

1 **Latent Transforming Growth Factor β Binding Protein 3 Controls**
2 **Adipogenesis**

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18 **Highlights**

19 • Latent TGF β binding protein 3 (LTBP3) is required for adipogenesis

20 • LTBP3 mediates TGF β levels in adipogenesis

21 • Loss of LTBP3 results in enhanced rather than decreased levels of active TGF β

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24 **Abstract:**

25 Transforming growth factor-beta (TGF β) is released from cells as part of a trimeric
26 latent complex consisting of TGF β , the TGF β propeptides, and either a latent TGF β
27 binding protein (LTBP) or glycoprotein-A repetitions predominant (GARP)
28 protein. LTBP1 and 3 modulate latent TGF β function with respect to secretion,
29 matrix localization, and activation and, therefore, are vital for the proper function
30 of the cytokine in a number of tissues. TGF β modulates stem cell differentiation
31 into adipocytes (adipogenesis), but the potential role of LTBPs in this process has
32 not been studied. We observed that 72 h post adipogenesis initiation *Ltbp1*, *2*, and
33 *4* expression levels decrease by 74-84%, whereas *Ltbp3* expression levels remain
34 constant during adipogenesis. We found that LTBP3 silencing in C3H/10T1/2 cells
35 reduced adipogenesis, as measured by the percentage of cells with lipid vesicles
36 and the expression of the transcription factor peroxisome proliferator-activated
37 receptor gamma (PPAR γ). Lentiviral mediated expression of an *Ltbp3* mRNA

38 resistant to siRNA targeting rescued the phenotype, validating siRNA specificity.
39 Knockdown (KD) of *Ltbp3* expression in 3T3-L1, M2, and primary bone marrow
40 stromal cells (BMSC) indicated a similar requirement for *Ltbp3*. Epididymal and
41 inguinal white adipose tissue fat pad weights of *Ltbp3*^{-/-} mice were reduced by 62%
42 and 57%, respectively, compared to wild-type mice. Inhibition of adipogenic
43 differentiation upon LTBP3 loss is mediated by TGFβ, as TGFβ neutralizing
44 antibody and TGFβ receptor I kinase blockade rescue the LTBP3 KD phenotype.
45 These results indicate that LTBP3 has a TGFβ-dependent function in adipogenesis
46 both in vitro and in vivo.

47

48 **Keywords:** Transforming growth factor-beta, latent TGFβ binding protein 3,
49 adipogenesis, peroxisome proliferator-activated receptor γ, bone marrow
50 mesenchymal stem cells.

51

52 **Significance:** Understanding the control of mesenchymal stem cell fate is crucial
53 for the potential use of these cells for regenerative medicine.

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55 **Introduction**

56 The cytokine TGFβ has multiple contextual effects on a variety of cell types during
57 development and in adulthood. Loss of TGFβ results in abnormal bone formation,
58 impaired lung development, inflammation, vascular defects, and cancer [1,2,3,4].
59 TGFβ activity is controlled both at the level of gene expression and receptor
60 binding, as well as at the level of growth factor accessibility. Unlike most growth
61 factors or cytokines, mature TGFβ is released from cells as part of an inactive
62 complex in which the mature TGFβ homodimer remains non-covalently associated
63 with its cleaved propeptide dimer [5]. Within this small latent complex (SLC),
64 TGFβ cannot engage with its signaling receptor because the propeptides shield the
65 receptor binding regions of the ligand. The propeptides are themselves disulfide-
66 bonded either to one of three LTBP3s, which are secretory proteins, or to GARP or
67 to a leucine-rich-repeat-containing protein 32 (LRRC32), which are
68 transmembrane proteins [6,7,8,9]. The trimeric complex of TGFβ, propeptide, and

69 LTBP/GARP forms the large latent complex (LLC). LTBP, GARP and LRRC32
70 focus the LLC within extracellular space facilitating TGF β activation by integrins,
71 proteases, or shear. Formation of the LLC is necessary for proper TGF β function,
72 as prevention of LLC formation by mutation of the binding cysteine residues in
73 either the propeptide or the LTBP blocks latent TGF β activation [3,10].

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75 Three different LTBPs (LTBP1, 3, or 4) can bind covalently to the TGF β
76 propeptides [11,12,13,14]. LTBP1 and 3 avidly complex with all three isoforms of
77 TGF β , whereas LTBP4 binds only TGF β 1 and does so poorly. LTBP2 does not
78 bind to any SLC isoform [10,13]. The ability of multiple TGF β isoforms to bind to
79 two or three different LTBPs yields a combinatorial complexity associated with the
80 ability of TGF β to perform a plethora of functions, as individual LTBPs may have
81 specific extracellular sites of deposition, unique expression patterns, or differential
82 availability to activators of the latent complex.

83

84 One process in which LTBPs might have an important role is in the orchestration
85 of stem cell differentiation. The local environment (niche) is important in directing
86 stem cell differentiation, yet the identification of the extracellular components of
87 the niche that participate in stem cell maintenance and developmental choice have
88 not been well described. Within the mesenchymal stem cell niche, TGF β acts as a
89 suppressor of both adipo- and osteogenesis [15,16,17]. However, the activation of
90 latent TGF β and specifically the role of LTBPs in modulating TGF β availability in
91 this process within the niche have not been addressed. To interrogate the function
92 of the LTBPs and, by inference TGF β , in adipogenesis, we examined the LTBP
93 requirements for cultured multipotent mesenchymal cell differentiation to
94 adipocytes. We found that the elimination of LTBP3 in vitro and in vivo impedes
95 adipocyte formation in a TGF β -dependent manner.

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98 **Results**

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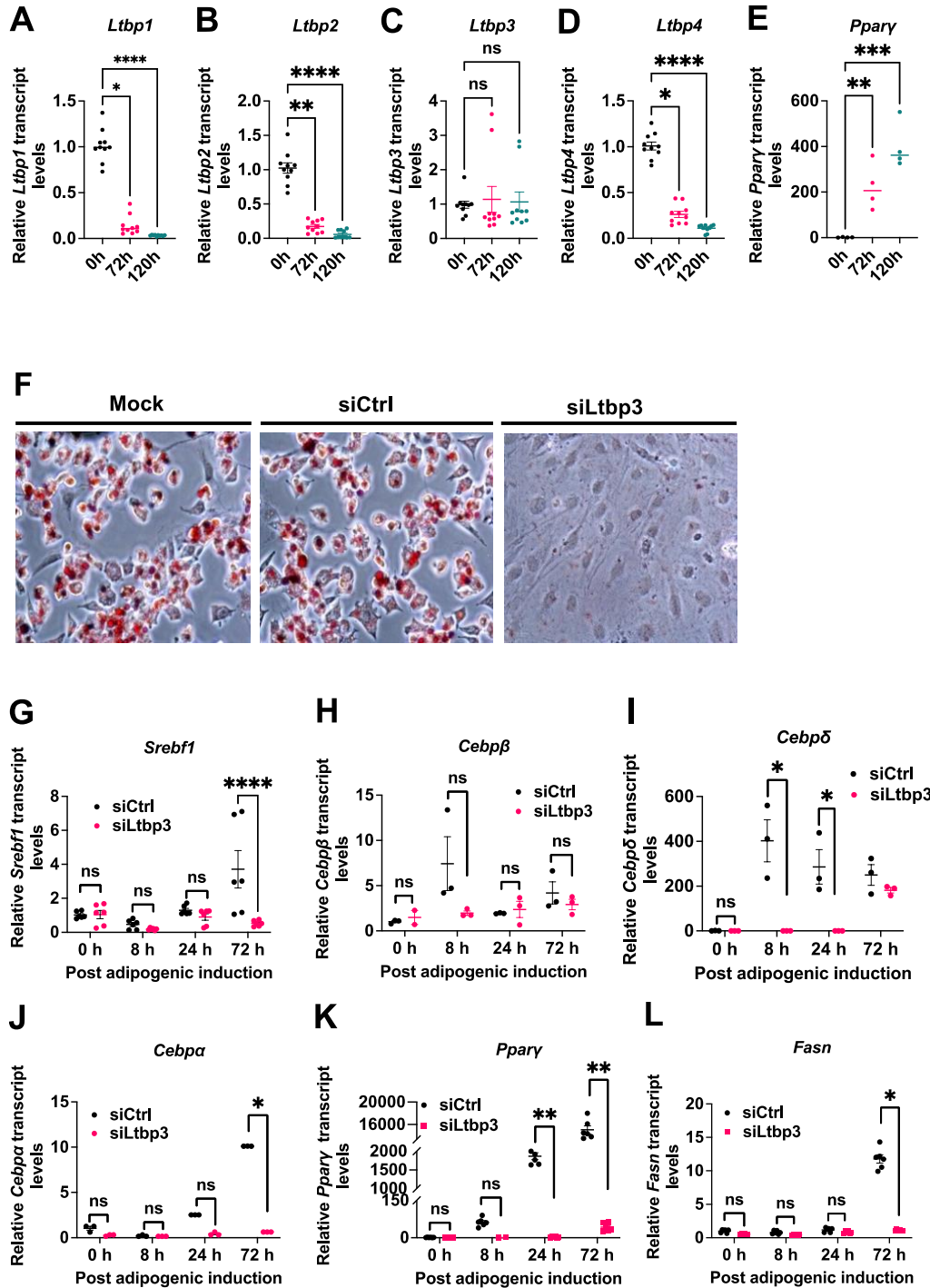
100 **Effects of LTBP3 suppression**

101 We examined LTBP levels during differentiation of mouse C3H/10T1/2 cells
102 (10T1/2 cells) to gain insight into potential LTBP function in adipogenesis. 10T1/2
103 cells, when placed in culture medium that promotes adipogenesis, adopt an
104 adipocyte phenotype that can be monitored by the expression of adipocyte-
105 associated transcription factors, such as *Ppar γ* and CCAAT/enhancer-binding
106 protein-alpha (*Cebpa*) and by the accumulation of Oil Red O (ORO) positive lipid
107 vesicles. To characterize the LTBP repertoire of 10T1/2 cells during adipogenesis,
108 we initially exposed cells to adipocyte differentiation medium and quantified the
109 transcript levels of the four *Ltbps*. Under non-differentiation conditions 10T1/2
110 cells express transcripts for all four *Ltp* genes (**Fig. 1A-D**), but by 72 h post
111 adipogenesis initiation, *Ltp1*, 2, and 4 transcript levels are decreased by 74-84%
112 and by 120 h by 89-97% (**Fig. 1A, B and D**), whereas *Ltp3* transcript levels
113 remained virtually unchanged (**Fig. 1C**). Transcript levels of *Ppar γ* significantly
114 increased over the course of the experiment (**Fig. 1E**). The sustained expression of
115 *Ltp3* suggested a potential continuing role for this TGF β carrier in the
116 differentiation process.

117

118 We probed the role of LTBP3 during 10T1/2 cell differentiation by treating cells
119 with a siRNA (siLtp3-4) designed to facilitate *Ltp3* mRNA degradation. siLtp3-
120 4 pre-treatment for 48 h diminished LTBP3 protein levels by over 64% for at least
121 7 days (**SI Fig. 1C and D**). The long-term (5 days) suppression of LTBP3 protein
122 levels permitted us to treat cells with siLtp3-4, wait 48 h to eliminate existing
123 *Ltp3* mRNA, initiate differentiation, and measure levels of adipocyte markers over
124 the subsequent 3-5-day period. In addition to the decrease in *Ppar γ* observed upon
125 *Ltp3* KD, we also detected a concordant decrease in the expression of the early
126 transcription factors sterol regulatory element-binding factor-1 (*Srebf1*),
127 CCAAT/enhancer binding protein-delta (*Cebp δ*), the adipogenic master
128 transcription factors *Ppar γ* and *Cebpa*, as well as fatty acid synthase (*Fasn*); all of
129 which are associated with adipogenesis (**Fig. 1G, I-L**). There was only a slight
130 decrease in the expression level of the early transcription factor *Cebp β* (**Fig.1H**). In

131 addition, there was a significant decrease (80%) in cells containing lipid vesicles
 132 (SI Fig. 1A and B), indicating the acquisition of an adipocyte phenotype. These
 133 results indicate the participation of LTBP3 in the initiation of the adipogenic state.
 134



162 **Fig. 1. LTBP3 regulates adipogenesis in vitro.** (A-E) Relative transcript levels of
163 *Ltbp1*, *Ltbp2*, *Ltbp3*, *Ltbp4*, and *Ppar γ* in 10T1/2 cells. Levels of the four different
164 *Ltbps* and *Ppar γ* transcripts in 10T1/2 cells treated with adipogenic media for 0, 24,
165 72, and 120 h were measured by qRT-PCR as described in Methods. qRT-PCR
166 values were normalized to beta-2 microglobulin (*B2m*) and plotted relative to siCtrl.
167 Data represent the average of four independent experiments. (F) Representative
168 images illustrating accumulation of ORO-stained lipid vesicles or droplets in
169 10T1/2 cells treated with mock, siCtrl, or siLtbp3-4 RNAs and exposed to
170 adipogenic media for 5 days. Scale bar, 100 μ m. (G-L) Relative transcript levels
171 of *Srebfl*, *Cebp β* , *Cebp δ* , *Ppar γ* , *Cebpa*, and *Fasn* measured at 0, 8, 24, and 72 h
172 after adipogenic induction with 10T1/2 cells treated with siCtrl or siLtbp3-4 for 48
173 h. qRT-PCR values were normalized to *B2m* and plotted relative to siCtrl. Each
174 value is the average of 3 independent experiments. For figures A-D, there were 10
175 technical replicas normalized and pooled from four experiments and each replica
176 was analyzed twice by qRT-PCR. For figure E, the data represent a total of 4
177 samples for each condition normalized and pooled from four experiments (1 for
178 each). Figure F is representative of one of 3 independent experiments in which there
179 was 1 technical replica. For figures G, K, and L each data point represents two
180 technical replicas from three experiments. Each technical replica was analyzed two
181 times by qRT-PCR. For figures H, I, and J, each data point represents one technical
182 replica from three experiments. Each technical replica was analyzed once with
183 qRT-PCR. Statistical significance was evaluated by Nonparametric, Kruskal-
184 Wallis test with Dunn's multiple comparisons test (Fig. A-E), or two-way mixed
185 model analysis of variance (ANOVA) using time and treatment as fixed factors
186 with Tukey's multiple comparisons test (Fig. G-L). Data are represented as mean
187 \pm SEM. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

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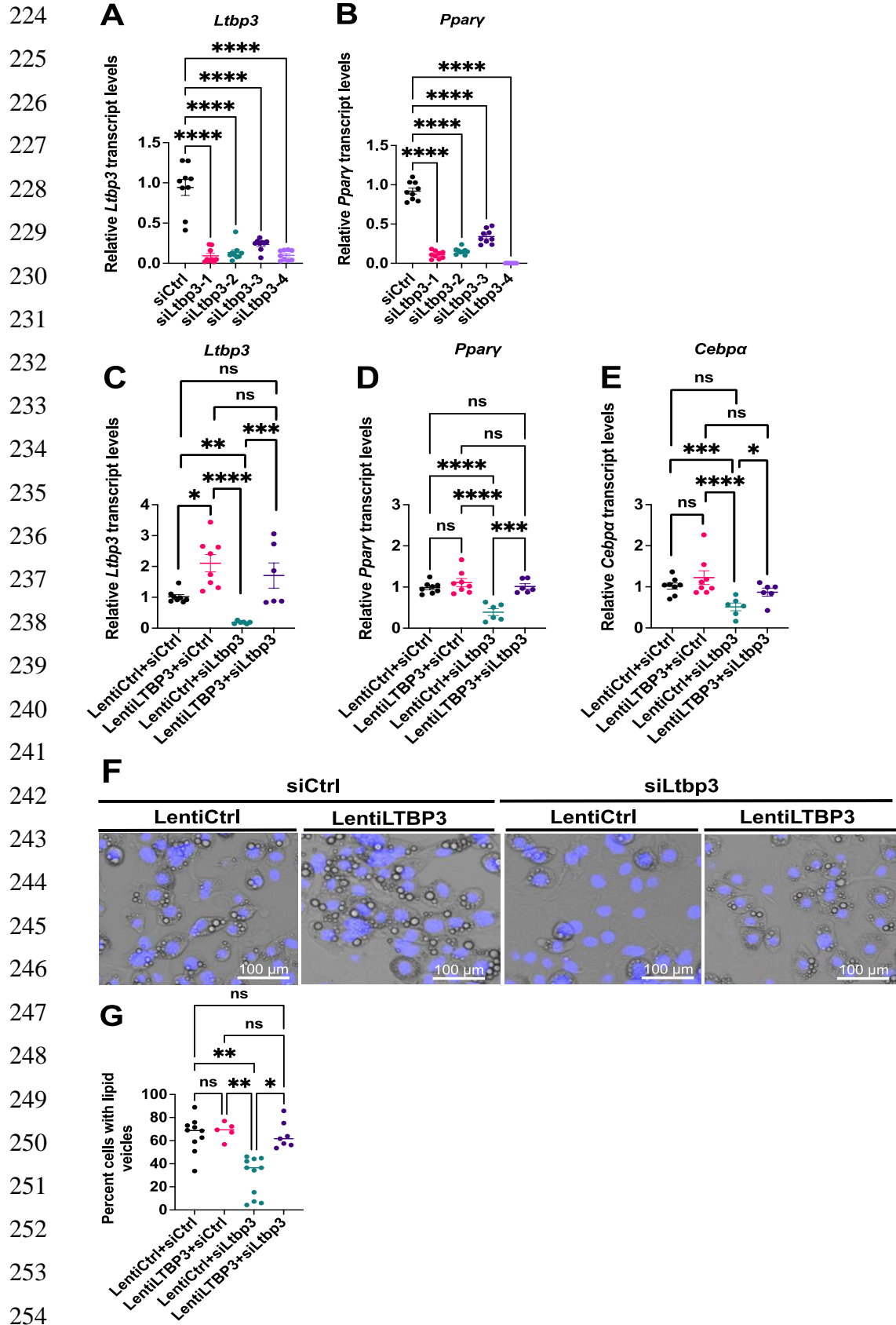
190 **Specificity of *Ltbp3* knockdown**

191 We validated that the effect of siLtbp3-4 is specific for *Ltbp3* by several
192 approaches. First, four different siRNAs (siLtbp3-1-4), three (siLTBP3-1, 2, and 3)

193 targeted to unique sequences in the *Ltbp3* 3' UTR and one (siLTBP3-4) targeted to
194 the coding sequence in *Ltbp3* exons 13-14, decreased both *Ltbp3* expression and
195 cell differentiation, as monitored by *Ppar γ* expression (**Fig. 2A and B**). siLtbp3-3
196 was not quite as effective as siLtbp3-1, 2, or 4 and there appeared to be a
197 relationship between the degree of *Ltbp3* suppression and *Ppar γ* expression (**Fig.**
198 **2A and B**).

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200 Second, we prepared a rescue lentivirus vector containing a cloned *Ltbp3* missing
201 the 3' UTR. This permitted us to employ siLtbp3-2, which targets the 3' UTR, to
202 eliminate specifically the endogenous *Ltbp3* transcripts, but which would not
203 recognize the lentiviral vector encoded *Ltbp3* transcripts, as they are derived from
204 a cDNA. We validated the occurrence of expressed LTBP3 in 10T1/2 cells, as
205 detected by immunofluorescence, as well as by measuring LTBP3 protein as well
206 as transcripts (**SI Fig. 2A-C**). Cells transduced with the rescue LTBP3 lentivirus,
207 treated with siLtbp3-2, and placed in differentiation medium continued to express
208 *Ltbp3* mRNA (**Fig. 2C**) and protein (**SI Fig. 2D, E**). These cells were resistant to
209 the interference of adipogenesis, as measured by *Ppar γ* and *Cebpa* expression (**Fig.**
210 **2D and E**), the percentage of cells with lipid vesicles (**Fig. 2F and G**), and PPAR γ
211 protein levels (**SI 2Fig. D and E**). The expression level of the rescue *Ltbp3* mRNA
212 was consistently ~2 fold higher than that of the endogenous transcripts of *Ltbp3*
213 gene (**Fig. 2C**). The reason for this is unclear but could relate to the lack of the 3'
214 UTR or to the viral titer. This question was not pursued. As expected, cells
215 transduced with a lentivirus expressing *Ltbp3* transcripts were not rescued with
216 respect to *Ppar γ* expression when treated with siLtbp3-4, which recognizes a
217 coding region of *Ltbp3* mRNA (**SI Fig. 2F and G**). These results indicate that the
218 effect of siLtbp3-2 mediated *Ltbp3* KD is not the result of an off-target activity.

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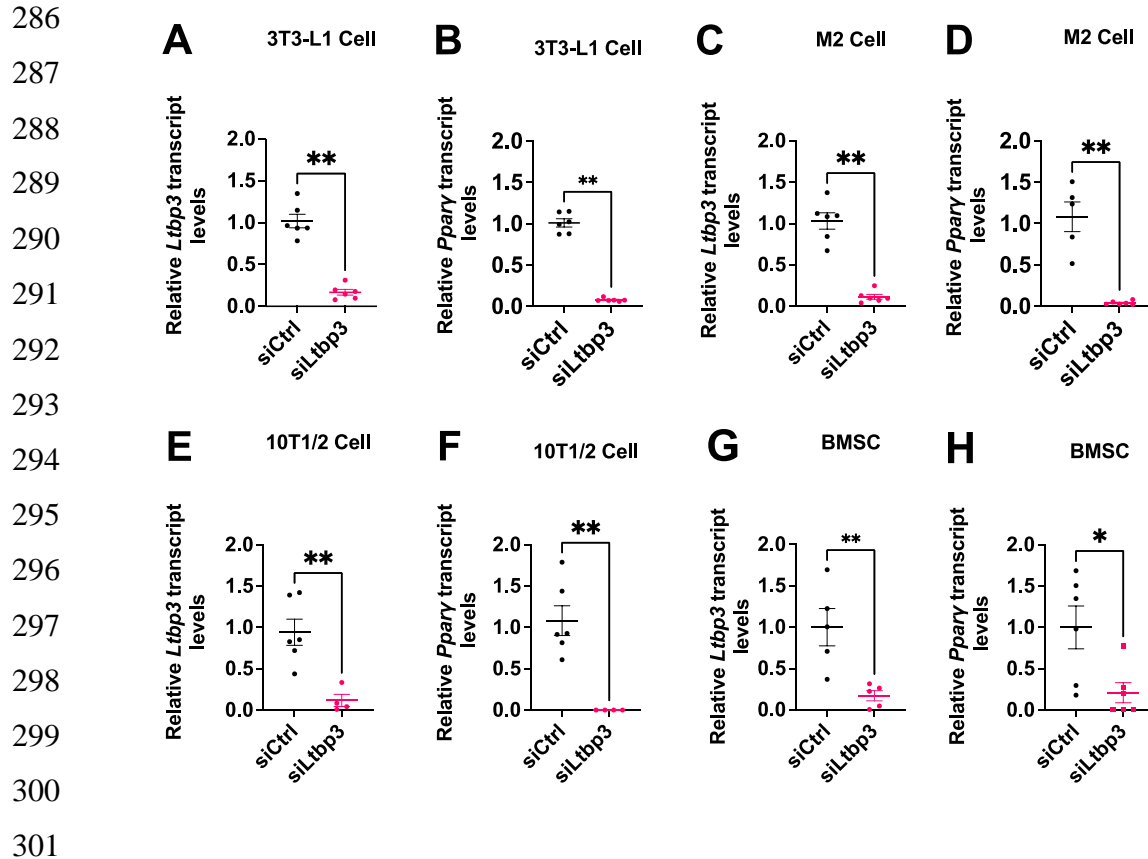


255 **Fig. 2. *Ltbp3* knockdown specificity.** (A and B) Effect of different *Ltbp3* siRNAs
256 on adipogenesis. Relative mRNA levels of *Ltbp3* and *Ppar γ* were measured in
257 10T1/2 cells treated with siCtrl or si*Ltbp3*-1, 2, 3, or 4, maintained for two days in
258 basal media, and incubated for three days in adipogenic medium. qRT-PCR values
259 were normalized to *B2m* and plotted relative to the siCtrl. Data represent the means
260 of 3 independent experiments with 3 technical replicas for each sample, and each
261 technical replica was analyzed 2 times by qRT-PCR. (C-E) Relative mRNA levels
262 of *Ltbp3* (C), *Ppar γ* (D), and *Cebpa* (E) in LentiCtrl and LentiLTBP3 cells treated
263 with siCtrl or si*Ltbp3*-2 for 48 h followed by 72 h of adipogenic induction. Data
264 represent the means of 3 independent experiments with 1-3 technical replicas for
265 each group, and each replica was analyzed 2 times by qRT-PCR. (F) Lipid vesicles
266 in cells rescued by lentivirus mediated expression of *Ltbp3*. Images show
267 birefringent lipid vesicles and blue DAPI stained nuclei in LentiCtrl and
268 LentiLTBP3 cells treated with siCtrl or si*Ltbp3*-2 for 48 h followed by 120 h
269 incubation in adipogenic medium. Scale bar, 100 μ m. (G) Quantification of cells
270 with lipid droplets from panel F. For **Fig. F** representative images are from one of
271 three independent experiments with two-four technical replicas and for **Fig. G** data
272 are the mean of two independent experiments with 2,000-4,000 cells counted in
273 each replica. Statistical significance was evaluated by one-way ANOVA with
274 Dunnett's multiple comparison (**Fig. A and B**) or nonparametric, Kruskal-Wallis
275 test with Dunn's multiple comparisons test. (**Fig. C-E and G**). Data are represented
276 as mean \pm SEM. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

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278 Third, we tested whether the restraint of adipogenesis by si*Ltbp3*-2 was restricted
279 to 10T1/2 cells. We monitored the result of *Ltbp3* loss on differentiation of the
280 mouse preadipocyte line 3T3-L1, the mouse bone marrow-derived mesenchymal
281 cell line M2, and the mouse bone marrow-derived stromal primary cell (BMSC).
282 KD of *Ltbp3* transcripts in all three cell types resulted in impaired *Ppar γ* expression
283 (**Fig. 3A-H**). These data plus results with *Ltbp3* KD of primary mouse BMSC
284 indicate that the *Ltbp3* requirement for adipogenesis is not unique to 10T1/2 cells.

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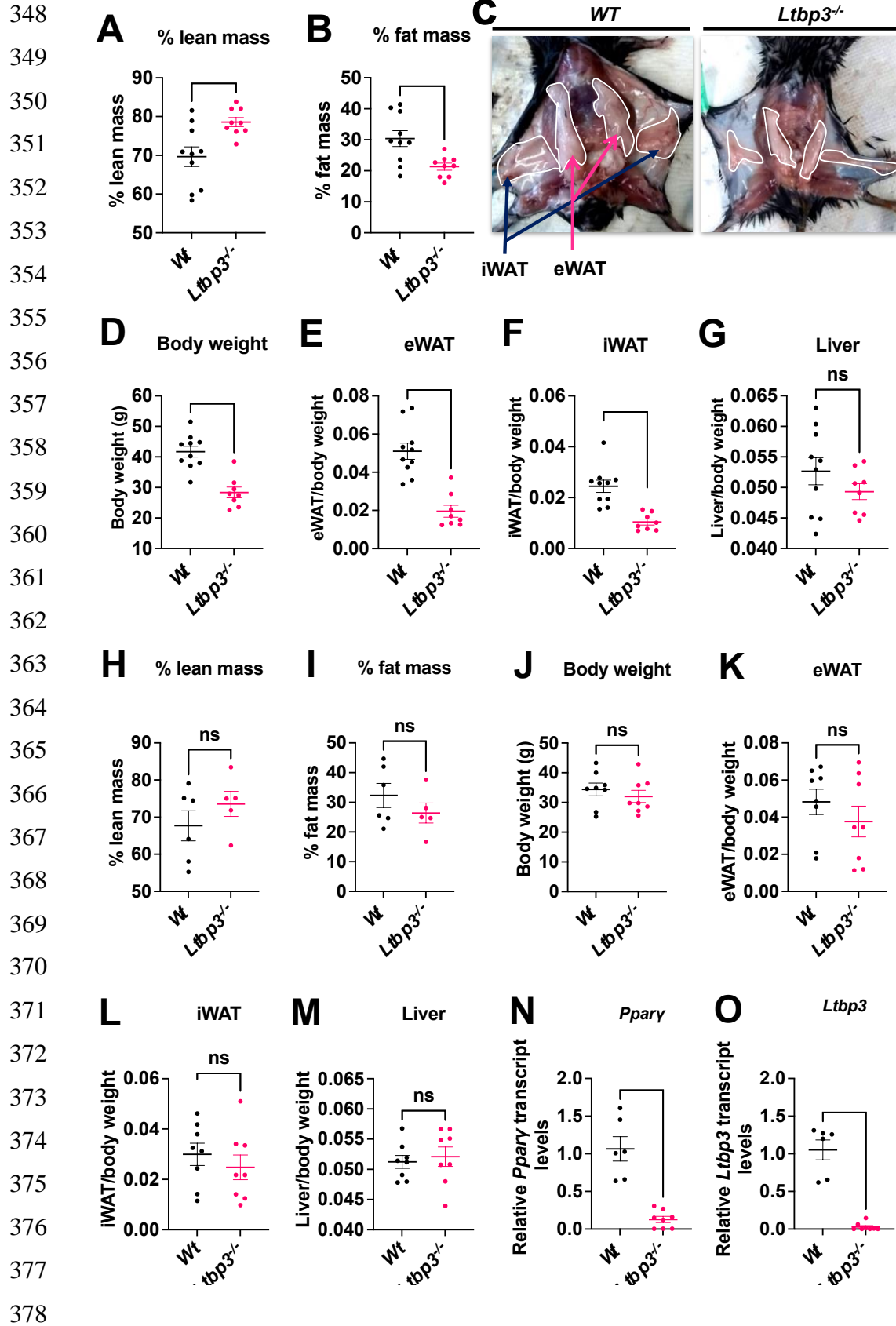


302 **Fig. 3. Effect of *Ltp3* downregulation in 3T3-L1, 10T1/2, M2, and BMSC. (A-**
303 **H) Relative transcript levels of *Ltp3* and *Pparγ* measured at 96 h post siCtrl or**
304 **siLtp3-2 treatment (48 h in basal media followed by 48 h of adipogenic stimulation**
305 **except for BMSC, BMSC were exposed to adipogenic media for 72 h) with 3T3-**
306 **L1 (A and B), M2 (C and D), 10T1/2 (E and F), and BMSC (G and H) cells. For**
307 **Fig. A-F, data are the mean ± SEM of 3 independent experiments with one-three**
308 **technical replicas for each experiment and treatment condition. Each technical**
309 **replica was analyzed two times by qRT-PCR. For experiments G and H, there were**
310 **5-6 animals per group and the samples were each assayed in duplicate by qRT-**
311 **PCR. Statistical significance was evaluated by nonparametric, Mann-Whitney U**
312 **test (A-H). *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001.**

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317 **Effect of in vivo loss of *Ltbp3***

318 To probe if *Ltbp3* loss in vivo yields decreased fat accumulation, we performed
319 DEXA scans on wild-type (*WT*) and *Ltbp3* null mice to measure body composition.
320 DEXA scans revealed that male *Ltbp3* null mice had a ~30% decrease in fat mass
321 and a corresponding ~13% increase of lean mass by 18 weeks of age (**Fig. 4A** and
322 **B**). We next visualized the white fat depots to see if specific body fat deposits
323 differed between *WT* and *Ltbp3* null mice. A clear contrast was apparent in the size
324 of inguinal (iWAT) and epididymal (eWAT) subcutaneous fat pads between males
325 of the two genotypes (**Fig. 4C**). As reported previously [18], there was also a
326 significant loss of body weight in the *Ltbp3*^{-/-} animals compared to *Wt* counterparts
327 (**Fig. 4D**). When we dissected animals, weighed and normalized fat pads to body
328 weight, we found a 62% loss of eWAT and a 57% loss of iWAT in *Ltbp3* null
329 compared to *WT* animals (**Fig. 4E** and **F**). However, we observed no significant
330 difference in liver, a potential site for fat deposition, weights between *WT* and
331 *Ltbp3*^{-/-} animals (**Fig. 4G**). The fat mass loss was not as dramatic in female mice,
332 which had fat mass losses of less than 18% and a corresponding ~8% increase of
333 lean mass by age of 18 weeks (**Fig. 4H** and **I**). Female mice of the two genotypes
334 also displayed no significant differences in body weight, eWAT, iWAT, or liver
335 weight (**Fig. 4J-M**). The decreased amount of white fat in *Ltbp3*^{-/-} animals was
336 consistent with the in vitro findings described above. However, *Ltbp3* loss might
337 have indirect or systemic effects that modulate fat accumulation in the animal.
338 Therefore, we evaluated the ability of primary *WT* BMSC to differentiate into
339 adipocytes. When we treated freshly isolated *WT* BMSC with si*Ltbp3*-2 and
340 induced them to differentiate, we observed a significant decrease in *Ltbp3*
341 transcripts (**Fig. 3G**) and protein (**SI Fig. 3A** and **B**), the degree of differentiation
342 measured by *Pparγ* mRNA (**Fig. 3H**) and protein levels (**SI Fig. 3A** and **C**), and
343 the number of cells with lipid vesicles (**SI Fig. 3D** and **E**). We observed a similar
344 inhibition of adipogenesis as measured by the number of cells containing lipid
345 vesicles (**SI Fig. 3F** and **G**) and *Pparγ* mRNA transcripts (**Fig. 4N**) using BMSC
346 derived from *Ltbp3*^{-/-} bone marrow (**Fig. 4O**). Thus, *Ltbp3* loss mediated by either
347 siRNA mediated KD or gene targeting impairs adipogenesis.



379 **Fig. 4. Reduced adipose tissue in *Ltbp3*^{-/-} mice.** (A and B) DEXA scans for body
380 composition of 18-week-old male mice. (A) percent lean mass, (B) percent fat
381 mass. (C) Representative images of the fat depots of 18-week-old *WT* and *Ltbp3*^{-/-}
382 male mice; epididymal white adipose tissue (eWAT) and inguinal white adipose
383 tissue (iWAT). (D) Body weights of 18-week-old *WT* and *Ltbp3*^{-/-} male mice. (E-
384 G) Relative weights of eWAT, iWAT, and liver normalized to body weights of 18-
385 week-old *WT* or *Ltbp3*^{-/-} male mice. (H and I) DEXA scans for body composition
386 of 18-week-old female mice. H percent lean mass, I percent fat mass. (J) Body
387 weights of 18-week-old *WT* and *Ltbp3*^{-/-} female mice. (K-M) Relative weights of
388 eWAT, iWAT, and liver normalized to body weights of 18-week-old *WT* or
389 *Ltbp3*^{-/-} female mice. (N and O) Relative transcript levels of *Pparγ* and *Ltbp3*
390 measured at 120 h post differentiation treatment (48 h in basal media followed by
391 72 h of adipogenic stimulation) of *WT* and *Ltbp3*^{-/-} BMSC. For experiments in parts
392 **Fig. 4A-B, D-G** and **J-M** there were 8-10 animals per group, and for part
393 **Fig. 4H-I** there were 5-6 animals per group. For experiments **N** and **O**, there were
394 6-8 animals per group and the samples were each assayed in duplicate for the qRT-
395 PCR. Data are represented as mean ± SEM. Statistical significance was confirmed
396 by using nonparametric, Mann-Whitney U test (**Fig. A-B** and **D-O**). $p < 0.05$, ** p
397 < 0.01 , *** $p < 0.001$, **** $p < 0.0001$.

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400 **Requirement for TGFβ**

401 LTBP null phenotypes in both humans and mice have been related to decreased
402 TGFβ signaling, consistent with the hypothesis that LTBPs are critical mediators
403 of TGFβ function. However, decreased TGFβ resulting from the loss of LTBP3 is
404 unlikely to account for impaired adipogenesis, since TGFβ is a known suppressor
405 of adipocyte differentiation. Thus, LTBP3 loss and consequent decrease in active
406 TGFβ should enhance differentiation. Nevertheless, we tested the potential
407 involvement of TGFβ in our system by several approaches. We initially monitored
408 the effect of TGFβ supplementation on *Ltbp3* KD 10T1/2 cells (**SI Fig. 4A** and **B**).
409 Addition of TGFβ1 yielded cultures with enhanced impairment of differentiation

410 compared to those with *Ltbp3* KD alone, indicating, as predicted, that TGF β loss
411 was not responsible for the inhibition of adipogenesis (**SI Fig. 4A and B**).

412

413 We next examined the level of TGF β signaling in control and LTBP3 KD cells
414 cultures by monitoring phospho-SMAD3 (p-SMAD3) levels, as p-SMAD3 can be
415 used as a surrogate marker for TGF β activity. Indeed, we observed an increase
416 (~2.3-fold) in p-SMAD3 after treatment with the siLtbp3-2 (**Fig. 5A and B**),
417 implying that there was an increase in active TGF β after inhibition of LTBP3
418 production. We reasoned that if excess TGF β produced after *Ltbp3* KD was
419 responsible for the inhibition of adipogenesis, prevention of TGF β signaling either
420 with an inhibitor to the TGF β receptor kinase or a neutralizing antibody should
421 overcome the KD effect. Addition of the low molecular weight TGF β type I
422 receptor kinase (ALK5) inhibitor (SB431542) effectively decreased p-SMAD3
423 levels (**Fig. 5A**), and rescued the *Ltbp3* KD phenotype as monitored by recovery of
424 PPAR γ protein (**Fig. 5C and D**) and transcript levels (**SI Fig. 4C and D**), as well as
425 the number of cells with lipid vesicles (**Fig. 5E and F**). As expected, there was no
426 effect of SB431542 treatment on LTBP3 accumulation (**Fig. 5A-D, SI Fig. 4C**).

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429 We also attempted to rescue the *Ltbp3* KD phenotype, by addition of an antibody
430 that neutralizes all three isoforms of TGF β to siCtrl or siLtbp3-2 treated cells.
431 Although an isotype control antibody had no effect on LTBP3 or p-SMAD levels
432 in siCtrl or siLtbp3-2 treated cells, the inclusion of an antibody that neutralized
433 TGF β resulted in a significant decrease in p-SMAD3 induction by siLtbp3-2 (**SI**
434 **Fig. 5A and B**). In addition, when we treated cells with the TGF β neutralizing
435 antibody, there was an increase in PPAR γ protein (**SI Fig. 5C and D**). Although the
436 increase in PPAR γ protein was modest, when we compared the numbers of siLtbp3-
437 2 treated cells plus neutralizing antibody vs. cells treated with control antibody
438 containing lipid vesicles, we observed that the recovery of the adipogenic state was
439 highly significant (**SI Fig. 5E and F**). The fact that the effect of antibody treatment

440 was less than that observed with the kinase inhibitor may relate to the greater ease
441 of the low molecular weight inhibitor, compared to the antibody, to reach its target.

442

443 These results are consistent with increased rather than decreased TGF β . Therefore,
444 we quantified the level of active TGF β in cultures of siLtp3-2 treated 10T1/2 cells
445 in regular and adipogenic media. When cells were cultured in regular medium, the
446 presence of the siLtp3 clearly enhanced the level of TGF β and the induction was
447 blocked by both the TGF β receptor 1 kinase inhibitor as well as the TGF β specific
448 neutralizing antibody (**Fig. 5G**). We observed a lower, but significant, increase in
449 TGF β under the different treatments when cells were cultured in the adipogenic
450 medium (**Fig. 5H**). The decreased TGF β levels in cultures with adipogenic medium
451 was due to the effect of the dexamethasone in the adipogenic culture medium on
452 the plasmid promoter used in the assay. Together these data indicate that increased
453 TGF β signaling is responsible for the inhibition of differentiation upon loss of
454 LTBP3.

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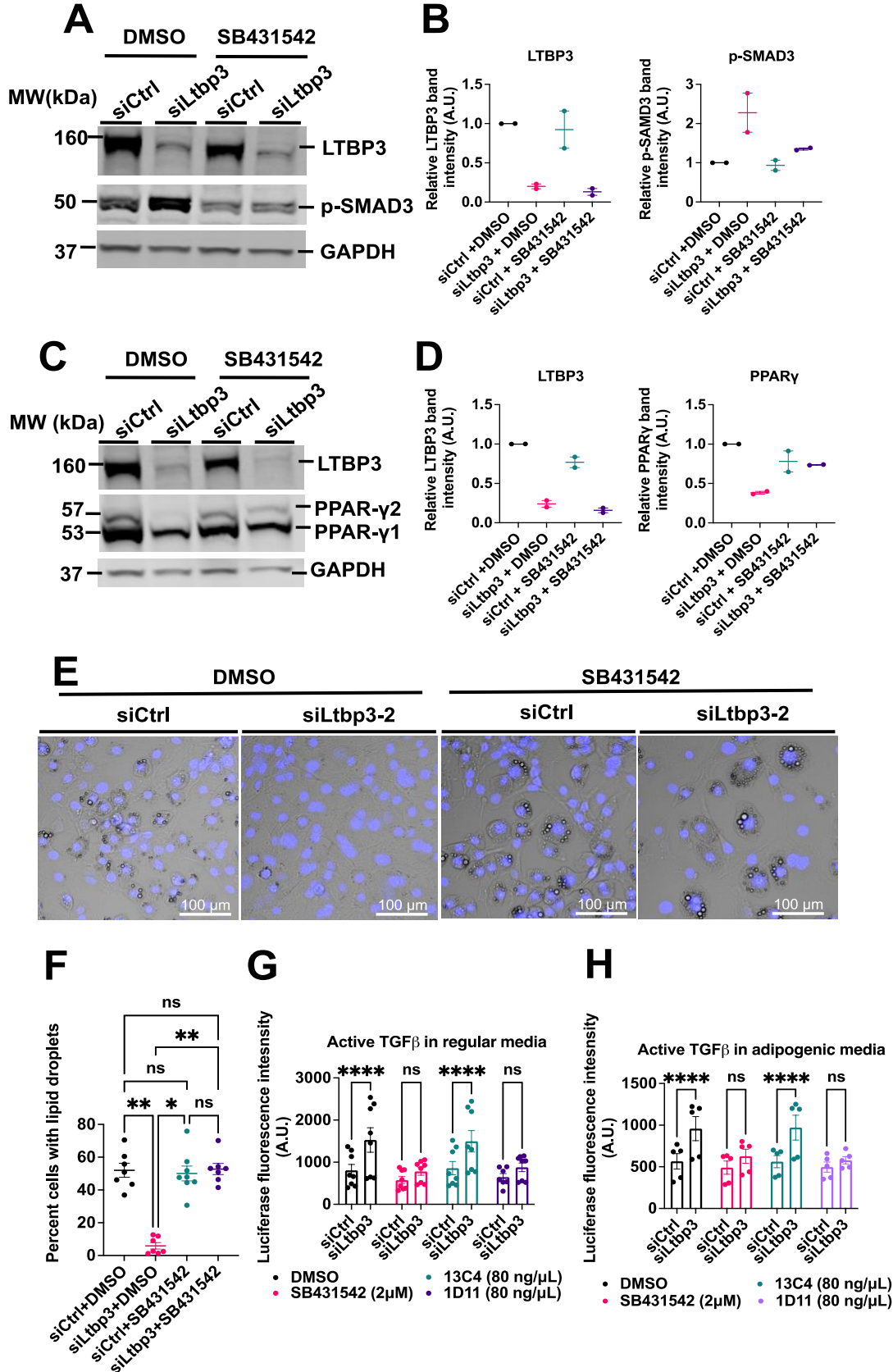
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502 **Fig. 5. Heightened TGF β inhibits adipogenesis.** (A-F) TGF β receptor kinase
503 inhibitor reverses the LTBP3 KD effect. 10T1/2 cells were treated with SB431542
504 as described in Methods. (A-D) Cell lysates were analyzed by immunoblotting with
505 antibodies to LTBP3, PPAR γ , p-SMAD3, and GAPDH. The immunoblot is
506 representative of one of two independent experiments. There was 1 technical
507 replica for each treatment condition. (E) Images showing accumulation of lipid
508 droplets in 10T1/2 cells treated with siCtrl or siLtbp3-2 and exposed to TGF β
509 receptor1 kinase (ALK5) inhibitor as described in Methods. Representative images
510 are shown from one of three independent experiments. For each experiment there
511 was 1 technical replica and 4-5 fields were counted for each replica (1,800-4,000
512 cells for each replica). Scale bars, 100 μ m. (F) Quantification of percent cells with
513 lipid droplets for panel E. (G and H) Active TGF β produced by siCtrl or siLtbp3-
514 2 treated 10T1/2 cells was determined using a luciferase reporter cell assay. 10T1/2
515 cells were treated as described in Methods. The **Fig. G** represents the values from
516 three independent experiments and **Fig. H** from two independent experiments. Each
517 treatment had 2-3 technical replicas. Statistical significance of **Fig. F** was evaluated
518 by the using nonparametric, Kruskal-Wallis test with Dunn's multiple comparisons
519 test. Data are represented as means \pm SEM. $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$,
520 **** $p < 0.0001$.

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523 Discussion

524 The LTBP3s are important for the effective secretion and localization of latent TGF β
525 into the extracellular matrix and are perceived to be crucial for the activation of the
526 latent cytokine [19]. Here we present evidence that LTBP3 loss inhibits
527 preadipocyte and mesenchymal stem cell adipogenesis, as measured by the
528 impaired accumulation of lipid vesicles and by the decrease of specific transcription
529 factor expression in both cultured and primary cells. We documented the specificity
530 of the effect by rescuing siRNA mediated inhibition using a lentiviral vector
531 expressing an *Ltbp3* mRNA resistant to siRNA mediated degradation, by blocking
532 *Ltbp3* expression in four different cell types with consequently impaired

533 adipogenesis, and by demonstrating that both *Ltbp3*^{-/-} cells and animals have
534 impaired ability to form adipocytes. We rescued adipogenesis in LTBP3 KD cells
535 by blocking TGFβ signaling either with a TGFβ neutralizing antibody or by
536 inhibiting the TGFβ receptor kinase I indicating that active TGFβ is the effector
537 molecule in LTBP3 silencing. Our studies are the first to identify an LTBP required
538 for stem cell differentiation.

539

540 Our results are consistent with the known inhibitory effect of TGFβ on adipogenesis
541 with both pre-adipocytes and bone derived mesenchymal cells [16,17,
542 20,21,22,23]. Additionally, Clouthier et al. documented that transgenic
543 overexpression of human TGFβ1 in white adipose tissue hampered adipogenesis
544 [24]. These earlier studies revealed that TGFβ signaling represses C/EBPβ and
545 C/EBPδ functions by binding to activated Smad3 [16]. Similarly, Smaldone et al.
546 [25] reported that heightened TGFβ signaling in cultured marrow cells from mouse
547 limbs deficient in fibrillin-1 impaired adipogenesis, as measured by PPARγ
548 expression. An interesting question is whether LTBP3 controls the differentiation
549 of MSCs along lineages other than the adipogenic lineage or is there lineage
550 specificity. Since TGFβ is known to inhibit chondrogenesis [26, 27] and
551 osteogenesis [28], we expect that loss of LTBP3 will impair differentiation along
552 these additional pathways.

553

554 Unexpectedly, we found a sexual dimorphism with regard to adiposity and LTBP3
555 loss with females exhibiting no statistically significant differences in the absence
556 of LTBP3. Sexual dimorphism in fat accumulation has been described for a subset
557 of mice with fibrillin1 mutations [29]. However, there appear to be no other
558 publications indicating that loss of additional matrix components yields sex-
559 specific differences in weight gain. This could, however, reflect the common
560 practice of primarily focusing on the outcomes with male mice.

561

562 An interesting question is whether other LTBPs, for example LTBP1, might
563 compensate or cooperate with LTBP3 during adipogenesis. Or conversely, is

564 suppression of LTBP1, 2, and 4 required for proper adipogenesis? We have shown
565 that the levels of expression of other LTBPs all decrease dramatically during the
566 time period in which we have measured adipogenesis. However, we cannot rule out
567 the re-expression at later times. It does appear that *Ltbp3* null animals display
568 decreased fat accumulation indicating that any compensation by a second LTBP is
569 minimal. Moreover, genetic studies in mice have failed to reveal any compensation
570 of the loss of LTBP3 in either lung or aorta when LTBP is missing in the presence
571 of other LTBPs [30, 31].

572

573 The participation of LTBPs in stem cell differentiation has not been extensively
574 studied. Koli et al. [32], who examined human mesenchymal stem cell osteogenic
575 differentiation, and Gualandris et al. [33], who monitored mouse embryoid body
576 differentiation, both concluded that differentiation required TGF β and effective
577 activation of latent TGF β required the participation of an LTBP. Thus, the loss of
578 an LTBP yielded diminished TGF β levels. However, our findings indicate LTBP3
579 down regulation results in an increase, rather than decrease, in active TGF β during
580 adipogenesis; a finding more in concert with those of Smaldone et al. (vide supra)
581 [25].

582

583 Several lines of experimentation have led to the concept that LTBPs support latent
584 TGF β activation and that the loss of LTBP1 or LTBP3 results in decreased active
585 cytokine levels. Early investigations with antibodies to LTBP1 indicated that
586 interference with LTBP1 reduced TGF β activity [34,35]. Subsequent phenotypic
587 analysis of mice with LTBP1 and LTBP3 null mutations revealed pathologies also
588 congruent with loss of TGF β function [18,36,37]. The discovery that integrin
589 binding to the TGF β propeptide facilitated LLC activation suggested that force was
590 necessary for latent TGF β activation and that the immobilization of the SLC by
591 covalent binding to an LTBP or GARP/LRRC32 provided the required traction
592 [38,39,40]. The SLC crystal structure revealed how integrin pulling at one end of
593 the latent complex would distort the propeptides and liberate active TGF β [41,42].
594 Finally, mice with a mutation in the TGF β 1 propeptide residue that binds to the

595 LTBP or GARP/LRRC32 display phenotypes overlapping with those of TGF β 1
596 null mice, implying a requirement for LLC formation to facilitate latent TGF β 1
597 activation [3]. Therefore, binding of the SLC to an LTBP is thought to be required
598 to develop the tension necessary for integrin mediated activation of the latent
599 complex. The phenotypes apparent after LTBP3 loss in mice, such as premature
600 ossification of the synchondroses [18], amelogenesis imperfecta [36], and
601 inhibition of thoracic aortic aneurysms in mice with Marfan syndrome [30], are
602 consistent with decreased active TGF β levels, commensurate with a requirement
603 for LTBP3 to target the LLC to the extracellular matrix (ECM) for latent TGF β
604 activation. However, it must be stated that in none of these examples has a decrease
605 in levels of mature TGF β in the tissue been rigorously demonstrated.

606

607 Recently Halbgebauer et al. [43] reported that knockout of LTBP3 in human
608 Simpson-Golabi-Behmel cells and human primary adipose-derived stromal cells
609 had no effect upon adipogenesis with respect to markers of white fat differentiation,
610 such as PPAR γ , but did affect the expression of UCP-1, a marker for brown fat. It
611 is unclear why these results differ from the results reported here, but there are
612 differences in cell source, differentiation medium, method of LTBP depletion, and
613 length of time of the assay. It is important to note that the length of time of our
614 assays were limited to 5-7 days because of the transitory nature of the KD. It will
615 be important to clarify the explanation (s) for the differences between our results
616 and those of Halbgebauer et al.

617

618 Although our results are contradictory to these earlier results and their interpretation
619 indicating loss of LTBP yields decreased TGF β , our findings are in agreement with
620 multiple reports describing enhanced TGF β levels after perturbation or loss of
621 specific matrix proteins. Neptune et al. [44] reported that enhanced levels of active
622 TGF β accounted for aspects of Marfan syndrome caused by mutations in fibrillin1,
623 a major partner for LTBP binding and crosslinking [45,46]. The authors reasoned
624 that under conditions of decreased or defective fibrillin1, LLCs were improperly
625 sequestered in the ECM permitting inappropriate latent TGF β activation. Recent

626 experiments from the Ramirez laboratory demonstrating that fibrillin1 loss yields
627 enhanced levels of active TGF β , especially with BMSC (*vide infra*), support this
628 interpretation [25,47]. Heightened levels of TGF β signaling are also observed upon
629 perturbation of other ECM proteins, especially those that interact with fibrillin,
630 including elastin [48,49], ADAMTSL2 [50], MAGP1 [51,52], LTBP4 [53], Fibulin
631 4 [54,55], and proteoglycans [56,57,58]. Most recently, Abriel et al. [59] described
632 heightened levels of TGF β in the zebrafish outflow tract with deletions of LTBP1
633 and 3. Similarly, a recent report of LTBP1 with C-terminal truncation in human
634 describes heightened TGF β levels in cultured cells [60].

635

636 Several different mechanisms may account for the heightened TGF β observed upon
637 ECM protein loss. Increased active TGF β in mice with null mutations for MAGP-
638 1 [51,52] or proteoglycans [56,57,58] may represent a deficiency of TGF β binding
639 molecules. Alternatively, enhanced TGF β levels observed after perturbation of
640 amount or distribution of proteins, such as fibrillin, involved in the binding of latent
641 TGF β complexes may reflect the misdirection and inappropriate activation of latent
642 complexes, as originally proposed by Neptune et al. [44]. Increased TGF β observed
643 after the loss of elastin, LTBP4, or ADAMTSL2 [48,49,50,53] may reflect the
644 response, i.e., increased production of the inducer of matrix protein production
645 (TGF β), of cells to a failed matrix [61].

646

647 However, these explanations fail to account for our observations and those of Abriel
648 et al. [59]. The earlier results, unlike our studies, all measured TGF β changes under
649 conditions in which there is no reported decrease in LLC production. In our
650 experiments active TGF β is unlikely to derive from an LLC, as LTBP1, 2, and 4
651 levels decrease significantly during differentiation. However, this possibility has
652 not yet been excluded by our *in vitro* experiments that are relatively short term.
653 Alternatively, the SLC could bind to GARP or LRRC32, but these molecules are
654 not known to be expressed by adipocytes. It is also possible that direct activators of
655 the SLC may be present or, alternatively, the *Ltbp3* KD cells might directly release
656 mature TGF β . The exploration of these possible mechanisms is currently under

657 investigation, as well as the basis for the loss of LTBP3 yielding opposite effects in
658 different cells.

659

660

661 **Materials and Methods**

662

663 **Mice**

664 Generation of *Ltbp3*^{-/-} mice was described previously [18]. All animal experiments
665 were performed with approval from the Institutional Animal Care and Use
666 Committees of the New York University Grossman School of Medicine. Mice were
667 fed a standard chow diet (13% kcal fat, LabDiet, no. 5053) with DietGel® Boost
668 (72-04-5022 2 oz (56 g). All experiments were performed with adult male mice,
669 approximately 18 weeks of age.

670

671 **Body composition**

672 Body composition (% fat mass and % lean mass) of 18-week-old, age matched
673 *Ltbp3*^{-/-} and *WT* male and female mice was assessed using a Lunar PIXImus Dual-
674 X-ray energy absorptiometry (DEXA) instrument (Lunar Corp., Madison, WI). At
675 the end of experiments, mice were euthanized with CO₂, opened to visualize fat
676 depots, and photographed. Adipose tissues, eWAT, iWAT, and liver were excised
677 and weights determined.

678

679 **Cell lines and primary cells**

680 C3H/10T1/2 cells were obtained from ATCC, (Manassas, VA; CCL-226),
681 HEK293T cells from Dr. D. Bar-Sagi, M2 mouse Bone Marrow Stromal Cell
682 (BMSC) from Dr. P. Mignatti, and 3T3-L1 cells from Dr. R. Schneider, NYU
683 Grossman School of Medicine. BMSC were isolated as reported [62] from 8-week-
684 old C57BL/6J male mice and cultured at 37°C with 5% CO₂. Cells were maintained
685 in DMEM (Corning;10-013-CV) supplemented with 10% FBS (Thermo Fisher
686 Scientific, Gibco™16140-071) and 1% Penicillin/Streptomycin (Thermo Fisher
687 Scientific, Gibco™ 15140-122). Media was changed on alternate days until the 5th

688 day, when cells were passaged using 0.05% Trypsin-EDTA (Thermo Fisher
689 Scientific; 25300-062), replated, and expanded for another two days before use.
690 HEK 293T, 3T3-L1, 10T1/2, and M2 cells were subcultured every 3 days and
691 maintained in DMEM supplemented with 10% heat-inactivated FBS and 1%
692 Penicillin/Streptomycin.

693

694 **Adipogenic differentiation**

695 For adipogenic differentiation experiments, BMSC cells were seeded at a density
696 of 1×10^6 cells/well in a cluster of 6 well plates. Other cells were seeded at a density
697 of $\sim 3 \times 10^3$ cells/cm² in 6 well cluster plates. At >95% confluency, cultures were
698 changed to mouse adipogenic differentiation media (Stem Cell Technology,
699 Vancouver Canada; 05507), allowed to differentiate, and either harvested or fixed
700 with 4% PFA at the times specified.

701

702 **RNA silencing**

703 siRNA transfections were carried out using 20 pmol of siRNA (**SI Table 1**)
704 targeting LTBP3 (siLtp3-1-4) and lipofectamine RNAiMAX (Invitrogen,
705 Waltham, MA; 13778-075) according to the manufacturer's protocol. Cells were
706 assayed on days 3 and 5 post initiation of adipogenic differentiation for gene
707 expression at mRNA and protein levels.

708

709 **Quantification of cell number**

710 For quantification of total cell number for the computation of the percent cells with
711 lipid droplets or vesicles, on day 5 post adipogenesis initiation, cells were fixed
712 with 4% PFA and washed 3 times with 1X PBS. DAPI (Thermo Fisher Scientific;
713 62248) staining (0.66 $\mu\text{g}/\mu\text{L}$) was performed for 5 min at room temperature
714 followed by washing 3 times with 1X PBS. Cells were photographed using the Bio-
715 Red, ZOETM Fluorescent Cell Imager. Nuclei (blue) and cells with lipid vesicles
716 (white) were counted manually. The percentage of cells with lipid vesicles was
717 calculated using the formula: Percentage of cells with lipid vesicles = (Number of
718 cells with lipid droplets/Total number of nuclei) \times 100.

719 **TGF β inhibition or supplementation experiments**

720 Forty-eight hours post siRNA treatment, siCtrl or siLtbp3-2 cells were exposed to
721 the pan-TGF β neutralizing antibody 1D11 (Bio X Cell, Lebanon, NH;1D11.16.8,
722 BP0057; 80 ng/mL) or an isotype-matched murine IgG (13C4; gift of F. Ramirez,
723 Mount Sinai School of Medicine) in regular media for 4 h and then in adipogenic
724 media for 5 days with fresh medium added after 3 days. On day 5, post adipogenic
725 treatment, cells were fixed with 4% PFA and stained with ORO. For the inhibition
726 of TGF β type I receptor, LTBP3 KD cells were treated with 2 μ M kinase inhibitor
727 SB431542 (Millipore Sigma; S4317-5MG) or DMSO as a vehicle control for
728 SB431542 in basal media for 4 h followed by incubation in differentiation media
729 supplemented with 2 μ M inhibitor for 3 to 5 days. Cells were fixed using 4% PFA
730 followed by DAPI staining and imaging as described below. To test the effect of
731 TGF β supplementation, cultured cells treated with siCtrl or siLTBP3-2 cells for 48
732 h were incubated with dosages of 0, 0.062, or 1.25 ng/mL of TGF β 1 (R & D
733 Systems; 7346-B2-005) in adipogenic media for 5 days and assayed for mature
734 adipocyte formation based on cells with lipid vesicles or lipid droplets.

735

736 **Construction of lentivirus (LV) expressing *Ltbp3***

737 Full-length *Ltbp3* cDNA (VectorBuilder; Chicago, IL) was cloned into the
738 pLV[Exp]-EGFP:T2A:Puro-EF1A vector through Vector Builder services
739 (VB200618-1318juf). The final plasmid was sequenced to confirm correct insertion
740 of *Ltbp3* ORF. The lentiviral particles were produced by Vector Builder (titer \sim 1x
741 10^8 /mL).

742

743 **LTBP3 production in vitro**

744 To quantify in vitro LTBP3 production, we transduced cells with either pLV[Exp]-
745 Puro-EF1A>{mLtp3[NM_008520.3]} (VB200618-1318juf) or control vector
746 pLV[Exp]-EGFP:T2A:Puro-EF1A>mCherry (VB160109-10005) at a multiplicity
747 of infection of 5-10. LTBP3 synthesis and secretion was measured by
748 immunofluorescence (day 6 post lentiviral transduction) and by immunoblotting of
749 cell lysates (day 8 post transduction).

750

751 **RNA isolation, cDNA synthesis, and quantitative RT-PCR**

752 Total RNA was isolated using QIAzol lysis reagent (QIAGEN, Hilden, Germany;
753 79306) and QIAGEN Mini RNeasy kit (QIAGEN; 74004). Genomic DNA was
754 digested using RNase-Free DNase (QIAGEN; 79254). Equal amounts of RNA
755 were converted into cDNA using an iScript cDNA synthesis kit (Bio-Rad, Hercules,
756 CA; 1708891) following the manufacturer's instructions. Quantitative Real-Time
757 PCR for mRNA levels were measured on a 7500 FAST RT-PCR using TaqMan
758 probe and universal advanced master mix (Thermo Fisher Scientific, TaqMan™
759 Fast Universal PCR Master Mix (2X), AmpErase™ UNG, 4367846). Relative
760 mRNA expression was determined by the $\Delta\Delta C_t$ method normalized with
761 housekeeping genes beta-2 microglobulin (*B2m*). Fold change relative mRNA
762 expression was determined by $2^{-\Delta\Delta C_t}$ as described [62,63]. The list of primers used
763 is given in **SI Table 2**.

764

765 **Protein extraction and immunoblotting**

766 Cells were lysed in RIPA lysis buffer containing 50 mM Tris pH 7.5, 150 mM
767 NaCl, 1% NP-40, 0.5% sodium deoxycholate, 0.1% SDS, supplemented with
768 protease (Complete, Roche) and phosphatase (PhosSTOP, Roche) inhibitor
769 cocktails, and 1 mM phenylmethylsulfonyl fluoride (Cell Signaling, Danvers, MA;
770 8553). Cell lysates were cleared by centrifugation (15,000 g for 15 min at 4 °C).
771 Protein concentrations were determined using Pierce BCA Protein Assay Kit
772 (Thermo Scientific, 23227). Equal amounts of protein (25 µg) were separated by
773 SDS-PAGE, and transferred onto Nitrocellulose Membranes (Bio-Rad; 1620212)

774 using ExpressPlus™ PAGE Gel 4-20% (GeneScript, Piscataway, NJ; M42015) wet
775 transfer (60V for 2 h). Thereafter, membranes were blocked for 1 h in intercept
776 (PBS) blocking buffer (LI-COR Biosciences; P/N 927-70001), followed by
777 incubation with the indicated primary antibody (LTBP-3, pAb952) [56]; PPAR γ
778 (Cell Signaling Technology; 81B8), or GAPDH (Santa Cruz SC-32233). Secondary
779 antibody (LI-COR Biotechnologies, Lincoln, NE; 925-68070/925-32211)
780 incubation with anti-rabbit (LI-COR, IRDye 800CW Goat anti-Rb IgG) or anti-
781 mouse secondary antibodies (LI-COR, IRDye 680RD Goat anti-Mouse IgG).
782 Imaging was conducted on an Image Studio™ 5.2x Odyssey CLx, (LI-COR
783 Lincoln, Nebraska USA). Image analysis of protein bands was determined using
784 Image Studio™ 5.2x Odyssey CLx.

785

786 **Immunofluorescence**

787 Cells were fixed with 2% PFA for 5 min at room temperature, washed 3 times with
788 1X PBS, permeabilized in 0.2% Triton X-100 for 5 min, and incubated with 5%
789 serum from the species used to generate the secondary antibody. Cells were
790 subsequently incubated with primary antibody overnight at 4°C, washed 3X with
791 1X PBS, and incubated with secondary antibody for 1 h at room temperature
792 followed by 3 washes with 1X PBS. Primary and secondary antibodies dilutions
793 were prepared in 1X PBST. DAPI staining (0.66 $\mu\text{g}/\mu\text{L}$) was performed for 5 min
794 at room temperature followed by washing in PBST. Slides were mounted using
795 antifade reagent (Invitrogen ProLong Gold Antifade Mountant; P10144) for 3 days
796 at room temperature and sealed with colorless nail polish. The slides were kept at -
797 20°C until photographed with a Nikon microscope (Nikon ECLIPSE TS100) image
798 software NIS-Elements D5.30.05 64 bit). Scale bar, 100 μm .

799

800 **Lipid accumulation assay**

801 Lipid accumulation in adipocytes was detected by ORO staining (Millipore Sigma,
802 St. Louis, MO; O0625-25G) as described [64].

803

804

805 **Luciferase assay**

806 The active TGF β in *Ltbp3* KD cells was determined using luciferase reporter cells
807 [65]. To measure active TGF β , 10T1/2 cells were treated with siCtrl or siLtbp3-2
808 for 48 h, at which time reporter cells were co-cultured at a ratio of 1.5×10^4 siLtbp3-
809 2 or siCtrl cells to 2×10^3 / reporter cells per well in a 96 well plate for 8 h, followed
810 by addition of the pan-TGF β neutralizing antibody 1D11 (80 ng/mL), an isotype-
811 matched murine IgG (13C4; 80 ng/mL), TGF β type I receptor kinase inhibitor
812 (SB431542; 2 μ M), or DMSO for 16 h in regular or adipogenic media. The
813 luciferase assay was performed as described [65].

814

815 **Rescue assay**

816 Four h post-seeding, cells were transduced with either LentiCtrl or LentiLTBP3
817 virus particles. Day 1 post-transduction, cells were trypsinized, replated, and grown
818 for 3 more days. On day 6 post-infection, cells were reseeded in 6 well cluster plates
819 at a density of 3×10^3 cells/cm². Four h post-seeding, LentiCtrl or LentiLTBP3
820 cells were treated overnight with 20 pmol siCtrl or siLtbp3-2. After overnight
821 incubation, medium was changed to fresh media for a further 24 h siRNA
822 incubation. Cells were divided into groups - 0 h, when cells were immediately
823 processed for RNA isolation, and 72 h, when cells were processed for measurement
824 of mRNA levels using qRT-PCR. To measure protein levels, experimental
825 conditions were the same as above. Cells were processed for protein extraction as
826 described. To measure mature adipocyte numbers, cells were fixed in 4% PFA on
827 day 5 post adipogenic induction and percentage of cells with lipid vesicles was
828 computed as defined above.

829

830 **Statistical analysis**

831 Data are reported as means \pm SEM in bar graphs. * $p < 0.05$, ** $p < 0.01$, *** $p <$
832 0.001 . For *in vivo* studies, minimum 5-10 animals per group and age-matched
833 animals were used. Cell culture experiments were reproduced 2-3 times using cells
834 at different passage numbers. Statistical significance of data was evaluated based
835 on the experimental conditions and comparisons as defined in the figure legend and

836 using one of the following statistical tests; one-way analysis of variance (ANOVA),
837 two-way mixed model analysis of variance ANOVA with Tukey's multiple
838 comparisons test, Kruskal-Wallis test with Dunn's multiple comparisons tests, or
839 Mann-Whitney U test. Data were analyzed employing GraphPad Prism 9 and JMP
840 PRO 16.

841

842 **Funding**

843 This work was supported by grant 5 P01HL134605-03 from the National Heart,
844 Lung, and Blood Institute to DR.

845

846 **Author contributions**

847 KS, NS, TE and BD performed the experiments. KS and DR wrote the manuscript.
848 KS and DR conceptualized, designed, visualized, and analyzed the data. DR
849 supervised the study. All authors have read the manuscript.

850

851 **Acknowledgments**

852 We thank Megha Kothari, Princi Labana, and Avinash Singh for assisting in
853 counting cells for the adipogenic differentiation assay.

854

855 **Conflict of interest**

856 All of the authors declare no conflict of interest.

857

858 **Availability of data**

859 All data will be available from the DRYAD database once the manuscript is
860 accepted.

861

862

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1 Latent Transforming Growth Factor β Binding Protein 3 Controls Adipogenesis

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3 *Karan Singh, Nalani Sachan, Taylor Ene, Branka Dabovic, Daniel Rifkin*

4 *Supplementary material*

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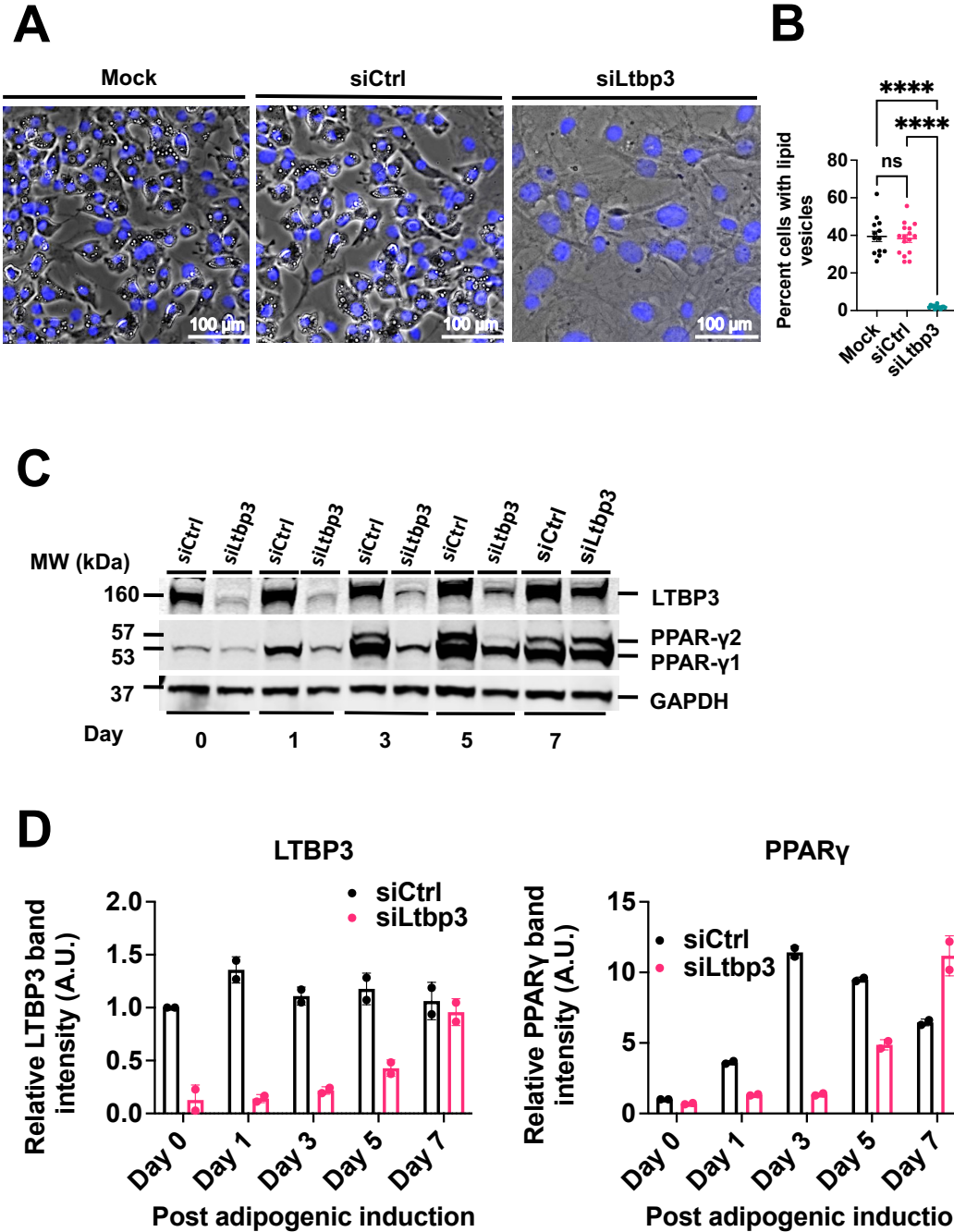
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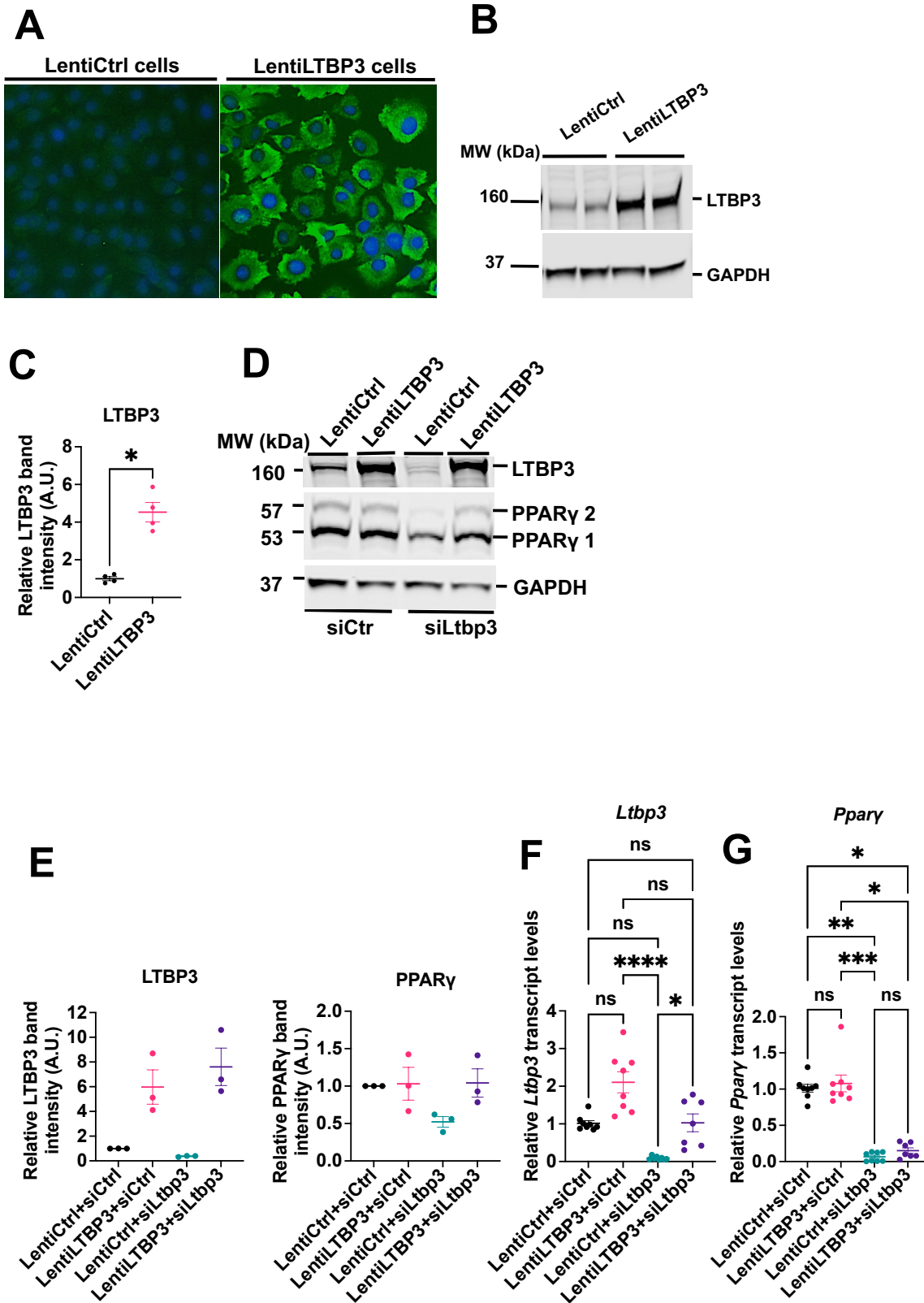
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37 **Supplementary Figure 1. LTBP3 loss inhibits adipogenesis.** (A) Lipid droplet accumulation
38 after *Ltbp3* KD. Images represent siCtrl or siLtbp3-4 treated 10T1/2 cells on day 5 after adipogenic
39 stimulation illustrating lipid droplets (white vesicles) and DAPI stained nuclei (blue). The images
40 are representative of 3 experiments. (B) Quantification of lipid loaded cells from panel A. The
41 number of cells with lipid droplets, as well as total number of cells, were counted manually. A
42 total of 13-15 random fields from each treatment group were counted. (C) Immunoblotting for
43 LTBP3, PPAR γ , and GAPDH in 10T1/2 cells treated with siCtrl versus siLtbp3-4 for 2 days
44 followed by adipogenic differentiation for 0, 1, 3, 5 and 7 days. The gel is representative of two
45 independent experiments with 1 technical replica per treatment condition. (D) Quantification of
46 immunoblots panel C for LTBP3 and PPAR γ normalized with to GAPDH. Statistical significance
47 of **Fig. B** was evaluated by nonparametric, Kruskal-Wallis test with Dunn's multiple comparisons
48 test. Data are represented as means \pm SEM. ****p < 0.0001.

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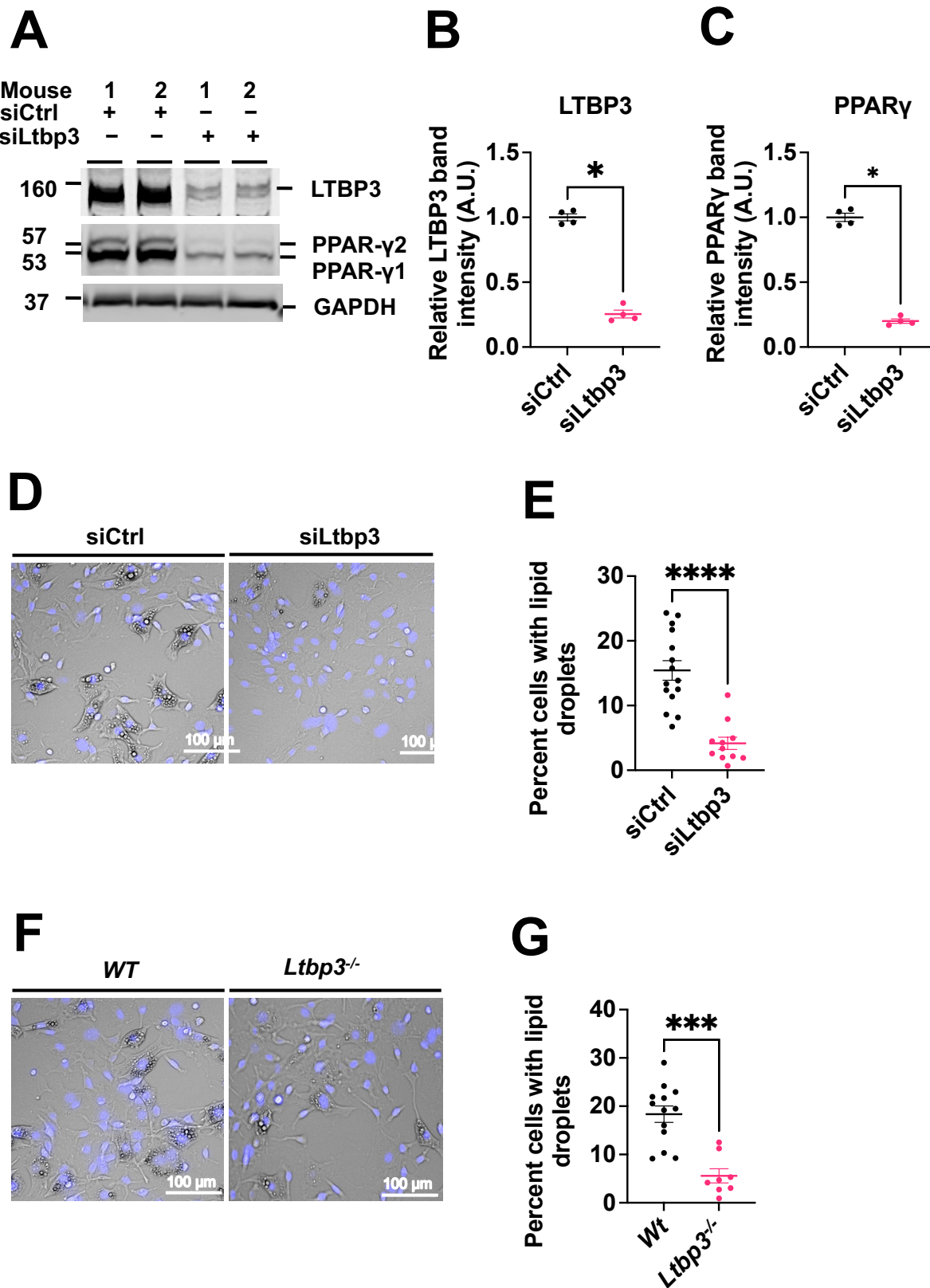
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99 **Supplementary Figure 2. Rescue of adipogenesis by *Ltbp3* expression.** (A) LTBP3
100 immunofluorescence staining. Immunostaining was performed on day 6 post exposure of 10T1/2
101 cells transduced with lentiviral particles expressing *Ltbp3* or control vector. Cells were fixed with
102 2% PFA and stained with an antibody (green) against LTBP3. Nuclei were stained with DAPI
103 (blue). Scale bars, 100 μ m. Figures are representative of one of 3 independent experiments. (B)
104 Immunoblotting of LTBP3 from cell lysates after lentiviral transduction of rescue *Ltbp3* in 10T1/2
105 cells. The immunoblot shows the levels of LTBP3 and GAPDH in 10T1/2 transduced cells after 6
106 days. The immunoblot is representative of one of two independent experiments and there were two
107 technical replicas (samples from transduction in two different wells in 6-well plate) for each group.
108 (C) Quantification of immunoblots of LTBP3 normalized with GAPDH for panel B. There were
109 2 independent experiments in each group. (D) Immunoblots of lysates from LentiCtrl and
110 LentiLTBP3 cells treated with siCtrl or siLtbp3-2. After 72 h of adipogenic induction, cell lysates
111 were analyzed by immunoblotting with antibodies to LTBP3, PPAR γ , and GAPDH. The
112 immunoblot is representative of one of three independent experiments. (E) Quantification of
113 immunoblots of LTBP3 and PPAR γ that were normalized with GAPDH for panel D. The data
114 represent the average of 3 independent experiments per treatment group and there was one
115 technical replica for each group. (F and G) Relative mRNA levels of *Ltbp3*, and *Ppar γ* in 10T1/2
116 cells infected with a lentivirus expressing *WT Ltbp3* and treated with siLtbp3-4 followed by 3 days
117 of adipogenic differentiation. qRT-PCR values were normalized to *B2m* and plotted relative to
118 siCtrl. The figures represent the average of 2 independent experiments per treatment group and
119 there were 3-4 technical replicas for per group. Each technical replica was analyzed twice with
120 qRT-PCR. Statistical significance of **Fig. 2C** was evaluated with Mann-Whitney U test, and of
121 **Fig. 2F** and **G** was evaluated using nonparametric, Kruskal-Wallis test with Dunn's multiple
122 comparisons test. Data are represented as means \pm SEM. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$,
123 **** $p < 0.0001$.

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161 **Supplementary Figure 3. LTBP3 loss in BMSC inhibits adipogenesis.** (A) Immunoblot
162 illustrating the levels of LTBP3, PPAR γ , and GAPDH in BMSC treated with siCtrl or siLtbp3-2
163 for two days followed by 3 days of adipogenic differentiation media treatment. The experiment
164 was repeated twice with two samples in each group. (B and C) Quantification of LTBP3 and
165 PPAR γ from figure A. Results are representative of two independent experiments. (D)
166 Representative photographs illustrating the lipid vesicles or droplets (white) and DAPI stained
167 nuclei (blue) in BMSC treated with siCtrl or siLtbp3-2 followed by 5 days exposure to adipogenic
168 differentiation media. Data were taken from one of two independent experiments. There were two
169 samples for each treatment and there were 4 animals in each group. 3-4 random fields were
170 photographed for each condition. Scale bar, 100 μ m. (E) Quantification of lipid loaded cells from
171 panel D. The number of cells with lipid droplets, as well as total number of cells, were determined
172 manually. 12-16 random fields for each group were scored. (F) Representative photographs
173 illustrating the lipid vesicles or droplets (white) and DAPI stained nuclei (blue) in BMSC from *Wt*
174 and *Ltbp3*^{-/-} mice treated with adipogenic differentiation media for 5 days. Data were taken from
175 one of two independent experiments. There were two samples for each group. 3-4 random fields
176 were photographed for each group. Scale bar, 100 μ m. (G) Quantification of lipid loaded cells
177 from panel F. The number of cells with lipid vesicles, as well as total number of cells, were
178 computed manually. 8-13 random fields for each group were scored (2,000-4,000 cells for each
179 group). Statistical significance of **Fig. B, C, E, and G** was confirmed using Mann-Whitney U test.
180 Data are represented as means \pm SEM. *p < 0.05, **p < 0.01, ***p < 0.001.

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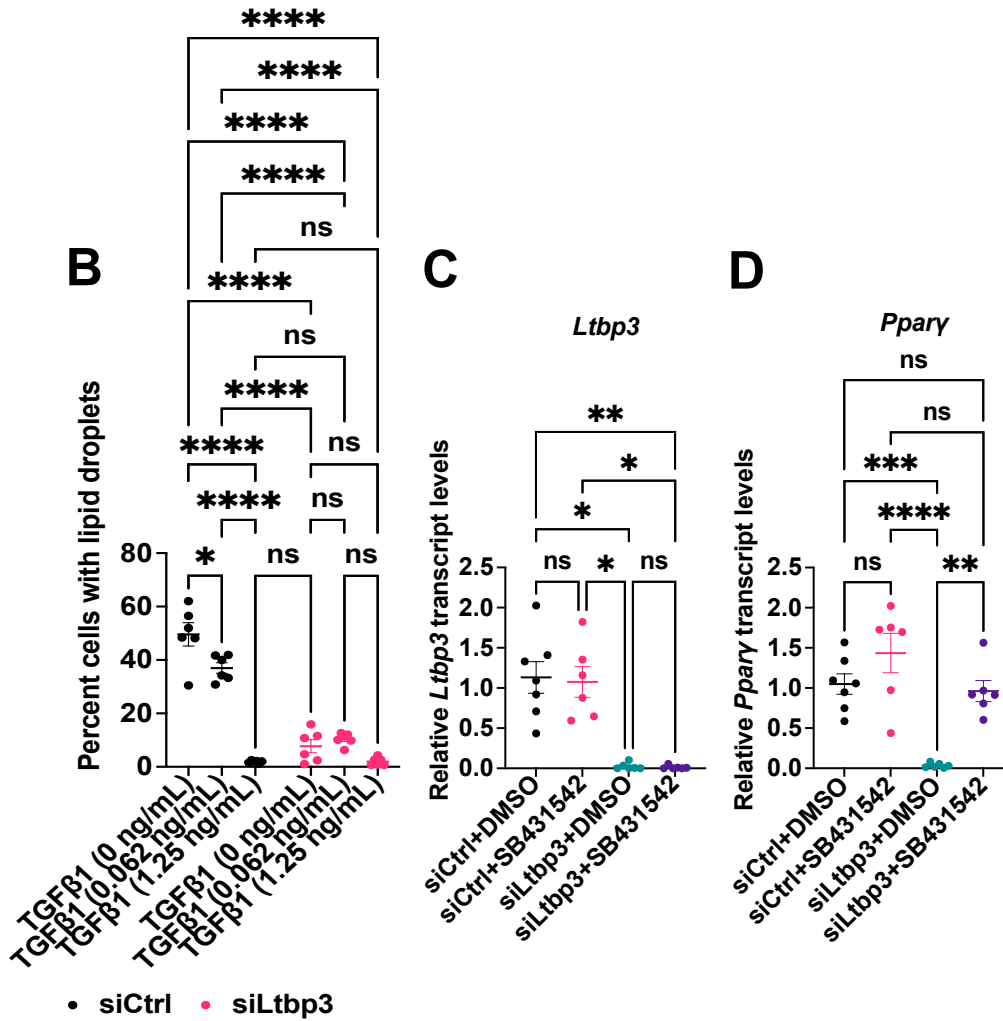
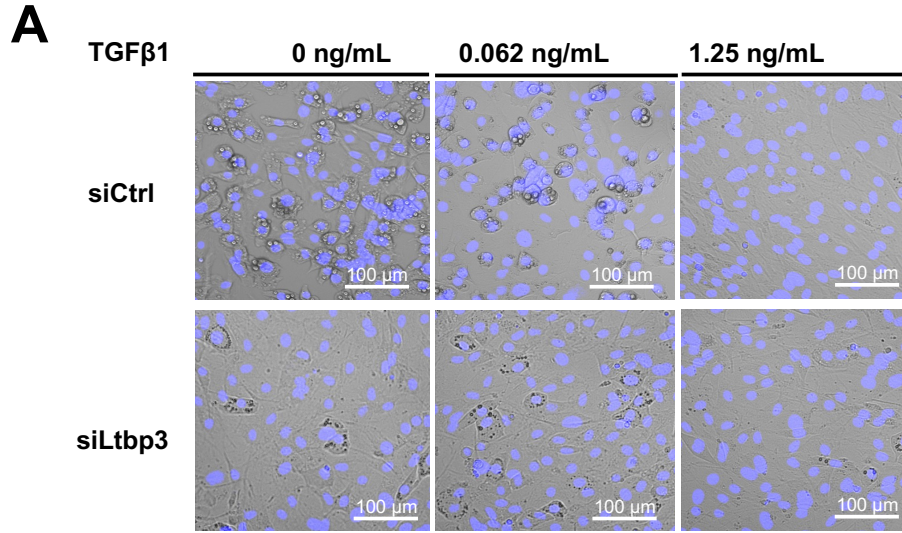
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221 **Supplementary Figure 4. TGF β treatment inhibits adipogenesis, whereas TGF β receptor**
222 **type I signaling inhibition rescues adipogenesis.** (A) Representative images showing
223 accumulation of lipid droplets (white vesicles) and DAPI stained nuclei (blue) in 10T1/2 cells
224 treated with siCtrl or siLtp3-2 for two days and exposed to different dosages of TGF β 1 (0, 0.062,
225 and 1.25 ng/mL) in adipogenic media for 5 days. (B) Quantification of lipid loaded cells from A.
226 The number of cells with lipid droplets, as well as total number of cells, were counted manually.
227 6 random fields from each group were scored. Data are representative of two independent
228 experiments. There were 3 technical replicas for each treatment. Random images from 4-8 fields
229 were scored for each condition (2,000-4000 cells for each technical replica). (C and D) Relative
230 mRNA levels of *Ltp3* and *Ppar γ* in 10T1/2 cells treated with siCtrl or siLtp3-2 with or without
231 TGF β receptor I kinase inhibitor. The data are from three independent experiments with 2 technical
232 replicas for each treatment group. Each technical replica was analyzed twice by qRT-PCR.
233 Statistical significance was evaluated by the two-way mixed model ANOVA with Tukey's
234 multiple comparisons test (B), one-way ANOVA with Tukey's multiple comparisons test (C) or
235 by using nonparametric, Kruskal-Wallis test with Dunn's multiple comparisons test (D). Data are
236 represented as means \pm SEM. $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

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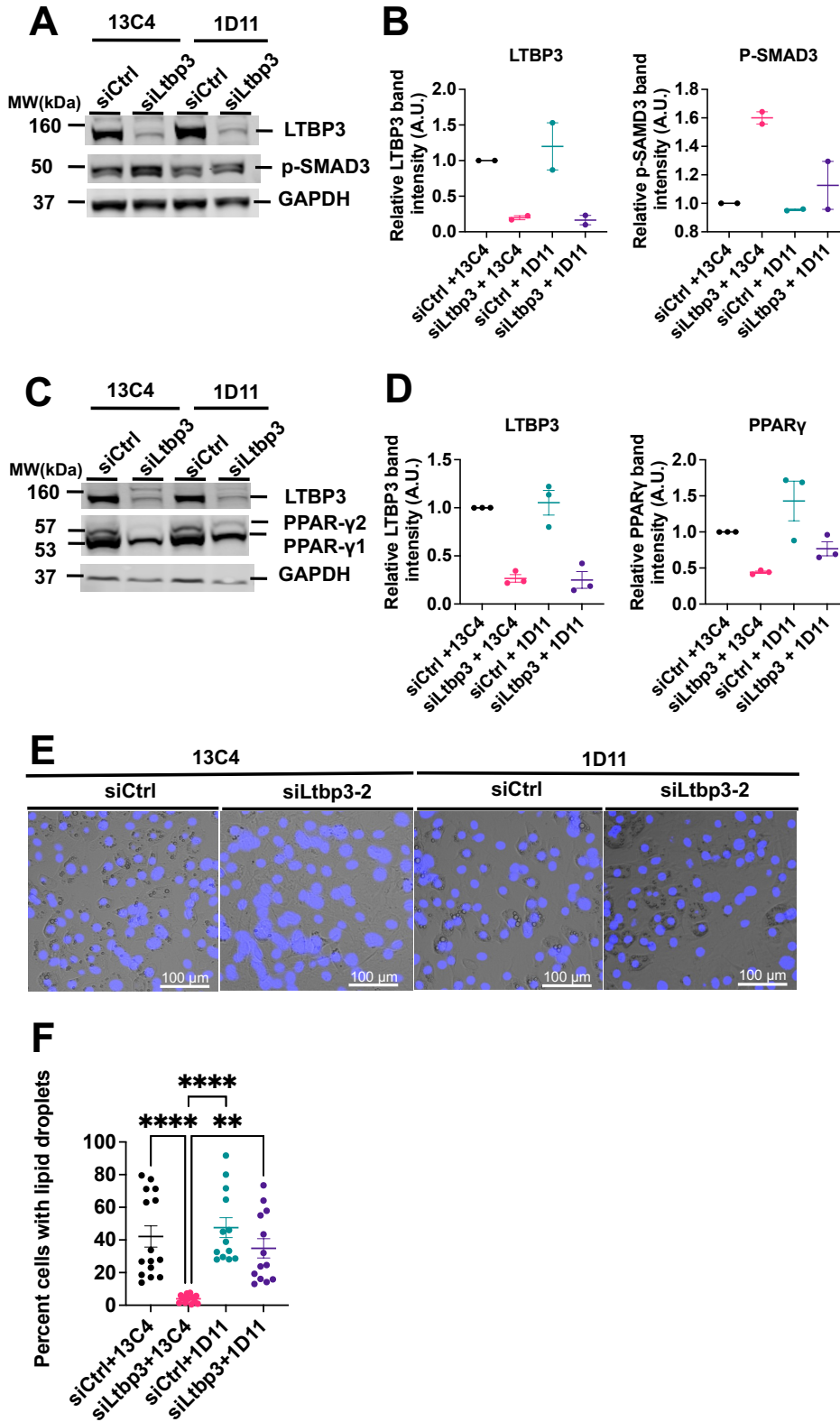
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282 **Supplementary Figure 5. Antibody inhibition of TGF β rescues adipogenesis in *Ltbp3* KD**
283 **10T1/2 cells. (A)** Immunoblot illustrating the levels of LTBP3, p-SMAD3 and GAPDH in 10T1/2
284 cells treated with siCtrl or siLtbp3-2 for two days followed by 3 days of adipogenic differentiation
285 media treatment with control (13C4) or specific TGF β (1D11) neutralizing antibodies. The
286 experiment was repeated twice. **(B)** Quantification of LTBP3 and p-SMAD3 from figure A. **(C)**
287 Immunoblot illustrating the levels of LTBP3, PPAR γ and GAPDH in 10T1/2 cells treated with
288 siCtrl or siLtbp3-2 for two days followed by 3 days of adipogenic differentiation media treatment
289 with control (13C4) or TGF β specific (1D11) antibodies. The experiment was repeated three times.
290 **(D)** Quantification of LTBP3 and PPAR γ from figure C. **(E)** Representative images showing
291 accumulation of lipid droplets (white vesicles) and DAPI stained nuclei (blue) in 10T1/2 cells
292 treated with siCtrl or siLtbp3-2 for two days and exposed to control (13C4) or TGF β specific
293 (1D11) antibodies in adipogenic media for 5 days. The experiment was repeated three times. **(F)**
294 Quantification of lipid loaded cells after differentiation was induced in the presence of control
295 (13C4) or TGF β specific (1D11) neutralizing antibodies. The number of cells with lipid droplets,
296 as well as total number of cells, were counted manually. 4-5 random fields from each treatment
297 group were counted for each experiment. Data were taken from three independent experiments.
298 Scale bar, 100 μ m. Statistical significance of **Fig. F** was evaluated by the using nonparametric,
299 Kruskal-Wallis test with Dunn's multiple comparisons test. Data are represented as means \pm SEM.
300 $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

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313 **Supplementary Tables:**

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317 **Supplementary Table 1. Nucleotide sequences of mouse *Ltbp3*-specific siRNAs used in the**
318 **study.**

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Product name	Company	Catalog no.	Target sequences (all sequences are provided in 5' to 3' orientation)
Mm_Ltbp3-1	QIAGEN	SI01296995	CAGCATGTGAAATAGAATTTA
Mm_Ltbp3-2	QIAGEN	SI01297002	CAAATTGTATTACATCCAA
Mm_Ltbp3-3	QIAGEN	SI01297009	CCCAAGGGTGATTCCTAGAAA
Mm_Ltbp3-4	QIAGEN	SI04401551	CCGCTCGTGC GTGGACCTGAA

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337 **Supplementary Table 2. Taqman primers used in the study.**

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S. no.	Company name	Assay ID/Catalog	Gene	Dye-label
1	Life Technologies	Mm00498234_m1	<i>Ltbp1</i>	FAM-MGB
2	Life Technologies	Mm01307379_m1	<i>Ltbp2</i>	FAM-MGB
3	Life Technologies	Mm00521855_m1	<i>Ltbp3</i>	FAM-MGB
4	Life Technologies	Mm00723631_m1	<i>Ltbp4</i>	FAM-MGB
5	Life Technologies	Mm00550339_g1	<i>Srebf1</i>	FAM-MGB
6	Life Technologies	Mm00514283_s1	<i>Cebpa</i>	FAM-MGB
7	Life Technologies	Mm00843434_s1	<i>cebpb</i>	FAM-MGB
8	Life Technologies	mm00786711_s1	<i>Cebpd</i>	FAM-MGB
9	Life Technologies	Mm00440940_m1	<i>Pparg</i>	FAM-MGB
10	Life Technologies	Mm00437762_m1	<i>B2m</i>	VIC-MGB
11	Life Technologies	Mm00662319_m1	<i>Fasn</i>	FAM-MGB

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