution to make
 18 inferences about the distribution (e.g., deciding the predominant colour of beads in a jar). However,
 19 when people gather information to reduce uncertainty, they dynamically assess their environment and
 20 update their expectations in order to decide whether a new piece of evidence is needed and whether they
 21 can tolerate its cost (Juni et al., 2016; Petit et al., 2021). While the economic aspect of this behaviour
 22 has been extensively examined in previous studies (Clark et al., 2006; Jones et al., 2019; Juni et al.,
 23 2016), investigation into *how* information is gathered is limited. Capturing behavioural markers that
 24 might not be directly apparent using such tasks (e.g., sampling speed and efficiency) might provide
 25 important insights into underpinning mechanisms of affective disorders. This distinction has been
 26 formalised as ‘active’ information gathering, characterised by situations in which participants have
 27 agency over not only how much information they gather but also how information is collected in face
 28 of uncertainty (e.g., what resources to consult and when) (Gottlieb and Oudeyer, 2018; Petit et al.,
 29 2021).

In this study, we adopted this approach using a recently developed behavioural paradigm to investigate how people with SCI decide and act (gather information) under uncertainty (Petitet et al., 2021). A crucial question of this study was whether uncertainty processing is associated with affective burden. Further, to investigate the underlying brain structures and networks that might be implicated in the process, brain resting functional neuroimaging (rfMRI) data were also collected. In an *active form* of the task, participants collected informative clues, which came at a known cost, to reduce their uncertainty before committing to decisions. Crucially, they were allowed to freely gather information whenever and in whichever way they wanted. In a *passive form* of the task, this agency over uncertainty was removed. Participants were allowed only to accept or reject offers that had fixed levels of uncertainty weighed against potential reward. Decisions were made based on whether tolerating uncertainty was worth the reward on offer. This enabled us to calculate how people weigh uncertainty against reward in a passive environment where agency over uncertainty is absent. Before decisions, participants also reported their subjective uncertainty, enabling us to measure the accuracy of uncertainty estimation that might influence both active and passive behaviour.

The results from the behavioural tasks showed that individuals with SCI gather significantly more information than healthy matched controls before they commit to final decisions. They did this regardless of the cost of information and at a faster rate than controls. Despite this faster sampling, SCI participants impressively were capable of maintaining their sampling efficiency (i.e., gathering samples that were as informative as controls). This meant that they exceeded the speed-efficiency trade-off that characterises sampling behaviour of healthy controls. Crucially, in individuals with SCI, sampling speed and over-sampling (indices of heightened sensitivity to uncertainty) were associated with affective burden (derived from self-report measures of anxiety and depression).

By contrast, when they had no agency over the reward and uncertainty on offer (passive choice task), SCI participants had intact metacognitive assessment and valuation of uncertainty. This suggests that controllability when dealing with uncertainty might be a crucial aspect in affective dysfunction, as differences between SCI participants and controls were apparent only when they had agency over uncertainty (i.e., during the active information gathering phase preceding decisions).

Functional neuroimaging analysis investigating whole-brain resting connectivity between regions of interest across all known brain networks revealed that individuals with SCI, in comparison

1 to healthy controls, had increased insular hippocampal connectivity. Further, the strength of this con-
 2 nectivity in SCI correlated with sensitivity to uncertainty indexed by sampling speed. Across all study
 3 participants, insular-hippocampal connectivity was also found to correlate with reported affective bur-
 4 den. This suggested that urgent sampling behaviour when faced with uncertainty might mediate the
 5 association between heightened insular-hippocampal connectivity and affective dysfunction, a findings
 6 which was confirmed with Bayesian mediation analysis.

7 Taken together, the results indicate that hyper-reactivity to uncertainty might be a key mechanism
 8 in SCI, and link this process to insular cortex and hippocampus.

9 Results

10 **Experimental design.** Participants performed a recently developed behavioural task (Petitet et al.,
 11 2021) designed to investigate active information gathering and decision making under uncertainty (Fig-
 12 ure 1). In this paradigm, participants were asked to maximise their reward by trying to localise a hidden
 13 purple circle of a fixed size as precisely as possible. They could reduce uncertainty about the location
 14 of the hidden circle by touching the screen at different locations to obtain informative clues: if a purple
 15 dot appeared where they touched, this meant that the location was situated inside the hidden circle,
 16 otherwise, the dots were coloured white. Obtaining these clues came at a cost (η_s) that participants
 17 had to pay from an initial credit reserve (R_0) they started each trial with. Participants could sample the
 18 search field freely without constraints to the location or the speed at which they touch the screen. At the
 19 end of each trial, participants were required to move a blue disc to where they thought the hidden circle
 20 was located. A feedback was given after this, indicating how many credits participants won (or lost)
 21 based on how precise their localisation was and the credits they lost to obtain information (i.e., partic-
 22 ipants had to make a trade-off between obtaining more information and the cost of this information).
 23 There were two levels of sampling cost (low and high) and two levels of initial credit reserve (low and
 24 high). Uncertainty in the task was quantified as expected error (EE) which is the average error that an
 25 optimal agent is expected to obtain when placing the blue disc at the best possible location. For more
 26 details see *Methods* and Supplementary information.

27 **Demographics.** All participants (healthy controls and individuals with SCI) had ACE-III cognitive
 28 scores within normal performance limits ($> 87/100$) (Bruno and Vignaga, 2019; Elamin et al., 2016;

Figure 1: **Task paradigm – Active information sampling.** Participants were required to find the location of a hidden purple circle as precisely as possible. Clues about the location of the hidden circles could be obtained by touching the screen at different locations. This yielded dots that were coloured either purple or white depending on whether they were situated inside or outside the hidden circle: purple dots were inside and white dots were outside. Two circles of the same size as the hidden circle were always on display on either side of the screen to limit memory requirements of the task. Inside these two circles, an initial credit reserve (R_0) was displayed. There were two levels of R_0 : low = 95 credits and high = 130 credits. At the beginning of each trial, a purple dot was always shown to limit initial random sampling. Participants then had 18 seconds on each trial, during which they could sample without restrictions to speed, location or number of samples. Each time they touched the screen to add a dot, the number of credits available decreased depending on the cost of sampling (η_s) on that trial. There were two levels of η_s : low = -1 credit/sample and high = -5 credits/sample. Once the 18 seconds have passed, a blue disc of the same size as the hidden circle appeared at the centre of the search field. Participants were then required to drag this disc on top of where they thought the hidden circle was located. Following this, the score they obtained on that trial was calculated and presented as feedback at the end of the trial.

Hsieh et al., 2013). There was no significant difference between SCI participants and controls in cognitive scores (Controls: $\mu = 97.89, SD = 1.80$; SCI: $\mu = 95.41, SD = 4.21$; $z = 1.91, p > 0.05$). Consistent with previous reports (Hill et al., 2016; Hohman et al., 2011; Pavisic et al., 2021; Reid and MacLulich, 2006), SCI participants in the study were significantly more depressed and anxious than healthy controls (Depression: $z = 4.41, p < 0.001$, Anxiety: $z = 3.08, p < 0.01$; Table 1 & Figure 5a.). Since depression and anxiety correlated positively with each other (Spearman's $R^2 = 0.45, p < 0.001$, Figure 5b.), a principal component analysis (PCA) was performed to extract a dimension that accounts for the maximum shared variance between the two measures. This dimension could be regarded as a measure of affective burden in participants and accounted for 84% of the variance shared between depression and anxiety. Higher scores of affective burden indicate more severe depression and anxiety. There was no significant correlation between cognitive scores and this affective dimension ($p > 0.05$, controlling for age and gender).

Extensive sampling in SCI. As prescribed by rational behaviour, participants in both groups (SCI and healthy controls) adjusted the extent of their search (s) to the sampling cost (η_s), acquiring fewer samples when this cost increased (Effect of η_s on s : $\beta = -0.11, 95\%CI = (-0.14, -0.077), t_{3232} = 6.52, p < 0.0001$, Figure 2a., Table S1). While there was no significant main effect of initial credit (R_0), its interaction with sampling cost was significant ($\beta = 0.02, 95\%CI = (-0.04, -0.004), t_{3232} = 2.41, p = 0.016$, Table S1), which means that the aversive effect of sampling cost on the number of samples obtained was blunted when participants started their search with a larger credit reserve (Figure 2a.).

The influence of these economic features (η_s and R_0) on the number of samples acquired was not significantly different between SCI participants and controls ($SCI \times \eta_s: p = 0.13$; $SCI \times R_0: p = 0.27$). Nevertheless, overall, individuals with SCI sampled significantly more than controls (Main effect of SCI on s : $\beta = +0.19, 95\%CI = (0.058, 0.32), t_{3232} = 2.81, p < 0.01$, Figure 2a., Table S1). Gathering more samples led SCI participants to finish their active search at lower levels of uncertainty (EE) than controls on average (Main effect of SCI on the EE reached at the end of the sampling phase: $\beta = 0.26, 95\%CI = (-0.453, -0.06), t_{3232} = 2.66, p < 0.01$, Table S1), which translated into smaller localisation errors (Main effect of SCI on localisation error: $\beta = -0.18, 95\%CI = (-0.35, -0.004), t_{3232} = -2.01, p = 0.045$).

Next, we asked whether SCI participants' more extended information gathering led to better performance. To answer this question, we calculated, on each trial, the optimal number of samples, s^* , that maximises the expected value of the trial (EV). Both acquiring extra samples beyond this point (i.e., over-sampling) and not sampling enough to reach this point (i.e. under-sampling) result in a smaller expected value. Thus, this analysis gave us some insight into the usefulness of the extensive sampling behaviour SCI participants exhibited compared to controls.

Both healthy controls and individuals with SCI over-sampled relative to the optimal stopping point when the sampling cost was high ($p < 0.001$ for both groups, see Table S3 for statistical details). Consistent with above, over-sampling in these conditions was significantly more pronounced in SCI participants compared to controls (Group difference in $(s - s^*)$ at high η_s ; Low R_0 : $t(52) = 2.066$, $p = 0.04$, High R_0 : $t(52) = 3.32$, $p < 0.01$). Thus, SCI participants' tendency to gather more information than controls in these conditions led them to acquire samples with a price outweighing their instrumental benefit.

By contrast, when the sampling cost was low, controls under-sampled relative to the optimal solution ($p < 0.001$ for the two conditions with low η_s , see Table S3). Thus, because they acquired more samples in these conditions too, SCI participants better approached optimal sampling behaviour (Group difference in $(s - s^*)$ at low η_s ; Low R_0 : $t(52) = 3.29$, $p < 0.01$, High R_0 : $t(52) = 3.7$, $p < 0.001$; Figure 2c.).

To summarise, individuals with SCI sampled more than controls across different experimental conditions, regardless of economic constraints. This was sub-optimal when sampling was expensive (i.e., they overpaid for information) but incidentally led to more optimal behaviour when sampling was cheap.

Intact passive decision making in individuals with SCI. A passive version of the paradigm was used to investigate what drove SCI participants' extensive sampling behaviour. More specifically, we tested two hypotheses. First, SCI individuals might have inflated subjective estimates of uncertainty. If this were the case, they might need to reduce uncertainty to a greater extent in order to reach comparable subjective uncertainty levels. Second, SCI participants might have intact estimation of uncertainty but nonetheless assign greater weight to it when balancing it against reward. To test these hypotheses, SCI

N (M/F)	Controls		SCI		p-value*
	27 (13/14)		27 (13/14)		
	Mean	SD	Mean	SD	
Age	62.04	6.28	59.81	7.70	0.34
ACE-III	97.89	1.80	95.41	4.21	0.06
BDI-II	4.59	4.36	15.44	11.24	< 0.001
HADS Dep.	1.48	1.81	5.26	4.61	< 0.001
HADS Anx.	4.30	3.16	7.04	3.32	< 0.01

Table 1: Demographics. ACE-III: Addenbrooke’s Cognitive Examination. BDI-II: Beck Depression Inventory. HADS: Hospital Anxiety Depression Scale. * Student-test or Wilcoxon rank-sum test for parametric and non-parametric data, respectively.

Figure 2: **Extensive sampling in SCI.** **a.** Across different conditions, individuals with SCI sampled more than healthy controls. **b.** Consequently, SCI participants reached final uncertainty levels (*EE*) lower than controls prior to committing to decisions. **c.** Healthy controls and individuals with SCI over-sampled when sampling cost was high. Over-sampling was more significant in SCI than healthy controls. When sampling cost was low, healthy controls under-sampled while SCI participants were optimal. The panel on the bottom right depicts the changes in expected value (*EV*) as a function of the number of samples deviating from optimal. The optimal number of samples is when *EV* is maximum. Error bars show $\pm$ SEM. See Tables S1, S2 & S3 for full statistical details.

1 participants and healthy controls performed a modified version of the paradigm in which they were
2 required to first, report their estimations of experimentally defined levels of uncertainty and second, to
3 accept/reject offers based on whether reward on offer is worth the risk imposed by uncertainty (Figure
4 3a.).

5 Generalised mixed effects model was used to investigate the differences in subjective uncertainty
6 between SCI participants and controls. This showed no significant difference in this measure between
7 the two groups (Interaction Group $\times$ EE: $\beta = +0.001$, 95%CI = $(-0.12, 0.11)$, $t_{5396} = -0.03$, $p =$
8 0.98, Figure 3b., Table S4), suggesting that tendency to sample more in the active experiment was un-
9 likely caused by biased subjective estimates of uncertainty (i.e., there is no difference in the perceived
10 informational utility of the samples). Similarly, there was no significant difference between the two
11 groups in offer acceptance or in the effects of uncertainty and reward on offer acceptance (Main effect
12 of SCI on offer acceptance: $\beta = +0.029$, 95%CI = $(-0.75, 0.80)$, $t_{5392} = +0.07$, $p = 0.94$; SCI inter-
13 action with reward and uncertainty: $p = 0.70$ & $p = 0.60$, respectively, Figure 3c., Table S5). This is
14 consistent with the finding that SCI participants' extensive sampling behaviour in the active paradigm
15 was mostly independent from economic constraints (no significant interaction SCI $\times$ R_0 or SCI $\times$ η_s ;
16 Figure 2).

17 Taken together, these results indicate that extensive sampling in SCI is not related to the way
18 individuals estimate or value uncertainty. Instead, it is likely to capture an intrinsic drive to gather
19 information specifically when agents have agency over the level of uncertainty (i.e. during active
20 sampling) (see *Supplementary information* for a computational model capturing this effect, Figure
21 S1).

22 **Faster and more efficient sampling in SCI.** The key advantage of our paradigm is the possibility
23 to investigate not only how much information people gather but also how quickly and efficiently they
24 do so (Petitet et al., 2021). To capture these extra dimensions of sampling behaviour, we used two
25 behavioural measures: (1) inter-sampling interval, *ISI*, which is the average time interval between
26 consecutive screen touches (shorter *ISI* indicates faster sampling); (2) information extraction rate, α ,
27 which provides an estimate of the rate at which the *EE* decays over successive samples (higher α
28 values indicate higher sampling efficiency).

Figure 3: Intact metacognitive judgement and passive decision making in SCI. **a.** Subjective estimates of uncertainty (z-scored signed-flipped confidence ratings) mapped well onto experimentally defined uncertainty across study participants. There was no significant difference between SCI participants and controls in estimating uncertainty. **b.** There was no significant difference in offer acceptance between individuals with SCI and controls, indicating similar weights assigned to uncertainty and reward when making decisions. Error bars show 95% CI. See Tables S5 & S4 for statistical details.

1 In young healthy adults, we previously reported a speed-efficiency trade-off whereby slower
2 sampling was associated with greater information extraction rate (i.e., greater reduction of uncertainty
3 at each step of the search) (Petitet et al., 2021). This finding was replicated in the present study (Effect
4 of *ISI* on α – Controls: $\beta = 0.054$, $95\%CI = (0.032, 0.075)$, $t_{1618} = 4.97$, $p < 0.0001$; SCI:
5 $\beta = 0.052$, $95\%CI = (0.028, 0.076)$, $t_{1618} = 4.97$, $p < 0.0001$, Figure 4c., Table S8). Investigat-
6 ing group effect using LMM showed that, overall, SCI participants sampled significantly faster than
7 healthy controls (Main effect of group on *ISI*: $\beta = -0.29$, $95\%CI = (-0.43, -0.16)$, $t_{3232} =$
8 -4.24 , $p < 0.0001$, Figure 4a., Table S6). Remarkably, despite this faster sampling, SCI participants
9 reduced uncertainty as efficiently as controls (Main effect of group on α : $\beta = 0.007$, $95\%CI =$
10 $(-0.015, 0.03)$, $t_{3232} = 0.61$, $p = 0.54$, Figure 4b., Table S6). In other words, individuals with SCI
11 exceeded the speed-efficiency trade-off that characterised healthy controls' sampling (Figure 4c.).

12 Overall, the performance of individuals with SCI indicates *hypersensitivity to uncertainty*, man-
13 ifested as more extended, faster though equally efficient information sampling compared to controls.

Figure 4: **Faster but efficient sampling in SCI.** **a.** Across different conditions of the task, SCI participants sampled faster than the healthy controls. **b.** Sampling efficiency was not different between individuals with SCI and control. **c.** Faster sampling was associated with lower efficiency giving rise to a speed-efficiency trade-off. SCI participants exceeded the speed efficiency trade-off that characterised controls' sampling behaviour as they extracted more information than the control per unit time (sec). Error bars show $\pm$ SEM. See Table S6 for full and statistical details.

Affective burden is associated with more extensive and faster active sampling. Next, we investigated whether markers of hyper-reactivity to uncertainty in SCI (faster and extensive sampling) were associated with affective burden. Non-parametric Spearman's partial correlations controlled for age and cognitive score across study participants showed that affective burden correlated significantly with sampling speed as well as with deviation from optimal sampling, indicating that both faster and extensive sampling were associated with higher affective burden (Correlation between affective burden and *ISI*: $R^2 = 0.19$, $p < 0.01$; correlation between affective burden and $s - s^*$: $R^2 = 0.29$, $p < 0.001$, Figure 5c.). These correlations were also significant within SCI group in isolation ($R^2 = 0.17$, $p = 0.04$, for both correlations) as well as within controls group for $s - s^*$ ($R^2 = 0.18$, $p = 0.03$) but not for *ISI* ($p > 0.05$).

This result indicates that hyper-reactivity to uncertainty (indexed by faster and extensive sampling) is associated with affective dysregulation in SCI.

Increased insular-hippocampal connectivity in SCI. Resting-state functional MRI data were collected in 23 SCI participants and 25 controls. We first investigated differences in functional connectivity between SCI participants and controls using a whole-brain network functional connectivity analysis. This entailed investigating the connections between 40 atlas-defined regions of interest (ROIs) that represent the key nodes in brain networks including silence, default mode, sensorimotor, visual, dorsal attention, frontoparietal, language, and cerebellar networks as well as limbic brain regions including the hippocampus, parahippocampus and amygdala (see *Methods*).

Compared to healthy controls, individuals with SCI showed significantly greater functional connectivity between the insular cortex and hippocampal/parahippocampal regions (Insular-hippocampal: $TFC E = 64.82$, $p_{FWE} < 0.01$, Insular-parahippocampal: $TFC E = 70.02$, $p_{FWE} < 0.01$; Figure 6a., Table S10). There was no other significant difference in resting functional connectivity between any of the other ROIs included in the analysis. Thus, functional connectivity disruptions in SCI participants appeared to be limited and specific to the insular-hippocampal network highlighted in Figure 6a.

To complement this analysis, a voxel-wise seed-based functional connectivity analysis was performed using a bilateral insular cortex seed. This aimed to define, at the voxel level, differences in insu-

Figure 5: **Affective burden correlates with faster and extensive sampling.** **a.** Individuals with SCI were significantly more depressed and anxious than healthy matched control. **b.** Anxiety scores and depression scores significantly correlated with each other across study participants and within SCI group. An affective burden score corresponding to severity of depression and anxiety was extracted using principal component analysis (PCA). This dimension accounted for 84% of the variance between anxiety and depression. **c.** Affective burden was associated with increased sensitivity to uncertainty indexed by speed and extent of sampling. The higher the affective burden score (i.e., the more depressed and anxious a participant is) the faster the sampling rate (shorter *ISI*) and the extensive the sampling was (i.e., over-sampling). These correlations were also significant within SCI group in isolation. BDI II: Beck's Depression Inventory. HADS: Hospital Anxiety and Depression Scale (only anxiety score was included). ISI: Inter-sampling Interval in seconds. ** : $p < 0.01$, *** : $p < 0.001$. Error bars show $\pm$ SEM. Shaded area in correlation plots show 95% CI

Figure 6: **Increased insular hippocampal connectivity in individuals with SCI compared to healthy controls.** **a.** Whole-brain ROI-to-ROI functional connectivity analysis with 40 ROIs from different brain networks and regions. SCI participants have increased functional connectivity between insular cortex (IC) and hippocampal/parahippocampal (PaHC) regions. **b.** Seed-based functional connectivity analysis using bilateral insular seed shows voxels in the hippocampal formation with increased functional connectivity with IC in comparison to controls. Analyses were controlled for age and gender. TFCE: Threshold Free Cluster Enhancement. See Tables S9 & S10 for further statistical details.

lar functional connectivity between SCI participants and controls (for visualisation purposes). Consistent with the ROI-based analysis, we found that individuals with SCI showed increased functional connectivity between the insular seed and limbic brain regions including hippocampus/parahippocampus and amygdala. Two main significant clusters were found: the first cluster included the left hippocampus (36%) and parahippocampus (38%) (cluster one: $size = 366$ voxels, $p_{FWE} < 0.001$, voxel threshold: $p < 0.001$). The second cluster included the right hippocampus (51%), parahippocampus (26%) and amygdala (20%) (cluster two: $size = 181$ voxels, $p_{FWE} < 0.01$, voxel threshold: $p < 0.001$) (Figure 6b., Table S9).

Insular-hippocampal connectivity is associated with faster sampling and affective burden. We next investigated the relationship between the strength of insular-hippocampal connectivity and behavioural markers of sensitivity to uncertainty (ISI & $s - s^*$). Non-parametric partial correlations controlling for age, gender, and cognitive score were performed to examine these correlations. The strength of connectivity from ROI-ROI analysis between bilateral insular cortex and hippocampus (right and left) was extracted for this purpose. Multiple correlation testing was corrected using Bonferroni method. The results showed that, across individuals from both groups, stronger bilateral insular connectivity with the right hippocampus significantly correlated with faster sampling rate

($R^2 = 0.33$, $p < 0.001$, Figure 7) as well as with signed deviation from optimal number of samples ($R^2 = 0.22$, $p < 0.001$). Within the SCI group, ISI but not $s - s^*$ significantly correlated with insular-hippocampal connectivity (Within SCI IC-Hipp connectivity $\times ISI$: $R^2 = 0.44$, $p < 0.001$, $\times s - s^*$: $R^2 = 0.09$, $p > 0.05$), indicating that sampling speed might be a more sensitive marker of uncertainty sensitivity in this group, despite that these two measures were significantly correlated in this group ($R^2 = 0.28$, $p < 0.01$).

Similarly, stronger insular hippocampal connectivity correlated with affective burden across individuals ($R^2 = 0.16$, $p < 0.01$, Figure 7), however, this correlation within SCI group did not reach significance ($p > 0.05$).

Given that sampling speed correlates with both insular-hippocampal connectivity and affective burden in SCI participants, this indicates that ISI as a marker of uncertainty sensitivity might be mediating the correlation between insular-hippocampal connectivity and affective burden. To test this hypothesis we performed a non-parametric causal mediation analysis across study participants (Figure 7). The average causal mediation effect was significant (ACME: $\beta = 0.13$, 95%CI = (0.014, 29), $p = 0.046$, 5000 simulations), indicating that indeed rapid sampling is mediating the relationship between heightened insular-hippocampal connectivity and affective burden across individuals (Prop. mediated = 0.44). Affective burden score in this analysis was controlled for age, gender, and cognitive score. Caution should be exercised when interpreting these results as these models were performed with data from both groups included. This was done to take advantage of the larger sample size for this type of analysis, while also trying to explore inter-individual differences regardless of group assignment. Such a pooling of data from the two groups is especially feasible with SCI as one operationalisation of the condition considers it part of healthy ageing continuum (Howard, 2020; McWhirter et al., 2020).

Figure 7: **Sensitivity to uncertainty indexed by faster sampling rates mediates the relationship between insular-hippocampal connectivity and affective burden.** Across study participants, stronger resting functional connectivity between bilateral insular cortex and right hippocampus was associated with faster sampling rates (i.e., shorter inter-sampling intervals) and higher affective burden. A non-parametric mediation analysis revealed that faster sampling (a behavioural marker of hypersensitivity to uncertainty) mediates the association between insular-hippocampal connectivity and affective burden. Correlations were non-parametric and controlled for age, gender and cognitive score. Shaded area show 95% CI.

Discussion

A rich body of literature indicates a strong association between SCI and affective dysregulation such as anxiety and depression (Hill et al., 2016; Hohman et al., 2011; Pavisic et al., 2021; Reid and MacLulich, 2006). However, the mechanisms underlying such a burden are not fully established. In this study, we hypothesised that affective dysfunction in SCI might be related to deficits in processing uncertainty. Using a purpose-designed behavioural paradigm, we investigated how people decide and act under uncertainty in active and passive contexts. In the active form, participants could gather information at a cost to reduce uncertainty before committing to decisions. In the passive form, they made decisions responding to offers that had fixed levels of uncertainty and potential reward. The results showed that when participants had agency (i.e., in the active form), individuals with SCI exhibited behaviour indicative of increased reactivity to uncertainty, manifested as more rapid and extensive sampling compared to age- and gender-matched healthy controls. These behavioural markers of heightened reactivity to uncertainty – especially faster sampling rates – correlated with the severity of affective burden in SCI participants. Furthermore, resting functional neuroimaging analysis showed that individuals with SCI had increased insular-hippocampal connectivity, which in turn correlated with uncertainty sensitivity and affective burden across participants. By contrast, estimation and weighing of uncertainty in passive decisions were both intact in SCI participants, indicating that their hypersensitivity to uncertainty was specifically expressed in an active situation in which uncertainty is controllable. Overall, the results point to a specific deficit in processing uncertainty in individuals with SCI that might be underlying their affective dysregulation and is related to increased insular-hippocampal connectivity in the condition.

These results resonate with previous research indicating that people with depression and anxiety might have altered uncertainty processing (Bishop and Gagne, 2018; Boswell et al., 2013; Carleton et al., 2012; Grupe and Nitschke, 2013; Gu et al., 2020; Hartley and Phelps, 2012; Pulcu and Browning, 2019; Saulnier et al., 2019). A recent investigation, for example, showed that a common factor accounting for shared variance between both syndromes was associated with disrupted learning in probabilistic environments reflecting impaired uncertainty processing (Gagne et al., 2020). Other reports pointed to a possible alteration of uncertainty estimation and reward-related valuation in these syndromes affecting decision making under uncertainty (Pizzagalli et al., 2005, 2008; Pulcu and Browning, 2019).

1 However, evidence on how affective dysfunction relates to more active forms of behaviour such as in-
2 formation gathering prior to committing decisions is limited. One early investigation in social psychol-
3 ogy showed that individuals suffering from depression tend to acquire more high-utility information
4 than non-depressed individuals in a simulated interview environment where participants played the
5 role of the interviewer and had to select interview questions from a standardised list of questions that
6 differed in their diagnostic utility (Hildebrand-Saints and Weary, 1989). While this investigation along
7 with other similar reports from social psychology literature advance the notion that disrupted informa-
8 tion gathering might be a key feature in affective disorders, a mechanistic account supporting this claim
9 is still not established (Aderka et al., 2013; Camp, 1986; Joiner et al., 1999; Locander and Hermann,
10 1979). For example, previous studies using classical behavioural paradigms of information seeking
11 such as the beads task failed to report consistent effects of anxiety and depression on performance
12 (Jacoby et al., 2014). Such inconsistencies might be due to the fact that the behavioural paradigms
13 used in these prior studies often neglect an important aspect of information gathering –controllability–
14 which has been hypothesised to be a crucial feature of both anxiety and depression (Abramson et al.,
15 1978; Barlow, 1991). In the present study, this important component was accounted for by using a
16 novel behavioural paradigm allowing participants to gather information with minimal limitations to
17 the speed and efficiency of sampling. This in turn revealed an insightful aspect of information gather-
18 ing behaviour in individuals with SCI who not only sampled more than controls, but also showed that
19 they do this more rapidly without losing efficiency.

20 One might argue that rather than suggesting that SCI individuals are hyper-sensitive to uncer-
21 tainty in the active task, our findings might alternatively be explained by a lower sensitivity to reward
22 – as participants lost more credits to obtain the extra information. However, some observations in the
23 study suggest that this might not be the case. First, the influence of economic constraints (R_0, η_s) on
24 sampling behaviour and speed did not significantly differ between individuals with SCI and controls.
25 If SCI participants were less sensitive to reward, then one would expect economic constraints to affect
26 sampling behaviour in SCI participants to a lesser degree than age- and gender-matched controls. In-
27 stead, the group effect (i.e., acquiring more samples in individuals with SCI) was equally manifested
28 in all experimental conditions, regardless of the current cost-benefit structure. Second, acquiring more
29 samples indeed allowed SCI participants to achieve lower uncertainty levels prior to decision, suggest-
30 ing that these additional samples carried instrumental utility and were not merely reflective of wasteful

1 sampling behaviour driven by insensitivity to reward.

2 Various brain regions have previously been implicated in anxiety and depression and their mech-
3 anistic characterisation as deficits in uncertainty processing including amygdala (Grupe and Nitschke,
4 2013; Morriss et al., 2019), hippocampus (Gray and McNaughton, 2003; Harrison et al., 2006; Rigoli
5 et al., 2019; Strange et al., 2005; Tobia et al., 2012), and insular cortex (Grupe and Nitschke, 2013;
6 Morriss et al., 2019; Tanovic et al., 2018). Consistent with these reports, we found that individuals with
7 SCI displayed heightened connectivity between these regions (insular-limbic). Conceptually, the in-
8 sula stands out in the context of SCI not only because of its consistent implications in various forms of
9 uncertainty processing and affective syndromes in health and disease (Morriss et al., 2019; Namkung
10 et al., 2017; Paulus and Stein, 2006; Singer et al., 2009; Tanovic et al., 2018), but also because of
11 its potential role in subjective awareness and interoception (Craig, 2009). The insular cortex receives
12 input from different brain regions carrying interoceptive information about various bodily sensations,
13 such as temperature, heartbeat, bowel distension and more (Namkung et al., 2017; Uddin et al., 2017).
14 Subjective experience of these stimuli has been shown to correlate with insular activity on functional
15 neuroimaging using MRI or positron emission tomography (Craig et al., 2000; Critchley et al., 2004).
16 More recent accounts of insular function extend this contribution of subjective awareness to involve
17 emotional states and higher subjective awareness (Chang et al., 2013; Craig, 2009; Namkung et al.,
18 2017). It is thus not surprising to find insular involvement in a condition that is primarily defined by
19 altered subjective experience. A few studies have demonstrated altered insular task-related activity in
20 SCI, however, without functional characterisation of this involvement on goal-directed behaviour and
21 affective functioning (Cai et al., 2020). By contrast, damage to the insula might impair subjectivity
22 and self-awareness as seen in patients with anosognosia for hemiplegia and other forms of insular
23 injury (Fotopoulou et al., 2010; Karnath et al., 2005; Spinazzola et al., 2008), as well as resulting in
24 dysfunctional emotional awareness (e.g., as seen in fronto-temporal dementia), under-reactivity, lack
25 of self-monitoring and passivity (F et al., 1999; Kleiner et al., 2007; VE et al., 2006). Such findings are
26 opposite to what is observed in individuals with SCI who often report heightened levels of subjective
27 affective dysfunction and were found in this study to be behaviourally more reactive.

28 This insula-centred formalisation of affective dysfunction, uncertainty processing, and subjectiv-
29 ity might be further supported by taking into consideration hippocampal contribution. One prominent

1 view of hippocampal involvement in goal-directed behaviour suggests that it constitutes a crucial part
2 of a behavioural inhibition system (BIS) that is concerned with processing aversive cues such as uncer-
3 tainty (Gray and McNaughton, 2003). According to this view, the hippocampus acts as a comparator
4 between one's expectations and the environment, resulting in behavioural aversion to threatening and
5 negative stimuli. It has therefore been suggested that hyperactivity of the BIS might be an important
6 neurobiological basis of anxiety and affective dysregulation (Gray and McNaughton, 2003). When an-
7 ticipating decisions and actions under uncertainty, the hippocampus might be encoding possible future
8 states and their associated risks (Addis et al., 2011; Martin et al., 2011; Schacter et al., 2008, 2017;
9 Weiler et al., 2010). However, when such situations are avoidable (as in the active task), aversion might
10 be expressed as a propensity to quickly collect information to avoid facing uncertainty in the future.
11 Hippocampal signals encoding future trajectories and prior experiences from these contexts might be
12 shared with the insula, which in turn process emotional responses resulting in a feeling of anxiety and
13 depression (Chang et al., 2013; Craig, 2009; Paulus and Stein, 2006). Additionally, because of the hip-
14 pocampus' well-established mnemonic function, insular-hippocampal processing of uncertainty might
15 be also affecting one's awareness of their memory performance, giving rise to subjective cognitive
16 complaints characterising SCI. Testing such a hypothesis will require future research with a detailed
17 examination of the nature of subjective complaints, their severity, and association with uncertainty and
18 expression of concerns.

19 In a similar vein, one major future direction is to investigate how the mechanisms and brain
20 networks uncovered in this study relate to the AD spectrum and the prospective risk of developing
21 dementia. For example, while not needed to make a clinical diagnosis of SCI (Jessen et al., 2014), AD-
22 related biological indicators (e.g., CSF biomarkers and amyloid and tau PET imaging) might provide
23 valuable information on how processing uncertainty and information gathering relates to AD pathology
24 in preclinical population with SCI. This could be further supported by evidence from longitudinal
25 follow-up of individuals with SCI to establish risk factors and outcomes. Another line of research might
26 benefit from adopting a transdiagnostic approach to examine whether and how cognitive mechanisms
27 of information seeking and related affective dysfunction are shared (or distinguished) in different stages
28 of AD and other forms of neurodegeneration. Similarly, examining patients who suffer from anxiety
29 and depression without expression of cognitive complaints would help further delineate the association
30 between affective burden and uncertainty-related behaviours.

In conclusion, the study provides evidence suggesting that hyper-reactivity to uncertainty might be a key manifestation of SCI and is related to heightened functional connectivity between the insula and the hippocampus. These manifestations might be underlie affective burden in the condition.

Materials and methods

Participants. Twenty seven individuals with SCI (age: $\mu = 59.81$, $SD = 7.70$, 14 females) along with 27 healthy age- and gender-matched controls (age: $\mu = 62.04 \pm SD = 6.28$) were recruited for the study. Sample size was determined based on our previous study testing and validating the behavioural paradigm in healthy young controls (Petitet et al., 2021) as well as similar studies investigating information gathering in patient groups (Clark et al., 2006; Hauser et al., 2017). SCI participants were clinically assessed by trained neurologists (co-authors MH & SM) in the cognitive disorders clinic at John Radcliff Hospital, Oxford. In addition to clinical assessment, the diagnosis of SCI was supported by normal performance on standardised objective cognitive assessment using Addenbrooke's Cognitive Examination (ACE-III) with cutoff $> 87/100$ (Bruno and Vignaga, 2019; Elamin et al., 2016; Hsieh et al., 2013) as well as normal clinical MRI scan. This definition is consistent with the criteria proposed in previous key reports (Jessen et al., 2014, 2020), suggesting that SCI diagnosis relies on two key components i) subjective report of cognitive decline and ii) normal performance on standardised objective cognitive tests.

All participants gave written consent to take part in the study and were offered monetary compensation for their participation. The study was approved by the University of Oxford ethics committee (RAS ID: 248379, Ethics Approval Reference: 18/SC/0448). Tables 1 shows demographics of the study groups. All participants completed the behavioural tasks and questionnaires. Neuroimaging data were obtained from 23 SCI participants and 25 healthy controls who were MRI compatible and gave consent to be scanned for research purposes.

Clinical measures. All participants underwent a cognitive assessment using Addenbrooke's Cognitive Examination III (ACE III) (Hsieh et al., 2013). They also completed self-report questionnaires of depression and anxiety (Beck Depression Inventory-II, BDI-II (Beck et al., 1996) and Hospital Anxiety Depression Scale, HADS (Zigmond and Snaith, 1983)).

Procedure A 17-inch touchscreen PC was used to present the task, which was coded using MATLAB (The MathWorks inc., version 2018b) and Psychtoolbox version 3 (Brainard, 1997; Kleiner et al., 2007). The distance between participants and the screen was (~ 50 cm) allowing them to reach it comfortably using their dominant hand. Task environment was adjusted according to handedness and participants were instructed to use their index finger for all their responses. An experimenter was present at all times in the testing room to answer any questions they might have.

Experimental paradigm. In this study, we used a shorter version of *Circle Quest*, an active information gathering task that has been previously validated and extensively tested in young healthy people (explained in detail in Petit et al. (2021)). In this paradigm, participants were required to maximise their reward by trying to localise a hidden circle as precisely as possible. They could infer the location of the circle using clues that they could obtain by touching the screen at different locations on a designated search field (grey circle in Figure 1). Participants could acquire as many samples as they wanted without limitations to when and how these samples were obtained on each trial. There were two types of clues: purple dots if the location was situated inside the hidden circle, and white dots if the location was outside the circle. The sizes of hidden circle and dots were fixed on all trials (circle radius: 130 Px, 5.80% of the search space, dot radius: 4 Px). Two circles of the same size as the hidden circle were always displayed on either side of the screen in order to limit memory requirements of the task. Within these two circles was displayed the credits that participants could potentially win if they managed to localise the hidden circle with no errors. After the information-gathering phase, participants could localise the hidden circle using a blue disc that had the same size as the hidden circle.

These aspects of the task were explained to participants using an interactive tutorial with the help of the experimenter. Following this, they performed a training task to further expose them to the task environment and its scoring rules. During training, participants were presented with different configuration of dots (4 purple dots and 4 white dots) from which they could infer the location of the hidden circle with different levels of uncertainty (e.g., when purple dots are spaced out this indicated a lower level of uncertainty than when they were clumped close together). In this training task, participants were instructed to only move the blue disc to where they thought the hidden circle was located. Uncertainty in the task was experimentally quantified as *expected error* (EE) which is equal to the error an optimal agent would obtain if they placed the blue disc at the best possible location. A penalty

was introduced representing how far localisation was from the true location of the hidden circle. This penalty was subtracted from credits assigned to each trial that participants could potentially win if their localisation was perfect (i.e., placing the blue disc exactly on top of the hidden circle). The penalty incurred for each error pixel was fixed on all trials and was equal to 1.2 credit/pixel, thus localisation error penalty was equal to the distance between the blue disc and hidden circle centre multiplied by 1.2. Once participants completed training, they were required to complete a task comprehension questionnaire to become eligible to continue with the behavioural task. All participants recruited for this study had no issues with this questionnaire.

Active sampling task. In this version of the task, participants incurred costs for acquiring information: with each additional sample obtained, they lost credits from an initial credit reserve they started each trial with (i.e., from the potential reward they could win if they managed to perfectly find the location of the hidden circle using the blue disc). There were two levels of sampling cost (η_s ; low: -1 credit/sample and high: -5 credits/sample) and two levels of initial credit (R_0 ; low: 95 credits, high: 130 credit/sample) giving rise to four experimental blocks (15 trials each) that were counterbalanced between participants. Each trial lasted 18 seconds, during which participants could sample the search field freely at any location of the search field. After 18 seconds, the blue disc appeared automatically and participants had six seconds to move it on top of where they thought the hidden circle was located. They then received feedback indicating the number of credits they won on the trial. This score was calculated as follows:

$$Score = R_0 - s.\eta_s - e.\eta_e \quad (1)$$

Where R_0 is initial credit reserve, s is number of samples acquired, e is localisation error (the distance in pixels between the centre of the hidden circle and the centre of the blue disc), and η_e is spatial error cost which was fixed and equal to 1.2 per pixel.

With each additional sample, uncertainty (EE) decreased based on the location of the sample and its position in the search trajectory. Efficiency, parameterised as information extraction rate α , captures how efficient participants were in reducing EE from one sample to the next (see Supplementary Infor-

mation). Overall, EE decreased in the task with successive sampling following an exponential decay function and α captures how steep this decline is S3. The expected value, EV , at the s th sample changed dynamically with acquisition of samples as follows:

$$EV(s) = R_0 - s.\eta_s - EE(s).\eta_e \quad (2)$$

Where R_0 is the initial credit reserve, s is the sample number, η_s is the sampling cost, $EE(s)$ is the expected error (uncertainty) at sample (s), η_e is the spatial error penalty.

Since participants paid a fixed cost for each additional sample (η_s) from the initial credit reserve (R_0), this put a limit on the number of samples they could obtain before the information benefit of the sample becomes unjustified by its cost (i.e., imposing a sample number at which the expected value EV is maximum). The optimal number of samples s^* is the number of samples at which EV reaches its maximum before it starts declining (i.e., sample benefit become lower than its cost). Deviation from optimal number of samples is simply the difference between the number of samples participants obtain on trial and s^* . Crucially, this formalisation takes into account differences in sampling efficiency within and between participants, as the utility of the samples acquired is not predefined and depends on where participants choose to touch the screen (i.e., on sampling efficiency). For more details on how these measures are calculated see *Supplementary information* and Petit et al. (2021)

Passive choice task. In this version of the task participants' agency was limited. They were required to make passive decisions (accepting/rejecting offers) based on predetermined levels of uncertainty and reward for these offers. At the beginning of each trial, participants saw a configuration of dots (four purple dots and four white dots) mapping onto different experimentally defined levels of uncertainty (five levels of EE : 16.3-24.4, 27.1-38.9, 57.5-58.9, 73.33-74.18, 91.9-93.3 pixels). They were required to indicate how confident they are about the location of the hidden circle using a rating scale on the side of the scene. Subjective uncertainty score was calculated by z-scoring sign-flipping these confidence ratings. Following this, the reward on offer appeared in the two circles on the side of the screen (four reward levels R : 40, 65, 90, 115 credits). Participants were required to indicate whether they would like to place the blue disc given the reward and uncertainty of the offers. They did this by pressing 'Yes' or 'No' appearing on the screen. There were 20 different offer combinations and each offer was

presented five times, thus participants completed 100 trials overall. Participants were told that after indicating their preferences, 10 of their accepted offers will be randomly selected for them to play, and that these 10 offers would decide their score in the game.

Statistical analyses. Statistical analysis was performed either in MATLAB R2019a or R version 4.0.2. Data from active and passive tasks was analysed mainly using generalised mixed effect models with full randomness using *fitglm* function in MATLAB. These were either logistic or linear models depending on the response variable. Full description and statistical details of these models can be found in *Supplementary information*. Post-hoc follow-up analyses were conducted using appropriate statistical tests of difference (student t-test or Wilcoxon rank-sum test) depending on whether parametric assumptions were met. Principal component analysis was applied to HADS anxiety and BDI-II questionnaire scores using *pca* function in MATLAB. The first component of this PCA analysis was used as a measure of affective burden. Correlations with affective burden score were performed using Spearman's non-parametric testing, controlling for age, gender and objective cognitive score indexed by ACE-III total score. All these correlations were conducted within SCI group and across all individuals included in the study. Mediation analysis testing was performed using *mediation* package (Tingley et al., 2014) in R across all study participants to fulfil sample size needs and characterise behaviour on the spectrum that includes healthy controls and individuals with SCI. Confidence intervals for mediation were estimated using non-parametric bootstrap with bias-corrected and accelerated (BCa) method (5000 simulations) (DiCiccio and Efron, 1996).

Magnetic Resonance data acquisition. Structural and functional magnetic resonance scans were obtained using 3T Siemens Verio scanner at John Radcliffe Hospital, Oxford. Structural images were T1-weighted with 1 mm isotropic voxel resolution (MPRAGE, field of view: $208 \times 256 \times 256$ matrix, TR/TE = 200/1.94 ms, flip angle = 8° , iPAT = 2, prescan-normalise). Resting-state functional MRI (rfMRI) measures spontaneous changes in blood oxygenation (BOLD signal) due to intrinsic brain activity. rfMRI images had voxel size = $2.4 \times 2.4 \times 2.4$ mm (GE-EPI with multi-band acceleration factor = 8, field of view: $88 \times 88 \times 64$ matrix, TR/TE = 735/39 ms. flip angle = 52° , fat saturation, no iPAT). MR images were obtained from 23/27 SCI participants and 25/27 healthy controls who were MRI compatible or consented to have MR scans as part of the study.

1 Magnetic Resonance data processing and analysis. Resting-state connectivity analysis was con-
 2 ducted in MATLAB 2019b using CONN toolbox v20.b (Whitfield-Gabrieli and Nieto-Castanon, 2012)
 3 running SPM12. Default processing pipeline was used. This included functional realignment and un-
 4 warp, slice-timing and motion correction, segmentation, and normalisation to MNI space. To increase
 5 signal-to-noise ratio, spatial smoothing was applied using spatial convolution with Gaussian kernel of 8
 6 mm full width half maximum. Denoising was done using linear regression of potential confounds and
 7 temporal band-pass filtering (0.008 - 0.09 Hz). This linear regression controlled for noise components
 8 from white matter and cerebrospinal fluid areas (16 parameters each). Head motion was controlled for
 9 using 12 noise parameters, which included three translation and three rotation parameters in addition
 10 to their first-order derivatives. Confounding effects arising from identified outliers and from linear
 11 BOLD signal trends were also controlled for.

12 Following this, ROI-to-ROI and Seed-to-Voxel analyses were run. For ROI-to-ROI analysis, 40
 13 atlas-defined ROIs were included. These ROIs included the default nodes in CONN used to run net-
 14 work functional connectivity analysis as they represent key nodes in brain networks including silence,
 15 default mode, sensorimotor, visual, dorsal attention, frontoparietal, language, and cerebellar networks.
 16 In addition, limbic brain regions including the hippocampus, parahippocampus and amygdala were
 17 added as these regions have been consistently implicated in processing uncertainty (Harrison et al.,
 18 2006; Morriss et al., 2019; Rigoli et al., 2019). Overall, this analysis examined 780 connections, con-
 19 trolling for age and gender differences. Significance testing was done using Threshold Free Cluster
 20 Enhancement (TFCE) with corrected connection significance threshold equal to 0.05.

21 Based on the results of the analysis showing increased insular-hippocampal connectivity in SCI
 22 compared to controls (see *Results*), ROI-to-ROI analysis was complemented by seed-to-Voxl analysis
 23 seeding from bilateral insular cortex. This aimed to investigate in more detail (at whole-brain voxel
 24 level) differences in functional connectivity of the insular cortex between individuals with SCI and
 25 matched controls.

26 **Data and code availability**

27 Anonymised data and code for replicating the main results in the manuscript have been deposited on
 28 the Open Science Framework platform: <https://osf.io/7ysqu/>.

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1 **Supplementary information**

2 **Supplementary methods**

3 **Quantifying uncertainty and efficiency**

4 Uncertainty in *Circle Quest* paradigm was quantified as expected error (*EE*) which is the average error
5 an ideal participant would obtain upon placing the localisation disc (blue disc) at the best possible
6 location given the dots on the screen (i.e., given the information displayed).

7 The probability that a location on the screen λ is the centre of the hidden circle given the obser-
8 vation o at location σ was calculated as follows:

9
$$p_s(\lambda|o, \sigma) = \frac{p_s(\lambda) \cdot p_s(o, \sigma|\lambda)}{p_s(o, \sigma)} \tag{1}$$
$$p_{s+1}(\lambda) = p_s(\lambda|o, \sigma)$$

10 This Bayesian expression is updated sequentially with successive sampling as the posterior prob-
11 ability $p_s(\lambda|o, \sigma)$ updates to become the prior probability $p_{s+1}(\lambda)$ with each additional sample.

12 The likelihood function can be expressed mathematically as:

13
$$\left\{ \begin{array}{l} p_s(o^+, \sigma|\lambda) = 1 \text{ if } |\lambda - \sigma| \leq r \\ p_s(o^+, \sigma|\lambda) = 0 \text{ if } |\lambda - \sigma| > r \\ p_s(o^-, \sigma|\lambda) = 1 - p_s(o^+, \sigma|\lambda) \end{array} \right. \tag{2}$$

14 Where r is the radius of the hidden circle which is fixed.

15 Efficiency (information extraction rate, α) for each trail per participant was calculated by fitting

the following equation:

$$\begin{aligned} \hat{EE}_{(n,1)} &= \frac{\sum_{i=1}^{60} EE_{(i,1)}}{60} \\ \hat{EE}_{(n,s)} &= (\hat{EE}_{(n,1)} - \hat{EE}_{\infty}) \cdot (1 - \alpha_n)^{s-1} + \hat{EE}_{\infty} \\ 0 < \alpha < 1 \quad \& \quad \hat{EE}_{\infty} > 0 \end{aligned} \tag{3}$$

Where n is the trial number, s is the sample number and $\hat{EE}_{\infty}$ is the asymptotic EE which reflects the limitations to uncertainty reduction imposed by the task.

Computational modelling of the active task.

To further characterise active sampling behaviour, we fitted a previously validated computational model that accounts for hidden cognitive costs in addition to the economic costs imposed by the task when making decisions to sample Petit et al. (2021). The model calculates the expected utility of a sample (EU_s) given these costs and returns four parameter estimates in addition to an intercept per participant. These parameters represent the weights that participants assign to sample cost (w_s), sample benefit (w_e), speed (w_{speed}), and efficiency (w_{α}) when making decisions to sample.

The model was specified as follows:

$$EU_s(ISI, \alpha, t_{max}) = EU_{s-1} + p(s|ISI, t_{max}) \cdot [w_e \cdot \eta_e \cdot (1 - \alpha) \cdot (EE_{s-1} - \hat{EE}_{\infty}) - w_s \cdot \eta_s^{1+\gamma \cdot s} - \eta_c(ISI, \alpha)]$$

Previous EU + Probability of acquiring the sample given the current time

. [Expected information benefit – Sampling cost – Cognitive effort cost]

where γ is a power term introducing a non-linear transformation of the sampling cost over successive samples and $H_c(ISI, \alpha)$ is a cognitive effort cost function. $\hat{EE}_{\infty}$ is the information sampling asymptotic limit, which was estimated for each individual beforehand to take into consideration inter-individual variations in asymptotic information sampling performance. For a detailed account of the model specifications and fitting please see Petit et al. (2021).

Based on previous work (Petit et al., 2021), a quadratic expression of speed and efficiency was

fitted as follows:

$$\eta_c(ISI, \alpha) = w_0 + w_{speed} \cdot \frac{1}{ISI^2} + w_{\alpha} \cdot \alpha^2 \quad \text{(Quadratic)} \tag{5}$$

Supplementary results

Individuals with SCI assign lower cognitive costs to both speed and efficiency.

The results of the computational model fitted to active search data showed that SCI participants and controls are not significantly different in the weights that they assign sampling cost and benefit ($p > 0.05$ for both, Figure S1), suggesting that extensive sampling in SCI is not driven by task-related economic considerations. Instead, SCI patients, assigned significantly lower costs to sampling speed and efficiency (Group difference – w_{speed} : $z = -2.35$, $p = 0.018$, $w_{\alpha} := 2.12$, $p = 0.03$; Figure S1), indicating that they have lower thresholds to engage in urgent sampling trajectories without losing efficiency.

Figure S1: **SCI patients assign lower costs to speed and efficiency..** There was no significant difference in the weights SCI participants assigned to sampling benefit (w_e) or cost (w_s), suggesting the differences in active sampling between the two groups are unlikely to be due to economic constraints of the task. On the other hand, individuals with SCI had lower weights assigned to efficiency (w_α) and speed (w_{speed}), indicating a lower cognitive cost to engage in faster and efficient sampling.

Figure S2: **Sampling as a function of time.** **a.** Probability to stop sampling at each time point during the sampling phase. When the sampling cost is high, participants are more likely to finish their sampling earlier. This effect was more evident in individuals with SCI as they had faster sampling rates (see Figures 2 & 4). **b.** Number of samples as a function of time. This visualisation shows that SCI participants started to acquire more samples than controls early during the sampling phase. This suggests individuals with SCI opted to decrease uncertainty as soon as possible and that their faster sampling was evident throughout the sampling phase. Shaded lines show 95% CI.

Figure S3: **Expected error as a function of sampling.** Reduction in uncertainty (expected error, EE) with successive sampling follows an exponential decay curve. The samples obtained towards the end of the search have limited benefits compared to the samples obtained earlier. Error bars show $\pm$ SEM

	Samples	EE _{end}	Score	Deviation from Optimal	Expected Value
(Intercept)	$\beta = +2.18$ $SE = 0.0489$ $t_{3232} = +44.58$ $p < 0.0001$	$\beta = +2.83$ $SE = 0.0693$ $t_{3232} = +40.84$ $p < 0.0001$	$\beta = +66$ $SE = 0.886$ $t_{3232} = +74.49$ $p < 0.0001$	$\beta = -0.48$ $SE = 0.432$ $t_{3232} = -1.11$ $p = 0.27$	$\beta = +63.3$ $SE = 0.697$ $t_{3232} = +90.81$ $p < 0.0001$
SCI	$\beta = +0.194$ $SE = 0.0691$ $t_{3232} = +2.81$ $p = 0.005$	$\beta = -0.261$ $SE = 0.0981$ $t_{3232} = -2.66$ $p = 0.0078$	$\beta = -2.33$ $SE = 1.25$ $t_{3232} = -1.86$ $p = 0.06$	$\beta = +2.32$ $SE = 0.611$ $t_{3232} = +3.79$ $p = 0.00015$	$\beta = -0.197$ $SE = 0.985$ $t_{3232} = -0.20$ $p = 0.84$
SCI: R_0	$\beta = +0.0216$ $SE = 0.0196$ $t_{3232} = +1.11$ $p = 0.27$	$\beta = -0.0266$ $SE = 0.0322$ $t_{3232} = -0.83$ $p = 0.41$	$\beta = -0.0693$ $SE = 0.618$ $t_{3232} = -0.11$ $p = 0.91$	$\beta = +0.203$ $SE = 0.206$ $t_{3232} = +0.99$ $p = 0.32$	$\beta = +0.0954$ $SE = 0.47$ $t_{3232} = +0.20$ $p = 0.84$
SCI: η_s	$\beta = -0.0356$ $SE = 0.0237$ $t_{3232} = -1.50$ $p = 0.13$	$\beta = +0.0586$ $SE = 0.0304$ $t_{3232} = +1.93$ $p = 0.05$	$\beta = -1.47$ $SE = 1.07$ $t_{3232} = -1.37$ $p = 0.17$	$\beta = -0.755$ $SE = 0.303$ $t_{3232} = -2.49$ $p = 0.013$	$\beta = -2.86$ $SE = 1.01$ $t_{3232} = -2.82$ $p = 0.0048$
SCI: η_s : R_0	$\beta = +0.0189$ $SE = 0.0138$ $t_{3232} = +1.37$ $p = 0.17$	$\beta = -0.0347$ $SE = 0.0231$ $t_{3232} = -1.50$ $p = 0.13$	$\beta = +0.261$ $SE = 0.678$ $t_{3232} = +0.38$ $p = 0.70$	$\beta = +0.128$ $SE = 0.155$ $t_{3232} = +0.83$ $p = 0.41$	$\beta = -0.0395$ $SE = 0.535$ $t_{3232} = -0.07$ $p = 0.94$
R_0	$\beta = +0.0147$ $SE = 0.014$ $t_{3232} = +1.05$ $p = 0.30$	$\beta = -0.00661$ $SE = 0.0227$ $t_{3232} = -0.29$ $p = 0.77$	$\beta = +18.1$ $SE = 0.437$ $t_{3232} = +41.41$ $p < 0.0001$	$\beta = +0.0735$ $SE = 0.145$ $t_{3232} = +0.50$ $p = 0.61$	$\beta = +17.6$ $SE = 0.332$ $t_{3232} = +52.95$ $p < 0.0001$
η_s	$\beta = -0.111$ $SE = 0.017$ $t_{3232} = -6.52$ $p < 0.0001$	$\beta = +0.12$ $SE = 0.0215$ $t_{3232} = +5.60$ $p < 0.0001$	$\beta = -18.4$ $SE = 0.76$ $t_{3232} = -24.22$ $p < 0.0001$	$\beta = +2.25$ $SE = 0.214$ $t_{3232} = +10.48$ $p < 0.0001$	$\beta = -17.9$ $SE = 0.717$ $t_{3232} = -24.92$ $p < 0.0001$
η_s : R_0	$\beta = -0.0243$ $SE = 0.0101$ $t_{3232} = -2.41$ $p = 0.016$	$\beta = +0.0289$ $SE = 0.0163$ $t_{3232} = +1.77$ $p = 0.08$	$\beta = -0.247$ $SE = 0.479$ $t_{3232} = -0.52$ $p = 0.61$	$\beta = -0.18$ $SE = 0.109$ $t_{3232} = -1.64$ $p = 0.10$	$\beta = -0.271$ $SE = 0.378$ $t_{3232} = -0.72$ $p = 0.47$
$adj - R^2$	0.77	0.44	0.72	0.82	0.89
N_{obs}	3240	3240	3240	3240	3240
AIC	1.16	4887.34	27724.93	13242.21	24174.45

Table S1: **Active Search. Generalised mixed effect models of the effect of the group on performance.** Models were specified as follows: Response variable $\sim 1 + \text{group}*\eta_s + \text{group}*R_0 + \eta_s*R_0 + \text{group}:\eta_s:R_0 + (1 + \eta_s*R_0 \mid \text{participant})$ SCI: subjective cognitive impairment. R_0 : initial credit. η_s : sampling cost. EE_{end} : uncertainty before committing to decisions.

R_0/η_s	Mean	Controls vs. SCI
95/1	$Controls = 9.8346$	$t(52) = -2.9219$
	$SCI = 12.5333$	$SD = 3.3937$ $p = \mathbf{0.0051}$
95/5	$Controls = 8.2074$	$t(52) = -1.7567$
	$SCI = 9.3259$	$SD = 2.3395$ $p = 0.0849$
130/1	$Controls = 10.6000$	$t(52) = -3.2560$
	$SCI = 13.3753$	$SD = 3.1318$ $p = \mathbf{0.0020}$
130/5	$Controls = 8.0321$	$t(52) = -2.9422$
	$SCI = 9.8494$	$SD = 2.2694$ $p = \mathbf{0.0049}$

Table S2: **Active Search. Number of samples obtained per condition.** R_0 : initial credit reserve. η_s : sampling cost.

R_0/η_s	Controls	SCI	Controls vs. SCI
95/1	$\beta = -2.98$	$\beta = +0.0148$	$Mean_{Controls} = -2.9802$
	$SE = 0.47$	$SE = 0.757$	$Mean_{SCI} = -2.9802$
	$t_{1616} = -6.34$	$t_{1616} = +0.02$	$t(52) = -3.2984$
	$p < \mathbf{0.0001}$	$p = 0.98$	$p = \mathbf{0.0018}$
95/5	$\beta = +1.87$	$\beta = +3.1$	$Mean_{Controls} = +1.8741$
	$SE = 0.334$	$SE = 0.48$	$Mean_{SCI} = +3.1037$
	$t_{1616} = +5.61$	$t_{1616} = +6.47$	$t(52) = -2.0644$
	$p < \mathbf{0.0001}$	$p < \mathbf{0.0001}$	$p = \mathbf{0.0440}$
130/1	$\beta = -2.47$	$\beta = +0.672$	$Mean_{Controls} = -2.4741$
	$SE = 0.523$	$SE = 0.627$	$Mean_{SCI} = +0.6716$
	$t_{1616} = -4.73$	$t_{1616} = +1.07$	$t(52) = 3.7820$
	$p < \mathbf{0.0001}$	$p = 0.28$	$p = \mathbf{0.0004}$
130/5	$\beta = +1.66$	$\beta = +3.55$	$Mean_{Controls} = +1.6617$
	$SE = 0.337$	$SE = 0.457$	$Mean_{SCI} = +3.5531$
	$t_{1616} = +4.93$	$t_{1616} = +7.77$	$t(52) = -3.2668$
	$p < \mathbf{0.0001}$	$p < \mathbf{0.0001}$	$p = \mathbf{0.0019}$
$adj - R^2$	0.83	0.77	
N_{obs}	1620	1620	
AIC	6117.11	7013.05	

Table S3: **Active Search. Deviation from optimal (s - s^* for each condition.** R_0 : initial credit reserve. η_s : sampling cost.

	Subjective Uncertainty
(Intercept)	$\beta = +0.0335$ $SE = 0.0961$ $t_{5396} = +0.35$ $p = 0.73$
EE	$\beta = +0.652$ $SE = 0.0435$ $t_{5396} = +14.99$ $p < \mathbf{0.0001}$
SCI	$\beta = -0.067$ $SE = 0.136$ $t_{5396} = -0.49$ $p = 0.62$
SCI:EE	$\beta = -0.00185$ $SE = 0.0615$ $t_{5396} = -0.03$ $p = 0.98$
$adj - R^2$	0.73
N_{obs}	5400
AIC	8824.97

Table S4: **Active Search. Generalised mixed effect models of the effect of the group on accuracy of uncertainty estimation.** Models were specified as follows. Subjective Uncertainty: Subjective Uncertainty $\sim 1 + \text{group} * EE + (1 + EE \mid \text{participant}) + (1 \mid \text{trial})$.

	Passive Choices
(Intercept)	$\beta = -0.416$ $SE = 0.281$ $t_{5392} = -1.48$ $p = 0.14$
SCI	$\beta = +0.029$ $SE = 0.397$ $t_{5392} = +0.07$ $p = 0.94$
SCI:EE	$\beta = +0.167$ $SE = 0.318$ $t_{5392} = +0.53$ $p = 0.60$
SCI:R	$\beta = -0.103$ $SE = 0.272$ $t_{5392} = -0.38$ $p = 0.71$
SCI:R:EE	$\beta = +0.169$ $SE = 0.14$ $t_{5392} = +1.21$ $p = 0.23$
EE	$\beta = -2.77$ $SE = 0.225$ $t_{5392} = -12.31$ $p < 0.0001$
R	$\beta = +1.12$ $SE = 0.193$ $t_{5392} = +5.80$ $p < 0.0001$
R:EE	$\beta = -0.0493$ $SE = 0.103$ $t_{5392} = -0.48$ $p = 0.63$
$adj - R^2$	0.96
N_{obs}	5400
AIC	3959.72

Table S5: **Generalised mixed effect model investigating group difference in passive decision making under uncertainty.** Models were specified as follows. Passive Choices: choice $\sim 1 + \text{group} * R + \text{group} * EE + R * EE + \text{group} : R : EE + (1 + R * EE \mid \text{participant})$. *R*: reward on offer. *EE*: uncertainty of offer represented by dot configurations and computed as expected localisation error. SCI: subjective cognitive impairment group.

	<i>ISI</i>	α
(Intercept)	$\beta = +1.58$ $SE = 0.0495$ $t_{3232} = +31.98$ $p < \mathbf{0.0001}$	$\beta = +0.236$ $SE = 0.00812$ $t_{3232} = +29.03$ $p < \mathbf{0.0001}$
SCI	$\beta = -0.297$ $SE = 0.07$ $t_{3232} = -4.24$ $p < \mathbf{0.0001}$	$\beta = +0.00702$ $SE = 0.0115$ $t_{3232} = +0.61$ $p = 0.54$
SCI: R_0	$\beta = -0.0221$ $SE = 0.0247$ $t_{3232} = -0.90$ $p = 0.37$	$\beta = -0.00195$ $SE = 0.00372$ $t_{3232} = -0.52$ $p = 0.60$
SCI: η_s	$\beta = -0.0161$ $SE = 0.0265$ $t_{3232} = -0.61$ $p = 0.54$	$\beta = +0.00172$ $SE = 0.00389$ $t_{3232} = +0.44$ $p = 0.66$
SCI: η_s : R_0	$\beta = -0.0274$ $SE = 0.0165$ $t_{3232} = -1.66$ $p = 0.10$	$\beta = -0.00117$ $SE = 0.00309$ $t_{3232} = -0.38$ $p = 0.71$
R_0	$\beta = -0.0199$ $SE = 0.0175$ $t_{3232} = -1.14$ $p = 0.26$	$\beta = -0.00108$ $SE = 0.00263$ $t_{3232} = -0.41$ $p = 0.68$
η_s	$\beta = +0.125$ $SE = 0.0187$ $t_{3232} = +6.70$ $p < \mathbf{0.0001}$	$\beta = +0.0036$ $SE = 0.00275$ $t_{3232} = +1.31$ $p = 0.19$
η_s : R_0	$\beta = +0.0153$ $SE = 0.0117$ $t_{3232} = +1.31$ $p = 0.19$	$\beta = +0.00113$ $SE = 0.00219$ $t_{3232} = +0.52$ $p = 0.60$
$adj - R^2$	0.64	0.18
N_{obs}	3240	3240
AIC	1059.49	-6438.06

Table S6: **Active Search. Generalised mixed effect models of the effect of the group on sampling speed (ISI) and efficiency (α).** Models were specified as follows. Inter-sampling Interval: $ISI \sim 1 + \text{group}*\eta_s + \text{group}*R_0 + \eta_s*R_0 + \text{group}:\eta_s:R_0 + (1 + \eta_s*R_0 \mid \text{participant})$; Information extraction rate: $\alpha \sim 1 + \text{group}*\eta_s + \text{group}*R_0 + \eta_s*R_0 + \text{group}:\eta_s:R_0 + (1 + \eta_s*R_0 \mid \text{participant})$.

R_0/η_s	Mean	Controls vs. SCI
95/1	$Controls = 1.4917$ $SCI = 1.2056$	$z = 3.7195$ $ranksum = 958$ $p = \mathbf{0.0002}$
95/5	$Controls = 1.7119$ $SCI = 1.4485$	$z = 3.0275$ $ranksum = 918$ $p = \mathbf{0.0025}$
130/1	$Controls = 1.4214$ $SCI = 1.1458$	$t(52) = 4.4093$ $SD = 0.2296$ $p = \mathbf{0.0001}$
130/5	$Controls = 1.7028$ $SCI = 1.3404$	$z = 3.8060$ $ranksum = 963$ $p = \mathbf{0.0001}$

Table S7: **Active Search – Inter-sampling interval per condition.** R_0 : initial credit reserve. η_s : sampling cost.

	Controls	SCI
(Intercept)	$\beta = +0.152$ $SE = 0.0168$ $t_{1618} = +9.01$ $p < 0.0001$	$\beta = +0.174$ $SE = 0.0173$ $t_{1618} = +10.06$ $p < 0.0001$
<i>ISI</i>	$\beta = +0.0541$ $SE = 0.0109$ $t_{1618} = +4.97$ $p < 0.0001$	$\beta = +0.0524$ $SE = 0.0125$ $t_{1618} = +4.21$ $p < 0.0001$
$adj - R^2$	0.23	0.20
N_{obs}	1620	1620
AIC	-3296.91	-3258.57

Table S8: **Active Search. Speed efficiency trade-off.** Models were specified as follows. $\alpha \sim 1 + ISI$ + (1 + *ISI* |participant) + (1 + *ISI* |condition) + (1 |trial).

	x,y,z	size	size p-FWE	size p-FDR	size p-unc
Cluster 1	-18 -34 -14	366	0.000003	0.000004	0.000000
Cluster 2	+28 -08 -24	181	0.001251	0.001021	0.000035

Table S9: **Seed-based resting functional connectivity with bilateral insular cortex seed.** Table shows significant clusters. FWE: family-wise error. FDR: false discovery rate.

Analysis Unit	Statistic	p-unc	p-FDR	p-FWE
Cluster 1	TFCE = 70.02	0.000025	0.001730	0.002000
Connection pPaHC l - IC r	T(44) = 4.63	0.000032	0.017440	
Connection pPaHC l - IC l	T(44) = 4.45	0.000058	0.017440	
Connection pPaHC r - IC l	T(44) = 3.09	0.003464	0.150095	
Cluster 2	TFCE = 64.82	0.000029	0.001730	0.003000
Connection Hipp r - IC l	T(44) = 4.40	0.000067	0.017440	
Connection Hipp l - IC r	T(44) = 4.07	0.000195	0.038090	
Connection Hipp l - IC l	T(44) = 3.74	0.000534	0.083315	

Table S10: **ROI to ROI resting functional connectivity.** PaHC: parahippocampus. Hipp: hippocampus. IC: insular cortex. unc: uncorrected. FWE: family-wise error. FDR: false discovery rate.