### 1 Surface phenotyping and quantitative proteomics reveal differentially enriched proteins of

### 2 brain-derived extracellular vesicles in Parkinson's disease

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### 21 ABSTRACT

22 Extracellular vesicles (EVs) are produced by all cell types and are found in all tissues and biofluids. EV proteins, nucleic acids, and lipids are a "nano-snapshot" of the parent cell that may 23 be used for novel diagnostics of various diseases, including neurodegenerative disorders. 24 Currently, diagnosis of the most common neurodegenerative movement disorder, Parkinson's 25 disease (PD), relies on manifestations of late-stage progression, which may furthermore 26 associate with other neurodegenerative diseases such as progressive supranuclear palsy (PSP). 27 Here, we profiled surface markers and other protein contents of brain-derived extracellular 28 vesicles (bd-EVs) from PD (n= 24), PSP (n=25) and control (n=24). bdEVs displayed tetraspanins 29 and certain microglia, astrocyte, and neuron markers, while guantitative proteomics revealed 30 enrichment of several proteins in PD vs. control and/or PSP, including clathrin heavy chain 1 and 31 14-3-3 protein gamma. This characterization of EVs in the source tissue provides insights into 32 33 local dynamics as well as biomarker candidates for investigation in peripheral fluids. 34

35 Keywords: Parkinson's disease, microglia, astrocytes, neurons, extracellular vesicles,

36 ectosomes, exosomes, biomarkers, proteomics, progressive supranuclear palsy

### 37 INTRODUCTION

Parkinson's disease (PD) is the most common neurodegenerative movement disorder, affecting 38 approximately 1% of individuals over 65 years of age (de Lau & Breteler, 2006). PD is characterized 39 by loss of pigmented neurons in the locus ceruleus and substantia nigra (Fearnley & Lees, 1991) 40 and neuronal abnormal aggregation of alpha-synuclein ( $\alpha$ -syn) (e.g., Lewy bodies (LBs) and Lewy 41 42 neurites) (Hijaz & Volpicelli-Daley, 2020; J. Y. Li et al., 2008). Since neuronal loss in the brain is irreversible, drugs that delay or prevent neurodegeneration are more effective if prescribed at 43 early stages of pathology. However, PD diagnosis may not occur until late, and PD can also be 44 confused with other parkinsonian disorders, such as progressive supranuclear palsy (PSP) 45 (Hughes et al., 2002; Joutsa et al., 2014). Therefore, reliable, specific, and easily accessed 46 47 biomarkers of PD are urgently needed (Mark Frasier and Un Jung Kang, 2014).

48 Extracellular vesicles (EVs) already serve as biomarkers of, e.g., prostate cancer (McKiernan et al., 2020) and have elicited growing interest in the neurodegenerative disease field (Cao et al., 49 50 2019; Dutta et al., 2021; Gámez-Valero et al., 2019; Trotta et al., 2018; Wu et al., 2017). EVs are 51 lipid bilayer-delimited nanoparticles released by various cells (Cocozza et al., 2020; van Niel et 52 al., 2018; Yates et al., 2022), including those in the central nervous system (CNS) (Coleman & Hill, 53 2015; Krämer-Albers & Hill, 2016). EVs remove cellular toxins, participate in cell signaling, transfer 54 molecular cargo, including nucleic acids and proteins, and serve as trophic factors (Maas et al., 55 2017; Russell et al., 2019; Yáñez-Mó et al., 2015).

In PD, peripheral biofluid EVs have been suggested as potential biomarkers, for example, for the purpose of stratifying cohorts (Alvarez-Erviti et al., 2011; Emmanouilidou et al., 2010; Stuendl et al., 2021), with the assumption that CNS EVs can escape to the periphery or that peripheral EVs otherwise reflect the state of the brain. Various PD-related proteins, such as alpha-synuclein ( $\alpha$ syn) (Emmanouilidou et al., 2010), LRRK2, and DJ-1 (Hong et al., 2010) are carried by EVs and, in some cases, enriched during lysosomal pathway failure (Alvarez-Erviti et al., 2011; Danzer et al., 2012). EVs have also been investigated in mitochondrial or oxidative stress and calcium

63 dysfunction (Eitan et al., 2016; Fan et al., 2019). Although peripheral biofluid EV molecular profiles 64 have been examined at the RNA and protein levels (Dutta et al., 2021; Jiang et al., 2021; Shi et al., 2014), how these findings compare with EVs present in the brain remains unclear. Brain-65 derived EVs (bdEVs) can be separated by gentle tissue digestion in a reproducible manner 66 67 (Huang et al., 2020; Vella et al., 2017). Here, we separated and profiled bdEVs from PD, PSP, and control tissues. Our goals were to understand whether and how pathological conditions are 68 reflected in EV molecular cargo and to identify molecules for capture and profiling of peripheral 69 bdEVs. 70

### 71 MATERIALS AND METHODS

72 See Table 1 for manufacturers, catalog numbers, and other information.

### 73 **Tissue collection and preparation**

Human postmortem brain tissue samples were archived at -80°C by the Brain Resource Center 74 (Department of Pathology, Johns Hopkins University School of Medicine) following brain autopsy 75 with full neuropathological examination. For tissue dissection, neuroanatomical identification of 76 the inferior parietal gyri was performed on coronal sections from 73 individuals (PD: n= 24; PSP: 77 n=25; Control: n=24). The selected brain tissues were placed in a -20°C freezer for 15 minutes. 78 79 Sterile 4-mm-diameter tissue punches were then used to extract samples from the inferior parietal cortex at the level of supramarginal and angular gyri. Samples were again stored at -80°C prior 80 81 to bdEV separation. Several additional samples were obtained from the brain bank for the purpose 82 of training and tool comparison. To minimize the influence of batch effects and operator bias, 83 samples were de-identified by an individual not involved in the study and assigned to processing batches with an equal or approximately equal number of samples from each clinical group. De-84 85 identified samples were processed in these batches. Table 2 summarizes the cohort information, which was made available to investigators only after all data were obtained and archived. 86

### 87 Brain-derived extracellular vesicle separation

88 EVs were separated from tissue as previously described (Huang et al., 2020). The frozen tissue was weighed, sliced on dry ice, and gently digested using collagenase type 3 enzyme in 89 Hibernate-E solution for 20 min at 37°C. 1X PhosSTOP and Complete Protease Inhibitor solution 90 91 (PI/PS) were added to stop the enzymatic reaction. Differential centrifugation was performed at 4°C. First, the dissociated tissue was centrifuged at 300 × g for 10 min. A small portion of each 92 pellet ("brain homogenate with collagenase," BHC) was stored at -80°C for later protein 93 extraction. Supernatant was pipetted off using a 10 mL serological pipette, transferred to a fresh 94 95 tube, and centrifuged at 2000 × g for 15 min. The "2K" pellets were snap-frozen and saved at -

80°C. The supernatant was further depleted of debris and large bodies through a gentle 0.22-um 96 97 filtration at a slow flow rate of 5 mL/min. Filtered material was centrifuged at 10,000 x g for 30 min 98 using swinging-bucket rotor TH-641 (Thermo Scientific, k-factor 114, acceleration and deceleration settings of 9). Pellets ("10K") were resuspended in 150 µl PBS containing 1X PI/PS 99 100 by pipetting up and down ten times, vortexing 30 seconds, and incubating on ice 20 minutes, followed by a repeat of the pipetting and vortexing steps. Thusly resuspended 10K bdEVs were 101 102 aliquoted and stored at -80°C. Supernatants were transferred into 100 kilodaltons (kDa) molecular weight cut-off (MWCO) protein concentrators (Thermo Fisher, 88524), and volumes were reduced 103 104 from 5 mL to 0.5 mL. Retentate was then applied to the top of gEV Original size exclusion 105 chromatography (SEC) columns (Izon Science, Cambridge, MA) that were pre-rinsed with 15 ml PBS. 0.5 mL fractions were collected by elution with PBS, using Izon automated fraction collectors 106 (AFCs; Izon Science, Cambridge, MA). Fractions 1-6 (≈ 2.8 mL) were considered the void volume; 107 fractions 7-10 were pooled as EV-enriched fractions; and fractions 11-14 were pooled as protein-108 enriched fractions. EV-enriched fractions were transferred to polypropylene UC tubes and 109 110 centrifuged at 100,000 × g for 70 min, using the TH-641 swinging-bucket rotor as described above. Supernatant was poured off, and UC tubes were stood upright and inverted on a piece of 111 112 tissue to remove residual buffer. Pellets ("100K") were resuspended following the same procedure 113 described above, but by adding 120 µl PBS (1X PI/PS) to each tube. Aliquots were stored at -80°C. 114

### 115 Nano-flow cytometry measurement (NFCM)

Particle concentration and size profiles were assessed by nano-flow (Flow NanoAnalyzer, NanoFCM, Nottingham, England) using side scatter, as described previously (Arab et al., 2021; Huang et al., 2020). Instrument calibrations for concentration and size distribution were done using 200-nm polystyrene beads and a silica nanosphere mixture (68-155 S16 M-EXO), respectively. After calibration, settings remained unchanged during sample evaluation. For each sample, 2 µl of bdEV resuspension was used. Serial dilutions were performed as needed to fall

within the manufacturer's recommended particle count range (Arab et al., 2021), and events were
recorded for 1 min. Flow rate and side-scatter intensity were converted into particle concentration
and size distribution using calibration curves.

### 125 Transmission electron microscopy (TEM)

126 12 of 73 samples were randomly chosen and imaged by TEM as previously described (Arab et 127 al., 2021). Briefly, 10 µl of each sample was freshly thawed and adsorbed to glow-discharged carbon-coated 400 mesh copper grids by flotation for 2 min. Three consecutive drops of 1× Tris-128 buffered saline were prepared on Parafilm. Grids were washed by moving from one drop to 129 130 another, with a flotation time of 1 min on each drop. The rinsed grids were then negatively stained 131 with 1% uranyl acetate (UAT) with tylose (1% UAT in deionized water (dIH2O), double-filtered through a 0.22-µm filter). Grids were blotted, then excess UAT was aspirated, leaving a thin layer 132 133 of stain. Grids were imaged on a Hitachi 7600 TEM operating at 80 kV with an XR80 chargecoupled device (8 megapixels, AMT Imaging, Woburn, MA, USA). 134

### 135 Western blot (WB)

136 BH, BHC, 2K, 10K, and EV and protein SEC fractions were lysed in 1× radioimmunoprecipitation assay buffer (RIPA) supplemented with protease inhibitor cocktail. A total of 20 µL of lysates were 137 138 resolved using a 4% to 15% Criterion TGX Stain-Free Precast gel, then transferred onto an 139 Immuno-Blot PVDF membrane. Antibodies to CD81, CD63, and CD9 were used to detect EV 140 membrane markers, and anti-GM130 antibody was used to detect Golgi intracellular 141 contamination. Antibodies were diluted in PBS-T containing 5% blotting-grade blocker (Bio-Rad, 142 #1706404). Membranes were incubated overnight (≈16 h). After several washes in PBS-T, rabbit anti-mouse IgGk BP-HRP and mouse anti-rabbit IgGk BP-HRP secondary antibodies were diluted 143 in blocking buffer, and membranes were incubated for 1 h at room temperature (RT). Pierce™ 144 ECL Western Blotting Substrate (Thermo Fisher, 32106) was applied, and blots were visualized 145 146 using a Thermo Fisher iBright 1500 imaging system.

147 Single-particle interferometric reflectance imaging sensor (SP-IRIS)

EVs were phenotyped with EV-TETRA-C ExoView Tetraspanin kits and an ExoView TMR100 148 scanner (NanoView Biosciences, Boston, MA) according to the manufacturer's instructions and 149 150 as described previously (Arab et al., 2021). Concentrations as measured by NFCM, were adjusted 151 such that around 1e9 particles from each sample were mixed 1:1 with ExoView incubation buffer 152 (IB). 35µl of this mixture was placed onto the chip and incubated at RT for 16h (no shaking). Chips 153 were washed with IB and incubated 1h at RT with a fluorescently-labeled antibody cocktail of antihuman CD81 (JS-81, CF555), CD63 (H5C6, CF647), and CD9 (HI9a, CF488A) at dilutions of 154 1:1200 (v:v) in a 1:1 (v:v) mixture of IB and blocking buffer. All chips were scanned and imaged 155 156 with the ExoView scanner using both SP-IRIS Single Particle Interferometric Reflectance Imaging 157 Sensor and fluorescence detection. Data were analyzed using NanoViewer 2.8.10 Software.

### 158 Multiplexed ELISA

159 Prototype S-PLEX® ultrasensitive assays (Meso Scale Diagnostics, Rockville, MD) were used for intact EVs. Five multiplexed assay panels were assembled in this fashion. According to the 160 manufacturer's recommendations, samples were diluted up to 30-fold in "diluent 52," added to the 161 plates, and incubated at RT with continuous shaking. Panel 1, comprising antibodies targeting 162 relatively abundant surface markers, was incubated for 1 hour, while the remaining panels, 163 164 targeting lower-abundance markers, were incubated for 4 hours to improve sensitivity. EVs 165 captured by each antibody were detected using MSD's S-PLEX® ultrasensitive assay methods 166 with a cocktail of detection antibodies targeting CD63, CD81, and CD9. Assay plates were read 167 with MSD GOLD<sup>™</sup> Read buffer B on an MSD<sup>®</sup> SECTOR instrument. bdEVs from the 73 subjects. as well as additional positive and negative controls, were assayed with each panel. 168

### 169 **Relative quantification proteomics**

Sample preparation, protein digest, peptide TMT labeling. Proteins were extracted from 20 µl of resuspended bdEVs separated from the inferior parietal region of Parkinson's (n=5), Progressive Supranuclear Palsy (n=5), and matched controls samples (n=5) using RIPA buffer (Cell Signaling Technology). Disulfide bonds were reduced using 50 mM dithiothreitol (Sigma, D0632) and

cysteine residues were alkylated with iodoacetamide (Sigma, 11149) as previously described 174 (Arab et al., 2019). Resulting protein lysates were precipitated with trichloroacetic acid (TCA) 175 176 (Sigma, T0699). Briefly, samples were supplemented with 10% of TCA in acetone solution in a ratio of (1:8, V/V). After precipitation, pellets were resuspended in 50 mM ammonium bicarbonate 177 178 containing 10% acetonitrile, sonicated for 10 min, and pH was adjusted to 7.8-8.0 using Tris 179 Hydrochloride, pH 8.0. Proteins were digested with 12 ng/mL Trypsin/Lys-C (Thermo Fisher Scientific # A41007) overnight at 37 °C. Digested peptides were labeled with 16-plex TMT isobaric 180 mass tag reagents (Thermo Fisher Scientific) according to the manufacturer's instructions. 181 Labeled peptides were loaded onto a Pierce detergent removal column (Thermo Fisher # 87779) 182 183 and eluted in 300 µL of 8% Triethylammonium bicarbonate, 0.1% Trifluoroacetic acid, and 92% water. Prior to mass spectrometry analysis, peptides were desalted on u-HLB Oasis plates 184 (Waters), eluted in a buffer containing 60% acetonitrile and 0.1%TFA, and dried by vacuum 185 186 centrifugation.

Liquid chromatography separation and tandem mass spectrometry (LC-MS/MS). Desalted 187 188 peptides were reconstituted in 40 µL solution buffer containing 2% ACN and 0.1% FA andanalyzed by nano-LC tandem mass spectrometry (LC-MS/MS) using a Orbitrap-Lumos-189 190 Fusion mass spectrometer (Thermo Fisher Scientific) interfaced with a EasyLC1200 series 191 equipped with ProntoSIL-120-5-C18 H BISCHOFF reverse phase column (75 µm × 150 mm, 3 192 um). Peptides were separated using a 2%–90% acetonitrile gradient in 0.1% FA over 78 min at a flow rate of 300 nL/min. Eluting peptides were electrosprayed at 2.4 kV into an Orbitrap-Lumos-193 194 Fusion mass spectrometer through a 1 µm emitter tip (New Objective). Survey scans (MS1) of peptides between 375 and 1600 m/z were acquired at 120,000 FWHM resolution (at 200 m/z) 195 and 4e5 automatic gain control (AGC). By data-dependent acquisition, the 15 most intense ions 196 were individually isolated with 0.7 m/z window and fragmented (MS/MS) using a 38 higher-energy 197 198 collisional dissociation (HCD) activation energy and 15 sec dynamic exclusion. Fragment ions were analyzed at a resolution of 60,000 FWHM and 5e4 AGC. 199

Raw data processing and analysis. All the tandem MS/MS spectra (signal/noise >2) were 200 201 processed by Proteome Discoverer (v2.4 Thermo Fisher Scientific). MS/MS spectra were 202 searched with Mascot v.2.6.2 (Matrix Science, London, UK), and proteins were identified by searching against the 2021 204 H sapiens database. Trypsin specificity was used for the 203 204 digestion, with up to two missed cleavages. Methionine oxidation and deamidation were selected 205 as the variable modifications. Carbamidomethylation of cysteines and TMT-label modifications of N-termini and lysine were set as fixed modifications. Based on a concatenated decoy database 206 search, Proteome Discoverer-Percolator was used to validate identified peptides with a 207 208 confidence threshold of 1%. Proteome Discoverer used TMT reporter ions from peptide-matched 209 spectrum (PSM) of unique Rank 1 unmodified peptides with reporter signal/noise >5 and an 210 isolation interference <25 to calculate and normalize protein ratios

based on the normalized median ratio of all spectra of tagged peptides from the same protein

212 (Herbrich et al., 2013). Gene ontology terms were determined using PANTHER V17.0 software

### 213 Statistical analysis and data and methods availability

Differences in total EV particle concentrations and in surface markers expression were assessed
by Kruskal-Wallis ANOVA test in GraphPad Prism 9 (GraphPad Software Inc., La Jolla, CA).
Results were considered significant if p-value < 0.05. For labeled proteins, significant differential</li>
abundance was defined as Log 2-fold-change = 0.32 and p-value <0.05. p-values and adjusted</li>
p-values (Benjamini-Hochberg method) were calculated using a non-nested ANOVA test per
Proteome Discoverer 2.4 recommendations.

220 All relevant experimental details were submitted to the EV-TRACK knowledgebase (EV-TRACK

ID: EV220312) (van Deun et al., 2017). Proteomic data are available upon request.

### 222 RESULTS

### 223 bdEV separation and characterization

224 bdEVs were separated from brain tissue of a selected cohort of Parkinson's, PSP, and control donors (PD: n= 24; PSP: n=25; Control: n=24) in compliance with the international consensus 225 guidelines for studies of EVs (MISEV2018) (Théry et al., 2019). Characterization of specific 226 markers included Western blot and SP-IRIS for several samples with greater availability, and, for 227 more precious cohort samples, proteomics and multiplexed ELISA. For selected samples, 228 229 Western blot (WB) showed low levels of CD63 but abundant CD9 and CD81; Golgi marker GM130 was relatively depleted (Fig. 2a). Similarly, SP-IRIS confirmed that bdEVs were positive for the 230 tetraspanins CD81, CD63, and CD9, along with cytosolic EV marker Syntenin (Fig 2b). 231 232 Fluorescence signals for CD63 and Syntenin were similar across tetraspanin capture spots. whereas fluorescence for CD9 and CD81 varied based with capture antibody (Sup Fig. 1 c-q). 233

For all cohort samples, particle counts and size distribution per 100 mg of tissue were measured 234 235 using NFCM. There were no significant differences in particle counts (Fig. 2c), size distribution 236 profiles (Fig. 2d), or mean size (Fig. supp 1b) between PD, PSP, and control groups. Diameter distribution profiles for each group displayed the same pattern, with a peak around 65 nm. TEM 237 images of randomly selected samples across control, PD, and PSP groups showed particles with 238 expected EV morphology and size (Fig. 2c). Consistent with NFCM, there were no differences in 239 240 size and yield by group (Fig. 2c, supp Fig. 1a). Additional characterization by mass spectrometry and ELISA surface phenotyping is presented below. 241

### 242 bdEV, tetraspanin, and cell marker phenotyping suggest disease-associated differences

To assess the relative contribution of each brain cell type to total bdEVs, multiplexed ELISAs were used to assay 36 proteins, including markers of one or more specific cell types: microglia, neurons, astrocytes, and endothelial cells (Fig. 3a).

*Tetraspanins.* CD63 signal was significantly greater in PD compared with the control group.
CD81 and CD9 signals were significantly higher for PD and PSP than controls (Fig. 3b), but there
were no differences between the disease groups. Several cellular origin surface markers were
increased in bdEVs from PD patients compared with control (Fig. 3).

Microglial markers. Transmembrane protein 119 (TMEM119), C-X3-C motif chemokine receptor 250 251 1 (CX3CR1), translocator protein (TSPO), CD33, and CD36 were significantly more abundant in 252 PD and PSP compared with control, but the difference between PD and PSP was not statistically significant (Fig. 3c). Stabillin-1 differentiated PSP from control and glycoprotein nonmetastatic 253 melanoma protein B (GPNMB) was different between PD from control (Supp Fig. 3a; note that 254 255 some values are negative due to background subtraction). CD64, major histocompatibility 256 complex class II (HLA-DR/DP/DQ), CD163, CD68, and CD32b showed no significant difference between groups (Supp Fig. 2a). Triggering receptor expressed on myeloid cells 2 (TREM2), 257 CD11b, CD18, and MER proto-oncogene, tyrosine kinase (MERTK) were below the limit of 258 detection (data not shown) ITGB5. 259

Neuronal markers. CD24, nerve growth factor receptor (CD271), and neuronal cell adhesion molecules NRCAM and NCAM were significantly different for disease groups compared with controls, but PD did not differ from PSP. Thy-1 cell surface antigen (CD90/Thy1) and CD166 differed between PD and control but not between PSP and control. Only low levels of signal for L1 cell adhesion molecule (L1CAM) were detected, with no significant differences between groups (Fig. 3d).

Astrocytic markers. Ganglioside G2 (GD2) and CD44 were detected abundantly compared with ganglioside GD1a (GD1a) and gap junction alpha-1 protein (GJA1, Fig. 3e). These markers show significant differences between the pathological groups compared with control.

**Endothelial markers.** Platelet and endothelial cell adhesion molecule 1 (CD31) differed in the pathological groups compared with the control group, whereas melanoma cell adhesion molecule (CD146) differentiated PD, but not PSP, from control (Fig. 3f).

272 Non-tetraspanin proteins found in multiple cell types. Fucosyl transferase 4 (CD15) and CD40, found on both microglia and astrocytes, distinguished both disease groups from control 273 274 (Fig. 3g), whereas integrin subunit beta 5 (ITGB5) showed no significant differences between 275 tested groups (Supp Fig. 2b). CD38 (cluster of differentiation 38), also known as cyclic ADP ribose 276 hydrolase, and Fc receptor-like 4 (CD307d), both of which are found on microglia, astrocytes, and 277 neurons, differentiated PD from PSP and pathological groups from the control group, respectively 278 (Fig. 3h). CD307d showed values close to background for the majority of tested samples (Supp 279 Fig. 2 c). Integrin subunit beta 1 (CD29), a marker detected in all cells, distinguished both disease groups from control (Fig. 3 i). 280

# Differentially expressed proteins in brain-derived EVs as revealed by quantitative proteomics

Relative quantitative mass spectrometry was performed for bdEVs from five individuals in each 283 group (PD, PSP, and control). A total of 1369 proteins were detected in at least one sample. 284 Amongst these proteins, the gene ontology (GO) term "transport" was the most represented 285 286 (Supp Fig. 3a). 306 master proteins were successfully tagged for quantitative comparison. After removing duplicates, per calculated ratios PD vs. control, PD vs. PSP, and PSP vs. control, 26 287 proteins were identified as significantly differentially abundant (Fig. 4a, Table 3). In this list, there 288 are 17 proteins less abundant by Log 2-fold-change (Log<sub>2</sub> fc) less than or equal to - 0.32 and p-289 290 value <0.05, and 7 proteins more abundant by  $Log_2$  fc greater than or equal to 0.32 and p-value <0.05 (Supp Fig. 3b-d). Ankyrin-1 (ANK1) and stomatin (STOM) were more abundant in PSP vs. 291 control and less abundant in PD vs. PSP. 292

Plasma membrane calcium-transporting ATPase 2 (ATP2B2), guanine nucleotide-binding protein
G subunit beta-2 (GNB2), and guanine nucleotide-binding protein G subunit gamma-3 (GNG3)

differed only between PD vs. control, with lower abundance in PD (Fig. 4b). Five proteins differed
only between PD and PSP (Fig. 4c). Clathrin heavy chain 1 (CLTC), F-actin-capping protein
subunit alpha-1 (CAPZA1), ADP-ribosylation factor 5 (ARF5), synaptic vesicle glycoprotein 2A
(SV2A) were less abundant in PD, whereas cathepsin D (CTSD) was more abundant.
Comparison between PSP and control returned three unique proteins more abundant in PSP;
namely excitatory amino acid transporter 1 (SLC1A3), erythrocyte membrane protein band 4.2
(EPB42), and solute carrier family 2 (SLC2A1) (Fig. 4d).

Eleven proteins overlapped between PD vs. control and PD vs. PSP (Fig. 4e). Calcium-302 transporting ATPase 1 (ATP2B1), glial fibrillary acidic protein (GFAP), 14-3-3 GAMMA (YWHAG), 303 304 sodium/calcium exchanger 2 (SLC8A2), brevican core protein (BCAN), ribosomal protein S9 (RPS9), ribosomal protein S18 (RPS18), ribosomal protein L15 (RPL15), actin-related protein 2 305 (ACTR2) were less abundant in PD, whereas Ras-related protein Rap-1b (Rap1b) and hyaluronan 306 and proteoglycan link protein 2 (HAPLN2) were more abundant in PD. Two proteins overlapped 307 between PD vs. control and PSP vs. control (Fig. 4f), and two proteins overlapped between PD 308 309 vs. PSP and PSP vs. control (Fig. 4g). Although our mass spectrometry protocol was not directed towards membrane proteins, several membrane markers measured by ELISA were also detected 310 311 by mass spectrometry (Table 4), including astrocyte marker CD44 and neuronal marker NCAM1. 312 EV marker CD81 was detected but not TMT labeled.

## Presence of classical EV markers and Parkinson's disease-related proteins in brain derived extracellular vesicles from Parkinson's subjects

Next, we compared our proteomic data set to the ExoCarta "Top 100" list of putative EVassociated proteins. 47 proteins were present in our samples, with 37 successfully labeled with TMT tags and 10 not labeled (Table 5). Some have already been listed as distinguishing bdEV from the tested groups, e.g., YWHAG, STOM, GNB2, RAP1B, and CLTC. More EV markers were identified but without statistically significant differences between tested groups, e.g., CD81, flotillin-1 (Flot-1), RAB proteins (RAB1A, RAB5c), annexins (ANXA1, ANXA11, ANXA2, ANXA4, ANXA5, ANXA6), enolase-1 (Eno1), and 14-3-3 proteins (YWHAE, YWHAH, YWHAQ, YWHAZ).
In addition, flotillin-2 (Flot-2) and syntenin-1 EV markers are present in our data set but not in the
top-100 ExoCarta list.

We followed a similar approach and compared a list of 1952 known PD genes downloaded from 324 325 DisGeNET with our data set (Supp Fig. 4a). We found 80 to overlap with identified proteins, 326 including 58 that were successfully labeled. Interestingly, several genes overlap with differentially abundant proteins listed above, including YWHAG, RAP1B, HAPLN2, ANK1, and CTSD. 327 Although not all of the 58 labeled proteins were selected after the applied thresholds (Log 2-fold-328 329 change of 0.32 and p-value < 0.05), abundances ratios in PD vs. Control and PD vs. PSP were 330 calculated (Supp Fig. 4b). Among listed proteins, SOD1 and SLC16A1 had ratios > 1 in PD vs. 331 Control and PD vs. PSP, suggesting these proteins are more abundant in PD bdEVs. On the other hand, alpha-synuclein (SNCA) had ratios < 1 in PD vs. Control and PD vs. PSP, suggesting lower 332 abundance in PD, whereas Parkinson's disease protein 7 (PARK7) returned divergent ratios of 333 0.87 and 1.103 in PD vs. Control and PD vs. PSP respectively, suggesting that PARK7 is less 334 335 abundant in PD vs. control but more abundant in PD vs. PSP.

#### 336 **DISCUSSION**

### 337 Summary of results

EV biomarkers of tissue pathology may be most valuable if they migrate into and can be found in 338 accessible biofluids. To know what to look for in the periphery, we must thus know what is present 339 in the cell and tissue of origin. Here, we report proteomic profiling of bdEVs purified from PD, 340 341 PSP, and control brain tissues, finding several markers that differentiate groups. To the best of our knowledge, SLC8A2 and HAPLN2 differences are described for the first time as distinguishing 342 343 bdEVs in PD. Some of these proteins, especially those implicated in endosomal pathway 344 regulation, may serve not only as possible biomarkers but also as indicators of mechanisms in PD. Additionally, surface phenotyping of intact bdEVs showed the presence of selected neuronal, 345 microglial, astrocytic, and endothelial markers that could be used in future to separate putative 346

bdEVs from peripheral samples. We would now like to highlight several proteins of interest thatwe evaluated.

### 349 **SLC8A2**

SLC8A2 (NCX2) is a brain-specific Na+/Ca2+ exchanger (Jeon et al., 2003)(Calabrese et al., 350 351 2022). Mitochondrial SLC8A2 regulates calcium exchange in dopaminergic neurons, preventing 352 calcium-dependent neurodegeneration (Gandhi et al., 2009; Wood-Kaczmar et al., 2008, 2013). NCX2 was reported to play a neuroprotective role in the ischemic model of the adult mouse brain 353 354 (Jeon et al., 2008). Examination of NCX2 in synaptosomes of human brain specimens of Alzheimer's disease revealed an increase of NCX2 in positive terminals and a colocalization with 355 amvloid b in synaptic terminals (Sokolow et al., 2011). Because of its brain tissue specificity, 356 357 localization at the cell membrane, presence in EVs, and potential involvement in PD, NCX2 is a 358 promising candidate for more in-depth validation of mitochondrial dysfunctions seen in PD at the 359 EV level.

### 360 **HAPLN2**

361 HAPLN2, also known as brain-derived link protein1 (Bral1), was more abundant in bdEVs in PD as previously reported in tissue (Liu et al., 2015). HAPLN2 is thought to be a secreted protein 362 and to play a role in extracellular matrix formation and maintenance and neuronal conductivity 363 (Bekku et al., 2009, 2010). Elevated HAPLN2 was linked to alpha-synuclein aggregation in an 364 animal model of PD (Wang et al., 2016). More recently, HAPLN2 was reported (Teeple et al., 365 2021) to have significantly greater expression across oligodendrocyte clusters in PD vs. 366 controls. Our results suggest the possibility that HAPLN2 overexpression is also reflected in EV 367 368 association. We speculate that this protein might be involved in spread of PD pathology.

### 369 **TMEM119**

Microglially-enriched TMEM119 was elevated in PD and PSP in our assays. Although TMEM119
has been reported as specific for microglia, at least in the CNS (Bennett et al., 2016; Q. Li & Barres,

2018; Zhang et al., 2014), its levels may fluctuate during neuroinflammation (Bennett et al., 2016), and TMEM119-positive cells declined in a PD mouse model (George et al., 2019). We detected TMEM119 in some samples but not in others. Further studies are thus needed to determine if TMEM119 will be a valuable candidate for obtaining EVs from biofluids to assess the health of CNS microglia. Given the differing directions of regulation in neuroinflammation and PD, it may also be necessary to evaluate TMEM119 in patients at different stages and with different comorbidities to assess its value in a diagnostic tool.

### 379 **L1CAM**

L1CAM affinity strategies have been used to obtain peripheral EVs of putative neuronal origin for biomarker discoveries, including in PD (Dutta et al., 2021; Jiang et al., 2021; Shi et al., 2014). However, neuronal specificity (Gutwein et al., 2003, 2005) and EV association (Norman et al., 2021) have both been questioned (Gomes & Witwer, 2022). Here, even in bdEVs, we detected only very low signals for L1CAM compared with other neuronally enriched markers, such as NCAM, NRCAM, and CD90 (Fig 3d). Like L1CAM, these proteins are also found on non-neuronal cells and outside the CNS.

387 In conclusion, multiple apparent PD markers were identified in this study, offering opportunities 388 for follow-up. A strength of our study was the use of complementary profiling approaches. While 389 the relatively unbiased proteomics approach was not specifically focused on membrane proteins (Hu et al., 2018), it was complemented by a targeted multiplexed ELISA approach to measure 390 brain cell type-specific markers including membrane-associated proteins. Despite a relatively 391 modest group size, significant differences were detected across categories. These differences 392 393 are thus even more likely to be detected in larger validation cohorts. In sum, our study identified 394 several brain cell type-specific markers on the surface of bdEVs that may be exploited for detection in the periphery, as well as markers that distinguish disease and control groups. 395

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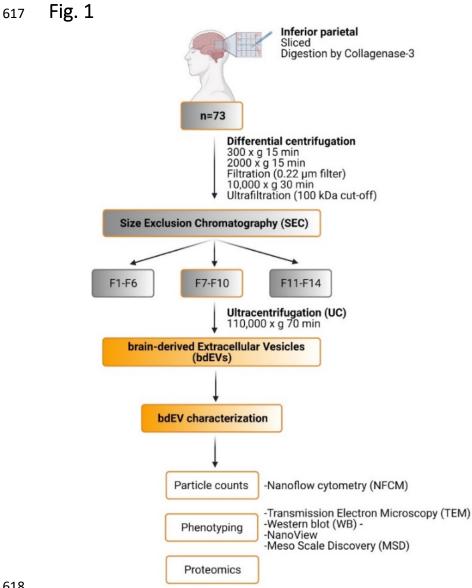
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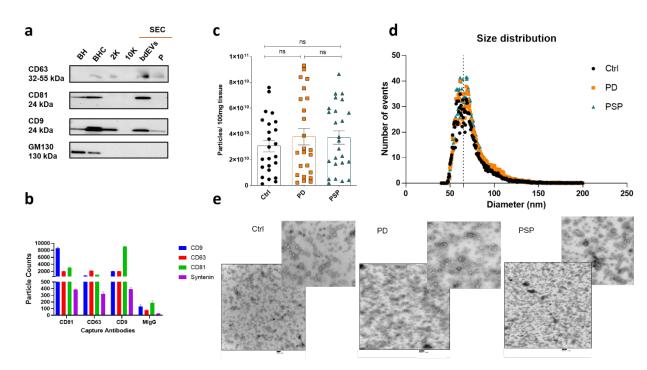


618

619 Figure 1. bdEV separation and characterization workflow. Inferior parietal tissues from 73 human 620 subjects were sliced into small pieces and gently digested. The resulting bdEVs were assessed for particle counts and size distribution using nanoFCM. Further characterizations were done with 621 622 electron microscopy, Western blot, Single Particle Interferometric Reflectance Imaging Sensor (SP-IRIS), multiplexed ELISA (Meso Scale Discovery), and proteomics. Figure created with 623 624 BioRender.



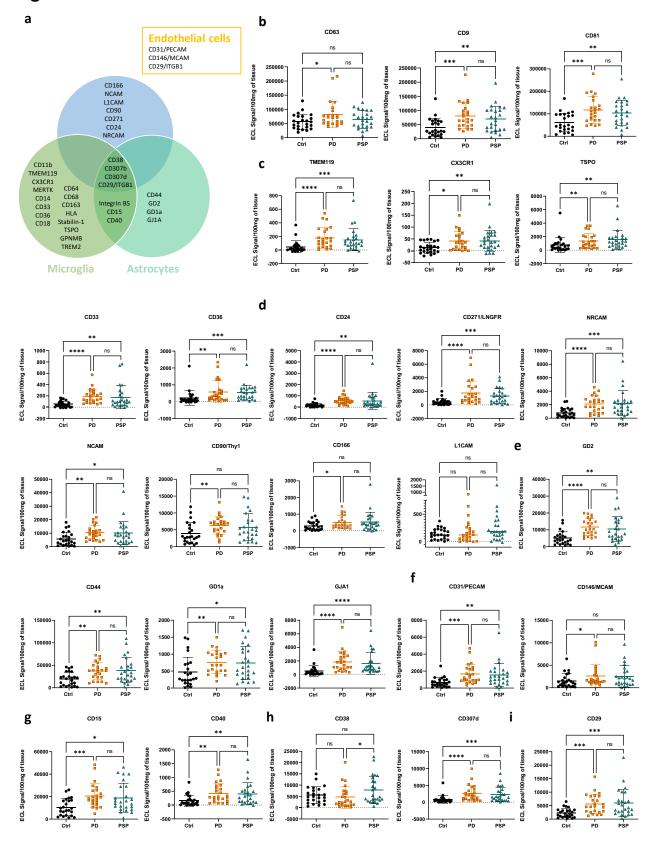




628

Figure 2. bdEV characterization. (a) Western blots of EV surface markers CD63, CD81, and CD9, 629 and Golgi protein GM130 (BH = brain homogenate, BHC = brain homogenate plus collagenase, 630 2K and 10K = centrifugation pellets, SEC = size exclusion chromatography, with EV fractions and 631 protein (P) fractions. (b). SP-IRIS (fluorescence) detection of tetraspanins (CD9, CD63, CD81) 632 and cytosolic syntenin. Results are presented as mean +/- SD of three capture spots as indicated 633 634 (CD81, CD63, CD9, and IgG negative control). (c) Particle concentration of human bdEVs by NFCM for control (black), PD (orange), and PSP (green) normalized by tissue input. Data are 635 636 presented as mean +/- SD. ns: no significant difference (P>0.05), Kruskal-Wallis ANOVA test. (d) Diameter distribution profile (NFCM). (e) Transmission electron micrographs (TEM, scale bar = 637 638 500 nm).





- **Figure 3. bdEV phenotyping by multiplexed ELISA.** (a) Distribution of markers by cell type:
- microglia, neurons, astrocytes, and endothelial cells. Comparison of control (Ctrl), PD, and PSP
- groups for (b) general markers of EVs and markers of cell of origin: (c) microglia, (d) neurons, (e)
- 644 astrocytes, (f) endothelial cells; and (g, h, i) markers of multiple populations as indicated. Data
- were normalized per 100 mg of tissue input and reported as mean +/- SD. Ctrl (n=24); PD (n=24);
- 646 PSP (n=25). \* = p < 0.05, \*\* = p < 0.01, \*\*\* = p < 0.001, \*\*\*\* = p < 0.0001, and ns = non-significant
- 647 (Kruskal-Wallis ANOVA).

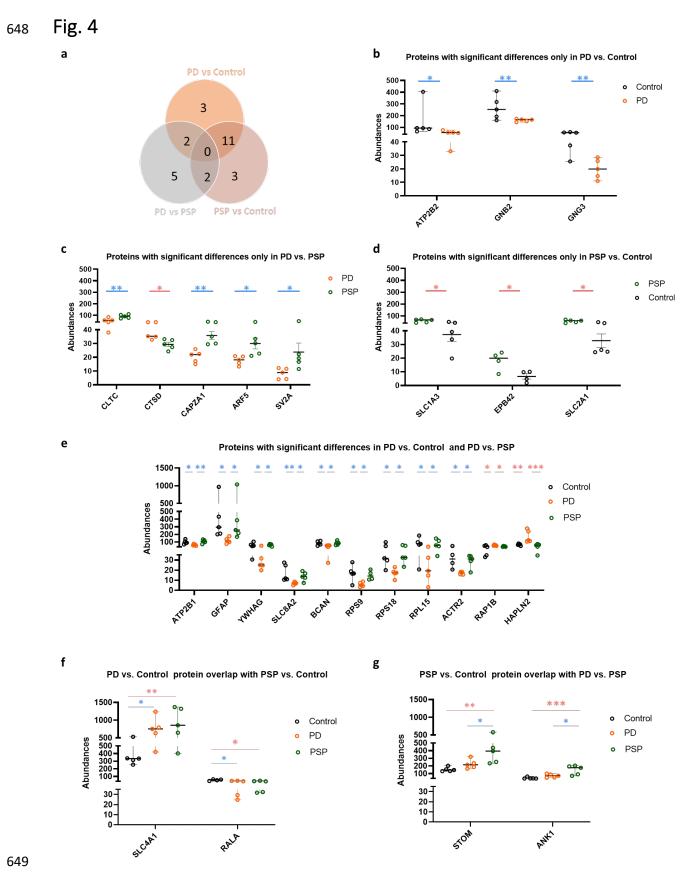


Figure 4. Differential proteomic cargo in bdEVs. (a) Venn diagram of the number of proteins identified as differentially abundant in multi-group comparison (p < 0.05 and log2 fold change > 0.32). Protein abundance was normalized by total identified peptides. (b-g) Normalized abundance in multi-group comparisons as indicated. Data are presented as mean +/- SD in control, PD, and PSP. \* = p < 0.05, \*\* = p < 0.01, \*\*\* = p < 0.001 following ANOVA. Light blue bars: considered significantly less abundant. Light red bars: considered significantly more abundant.

## 658 Table 1. Reagents

Antibodies	Manufacturer	Cat #	Dilution
Primary Anti-CD81	Santa Cruz, Dallas, TX	sc-7637	1:500
Primary Anti-CD63	BD Pharmigen, San Diego, CA	556019	1:1000
Primary Anti-CD9	BioLegend, San Diego, CA	312102	1:1000
Primary Anti-GM130	AbCam, Cambridge, MA	ab52649	1:400
Secondary Mouse Anti-Rabbit IgG BP-HRP	Santa Cruz, Dallas, TX	sc-2357	1:5000
Secondary Rabbit Anti- Mouse IgGk BP-HRP	Santa Cruz, Dallas, TX	516102	1:5000
Primary Anti-TMEM119	Proteintech	27585-1-AP	1:1000
Primary Anti-L1CAM	Biolegend	371602	1:1000
Reagents	Manufacturer	Cat #	
100K MWCO Centricon Plus-15	Millipore Sigma	UFC700308	
Blotting Grade Blocker	Bio-Rad	170-6404	
Carbon Coated 400 Mesh Copper Grids	Electron Microscopy Science	CF400-Cu-UL	
Criterion TGX Stain-Free Precast Gel	Bio-Rad	5678084	
Distilled Water	Gibco	15230-162	
Immuno-Blot PVDF Membrane	Bio-Rad	1620177	
Open-Top Thin Wall Ultra-Clear Tubes	Beckman Coulter	344091	
Phosphate-Buffered Saline (PBS)	Gibco	14190-144	
Polypropylene Ultracentrifugation (UC) Tubes	Sorvall	03-141	
RIPA	Cell Signaling Technology	9806	
Pierce™ ECL Western Blotting Substrate	Thermo Scientific	32106	
Swinging Bucket Rotor AH-629	Thermo Scientific	54284	
Tris Buffered Saline (TBS)	Bio-Rad	1706435	
Tween-20	Millipore Sigma	P7949	

Ultra-Pure Distilled Water	Invitrogen	10977015
Uranyl Acetate	Polysciences	2144725
collagenase 3	Worthington	#CLS-3, S8P18814
Hibernate-E	Thermo Fisher	A1247601
PhosSTOP inhibitor	Sigma-Aldrich	4906837001
Complete Protease Inhibitor	Sigma-Aldrich	11697498001
0.22 um filters	Millipore Sigma	SLGS033SS
Trizol	Thermo Fisher	15596018
Lysing Matrix D beads	MP Biomedicals	116913100

<sup>660</sup> Table 2. Subject and tissue information			tion		
		PD (n=24)	PSP (n=25)	Control	р-
				(n=24)	value
	Age (mean)	79.4 +/- 7.7	76.1 +/- 6.8	77.0 +/- 9.	0.36
	Sex (male,	9 F/ 15 M	10 F/ 15 M	10 F / 13 M	
	female)				
	PMI, mean	11.9 +/- 5.8	11.8 +/- 8.0	10.7 +/- 6.0	0.79
	(hours)				
	Brain tissue	416.86 +/-	487.00 +/-	460.05 +/-	0.052
	weight (mg)	78	127.27	96.28	

## <sup>662</sup> Table 3. Differentially abundant proteins

	PC	)/C	PS	P/C	PD /	' PSP
Gene Symbol	Abundance Ratio	Abundance Ratio p-value	Abundance Ratio	Abundance Ratio p-value	Abundance Ratio	Abundance Ratio p-value
HAPLN2	1.89	0.004	0.88	0.592	2.16	0.001
SLC8A2	0.6	0.009	1.13	0.739	0.53	0.034
GNG3	0.37	0.009	0.71	0.582	0.53	0.055
ACTR2	0.57	0.012	1.01	0.865	0.57	0.021
RPS9	0.31	0.016	0.83	0.992	0.37	0.028
RALA	0.69	0.024	0.66	0.041	1.04	0.94
GNB2	0.66	0.025	0.81	0.471	0.81	0.194
ATP2B1	0.68	0.026	1.19	0.774	0.57	0.008
BCAN	0.65	0.027	1.05	0.994	0.61	0.022
RPS18	0.55	0.027	1.02	0.992	0.54	0.033
GFAP	0.38	0.028	0.87	0.984	0.43	0.038
SLC4A1	2.25	0.033	2.56	0.012	0.88	0.843
RAP1B	1.58	0.035	1.18	0.996	1.34	0.04
RPL15	0.26	0.036	0.73	0.995	0.35	0.043
YWHAG	0.49	0.043	1.28	0.908	0.38	0.02
ATP2B2	0.6	0.048	0.72	0.191	0.82	0.696
ARF5	0.65	0.069	1.08	0.971	0.6	0.046
EPB42	1.9	0.088	2.92	0.038	0.65	0.785
CAPZA1	0.82	0.105	1.31	0.127	0.63	0.002
ANK1	1.93	0.11	4.72	0.001	0.41	0.032
SLC1A3	1.36	0.116	1.7	0.027	0.8	0.689
SLC2A1	1.94	0.134	2.37	0.026	0.82	0.624
SV2A	0.54	0.139	1.17	0.901	0.46	0.052
STOM	1.46	0.145	2.68	0.001	0.54	0.042
CLTC	0.75	0.169	1.22	0.222	0.62	0.008
CTSD	1.05	0.501	0.87	0.308	1.2	0.048

663

664 Light blue: considered significantly less abundant

665 Light red: considered significantly more abundant

## <sup>667</sup> Table 4: Proteins detected by mass spectrometry and ELISA

Gene	Protein	bdE	PD	)/C	PS	P/C	PI	D / PSP
name	name	V	Abundance Ratio	Abundance Ratio p-Value	Abundance Ratio	Abundance Ratio p-Value	Abundance Ratio	Abundance Ratio p-Value
CD81	CD81 antigen	+	NA	NA	NA	NA	NA	NA
CD44	CD44 antigen	+*	1.08	0.66	1.21	0.24	0.90	0.70
GJA1	gap junction alpha-1 protein	+*	0.89	0.99	1.12	0.95	0.80	0.98
HLA	major histocompati bility complex, class I, B precursor	+*	0.87	0.94	0.91	0.96	0.96	1.00
HLA	HLA class I histocompati bility antigen, C alpha chain precursor	+*	0.85	0.83	1.08	0.99	0.79	0.87
NCAM1	neural cell adhesion molecule 1	+*	0.77	0.44	0.78	0.48	0.99	1.00

668

### 669 + Detected

670 +\* Detected and TMT labeled

671 NA: not applicable

## Table 5: Proteins identified in bdEVs and in the "Top 100" lists of

## 673 ExoCarta and/or Vesiclepedia

Gene name	Protein name	bdEVs
	Overlap between ExoCarta and Vesiclepedia	
A2M	Alpha-2-macroglobulin, Alpha-2-M	-
ACLY	ATP-citrate synthase	-
АСТВ	Actin, cytoplasmic 1	+*
ACTN4	Alpha-actinin-4	-
AHCY	Adenosylhomocysteinase	-
ALB	Serum albumin	+*
ALDOA	Fructose-bisphosphate aldolase A	+*
ANXA1	Annexin A1	+*
ANXA11	Annexin A11	+*
ANXA2	Annexin A2	+*
ANXA5	Annexin A5	+*
ANXA6	Annexin A6	+*
ATP1A1	Sodium/potassium-transporting ATPase subunit alpha-1	+*
BSG	Basigin	+*
CCT2	T-complex protein 1 subunit beta	-
ССТЗ	T-complex protein 1 subunit gamma	-
CD63	CD63 antigen	-
CD81	CD81 antigen	+
CD9	CD9 antigen	-
CDC42	CDC42 small effector protein 1	-
CFL1	Cofilin-1	-
CLIC1	Chloride intracellular channel protein 1	-
CLTC	Clathrin heavy chain 1	+*
EEF1A1	Elongation factor 1-alpha 1	-
EEF2	Elongation factor 2	-
ENO1	Alpha-enolase	+*
EZR	Ezrin	+
FASN	Fatty acid synthase	-
FLNA	Filamin-A	+
FLOT1	Flotillin-1	+
GAPDH	Glyceraldehyde-3-phosphate dehydrogenase	+*
GDI2	Rab GDP dissociation inhibitor beta	-
GNAI2	Guanine nucleotide-binding protein G(i) subunit alpha-2	+*
	Guanine nucleotide-binding protein G(s) subunit alpha isoforms	
GNAS	short	-
GNB1	Guanine nucleotide-binding protein G(I)/G(S)/G(T) subunit beta-1	-
GNB2	Guanine nucleotide-binding protein	+*
HIST1H4A	Histone H4	-

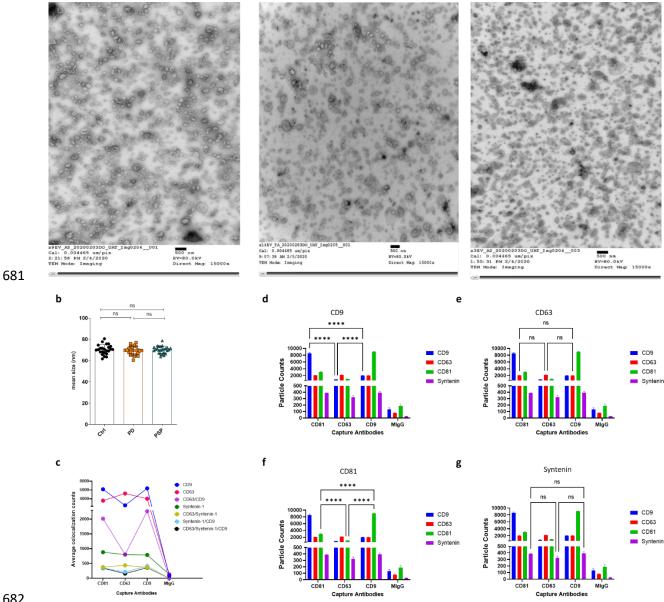
HIST1H4B	Histone H4	_
HSP90AA1	Heat shock protein HSP 90-alpha	+*
HSP90AB1	Heat shock protein HSP 90-beta	+
HSPA5	Endoplasmic reticulum chaperone BiP	
HSPA8	Heat shock cognate 71 kDa protein	+*
ITGB1	Integrin beta-1	
KPNB1	Importin subunit beta-1	
LDHA	L-lactate dehydrogenase A chain, LDH-A	+*
LDHB	L-lactate dehydrogenase B chain	
LGALS3BP	Galectin-3-binding protein	
MSN	Moesin	+*
MYH9	Myosin-9	+*
PDCD6IP	Programmed cell death 6-interacting protein	
PFN1	Profilin-1	
PGK1	Phosphoglycerate kinase 1	+*
PKM	Pyruvate kinase PKM	+*
PPIA	Peptidyl-prolyl cis-trans isomerase A	+*
PRDX1	Peroxiredoxin-1	+*
PRDX1 PRDX2	Peroxiredoxin-1	Ŧ
RAB5C	Ras-related protein Rab-5C	-
RAB7A		+
RAC1	Ras-related protein Rab-7a Ras-related C3 botulinum toxin substrate 1	- +*
		+
RAN	GTP-binding nuclear protein Ran	- +*
RAP1B	Ras-related protein Rap-1b	
RHOA	Transforming protein RhoA	+
SDCBP	Syntenin-2	-
SLC3A2	4F2 cell-surface antigen heavy chain, 4F2hc	+*
TCP1	T-complex protein 1	-
TFRC	Transferrin receptor protein 1	-
TPI1	Triosephosphate isomerase	+*
TSG101	Tumor susceptibility gene 101 protein	-
UBA1	Ubiquitin-like modifier-activating enzyme 1	-
VCP	Transitional endoplasmic reticulum ATPase	+*
YWHAB	14-3-3 protein beta/alpha	-
YWHAE	14-3-3 protein epsilon	+*
YWHAG	14-3-3 protein gamma	+*
YWHAQ	14-3-3 protein theta	+*
YWHAZ	14-3-3 protein zeta/delta	+*
	Reported in ExoCarta only	
ARF1	ADP-ribosylation factor GTPase-activating protein 1	-
MVP	Major vault protein	+*
RAB1A	Ras-related protein Rab-1A	+
SLC16A1	Monocarboxylate transporter 1	+*
STOM	Erythrocyte band 7 integral membrane protein	-

ТКТ	Transketolase	+
TUBA1C	Tubulin alpha-1C chain	+*
YWHAH	14-3-3 protein eta	+
	Reported in Vesiclepedia only	
ACTN1	alpha-actinin-1	+
ANXA7	annexin A7	+*
C3	complement C3 preproprotein	+
KRT1	keratin, type II cytoskeletal 1	+*
RAB10	ras-related protein Rab-10	+*
RALA	ras-related protein Ral-A	+*

- 676 Not detected
- 677 + Detected
- 678 +\* Detected and TMT labeled

#### Supp Fig. 1 679

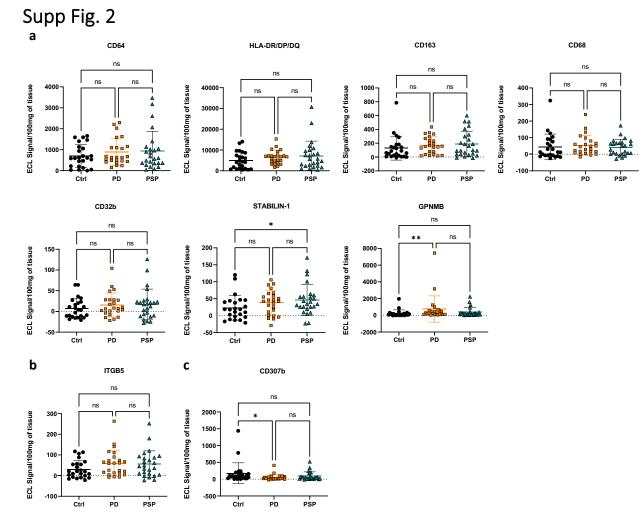
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Supp Fig 1. Minimal characterization of bdEVs (a) Representative transmission electron 683 micrographs (TEM. scale bar = 500 nm). (b) Mean diameter of human bdEVs as measured by 684 nano-flow cytometry (NFCM) for control (black), PD (orange), and PSP (green) and normalized 685 by tissue input. Data are presented as mean +/- SD. ns: no significant difference (P>0.05), 686 Kruskal-Wallis ANOVA test. (c) Mean colocalization counts by SP-IRIS for each capture antibody 687 for single fluorescently-labeled antibodies or combinations, as indicated: CD9, CD63, CD81, and 688

689	syntenin. In (d-g), statistical analysis is presented for SP-IRIS-detected differences in
690	fluorescence detection of CD9 (d), CD63 (e), CD81 (f), and syntenin (g) associated with each
691	capture antibody, as indicated. Note that the same data are shown in each panel; the multiple
692	panels are to highlight the different comparisons. Results are presented as mean +/- SD. **** = p
693	< 0.0001. and ns = non-significant (two-way ANOVA) of three capture spots as indicated (CD81.
694	CD63, CD9).

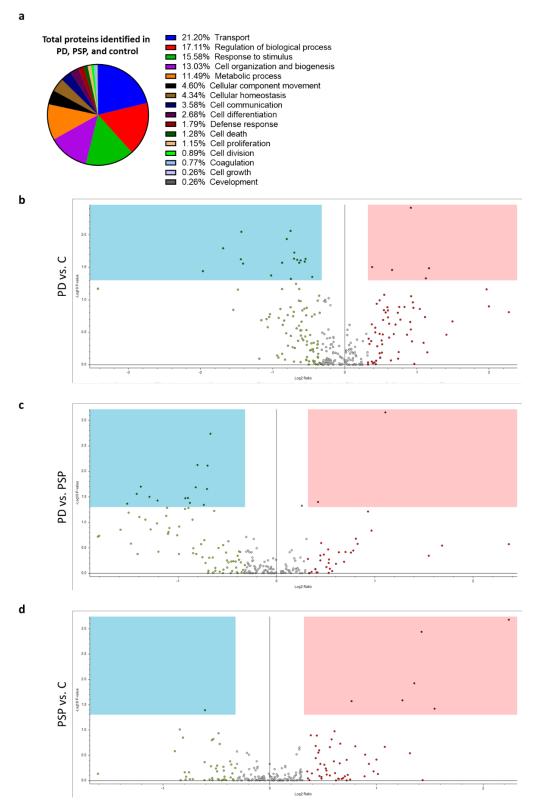


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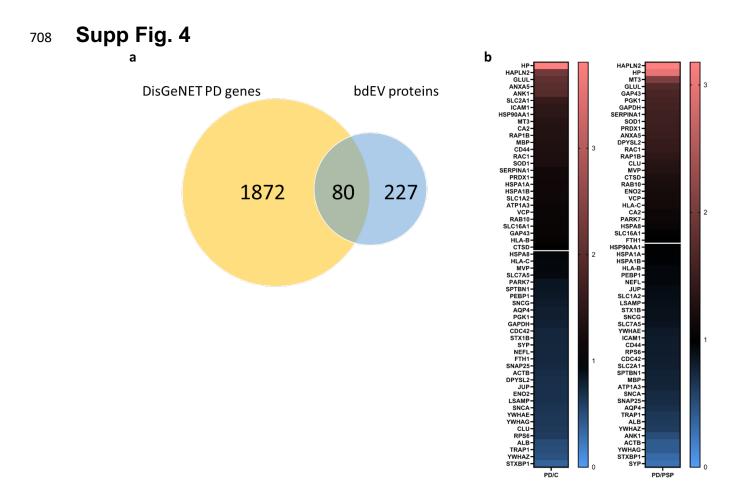
Supp Fig 2. bdEV phenotyping by multiplexed ELISA. Comparison of control (Ctrl), PD, and PSP groups for (a) microglia, (b) microglia and astrocytes, and (c) microglia/neurons/astrocytes (c). Data were normalized per 100 mg of tissue input and reported as mean +/- SD. \* = p < 0.05. \*\* = p < 0.01. and ns = non-significant (Kruskal-Wallis ANOVA).



702



- 703 Supp fig. 3: Proteomic profile of bdEVs identified in PD, PSP, and control. a) Gene Ontology
- terms associated with the proteome of bdEVs. b-d) Volcano plots of individual proteins of PD vs.
- control (b), PD vs. PSP (c), and PSP vs. control (d). Light blue squares: considered significantly
- 706 more abundant. Light red squares: considered significantly less abundant.



Supp Fig. 4: PD-related proteins and the bdEV proteome. a) bdEV overlap: PD-related proteins listed in the DisGeNet database and proteins detected in the bdEV proteome and identified in the three tested groups. b) Abundance ratios of individual bdEV proteins from average biological replicates: PD/Control (left) and PD/PSP (right) per the scale shown on the right. White lines correspond to ratio=1.