

Aerosolized α_1 adrenoreceptor antagonism does not affect experimentally induced lung fibrosis in animal models

Short Title: Aerosolized α_1 -AR antagonism does not affect lung fibrosis

Alexander Ghincea¹, Carrighan Perry¹, Angela Liu¹, John McGovern¹, Sheeline Yu¹, Xue-Yan Peng¹, Genta Ishikawa¹, Thomas Barnthaler¹, Erica L. Herzog^{1,2}, Huanxing Sun^{1*}

¹Section of Pulmonary, Critical Care, and Sleep Medicine, Department of Internal Medicine, Yale University School of Medicine, New Haven, Connecticut, United States of America

²Department of Molecular Medicine and Experimental Pathology, Yale University School of Medicine, New Haven, Connecticut, United States of America

*Corresponding author

Email: huanxing.sun@yale.edu (HXS)

50 **Abstract**

51 Pulmonary Fibrosis is a progressive and incurable condition that complicates many disease
52 states. Adrenergic hyperinnervation and accumulation of fibroblasts expressing α_1 -
53 adrenoceptors have been implicated in this process. Previous studies have demonstrated that
54 systemic treatment with an α_1 -adrenoceptors antagonist attenuates fibrotic endpoints in lung
55 fibrosis models. In an attempt to develop a lung targeted therapy, we determined whether α_1 -
56 adrenoceptors antagonism delivered via inhaled administration of terazosin exerts antifibrotic
57 benefits in experimentally induced lung fibrosis. C57/BL6 mice treated with bleomycin, or a
58 doxycycline inducible line of transgenic mice with lung specific overexpression of the bioactive
59 form of the human TGF β 1 (*TGF β 1-Tg⁺* model), received nebulized terazosin at varying doses on
60 a therapeutic schedule following the induction of fibrosis and were sacrificed at 21 days. Airway
61 inflammation, fibrotic endpoints, and lung function were evaluated. α_1 -adrenoceptors
62 antagonism delivered via this method did not impact airway inflammation as indicated by
63 bronchoalveolar lavage cell counts, and there was no significant difference observed in soluble
64 collagen content. There was similarly no significant difference in respiratory mechanics with
65 terazosin administration. These data show that inhaled delivery of the α_1 -adrenoceptors
66 antagonist terazosin by this method is ineffective at treating fibrosis in these models and suggest
67 that alternative dosing schedules or delivery methods may be more fruitful avenues of
68 investigation. Further exploration of these findings may provide new therapeutic options and
69 illuminate mechanisms through which adrenergic innervation and α_1 -adrenoceptors mediate
70 fibrosis in the adult mammalian lung.

71 **Key words:** pulmonary fibrosis, adrenoceptor antagonism, terazosin, inhalation

72

73

74 Introduction

75 Pulmonary fibrosis (PF) is an incurable condition that complicates numerous interstitial
76 lung diseases and is characterized by progressive pulmonary fibrosis and lung function decline
77 [1, 2]. The incidence and demographic distribution of PF is heterogenous depending on underlying
78 diagnosis but tends to occur in older adults and is often associated with a poor prognosis [3].
79 Idiopathic pulmonary fibrosis (IPF), one of the better studied forms of PF, is defined by a pattern
80 of usual interstitial pneumonia on imaging and histopathology in the absence of a known cause
81 and has a median survival of 2-4 years [4, 5]. Though the underlying pathologic mechanisms vary,
82 pulmonary fibrosis is thought to be the result of dysregulated lung healing that results in the
83 accumulation of activated fibroblasts and excessive extracellular matrix [6-8]. Despite numerous
84 recent advances, treatments remain limited and lung transplantation is the only cure [4, 9]. Thus,
85 considering the significant morbidity and mortality caused by these diseases, there is an urgent
86 need for new targeted interventions to reduce the burden of fibrosis.

87 Noradrenergic mechanisms are increasingly associated with numerous pathologic
88 processes including acute inflammation [10, 11], innate immune activation [12, 13], cancer [14],
89 obesity and metabolism [15], bone marrow aging [16], and pathologic lung remodeling [17-19].
90 Adrenergic hyperinnervation and the accumulation of α_1 -adrenoreceptor (α_1 -AR) expressing cells
91 are associated with fibrosis in animal models, where interruption of adrenergic signaling via
92 chemical denervation and α_1 -AR antagonism mitigates fibrotic endpoints [17, 19]. It has further
93 been shown that in some settings the blood [20] and lungs [19] of IPF patients are enriched for
94 noradrenaline, and that IPF patients prescribed α_1 -AR antagonists for non-pulmonary indications
95 experience improved survival [19]. However, despite the increasing association of noradrenaline
96 and fibrotic lung remodeling, the mechanisms of this effect and its therapeutic potential remain
97 unexplored [21, 22].

98 Pulmonary expression of α_1 -ARs is the best characterized in smooth muscle cells of the
99 airways and vasculature, where they are reported to mediate noradrenaline-induced contractile
100 responses [23, 24]. Interestingly, this receptor class is also expressed in parenchymal
101 endothelium and fibroblasts [25], which may, in part, account for the capillary leak-associated
102 fibroblast activation and extracellular matrix expansion caused by intravenous infusion of the α_1 -
103 AR agonist phenylephrine [26, 27] and the therapeutic benefit of systemically administered α_1 -AR
104 antagonism delivered via the oral or intraperitoneal routes [17-19]. However, α_1 -ARs are also
105 expressed by populations of lung epithelia and airway inflammatory cells which may contribute to
106 noradrenaline's well described role in remodeling responses of apoptosis [28], inflammatory cell
107 trafficking [29], and cytokine production [30]. This expression pattern suggests that interventions
108 leveraging inhaled administration might exert therapeutic benefit while minimizing off-target
109 effects. Elucidation of this biology has the potential to provide insights into the cell(s) and
110 mechanism(s) through which noradrenaline exerts its fibrogenic effects while exploring new
111 treatment modalities [31-33] for parenchymal disease.

112 This study sought to address this knowledge gap by assessing whether inhaled
113 administration of the non-selective α_1 -AR antagonist terazosin reduces lung inflammation,
114 pulmonary function, biochemical collagen accumulation, and lung histology in two well accepted
115 animal models of experimentally induced fibrosis.

116

117 **Materials and Methods**

118 **Study Design**

119 The objective of our study was to test the prespecified hypothesis that nebulized delivery
120 of an α_1 -AR antagonist, specifically terazosin, would improve experimentally induced pulmonary
121 fibrosis in two commonly used mouse models. Primary endpoints were prospectively determined.

122 **Animals**

123 All animal experiments were approved by the Yale School of Medicine IACUC in
124 accordance with federal regulations (protocol #20292). Twenty-one days following the
125 experimental induction of fibrosis, animals were anesthetized for pulmonary function testing, then
126 humanely sacrificed to isolate bronchoalveolar lavage (BAL), and *en bloc* resection of lungs for
127 soluble collagen quantification and histopathology scoring as we have previously described [34].
128 C57 Black 6 (C57BL/6) wild-type mice were used for bleomycin experiments. $TGF\beta 1$ lung specific
129 over-expressing (*CC10-tTS-rtTA-TGF β 1*, from here on called "*TGF β 1-Tg⁺*") mice have been
130 described previously [35] and develop fibrosis in response to doxycycline inducible expression of
131 the bioactive form of the human *TGF β 1* gene under the lung specific CC10 promoter. All
132 experimental groups were matched for age and sex.

133 **Bleomycin model**

134 Sex-matched C57BL/6 aged 9 to 11 weeks mice were exposed to a single dose of 1.5
135 U/kg pharmacologic grade bleomycin (Northstar Rx LLC, NDC 16714-886-0) or sterile saline by
136 orotracheal aspiration [36]. Mice were anesthetized with isoflurane and suspended by their
137 incisors on a standing rack. With the tongue held in gentle retraction, 50 μ L bleomycin or saline
138 was pipetted into the oropharynx and aspirated. Animals were sacrificed after 21 days and
139 evaluated for the endpoints described above.

140 ***TGF β 1-Tg⁺* model**

141 Sex-matched 9 to 11-week-old wild-type *TGF β 1-Tg⁺* mice received 0.5 mg/mL doxycycline
142 hyclate (Thermo Scientific Cat No. J60579.22) in their drinking water for 21 days as previously
143 described [35].

144 **Nebulization Experiments**

145 Starting at day 5 after bleomycin administration or doxycycline initiation, mice received
146 daily administration of nebulized terazosin (Millipore Sigma, Product No. 1643452) dissolved in
147 sterile water at concentrations of 0.001 mg/mL, 0.002 mg/mL, 0.01 mg/mL, 0.02 mg/mL, 0.1
148 mg/mL, and 0.2 mg/mL which were derived to approximate a total inhaled dose of 0.001 mg/kg,
149 0.002 mg/kg, 0.01 mg/kg, 0.02 mg/kg, 0.1 mg/kg, and 0.2 mg/kg per day (Fig S1) [37].
150 Concentrations that showed potential benefit were selected for confirmatory studies. Groups of
151 up to 5 mice from a single cage were placed in a clean plastic box with an attachment for nebulizer
152 tubing in a manner similar to that used by Schroeder et al [38] for drug administration. Omron
153 CompAir NE-C28 compressor nebulizers were used to aerosolize and deliver 7 mL of terazosin
154 or sterile water control on a daily therapeutic schedule over 30 min after which mice were returned
155 to their original cages. The same terazosin dose was repeated for every treatment within each
156 group. A schematic of the nebulizer apparatus is shown in Fig 1A.

157

158 **Fig 1: Inhalational administration of the nonselective α_1 -AR antagonist terazosin does not**
159 **impact lung inflammation. A:** Experimental design. Inhaled terazosin was started five days after
160 bleomycin administration or doxycycline induced TGF β 1 transgene activation. Up to 5 mice from
161 a single cage were placed into a clean, lidded plastic box with an attachment for nebulizer tubing.
162 7 mL of sterile water or terazosin was loaded into the nebulizer module for each treatment. Tubing
163 connections were checked to be airtight prior to every treatment. Omron NE-C28 compressor
164 nebulizers were used to aerosolize and deliver the treatment over 30 minutes. After treatment
165 mice were returned to their original cages, and the plastic box and nebulizer equipment cleaned
166 thoroughly. **B:** In the bleomycin model, relative to vehicle, inhaled terazosin had no significant
167 impact on lung inflammation as measured by BAL cell counts. **C:** In the TGF β 1-Tg⁺ model, relative
168 to vehicle, inhaled terazosin had no significant impact on lung inflammation as measured by BAL
169 cell counts. Schematic diagrams created using BioRender.com

170

171 **BAL cell count**

172 At the time of sacrifice, two aliquots of 0.8 mL of PBS were slowly instilled into lung and
173 the lavage fluid gently aspirated. The combined BAL sample was assessed for white blood cell
174 counts using a Beckman Coulter Ac.T Diff instrument.

175 **Pulmonary function testing**

176 Pulmonary mechanics and airway hyperresponsiveness were assessed in a subset of
177 terazosin-exposed and control mice from both bleomycin and *TGF β -Tg⁺* arms of our study using
178 the Sireq FlexiVent Fx computer-controlled piston ventilator running Flexiware version 7.6 [39].
179 Animals were anesthetized with an intraperitoneally administered mixture of xylazine and
180 ketamine, xylazine (Akorn, NDC 59399-110-20) at a dose of 10 mg/kg and ketamine (Covetrus,
181 NDC 11695-0703-1) at a dose of 100 mg/kg, followed by urethane at a dose between 0.009 to
182 0.03 g per mouse, administered intraperitoneally. Once an appropriate level of sedation was
183 established, a midline neck incision was made, and the soft tissue dissected to expose the
184 trachea. A rigid 20-gauge blunt tipped catheter for female mice or 18-gauge blunt tipped catheter
185 for male mice was used to cannulate the trachea. Mice were then paralyzed with pancuronium
186 bromide (Sigma, Cat# P1918-10mg) at a dose of 10 μ g per mouse and attached to the FlexiVent
187 for pulmonary function measurements. Methacholine (SigmaAldrich A2251-25G) was used for
188 airway hyperresponsiveness measurements. After completion of lung function testing, mice were
189 humanely euthanized and harvested for tissue as described above.

190 **Collagen quantification**

191 Right lung soluble collagen content was assessed using the Sircol Soluble Collagen Assay
192 (Biocolor Ltd., CLS 1111) according to the manufacturer's instructions.

193 **Histologic analysis**

194 Formalin fixed and paraffin embedded (FFPE) tissue sections obtained from whole left
195 lungs harvested from experimental animals were stained with Masson's trichrome stain to
196 visualize collagen deposition. Modified Ashcroft Scores, a semiquantitative scoring system
197 validated for experimentally induced fibrosis in rodents, were also determined [40].

198 **Statistics**

199 GraphPad Prism version 9.4.1 was used for statistical analysis and data graphing.
200 Unpaired 2-tailed Mann-Whitney and Kruskal-Wallis tests were used for nonparametric
201 comparisons, and 2-tailed Students T-test and Analysis of Variance used for parametric
202 comparisons. The slopes of expiratory flow-volume loops and airway resistance curves were
203 compared using simple linear regression.

204

205 **Results**

206 **Inhalational administration of an α_1 -AR antagonist does not** 207 **impact lung inflammation**

208 α_1 -AR antagonists administered via oral or intraperitoneal routes demonstrate antifibrotic
209 benefit in models of cross organ fibrosis including the lung, liver, heart, and kidney [41-44]. To
210 determine whether similar benefit is achieved by local delivery to the lung, the following
211 experiments were performed. Because the benefits of α_1 -AR antagonism include attenuation of
212 inflammation [45, 46] and TGF β 1-dependent tissue responses [47], two experimental models
213 were used: single dose inhaled bleomycin, and lung specific, doxycycline inducible
214 overexpression of the bioactive form of the human *TGF β 1* gene. In both models, mice received
215 nebulized terazosin according to a therapeutic schedule (Fig 1A). Doses were determined based
216 on previous literature indicating a 1:1 conversion between systemic and inhaled delivery of the
217 related α_1 -AR antagonist, Prazosin [48]. Because α_1 -AR antagonism mitigates lung inflammation

218 in a number of contexts, we began by determining whether this treatment might reduce the airway
219 inflammation associated with pulmonary fibrosis in the hyperinflammatory bleomycin model. The
220 assessment of BAL cell counts in the bleomycin model revealed no significant change following
221 administration of nebulized terazosin at any dose (Fig 1B). Similar findings were seen in the
222 *TGF β 1-Tg⁺* model, where BAL cell counts remained essentially unaltered by terazosin (Fig 1C).
223 These data indicate that at the range of doses tested, aerosolized delivery of an α_1 -AR antagonist
224 does not impact the magnitude of lung inflammation.

225

226 **Inhalational administration of an α_1 -AR antagonist does not** 227 **impact lung compliance or airway resistance**

228 Physiologic changes caused by pulmonary fibrosis include the development of restrictive
229 lung physiology and our previous work has shown that patients prescribed α_1 -AR antagonists for
230 prostate-related indications exhibited preserved lung compliance as reflected by the forced vital
231 capacity (FVC) [19] and could improve lung compliance without a concomitant increase in airway
232 resistance that could be theoretically induced by α_1 -AR signaling [48]. To test this hypothesis,
233 bleomycin-challenged mice that had or had not received inhaled terazosin underwent pulmonary
234 function testing using the FlexiVent system. In the bleomycin model, mean baseline static lung
235 compliance of 0.046 mL/cmH₂O (Fig 2A), pressure-volume loops (Fig 2B), and mean baseline
236 maximal airway resistance of 2.96 cmH₂O.s/mL assessed following methacholine challenge (Fig
237 2C) were not significantly changed by terazosin administration. Similar findings were observed in
238 the *TGF β 1-Tg⁺* mice, where baseline static compliance of 0.044 mL/cmH₂O and airway
239 resistance of 5.66 cmH₂O.s/mL did not display changes in response to nebulized terazosin (Fig
240 2D-F). These data show that aerosolized delivery of the α_1 -AR antagonist terazosin is ineffective
241 in altering lung physiology in two models of fibrotic ILD.

242

243 **Fig 2: Inhalational administration of an α_1 -AR antagonist does not impact lung compliance**
244 **or airway resistance. A:** Bleomycin-challenged mice that had or had not received inhaled
245 terazosin underwent pulmonary function testing using the FlexiVent system. Here, a mean
246 baseline static lung compliance of 0.046 mL/cmH₂O was observed in untreated mice and was
247 not significantly altered by terazosin administration. **B:** Terazosin did not significantly change the
248 pressure-volume relationship for lungs tested. **C:** Maximal airway resistance assessed following
249 methacholine challenge did not significantly change following terazosin administration from a
250 mean baseline of 2.96 cmH₂O.s/mL in untreated mice. **D-F:** Similar findings were observed in the
251 TGF β 1-Tg⁺ mice, where baseline static compliance of 0.044 mL/cmH₂O and airway resistance of
252 5.66 cmH₂O.s/mL did not display changes in response to nebulized terazosin. These data show
253 that aerosolized delivery of the α_1 -AR antagonist terazosin is ineffective in altering lung physiology
254 in two models of fibrotic ILD.

255

256 **Inhalational administration of an α_1 -AR antagonist does not**
257 **impact lung collagen accumulation**

258 Systemic administration of α_1 -AR antagonists has been shown to suppress fibroblast
259 activation and its associated accumulation of collagen in numerous models of organ fibrosis. Our
260 own work and that of others shows that this effect extends to the lungs [17, 19]. Reasoning that
261 local delivery of the α_1 -AR antagonist terazosin might show similar efficacy, the lungs of
262 bleomycin-challenged mice that did and did not receive terazosin underwent biochemical
263 quantification of collagen using the well described Sircol assay. Using this approach, fold change
264 from a baseline collagen content per whole right lung was essentially unchanged across all
265 terazosin doses tested (Fig 3A). In the TGF β 1-Tg⁺ model, promising reductions in the fold change
266 from baseline collagen content per whole right lung were observed at several tested terazosin
267 doses (Fig 3B). Based on these results we selected the terazosin doses of 0.002 and 0.02 mg/mL

268 for confirmatory studies but were unable to replicate our initial results (Fig 3C-D). Given these
269 conflicting findings, we sought to confirm our results using histological measures such as
270 trichrome staining and semi-quantitative modified Ashcroft scores, which complement
271 biochemical measures by assessing collagen accumulation in parenchymal regions. The results
272 of these studies were consistent with our confirmatory biochemical measurements, as in the
273 *TGFβ1-Tg⁺* model trichrome staining and baseline modified Ashcroft scores was similar at the
274 doses of terazosin assessed (Fig 3E-F). When viewed in combination, our data show that
275 localized delivery of aerosolized terazosin exerts no observable benefit in these models and is
276 insufficient to mitigate lung fibrosis.

277

278 **Fig 3: Inhalational administration of an α_1 -AR antagonist does not impact lung collagen**
279 **accumulation. A:** Fold change from baseline collagen content per whole right lung was
280 essentially unchanged across all doses tested in bleomycin challenged mice. **B:** In the *TGFβ1-*
281 *Tg⁺* model, initial studies revealed a significant difference in fold change from baseline right lung
282 collagen content at 0.002 mg/mL, 0.01 mg/mL, 0.02 mg/mL, and 0.1 mg/mL Terazosin. **C-D:** Due
283 to these initially promising results confirmatory studies were performed for 0.002 mg/mL and 0.02
284 mg/mL. We were unable to replicate the initially promising differences seen in *TGFβ-Tg⁺* animals
285 at Terazosin doses of 0.002 mg/mL and 0.02 mg/mL. **E-F:** Trichrome staining and semi-
286 quantitative Modified Ashcroft Scores done in our confirmatory studies did not significantly change
287 after administration of terazosin. These data show that in contrast to the previously reported
288 antifibrotic benefit of systemic α_1 -AR, nebulized delivery of this agent is insufficient to mitigate
289 collagen deposition in lung tissues.

290

291

292

293 Discussion

294 This study aimed to determine whether local delivery of the α_1 -AR antagonist terazosin
295 improves markers of pulmonary fibrosis in two different animal models. Our data indicate that the
296 administration of terazosin in nebulized form did not impact lung inflammation, airway compliance
297 or resistance, collagen accumulation, or histologic measures of lung remodeling in the bleomycin
298 and *TGF β 1-Tg⁺* models of murine pulmonary fibrosis. These results are in contrast to prior work
299 in which intraperitoneal administration of terazosin modulates fibrotic changes in bleomycin
300 challenged mice [17] and numerous studies demonstrating that α_1 -AR blockade improves fibrotic
301 endpoints in cross-organ models of tissue fibrosis including the lung, liver, heart, and kidney [41-
302 44]. Notably, because the present study assessed localized tissue delivery as opposed to
303 systemic α_1 -AR antagonism, our data indicate that alternate approaches will be required to
304 support the repositioning of this drug for the treatment of lung fibrosis.

305 The α_1 -ARs are a conserved family of G-protein coupled receptors found in numerous
306 tissues including the lung and have been identified both intracellularly and on the extracellular
307 membrane of smooth muscle cells in the airway and pulmonary vasculature, immune cells, and
308 fibroblasts [23, 24, 49]. Additionally α_1 -AR agonism has been linked to increased expression of
309 inflammatory markers such as IL-1 α , IL-1 β , IL-6, and TNF- α both systemically and in the lungs,
310 and prior work has associated this to increased levels of TGF β [27]. In contrast, systemically
311 delivered α_1 -AR antagonism has been shown to attenuate lung inflammation [45, 46] and TGF β 1-
312 dependent tissue responses [47], is associated with improved fibrotic endpoints [41-44] and
313 survival in IPF patients [19]. One interpretation of our conflicting results is that administration of
314 α_1 -AR antagonist by nebulized aerosol might only interact with cells locally in the airway and
315 alveolus and may not achieve sufficient uptake to the fibrotic interstitium to exert its effects on the
316 fibroblasts, myofibroblasts, and pericytes that are the primary effectors of fibrosis (Fig 4).

317

318 **Fig 4: Proposed schematics. A.** Schematic of the proposed basic mechanism of terazosin. By
319 non-selectively antagonizing α_1 -ARs, Terazosin is proposed to block the pro-fibrotic effects of
320 noradrenaline in the lung. **B.** Adrenergic nerve density is increased in the fibrotic lung and
321 increased noradrenaline is believed to promote a fibrotic phenotype. Numerous cell types
322 including fibroblasts, myofibroblasts, macrophages, airway epithelial cells, and sympathetic
323 neurons express α_1 -ARs, and these are up-regulated in fibrosis. There are several mechanisms
324 which may explain the lack of anti-fibrotic effect observed in our study. When terazosin is
325 nebulized and inhaled, particulate size, dosage, and the heterogeneous nature of fibrotic lung
326 may limit the amount of drug that reaches the terminal airways and alveoli (indicated by more
327 lightly shaded particulates in the schematic). Additionally, though remodeling responses
328 secondary to noradrenaline have been described in the epithelium, the terazosin dose when
329 administered in nebulized form may be insufficient to alter pro-fibrotic signaling. Alveolar
330 macrophages, which are more likely to be exposed to terazosin, may not play as large a role in
331 the development of fibrosis in our model. Finally, transport of terazosin across the basement
332 membrane may also be limited so that insufficient quantities of the drug reach interstitial
333 fibroblasts, myofibroblasts, and pericytes. In contrast, systemic administration of terazosin is more
334 likely to achieve therapeutic levels for α_1 -AR antagonism in fibrotic foci. Created with
335 BioRender.com

336
337 Terazosin is a specific α_1 -AR antagonist [50] that has been approved for use for decades
338 in the treatment of benign prostatic hyperplasia and hypertension, and has a well-established
339 safety profile [51, 52]. Its long half-life makes it well suited for once daily administration [53].
340 Though there are no prior studies assessing inhalational forms of terazosin, other α_1 -AR
341 antagonists have been studied in the context of asthma [54] including a nebulized form of another
342 long acting α_1 -AR antagonist Prazosin [48, 55, 56]. While these early studies had limited efficacy

343 in the overall management of asthma, they did indicate that nebulized delivery of α_1 -AR
344 antagonists is a viable modality. However, the fibrotic lung is spatially heterogenous with areas of
345 normal tissue interspersed with diseased lung that has mismatched ventilation and perfusion [57].
346 Numerous agents are in development or have been investigated for topical delivery in IPF and
347 recent work has demonstrated that particulate dimension is critically important for adequate drug
348 delivery to fibrotic sites [58]. Specifically, Usmani and colleagues demonstrated that a particulate
349 size of 1.5 μm compared to 6 μm was best for uptake in the fibrotic lung [58]. The Omron CompAir
350 NE-C28 compressor nebulizers used in the present study produce an aerosol particle size of 3
351 μm median mass aerodynamic diameter. While suboptimal based upon the aforementioned
352 study, we believe that this particle size should reach the terminal airways. However, particulate
353 size may yet represent a potential source for the negative results observed in our study. If too
354 large, the particulates may become trapped in the oropharynx, trachea, or larger airways and fail
355 to reach fibrotic regions.

356 Our study is limited in not having assessed the spatial delivery of drug within the mouse
357 lung nor systemic uptake of terazosin into the bloodstream. Target engagement was also not
358 evaluated. Furthermore, our apparatus delivered the aerosolized terazosin into a box containing
359 several mice such that at least some amount of the aerosol was deposited onto the fur of treated
360 animals as well as the interior surface of the container, limiting the quantity of terazosin inhaled
361 into the lungs. Oral ingestion of drug accumulated on the fur or interior surface may further
362 confound our results. Finally, the dose of terazosin administered, or dosing schedule utilized may
363 have been insufficient to achieve adequate penetration or α_1 -AR blockade. Recent work by Bai et
364 al using a nanoparticle delivery system presents an alternative method for blocking α_1 -ARs that
365 can be investigated in future studies [59].

366

367

368 **Conclusion**

369 Aerosolized delivery of the α_1 -AR antagonist terazosin is ineffective at treating fibrosis in
370 the bleomycin and *TGF β 1-Tg^t* models of murine pulmonary fibrosis. Given existing data showing
371 benefit from systemic α_1 -AR antagonism in fibrotic models, alternative dosing schedules or modes
372 of delivery may be more fruitful avenues of research. Further exploration of these findings may
373 provide new therapeutic options and illuminate the mechanisms through which adrenergic
374 innervation and α_1 -ARs mediate fibrosis in the adult mammalian lung.

375

376 **Acknowledgements**

377 This work was supported by The Assistant Secretary of Defense for Health Affairs
378 endorsed by the Department of Defense, in the amount of (\$334,999.00), through the Peer
379 Reviewed Medical Research Program under Award Number W81XWH-20-1-0157. Opinions,
380 interpretations, conclusions, and recommendations contained herein are those of the author(s)
381 and are not necessarily endorsed by the Department of Defense. The U.S. Army Medical
382 Research Acquisition Activity, 820 Chandler Street, Fort Detrick MD 21702-5014 is the awarding
383 and administering acquisition office. In conducting research using animals, the investigator(s)
384 adhere(s) to the laws of the United States and regulations of the Department of Agriculture. In the
385 conduct of research utilizing recombinant DNA, the investigator(s) adhered to NIH Guidelines for
386 research involving recombinant DNA molecules. In the conduct of research involving hazardous
387 organisms or toxins, the investigator(s) adhered to the CDC-NIH Guide for Biosafety in
388 Microbiological and Biomedical Laboratories.

389 We are grateful for Dr. Qing Liu's instruction of the operation of the FlexiVent System and
390 the Omron CompAir NE-C28 compressor nebulizer.

391

392 Supporting information

393 **Fig S1: Method used to derive Terazosin doses administered.** **A:** The time (T_f) to fill the box
394 in which mice were placed for nebulization experiments with nebulized drug is represented by the
395 quotient of Box Volume divided by the Nebulizer Flow Rate. Our enclosures have a volume of
396 6682 mL, and the Omron CompAir NE-C28 nebulizer has a flow rate of 4000 mL/min. **B:** The
397 aggregate rate (R) at which nebulized drug enters the box is equal to the total Volume of Drug
398 used divided by the Nebulization Time multiplied by the Drug Concentration loaded into the
399 nebulizer. 7 mL of drug was used in our experiments, and based on our observations, the Omron
400 CompAir NE-C28 nebulizer requires approximately 30 minutes to nebulize all 7 mL. **C:** The drug
401 weight (D_w) of nebulized terazosin within our enclosure is equal to the product of T_f and R . **D:**
402 When divided by the box volume, this results in the nebulized drug's concentration (D_c) within the
403 box. Minute Ventilation (\dot{V}_E) is equal to the product of Respiratory Rate and Tidal Volume. The
404 respiratory rate for adult mice is 187 breaths per minute, and the tidal volume 0.061 mL and 0.094
405 mL for 20g and 25g mice respectively (38). **E:** Thus, we derive the total dose of drug in milligrams
406 inhaled (D_i) by a single mouse during each 30-minute nebulization treatment to be equal to the
407 product of D_c , \dot{V}_E , and nebulization time.

408

409

410

411

412

413

414

415

416

417 **References**

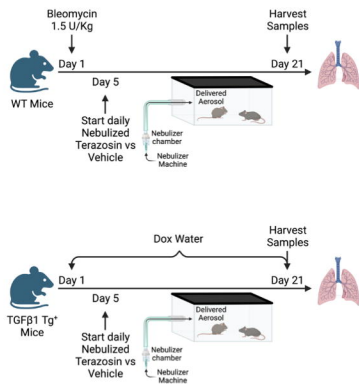
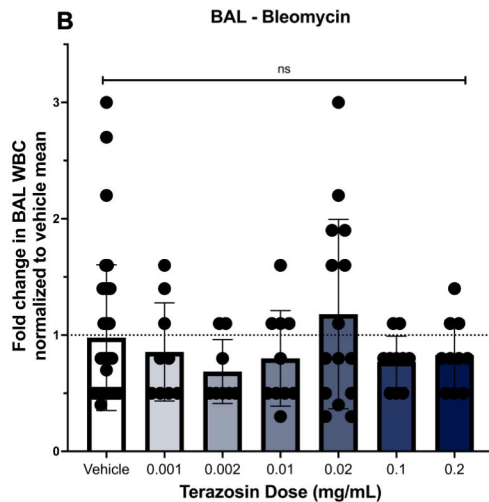
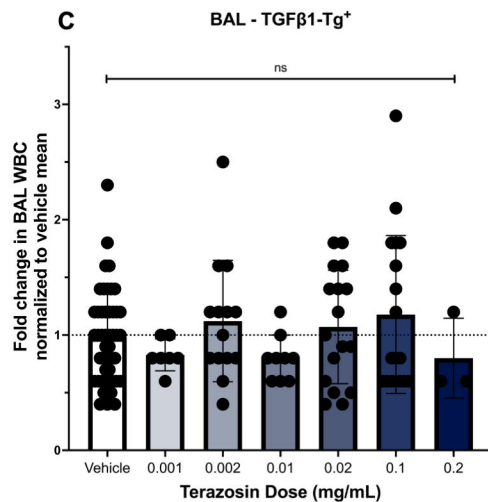
- 418 1. Wells AU, Brown KK, Flaherty KR, Kolb M, Thannickal VJ, Group IPFCW. What's in a name?
419 That which we call IPF, by any other name would act the same. *Eur Respir J.* 2018;51(5). Epub
420 20180517. doi: 10.1183/13993003.00692-2018. PubMed PMID: 29773608.
- 421 2. Cottin V, Hirani NA, Hotchkin DL, Nambiar AM, Ogura T, Otaola M, et al. Presentation,
422 diagnosis and clinical course of the spectrum of progressive-fibrosing interstitial lung diseases.
423 *Eur Respir Rev.* 2018;27(150). Epub 20181221. doi: 10.1183/16000617.0076-2018. PubMed
424 PMID: 30578335; PubMed Central PMCID: PMCPCMC9489068.
- 425 3. Olson AL, Gifford AH, Inase N, Fernandez Perez ER, Suda T. The epidemiology of idiopathic
426 pulmonary fibrosis and interstitial lung diseases at risk of a progressive-fibrosing phenotype. *Eur*
427 *Respir Rev.* 2018;27(150). Epub 20181221. doi: 10.1183/16000617.0077-2018. PubMed PMID:
428 30578336.
- 429 4. Raghu G, Remy-Jardin M, Richeldi L, Thomson CC, Inoue Y, Johkoh T, et al. Idiopathic
430 Pulmonary Fibrosis (an Update) and Progressive Pulmonary Fibrosis in Adults: An Official
431 ATS/ERS/JRS/ALAT Clinical Practice Guideline. *Am J Respir Crit Care Med.* 2022;205(9):e18-e47.
432 doi: 10.1164/rccm.202202-0399ST. PubMed PMID: 35486072.
- 433 5. Raghu G, Chen SY, Yeh WS, Maroni B, Li Q, Lee YC, et al. Idiopathic pulmonary fibrosis in
434 US Medicare beneficiaries aged 65 years and older: incidence, prevalence, and survival, 2001-11.
435 *Lancet Respir Med.* 2014;2(7):566-72. Epub 20140527. doi: 10.1016/S2213-2600(14)70101-8.
436 PubMed PMID: 24875841.
- 437 6. Mei Q, Liu Z, Zuo H, Yang Z, Qu J. Idiopathic Pulmonary Fibrosis: An Update on
438 Pathogenesis. *Front Pharmacol.* 2021;12:797292. Epub 20220119. doi:
439 10.3389/fphar.2021.797292. PubMed PMID: 35126134; PubMed Central PMCID:
440 PMCPCMC8807692.
- 441 7. Ishikawa G, Liu A, Herzog EL. Evolving Perspectives on Innate Immune Mechanisms of IPF.
442 *Front Mol Biosci.* 2021;8:676569. Epub 20210809. doi: 10.3389/fmolb.2021.676569. PubMed
443 PMID: 34434962; PubMed Central PMCID: PMCPCMC8381017.
- 444 8. Wijsenbeek M, Cottin V. Spectrum of Fibrotic Lung Diseases. *N Engl J Med.*
445 2020;383(10):958-68. doi: 10.1056/NEJMra2005230. PubMed PMID: 32877584.
- 446 9. Flaherty KR, Wells AU, Cottin V, Devaraj A, Walsh SLF, Inoue Y, et al. Nintedanib in
447 Progressive Fibrosing Interstitial Lung Diseases. *N Engl J Med.* 2019;381(18):1718-27. Epub
448 20190929. doi: 10.1056/NEJMoa1908681. PubMed PMID: 31566307.
- 449 10. Mirakaj V, Dalli J, Granja T, Rosenberger P, Serhan CN. Vagus nerve controls resolution
450 and pro-resolving mediators of inflammation. *J Exp Med.* 2014;211(6):1037-48. Epub 20140526.
451 doi: 10.1084/jem.20132103. PubMed PMID: 24863066; PubMed Central PMCID:
452 PMCPCMC4042652.
- 453 11. Borovikova LV, Ivanova S, Zhang M, Yang H, Botchkina GI, Watkins LR, et al. Vagus nerve
454 stimulation attenuates the systemic inflammatory response to endotoxin. *Nature.*
455 2000;405(6785):458-62. doi: 10.1038/35013070. PubMed PMID: 10839541.
- 456 12. Willemze RA, Welting O, van Hamersveld P, Verseijden C, Nijhuis LE, Hilbers FW, et al.
457 Loss of intestinal sympathetic innervation elicits an innate immune driven colitis. *Mol Med.*

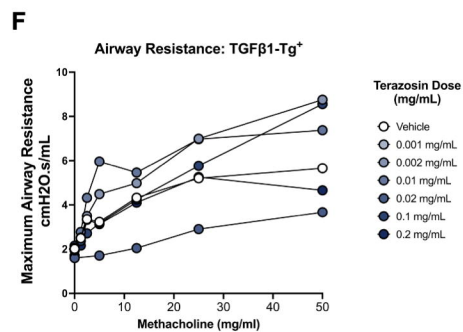
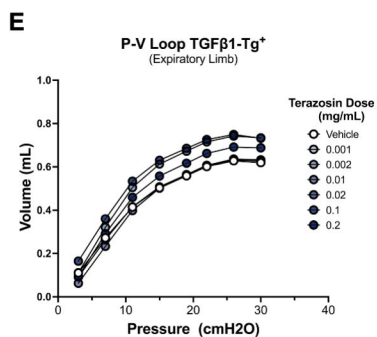
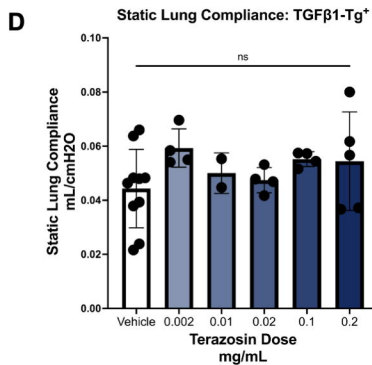
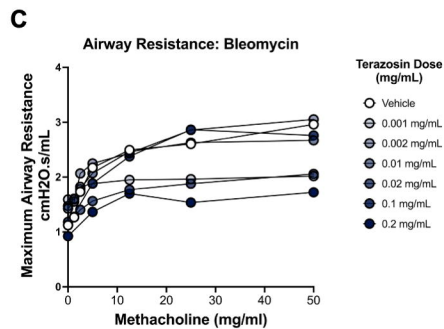
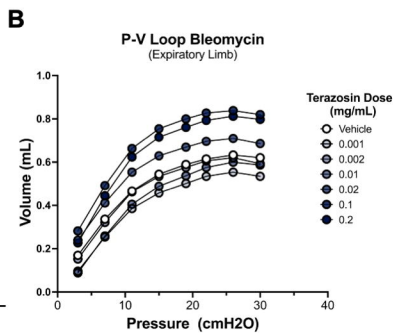
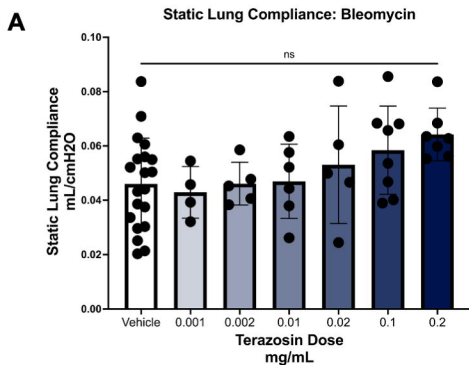
- 458 2019;25(1):1. Epub 20190107. doi: 10.1186/s10020-018-0068-8. PubMed PMID: 30616543;
459 PubMed Central PMCID: PMCPMC6322236.
- 460 13. Grebe KM, Takeda K, Hickman HD, Bailey AL, Embry AC, Bennink JR, et al. Cutting edge:
461 Sympathetic nervous system increases proinflammatory cytokines and exacerbates influenza A
462 virus pathogenesis. *J Immunol.* 2010;184(2):540-4. Epub 20091216. doi:
463 10.4049/jimmunol.0903395. PubMed PMID: 20018617; PubMed Central PMCID:
464 PMCPMC2941093.
- 465 14. Zahalka AH, Arnal-Estape A, Maryanovich M, Nakahara F, Cruz CD, Finley LWS, et al.
466 Adrenergic nerves activate an angio-metabolic switch in prostate cancer. *Science.*
467 2017;358(6361):321-6. doi: 10.1126/science.aah5072. PubMed PMID: 29051371; PubMed
468 Central PMCID: PMCPMC5783182.
- 469 15. Pirzgalska RM, Seixas E, Seidman JS, Link VM, Sanchez NM, Mahu I, et al. Sympathetic
470 neuron-associated macrophages contribute to obesity by importing and metabolizing
471 norepinephrine. *Nat Med.* 2017;23(11):1309-18. Epub 20171009. doi: 10.1038/nm.4422.
472 PubMed PMID: 29035364; PubMed Central PMCID: PMCPMC7104364.
- 473 16. Maryanovich M, Zahalka AH, Pierce H, Pinho S, Nakahara F, Asada N, et al. Adrenergic
474 nerve degeneration in bone marrow drives aging of the hematopoietic stem cell niche. *Nat Med.*
475 2018;24(6):782-91. Epub 20180507. doi: 10.1038/s41591-018-0030-x. PubMed PMID: 29736022;
476 PubMed Central PMCID: PMCPMC6095812.
- 477 17. Ishikawa G, Peng X, McGovern J, Woo S, Perry C, Liu A, et al. alpha1 Adrenoreceptor
478 antagonism mitigates extracellular mitochondrial DNA accumulation in lung fibrosis models and
479 in patients with idiopathic pulmonary fibrosis. *Am J Physiol Lung Cell Mol Physiol.*
480 2023;324(5):L639-L51. Epub 20230117. doi: 10.1152/ajplung.00119.2022. PubMed PMID:
481 36648147; PubMed Central PMCID: PMCPMC10110730.
- 482 18. Briest W, Homagk L, Rassler B, Ziegelhoffer-Mihalovicova B, Meier H, Tannapfel A, et al.
483 Norepinephrine-induced changes in cardiac transforming growth factor-beta isoform expression
484 pattern of female and male rats. *Hypertension.* 2004;44(4):410-8. Epub 20040823. doi:
485 10.1161/01.HYP.0000141414.87026.4d. PubMed PMID: 15326086.
- 486 19. Gao R, Peng X, Perry C, Sun H, Ntokou A, Ryu C, et al. Macrophage-derived netrin-1 drives
487 adrenergic nerve-associated lung fibrosis. *J Clin Invest.* 2021;131(1). doi: 10.1172/JCI136542.
488 PubMed PMID: 33393489; PubMed Central PMCID: PMCPMC7773383.
- 489 20. Miki K, Maekura R, Hiraga T, Hashimoto H, Kitada S, Miki M, et al. Acidosis and raised
490 norepinephrine levels are associated with exercise dyspnoea in idiopathic pulmonary fibrosis.
491 *Respirology.* 2009;14(7):1020-6. doi: 10.1111/j.1440-1843.2009.01607.x. PubMed PMID:
492 19740262.
- 493 21. Gillis CN, Huxtable RJ, Roth RA. Effects of monocrotaline pretreatment of rats on removal
494 of 5-hydroxytryptamine and noradrenaline by perfused lung. *Br J Pharmacol.* 1978;63(3):435-43.
495 doi: 10.1111/j.1476-5381.1978.tb07795.x. PubMed PMID: 667487; PubMed Central PMCID:
496 PMCPMC1668101.
- 497 22. Oriowo MA, Chandrasekhar B, Kadavil EA. Alpha 1-adrenoceptor subtypes mediating
498 noradrenaline-induced contraction of pulmonary artery from pulmonary hypertensive rats. *Eur J*
499 *Pharmacol.* 2003;482(1-3):255-63. doi: 10.1016/j.ejphar.2003.10.001. PubMed PMID: 14660030.
- 500 23. Reinhardt D. Adrenoceptors and the lung: their role in health and disease. *Eur J Pediatr.*
501 1989;148(4):286-93. doi: 10.1007/BF00444116. PubMed PMID: 2651128.

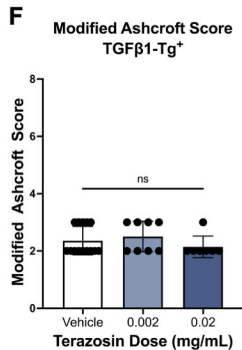
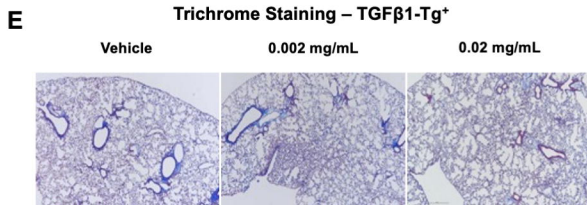
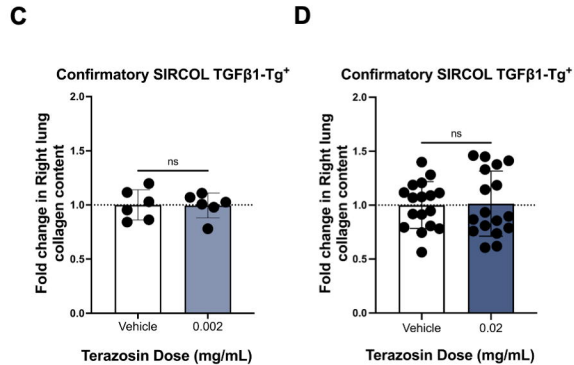
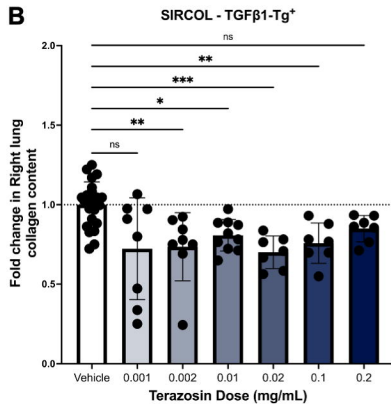
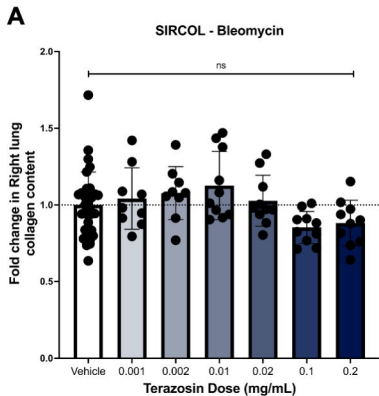
- 502 24. Salvi SS. Alpha1-adrenergic hypothesis for pulmonary hypertension. *Chest*.
503 1999;115(6):1708-19. doi: 10.1378/chest.115.6.1708. PubMed PMID: 10378571.
- 504 25. Neumark N, Cosme C, Jr., Rose KA, Kaminski N. The Idiopathic Pulmonary Fibrosis Cell
505 Atlas. *Am J Physiol Lung Cell Mol Physiol*. 2020;319(6):L887-L93. Epub 20200930. doi:
506 10.1152/ajplung.00451.2020. PubMed PMID: 32996785; PubMed Central PMCID:
507 PMCPMC7792683.
- 508 26. Rassler B, Marx G, Schierle K, Zimmer HG. Catecholamines can induce pulmonary
509 remodeling in rats. *Cell Physiol Biochem*. 2012;30(5):1134-47. Epub 20121005. doi:
510 10.1159/000343304. PubMed PMID: 23171784.
- 511 27. Rassler B. Role of alpha- and beta-adrenergic mechanisms in the pathogenesis of
512 pulmonary injuries characterized by edema, inflammation and fibrosis. *Cardiovasc Hematol*
513 *Disord Drug Targets*. 2013;13(3):197-207. doi: 10.2174/1871529x1303140129154602. PubMed
514 PMID: 24479719.
- 515 28. Dincer HE, Gangopadhyay N, Wang R, Uhal BD. Norepinephrine induces alveolar epithelial
516 apoptosis mediated by alpha-, beta-, and angiotensin receptor activation. *Am J Physiol Lung Cell*
517 *Mol Physiol*. 2001;281(3):L624-30. doi: 10.1152/ajplung.2001.281.3.L624. PubMed PMID:
518 11504689.
- 519 29. Abraham E, Kaneko DJ, Shenkar R. Effects of endogenous and exogenous catecholamines
520 on LPS-induced neutrophil trafficking and activation. *Am J Physiol*. 1999;276(1):L1-8. doi:
521 10.1152/ajplung.1999.276.1.L1. PubMed PMID: 9887049.
- 522 30. Staedtke V, Bai RY, Kim K, Darvas M, Davila ML, Riggins GJ, et al. Disruption of a self-
523 amplifying catecholamine loop reduces cytokine release syndrome. *Nature*. 2018;564(7735):273-
524 7. Epub 20181212. doi: 10.1038/s41586-018-0774-y. PubMed PMID: 30542164; PubMed Central
525 PMCID: PMC6512810.
- 526 31. Lu M, Fan X, Liao W, Li Y, Ma L, Yuan M, et al. Identification of significant genes as
527 prognostic markers and potential tumor suppressors in lung adenocarcinoma via bioinformatical
528 analysis. *BMC Cancer*. 2021;21(1):616. Epub 20210526. doi: 10.1186/s12885-021-08308-3.
529 PubMed PMID: 34039311; PubMed Central PMCID: PMC68157630.
- 530 32. Muhl L, Mocci G, Pietila R, Liu J, He L, Genove G, et al. A single-cell transcriptomic
531 inventory of murine smooth muscle cells. *Dev Cell*. 2022;57(20):2426-43 e6. doi:
532 10.1016/j.devcel.2022.09.015. PubMed PMID: 36283392.
- 533 33. Kircali MF, Turanli B. Idiopathic Pulmonary Fibrosis Molecular Substrates Revealed by
534 Competing Endogenous RNA Regulatory Networks. *OMICS*. 2023;27(8):381-92. Epub 20230804.
535 doi: 10.1089/omi.2023.0072. PubMed PMID: 37540140.
- 536 34. Zhou Y, Peng H, Sun H, Peng X, Tang C, Gan Y, et al. Chitinase 3-like 1 suppresses injury
537 and promotes fibroproliferative responses in Mammalian lung fibrosis. *Sci Transl Med*.
538 2014;6(240):240ra76. doi: 10.1126/scitranslmed.3007096. PubMed PMID: 24920662; PubMed
539 Central PMCID: PMC4340473.
- 540 35. Lee CG, Cho SJ, Kang MJ, Chapoval SP, Lee PJ, Noble PW, et al. Early growth response gene
541 1-mediated apoptosis is essential for transforming growth factor beta1-induced pulmonary
542 fibrosis. *J Exp Med*. 2004;200(3):377-89. doi: 10.1084/jem.20040104. PubMed PMID: 15289506;
543 PubMed Central PMCID: PMC12211975.
- 544 36. Mehdizadeh S, Taherian M, Bayati P, Mousavizadeh K, Pashangzadeh S, Anisian A, et al.
545 Plumbagin attenuates Bleomycin-induced lung fibrosis in mice. *Allergy Asthma Clin Immunol*.

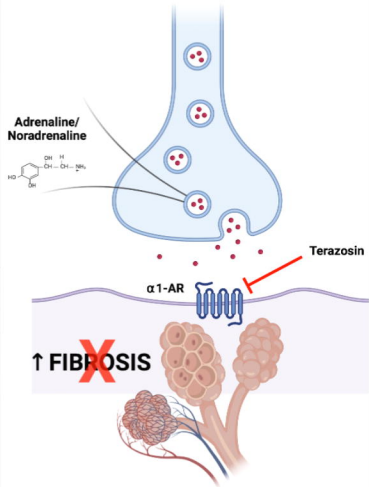
- 546 2022;18(1):93. Epub 20221021. doi: 10.1186/s13223-022-00734-7. PubMed PMID: 36271442;
547 PubMed Central PMCID: PMCPMC9585773.
- 548 37. Depledge MH. Respiration and lung function in the mouse, *Mus musculus* (with a note on
549 mass exponents and respiratory variables). *Respir Physiol*. 1985;60(1):83-94. doi: 10.1016/0034-
550 5687(85)90041-6. PubMed PMID: 4001609.
- 551 38. Schroeder WG, Mitrescu LM, Hart ML, Unnithan R, Gilchrist JM, Smith EE, et al. Flexible
552 low-cost system for small animal aerosol inhalation exposure to drugs, proteins, inflammatory
553 agents, and infectious agents. *Biotechniques*. 2009;46(3 Suppl):Piii-Pviii. doi:
554 10.2144/000112895. PubMed PMID: 19317668.
- 555 39. McGovern TK, Robichaud A, Fereydoonzad L, Schuessler TF, Martin JG. Evaluation of
556 respiratory system mechanics in mice using the forced oscillation technique. *J Vis Exp*.
557 2013;(75):e50172. Epub 20130515. doi: 10.3791/50172. PubMed PMID: 23711876; PubMed
558 Central PMCID: PMCPMC3684007.
- 559 40. Hubner RH, Gitter W, El Mokhtari NE, Mathiak M, Both M, Bolte H, et al. Standardized
560 quantification of pulmonary fibrosis in histological samples. *Biotechniques*. 2008;44(4):507-11,
561 14-7. doi: 10.2144/000112729. PubMed PMID: 18476815.
- 562 41. Urushiyama H, Terasaki Y, Nagasaka S, Kokuho N, Endo Y, Terasaki M, et al. Naftopidil
563 reduced the proliferation of lung fibroblasts and bleomycin-induced lung fibrosis in mice. *J Cell*
564 *Mol Med*. 2019;23(5):3563-71. Epub 20190315. doi: 10.1111/jcmm.14255. PubMed PMID:
565 30873733; PubMed Central PMCID: PMCPMC6484423.
- 566 42. Serna-Salas SA, Arroyave-Ospina JC, Zhang M, Damba T, Buist-Homan M, Munoz-Ortega
567 MH, et al. alpha-1 Adrenergic receptor antagonist doxazosin reverses hepatic stellate cells
568 activation via induction of senescence. *Mech Ageing Dev*. 2022;201:111617. Epub 20211224. doi:
569 10.1016/j.mad.2021.111617. PubMed PMID: 34958827.
- 570 43. Perlini S, Palladini G, Ferrero I, Tozzi R, Fallarini S, Facchetti A, et al. Sympathectomy or
571 doxazosin, but not propranolol, blunt myocardial interstitial fibrosis in pressure-overload
572 hypertrophy. *Hypertension*. 2005;46(5):1213-8. Epub 20051010. doi:
573 10.1161/01.HYP.0000185689.65045.4c. PubMed PMID: 16216989.
- 574 44. Pawluczyk IZ, Patel SR, Harris KP. The role of the alpha-1 adrenoceptor in modulating
575 human mesangial cell matrix production. *Nephrol Dial Transplant*. 2006;21(9):2417-24. Epub
576 20060516. doi: 10.1093/ndt/gfl230. PubMed PMID: 16705025.
- 577 45. Koenecke A, Powell M, Xiong R, Shen Z, Fischer N, Huq S, et al. Alpha-1 adrenergic
578 receptor antagonists to prevent hyperinflammation and death from lower respiratory tract
579 infection. *Elife*. 2021;10. Epub 20210611. doi: 10.7554/eLife.61700. PubMed PMID: 34114951;
580 PubMed Central PMCID: PMCPMC8195605.
- 581 46. Li S, Jun T, Tyler J, Schadt E, Kao YH, Wang Z, et al. Inpatient Administration of Alpha-1-
582 Adrenergic Receptor Blocking Agents Reduces Mortality in Male COVID-19 Patients. *Front Med*
583 (Lausanne). 2022;9:849222. Epub 20220228. doi: 10.3389/fmed.2022.849222. PubMed PMID:
584 35295598; PubMed Central PMCID: PMCPMC8919772.
- 585 47. Munoz-Ortega MH, Llamas-Ramirez RW, Romero-Delgadillo NI, Elias-Flores TG, Tavares-
586 Rodriguez Ede J, Campos-Esparza Mdel R, et al. Doxazosin Treatment Attenuates Carbon
587 Tetrachloride-Induced Liver Fibrosis in Hamsters through a Decrease in Transforming Growth
588 Factor beta Secretion. *Gut Liver*. 2016;10(1):101-8. doi: 10.5009/gnl14459. PubMed PMID:
589 26573293; PubMed Central PMCID: PMCPMC4694741.

- 590 48. Barnes PJ, Wilson NM, Vickers H. Prazosin, an alpha 1-adrenoceptor antagonist, partially
591 inhibits exercise-induced asthma. *J Allergy Clin Immunol.* 1981;68(6):411-5. doi: 10.1016/0091-
592 6749(81)90193-7. PubMed PMID: 6118384.
- 593 49. Koshimizu TA, Tanoue A, Hirasawa A, Yamauchi J, Tsujimoto G. Recent advances in alpha1-
594 adrenoceptor pharmacology. *Pharmacol Ther.* 2003;98(2):235-44. doi: 10.1016/s0163-
595 7258(03)00033-0. PubMed PMID: 12725871.
- 596 50. Kyncl JJ. Pharmacology of terazosin. *Am J Med.* 1986;80(5B):12-9. doi: 10.1016/0002-
597 9343(86)90846-6. PubMed PMID: 2872801.
- 598 51. Li H, Xu TY, Li Y, Chia YC, Buranakitjaroen P, Cheng HM, et al. Role of alpha1-blockers in
599 the current management of hypertension. *J Clin Hypertens (Greenwich).* 2022;24(9):1180-6. doi:
600 10.1111/jch.14556. PubMed PMID: 36196467; PubMed Central PMCID: PMC9532918.
- 601 52. Butt AK, Patel J, Shirwany H, Mirza Q, Hoover J, Khouzam RN. Beneficial Extracardiac
602 Effects of Cardiovascular Medications. *Curr Cardiol Rev.* 2022;18(2):e151021197270. doi:
603 10.2174/1573403X17666211015145132. PubMed PMID: 34779371; PubMed Central PMCID:
604 PMC9413730.
- 605 53. Somberg JC, Achari R, Laddu AR. Terazosin: pharmacokinetics and the effect of age and
606 dose on the incidence of adverse events. *Am Heart J.* 1991;122(3 Pt 2):901-5. doi: 10.1016/0002-
607 8703(91)90809-v. PubMed PMID: 1678920.
- 608 54. Goldie RG, Lulich KM, Paterson JW. Bronchial Alpha-Adrenoceptor Function in Asthma.
609 *Trends Pharmacol Sci.* 1985;6(12):469-72. doi: Doi 10.1016/0165-6147(85)90225-1. PubMed
610 PMID: WOS:A1985AXH3500012.
- 611 55. Barnes PJ, Ind PW, Dollery CT. Inhaled prazosin in asthma. *Thorax.* 1981;36(5):378-81. doi:
612 10.1136/thx.36.5.378. PubMed PMID: 6118964; PubMed Central PMCID: PMC9471513.
- 613 56. Black JL, Salome C, Yan K, Shaw J. The action of prazosin and propylene glycol on
614 methoxamine-induced bronchoconstriction in asthmatic subjects. *Br J Clin Pharmacol.*
615 1984;18(3):349-53. doi: 10.1111/j.1365-2125.1984.tb02475.x. PubMed PMID: 6487474; PubMed
616 Central PMCID: PMC9413730.
- 617 57. Strickland NH, Hughes JM, Hart DA, Myers MJ, Lavender JP. Cause of regional ventilation-
618 perfusion mismatching in patients with idiopathic pulmonary fibrosis: a combined CT and
619 scintigraphic study. *AJR Am J Roentgenol.* 1993;161(4):719-25. doi: 10.2214/ajr.161.4.8372745.
620 PubMed PMID: 8372745.
- 621 58. Usmani OS, Biddiscombe MF, Yang S, Meah S, Oballa E, Simpson JK, et al. The topical study
622 of inhaled drug (salbutamol) delivery in idiopathic pulmonary fibrosis. *Respir Res.* 2018;19(1):25.
623 Epub 20180206. doi: 10.1186/s12931-018-0732-0. PubMed PMID: 29409488; PubMed Central
624 PMCID: PMC9413730.
- 625 59. Bai X, Zhao G, Chen Q, Li Z, Gao M, Ho W, et al. Inhaled siRNA nanoparticles targeting IL11
626 inhibit lung fibrosis and improve pulmonary function post-bleomycin challenge. *Sci Adv.*
627 2022;8(25):eabn7162. Epub 20220622. doi: 10.1126/sciadv.abn7162. PubMed PMID: 35731866;
628 PubMed Central PMCID: PMC9216512.
- 629

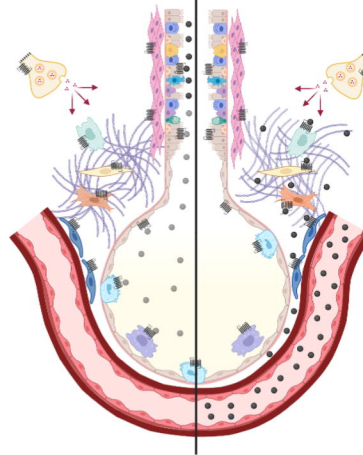
A**B****C**





A**B** Nebulized Terazosin

Systemic Terazosin

**LEGEND**

- Noradrenaline
- Terazosin
- $\alpha 1$ -AR
- Interstitial Collagen
- Fibroblast
- Myofibroblast
- Interstitial Macrophage
- Alveolar Macrophage
- Type 1 Pneumocyte
- Type 2 Pneumocyte
- Pericyte
- Airway Smooth Muscle
- Adrenergic Nerve
- Alveolar Capillary