Postnatal developmental trajectory of sex-biased gene expression in the mouse pituitary gland

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Abstract

The pituitary gland controls sexually dimorphic processes such as growth, pubertal onset, and lactation. However, the mechanisms underlying sex biases in pituitary gene regulation are not fully understood. To capture pituitary gene regulation dynamics during postnatal development, we ascertained gene and miRNA expression across five postnatal days that span the pubertal transition in mice. Using 3'UTR-seq and small RNA sequencing, we observed over 900 instances of sex-biased gene expression, including 18 genes that were putative targets of 5 sex-biased miRNAs. In addition, by combining bulk RNA-seq with scRNA-seq pituitary data, we obtained evidence that cell-type proportion sex differences exist prior to puberty and contribute substantially to the observed sex-biased gene expression post-puberty. This work provides a resource for postnatal mouse pituitary gene regulation and highlights the importance of sex-

biases in both cell-type composition and gene regulation when understanding the sexually dimorphic processes regulated by the pituitary gland.

Introduction

The pituitary gland plays a central role in regulating growth, lactation, reproduction, metabolism, stress responses, and puberty. These physiological processes are mediated by hormones released from five main anterior pituitary cell-types: growth hormone (GH) from somatotropes, prolactin (PRL) from lactotropes, follicle-stimulating hormone (FSH) and luteinizing hormone (LH) from gonadotropes, thyroid-stimulating hormone (TSH) from thyrotropes, and adrenocorticotrophic hormone (ACTH) from corticotropes (Ooi et al., 2004). Non-hormone producing pituitary cells, including stem cells, and folliculostellate cells, are also present and support hormone-producing cells by functioning as progenitor cells and facilitating intercellular signaling within the pituitary (Fauquier et al., 2002; Yoshida et al., 2011).

Both pituitary hormone production and many physiological processes regulated by pituitary are sex-biased. For example, GH is secreted in a sexually different pattern in rodents - more pulsatile in males compared to females, and regulates sex-biased gene expression in liver (Waxman and O'Connor, 2006). Moreover, the clinical presentation and prevalence of pituitary-related disorders can also differ between sexes. For example, the prevalence of prolactinoma is significantly higher in women, but men are more likely to present with macroadenomas (Agustsson et al., 2015; Mindermann and Wilson, 1994). While the sex differences in pituitary function and disease are well known, the gene regulatory networks underlying these differences remain elusive.

Several studies in rodents and humans have clearly highlighted sex differences in pituitary gland gene regulation. These studies include: targeted qPCR profiling of genes encoding for the main pituitary hormones in rat anterior pituitaries (Bjelobaba et al., 2015); serial analysis of gene expression (SAGE) in whole adult mouse pituitaries (Nishida et al., 2005a); and RNA-sequencing of adult human pituitaries as part of the Genotype-Tissue Expression (GTEx) project (Gershoni and Pietrokovski, 2017; Lopes-Ramos et al., 2020; Oliva et al., 2020). Most recently single-cell RNA-seq (scRNA-seq) has been performed in male and female adult mouse and rat pituitary glands revealing genes with sex-biased expression within specific cell-types (Fletcher et al., 2019; Ho et al., 2020; Ruf-Zamojski et al., 2021). While most gene expression studies have focussed on the adult pituitary, sex differences in pre-pubertal gene expression have been revealed using qPCR in mouse and rat pituitary glands (Bjelobaba et al., 2015; Hou et al., 2017) and by RNA-seq in juvenile mouse gonadotropes (Qiao et al., 2016). While these studies suggest that some sex differences in pituitary gene regulation are established prior to puberty we still lack a comprehensive view of pituitary gene regulation during postnatal development.

Another essential aspect of gene regulation is post-transcriptional regulation by microRNAs (miRNAs). While miRNA expression has been explored in pituitary glands of several mammalian species these studies were not focused on postnatal development in males and females (Bak et al., 2008; Bottoni et al., 2007; Ye et al., 2018; R.-S. Ye et al., 2015; Yuan et al., 2015; Zhang et al., 2018). While no evidence implicating miRNAs in sex-biased gene regulation in the pituitary has been reported, there are clear examples reported in the neonatal hypothalamus and pubertal liver (Hao and Waxman, 2018; Morgan and Bale, 2017).

The objective of this study was to characterize male and female pituitary gene expression during postnatal development and investigate the role of miRNAs in regulating pituitary sex

differences. To achieve this, we profiled gene (3' untranslated region sequencing, 3'UTR-seq) and miRNA (small RNA sequencing, sRNA-seq) expression in male and female mice at multiple postnatal days spanning pubertal transition to identify genes and miRNAs exhibiting known or novel sex differences. The resulting temporal gene and miRNA expression data from this study can be queried and visualized at https://wilsonlab-sickkids-uoft.shinyapps.io/pituitary_gene_mirna_shiny/. Lastly, by leveraging single-cell RNA-seq (scRNA-seq) datasets, we provide evidence that sex differences in cell-type proportions emerge prior to the onset of puberty and likely contribute to sex-biases in bulk gene expression.

Results

Profiling postnatal mouse pituitary gland development with 3'UTR-seq and small RNA-seq

To assess changes in the mouse pituitary transcriptome across postnatal development, we profiled the pituitary RNA expression at five postnatal days (PD: 12, 22, 27, 32 and 37) that span mouse pubertal transition. We observed physical markers of pubertal onset, preputial separation (PS) and vaginal opening (VO) occurring on average at PD27 and PD29 in male and female mice respectively in our C57BL6/J colony ((Corre et al., 2016); **Figure 1A**). In all analyses performed, pubertal onset refers to ages at which PS and VO were recorded.

To measure mRNA expression in a genome-wide, cost-effective, and relatively high-throughput manner, we first automated the QuantSeq 3' mRNA-Seq protocol which profiles 3'UTR of mRNA transcripts (**Materials and Methods** and **Supplementary figure S1A**). We then profiled between 5 and 6 biological replicates for each sex at each of the five postnatal days (55 libraries total, see **Supplementary table S1** for quality control metrics).

It was shown previously that 3'UTR profiling could miss the expression of a gene if the gene annotation does not capture novel or tissue-specific 3'UTRs. For example, *Prop1* expresses a novel 3'UTR in the pituitary and was missed in single-cell RNA-seq data generated using 10X technology (Cheung et al., 2018). To address this, we refined gene 3'-end annotations by identifying clusters of sequencing reads from our data and re-annotating 3'UTRs (**Materials and Methods** and **Supplementary figure S1A**). Improved pituitary-specific 3'UTR annotations were generated for 676 genes, allowing for assignment of significantly more reads to them, including important pituitary genes such as *Pou1f1*, *Ghrhr*, *Fshb*, and *Prop1* (**Figure 1B**, **Supplementary figure S1B**).

To profile miRNA expression, we performed sRNA-seq in the same male and female samples used for 3'UTR-seq (PD: 12, 22, 27, and 32; n=5-6; 48 libraries total). Using the miRDeep2 workflow, we identified 273 known mouse miRNAs (miRBase v21) and 19 novel miRNAs (**Supplementary table S2** and **Materials and Methods**). The mature sequences of the novel miRNAs were used to identify homologous miRNAs in other species reported in miRBase v21 and precursor genome coordinates of the novel miRNAs were used to gain insight into their mechanism of biogenesis (Kim, 2005; O'Brien et al., 2018; Ruby et al., 2007).

For both 3'UTR-seq and sRNA-seq experiments, our biological replicates were well correlated (Pearson's correlation coefficient: 3'UTR-seq 0.95-0.97; sRNA-seq 0.86-0.90) (**Supplementary figure S2A, S2B**). Furthermore, gene expression level quantified by 3'UTR-seq correlates well with microfluidic qPCR data previously generated from the same 55 RNA samples (178 puberty-related genes plus 5 control genes) (Hou et al., 2017) (median Spearman correlation coefficient: 0.74) (**Figure 1C**, **Supplementary figure S1C**). Using principal component analyses (PCA), we observed a separation of PD12 samples from PD22 and older for

both gene and miRNA expression profiles along PC1 (**Figure 1D, 1E**). We also observed separation between male and female 3'UTR-seq samples along PC2 at all ages, which became more pronounced across postnatal age. In contrast, no obvious sex differences were observed in our miRNA expression data.

Sex-biases in the transcriptome occur prior to puberty

We quantified sex differences in the pituitary transcriptome by comparing the expression of genes and miRNAs between male and female samples at each age. Across all the profiled ages, we observed an increase in the numbers of sex-biased genes and miRNAs, with the most dramatic increase occurring at PD27, when all the males and half of the females had gone through puberty (**Figure 1A, Figure 2A-B**; see **Table 1-2** for list of significant sex-biased genes and miRNAs; see **Supplementary table S3-4** for full list of differential analysis results).

Although we observed most sex-biased gene expression at peri- and post-pubertal ages, sex differences in the pituitary begin to manifest earlier in postnatal development at PD12 (**Table 1**). At PD12, 12 genes, including seven sex chromosome linked genes: *Ddx3y*, *Uty*, *Kdm5d*, *Gm29650*, *Eif2s3y* (Y-linked), *Xist* and *Kdm6a* (X-linked); and five autosomal genes, *Chrna4*, *Kcna4*, *Lhb*, *Th*, and *Drd4*, are identified as significantly sex-biased (FDR < 0.05, absolute fold change > 1.5) (**Figure 2C, Supplementary figure S3A**). The seven sex chromosome-linked genes were consistently male- or female-biased across all the ages we profiled. Other than *Ddx3y*, *Eif2s3y*, *Uty*, *Xist*, and *Lhb* (Bjelobaba et al., 2015; Eckstrum et al., 2016), the other sex-biased genes we detected at PD12 have not been reported previously in pituitary.

We identified 25 male-biased (10 autosomal and 15 on Y chromosome) and 16 female-biased genes (8 autosomal and 8 on X chromosome) at PD22 (**Table 1**), an age preceding

puberty, including puberty-related genes *Dgkk*, *Fshb*, *Osbp2*, and *Pcsk1*, which we previously identified as being sex-biased using microfluidic qPCR (Hou et al., 2017) (**Figure 2C**, **Supplementary figure S3A**). The 18 sex-biased autosomal genes at PD22 maintain the same sex-biased trend at all older ages we profiled, as shown by example genes *Asb4* and *Serpine2* (**Figure 2A**, **2C**, **Supplementary Figure S3A**), demonstrating that there is establishment of sex-biased expression in the pituitary prior to puberty. Interestingly, 13 genes (*Fshb*, *Pcsk1*, *Serpine2*, *Lhb*, *Chrna4*, *Nupr1*, *Dgkk*, *Steap3*, *Timp1*, *Knca4*, *Gpr101*, *2010007H06Rik*, and *Th*) exhibited significant sex-biased changes between PD12 and PD22, which are ages preceding physical markers of puberty (tested for age and sex interaction effect, FDR < 0.05), and all showed decreased expression in females and increased expression in males (**Supplementary figure S3A**). Several of these genes are associated with gonadotrope function: *Fshb* and *Lhb* are genes encoding for gonadotrope-secreted hormones, *Chrna4* is a marker for gonadotropes in rats (Fletcher et al., 2019), and *Nupr1* is known to be involved in embryonic gonadotrope development (Million Passe et al., 2008). While *Nupr1* mRNA was previously undetected in adults (Quirk et al., 2003), our results suggest its potential role in the early postnatal pituitary. *Gpr101* and *Serpine2* are known to be sex-biased in gonadotropes isolated from juvenile mice but not adult mice (Qiao et al., 2016). The functions of the remaining genes have not yet been described in gonadotropes or in the pituitary gland.

Next, we identified miRNAs which exhibited sex-biased expression prior to puberty: we found 1 and 2 sex-biased miRNAs at PD12 and PD22 respectively. The sex-biased miRNA at PD12 displayed female-biased expression and was previously identified in mice based on miRBase v21, and so we have tentatively named it here as novel46 (**Figure 2E**, **Table 2**, **Supplementary figure S3B**). Mature miRNA sequence alignment of novel46 to known mature

miRNA sequences in other species found in miRBase v21 also revealed no known homologs. Based on its miRNA precursor coordinates, novel46 is a mirtron (a miRNA which is spliced from a host gene intron) expressed from the last intron of calcium voltage-gated channel subunit alpha1 G (*Cacnalg*), located on chromosome 11 (**Supplementary table S2, Supplementary figure S3C**). *Cacnalg* transcribes a component of T-type Ca²⁺ channel Ca_v3.1, which has been shown in anterior pituitary primary cells to promote LH secretion by estradiol signaling through estrogen receptor 1 (ESR1) upon GnRH-induction (Kim et al., 2011). We found that *Cacnalg* exhibits female-biased expression at PD32 and PD37 (**Supplementary figure S3D**). Discordant expression profile of novel46 and *Cacnalg* suggests that novel46 could be transcribed from an independent promoter or regulated by crosstalk between the spliceosome and the microprocessor complex (possible mechanisms are reviewed in (Liu et al., 2018)).

At PD22, we found that miR-499-5p displayed male-biased expression, whereas miR-342-5p displayed female-biased expression (**Figure 2E, Table 2, Supplementary figure S3B**). Based on their miRNA precursor coordinates, miR-499-5p and miR-342-5p were also found to be mirtrons: they are expressed from *Myh7b* and *Evl* respectively. Neither *Myh7b* nor *Evl* were detected as significantly sex-biased at any profiled age. The functions of both the miRNAs and their host genes have not yet been described in the pituitary gland.

Peri- and post-pubertal sex differences in gene expression reflect sex differences in pituitary endocrine functions

At peri- and post-pubertal stages we detected similar numbers of male- and female-biased genes. The number of sex-biased genes roughly doubled across the pubertal transition (140, 253, and 351 male-biased genes and 156, 232, and 294 female-biased genes at PD27, PD32, and

PD37, respectively; **Figure 2A, Table 1, Supplementary table S3**). Many of these genes (43 male and 73 female-biased) showed sex biased gene expression throughout the pubertal transition (**Figure 2D, Supplementary figure S3A**). While we recovered genes with previously known sex-biased expression in pituitary, such as *Dlk1* and *Prl* (Bjelobaba et al., 2015; Cheung et al., 2013; Hou et al., 2017), many other sex-biased genes that are highly expressed, including *Nnat*, which is among the most abundant transcripts in the pituitary (Nishida et al., 2005b), were found and warrant further investigation. Male-biased genes are enriched for pathways related to hormone synthesis and secretion (**Figure 2F, 2G, Supplementary table S5**), including “*peptide hormone biosynthesis*” (PD27, $p = 7.22e-06$), “*regulation of secretion*” (PD37, $p = 7.87e-03$), and “*secretory vesicle*” (PD37, $p = 4.9e-04$); and pathways related to reproduction, including “*male sex differentiation*” (PD37, $p = 4.76e-02$) and “*reproductive process*” (PD27, $p = 4.14e-02$). In addition, male-biased genes are enriched for pathways associated with signaling receptors, ion channels, extracellular region, and plasma membrane, like “*G-protein coupled receptor signaling pathway*”, which is enriched at all three ages (PD27: $p = 4.7e-02$; PD32: $p = 1.22e-03$; PD37: $p = 8.67e-03$). These pathways highlight sex-biases in components important for cell signaling, particularly in pituitary endocrine cells which are known to be activated in a neuron-like manner, such as through ion channels and G-protein coupled receptors (Stojilkovic et al., 2017, 2010). Finally, pathways related to endopeptidase inhibitor activity are also enriched, including several serpine family genes (*Serpine2*, *Serpina3c*, and *Serpinb1a*). It is possible that these endopeptidase inhibitors are involved in sex-biased processing of peptide hormones or neuropeptides.

Female-biased genes, including *Stat5a*, *Cckbr*, *Slit2*, *Robo2*, *Nrip1*, *Nhlh2*, *Prl*, and *Pgr*, are enriched for “*ovulation cycle*” (PD37: $p = 1.03e-02$), linking female-biased pituitary genes to

female-specific physiological processes. Notably, other female-biased pathways are predominantly neuron-related (**Figure 2G, Supplementary table S5**), which could be attributed to genes expressed in the posterior pituitary, which contains axons extended from the hypothalamus, or genes expressed in neuroendocrine cells (Robinson and Verbalis, 2011). Particularly, female-biased genes at all three ages, including *Crhbp*, *Prl*, *Calb1*, *Pgr*, *Pak7*, *Reln*, *Dmrta1*, *Prkce*, *Ar*, *Nhlh2*, *Grm5*, and *Cacnal1c*, are enriched for “behavior” (PD27: $p = 5.32e-03$; PD32: $p = 4.25e-02$; PD37: $p = 5.32e-03$). Several of these genes, *Crhbp*, *Calb1* (J.-T. Li et al., 2017), *Prkce* (Hodge et al., 2002), *Cacnal1c* (Moon et al., 2018), and *Grm5* (Shin et al., 2015) are related to the regulation of stress, which is sex-biased in its activity (Oyola and Handa, 2017). *Crhbp* encodes corticotropin-releasing hormone binding protein (CRH-BP), whose mRNA and protein levels are both higher in female mouse pituitary (Speert et al., 2002). CRH-BP inhibits ACTH secretion by binding to CRH and its expression is induced by stress resulting in a stronger attenuation of stress response in females (Stinnett et al., 2015). However, other than *Crhbp*, the sex-biased expression and the functions of these genes have not been studied in the pituitary.

For miRNAs, we detected 3 and 4 male-biased miRNAs and 3 and 8 female-biased miRNAs at PD27 and PD32 respectively (**Figure 2B, Table 2, Supplementary figure S3B, Supplementary table S4**). miR-224-5p, a mirtron of *Gabre*, and miR-383-5p, a mirtron of *Sgcz*, respectively displayed male- and female-biased expression levels that are consistently detected from PD27 to PD32 (**Figure 2E, Table 2**). miR-224-5p has been reported to promote ovarian granulosa cell (GC) proliferation with TGF β 1 stimulation (Yao et al., 2010). Meanwhile miR-383-5p was also shown to respond to TGF β 1 stimulation but inhibit GC proliferation (Wei and Gao, 2019; Yin et al., 2012). Given that TGF β 1 signaling is also a known inhibitor of lactotrope

proliferation (Sarkar et al., 2005), it would be interesting to know if miR-224-5p and miR-383-5p have a role in TGF β 1-mediated lactotrope proliferation.

Linking sex-biased genes to pituitary disease, pituitary development, and pubertal onset

To further assess the role of our identified sex-biased genes in pituitary pathophysiology, we compiled a gene list consisting of (1) a list of “pituitary disease” genes implicated in combined pituitary hormone deficiency (CPHD) (Fang et al., 2016), pituitary adenoma (Hauser et al., 2019; Z. Ye et al., 2015), and neonatal hypopituitarism (Kurtoğlu et al., 2019); (2) a list of “puberty disease” genes implicated in the absence of puberty (idiopathic hypogonadotropic hypogonadism (IHH) and Kallmann syndrome) (Topaloğlu, 2017); (3) and a list of candidate “genes associated with pubertal timing by GWAS” for age at menarche in females (Day et al., 2017; Perry et al., 2014) and voice breaking in males (Day et al., 2015; Hollis et al., 2020). We found that sex-biased genes were enriched for genes in this combined list (hypergeometric test, $p = 2.67e-5$, fold enrichment = 1.8). These disease and complex trait-associated genes are highlighted in Table 1. Notably, “pituitary disease” genes *Gh*, *Igsf1*, and *Pcsk1* are sex-biased at multiple ages. *Pcsk1* encodes prohormone convertase 1/3 (PC1/3) and is crucial for processing several neuropeptides and peptide hormones including pro-opiomelanocortin (POMC) (reviewed by (Stijnen et al., 2016). *Igsf1* encodes for immunoglobulin superfamily member 1 and has been implicated in combined pituitary hormone deficiency: patients with mutations in *Igsf1* can present with central hypothyroidism, GH/PRL deficiencies, and abnormal enlargement of the testes (macroorchidism) (Fang et al., 2016; Hughes et al., 2016; Joustra et al., 2013).

Connecting sex-biased miRNAs to target genes with sex-biased expression

To evaluate post-transcriptional regulation of sex-biased changes in the pituitary gland by miRNAs, we identified computationally predicted or experimentally validated miRNA-target gene pairs that both exhibit sex-biased expression. Since miRNAs are usually predicted to repress target gene expression, we additionally required miRNA and target gene pairs to be significantly negatively correlated in expression across matched samples (Spearman's $\rho < 0$, FDR < 0.1) (see **Materials and Methods** for details) (**Figure 3A, Supplementary table S6**).

At pre-pubertal ages, PD12 and PD22, we did not identify any negatively correlated miRNA-gene pairs where the miRNA and its target gene were sex-biased. This is likely due to the relatively lower number of sex-biased genes and miRNAs identified at these pre-pubertal ages compared to post-pubertal ages.

At peri- and post-pubertal ages, we found that the male-biased miRNAs miR-181a-5p (at PD27) and miR-224-5p (at PD27 and PD32) showed significant negative correlation with female-biased target genes, *Ammecr1* (target of miR-181a-5p and miR-224-5p), *Ankl* (target of miR-181a-5p), and *Prkce* (target of miR-181a-5p) (**Figure 3A, Supplementary table S6**). All three of these target genes have been shown to be estradiol-responsive (Dina et al., 2001; Kim et al., 2011) and are female-biased from PD27 onwards, suggesting a role for miR-181a-5p and miR-224-5p in regulating the pituitary response to increased circulating estradiol levels at puberty. Both *Ammecr1* and *Ankl* were previously identified as a target of miR-181a-5p in P13 mouse brain by Ago HITS-CLIP (Chi et al., 2009) and *Ammecr1* was previously identified as a target of miR-181a-5p in HeLA cells by microarray (Grimson et al., 2007). In comparison, female-biased miR-205-5p (at PD32) was negatively correlated with *Inhba* (**Figure 3A, Supplementary table S6**). *Inhba* is a male-biased puberty-associated gene (Day et al., 2017;

Perry et al., 2014) encoding for a subunit of inhibin, which is an inhibitor of FSH production in gonadotropes (Ling et al., 1986). Therefore, negative correlation of miR-205-5p to *Inhba* suggests that miR-205-5p may be relevant to sex biases to inhibin-regulated secretion of FSH from the pituitary gland.

Predicting transcriptional regulators associated with sex-biased pituitary gene expression

Sex-biased expression of transcription factors (TFs) represents a powerful mechanism by which to drive sex-biased regulatory networks. Of the sex-biased genes we detected, five male-biased and 16 female-biased genes are annotated as TFs in mouse by AnimalTFDB3 (Hu et al., 2019) (**Figure 3B**). Known molecular functions in the pituitary and pituitary-related knockout phenotypes of these 21 sex-biased TFs are summarized in **Table 3**. Importantly, male-biased gene *Cebpd* has been shown to inhibit PRL expression and lactotrope proliferation (Tong et al., 2011). In addition, *Gata2* and *Neurod4* are required for pituitary development (Charles et al., 2006; Zhu et al., 2006) and knockout of *Ar* or *Nhlh2* results in pituitary phenotypes including decreased preovulatory surge levels of LH and FSH (Wu et al., 2014) and hypoplastic pituitary (Cogliati et al., 2007).

To gain insights into how TFs might regulate sex-biased pituitary gene expression across pubertal transition, we focused on the genes we classified as having biased gene expression at two or more postnatal days in males (n=183) or females (n=174). We used epigenetic Landscape In Silico deletion Analysis (Lisa) tool (Qin et al., 2020), which builds transcriptional regulatory models based on both publicly available DNase and ChIP-seq datasets and imputed transcriptional regulator (TR) binding sites to predict TRs that regulate a group of query genes. We identified 6 and 22 TFs ($\Delta\text{-log}_{10}(P\text{-value}) > \text{mean} \pm 2\text{SD}$) including gonadal nuclear

hormone receptors, ESR1 and AR, that were predicted to regulate female-biased and male-biased genes respectively. In addition, CBX7, a component of Polycomb repressive complex 1 (PRC1), as well as SUZ12 and EZH2, components of Polycomb repressive complex 2 (PRC2), were predicted by Lisa to regulate female-biased genes. In contrast, a heterodimeric TF, CLOCK:BMAL1 (ARNTL), was predicted by Lisa to regulate male-biased gene expression (**Figure 3C**).

Gene co-expression analysis reveals dynamic modules corresponding to pituitary cell types

To further characterize dynamic changes in the pituitary transcriptome we utilized our temporal and sex-dependent gene expression profiling of the postnatal pituitary to build gene co-expression networks. Co-expressing genes tend to share related functions or regulatory pathways, and hence these networks are an effective approach to systemically explore mechanisms underlying sex-biased postnatal pituitary development. We used CEMiTool (Russo et al., 2018) to identify transcriptome-wide gene expression correlation networks in the postnatal pituitary transcriptome. Briefly, CEMiTool selects genes with high variation in expression and then groups filtered genes based on their similarity in expression across multiple conditions into co-expressing gene modules (see **Materials and Methods** for details). In total, nine co-expression gene modules were identified based on the expression of 1205 genes (**Figure 4**, **Supplementary figure S4, S5, Supplementary table S7**).

The temporal expression profiles of the 9 co-expression gene modules can be defined by three general patterns: 1) decreasing expression, particularly between PD12 and PD22 (Modules 1 (M1, M4, M7, and M8); 2) increasing expression (M2 and M3); and 3) sex-biased expression (M5, M6, and M9) (**Figure 4, Supplementary figure S5A, S5B**). To further understand the

nature of the co-expression modules, we used three methods: 1) pathway enrichment analysis using module genes, 2) identification of hub genes, and 3) examination of module gene expression in pituitary scRNA-seq data. We found that these modules largely capture cell-type-enriched gene expression signatures. For example, M7, which shows decreased expression, is enriched for cell cycle-related pathways (**Supplementary figure S5C**). In addition, the top hub genes (genes with highest within module connectivities defined by CEMiTool) of M7 (*Top2a*, *Mki67*, *Cdca3*, *Cenpf*, and *Prc1*), are all essential for cell mitosis and are markers of proliferating cells. Finally, taking advantage of a published single-cell transcriptome of adult male mouse pituitary gland (Cheung et al., 2018) (**Figure 5A, Supplementary figure S6**), we found that M7 genes are enriched within the proliferating (*Pou1f1*+) cell population. Collectively, we conclude that module M7 represents genes that are enriched in proliferating cells.

Similar trends are observed for other modules. The top hub genes of M2 and M5 include *Gh* and *Dlk1* (**Figure 4**), markers of somatotropes (Cheung et al., 2013), and M2 and M5 genes showed enrichment for somatotrope clusters (**Figure 5B**). Similarly, the top hub gene of M3 is *Prl*, a marker of lactotropes, and M3 genes showed enrichment for the lactotrope clusters. Top hub genes of M9 include *Fshb* and *Rab3b*, both of which are required for GnRH-induced gonadotropin release (Tasaka et al., 1998), and we found M9 genes to have enrichment for the gonadotrope cluster. Finally, the top 10 hub genes in M8 consist of pituicyte markers, including *Coll3a1*, *Scn7*, and *Col25a1* (Chen et al., 2020) show enrichment within the pituicytes (posterior) cell cluster. The top hub genes in M8 likely reflect the important role of pituicytes in promoting proper vascular development in the postnatal posterior pituitary by extracellular matrix-related pathways (Anbalagan et al., 2018) (**Figure 4**). Overall, we observe a clear

association between cell types and specific gene co-expression modules identified in the pituitary gland.

Sex differences in cell proportions emerge prior to puberty

Although sex differences in cellular composition of the adult pituitary gland have been well-established (Ho et al., 2020; Sasaki and Iwama, 1988), much less is known about when sex differences in pituitary gland cell composition arise during postnatal development. To assess cell proportion changes in each sex during postnatal development, we estimated cell proportions in our postnatal time-series bulk profiling using CIBERSORT (Newman et al., 2015), a single-cell deconvolution method, with the reprocessed single-cell adult male pituitary transcriptome (Cheung et al., 2018) (**Figure 5C, Supplementary figure S7**).

We found cell proportions of stem cells (*Sox2*⁺) decreasing from PD22 onwards in parallel with cell proportions of major hormone-producing cell populations increasing, such as somatotropes, lactotropes, and gonadotropes (**Figure 5C**). This observation likely reflects the active establishment of pituitary hormone-producing cell populations from *Sox2*⁺ cells in the developing postnatal pituitary (Andoniadou et al., 2013; Rizzoti et al., 2013). We report that proliferating cells begin to decrease in cell proportions around PD12 and PD22, a phenomenon previously shown in the rat anterior pituitary and mouse pituitary (Oishi et al., 1993; Zhu et al., 2015). Between PD12 and PD22, ages prior to puberty, we found that sex differences in gonadotrope cell proportions begin to emerge (**Figure 5C**). At PD27, when puberty has occurred in a subset of our mice (**Figure 1A**), we observed the emergence of male bias in somatotrope cell proportions and female bias in lactotrope cell proportions (**Figure 5C**). The emergence of sex differences in relative cell proportions at ages leading up to and including puberty suggest that

pubertal transition may be a key time window for the establishment of sex-biased proportions of hormone-producing cells observed in adult mice (Ho et al., 2020; Ruf-Zamojski et al., 2021; Sasaki and Iwama, 1988).

Inferring cell-type-specific sex-biased genes

We next wanted to examine if any sex-biased genes identified remained sex-biased after adjusting for cell-type proportion differences. To do this, we used a bioinformatic pipeline, Single-cell mapper (scMappR) (Sokolowski et al., 2021) to calculate a cell-weighted fold-change for each sex-biased gene identified in our bulk RNA-seq data. Cell-weighted fold-changes (cwFC) were calculated for each gene by readjusting the bulk gene expression fold change with the cell-type specificity of the gene and the ratio of deconvolution-estimated cell type proportions (determined by scRNA-seq). We considered genes with with an absolute cwFC > 0.5 to be cell-type-specific sex-biased genes and identified 67 cell-type-specific, sex-biased genes, all of which were found to be sex-biased at PD37 (**Figure 5D, Supplementary table S8**). Of these cell-type-specific sex-biased genes, 6 genes (*Fshb*, *Gata2*, *Appl2*, *Ddx3y*, *Rab3b*, *Ecell1*) were found to be concordantly sex-biased in the corresponding cell-type in the rat anterior pituitary (genes highlighted in **Figure 5D, Supplementary table S9 (Fletcher et al., 2019)**).

Several of these genes have plausible links to regulating sex-biases in the pituitary gland. For example, the male-biased expression of *Rab3b* is consistent with its inhibitory role of PRL secretion in males (Perez et al., 1994) and the male-biased expression of *Gata2* in gonadotropes is consistent with growth deficiency observed with pituitary-specific *Gata2* KO mice (Charles et al., 2006) and the male-specific reduction in serum FSH in gonadotrope-specific *Gata2* KO mice (Schang, 2020). Our predicted male-biased expression of *Rxrg* in somatotropes may be

relevant to the RAR-RXR receptor complexes role mediating growth hormone release in anterior pituitary cells (Maliza et al., 2016). Several genes we identified by scMappR as being cell-type-specific and sex-biased were previously associated with: pubertal onset phenotypes discovered by age-at-menarche GWAS (*Fshb*, *Dgkk*, *Rxrg*, *Cadps2*, *Dlk1*, *Igsf1*, *Sytl4*, *Dlgap1*) (Day et al., 2017; Perry et al., 2014); and voice-breaking GWAS in males (*Dlgap1* and *Igsf1*) (Day et al., 2015). In addition genes with cell-type-specific and sex-biased expression involved or likely involved in disorders of puberty/reproductive system include *Fshb* (Matthews et al., 1993), *Dlk1* (Dauber et al., 2017), *Igsf1* (Joustra et al., 2015), and *Dgkk* (van der Zanden et al., 2011) (genes highlighted in **Figure 5D, Supplementary table S9**). Thus, by combining our temporal postnatal bulk pituitary 3'UTR-seq with single-cell RNA-seq datasets we can infer pituitary cell type specificity of sex-biased genes.

Discussion

The pituitary gland displays sex differences in its regulated physiological functions, including stress response, somatic growth, reproduction, and pubertal timing. By comparing pituitary gland mRNA and miRNA expression profiles between male and female mice during postnatal development, we identified sex-biased mRNA and miRNAs that are likely to be part of active gene regulatory networks active across pubertal maturation and that may underlie some sex differences in pituitary function.

Notably, we observed sex-biased expression of genes and miRNAs prior to onset of physical markers of puberty (VO/PS) at PD12 and PD22, suggesting these sex differences may be independent of effects from changes in gonadal hormone levels at puberty. These sex differences may be attributed to irreversible organizational effects (McCarthy and Arnold, 2011)

that are established by gonadal hormone exposures during fetal development and perhaps in the first week after birth in mice (R. Li et al., 2017). Unlike activational effects, sex differences established by organizational effects persist even when gonadal hormones are no longer present in the system, such as at pre-pubertal ages. We found that many sex-biased genes identified between PD12-PD22 are expressed in the gonadotropes, including *Fshb* and *Lhb*. We also predicted by single-cell deconvolution that gonadotrope cell proportions are male-biased prior to puberty. As gonadotropes produce LH and FSH to regulate gonadal maturation during puberty, these pre-pubertal sex differences in gonadotrope cell proportions and sex-biased expression suggest that these sex differences are necessary to prime the pituitary gland for its regulation of gonadal maturation during puberty. It is interesting to speculate about whether any of the differences we have observed could also underlie differences in the timing of puberty between males and females.

We also showed that most of the sex-biased gene expression occurs upon the onset of puberty and remains male- or female-biased. Using Lisa (Qin et al., 2020), we predicted that estrogen and androgen receptors (ESR1 and AR) are likely involved in regulating female- and male-biased gene expression, suggesting an ongoing pituitary response to pubertal gonadal hormone levels. We also predicted components of Polycomb repressive complex (PRC) 1 and 2 in regulating female-biased genes. Interestingly, female-biased genes identified in multiple human tissues by GTEx, including the pituitary gland, were previously reported to be enriched for Polycomb epigenetic silencing (Oliva et al., 2020). In addition, the sex-biased deposition of H3K27me3 marks by EZH1/EZH2 complex has been shown to repress female-biased expression in the male adult mouse liver (Lau-Corona et al., 2020). Furthermore, PRC is also involved in the

regulation of pubertal onset in female rats by inhibiting *Kiss1* expression in the arcuate nucleus to prevent the premature initiation of puberty (Lomniczi et al., 2013).

However, these transcriptional regulators were predicted using datasets generated in other cellular environments, and hence future experiments in both sexes of the mouse pituitary, such as ATAC-seq and ChIP-seq, would be of interest to further identify sex differences in chromatin accessibility and TF binding. Recently, Ruf-Zamojski et al. performed scRNA-seq and scATAC-seq in male and female adult mice (10-12 weeks) (Ruf-Zamojski et al., 2021). While the authors discussed limited examples of sex-biased regulons, their dataset serves as a valuable resource to study the cis-regulation of sex-biased gene expression in a cell-type-specific manner and a model for future single-cell studies aiming at further dissecting sex-biased gene regulatory networks.

Although the number of sex-biased miRNAs are small (n=17), it is important to consider that a single miRNA has the potential to target and regulate multiple genes and their protein products (Lim et al., 2005; Selbach et al., 2008). miRNAs likely have important roles in responding to sex-biased hormonal release across multiple hypothalamic-pituitary axes. Specifically, multiple miRNAs have been shown to be estrogen-responsive in the neonatal mouse hypothalamus by the administration of an aromatase inhibitor (Morgan and Bale, 2017). miR-1948 and miR-802, identified as sex-biased in adult mouse liver, are known to be regulated by sex-biased pattern of growth hormone release from the pituitary gland (Hao and Waxman, 2018). Here we also identified two male-biased miRNAs, miR-181-5p and miR-224-5p, that may regulate the pituitary response to increasing gonadal hormone levels at puberty, as their target genes (*Ammecr*, *Ankl*, *Prkce*) have previously been shown to be estradiol-responsive (Dina et al., 2001; Kim et al., 2011). However, the miRNA-gene targets that we identified in this study are based on experimental validations performed in other tissues and/or computational

predictions; therefore, further validation by luciferase reporter assays and Ago2 HITS-CLIP in the pituitary would be valuable.

Sex differences in cell-type composition of the pituitary gland have been known for more than two decades (Sasaki and Iwama, 1988). In addition, in response to physiological demands, the pituitary cell composition exhibits dynamic changes, such as lactation and pregnancy, where there is an increase in lactotropes (Ho et al., 2020; Scheithauer et al., 1990). There are several proposed mechanisms by which cell composition changes arise in the pituitary gland: differentiation from the adult pituitary stem cell niche (Andoniadou et al., 2013), transdifferentiation from differentiated cell-types (Ho et al., 2020; Scheithauer et al., 1990), and self-proliferation from existing cell-types (Oishi et al., 1993; Taniguchi et al., 2002). Leveraging our bulk RNA-seq data with multiple biological replicates across multiple postnatal ages combined with available single-cell data (Cheung et al., 2018), we predicted a decrease in progenitor cell proportions in parallel with an increase in the proportions of somatotropes, lactotropes, and gonadotropes, suggesting differentiation from the adult stem cell niche may be occurring around PD22. In addition, we may also be observing transdifferentiation from melanotropes and corticotropes, which are decreasing in cell proportions, toward somatotropes, lactotropes, and gonadotropes which are increasing in proportions and are increasingly sex-biased at the later ages we studied. However, the extrinsic and intrinsic signals driving these sex-biased changes in pituitary cell-type proportions are not well understood.

Using scMappR, we were able to control for cell-type proportion sex differences and infer genes that still maintained sex-biased gene expression, including sex-biased genes which were previously identified in the adult rat anterior pituitary (*Fshb*, *Ecel1*, *Rab3b*, and *Gata2*).

However, our scMappR analysis did not capture gene expression changes that are purely driven by cell-type proportion differences and is limited to genes which display cell-type specificity. Another limitation of single-cell deconvolution analysis is that it can only provide an estimation of cell proportions in bulk data and are dependent on how well matched both datasets are in terms of biological variables such as age and sex. While currently cost-prohibitive, our results suggest that a similar experimental design in the future with single-cell technologies (multiple replicates of male and female mice at multiple postnatal timepoints) will provide more specific insight into the mechanisms underlying sex-biased gene expression and the molecular mechanisms that give rise to cell-type proportion differences during postnatal development in the pituitary. Support for this approach is seen in the aforementioned recent work which used scRNA-seq and scATAC-seq to characterize the sex-biased specific regulatory landscape of the mouse pituitary (Ruf-Zamojski et al., 2021). In this study, the authors highlighted a group of genes with female-biased expression using latent variable analysis. We found that 10 of the top 30 genes highlighted (*Ankra2*, *Crhbp*, *Ddx21*, *Ern1*, *Gadd45g*, *Greb1*, *Npr2*, *Nrg4*, *Rps6ka2*, *Stat5a*) show female-biased expression in one or more postnatal ages in our dataset too.

In comparison, our knowledge of miRNA cell-type specificity is limited based on their detection in pituitary single-cell studies. However, inferences may be made based on the expression of host genes for mirtrons. For example, *Sgcz*, the host gene of female-biased miR-383-5p, displays specific expression in a putative lactosomatotrope population (Ruf-Zamojski et al., 2021), suggesting miR-383-5p may also be expressed from a similar population of cells. Future experiments that directly identify cell-types in which sex-biased miRNAs (canonical and mirtrons) are expressed in would be valuable to further explore the mechanisms of sex-biased

miRNA regulation and assess the effect of cell-type proportion differences on bulk sex-biased miRNA expression.

By profiling of pituitary mRNA and miRNA expression across the pubertal transition, we highlight the dynamic nature of gene regulation and cell type composition differences in males and females. While the biological importance of some of these sex differences are established, many of these (especially the miRNAs), as well as the mechanisms that give rise to early pre-pubertal sex differences in cell type composition, remain unknown. Given the central importance and conservation of the physiological processes regulated by the pituitary gland, further study of these sex differences in animal models will inform our understanding of human health and disease.

Methods

Animal and tissue collection

All studies and procedures were approved by the Toronto Centre for Phenogenomics (TCP) Animal Care Committee (AUP 09-08-0097) in accordance with recommendations of the Canadian Council on Animal Care, the requirements under Animals for Research Act, RSO 1980, and the TCP Committee Policies and Guidelines. Conditions in which mice were maintained, sacrificed, and dissected are described previously in (Hou et al., 2017). Upon dissection, the pituitary gland was directly moved to RNAlater (containing 10% w/v sodium citrate tribasic dihydrate and 60% w/v ammonium sulphate) following dissection and stored at -20°C until RNA extraction.

RNA extraction

Prior to RNA extraction, pituitary tissue samples were placed into bead mill tubes containing six 1.4-mm ceramic beads (MoBio Laboratories) and homogenized for 30 s at 6.5 m/s at 4 °C using an Omni Bead Ruptor 24 bead mill. RNA was extracted with the NucleoSpin® miRNA kit (Macherey Nagel) in combination with TRIzol lysis (Invitrogen) following the manufacturers' protocols, allowing for collection of small RNA (< 200 nt) and large RNA (> 200 nt) simultaneously into separate tubes from total RNA. RNA quantity was determined using Nanodrop and the quality was assessed by an Agilent 2100 Bioanalyzer.

Library preparation and sequencing

To construct RNA-seq libraries, we established an automated 3'UTR-seq (QuantSeq 3'mRNA-seq; Lexogen GmbH, Vienna) using the Agilent NGS Workstation (Agilent Technologies, Santa Clara) at The Centre for Applied Genomics (TCAG) (Toronto, Canada) as per the manufacturer's protocol (Yuki et al., 2018). Briefly, 250 ng of RNA, from the large RNA fraction, was used to generate cDNA. cDNA was amplified with 17 PCR cycles as determined by qPCR analysis using the PCR Add-on kit (Lexogen). ERCC RNA spike-in Mix 1 was added following the manufacturer's instructions. The resulting libraries were quantified with Qubit DNA HS (Thermo Fisher, Waltham) and fragment sizes analyzed on the Agilent Bioanalyzer using the High Sensitivity DNA assay prior to sequencing. Sequencing was performed at TCAG on the HiSeq 2500 v4 flow cell (Illumina, San Diego) with SR50 bp with cycles extended to 68bp. Small RNA-seq libraries were constructed from the small RNA fraction by TCAG using NEBNext Small RNA Library Prep Kit (New England BioLabs) according to the manufacturer's protocol. Sequencing was performed at TCAG on a HiSeq 2500 v4 flow cell with SR50 bp.

mRNA sequencing reads processing

FastQC (<http://www.bioinformatics.babraham.ac.uk/projects/fastqc/>) was used to examine the quality of sequenced reads. Next, a customized script was used to trim both the polyAs and adaptors sequences at the end of the reads. A subset of sequencing reads obtained from 3'UTR-seq show a mixture of polyAs and sequencing adapters towards the end of the reads, which are not effectively trimmed by available read-trimming tools. We developed a trimming strategy which can identify and trim off polyA sequences embedded in the adapter sequences. Only reads longer than 36 bp after trimming were used. In addition, the first 12 nucleotides were trimmed based on the manufacturer's recommendations. After trimming, FastQC was performed again to examine read quality. At this step, we found that ribosomal reads were overrepresented in the pituitary samples through priming by oligo(dT) binding to A-rich regions in the ribosomal RNA loci. In addition, the sequence of a brain-enriched small RNA, BC1, is also represented. Thus, reads that map to these overrepresented transcripts were removed. Trimmed and filtered reads were aligned to the genome using a splice-aware aligner, STAR (version 2.5.1b) (Dobin et al., 2013), with default settings except "--outFilterMismatchNoverLmax 0.05" for QuantSeq. Quality control of mapped RNA-seq reads was performed using Qualimap (version 2.2.1) (Okonechnikov et al., 2016).

PolyA site identification and gene annotation modification

GENCODE version M21 was the primary annotation used. To achieve a more comprehensive annotation of the 3'UTRs, we also incorporated the 3'UTRs annotated in RefSeq, which is obtained from the UCSC database (mm10). In addition, we also identified potential polyA (pA) sites from the data. To do this, only the 3' most nucleotide of each read is used to build a signal track for each sample. R package "derfinder" (Collado-Torres et al., 2017) was

used to identify expressed regions (ER) from these signal tracks. Specifically, an average read pile-up cutoff of 1 RPM (reads per million mapped reads) was used. ERs are annotated to gene annotations (3'UTR, 5' UTR, exons, introns, and intergenic regions) based on GENCODE version M21, allowing for overlapping categories. ERs mapped to introns and intergenic regions are further analyzed to identify novel polyA sites. To filter for potential internal polyA priming events, sequence composition around ERs is examined. ERs with a) matches 18-mer polyAs (with up to 6 mismatches) within 150 bp downstream from the ends; b) matches 7-mer polyAs (with up to 1 mismatches) within 20 bp downstream from the ends; or c) more than 50% of the As within 20 bp downstream from the ends, are removed. In addition, ERs that overlap more than 20 bp with an annotated repeat region are also excluded. Filtered ERs are first mapped to RefSeq 3'UTR annotations (obtained from UCSC) and are associated with the corresponding genes. The rest of the unmapped ERs are then annotated to a) the corresponding gene if it is intronic, or b) the nearest gene upstream if it is within 5 kb from the gene ends. The intronic ERs are extended for 5 bp in each direction and the ERs downstream of genes are used to extend the gene's 3'UTR annotation. The novel intronic polyA sites and extended gene annotations are then added to the gtf file used for gene counting. In total, additional internal polyA sites were added to 228 genes, and extended 3'UTRs were added to 476 genes, and 28 genes have both. Given the complexity of transcripts, the assignment to intronic polyA sites or 3'UTR extension may be impossible to distinguish in some cases. In addition, 2 of the 676 novel ERs did not make a difference to gene quantification as they overlapped with annotations from other genes.

Gene quantification

Trimmed and filtered reads were assigned to genes using featureCounts (v1.6.2) (Liao et al., 2014) with parameters “-s 1 -Q 255” for 3'UTR-seq.

Processing of small RNA-sequencing reads

FastQC was used to examine the quality of sequenced reads. BBDuk (BBMap suite v37.90) was used to trim adapter sequences from reads with reference adapter sequences provided by BBMap suite and settings “hdist=1 mink=11” for small RNA-seq reads (Bushnell, 2014). For miRNA size specificity, only reads less than 23 nucleotides in length were retained. Following trimming, FastQC was used to examine the quality of trimmed sequenced reads. miRDeep2 mapper.pl was used with default parameters to map reads of at least 18 nucleotides in length to the mouse genome (mm10) (Friedländer et al., 2012). Known and novel miRNAs were identified using miRDeep2 main algorithm (miRDeep2.pl) with default parameters. For known miRNAs, the mature miRNA sequences in mouse were obtained from miRBase (v21) (Kozomara and Griffiths-Jones, 2014). For novel miRNAs, only those with miRDeep score ≥ 2 and a sequence not matching previously reported small RNAs (rfam alert = FALSE) were retained for downstream analysis.

mRNA and miRNA normalization and differential analysis

All of the following analyses were performed in R (v3.6.0) unless otherwise specified. Low-count mRNAs and miRNAs were filtered out prior to analysis. Only mRNAs and miRNAs with normalized read count (counts per million mapped reads, CPM) > 2 in at least 10 samples were retained for downstream analysis. CPM was used because of the consistent read mapping with UTR-seq.

For mRNAs, mitochondrial genes were also removed and ERCC spike-ins were used to evaluate library quality but were not used for normalization. Remove Unwanted Variation from RNA-Seq Data (RUV-seq, v1.18.0) was used with RUVg() function with empirically detected

negative genes to normalize and remove unwanted variations in mRNA data (Risso et al., 2014). Empirical negative-control genes were identified with an ANOVA-like test comparing all conditions ($FDR < 0.1$). For miRNAs, RUV-seq was used with replicates (RUVs) to normalize and remove variation between batches from miRNA counts (Risso et al., 2014).

Quasi-likelihood F-test method was used to test for differential expression of mRNAs and miRNAs with a significance cutoff of absolute fold change (FC) > 1.5 and false discovery rate corrected ($FDR < 0.05$) using edgeR (v3.26.5) (McCarthy et al., 2012; Robinson et al., 2010).

Novel miRNA identification

The mature sequences of novel miRNAs which were included in the miRNA differential expression analysis were used for miRNA identification with “Single sequence search” function on miRBase (Kozomara et al., 2019) with the following parameters: “Search sequences: Mature miRNAs”, “Search method: “BLASTN”, “E-value cutoff: 10”, “Maximum no. of hits: 100”, “Show results only from specific organisms: Mouse”, “Word size: 4”, “Match score: +5”, “Mismatch penalty: -4”. For miRNAs with more than one result, the miRNA with the best alignment (lowest E-value) is reported. If no miRNAs were identified in mouse, BLASTN was rerun with no species filter and the best alignment was reported. miRNAs with no results reported from any species are denoted with “NA”.

Predicting transcriptional regulation using Lisa

Transcriptional regulator (TR) binding sites were predicted using Lisa (Qin et al., 2020) with genes which were female- or male-biased in 2 or more ages between PD27, PD32, PD37. The full Lisa model was applied (“TF ChIP-seq Peak-RP (regulatory potential)” and “ISD-RP (in silico deletion-regulatory potential) for both motif and ChIP-seq” methods) using the DNase-seq

and H3K27Ac ChIP-seq data and 3000 genes which were randomly selected as the background gene set. Results combined from H3K27ac-ChIP-seq and DNase-seq ISD models, and TF ChIP-seq peak-only models using the Cauchy combination test are shown for the ChIP-seq model.

Pathway enrichment analysis

All pathway enrichment analyses were performed using g:ProfileR (v0.6.7) in R. For differential expressed pathway enrichment, all detected genes in this dataset were used as background. For miRNA-gene target pathway enrichment, all gene targets detected in this dataset were used as background with parameters “min_set_size = 3, min_isect_size = 2”.

Co-expression module identification

Gene co-expression modules were identified using CEMitool (Russo et al., 2018) (version 1.8.2) using log2-transformed, normalized read counts with default settings. Briefly, CEMitool first uses an unsupervised method to filter for genes with sufficient variation. By default, CEMitool models the variants of the genes as an inverse gamma distribution and chooses genes with a p value < 0.1. Next, it automatically determines the similarity criteria before it separates genes into modules using the dynamic tree cut method. Hub genes are identified by ranking the summed similarities between a certain gene and all other genes in the same module.

miRNA-gene target correlation

Computationally predicted gene targets were curated from TargetScanMouse (v7.2) (Agarwal et al., 2015) and experimentally validated gene targets were curated from miRTarBase (v8.0) (Chou et al., 2018). Only miRNA-gene target pairs from TargetScan with “Cumulative weight context score” < -0.1 were used. “Context score” for a specific target site is defined by Agarwal et al. 2015 as the summed contribution from 14 features which likely influence miRNA

targeting a given gene, including “site type”, “local AU”, “3’ UTR length”, and “Probability of conserved targeting” (full feature list

http://www.targetscan.org/vert_70/docs/context_score_totals.html). Spearman’s correlation coefficient (rho) was calculated for each pair using log2-transformed normalized counts and p-values were adjusted with FDR to account for multiple testing. Pairs were considered negatively correlated if $\rho < 0$ and FDR-adjusted P-value < 0.1 .

Cell-type enrichment analysis

Single-cell transcript counts of adult male pituitary gland were reprocessed using Seurat 3.0 (Butler et al., 2018; Cheung et al., 2018). Cell types were identified using marker genes as identified previously (Chen et al., 2020; Cheung et al., 2018; Fletcher et al., 2019). Kolmogorov–Smirnov (KS) test was applied to compare the expression of a given module gene within each cell cluster versus all other cell clusters. Resulting p-values were FDR-corrected for multiple testing. Only module genes with FDR p-value ≤ 0.05 in at least one cell cluster comparison were retained.

Single-cell deconvolution

CIBERSORT (<https://cibersort.stanford.edu/>) (Newman et al., 2015) was used to perform single-cell deconvolution. Reprocessed adult male pituitary gland single-cell transcriptome data (Cheung et al., 2018) with manually annotated cell types and raw counts from bulk pituitary gland from 3’UTR-seq (unwanted variation removed with RUV-seq) were used as inputs with parameters recommended for RNA-seq data (“permutations = 100”, “quantile normalization = FALSE”, “absolute mode = “FALSE”).

Identifying cell-type-specific sex-biased genes using scMappR

Cell-weighted fold-change (cwFC) of PD37 sex-biased genes was calculated using scMappR (<https://cran.r-project.org/package=scMappR>) with reprocessed adult male pituitary gland single-cell transcriptome (Cheung et al., 2018) in R v4.0.0. Genes with an absolute gene-normalized cwFC > 0.5 for a given cell-type were considered cell-type-specific sex-biased genes.

Data availability

All 3'UTR-seq and small RNA-seq data from this study can be accessed through ArrayExpress accession numbers: E-MTAB-9459, E-MTAB-9460.

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Figures

Figure 1. Overview of the pituitary transcriptome during postnatal development in male and female samples.

A. Schematic of experimental design. Marks (purple) on timeline denote age in which pituitary gland was collected. Vertical arrows denote average ages for onset of puberty of the specified sex in our colony (determined by preputial separation (males) or vaginal opening (females)). Fraction of pubertal mice out of total mice for males (blue) and females (red) at each age is shown. **B. Genome browser screenshots showing QuantSeq signal at the *Fshb* and *Prop1*.** X-axis: genomic coordinates; y-axis: reads per million mapped reads (RPM); PD: postnatal day.

Gene name and gene model are shown on the bottom of each panel. **C. Scatter plot showing the correlation between gene quantification measured by qPCR and by 3'UTR-seq in one pituitary sample.** X-axis: ΔCt values obtained by qPCR; y-axis: $\log_2$ -transformed normalized counts ($\log_2(\text{normCounts})$) values obtained by 3'UTR-seq. Sample names and Spearman correlation coefficients are labelled in each plot. **PCA plot for pituitary gland samples based on (D) gene expression and (E) miRNA expression.** PCA was performed using $\log_2(\text{normCounts})$ after filtering for low-count genes and normalization using RUVseq. Only scores of the first 2 PCs are shown. Age is indicated by shape while sex is indicated by colors.

Figure 2. Pituitary transcriptome is increasingly sex-biased across postnatal development. Barplot showing the number of (A) intersecting sex-biased genes or (B) intersecting sex-biased miRNAs between each age. Horizontal bars on the left side show the numbers of male- (blue) or female-biased (red) genes at each age. For example, “PD12F” represents genes which are found to be more highly expressed in females compared to males at PD12 (absolute FC > 1.5;

FDR < 0.05). Different intersections are represented by the dotplot on the bottom, and their occurrence frequency is shown by the vertical barplots (top). Specifically, the coloured vertical bars represent the number of genes that are consistently female-biased (red) or male-biased (blue) at ages following pubertal onset (PD27, PD32, and PD37). **Expression plots of example pre-pubertal (PD12-22) sex-biased genes (C) and peri-/post-pubertal sex-biased genes (D).** Log2-transformed normalized counts ($\log_2(\text{normCounts})$) are plotted for each gene. Expression changes are shown across ages (x-axis). Large, filled points represent median expression at each age and unfilled points represent each biological replicate. Blue: male samples; red: female samples. **E. Expression plots of example sex-biased miRNAs.** One example sex-biased miRNA is chosen for each given age. $\log_2(\text{normCounts})$ are plotted for each miRNA across ages. Large, filled points represent median expression at each age and unfilled points represent each biological replicate. Red: female samples; blue: male samples. **Network representation of pathways enriched for (F) male-biased and (G) female-biased differentially expressed genes.** Each node represents a pathway and are connected based on similarity in genes found enriching for the connected pathways (Jaccard distance). Node size represents the number of differentially expressed genes enriching for the given pathway and nodes are coloured based on the differential expression comparison in which the genes were identified. Nodes are labeled based on similarity in pathway function.

Figure 3. Regulation of sex-biased pituitary gene expression by miRNAs and transcription factors (TFs).

A. Interaction network of sex-biased miRNAs and their sex-biased target genes for all ages. Each node represents a gene (square) or a miRNA (orange circle) with the node size representing its number of connections with other nodes. Only miRNAs with number of connections $\geq 25\%$ quantile based on the distribution of all connections ($n \geq 2$). Edges between each node indicate a predicted interaction between the miRNA and gene with the edge thickness showing Spearman's correlation coefficient (rho) calculated for the given pair. Blue-filled nodes: genes identified as a puberty GWAS gene. Red outline on nodes indicate gene/miRNA is female-biased; blue outline on nodes indicate gene/miRNA is male-biased. **B. Heatmap of sex-biased pituitary transcription factor (TF) gene expression.** TFs which are consistently sex-biased in at least two ages between PD27, PD32, and PD37 are plotted. Colors of the heatmap represent row-scaled and centered expression levels of each gene. Column annotation bars indicate sample age and sex. Row annotation bars indicate age at which the gene was found to be sex-biased. **C. Scatterplot comparing Lisa TF rankings with combined P-values predicted to regulate**

female- and male-biased genes. Each TF is represented by a point and the combined $-\log_{10}(\text{P-value})$ calculated based on female-biased and male-biased gene sets which are consistently sex-biased in at least two ages between PD27, PD32 and PD37 is plotted. Coloured points show TFs which have change in $-\log_{10}(\text{P-value})$ between sexes which is two standard deviations greater than the mean change in $-\log_{10}(\text{P-value})$. Red points indicate TFs which are enriched for regulating female-biased genes; blue points indicate TFs which are enriched for regulating male-biased genes.

transformed normalized counts) of the top hub gene for each module is shown in the right column of the right panel. Large, filled points represent median expression at each age and unfilled points represent each biological replicate. Blue: male samples; red: female samples. The next top 9 hub genes are listed for each module.

Figure 5. Enrichment of co-expressing modules genes within pituitary cell types which exhibit proportion differences between sexes across postnatal development.

A. Uniform Manifold Approximation and Projection (UMAP) dimension reduction representation of adult male mouse pituitary gland single-cell transcriptome using unsupervised clustering. 19 clusters were generated from adult male mouse pituitary single cell transcriptome (Cheung et al. 2018) by UMAP dimension reduction using Seurat v3.0 (numbers labelled) (Butler et al. 2018). **B. Enrichment heatmap of co-expressing module genes within cell clusters.** One-sided Kolmogorov–Smirnov (KS) test was performed for expression of each module gene within a given cell cluster compared to all other cell clusters. Colour gradient represents FDR-adjusted P -value for each gene (dark purple: lower FDR P -value). Each column represents a cell cluster (labelled at the top by a number). Manual annotation of cell types is shown at the top and denoted by colour. Hierarchical clustering was performed to cluster cell clusters (column). Rows of heatmap are grouped by co-expression gene modules and separated by a break. **C. Estimated cell proportion changes across development of hormone-producing and precursor pituitary cell-types from single cell deconvolution.** Large points represent mean cell proportion at each age and small points represent each biological replicate. Cell proportions are plotted across profiled postnatal ages. Lighter colour solid line: female samples; dark colour dotted line: male samples. Wilcoxon test was performed to compare cell proportions between both sexes at each age ($*P < 0.05$, $**P < 0.01$). Only anterior hormone-producing cell-types and precursor cell-types are shown. See **Supplementary figure S11** for cell proportions from all identified pituitary cell types. **D. Heatmap of gene-normalized cell-weighted fold-changes (cwFC) for hormone-producing cell-type-specific differentially expressed genes.** Colour gradient indicates gene-normalized cwFC value calculated by scMappR; purple: female-biased; orange: male-biased. For each cell type, top 20 genes (based on cwFC) with an absolute gene-normalized cwFC > 0.5 in at least one hormone-producing cell type are plotted. Asterisks within cells indicate the cell type in which the gene is predicted to be sex-biased. Genes shown to be sex-biased in the same direction in the given cell-type by (Fletcher et al., 2019) are indicated in red text. Blue asterisk denotes sex-biased gene is implicated in pubertal timing by GWAS or pituitary disease. Blue hash denotes gene is found to be sex-biased in the same direction in human pituitary gland by GTEx (Oliva et al., 2020).

Tables

	PD12	PD22	PD27	PD32	PD37
Female - biased	<i>Xist, Lhb, Kdm6a, Kcna4, Chrna4, Th</i>	<i>Xist, Prl, Kdm6a, Greb1, Asb4, Cdkl4, Ecel1, Smyd3,</i>	<i>Xist, Prl, Prkce, Gm29374, Cdkl4, Greb1, Ecel1, Pcdh10, Ntm, Nav2, Nrnx3, Znr2,</i>	<i>Xist, Akr1c14, Lpl, Gm47163, Prl, Nrnx3, Pcdh11x, Ntm, Phldb2, Ar, Greb1, Rabgap1l,</i>	<i>Xist, Pcdh11x, Prl, Gucy2f, Dmrta1, Cdkl4, Dclk1, Akr1c14, Pak7, Chml, Gm29374, Ntm, Ar,</i>

		<i>Gm29374, Dok7, Gucy2f, Kcnd3, Gm47163, Minar1, Trim9, Cdkn1c</i>	<i>Gm47163, F730016J06Rik, Gucy2f, Gad2, Pcdh11x, Csrnp3, Grm5, Phldb2, Asb4, Ankrd34a, Hmcn1, Scn11a, Shc2, Rtn1, Akr1c14, Ar, Thsd7a, Gm32849, Gm15408, Pak7, Rxfp1, Chml, Nhlh2, Kctd4, Pianp, 4933406B17Rik, Ccdc116, Ankl, Gm15411, AC121821.1, Dlgap1, Calb1, Zfp804a, Pvalb, Fbxo31, Opn3, Dmrta1, Sh3d19</i>	<i>Reln, Prkce, Pcdh10, Cdkl4, Pde7b, Pak7, Chml, 4933406B17Rik, Rxfp1, Crhbp, Nrnxn2, Dennd2a, Chst8, Tspan7, Ecell, Gm21846, Grm5, Neurod4, Pcdh9, Cadps2, Apbb1, Thsd7a, Klhdc8b, Dmrta1, Hmcn1, Opn3, Crtac1, Znr2, Csrnp3, Nhlh2, Gucy2f, Rasa4, Tiam1, Wdr89, Plppr3, Cryz, Slc35fl, Pgr</i>	<i>Greb1, Rabgap1l, Id2, Gm21846, Slc35fl, Reln, Grm5, Id1, Kdm6a, Tent5a, Cadps2, Asb4, Prkce, Gm47163, Nhlh2, Hmcn1, 4933406B17Rik, Pcdh10, Flrt1, Phldb2, Sh3d19, Nrip1, Six6, Neurod4, Opn3, Ecell, Rxfp1, Crhbp, 5031439G07Rik, Rtn2, Zfp804a, Il6st, Igf1r, Ank1, Tmem266, Ddx3x, Lrp1b</i>
Male-biased	<i>Ddx3y, Uty, Gm29650, Kdm5d, Eif2s3y, Dgkk, Gpr101, Drd4, Nmu, Pcsk1#, Ptx4, Fshb, Nkain1, Ly6h, Tspan12, Fam167b, Osbp2, Lcn2, Acadl, Cyb5r2, Myo1d, Serpine2, Gpd1, AC117700.1, Tspan4</i>	<i>Ddx3y, Uty, Gm29650, Kdm5d, Eif2s3y, Drd4, Dgkk, Gpr101, Nnat, Pcsk1#, Ramp3, Dlk1, Lhb, Ret, Scd1, Timp1, Dapl1, Homer2, Cecr2, Rbp4, Ostf1, Card19, Chga, Mmp20, Liph, Fetub, Rab3b, Ptx4, Atp2b4, Kcnmb4, Smox, Serpina3c, Serpine2, Cidea, Spp1, AC117700.1, Cd109, Gabre, Nmu, Cga, Pappa2, Kcnmb4os2, Nckap1l, Arhgap36, H2-Eb2, Th, Gm13889, Cpm, Jam3, Ell2</i>	<i>Ddx3y, Uty, Gm29650, Kdm5d, Eif2s3y, Dapl1, Nnat, Gpr101, Dlk1, Drd4, Scd1, P4ha2, Arhgap36, Homer2, Serpine2, Pappa2, Rab3b, Tacc2, Galnt16, Rbbp8, Fads1, Nrip3, Ret, Fetub, Slc39a14, Mgat4c, Serpina3c, Nmnat2, Fkbp5, Lhb, Arhgef3, Ramp3, Vangl1, Kcna5, Ptx4, Dappl, Ppl, Gabre, Cidea, Atp2b4, Smim1, Gh#, Dgkk, Aldh1b1, Tspan12, Tmem52, Car10, Tmc3, Sytl3, Chga</i>	<i>Ddx3y, Uty, Gm29650, Kdm5d, Eif2s3y, Homer2, Dlk1, Dapl1, Serpine2, Nnat, Arhgap36, Gpr101, Drd4, Atp2b4, Dappl, Grb10, Kcnk9, Sytl4, Fetub, Pappa2, P4ha2, Mrap2, Scd1, Aldh1b1, Igsf1#, Jam3, Tacc2, Ntrk3, Lgi3, Tgm2, Deup1, Galnt10, Ramp3, Scg2, Nmnat2, Olfml2b, Chga, Pcsk2os1, Smim1, B4galt1, Ddc, Nckap1l, Fam20c, Pcsk1#, Entpd3, Grip2, Lpin1, Fyb2, BC039966, Crispld2</i>	

Table 1. Sex-biased genes at each profiled age ranked by false discovery rate followed by fold-change (capped at 50 genes per comparison). Bolded genes are associated with puberty genome-wide association study (GWAS). (#) denotes genes implicated in pituitary diseases. Bolded and (#) denotes genes implicated in both puberty GWAS and pituitary diseases.

	PD12	PD22	PD27	PD32
Female-biased	novel46	miR-342-5p	miR-383-5p, miR-30d-5p, miR-17-5p	miR-383-5p, miR-205-5p, miR-146a-5p, miR-17-5p, miR-485-5p, miR-30d-5p, novel184, miR-669f-5p
Male-biased	NA	miR-499-5p	miR-224-5p, miR-181a-5p, miR-365-2-5p	miR-224-5p, novel37, miR-871-3p, miR-30b-5p

Table 2. Sex-biased miRNAs at each profiled age ranked by false discovery rate followed by fold-change.

	Gene name	Gene description	Known pituitary functions	Mutant pituitary phenotype	References
Male-biased	<i>Cebpd</i>	CCAAT/enhancer binding protein (C/EBP), delta	Suppresses prolactin expression	NA	(Tong et al., 2011)
	<i>Gata2</i>	GATA binding protein 2	Specification/expansion of thyrotropes; maintenance of hormone production in gonadotropes and thyrotropes	Pituitary specific knockout: decreased thyrotropes population at birth; transient developmental delay in males; lower level of FSH and TSH in adults	(Charles et al., 2006)
	<i>Gli1</i>	GLI-Kruppel family member GLI1	Involved in cell proliferation, hormone release, CRH signaling transduction in adult pituitary	NA	(Pyczek et al., 2016; Vila et al., 2005)
	<i>Hif3a</i>	hypoxia inducible factor 3, alpha subunit	Downregulated in gonadotrope nonfunctioning pituitary adenomas	NA	(Kober et al., 2019)
	<i>Zfp385a</i>	zinc finger protein 385A	NA	NA	
Female-biased	<i>Ar</i>	androgen receptor	Regulates LH and FSH expression and secretion; maintains the negative feedback system of glucocorticoid production	Pituitary specific knockout: lower FSH serum levels and reduced LH surge in female mice; full knockout: increased proopiomelanocortin (POMC) and decreased glucocorticoid receptor (GR) expression	(Miyamoto et al., 2007; Wu et al., 2014)

	<i>Creb3l1</i>	cAMP responsive element binding protein 3-like 1	Regulates the expression of <i>Pcsk1</i> in corticotroph cell line AtT20; Regulates the expression of transport factors and induces Golgi complex expansion in response to stimuli in secretory cells	NA	(García et al., 2017; Greenwood et al., 2020)
	<i>Csrnp3</i>	cysteine-serine-rich nuclear protein 3	NA	NA	
	<i>Dach2</i>	dachshund family transcription factor 2	NA	NA	
	<i>Dmrta1</i>	doublesex and mab-3 related transcription factor like family A1	NA	NA	
	<i>Id1-3</i>	inhibitor of DNA binding 1-3	Induced and likely modulates gene expression in melanotropes under constant stress	NA	(Konishi et al., 2010)
	<i>Jazf1</i>	JAZF zinc finger 1	NA	NA	
	<i>Lcorl</i>	ligand dependent nuclear receptor corepressor-like	NA	NA	
	<i>Msc</i>	musculin	NA	NA	
	<i>Neurod4</i>	neurogenic differentiation 4	Required for somatotrope differentiation	Full knockout: decreased somatotropes, minimal expression of GHRHR	(Zhu et al., 2006)
	<i>Nhlh2</i>	nescient helix loop helix 2	Plays a role in regulation of gonadotropins and GnRH receptor expression	Full knockout: impaired pubertal development in female mice	(Cogliati et al., 2007)
	<i>Pgr</i>	progesterone receptor	Likely plays a role in regulating LH surge	NA	(Gordon et al., 2015;

					Turgeon and Waring, 2000)
	<i>Pou2f2</i>	POU domain, class 2, transcription factor 2	NA	NA	
	<i>Stat5a</i>	signal transducer and activator of transcription 5A	NA	NA	

Table 3. Known pituitary functions and pituitary-related phenotypes of transcription factors that are sex-biased in at least two post-pubertal ages.

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