DNA methylation-environment interactions in the human genome

Rachel A. Johnston1,2,3, Katherine A. Aracena4, Luis B. Barreiro4,5,6, Amanda J. Lea7,8, Jenny Tung1,8,9,10,11

1Department of Evolutionary Anthropology, Duke University, Durham, NC 27708, USA
2Zoo New England, Boston, MA 02121, USA
3Broad Institute of MIT and Harvard, Cambridge, MA 02142, USA
4Department of Human Genetics, University of Chicago, Chicago, IL 60637, USA
5Section of Genetic Medicine, Department of Medicine, University of Chicago, Chicago, IL 60637, USA
6Committee on Immunology, University of Chicago, Chicago, IL 60637, USA
7Vanderbilt University, Nashville, TN 37240, USA
8Canadian Institute for Advanced Research, Toronto, Canada M5G 1Z8
9Duke Population Research Institute, Duke University, Durham, NC 27708, USA
10Department of Biology, Duke University, Durham, NC 27708, USA
11Department of Primate Behavior and Evolution, Max Planck Institute for Evolutionary Anthropology, 04103 Leipzig, Saxony, Germany

*Corresponding author: E-mail: jtung@eva.mpg.de; racheljohnston7@gmail.com

Abstract

Previously we showed that a massively parallel reporter assay, mSTARR-seq, could be used to simultaneously test for both enhancer-like activity and DNA methylation-dependent enhancer activity for millions of loci in a single experiment (Lea et al., 2018). Here we apply mSTARR-seq to query nearly the entire human genome, including almost all CpG sites profiled either on the commonly used Illumina Infinium MethylationEPIC array or via reduced representation bisulfite sequencing. We show that fragments containing these sites are enriched for regulatory capacity, and that methylation-dependent regulatory activity is in turn sensitive to the cellular environment. In particular, regulatory responses to interferon alpha (IFNA) stimulation are strongly attenuated by methyl marks, indicating widespread DNA methylation-environment interactions. In agreement, methylation-dependent responses to IFNA identified via mSTARR-seq predict methylation-dependent transcriptional responses to challenge with influenza virus in human macrophages. Our observations support the idea that pre-existing DNA methylation patterns can influence the response to subsequent environmental exposures—one of the tenets of biological embedding. However, we also find that, on average, sites previously associated with early life adversity are not more likely to functionally influence gene regulation than expected by chance.
Introduction

DNA methylation is sensitive to the environment, can remain stable across cell divisions, and in some contexts, can alter gene regulation. Consequently, it has received a high level of attention as a potential pathway linking environmental exposures to downstream trait variation, especially when these exposures are separated temporally, as proposed by the “biological embedding” hypothesis (Hertzman, 1999; Hertzman, 2012). In a canonical example, gestational manipulation of methyl donors in mice is causally implicated in changes in DNA methylation and expression levels of the agouti gene, which in turn affects susceptibility to obesity and insulin resistance later in life (Dolinoy et al., 2006). However, the mechanism underlying the agouti case—“metastable” methylation of an inserted intracisternal A particle [IAP] class retrovirus—is now thought to be unusual (Kazachenka et al., 2018). Thus, it remains unclear whether the many reports of environment-DNA methylation associations are likely to represent links along a causal pathway to phenotype, or are better viewed as passive biomarkers of exposure.

Experimental tests of the causal impact of DNA methylation on gene regulation indicate that both scenarios are possible. In vitro studies reveal that transcription factor binding is frequently (but not ubiquitously) sensitive to DNA methylation (O’Malley et al., 2016; Yin et al., 2017). More recently, epigenomic editing of DNA methylation marks has been shown to alter the activity of transcription factors important in disease and development in vivo (Greenberg and Bourc’his, 2019; Yim et al., 2020), as well as the formation of CTCF-mediated gene loops (Lei et al., 2017). However, other epigenetic editing studies show that, even within the same regulatory element, changes in DNA methylation have functional consequences for gene expression at only a subset of sites (e.g., (Maeder et al., 2013). Indeed, in the native genome, enhancer activity appears to be insensitive to DNA methylation levels in the majority of cases (Kreibich et al., 2023). Time series analyses in human dendritic cells have also shown that, in response to a pathogen challenge, nearly all changes in gene expression precede changes in DNA methylation (Pacis et al., 2019). Such methylation changes may nevertheless be functionally relevant if they influence the speed and magnitude of subsequent challenges (e.g., by marking the accessibility of latent enhancers across cell divisions) (Kamada et al., 2018; Sun and Barreiro, 2020). This hypothesis may explain, for example, enhanced transcriptional responses to glucocorticoid stimulation in the descendants of hippocampal progenitor cells previously challenged with glucocorticoids (Provençal et al., 2020).

Together, these findings suggest that environment-associated DNA methylation marks are mixed sets that include functionally silent sites, sites that are constitutively important for gene regulation, and sites in which DNA methylation levels affect gene regulation only under certain conditions. Disentangling which sites belong to which set is important for interpreting and prioritizing the results of a growing body of studies in the biological, social, and health sciences, especially those that test hypotheses that assume a functional role for DNA methylation, such as biological embedding (Hertzman, 2012; Demetriou et al., 2015; Aristizabal et al., 2020). To facilitate this process, we recently introduced a massively parallel reporter assay, mSTARR-seq, that is capable of testing the functional effects of DNA methylation on regulatory activity in high-throughput (Lea et al., 2018). This method allowed us to test for methylation-dependent regulatory activity at millions of CpG sites in the human genome. However, our previous data set did not investigate how DNA methylation marks affect the response to environmental challenge. It also did not explicitly target the CpG sites that are the
most commonly assayed in the human genome (i.e., those featured on the Illumina MethylationEPIC array).

Here, we address these gaps by using mSTARR-seq to construct a genome-wide map of DNA methylation-dependent enhancer activity for 27.3 million CpG sites in the human genome (93.5% of those in the human genome as a whole). This set includes 99.3% of CpG sites present on the Illumina MethylationEPIC array, the most commonly used platform for profiling DNA methylation in humans, and 99.4% of CpG sites accessible via reduced-representation bisulfite sequencing (RRBS; [Meissner et al., 2005]). To evaluate the importance of DNA methylation in responses to environmental challenge, we performed mSTARR-seq under baseline conditions (i.e., no challenge) and following exposure to two physiologically relevant environmental challenges: dosage with the synthetic glucocorticoid dexamethasone, which plays a central role in metabolic regulation and stress-related homeostasis, and interferon alpha (IFNA), a cytokine that elicits genomic and immunological responses associated with viral infection.

We used these data to pursue three goals. First, we describe overall patterns of regulatory activity and methylation-dependent regulatory activity across profiled sites, including how sites targeted by the EPIC array or by RRBS compare to the genome as a whole. The results of this analysis produce a new resource: a map of DNA methylation-dependent enhancer activity across the human genome. Second, we test the degree to which methylation-dependent regulatory activity is affected by exposure to steroid hormone or immune defense-related signaling molecules. Our results yield insight into the frequency of DNA methylation-environment interactions genome-wide, and provide support for the hypothesis that DNA methylation potentiates the cellular response to external stressors. Finally, we illustrate the applicability of this resource by testing two predictions of the biological embedding hypothesis: that pre-existing DNA methylation levels can affect the transcriptional response to subsequent environmental challenge (Provençal et al., 2020; Sun and Barreiro, 2020; Fanucchi et al., 2021), and that sites linked to early life adversity (ELA) are likely to be functionally important for shaping gene expression. Our results suggest that mSTARR-seq can identify DNA methylation-environment interactions that also occur in vivo in human populations and can therefore help prioritize environment and ELA-associated loci for future follow-up.

Results

mSTARR-seq captures enhancer activity and methylation-dependent enhancer activity genome-wide

We assessed regulatory activity and methylation-dependent regulatory activity for 4,558,475 600-base pair windows of the genome by pairing hybridization capture of targeted loci in the human genome with the massively parallel reporter assay, mSTARR-seq (Lea et al., 2018). In brief, mSTARR-seq performs enzymatic manipulation of DNA methylation across hundreds of thousands to millions of reporter DNA fragments simultaneously. By measuring the ability of fragments to self-transcribe (as in [Arnold et al., 2013; Shlyueva et al., 2014]; reviewed in [Gallego Romero and Lea, 2022]), it generates estimates of the enhancer-like regulatory potential for each fragment when that fragment is in an unmethylated versus a methylated state (Figure 1A, B). To focus on the CpG sites most likely to be included in DNA methylation studies in humans, we performed custom capture with SeqCap EZ Prime Choice Probes (Roche), targeting all CpG sites on the Illumina Infinium MethylationEPIC array and those likely to be profiled using reduced representation bisulfite sequencing, which enriches for
CpG sites near targets of MspI restriction enzyme digestion (Figure 1-figure supplement 1).

Because of substantial environmental and early life effects on DNA methylation at the glucocorticoid receptor gene (NR3C1, reviewed in (Liu and Nusslock, 2018)), we also targeted the 6.5 Mb in and flanking NR3C1. Finally, to assess background expectations for regulatory and methylation-dependent regulatory activity in the human genome, we targeted a control set of 100,000 loci for capture, chosen at random across the human genome after excluding centromeres, gaps, and uncalled bases in the hg38 genome.

We generated an mSTARR-seq library from captured DNA from the GM12878 cell line, followed by transfection into the K562 erythroleukemic cell line and co-purification of plasmid-derived RNA and DNA (6 replicates per condition: methylated versus unmethylated; see Materials and Methods; Supplementary File 1). Based on our minimal criteria for assessment (600 basepair windows where at least half of the plasmid-derived DNA samples had at least 1 read covering the window; see Materials and Methods), 90.2% of the human genome was included in the plasmid DNA library purified at the end of the mSTARR-seq experiment (mean sequencing depth per replicate = 30.4 million reads). Within this set, windows were ~15-fold enriched for targeted regions in the genome (Fisher’s Exact Test log2(OR) [95% confidence interval (CI)] = 3.971 [3.934, 4.009], p < 1.0 x 10^{-10}). Thus, in windows that passed our minimal assessment criteria, we successfully targeted 99.3% of CpG sites on the MethylationEPIC array and 99.4% of sites likely to be included in RRBS libraries. Our results are comparable to published fragment diversity levels achieved with this method (Lea et al, 2018; Figure 1-figure supplement 2). Bisulfite sequencing at the end of the experiment confirmed that DNA methylation levels were substantially higher in the methylated condition samples than in the unmethylated samples, where methylation levels were near zero (mean methylated = 0.885, mean unmethylated = 0.066, Figure 1-figure supplement 3; unpaired t-test: t = -14.66, df = 15,124, p = 2.39 x 10^{-10}).

To test for regulatory potential, we focused on those windows where at least 3 replicate samples produced at least 1 RNA-seq read in either the methylated condition or in the unmethylated condition (n = 216,091 non-overlapping 600 bp windows, 4.3% of the human genome). These inclusion criteria focused our analysis on the subset of windows where we were able to detect minimal evidence of transcription from the plasmid; the proportion of the human genome showing evidence of regulatory activity is expected to be small based on previous work (e.g., Johnson and colleagues estimated that 0.165% of the human genome had regulatory potential in a genome-wide STARR-seq assay: (Johnson et al., 2018)). Among the regions analyzed here, 3,721 windows (1.7%) showed evidence for regulatory activity, where the amount of RNA generated from a window significantly exceeded the amount of DNA input sequenced for the same window (FDR < 1%; Supplementary File 2). Regions with regulatory activity were enriched for enhancers and active promoters annotated by the ENCODE Consortium for the K562 cell line (log2(OR) = 0.584 – 3.337; all p < 1 x 10^{-5}; Figure 1C) (ENCODE, 2012; Ernst and Kellis, 2012). In support of assay reproducibility, they also were highly consistent with previous mSTARR-seq data generated in K562 cells using a previously published, independently generated DNA library that we reanalyzed using the current pipeline (overlap among windows with FDR < 1% in each data set analyzed independently: log2(OR) [95% CI] = 6.212 [6.086, 6.440], p < 1.0 x 10^{-10}; Figure 1-figure supplement 4; Supplementary File 3) (Lea et al., 2018).

Regions with mSTARR-seq-annotated regulatory activity also exhibited a high degree of consistency between cell types. In a comparison against newly generated mSTARR-seq data from the HepG2 liver cell line, using the same mSTARR-seq library as in the previously
published K562 experiments (Lea et al., 2018), regulatory regions detected in this study were 
enriched among regulatory regions detected in HepG2 cells (log₂(OR) [95% CI] = 3.534 [3.381, 
3.684], p = 5.21 x 10⁻⁰⁹⁷; Figure 1-figure supplements 4 and 5; Supplementary File 4). They also 
overlap with regulatory regions identified in a conventional STARR-seq experiment in A549 
lung epithelial cells (log₂(OR) [95% CI] = 2.451 [2.442, 2.461], p < 1.0 x 10⁻⁴⁹⁸) (Johnson et al., 
2018). Although we prioritized a blood-derived cell line because of the frequency of 
environmental epigenetic studies done in blood, these results suggest that our findings can be 
generalized, to some extent, to other cell and tissue types.

Among the 3,721 windows with regulatory activity in either the methylated or 
unmethylated condition, 1,768 windows (47.5% of regulatory windows; FDR < 1%) were 
differentially active depending on condition, pointing to DNA methylation-dependent regulatory 
activity. This result is also concordant when we apply the current pipeline to previously 
published data from K562s and our new HepG2 data, which exhibit correlated effects of DNA 
methylation on regulatory activity in the windows examined in both cases (K562: R² = 0.286 for 
1250 regulatory windows with FDR < 1% in both data sets, p = 3.19 x 10⁻⁹³; HepG2: R² = 0.277 
for 511 regulatory windows with FDR < 1% in both data sets, p = 8.87 x 10⁻³⁸ Figure 1-figure 
supplement 6). Among methylation-dependent regulatory regions, the majority of regions (1744 
windows, 98.6%) were more active in the unmethylated condition than the methylated condition.

Regulatory windows showing higher activity in the methylated condition (24 windows) were 
enriched for binding motifs of the transcription factors p53, which has been previously reported 
to have increased binding affinity to methylated DNA relative to unmethylated DNA 
(Kribelbauer et al., 2017) (log₂(OR) [95% CI] = 2.352 [0.714, 3.767], p = 2.91 x 10⁻³; 
Supplementary File 5), and Tfcp211, which has been found to recruit Tet2 to mediate enhancer 
demethylation (Sardina et al., 2018) (log₂(OR) [95% CI] = 2.615 [0.580, 4.229], p = 6.84 x 10⁻³).

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**Figure 1. Study design and identification of enhancer activity.** (A) Sheared DNA from the GM12878 
cell line was subjected to enrichment via capture with probes targeting loci selected in reduced
representation bisulfite sequencing (RRBS) workflows (*MspI* targets), CpG sites on the Infinium EPIC array, the gene *NR3C1* and flanking regions, and 100,000 randomly distributed control regions. Library diversity summaries are shown in Figure 1-figure supplement 2. (B) Captured loci were cloned into the mSTARR-seq vector, *pmSTARRseqI*, treated with either the CpG methylating enzyme *M. SssI* or a sham treatment, and transfected into K562 cells. Methylation levels of replicate samples are shown in Figure 1-figure supplement 3. Right panel shows an example of DNA methylation-dependent regulatory activity near the first exon of the *TTC32* gene, where the methylation-dependent regulatory element overlaps an active promoter chromatin state (red horizontal bar denotes active promoter as defined by ENCODE (ENCODE, 2012)). (C) mSTARR-seq regulatory activity in the baseline condition is strongly enriched in ENCODE-defined enhancers (indicated in blue) and promoters, and depleted in repressed, repetitive, and heterochromatin states. Regions with mSTARR-seq regulatory activity detected in this experiment also significantly overlap with regions with regulatory activity in other mSTARR-seq and conventional STARR-seq datasets (Figure 1-figure supplements 4-6). (D) Left column shows, under the baseline condition (i.e. unstimulated cells), the proportion of 600 bp windows that exhibited minimal regulatory activity (at least 3 replicate samples produced at least 1 RNA-seq read in either the methylated condition or in the unmethylated condition) in the mSTARR-seq assay (pink) versus those with detectable input DNA but no evidence of regulatory activity (blue), for windows containing sites from each target set. Note that a single 600 bp window can contain multiple target types (Figure 1-figure supplement 1). Right column shows the proportion of windows with regulatory capacity (i.e., the subset of the windows represented in pink on the left that produce excess RNA relative to the DNA input at FDR < 1%) that are also methylation-dependent (dark brown). Within each column, pie charts are scaled by the total numbers of windows represented.

**Commonly studied CpG sites are enriched for methylation-dependent regulatory activity**

We compared methylation-dependent regulatory activity between CpGs targeted on the EPIC array, CpGs typically profiled in RRBS libraries (i.e., near *MspI* cut sites), the 6.5 Mb in or flanking the glucocorticoid receptor gene *NR3C1*, and the control set of genome-representative loci. As expected, windows that contained EPIC CpG sites, sites associated with RRBS, or that were located in or near *NR3C1* were significantly more likely to show at least some degree of transcriptional activity (i.e., plasmid-derived RNA reads) than the genomic background (i.e., 98,967 randomly distributed loci: see Materials and Methods), and thus were more likely to be included in our analysis set for regulatory activity (EPIC: log$_2$(OR) [95% CI] = 2.189 [2.152, 2.227], p < 1.0 x 10$^{-300}$; RRBS: log$_2$(OR) [95% CI] = 4.126 [4.086, 4.163], p < 1.0 x 10$^{-300}$; *NR3C1*: log$_2$(OR) [95% CI] = 3.259 [3.193, 3.325], p < 1.0 x 10$^{-300}$; Figure 1D). However, conditional on minimal transcriptional activity, windows containing EPIC array sites were not more likely to exhibit enhancer-like regulatory activity than background windows of the genome, and RRBS- and *NR3C1*-associated sites were in fact slightly less likely to do so (EPIC: log$_2$(OR) [95% CI] = 0.112 [-0.168, 0.405], p = 0.47; RRBS: log$_2$(OR) [95% CI] = -0.493 [-0.779, -0.195], p = 1.11 x 10$^{-3}$; *NR3C1*: log$_2$(OR) [95% CI] = -0.730 [-1.263, -0.217], p = 3.89 x 10$^{-3}$). This result is likely explained by our inclusion criteria, as regions with no evidence for RNA transcription are filtered out prior to analysis.

In contrast, among regions with detectable regulatory activity, 63.3% of those containing RRBS-associated CpG sites exhibited methylation-dependent regulatory activity, compared to 45.9% of control background loci (RRBS against control: log$_2$(OR) [95% CI] = 1.025 [0.430, 1.624], p = 4.39 x 10$^{-4}$; Figure 1D; note that of 109 regulatory windows in the control set, 108 contain at least 1 CpG, so this difference is not because the control set is CpG-free). Neither windows with EPIC CpGs nor windows in or near *NR3C1* were enriched for methylation-dependent regulatory activity relative to the genomic background (EPIC against control:}
log₂(OR) [95% CI] = 0.284 [-0.297, 0.871], p = 0.33; NR3CI versus control: log₂(OR) [95% CI] = -0.948 [-2.129, 0.178], p = 0.11. Consequently, differential methylation identified through RRBS is more likely to be capable of driving differences in gene regulation, as detectable by mSTARR-seq, than differential methylation elsewhere in the genome. We caution, however, that even among RRBS sites, 98.8% do not occur in regions of the genome with detectable regulatory activity in either the methylated or unmethylated conditions, at least in the K562 cell type, and 35.0% of those that fall in putative regulatory elements exhibit no evidence for methylation-dependent activity.

**Environmental perturbation reveals cryptic regulatory elements and cryptic effects of DNA methylation**

Enhancer activity can be cell type- or environment-dependent (e.g., (Ostuni et al., 2013; Johnson et al., 2018; Chaudhri et al., 2020). DNA methylation-dependent enhancer activity may show similar context-dependence, thus potentially accounting for the large number of sites that fall in functionally silent regions described above. However, this possibility has not been systematically tested. To do so, we next compared regulatory activity between the baseline unchallenged condition and cells challenged with interferon alpha (IFNA) or dexamethasone (dex) (Figure 2A). Regions that were identified to have regulatory potential in the baseline condition were highly likely to retain regulatory potential after cells were challenged with IFNA or dex (Figure 2-figure supplement 1; IFNA log₂(OR) [95% CI] = 8.639 [8.499, 8.812], p < 1.0 x 10^{-300}; dex log₂(OR) [95% CI] = 9.640 [9.483, 9.776], p < 1.0 x 10^{-322}; Supplementary Files 6, 7).

However, environmental challenges also revealed thousands of putative regulatory regions that were undetectable at baseline but active post-stimulation (Figure 2B; 1614 IFNA-specific; 1131 dex-specific). Of 4,632 IFNA regulatory regions (<1% FDR), 44.1% are not detectable at baseline at a 1% FDR threshold in the baseline condition, and even with a relaxed baseline FDR of 10%, 25.1% remain undetectable. Of 4,217 dex regulatory regions (<1% FDR), 40.2% are not detectable at baseline (1% FDR), and 31.5% remain undetectable at a baseline FDR of 10%.

Regulatory windows specific to the IFNA treatment were enriched for 33 transcription factor binding motifs (TFBMs) (Supplementary File 8), with strong enrichments detected for TFBMs involved in innate immune defense in general, and interferon signaling specifically (Figure 2C). For example, the most enriched motif was the canonical DNA target of interferon signaling, known as IFN-stimulated response elements (ISRE; log₂(OR) [95% CI] = 3.158 [2.953, 3.358], Bonferroni corrected p = 7.31 x 10^{-133}), followed by binding motifs for several IFN-regulatory factors (IRF1, IRF2, IRF3, IRF4, IRF8; all OR > 1.5 and Bonferroni corrected p < 1 x 10^{-15}) (Chen et al., 2017). Regulatory windows specific to the dex-stimulated condition were significantly enriched for 28 transcription factor binding motifs, including the glucocorticoid response element IR3 and binding motifs of several transcription factors known to interact with or be modulated by the glucocorticoid receptor (AP-1, CEBP:CEBP, CEBP:AP1, JunB, Jun-AP1, GATA1, STAT3, and STAT5; all OR > 1.3, Bonferroni corrected p < 0.01; Supplementary File 9) (Cain and Cidlowski, 2017). Results were qualitatively similar if we used a more stringent definition of IFNA-specific and dex-specific regulatory activity (e.g. “IFNA-specific” defined as FDR < 1% in IFNA condition and FDR > 10% in the other two conditions; Supplementary Files 10, 11).

To evaluate the relevance of these regions to in vivo gene regulation, we also generated matched mRNA-seq data for the endogenous K562 genome from the same experiments. These data showed that expressed genes located closest to mSTARR-seq-annotated, IFNA-specific
enhancers were more strongly upregulated after IFNA stimulation than the set of expressed genes located closest to shared mSTARR-seq-annotated enhancers (i.e., those identified in both the IFNA and at least one other condition, considering genes within 100 kb maximum distance from each enhancer element; unpaired t-test; \( t = 3.268, \text{df} = 601.88, p = 1.15 \times 10^{-3} \)). We found similar results when using inferred enhancer-gene linkages from the EnhancerAtlas 2.0 (Gao et al., 2016) and restricting the set of IFNA-specific enhancers to those with external experimental support for ISRE binding (\( n = 1005 \) windows; ChIP-Seq data from (ENCODE, 2012), relative to all other genes in the gene expression dataset; unpaired t-test; \( t = 3.579, \text{df} = 118.36, p = 5.01 \times 10^{-4} \); Figure 2D; Supplementary File 12). Despite a weaker overall gene expression response to dex, genes closest to dex-specific mSTARR-seq enhancers were also more strongly upregulated after dex stimulation than genes near shared enhancers (unpaired t-test; \( t = 3.477, \text{df} = 479.6, p = 5.53 \times 10^{-4} \)).

For the IFNA challenge, the DNA methylation state of each window appears to play an important role in shaping condition-specific responses to stimulation in the mSTARR-seq data set. Nearly twice as many regulatory windows (81.4%; 1314 of 1614) exhibited methylation-dependent regulatory activity in the IFNA-specific condition than in the baseline or dex-specific condition (47.5% and 48.4% respectively; two-sided binomial test for IFNA compared to baseline: \( p = 3.58 \times 10^{-12} \)). Further, regulatory regions that harbor TFBMs for TFs central to the interferon response (ISRE, IRF1, IRF2, IRF3, IRF4, IRF8; \( N = 663 \) windows) strongly responded to IFNA challenge if in an unmethylated state, but mounted systematically attenuated responses if in a methylated state. As a result, 562 of these 663 windows (84.7%) exhibited significant methylation-dependent regulatory activity and 561 of them (99.8%) were more active in the IFN-challenged state when unmethylated. This pattern is recapitulated when focusing on analyzed windows with external experimental support for ISRE binding (\( n = 1005 \) windows; ChIP-Seq data from (ENCODE, 2012)). These windows show no evidence for methylation-dependent regulatory activity in the baseline condition (paired t-test; \( t = -0.792, \text{df} = 1004, p = 0.43 \)), primarily because they show no regulatory activity at all without IFNA stimulation. After IFNA stimulation, though, they exhibit strong methylation-dependence. Specifically, only unmethylated windows are capable of a response (paired t-test; \( t = 31.748, \text{df} = 1004, p = 1.02 \times 10^{-153} \); Figure 2E).
Figure 2. DNA methylation-environment interactions reveal methylation-dependent responses to IFNA and dexamethasone challenge. (A) Full mSTARR-seq design across DNA methylation and challenge conditions. An example of a DNA methylation-environment interaction is shown overlapping the interferon-induced gene IFIT5 and an ENCODE-annotated weak promoter (pink denotes weak promoter, yellow denotes heterochromatin, and green denotes weak transcription; the endogenous IFIT5 gene expression response to IFNA in our experiment is shown in Figure 2-figure supplement 2). Three consecutive 600 bp windows have interaction FDR < 1 x 10^{-4} in this region. Panels depict non-normalized, raw read pileups for mSTARR-seq RNA replicates, with all y-axis maximums set to 14000. No methylation-dependent activity is detectable in the baseline condition because this enhancer element is inactive. Upon IFNA stimulation, only unmethylated enhancer elements are capable of responding. (B) Upset plot showing shared and unique mSTARR-seq identified enhancer elements across conditions. While many elements are shared, 3426 are unique to a single condition (FET log-odds results for magnitude of overlap are shown in Figure 2-figure supplement 1). (C) Top five most enriched transcription factor binding motifs in IFNA- and dex-specific mSTARR-seq enhancers, compared to all windows tested. Whiskers show the standard error. See Supplementary Files 8 and 9 for all enrichment results. (D) Genes targeted by ISRE enhancers (ISRE enhancers identified from ENCODE ChIP-seq data;
gene targets identified from enhancer-gene linkages from EnhancerAtlas 2.0 (Gao et al., 2016)) that are also identified as IFNA condition-specific mSTARR-seq enhancers show stronger K562 endogenous gene expression responses to IFNA stimulation than non-ISRE targets (unpaired t-test: \( t = 3.58, df = 118.36, p = 5.01 \times 10^{-4} \); Supplementary File 12). Each box represents the interquartile range, with the median value depicted as a horizontal bar. Whiskers extend to the most extreme values within 1.5x of the interquartile range. 

\( E \) mSTARR-seq regulatory activity for windows containing ISRE targets (\( n = 1005 \) windows) interacts strongly with exposure to IFNA. These windows are capable of mounting a strong response to IFNA stimulation when unmethylated (dashed line; paired t-test: \( t = 23.02, df = 1004, p = 1.78 \times 10^{-94} \)) but not when methylated (solid line; paired t-test: \( t = -1.74, df = 1004, p = 0.082 \)). Dots show the mean beta corresponding to enrichment of RNA reads versus DNA reads across windows; whiskers show the standard error. Because y-axis values correspond to model estimates, they can be positive (i.e., more mSTARR-seq RNA reads than input DNA reads) or negative values (i.e., fewer mSTARR-seq RNA reads than mSTARR-Seq input DNA reads, indicating no regulatory activity).

### Methylation levels at mSTARR-seq IFNA-specific enhancers predict the transcriptional response to influenza virus in human macrophages

Our findings show that, in the context of mSTARR-seq, pre-existing DNA methylation state can capacitate or constrain the regulatory response to IFNA stimulation. This result suggests that DNA methylation-environment interactions may be an important determinant of gene expression levels \textit{in vivo}. To test this possibility, we drew on matched whole genome bisulfite sequencing (WGBS) and RNA-seq data collected from human monocyte-derived macrophages (\( n = 35 \) donors), with and without infection with the influenza A virus (IAV), commonly known as flu (Figure 3A; (Aracena et al., 2022)). We asked whether variation in the gene expression response to flu is predicted by DNA methylation levels in the baseline (non-infected) condition, especially at loci where the response to IFNA is affected by DNA methylation in mSTARR-seq. Importantly, flu and IFNA challenges induce similar innate immune responses (Killip et al., 2015).

Within each individual in the macrophage data set, mean DNA methylation levels at baseline significantly predict the mean gene expression response to flu across the full set of mSTARR-seq enhancer windows detected in the IFNA condition (\( n = 35 \) individuals at 2769 enhancer windows: mean Pearson’s \( r = -0.105 \pm 0.006 \) s.d., all Bonferroni-corrected \( p < 3 \times 10^{-5} \); Supplementary File 13). This effect is largely driven by the subset of mSTARR-seq IFNA-specific enhancers. Specifically, the correlation between baseline DNA methylation levels and the gene expression response to flu is 3.44-fold stronger in IFNA-specific enhancers than for enhancers identified in both the IFNA condition and at least one other condition (Figure 3B; IFNA-specific enhancers: \( n = 1033 \), mean Pearson’s \( r = -0.170 \pm 0.009 \) s.d., all Bonferroni-corrected \( p < 2 \times 10^{-5} \); shared enhancers: \( n = 1736 \), mean Pearson’s \( r = -0.049 \pm 0.01 \) s.d., all Bonferroni-corrected \( p > 0.1 \)). These results appear to be driven by strong methylation-dependence in flu-infected cells, as the average within-individual correlation between DNA methylation and gene expression is 2.44 times as large after infection (\( r = -0.261 \pm 0.006 \)) than at baseline (\( r = -0.106 \pm 0.008 \)) in IFNA-specific mSTARR-seq enhancers (Figure 3C; Supplementary File 14).

The limited sample size of the macrophage data set makes it better suited for analyses of the overall relationship between DNA methylation and gene expression within an individual, rather than locus-specific analyses of interindividual variation (especially as locus-specific variance in DNA methylation across individuals is low: mean = 0.004, standard deviation = 0.008). Nevertheless, across 1382 testable loci (600 bp windows containing at least 1 CpG with
interindividual variance > 0.01), we identified one IFNA-specific, methylation dependent mSTARR-seq enhancer where endogenous variation in DNA methylation levels across individuals clearly predicts the response of the nearest gene’s transcriptional response to flu (Figure 3D-E; p = 6.05 x 10^-5, q-value = 0.0837; Supplementary File 15). This mSTARR-seq enhancer (chr1:1013400-1014000) overlaps the promoter of interferon-stimulated gene 15 (ISG15; Figure 3E), and its average methylation explains 38% of the variance in the ISG15 transcriptional response to flu across individuals. The magnitude of ISG15 transcriptional response to flu appears primarily driven by the enhancer’s effect on gene expression at baseline. Lower enhancer methylation at baseline is associated with higher ISG15 expression at baseline, ultimately resulting in a shallower fold change response to flu (Figure 3-figure supplement 1). This example illustrates the value of integrating observational data on DNA methylation and gene expression with mSTARR-seq. The population data support the in vivo relevance of the mSTARR-seq data, while the mSTARR-seq data suggest that baseline variation in ISG15 methylation in vivo is causally meaningful to the response to influenza. Notably, ISG15 plays critical roles in regulating the type I interferon response and modulating host immunity to both viral and bacterial infections (reviewed in (Perng and Lenschow, 2018)).

Figure 3. DNA methylation in mSTARR-seq enhancers predicts in vivo gene expression in macrophages. (A) Study design of the in vivo experiment, in which matched macrophage samples from 35 individuals were either left non-infected or infected with influenza A virus (IAV) for 24 hours and processed for RNA-seq and whole genome bisulfite sequencing (WGBS; (Aracena et al., 2022)). (B) Within individuals, DNA methylation (DNAm) levels at mSTARR-seq enhancers in non-infected cells
are negatively correlated with the nearest genes’ transcriptional responses to IAV, but only in mSTARR-seq enhancers that were specific to the IFNA condition (IFNA-specific enhancers: n = 1033, mean Pearson’s r = -0.170 ± 0.009 s.d., all Bonferroni-corrected p < 2 x 10⁻⁵; shared enhancers: n = 1736, mean Pearson’s r = -0.049 ± 0.01 s.d., all Bonferroni-corrected p > 0.1). Each colored line represents an individual, and vertical gray lines represent 95% confidence intervals (see Supplementary File 13 for full results). (C) The average within-individual correlation (r) between DNA methylation and gene expression (GE) is 2.44 times as large after infection (r = -0.261 ± 0.006) than at baseline (r = -0.106 ± 0.008) in IFNA-specific mSTARR-seq enhancers (right panel), but much less affected by infection at mSTARR-seq enhancers that are shared across conditions (left panel). Each colored line represents an individual (see Supplementary File 14 for full results). (D) Across individuals, the ISG15 transcriptional response to IAV is significantly correlated with average DNAm at the mSTARR-Seq enhancer chr1:1013400-1014000 in non-infected cells (R² = 0.381, p = 6.05 x 10⁻⁵, q = 0.084). Each dot represents an individual (see Supplementary File 15 for full results and Figure 3-figure supplement 1 for condition-specific results). (E) The mSTARR-seq enhancer predictive of ISG15 response to IAV (dark green bar) is located in the active promoter of ISG15 (as defined by ENCODE (ENCODE, 2012); red denotes active promoter, pink denotes weak promoter, orange denotes strong enhancer, yellow denotes weak enhancer). Three adjacent, methylation-dependent, IFNA-specific mSTARR-seq enhancers were identified (light green), but do not significantly predict ISG15 response to IAV (q > 10%). The bottom 6 tracks depict non-normalized, raw read pileups for mSTARR-seq RNA replicates in either the unmethylated (open circle) or methylated (filled circle) condition, with all y-axis maximums set to 20,000.

**Most CpG sites associated with early life adversity do not show regulatory activity in K562s**

Finally, because changes in DNA methylation are of particular interest to research on the biological embedding of early life experience (Hertzman and Boyce, 2010), we tested whether DNA methylation differences associated with early life adversity (ELA) translate to functional effects on gene regulation in the mSTARR-seq data. We first performed a literature search to compile CpG sites that have previously been associated with ELA in humans using the Illumina EPIC array or one of its precursors (Infinium Human Methylation 450K and 27K BeadChips). Our search resulted in a total of 27 studies (Supplementary File 16), which together identified 8,525 unique ELA-associated sites.

For 26 of 27 studies, ELA-associated CpG sites were not more likely to occur within putative regulatory windows (detected in either the methylated condition, unmethylated condition, or both) than background chance (Figure 4). This pattern was qualitatively consistent regardless of whether we considered baseline, IFNA-, or dex-challenged samples (Supplementary File 16). The only exception was for a set of differentially methylated regions in the children of mothers exposed to objective hardship (e.g., living in a shelter, loss of electricity) who were pregnant during or within 3 months of the 1998 Quebec Ice Storm (Cao-Lei et al., 2014). In this study, ELA-associated sites were more likely to fall in windows with regulatory potential in our sample (log₂(OR) [95% CI] = 1.343 [0.715, 1.909], p = 3.39 x 10⁻⁵). Among these sites, 53.85% were also detected to have methylation-dependent activity, which is slightly, but not significantly higher than the proportion of methylation-dependent sites on the Illumina Methylation450K chip as a whole (log₂(OR) [95% CI] = 0.884 [-0.338, 2.130], p = 0.16).

Consequently, ELA-associated sites in this study were not more likely to exhibit methylation-dependent activity than chance. We speculate that regulatory enrichment in this data set is due to its focus on immediately methylated CpG sites with substantial interindividual variance in DNA methylation levels, which tends to enrich for enhancer elements. Indeed, ELA-associated sites in this study were more strongly enriched in enhancer regions than the union set of sites in other studies we investigated (log₂(OR) [95% CI] = 1.295 [0.543, 2.015], p = 6.64 x 10⁻⁴).
**Figure 4.** Early life adversity-associated CpG sites are not enriched for mSTARR-seq regulatory activity. Log$_2$-transformed odds ratios from Fisher’s Exact Tests for enrichment relative to the background set of sites on each array platform, for 27 studies of early life adversity-DNA methylation level correlations (see Supplementary File 16 for full FET results). Whiskers show standard error. Only Cao-Lei et al., 2014 shows significant enrichment for regulatory activity (log$_2$(OR) [95% CI] = 1.343 [0.715, 1.909], p = 3.39 x 10$^{-5}$), but these sites are not more likely to exhibit methylation-dependent activity than expected by chance (log$_2$(OR) [95% CI] = 0.884 [-0.338, 2.130], p = 0.16). For details on the source tissue and measures of ELA, see Figure 4-figure supplement 1.

**Discussion**

Using mSTARR-seq, we assessed the functional role of DNA methylation across more than 99% of CpG sites assessed by two commonly used methods to measure methylation (the EPIC array and RRBS). Compared to our previous work, we identify a higher rate of methylation-dependence in the present data set (47.5% of analyzed windows in the current data set versus 10% of analyzed windows from [Lea et al., 2018] when we apply the current pipeline to analyze both datasets). This difference likely stems from lower variance between replicates in the present study, which increases power. Thus, our findings reveal that DNA methylation often significantly attenuates regulatory activity in K562 enhancer and promoter elements.

The results also support the idea that CpG sites identified by environment-DNA methylation association are a mixed bag. For example, 98% of CpG sites associated with early life adversity in the literature fell in windows with no discernable regulatory potential in K562
cells, irrespective of their methylation status. Our findings suggest that many ELA-associated sites may be better treated as passive biomarkers of exposure rather than links on the causal pathway between early life disadvantage and later life health outcomes. However, they also dovetail with work supporting the importance of CpG sites within enhancer elements in responding to environmental perturbations (Pacis et al., 2015; Husquin et al., 2018). Given that the repertoire of poised and active enhancers often differs across cell types and cellular states, expanding experimental approaches like mSTARR-seq to other contexts can therefore serve a valuable role in prioritizing CpG sites identified in observational studies of differential methylation.

Indeed, one of the most interesting findings from our analysis is the observation that DNA methylation-environment interactions are widespread in the human genome. Across thousands of genomic regions, both regulatory activity and methylation-dependent effects on regulatory activity were only detectable upon stimulation, consistent with a model in which DNA methylation contributes to epigenomic priming by modulating responsivity to environmental stimuli (Kamada et al., 2018; Sun and Barreiro, 2020). In support of this idea, IFNA-specific enhancers detected in mSTARR-seq are able to nonrandomly identify collections of loci in the genome where baseline DNA methylation also predicts the endogenous gene expression response to flu infection (Figure 3B-C). This relationship is easier to discern in within-individual comparisons across loci than in locus-by- locus analyses of interindividual variation. However, we were also able to pinpoint one specific gene, ISG15, in which baseline DNA methylation explains a large fraction of population variation in the gene expression response to flu (Figure 3D-E). Notably, the effect size for ISG15 is very large, accounting for over a third of total variance in the fold-change gene expression response to flu. Our results suggest that mSTARR-seq could therefore help identify additional in vivo DNA methylation-environment interactions, given a larger sample size of individuals and power to detect smaller effects.

Applying mSTARR-seq in additional cell types may therefore help resolve whether DNA methylation is responsible for exaggerated transcriptional responses to repeated challenges, as previously suggested for glucocorticoid exposure in hippocampal progenitor cells (Provençal et al., 2020), or whether differential methylation after pathogen infection contributes to the emerging paradigm of “trained immunity” in innate immune cells (reviewed in Fanucchi et al., 2021). More generally, while our findings agree with the idea that many differences in DNA methylation—even extreme ones (~0% versus ~100%) like those tested here—are silent with respect to transcription factor binding and gene expression (e.g., (Maeder et al., 2013; Kreibich et al., 2023)), they also suggest that the functional importance of DNA methylation is likely to be underestimated without considering its interaction with the cellular environment.

Materials and Methods

DNA capture and mSTARR-Seq

We used the DNEasy Blood and Tissue Kit (Qiagen) to extract 5 ug DNA from the GM12878 lymphoblastoid cell line. We sheared the extracted DNA on a Covaris S2 with the following parameters: intensity: 3; duty cycle: 5%; cycles/burst: 200; treatment time: 40 seconds; temperature: 4C; intensifier: yes. We then performed agarose gel size selection of ~600-700 bp DNA fragments followed by purification with the Qiaquick Gel Extraction Kit (Qiagen). We note that we intentionally targeted longer fragments (~600-700 bp) than those targeted in (Lea et al., 2018) (~300-700 bp) because our previous work showed that longer fragments are more likely to drive regulatory activity (Lea et al., 2018).
We used Roche’s NimbleDesign Software to design probes to capture the following genomic regions: (i) EPIC CpGs targeted by the Illumina Infinium MethylationEPIC microarray (862,831 CpGs); (ii) predicted CpG cut sites from an in silico MspI digest of the hg38 genome, followed by in silico size selection to 100-500 bp, which together simulates the first step in reduced representation bisulfite sequencing protocols (318,929 CpGs); (iii) 6.5 Mb centered around the NR3C1 glucocorticoid receptor gene; and (iv) 100,099 loci included as a control for genomic background that were randomly distributed across the hg38 human genome, excluding centromeres, gaps, and Ns. Although the Y chromosome was included during the design of control loci, we excluded the Y chromosome in analyses, resulting in 99,999 control loci which fell into 98,967 unique 600 bp windows. Of these 98,967 windows, 94,679 contained CpG sites and 4,288 did not, reflecting the sequence composition of the human genome as a whole. We note that a single 600 bp genomic window could simultaneously include EPIC CpGs, MspI CpG cut sites, the NR3C1 region, or control sites (i.e., assignment of windows to these compartments are not mutually exclusive; Figure 1—figure supplement 1).

We then captured target regions from the sheared GM12878 DNA using SeqCap EZ Prime Choice Probes (Roche), following the SeqCap EZ HyperCap protocol version 2.3. We performed two capture reactions. We used 6 cycles for the Pre-Capture LM-PCR program and 16 cycles for the Post-Capture LM-PCR program. For the Post-Capture LM-PCR reaction, we used the mSTARR_primerF2 and mstarr_primerR2 primers from (Lea et al., 2018) to prepare the DNA for ligation into the mSTARR plasmid. The resulting captured DNA was used as input for the mSTARR-seq protocol (Lea et al., 2018), beginning at the mSTARR-seq published protocol step “Generate linearized mSTARR backbone for large-scale cloning”.

We performed 4 and 6 replicate Gibson assemblies and transformations for the first and second capture reactions, respectively. We then sequenced each transformation replicate on a MiSeq to measure library diversity per replicate, with the following modifications to the published mSTARR-seq protocol: we used 25 ul Kapa HiFi HotStart ReadyMix instead of 25 ul NEB Q5 Hot start master mix, with the following cycle program: 98 C for 45 sec, 12 cycles of 98 C for 15 seconds, 60 C for 30 seconds, and 72 C for 60 seconds, followed by a final extension at 72 C for 5 minutes. We measured library diversity of each transformation using the ENCODE Project's PCR bottleneck coefficient (PBC), which is the percentage of non-duplicate mapped reads from the total number of mapped reads (Landt et al., 2012) (Supplementary File 17). We pooled the ten transformations by weighting their molarities according to the PBCs to create the final library. We then performed 8 re-transformations to expand the pooled library.

Replicate methyltransferase reactions and parallel mock methyltransferase reactions, in which the M. SssI enzyme was replaced with water, were performed in 500 ul reactions, cleaned with Ampure beads, and then pooled. The methylated DNA library and unmethylated DNA library were each transfected into 18 replicate T75 flasks, each containing 12 million K562s, with Lipofectamine 3000 (ThermoFisher Scientific) following the manufacturer’s instructions. 42 hours post-transfection, replicates were treated with 2,000 U/mL IFNA2b (Thermo Fisher Scientific), 1 uM dex (Sigma-Aldrich), or vehicle control (media). 48 hours post-transfection (6 hours post-treatment), cells were harvested for mSTARR-seq sequencing library generation. At harvest, 5 x 10^5 cells were aliquoted separately into Buffer RLT to measure endogenous RNA response to treatment, and 2 million cells were aliquoted for plasmid DNA extraction to measure input DNA in each replicate. mSTARR RNA-seq and DNA-seq libraries were generated following (Lea et al., 2018). To measure endogenous gene expression from K562s in each
condition, we extracted RNA from the separately aliquoted cells using the Qiagen RNEasy kit and prepared RNA-seq libraries using the NEBNext Ultra II RNA Library Prep Kit for Illumina.

Comparison of mSTARR MD regulatory activity across cell types and experiments

To assess cell type-specificity of methylation-dependent regulatory activity, we transfected the mSTARR-seq library from (Lea et al., 2018), comprised of 1:3 sheared genomic DNA:MspI-digested DNA, into the HepG2 cell line. For the HepG2 experiment, we performed one methyltransferase reaction and one sham methyltransferase reaction. Transfections were performed with Lipofectamine 3000 (ThermoFisher Scientific) following the manufacturer’s instructions, with reagent quantities scaled to the following per replicate: 6.9 million HepG2 cells, 46 ug of DNA, 138 ul of Lipofectamine 3000, and 180 ul of P3000 (transfection enhancer reagent). We performed all regulatory and MD regulatory analyses of HepG2 cells, as well as analyses of K562s from a previously published smaller mSTARR-seq experiment (Lea et al., 2018), following the same bioinformatics pipeline used for our main K562 experiment, described below. To compare against previously published STARR-seq data in A549 cells, we identified the union set of all regulatory peaks identified across six replicate STARR-seq experiments collected at time point 0 in (Johnson et al., 2018). To test for significant overlap between the current K562 results and the other three data sets, we used Fisher’s exact tests against a background set of windows tested in both the current K562 experiment and each of the other data sets.

mSTARR-seq regulatory and MD regulatory analyses

mSTARR RNA-seq and DNA-seq libraries were sequenced on the Illumina NovaSeq platform as 100 basepair, paired-end reads (Supplementary File 1). Reads were trimmed with Trim Galore (version 0.6.4) (Krueger, 2015) to remove basepairs at the ends of reads with Phred scores less than 20 and stretches of 2 or more basepairs that matched adapter sequences. Trimmed reads with a minimum length of 25 basepairs were retained. We mapped reads using bwa (version 0.7.12) (Li and Durbin, 2009) using default settings. We retained read pairs that mapped to a single best location using the samtools (version 1.3.1) (Li et al., 2009) package ‘view’ command with options -q 10 -f 0x2. We segmented the genome into 600 bp, non-overlapping windows, and used the bedtools (version 2.25.0) (Quinlan and Hall, 2010) coverage function to count the number of RNA and DNA fragments overlapping each 600 bp window. We chose 600 bp for the genomic window size to accommodate our library’s DNA fragment size (600-700 bp; Supplementary File 1), and because using smaller windows resulted in the identification of many adjacent windows as separate regulatory elements when they likely represent a single true enhancer (the median length of ENCODE-annotated enhancers is 600 bp).

For each of the 3 treatment conditions (baseline, IFNA, and dex), we reduced our dataset to windows for which at least three DNA samples in the methylated condition and three DNA samples in the unmethylated condition (i.e., 6 DNA samples total), and three RNA samples in either the methylated or unmethylated condition, had nonzero counts. One mSTARR RNA-seq sample in the baseline condition (sample ID L31250) was removed from further analysis because it had an unusually high proportion of zero counts in the testable windows; the corresponding paired DNA sample was therefore also removed prior to analysis (Supplementary File 1). Next, we retained only windows that showed high repeatability across DNA samples, following (Lea et al., 2018). In brief, for each window we calculated the pairwise difference of read abundance for every pair of samples and created a distribution of all pairwise differences; windows were
removed if at least 25% of pairs fell outside the central 90th percentile of the distribution (37,410 windows, 14.8% of the overall data set). On this reduced data set of testable windows, we performed voom normalization using the limma (version 3.44.3) voomWithQualityWeights function (Smyth, 2005; Law et al., 2014), with methylation status included as a covariate in the design. We then used the limma function lmFit to apply the following model for each window:

\[ y_i = \mu + m_i \beta_1 + s_i \beta_2 * I(m = 0) + s_i \beta_3 * I(m = 1) + \epsilon_i \]

where \( y_i \) is the vector of normalized counts for \( n = 24 \) samples (12 RNA and 12 DNA samples; 22 samples for the baseline condition); \( \mu \) is the intercept; \( m_i \) is methylation condition (0 = unmethylated; 1 = methylated) and \( \beta_1 \) its effect size; and \( I \) is an indicator variable in which \( \beta_2 \) and \( \beta_3 \) are the effects of sample type \( s_i \); 0 = DNA; 1 = RNA) in the unmethylated (\( m = 0 \)) and methylated conditions \( (m = 1) \), respectively. \( \epsilon_i \) is the residual error.

To estimate the false discovery rate for identifying windows with regulatory activity (in either the methylated or unmethylated condition, or both), we compared the observed results to empirical null distributions generated using 100 permutations of RNA/DNA labels within each pair of samples. Unlike in the real data, in which most windows show a strong bias towards more reads in the DNA condition (because most windows exhibit no regulatory activity), permuted data results in relatively balanced effect sizes. Using the overall distribution of test statistics to construct the null therefore substantially inflates the number of significant windows, but specifically because most windows have systematically less activity in the RNA condition than the DNA condition, not more (the direction of interest). Consequently, for each permutation, we subsampled \( N \) windows with a positive sample type beta (corresponding to larger read counts in RNA samples versus DNA samples) in either the methylated condition, unmethylated condition, or both. Here, \( N \) is the number of windows with a positive sample type beta in the observed data. The p-values from these windows were used to generate the empirical null. To define putative enhancer elements, we used an FDR cutoff of 1%.

To identify methylation-dependent enhancer activity, we focused on the windows that exhibited a positive sample type beta in either the methylated or unmethylated condition (or both) and tested for significant differences between \( \beta_2 \) and \( \beta_3 \) in the equation above (i.e., an interaction effect between RNA/DNA condition and the methylated/unmethylated condition). To estimate the false discovery rate for identifying methylation-dependent windows, we re-ran our main nested model on the same 100 sets of \( N \) windows each, in this case permuting methylation condition (unmethylated versus methylated) across sample pairs to generate the empirical null for the interaction effect of sample type (RNA versus DNA) * methylation condition (methylated or unmethylated). To define methylation-dependent regulatory elements, we again used an FDR cutoff of 1%.

**Enrichment of transcription factor binding motifs**

To identify enrichment of potential transcription factor binding sites in the methylated condition, we used HOMER and motifs defined in the HOMER database (Heinz et al., 2010) and the baseline treatment dataset to compare motifs within regulatory regions in the methylated condition, relative to motifs across all regulatory regions.

To identify potential transcription factor binding sites in windows with condition-specific regulatory or methylation-dependent regulatory activity, we first identified regions showing regulatory activity uniquely in the dex or IFNA conditions relative to both other conditions.
(based on an FDR of 1% to define regulatory activity). We used HOMER and motifs defined in
the HOMER database to test for enrichment of transcription factor binding motifs within
windows showing condition-specific regulatory activity relative to all windows tested for
regulatory activity in that condition. We set a threshold of Bonferroni-corrected p-value < 0.01 to
identify significantly enriched binding motifs.

**Endogenous gene expression response of K562s to dex and IFNA**

Endogenous RNA-seq libraries were sequenced on an Illumina NovaSeq 6000 S1 flow
cell as 100 base pair, paired-end reads. Reads were trimmed with Trim Galore (Trim Galore
version 0.6.4_dev; Cutadapt version 2.3) to remove basepairs with a Phred score less than 20,
and end sequences that matched at least two basepairs of the adapter sequence. Only trimmed
reads longer than 25 basepairs were retained. We used the STAR package (version 2.5.0) (Dobin
et al., 2013) two-pass mapping to map the filtered reads to the hg38 genome. We retained
uniquely mapped reads by filtering the output SAM file to keep reads with MAPQ = 255. We
then used htseq (version 0.6.0) (Anders et al., 2014) to quantify read counts per gene. We only
retained genes that had TPM > 3 in at least 3 of 6 samples in at least one of the three conditions
(baseline, IFNA, or dex). Only protein-coding genes were retained for final analysis, resulting in
a total of 10,676 testable genes.

We performed differential expression analysis separately for IFNA and dex, by subsetting
the data to the IFNA and baseline samples, or subsetting the data to the dex and baseline
samples. For each subset, we voom normalized the data (Law et al., 2014), and used the limma
(Smyth, 2005) function lmFit to model the normalized gene expression as a function of
treatment, controlling for the percent of reads mapping to annotated features (to account for
technical variation in the efficiency of RNA purification during library prep) and methylation
condition for the associated sample. We calculated the FDR using the q-value approach of
(Storey and Tibshirani, 2003), based on an empirical null distribution that was derived from 100
permutations of treatment condition in the model.

To test whether genes were more responsive to IFNA stimulation if they were predicted
targets of IFNA-specific ISRE enhancers, we first used the bedtools intersect function to identify
the union set of ChIP-seq peaks for STAT1 and STAT2 (two of the three components of the
ISGF3 transcription factor that binds ISRE motifs; ENCODE accession numbers
ENCFF478XGE and ENCFF394KTR; ChIP-Seq data were not available for the third ISGF3
component, IRF9). We then reduced these regions to those showing significant, IFNA condition-
specific regulatory activity in the mSTARR-seq dataset (FDR < 1%). We used K562 enhancer-
gene links from EnhancerAtlas 2.0 (Gao et al., 2016) to link the resulting IFNA-specific ISRE
enhancers to their target genes. Finally, we performed a two-sided, unpaired t-test to compare the
endogenous expression responses to IFNA for genes associated with putative IFNA-specific
ISRE enhancers relative to genes that are not associated with IFNA-specific ISRE enhancers.

**Endogenous gene expression and methylation in human macrophages**

To assess effects of DNA methylation-environment interactions on gene expression in vivo, we evaluated endogenous methylation and gene expression from matched whole genome
bisulfite sequencing (WGBS) and RNA-seq data collected from human monocyte-derived
macrophages (n = 35 donors), with and without infection with the influenza A virus (IAV;
(Aracena et al., 2022)). Unsmoothed methylation counts were obtained for 19,492,906 loci in
both non-infected and IAV-infected samples (total n = 70) as described (Aracena et al., 2022).
We filtered loci to require coverage of ≥ 4 sequence reads in at least half of the non-infected or IAV-infected samples. In the RNA-seq dataset for the same 35 individuals, we excluded any genes that did not have an average RPKM > 2 in non-infected or IAV-infected samples. This resulted in a total of 19,041,420 CpG sites and 14,122 genes used in downstream analyses.

We calculated normalization factors using calcNormFactors in edgeR (v 3.28.1) (Robinson et al., 2010) to scale the raw library sizes. We then used the voom function in limma (v 3.42.2) (Smyth, 2005; Ritchie et al., 2015) to apply the normalization factors, estimate the mean-variance relationship, and convert raw read counts to log(CPM) values. Sequencing batches were regressed out using ComBat from the sva Bioconductor package (v 3.34.0) (Leek et al., 2012), which fit a model that also included age (mean centered) and admixture. We subsequently regressed out age effects using limma. Individual-wise fold-change (FC) matrices were built by subtracting non-infected counts from IAV-infected counts for each individual using weights calculated as in (Harrison et al., 2019; Aracena et al., 2022).

For comparison of the mSTARR-seq dataset to the dataset from (Aracena et al., 2022), GrCh38/hg38 coordinates were lifted over to GRCh37/hg19 using the UCSC liftOver tool. We required a 0.95 minimum ratio of bases that remap, excluded loci that output multiple regions, set the minimum hit size in query to 0, and set the minimum chain size in the target to 0. The GRCh37/hg19 coordinates were used in the following analyses.

We first sought to assess, within each of the 35 individuals, the correlation between mSTARR-seq enhancer methylation levels at baseline (i.e., in non-infected cells) and transcriptional responses of their nearest genes to IAV. To find overlaps between enhancer regions and CpG loci, we used the bedtools intersect function (v2.29.1) with the “left outer join” option. For each 600 bp mSTARR-seq enhancer region in each individual, we calculated the mean methylation level across all overlapping CpGs. Each enhancer was linked to its nearest gene, with a maximum distance of 100 kb, as described above. If an enhancer had multiple linked genes (e.g., an enhancer that overlapped more than one gene), we took the mean transcriptional response of all linked genes. For each individual, we calculated the Pearson’s correlation coefficient (r) between the DNA methylation levels within the mSTARR-seq-defined enhancer windows, in non-infected cells, and transcriptional responses of their linked genes to IAV infection. We also investigated the correlation between mean mSTARR-seq enhancer window methylation and gene expression within non-infected and flu-infected samples separately.

Finally, for each mSTARR-seq enhancer-gene pair, we sought to test the extent to which average methylation level in the enhancer in non-infected samples explained the gene’s transcriptional response to IAV, across individuals. Here, we calculated the average CpG methylation level for each 600 bp enhancer, after excluding CpGs with methylation variance less than 0.01 across individuals. Thus, enhancers that did not contain any CpGs with appreciable interindividual variation in DNA methylation levels were excluded from the analysis. This filtering step resulted in 1,382 enhancer-gene pairs for this analysis. For each enhancer-gene pair, we calculated the Pearson’s correlation coefficient (and R²) between the average methylation level of the enhancer and the transcriptional response of the linked gene. P-values were corrected for multiple hypothesis testing using the q-value method in R (Storey and Tibshirani, 2003).

CpG methylation associated with early life adversity

We performed a literature search to identify studies for which CpG methylation differences have been linked to adverse conditions during early life. We considered all journal
articles that contained the words “early life adversity” and “Infinium” on https://scholar.google.com on May 10, 2021, which produced 269 results. We required that the study evaluated CpG methylation using an Illumina Infinium array (27K, 450K, or EPIC), and that the article provided Infinium CpG probe IDs or CpG genomic coordinates of candidate CpGs. Articles that reported no significant CpG sites, but still reported “top” CpG sites, were retained. Articles that performed analyses to identify differentially methylated regions (DMRs; as opposed to CpG site-by-site analysis) and then reported individual CpG sites within the candidate DMRs, were retained. We considered early life adversity to encompass both social and non-social sources of environmental adversity (e.g., exposure to severe weather), any time from prenatal development to 18 years of age. We did not impose criteria for cell type or subject age at time of sampling. See Figure 4-figure supplement 1 and Supplementary File 12 for a summary of the resulting studies.

For each study dataset, we performed a Fisher’s exact test to test whether ELA candidate sites, relative to the total set of CpG sites on the Illumina array used in that study (450K, EPIC, or 27K array), were enriched in the mSTARR-seq regulatory windows we identified in the baseline, dex, or IFNA condition.

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Data Availability
mSTARR-seq RNA and DNA sequencing data generated in this study for K562 and HepG2 cells are available in the NCBI Sequence Read Archive (SRA; BioProject accession number PRJNA922490). K562 endogenous RNA-seq data are available in the NCBI Gene Expression Omnibus (GEO series accession GSE222643). The previously published data from (Lea et al., 2018) used in this study are available in NCBI’s SRA accession number SRP120556. The previously published A549 data from (Johnson et al., 2018) were kindly provided by Graham Johnson. The sequencing data for the macrophage RNA-seq and WGBS datasets are available at the European Genome-phenome Archive (EGA) under accession numbers EGAD000001008422 and EGAD000001008359, respectively. The zenodo repository at https://zenodo.org/record/7949036#ZGZ5UnbMJq9 provides the code used for analyses, as well as track files (compatible with the UCSC genome browser) for mSTARR-seq hg38 windows with regulatory activity, and windows with methylation-dependent regulatory activity, in all three conditions (baseline, IFNA, and dex). The mSTARR-seq plasmid, pmSTARRseq1 is available through AddGene.

Figure Supplements
Figure 1-figure supplement 1. Overlap of target genomic regions with each other.
Figure 1-figure supplement 2. mSTARR-seq library diversity.

Figure 1-figure supplement 3. Methylation levels of mSTARR-seq DNA, pre- and post-transfection.

Figure 1-figure supplement 4. Overlap of regulatory activity across datasets.

Figure 1-figure supplement 5. Library diversity and regions of regulatory activity in HepG2 cells.

Figure 1-figure supplement 6. Methylation-dependent regulatory activity across datasets.

Figure 2-figure supplement 1. Regulatory activity and effects of methylation across environmental conditions.

Figure 2-figure supplement 2. IFIT5 endogenous gene expression is responsive to IFNA stimulation.

Figure 3-figure supplement 1. Relationship between baseline methylation in the mSTARR-seq annotated enhancer chr1:1013400-1014000 and ISG15 gene expression in non-infected and IAV-infected macrophages.

Figure 4-figure supplement 1. Summary of early-life adversity (ELA) studies.

Supplementary Files

Supplementary File 1. Table summarizing the K562 mSTARR-seq DNA and RNA libraries generated in this study.

Supplementary File 2. Table of results from the model testing for methylation-dependent regulatory activity in K562 cells at baseline.

Supplementary File 3. Table of results from the model testing for methylation-dependent regulatory activity in K562 cells at baseline condition using the dataset from (Lea et al., 2018).

Supplementary File 4. Table of results from the model testing for methylation-dependent regulatory activity in HepG2 cells at baseline.

Supplementary File 5. Table of enrichment results of transcription factor binding motifs for regulatory windows with higher activity in the methylated relative to the sham condition.

Supplementary File 6. Table of results from the model testing for methylation-dependent regulatory activity in K562 cells stimulated with IFNA.

Supplementary File 7. Table of results from the model testing for methylation-dependent regulatory activity in K562 cells stimulated with dex.
Supplementary File 8. Table of enrichment results of transcription factor binding motifs for regulatory windows specific to the IFNA treatment (<1% FDR in IFNA and >1% FDR in baseline and Dex).

Supplementary File 9. Table of enrichment results of transcription factor binding motifs for regulatory windows specific to the Dex treatment (<1% FDR in Dex and >1% FDR in baseline and IFNA).

Supplementary File 10. Table of enrichment results of transcription factor binding motifs for regulatory windows specific to the IFNA treatment (<1% FDR in IFNA and >10% FDR in baseline and Dex).

Supplementary File 11. Table of enrichment results of transcription factor binding motifs for regulatory windows specific to the Dex treatment (<1% FDR in Dex and >10% FDR in baseline and IFNA).

Supplementary File 12. Table of results from the model testing for the K562 endogenous gene expression response to IFNA.

Supplementary File 13. Table of Pearson’s correlation results, within individuals, between mSTARR-seq enhancer DNA methylation in non-infected macrophages and transcriptional response of nearest genes upon IAV infection.

Supplementary File 14. Table of Pearson’s correlation results, within individuals, between mSTARR-seq enhancer DNA methylation in non-infected macrophages and gene expression level in non-infected or IAV-infected macrophages.

Supplementary File 15. Table of Pearson’s correlation results, across individuals, between mSTARR-seq enhancer DNA methylation in non-infected macrophages and transcriptional response of nearest genes upon IAV infection.

Supplementary File 16. Table of enrichment results of regulatory activity in early-life adversity associated CpGs relative to regulatory activity in all CpGs on the associated Illumina array.

Supplementary File 17. Library diversity of replicate transformations using the ENCODE Project's PCR bottleneck coefficient (PBC).
References


**Figure 1-figure supplement 1. Overlap of target genomic regions with each other.** Upset plot showing the degree to which 600 bp non-overlapping genomic windows are shared between the four target genomic regions (EPIC CpGs, *Msp1* CpG cut sites, the *NR3C1* region, or control sites). Overlap occurs because a single 600 bp genomic window can simultaneously include EPIC CpGs, *Msp1* CpG cut sites, the *NR3C1* region, and/or control sites. This plot includes 722,472 unique windows, reflecting the set of windows containing at least 1 basepair of target loci.
**Figure 1-figure supplement 2. mSTARR-seq library diversity.** Comparison of diversity of unique mSTARR-seq DNA and RNA fragments from the library generated in this study (transfected into K562 cells) relative to the library published in *Lea et al.*, 2018 (independently transfected into K562 cells). Each dot represents an experimental replicate. Each box represents the interquartile range, with the median value depicted as a horizontal bar. Whiskers extend to the most extreme values within 1.5x of the interquartile range.
Figure 1-figure supplement 3. Methylation levels of mSTARR-seq DNA, pre- and post-transfection. (A) Bisulfite sequencing shows that DNA methylation on the mSTARR-seq plasmid is maintained until the end of the experiment (i.e., 48 hours after transfection), with significantly higher methylation levels in the replicates from the methyltransferase reaction relative to the replicates from the sham methyltransferase reaction (mean methylated = 0.885, mean unmethylated = 0.066; unpaired t-test: t = -14.66, df = 15,124, p = 2.39 x 10^{-10}). Each dot represents an experimental replicate. Red dots indicate post-transfection DNA samples; the single blue dot per condition indicates pre-transfection DNA methylation levels. Methylation is based on the CpG at the position 2294, which is located in the plasmid region used for Gibson assembly. One sample from the dex sham reaction, L31395, shows an unexpectedly high level of methylation, which appears to be due to an error during generation of the bisulfite sequencing library (e.g., mislabeled tube or poor bisulfite conversion), and not the experimental replicate of cells itself, as the mSTARR-seq RNA library (L31244) from the same replicate clusters with the unmethylated sham replicates as expected (panel B). (B) The first two principal components summarizing overall counts of mSTARR-seq reads for the dex-treated RNA samples (i.e., the raw readout of overall regulatory activity). Each dot represents an experimental replicate, with red and black indicating sham and methylated replicates, respectively. Overall regulatory activity of sample L31244 (indicated by arrow) clusters with the sham replicates as expected, suggesting that this replicate was indeed transfected with sham-treated mSTARR-seq DNA.
Figure 1-figure supplement 4. Overlap of regulatory activity across datasets. Regulatory regions (in either the unmethylated sham condition, the methylated condition, or both) identified via mSTARR-seq in this study significantly overlap with: K562 regulatory regions (in either the unmethylated sham or methylated condition, or both) from a previously generated mSTARR-seq dataset reanalyzed with our pipeline (Lea et al., 2018) ($\log_2(\text{OR}) [95\% \text{ CI}] = 6.212 [6.086, 6.440]$, $p < 1.0 \times 10^{-300}$); regulatory regions (in either the unmethylated sham or methylated condition, or both) from an mSTARR-seq experiment in HepG2 liver cells ($\log_2(\text{OR}) [95\% \text{ CI}] = 3.534 [3.381, 3.684]$, $p = 5.21 \times 10^{-307}$); and regulatory regions from a conventional STARR-seq experiment (i.e., an unmethylated condition) in A549 lung epithelial cells (Johnson et al., 2018) ($\log_2(\text{OR}) [95\% \text{ CI}] = 2.451 [2.442, 2.461]$, $p < 1.0 \times 10^{-300}$). Bars represent 95\% confidence intervals.
Figure 1-figure supplement 5. Library diversity and regions of regulatory activity in HepG2 cells. (A) Comparison of diversity of unique mSTARR-seq DNA and RNA fragments from the library published in Lea et al 2018 (transfected into K562 cells) versus the same library transfected into HepG2 cells in this study. Each dot represents an experimental replicate. Each box represents the interquartile range, with the median value depicted as a horizontal bar. Whiskers extend to the most extreme values within 1.5x of the interquartile range. (B) mSTARR-seq regulatory activity in HepG2 cells is strongly enriched in ENCODE-defined enhancers (indicated in blue) and promoters, and depleted in repressed and repetitive states.
Figure 1-figure supplement 6. Methylation-dependent regulatory activity across datasets.

Effects of methylation on regulatory activity estimated in this study are consistent with methylation effects in K562s estimated from a previously generated mSTARR-seq dataset (Lea et al., 2018) and with methylation effects estimated in HepG2 liver cells (K562: $R^2 = 0.286$ for 1250 windows with FDR < 1% in both data sets, $p = 3.19 \times 10^{-93}$; HepG2: $R^2 = 0.277$ for 511 windows with FDR < 1% in both data sets, $p = 8.87 \times 10^{-38}$). Each dot represents a 600 basepair regulatory window identified in both datasets (FDR < 1%; note that not all regulatory windows show significant methylation dependence (MD)). Dashed lines are the best fit lines. In all cases, negative effect sizes correspond to reduced activity in the methylated condition and positive effect sizes correspond to increased activity in the methylated condition.
Figure 2-figure supplement 1. Regulatory activity and effects of methylation across environmental conditions. (A) Regulatory regions in the baseline condition are highly likely to retain regulatory activity upon challenge with IFNA or dex (IFNA log2(OR) [95% CI] = 8.639 [8.499, 8.812], p < 1.0 x 10^{-300}; dex log2(OR) [95% CI] = 9.640 [9.483, 9.776], p < 1.0 x 10^{-300}). Regulatory regions also significantly overlap between IFNA- and dex-challenged cells (log2(OR) [95% CI] = 8.554 [8.420, 8.698], p < 1.0 x 10^{-300}). (B) Regulatory windows identified in two environmental conditions tend to share significant effects of DNA methylation on regulatory activity (i.e., interaction effects between methylation and regulatory activity) across the two environmental conditions (baseline and IFNA log2(OR) [95% CI] = 6.345 [5.673, 7.102], p < 7.33 x 10^{-239}; baseline and dex log2(OR) [95% CI] = 5.982 [5.599, 6.384], p < 1.0 x 10^{-300}; IFNA and dex log2(OR) [95% CI] = 5.576 [5.123, 6.055], p < 4.70 x 10^{-266}).
Figure 2-figure supplement 2. *IFIT5* endogenous gene expression is responsive to IFNA stimulation. Tracks show non-normalized, raw read pile-ups of endogenous *IFIT5* (ENSG00000152778) gene expression in either the unmethylated (open circle) or methylated (filled circle) condition, with all y-axis maximums set to 100. The replicates for endogenous gene expression shown here are the same replicates used for measuring regulatory activity shown in Figure 2A. *IFIT5* is only detectably expressed after IFNA stimulation (note that the difference in peak heights between the IFNA-stimulated unmethylated and methylated conditions is because the plot shows raw reads; there is no effect of methylation treatment on endogenous *IFIT5* gene expression after normalization for library size: p = 0.489).
Figure 3-figure supplement 1. Across individuals, methylation in the mSTARR-seq annotated enhancer chr1:1013400-1014000 predicts the ISG15 gene expression response to flu. (A) Across individuals, average methylation within the mSTARR-seq annotated enhancer chr1:1013400-1014000 in non-infected baseline macrophages significantly predicts ISG15 gene expression (GE) in the non-infected condition ($R^2 = 0.324$, $p = 2.66 \times 10^{-4}$), but (B) not in the IAV-infected condition ($R^2 = 0.001$, $p = 0.316$). Each dot represents an individual. Relative GE is log(CPM) after regressing out the effects of sequencing batch, age, and admixture. (C) Individuals with relatively low methylation in the mSTARR-seq chr1:1013400-1014000 enhancer (indicated by lighter line color) in the baseline, non-infected condition tend to have higher ISG15 gene expression in the non-infected condition, ultimately resulting in a shallower ISG15 transcriptional response to IAV infection (as indicated by slope of the line). Each line represents an individual.
Figure 4—figure supplement 1. Summary of early-life adversity (ELA) studies. Colored and gray rectangles indicate ranges of age at adversity and at sample collection, respectively. Circles represent mean ages at sample collection and are colored according to the tissue type used to measure methylation levels. Black solid line indicates standard errors of ages at sample collection. See Supplementary File 16 for results of Fisher’s exact tests assessing enrichment of ELA-associated CpGs for regulatory activity.